

SEABEE COURIER

www.cnic.navy.mil/gulfport

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August 27, 2015



Chief selectees participate in a formation run across the Ocean Springs Bridge, Aug. 21. The selectees hailed from commands on board NCBC Gulfport, Stennis Space Center and Naval Support Activity Mid-South located in Millington, Tenn. The formation run is one of many ac-

tivities in which the newly selected chiefs will participate as part of Phase II of their CPO 365 training. The training will culminate with a pinning ceremony Sept. 16. (U.S. Navy photo by Senior Chief Mass Communications Specialist Jeffrey J. Pierce/Released)

Center Event



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Secretary of the Navy announces Innovation Awards Program

From the Office of the Chief of Information



WASHINGTON (NNS) -- Across the Department of the Navy our talented Sailors, Marines and civilians are continually creating innovative solutions to our most complex problems. Ray Mabus, Secretary of the Navy, wants to recognize the top naval innovators in our workforce today and inspire future innovators to continue developing their bold ideas for the future.

The SECNAV Innovation Awards Program seeks to recognize top DON individuals or teams who made significant innovative achievements in Calendar Year 2015. The institution of the Innovation Awards Program is part of a larger effort to incentivize contributors and leaders of innovation across the DON. These efforts include empowering and rewarding innovators by incorporating innovation into performance reviews and providing cash rewards.

The Innovation Awards Program will recognize innovators in the following areas:

* Robotics/Autonomous Systems: To distinguish advances to these emergent and vital fields, this award recognizes contributions in robotics and autonomous systems. Contributions may have occurred within the science and technology community or within the operational forces.

* Data Analytics: This award seeks to identify members of the data savvy workforce that implemented new approaches to using data analytics to improve performance, support decision making or provide meaningful insight to existing processes.

* Additive Manufacturing: This award seeks to highlight DON achievements in the field of additive manufacturing. Submissions should focus on those efforts that result in direct benefit to the operational forces through cost savings, improved readiness, expanded fleet or fleet support capabilities or led to innovative warfighter solutions.

* Innovation Leadership: This award seeks to recognize
See **INNOVATION** page 8



Eileen Hunt gave 58 years of service to her country on active duty and as a federal employee. She retired from her job as student services director for the Civil Engineer Corps Officers School (CECOS) at Naval Base Ventura County, Port Hueneme Dec. 2, 2011, and passed away Aug. 11, in Oak Harbor, Wash.

In Memoriam Eileen S. Hunt

Published in Ventura County Star

Eileen S. Hunt, "The Commodore," of Oxnard, Calif., passed away peacefully in Oak Harbor, Wash., Aug. 11, 2015.

Eileen was born in Seaman, Ohio Aug. 21, 1924. She accepted Christ as her personal Savior as a child. She reaffirmed that faith and was water baptized in 1972.

During World War II, Eileen served with the USN "WAVES" and was honorably discharged as a 1st class Yeoman. During her service she met and married Julian Patrick Hunt and became a 20-year Navy wife.

She began her civil service career at Yards and Docks, Port Hueneme, Calif., in 1957 and after 56 years of continuous service to her country, retired Dec. 2, 2011.

Most of her career, she served as Director of Student Services at her beloved CECOS (Civil Engineer Corps Officer School) at Naval Base Ventura County.

Eileen was preceded in death by her parents, Martin and Marjorie Smittle, brother Jack and sister Maxine. She is survived by daughter, Candace (Gary) Cantrell of Oak Harbor, Wash., son, Dennis Michael Hunt of Oxnard, Calif., and daughter, Cathy (Ben) De La Torre of Simi Valley, Calif. She also leaves behind seven grandchildren and seven great-grandchildren.

Ms. Eileen requested no services. She felt she had more than her share of honors during her blessed life. Under the care of "The Neptune Society," her ashes will be scattered off the beautiful Ventura County coast. When you walk the beach or drive by the ocean, give the "Commodore" a little salute. "Fair Winds and Following Seas."

Those who wish to may make a memorial donation in Eileen's name to: the CEC/Seabee Historical Foundation, P.O. Box 657, Gulfport, MS 39502-0657.

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Buzz on the Street



By BUCN Elizabeth Mills
NCBC Public Affairs

“What do you want to learn in pre-school this year?”



“I want to learn some letters!”

Braden
Age 4



“I want to learn my letters and know my ABC’s.”

Avery
Age 4



“I want to keep my hands to myself, eat snacks, use my manners and learn new things!”

Christian
Age 4



Patrick Sinclair, a maintenance mechanic with Public Works, drills holes into the side of the pier at Seabee Lake on board NCBC Gulfport, Aug. 24. The work is part of a pier beautification project to resurface and replace rotting wood with fresh lumber. The pier is expected to reopen to base residents Aug. 28. (U.S. Navy photo by Builder Constructionman Elizabeth Mills/Released)



Service members speak with prospective employers at a Career Fair at the Naval Operation Support Center (NOSC), Building 114 on board NCBC Gulfport, Aug. 19. The fair was sponsored by Fleet and Family Support Center (FFSC) and open to all with authorized access to NCBC. (U.S. Navy photo by Builder Constructionman Elizabeth Mills/Released)



Saudi Rodgers, Fleet and Family Support Center (FFSC) Personal Financial Education Specialist, makes a financial planning worksheet for budgeting on board NCBC Gulfport, Aug. 21. For more information on how she can help with budgeting, contact Rodgers at 228-871-4704. (U.S. Navy photo by Builder Constructionman Elizabeth Mills/Released)



Visitors arriving at Ship Island travel along a 400 foot-pier on the north shore adjacent to Fort Massachusetts. Concessions and beach set ups are available on the south side of the island. (Photo from Ship Island Facebook site)

Paradise is only a short boat ride away

By BUCN Elizabeth Mills
NCBC Public Affairs

Could you imagine seeing waves crashing against the sand? Ever feel like there is nothing to do on the Gulf Coast? Have a little bit of cash in your pocket? With an 11 mile off shore ferry ride you could be resting in paradise on Ship Island!

