



Inside the Gate



April 14, 2016

For the following tidbits of information and more, visit www.cnic.navy.mil/gulfport. Want your news or event posted? Let us know by sending an email to bonnie.lindleymcgerr@navy.mil or call 228-871-3662. All content in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

April is Alcohol Awareness Month – You may think your drinking habits are normal, but sometimes it's hard to spot warning signs of a drinking problem in yourself or others. Some of the signs of a drinking problem include: drinking more than intended; having memory blackouts when drinking; and problems with family, friends or the law caused by your drinking. **It helps to know these signs so you can make a change early.**

April is Child Abuse Prevention Awareness Month and Month of the Military Child – This year's theme is **"Children Thrive When Supervised, Safe and Sound."** Be sure and check out the display of **52 signs** that have been placed around Fleet and Family Support Center (Building 30) that show positive things to say to your child. Events to raise awareness during April include Child Abuse Prevention (CAP) Resource Tables, Lemonade Stands, Free Hotdogs, and Navy Night at Lynn Meadows Discovery Center (free admission for all Navy, Coast Guard and Marine families.) **See today's edition of the Seabee eCourier for a calendar of events on page 12 or NCBC Gulfport's Facebook page.** Report suspected child abuse to Fleet and Family Support Center at: 228-871-3000, the Mississippi Department of Human Services: 1-800-222-8000 or 601-432-4570, or dial 911.

April is Sexual Assault Awareness & Prevention Month (SAAPM) - The Department of Defense's 2016 theme is **Eliminate Sexual Assault: Know Your Part. Do Your Part.** Events to increase awareness include a **Cook off for SAPR Awareness**, 11 a.m. – 1 p.m., April 15 at Navy-Marine Corps Relief Society parking lot; **Walk a Mile**, April 22 (Time to be determined) Fitness Center Track; **Quarterdeck Decorating Contest**, 9 – 10 a.m., April 28; **Victim Advocate Appreciation Lunch**, 11 a.m. – 1 p.m., April 28. Everyone is invited to come out and support these events.

NMCRS Thrift Shop Closed Temporarily - The Thrift Shop will be **closed April 14 - 19**, due to repairs being made inside the building. **We apologize for any inconvenience this may cause our customers.**

Perimeter Road RV Park Power Outage – Power will be out at the RV Park from **8 a.m. – 3 p.m., April 21** due to transformer work. We apologize in advance for any inconvenience this may cause.

FOCUS/NEX -Month of the Military Child Coloring Contest – Families Over Coming Under Stress (FOCUS) and the Navy Exchange (NEX) are sponsoring a Month of the Military Child Coloring Contest through April 30. The rules and contest entry form are available at the NEX or at FOCUS (304 John Paul Jones Ave., Room 405 -next to Anchors & Eagles). **Winners will be announced May 2 at the NEX.**

Traffic pattern changes at NCBC Gates – Due to traffic configuration changes, delays may be experienced when entering/exiting NCBC Gulfport. **Please slow down, pay attention to Security Forces and plan accordingly.**

Navy-Marine Corps Relief Society Active Duty Fund Drive Golf Tournament - April 29 at "The Oaks" - Pass Christian. Check in: 8 - 8:30. Shotgun start: 9 a.m. Must have 3-4 person team. Call 228-813-4000, ext. 13105 for more information, or visit: <https://tinyurl.com/zg4m3o6> for a copy of the registration form and tourney details. **Sponsored by Special Boat Team 22 MWR.**

VITA – The Volunteer Income Tax Assistance (VITA) center is open in building 60, room 116Z (rear of the building, first floor). Hours of operation are: Monday, Wednesday and Friday, 8:30 a.m. – 5 p.m., Tuesday and Thursday, 8:30 a.m. – 6 p.m. Walk-ins are welcome Monday – Thursday. **Appointments can be made by calling 228-871-2301.** When using VITA, please **bring a copy of last year's tax return, W2(s), proof of insurance and tax forms (such as 1099s).**

