

# SEABEE COURIER

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**Cody Jackson speaks with Navy, Army and Air Force students assigned to Naval Construction Training Center (NCTC) Gulfport during his visit to Naval Construction Battalion Center, March 27. Jackson, also known as "One Boy USO," is responsible for shipping care packages to more than 18,000 service members around the globe. U.S. Navy photo by Rob Mims/Released)**

## One Boy USO drops in on Center for visit

**By Rob Mims**  
NCBC Public Affairs Officer

Military members sitting at deployment sites around the globe look forward to receiving mail from home because typically it involves a care package; big boxes stuffed to the breaking point with the member's favorite snacks and maybe even some toiletries. Unfortunately, getting packages to them can be a challenge. But, thanks to one young man, with the help of his family, who has made it his life mission to help

service members, care packages are packed and shipped almost daily.

"I want them to feel at home and for them to feel appreciated so they know that they're not forgotten," said Cody Jackson, an 11-year-old Atlanta boy who built his first care package more than three years ago. "When I was 8 years old, a man saw me thanking soldiers and he gave me a \$100 bill. I used that hundred dollar bill to go to my first care package."

See **ONE** page 4

## NCBC military and civilians unite to end sexual assault and child abuse

**By CE2(SCW) Courtney Demastus**  
NCBC Public Affairs

Fighting battles is easier when the enemy's location is known, what their weaknesses are and what tactics they will use. Combating sexual assault is no different. The probability of not being a victim is much higher when skills and awareness are optimal. April is Sexual Assault Awareness Month (SAAM) and there are several opportunities to train for battle.

Capt. Paul Odenthal, commanding officer, Naval Construction Battalion Center (NCBC) Gulfport, kicked off the month by signing the 2014 SAAM Proclamation at the Fleet and Family Service Center on board NCBC Gulfport, April 2, enhancing the Department of Defense's 2014 theme: Live Our Values: Step Up to Stop Sexual Assault.

"It is important for people to come see these events," said Michael Jordy, NCBC's sexual assault response coordinator (SARC). "It'll build on our own commitment to fight this crime."

Jordy puts together events throughout the year to help keep sexual assault awareness prominent in people's minds; however, April brings special and renewed atten-



**Michael Jordy, Sexual Assault Response Coordinator, hosts the 2014 Sexual Assault Awareness Month (SAAM) and Child Abuse Prevention Month (CAPM) Proclamation signings with Capt. Paul Odenthal, commanding officer, April 2. The signings allow base personnel to witness the commitment of Naval Construction Battalion Center Gulfport to eradicate sexual assault and child abuse crimes. (U.S. Navy photo by Construction Electrician 2nd Class Courtney Demastus/Released)**

tion, impacting many people while improving prevention methods. He said he hopes to see a large number of attendees, especially in military ranks.

In addition to the proclamation signing, everyone can participate in the Walk a Mile in Her Shoes with the Gulf Coast Women's Center for Nonviolence at the Lighthouse in Biloxi at 9 a.m., April 17. There is also a SAAM 5k Fun Run scheduled for 11 a.m. April 25 at Ladd Circle on board NCBC.

Commands on base can also participate in the SAPR/SAAM Quarterdeck Contest. The command that provides the best posters, hand writ-

ten facts, guidance information, and/or statistics will be eligible to win a plaque for display on their quarter deck. First and second place winners will be announced after the SAAM 5K Fun Run.

Jordy welcomes all to attend these events and browse Awareness Tables spread throughout NCBC Gulfport in April. Preparedness and knowledge are key to victory in the battle of ridding this crime from NCBC, Navy and DoD.

For more information on SAAM, visit <http://www.nsvrc.org/saam/what-is-saam/history>, or contact Michael Jordy, 228-871-3715 or [michael.jordy@navy.mil](mailto:michael.jordy@navy.mil).

## NCBC GULFPORT SAAM EVENT CALENDAR



April 1 – 27, Base-wide SAAM Quarterdeck decorating contest  
April 4, 11 a.m. – 1 p.m., SAAM Awareness Table at Navy Exchange  
April 10, 11 a.m. – 1 p.m., SAAM Awareness Table at Colmer Dining Facility

April 14, 11 a.m. – 1 p.m., SAAM Awareness Table at Fitness Center  
April 17, 9 – 10 a.m., Walk a Mile in Her Shoes, Community Event, Biloxi Lighthouse (military personnel who participate are asked to wear their official PT gear

April 21, 11 a.m. – 1 p.m., SAAM Awareness Table at Colmer Dining Facility  
April 25, 11 a.m. – 1 p.m., SAAM 5K Fun Run at Ladd Circle (race begins at 11:30 a.m.)  
April 28, 11 a.m. – 1 p.m., SAAM Awareness Table at Navy Exchange



# Skipper's Log

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## A busy Spring is upon us

By Capt. Paul Odenthal  
CO, NCBC Gulfport

Spring has been teasing us with moments of glorious weather but then giving us a few not-so-gentle reminders that the cold of winter is not so far removed. Time continues to fly as does the pace of operations and activities across the base and it is hard to believe the calendar already reads April. Despite the pace, we have several very important observances this month and we need to make the time to celebrate, educate and remember.

First, we celebrate the month of the military child. We ask a great deal of our children and we owe them our thanks for the sacrifices they endure during our time in the military. Whether it is enduring the long deployment of a parent, moving across the country, or the world, or starting yet another new school, our children exhibit incredible resilience. Please take the time to let them know you love them and are proud of them. You can just say it or even better, plan a celebration whether a family outing, reading them a story, or some other gift of your time and presence.

Unfortunately, we have to raise awareness of another observance in April, Child Abuse Prevention month. Children are meant to be cared for, loved and nurtured, not abused. Military children endure so much already, the last thing they need is to be hurt by or afraid of their parent(s). Now I have never met a parent that wished to hurt their child; however, the nature of our business is stressful and we have to be able to separate and manage our stress so as not to place it on our children. The Fleet and Family Support Center and Families Overcoming Under Stress (FOCUS) have several programs to help combat the high levels of stress military families endure. They help raise personal awareness of boundaries and when it is time to take a deep breath, step back and stop child abuse.

Additionally, the theme for Child Abuse Prevention month, "It only takes a minute," is focused on proper supervision of our little ones and managing distractions while watching our kids. Any experienced parent knows this statement to be true and it is incredible how fast our youngster can get themselves into trouble. Just the other night I was sitting in the baseball stands with a Shipmate whose son is on the same baseball team as mine. We were enjoying watching her one year-old son try out his newly found legs in front of the stands by running back and forth. He eventually looked

over his shoulder at mom with a mischievous smile that said "try to catch me now" and then took off like a light. Now mom was on the ball and scooped him up like a golden glove short stop. But it would have only taken a moment of looking the other way or getting wrapped up in a big play for that little one to make his escape. Just like this Shipmate, we have to stay alert and ready to react.

We also observe Sexual Assault Awareness Month in April with this year's theme of "Live Our Values: Step Up to Stop Sexual Assault." We must challenge each other daily to live our values. Sexual assault should never happen to anyone and should absolutely never, never happen in the military. When we don't step up and stop it from happening, we are just as guilty as the predator that committed the crime. We are not in the business of hurting each other and we must strive daily to help and strengthen each other.