The journey to Ship Island starts at the Ferry Terminal on the Gulfport Pier. Ship Island Excursions operates 3 U.S. Coast Guard licensed and inspected ferries; the Capt. Pete, Gulf Islander and the Pan American Clipper, that make the one hour trip throughout the spring and summer.

Upon arriving to Ship Island, visitors travel along a 400 foot-pier on the north shore adjacent to Fort Massachusetts.

Fort Massachusetts is a conserved brick fortification completed in 1868 which was used to protect New



Orleans from foreign invasions. In 1900, the fort was abandoned by the federal government. In 1933 the government sold the western section of Ship Island, including Fort Massachusetts, to American Legion Post 119 of Gulfport. The American Legion planned to use the fort as part of an island fishing resort for veterans of World War I. The island had a hotel-like resort and restaurants that were powered by a diesel light plant.

Ship Island offers visitors

outstanding birding, shelling, hiking and fishing opportunities.

According to an Aug. 19 USA Today article, Ship Island was named hidden gem of Mississippi.

"If you're looking to get away from it all, take a trip to Ship Island," said the article. "You might start to imagine you are basking in the sun on some isolated tropical isle."

Before planning a trip to Ship Island, visitors should learn about the environment and history of island and follow National Seashore guidelines to get the most from their visit. Several species live only in specific habitats such as inlets, coastlines, sand dunes or the open gulf.

Tickets for the Ship Island Excursion trip are available at the MWR Information, Ticket and Travel or at the Ship Island Excursion ticket office in Jones Park.

For more information on Ships island visit www.ms-shipisland.com.

Stay safe over the Labor Day holiday

By BUCN Samantha Opyoke
NCBC Public Affairs

According to the United States Department of Labor, the first Labor Day holiday was celebrated Sept. 5, 1882, in New York City, in accordance with the plans of the Central Labor Union. The idea spread with the growth of labor organizations, and in 1885 Labor Day was celebrated in many industrial centers of the country. On June 28, 1894, President Grover Cleveland, signed a bill to make Labor Day an official federal holiday. While Labor Day is a great way to close out summer, it can be dangerous.

Labor Day weekend is one of the deadliest times for traffic fatalities. The National Safety Council estimates 405 fatalities this Labor Day weekend. Please keep the following tips in mind as you prepare and celebrate the holiday:

Travel Tips

- ~ Carry an emergency supply kit in your trunk.
- ~ Let someone know your destination, your route, and when you expect to arrive.
- ~ Buckle up and observe speed limits.
- ~ Don't drink and drive.

Swimming Tips

- ~ Check weather and water conditions beforehand and throughout the day.
- ~ Always swim with a buddy in a designated swimming area supervised by a lifeguard.
- ~ Provide constant supervision to children in or near the water and always stay within arm's reach of young children and inexperienced swimmers while they are in the water.

~ Young children and inexperienced swimmers should wear U.S. Coast Guard-approved life jackets.

Grilling tips

- ~ Keep the grill away from the house, tree branches, or anything that could catch fire.
- ~ Always follow the manufacturer's instructions.
- ~ Keep children and pets away from the grill.
- ~ Never add charcoal starter fluid when coals have already been ignited.

For more safety information visit the Naval Safety Center at: <http://www.public.navy.mil/navsafecen/Pages/media/index-safetips.aspx> and the Red Cross website at www.redcross.org.



240th United States Marine Corps Birthday Ball Celebration

The USMC Birthday Ball Celebration is scheduled for Nov. 7 at the Golden Nugget Casino, 151 Beach Boulevard, Biloxi, MS 39530. Cocktail hour begins at 5 p.m. and tickets are \$100 each. Purchase tickets and RSVP no later than Nov. 1 (the earlier, the better, for discounted hotel rates). Uniform is: Marines: Blue Dress A or B, Army: Army Blue (Bow tie), Navy: Dinner Dress Blue or Dinner Dress Blue Jacket, Air Force: Mess Dress and Civilian: Black Tie. For more information, please contact 1stSgt Chamberlain (I&I Gulfport) at 4901 3rd Street, Bldg 114, NCBC, 228-871-3104 Office / 901-361-2293 cell or jeffrey.chamberlain@usmc.mil





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Base housing



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Base housing



Seabee Museum



Broad Ave/Security, then



Training Hall/Heritage Center/Theater

10 years after Katrina, NCBC is stronger than ever

Hurricane-force winds reached coastal Mississippi by 2 a.m., Aug. 29, 2005 and lasted over 17 hours, spawning 11 tornadoes (51 in other states) and a 28-foot storm surge, flooding 6–12 miles inland.

The day after hurricane Katrina hit, Seabees and Public Works began the rapid recovery of Naval Construction Battalion Center (NCBC Gulfport.) They cleared 106 miles of roads, removed 2,670 tons of debris, repaired 26 buildings, delivered 63,900 gallons of potable water, delivered 51,300 gallons of fuel, repaired 16 sewer projects, completed one water repair project, and made 15 power restorations.

Two days after Katrina, the Atlantic Fleet Seabees

moved beyond the fence line to help South Mississippi in their recovery.

The Fleet and Family Support Center (FFSC) became the "Community Support Mall" for assistance after the disaster. With on-site representatives from FEMA, USAA insurance, Small Business Administration, and Corps of Engineers "Blue Roof" program, FFSC processed and distributed 6,636 American Red Cross checks totaling \$5,645,290. Ten contract "Case Managers" were hired to help military and civilian families affected by Katrina. Care managers worked one-on-one with their clients to work through issues brought on by Katrina. In all 1,757 cases were open by the end of 2005.