It's time to wash the Bee! - Throughout the year, our beloved Seabee who stands watch over NCBC on the Parade Field (NCBC grinder), gets pretty dirty. In the name of good, clean fundraising, several people around base and other local bases are nominated by their peers (and subordinates) to wash the Bee. This will happen **May 5, 11 a.m. - noon on the grinder.** All donations will go to benefit Navy and Marine Corps service members and their families as part of the **Navy-Marine Corps Relief Society (NMCRS) 2016 Active Duty Fund Drive.** Everyone is welcome to make a donation and a nomination. **The lucky nominees as of noon, April 7 are:** Janet Odenthal, GOSC, \$140.30; CUCM Shawn Babb, Lucky Eleven, \$133; CDRE Aguayo, 22NCR, \$128.43; Alice Huffman, NMCRS, 101; Charles Hodge, NCBC Admin, \$70; CDR Anthony Conley, NCBC, \$55; CDR Stasick, NCG2, \$29.92; CAPT Hansen, NCBC, \$25; Rob Mims, NCBC, \$20.87; CDR Cuadros, Lucky Eleven, \$20; CDR Spears, The First and the Finest, \$20; EQCM Helen Daniel, 7NCR, \$20; CDR Jason McCoy, NOSC, \$8.73. **Total contributions as of April 13: \$772.25.** Keep 'em coming! **To make a donation or nomination, contact Alice Huffman, Director, NMCRS Gulfport at 228-871-2610. All donations have to be turned in by 1 p.m., May 4.**

12th Annual Run for Relief 5K and Military Challenge – The Annual Run for Relief 5K and Military Challenge fundraiser for the Navy-Marine Corps Relief Society 2015 Active Duty Fund Drive is May 14, 8 a.m., at Run N Tri Gulfport. Military teams and individual efforts will be recognized. **For more information and to sign up visit: <http://RACESONLINE.COM>.**

Mass Fire Warden Training - Mass Fire Warden training is planned from 1 - 2:30 p.m., April 19 at the Training Hall. Discussion will cover local issues as well as new components for fire wardens who have Automatic Defibrillators (AEDs). **The class will be a great learning opportunity, as well as an excellent refresher.**

Seabee eCourier – Read the latest edition of the Seabee eCourier at: <http://tinyurl.com/CBCourier>

NCIS Crime Reduction Program – Sexual Assault Awareness is the focus of this quarter's NCIS Crime Reduction Program. The program will run through April which is Sexual Assault Awareness Month. The briefing covers sexual assault types, victim reporting and prevention. **For more information and/or to schedule a briefing time convenient for your Command, please contact Special Agent Ashley Sippel at 228-822-5460 or email her at ashley.sippel@ncis.navy.mil.**

Auto Skills Center – Open Wednesday – Friday, 2 – 8 p.m., Saturday and Sunday, 10 a.m. - 5 p.m. Sell your vehicle, boat, or trailer at the MWR Resale Lot – great rates and high exposure! Call for details 228-871-2804.

Enjoy more lunchtime options with Food Trucks! - Lunch time just got more exciting with expanded dining options! Mondays & Wednesdays enjoy southern cuisine courtesy of Taste Budz. Tuesdays & Fridays take a bite into the flavors of BBQ World. Looks for the trucks at the **Training Hall parking lot - 10:30 a.m. – 1:30 p.m.**

What's happening at the Seabee Memorial Chapel - Protestant: Sunday, 9:15 a.m. - Sunday School: 10:30 a.m. – Protestant Service, 11 a.m. - Children's Church; Weekdays: Wednesday, 11:30 a.m. - Praise Break (20 minutes of praise and worship through music); 11:30 a.m. – **Men's Bible Study; Noon - 1 p.m. - Protestant Women of the Chapel Bible Study. Catholic: Sunday, 8:30 a.m. - Rosary/Confession; 9 a.m. – Mass; CCD Class – 10 a.m.; Monday, Tuesday & Friday - 11:15 a.m. - Mass; Thursday, 5 p.m. - Holy Hour; 6 p.m. – Mass; 6:30 p.m. – Catholic Fellowship.** Visit the Chapel Facebook page for updates: <https://www.facebook.com/ncbcchapel>, email: gulfportchapel.ect@navy.mil, or call 228-871-2454.

