

# SEABEE COURIER

www.cnic.navy.mil/gulfport

Vol. 53 No. 24

Naval Construction Battalion Center, Gulfport, Mississippi

June 6, 2013

## NMCB 15 continues to meet the Seabee mission in Afghanistan



**CAMP LEATHERNECK, Afghanistan - Seabees assigned to Naval Mobile Construction Battalion (NMCB) 15's Convoy Security Element construct a bunker project in support of the Afghanistan National Army. NMCB 15 is currently deployed in support of Operation Enduring Freedom and is an expeditionary element of U.S. Naval Forces that support various units worldwide through national force readiness, civil engineering, humanitarian assistance, and building and maintaining infrastructure. (U.S. Navy photo by Mass Communication Specialist 2nd Class Daniel Garas/Released)**

See story on page 7

## PTS - Out! Career Navigator - In!

### *Navy drastically alters reenlistment process*

**By Terrina Weatherspoon and MCC Christopher Tucker**  
Defense Media Activity - Navy

The stories are out there. Talented Sailors sent home because they had been denied approval to reenlist. While attempting to balance the force, foundations for Sailors across the Navy were being rocked to their core.

Now that some of the smoke has cleared, the glasses are being readjusted to focus on the way ahead.

Step one - dismantling Perform to Serve.

Through the Navy's newest career management program, Career Navigator launching June 3, a new reenlistment process more advantageous for Sailors has been created.

Under this new program, all eligible and command-approved E-6 Sailors will be approved for reenlistment on their first application.

While there is still a need to tell

the career counselor of Sailors' intentions, if they desire to reenlist and have command approval to do so, they will be given reenlistment approval on their first application.

For eligible Sailors E5 and below in skillsets or ratings that are open (formerly known as undermanned), 100 percent will receive approval to reenlist on their first application.

E5 and below Sailors in skillsets or ratings that are balanced or competitive (traditionally over-manned), or that have special requirements such as the nuclear community, will receive information sooner about their ability to reenlist in rate, or opportunity to convert to a different rate or transition to the Reserve Component. Many of these Sailors will also receive approval to reenlist on their first application depending on the manning in their year group.

See **NAVIGATOR** page 5

## Special Olympics



June 8, 9 a.m.

Fields next to Fitness Center

Come out and support the athletes

*"Let me win, but if I can not win let me be brave in the attempt"*



**NCBC**  
**Commanding Officer**  
 Capt. Rick Burgess  
**Public Affairs Officer**  
 Rob Mims  
**Editor**  
 Bonnie L. McGerr  
**Mass Comm. Specialist**  
 MCC(SCW/SW/AW)  
 Ryan G. Wilber  
**Special Contributors**  
 CECN(SCW) Lucinda Noise  
 UTCN Alicia Fluty

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# Commentary

## Memorial Day Reflections

By **BUCN Thomas Perez Jr**  
 NCTC Builder Class BU13470

This weekend, we in America, remember and honor the heroes that heard the call to serve our country, and honored that call with a sacrifice.

Some of our country's patriotic hearts made the ultimate sacrifice.

Today, many of us honored that sacrifice with time, appreciation, and prayer. Today, we paid homage by reuniting the tombstones of the great men and women that fought for our country with the great American flag that they all fought for.

Many of our country's heroes of today are currently deployed, continuing this great commission: ensuring that our freedoms aren't taken away, that America is exceptional because of their sacrifice, and that American exceptionalism is known throughout the World.

The different, diverse people of this country: young and more mature, civilian and military, and of various races and creeds, gathered together with American flags in hand to re-

mind each other that we will not forget the reason we can all have the rights to freedom that we all enjoy.

We all set small American flags of great significance before some of the greatest monuments this World has ever known. Those monuments are the tombstones of our fallen soldiers.

While walking through the memorial field, I saw many children walking around with a single parent, eager to honor the heroes that fought for them and the flag of America that they all fought for. I had the honor of handing one of those small, eager, hands a flag.

That young boy's mom had told me that his father was currently deployed, their two sons wanted to show how proud they were of their father and how they appreciated his sacrifice.

That father, and every other parent that has been or is deployed, has made a sacrifice of time away from their families. They miss birthdays, holidays, and other important events for family gatherings because they

love their families so much that they're willing to give that time up and use it to defend their families. All of those parents have had to sacrifice something, some of those parents have paid, or will pay the ultimate sacrifice.

While we were there, my comrades and I took pictures near the American flags and in front of the signboard that read "Biloxi National cemetery". It was a proud moment for all of us.

We were there, honoring those who have gone before us and given their lives for this country. We were proud and honored to exalt those who were dedicated to the cause of our great Nation.

Though today was the day that we celebrated the gift of the sacrifice of our fallen heroes, we will never cease to bring honor to them for the courage and commitment that was exemplified by them all. May we have the gratitude and appreciation everyday that we had today, never forgetting that our freedoms were paid for by the great sacrifices of our patriots. So let it be.



**Builder Constructionman Thomas Perez Jr is pictured with classmates at the Biloxi National Cemetery over Memorial Day weekend, May 25.** (Photo courtesy of Naval Construction Training Center/Released)

## Sexual Assault Victim Advocate Training

Are you the person that wants to help someone in need? Have you ever known someone that has been the victim of trauma resulting from sexual assault and did not know how to help? Become a SAPR Victim Advocate and learn to help your fellow Seabee or Sailor that needs support in a time of need. To register for the class contact your Sexual Assault Response Coordinator Michael Jordy at 228-871-3715 or at Michael.jordy@navy.mil. The class will be held June 17 - 21, 8 a.m. - 4:30 p.m., in building 60, room 105.

## Fraud, Waste and Abuse

**Hotline:** Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851 Comm: 904-542-4979 DSN 942-4979 FAX: 904- 542-5587, E-mail: CNRSE\_HOTLINE@navy.mil.

Due to the Government Furlough the NCBC Commissary will close on Mondays and Tuesdays in July



# Around the Center



Information Systems Technician 3rd Class Evan Meyer (left) and Information Systems Technician 2nd Class Darren Turner, both assigned to Naval Construction Group Two (NCG) 2, set up a Rugged Deployable Satellite (RDSAT) on board NCBC Gulfport, May 31. The RDSAT system is a deployable asset that allows a battalion to effectively communicate with email and phone services even when deployed to remote areas. (U.S. Navy photo by Utilitiesman Constructionman Alicia Fluty/Released)



Dave Jarvis, assistant store manager for RLCB ServMart Gulfport, assists a customer with a price quote over the phone at ServMart on board NCBC Gulfport, June 3. Store hours are: Mondays-Fridays, 7:30 a.m. to 3:30 p.m. The mission of RLCB ServMart is to empower people who are blind and visually impaired through employment opportunities and services to achieve social and economic equality. (U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)

# FREEZE FRAME

By UTCN Alicia Fluty, NCBC Public Affairs

## NCBC FRAMES Kenneth Raymond Auto Skills Manager MWR



FF: What single experience during your career stands out the most and why?