The response to the devastation was immediate. FEMA, American Red Cross, Coast Guard, Marines and faith-based volunteers arrived to assist with hurricane recovery and were housed and fed by NCBC Gulfport. There were over 1,100 workers per week from these agencies. They were housed in Warehouse 218 from September until the end of December. Contractors and first responders were also housed in Warehouse 218 at the rate of 1,000 per week from September until the middle of November. NCBC Gulfport provided support to the American Red Cross and was the hub for all Gulf Coast American Red Cross logistics. NCBC also warehoused relief supplies for local first responders and other relief agencies.

Back in time . . .

Seabee history - Vietnam Era



Naval Mobile Construction Battalion (NMCB) 121 Delta Company personnel pouring the concrete cap on an aircraft shelter for MAG-16, DaNang, RVN, April 23, 1970. (Photo courtesy of U.S. Navy Seabee Museum/Released)

This week in Seabee History

Aug. 23

1943: 87th Naval Construction Battalion (NCB) becomes part of ACORN (Aviation, Construction, Ordnance, Repair, Navy) 12. During World War II, ACORN units were made up of a Seabee battalion and other units to build forward bases and provide facilities maintenance on them.

Aug. 24

2010: In a posthumous frocking ceremony, Steelworker 2nd Class (DV) Robert D. Stethem was promoted to the honorary rank of master chief petty officer aboard the USS Stethem (DDG 63) in Yokosuka, Japan.

Aug. 25

2009: Groundbreaking ceremonies are held at Naval Base Ventura County, Port Hueneme, Calif. for construction of the new U.S. Navy Seabee Museum to replace the older facility that opened in 1956.

Aug. 26

1968: Seabee William B. Darrah of the State Department Naval Support Unit was highly commended for his heroic efforts in extinguishing what could have been a major fire at

the United States Embassy in Prague, Czechoslovakia. Because of a curfew, the local fire department was unavailable. The members of the embassy staff, United States news correspondents, and private American citizens who were present were formed into a bucket brigade and managed to control and extinguish the fire. The United States Ambassador said, "By general agreement, the person who merits the highest praise is Seabee William B. Darrah, who knew his job thoroughly and showed great personal courage."

Aug. 27

1965: Naval Mobile Construction Battalion (NMCB) 8 transferred to Commander, Naval Construction Battalions, U.S. Pacific Fleet (COMCBPAC) from Commander, Naval Construction Battalions Atlantic (COMCBLANT).

Aug. 28

1967: At approximately 0600, the RVN Dong Ha Combat Base was subjected to an enemy rocket attack. Three of the rockets landed in the Seabee cantonment, Camp Barnes. One of the rockets made a direct hit

on a C Company berthing hut. As a result of this direct hit, four men were killed: Builder (Concrete) 2nd Class Jerry L. Newman, Builder (Concrete) Constructionman Jerome D. Patterson, Builder (Concrete) Constructionman Anthony K. Grasso, and Builder (Heavy) Construction Apprentice Richard J. Wager. Between Aug. 28 and Sept. 25, 1967, the Seabee camp at the Dong Ha Combat Base came under enemy artillery and rocket attack 47 times on 13 different days. All attacks came between 0400 and 2000, with the majority of them coming during daylight hours. As a result of these daytime attacks, construction work was greatly hampered, and sometimes came to a standstill while the Seabees sought cover.

Aug. 29

2005: Hurricane Katrina strikes the Gulf Coast. Over 3,000 Seabees from NMCBs 18, 40, 133, Construction Battalion Maintenance Unit (CBMU) 202, Amphibious Construction Battalion (ACB) 2, and a Mobile Utilities Support Equipment (MUSE) team assisted in the cleanup operations.

NMCB 1 Det. Niger



Utilitiesman 2nd Class Bryant Rodriguez, assigned to Naval Mobile Construction Battalion (NMCB) 1, stains a door at Niamey, Niger, Aug. 20. U.S. 6th Fleet, headquartered in Naples, Italy, conducts the full spectrum of joint and naval operations, often in concert with allied, joint and interagency partners, in order to advance U.S. national interests and security and stability in Europe and Africa. (U.S. Navy photo by Lt. Rory Alfree/Released)

See Something Suspicious, Say Something Immediately! Report suspicious activity which is defined as any observed behavior that could indicate terrorism or terrorism-related crime. Public safety is everyone's responsibility. If you see suspicious activity, report it to local law enforcement. Call 228-871-2361 or 911.

Weapon's Registration

Navy regulations require that all privately owned weapons brought on board a U.S. Navy installation be registered with Base Security and approved by the Installation Commanding Officer (ICO) BEFORE bringing a weapon on board.

For personnel who request Temporary Storage, personnel MUST declare the weapon upon arriving at any Entry Control Point. Personnel residing in government family quarters may keep their weapons at their quarters, AFTER approval of the ICO. Persons residing in the barracks are required to store their weapons with the Base Security Department.

All weapons owners desiring to bring a privately owned weapon on board must complete a weapons registration form and documentation relating to the Lautenberg Act.

All registrations must be approved by Base Security Forces. Persons found bringing unauthorized weapons on board NCBC will be subject to criminal and administrative penalties to include base debarment and loss of base driving privileges.

For further information, refer to NCBCGPTINST 3593.1.

Navy divers conduct training dives off shores of Roi Island

By Jordan Vinson

Associate Editor, The Kwajalein Hourglass

A crew of divers from the Underwater Construction Team (UCT) 2, headquartered in Port Hueneme, Calif., executed training dives off U.S. Army Garrison-Kwajalein Atoll (USAG-KA), June 20.

The 10 men of UCT 2's Detachment Bravo worked off USAG-KA vessels for several weeks to prepare for the installation of Reagan Test Site mission assets at the garrison. The project, a joint effort between the Air Force – a heavy user of the test site – the Navy and the Army, is poised to boost quality of service to those who rely on the site, said Henry McElreath, an RTS site engineer who worked extensively with the men of Detachment Bravo.

"This mission is about providing the best support possible to the Air Force and other customers," McElreath said. "RTS and Kwajalein Range Services personnel have participated in the design and installation of these new assets, and they will serve as the operations and maintenance team once installation is complete."

