

SEABEE COURIER

Happy 238th Birthday U.S. Navy!

NMCB 133 continues work with JTF North



Seabees with Naval Mobile Construction Battalion 133, construct a concrete low water crossing in a remote rural area adjacent to the Rio Grande River, near Rio Grande City, Texas. The homeland security engineer mission was coordinated by Joint Task Force North, the U.S. Northern Command unit tasked to support the nation's federal law enforcement agencies' counterdrug and homeland security efforts. (U.S. Navy photo by NMCB 133/Released)

See story on page 6

NCBC earns prestigious SECNAV Energy Award

By NAVFAC Southeast Public Affairs

Naval Construction Battalion Center (NCBC) Gulfport has won the Secretary of the Navy's Energy and Water Management Award, Navy Small Shore category, for Fiscal Year (FY) 2013. Secretary of the Navy (SECNAV) Ray Mabus announced the winners Sept. 20.

Other top Energy and Water Management Award categories include Navy Large Shore, Marine Corps Large Shore, Marine Corps Small Shore, Other Shore, Large Ship, Medium Ship and Small Ship.

"NCBC Gulfport's selection for this honor reflects



Tamara Proctor and Gary Williams from Mississippi Power speak with military members at the Naval Facilities Command Energy Fair on board NCBC, Oct. 10. The fair is designed to share the newest energy saving ideas and techniques. NCBC Gulfport was recently announced as the 2013 SECNAV Small Shore Energy and Water Management Award. (U.S. Navy photo by Rob Mims/Released)

the hard work and deep commitment of all com-

mands and personnel on See **ENERGY** page 13



35th Annual Salute to the Military

Reserve your table now for the 35th Annual Salute to the Military. The Gulf Coast Salute to the Military will take place Oct. 22 at 6 p.m., at the Mississippi Coast Coliseum and Convention Center. Featured guest speaker is Gen. James F. Amos, Commandant of the Marine Corps. Music will be provided to the U.S. Navy Band New Orleans. For ticket information, contact, NCBC Public Affairs Officer Rob Mims, robert.c.mims@navy.mil

Honor Flight VI



(U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)

More than 200 Seabees and Sailors attached to NCBC Gulfport welcomed home 91 World War II (WWII) veterans from the Gulfport area as they returned from their 1-day trip visiting war memorials in Washington, D.C., as well as Arlington National Cemetery as part of Honor Flight VI at the Gulfport-Biloxi International Airport, Oct. 1. The Mississippi veterans made national headlines as they crossed barriers to visit the closed WWII memorial during the government shutdown.

Legal: The scoop on Spot Delivery Car Sales

NCBC
Commanding Officer
 Capt. Paul Odenthal
Public Affairs Officer
 Rob Mims
Courier Staff
 Editor
 Bonnie L. McGerr
 Mass Comm. Specialist
 MCC(SCW/SW/AW)
 Ryan G. Wilber
 Special Contributors
 CECN(SCW)
 Lucinda Moise
 UTCN Alicia Fluty

The Seabee Courier is a weekly authorized on-line publication for members of the military services and their families. Content does not necessarily reflect the official views of the U.S. Government, the DoD or the U.S. navy and does not imply endorsement thereof. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the U.S. Government. DoD, the Navy, and does not imply endorsement thereof. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the U.S. Government, DoD, the Navy or NCBC Gulfport of the products and services advertised. All content in this newspaper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected. The Seabee Courier solicits news contributions from military and civilian sources, but the Public Affairs staff reserves the right to edit and/or rewrite material selected for publication to conform with journalism standards. The deadline for material is close of business every Friday. Your comments are always welcome. The Seabee Courier office is in Building 1, Room 205. The mailing address is 4902 Marvin Shields Blvd., Code NOOP, Gulfport, MS 39501. Phone 228-871-3662, email: seabecourier@navy.mil.

By Tom Wallace
 Legal Assistance Attorney
 NAS JAX LSO, RLSO SE

The most common car purchase issue reported to legal assistance providers is the "spot delivery" or "yo-yo" car sale. Typical complaints include but are not limited to violations of State Unfair and Deceptive Trade Practice Acts and Federal consumer law violations under the Truth in Lending Act (TILA) and the Federal Odometer Act.

In a spot delivery or yo-yo car sale, a Sailor/Marine agrees to buy a new or used vehicle. They sign a purchase contract and a retail installment sales contract (RISC) and the dealer lets them leave the car lot with the vehicle before the RISC is actually approved and purchased by a bank. The Sailor/Marine mistakenly believes that they already own the vehicle despite the fact that in many states the sale is not complete until the bank approves the vehicle loan.

Some Sailors/Marines, once informed that their loan has not been approved and they do not "own" the vehicle, sadly opt to sign a costly and dealer-friendly new RISC with higher interest rates and higher monthly payments. The dealer and the financing company benefit from the service member's affection for their new car and calculate the Sailor/Marine won't balk at paying more than they bargained for to keep it!

So how can you avoid the trap of spot delivery or "yo-yo" car sales?

Do your homework. Fully research the vehicle you want to buy and make sure it meets your transportation and personal needs. Avoid any impulse buying and arrive at the car lot you've selected with confidence in the car you want and what price you think you should pay. Multiple web-based resources exist to give you a good idea how much you should pay for any car and any accompanying options and how many dealers

in your area have the car you want. Negotiate with them and be prepared to walk away for a better deal!

Understand your credit. Unless you are able to pay for your car outright, you will need somebody to finance a loan. That might be a bank, credit union, or even the dealer themselves. You should be particularly careful when the dealer is the financier! It is recommended you seek financing from a bank or credit union independent of the dealer, if possible, as they generally offer better, more reliable terms for your loan. This does not mean that a dealer will never offer you a competitive rate. It just means that you must shop multiple financing sources to ensure you get the best deal. The terms of the loan offered to you by the bank or credit union will be based on your credit history and ability to pay. (Another reason a good credit history of not assuming too much debt and always paying your bills

on time pays off!) Many banks and credit unions will even "pre-approve" you for a car loan making your negotiations with the car dealer that much easier. Do not reveal the maximum amount of financing for which you have been pre-approved because that would reveal to the dealer how much they can charge you and it hurts your bargaining position. Discuss your car-buying strategy with your bank or credit union lender or military legal assistance attorney for tips on negotiating with dealers. If for whatever reason you are unable to secure a bank or credit union loan, you should still be aware of the general interest rates they charge for loans in your area. You should use these rates as your basis for any negotiation with a dealer financier and be wary of paying rates in excess of typical bank rates! Today's rates are at historic lows, and even Sailors/Marines with poor

See **DELIVERY** page 13

Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: www.SafeHelpline.org; Call: 877-995-5247; Text *55-247 (inside the U.S.); Text *202-470-5546 (outside the U.S.) *Text your location for the nearest support resources.

Fraud, Waste and Abuse Hotline:
 Due to limited IG resources throughout the Southeast Regional, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRSE_HOTLINE@navy.mil.

See Something Wrong, Do Something Right . . .

