

SEABEE COURIER

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Naval Construction Battalion Center, Gulfport, Mississippi

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Annual NCBC Tree Lighting Dec. 6



More Tree Lighting photos available
on page 5 and Facebook

A Designated Driver is the Perfect Holiday Gift

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From Chief of Naval Personnel

December has been designated as National Drunk and Drugged Driving (3D) Prevention Month, a time to raise awareness about the consequences of driving under the influence of alcohol and drugs, announced Dorice Favorite, director, Navy Alcohol and Drug Abuse Prevention Office.

"The month of December is one of the busiest on the nation's roadways, and also one of the most

dangerous, due to a high incidence of alcohol and drug-related traffic crashes," said Favorite. "According to the National Highway Traffic Safety Administration, an average of 25 people die each day in drunk driving crashes during December." That means approximately 775 people aren't making it home for the December holidays.

"Impaired driving crashes are one hundred percent preventable," continued Favorite. "Everyone can practice responsible drinking and Keep What

They've Earned." It's within everyone's ability to make and keep to a plan, whether at a party, at the bar, or anywhere that will require you to travel home.

If you decide to drink this holiday season, designate a driver that will not drink any alcohol that night. A designated driver will help you get home safely. Have a plan. Make the decision on who will be the designated driver before going out, and stick to the plan. Know how much you are going to

drink in advance and stop when you reach your pre-planned limit.

Be a good shipmate. "If you notice someone who is about to drive or ride with a driver who is impaired, take the driver's keys and help them make other arrangements to get to where they are going safely," concluded Favorite. "Simple planning in advance can bring everyone through December safely."

For more news from Chief of Naval Personnel, visit www.navy.mil/local/cnp/.



Babysitting 101

Babysitting class for ages 11 and up will be given Dec. 23, 9 a.m. - 12:30 p.m. at the Fleet and Family Support Center (FFSC). Please call 228-871-3000 to reserve a seat before this very popular course fills up!

See Something Wrong, Do Something Right

NCIS has two anonymous ways to report crimes or suspicious behavior with the use of discreet and secure online or texting tip lines. To report information by Cell text: 1. Text "NCIS" to the short code 274637 (CRIMES) from any cell or smart phone. 2. Receive a response. For example, your alias is S2US. Call 911 if urgent! If replies put you at risk, text "STOP." 3. Begin dialogue. To report information ONLINE: 1. Go to www.NCIS.navy.mil, click on the "Report a Crime" tab and select the icon for "text and Web tip Hotline." ***There is a reward of up to \$1,000 for information leading to a felony arrest or apprehension.



Buzz on the Street

By CECN(SCW) Lucinda Moise, NCBC Public Affairs

“What was your favorite part of the MWR Tree Lighting?”



“The lights in the tree and the games.”

Lillian Burdine
4 years old

NCBC Child Care Center



“The presents light up, I got to sit on Santa’s lap and ride the bus with him, some elves and reindeers.”

Kaydence Cook

4 years old

NCBC Child Care Center



“The tree, lights and Santa.”

Madison Herrick

3 years old

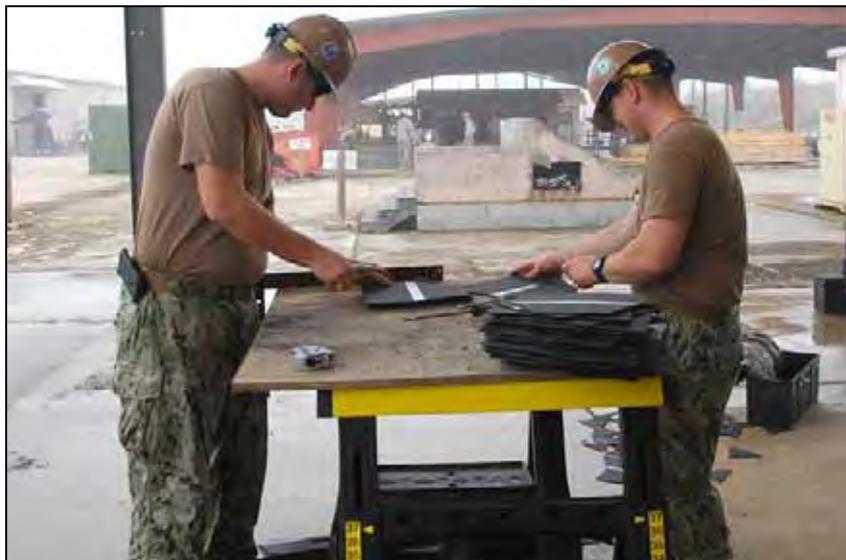
NCBC Child Care Center



Chaplain Corps 238th Birthday - Sailors and command leadership attached to NCBC Gulfport joined chaplains and religious program specialists (RPs) from the Gulf Coast area at Café Climb in Gulfport, Miss. to celebrate the Chaplain Corps’ 238th birthday. The Chaplain Corps dates back to Nov. 28, 1775 when the Continental Congress adopted the 2nd article of Navy Regulations that called for twice-daily divine worship and a Sunday sermon. Today, the Navy Chaplain Corps practices more than 100 faith traditions that reach military members and civilians in all denominations around the world, on sea, land and in the air. (U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)