Speaking of strengthening each other, the Navy Marine Corps Relief Society is one of several organizations on base who are here to protect and help our Sailors and families. The NMCRS Active Duty Fund Drive kicked off in March and continues throughout the weeks ahead to include a Run for Relief 5K April 11. Remember, every dollar raised goes back to our Sailors and is used the equivalent of six times helping Sailors with micro-loans, other financial needs, and numerous support programs.

Several other activities are planned for April. Don't miss the annual Easter Egg Hunt sponsored by MWR April 19 beginning at 9 a.m. Everyone is invited to come to Ladd Circle and enjoy a few hours of fun. On Easter Sunday, the Seabee Memorial Chapel will also have games, puppet shows, an egg hunt and prizes for the children beginning at 11 a.m.

So there is a great deal happening this month, but all the events revolve around a central theme that I ask all to remember and put into action: Take care of yourself, take care of your Shipmates, and take care of your family. Thanks for all you do and keep charging!



WE BUILD ★ WE FIGHT  
**SEABEE** Online  
United States Navy  
OFFICIAL ONLINE MAGAZINE OF THE SEABEES SEABEEMAGAZINE.NAVYLIVE.DODLIVE.MIL

**Fraud, Waste and Abuse Hotline:** Due to limited IG resources throughout the Southeast Regional, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRSE\_HOTLINE@navy.mil

**AUDRA**  
**SEXUAL ASSAULT SUPPORT GROUP**  
AUDRA means "nobility and strength" in French  
You don't have to walk this path alone  
This group offers a safe, open atmosphere for discussion and activities to facilitate the healing process  
For Active Duty females who have been sexually assaulted as adults  
Call FFSC at (228) 871-3000



Sailors and Seabees attached to NCBC Gulfport met at the base Fitness Center to participate in a Deckplate Leader 5-kilometer (5K) footrace in honor of the Chief Petty Officers' 121st birthday on board NCBC Gulfport, April 1. Organizing a 5K is an example of Chiefs leading from the front, demonstrating the importance of and their commitment to the Navy's culture of fitness. (U.S. Navy photos by Chief Mass Communication Specialist Ryan G. Wilber/Released)



Installation Program Director Charles Taylor and General Manger Simone Callaghan, of Navy Gateway Inns and Suites (NGIS), host the 2014 Navy Lodging Program Appreciation Day on board NCBC Gulfport, March 26. The Appreciation Day featured a speech, homemade food, award ceremony, cake cutting ceremony and guest speaker, Capt. Paul Odenthal, NCBC Gulfport commanding officer. On behalf of Commander, Navy Installations Command (CNIC), Odenthal presented nominee AnnaLisa Woodrow, NGIS accountant, the Associate of the Year award. (U.S. Navy photos by Construction Electrician 2nd Class Courtney Demastus/Released)



The Multicultural Diversity Committee were hosts of the 2014 Women's History Month presentation Celebrating Women of Character, Courage, and Commitment on board NCBC Gulfport, March 27. The presentation featured an opening ceremony, skits, a poem, and recognition of women on board NCBC Gulfport who emulate this year's theme of character, courage and commitment. More celebration photos are available on NCBC Gulfport's Facebook page. (U.S. Navy photo by Construction Electrician 2nd Class Courtney Demastus/Released)

# Buzz on the Street



By CE2(SCW)  
Courtney Demastus  
NCBC Public Affairs

**“What are some ways you conserve energy (electricity) at home?”**



*“We turn the thermostat off during the day and we try to use natural light as much as possible.”*

**BU3 Preston Elmore**  
NMCB 133  
Hometown: Bradford, Pa.



*“I try to occupy my family with being outdoors on the weekends so we’re not using electronics indoors. I watch the thermostat and make sure it’s off when we’re not home.”*

**YN3 Amie Sarka**  
TAD to NMCB 74  
Hometown: Fort Wayne, Ind.



*“We use fluorescent light bulbs; keep our electronics chargers unplugged when not in use and we stay mindful of the thermostat.”*

**CE3 Patricia Morris**  
TAD to CE “C” School  
Hometown: Milwaukee, Wis.

## See Something Wrong, Do Something Right

NCIS has two anonymous ways to report crimes or suspicious behavior with the use of discreet and secure online or texting tip lines. To report information by Cell text: 1. Text “NCIS” to the short code 274637 (CRIMES) from any cell or smart phone. 2. Receive a response. For example, your alias is S2US. Call 911 if urgent! If replies put you at risk , text “STOP.” 3. Begin dialogue. To report information ONLINE: 1. Go to [www.NCIS.navy.mil](http://www.NCIS.navy.mil), click on the “Report a Crime” tab and select the icon for “text and Web tip Hotline.” \*\*\*There is a reward of up to \$1,000 for information leading to a felony arrest or apprehension.

## Moving? Mailing packages? Need a box?

Visit the **Recycling Center**, located in buildings 275/276, behind building 200 off of McKinney Ave between the hours of 6:30 a.m. and 2:30 p.m. and get all the boxes you need for FREE!



From **ONE** page 1

Since then, Jackson, who has garnered the title “One Boy USO,” has shipped more than 6,000 pounds of care packaged goodies to more than 18,000 troops around the globe. The pretty comprehensive packages include the typical toothbrush and toothpaste, shampoo and deodorant, razors and shave gel, sunscreen, food, spices, coffee, candy and the ever needed wet wipes plus much more. Many times the packages also include Nerf guns and whoopee cushions to help bring a smile to the recipients’ faces.

Jackson, who was on board the Naval Construction Battalion Center March 27, breaks out a smile of his own when he is able to accomplish his other mission ... thanking and shaking hands with as many military members and veterans as



**Steelworker 1st Class Jason Read, an instructor at Naval Construction Training Center (NCTC) Gulfport’s Charlie Company, explains the virtual welding machine to Cody Jackson, One Boy USO, during a tour of the school house, March 30.** (U.S. Navy photo by Rob Mims/Released)

possible. His count is more than 18,000.

The 5th grader, his dad, Ken, his mom, Kelly and his sister, Brittani, toured the Naval Construction Training Center. “It was really fun,” Jackson said. “I got to learn how to weld the metals and build houses.” He was able to meet some veteran service members, as well as, some brand new troops just over six years his senior. He wants to be in their shoes very soon and is well on his way. Jackson is a Lance Corporal in the Young Marines, an organization that helps teach kids about country, duty, honor and respect, just like the Marines. “I am proud of the military and of the Young Marines,” Jackson said. “I want to be a Marine sniper.”

Along with all he does, having his sights and standards set high is the reason Jackson was on the Gulf Coast. He was selected by

the American Red Cross, Mississippi Region to be the keynote speaker at the Red Cross “Everyday Heroes Luncheon” in Jackson.

While the young man appreciates the recognition, there is no slowing down in sight for his program.

“I hope it grows a lot,” Jackson said. He is always looking for names of people to ship to. “People send me messages on my Facebook and to my email,” he said. If people want to help deployed members receive a care package, they can go to [www.oneboyuso.com](http://www.oneboyuso.com), make a donation, and buy books, shirts or bracelets. “They can even send me letters to put in the packages,” he said.

But, at the end of the day, the only message Jackson wants to ensure service members get is,

“Thank you for protecting us and for your service and sacrifice.”