NCIS has two anonymous ways to report crimes or suspicious behavior with the use of discreet and secure online or texting tip lines. To report information by Cell text: 1. Text "NCIS" to the short code 274637 (CRIMES) from any cell or smart phone. 2. Receive a response. For example, your alias is S2US. Call 911 if urgent! If replies put you at risk, text "STOP." 3. Begin dialogue. To report information ONLINE: 1. Go to www.NCIS.navy.mil, click on the "Report a Crime" tab and select the icon for "text and Web tip Hotline." ***There is a reward of up to \$1,000 for information leading to a felony arrest or apprehension.

Buzz on the Street

By CECN(SCW) Lucinda Moise, NCBC Public Affairs

At the CFC Kickoff Oct. 1, charity representatives were asked: "What is the goal of your organization?"



"To help women, children and men who are in dangerous relationships to recover from their situations."

Rene Davis

Women's Center for Nonviolence



"Our goal is to make the transition for military to civilian life smoother, and help those transitioning get all the benefits they are entitled to."

Charles Pugh

Disabled American Veterans and Auxiliary



"Our goal is to educate people and help them form new strategies to combat long term issues."

Alice Graham

Interfaith Disaster Task Force



Susan Smith, certified Ombudsmen trainer and former ombudsman, provides Ombudsman Basic Training to new Ombudsmen for Naval Mobile Construction Battalion (NMCB) 133, Danielle Wooden, left, and Lauren Dawson, at The Fleet and Family Support Center (FFSC) on board NCBC Gulfport, Sept. 26. (U.S. Navy photo by Utilitiesman Constructionman Alicia Fluty/Released)



Capt. Paul Odenthal, commanding officer, Naval Construction Battalion Center (NCBC) Gulfport signs a Domestic Violence Awareness Month Proclamation as Ana Reed Galloway, Licensed Marriage and Family Therapy (LMFT) coordinator with Fleet and Family Support Center (FFSC) looks on during a ceremony at the FFSC, Oct. 7. The proclamation declares October 2013 Domestic Violence Awareness Month and calls all personnel and their families to speak out against domestic violence, and support all who make an effort to assist the victims of these crimes in finding the help and healing they need. (U.S. Navy photo by Construction Electrician Constructionman Lucinda L. Moise/Released)



Equipment Operator 2nd Class Corey Hileman, a Naval Construction Battalion Center (NCTC) "C" School student, cleans the Seabee Lake parking lot using a wheeled loader with sweeper attachment. Students enrolled in NCTC advanced school will be conducting a paving installation project from Oct. 2 through Oct. 9 at Seabee Lake. Please avoid the area until work is complete. (U.S. Navy photo by Utilitiesman Constructionman Alicia Fluty/Released)



Lt. Cmdr. Michael Carr, right, assigned to Naval Mobile Construction Battalion (NMCB) 1, administers the Oath of Office to Chief Steelworker KaJuna Strickland. Strickland was commissioned a Chief Warrant Officer (CWO) 2 during a ceremony held at the Seabee Memorial Chapel on board NCBC Gulfport. (U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)

NMCB 1 Seabee chief earns CWO2 commission

By MCC(SCW/SW/AW)
Ryan G. Wilber

NCBC Public Affairs

Chief Steelworker (SCW/EXW/IDW/SW) KaJuna Strickland, assigned to Naval Mobile Construction Battalion (NMCB) 1, was commissioned a Chief Warrant Officer (CWO) 2 during a ceremony held at the Seabee Memorial Chapel on board NCBC Gulfport, Sept. 20.

The Wetumpka, Ala. native and father of two was the only Steelworker selected for Chief during fiscal year 2012 (FY-12), and he was the only Civil Engineer Corps (CEC) Warrant Officer selected for FY-14.

CWO2 Christen Allgood, assigned to NMCB 133 and guest speaker for the ceremony said some people say they would rather be lucky than good, but claimed this does not apply when it comes to Strickland.

"Luck has nothing to do with it," said Allgood. "He's just that good."

Rising through the steelworker ranks, with just under 13 years in service and 10 deployments completed, Strickland was selected for chief petty officer, but still felt as if he had not experienced all the Navy had to offer.

"I love the Navy," said Strickland. "I wanted to experience all aspects of being in the Navy. I wanted to experience from

being a troop on up to being a chief petty officer to being an officer to doing pretty much everything I could do in the Navy."

Strickland said he was quite surprised to be selected, applicants historically not being selected on their first submission, and this year being his first application. But, he also said he was honored to be the only one selected, and hopes to do well for the Navy and his gaining command.

"It's amazing, shocking for the last one to get picked up to be me," said Strickland. "I was shocked that I even got selected anyway. I'm excited about it. I just hope I can do a great job to make sure that their selection for the potential last one was a good selection."

Cmdr. Chad Brooks, commanding officer (CO), NMCB 1, jokingly reminded Strickland that he may very well be the most junior CEC warrant officer for the rest of his career, but also praised CWOs for their role in the command and wardroom, as well as Strickland's qualifications for joining their ranks. He said Strickland has his trust as a CO to guide both present and future Seabees as he continues his career.

"We all understand the wisdom, experience and frankly, the candor that a chief warrant officer brings

to any wardroom," said Brooks. "Chief warrant officers are trusted advisors to commanding officers and mentors to other junior officers in the unit. They have walked a mile in our Sailors' shoes, and ensure we remain focused on the most important aspects of our profession of leadership. Chief Strickland exemplifies the high standards rightfully expected of naval officers, and will continue to shape both the future of our force and the lives of our Seabees for many years."

In a message to the Chief of Naval Personnel, Rear Adm. Katherine Gregory, commander, Naval Facilities Command (NAVFAC) and chief of civil engineers, proposed the disestablishment of the CWO program due to recent billet cuts within the Navy's CEC, but said she will not submit a formal disestablishment package for three years in order to study the effects of the proposed change.

"This [waiting to submit a formal package] allows time to evaluate any unintended consequences of this change and make course corrections if necessary," said Gregory in the memo.

Strickland will attend Officer Indoctrination School in Newport, R.I., before reporting to NMCB 133 for his first tour of duty as a naval officer.

NCTC Tri-Service Team walks to raise awareness

By BU1(SCW) John C. Watters

NCTC Public Affairs

On Sept. 28, a team of more than 70 students and staff from the Naval Construction Training Center (NCTC) Tri-Service Heart Walk Team departed Naval Construction Battalion Five Center (NCBC) Gulfport. The volunteers were there to help with staging the event, as well as walk and run in it.

The Heart Walk is a 5k walk/run to raise money for the AHA as well as to show support for the people in the community who have been affected by heart disease or stroke.

As the walk progressed, some of the volunteers shared their reasons for participating. For some, heart disease hit close to home. "It felt good to support the cause, after being personally affected by stroke, I wanted to give back to the community," said Army Pvt. Jonathan Staats. Others were looking for something worthwhile to occupy their time.

"It was a lot of fun to volunteer and do something different," said Builder Constructionman Jose Rodrigues.

In addition to volunteering the day of the event, the NCTC Tri-Service Team raised almost \$1,800 for

the AHA through fundraising events within the command, nearly surpassing the amount raised by all of NCBC last year. All told, this year's walk raised more than \$300,000 dollars for the AHA and had nearly 2,000 participants.

