



Inside the Gate



May 5, 2016

For the following tidbits of information and more, visit www.cnic.navy.mil/gulfport. Want your news or event posted? Let us know by sending an email to bonnie.lindleymcgerr@navy.mil or call 228-871-3662. All content in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

Mississippi Power and Harrison County invite you to BRING IT, an annual event for Harrison County residents to dispose of hazardous household products in an environmentally friendly way. **Safely dispose of your household waste May 7, 8 a.m. – 1 p.m. at Mississippi Power's Plant Watson, Cowan-Lorraine Road, Gulfport.** Disposing of items properly can help keep your family and our community safe and clean. Check your home to see if you have any of the following items that need to be safely discarded: Antifreeze, batteries, brake fluid, cell phones, computers, computer cables, all purpose cleanser, copy and fax machines, detergents, drain opener, herbicides, insecticides, motor oil, oil filters, furniture polish, gaming equipment, oven cleaner, paint thinner, pesticides, silver polish, telephones, televisions, rug and upholstery cleaner, household electronic waste, turpentine, varnish, VCRs, water seal, wood finish, transmission fluid, used tires (limit 5), exterior and interior paint, white goods (appliances). **Unaccepted items:** Explosive or radioactive material, asbestos, furniture, medical waste, PCBs, syringes, prescription drugs, ammunition, non-residential waste. **For more information, call 228-214-1405.**

Bee Wash Update - The Bee Wash Team for the Navy-Marine Corps Relief Society (NMCRS) Active Duty Fund Drive 2016 put their best efforts into scrubbing the big Bee today during the annual fund raiser on the grinder. **The Seabee Center raised approximately \$2,500 for the NMCRS by voting for people to be part of the Bee Wash team.** Congratulations to this year's **Bee Washers: Lt. Cmdr. Lakeeva Gunderson, The First and the Finest, \$353.00; Senior Chief Master-At-Arms Danielle Metz, NCBC Security, \$330.00; Capt. Lore Aguayo, 22NCR, \$326.85; Cmdr. Kemit Spears, The First and the Finest, \$318.00 and Janet Odenthal, GOSC, \$313.21.** Since 1904, the Society has provided financial assistance, education, programs and services, to members of the United States Navy and Marine Corps, their eligible family members and survivors.

Creative Wardrobes on a Budget Workshop - May is Military Spouse Appreciation Month and Fleet and Family Support Center (FFSC) is sponsoring a workshop May 11, 11 a.m. - 12:30 p.m., to help attendees achieve the look they want without breaking the bank. Call FFSC at 228-871-3000 to register. **Everyone with authorized access to NCBC Gulfport is invited.**

12th Annual Run for Relief 5K and Military Challenge – The Annual Run for Relief 5K and Military Challenge fundraiser for the Navy-Marine Corps Relief Society 2016 Active Duty Fund Drive is May 14, 8 a.m., at Run N Tri Gulfport. Military teams and individual efforts will be recognized. **For more information and to sign up visit: <http://RACESONLINE.COM>.**

NEX Pet Event – Bring your favorite furry friend along to the Navy Exchange Pet Event May 14, from 11 a.m. – 1 p.m. at the NEX Courtyard. **Prizes will be awarded for best dressed pet, as well as cutest pet.**

Military Spouse Career Fair - Bring your resume and come prepared to interview at the Military Spouse Career Fair, May 17, 10 a.m. - 2 p.m. at Fleet and Family Support Center (FFSC). If you don't have a resume - no worries - just call FFSC at 228-871-3000 for assistance with writing one! **Everyone with authorized access to NCBC Gulfport is invited.**

Career Technical Training Workshop - Fleet and Family Support Center (FFSC) will host a Career Technical Training course for military retirees and separating members with an interest in a career, trade or technical field from 8 a.m. - 3 p.m., May 18-19. This course will be facilitated by the Department of Veterans Affairs. Spouses of eligible transitioning service members are welcome and encouraged to attend. **Call FFSC at 228-871-300 to register.**

Refine Your Image Workshop - Fleet and Family Support Center (FFSC) is sponsoring this course May 21, 11:30 a.m. - 1:30 p.m. at FFSC. Professional Image Consultant Brenda Blount will teach students how to refine their personal and professional images. The focus will be on dress, presentation, speech and interaction. Please call FFSC, 228-871-3000, no later than May 12 to sign up. No cost child care is available for the workshop through the Child Development Center's "Give Parents a Break" program. **Contact the CDC by May 12 at 228-871-2323 to register for child care. Everyone with authorized access to NCBC Gulfport is invited.**

NCBC Commissary Case Lot Sales – A customer appreciation case lot sale will be held at the commissary May 27 – 28. Be sure and take advantage of this opportunity to stock up and save. **Your Commissary ... It's worth the trip!**