# Living on Base - the Easy Choice for Military Families

By Balfour Beatty Communities

Are you and your family considering your options for living on base or out in town? Base housing provides many benefits for Service Members, from camaraderie with fellow military families to convenience and amenities not typically found in civilian housing. Here are just a few of the things that make the choice to live on base an easy one:

**Easy leasing:** Rent is automatically deducted from the Service member's BAH pay and there are no credit checks, security deposits or pet deposits which are often standard in civilian housing. Even more, on base residents receive free renter's insurance. Leases in military housing complexes also offer maximum flexibility, allowing no-penalty termination when circumstances demand, such as deployment or new orders.

**Utilities:** The only utility costs associated with living on base are phone, internet, and cable television services. There is a baseline of electric/gas use allowed, so you could end up paying a little extra if you go over that amount or get a refund if you are under, however skyrocketing energy bills are never an issue for military families living on base. There are no hook-up fees for utilities and curb-side trash and recycling pick-up and water usage charges are also included in monthly rent.

**Maintenance:** Upkeep and regular maintenance services are provided through responsive, professional maintenance teams. These teams are also on-call for 24-hour emergency service needs. Regular lawn care services are provided free of charge and cover front yards and common areas. On base residents also have access to a Self-Help store stocked with everyday housing supplies like light bulbs,



HVAC filters and gardening supplies—free of charge. Self-Help also has a variety of home and garden tools available for loan.

**Security:** With access control to the installation and Military Police, on base residents enjoy a higher level of safety and security—and the peace of mind that goes along with it.

**Amenities:** Base housing provides a variety of unique amenities specifically designed to offer military families a first-rate living environment. On base residents enjoy playgrounds, tot lots, outdoor pavilions, various sports courts, pools, and dog parks, just to name a few. Living on base provides the security of living in a gated a community with the freedom to enjoy all the amenities.

**Community events and programs:** Base housing is much more than just a place to live—it's a true community with an extensive line-up of programs and resident events aimed at getting military family members of all ages out of their homes and connecting with other military families in new and exciting ways. From holiday celebrations and fitness programs to crafting activities and lifestyle workshops, there is always something exciting on the LifeWorks@Balfour Beatty Communities calendar. On base residents also enjoy special support that goes beyond events and activities, including a Deployed Spouse program that provides additional maintenance assistance for those families

with a deployed Service Member.

**No wait at the gate and convenience:** Service members can enjoy short commute times (and avoid the crush of traffic at the gate before or after duty hours) and have time to go home and shower after morning physical training sessions. Shorter commutes equal more time with family and less money in the gas tank. Living on base also puts you within walking distance or a short drive of most every convenience you need, including commissaries, dining facilities, MWR centers and entertainment venues—as well as friends.

**A welcoming military community:** Living on base allows families to immediately connect with a tight-knit, welcoming military community ready to help you get settled into your new environment. This is a significant benefit for military families who experience frequent relocations and long stretches of time when a spouse is deployed. The close bonds developed among those living in base housing are unique—nobody understands military living like other military families.

Balfour Beatty Communities at NCBC Gulfport is committed to providing military families with a quality home environment and the highest level of customer service. We offer a variety of floor plans to meet each family's unique needs, as well as free monthly activities for all ages, 24-hour emergency maintenance and pet friendly policies. Our lease agreements are for 12-month terms and allow flexibility if you receive orders or circumstances change.

With this and all of the conveniences available to you on base, who can ask for more? Consider base housing as the right option for you and your family. Call Balfour Beatty Communities today at 228-863-0424.

The following establishments have been declared "Off Limits" to all Armed Forces personnel by the Armed Forces Disciplinary Control Board as of Feb. 12, 2014.

**Permanent Off-Limits Establishments  
Biloxi:**

YaYa's, 2751 Pass Road

**Gulfport:**

Club Illusions 2, 1925 34th St.

Herbal Alternatives, 1909 East Pass Road

Herbal Alternatives, 11530 Highway 49

Sinsations Night Club, 1809 30th Ave.

**Pascagoula:**

Bunksmall Apartments, 708 South Pascagoula St.

**Ocean Springs:**

The Purple Pelican Night Club, 1001 Bowen Ave.

Service members are ordered not to enter or patronize these off-limit establishments of their locations. This does not apply to Armed Forces police on duty or others on official business. Violations of this order are punishable under Article 92, Uniform Code of Military Justice. This letter supersedes the previous Off-Limits List of Nov. 21, 2013.



For all of the latest information, follow Seabee Center on Facebook and Twitter; subscribe to Inside the Gate by sending an email to [seabeecourier@navy.mil](mailto:seabeecourier@navy.mil) and check out the new and improved website at: [http://www.cnmc.navy.mil/regions/cnrse/installations/ncbc\\_gulfport.html](http://www.cnmc.navy.mil/regions/cnrse/installations/ncbc_gulfport.html)

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Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: [www.SafeHelpline.org](http://www.SafeHelpline.org); Call: 877-995-5247; Text \*55-247 (inside the U.S.); Text \*202-470-5546 (outside the U.S.) \*Text your location for the nearest support resources.

**SEABEE  
BASE  
BLOOD  
DRIVES  
April 16**



**NCG2**

Building 447, Auditorium  
8 a.m.- 1 p.m.

To schedule an appointment, visit [www.redcross-blood.org](http://www.redcross-blood.org) and use sponsor code: SEABEESNCG2

**Liberty Center**

On the American Red Cross Bloodmobile  
Noon - 4:30 p.m.

To schedule an appointment, visit [www.redcrossblood.org](http://www.redcrossblood.org) and use sponsor code: SEABEES-LIBERTY

**Please bring your photo ID or American Red Cross Donor Card**



Builder 3rd Class David Goebel with the Large Detachment of Naval Mobile Construction Battalion (NMCB) 133 cuts wood while building a South-West Asia, or "SWA," hut during field exercise Bearing Duel 01-14. Bearing Duel 01-14 allows Naval Construction Group (NCG) 2 the opportunity to certify NMCB 133 as they maintain overall readiness by honing tactical and professional skills. (U.S. Navy photo by Mass Communication Specialist 2nd Class Anthony R. Martinez/Released)

# Battalion Life



Builder 3rd Class Francisco Berrios with Naval Mobile Construction Battalion (NMCB) 1 DET Cambodia, ensures a single block between the first and second stalls is leveled and aligned with other blocks. (U.S. Navy photo by Construction Electrician Constructionman Alexis Martinez/Released)



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 1 Civic Construction Action Detail (CCAD) Timor Leste construct their living quarters for a remote Health Clinic renovation in Railaco Leten, Timor Leste. The project is expected to take 61 days and will greatly benefit the people of the remote region. (U.S. Navy photo by Steelworker 3rd Class Amanda Reed/Released)

Utilitiesman 2nd Class Ricardo Escandon of the Bridge Detachment of Naval Mobile Construction Battalion (NMCB) 133 fires an M240 machine-gun during field exercise Bearing Duel 01-14, at Camp Shelby, Miss. (U.S. Navy photo by Mass Communication Specialist Anthony R. Martinez/Released)