At the conclusion of the day's event, a volunteer seemed to capture the mood of the Tri-Service Team when he stated,

"The American Heart Association is a great organization because they help people who have heart problems and it feels good to give back," said Builder Constructionman Recruit Christopher Mayer.

The American Heart Association (AHA) is the nation's oldest, largest voluntary organization devoted to fighting cardiovascular diseases and stroke. Heart disease is the number one killer of Americans. Stroke ranks fourth and is a leading cause of severe adult disability. Some form of cardiovascular disease affects more than one in every three adult Americans. Many suffer terribly from disabilities caused by these diseases.

The AHA is working toward improving the cardiovascular health of all Americans by 20 percent, and reducing deaths from cardiovascular diseases and stroke by 20 percent, all by the year 2020.



Volunteers from the Naval Construction Training Center (NCTC) Gulfport Tri-Service Heart Walk Team support the annual Gulf Coast American Heart Association (AHA) Heart Walk, Sept. 28. In addition to volunteering for the event, the team raised almost \$1,800 for the AHA. (U.S. Navy photo courtesy of Naval Construction Training Center, Gulfport/Released)

NCBC Combined Federal Campaign kicks off

By UTCN Alicia Fluty, NCBC Public Affairs

The NCBC Gulfport 2013 Combined Federal Campaign (CFC) kicked off with a ceremony and activities at the Navy Exchange/Commissary parking lot, Oct. 1. Capt. Paul Odenthal, commanding officer, NCBC Gulfport was the guest speaker for the event.

The CFC is the largest and most successful annual workplace charity campaign worldwide, through which non-profit organizations raise millions of dollars each year to provide health and human service benefits around the world. CFC gives federal, civilian and postal service employees, as well as members of the uniformed services an opportunity to contribute to local, national and international human health and welfare organizations.

The mission of the CFC is to promote and support a strategic type of giving to a group of people, a specific cause or an organization with the end goal of helping humanity, not just a specific few individuals. Their goal is to help improve the quality of life for all through a program that is employee focused, cost-efficient and effective. NCBC Gulfport's goal for 2013 is to receive \$65,000

in contributions.

Combined Federal Campaign donations via electronic payroll deduction giving were previously not an option in the Department of Defense (DoD). This year teams from Defense Finance and Accounting Services (DFAS), Office of Personnel Management (OPM) and the Voluntary Campaign Management Office (VCMO) collaborated to create a paperless payroll deduction giving for DoD personnel to establish a CFC allotment during its open season. With the new option added to the MyPay main menu, donors can designate up to a maximum of 30 charities, and select a donation amount per pay period. The MyPay method reduces campaign costs, which results in fewer donor dollars being spent on overhead and more donor dollars being provided directly to the CFC supported charitable organizations.

Nine of the CFC organizations were at the kickoff to distribute information: The Salvation Army, United Way, USO, Fisher House, Gulfport Coast Women's Center for Non Violence, Wounded Warrior, Disabled American Veterans and Auxiliary, Human Society of South Mississippi and Mississippi Coast Interfaith



Left to right: **Command Master Chief Mark Thomas**, Naval Construction Battalion Center (NCBC) Gulfport **Command Master Chief**; **Command Master Chief Christopher Levesque**, Naval Construction Group (NCG) 2 **Command Master Chief**; **Cmdr. Jeffrey Powell**, commanding officer, Naval Mobile Construction Battalion (NMCB) 133; **Capt. Paul Odenthal**, commanding officer, NCBC and **Capt. Stephen Revelas**, commodore 22nd Naval Construction Regiment (NCR) check out the charity options at the base Combined Federal Campaign (CFC) kicked off, at the Navy Exchange/Commissary parking lot, Oct. 1. The CFC is the world's largest and most successful annual workplace charity campaign, through which non-profit organizations raise millions of dollars each year to provide health and human service benefits throughout the world. (U.S. Navy photo by Utilitiesman Constructionman Alicia Fluty/Released)

Disaster Task Force. During the CFC Kickoff, a dunk tank was set up and dollar donations were exchanged for a shot at dunking Lt. Cmdr. Craig Clutts, executive officer, Naval Mobile Construction Bat-

talion (NMCB) 133, and Senior Master Sgt. Richard Parsons, assigned to Naval Construction Training Center (NCTC) Gulfport.

CFC is accepting contributions via myPay through

Nov. 15.

For more information, contact base coordinator Lt. Cmdr. Clutts at 228-871-2830, or Senior Master Sgt. Parsons at 228-871-2860, or your command representative.

Fire Prevention Week 2013 puts focus on kitchen safety

By UTCN Alicia Fluty NCBC Public Affairs

National Fire Prevention Week (FPW) is Oct. 6-12, and in recognition Capt. Paul Odenthal, commanding officer, NCBC Gulfport, signed the 2013 FPW Proclamation with Sparky the Fire Dog in building 1, Oct. 7.

"Prevent Kitchen Fires" is this year's message. According to the National Fire Protection Association (NFPA), more fires start in the kitchen than in any other part of the home.

FPW events are designed to provide both educational and hands-on experience with firefighting equipment

people should have in their homes and work spaces. William Ducote, fire inspector and public educator for NCBC Gulfport, Fire & Emergency Services, said he believes that prevention education leads to less injuries and damage.

The week's events focus primarily on stove safety and fire extinguisher training, and while the training is geared toward all base personnel and their families, Ducote said he is especially concerned with the lower ranks and younger Seabees who may have never had residential fire training.

"If the Sailors are safe

they can report to work, do their training and go on with their mission," said Ducote.

Sparky, along with NCBC firefighters, will be using the Fire Safety House, a simulator with fake smoke, to teach kids how to safely exit their home in case of fire. On Oct. 10, the Fire Safety House will be at Eagle Drive Cul-De-Sac, from 3 to 5 p.m.

"It [safety house demonstration] will be a fun, but educational event," said Ducote.

FPW was established to commemorate the tragic 1871 Great Chicago Fire. In 1920, President Woodrow



Capt. Paul Odenthal, commanding officer, NCBC Gulfport, signs a National Fire Prevention Week (FPW) Proclamation with "Sparky" the Fire Dog in the Command Suit on board NCBC, Oct. 7, as Fire Chief Mark Hinton and Command Master Chief Mark Thomas serve as witnesses. (U.S. Navy photo by Construction Electrician Constructionman Lucinda Moise/Released)

Wilson issued the first National Fire Prevention Day Proclamation, and since 1922 Fire Prevention Week has been observed on the Sunday through Saturday period in which Oct. 9 falls. In

1925, President Calvin Coolidge proclaimed the first National Fire Prevention Week, and every year since the President has signed a proclamation announcing a national observance for that week.

NMCB 133 Seabees help Border Patrol secure homeland in South Texas

By Armando Carrasco, JTF North Public Affairs

Homeland security enforcement efforts along the U.S. / Mexico border in South Texas were dramatically improved thanks to a recently completed construction project executed by U.S. Navy Seabees from Naval Mobile Construction Battalion (NMCB) 133.

The homeland security construction mission was coordinated by Joint Task Force North, the U.S. Northern Command unit tasked to support the nation's federal law enforcement agencies' counterdrug and homeland security efforts. JTF North, which has no assigned forces, solicits volunteer units from all four branches of the Department of Defense, from both active duty and reserve components, to provide the military support requested by the Department of Justice and Department of Homeland Security agencies.