Supported by contractors and Department of the Army civilians on the program, the eight divers, one mechanic and one communications technician worked together off the garrison's Great Bridge and Patriot vessels for the better part of two weeks. The divers' relatively short training mission was actually preceded by many hours of preparation on land and topside on the boat decks, said Detachment Bravo leader Chief Petty Officer Jason Cortez.

"Practice makes perfect," Cortez said during a training dive off the Great Bridge a couple of miles south of Roi-Namur, June 9. "Everything is going really well today. I'm definitely pleased with how the detachment is handling these workups. Not only is it great diving, but it's great training also."

The rationale behind so much preparation for a short mission was made evident by the heaps of high-tech, deep diving gear the divers surrounded themselves with on the deck of the boat. Working out of four large storage containers, the divers pre-



Hospital Corpsman 1st Class William Schleisman, left, and Chief Builder Jason Cortez, the leader of Underwater Construction Team (UCT) 2's Detachment Bravo, check a stand-by diver's regulator. The divers were guided through a long list of safety checks before they began a series of training dives near Roi-Namur, off U.S. Army Garrison-Kwajalein Atoll, June 9. (U.S. Army photo by Jordan Vinson/Released)

pared hundreds of feet of air supply umbilical hoses, scuba tanks, banks of large cylinders containing gas mixtures, diver-to-surface communications equipment, special deep diving helmets, hydraulic cutting tools and more – all necessary for even a short, routine mission.

"When we've got guys in the water, there's no room for error. Their safety is my number one priority," Cortez said as his team tweaked air regulators on the divers' equipment and dialed in the controls on a large air supply control station the team

calls a surface-supplied system. "We're doing these dry runs to make sure we work out any and all kinks there might be."

With the help of topside crewmembers remaining on deck, divers wedged their heads into the heavy, yellow helmets fit to resist pressures of up to 800 feet in depth. After a lengthy equipment check, the divers leapt off the deck of the Great Bridge into the warm, turquoise-colored water and started their descent.

"Divers are traveling," yelled a topside crewman, hunkered over a small monitor that provided the crew a first-person view from the divers' helmet-mounted cameras. Connected to another part of the helmet was the suite of umbilical tubes feeding the divers with the air they needed to survive. A pair of crewmen topside tended to the divers below, feeding the hose to them as they descended to the lagoon bottom.

After the first pair of divers reached the required depth, performed procedures underwater and ascended to the surface, it was another pair's turn. And then another. It went like that for much of the day, the entire diving crew rotating in and out of stations, some tending to the divers underwater, others monitoring air consumption rates at the air supply control station, and others gearing up for the next dive or working as stand-by divers. Giving each team member regular experience in every possible role is crucial to the detachment's success, Cortez said.

"We all work together really well," the chief petty officer said. "It helps that we've all worked together for several years. It helps develop teamwork and makes our process on the job smooth and efficient."

For Construction Mechanic 2nd Class Tristan De Delva, the training runs off the Great Bridge were a learning experience.

"The training [went] well," De Delva said. "We hit a few bumps along the road, but this team is flexible, and we adapted to the things we learned during the first few dives. This is a good group of guys, and there's nothing we can't do. I think that when the live mission comes, these guys are going to kill it. I'm pretty stoked."

August 27, 2015

Seabee Courier

Breaking News!



Starting Sept. 1 – NMCRS Gulfport Office hours are changing. The Thrift Shop hours remain the same.



| | |
|-----------|------------|
| Monday | 8am – 4pm |
| Tuesday | 8am – 6pm |
| Wednesday | 8am – 4pm |
| Thursday | 8am – 4pm |
| Friday | 8am – 4 pm |

'The Meat & Potatoes of Life'

By Lisa Smith Molinari
Special Contributor

A word about cussing

To my mother, a first grade teacher for 30 years, every day was an opportunity to make a difference in the life of some squirmy, rag tag, grubby little six-year-old. And cussing, therefore, was out of the question.

Other than an occasional cathartic "Damn!" (considered quite proper in her home state of Kentucky) my mother rarely uttered a legitimate swear word. When frustrated, she would sometimes begin to form the "sh" sound, but just as we thought she was about to emit a well-known expletive, the word would morph into "SHHugar!" or "SHHoot!" or a long string of biblical characters such as "SHHadrach, Meshach, and Abednego!"

Although she flirted with minor cuss words, there was one word that would never, and I mean never, pass over my mother's tangerine tinted lips: The "F-word."

Nowadays the F-word has, like other formerly risqué endeavors such as tattoos and visible bra straps, become rather commonplace. It's all over the premium channels, movie screens, Internet, radios and workplaces. Modern society has become desensitized to swearing over the last couple of decades, but back in the

70s and 80s when I was a kid, the F-word was considered taboo.

As far as my mother was concerned, the F-word was not an appropriate form of verbal communication. Whatever emotional cleansing or free expression might be gleaned from blurting that particular cuss word was outweighed by one's ethical obligation to civilization.

Having grown up under my mother's influence, I never really took to cussing either.

"Pardon my French," a woman in my writer's group whispered to me last week after she'd told a particularly expressive story punctuated by the F-word. In my writers' group, everyone but me swears regularly, but there was no need for her to apologize. I get it. To many people in our modern world, cuss words effectively communicate a particular level of anger, annoyance, surprise or frustration. These words flow naturally from their lips and pens as a form of free expression.

However, when I swear, it comes out as immature as a 7th grader on the middle school bus, despite the fact that I'm 49 years old. It's not that I've lived a sheltered life; I am the wife of a Navy man after all (many cuss words have nautical origins, you know) and have

worked in offices where the F-word was casually batted about by both men and women like whiffle balls. I've often felt pressured to use the F-word to fit in, but I've never been able to make it work for me.