**KR: November 2011 when the ERB results came out stands out the most. I was very disappointed to not be able to complete my Navy career; however, it allowed me to be around my kids more often.**

FF: What has been your biggest motivation throughout your career?

**KR: My children have been my biggest motivation throughout my career. They**

**are the reason I chose my career path.**

FF: What advice would you give to future Sailors?

**KR: Set yourself apart from the rest of the workforce by doing what is required of your job without having to be told to. Don't let complacency drag down your job performance.**

FF: What is your favorite thing about working with the Seabees?

**KR: My favorite part of working with the Seabees**

**is doing what I enjoy: working on vehicles and assisting others with their auto work.**

FF: Who was your most influential mentor during your career, and why?

**KR: CMCS Samuel Green was my most influential mentor. He held individuals accountable for their actions and stood up for the troops when needed. He did not tolerate excuses but did respect honesty and integrity. That ideal is not always seen nowadays.**

**Naval History: 71st Battle of Midway Anniversary** In May 1942, Japanese Admiral Isoroku Yamamoto sought to draw the U.S. Pacific Fleet into a battle where he could overwhelm and destroy it. To accomplish this he planned an invasion of Midway Island which would provide a base for attacking Hawaii. Using decrypted Japanese radio intercepts, Admiral Chester Nimitz was able to counter this offensive. On June 4, 1942, U.S. aircraft flying from USS ENTERPRISE, USS HORNET and USS YORKTOWN attacked and sunk four Japanese carriers, forcing Yamamoto to withdraw. The Battle of Midway marked the turning point of World War II in the Pacific.

# Motorcycle riders find mentors on board NCBC

By MCC(SCW/SW/AW)  
Ryan G. Wilber

NCBC Public Affairs

The most recent change to the Navy's Traffic Safety Instruction, OPNAVINST 5100.12J, requires commands to set up mentorship programs for motorcycle riders. These programs are designed to give experienced riders the opportunity to teach new riders how to be successful on their bikes.

"Mentors are those who have been through it," said Stan Jones, Naval Safety Center motorcycle safety representative (MSR) and an advisor to mentorship programs across the fleet. "It's a mind-set. Experienced riders have the moral authority to provide tips on riding that the training courses don't have the time to go into."

Required training courses, such as the Basic Rider Course (BRC) and Military Sportbike Rider Course (MSRC), are designed to teach the basics of bike handling and risk management.

"Training provides the basic skills in a controlled environment, but mentorships are about getting out on the open road, in traffic, riding outside of the square box of a training course," Jones said.

On board Naval Construction Battalion Center (NCBC) Gulfport both the BRC and MSRC are offered through the Safety Department. Once trained and qualified, the rider can join others in their command and take part in the mentorship program.

Senior Chief Builder Joe Daniel, Naval Construction Training Center (NCTC) Charlie Company chief and MSR, leads the program for his command. Using a mixture of

monthly classroom training and practical experience through quarterly group rides, Daniel works to build camaraderie among the riders and encourages them to share their experiences.

"It [mentorship training] brings to light a lot of issues that newer riders, or people who don't understand it [riding] as much, may never find out on their own," said Daniel. Group rides are a good opportunity to go over some of the skills that we've talked about in the previous two months' classes. I'll try to plan the ride around what we've learned the last couple of months."

Jones suggested that Sailors look for mentors who ride the same type motorcycle. Sportbike riders should pair with other sportbike riders and cruiser riders should seek mentors who have experience on cruisers because the nuances of the bikes are different. Ricky Morgan, NCBC motorcycle safety rider safety coach, agreed.

It [having a mentor on the same type of motorcycle] helps, because then when they're watching you do things on a bike, the way you're going into a corner, you're path of travel, they pick up on it. ... A cruiser and a sportbike they don't handle the same. They go down the road the same way on two wheels, but they don't handle nearly the same," said Morgan.

Jones also suggested that the traditional rank structure of the Navy might be relaxed during mentorship discussions and rides.

"There will always be that respect for rank, but it's important to move from that mentality to a rider role. You don't want new riders to feel pressured. They should want to be



**Motorcycle rider coach Ricky Morgan, teaches students attending a Sports Bike Rider's course on board Naval Construction Battalion Center (NCBC). Navy traffic instruction, OPNAVINST 5100.12J also requires commands to set up mentorship programs for motorcycle riders.** (U.S. Navy photo by Construction Mechanic 3rd Class Katchen Tofil/Released)

there," Jones said. "When it comes to motorcycles, inexperienced riders come in all ages and ranks."

"A Second Class Petty Officer who grew up on sportbikes may be a mentor to a Chief who is just transitioning from a cruiser to a sportbike," said Jones.

The requirements for mentorship in the instruction leave a lot of latitude for commands to design their own programs. The instruction states, "Commands should tailor the motorcycle mentorship program to address the individual commands' training requirements, ridership, local area and resources available."

To that end, small commands with few riders are permitted to team up with other commands to maximize the mentorship opportunities.

General guidance, pre-ride inspections, and other topics and information for mentorship programs can be found at the Naval Safety Center's website at [http://www.public.navy.mil/navsafe/cen/Pages/ashore/motor\\_vehicle/Motorcycle](http://www.public.navy.mil/navsafe/cen/Pages/ashore/motor_vehicle/Motorcycle).

In fiscal year 2012, 20 Sailors and Marines lost their lives in motorcycle accidents. As of May 9, 2013, as the spring and summer motorcycle riding season was beginning, that number for fiscal year 2013 stood at 18. Department of the Navy leadership believes preventable deaths like these are simply unacceptable. They have reinvigorated Navy and Marine Corps efforts to ensure the safe use of motor vehicles and motorcycles with the expectation that senior Sailors and

Marines set the example of zero tolerance for: unsafe driving, failure to comply with requirements and regulations, and drinking and driving. Under the 21st Century Sailor and Marine initiative, it is expected that leaders at all levels will establish formal policy to ensure any drinking and driving infraction is properly reviewed prior to promotion.

For more information on Navy motorcycle safety policy and requirements, as well as a personal story of one rider who learned some important lessons the hard way, check out All Hands Magazine Online at this link: [http://www.navy.mil/ah\\_online/ftStory.asp?id=74217&issue=3&page=1](http://www.navy.mil/ah_online/ftStory.asp?id=74217&issue=3&page=1)

For the latest statistics on personal motor vehicle fatalities as well as narratives, visit the Naval Safety Center's website at: <http://www.public.navy.mil/navsafe/cen>

Help raise awareness by joining the conversation on social media using #NavySmartRide and #Motorcycle.