Sailors from Naval Mobile Construction Battalion (NMCB) 1 receive their promotions to petty officer third, second and first class after advancing off of the September Navy-wide Advancement Exam. These Sailors will now have the duties and responsibilities that come along with their new pay grades effective immediately. (U.S. Navy Photo by Chief Mass Communication Specialist Kim Martinez.)



Builders 2nd Class Jeffery Jutz and Juan Gonzalez, assigned to Naval Construction Training Center (NCTC) Gulfport, cut shingles during Builder Advance Class 14010 at an NCTC training area on board NCBC Gulfport, Dec. 5. Class 14010 will complete Builder Advance training on Feb. 6. (U.S. Navy photo by Construction Electrician Constructionman Lucinda L. Moise/Released)

Diversity Committee elects new president

By MCC(SCW/SW/AW) Ryan G. Wilber
NCBC Public Affairs

Logistics Specialist 2nd Class George Shipley, assigned to Naval Construction Group (NCG) 2, N43, was recently elected president of Naval Construction Battalion Center (NCBC) Gulfport's Multicultural Diversity Committee (MDC). Shipley's election follows the transfer of former president Senior Chief Equipment Operator Denise Demonagnac, assigned to NCG 2.

Diversity and Inclusion is one of the 12 tenants of the Secretary of the Navy's 21st Century Sailor and Marine initiative. The purpose of an MDC is to create an environment where Sailors, civilians and their families can understand, appreciate and respect each other's cultural differences.

Just transferring from sea to shore duty earlier this year, Shipley said he didn't have the same opportunities for community service on the ship, but now that he had the chance wanted to get involved.

"I looked at the opportunities that were out there when I got here, and the Multicultural Diversity Committee was the one I preferred when I looked at what was involved and the events," said Shipley. "I thought it would be pretty fun, which it is. You learn a little bit about people's cultures. At the same time you get a chance to recognize them and work together with different cultures, and I really like that."

This is the first time Shipley has been elected to a position of leadership, and said he was grateful that the committee members put their trust in him.

"It was a big honor to be elected President. This is the first time I've ever been voted into a leadership role, and it means a lot. Not so much as a personal accomplishment, but that somebody felt confident in me to put me there, and that's an honor for me."

Anyone from any command on board NCBC Gulfport is welcome to be part of the MDC. All Shipley asks is that committee members want to be fully engaged and are willing to put in the time. Being engaged and involved is a lot of fun and a great learning experience, however, he stated. Builder Constructionman Tariqah Miller, assigned to NCBC Gulfport and a MDC member agreed.

"I came to a meeting and liked it, so I kept coming," said Miller. "I enjoy what I do. There is something to do for everybody, and there is something for everyone no matter who you are or where you're from."

The next MDC event will be in January in honor of Dr. Martin Luther King Jr., which according to the Navy's diversity and inclusion website celebrates the life and legacy of a man who brought hope and healing to America. It is also a day of intercultural cooperation, to commemorate the timeless values he taught us, such as courage,



Logistics Specialist 2nd Class George Shipley, assigned to Naval Construction Group (NCG) 2, N43, and Naval Construction Battalion Center (NCBC) Gulfport Multicultural Diversity Committee (MDC) president recites a poem during a Native American Heritage Month celebration at the Seabee Memorial Chapel on board NCBC Gulfport, Nov. 20. (U.S. Navy photos by Chief Mass Communication Specialist Ryan G. Wilber/Released)

truth, justice, compassion, dignity, humility and service. It is normally held the third Monday of January, shortly after his birthday, Jan 15.

MDC meetings are held every Wednesday at 9:30 a.m. at the Seabee Memorial Chapel. For more information, contact Shipley at 228-871-3906.

NCBC Frames

Construction Electrician 2nd Class (SCW)
Joshua Murphy
Naval Construction Group (NCG) 2, R71



FF: What single experience during your career stands out the most, and

why does it stand out?

JM: Working in Afghanistan has been a

FREEZE

FRAME

By UTCN Alicia Fluty
NCBC Public Affairs

great experience in my career. I got to work with a ton of great people and do some really good projects.

FF: What has been your biggest motivation throughout your career?

JM: My motivation is to always be better at my job and try and find a way to better myself. Whether making the next pay grade or finding something outside of work to get better and improve myself.

FF: What advice would you give to future Seabees and Sailors?

