

SEABEE COURIER

www.cnic.navy.mil/gulfport

Vol. 53 No. 34

Naval Construction Battalion Center, Gulfport, Mississippi

August 22, 2013

MCPON talks CPO 365; Phase I, Phase II and The Stand Down

By Defense Media Activity - Navy

Master Chief Petty Officer of the Navy Mike Stevens recently took a moment to answer questions from the fleet about executing the first year of CPO 365.

CPO 365 is a year-round training initiative that Chiefs Messes throughout the Navy take on to prepare first class petty officers to become chiefs. Phase II of CPO 365 begins when the chief petty officer selection board results are released, which occurred Aug. 1 this year.

Q: Many commands have truly embraced CPO-365, and have viewed this year as really being the first year that the program has found its legs, what do you think of the program as a whole?

A: I am very pleased with the process. I am not taking anything away from the training we have used in the past because it worked well for during it's time. Society has changed and evolved, and if we want to continue to have the ability to train our reliefs, we must change and evolve as well. I think if you ask any CPO Mess that has been and is fully engaged in CPO 365, you'll find that each Mess is brainstorming new and innovative ways to train our First Class Petty Officers to take their place.

Q: Many of the Sailors participating in CPO-365 are not even eligible for Chief, some won't be eligible for three years, what do you want those Sailors to take away from the program each year?

A: There's enough change that occurs within our Navy every year that CPO 365 should never get old and stagnant. Think about our Navy programs, procedures and policies, they are constantly evolving. CPO 365 is first and foremost about helping a First Class Petty Officer be the best work center supervisor or leading petty officer that they can be because the Navy is forever evolving.

The training will always change, day after day, week after week, month after month, and year after year. If First Class Petty Officers and Chief Petty Officers find themselves re-hashing the same old information time and time again, they must look within themselves to determine where the updates need to take place and effectively make the change.

Q: For those Sailors who saw their names on the list, what do you think CPO-365 has done to prepare them for their anchors?

A: I think that CPO -365

See MCPON, page 8

You're invited . . .

Naval Construction Group TWO (NCG 2) will hold a change of command ceremony Aug. 29, at 9:30 a.m. at the Training Hall. Capt. Darius Banaji will be relieved by Capt. John J. Adametz who is currently the operations officer at Naval Facilities Engineering Command (NAVFAC) Mid-Atlantic. Banaji has accepted an assignment as the commanding officer of NAVFAC South West in San Diego, Calif.



Active Shooter exercise on NCBC



Base personnel participated in an exercise at Building 361 on board NCBC Gulfport, Aug. 21. The exercise allowed participants to sharpen their skills, practice how to respond properly in the event of an Active Shooter threat, as well as evaluate and correct Standard Operating Procedures as needed to successfully contain a threat and protect base personnel. (U.S. Navy photo by Utilitiesman Constructionman Alicia Fluty/Released)

5 things you need to know about Same-Sex Spouse Benefits

NCBC
Commanding Officer
Capt. Paul Odenthal
Public Affairs Officer
Rob Mims
Courier Staff
Editor
Bonnie L. McGerr
Mass Comm. Specialist
MCC(SCW/SW/AW)
Ryan G. Wilber
Special Contributors
CECN(SCW)
Lucinda Moise
UTCN Alicia Fluty

The Seabee Courier is a weekly authorized on-line publication for members of the military services and their families. Content does not necessarily reflect the official views of the U.S. Government, the DoD or the U.S. Navy and does not imply endorsement thereof. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the U.S. Government. DoD, the Navy, and does not imply endorsement thereof. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the U.S. Government, DoD, the Navy or NCBC Gulfport of the products and services advertised. All content in this newspaper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected. The Seabee Courier solicits news contributions from military and civilian sources, but the Public Affairs staff reserves the right to edit and/or rewrite material selected for publication to conform with journalism standards. The deadline for material is close of business every Friday. Your comments are always welcome. The Seabee Courier office is in Building 1, Room 205. The mailing address is 4902 Marvin Shields Blvd., Code NOOP, Gulfport, MS 39501. Phone 228-871-3662, email: seabeecourier@navy.mil.

By Chief of Naval Personnel Public Affairs

On Aug. 14, 2013, the Department of Defense announced the plan to extend benefits to same-sex spouses of uniformed service members and Department of Defense civilian employees. A NAVADMIN will be released soon with details on Navy-specific guidance on these changes. In the meantime, the requirements of NAVADMINs 024/13 and 152/13 are suspended.

Frequently asked questions

What changed for the DOD with the June 26 Supreme Court ruling on Defense of Marriage Act?

The Supreme Court ruling means that the Defense Department will extend benefits, including medical, dental, and with-dependent Basic Allowance for Housing to same-sex spouses of military personnel.

What is the new policy granting marriage leave for same sex couples?

DoD recognized there remains a challenge for same-sex couples not sta-

tioned in, or near a jurisdiction that permits same-sex marriage. Accordingly, all services including the Navy will immediately implement policy that allows military personnel non-chargeable leave for the purpose of travelling to a jurisdiction where such a marriage may occur. This will provide accelerated access to the full range of benefits offered to married military couples throughout the department.

As operational requirements permit, commanding officers may allow military personnel in same-sex relationships non-chargeable leave for the purpose of travelling to a jurisdiction that allows same-sex couples to be married if they are stationed more than 100 miles from one of those areas. Sailors stationed within the continental United States may receive up to seven days non-chargeable leave and those stationed at overseas assignments may receive up to 10 days non-chargeable leave. The leave must be documented with a Page 13 entry. This benefit may only be taken once in a Sailor's career.

To determine the appropriate number of days to authorize, commanding officers should consider operational requirements, state marriage requirements and travel distance. e-Leave on NSIPS does not have the marriage leave option for same-sex couples available at this time. Sailors must apply for this leave by submitting a special request chit (NAVPERS form 1336/3) through their chain of command along with a signed Page 13 that will be filed in the member's service record upon their return to the command. There is no requirement to file the marriage certificate in the service record. A sample Page 13 will be posted on the NPC web site under Support & Services/DADT Post Repeal as soon as it becomes available. Upon return from leave, Sailors are required to provide proof of the marriage to the command or the leave period will be charged as annual leave.