The Seabees, part of Naval Construction Group Two, volunteered to construct 0.82 miles of roadways, along with all required water drainage features and a concrete low water crossing, in a remote rural area located adjacent to the infamous Rio

Grande River. The mission, based on a request for assistance submitted by the U.S. Border Patrol, Rio Grande Valley Sector, will enhance the federal law enforcement agency's efforts to curtail the illicit activities conducted by transnational criminal organizations along the U.S. / Mexico border.

"The new roadway will give agents the much needed lateral access required to patrol the Rio Grande in what is considered one of our most challenging patrol areas," said U.S. Border Patrol Special Operations Supervisor Enrique Mendiola, Jr., of the Rio Grande Sector Communications Division.

The actual project site is a well-known illicit drug and illegal alien smuggling corridor.

"The infrastructure that has been provided as a result of this project shuts down a major smuggling corridor in the Rio Grande City area of responsibility that previously was exploited by transnational criminal organizations," said Mendiola.

In preparation for their two-month deployment in early July, the unit conducted pre-mission coordination meet-



Naval Mobile Construction Battalion (NMCB) 133 Seabees recently completed construction on 0.82 miles of roadways, along with all required water drainage features, in support of the U.S. Border Patrol, Rio Grande Valley Sector. The new border security road will enhance the federal law enforcement agency's efforts to curtail the illicit activities conducted by transnational criminal organizations along the U.S./Mexico border. (U.S. Navy photo by NMCB 133/Released)

ings and site visits. Prior to start of the construction effects mission, the entire unit also completed mandatory JTF North legal and safety training.

In contrast to most military engineering projects executed during combat operations, the Seabees were required to accomplish their mission with strict adherence to U.S. Army

Corps of Engineers (USACE) approved plans. An on-site USACE engineer monitored the project and ensured that the Seabees complied with specifications and all applicable civilian road construction standards.

"This mission was a complete success! The unit constructed 100 percent of what they were tasked to com-

plete in full compliance with the approved design and the environmental restrictions," said U.S. Army Major Aubrey D. Semien II, JTF North engineer mission planner.

JTF North supplied the Seabees with state-of-the-art contracted engineer equipment; the contract included all required equipment maintenance support and necessary pre-mission training. The project provided the unit with applicable individual and collective training opportunities.

"This project provided us excellent training value above and beyond that of typical deployment projects, said Lt. Kyle Schlais, NMCB 133 Detail officer in charge. "Contingency missions overseas don't often afford us the opportunity to work directly with engineers or to utilize detailed plans and specifications, as we were able to do with this project."

"The professionalism displayed by the entire organization, from the most junior Seabee to the mission commander and the supporting battalion staff, greatly contributed to the overall success of the mission," said Semien.

NMCB 1 in the field for Exercise Bearing Duel



Left: Seabees with Naval Mobile Construction Battalion (NMCB) 1 construct a bridge during the NMCB 1 Field Training Exercise (FTX) Operation Bearing Duel. FTX tests the battalion's readiness to deploy through a variety of realistic scenarios potentially encountered during Seabee deployments, across the full range of military operations.



Right: Naval Mobile Construction Battalion (NMCB) 1 Commanding Officer, Cmdr. Chad Brooks addresses his Battalion about their success at the halfway point of their mission during Field Training Exercise (FTX) Operation Bearing Duel. (U.S. Navy photos by Chief Mass Communication Specialist Kim Martinez/Released)

NMCB 11 - Det Djibouti and Det Ghana



CAMP LEMONNIER, Djibouti - Seabees assigned to Naval Mobile Construction Battalion (NMCB) 11 clear brush while participating in a community relations activity at a wildlife refuge in Djibouti. NMCB 11 is currently deployed to multiple locations in support of AFRICOM, EUCOM, CENTCOM, and PACOM. (U. S. Navy photo by LT.j.g. Caroline Perruci/Released)



SUPOMU DUNKWA, Ghana - Utilitiesman 1st Class Anthony P. Isgar, from Cortez, Colo., assigned to Naval Mobile Construction Battalion (NMCB) 11, verifies that a newly installed wall is level. (U.S. Navy photo by Hospital Corpsman 3rd Class Austin Evers/Released)

A day at the circus!



Four and five-year-olds enrolled at the Child Development Center (CDC) on board Naval Construction Battalion Center (NCBC) Gulfport, were invited to take a tour of the Cole Bros. Circus of the Stars at the Mississippi Coast Coliseum and Convention Center, Oct. 2. While they were



on the tour, the children not only got an up-close and personal view of the elephants getting their bath, as well as a look at white tigers and a baby elephant, but they were also entertained by two of the circus' clowns. (U.S. Navy photos by Utilitiesman Constructionman Alicia Fluty/Released)

Focus on Education

Education Notes

CCU extends Fall registration

Coastline Community College' has extended its Fall "B" Term registration until Oct. 14. On-line class registration and FINAL TA approval must be completed by this date. First time students must complete their on-line Application of Admissions by Oct. 11. The Fall "B" Term runs from Oct. 21 - Dec. 15. For additional information, contact Dr. David Drye in the Navy College Office, building 60, room 239 or at 228-871-3439 or ddrye@coastline.edu

Sean M. Cooley Citizen Soldier Nursing Scholarship

a non-profit 501 c 3, incorporated organization formed in memory of Sean Colley, a Mississippi Army National Guard Soldier who was killed in action Feb. 3, 2005, while serving in Iraq. Sean grew up in George County, graduated from George County High School. He spent seven year in the Naval Reserve and was stationed at Naval Construction Battalion Center and transferred to the Mississippi National Guard. Sean worked at Singing River Hospital in the emergency room at the time of his death. After he was killed, many people wanted to keep his memory alive and honor him for his life of service. A nursing scholarship was created and the first fundraiser will be a 5k race, Nov. 8. For more information on the Sean M. Cooley Citizen Soldier Nursing Scholarship or for information on the benefit run search Sean M. Cooley Citizen Solder on Facebook.

TUTOR.com . . . TOO GOOD TO BE TRUE? CHECK IT OUT!

Courtesy of NCBC School Liaison Officer

Active duty service members and their families have FREE, unlimited access to online tutoring and career help from Tutor.com. So why haven't you or your family members logged on to this great tool?

Expert tutors (They have all been vetted!) help students of all ages—from K-12 to college to adult learners—one-to-one in math, science, social studies and English. One-to-One help is available 24 hours a day, 7 days a week.

Does it just sound too good to be true? Well, it isn't! Still not sure? Check out how it works by searching Tutor.com on YouTube.

Now you have a real sense of the program, but you are still not sure it can help you or your dependents. Many people consider tutoring just for math homework. But Tutor.com provides tutors to help in all the core subjects. Some examples include the following:

- ~ Essay writing: Access the Proof-Point Writing Center. Here students can get real-time help with reports, essays, and papers. Tutors explain the writing and proofreading process. Later they will help with edits.
- ~ American History: Need help with

an idea to start that paper on the Reconstruction Period of American History, a tutor can help with that. Now you need help with resources. Too many students today depend on the internet as though it is the end all and be all of source material. Believe it or not, teachers still want a variety of source materials: books, magazines, interviews, and then maybe some media. A tutor can help with that, too.