I must admit, there have been times when I've really wanted to blurt out something foul -- on the highway, during arguments with my husband, or when trying to get the cap off of a bottle of ibuprofen when I'm particularly hormonal -- and wished there was an effective alternative to blurting the F-word.

Even my mother once sought her own alternative to the F-word.

It was 1979, and I was watching my parents argue at our kitchen table. Nothing heated, just a garden-variety marital disagreement. While I sat spreading peanut butter on saltines, my mother gave up arguing, expelled a heavy sigh, and went back to silently scribbling in her sketchbook.

My father got the final word, but my mother didn't seem bothered. She calmly finished her drawing, got up, and excused herself from the room, leaving her sketchpad propped on the napkin caddy.

Back then, we all knew my mother would never say the F-word, much less make the



infamous symbolic hand gesture for it. But, on this particular day, she found a way to express her feelings without compromising her ethical standards. There on her sketchpad, for all the world to see, was a perfect replica of a human hand -- skin, knuckles, fingernails and all -- flipping my father "The Bird."

That day, I learned a few things from my mother's unique example. That there are always alternatives to swearing. That I should weigh my options before letting any expletives fly. And that, if there's a way to swear with class, my mother had definitely put her finger on it.

*A 21-year Navy spouse, Lisa and her family are currently stationed in Newport, RI. Her self-syndicated columns appear on her blog, www.themeatandpotatoesoflife.com, and she recently co-authored *Stories Around the Table: Laughter, Wisdom, and Strength in Military Life*. Follow Lisa @MolinariWrites."*

nize top naval leaders (military or civilian) who inspire innovation within their organization. This can be done by creating an environment that fosters innovation or by removing unnecessary barriers that prevent innovation from occurring.

* Innovation Scholarship: This award seeks to recognize top academic achievements by naval officers in professional military education programs and future naval officers currently in commissioning programs. Academic faculty should nominate top academic papers focused on the future operating environment and emerging operational concepts and capabilities.

* Enlisted Innovator: Award seeks to identify top ideas from our enlisted Sailors or Marines. It is widely known that those closest to the problems often have the best solutions. However, because of the demanding workload placed upon our enlisted force, they do not have the resources to implement their good ideas. Not only will the originators of these bold ideas be recognized, their ideas will be evaluated by top experts.

* Innovation Catalyst: An effective support network is essential for innovation to succeed. This award seeks to identify the contributions of an individual who has made a significant contribution to an organization by inspiring others to innovate or directly supporting the innovative work of others.

* Outside the Box: The award seeks to identify contributions that are cross-cutting and do not neatly align to any particular field.

Follow DON Innovation at <https://www.facebook.com/DUSNMSI> or @DON_Innovation or visit our website at <http://www.secnnav.navy.mil/innovation/Pages/Home.aspx>

Fraud, Waste and Abuse Hotline: Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region.

To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRSE_HOTLINE@navy.mil

Focus on Education

No Excuses: NSW Junior Seabee achieves master's degree

By MC2 Timothy M. Black
Naval Special Warfare Command Public Affairs

Dancing to the beat of an African drum and eating lamb kabobs, they have good reasons to celebrate. In the span of one week, husband and wife, both junior enlisted Sailors, earned their degrees. Construction Electrician 2nd Class Marie Kiendrebeogo, Naval Special Warfare Command, earned her masters of Public Health from National University, June 17. Her husband, Hospital Corpsman 2nd Class Roland Kiendrebeogo, Balboa Medical Center, San Diego, Calif., earned his bachelors in Health Care Management from Southern Illinois University, June 12.

The Kiendrebeogos come from the West African country of Burkina Faso, but met before they joined the Navy while living in the United States. Marie has been in the Navy for three years, and recently advanced to petty officer second class.

"Let's say that education was not always a priority for me," said Marie. "What most people don't know about me is that I was already 20 years old when I graduated from high school. I always put soccer in front of school. As a young kid growing up, it was all about soccer, so I played soccer and neglected school.

"I kind of realized that is not how I wanted my life to be, when at 19 years old, I had my son," she continued. "I believe education is something that no one can take from you; once you have learned something, it is in your head forever."

She had to overcome many obstacles to reach this pinnacle in her life and said that it wasn't an easy ride.

"When I was half way through my masters program, I was pregnant," said Marie. "I just happened to

go into premature labor. My babies [twin girls] were born three months early; we had to spend another 97 days in intensive care after their births. That was the struggle I had because I had to be there for my babies."

Roland and Marie say that finding that balance was crucial in their success together.

"Our family never went out of balance as we recognized and accepted that sacrifices had to be made to accomplish our goals," says Roland. "It was not easy by any means.

Marie was able to push through the obstacles and said that being a role model helped her remain focused.

"I used it as a motivation, because if there is something I really want my kids to remember, it is that there is no excuse for not getting things done," said Marie. "They are all motivations. I used that time not as an excuse, but as a motivation to keep going."

Marie gained her U.S. citizenship while at Recruit Training Command in Great Lakes, Mich., in 2011. Being from Burkina Faso, a French-speaking country, Marie speaks several languages.

"I was always able to overcome my language barrier, mainly because I am very aware of it and I seek the help that I need to get where I want to be," said Marie. "At National University, they have people there to help you with writing. For my graduate degree, I did a lot of writing."

She reflects on one of her most mentally challenging courses during the 22-month program: Biomedical Statistics. With support, she was still able to pull off an A in the class.

"One of the big problems I had was my [Biomedical Statistics] course," says Marie. "It was a very difficult class for everybody. I was



Construction Electrician 2nd Class Marie Kiendrebeogo, Naval Special Warfare (NSW) Command, directs contractors doing renovations in a NSW building, San Diego, Calif., July 28. (U.S. Navy photo by Mass Communications Specialist 2nd Class Timothy M. Black/Released)

pregnant when I was taking this class, too."

After all the struggles Marie has been through, she hopes to be a role model for all.