My partner and I live in Washington, D.C., and are a same-sex couple, but our extended families are in California and

we want to have our wedding there. Can I use the non-chargeable leave and travel to California to get married?

No. We recognize that same-sex couples not stationed in a jurisdiction that permits same-sex marriage would have to travel to another jurisdiction to marry, which is why the DoD is implementing policies to allow military personnel in such a relationship non-chargeable leave for the purpose of travelling to a jurisdiction where such a marriage may occur. However, a Sailor stationed in Washington D.C. would not receive non-chargeable leave, as same-sex marriage is legal in Washington D.C. If you are stationed in a state where same-sex marriage is legal, you cannot use the non-chargeable leave benefit to travel elsewhere to get married.

The intent of this leave is to allow Sailors to complete the administrative requirements of marriage in order to access the benefits. Each situation is case by case and Sailors should work

See **BENEFITS** page 6

Live 1-on-1 Help Confidential Worldwide 24/7



Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: www.SafeHelpline.org; Call: 877-995-5247; Text *55-247 (inside the U.S.); Text *202-470-5546 (outside the U.S.) *Text your location for the nearest support resources.

Sexual Assault Victim Advocate Training

Are you the person that wants to help someone in need? Have you every known someone that has been the victim of trauma resulting from sexual assault and did not know how to help? Become a SAPR Victim Advocate and learn to help your fellow Seabee or Sailor who needs support in a time of need. To register for the class, contact Shannon Harden, SAPR Victim Advocacy Support Specialist at Shannon.b.harden@navy.mil. The class will be held Sept. 16 - 20, 8 a.m. - 4 p.m., in building 433, room 139.



Buzz on the Street

By CECN(SCW)
Lucinda Moise
NCBC Public Affairs

What would you do if you were Commanding Officer for the day?



"Give the command liberty."

CMCN Daniel Escobedo
NMCB 74
Hometown: Dallas, Texas



"Go around to all the companies and tell everyone what a great job they are doing."

CE2(SCW) Jeslyn De Guzman
NMCB 74
Hometown: San Diego, Calif.



"I would give everyone the day off."

CE3(SCW) Kayla Smith
NCBC
Hometown: Decatur, Ala.



Above: Children line up to receive a balloon at a Balfour Beatty Communities (BBC) Pinewood Community model home during BBC's annual Operation Homefront Back to School Party on board NCBC Gulfport, Aug. 13. The party is held each year to help ensure all military children are stocked with supplies and prepared for back to school. (U.S. Navy photos by Construction Electrician Constructionman Lucinda L. Moise/Released)



Right: More than 10 inches of rain fell on the parts of the Coast Aug. 18, including six inches of rain within two hours in Gulfport. The downpour took some unsuspecting NCBC housing residents by surprise. Anyone who had personal property (vehicles, household items) damage by flood waters should contact Legal at 228-871-2627 to file a claim. (U.S. Navy photo/Released)



Cmdr. Scott Anderson, commanding officer, Naval Construction Training Center (NCTC) Gulfport, escorts Gulfport Mayor Billy Hewes, second from right, on a tour of NCTC spaces, accompanied by Capt. Paul Odenthal, CO, NCBC Gulfport, Aug. 12. This was Hewes' first visit to the Seabee base since taking office. (U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)

NMPS Gulfport prepares to deactivate

By MCC(SCW/SW/AW) Ryan G. Wilber
NCBC Public Affairs

One of the last groups of Reservists to pass through Navy Mobilizing Processing Site (NMPS) Gulfport is mobilizing this week as the command prepares to shut its doors for a scheduled deactivation, Sept. 20.

According to Commander, Navy Installation Command's (CNIC) NMPS website, the mission of the NMPS is to provide rapid, ready, professional manpower support to deploy and redeploy active and reserve components called in support of contingency operations worldwide. NMPS has a goal of ensuring all Sailors are provided an expedient, efficient and non-stressful processing experience.

"NMPS ensures there is continuity in quality of Sailor and the readiness of a Sailor that is mobilized and pushed forward to fight the war," said Lt. Cmdr. Cheryl Hawthorne, NMPS officer-in-charge.

NMPS Gulfport opened its doors in 2001 in response to the Sept. 11 terrorist attacks and has since mobilized tens of thousands of Sailors to deploy in support of Operations Iraqi Freedom and Enduring Freedom.

According to Chief Personnel Specialist Philip Deberry, NMPS Processing Department leading chief petty officer, more than 13,500 Sailors have been mobilized in just the past two years.

With a staff of 25 personnel, NMPS ensures each Sailor's administrative, training and medical requirements are met before being deployed, and that each Sailor is prepared to reintegrate into civilian life or return to their command upon completion of their mission.

"When a Sailor comes through NMPS Gulfport they are assured that they are prepared to handle the war, to focus on the war," said Hawthorne. "They can be assured that their families are taken care of, that their pay is taken care of." When they come back they can be assured we are going to capture all their due credit."

All members of the NMPS staff are Reservists, and many were mobilized in the same way that those who report to them have been. As such, they share a mutual bond with their customers. Hawthorne said that bond has developed



Lt. Cmdr. Bryan Schultz and Lt. Asheton Sawyer, receive a uniform issue brief from Logistics Specialist 1st Class Irving Tate, for their mobilization deployment as Navy Individual Augmentees (IA), at Naval Mobilization and Processing Sites (NMPS) facilities on board NCBC Gulfport, Aug. 19. Mobilization is the process of bringing the Reservists to active duty by Presidential Recall (PRC), Active Duty for Special Work (ADSW) or total, full or partial selective readiness for operational missions. (U.S. Navy photo by Utilitiesman Constructionman Alicia Fluty/Released)

into a pledge of service.