STOMP – A Specialized Training of Military Parents (STOMP) Workshop will be held from 8:30 a.m. – 3:30 p.m., June 8 – 9 at Anchors and Eagles (Building 303, John Paul Jones). STOMP is a parent-directed program designed to empower military parents, individuals with disabilities, and service providers with knowledge, skills, and resources to create a collaborative environment for family and professional partnerships without regard to geographic location. Day 1 topics include: Your right as a parent of a child with a disability; What to have when PCS/ETS occurs; and Communicating effectively to attain collaborative relationships for your child. Day 2 topics include: TRICARE, SSI and Medicaid for the Military Family; Wills, guardianships and Special needs trusts – planning for the future of your child without you. **Register on line for the STOMP workshop at: <https://stomp-gulfport.eventbrite.com>.** Point of contact for the workshop is **NCBC School Liaison Officer Kevin Byrd at 228-871-2117 or email kevin.r.byrd@navy.mil.**

Anchors and Eagles, Building 303, is the perfect place for you to come and unwind. Open Tuesday - Thursday, 2-6 p.m. (E7 and above.) Monthly social is the fourth Thursday of the month with FREE food! **The fun begins at 3:30 p.m.** If you have questions or comments, please send an email to Michael.sweetapple@navy.mil.

Navy Community Recreation Outdoor Rental Center – Take care of your lawn and your wallet! Rent a lawn mower, weed-eater/edger and 100ft extension cord for ONLY\$10! Reservations required. **Call 228-871-2127 for info.**

Seabee eCourier – Read the latest edition of the Seabee eCourier at: <http://tinyurl.com/CBCourier>

Auto Skills Center – Learn how to keep your car on the road with our FREE Military Spouses Preventative Maintenance Class on May 21st at 10 a.m. Don't miss out! Open W-F 2-8 p.m., Sat & Sun 10 a.m. - 5 p.m. Sell your vehicle, boat, or trailer at the MWR Resale Lot – great rates and high exposure! **Call for details 228-871-2804.**

The Grill, Building 418 –May Special: Enjoy each flavorful bite of a roast beef & gravy Po-boy (half) served with a side salad and fountain drink for only \$6.50! Open Monday – Friday 7a.m. – 1:30 p.m. for breakfast and lunch. FREE lunch delivery available; just call 228-871-2494. **If you have a comment or question, please send an email to Michael.sweetapple@navymil. Ask about hosting your special event at A&E.**

Enjoy more lunchtime options with Food Trucks! - Lunch time just got more exciting with expanded dining options! Mondays & Wednesdays enjoy southern cuisine courtesy of Taste Budz such as smothered pork chops, fried catfish and tender fried chicken. Tuesdays & Fridays take a bite into the flavors of BBQ World including smoked sausage, brisket and pulled pork. Look for the trucks at the **Training Hall parking lot - 10:30 a.m. – 1:30 p.m.**

What's happening at the Seabee Memorial Chapel - Protestant: Sunday, 9:15 a.m. - Sunday School; 10:30 a.m. – Protestant Service, 11 a.m. - Children's Church; Weekdays: Wednesday, 11:30 a.m. - Praise Break (20 minutes of praise and worship through music); 11:30 a.m. – **Men's Bible Study; Noon - 1 p.m. - Protestant Women of the Chapel Bible Study. Catholic: Sunday, 8:30 a.m. - Rosary/Confession; 9 a.m. – Mass; CCD Class – 10 a.m.; Monday, Tuesday & Friday - 11:15 a.m. - Mass; Thursday, 5 p.m. - Holy Hour; 6 p.m. – Mass; 6:30 p.m. – Catholic Fellowship.** Visit the Chapel Facebook page for updates: <https://www.facebook.com/ncbcchapel>, email: gulfportchapel.fct@navy.mil, or call 228-871-2454.

Learning Resource Lab - Do you know about the Navy MWR Digital Library? Check it out here: www.NavyMWRDigitalLibrary.org. **Enjoy free Stuff?** Stop into ITT between **noon and 12:30 on the first and third Friday of the month** to learn how you can receive free books and more! **Limited seating! Come out and learn over lunch!**

Fitness Center- Summer pool hours: Monday-Friday 5:30a.m. - 7 p.m.; Saturday & Sunday 9 a.m. - 4 p.m. Take a dip for **Water Aerobics** every Tuesday & Thursday at 10:15 a.m. & 5:15 p.m. Do you have what it takes to Break the Record at Aquatics? **Give-It-A-Tri** all month long to complete a 300 meter swim, 6 mile bike-ride and 1.5 mile run within 1 hour and be signed up for prize drawing! **Fun in the Sun Pool Series** begins May 11 at 11:30 a.m. **Cycle Around the World with Virtual Fitness!** Take 12 guided tours and earn a water bottle. Sign up now for **Stand Up Paddleboarding May 18 & 21** – FREE, but spots are limited! All Month – **Yoga, Functional Fitness (NOFFS), and Zumba** workouts available. **Check MWR Facebook page for details – www.facebook.com/ncbcmwr or call 228-871-2668 for information.**