~ Chemistry: Need help balancing those equations? Sign in with the tutor.

~ Mathematics: As a parent have you ever heard this, "But my teacher doesn't do it that way!" Then the child bursts into tears.

What more do you need to hear to convince you to try out this great, FREE, 24-7 tutoring service.

Still not convinced this is for you? Tutor.com also offers help with studying and test preparation in more than 16 subjects from elementary math to physics. All students worldwide can use the program, regardless of where they attend school. This is especially beneficial for military-dependent students trying to keep up with schoolwork when moving or changing schools.

Whenever a student or adult needs help, he will just enter the question and will be connected to a tutor in an interactive online classroom which features an interactive whiteboard, file sharing, and instant messaging. The student will work one-to-one in math, science, social studies, and English until the problem is solved.

Do you find that a particular tutor is really helpful? Maybe one tutor is more helpful with math and another is more helpful with essay writing, request that tutor when you sign in.

Now that the school year is rolling, and homework is an everyday thing, try out the program NOW. Don't wait until 11 pm on a Tuesday night with a huge science test the next day to sign in for the first time. Take my advice and check it out today. I promise you will be glad you did.

Kevin Byrd is the School Liaison Officer for NCBC Gulfport. If you have questions about this article or concerns about an educational issue impacting your child, he can be reached via email at Kevin.r.byrd@navy.mil by phone at 228-871-2117 [office] or 228-224-4521 [cell]. Or you can schedule a meeting with him in his office in MWR, building 352.



Red Ribbon Week

The 28th Annual Red Ribbon Anti-Drug Campaign Week is Oct. 23 - 31. The National Family Partnership has launched a national contest for 10 families across American to win \$1,000 for their school and an iPad for their home. Students are asked to bring the Red Ribbon Week message home by working alongside parents to decorate their front door, mailbox or fence with a red ribbon and this year's theme, "A Healthy Me is Drug Free." After decorating, take a photo with the family and the decoration and upload to redribbon.org/contest by Nov. 4 (you must be 18+ to upload the photo.) Once the upload is done, voting will begin! Ask family and friends to vote for your entry at redribbon.org/vote, Nov. 5 - 19. Ten lucky winners will be announced at redribbon.org Dec. 6 and recognized at winning schools throughout December.



Semi Annual Scholarship Golf Tournament for SAME

Oct. 18, 1 p.m. start. Lunch at noon at The Cardinal

Gold Course at Diamond-head. Fees:

\$70/player or \$260/4-person team (includes lunch). For registration info,

visit SAMEgolf-tournament.com or contact James

Keokosal at james.keokosal@navy.mil



'The Meat & Potatoes of Life'

By Lisa Smith Molinari
Special Contributor

The politics of marriage: What Congress might learn

In theory, marriage should be the perfect balance of power between two parties, right? In reality, it's often an adversarial system, requiring the two parties to negotiate resolutions to conflicts.

Sound familiar?

All the talk of deadlock in Washington these days has me wondering if the politicians might learn a few things from how typical husbands and wives manage to make decisions on everything from buying a new couch to whose mother is coming for Thanksgiving.

When I met my Navy husband, he was a bit of a dark horse candidate. He came from out of nowhere, in a time in my life that I wasn't looking for a running mate. But much to my surprise, we had one of those goofy "love at first sight" kind of meetings, and after a brief courtship, we tied the knot and I became a military spouse.

We've spent the last 20 years getting to know each other.

Thankfully, we found out that we have very similar platforms on big ticket items such as politics, morality, NFL teams, and whether John Candy movies are the best (they are, in case you didn't know).

Certainly, there are some conflicts without an absolute majority opinion. Whether it's Chinese or pizza, comedy or suspense, lights on or lights off; sometimes a married couple has to hold a special session before they can come to an accord that



each party can live with.

It certainly isn't easy. There's often lengthy debate, and sometimes filibuster - which, by the way, husbands completely tune out while their minds wander to things like cars, women's body parts, and peanuts.

When bargaining on whether to stay home and watch football on Sunday, or go apple picking with the family, the wife might try to negotiate a continuing resolution requiring the husband to give her a foot rub on the couch during the game. While standing in front of the Red Box on Friday night, the husband might try to logroll the swing voters -- a.k.a. the kids -- to vote for Leprechaun: Back 2 Tha Hood instead of The Notebook.

Both will make shameless attempts to propagandize the family, promising pork barrel spending on sugared cereals, brand name clothing, and expensive electronics to garner support for their agendas. There's muck-raking and mudslinging, dissent and demagoguery, tyranny and totalitarianism.

But in the end, even if it

takes clouture, husbands and wives do something that our government just can't seem to do these days: they compromise.

Wives give in on golf outings as long as husbands help with dishes. Husbands give in on mani-pedis, as long as wives make meatballs. Whatever the terms of compromise, most married couples do what they need to do to keep their system of government running smoothly, just like my husband and I have done for the last 20 years.

That being said, I must confess, there is one thing in our marriage that my husband and I have yet to agree upon. You see, my husband insists that the toilet paper roll must be placed such that the edge of the paper hangs on the side of the roll closest to the wall; whereas, I firmly believe that toilet paper rolls are meant to hang so that the edge of the paper hangs on the side of the roll away from the wall.

This is our Cold War, our Berlin Wall, our 38th Parallel. I fear we will never achieve detente, because getting my husband and I to compromise on toilet paper roll placement would take an Act of Congress, and that's something we know isn't going to happen any time soon.

Get more wit and observations from Lisa at her blog, <http://www.themeatandpotatoesoflife.com>

Health Watch

Keesler Mammography clinic offers walk-in screenings

By Steve Pivnick, 81st Training Wing, KAFB

Keesler Medical Center's mammography clinic is promoting "Breast Cancer Awareness Month" with their second annual mammothon 7:30 a.m.-3:30 p.m. Oct. 25. The mammography clinic will offer walk-in mammograms to all beneficiaries 40 years old or older who are due for annual screening.

All medical center clinics are working together to expand services this year to include walk-in pap smears, clinical breast exams, flu shots, nutritional counseling, blood pressure screening and more. Scheduled well-woman exams will also be available.

The mammography clinic is located on the first floor of the medical center in room 1A219, near the A tower entrance.

Surgeons will offer clinical breast exams in Radiology. Walk-in pap smears will be available in the Women's Health Clinic. Flu shots, blood pressure screening, nutrition counseling and more will be provided in the Don Wylie Auditorium, near the mammography clinic. Scheduled well-woman exams will be in family health. Medical center volunteers will be on hand to help patients navigate the hospital.

Mammography technologist Kerry Hudson, 81st Diagnostics and Therapeutics Squadron, said the program is for active duty, retirees and their dependents.

"If you are 40 years old or older and due for your annual mammogram, just walk in," said Hudson. "All beneficiaries are welcome and no appointment is necessary."

She stated, "If a patient sees an off-base doctor, they can bring an order from the provider and we'll honor it. Patients over age 65 believe they can't receive a mammogram here. However, that's not true; we just need an order from their provider."