"Every single member of this staff has made a personal commitment to the war hero that comes through NMPS Gulfport," said Hawthorne. "We come to work proud to serve these heroes and we look forward to it."

According to Hawthorne, over the years NMPS Gulfport has become the go-to processing site for Seabees, even setting a milestone of mobilizing 546 Seabees in a record-setting 17 days.

Hawthorne said that although there are hurdles to overcome before the two remaining NMPS sites, Norfolk and San Diego, or the

Navy Operational Support Centers (NOSCs), are operating at the same efficiency and expertise as Gulfport, when it comes to Seabees, her team has developed standard operating procedures and job qualification requirements based on their experience which will assist them. "We have some strong leaders that have taken the helm at Fleet Forces and at CNIC, and they have used input from Gulfport to look at some of the issues and lessons learned," said Hawthorne. "I have full confidence that our Sailors are going to be taken care of."

See Something Wrong, Do Something Right . . .

NCIS has two anonymous ways to report crimes or suspicious behavior with the use of discreet and secure online or texting tip lines. To report information by Cell text: 1. Text "NCIS" to the short code 274637 (CRIMES) from any cell or smart phone. 2. Receive a response. For example, your alias is S2US. Call 911 if urgent! If replies put you at risk, text "STOP." 3. Begin dialogue. To report information ONLINE: 1. Go to www.NCIS.navy.mil, click on the "Report a Crime" tab and select the icon for "text and Web tip Hotline." ***There is a reward of up to \$1,000 for information leading to a felony arrest or apprehension.



Fraud, Waste and Abuse Hotline:

Due to limited IG resources throughout the Southeast Regional, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRSE_HOTLINE@navy.mil.

Feeling Good! A Self-Care Workshop

Aug. 28, Seabee Memorial Chapel

- 8:30 a.m. - Drop in pre-arranged child care and light breakfast
- 9 a.m. - Yoga
- 9:40 a.m. - Relaxation, self care plan
- 10:30 a.m. - Chair massages

All military and civilians are welcome
RSVP by Aug. 23: 228-822-5736 or dthomas@focusproject.org

Hosted by FOCUS, NCBC Chapel and MWR

NCBC Frames

FREEZE FRAME

Tawana Troup
MWR Information,
Tickets and Travel (ITT)
Red Aid

By UTCN Alicia Fluty
NCBC Public Affairs

FF: What single experience during your career stands out the most, and why?

TT: Helping customers. Nothing makes me happier than seeing my customers leave with a smile on their face.

FF: What has been your biggest motivation throughout your career?

TT: My family.

FF: What advice would you give to future Seabees/Sailors?

TT: Take advantage of the different MWR programs, because they really

do save you money.

FF: What is your favorite part about being/working with the Seabees - why?

TT: Getting to know them and learning what they do. A big part is being able to help them plan things with their families.

FF: Who was your most influential mentor during your career, and why?

TT: The MWR family. I've never had a group of people who have so much faith in me like they do. That really means a lot to me.



**Seabee
MudRun
2013**

**Sept. 7
7 a.m.**

[www.active.com/running/
gulfport-ms/seabee-mud-run-2013](http://www.active.com/running/gulfport-ms/seabee-mud-run-2013)

The graphic features a large, stylized brown splat shape over a background of runners in a muddy, outdoor setting. The runners are wearing athletic gear and some have race bibs. The text is overlaid on the splat.

Seabee Center gains new Staff Victim Advocate

By CECN(SCW) Lucinda L. Moise
NCBC Public Affairs

The Sexual Assault Prevention and Response (SAPR) program on board Naval Construction Battalion Center (NCBC) Gulfport has a new addition to its staff.

Shannon Harden has been on the job for about five weeks now in the newly created position of Staff Victim Advocate. Harden previously served eight years in the Army and is currently serving in the Navy Reserves as a Logistics Specialist 2nd Class, assigned to Navy Cargo Handling Battalion (NCHB) 13.

As the staff victim advocate, Harden trains new advocates, facilitates indoctrinations, conducts briefings and advocates support for victims. She also coordinates and ensures that all NCBC victim advocates receive up to date training.

Harden said she loves to help people.

"I am just passionate about making a difference and helping in every way that I can. I want to make a significant impact, by educating to reduce the



Shannon Harden is the new Staff Victim Advocate for the Sexual Assault Prevention and Response program on board Naval Construction Battalion Center (NCBC) Gulfport. Harden's responsibilities include training advocates, facilitating indoctrinations and stand downs and advocating support for victims of sexual assault. (U.S. Navy photo by Construction Electrician Constructionman Lucinda L. Moise/Released)

amount of sexual assaults and helping people get through it," said Harden. "Being the first person in my position, I want to create a legacy and make it so that whoever comes after me has big shoes to fill," said Harden.

NCBC Sexual Assault and Response Coordinator Michael Jordy believes Harden's position is very relevant and beneficial.

"In the way SAPR training

is evolving, the position became necessary. She's been a wonderful addition. She had experience in victim advocacy and her heart is in her work," said Jordy.

The SAPR office is located at the Fleet and Family Support Center (FFSC). For more information on the SAPR program or to contact a victim advocate, call Shannon Harden at 228-871-3566.

Petty Officer Selectee leadership courses receive an update

By Susan D. Henson
Center for Personal and Professional Development Public Affairs

Updated versions of the Petty Officer Selectee Leadership courses have been released, said the courses' manager at the Center for Personal and Professional Development Aug. 20.

Chief Aviation Boatswain's Mate Handling (AW/SW) James Priest, manager of the courses, said that the changes were announced in Naval Administrative (NAVADMIN) message 207/13 and applies to Petty Officer Selectee Leadership Course (POS LC), Petty Officer Second Class Selectee Leadership Course (PO2SLC), and Petty Officer First Class Selectee (PO1SLC) Leadership Course.

"As the NAVADMIN said, we added Sexual Assault Prevention and Response and Combat/Operational Stress Control modules to the courses, per Chief of Naval Operations the Defense Department instructions, as well as the National Defense Authorization Act for Fiscal Year 2012," he said. "Commands must update their curricula to ensure they are teaching the correct version of these courses to newly selected E-4 to E-6 petty officers."