"I want to use it as an example and as a motivation to empower other enlisted Sailors to do the same thing," said Marie. "To be honest with you, it was a tough 20 months to get my masters degree with all the things I've been through. I can tell you, that anybody can do it. You can use tuition assistance, you don't have to touch your GI Bill, you can just do it one step at a time and eventually you will get there."

Growing up in West Africa, Marie saw a lot of deaths due to preventable diseases. She says that if a disease can be prevented, no one should suffer from it. Marie would like to become a commissioned officer in the Navy's medical corps.

"The ultimate goal is to become a health care

See JUNIOR page 12

Education Notes

Navy-wide Advancement Exams

Advancement exams will take place as follows at Building 433 (Tactical Training Facility): Sept. 3 (E6), Sept. 10 (E5), Sept. 17 (E4). Doors open at 6:30 a.m. Be in the Uniform of the Day and bring valid CAC.

Earn Bachelor, Masters degree on-line at Fort Hays State University

Fort Hays State University, founded in 1902, is a Navy Partnership Institution for Distance Learning, located in Hays, Kan. The university offers a wide variety of degree programs, both Bachelor and Master's for active duty personnel, dependents and civilian employees. FHSU is regionally accredited by the Higher Learning Commission of the North Central Association of Colleges and Schools. FHSU participates in Military Tuition Assistance Programs as well as Federal Financial Aid Programs. Fort Hays operates on a semester calendar, with classes beginning in August and January; there is also a 10-Week Summer Term. All classes required for various degrees are offered through the Internet. A full list of degree offerings may be found at <http://www.fhsu.edu/virtualcollege>. Fort Hays will accept a maximum of 60 semester hours of military credit as it applies to a specific degree. An evaluation of military credit or previous college credit can be completed at no charge to the student. For additional information, contact Dr. David Drye at daviddrye@att.net, or 228-223-4926 or through the Navy College Office, Building 60, Room 239.

Military Spouse Career Fair

Sept. 10, 10 a.m. - 1 p.m.

Fleet and Family Support Center (FFSC)
Building 30

Employers will be present to discuss LOCAL job opportunities

Call FFSC at 228-871-3000 for details.



NCBC Gulfport
School Liaison Officer Kevin Byrd
MWR, Building 352, 1706 Bainbridge Ave.
Phone: 228-871-2117
email: kevin.r.byrd@navy.mil

NCBC Helping Hands

CASA – Volunteers are needed to help Court Appointed Special Advocates for Children (CASA) unload an 18-wheeler Sept. 11 in preparation for a fund-raising garage sale. Volunteers are also needed to assist at CASA's Annual Superhero Run, Oct. 24 at 8 a.m., at Tradition which is located at 12500 Village Avenue East in Biloxi. Point of contact is Rhonda Collins, 228-865-7078 or Signey@casaharrisoncounty.org.

GULF COAST WILDLIFE REHAB – Gulf Coast Wildlife Rehab is asking for volunteers to work a concession stand at MGM Park in Biloxi, during Biloxi Shuckers baseball games Sept. 3 – 7. Volunteers will receive free admission to the game that they are volunteering at, as well as refreshments. Volunteers must wear khaki shorts, a business-casual shirt and closed-toe shoes. Point of contact for more information is Joel Stiles, 228-623-2034.

ADOPT A GRANDPARENT DAY – Volunteers are need to participate in Adopt a Grandparent Day 2015 event Sept. 12, from 10 – 11 a.m. or 3 – 4 p.m. at nursing homes across Harrison, Hancock and Jackson counties. For more information, contact Kate Lawler at kate@marstonrogers.com or call 228-832-9313. Sign up at www.marstonrogers.com/events.

CRUIISIN' THE COAST – Be a part of "America's Largest Block Party" Oct. 5-11 when thousands of classic, antique and hot rod vehicles arrive in South Mississippi for Cruisin' The Coast. Dozens of volunteers are needed in Gulfport at Centennial Plaza to assist Host Car Club volunteers with directing traffic, parking

vehicles, hospitality and being an ambassador of good will, fun and South Mississippi. Cruisin' The Coast will provide reserved parking for volunteers, a "Staff" t-shirt, lunch for the first shift and all the fun and fabulous vehicles you can handle. This is a unique opportunity to be a part of one of the largest collector car events in the nation. For more information, contact Craig at 228-385-3847. Cruisin' The Coast is a non-profit organization.

NATIVITY SCHOOL BILOXI - Volunteers are needed to assist Nativity School in preparing and holding their school carnival Oct. 16-18. Duties include: setup, working booths, serving food, moving equipment, after event tear down. Point of contact is Christina Lapasinski, 228-872-3484.

GULFPORT SCHOOLS NAVAL SEA CADET CORPS - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America's youth. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

USS ALABAMA ALWAYS LOOKING FOR HELP - The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can

work with wood, steel, and concrete for work aboard ship and around the grounds. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

DISABILITY CONNECTION - Disability Connection provides support to individuals with disabilities, including military veterans. Volunteers are needed to build ramps and provide home inspections for needed material lists. Point of contact is Ms. O'Keefe, 228-604-4020 or office@disabilityconnection.org.

BUILD HANDICAP RAMPS - Volunteers are needed to build handicap ramps for the disabled. If you would like to help, please contact Susan Smith at Fleet and Family Support Center, 228-871-3000.

COAST SALVATION ARMY - Volunteers are needed for various projects throughout the year. Point of contact is Shawna_Tatge@uss.salvation-army.org.

HELP SENIORS AND DISABLED CITIZENS - Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handymen/women. Point of contact is Mag Holland, 228-896-0412.

NAVY-MARINE CORPS RELIEF SOCIETY - The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Call 228-871-2610 to volunteer.

USO GULF COAST - Interested in volunteering? We need volunteers every day to assist at our centers throughout the military community. To become a USO volunteer, you'll need to create a volunteer profile through www.usovolunteer.org.

Seabee Memorial Chapel

What's happening at the chapel?