JM: Showering on FTX is not guaranteed. Always have goals, either personal or professional and try to reach them whether



you stay in the Navy or you get out. Help yourself and let the Navy help as well, through one of the programs they offer. Figure out what you want to do and find a way to make that happen.

FF: What is your favorite part about being/working with the Seabees - why?

JM: Not deploying with

the Fleet, I don't really think being on a ship for six months would be that much fun for me.

FF: Who was your most influential mentor during your career, and why?

JM: SWC(SCW) Laney has pushed me throughout my career to be a better leader and to accomplish my goals while in the Navy.

NCBC families turn out for annual MWR Tree Lighting event in spite of foul weather

U.S. Navy photos by Constructionman Electrician Lucinda L. Moise/Released



Morale Welfare and Recreation (MWR) hosted the 18th annual Christmas Tree Lighting at the Youth Activity Center (YAC) on board NCBC Gulfport, Dec. 6. The night was filled with caroling, warm cookies, music, games, a D.J., and a special guest appearance by the USO Liberty Bells and Santa Claus!

NMCB 133 Field Training: Three weeks with a Water Well Team

By Ensign Krista Bix
NMCB 133 Public Affairs

Naval Mobile Construction Battalion (NMCB) 133 Alfa Company's Water Well Team returned from 24-hour drilling operations as part of their homeport training at Camp Shelby, Miss., Nov. 15.

The team started with a week in the classrooms aboard Naval Construction Battalion Center Gulfport learning water well fundamentals, followed by six days of hands-on training at Camp Shelby. Instructors from Naval Construction Group (NCG) 2 taught topics like water quality, well site selection, the hydrological cycle, and well types. Additionally, the class learned about the three well rigs used by the Naval Construction Force; the ISO Air Transportable (ITWD), Atlas

Copco T2W, and the Schramm T450M11A.

After two days in the classroom, students were able to participate in class labs such as the drilling mud program and record keeping. The week ended with classes on well installation and well abandonment.

The class conveyed to Camp Shelby with 11 pieces of support equipment to start the first day in the field where they focused on site setup, rig set-up, and material off-loading and staging. Students then began air drilling with a 16-inch bit to a depth of 10-feet.

Afterward, they installed a 16-inch diameter piece of surface casing, a process called "spudding in," which helps eliminate the possibility of erosion around the rig. After spudding in, mud pits were dug and mud was

purposely created for later use in the well digging process.

The second day was the start of 24-hour drilling operations. The team rotated two twelve-hour shifts with eight personnel on each rotation. Students drilled to a depth of 200-feet at a rate of 3 to 5 minutes per foot with a 12-inch bit. On Day Three, students were able to install well casing and filters. The last day of field operations included installing the pump and performing a draw down test.

The completed well provided 12 gallons per minute, a job well done for this water well team. The practice well was then abandoned and the group conveyed back to Gulfport.

Students then graduated from the class after final retrograding and testing.



Naval Mobile Construction Battalion (NMCB) 133's water well team drills a practice well during field training. Water well teams forge relationships with local populations and assist in humanitarian relief worldwide by providing a source of fresh water. (U.S. Navy photo by Ensign Krista Bix/Released)

NMCB 74 wraps up sidewalk project



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 74, move dirt Dec. 6 to fill the gaps along the sidewalk as they get ready to finalize the command project on board NCBC Gulfport. The sidewalk is expected to be completed by the end of next week. (U.S. Navy photo by Equipment Operator Constructionman Kia Nicholas/Released)

Underwater Construction Team (UCT) ONE

UCT 1 is searching for highly motivated Seabees and CEC officers looking for a career and lifestyle change. Join an ELITE force and travel as a small, professional team. Execute specialized construction diving and demolition skills with the latest and greatest technology and equipment.



Contact Dive Motivators at 757-462-4313/3982 or email SWC Bryans at sean.bryans@navy.mil and SW1 Hefner at christopher.hefner@navy.mil.



NMCB 1 Heritage Ceremony



Above: Sailors from the Naval Mobile Construction Battalion (NMCB) 1 First Class Petty Officer's Association serve coffee and donuts during the battalion's heritage ceremony, Dec. 5, in Gulfport, Miss. Guest speakers Command Master Chief (retired) Dick Wade and Air Force Master Sgt. (retired) Highton spoke to the battalion about a variety of missions during their time in the Navy. Highton reflected on his eight years of naval service as a culinary specialist, while Wade reminisced about his time as a Seabee here in Gulfport. (U.S. Navy photo by Chief Mass Communication Specialist Kim Martinez/Released)



Top right: Naval Mobile Construction Battalion (NMCB) 1 Commanding Officer Cmdr. Chad Brooks (left), with assistance from the Fletcher family, promotes Lt. j.g. William Fletcher to Lieutenant during the battalion's heritage ceremony, Dec. 5. (U.S. Navy photo by Chief Mass Communication Specialist Kim Martinez/Released)



Bottom right: Naval Mobile Construction Battalion (NMCB) 1 Commanding Officer Cmdr. Chad Brooks (left) reenlists Master Chief Mike Law (center) and Chief Manuel Perez (right) during the battalion's heritage ceremony, Dec. 5. U.S. Navy photo by Chief Mass Communication Specialist Kim Martinez/Released)

Seabees build foundation of knowledge with tech trainer

By Ensign Matthew Carmody
NMCB 4 Public Affairs

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 4 took advantage of one of the most valuable training tools available to them, the Seabee Technical Trainer on Naval Base Ventura County, Port Hueneme, Calif.