The NAVADMIN references the instructions, which directed the military services

to include Sexual Assault Prevention and Response training and education in all leadership training and also that the training be tailored for each leadership level.

The services were additionally directed to ensure leaders serving at all levels understand Combat/Operational Stress Control Policy and management strategies.

"Commands will need to go to NKO to download the updated courses, then follow the directions in the change letters to make the required changes to integrate the new content into the printed leadership course materials they already have. Or they can download the entire revised courses with the changes already made," Priest said.

Capt. John Newcomer, CPPD's commanding officer, said the course revisions were a top priority for the CPPD curricula development team. "Our Training Directorate team members worked hard to deliver this revised content as soon as possible for fleet use," he said. "SAPR and OSC are both timely issues for the Navy to address. Completing these necessary course updates supports CPPD's goal to provide training that will equip Sailors to think critically, act responsibly and lead proactively to meet the ever changing global challenges our Navy faces every day."

Power Outage Saturday! A power outage will occur Aug. 24 that will effect the west side of NCBC, including Woodlands I and II. The outage will be from 7 - 7:15 a.m. Sorry for the inconvenience.

From BENEFITS page 2 with their chain of command to determine the appropriate number of days of leave. The number of days would be typically given to access the closest state. If Sailors desire travel to states that are further away, they can take annual leave in conjunction with the non-chargeable marriage leave if operational requirements permit.

When will same-sex

spouses be able to receive benefits? Will they be retroactive to the date of the Supreme Court decision?

The department will recognize all marriages that are certified with a valid marriage license. Spousal and family benefits, including ID cards, will be made available to same-sex spouses on Sept. 3, 2013.

Entitlements such as basic allowance for housing

(BAH), family separation allowance and medical expenses are retroactive to the date of the Supreme Court's decision, June 26, 2013. Any claims to entitlements before that date will not be granted. For those members married after June 26, entitlements begin at the date of marriage.

DEERS/Rapids sites are still being reprogrammed and ID cards will not be

available until Sept. 3, 2013. As TRICARE enrollment is tied to DEERS, it is highly recommended that service members consult with a TRICARE representative regarding benefit implications.

What about overseas tours? Will a same-sex spouse be able to accompany the service member on an overseas tour?

In accordance with DoD

policy, all service members will continue to be eligible for world-wide assignment without consideration of sexual orientation. However, foreign countries may have laws that do not recognize same sex marriage. The Department of Defense is working with the Department of State to develop assignment guidelines. More information will be provided as it becomes available.

NMCB 1 continues partnership with Gulfport school

By Chief(Select) Mass Communication Specialist Kim Martinez
 NMCB 1 Public Affairs

Sailors from Naval Mobile Construction Battalion (NMCB) 1 volunteered at Gulfport Central Middle School here, Aug. 16, to support the school's sixth-grade orientation.

The Sailors passed out schedules to the students and their parents who also attended a brief meeting with school administrators about the upcoming school year.

According to Michael Battle, Gulfport Central Middle School principal, the Seabees have been mentoring and volunteering with the middle school students for several years.

"We signed a compact with NMCB 1 a few years ago and they have done a great job with our children. Today, they are helping with our school's orientation and they will also be back to help direct traffic in the hallways on the first day of school," said Battle. "The partnership between the military and the community is important because Gulfport

is a military community and a lot of our students have military parents. We found that when the children and parents see the military uniforms in the building, they feel more secure in the building. It helps the military children, who have to move around so often, feel a part of something."

Lt. David Jones, NMCB 1 Chaplain, who coordinated the volunteer event, said that the group of Sailors was eager to help school administrators deal with some of the logistical challenges that come along with the beginning of the school year.

"Today, we are giving the sixth grade students their schedules and freeing up the teachers so they can be in their classrooms to interact with the students," said Jones. "We are taking on an administrative role passing out the schedules and helping the children complete forms to change their classes if needed," said Jones.

Jones said that opportunities to volunteer in homeport are limited, so the Sailors took advantage



Sailors from Naval Mobile Construction Battalion (NMCB) 1 distribute a class schedule to a student and her mother during sixth-grade orientation at Gulfport Central Middle School Aug. 16. NMCB 1 volunteered to assist the school officials with the administrative portion of the orientation, freeing the teachers up to meet with their students. (U.S. Navy photo by Chief(Select) Mass Communication Specialist Kim Martinez/Released)

of this opportunity to assist the school.

"Seabees and military people in general have a desire help and to serve, so to have a place where we can give back is really important for the Sailors well-being as much as the students."

Jones' sentiments were echoed by the NMCB 1 Sailors who spent a few hours at the school volunteering.

"It is important for us to volunteer in the community because we live here too and it is important

for the residents here to know we are more than just what they see of the military on T.V.," said Engineering Aide 3rd Class Gabriel Jimenez, NMCB 1 Headquarters company. "We want to show them that there's people who care behind the uniform and that we are here for them."

"This is my second time volunteering here and the children enjoy seeing us here in uniform and helping out," said Yeoman 2nd Class Bruce Armond. "They have a good time

with us and it shows that we are not just a big base with a chain linked fence around it, but that we are out here helping the community."

NMCB 1, "The First and the Finest," is currently conducting training in preparation for its upcoming Pacific deployment. The battalion also has partnerships with several other schools in the greater Gulfport community and plans to continue its volunteerism efforts throughout the rest of this homeport.

Race Engines, Dirt Bikes, ATV's, Cigarette Boats, Zodiacs

Are you up to the challenge of hard work and repairing unique SOF equipment? **Naval Special Warfare Development Group** is seeking active duty Construction Mechanics and all other

Seabee rates who are:

Motivated/Volunteer

Pass Navy PFA

E4 - E6

No NJP

No Bankruptcy

Able to obtain SECRET/TOP SECRET clearance



Email us at !DEVGRURecruiting@vbsocom.mil or contact your detailer to request additional information

LADD - Leaders Against Drunk Driving

LADD is a program sponsored by the CBC/NCG2 First Class Association. The mission of LADD is to prevent drunk driving on board NCBC Gulfport by providing rides for any service member who needs assistance getting home after an outing that involves alcohol. **LADD is strictly confidential - no reprisal!** LADD will take individual home only - no stops. Volunteers who stand the watch are on call 24/7. It is always important to have a plan in place when going out in town, but if your plans fall through, please call and we will pick you up.