Safety is an important element of the 21st Century Sailor and Marine initiative which consolidates a set of objectives and policies, new and existing, to maximize Sailor and Marine personal readiness, build resiliency and hone the most combat-effective force in the history of the Navy and Marine Corps. The Department of the Navy is working to aggressively to ensure today's Sailors and Marines serve in the safest, most secure force the Department has ever known.

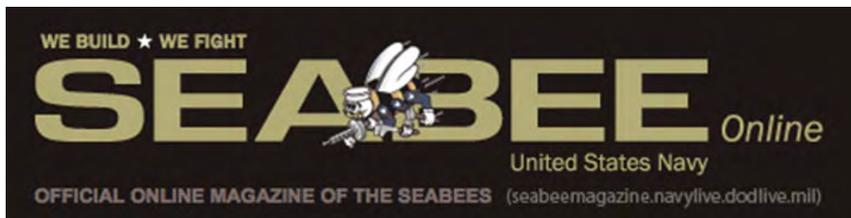
Source material by April Phillips, Naval Safety Center Public Affairs

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EO3 Birendra Adhikari  
 CE3 Kelly R. Barrow  
 SW2 Grant Cullumber  
 EO3 Brandon T. Eby  
 EO3 Alecia N. Graves  
 CE3 Nicole M. Lopez  
 YN2 Cody J. Macomber  
 CM3 Kimberly Mastropietro  
 MA3 Mark J. McKoan  
 MA1 Aaron J. Reavis  
 CE3 Rachel A. Shaw  
 UT3 Kreigh A. Steussy  
 CM3 Glen L. Tisdale  
 LS3 Lyndsay B. Van Zant  
 EO3 Victoria Waechter

## Congratulations to the NCBC Petty Officers selected for advancement.

**Bravo Zulu!**

From **NAVIGATION** page 1

Chief of Naval Personnel officials say they will update the manning status of every rating every two weeks to give Sailors an accurate view of where the stand in the Career Navigator system.

This is good news for most. With superstar Sailors being shown the door after consistent superior performance, many will be happy to see the reenlistment process evolve into something that is actually based on performance and left up to the command for approval for approximately 75 percent of the force.

Sailors in ratings that are balanced will be screened according to their year group manning, and some will be approved on their first reenlistment application, but others may have to apply more than once.

Sailors that are in skills that are in the competitive reenlistment category or that have special qualifications will be screened against others in their rating and year group who are applying to reenlist at that time. Even these Sailors will receive results sooner than under PTS.

"We have changed the criteria," said Fleet Master Chief April Beldo, fleet master chief for Manpower, Personnel, Training and Education. "It is based on rank ... performance evaluations and critical NECs, so that has definitely changed from the algorithm that we used to use."

Some Sailors in the fleet are weary that a push away from PTS

along with a final command-level approval for most will have negative consequences.

"The command already has a say on the member's PTS," said NCC Lailia Canlas, career counselor on-board USS Green Bay (LPD 20). "This may open up room for bias that cannot always be detected or controlled. By leaving the decision to someone who is not from the same command, the decision will be based on evaluations only, which is essentially a Sailor's resume. PTS holds Sailors accountable. The consequence of not performing was clear. Not everyone should be a Sailor."

The problem, said NCC Tim Hawkins, career counselor for the Navy Information Operations Command Maryland, is that people who should be Sailors were being denied reenlistment opportunities.

"If this new program will allow Sailors to be judged on their performance, and if COs aren't afraid to kick out a Sailor who is not performing, then I'm for it," said Hawkins. "Command approval was always needed, and there is a solid check list commands used to accurately determine a Sailor's eligibility, so as long as command career counselors are doing their jobs, this should be an easy transition."

However, Navy officials say the PTS program was a necessary tool that served a purpose during a time of extremely high retention and low attrition.

"Because of that we had 35 over-

manned ratings that represented over 6,000 Sailors," said Beldo. "And PTS was the avenue that the Navy chose to utilize to get the force back into balance . . . We now see our advancement at an all-time high. We are also now able to manage our ratings with the right skill sets for the right job with the right requirements."

CTI2 Jasmine Loran, with Navy Information Operations Command Texas, who has been denied reenlistment under PTS, is hopeful for the change.

"I'm in the 2008 year group, which has been completely dependent on PTS for orders and retention," said Loran. "I have seen phenomenal Sailors denied PTS [approval] because of the way the current system works. I was also denied on all three submissions despite having good evals, no PRT failures, and promoting early. Though I'm not sure a CO could be completely objective when it comes to approving or denying a [reenlistment] request, I do think having a more local system would be extremely beneficial. I love the Navy and I wish I could have stayed. I just joined in the wrong year apparently."

Sailors with a soft EAOS of July 2014 and after will be the first to really be able to take advantage of this program. For Sailors who have an EAOS through June 2014, there is a small change affecting them, but they will still be using the old system.

With a November 2013 or earlier

EAOS there won't be an impact. In these cases the member has already received final reenlistment determination, and there will not be a 'grand-fathering' of Sailors.

With a December 2013 through June 2014 EAOS there will be no change. The member is already in the application window and will continue the legacy process. However, the new business rules of screening Sailors based on Sailors screened using rank, evals, and critical NECs will be used instead of using the current PTS algorithm of rank, evals, critical NECs, PFA, and months to soft EAOS.

With this new design, which Sailors with a soft EAOS of July 2014 or after will truly be able to take advantage of, approximately 75 percent of Sailors requesting reenlistment will receive approval on their first application and all Sailors will know at least 10 months from the end of their contract whether they will be able to reenlist in their current rate. Sailors not approved to reenlist in rate will have additional time to apply to convert into another rating where opportunity exists.

All Sailors will have to indicate their intention to reenlist or separate with their career counselor 13 months in advance of the end of their enlistment contract. Sailors can still change their minds after this initial check-in. However, they should notify their career counselors as soon as possible regarding the change.

"Knowing Sailors' intentions is

critical to accurately predicting how many Sailors we will have in each skillset, rate and pay grade going forward," said Beldo. "This ensures the maximum opportunity to reenlist in rate for those Sailors who desire to stay, offers opportunities for Sailors to convert to a new rate or transition between "active/reserve" components, and improves advancement opportunity."

Career Navigator will change how the Navy does business - placing Sailors at the helm and allowing them to choose their course between reenlistment, conversion, or transition. They will have access to research career options for themselves in order to make informed decisions based around available opportunities.