Register to Vote - If you would like to register to vote, visit FVAP.gov now to complete a registration application and request your absentee ballots for the presidential preference primaries (P) and State primaries (S). It only takes a few quick steps to make sure your vote is counted no matter where you are in the world. **NCBC Voting Officer is Lt. Zach Guthrie, Building 1, Room 225, 228-871-3460/2890.**

Seabee Cinema, Building 446 Marvin Shields Blvd. - Regular movie showings Friday - Sunday of every week! Showing this weekend: **Barbershop: The Next Cut** (PG13); **The Boss** (R); **Batman v. Superman: Dawn of Justice** (PG13); **Zootopia** (PG); **Mother's Day Special: FREE showing of Zootopia, Sunday (May 8) at 2 p.m.** Pick up a copy of our new Movie Schedule today at any of our facilities! Call the 24-hour Movie Hotline at 228-871-3299. **Enter to win in the Seabee Cinema Giveaway** – Just take our survey: <https://poll.fbapp.io/seabee-cinema-drawing>

Navy Community Recreation Information Tickets & Tours (ITT) – Stop in and pick up discounted tickets to local events! Your ITT now has tickets available for: Biloxi Shuckers, Ship Island Excursion, Infinity Science Center, Talladega Motor Speedway, and Honey Island Swamp. **Come and see Josh and Jocelyn or call 228-871-2231 for more information. Sign up today at Tickets & Tours for Paint-n-Sip May 13 from 6-8pm, only \$35!**

Liberty Center - Check out what's happening this week at Liberty! **May 7, 10 a.m.**, Gulf Coast Air Boat Ride, \$23; **May 8, All Day, Noon**, Zombie Movie Event, Free popcorn; **May 9, 6 p.m.**, Food for Thought!; **May 10, 6 p.m.**, Tournament Tuesday: Dominos, 1st Place Prize; **May 11, 6 p.m.**, DIY Wednesday, Free popcorn and Kool-Aid!; **May 12, 6 p.m.**, Liberty on Wheels @ Building 460. Call Liberty at 228-871-4684 for info. **Sign up for Liberty's Memorial Day Weekend Atlanta Trip – as low as \$160 per person.**

The Hive – All Hands Club at Building 352 – Open **Wednesday and Thursday, 6 – 10:30 p.m., Friday and Saturday, 6 – 11:30 p.m.** Enjoy seven TVs for sports action, unwind with darts, pool, or video games and enjoy choice music! Bring your own video games and enjoy relaxed gaming! There's no better place to celebrate Cinco de Mayo! **If you have a question or comment, please send an email to Michael.sweetapple@navy.mil.**

MWR Extreme Teen Center - Open Monday-Thursday, 3:30 – 8:30 p.m., Friday, 3:30 – 9 p.m. NCBC Gulfport Teen Center is open to 13 - 18 year olds currently enrolled in middle and high school and who have access to NCBC Gulfport. Register at the Youth Activities Center (YAC), Building 335, Bainbridge Road. Call 228-871-2251 for info. This week's YAC activities: **5/6 – 6-9 p.m.**, Movie Night w/ Popcorn & Drink, \$2; **5/7 – 9 a.m. – 12 p.m.**, Scotts Pitch Hit & Run, \$3; **5/10 – 5:30-8:30 p.m.**, Smart Girls: It's Great Being Me, Free; **5/11 – 5:30-8:30 p.m.**, Drama Matters: What Happens Next, Free; **5/12 – 5:30-8:30 p.m.**, Torch Club: Service Scavenger Hunt/ Volunteer Ideas, Free.

Volunteer your time - Volunteer opportunities on base or in the community are available and will provide an opportunity to make a difference and learn about programs and services offered. Call Fleet and Family Support Center at 228-871-3000 for additional information. Did you know there is a list of volunteer opportunities in the Seabee Courier each week? They are also maintained online. **Anyone can volunteer, just contact the POC and let them know you are interested. Go to http://www.cnbc.navy.mil/regions/cnrse/installations/ncbc_gulfport/news.html**

****Outside the Fence Line**** For a listing of all the events in and around South Mississippi, go to <http://www.gulfcoast.org/events/>
Disclaimer: These events are not base events and are subject to change/cancellation without notice. **It is advised to call in advance.**