Call 228-239-9007



WE BUILD ★ WE FIGHT

SEABEE Online

United States Navy

OFFICIAL ONLINE MAGAZINE OF THE SEABEES (seabee magazine.navy/live.dodlive.mil)

Focus on Education

School Partners



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 1 pose with students from Gulfport Central Middle School during sixth-grade orientation Aug. 16. The Sailors volunteered to distribute schedules to the students and their parents during the event. (U. S. Navy photo by Chief(Select) Mass Communication Specialist Kim Martinez/Released

Want better grades? Follow these tips!

From NAPS

If you are a student, these tips could help you make the grade:

1. Make a to-do list every day. Put things that are most important at the top, do them first and check them off.
2. Use spare minutes wisely. Get some reading done while you're standing in line, commuting on a bus or train, or waiting for something to start.
3. Find the right time to study. You'll work more

efficiently if you figure out when you do your best work.

4. Review your notes nightly. This reinforces what you've learned, so you'll need less time and effort right before a test. You will also be ready if you get called on in class or there is a pop quiz.
5. Get homework help. There are many apps out there that can help solve the toughest homework problems. Got deadlines? There are apps for managing those also.

NCBC School Liaison Officer Kevin Byrd
MWR, Building 352, 1706 Bainbridge Ave
Phone: 228-871-2117
Email: kevin.r.byrd@navy.mil

August 22, 2013

From MCPON page 1

has provided professional and solid training that these future leaders need in order to be effective Chiefs. CPO 365 Phase II is an opportunity for our First Class Petty Officers to display to the CPO Mess the skill-sets that they learned during Phase I.

Q: Talk about the CPO 365 Stand Down...

A: I received two letters alleging that inappropriate conduct is taking place during CPO 365 Phase II. Upon initial look, I think that we have a few CPO Messes operating outside of CPO 365 Guidance. I directed all CPO Messes to stop training from Monday 12th and resume on August 14th. This gave commands and all CPO Messes a chance to review CPO 365 Guidance and the Navy's policy on hazing.

We should never think that we are above the law, if we think that CPO selectee training cannot be shut down - we are wrong. If we want to be responsible for training our future Chiefs then we must do it in a professional manner. I want to reemphasize - I believe that the large majority of the mess is doing the right thing and for that I want to thank you, however, know that any formal complaints will be fully investigated.

Q: What is the ultimate goal with CPO-365?

A: The ultimate goal of CPO 365 is to train our relief to the best of their ability. To have

meaningful and practical training that reflects the times of our society and that will make our future leaders capable under pressure and able to successfully complete any mission they are called to do.

Our leaders are held accountable as they should, and being a Chief Petty Officer isn't for the weak of heart nor lazy of mind and body. It requires us to be "all in, all the time". We are called upon at all levels of our Chain of Command and again, a few short weeks isn't enough time to cram all of the wisdom within the CPO Mess into a CPO Selectee. It should be happening throughout the year.

Q: What do you say to the negative feedback you've received about CPO 365?

A: Anytime you change something, there will be rumblings, make no mistake about it. Some folks can think back to when we de-segregated the military, the nay-sayers said that was the end of the Navy as we knew it! Our Navy thrived. Remember when we put women on ships.

The nay-sayers hollered that was the end of the Navy! Women are now leading our Navy and have been become solidified members on the battlefield. It comes with the territory of being the Master Chief Petty Officer of the Navy. Not everyone will agree with your decisions.

Q: Do you see any more changes to the program, or to the final few weeks of the

program for selectees? Are you content with setting guidelines and letting commands determine the final chapter in the process?

A: I have no intentions of making any significant changes to CPO 365 and want to provide every CPO Mess an opportunity to become experts at what we currently have in place. I place a great deal of faith and confidence in each CPO Mess to ensure the training that we are conducting rests within the guidelines provided.

Q: In your opinion, is CPO-365 the best way to train the Navy's future leadership and why?

A: At this particular point of time in our history, I believe CPO 365 provides us with the best training opportunity. However, I am also confident that in time CPO 365 will also change because that's what we do, we constantly evolve. I'll be a retired MCPON years from now and there will be a new name, a new process, and new way of doing business to train our Chiefs. I'll trust that it was put in place because the times that our future Sailors will serve necessitate that.

CPO 365 is about our moment in history more than it is about my belief that this is the absolute right way to do it. I believe it's the right way to do it today, but I certainly can't speak for the future.

Seabee Courier

'The Meat & Potatoes of Life'

By Lisa Smith Molinari
Special Contributor

She's a Rich Girl

In the darkness of Room 318, my husband's gravely snore could be heard over the rattle of the air conditioner. Normally unable to sleep with any kind of racket, I was out like the proverbial light, my mouth agape from the utter exhaustion that comes with moving.

Middle-age didn't help either.

Our son, draped over the makeshift bed we created for him out of hotel chair cushions and extra blankets, tinkered on his laptop, chatting with Facebook friends about the new school he will enter in the fall.

In an identical room one floor above, silently laid my mother -- who had come to help us move in to our assigned base house -- nestled tightly between our two daughters.

"Grammy?" our youngest whispered in the darkness.

"Hu, wha?" my mother came to, her tired eyes at half-mast.

"I don't wanna move here."

"Oh, Sweetie," my mother tried to regain lucidity, "I know you're going to miss your sunny house in Florida, but you'll love all the seasons in Rhode Island. Now, try to get some sleep . . ."

"Well, I'm OK with that. It's just that . . ."