The Seabee Tech Trainer is utilized to help Seabees sharpen their construction skills through hands-on training while in homeport. "Every Seabee needs to

know basic construction, whether it be frame work or how to hammer a nail in properly," said Utilitiesman 3rd Class Amanda Flores. "It's still useful in the long run."

The Seabee Tech Trainer allows for both new and experienced Seabees to gain knowledge and sharpen their skills in a learning environment close to home.

Recently, Seabees from NMCB 4 utilized the Rough Electrical and Rough Mechanical modules. During these modules, seven Seabees under the guid-

ance and supervision of Utilitiesman 1st Class Alan Hampson and Construction Electrician 2nd Class Sherwin Gomez were able to successfully install 60 feet of copper piping, a water heater, a toilet and a sink. They were also able to run 500 feet of wire with the necessary connections to install outlets. The crew meticulously and skillfully applied their technical skills and completed the work in five days, all while gaining valuable skills that will make them an asset on future projects.

An advantages of using



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 4 put together wall frames as part of a building training exercise at Naval Base Ventura County, Port Hueneme's Tech Trainer. NMCB 4 Seabees use the Tech Trainer to reinforce the skills they learn in school and gain much need experience from seasoned Seabees before they deploy in mid-2014. (U.S. Navy photo by Mass Communication Specialist 1st Class Charles Panter/Released)

See **TECH TRAINER** page 8

Focus on Education

Education Notes

NCBC Gulfport Home School Meeting

An informational meeting for the NCBC Home School Network is scheduled for Dec. 16, 6 p.m., in the MWR Conference Room located in building 352. More information on the meeting may be obtained by calling School Liaison Officer, Kevin Byrd at 228-871-2117.

Coastline Community College

Spring "A" Term registration for Coastline Community College is happening now. Spring "A" Term runs Jan. 28 - March 24. For additional information, contact Dr. David Drye in the Navy College Office, at 228-871-3439 or at ddrye@coastline.edu.

University of Maryland (UMD) Course

Specifically designed for transitioning service members and veterans

BIOE 100 Designing Quantitative Solutions for Energy* Earn UMD Credits. For information and application contact: Leigh Abts, Research Associate Professor at labts@umd.edu or 301-405-2976

Benefits: A 100 level Undergraduate course
Four Credits – Three lecture and one laboratory
Help UMD pilot a new course for troops and veterans.
Gain real world energy problem solving and the design process experiences.

Instructors with military, energy and design experience; energy career mentor

Requirements: Prerequisites: Algebra II and Pre-Calculus

Complete UMD application, Complete UMD Math Assessment, High School GPA 2.0

Access to a computer and the Internet

Limited enrollment, only 30 will be accepted into the course

Funded by the Department of Defense

NCBC School Liaison Officer Kevin Byrd, is located in MWR building 352, 1706 Bainbridge Avenue on board NCBC Gulfport. He can be reached by phone at 228-871-2117 or email kevin.r.byrd@navy.mil.

Holiday Schedule for Area Schools

School District	Christmas Winter Break		Students Return
	Start	End	
Bay St Louis	12/20 60%	12/23-1/5	1/6
Biloxi	12/20 60%	12/23-1/6	1/7
Gulfport	12/20 60%	12/23-1/5	1/6
Hancock	12/20 60%	12/23-1/5	1/6
Harrison County	12/20 60%	12/23-1/6	1/7
Jackson County	12/18 60%	12/19-1/5	1/6
Long Beach	12/20 60%	12/23-1/6	1/7
Ocean Springs	12/19 60%	12/20-1/5	1/6
Pascagoula	12/20 60%	12/23-1/5	1/8
Pass Christian	12/20 60%	12/23-1/5	1/6

DOE National Science Bowl Registration

Middle and High School students are encouraged to register to compete in the 24th annual Department of Energy's National science Bowl (NSB). Prizes include educational adventure trip and educational dollars for school science department. Separate local competitions are held for high school and middle schools, with Regional competitions taking place throughout the country between January and March. Last year, approximately 14,000 high school and middle school students from 49 states, the District of Columbia and Puerto Rico competed in the NSB. Students can find out details and register their team with the coordinator for their local competition, which they can find on the NSB website <http://science.energy.gov/wdts/nsb>.

