

SEABEE COURIER

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Sometimes a hug says it all



Electronics Technician 2nd Class Victor Torres assigned to Naval Mobile Construction Battalion (NMCB) 11 holds his children during a homecoming event on board Naval Construction Battalion Center (NCBC), Gulfport, Aug. 7. NMCB 11 returned from a six-month deployment to the U.S. Euro-

pean Command, U.S. Pacific Command and U.S. Africa Command areas of responsibility. (U.S. Navy photo by Ensign Via Ronic Snow-hill/Released)

See return story and more photos, page 6

Skipper's Log

NCBC

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BUCN Elizabeth Mills

BUCN Samantha Opyoke

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By Capt. Cheryl Hansen
 CO, NCBC Gulfport

Greetings!

It is such a tremendous honor to take command and serve in this world class organization. As my husband and I get re-acquainted with NCBC Gulfport, we've been repeatedly impressed with all that we see. The base is thriving and has so much to offer. It is clear to me that each of you takes pride in doing your job well! The support you provide to the various commands aboard NCBC, which includes deploying units, and, by extension, to our nation's national security efforts, is top-notch.

My philosophy is simple: "What you do matters" and "You make a difference!"

What you choose to do each and every day affects our ability to execute the mission and influences the lives of those around you. Opportunities abound in our daily lives to improve your work space or processes, to help keep a friend out of trouble, to have a positive attitude or to just offer an encouraging word. Whatever the situation, the common denominator is caring about your

shipmate and the Command, realizing you can make a difference and taking action to help. I ask you all to make the effort – that is what being a shipmate is about and is what will make all of us successful.

My guiding principles reflect our Navy Ethos and can be summed up in three words: Character, Service and Teamwork.

~ Character: Integrity is the foundation of our conduct; respect for others is fundamental to our character and decisive leadership is crucial to our success. Furthermore, we are patriots, forged by the Navy's core values of Honor, Courage and Commitment.

~ Service: We are professional Sailors and Civilians – a diverse and agile force that exemplifies the highest standards of service to our nation, shipmates and their families.

~ Teamwork: We are a team, disciplined and well-prepared, committed to mission accomplishment. We will not waiver in our dedication and accountability to our Shipmates and families.

The importance of executing our mission in support of the warfighter cannot be overstated. Never underestimate your own power to lead and



change others' lives. I challenge you embrace these principles and to contribute every day to ensuring NCBC Gulfport remains an outstanding place to live, work and train.

I am so very excited to be here and proud to have the chance to continue to serve with you --Seabees, Sailors, Civilians, Marines, Soldiers and Airmen -- such an outstanding group of professionals. Thanks for the work you do every day and I look forward to working with you over the next few years ... Oorah, Shipmates!

240th Anniversary Navy Ball

An area Navy Birthday Ball will be held from 6 – 10 p.m., Oct. 3, at Oak Crest Mansion Inn, 5267 Menge Ave., Pass Christian. Ticket sales (limited to 200), are expected to begin Aug. 15. Prices are pending, but finalization is expected shortly. Stennis Navy Ball



Representative is Ensign Theresa Schultz, 228-688-5583/5479 or Theresa.schultz@navy.mil. For more information visit: <https://www.facebook.com/sscnavyball> or <http://msgulf-coastnavyball.weebly.com/> (doesn't work on NMCI).

Safe Helpline
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 Live 1-on-1 Help Confidential Worldwide 24/7

Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: www.Safe-Helpline.org; Call: 877-995-5247; Text *55-247 (inside the U.S.); Text *202-470-5546 (outside the U.S.) *Text your location for the nearest support resources.

AUDRA
SEXUAL ASSAULT SUPPORT GROUP
 AUDRA means "nobility and strength" in French

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This group offers a safe, open atmosphere for discussion and activities to facilitate the healing process

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Call FFSC at (228) 871-3000



Above and right: **Simone Callaghan, Navy Gateway Inns and Suites general manager, conducts a quality assurance check in a suite at Naval Construction Battalion Center (NCBC) NGIS. Callaghan was recently awarded the Meritorious Civilian Service award.** (U.S. Navy photos by Rob Mims/Released)

Attention to detail and everything in between

By **Rob Mims**
NCBC Public Affairs Officer

She drags her finger across the top of the bathroom mirror and sighs heavily; dust. She writes down the discrepancy. She closely examines the dimensions of a triangle at the end of the toilet paper roll and sighs again; not folded properly. She continues writing. She counts the number of sugar packets and creamers, leaves them displayed on the counter and writes some more. As if she is dying of thirst, she shakes the iron to see if even one drop will escape; it is dry.

No, this is not a boot camp inspection; that might pale in comparison. This is one of five weekly quality assurance checks of a suite at the Naval Construction Battalion Center's Navy Gateway Inns and Suites by NGIS General Manager Simone Callaghan.

"I just want everything to be perfect," said Callaghan. "Our guests deserve the very best we can give every time."

Everything from a tiny crumb in the foldout sofa to dust by the safe is annotated. A dead spider in the corner and a small smudge on the mirror is written down. These are things that will be corrected before the next guest arrives.

To some, the inspection may seem tough; however, those outstanding efforts and meticulous attention to detail have been recognized twice in Callaghan's seven years on board NCBC with the highly coveted Admiral Elmo R. Zumwalt Award for superior lodging operations.

"To me, and the team here at NCBC Gulfport, we believe that the Zumwalt is not something you "win," it is a set of standards that you strive to meet, consistently, on a daily basis," Callaghan said. "Receiving the Zumwalt award means that we are doing our job to the standards required and with stellar service."

Her supervisor agrees with the Navy veteran and 18 year civil servant, but puts more of the spotlight on Callaghan's skills as a leader.