"I totally understand, Lilly -- snow gets me down sometimes too, especially during February and March. And when it snows on Easter -- I have half a mind to catch the next Greyhound bus to the Bahamas. And another thing . . ."

"No, Grammy, I . . ."

"But think of all the sled

riding you're going to do!" my mother offered, attempting to recover from her self-absorbed rant.

"I'm not talking about that, I . . ."

"Oh, I get it now, you're worried about your new school being too hard."

"Well, no, I'm kind of afraid of . . ."

"The dress code?"

"Not . . ."

"Bullies?"

"No . . ."

"Boys?"

"GRAMMY! Listen to me!"

Lilly blurted in a hybrid whisper-scream so as to not wake her older sister.

"I'm sorry, Sweetie, what are you afraid of? Grammy's all ears."

In the silence, Lilly tried to pinpoint her feelings about going to private school for the first time, living in a New England resort community, and going from flip-flops and hush puppies to Topsiders and lobster.

"I'm scared, because all the people here are rich," she finally admitted, "and we're not."

Surprised by Lilly's admission and exaggerated perception of reality, my mother scanned the recesses of her half-conscious mind for an appropriate response.

"Don't be so materialistic, Lilly," her older sister, Anna, suddenly blurted from the opposite side of the bed.

Grammy chuckled at the irony that Anna, who had been obsessed with making money for shopping since she went door to door selling her old baby dolls in the first grade, would admonish her sister for concerning herself with money.

"It's not funny, Grammy,"

Lilly pouted, feeling embarrassed and ganged-up on.

"Oh, Lilly," Grammy pulled her closer, stroked the soft butterscotch hair away from her face, and allowed the words to flow without aforethought.

"You're right. Your Dad doesn't make tons of money -- he chose to serve his country even if it meant taking a lower salary than he could make outside of the military. And your mom put aside her career as an attorney to follow him and raise you kids. No, your family doesn't have a lot of money like some of the folks in this town."

"But you know what?" she waited for replies from the pillows flanking her own head.

"What?" the sisters said in hushed unison.

"Rich' people might have big bank accounts and vacation homes in the Caymans, but those possessions aren't really worth much in the whole grand scheme of things. What matters more is the value of your life experiences. Living all over the world, courage, patriotism, sacrifice, honor, camaraderie, respect, service -- that's the stuff that money can't buy."

Before Mr. Sandman lulled them all back to Lala Land, Grammy kissed her granddaughters on the head and eked out one final edict:

"Lilly, you're a military kid -- hold your head up high, because you're the richest girl in town."

Get more wit and observations from Lisa at her blog, <http://www.themeatandpotatoesoflife.com>

LifeWorks @ Balfour Beatty Communities September

Grandparents Day Kids Craft

Bring the kids to make a Grandparents Day goodie! 609 Palm Court located in the Pinewood Community Sept. 5, 4 - 6 p.m.

New Mom's Meet & Greet

Are you a new mom or expecting soon? Come join us for a meet & greet! 609 Palm Court Sept. 12, 2 - 4 p.m.

Ladies' Pinterest Party

Come and make your own Chalkboard Frame! This is going to be fun! BBC will provide some frames, but if you have a frame that you would like to turn into a chalkboard, feel free to bring it! 609 Palm Court Sept. 18, 5:30 - 7 p.m.

Bark at the Park

Join us as we celebrate National Dog Week with a play date at the park! The Humane Society of South Mississippi will be there with adoptable puppies! Bring your dogs to the dog park which is located near the paintball fields on base. Sept. 25, 4 - 6 p.m.

Retiree Meet & Greet

We would like to invite all retired residents that live on base to attend a meet & greet! Please bring a dish to share to 609 Palm Court. Sept. 24, 5 - 7 p.m.

Terracycle

We need your help! We need your empty plastic shampoo bottles, make up containers, toothpaste tubes, plastic hairspray bottles, hand soap bottles, any plastic personal beauty container! We ship these items to Terracycle and they create new products from your old packaging. Terracycle donates \$0.02 for every bottle we ship to The Humane Society of mail to: lladner@bbcgrp.com South Mississippi. Please help us, help the animals! We participate in Terracycle year round.

Refer-a-Neighbor

Do you know a family that would benefit from living on base? Send them to us and once they sign a lease you will receive a \$200 Thank-you within 7-14 days!

Resident Participation in all Lifeworks activities is voluntary and all activities, seminars, & events are FREE! Please feel free to email lladner@bbcgrp.com if you have suggestions. Be sure to like us on Facebook to stay updated. Search "NCBC Gulfport Homes."

Blood Drive Aug. 22

A Red Cross Blood Drive will take place Aug. 22 in two locations:



Seabee Memorial Chapel, 8 a.m. - 1 p.m. and Liberty Center, noon - 5 p.m.



Summertime Fun



8 Weeks of Family Fitness Classes

July 13th – August 31st



Fitness Center Saturday Mornings

All age groups are welcome! Parents must participate with their children.
Join us for one or both!

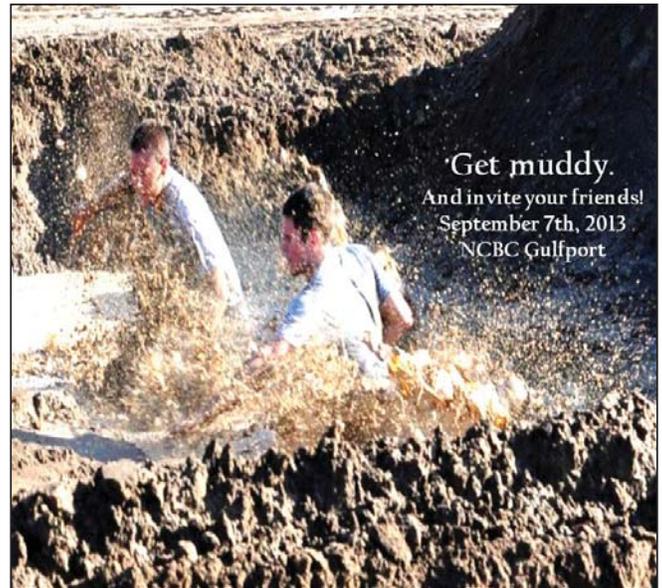
Call 871-2668 for more information



Aquatic Cardio
1030-1115 In the Pool



Cardio Fun
1130-1215 In the Gymnasium



Get muddy.
And invite your friends!
September 7th, 2013
NCBC Gulfport

*** ITT is now SOLD OUT of all Saints tickets! There are still parking passes available to each game - Call 228-871-2231 for details.***