"We're simplifying the process and providing information sooner, while giving our Sailors interactive capability that will enable more transparency and feedback capability and ultimately allow Sailors to be more actively involved in managing their careers," said Beldo.

"I'm very excited about where we are going with Career Navigator. The program provides the Navy with tools to help better manage the professional development of our Sailors," said Master Chief Petty Officer of the Navy Mike Stevens. "I would remind chiefs to continue taking an active role in assisting our Sailors and helping them stay informed of the career opportunities and career choices available."

See NAVADMIN 149/13 and 150/13 for more information.



## End of an era, 1NCD is decommissioned

By Daryl C. Smith  
1NCD Public Affairs

The First Naval Construction Division (1NCD), after over a decade of globally overseeing Navy Seabee efforts, was decommissioned during a ceremony at Naval Station Norfolk, May 31.

Rear Admiral Mark A. Handley, 1NCD commanding officer, also retired during the ceremony.

The guest speaker was Admiral William E. Gortney, commander, U.S. Fleet Forces Command. The decommissioning is part of a reorganization designed to improve headquarters alignment and consolidate the direct, formal relationship between the expeditionary forces and Fleet Forces Command/Pacific Fleet.

The 1NCD staff will be integrated into Navy Expeditionary Combat Command (NECC) to acclimate to the one Type Commander for all expeditionary forces, including to gain efficiencies by combining headquarters functions into one staff.

The newly created Naval Construction Groups (NCGs) in Gulfport, Miss. and Port Hueneme, Calif., now in the East and West Coast continuity for the Naval Construction Force (NCF), have inherited some of the previous 1NCD functions.

1NCD, located at Joint Expeditionary Base Little Creek/Fort Story in Virginia Beach, Va.,

was commissioned on Aug. 9, 2002 to organize, train, operate and maintain the NCF; to command and control Naval Construction Regiments; and to develop, coordinate and implement policy and requirements to man, equip and train Seabees.

Since originating, 1NCD has overseen a wide range of wartime, peacetime, humanitarian and disaster relief efforts around the world.

In 2003, the 1NCD deployed thousands of Seabees to Kuwait and Iraq, in support of Operation Enduring Freedom and Operation Iraqi Freedom, and also deployed to the region as a command element for the Marine Engineer Group (MEG), in support of the 1st Marine Expeditionary Force.

Seabee accomplishments included constructing a 20-acre airfield parking apron, two munitions storage areas, a 48,000 square-foot concrete pad, six bridges and five culvert crossings, a 32-kilometer road, and a 14,400-person prisoner-of-war camp.

In 2005, the 1NCD Seabees responded to the aftermath of the Hurricane Katrina devastation. Over 3,300 Seabees responded quickly to repair more than 100 schools, remove 20,000 tons of debris, and clear 750 miles of roads.

As the national strategy focus changed, 1NCD lifted and shifted over 10,680 tons of

equipment and 1,517 Seabees from Iraq to Afghanistan in 2009.

Starting in January 2010, 1NCD supported the surge of 30,000 additional troops into Afghanistan with one regiment and four battalions. With over 2,500 Seabees in Afghanistan, they completed more than 625 projects including new forward operating bases and combat outposts.

The 1NCD Seabees remained heavily involved in projects to promote peace through Theater Security Cooperation Programs (TSCP) in various countries around the world. Small groups of Seabees built and repaired schools and medical clinics, drilled water wells, and completed various other construction projects to improve the quality of life for people in need.

The devastation from Hurricane Sandy in October 2012, the largest Atlantic hurricane on record to strike the coasts of New York and New Jersey, prompted the 1NCD Seabees to help remove debris, clear roads, and repair waterfront facilities.

Rear Adm. Handley, the commander of 1NCD since Oct. 23, 2009, will retire after 32 years of Navy service. Previously, he was the vice commander for Navy Installations Command and Director of Shore Readiness for Deputy Chief of Naval Operations (Logistics.)

## NMCB 74 gear refresh prepares battalion for future

By BUCN Alexa Trafton  
NMCB 74 Public Affairs

Having recently returned from a six-month deployment in the U.S. Pacific Command (PACOM) area of operations, Naval Mobile Construction Battalion (NMCB) 74 brought their personal gear home with a little wear and tear after being heavily used for months while working on deployment projects.

In order to prepare for homeport training projects and exercises, the gear required a refresh to be inspection and operationally ready. The personal gear ensures all members of the command are at the highest level of readiness, capable of deploying anywhere to support the needs of the Navy.

Naval Construction Group (NCG) 2 personnel assisted NMCB 74 with the refresh, ensuring the process went efficiently as possible. The organized movement schedule made the transition smooth and allowed the entire battalion to be in and out as quickly as possible.

The battalion Supply Department diligently reviewed the issued gear and compiled the necessary refresh list.

"We wanted to make sure that we could get gear out to the troops quickly, to ease any training exercises that were coming up in the near future," said the S4A, Ens. William Gallagher, while watching the distribution of new Chemical, Biological and Radiological (CBR) gear. "We didn't want anyone to face the possibility of not being prepared for classes and exercises. There is far too much to do in homeport to let that happen," said Gallagher.

The new gear was much-improved over previous homeport issues and included new CBR masks and filter that were easier to see out of, new All-purpose Lightweight Individual Carrying Equipment (ALICE) packs with more space, Field Training Exercise (FTX) and Command Post Exercise (CPX) training gear.

With the new gear, the battalion's overall readiness and effectiveness has been greatly enhanced for future deployments.



The gear swap is necessary due to the wear and tear on equipment during NMCB 74's recent deployment. (U.S. Navy photo/Released)

# Convoy Security Element lives up to Seabee motto

By MC2 Daniel Garas  
NMCB15 Public Affairs

Seabees assigned to the Convoy Security Element (CSE), of Navy Mobile Construction Battalion (NMCB) 15 constructed an Ellis tower for the Afghan National Army (ANA) "soak lot," May 22, 2013, living up to their motto, "we build, we fight."

The lot contains vehicles that are incubated for a 24-hour period before entering the Shoraback complex.

"The construction of this tower is directly enabling the ANA to be self-sufficient once we leave," said Construction Chief James Warwick, CSE leader. "We are providing them their own soak lot and this will act as their Entry Control Point."

Builder 1st Class Chad Riegel noted that rapid build projects like this go hand-in-hand with the history of the Seabees and their philosophy.

CSE's primary duty is convoy security escort and static security at build sites.

Warwick explains that two years ago, the CSE team consisted largely of senior enlisted Builders and Equipment Operators. He realized the need for dispersing seasoned leadership throughout the battalion while balancing the di-

versity of the rates for his own team.