"She continually demonstrates exceptional leadership and initiative, and is quite decisive as she sets stringent, yet achievable, performance standards," said Charles Taylor, NCBC housing director. "Intelligent, strong, confident, multi-talented and a superior work ethic are but a few of the attributes that catapult Simone to the top of a very short list of "the best in the industry. Her genuine concern for the welfare and well-being of our guests and all under her charge is extremely noteworthy."

Recently, Callaghan was personally recognized for that leadership with the Meritorious Civilian Service award, the third highest civilian award.

"Ms. Callaghan displayed exceptional leadership and relentless zeal in leading her staff of 50 civilians and

military dedicated to creating comfortable guest services for those we serve; today and tomorrow," reads the citation for the award. "Customer service oriented and ever-mindful of the value of effective employee development, she created and instituted a job qualification standard book for each division that incorporates on-the-job training and skills boards, thereby ensuring all personnel are properly trained in their daily job requirements."

"I feel very humbled and honored that anyone holds me in such high regard," Callaghan said. "I believe that I am very lucky to work for people who recognize and reward their staff. Receiving the MCS represents, to me, recognition of my dedication and loyalty to my job, mission, and the military."

While Callaghan is appreciative of the award, she is quick to give credit to others for her success, as well.

"I am also very grateful to have such a wise, fair, and compassionate department head," Callaghan said. "He is definitely a cut above the rest!"

Like good leadership, in any organization, it takes a dedicated team and a solid support system to be successful. Callaghan is the first to tell people that her individual success is a reflection of the entire team at NGIS Gulfport and the support system throughout the base.

"I would never have been able to be the manager I am without the support of my key team members and the rest of the team at NCBC Gulfport NGIS and across the installation," she said.

See Something Suspicious, Say Something Immediately!

Report suspicious activity which is defined as any observed behavior that could indicate terrorism or terrorism-related crime. Public safety is everyone's responsibility. If you see suspicious activity, report it to local law enforcement. Call 228-871-2361 or 911.

Base Housing Yard Sale

Aug. 15, 8 a.m. - 1 p.m.

Balfour Beatty Communities will post advertising info on Facebook for housing participants. For more information, call the Housing office at 228-863-0424 or email lladner@bbcgrp.com.



Buzz on the Street



By BUCN Alexandria Marek
NCBC Public Affairs

“What is your favorite season?”



“Winter, because it reminds me of home.”

BUCR Chase Vanzile
NCTC
Hometown: Molelake, Wis.



“Spring, because the weather is enjoyable.”

YNSN Sherri Phillips
NCBC
Hometown: Pine Hill, N.J.



“Summer, because I like swimming and bonfires.”

BUCA Dalton Hawkins
NCTC
Hometown: Ogema, Wis.



Children participate in one of the many games available for entertainment at the 2015 End of Summer Bash at Ladd Circle on board NCBC Gulfport, Aug. 7. The MWR-sponsored free event was for everyone on board the Center, and featured free food and drinks, games, train rides, a dunking booth, face painting, snow cones and much more! (Photo courtesy of MWR/Released)



Naval Construction Training Center (NCTC) Gulfport “A” school students, Builder Constructionman Apprentice Morgan Schaszberger, left, and Private Christian Jackson, right, assist Builder Constructionman Recruit Colt Hawkins as he uses a circular saw to cut a heel cut for rafters on board NCBC Gulfport, Aug. 6. (U.S. Navy photo by Builder Constructionman Alexandria Marek/Released)



Information Systems Technician 1st Class Milton Hill assigned to Naval Mobile Construction Battalion (NMCB) 11 is greeted by family during a homecoming event on board NCBC Gulfport, Aug. 9. NMCB 11 returned from a six-month deployment to the U.S. European Command, U.S. Pacific Command and U.S. Africa Command areas of responsibility. (U.S. Navy photo by Mass Communications Specialist 1st Class Michael C. Barton/Released)

NCBC Fire Department trains with a purpose

By BUCN Samantha Opyoke
NCBC Public Affairs

The Naval Construction Battalion Center (NCBC) Fire Department conducts a variety of monthly training exercises to help better prepare the first responder firefighters and emergency medical technicians for situations that may arise.

The most recent hands-on training was a search and rescue scenario, Aug. 4. The first responders used the fire extinguishing exercise to save the victims inside of a burning building.

To make these training events as realistic as possible, props and special effects are used. Some of the props include mannequins ranging in size from

infant to adults weighing 180 pounds and up.

All first responders must be in full gear which includes one insulated layer underneath the fire retardant final layer of clothing, entry tools, breathing apparatus, helmet, and fire retardant gloves and boots. Firefighter/EMT Brook Farmer feels it is necessary to have the different types of realistic training to better prepare for different situations.

"Training gives me the confidence of knowing my job so that when the time comes, I don't have to think before reacting," said Farmer.

Other training the department takes part in includes chemical spill training (HAZMAT), emergency medical technician train-

ing using cardiopulmonary resuscitation (CPR) and the automated external defibrillator (AED). They also train using firefighting techniques such as search and rescue, fire extinguishing, and rope rescue. All training events are mandatory for fire department personnel to ensure everyone is mission ready.

"We are always evolving and finding better or different ways to handle certain emergency situations to constantly improve," said Farmer.

The NCBC Fire Department is on call 24 hours a day, 7 days of the week with a team on standby ready to serve NCBC Gulfport. For questions on fire safety and available training, please contact Kerry Parker at 228-871-2414.



The NCBC Fire Department conducts a structural search and rescue firefighting course on board NCBC Gulfport, Aug. 4. The monthly training consists of fire hose operation, hand line operation and strategies and tactics to help better prepare the first responders for situations that may arise. (U.S. Navy photo by Builder Constructionman Samantha Opyoke/Released)

JOB FAIR

Expecting 35 actively recruiting employers!