Protestant

Sunday

9:15 a.m. - Sunday School (Ages 5-12 years)

10:30 a.m. - Services

Weekdays

Wednesday 11:30 a.m. - Praise Break (20 minutes of praise and worship through music)

Noon - 1 p.m. - Protestant Women of the Chapel Bible Study

Catholic

Sunday

8:30 - Rosary/Confession

9 a.m. - Mass

Weekdays

Monday, Tuesday & Friday – 11:15 a.m. - Mass

Thursday

5 p.m. - Holy Hour

6 p.m. - Mass

6:30 p.m. - Fellowship

7 p.m. - Bible Study

Please visit the Seabee Memorial Chapel Facebook page for updates: <https://www.facebook.com/ncbc-chapel>, email us at gulfportchapel.fct@navy.mil, or call us at 228-871-2454.

NCBC Center Chaplain: Lt. Cmdr. Ammie Davis

240th Anniversary Navy Ball - An area Navy Birthday Ball will be held from 6 – 10 p.m., Oct. 3, at Oak Crest Mansion Inn, 5267 Menge Ave., Pass Christian. Ticket sales (limited to 200), are expected to begin shortly. Stennis Navy Ball Representative is Ensign Theresa Schultz, 228-688-5583/5479 or Theresa.schultz@navy.mil. For more information visit: <https://www.facebook.com/sscnavyball> or <http://msgulfcoastnavyball.weebly.com/> (doesn't work on NMCI).

MWR Program Telephone Numbers

| Facility Name | Phone | Facility Name | Phone |
|--------------------|----------|------------------------|----------|
| Anchors and Eagles | 871-4607 | MWR Admin Ofc | 871-2538 |
| Auto Skills Center | 871-2804 | Outdoor Recreation | 871-2127 |
| Beehive | 871-4009 | School Liaison Officer | 871-2117 |
| Fitness Center | 871-2668 | Shields RV Park | 871-5435 |
| Aquatics | 822-5103 | The Grill | 871-2494 |
| Child Development | 871-2323 | Youth Activities | 871-2251 |
| Seabee Cinema | 871-3299 | Liberty Center | 871-4684 |
| ITT | 871-2231 | | |

20th Annual Seabee Volkslauf

8/28-9/3



**SATURDAY
SEPT 19TH**
@ 7 am
 Family Fun Run @ 9 am
**AT NAVAL
CONSTRUCTION
BATTALION CENTER
GULFPORT, MS**
**OPEN TO THE
PUBLIC**
 Gates open at
5:30am
 MEDALS
TSHIRTS
**REGISTER &
INFO ON**
<https://register.chronotrack.com/r/13782>
 228-871-2669



NEW ORLEANS SAINTS
 ITT has your 2014-2015 Saints Tickets!

\$70 Regular Season

Regular Season Tickets on SALE
 SEPTEMBER 8 (ACTIVE DUTY/RESERVE ONLY)
 SEPTEMBER 9 (ALL ELIGIBLE PATRONS)

GDC ❤️

"Give Parents A Break"
 Reserve one week in advance! Dates available in Sept:
 9/3, 9/12, 9/17
 Call 871-2323

SUNRISE BURGER
 SUMPTUOUS ALL BEEF BURGER
 Topped with FRESH BROWNS, CHEESE, BACON AND EGG
UTTER PERFECTION
 FOR ONLY \$5.50

THE GRILL
 871-2494
 Serving Breakfast & Lunch
 Monday-Friday
 7:00 AM-1:30 PM
 We deliver on base for lunch 11:00 AM-1:00 PM

SCAVENGER HUNT
 Play the Game! See the Sights!
 Saturday, September 5th
 9:00am at ITT
 \$39.95 PER GROUP OF 7

Open to ALL, transportation to and from New Orleans included with APP. Scavenger Hunt requires at least one person have a Smart Phone. For more information, contact ITT @ (228) 871-2231.

SEABEE CINEMA

Regular movie showings
 Thursday- Sunday of every week!
 Showing this weekend:
Vacation, Trainwreck, Shaun the Sheep, Minions, Pixels; Ant-Man (\$1 SUNDAY SHOW).
 Coming next week:
Fantastic Four, The Gift and Mission Impossible - Rogue Nation. For more information, call the 24-hour Movie Hotline at 228-871-3299 for show times.

NAVY FITNESS
 STAY HEALTHY-STAY FIT-STAY NAVY

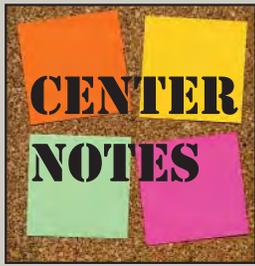
All Month - Yoga, PIYO, Water Aerobics and NOFFS workouts available.
 Starting 9/1 - new classes and new times! Check out the MWR Facebook page for details - www.facebook.com/ncbcmwr
 Sign up for Flag Football from 8/1-9/1, Season starts on 9/15.
 Sign up for 9/8 Football Clinic from 8/21-9/1.
 Register from 9/1-9/18 for King of the Court Volleyball Tourney!
 8/28 @ 0630 - Captains Cup Battle of the Ropes Tug 'O War!
 Private Swim Lessons available
 4x30 minute session for \$45, Free for active duty.
 Call the Fitness Center at 228-871-2668 for more information.

8/28 @ 6 p.m., Liberty's Got Talent, Prize to 1st, 2nd & 3rd Place!
 8/29 @ 9:30 a.m., Waterville USA Trip, \$25
 8/30 @ 9:30 a.m., Mobile, AL Flea Market
 9/1 @ 6 p.m., Tournament Tuesday - Ping Pong, Prize to 1st Place!
 9/2 @ 6 p.m., Liberty FANTASY FOOTBALL Draft! LET THE GAMES BEGIN!, 1st, 2nd and 3rd Place prizes at the end of the season!
 9/3 @ 6 p.m., FREE MOVIE THURSDAY AT SEABEE CINEMA, Pick Up Ticket @ Liberty
 For more information, call Liberty @ 228-871-4684.