NCBC Housing residents have a holly jolly holiday with Balfour Beatty Communities



Left: Rebecca Morgan, Jenn Daniels, Amanda Prorise, Jenny Richter, Elizabeth Howard, Shannon Morrison, & Kim Snowden show off their competed wooden door ornaments at the Pinterest Party Dec. 3. Balfour Beatty Communities hosts a Pinterest Party once a month for their residents. (U.S. Navy photo courtesy of Balfour Beatty Communities/Released)



Tim Hale and Harold Osbourne, both Maintenance Techs with Balfour Beatty Communities assist Dane Morgan and Austin Rife with decorating the Housing Christmas Tree located at the poolhouse Dec. 5. (U.S. Navy photo courtesy of Balfour Beatty Communities/Released)



From TECH TRAINER page 7

the Seabee Tech Trainer as a teaching tool is that it allows for one on one instruction and mentorship that would otherwise not be found in a classroom.

"I think this a better way to teach the troops rather than death by PowerPoint in a classroom," said Gomez. "I can take the time to work one on one with a few Seabees and go over anything they are having difficulty with in their job field as well as teach them tricks of the trade I have picked up over the years."

In addition to learning construction skills on the Seabee Tech Trainer, several of the Seabees were able to gain valuable leadership and project management experience. Junior Seabees working on the Tech Trainer were given the task of briefing the NMCB 4 Operations Officer, Lt. Cmdr. Michael Guzzi, on the progress of the project when he visited the work site. In doing so, the Junior Seabees were able to build their public speaking skills as well as their confidence.

The Seabees of NMCB 4 will continue to use the Seabee Tech Trainer and any other training tool that they can get their hands on, allowing continued growth in both skill and experience as a unit in order to execute its mission and remain operationally ready to deploy at a moment's notice.

'The Meat & Potatoes of Life'

By Lisa Smith Molinari
Special Contributor

The 12 takes of Christmas

"C'mon everybody!" I belated from our living room, "Let's get this over with!"

"KIDS!? HONEY!?" I yelled from behind my camera, which was precariously perched on top of an Anthony's Seafood matchbook, two beer coasters, three National Geographic magazines, Roget's Thesaurus, and our coffee table; at the precise trajectory needed to capture a centered image of our family of five and the dog in front of the fireplace.

Knowing that the tiniest slip of the hand (or the dog's tail) might ruin my painstakingly calibrated line of sight, I was reluctant to abandon my post. But when no one responded to my wails, I marched off to find them.

Twenty minutes later, I had managed to drag the resistant members of my family into the living room. My husband was miffed that I forced him to abandon a particularly riveting rerun of "House Hunters." My son was annoyed that he had to pause Dragon Warrior VII just as he was about to master Ranger class. My daughter couldn't fathom what was so important that she had to stop texting the cute boy from her chemistry class. My youngest was pouting about being torn away from her latest Snapchat creation.

They were all sporting major attitudes, but it was now or never.

"Listen! I don't like this anymore than you do, but our family and friends have come to expect a Molinari family photo Christmas card every year, so -- Backs straight! Stomachs tight! And get happy!"

My moping gaggle huddled together on the



fireplace hearth, in shared irritation over being forced to pose for a family photo. "Leave a spot for me on the left, and get ready!" I ordered from behind my camera.

I gingerly jabbed the camera's timer button, careful not to knock the lens from its matchbook-coaster tripod, then leapt like an aging overweight gazelle, across our faux Oriental rug, and into my designated position.

"Mom, the camera's blinking."

"Honey, when do you want us to smile?"

"Are you sure you pressed the button, Mom?"

"I don't KNOW!" I screeched through my grinning clenched teeth, "Just keep smiling!"

"But, isn't it supposed to flash...?" *FLASH*

It took two more takes before we realized that the camera flashed after a prescribed series of slow and fast blinks. My son sneezed in the middle of take number four. The phone rang during take number five. I blinked in take number six. We all got the giggles in take number seven, when my husband belched up a pungent odor reminiscent of aged salami.

We finally realized that we forgot to include the dog, and it took two takes, three pieces of cheese,

and a tennis ball before he would agree to sit. Somewhere along the way, I inadvertently nudged the June 2009 issue of National Geographic, and it took me 20 minutes and three more ruined takes to get the family centered in the viewfinder again.

On take number 13, we were so desperate to end our torturous holiday photo odyssey, we all agreed to cooperate to take one final, flawless shot.

With my last ounce of patience, I tapped the button with catlike precision, and pounced into position, tipping my jaw forward to hide my double chin. The kids replaced their rebelliously fake grins with genuine sparkling smiles. My husband leaned behind me to hide his now sweat-stained armpit, and mustered a charming pose.

The dog sat, in perfect obedience, his ears handsomely perked.