Sponsored by Fleet and Family Support Center (FFSC), Gulfport

When: Aug. 19

Time: 10 a.m. - 2 p.m.

Where: Naval Operational Support Center (NOSC) Building 114

Bring your resume and come prepared to interview. Everyone with authorized access to NCBC Gulfport is invited. Call 228-871-3000 for additional information.

Fire Hydrant Flushing on board NCBC

Public Works Department will be performing routine scheduled water flow testing/flushing of the fire hydrants Aug. 17 - 21, between the hours of 7 a.m. - 3:30 p.m. Testing will affect all facilities and housing units south of Marvin Shields Boulevard. The fire hydrant flushing may cause some sediment in the lines to break free and cause water to look discolored. If this occurs, simply run the faucets until the water clears. For more information, please contact Public Works at 228-871-2188.

Region Legal Service Office SE BROFF Gulfport: Providing services to Command, Staff and Sailors

By LN2 Matthew Feeney
RLSO SE Gulfport

Region Legal Southeast Office (RLSO) Southeast Branch Office Gulfport provides command services advice to Navy commands throughout southern Mississippi, from Pascagoula to Stennis Space Center with Naval Construction Battalion Center (NCBC) Gulfport as our primary customer.

The SJA office provides advice in the following subject areas: administrative law, admiralty, administrative separations and processing, disciplinary options, homeland security, interactions with civilian law enforcement agencies, subpoenas, Manual of the Judge Advocate General (JAGMAN) investigations, military justice, operational law, personnel matters, Standards of Conduct, Privacy Act violations and government ethics. In short, we are the "in house counsel" to the commander and her staff.

As Staff Judge Advocate, Lt. Megan Jackler advises the command triad and tenant commands on a wide range of issues that comes up, such as disciplinary problems with service members, or civilians on base. In addition, Jackler assists the Department of Justice as Special Assistant United

States Attorney (SAUSA) for Southern Mississippi, prosecuting federal crimes that occur on the installation.

Legalman 2nd Class Matthew Feeney's primary role is to assist with military justice and administrative separations.

Ray Allen, the paralegal specialist, is a retired Army paralegal with 20 years of experience and expertise in administrative law areas such as litigation reports, barment letters, command investigations, and assisting the SAUSA with paralegal duties in federal court.

Day to day operations include: Advising commands on Military Protective Orders (MPOs), affidavits for search authorization, administrative separations, base barment letters, litigation reports, courts-martial, and anything else that comes up. MPOs are put in place to prohibit active duty members from contacting or communicating with the protected person or members of the protected person's family or household and directing that member take specified actions that support the prohibition. Affidavits for search authorization allow law enforcement to search property on the installation pursuant to command authority. We notify service

SJA Office

Lt. Megan Jackler - Staff Judge Advocate
LN2 Matthew Feeney - Military Paralegal
EO3 Gloria Bueno-Salcedo - Assistant
Mr. Ray Allen - Civilian Paralegal Specialist

members facing separation for any basis from PFA failures to misconduct and then represent the Government at administrative separation boards to determine whether the Sailor will be separated. We work with base security to recommend whether an individual is barred from the installation. Barments are a matter within the CO's discretion. Depending on the facts, a barment can prohibit an individual from visiting a specific location on base. The SJA office also provides training on these topics to help service members better understand the mission of our office.

We enjoy our relationships with all commands as well as with the other JAGs on base and we are happy to point you in the right direction if you need legal assistance or defense services from our colleagues. Please stop by Building 1, Room 144 to say hi to the team!



Left: **Builder Constructionman Fayah Varnie** assigned to **Naval Mobile Construction Battalion (NMCB) 11**, plays catch with his son for the first time in six months during a homecoming ceremony at **Naval Construction Battalion Center**. **NMCB 11** returned from a six-month deployment to the U.S. **European Command, U.S. Pacific Command and U.S. Africa Command areas of responsibility**. (U.S. Navy photos by Mass Communications Specialist 1st Class Michael C. Barton/Released)

NMCB 11 Main Body arrives home from deployment

By **NMCB 11 Public Affairs**

Members of **Naval Mobile Construction Battalion (NMCB) 11's** delayed party, as well as attached reserve unit **NMCB 14**, successfully returned to the U.S. from deployment, Aug. 9. One stop at the Training Hall and another at **Naval Operational Support Center (NOSC)** on board **Naval Construction Battalion Center (NCBC)** Gulfport, was the last requirement before the Seabees headed to their respective homes to get some much-deserved rest.

Command leadership welcomed returning troops as they unloaded

the plane and embarked the buses that would bring them on board **NCBC**. Decorated posters and T-shirts, all with customized messages were created for returning Seabees. Each message, each shirt, each representing family member may have read or came out individually, but the overall message was a resounding "Welcome Home" for all the Sailors.

To the awaiting family members, the patrol car leading the convoy of buses signaled that the deployment was finally over. Tears, excitement, joy, speechlessness, were all expressed as Seabees disembarked the buses and em-

braced their loved ones.

The battalion's **Commanding Officer, Cmdr. Jorge Cuadros**, shared with one news reporter the areas of operation **NMCB 11** were responsible for during the deployment. **Cuadros** also provided insight on some of the tasks completed over the deployment. Throughout the deployment, the battalion executed over 30,000 man-days of construction, mission support, and direct labor training. This included 59 projects, 11 recurring missions, general engineering and camp maintenance in 35 countries and territories on four continents.