The result was a mobile, flexible build team that could deploy rapidly and provide its own security on site.

"Basically they were just re-manufactured as a small build team," says Warwick.

"The other missions that we've completed, we have been doing primarily security," said Riegel. "So this is the best of both worlds. We get a chance to get out and do some actual construction work."

Riegel also mentioned that the Seabees' unique ability to provide a rapid construction element while performing their own security sets them apart.

We bring a lot of different aspects to the game that civilian contractors don't. They need security. We can do our own security and do the work ourselves.

The prefabrication for the tower was built largely by junior sailors over an 18-hour period and provided an excellent opportunity to refresh skill sets. After the prefabrication was completed the tower was placed on the back of a flat-bed truck, transported to the construction site and lowered into place by a crane.

Warwick explained that the team



**CAMP LEATHERNECK, Afghanistan - Seabees assigned to Naval Mobile Construction Battalion (NMCB) 15's Convoy Security Element construct a bunker project in support of the Afghanistan National Army. NMCB 15 is currently deployed in support of Operation Enduring Freedom and is an expeditionary element of U.S. Naval Forces that support various units worldwide through national force readiness, civil engineering, humanitarian assistance, and building and maintaining infrastructure.** (U.S. Navy photo by Mass Communication Specialist 2nd Class Daniel Garas)

utilized an alternating system for their work schedule. While half the team worked on the job for four hours, the other half would be in the vehicles providing security while staying cool.

It's win-win. We're hitting that work-rest cycle, providing our own force security and minimizing the amount of people needed to do the construction in bulk," said Warwick. "I have no overhead. Everyone here is a direct labor at

one point or another."

From planning to completion, the project took just three working days to complete.

Builder 2nd Class Edward Stokka said that projects like this are motivating.

"There's a lot of satisfaction being here throughout all the phases," said Stokka. "From the planning to the construction phase, I really like seeing it all come together."

NMCB 15 is currently deployed to Afghanistan in support of Operation Enduring Freedom and is an expeditionary engineering element of U.S. Naval forces supporting units worldwide through national force readiness, humanitarian assistance, and building and maintaining infrastructure.

For all of the latest information about the Seabees of NMCB 15, follow them on Facebook by searching, NMCB 15.

## Race Engines, Dirt Bikes, ATV's, Cigarette Boats, Zodiacs

Are you up to the challenge of hard work and repairing unique SOF equipment?

Naval Special Warfare Development Group is seeking active duty Construction Mechanics and all other Seabee rates.

- Motivated/Volunteer
- Pass Navy PFA
- E4 - E6
- No NJP
- No bankruptcy
- Obtain Secret/TOP Secret clearance



Email us at [DEVGRURecruiting@vb.socom.mil](mailto:DEVGRURecruiting@vb.socom.mil) or contact your detailee to request additional information.

**Joppa Shriners Gun Show** - The Joppa Shriners are hosting their second gun show of the year on June 8 - 9, 2013. Hours are Saturday 9 a.m. - 5 p.m. and Sunday 10 a.m. - 4 p.m. We have our large ammo dealer returning, and also additional gun vendors. Door prizes will be given away both days. Admission is \$7. Children under the age of 12 admitted free. Concessions are available. We are located off I-10 at exit 41 (Woolmarket exit); then north 1.25 miles.

## LADD . . . Leaders Against Drunk Driving

LADD is a program sponsored by the NCBC/20th First Class Association. The mission of LADD is to prevent drunk driving on board NCBC Gulfport by providing rides for any service member who needs assistance getting

home after an outing that involves alcohol.  
 ~ LADD is 100 percent confidential. NO REPRISAL!  
 ~ LADD will take individual home only, no stops.  
 ~ Volunteers who stand the

watch are on call 24/7.  
 ~ It is always important to have a plan in place when going out in town, but if your plans fall through, please call LADD and we will pick you up!

**Call 228-239-9007**



# Health Watch: Tips to stay healthy and fit this summer

By Edward Goodnite  
NBHC Gulfport

Although it's still officially spring, temperatures in the 80s remind us that summer begins June 21. This winning combination is sure to lure you off the sofa and onto the nearest athletic field. But before you take the plunge into spring-time activities, remember that a little attention now can help maximize your enjoyment – and minimize your risk of ankle, knee and shoulder injuries.

Before wiping the dust off a bicycle, fishing pole, softball glove or golf clubs, do a little self-injury prevention so that your outdoor activities are not hampered.

During the week, get your stamina up by doing an aerobic activity most days of the week. Aerobic means doing something that elevates and sustains your heart rate for 20 or more minutes – 30 to 60 minutes is preferable.

After you finish your activity, be sure to stretch. Remember that a muscle stretch should be comfortable enough to hold for 25-30 seconds. Repeat the same stretch five or six times to get the best results. Don't rush! Your muscles have worked hard for you so pay them back by giving them a 10-minute reward.

If your favorite warm weather activity involves swinging, throwing, or casting, put your focus on stretching your upper body and prepare your hands, arms, and shoulders for the season. Hard to believe, but just starting the old lawn mower utilizes all muscles in the arm and back – so be sure to tune up not only the mower, but yourself as well.

For your shoulders start by lightly throwing a tennis ball against the wall for 8-10 minutes. When you can do so comfortably, you can increase the speed, force and hopefully, accuracy of your throw.

To get the legs involved, try balancing on one leg while you throw the ball. Exercise tubing is also a great way to tune up the arms and shoulders. You can hold a small length of tubing in front of you and try to pull it apart. Changing the angle and direction of your pull will effectively challenge your muscles through their entire range of motion and will quickly get them ready for your activities.

Of course, don't forget your hands. Even though you use them countless times everyday, you should take time to tune them up as well. Spreading rubber bands apart with your thumb and fingers, squeezing putty, sponges, or any other pliable material are great ways to improve your grip. Think of those birdies or pulling in that record fish!

These simple stretching suggestions will help you enjoy the warm weather activities.

For more information on fitness and prevention of injuries, visit the NBHC Physical Therapy Clinic in the base Fitness Center. Have a great summer!

# Leveraging credit cards

By Randy Hopper  
Navy Federal Credit Union

A strong credit score can be an integral part of staying financially secure, whatever the economic climate. But for many U.S. service members, determining exactly what has an impact on their score can be a daunting task.

One thing is for sure: credit cards can and do impact your credit score – positively or negatively – depending upon how you use them. In fact, credit cards can be one of your best friends or your worst enemies when it comes to your score.

So, how can you make your plastic work for you in the quest for strong credit?

Below are some tips on how to use your cards to strengthen or maintain your credit and avoid some pitfalls that may lower your score in a hurry.