Learning Resource Lab - Do you know about the Navy MWR Digital Library? Check it out here: www.NavyMWRDigitalLibrary.org. **Enjoy free Stuff?** Stop into ITT between **noon and 12:30 on the first and third Friday of the month** to learn how you can receive free books and more! **Limited seating! Come out and learn over lunch!**

Zika Virus Information – Navy Medicine and the Center for Disease Control (CDC) have provided the below links which contain extensive details on the Zika virus. The CDC recommends pregnant women consider postponing travel to any area where Zika virus transmission is occurring. Additional information and resources can be found using these links: <http://www.med.navy.mil/sites/nmcpbc/program-and-policy-support/Pages/Zika-virus.aspx>; **Point of contact for Zika Virus information at Naval Branch Health Clinic (NBHC) Gulfport is HN Brian Masse, who may be contacted via email at: brian.d.masse.mil@mail.mil.**

The Grill, Building 418 – Share with your buddy with the Buddy Burgers Special! 2 cheeseburgers, 2 sides (chips or fries) and 2 fountain drinks just \$10! Open Monday – Friday 7a.m. – 1:30 p.m. for breakfast and lunch. **FREE lunch delivery available; just call 228-871-2494. If you have a comment or question, please send an email to Michael.sweetapple@navymil.**

Secure your Pets – NCBC Security reminder: All pets must be properly secured, both for the safety of the pet and other installation personnel prior to the approach of any Entry Control Point/Access Point. **Pets will not ride in the bed of trucks or roam the interior of a moving vehicle while driving aboard NCBC, Gulfport.**

Fitness Center – Fitness Hours: Monday – Friday, 4:30 a.m. – 9 p.m., Saturday and Sunday, 7 a.m. – 7 p.m. **Spring is here and so are new pool hours!** The pool is now open **Monday-Friday 5:30 a.m. - 5 p.m.; Saturday & Sunday 9 a.m. - 4 p.m.** Sign up for summer Swim Lessons at the Fitness Center today. Take a dip for **Water Aerobics every Tuesday & Thursday at 10:15 a.m. Month of the Military Child Fitness Hour** – Bring the whole family for an hour of Zumba and mini Obstacle Course, **April 16 at 11:30 a.m.** Spring into action at the **Spring Fling 5K April 20 at 6:30 a.m.** All Month – Yoga, Functional Fitness (NOFFS), and Zumba workouts available. MWR Facebook page has the details: www.facebook.com/ncbcmwr **Call the Fitness Center at 228-871-2668 for more information.**

Navy Community Recreation Outdoor Rental Center – Your party supply headquarters! Don't forget to reserve items early especially during the spring & summer! **Reservations required. Call 228-871-2127 for more information.**

Register to Vote - If you would like to register to vote, visit FVAP.gov now to complete a registration application and request your absentee ballots for the presidential preference primaries (P) and State primaries (S). It only takes a few quick steps to make sure your vote is counted no matter where you are in the world. **NCBC Voting Officer is Lt. Zach Guthrie, Building 1, Room 225, 228-871-3460/2890.**

Seabee Cinema, Building 446 Marvin Shields Blvd. - Regular movie showings Friday - Sunday of every week! Showing this weekend: **The Divergent Series: Allegiant** (PG13); **Miracles from Heaven** (PG); **Eddie the Eagle** (PG13); **Zootopia** (PG). Join us April 16 for Month of the Military Child showing of Zootopia at 4:40 p.m., where Children 17 & Under will get in free! Pick up a copy of our new Movie Schedule today at any of our facilities! Call the 24-hour Movie Hotline at 228-871-3299. **Enter to win in the Seabee Cinema Giveaway** – Just take our survey: <https://poll.fbapp.io/seabee-cinema-drawing>