"The battalion continues to execute construction projects with the highest levels of quality, in any environment," remarked **Lt. Cmdr. Kenneth Sowell**, operations officer for **NMCB 11**. This not only speaks to the diligence but also the mobility of **Naval Mobile Construction Battalion Eleven** and their hard work."

While this marks the beginning of a new and longer than normal homeport, the focus for many is getting readjusted to being home. The battalion will continue its post-deployment stand-down, and will resume a training schedule in early fall.



Seabees assigned to Amphibious Construction Battalion (ACB) One and Naval Mobile Construction Battalion (NMCB) 10, laid pontoon causeways as well as built a 8000-foot tactical air field for use by Marine and Army air forces in 1965 on **Chu Lai Beach** in Vietnam. Once complete, the Seabees went on to construct the advanced base there which relieved operating pressure from neighboring **Da Nang**. (Photo courtesy of U.S. Navy Seabee Museum/Released)

Back in time . . . Seabee history - Vietnam Era This week in Seabee History

Aug. 9
1967: A vehicle from **Naval Mobile Construction Battalion (NMCB) 1** is hit by a claymore type mine on **Route 1**; one man killed in action; five men wounded in action.

Aug. 10
1943: A Seabee team from **ACORN (Aviation, Construction, Ordnance, Repair, Navy) 11** arrives at **NOUMEA, New Caledonia**. **ACORN** was a type of advanced base where Seabees built airstrips, roads, piers, etc.

Aug. 11
1966: Main body of **NMCB**

40 departed **Davisville, R.I.** for assignment to the **30th NCR** for duty at **Chu Lai, Republic of Vietnam (RVN)**.

Aug. 12
1966: **NMCB 133** commissioned, **NCBC, Gulfport, Miss.**

Aug. 13
1968: Seabee Teams **0703** and **0704** arrived at **Da Nang, RVN** and proceed directly to **Soc Trang City** and **Go Cong City**, respectively.

Aug. 14
1970: **Cmdr. H.E. Keppel, Jr.** relieved **Lt. Cmdr. H.H. Harrell** as commanding officer of **Construction Battalion Maintenance Unit (CBMU)**

302 at **Naval Support Facility, Cam Ranh Bay, RVN**.

Aug. 15
1944: Invasion forces land on **Guam** in the **Marianas** on **July 21, 1944**. Landing forces struck north and south of the harbor. Seabees participated in the assaults, the **25th NCB** and **2nd Special NCB** on the beaches north of the harbor, and the **53rd NCB, 13th Special NCB, and CBMU 515** of the southern beaches. For three weeks, combat and construction proceeded together until finally, on **Aug. 10**, Japanese resistance came to an end.

NMCB 11 turns over to NMCB 1 in Rota



A Seabee assigned to Naval Mobile Construction Battalion (NMCB) 1, raises the unit's colors during a turnover ceremony between NMCB 11 and NMCB 1 at Naval Station Rota, Spain, Aug. 3. The turnover marked the beginning of the NMCB 1 deployment to Rota's Seabee camp, Camp Mitchell. (U.S. Navy photo by Mass Communication Specialist 1st Class Brian Dietrick/Released)

August

Tip of the Month

From Families Over Coming Under Stress (FOCUS)

August can be popular for PCSing, taking trips, going on vacations, and returning to school. All of these involve planning and problem solving. Making lists of things to do and setting schedules to be able to accomplish these tasks can be very helpful during stressful times. FOCUS (Families Over Coming Under Stress) can teach you problem solving in a "SNAP"! It's one of our great tools you can add to your toolbox while training with FOCUS!

FOCUS is a resiliency-building program of the Navy Bureau of Medicine and Surgery (BUMED). It is designed for military families and children facing the multiple challenges of combat operational stress during wartime. FOCUS promotes family strengths and supports couples and parents to help manage the challenges of military life. Through the sharing of perspectives, families make meaning together and thereby grow in unit cohesion, mutual care and effective communication. In the context of their unique stories, couples and families learn and practice key skills to enhance communication, problem solving, goal setting and overall family resilience. Making meaning as a family unit as well as enhancing resiliency skills have been shown significantly to increase a family or couple's ability to handle military and life stressors more effectively.

Contact us today to learn more about FOCUS and to schedule your fun and personalized training sessions! FOCUS is located at 304 John Paul Jones, Room 405, next to Anchors & Eagles. The main office phone number is 228-822-5736, and our general email is gulfport@focusproject.org. For more information about FOCUS, visit us online at www.focusproject.org or www.facebook.com/FOCUSresiliencytraining.



Monday, Aug. 24

4 - 5 p.m.

Balfour Beatty Properties
609 Palm Court, NCBC

**Balfour Beatty
Communities**

Learn about goal setting and make fun, family calendars to organize activities.

- ~ Learn how to set a SMART goal
- ~ Create a calendar for the family
- ~ Enjoy light refreshments

RSVP to lladner@bbcgrp.com
You MUST RSVP to confirm a spot!

FOCUS Gulfport
228-822-5736
gulfport@focusproject.org

This workshop is open to families of NCBC and is hosted by Balfour Beatty Communities



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United States Navy

OFFICIAL ONLINE MAGAZINE OF THE SEABEES SEABEEMAGAZINE.NAVYLIVE.DODLIVE.MIL

Focus on Education

Nathan's Law protects children by promoting school bus safety

By Elizabeth Mills
NCBC Public Affairs

As summer vacations end and a new school year begins, student safety is on the minds of parents and educators.

According to the Mississippi Department of Education, school bus safety is a top priority in Mississippi. The importance of bus safety was demonstrated with the passage of Nathan's Law in 2011.

Named in honor of a Laurel, Miss., kindergartner who was struck and killed by a motorist who ignored school bus protocol, Nathan's (National Association to Help another Nathan Survive) Law was enacted to protect children throughout the country.