~ Manage your debt to credit ratio: Closely watch your credit card balance relative to your credit limit, called your "debt to credit ratio." Experts differ about the ideal ratio, but all agree that keeping your debt below 30 percent of your available credit line is key to ensuring your credit score isn't negatively impacted. Check your statement regularly to make sure that your credit line hasn't been reduced by your card company, thus raising your debt to credit ratio.

~ Consider a balance transfer: If you're trying to pay down your balance, explore the option of a balance transfer. A balance transfer at a low rate makes it easier to pay down your balance, improving your debt to credit ratio as

your balance decreases. Keep an eye out for balance transfers with no fees, zero percent interest during the introductory period and a low rate after the intro period expires. Know that the APR on these offers can jump to above 20 percent after the introductory window – though all credit union interest rates are capped at 18 percent.

~ Make all your payments on time: Timely payments establish a track record of reliability and boost credit. If possible, set up automatic monthly payments along with text and email alerts to remind you of your due date.

~ For controlled spending and easy qualification, go with a secured card: If you're wary that a new credit card may make it more difficult to control spending, secured cards may be a great solution for you. They're also a good option if you have little to no credit or your credit standing is below average. Secured cards require that you provide an up-front deposit, which then equals your credit line. Because secured card limits cannot exceed what you have deposited and tend to be lower than other cards, they help you control your spending. Secured cards also aid you in establishing a track record of on-time payments. Navy Federal is one of several lenders in the market with a secured card that can help you stay within budget and build credit.

~ Be smart about opening and closing accounts: As a general rule, avoid closing any card accounts. Having a higher average age on your credit ac-



counts positively impacts your credit score. Beware not to open a large number of credit cards in a short span of time – doing so can indicate to lenders that you are overleveraged for credit.

~ Pay down your balance as much as possible each month: Fully paying your balance helps you maintain a healthy debt to credit ratio. If it's not possible to pay down your entire balance, try to at least pay down some portion to manage your debt and minimize interest payments.

~ Maintain some level of activity: Make regular purchases with each of your cards, even if minimal. Complete inactivity can lead to the account being closed. Your credit can even be adversely impacted by inactive cards before the account is shut down.

~ Don't rely on debit or prepaid cards to build credit: Debit and prepaid cards are great additions to your wallet for convenience. However, these cards draw on available funds from an account instead of a line of credit. So using them will not boost your credit.

Keeping these tips in mind, you can move forward with a sense of confidence about how to put your cards to work for you. Just remember that credit cards are one of several tools in your toolbox when it comes to building that solid credit score.

**Fraud, Waste and Abuse Hotline:** Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851  
Comm: 904-542-4979 DSN 942-4979 FAX: 904- 542-5587,  
E-mail: CNRSE\_HOTLINE@navy.mil.

# Focus on Education

## Transition to Kindergarten



Five-year-olds attending the Child Development Center (CDC) on board NCBC Gulfport were presented "graduation" certificates during a Transition to Kindergarten Program at the NCBC Training Hall, May 30. During the ceremony, the children recited the Pledge of Allegiance, sang songs, recited poems, demonstrated sign language and counted in Spanish before receiving their certificates. (U.S. Navy photos by Utilitiesman Constructionman Alicia Fluty/Released)

*"Children are the living message we send to a time we will not see."*

*John W. Whitehead,  
founder, Rutherford Institute*

## Memorial to Sandy Hook



Teachers and children of the Stennis Space Center Child Development Center release balloons in honor of the Sandy Hook Elementary School victims on May 29, at Stennis Space Center, Miss. The Center recently created a garden memorial for the victims which displays hand-painted stones for each lost life. (Photos courtesy of Kelly LeGuillon/Released)



## New Chief's Mess training course released

By Susan Henson  
CPPD Public Affairs

The Center for Personal and Professional Development (CPPD) has released the revised Chief's Mess Training (CMT) course, CPPD leadership said May 28.

The CMT course is year-round training with lessons that provide additional leadership topics for the Chief Petty Officer (CPO) mess. The course took six months to revise and was piloted in the Hampton Roads area in December.

Changes to the lessons were based on fleet feedback, according to Master Chief Ship's Serviceman Leon Hazley, CMT course manager at CPPD. After the revision was completed, CPPD conducted three course pilots to validate the curriculum, course material effectiveness and course length, he said.

"We're really proud of the new CMT course and feel it will be a great training tool for chief petty officers across the fleet," said CPPD Command Master Chief Ken Schmidt. "We have to continually improve our skills as leaders to be most effective as a CPO mess. CMT provides CPOs with the tools to lead with courage, respect and trust, as well as the tools to mentor our junior Sailors to become the next generation of strong Navy leaders."

The new CMT is a library of 22 current, relevant topics that include scenarios designed to facilitate deep discussion. Each session can be taught at any time and in any sequence throughout the year, according to Hazley. "The previous CMT consisted of 10 topics designed to be delivered every month from October to July each year," he said. "The new course provides flexibility to CPO messes to cover topics in a sequence that best fits a command's schedule."

The CMT course differs from the Chief Petty Officer Selectee Leadership Course (CPOS LC) in that CPOS LC is geared toward preparing chief petty officer selectees for their

new roles as chiefs while CMT is designed to provide leadership sustainment training for chief petty officers through communication, teamwork and mentoring.

Hazley said the new course is designed to present the mess with an actual fleet-based scenario case study or directive to stimulate vigorous discussion among chiefs and is intended to enable the mess as a whole to learn from each other's experiences and develop the problem-solving skills chiefs must have to succeed. Topics include command unity, ethics, operational stress control, maintaining standards, mentoring, conflict resolution, character and integrity, professionalism, suicide awareness, bystander intervention, and prevention of sexual assault, sexual harassment and hazing. "Feedback from the course pilot was that CMT really hit the mark. Students said the topics were relevant, interesting and thought provoking. That's exactly what we want - to prompt fierce conversations in the mess to help us become better leaders and mentors."

Chief of Naval Operations Instruction (OPNAVINST) 5351.2A governs CMT, which is required for all active duty and reserve chiefs, senior chiefs and master chiefs. The revised CMT course will be documentable in Fleet Training Management and Planning System (FLTMPS), Hazley said.

Commands can access the new course material by logging on to Navy Knowledge Online, selecting the Leadership tab, selecting Chief Petty Officer Selectee Leadership Course (CPOS LC) /CMT and following the instructions on the screen. Commands experiencing problems accessing the material should contact the course manager at CPPD for assistance.

For more information about the Center for Personal and Professional Development (CPPD), visit: <https://www.netc.navy.mil/centers/cppd/>.