Like the townspeople of Bethlehem, we looked for the bright light that would finally bring us salvation.

...
"Why didn't it flash?" my husband whispered.

After another minute, our daughter extracted herself from our frozen pose, to check the camera.

Peering at the digital display, she read aloud, "Change battery pack."

Realizing that a flawless family photo was never going to happen, we decided that one of the 12 takes would have to do, because reality is as perfect as a family gets.

Get more wit and observations from Lisa at her blog: <http://www.themeatandpotatoes-oflife.com>

Health Watch

Did You Know? Revisions to the Navy's Drug Testing Program

By Cmdr. Karen Anderson
NBHC Gulfport

"My back hurts really bad right now. I have some leftover Vicodin from when I got my teeth pulled out – I'll just take some of them for my back pain. It's a prescription I got from the clinic so I am ok if I have to do a urinalysis – right?"

A lot of Sailors have the same belief as above – if I have a prescription then I am ok if I "pop positive" on the urinalysis. This is not necessarily true. NAVADMIN 130/12 specifically states, "Prescription drugs are inappropriately used when they are used outside their intended purpose, beyond their prescribed dates, in excess of the prescribed dosing regimen, or when a Sailor uses another individual's prescribed medications." With the Navy's Zero Tolerance policy on drug abuse, you may be considered in violation of the UCMJ for drug misuse/abuse and brought up on charges if you followed through on the example above.

Additionally, the new NAVADMIN that became effective 01 MAY 2012 expands the drug families that are specifically tested to include all benzodiazepines and hydrocodones. This would include, but not limited to, commonly prescribed medications like Valium, Xanax, Vicodin, or Lortab. What do I do if I am seen by an ER or off base and given a controlled

substance prescription that I get filled out in town? You should see your primary care provider and ensure that this gets documented in your medical record so that you are covered.

What should I do with old medication that I have in my cabinet? You can turn them in during a local Drug Take Back Day to Gulfport Police department or the Harrison County Sheriff's office. Another way you can get rid of your old prescriptions is by throwing them in the trash can mixed with some liquid or some other undesirable substance so as to discourage someone else from trying to retrieve the medication. If a Sailor is ever in doubt as to whether they can take a medication they have at home, they should contact their primary care doctor to ask questions and ensure that the medication is still part of their treatment plan or if they need to be seen again. A medication that was prescribed months ago may interact with medication that was just recently prescribed by a different provider. Your career and your health are not worth losing due to one poor decision.

Your Naval Branch Health Clinic Gulfport staff is always ready and willing to assist in your health care. Please feel free to utilize your relay health account to contact or follow-up with your provider.

Fraud, Waste and Abuse Hotline: Due to limited IG resources throughout the Southeast Regional, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRSE_HOTLINE@navy.mil

MWR program contacts

Anchors and Eagles, 228-871-4607
Auto Skills Center, 228-871-2804
Beehive All Hands Club, 228-871-4009
Child Development Center, 228-871-2323
Fitness Center, 228-871-2668
Information, Tickets & Travel, 228-871-2231
Liberty Center, 228-871-4684
Seabee Heritage Center, 228-871-3619
Navy Outdoor Recreation, 228-871-2127
Shields RV Park, 228-871-5435
The Grill, 228-871-2494
Training Hall, 228-871-4750
Youth Activities Center, 228-871-2251
Main Office, 228-871-2538

Free Movies at the Training Hall

And, don't forget about the fresh buttered popcorn and cold drinks at that sweet price that won't break your wallet!

Friday: Riddick, R, 5 p.m., Insidious Chapter 2, R, 7:30 p.m.

Saturday: The Nightmare Before Christmas, PG, 1 p.m.; The Santa Clause 2, PG, 3 p.m.; Prisoners, R, 5:30 p.m.

Sunday: White Christmas, G, 3 p.m.; Insidious Chapter 2, R, 6 p.m.

Be sure and plug the Movie Hotline number in your phone, 228-871-3299 and call any time! If you have a comment or question, please send to michael.sweetapple@navy.mil.

Flag Football Champs!



NCBC (NCG2 Young Guns) defeated Keesler AFB (MARDET) 52-19 with a crowd of 37 people to cheer on both teams to regain the base trophy. This competition was started back in 2007 between Samuel Miller of Keesler Athletics and Samuel Perkins of NCBC MWR Sports. NCBC has had possession of the trophy from 2007-2010, Keesler had it 2011-2012, Now it's back home here at NCBC for 2013-2014. All are welcome to come by the Fitness Center to see the "EAGLE." (Photo courtesy of MWR)

Run for a Reason 5K



Combined Federal Campaign (CFC) volunteers hosted the inaugural 2013 Combined Federal Campaign (CFC) Run for a Reason 5-kilometer (5K) footrace on board NCBC Gulfport, Dec. 6. All donations for participation in the race went toward the local CFC general fund. First place finisher for the males

was Cdr. David McAlister, commanding officer, Naval Mobile Construction Battalion (NMCB) 74, and first place finisher for the females was Builder 2nd Class Dina Beale, assigned to Naval Construction Group (NCG) 2. (U.S. Navy photos by Chief Mass Communication Specialist Ryan G. Wilber/Released)

NCBC Helping Hands

SENIOR ASSISTANCE - Seniors are in need of assistance with minor home repairs. The first involves a leaky ceiling, the second is replacing gutters. Materials will be purchased as soon as volunteers can determine materials needed. If you can help, please contact Susan Smith at 228-871-3640.