Nathan's Law mandates the following:

- ~ Motorists are required to stop at least 10 feet from a school bus when the

- bus is loading or unloading children.

- ~ Motorists must not proceed until all children have crossed the street to or from the school bus, the flashing red lights are no longer activated, and the stop sign on the side of the bus is retracted.

- ~ Authorizes a charge of felony assault and a prison sentence of up to 20 years for motorists convicted of illegally passing a school bus that, in the process, results in injury or death.

- ~ Authorizes cameras be equipped on school bus stop arms to film perpetrators in the act.

- ~ Required the development of at least 10 questions relating to school bus safety on a driver's license test.

- ~ Established a School Bus Safety Task Force.

- ~ Prohibits school bus drivers from using cell phones, wireless communication devices, vehicle navigation systems or "personal digital assistants" while operating the bus, except in an emergency.
- ~ Increased the fine for passing a stopped school bus.

For more information on school bus safety go to Mississippi Department of Education website at <http://www.mde.k12.ms.us/OSOS/SBS>.



Navy College Director Timothy Loy, left, is pictured with Coastline Community College representative, Roxanne Towles, Mississippi Gulf Coast Community College Director, Alrie Poillion and Coastline Community College representative, Foster Flint. The Navy College Office on board NCBC is located in Building 60, room 239. (U.S. Navy photo by Builder Constructionman Alexandria Marek/Released)

Navy College stands ready to help Sailors meet educational goals

By BUCN Alexandria Marek
NCBC Public Affairs

here with the military and their families.

As director of Navy College, Loy encourages Sailors to drop by the Navy College office on board NCBC to learn how to get started in pursuing an educational degree.

The Navy College office is located at 1800 Dong Xoai Ave, Building 60, Room 239. The office is open Monday - Friday, 7:30 a.m. - noon and 1 p.m. - 4 p.m.

Education is a great way to get ahead in or out of the Navy, and a desire to help others turn their educational dreams into reality is what led Naval Construction Battalion Center Gulfport's Navy College Director Timothy Loy into his current career field.

"I like helping Sailors because I was a Navy Chief, and that's what chiefs do" said Loy.

Originally from Gibraltar, Mich., Loy retired in October 2005 from the Navy after 21 years as an Aviation Structural Mechanic Chief Petty Officer and has spent 10 years with Navy College.

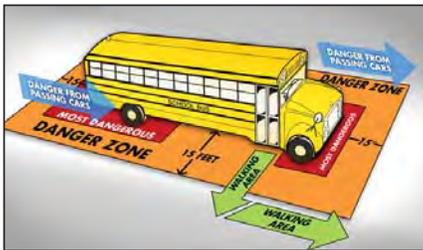
He has a Bachelors of Science degree in Professional Aeronautics from Embry Riddle University and a Bachelors in Education Studies from Ashford University. Loy recently transferred to Gulfport from Misawa, Japan and looks forward to working

Education Representatives

Navy College Director
Timothy Loy, 228-871-2758

Mississippi Gulf Coast Community College
Alrie Poillion, 228-871-0675

Coastline Community College representative
Foster Flint, 228-327-4817
Roxanne Towles, 228-871-3439



School	Morning School Zone Time	School Time	Afternoon School Zone Time
Central Elementary	0645 - 0730	0730 - 1430	1415 - 1445
Anniston Elementary	0645 - 0730	0730 - 1430	1415 - 1445
Gaston Point Elementary	0645 - 0730	0730 - 1430	1415 - 1445
West Elementary	0645 - 0730	0730 - 1430	1415 - 1445
Bayou View Elementary	0645 - 0730	0730 - 1430	1415 - 1445
Pass Road Elementary	0645 - 0730	0730 - 1430	1415 - 1445
28 th Street Elementary	0645 - 0730	0730 - 1430	1415 - 1445
Bayou View Middle	0715 - 0800	0800 - 1500	1500 - 1530
Central Middle	0715 - 0800	0800 - 1500	1500 - 1530
Gulfport High School	0745 - 0830	0830 - 1530	1530 - 1600
The Learning Center	0730 - 0815	0815 - 1430	1430 - 1500
Three Rivers Elementary	0645 - 0730	0730 - 1415	1400 - 1430
Bel-Aire Elementary	0645 - 0730	0730 - 1415	1400 - 1430
Crossroads Elementary	0645 - 0730	0730 - 1415	1400 - 1430
Harrison Central Elementary	0645 - 0730	0730 - 1355	1345 - 1415
Lyman Elementary	0700 - 0745	0730 - 1415	1400 - 1430
Orange Grove Elementary	0645 - 0730	0730 - 1415	1400 - 1430
River Oaks Elementary	0645 - 0730	0730 - 1415	1400 - 1430
North Gulfport 7 th & 8 th Grade	0715 - 0800	0800 - 1518	1515 - 1545
Harrison County Alternative	0715 - 0800	0800 - 1500	1500 - 1530

NCBC Gulfport
School Liaison Officer Kevin Byrd
MWR, Building 352, 1706 Bainbridge Ave.
Phone: 228-871-2117
email: kevin.r.byrd@navy.mil

'The Meat & Potatoes of Life'

By Lisa Smith Molinari
Special Contributor

Trash, treasure, timing

Like most hoarders, I'm in complete denial.

I see myself as a "collector" of valuable, interesting, and sentimental things.

It all started during childhood, when I felt compelled to stash away objects in an old antique chifferobe my mother saved from a junk pile and made into a girly bookcase for my room, complete with white paint and happy daisy contact paper.