Builder 3rd Class Jacob French and Builder Constructionman Apprentice Candice Honeycutt install cement backer board at the restroom renovation project. Naval Mobile Construction Battalion (NMCB) 74 Detail (DET) Panama City Beach (PCB) is in the process of demolishing and replacing fixtures, tile, and walls, in the renovation of the restroom as well as demolishing and replacing 1,600 linear feet of concrete and asphalt sidewalk during their two-month deployment to Naval Support Activity Panama City (NSA PC). (U.S. Navy photo/Released)



DEVESELU, Romania - Builder 1st Class Jose Andino, right, assigned to Naval Mobile Construction Battalion (NMCB) 74, oversees the quality and progress of a project. Seabees from NMCB 74 are constructing a security force camp in support of the Aegis Ashore ballistic missile defense facility in Deveselu. (U.S. Navy photo by Utilitiesman Constructionman Sydney Thorne/Released)



Detachment 4 of Naval Mobile Construction Battalion (NMCB) 25 is evaluated during a final evaluation problem (FEP) scenario of field exercise Bearing Duel 01-14. Bearing Duel 01-14 allows Exercise Control Group members of Naval Construction Group (NCG) 2 to assess NMCB 25 in tactical and professional skills prior to their upcoming deployment to Afghanistan. NMCB 25 will be supporting Afghan National Army's National Engineer Brigade and will be the last Seabee battalion to deploy to Afghanistan. (U.S. Navy photo by Mass Communication Specialist 2nd Class Anthony R. Martinez/Released)

# NMCB 25 certified for Afghanistan deployment

By MC2 Anthony R. Martinez  
NECC DET COMBATCAM

Naval Mobile Construction Battalion (NMCB) 25 earned their certification for their upcoming deployment to Afghanistan as they finished the seven-day field exercise, Bearing Duel 01-14 March 22.

Cmdr. Jennifer L. Donahue, commanding officer of NMCB 25, said the accomplishment demonstrates the battalion's abilities.

"It shows we are proficient in several skills, such as manning an entry control point, perimeter defense, deployment of weapons and through all of that, we get certified so that we're ready to go and execute our mission."

That mission, according to Donahue, is unique. NMCB 25 will train, advise and assist some members of the Afghan National Army (ANA) throughout their deployment as the National Engineering Brigade (NEB).

Naval Construction Group (NCG) 2's personnel ran the field exercise, and their Exercise Control Group (ECG) instructed and graded throughout the week.

The ECG, consisting of 150 military and civilian personnel, uses a performance evaluation system during field exercises to assess battalions' actions during scenarios similar to ones they may encounter while on deployments.

"We tailored our training very specifically to support the mission they're going downrange for; and as Commander Donahue said, this is the best training that she's ever seen - the NEB mission specifically - and that's what they actually performed very well at," said Lt. Kevin Westbrook, NCG 2 ECG officer-in-charge.

"This is the only opportunity they've had to practically apply what they've learned to effectively communicate, engage and interact with folks," said Westbrook.

Donahue said a third of NMCB 25's Seabees were involved in the NEB portion of Bearing Duel 01-14.

"Most of the Afghan contractors that were

employed never had any construction skills whatsoever, so they were talking through interpreters and it was a great chance for Seabees to really learn how to work through interpreters to get a structure built," said Donahue.

Not only did the exercise allow the Seabees of NMCB 25 to work with Afghans, but it also allowed them to work with each other as well, since the battalion is composed of Reservists.

"This is the perfect opportunity to bring everybody together as a team," said Donahue.

On top of that, Donahue said that nearly half of the Reservists with NMCB 25 are Individual Augmentees (IAs) that volunteered to work with the battalion.

One of the IAs, originally from NMCB 22, was in the process of joining another uniformed team in Texas.

"I was getting ready to go into the police academy until I got my orders to come out here," said Builder 2nd Class Ricky Tolentino, a .50 caliber machine-gun operator of NMCB 25's Detachment 4. "It was either this or that and really, this was more important to me."

Tolentino, who was also deployed to Iraq, said that although he has two young boys back in Texas he will miss, this deployment was important for a couple of reasons.

"Getting my Iraq Campaign [Medal] was a great feeling, but if I can get both Iraq and Afghanistan, it'd be a great accomplishment for me," said Tolentino. "Well, definitely being the last battalion to be going to Afghanistan is the biggest thing."

During a visit to the field exercise, Capt. Dave Marasco, commodore of 9th Naval Construction Regiment, said he was proud of NMCB 25 and its sister units.

"I'm very proud of [NMCB] 25," said Marasco. "As a regiment, I certainly will speak to the fact that it is the last deployment coming from 9th Naval Construction Regiment."

"As a Seabee you start a job and you want to finish it," said Senior Chief Steelworker

Thomas M. Shea, senior enlisted advisor of NMCB 25's Detachment 4, "A lot of the times we're called the ambassadors of the Navy, doing humanitarian assistance, building schools, wells and training others," said Shea, who has been deployed to Afghanistan twice before.

However, Shea, a father of five, said the Seabees couldn't get the job done without the help of others.

"My wife is tremendous. She's what keeps it all going. She's a trooper. I've been on six deployments and she's been great throughout every one of them. She takes care of everything," said Shea, "The folks back home don't get enough credit that they deserve. Those are the people . . . the unsung heroes."

One challenging thing for Reservists is the act of balancing a civilian job and their military duties, Donahue said.

"You go to work every day and it's very important, but there's something about being in the military," said Donahue, "It gives people a sense of pride in what they do and that's what you find in a lot of these people who have volunteered. That's why they're here. They want to be a part of something bigger than themselves in order to help out another country."

Shea said doing things for others gives a lot of servicemember's pride.

"It may sound corny, but I honestly believe they do it because of patriotism," said Shea, "I believe in what we're doing and I just think the Seabees are probably one of the greatest units there are."

Shea, a Massachusetts native and originally from NMCB 27, said it feels like a second family.

"I've been treated great, you know a Seabee's a Seabee and anytime you're in the green machine it's home," said Shea, "The people I've met... truly some of the best people I've met in my life."

For more news from Navy Expeditionary Combat Command, visit [www.navy.mil/local/necc/](http://www.navy.mil/local/necc/).

# Focus on Education

## Month of the Military Child



proud



## Coloring Contest



FOCUS is a program of the Navy Bureau of Medicine and Surgery (BUMED).  
304 John Paul Jones Ave, Rm 405 Gulfport, MS 39501. (228) 822-5736

In celebration of Month of the Military Child, Gulfport Navy Exchange and FOCUS (Families OverComing Under Stress) are hosting a coloring contest for children ages 3 – 5, 6 – 8, 9 – 12 and Young at Heart (13+). Coloring entries can be picked up at FOCUS (304 John Paul Jones Avenue, Room 405), or the NEX. All entries must be returned to FOCUS or the NEX by close of business April 28. The winners will be announced April 30 at the NEX. In addition, don't forget to stop by the Gulfport Navy Exchange each Saturday in April for a fun, family craft!

**Lynn Meadows Discovery Center is celebrating Month of the Military Child by offering FREE admission to military families on board NCBC and Keesler AFB, April 5, 5 - 8 p.m.**

## Education Notes

### BABY-SITTING CLASSES

Back by popular demand on TWO different dates to accommodate area Spring Break schedules. Baby-sitting classes for youth (11 years old and up), will be held at Fleet and Family Support Center (FFSC), April 14, at 9 a.m. and April 21, at 9 a.m. Please call FFSC at 228-871-3000 to preregister.