Anchors and Eagles, Building 303, is the perfect place for you to come and unwind. Open Tuesday - Thursday, 2-6 p.m. (E7 and above.) Monthly social is the fourth Thursday of the month with FREE food! **The fun begins at 3:30 p.m. Questions? Call 228-871-2538.**

Navy Community Recreation Information Tickets & Travel – Stop in and pick up discounted tickets to local events! Your ITT now has tickets available for: Biloxi Shuckers, Ship Island Excursion, Infinity Science Center, Talladega Motor Speedway, and Honey Island Swamp. Did you know we sell discounted vacations packages to resorts and amusement parks nationwide? **Come and see Josh and Jocelyn or call 228-871-2231 for details.** Join us in the Navy Exchange Courtyard for the **Live it Up Locally Travel Fair April 20!** You'll have the chance to visit with area attractions, explore your vacation options and enjoy FREE food and prizes!

Liberty Center - Check out what's happening this week at Liberty! **April 15, 6 p.m.,** Crawfish Music Festival Shuttle – Free! **April 16, 10 a.m.,** Zipline Tour, \$31; **April 18, 6 p.m.,** Movie Monday: Mockingjay Part 1, Free Popcorn; **April 19, 6 p.m.,** Color Wednesday: Watercolor and Acrylics, Free! **April 21, 6 p.m.,** Sailor Adventure Quest: Reel Therapy, Free! Call Liberty at 228-871-4684 for information. Sign up now for **Liberty's Memorial Day Weekend Atlanta Trip** – as low as \$160 per person.

The Hive – All Hands Club at Building 352 – Open **Wednesday and Thursday, 6 – 10:30 p.m., Friday and Saturday, 6 – 11:30 p.m.** Enjoy seven TVs for sports action, unwind with darts, pool, or video games and enjoy choice music! Bring your own video games and enjoy relaxed gaming! There's no better place to celebrate Cinco de Mayo! **If you have a question or comment, please send an email to Michael.sweetapple@navy.mil.**

MWR Extreme Teen Center - Open Monday-Friday, 3:30 – 8:30 p.m. NCBC Gulfport Teen Center is open to 13 - 18 year olds currently enrolled in middle and high school and who have access to NCBC Gulfport. Register at the Youth Activities Center (YAC), Building 335, Bainbridge Road. Call 228-871-2251 for info. ~ **April 15, 6-9 p.m.,** Movie Night w/Popcorn & Drink, \$2; **April 16, 11:30 a.m.,** Month of the Military Child Fitness Hour with Healthy Snack, free at Fitness Center; **April 19, 5:30-8:30 p.m.,** Healthy Habits: Eating Healthy Outside the Home, Free; **April 20, 5:30-8:30 p.m.,** Technology: Hover Craft-ing, Free; **April 21, 5:30-8:30 p.m.,** Smart Girls: Now and Then, Free. ~

Volunteer your time - Volunteer opportunities on base or in the community are available and will provide an opportunity to make a difference and learn about programs and services offered. Call Fleet and Family Support Center at 228-871-3000 for additional information. Did you know there is a list of volunteer opportunities in the Seabee Courier each week? They are also maintained online. **Anyone can volunteer, just contact the POC and let them know you are interested. Go to http://www.cnbc.navy.mil/regions/cnrse/installations/ncbc_gulfport/news.html**

****Outside the Fence Line**** For a listing of all the events in and around South Mississippi, go to <http://www.gulfcoast.org/events/>
Disclaimer: These events are not base events and are subject to change/cancellation without notice. **It is advised to call in advance.**