The upper shelves were stacked with stuffed animals, some of which I still vividly recall: the sawdust filled donkey, the seer-sucker camel, a Dakin walrus, and an ancient Teddy bear with a tinny wind-up music box. Lower shelves held various books such as the entire Laura Ingalls Wilder series that my mother hoped I'd read but never did, and my collection of comic books -- Little Dot, Casper, Richie Rich, Wendy, Archie -- which were well worn.

But the bottom drawer of my chifferobe contained the real treasure trove.

Squirreled away, under a layer of groovy acrylic sweaters and bell-bottomed jeans, was a cherished collection of random objects. Having a particular

affinity for miniatures, I had an impressive assortment of bubble gum machine and Cracker Jack prizes, special rocks, acorns, a toy compass, junk jewelry, macramé key chains, Mexican jumping beans, abandoned crochet projects, old keys, and bottle caps.

Thirty years ago, those treasures meant a lot to me, but somewhere along the way I threw them all out. Their time had ended.

Today, I'm still collecting -- saltboxes, sea glass, vintage furniture. But thanks to the military, we must get rid of stuff every few years when it's time to move, and rest assured, I'll never be one of those people you see on TV living in a house packed to the ceiling with garbage and 17 cats.

Frequent purging is part and parcel of military life, and this often happens during the summer when most military families move. Although some cart their excess household goods off to charity thrift stores for the tax deductions, many find it easier to just give their stuff to neighbors and friends, and be done with it.

The most common items given away? Houseplants; candles;

light bulbs; televisions; exercise equipment; bicycles; strollers; Little Tykes play kitchens, houses, sandboxes and cars; grills; and, of course, booze.

Food is also a popular give away item, but there are mixed reviews from recipients. While everyone loves getting frozen steaks and unopened boxes of brownie mix, nobody wants that dusty can of hearts of palm that never got used. (Rumor has it, there's a jar of capers that has been passed among so many military families, it's origins are now unknown.)

Sometimes there are regrets. We once gave away an expensive leather recliner to a Florida base neighbor, because, at the time, it was too big for our living room. After we moved to our base house in Rhode Island, we realized that the chair would have fit perfectly into our new quarters.

I recently found out that the Navy SWO family who acquired our leather chair later got orders to Nevada, so they gave the chair to a Navy JAG family who took it with them to their new assignment in Washington, DC.

But life has a way of



closing circles when the time is right.

Last week, we traveled to Maryland to help my 82-year-old mother-in-law clear out the house that my husband and his four siblings grew up in. Eight truckloads of musty old junk were carted off to the dump, but somewhere in the heap, my husband unearthed a gem: his deceased father's favorite leather armchair.

We now realize that giving away our trash years ago, enabled us to receive an unexpected treasure.

*A 21-year Navy spouse, Lisa and her family are currently stationed in Newport, RI. Her self-syndicated columns appear on her blog, www.themeatandpotatoesoflife.com, and she recently co-authored *Stories Around the Table: Laughter, Wisdom, and Strength in Military Life*. Follow Lisa @MolinariWrites."*

Fraud, Waste and Abuse Hotline:

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRSE_HOTLINE@navy.mil

Weapon's Registration

Navy regulations require that all privately owned weapons brought on board a U.S. Navy installation be registered with Base Security and approved by the Installation Commanding Officer (ICO) BEFORE bringing a weapon on board.

For personnel who request Temporary Storage, personnel MUST declare the weapon upon arriving at any Entry Control Point. Personnel residing in government family quarters may keep their weapons at their quarters, AFTER approval of the ICO. Persons residing in the barracks are required to store their weapons with the Base Security Department.

All weapons owners desiring to bring a privately owned weapon on board must complete a weapons registration form and documentation relating to the Lautenberg Act.

All registrations must be approved by Base Security Forces. Persons found bringing unauthorized weapons on board NCBC will be subject to criminal and administrative penalties to include base debarment and loss of base driving privileges.

For further information, refer to NCBCGPTINST 3593.1.

Energy Savings Tip:

Keep up with air conditioner system maintenance - For maximum a/c performance and lower electric bills, continue to maintain your system during the dog days of summer. Change air filters each month, clip vegetation around the outside unit and don't block the vents inside your home.



NCBC Helping Hands

GULF COAST WILDLIFE REHAB – Gulf Coast Wildlife Rehab is asking for volunteers to work a concession stand at MGM Park in Biloxi, during Biloxi Shuckers baseball games. Game dates are Aug. 24 – 27 and Sept. 3 – 7. Volunteers will receive free admission to the game that they are volunteering at, as well as refreshments. Volunteers must wear khaki shorts, a business-casual shirt and closed-toe shoes. Point of contact for more information is Joel Stiles, 228-623-2034.

ADOPT A GRANDPARENT DAY – Volunteers are needed to participate in Adopt a Grandparent Day 2015 event Sept. 12, from 10 – 11 a.m. or 3 – 4 p.m. at nursing homes across Harrison, Hancock and Jackson counties. For more information, contact Kate Lawler at kate@marstonrogers.com or call 228-832-9313. Sign up at www.marstonrogers.com/events.

CRUISIN' THE COAST - Be a part of "America's Largest Block Party" Oct. 5-11 when thousands of classic, antique and hot rod vehicles arrive in South Mississippi for Cruisin' The Coast. Dozens of volunteers are needed in Gulfport at Centennial Plaza to assist Host Car Club volunteers with directing traffic, parking vehicles, hospitality and being an ambassador of good will, fun and South Mississippi. Cruisin' The Coast will provide reserved parking for volunteers, a "Staff" t-shirt, lunch for

the first shift and all the fun and fabulous vehicles you can handle. This is a unique opportunity to be a part of one of the largest collector car events in the nation. For more information, contact Craig at 228-385-3847. Cruisin' The Coast is a non-profit organization.