Hudson said patients who stop by but are not due for their annual mammogram can make a future appointment and take advantage of the other services available.

Patient kiosks open at KAFB

By Steve Pivnick

81st Training Wing, KAFB

A new system of "patient kiosks" intended to simplify the sign-in process for both patients and staff is being installed throughout Keesler Medical Center.

Vecna, the contractor that has provided the equipment, said the system is intended to reduce patient waiting times and lines and allows them to review and verify personal information while permitting clinic staff to effectively manage and prioritize their queue of patients based on a real-time list of kiosk users.

Capt. Edward Morris, 81st Medical Group chief group practice manager, explained, "Patients can either scan the barcodes on their common access card or Department of Defense identification card and follow the instructions provided. Most kiosks are set to ask a few patient-



confirmation questions, such as date of birth, name, etc., to finalize the check-in. Each clinic will monitor the process via computers at the front desk and interact with patients if additional paperwork is needed or to answer questions."

Group practice manager Marsha Nelson added that the kiosks are expected to manage patient flow, oversee patient through-put and waiting area activity, provide patients with estimated wait times, receive alerts about abnormal wait times, improve forecasting for through-put, reduce bottlenecks and hopefully increase patient satisfaction.



FRIGHT NIGHT AT THE LAKE

FRIDAY, OCTOBER 25TH
FROM 6:30-8:30PM
AT SEABEE LAKE

Bring the family for a night of FREE Halloween fun!

- Haunted Maze
- Fear Factor Stations
- Hayride
- Trick or Treat
- Children's Costume Contest
- Music
- Children's Games + Activities
- Parking at the Fitness Center — Free Shuttle!
- Food Vendors

Sponsored By:





For volunteer opportunities, call Kirk Kelly @ 822-5172 or John Humphries @ 871-3418.

The Navy nor any other part of the federal government officially endorses any company, sponsor or their products or services



THE BEEHIVE

HOSTS THE
ULTIMATE FIGHTING CHAMPIONSHIP



VELASQUEZ VS. DOS SANTOS
SATURDAY, OCTOBER 19TH
FIGHTS START @ 7PM
FREE ADMISSION AND SNACKS

Questions? Call 228-871-4009 Mon-Fri after 4:30pm, Sat after 5pm

Free Movies at the Training Hall!

Check out what's
playing this
weekend

Friday: Turbo, PG,
5 p.m.; The Heat,
R, 7:15 p.m.
Saturday: Despi-
cable Me 2, PG,
1 p.m.; Pacific
Rim, PG13, 3:15
p.m.; The Wolver-
ine, PG13, 6 p.m.
Sunday: Despi-
cable Me 2, PG,
3 p.m.; Red 2,
PG13, 5:15 p.m.

MWR program contact numbers

Anchors and Eagles, 228-871-4607
Auto Skills Center, 228-871-2804
Beehive All Hands Club, 228-871-4009
Child Development Center, 228-871-2323
Fitness Center, 228-871-2668
Information, Tickets & Travel, 228-871-2231
Liberty Center, 228-871-4684
Seabee Heritage Center, 228-871-3619
Navy Outdoor Recreation, 228-871-2127
Shields RV Park, 228-871-5435
The Grill, 228-871-2494
Training Hall, 228-871-4750
Youth Activities Center, 228-871-2251
Main Office, 228-871-2538

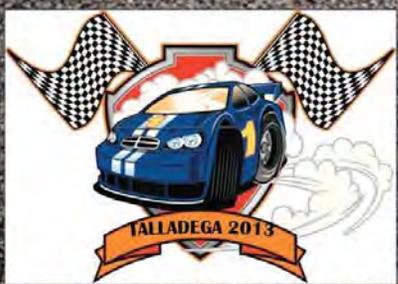


October 10, 2013




TALLADEGA SUPERSPEEDWAY COMBO DEALS

October 19th and 20th, 2013



Combo Deal includes:

- Discounted Ticket (\$72/ea for 2 day pass)
- A-Liner camper (sleeps up to 4) at NOR as low as \$35/day
- Camp Area at Talladega \$20-\$60
- Price of this Bucket List Experience- Priceless

Call IIT 871-2231 for more information

Seabee Courier

NCBC Helping Hands Volunteer Opportunities

PROPERTY CLEANUP - Volunteers needed to help an elderly veteran clean up her property. She has attempted to do the job herself to no avail. Volunteers are asked to bring, rakes, shovels, chain saws, gas powered weed eaters, heavy duty trash bags, etc. The property is on Bayview Avenue in Pass Christian. A team will be begin cleaning Sunday morning. Please contact Mrs. Elisaga at 228-223-5747 if you are interested.

SAUCIER HAUNTED TRAIL - Volunteers are needed to help build, decorate and participate in the Saucier Haunted Trail Oct. 11, 12, 18, 19, 25 and 26. The Haunted Trail is an annual fundraiser that benefits The Child Abuse Prevention center. Material donations would also be appreciated. If you can help or wish to donate, please contact Tiffany Kyall at tkyall478@gmail.com.

GULFPORT BOO BASH - The city of Gulfport is holding their "Boo Bash" Halloween event Oct. 19 from 6 to 9 p.m. at Jones Park, and is requesting volunteers to build/create a haunted trail along one of the small sidewalk circles in conjunction with the event under the pavilion. If you would like to volunteer, please contact Brittany Dyess at: (228) 868-5881. Thank you.

FRIGHT NIGHT SEABEE LAKE - Volunteers are needed to help with the 2nd annual Fright Night at the Seabee Lake Oct. 25, 6:30 to 8:30 p.m. to participate as haunted maze actors, assist with game booths, escort participants, etc., as well help with decorating the haunted maze two days prior to the event. More than 2,000 guests are expected, so there is plae of opportunity to get involved. For more information, contact Kirk Kelly, 228-871-4684, kirk.kelly@navy.mil or John Humphries, 228-871-3418 or john.humphries@navy.mil.

HALLOWEEN FAMILY NIGHT AT THE LIBRARIES - Biloxi (Oct. 25, 6 - 7 :30 p.m.), Woolmarket (Oct. 26, 6 - 7:30 p.m.) and D'Iberville (Oct. 29, 6:30 - 7:30 p.m., libraries need volunteers for their respective Halloween Family Night activities. Kid-friendly teens and adults are needed to help with arts and crafts, games and a Halloween costume contest. If you are interested in helping at the Biloxi Library, call Liz, 228-436-3095; Woolmarket Library, call Donna, 228-234-9464; D'Iberville Library, Missy, 228-392-2279.

LONG BEACH TRUNK OR TREAT - The city of Long Beach is hosting a Trunk or Treat Oct. 31, 5 - 9 p.m., at the Town Green on Jeff Davis Ave., and is asking for 30 volunteers to help make the event a success. Responsibilities include crowd control, security and parking. If you would like to volunteer, please contact Mag Holland, 228-861-0007.