**Adjusting to the Economy and a Furlough** - Fleet and Family Support Center (FFSC) is offering Adjusting to the Economy and a Furlough class June 17, 11 a.m. - noon. Civilians interested in attending may register by calling FFSC at 228-871-3000.



FREE Movies at the Training Hall

Enjoy a leisurely movie after the Memorial Week-

**Friday:** *The Incredible Burt Wonderstone*, PG13, 6 p.m.

**Saturday:** *The Croods*, PG, 11 a.m.; *Jack the Giant Slayer*, PG13, 1:15 p.m.; *The Call*, R, 4 p.m.; *Olympus Has Fallen*, R, 6:15 p.m.

**Sunday:** *Oz the Great and Powerful*, PG13, 6 p.m.

end madness. Stop by the Snack Bar on your way in to get that buttered movie popcorn and those other goodies that help you get lost in the moment. Forget what was playing? No worries - put the movie hotline in your phone, 228-871-3299 and call anytime!

## MASSAGE Happy Father's Day! THERAPY

By Julie Davis, LMT#12510

The CBC Massage Therapy clinic is located inside the CBC Fitness Center. Please call Ms. Julie Davis at 228-297-5601 to schedule an appointment today!

- Her services include:
- 30 min Replenish - \$30.00
  - 60 min Swedish - \$60.00
  - 60 min Deep Swedish - \$70.00
  - 60 min Swedish Elite - \$70.00
  - 75 min Deep Tissue - \$75.00\*
  - 75 min Hot Stone - \$85.00
  - 40 min Facial - \$35.00
  - 60 min NMT - \$95.00
  - 20 min Chair - \$20.00



**June Special:**

\$65 for a Deep Swedish massage during the month of June!



**Business Hours:**

Business hours are Monday through Friday and Saturday by appointment only. Please call 228-297-5601 to schedule an appointment today!

Big #445, 5" Sk. \* Call 228-297-5601 \* E-mail: [jewis@myway.com](mailto:jewis@myway.com)  
\*A DEEP TISSUE MASSAGE OF ANY TIME LENGTH UP TO 75 MINUTES WILL BE A MINIMUM OF \$75.

# 1ST ANNUAL BEEHIVE DART TOURNAMENT

## WEDNESDAY, JUNE 26<sup>TH</sup> AT 7PM

- \$15 entrance fee (includes a beverage tasting & light snacks)
- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places win their share of the pot!
- Spaces are limited
- BYO darts encouraged

*Budweiser* girls will be there to provide a beverage tasting for all participants

OPEN TO ALL ELIGIBLE PATRONS & THEIR GUESTS

All participants must register and pay by COB June 19 at the Beehive, Bldg. 352  
Hours: Mon- Thurs 4:30-10:30pm, Fri 4:30-11:30pm, Sat 5-11:30pm  
For more info call: 871-4009

### For MWR program information contact:

Anchors & Eagles	228-871-4607
Auto Hobby	228-871-2804
Beehive	228-871-4009
Child Development Center	228-871-2323
Fitness Center	228-871-2668
Information, Tickets & Travel	228-871-2231
Liberty Center	228-871-4684
Seabee Heritage Center	228-871-3619
Navy Outdoor Recreation	228-871-2127
RV Park	228-871-5435
The Grill	228-871-2494
Training Hall	228-871-4750
Youth Activities Center	228-871-2251
Main Office	228-871-2538

# NCBC Helping Hands volunteer opportunities

**2013 SPECIAL OLYMPICS** - NCBC Gulfport will host the Area 3 2013 Special Olympics Saturday, June 8. Games will be held outside of the Fitness Center, near the softball fields, and will begin following a 9 a.m. opening ceremony. An awards ceremony will happen immediately after the games conclude. Volunteers are needed to help set up, register and accompany the athletes, cheer them on and tear down the site. Uniform for military volunteers: Service PT gear; civilians: appropriate athletic

attire. Volunteers will meet at 7 a.m., at the NOFFS pad next to the Fitness Center by the pull up bars. Please direct inquiries to MCC Ryan Wilber, 228- 871-3663 or ryan.wilber@navy.mil.

**HABITAT FOR HUMANITY** - The Mississippi Gulf Coast Habitat for Humanity is asking for volunteers to work during a Veteran Resource Workshop June 18, 4 - 6:30 p.m. at the West Harrison Community Center on Espy Ave. in Long Beach. Volunteers will serve as

greeters and register attendees. Point of contact is Kenya Miniard at kminiard@hfhmgc.org or call 228-678-9100, ext. 1009.

**BILOXI VA** - The Biloxi Veterans Administration needs eight volunteers to escort residents with wheelchairs to an event on the property July 9. Contact Susan Smith, FFSC Gulfport, 228-871-3640 or susan.smith2@navy.mil to volunteer.

**USO GULF COAST** - Interested in volunteering? We need volunteers

every day to assist at our centers throughout the Military community. Whether you're interested in providing coffee and conversation to our traveling troops or assisting in deployments the USO Gulf Coast has a special opportunity for you. We are also looking for volunteers to assist in community outreach events scheduled throughout the year. To become a USO volunteer, you'll need to create a volunteer profile through [www.usovolunteer.org](http://www.usovolunteer.org). This website allows you to keep track of

your hours and if you move to another location your hours will transfer with you to any USO in the world. If you have any questions please feel free to contact USO Gulf Coast's Program Manager, Nicole Lewis at [nlewis@uso.org](mailto:nlewis@uso.org). We look forward to having you on our volunteer team!

**COAST SALVATION ARMY** - Volunteers are needed for various projects throughout the year. Contact Shawna\_Tatge@uss.salvationarmy.org if you have a bit of spare time to help out.

## Seabee Memorial Chapel



**NCBC Center Chaplains:**  
Lt. Cmdr. Paul Smith, Chaplain  
Lt. Yoon Choi, Chaplain

For more information about Chapel programs, please call the Chapel at 228-871-2454.

### Religious Services

**Sunday:**

**Gospel: 8 a.m., Catholic Mass: 9:30 a.m., Protestant: 10:30 a.m.**

**Weekday Mass: Tuesdays at 11:15 a.m.**

## Chapel Offerings

### Looking for a church?

The Seabee Memorial Chapel holds services every Sunday to suit your needs. Protestant Services include a Gospel Service at 8 a.m. and a Worship Service at 10:30 a.m. Catholic Mass is at 9:30 a.m. on Sunday and the Chapel also holds a weekly Mass on Tuesday at 11:15 a.m.

### Seabee Pantry

The Seabee Pantry is a valuable resource for those families needing a little extra assistance during the month. Please donate as many canned goods and other nonperishable items as possible. Donation drop-off sites are located at the Navy Exchange, Chapel, Commissary, Fleet and Family Support Center and Armed Forces Retirement Home.