GULFPORT SCHOOLS NAVAL SEA CADET CORPS - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America's youth. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

USS ALABAMA ALWAYS LOOKING FOR HELP - The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

DISABILITY CONNECTION - Disability Connec-

tion provides support to individuals with disabilities, including military veterans. Volunteers are needed to build ramps and provide home inspections for needed material lists. Point of contact is Ms. O'Keefe, 228-604-4020 or office@disabilityconnection.org.

BUILD HANDICAP RAMPS - Volunteers are needed to build handicap ramps for the disabled. If you would like to help, please contact Susan Smith at Fleet and Family Support Center, 228-871-3000.

COAST SALVATION ARMY - Volunteers are needed for various projects throughout the year. Point of contact is Shawna_Tatge@uss.salvationarmy.org.

HELP SENIORS AND DISABLED CITIZENS - Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handymen/women. Point of contact is Mag Holland, 228-896-0412.

NAVY-MARINE CORPS RELIEF SOCIETY - The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Call 228-871-2610 to volunteer.

USO GULF COAST - Interested in volunteering? We need volunteers every day to assist at our centers throughout the military community. To become a USO volunteer, you'll need to create a volunteer profile through www.usovolunteer.org.

Biloxi National Cemetery to host World War II 70th Anniversary Commemorative Event Aug. 16, 9 a.m., Biloxi National Cemetery Biloxi National Cemetery in front of the Biloxi Memorial

A public wreath laying ceremony to honor member of the Greatest Generation interred in Biloxi National Cemetery as part of the Spirit of '45 World War II 70th Anniversary Commemorative Weekend

For more information, contact Graham L. Wright, Cemetery Director, 228-388-6668

Seabee Memorial Chapel

What's happening at the chapel?

Protestant

Sunday

9:15 a.m. - Sunday School (Ages 5-12 years)
10:30 a.m. - Services

Weekdays

Wednesday 11:30 a.m. - Praise Break (20 minutes of praise and worship through music)
Noon - 1 p.m. - Protestant Women of the Chapel Bible Study

Catholic

Sunday

8:30 - Rosary/Confession
9 a.m. - Mass

Weekdays

Monday, Tuesday & Friday – 11:15 a.m. - Mass

Thursday

5 p.m. - Holy Hour
6 p.m. - Mass
6:30 p.m. - Fellowship
7 p.m. - Bible Study

Please visit the Seabee Memorial Chapel Facebook page for updates: <https://www.facebook.com/ncbc-chapel>, email us at gulfportchapel.fct@navy.mil, or call us at 228-871-2454.

NCBC Center Chaplain: Lt. Cmdr. Ammie Davis



8/14-8/20

MWR Program Telephone Numbers

Facility Name	Phone	Facility Name	Phone
Anchors and Eagles	871-4607	MWR Admin Ofc	871-2538
Auto Skills Center	871-2804	Outdoor Recreation	871-2127
Beehive	871-4009	School Liason Officer	871-2117
Fitness Center	871-2668	Shields RV Park	871-5435
Aquatics	822-5103	The Grill	871-2494
Child Development	871-2323	Youth Activities	871-2251
Seabee Cinema	871-3299	Liberty Center	871-4684
ITT	871-2231		



**SATURDAY
SEPT 19TH
@ 7 am**
Family Fun Run @ 9 am
**AT NAVAL
CONSTRUCTION
BATTALION CENTER
GULFPORT, MS**
**OPEN TO THE
PUBLIC**
Gates open at
5:30am

**REGISTER &
INFO ON**
<https://register.chronotrack.com/r/13782>
228-871-2669



**Regular movie showings
Thursday- Sunday of
every week!**
**Showing this weekend:
Ant-Man 2D & 3D,
Trainwreck, Minions 3D,
MAX (\$1 SUNDAY
SHOW). For more
information, call the 24-
hour Movie Hotline
at 228-871-3299 for
show times.**

THE GRILL
871-2494
Serving breakfast & lunch
Monday-Friday
7:00 AM - 1:00 PM
We deliver on base for
lunch 11:00 AM - 1:00 PM

AUGUST LUNCH SPECIAL
BBQ pulled pork sandwich, topped with pickles, accompanied by cole slaw, fresh chips and fountain drink for **ONLY \$6.50**

\$70 Regular Season

Regular Season Tickets on SALE
SEPTEMBER 8 (ACTIVE DUTY/ RESERVE ONLY)
SEPTEMBER 9 (ALL ELIGIBLE PATRONS)

HOME GAMES
Sunday, September 20 vs. Tampa Bay Buccaneers Noon
Sunday, October 4 vs. Dallas Cowboys 7:30 pm
Thursday, October 15 vs. Atlanta Falcons 7:25 pm
Sunday, November 1 vs. New York Giants Noon
Sunday, November 8 vs. Tennessee Titans Noon
Sunday, December 6 vs. Carolina Panthers Noon
Monday, December 21 vs. Detroit Lions 7:30pm
Sunday, December 27 vs. Jacksonville Jaguars Noon

No refunds or exchanges. ITT is not responsible for lost, stolen or destroyed tickets and will not replace them. Due to government agency discounts, tickets are for the use of the purchaser only and not authorized for resale, transfer or gifting.
Limit 2 tickets per military ID per game. Limit 5 games per military ID on first day of sales.
For more information call ITT at 228-871-2231.