MISSISSIPPI RENAISSANCE GARDEN'S HORTICULTURE FOR HUMANITY (H4H) needs volunteers to assist with "Coast Kid's Plantin' Daffodils" at Biloxi Hiller Park Children's Christmas Festival, Dec. 14. Parents will bring their children to Biloxi Hiller Park to plant daffodils together, take a picture and receive a certificate, select flower, vegetable and herb seed packets for home planting. Volunteers may bring their children for the planting event. All volunteers may also select free flower, vegetable and herb seed packets for their gen-

erous help.

CITY OF GULFPORT - The City of Gulfport is looking for volunteers for Santa in the Harbor/Christmas Spirit in the Sound at Jones park, Dec. 21, from 4 - 9 p.m. Please contact Katie King at 228-868-5881 if you are interested in helping out.

BOOST READING PROGRAM - 28th Street Elementary School is looking for volunteers to listen to students read and help them complete reading comprehension questions. Volunteers time is in 30 minute intervals from 9 a.m. - 2 p.m., Monday - Thursday. If you are interested in volunteering, please call Samantha Benson, 228-867-2140.

NAVAL SEA CADET CORPS - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented,

youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America's youth. If you are interested in volunteering, please contact Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

USS ALABAMA NEEDS HELP - The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds. Work includes, but is not limited to: constructing 10 picnic pavilion covers, roofing a 40-by-20 maintenance shed, fabricating display cases. Point of contact is

Owen Miller, 251-433-2703 or cell 251-767-0157.

BILOXI VA AMBASSADORS - The Biloxi VA is trying to get volunteers in uniform from 7 a.m. to 2 p.m. on a daily basis to help with a new program. The volunteers will provide assistance to Veterans entering the medical center with directions and general information and whenever possible, escort the Veterans and family members to their destination. Point of contact for more information is Sharon Ladner at 228-523-5786 or Susan Smith 228-871-3640.

USO GULF COAST - Interested in volunteering? We need volunteers every day to assist at our centers throughout the Military community. To become a USO volunteer, you'll need to create a volunteer profile through www.usovolunteer.org. This website allows you to keep track of your hours. If you have any questions please feel free

to contact USO Gulf Coast's Program Manager, Nicole Lewis at nlewis@uso.org. We look forward to having you on our volunteer team!

COAST SALVATION ARMY - Volunteers are needed for various projects throughout the year. Contact Shawna_Tatge@uss.salvationarmy.org if you have a bit of spare time to help.

HELP SENIORS AND DISABLED CITIZENS Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handy-men/ women. If you are interested in helping in the community, call Mag Holland, 228-896-0412.

NAVY-MARINE CORPS RELIEF SOCIETY The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Those who are interested in volunteering at the store are asked to call 228-871-2610.

Portraits of Love - FREE Portrait Sessions

FREE portrait session sitting and FREE portrait done by world renowned photographers to send your loved one whether they are currently serving overseas or have returned home. Portraits of Love will be available to Active Duty, Guard or Reservists and their families Saturday, Dec. 14 from 10 a.m. - 6 p.m. and Sunday, Dec. 15 from 10 a.m. - 4 p.m. at the Hilton Garden Inn Gulfport located at 14108 Airport Road, Gulfport. Register online at [Register online at http://portraitsoflove.eventbrite.com](http://portraitsoflove.eventbrite.com)

Chapel Offerings

Seabee Pantry

The Seabee Pantry is a valuable resource for those families needing a little extra assistance during the month. Please donate as many canned goods and other nonperishable items as possible. Donation drop-off sites are located at the Navy Exchange, Chapel, Commissary, Fleet and Family Support Center (FFSC) and Armed Forces Retirement Home.

Praise and Worship

The Seabee Memorial Chapel is looking for new members for the Praise and Worship Team for the 10:30 a.m. Worship Service and the Gospel choir at 8 a.m. If you can sing or play an instrument, you are invited to share your gift. Contact the chapel at 228-871-2454 for more information.

Seabee Memorial Chapel



Religious Services
Sunday:
Contemporary: 8 a.m.
Catholic Mass: 9:30 a.m.
Protestant: 10:30 a.m.