### RESPONDING TO VICTIMS

Responding to Victims During and After a Major Incident will be presented April 21, 1 – 4 p.m., at Fleet and Family Support Center (FFSC) by Marjorie Whitmarsh, Federal Bureau of Investigation Victim Specialist. Emphasis will be on the needs of victims resulting from mass casualties, man-made or natural disasters, or other catastrophic events. Space is limited. Reserve your seat by calling FFSC at 228-871-3000, or emailing jean.sammons.ctr@navy.mil.



**Earth Day  
Seabee  
Lake  
9 a.m. - 1 p.m.  
April 22**

### Earth Day (April 22)

Environmental Fun Page  
Word Search

Find all 16 words which relate to the Navy, the earth and the environment.

- |             |         |
|-------------|---------|
| recycle     | Navy    |
| marine      | admiral |
| pelican     | fish    |
| restoration | dock    |
| plastic     | ship    |
| aluminum    | float   |
| fleet       | dolphin |
| wharf       | glass   |

### Last Minute Volunteer Request:

Westminster Academy Elementary School in Bayou View, Gulfport needs volunteers to assist with their Spring Fling, April 5 at Bayou View Park in Gulfport. If you can help, please call Cynthia at 228-209-4450.

### NCBC School

**Liaison Officer  
Kevin Byrd is located at MWR, Building 352, 1706 Bainbridge Ave., Phone: 228-871-2117, Email: kevin.r.byrd@navy.mil**

F	E	L	G	Y	C	E	R	S	S	U	N
S	H	N	P	I	T	P	I	F	H	O	U
H	U	S	E	K	S	C	O	F	I	N	N
F	F	U	L	N	H	S	R	T	P	S	T
C	L	E	I	K	I	A	A	A	C	A	H
I	E	O	C	D	H	R	M	L	O	D	T
T	E	R	A	W	O	E	A	U	G	M	H
S	T	F	N	T	F	C	U	M	K	I	E
A	M	T	S	A	I	I	K	I	T	R	R
L	S	E	T	H	V	G	E	N	O	A	C
P	R	I	M	E	I	Y	I	U	M	L	R
S	N	I	H	P	L	O	D	M	C	E	G

# 'The Meat & Potatoes of Life'

By Lisa Smith Molinari  
Special Contributor

## The Hidden "I" in Team

At regular intervals throughout his 26-year military career, my husband has been promoted to the next rank. Each time this happens, there is a little ceremony, during which my husband gives a brief speech. After two decades of being married to a Navy man, I have that speech pretty much memorized.

"Captain So-and-so, thank you for the wonderful introduction. Also, kudos go out to Petty Officer What-siface for the lovely decor and delicious cake. \*clears throat\* When I joined the Navy [#] years ago, I never imagined making [current rank]. I merely aspired to learn, to travel the world, and to serve my country. But I stayed in the Navy because, simply put, I love my job. And the reason I love my job is because of the people I've been fortunate enough to work for and with. [Names various people in the command, to include Admiral Whooziewhat, seated nearby.] But there is someone else here that I need to recognize. Someone, without whom, I would not be standing before you all here today. Someone who has been my teammate for [#] years -- my wonderful wife, Lisa."

Women swoon, men wink, cameras flash, I blow my husband a kiss, and he smiles in return. And every time, at that moment, I actually believe it's true.

Soon after, I find myself alone, changing the wiper blades, taking the dog to the vet, paying the exterminator bill, and ordering our son to shave. My teammate is not around, because he is halfway across the globe. It's not his fault; he's working to support our family.



But, when I become the sole manager of our family, I am often frazzled, overwhelmed, and unshowered, walking around with my arms held up like a crazed zombie in search of Sauvignon Blanc. My personality waffles between deranged inmate, vicious dictator, catatonic robot and hormonal sobbing mess, while I try my best to handle our chaotic home life on my own. This doesn't feel like teamwork, but more like some bizarre form of solitary confinement.

My husband just left for Italy. He'll be gone for a only a week, then back for a week, then gone again to Alabama for a week, then home another week before he's off again to Texas for another week. These little work trips are minor annoyances when compared to the long deployments other military folks are enduring, and besides, managing the home front alone gets easier the older you get, right?

Uh, not so much.

Like an old umbrella stroller with a wobbly wheel, an old shirt with a loose button, an old desktop computer with too many image files, an old blender that gives off a burning smell every time you try to make a frozen margarita -- I used

to work really well, but the older I get, the more likely it is that I'm gonna blow.

The kids tiptoe around the house, hoping that I'll wipe the smudged mascara away from my eyes before I take them to school, and wondering whether I'll force them to eat cheese and crackers again for dinner. The dog senses tension, and follows me around the house, licking my pant legs. But with the distraction of the DVR, therapeutic happy hours with the neighbors, and a secret can of Pringles stashed in the laundry room, I know I will cope until my husband gets home.

I must admit, I have come to enjoy certain aspects of my temporary solitude -- total control of the TV clicker, sleep uninterrupted by snoring, cheese and cracker dinners. And he, too, relishes his "me time" while on travel -- total control of the TV clicker, sleep uninterrupted by his wife telling him to stop snoring, restaurant dinners.

Despite the suitcase full of dirty laundry and the generous gift of hotel mini-soaps he deposits with me upon returning home, we are undoubtedly happiest when we are together. But as a military family, we must often work separately toward our common goals. As sports writer Amber Harding once said, "... there most certainly is an 'I' in 'team.' It is the same 'I' that appears three times in 'responsibility.'"

*Get more wit and observations from Lisa at her blog: <http://www.themeatandpotatoesoflife.com>*

# Health Watch

## Did You Know? 'Let's Move' is here to support military families

From Naval Branch Health Clinic Gulfport

Healthy eating and physical activity are essential to your child's well-being. Children grow at different rates at different times, so the best way to know if your child is at a healthy weight is to ask your pediatrician at your next well-child visit.



Well-child visits are an excellent opportunity to evaluate your child's height, weight, body mass index (BMI) and BMI percentile. These measurements are important to determine if your child is at a healthy weight for his or her age and gender. The well-child visit can also be used to discuss your child's nutritional and dietary needs and physical activity level.

Childhood obesity has more than doubled in children and tripled in adolescents in the past 30 years, but talking about an overweight or obese child remains a difficult subject for parents and pediatricians alike. While it may not be easy, addressing your child's weight and BMI measurements with his or her doctor is an important first step toward protecting your child's health.

The Apps for Healthy Kids, which you can find at <http://appsforhealthykids.com>, are part of First Lady Michelle Obama's "Let's Move!" campaign. The apps feature fun and engaging software tools and games that motivate children—directly or through their parents—to eat better and be more physically active.

"Let's Move!" at [www.letsmove.gov](http://www.letsmove.gov) also provides support to military families by partnering with health clubs that allow service members and their families to sign up for free memberships and personal training.

Your Naval Branch Health Clinic Gulfport staff is always ready and willing to assist in your health care. Please feel free to utilize your relay health account ([www.relayhealth.com](http://www.relayhealth.com)) to contact or follow-up with your provider.

The Naval Branch Health Clinic (NBHC) Gulfport wants to ensure you receive the best care possible. Contact them at 228-822-5792/5793 if you have questions about your health care.