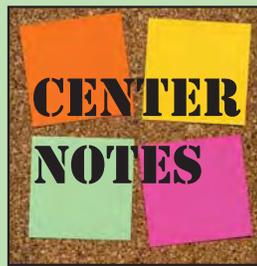
All Month – Yoga, PIYO and NOFFS workouts available.
Sign up for Flag Football from 8/1-9/1, Season starts on 9/15.
8/14 – Dodgeball Challenge starts!
8/15 – Paddleboard Class @ the Gulf of Mexico 10:00 a.m. (must have attended one intro course on Seabee Lake to participate)
Call the Fitness Center at 228-871-2668 for more information.

GEAR UP GRILLMASTERS!
Rent a Pull behind
Charcoal or Propane BBQ GRILL
At **OUTDOOR RECREATION**
for only \$30-\$40! **NEED MORE INFO?**
Call 228-871-2127

8/15 – 5 p.m., Biloxi Shuckers vs. Pensacola Blue Wahoos, \$9
8/16 – 9 a.m., NEW ORLEANS Day Trip, FREE Shuttle!
8/18 – 6 p.m., Tournament Tuesday-"That Guy" Bike Tournament!, Prize to 1st Place!
8/20 – 4 p.m., FREE MOVIE THURSDAY AT SEABEE CINEMA, Pick Up Ticket @ Liberty
For more information, call Liberty @ 228-871-4684.

August 13, 2015

Seabee Courier



SUPPORT

Family Readiness Groups

NMCB 1 FRG invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activities Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and baby sitting is provided during deployment.

NMCB 11 FRG invites all friends and family members to attend FRG meetings the last Monday of every month at 6 p.m. The meetings are held at the Youth Activities Center on board NCBC Gulfport. Children are always welcomed and child care is provided at no cost. Please join us for fun, food, and to meet and socialize with other NMCB 11 families and friends. For more information, please contact us at nmcb11frg@gmail.com or like us on our Facebook page, NMCB 11 FRG.

NMCB 133 FRG invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Activities Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information, contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

FOCUS - Families Overcoming Under Stress

provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email Gulfport@focusproject.org

Gulfport Officer's Spouse Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@gmail.com or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see YOU soon!

Navy Wives Clubs of America, Inc., is interested in reestablishing a club in the

local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit www.navywivesclubsof-america.org for more information on NAWCA.

NMCRS - The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.

TRAINING

Naval Sea Cadets

The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

SOCIAL

Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held weekly on Wednesdays at 9:30 a.m., at the Seabee Memorial Chapel. Contact MCDP President, HM3 Aterberry, 228-341-1412 or Vice President, BUCN Miller at 228-343-7545 for info.

VFW Post 3937 Long Beach - Open Monday - Thursday, noon - 8 p.m., Friday, noon to 10 p.m., Saturday, 7 a.m. - 10 p.m. and Sunday, noon to 7 p.m. Steak Night is every Friday, 5 - 8 p.m., and breakfast is available every Saturday,

7 - 10 a.m. VFW meetings are held the second Wednesday of the month at 7 p.m. New members are always welcome. For more information, contact Post 3937 at 228-863-8602.

Ladies Auxiliary to the VFW 3937 Long Beach

Are you eligible? The Ladies Auxiliary to the Veterans of Foreign Wars 3937 would like to invite you to become a member. Our organization supports veterans, their families and current service members. In order to join, you must be the spouse, mother, daughter, granddaughter or sister of a service member who has served in a foreign war. Meetings are the second Monday of each month at 7 p.m. at VFW Post 3937, 213 Klondyke Road, Long Beach. Contact Carol Fetters, president, at 228-832-4893 for more information.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for info.

NMCB 62 Alumni Group Naval Mobile Construction Battalion (NMCB) 62 was re-commissioned in Gulfport in 1966, and decommissioned in 1989. To become a member or for links to historical sites, visit: <http://nmcb62alumni.org>.

D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more information.

Navy Seabee Veterans of America (NSVA) Island X-1, Gulfport is always looking to add new members.

You do not have to be retired to be a member. If interested, contact Eugene Cowhick at eugene.cowhick@navy.mil, 228-871-2488 or Robert Smith at Robert.p.smith5@navy.mil, 228-871-2436. If you are already a member, please join us on the second Thursday of each month at 6 p.m. in the A&E Chiefs and Officers Club, NCBC Gulfport, for the Monthly Island X-1 business meeting. For more information on NSVA Island X-1, visit www.nsva.org.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at www.seabee-museumstore.org or call the gift store at 228-871-4779.



Feds Feed Families Food Drive July 7 - Oct. 31

Federal employees are working together to collect food nationwide for local food banks. Please bring non-perishable food items to drop off locations on board NCBC Gulfport: NEX, FFSC, Liberty Center, NBHC, Commissary, Seabee Chapel, Housing, all quarterdecks.

For the latest NCBC info, follow Naval Construction Battalion Center Gulfport on Facebook and Twitter; subscribe to Inside the Gate by sending an email to bonnie.lindley-mcgerr@navy.mil. Check out the website at: http://www.cnbc.navy.mil/regions/cnrse/installations/ncbc_gulfport.html. Anyone with Cable One can also view the Commanders Access Channel on Channel 100.



USO Back to School Bash

The USO Gulf Coast invites you to sign up for the 3rd Annual Park To School Bash Aug. 23, at Gulf Islands Waterpark. This event is for active duty military, reservists, guard, and their dependents. Children age 2 and under do not require a ticket for admission. If you have questions about the Back to School Bash, contact USO Gulf Coast at 228-248-0533.

For more information on the event and to sign up visit, <https://gulfoastbacktoschoolbash.eventbrite.com>.

GULF COAST USO
901 CBC 3rd Street, Building 114
228-575-5224

Free services:
FAX, Send and Receive: 228-575-5225, Copies, United Through Reading program, Computers with web cams, Internet/email access, X-Box

Office hours: Monday - Friday, 8 a.m. - 4 p.m.