August 27, 2015

Seabee Courier



SUPPORT

Family Readiness Groups
NMCB 1 FRG invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activities Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and baby sitting is provided during deployment.
NMCB 11 FRG invites friends and family members to attend FRG meetings the last Monday of every month at 6 p.m. The meetings are held at the Youth Activities Center on board NCBC Gulfport. Children are always welcomed and child care is provided at no cost. Please join us for fun, food, and to meet and socialize with other NMCB 11 families and friends. For more information, please contact us at nmcb11frg@gmail.com or like us on our Facebook page, NMCB 11 FRG.
NMCB 133 FRG invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Activities Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information, contact FRG Presi-

dent Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.
FOCUS - Families Overcoming Under Stress provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email Gulfport@focusproject.org
Gulfport Officer's Spouse Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@gmail.com or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see YOU soon!
Navy Wives Clubs of America, Inc., is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit www.navywivesclubsof-america.org for more information on NWCA.
NMCRS - The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift

Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!
Gamblers Anonymous The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.
TRAINING
Naval Sea Cadets
The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.
SOCIAL
Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held weekly on Wednesdays at 9:30 a.m., at the Seabee Memorial Chapel. Contact MCDC President, HM3 Aterberry, 228-341-1412 or Vice President, BUCN Miller at 228-343-7545 for info.
VFW Post 3937 Long Beach - Open Monday - Thursday, noon - 8 p.m., Friday, noon to 10 p.m., Saturday, 7 a.m. - 10 p.m. and Sunday, noon to 7 p.m. Steak Night is every Friday, 5 - 8 p.m., and breakfast is available every Saturday, 7 - 10 a.m. VFW meetings are held the second Wednesday of the month at 7 p.m. New members are always welcome. For more information, contact Post 3937 at 228-863-8602.
Ladies Auxiliary to the VFW 3937 Long Beach Are you eligible? The Ladies Auxiliary to the Veterans of Foreign Wars 3937 would like to invite you to become a member. Our organization supports veterans, their families and current service members. In order to join, you must be the spouse, mother, daughter, granddaughter or sister of a service member who has served in a foreign war. Meetings are the second Monday of each month at 7 p.m. at VFW Post 3937, 213 Klondyke Road, Long Beach. Contact Carol Fetters, president, at 228-832-4893 for more information.
VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at

7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for info.
NMCB 62 Alumni Group
Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member or for links to historical sites, visit: <http://nmcb62alumni.org>.
D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more information.
Navy Seabee Veterans of America (NSVA) Island X-1, Gulfport is always happy to welcome new members. You do not have to be retired to be a member. If interested, contact Eugene Cowhick at eugene.cowhick@navy.mil or 228-871-3877. Please join us on the second Thursday of each month at 6 p.m. at the Disabled American Veterans (DAV) Chapter 5 building, 2600 23rd Ave., Gulfport, for the monthly Island X-1 business meeting and see what we're all about. For more information, visit www.nsva.org.
HERITAGE
The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at www.seabee-museumstore.org or call the gift store at 228-871-4779.

August 27, 2015



Harrison County Katrina Bonfire Remembrance - The Harrison County Board of Supervisors, along with the mayors of several cities, will hold a bonfire remembrance on Saturday. At 8:30pm all 22 of the Harrison County bonfire pits along the beach will be lit in remembrance of Hurricane Katrina.

Harrison County Board of Supervisors President, Connie Rockco said, "As the sun set on the destruction heaped upon Harrison County by Hurricane Katrina, August 29th 2005 we were enveloped in total darkness. On August 29th 2015 we will ignite 22 bonfires from Pass Christian to Biloxi that will symbolize our resilient recovery and our faith and hope in a bright future. The public is welcome to come to the beach and participate in this celebration as we move forward together.



Feds Feed Families Food Drive

July 7 - Oct. 31
Federal employees are working together to collect food nationwide for local food banks. Please bring non-perishable food items to drop off locations on board NCBC Gulfport: NEX, FFSC, Liberty Center, NBHC, Commissary, Chapel, Housing, all quarterdecks.
Goal: 10,000 pounds of food. Collected to date: 9,265 pounds of food.
Keep going NCBC!

From **JUNIOR** page 9
administrator, and I really believe I have a lot to offer as far as what the medical service corps is into, which is global health," said Marie. "I have a lot to offer because of my diversity, because of all the things I've seen. I come from a place where people are just less fortunate, coming from a place where the health care system is rarely talked about. I have that background to have the opportunity to live in the United States and see how the health care system is developed. I can see both sides and hope to bring something

meaningful to the table."
Marie has earned two bachelors degrees, one while in West Africa and the other after she earned a soccer scholarship to come to the United States in 2007. Her first degree was in marketing and management and her second one was in business administration.
"I majored in business because I always had that dream to open an orphanage in Africa," said Marie. "I thought that if I study business, I would make enough money and have the necessary knowledge to start the orphanage and manage it. Again, I have always been

driven towards doing something for the less fortunate."
She believes that WARCOM has a unique and supportive culture for Sailors.
"The Navy helped me in all the possible ways you could ever imagine," Marie said. "It's not only the tuition assistance. It is one thing to be able to pay for school but it is another thing to have that support — to push you — and I have that in the military. My senior chief was always there and he supported me. My officers helped get everything I needed to get [it] done. They gave me time to do my internship at Balboa Medical Center. That

is one of the key things that I really like about the military. They take care of their people."
Marie said she and her husband are so thankful for what the United States and the military have done to support their educational goals.
"I really want to give back to the military as an organization and be able to impact people as well because [everything] my husband and myself have been able to accomplish is because of being in the military," said Marie. "We believe in life, you don't just take, you give as well."

Energy Savings Tip:
Before cooler Fall temperatures arrive, ensure walls and heating ducts in attics and crawlspaces are insulated and in good repair to prevent heat loss. Preparing now may mean savings later!

Seabee Courier