### PWD to host Building Managers Training

April 17, 9 - 11 a.m.

NCBC Gulfport Training Hall, building 446

For questions, contact Octavia Scott, 228-871-4288 or your respective Facilities Management Specialist.

### Navy-Marine Corps Relief Poker Run

April 19, 9 a.m. registration

First bike out at 10 a.m., last in at 4 p.m.

\$250 High Hand, 50/50 Raffles, Food, Drinks & Fun

All Vehicles Welcome - Rain or Shine

11007 Wolf River Road, Gulfport, HUA: 228-229-2816

Presented by: The Armed Forces of America

Motorcycle Club, Miss. Chapter

Proceeds benefit NMCRS Active Drive

# NCBC Helping Hands

## ART IN THE PASS

Volunteers are needed April 4 – 6 for Art in the Pass at War Memorial Park in Pass Christian. Volunteer positions include set up, food distribution, ticket sales, park maintenance and stage set up. Shifts are Friday, 11 a.m. – 4:30 p.m., Saturday, 8 a.m. – 5 p.m. and Sunday, 8 a.m. – 5 p.m. To volunteer, please contact Martha Hawkins at mhawkins01@cableone.net. For more information on Art in the Pass, visit [www.artinthe-pass.com](http://www.artinthe-pass.com)

**C4AC** – Costumes for a Cause, a local nonprofit needs volunteers for the Spring Mayhem Festival at the Harrison County Fairgrounds, April 4-5. Volunteers will assist with games and concessions. For more information, please contact Julie at 228-861-9270.

## HARRISON CENTRAL

**ELEMENTARY** Field Day volunteers are needed April 11, 7 a.m. - 2 p.m. for the school's Field Day. Volunteers are needed to assist and supervise the student while they do scheduled sports events. Contact Pam McInnis at [PMcInnis@harrison.k12.ms.us](mailto:PMcInnis@harrison.k12.ms.us) to help.

## LONG BEACH SCHOOL

**DISTRICT TRACK & FIELD** Request for volunteers to work events at home track & field meets. Long Beach School District is hosting three rounds of the MHSAA State Track & Field Play-offs April 15, April 24 and May 3. All competitions take place at the Long Beach track & field complex located at the L.B.H.S. football stadium. The April meets begin at approximately 3:45 p.m., and conclude around 8:15 p.m. The May 3 meet begins at 10:30 a.m. and will conclude at approximately 3:30 p.m. To volunteer, please contact Chief Ryan Wilber at 228-871-3663 or [ryan.wilber@navy.mil](mailto:ryan.wilber@navy.mil).

**CAREER DAY** – North Gulfport 8th Grade School is

planning a career day April 11. The event is planned for 8 a.m. – 3:10 p.m. Volunteers are invited to present information on a career or place of employment. If you are interested, please contact Chief Ryan Wilber, 228-871-3663 or [ryan.wilber@navy.mil](mailto:ryan.wilber@navy.mil).

**BILOXI VA** - Two opportunities to volunteer at the Biloxi Veterans Hospital. **April 10:** Volunteers are needed to escort patients from between buildings at the Biloxi Veterans Hospital April 10 at 10:15 a.m.

**April 18:** Biloxi Veterans Hospital is having an awards ceremony for their volunteers and they are looking for volunteers who would come to the ceremony and show off their talents by doing a skit, sing or dance. If you are interested in this unique opportunity to volunteer, please call Susan at 228-871-3640.

## SMOKIN THE SOUND

**SMOKIN' THE LAKE** Smokin' The Sound, April 25 – 27 and Smokin' The Lake, (May 3 – 4) boat racing events return speed, thunder and excitement to the Mississippi Gulf Coast. This non-profit organization needs volunteers for both events to sell and attach wrist bands to event spectators, direct spectators to viewing areas and direct vehicle and pedestrian traffic in a safe and courteous manner. For more information on the events, visit [www.smokinthesound.com](http://www.smokinthesound.com).

CBC personnel who are interested in volunteering should email Chief Ryan Wilber at [ryan.wilber@navy.mil](mailto:ryan.wilber@navy.mil). Personnel from other commands on board NCBC who would like to volunteer, should contact their command volunteer representative to fill out needed paperwork and determine a date and time slot to volunteer.

## PASS CHRISTIAN MIDDLE

**SCHOOL** - Pass Christian Middle School needs volunteers to serve as proctors for the

MCT2, tests May 13-15. A test administrator (teacher) and a proctor are needed in classrooms and hallways. A mandatory brief training will be held for volunteers May 6, at 3:15 p.m. or May 7, at 8 a.m., where volunteers will be advised on duties and given test security information. Alternate training times are possible. To volunteer, please email Tisha Posey at [Tposey@pc.k12.ms.us](mailto:Tposey@pc.k12.ms.us) or 228-452-5220 with contact information and training preference time.

## LYNN MEADOWS DIS-

**COVERY CENTER** – Lynn Meadows Discovery Center is hosting the Bear Creek Music Festival May 3, 10 a.m. – 10 p.m. The festival will attract vendors and musicians from all over the Gulf Coast. Volunteers are needed to work morning, afternoon or night shifts to help with all facets of the event. For more information, please contact Chelsea Dillon at [ChelSwan09@gmail.com](mailto:ChelSwan09@gmail.com).

## 28th STREET ELEMENTARY

28th Street Elementary needs approximately 25 volunteers to proctor tests the week of April 29 – May 2 and May 13-15. To volunteer, contact Jill Conwill, [jill.adams@gulfportschools.org](mailto:jill.adams@gulfportschools.org).

## MAKE-A-WISH MISSIS-

**SIPPI** - Make-A-Wish Mississippi is having a Hero 5K at 8 a.m. May 3 at Biloxi Town Green. Volunteers are also needed to man water stations and help with set up and clean up. Volunteers can contact Shellie Moses at [smoses@ms.wish.org](mailto:smoses@ms.wish.org) or 228.575.8691. Race starts at 9. Runners, walkers, and even people pushing baby carriages can don their favorite super hero costume and come out join the fun on a USTA timed 5k course through downtown Biloxi. Children ages 12 and under can race a 1k, fun run course. People can register at <http://www.eventbrite.com/e/make-a-wish-mississippi-be-a-hero-5k-ben->

[efiting-south-mississippi-wish-kids-tickets-10979204095](http://www.eventbrite.com/e/make-a-wish-mississippi-be-a-hero-5k-ben-efiting-south-mississippi-wish-kids-tickets-10979204095). Volunteers are also needed to man water stations and help with set up and clean up. Volunteers can contact Shellie Moses at [smoses@ms.wish.org](mailto:smoses@ms.wish.org) or 228.575.8691.

## ANNISTON ELEMENTARY

Anniston Elementary, 2314 Jones Street, Gulfport, is in need of proctors for May 13-15, for the Mississippi State Test - MCT2. There will be a short training regarding test protocol and security before these dates that can be scheduled on a case by case basis. Volunteers will need to be at the school on testing days at 7:15 a.m., and remain until all students in their assigned room have completed the test. Please contact Rebecca Pacher at 228-896-6309 or [rebecca.pacher@gulfportschools.org](mailto:rebecca.pacher@gulfportschools.org) if you can help.