MWR program contacts

- Anchors and Eagles, 228-871-4607
- Auto Skills Center, 228-871-2804
- Beehive All Hands Club, 228-871-4009
- Child Development Center, 228-871-2323
- Fitness Center, 228-871-2668
- Information, Tickets & Travel, 228-871-2231
- Liberty Center, 228-871-4684
- Seabee Heritage Center, 228-871-3619
- Navy Outdoor Recreation, 228-871-2127
- Shields RV Park, 228-871-5435
- The Grill, 228-871-2494
- Training Hall, 228-871-4750
- Youth Activities Center, 228-871-2251
- Main Office, 228-871-2538

Be in the know about the fun



Go to **NCBC MWR**



facebook



www.facebook.com/gulfportmwr

Free Movies at the Training Hall!



Check out what's playing this week!

- Friday:** Iron Man 3, PG13, 6 p.m.
- Saturday:** Over the Hedge, PG13, Noon; Star Trek into Darkness, PG13, 2:30 p.m.; Tyler Perry's Peeples, PG13, 5:30 p.m.
- Sunday:** The Hangover Part 3, R, 6 p.m.

NCBC Helping Hands volunteer opportunities

VOLUNTEER TEST MONITORS -- Central Elementary School off Pass Road is looking for volunteers Aug. 27-29 to be test monitors from 7 a.m. to noon each day. Call the principal, Mrs. Bush, at 228-865-4642 if interested in helping out

DISABILITY CONNECTION COMMUNITY PLAYGROUND RIBBON CUTTING/BACK TO SCHOOL BASH - Volunteers are needed Aug. 23, 10:30 a.m. - 1:30 p.m. to assist with special needs children during this event at the Bruce Ladner Memorial park on Highway 53, just west of Highway 49 in Gulfport. Prior soccer or special needs sports experience or coaching is helpful, but not a requirement. To volunteer, or for more information, please contact the Disability Connection Office at 228-604-4020 or office@disabilityconnection.org.

CITY OF GULFPORT - Volunteers are needed to assist with Gulfport's annual Family Day in the Park at Jones Park, Sept. 1, from 2 - 6 p.m. Duties include setting up an obstacle course for kids, as well as assisting with other children's activities. Contact Katie King, 228-868-5881.

BILOXI YACHT CLUB - Volunteers

are needed to help with set up and take down at the Maritime Museum Drawdown at the Biloxi Yacht Club, Sept. 21, from 5 - 8 p.m. or 10-11:30 p.m. If you can assist, please call Megan Seymour, 228-435-6320 or seacamp@maritimemuseum.org.

USS ALABAMA NEEDS HELP - The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama, anchored in Mobile Bay needs help from individuals that can work with wood, steel and concrete for work aboard ship and around the grounds. Work includes, but is not limited to: constructing 10 picnic pavilion covers, roofing a 40 by 20 maintenance shed, fabricating display cases. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

BILOXI VA AMBASSADORS - The Biloxi VA is trying to get volunteers in uniform from 7 a.m. To 2 p.m. on a daily basis to help with a new program. The volunteers will provide assistance to Veterans entering the medical center by helping with directions and general information and whenever possible, escort the Veterans and family members to their

destination. Call Sharon Ladner, 228-523-5786 or Susan Smith, 228-871-3640 to help.

USO GULF COAST - Interested in volunteering? We need volunteers every day to assist at our centers throughout the military community. Whether you're interested in providing coffee and conversation to our traveling troops or assisting in deployments, the USO Gulf Coast has a special opportunity for you. We are also looking for volunteers to assist in community outreach events scheduled throughout the year. To become a USO volunteer, you'll need to create a volunteer profile through www.uso-volunteer.org. This website allows you to keep track of your hours and if you move to another location your hours will transfer with you to any USO in the world. For more info, contact USO Gulf Coast's Program Manager, Nicole Lewis at nlewis@uso.org. **NAVY MARINE CORPS RELIEF SOCIETY** - The NMCRS Thrift Store is experiencing a severe shortage of volunteers to work at the Thrift Store in August. If you are interested, please call 228-871-2610.

COAST SALVATION ARMY - Vol-

unteers are needed for various projects throughout the year. Contact Shawna_Tatge@uss.salvationarmy.org if you have a bit of spare time to help out.

HELP SENIORS AND DISABLED CITIZENS - Harrison County RSVP needs retired plumbers, electricians, carpenters, skill and unskilled laborers to join a team of handymen/women. If you are interested in helping in the community, call Mag Holland, 228-896-0412.

CRUISIN' THE COAST VOLUNTEERS - Cruisin' The Coast is in need of volunteers to help out with traffic, parking and general hospitality at Cruise Central (Former VA property in Gulfport), Oct. 7-13, and in Pass Christian, Oct. 10-12. Sign up in Public Affairs in building 1 room 205.

GULFPORT BOO BASH - The city of Gulfport is holding their "Boo Bash" Halloween event Oct. 19 from 6 to 9 p.m. at Jones Park, and is requesting volunteers to build/create a haunted trail along one of the small sidewalk circles in conjunction with the event under the pavilion. If you would like to volunteer, please contact Brittany Dyess at: (228) 868-5881.

Seabee Memorial Chapel



NCBC Center Chaplains:
Lt. Ammie Davis, Chaplain
Lt. Yoon Choi, Chaplain

For more information about Chapel programs, please call the Chapel at 228-871-2454

Religious Services

Sunday: Gospel: 8 a.m., Catholic Mass: 9:30 a.m.,
Protestant: 10:30 a.m.