Weekday Mass:
Tuesdays at 11:15 a.m.

**NCBC Center Chaplain:
Lt. Cmdr. Ammie Davis, Chaplain**

For more information about Chapel programs, please call the Chapel at 228-871-2454



Chapel Holiday Services

Christmas Eve

Dec. 24, 2013

Catholic Service - 4 p.m.

Protestant Service - 5:30 p.m.



CENTER NOTES

SUPPORT

Family Readiness Groups

NMCB 1 FRG invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and babysitting is provided during deployment. Contact FRG President Jenny Richter, e-mail nmcbonefrg@gmail.com.

NMCB 11 FRG For more information regarding the NMCB 11 FRG, please visit Facebook, nmcb11frg or email us at nmcb11frg@gmail.com.

NMCB 74 FRG All families of NMCB 74 are invited to the 74 FRG meeting the third Monday of each month. Meetings are at the MWR Youth Activities Center, building 335, behind the Grinder on NCBC. Socializing begins at 5:30 p.m., and meetings begin at 6 p.m. Bring a covered dish to share at our potluck dinner. Children are welcome. Email nmcb74fsg@yahoo.com or visit our Facebook page at "NMCB74 Fearless FRG" for details.

NMCB 133 FRG invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and babysitting is provided. Please bring a dish to share. For

more information, contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

FOCUS

Families OverComing Under Stress (FOCUS), provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email Gulfport@focusproject.org

Gulfport Officer's Spouse Club The Gulfport Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@gmail.com or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see YOU soon!

Navy Wives Clubs of America, Inc. The Navy Wives Clubs of America, Inc. is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit www.navywivesclubsof-america.org for more information on NWCA.

NMCRS The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are

reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous

The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.

TRAINING

Naval Sea Cadets The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Contact Lt.j.g. Bowling at 228-313-9035 or coachcb@yahoo.com for more information.

PMI Membership Drive The Project Management Institute (www.pmi.org) is recruiting project planning professionals for membership into the PMI Southern Mississippi Chapter. PMI is one of the world's largest not-for-profit membership associations for the project management profession. Their professional resources and research empower more than 700,000 members, credential holders and volunteers in nearly every country in the world to enhance their careers, improve their organizations' success and further mature the profession. Contact

Mike Saunders at saundersmt@earthlink.net or Len Krapcha at lkrapcha@aol.com for more information.

SOCIAL

Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held weekly on Wednesdays at 9:30 a.m., at the Seabee Memorial Chapel. Contact CE1 Clark at 228-871-2608 or call the Seabee Memorial Chapel at 228-871-2454 for details.

VFW Post 3937 Long Beach is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from Noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood Night, the remaining Fridays are Steak Night. Breakfast is served from 7 to 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of the month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602 for info.

The Ladies Auxiliary to the VFW Post 3937 Long Beach would like to invite you to become a member. Our organization supports veterans, their families and current service members. In order to join, you must be the spouse, mother, daughter, granddaughter or sister of a person who has served in a foreign war. Please Contact Auxiliary 3937 President Carol Fetters at 228-832-4893.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located

at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for more info.

NMCB 62 Alumni Group Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member, go to <http://nmcb62alumni.org> or for links to Seabee historical sites.

D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more about our organization.

Navy Seabee Veterans of America (NSVA) Island X-1, Gulfport is always looking to add new members. You do not have to be retired to be a member. If interested, please contact Eugene Cowhick at eugene.cowhick@navy.mil, 228-871-2488 or Robert Smith at Robert.p.smith5@navy.mil, 228-871-2436. If you are already a member, please join us on the second Thursday of each month at 6 p.m. in the A&E Chiefs and Officers Club, NCBC Gulfport, for the Monthly Island X-1 business meeting. For more information on NSVA Island X-1, visit www.nsva.org.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at www.seabee-museumstore.org or call the gift store for more information at 228-871-4779.



GULF COAST USO

901 CBC 3rd Street, Building 114, 228-575-5224
Free services: FAX - Send/Receive: 228-575-5225, Copies, United Through Reading program, Computers with web cams, Internet/email access, X-Box
Office hours: Monday - Friday, 8 a.m. - 4 p.m.

AUDRA
SEXUAL ASSAULT SUPPORT GROUP
AUDRA means "nobility and strength" in French

You don't have to walk this path alone

This group offers a safe, open atmosphere for discussion and activities to facilitate the healing process

For Active Duty females who have been sexually assaulted as adults

Call FFSC at (228) 871-3000

DON Sexual Assault Survey

The 2013 DON-Wide Sexual Assault Survey is available for all service members survey through Jan. 6, 2014. The survey is short and completely anonymous, and it can be accessed from any web-enabled computer, tablet or Smartphone at www.donsapro.navy.mil/donsas.html. The password for all military participants is 2013Survey.