## BOOST READING PRO-

**GRAM** - 28th Street Elementary School is looking for volunteers to listen to students read and help them complete reading comprehension questions. Volunteers time is in 30 minute intervals from 9 a.m. - 2 p.m., Monday - Thursday. To volunteer, please call Samantha Benson, 228-867-2140.

## GULFPORT SCHOOLS IN

**NEED OF TRANSLATORS** The Gulfport School District is looking for volunteers to translate on an as needed basis. Currently there is a need for Spanish, Vietnamese and Chinese translators. For more information, please contact Velma Johnson, 228-865-4611 or [velma.johnson@gulfportschools.org](mailto:velma.johnson@gulfportschools.org).

## NAVAL SEA CADET CORPS

- The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education

organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America's youth. To volunteer, please contact Lt. Cmdr. Thomas O. Klomps, NSCC, at [Region63@juno.com](mailto:Region63@juno.com) or 850-890-6792.

## COAST SALVATION ARMY

Volunteers are needed for various projects throughout the year. Contact [Shawna\\_Tatge@uss.salvationarmy.org](mailto:Shawna_Tatge@uss.salvationarmy.org) if you have a bit of spare time.

## HELP SENIORS AND DIS-

**ABLED CITIZENS** Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handy-men/ women. To volunteer, call Mag Holland, 228-896-0412.

## NAVY-MARINE CORPS

### RELIEF SOCIETY

The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Those who are interested in volunteering at the store are asked to call 228-871-2610.

## USS ALABAMA ALWAYS

**LOOKING FOR HELP** - The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

## USO GULF COAST

Interested in volunteering? We need volunteers every day to assist at our centers throughout the Military community. To become a USO volunteer, you'll need to create a volunteer profile through [www.usovolunteer.org](http://www.usovolunteer.org). This website allows you to keep track of your hours. Contact Nicole Lewis at [nlewis@uso.org](mailto:nlewis@uso.org) for details.

## NCTC Biscuit and Gravy SAAM

**Fundraiser** – NCTC will be accepting donations during a biscuit, gravy and coffee fundraiser April 4 in the big parking lot behind building 376 from 7 – 8 a.m. All proceeds will go toward raising money for the certificates and awards that will be presented to participants of the SAAM (Sexual Assault Awareness Month) 5K Fun Run at Ladd Circle, April 25 at 11 a.m.



## Run for Relief 5K Walk/ Jog/Run

Run for Relief 5K is April 11, 6:30 p.m. at Run-N-Tri in Gulfport. The fastest three person military team takes the 2014 Team Trophy home to their command. Awards: Military Team, Overall Male/Female, Masters Male/Female, Grandmasters Male/Female, Senior Male/Female, Usual Age Group Awards – 3 deep. Pre-

registration fee: \$15, Race day registration: \$20 To register, go to: [http://www.run-n-tri.com/uploads/run\\_for\\_relief\\_reg\\_2014.pdf](http://www.run-n-tri.com/uploads/run_for_relief_reg_2014.pdf). Make registration fee check payable to: Navy-Marine Corps Relief Society. Mail completed form and check to: Run-N-Tri Company, 9138 Carl Legett Road, Gulfport, MS 39503. Proceeds benefit Navy and Marine Corps service members. Visit [www.nmc.rs.org](http://www.nmc.rs.org) for more information.

# Seabee Memorial Chapel Events



Children's church shaking up the Sunday morning Protestant service at the Seabee Memorial Chapel, March 30. (Photos courtesy of Seabee Memorial Chapel/Released)



Feeding Naval Construction Training Center students after church at the Seabee Memorial Chapel, March 30. (Photo courtesy of Seabee Memorial Chapel/Released)

Follow the Chapel on Facebook to keep up with the programs and events . . . Search "NCBC Chapel," and click "Like"

April 3, 2014

*Easter Sunday  
at the Chapel  
of Choice*

**April 20, 2014**

**6:00 Sunrise Service  
at the Seabee Lake**

**7:00 Fellowship Breakfast  
At the Chapel**

**9:30 Catholic Mass  
At the Chapel**

**10:30 Protestant Service  
At the Chapel**

For More information Contact  
the Chapel at 228.871.2454



**NCBC Center Chaplain:  
Lt. Cmdr. Ammie Davis, Chaplain**  
For more information about Chapel  
programs, please call the Chapel  
at 228-871-2454

## Seabee Memorial Chapel

### Religious Services

Sunday:

- Contemporary: 8 a.m.
- Catholic Mass: 9:30 a.m.
- Protestant: 10:30 a.m.
- Weekday Mass:  
Tuesdays at 11:15 a.m.



## What's happening at the Chapel?

### Sundays

- Contemporary (Gospel) Service: 8 a.m. (childcare available via volunteers)
- Protestant Sunday School/Trivia Bowl: 9:15 a.m. (childcare available via volunteers)
- Catholic Mass: 9:30 a.m. (childcare available via volunteers)
- Protestant Service: 10:30 a.m. (childcare/nursery available via volunteers)
- Catholic CCD (Confraternity of Christian Doctrine): 10:30 a.m.
- Club Beyond: 2 p.m. (middle to high school students)
- Beyond Club: 4 p.m. (middle to high school students)

### Tuesdays

- Catholic Mass: 11:15 a.m.
- Contemporary (Gospel) Praise and Worship Team Practice: 5 p.m. (childcare/nursery available via volunteers)
- Protestant Bible Study/Bible Bingo: 6 p.m. (childcare/nursery available via volunteers)
- Protestant Praise and Worship Team Prac-

tice: 6 p.m. (childcare available via volunteers)

- Catholic Choir Practice: 7 p.m. (childcare available via volunteers)

### Wednesdays

- Praise Break: 11:30 a.m. (30 minutes of praise and worship through music)
- Protestant Women of the Chapel Bible Study: noon to 1 p.m. (childcare available via volunteers)

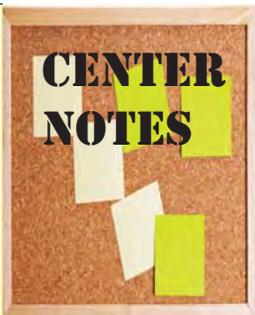
### Meetings:

#### Chapel Council meetings

The Seabee Memorial Chapel Council meetings will meet the last Sunday of each month following service time. This is a time for council members to meet with Chaplain Davis. Quarterly "State of the Chapel" meetings

The Chapel will hold State of the Chapel meetings with Chaplain Davis and Father Paddy open to all congregation members. The meetings will be at 5 p.m. , for approximately 30 minutes Feb. 3, May 5, Aug. 4 and Nov. 3.

Seabee Courier



**SUPPORT**

**Family Readiness Groups**

**NMCB 1 FRG** invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and babysitting is provided during deployment. Contact FRG President Jenny Richter, e-mail nmcbonefrg@gmail.com.

**NMCB 11 FRG** For more information regarding the NMCB 11 FRG, please visit Facebook, nmcb11frg or email us at nmcb11frg@gmail.com.

**NMCB 74 FRG** All families of NMCB 74 are invited to the 74 FRG meeting the third Monday of each month. Meetings are at the MWR Youth Activities Center, building 335, behind the Grinder on NCBC. Socializing begins at 5:30 p.m., and meetings begin at 6 p.m. Bring a covered dish to share at our potluck dinner. Children are welcome. Email nmcb74fsg@yahoo.com or visit our Facebook page at "NMCB74 Fearless FRG" for details.