NAVAL SEA CADET CORPS - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America's youth. If you are interested in volunteering, please contact Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

USS ALABAMA NEEDS HELP - The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds. Work includes, but is not limited to: constructing 10 picnic pavilion covers, roofing a 40-by-20 maintenance shed, fabricating display cases. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

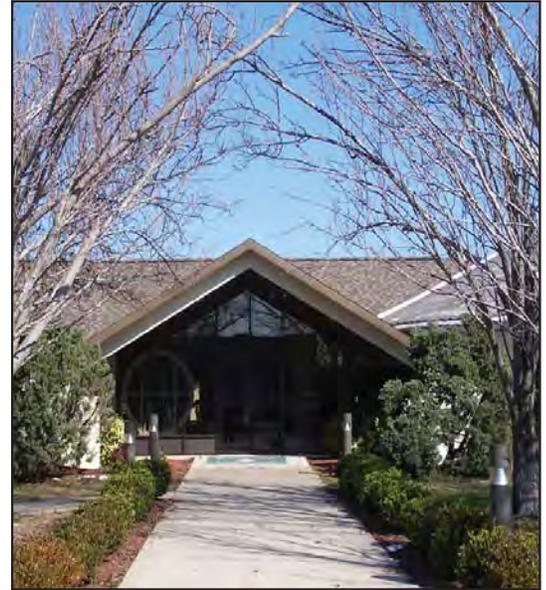
BILOXI VA AMBASSADORS - The Biloxi VA is trying to get volunteers in uniform from 7 a.m. to 2 p.m. on a daily basis to help with a new program. The volunteers will provide assistance to Veterans entering the medical center with directions and general information and whenever possible, escort the Veterans and family members to their destination. Point of contact for more information is Sharon Ladner at 228-523-5786 or Susan Smith 228-871-3640.

USO GULF COAST - Interested in volunteering? We need volunteers every day to assist at our centers throughout the Military community. Whether you're interested in providing coffee and conversation to our traveling troops or assisting in deployments the USO Gulf Coast has a special opportunity for you. We are also looking for volunteers to assist in community outreach events scheduled throughout the year. To become a USO volunteer, you'll need to create a volunteer profile through www.usovolunteer.org. This website allows you to keep track of your hours and if you move to another location your hours will transfer with you to any USO in the world. If you have any questions please feel free to contact USO Gulf Coast's Program Manager, Nicole Lewis at nlewis@uso.org. We look forward to having you on our volunteer team!

COAST SALVATION ARMY - Volunteers are needed for various projects throughout the year. Contact Shawna_Tatge@uss.salvationarmy.org if you have a bit of spare time to help out.

HELP SENIORS AND DISABLED CITIZENS - Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handymen/women. If you are interested in helping in the community, call Mag Holland, 228-896-0412.

Seabee Memorial Chapel



NCBC Center Chaplains:
Lt. Cmdr. Ammie Davis, Chaplain
Lt. Yoon Choi, Chaplain

For more information about Chapel programs, please call the Chapel at 228-871-2454
Religious Services

Sunday: Contemporary: 8 a.m.

Catholic Mass: 9:30 a.m.

Protestant: 10:30 a.m.

Weekday Mass: Tuesdays at 11:15 a.m.

Chapel Offerings

Looking for a church?

The Seabee Memorial The Seabee Memorial Chapel holds services every Sunday to suit your needs. Protestant Services include a Contemporary Service at 8 a.m. and a Worship Service at 10:30 a.m. Catholic Mass is at 9:30 a.m., on Sunday and the Chapel also holds a weekly Mass on Tuesday at 11:15 a.m.

Seabee Pantry

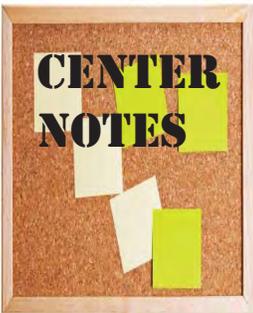
The Seabee Pantry is a valuable resource for those families needing a little extra assistance during the month. Please donate as many canned goods and other nonperishable items

as possible. Donation drop-off sites are located at the Navy Exchange, Chapel, Commissary, Fleet and Family Support Center (FFSC) and Armed Forces Retirement Home.

Praise and Worship

The Seabee Memorial Chapel is looking for new members for the Praise and Worship Team for the 10:30 a.m. Worship Service and the Gospel choir at 8 a.m. If you can sing or play an instrument, you are invited to share your gift.

Contact the chapel at 228-871-2454 for more information.



SUPPORT

Family Readiness Groups

NMCB 1 FRG invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and babysitting is provided during deployment. Contact FRG President Jenny Richter, e-mail nmcbonefrg@gmail.com.

NMCB 11 FRG For more information regarding the NMCB 11 FRG, please visit Facebook, nmcb11frg or email us at nmcb11frg@gmail.com.

NMCB 74 FRG All families of NMCB 74 are invited to the 74 FRG meeting the third Monday of each month. Meetings are at the MWR Youth Activities Center, building 335, behind the Grinder on NCBC. Socializing begins at 5:30 p.m., and meetings begin at 6 p.m. Bring a covered dish to share at our potluck dinner. Children are welcome. Email nmcb74fsg@yahoo.com or visit our Facebook page at "NMCB74 Fearless FRG" for details.

NMCB 133 FRG invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and babysitting is provided. Please bring a dish to share. For

more information, contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

FOCUS

Families OverComing Under Stress (FOCUS), provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email Gulfport@focus-project.org

Gulfport Officer's Spouse Club The Gulfport Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@yahoo.com. We hope to see YOU soon!

Navy Wives Clubs of America, Inc. The Navy Wives Clubs of America, Inc. is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit www.navywivesclubsof-america.org for more information on NWCA.

NMCRS The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours

of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.

TRAINING

Naval Sea Cadets The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Contact Lt.j.g. Bowling at 228-313-9035 or coachcb@yahoo.com for more information.

PMI Membership Drive The Project Management Institute (www.pmi.org) is recruiting project planning professionals for membership into the PMI Southern Mississippi Chapter. PMI is one of the world's largest not-for-profit membership associations for the project management profession. Their professional resources and research empower more than 700,000 members, credential holders and volunteers in nearly every country in the world to enhance their careers, improve their organizations' success and further mature the profession. Contact Mike Saunders at

saundersmt@earthlink.net or Len Krapcha at Ikrapcha@aol.com for more information.

SOCIAL

Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held the first and third Wednesday of the month at 9 a.m., at the Seabee Memorial Chapel. Contact BU1 Jerma Cloude, 228-871-2454 for details.

VFW Post 3937 Long Beach is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from Noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood Night, the remaining Fridays are Steak Night. Breakfast is served from 7 to 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of the month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602 for info.

The Ladies Auxiliary to the VFW Post 3937 Long Beach would like to invite you to become a member. Our organization supports veterans, their families and current service members. In order to join, you must be the spouse, mother, daughter, granddaughter or sister of a person who has served in a foreign war. Please Contact Auxiliary 3937 President Carol Fetters at 228-832-4893.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meet-

ings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for more info.

NMCB 62 Alumni Group Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member, go to <http://nmcb62alumni.org> or for links to Seabee historical sites.

D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more about our organization.