Weekday Mass: Tuesdays at 11:15 a.m.

Chapel Offerings

Looking for a church?

The Seabee Memorial Chapel holds services every Sunday to suit your needs. Protestant Services include a Gospel Service at 8 a.m. and a Worship Service at 10:30 a.m. Catholic Mass is at 9:30 a.m., on Sunday and the Chapel also holds a weekly Mass on Tuesday at 11:15 a.m.

Seabee Pantry

The Seabee Pantry is a valuable resource for those families needing a little extra assistance during the month. Please donate as many canned goods and other non-perishable items as possible. Donation drop-off sites are located at the Navy Exchange, Chapel, Commissary, Fleet and Family Support Center (FFSC) and Armed Forces Retirement Home.

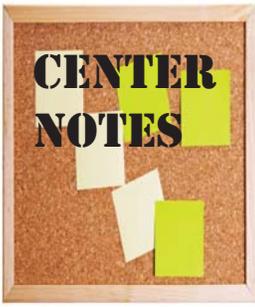
Praise and Worship

The Seabee Memorial Chapel is looking for new members for the Praise and Worship Team for the 10:30 a.m. Worship Service and the Gospel choir at 8 a.m. If you can sing or play an instrument, you are

invited to share your gift.

Feds Feed Families Food Drive

The annual DoD, Feds Feed Families Food Drive, www.fedsfeed-families.gov, is taking place through September. Food banks across the Nation are facing severe shortages of non-perishable food items, just as summer begins and children are left without school supplied nutrition programs. Federal employees and members of the uniformed services are stepping up to meet this challenge by gathering food for families in need. The CBC Chapel hopes you will donate any non-perishable goods to help us meet this National goal. NCBC food donation drop off locations are NCBC Commissary (special prepackaged bags of food are available for purchase), Seabee Memorial Chapel, Navy Exchange, Fleet and Family Support Center, Command Quarterdeck, and Navy Gateway Inn. Please contact the chapel at 228-871-2454 for more information.



SUPPORT

Family Readiness Groups

NMCB 1 FRG invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and babysitting is provided during deployment. Contact FRG President Jenny Richter, e-mail nmcbonefrg@gmail.com. **NMCB 11 FRG** For more information regarding the NMCB 11 FRG, please visit Facebook, nmcb11frg or email us at nmcb11frg@gmail.com.

NMCB 74 FRG All families of NMCB 74 are invited to the 74 FRG meeting the third Monday of each month. Meetings are at the MWR Youth Activities Center, building 335, behind the Grinder on NCBC. Socializing begins at 5:30 p.m., and meetings begin at 6 p.m. Bring a covered dish to share at our potluck dinner. Children are welcome. Email nmcb74fsg@yahoo.com or visit our Facebook page at "NMCB74 Fearless FRG" for details.

NMCB 133 FRG invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children

are welcome and babysitting is provided. Please bring a dish to share. For more information, contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

FOCUS

Families OverComing Under Stress (FOCUS), provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email Gulfport@focus-project.org

Gulfport Officer's

Spouse Club The Gulfport Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@yahoo.com. We hope to see YOU soon!

Navy Wives Clubs of America, Inc.

The Navy Wives Clubs of America, Inc. is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit www.navywivesclubsof-america.org for more information on NWCA.

NMCRS The Navy-Marine Corps Relief Society Thrift

Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous

The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.

TRAINING

Naval Sea Cadets The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Contact Lt.j.g. Bowling at 228-313-9035 or coachcb@yahoo.com for more information.

PMI MEMBERSHIP DRIVE

The Project Management Institute (www.pmi.org) is recruiting project planning professionals for membership into the PMI Southern Mississippi Chapter. PMI is one of the world's largest not-for-profit membership associations for the project management profession. Their professional resourc-

es and research empower more than 700,000 members, credential holders and volunteers in nearly every country in the world to enhance their careers, improve their organizations' success and further mature the profession. Contact Mike Saunders at saundersmt@earthlink.net or Len Krapcha at Ikrapcha@aol.com for more information.

SOCIAL

Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee

is seeking members. Meetings are held the first and third Wednesday of the month at 9 a.m., at the Seabee Memorial Chapel. Contact BU1 Jerma Cloude, 228-871-2454 for details.

VFW Post 3937 Long Beach

is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from Noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood Night, the remaining Fridays are Steak Night. Breakfast is served from 7 to 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of the month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602 for info.

VFW Post 4526 Orange Grove

is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at 7

p.m. All are welcome and encouraged to attend. Call 228-832-0017 for more info.

NMCB 62 Alumni Group Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member, go to <http://nmcb62alumni.org> or for links to Seabee historical sites.

D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more about our organization.

Navy Seabee Veterans of America (NSVA) Island X-1, Gulfport is always looking to add new members. You do not have to be retired to be a member. If interested, please contact Eugene Cowhick at eugene.cowhick@-navy.mil, 228-871-2488 or Robert Smith at Robert.p.smith5@navy.mil, 228-871-2436. If you are already a member, please join us on the second Thursday of each month at 6 p.m. in the A&E Chiefs and Officers Club, NCBC Gulfport, for the Monthly Island X-1 business meeting. For more information on NSVA Island X-1, visit www.nsva.org.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m., The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at www.seabeesmuseumstore.org or call the gift store for more information at 228-871-4779.

Looking for a way to serve your community?

Interested in a law enforcement career?

If so, consider volunteering your off duty time and become a Gulfport police

Reserve Officer or a Reserve Community Service Technician.

Call Lt. Phillip Kincaid at 228-868-5900, ext. 6189 or email him at pkincaid@gulfport-ms.gov for additional information.



GULF COAST USO

901 CBC 3rd Street, Building 114, 228-575-5224
Free services: FAX - Send/Receive: 228-575-5225, Copies, United Through Reading program, Computers with web cams, Internet/email access, X-Box

Office hours: Monday - Friday, 8 a.m. - 4 p.m.