**NMCB 133 FRG** invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and babysitting is provided. Please bring a dish to share. For more information, contact FRG President Jaime

Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

**FOCUS**

**Families OverComing Under Stress** provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email Gulfport@focusproject.org

**Gulfport Officer's Spouse Club** The Gulfport Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@gmail.com or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see YOU soon!

**Navy Wives Clubs of America, Inc.** The Navy Wives Clubs of America, Inc., is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit [www.navywivesclubsof-america.org](http://www.navywivesclubsof-america.org) for more information on NWCA.

**NMCRS** The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday

and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

**Gamblers Anonymous**

The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.

**TRAINING**

**Naval Sea Cadets** The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nationwide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

**PMI Membership Drive**

The Project Management Institute ([www.pmi.org](http://www.pmi.org)) is recruiting project planning professionals for membership into the PMI Southern Mississippi Chapter. PMI is one of the world's largest not-for-profit membership associations for the project management profession. Their professional resources and research empower more than 700,000 members, credential holders and volunteers in nearly every country in the world to enhance their careers, improve their organizations' success and further mature the profession. Contact Mike Saunders at [saundersmt@earthlink.net](mailto:saundersmt@earthlink.net)

or Len Krapcha at [lkrapcha@aol.com](mailto:lkrapcha@aol.com) for more information.

**SOCIAL**

**Miss. Gulf Coast First Class Association** is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

**NCBC Multi-Cultural Diversity Committee** is seeking members. Meetings are held weekly on Wednesdays at 9:30 a.m., at the Seabee Memorial Chapel. Contact MCDC President, SW2 Crayton at 228-760-1107 or Vice President, CE2 Tandberg, 850-384-7982 for details.

**VFW Post 3937 Long Beach**

is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from Noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood Night, the remaining Fridays are Steak Night. Breakfast is served from 7 to 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of the month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602 for info.

**The Ladies Auxiliary to the VFW Post 3937 Long Beach**

would like to invite you to become a member. Our organization supports veterans, their families and current service members. In order to join, you must be the spouse, mother, daughter, granddaughter or sister of a person who has served in a foreign war. Please Contact Auxiliary 3937 President Carol Fetters at 228-832-4893.

**VFW Post 4526 Orange Grove**

is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road,

Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for more info.

**NMCB 62 Alumni Group**

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member, go to <http://nmcb62alumni.org> or for links to Seabee historical sites.

**D.A.V. - Disabled American Veterans, Chapter 5**

invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more about our organization.

**Navy Seabee Veterans of America (NSVA) Island X-1**

Gulfport is always looking to add new members. You do not have to be retired to be a member. If interested, please contact Eugene Cowhick at [eugene.cowhick@navy.mil](mailto:eugene.cowhick@navy.mil), 228-871-2488 or Robert Smith at [Robert.p.smith5@navy.mil](mailto:Robert.p.smith5@navy.mil), 228-871-2436. If you are already a member, please join us on the second Thursday of each month at 6 p.m. in the A&E Chiefs and Officers Club, NCBC Gulfport, for the Monthly Island X-1 business meeting. For more information on NSVA Island X-1, visit [www.nsva.org](http://www.nsva.org).

**HERITAGE**

**The Seabee Gift Store** is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at [www.seabeesmuseumstore.org](http://www.seabeesmuseumstore.org) or call the gift store for more information at 228-871-4779.

**Fitness Center Pool  
New Hours**

April Extended Pool Hours are:  
Monday - Friday  
5:30 a.m. - 5 p.m.  
Saturday - Sunday  
9 a.m. - 4 p.m.

**Auto Hobby Shop  
6 New Lifts**

Six new operational lifts have been installed at the Auto Hobby Shop!  
Call 228-871-2804 for details.

**More Vehicle Storage  
Spots Available**

Need somewhere to store that extra vehicle? We've got you covered with 11 new 40 foot storage spots!  
Give us a call at 228-871-2804 for more information.

April is Month of the Military Child



# Easter Egg Hunt

**Saturday April 19th**

**Ladd Circle**

Parking located on Grinder

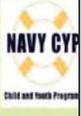
Registration begins at 9:00am  
First hunt begins at 10:00am

For more information, contact:  
Pamela Carlisle (228) 871-7460  
Jennifer Bush (228) 871-2251



**Age Groups**

0-2 years @ 10:00	5-8 years @ 10:15
3-4 years @ 10:00	9-12 years @ 10:30




## HORSESHOE CHALLENGE

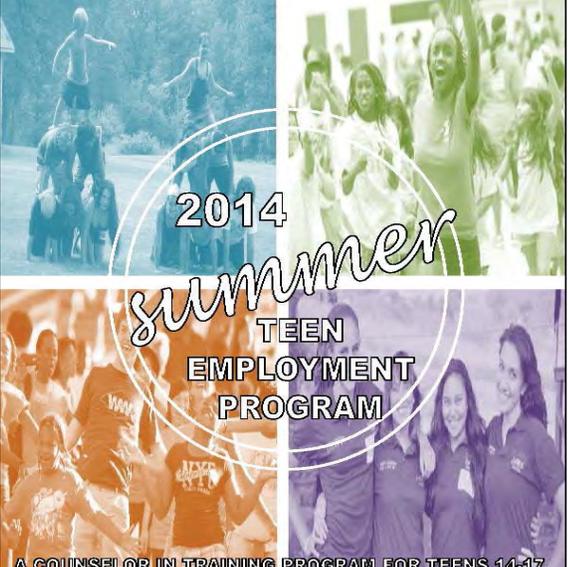
**Friday, April 11 @ 7:30am**

Fitness Horseshoe Pits (Next to West Ball Field)  
Open to Active Duty Only  
No Cost to Participate  
Sign up @ Fitness: March 28-April 11

**CAPTAIN'S CUP POINTS WILL BE AWARDED**

For more information, contact Samuel Perkins at 228-822-5109.





**2014  
summer  
TEEN  
EMPLOYMENT  
PROGRAM**

A COUNSELOR IN TRAINING PROGRAM FOR TEENS 14-17

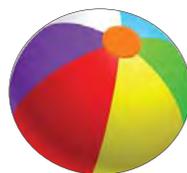
Earn work experience, leadership qualities, and **EXTRA CASH** this summer!  
**APPLICATIONS @ YOUTH CENTER BLDG 335  
DUE BY 4/25/14**

**Free Movies at the  
Training Hall**

And, don't forget about the fresh buttered popcorn and cold drinks at that sweet price that won't break your wallet!

**Movie Hotline: 228-871-3299**

**Friday, April 4:** 5 p.m., JACK RYAN: SHADOW RECRUIT, PG13;  
7:15 p.m., RIDE ALONG, PG13  
**Saturday, April 5:** 2 p.m., FROZEN, PG;  
4:30 p.m., THE NUT JOB, PG; 6:45 p.m., PARANORMAL ACTIVITY: THE MARKED ONES, R  
**Sunday, April 6:** 3 p.m., 47 RONIN, PG13; 5:30 p.m., I, FRANKENSTEIN, PG13



## 2nd Annual Gulf Coast Auto Show



**Sunday, April 6th  
FREE shuttle departs at 12 p.m.!**

Sign-up deadline is Friday, April 4th!