### Praise and Worship

The Seabee Memorial Chapel is looking for new members for the Praise and Worship Team for the 10:30 a.m. Worship Service and the Gospel choir at 8 a.m. If you can sing or play an instrument, you are invited to share your gift.

For more information, please contact the Chapel at 228-871-2454.



Live 1-on-1 Help Confidential Worldwide 24/7

Local 24/7 Sexual Assault Prevention and Response Program Contact #:

**(228) 596-0697**

Your Installation Sexual Assault Response Coordinator's Contact #:

**(228) 323-4717**

Alternate Sexual Assault Response Coordinator's Contact #:

**(504) 762-0224**

Click [www.SafeHelpline.org](http://www.SafeHelpline.org)

Call 877-995-5247

Text\* 55-247 (INSIDE U.S.)

202-470-5546 (OUTSIDE U.S.)

Text your location for the nearest support resources.

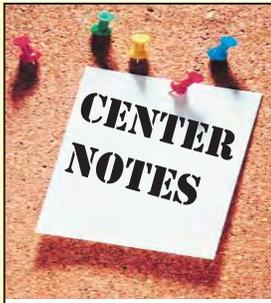


## GULF COAST USO

901 CBC 3rd St., Building 114, 228-575-5224

**Office hours:**  
Monday-Friday,  
8 a.m. - 4 p.m.

**FREE Services:** Fax - Send/Receive: 228-575-5225, Copies, Snacks and Drinks, United Through Reading Program, Computers with web cams Internet/Email Access, X-Box



"NMCB74 Fearless FRG" for details. **NMCB 133 FRG** invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and babysitting is provided. Please bring a dish to share. For more information contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com. Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133fsg>.

#### FOCUS

Families OverComing Under Stress (FOCUS), provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate & solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822- 5736 or email [Gulfport@focusproject.org](mailto:Gulfport@focusproject.org)

**Gulfport Officer's Spouse Club**  
The Gulfport Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email [goscgulfport@yahoo.com](mailto:goscgulfport@yahoo.com). We hope to see YOU soon!

**Navy Wives Clubs of America, Inc.** The Navy Wives Clubs of America, Inc. is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare

of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit [www.navywivesclubsofamerica.org](http://www.navywivesclubsofamerica.org) for more information on NWCA.

#### NMCRS

The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

#### Gamblers Anonymous

The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for more information.

#### TRAINING

**Naval Sea Cadets** The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room.

Contact Lt.j.g. Bowling at 228-313-9035 or [coachcb@yahoo.com](mailto:coachcb@yahoo.com) for more information.

#### SOCIAL

**Miss. Gulf Coast First Class Association** is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

#### NCBC Multi-Cultural Diversity Committee

is seeking members. Meetings are held the first and third Wednesday of the month at 9 a.m., at the Seabee Memorial Chapel. Contact BU1 Jerma Cloude, 228-871-2454 for details.

**VFW Post 3937 Long Beach** is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from Noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood Night, the remaining Fridays are Steak Night. Breakfast is served from 7 to 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of the month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill Nall at 228-863-8602 for info.

**VFW Post 4526 Orange Grove** is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for more info.

**NMCB 62 Alumni Group**  
Naval Mobile Construction Battalion

(NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member, go to <http://nmc62alumni.org> or for links to Seabee historical sites.

**D.A.V. - Disabled American Veterans, Chapter 5** invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more about our organization.

**Navy Seabee Veterans of America (NSVA) Island X-1, Gulfport** is always looking to add new members. You do not have to be retired to be a member. If interested, please contact Eugene Cowhick at [eugene.cowhick@navy.mil](mailto:eugene.cowhick@navy.mil), 228-871-2488 or Robert Smith at [Robert.p.smith5@navy.mil](mailto:Robert.p.smith5@navy.mil), 228-871-2436. If you are already a member, please join us on the second Thursday of each month at 6 p.m. in the A&E Chiefs and Officers Club, NCBC Gulfport, for the Monthly Island X-1 business meeting. For more information on NSVA Island X-1, visit [www.nsva.org](http://www.nsva.org).

#### HERITAGE

**The Seabee Gift Store** is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m., and Saturdays from 11a.m. to 3 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at [www.seabeeuseum-store.org](http://www.seabeeuseum-store.org) or call the gift shop at 228-871-4779 for information on all that is available.

## See Something Wrong, Do Something Right!

NCIS has two new anonymous ways to report crimes or suspicious behavior with the use of discreet and secure online or texting tip lines.

#### To report information by Cell text:

1. Text "NCIS" to the short code 274637 (CRIMES) from any cell or smart phone.
2. Receive a response, for example: "Your alias is: S2U5 Call 911 if urgent! If replies put you at risk, text "STOP"
3. Begin dialogue

#### To report information Online:

1. Go to [www.NCIS.navy.mil](http://www.NCIS.navy.mil), click on the "Report a Crime" tab and select the icon for "text and Web tip Hotline."

*There is a reward of up to \$1,000 for information leading to a felony arrest or apprehension.*



# NAVY 311



**Toss away that wheel book!**  
NAVY 311 is your single point of entry to access the Navy's many help desks, call centers, and service providers.

## NAVY 311 is at your service!

### 5 reasons to use NAVY 311:

- 1** It's for you and your family.



You and your family have fast and free access to a network of worldwide authorized service providers who are dedicated to rapid and complete response.

- 2** Get help on any subject, anytime, anywhere.



Got a question while at sea, in port, on duty, or on liberty? Contact NAVY 311 for 24/7 assistance about systems, equipment, facilities, career, IT, medical, logistics, quality of life, and more.

- 3** Talk to people who know the Navy.



The NAVY 311 network of authorized service providers is staffed with experienced and knowledgeable subject matter experts, many of whom serve in the U.S. Navy.

- 4** Know that certified call center pros handle your request.



The NAVY 311 call center keeps you updated via email and follows up until you're satisfied. Your service request is documented and monitored via modern action reporting software tools and processes.

- 5** Be a part of something BIG!



NAVY 311 is setting the standard for customer relationship management excellence by applying the best practices of "3-1-1" non-emergency services used in over 300 major cities worldwide.

### Contact us today!

**1-855-NAVY-311**

(1-855-628-9311)

**Web:** [www.Navy311.navy.mil](http://www.Navy311.navy.mil)

**Email:** [Navy311@navy.mil](mailto:Navy311@navy.mil)

**Text:** Type 'Navy311@navy.mil' into the TO line of text message



**NAVY 311. Your Navy. Your Needs.**