Navy Seabee Veterans of America (NSVA) Island X-1, Gulfport is always looking to add new members. You do not have to be retired to be a member. If interested, please contact Eugene Cowhick at eugene.cowhick@navy.mil, 228-871-2488 or Robert Smith at Robert.p.smith5@navy.mil, 228-871-2436. If you are already a member, please join us on the second Thursday of each month at 6 p.m. in the A&E Chiefs and Officers Club, NCBC Gulfport, for the Monthly Island X-1 business meeting. For more information on NSVA Island X-1, visit www.nsva.org.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at www.seabeesmuseumstore.org or call the gift store for more information at 228-871-4779.



GULF COAST USO

901 CBC 3rd Street, Building 114, 228-575-5224
Free services: FAX - Send/Receive: 228-575-5225, Copies, United Through Reading program, Computers with web cams, Internet/email access, X-Box
Office hours: Monday - Friday, 8 a.m. - 4 p.m.

2013 Gulf Coast Veterans Day Parade Saturday, Nov. 9, 11 a.m.

Parade Route: Begin at Caillavet Street and Bayview, south on Caillavet, east on Esters Boulevard, south on Lameuse Street, ending at the Biloxi Town Green.

Grand Marshal, Phyllis A. Luttmann, Colonel, U.S. Air Force (Retired)

Participants: NASA and Stennis Space Center, NCBC Gulfport Marching Units, Keesler AFB Marching Units, Junior ROTA Marching Units, Antique Military Vehicles, Military and School Bands, Motorcycle Groups, Joppa Shriners Marching Units, Displays and more!

RED WHITE & BLUE on the GREEN Festival!

For a map and more information, visit www.msveteransparade.com

Underwater Construction Team (UCT) ONE

UCT 1 is searching for highly motivated Seabees and CEC officers looking for a career and lifestyle change. Join an ELITE force and travel as a small, professional team. Execute specialized construction diving and demolition skills with the latest and greatest technology and equipment. Contact Dive Motivators at 757-462-



4313/3982 or email SWC Bryans at sean.bryans@navy.mil and SW1 Hefner at christopher.hefner@navy.mil.

Calling all characters . . .

The NCBC Child Development Center (CDC) will hold their annual Halloween Character Parade, Oct. 31, 9:30 a.m. in front of the CDC. The "Trick or Treat" procession will exit the front doors of the CDC and proceed east to west along the Parade Route (Snead Street from driveway to driveway.) The participants will consist of four 2-year-old classes and four pre-school classes of approximately 100 children. Please plan to arrive a few minutes ahead of time to get in place before the parade begins. The CDC would love to have as many NCBC staff as scheduling will allow, and of course, in costume if possible.

October is Fire Safety Month! Join Balfour Beatty Communities and NCBC Fire Department for a fire extinguisher training event Oct. 10, 3:30 - 5 p.m., Eagle Drive . . . Look for Sparky and the firehouse!

From ENERGY page 1 the base to energy conservation. Our Public Works Department did a tremendous job leading the way with innovative solutions and a passionate focus on the efficient management of our resources to support the warfighter. The team really hit this one out of the park," said Capt. Paul J. Odenthal, NCBC Gulfport commanding officer.

"These commands executed comprehensive efficiency programs with senior-level command involvement, well-staffed and trained energy teams, aggressive awareness campaigns, innovative energy efficiency measures, and consistent reduction in energy consumption," said Mabus in his award announcement.

The top eight winners earned monetary awards ranging from \$20,000 to \$45,000 for accomplishments achieved in FY2012. As the Navy Small Shore

category winner, NCBC Gulfport received \$30,000.

"Winning the Small Shore award is like winning the Super Bowl in the Navy world. There is nothing higher," said Cmdr. Brian Nottingham, NCBC Gulfport Public Works Officer.

NCBC Gulfport achieved a 31 percent energy reduction from their FY2003 energy baseline and a 61 percent reduction from their FY2007 water baseline.

Contributing factors to NCBC Gulfports' success included several projects to enhance the bases HVAC systems, installation of solar panels, compressed air system renovations, boiler replacements and LED lighting installations, just to name a few.

"We have several other projects in the works to continue with our reduction efforts over the next year, including installation of outdoor LED lighting, chiller replacements and new infrared heater up-

From DELIVERY page 2

credit history should be able to avoid excessive interest rates.

Bring a copy of your RISC to Base Legal for review BEFORE YOU SIGN IT! As an adult, you are generally liable for any contact you sign. Any honest car dealer should have no problem with providing you a copy of your RISC for review by Navy Legal. Take advantage of this free service, make an appointment, and talk to a Navy lawyer before you sign on the dotted line! Navy lawyers and your local Fleet and Family Service Center can also provide guidance regarding measures to improve your personal finances and perhaps a better deal, for a better car, sometime down the road.

Finally, be wary of additional scams attempted by unscrupulous car dealers:

If you've provided a

trade-in as part of your deal, a questionable dealer might advise you need to sign a new RISC at a higher interest rate because your trade-in has been sold but your loan won't be approved without that higher rate. Now you have no car & have to sign? Not True! Most states outlaw the transfer of ownership of your trade-in until the financing on your new car has been approved. If a dealer makes such a claim, ask them to put it in writing and immediately contact a Navy lawyer!

Some dealers may also claim, and even write in their contracts, that if your financing isn't approved by a lender and you must return your car, you will owe them a "rental fee" for the time you drove it. This is not true and do not agree to this provision.

Bottom Line – nobody can force you to sign a contract and with some

effort you can set yourself for success with a fair deal for a vehicle you want. For further assistance on legal issues involving car purchases and other consumer issues, please consult your local legal assistance office.

To find the nearest U.S. Navy legal assistance office closest to you, please access the Navy JAG website at: http://www.jag.navy.mil/legal_services/nlso_map_global.htm For all other services, please access the Armed Forces Legal Assistance Locator at: <http://legalassistance.law.af.mil/content/locator.php>

This article is not intended to substitute for the personal advice of a licensed attorney. Contact the Naval Construction Battalion Center (NCBC) legal office by calling 228-871-2620 for an appointment.

nating the gas supply to another warehouse due to a mission change, saving \$7,000 per year.

The top eight award winners are authorized to fly the SECNAV Energy flag for one year and will be recognized at the SECNAV Energy Training sessions to be held Oct. 16 -17 in Norfolk, Va. and Oct. 28 -29 in San Diego, Calif.

The awards program also recognizes the accomplishments of commands that achieved the platinum, gold, or blue levels of achievement. Platinum levels of achievement indicate an outstanding energy program and an exceptional year for energy project execution and winners receive \$5,000 each, to be spent at the discretion of the commanding officer to encourage further energy improvements. The Gold level of achievement indicates a very good to outstanding energy program. The Blue level of

achievement indicates a well-rounded energy program. Winners receive a certificate of achievement in these categories.

NCBC Gulfport previously received two Gold and one Blue Award in the last three years.

"Congratulations and thank you for your efforts. Energy and water management are critical to the accomplishment of the Navy's mission," said Mabus in his award announcement. "Energy specifically is one of my top priorities and your performance has significantly advanced progress towards achievement of our goals. Your excellence in energy and water management is an example for all other commands to follow. We must all continue to be good stewards of our resources and in the process, we will reduce consumption, become more efficient, and conserve scarce resources to better support our warfighters."