

SEABEE COURIER



Chief of Naval Operations (CNO) Adm. John Richardson presides over a change of command ceremony for Naval Facilities Engineering Command (NAVFAC) and Chief of Civil Engineers. Rear Adm. Kate Gregory was relieved by Rear Adm. Bret Muilenburg. Gregory retired after 33 years of service. (U.S. Navy photo by Mass Communication Specialist 1st Class Nathan Laird/Released)

Muilenburg takes command of NAVFAC, Civil Engineers

By Don Rochon
Naval Facilities Engineering
Command Public Affairs

Naval Facilities Engineering Command (NAVFAC) held a change of command and retirement ceremony at the Washington Navy Yard, Nov. 4.

Rear Adm. Bret J. Muilenburg relieved Rear Adm. Kate L. Gregory, and became the 44th commander of NAVFAC and Chief of Civil Engineers. Before the ceremony, Muilenburg was promoted to rear admiral (upper half) by Chief of Naval Operations (CNO) Adm. John M. Richardson.

In his remarks, Richardson thanked Gregory for her service to the Navy and the nation. He presented her with the Distinguished Service Medal for exceptional merito-

rious service while serving as NAVFAC commander.

Gregory reflected on her time at NAVFAC.

"I cannot be more proud of how the NAVFAC workforce executed our mission of building and maintaining sustainable facilities, delivering utilities and facility services, and providing world-class expeditionary capabilities for our naval forces," she said. "These extraordinary efforts enabled the operational success of our Navy and Marine Corps commanders."

Gregory also spoke fondly of her service with the Seabees.

"I will also very much miss my time serving with the Naval Construction Force," she added. "Seabees work with just an incredible sense of

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15th Annual Gulf Coast Veterans Day Parade



Overcast skies and an occasional drop of rain did not keep thousands of people for coming out in support of veterans and active duty personnel of all services at the Gulf Coast Veterans Day Parade in downtown Gulfport, Nov. 7. Whether marching in unison or waving to the crowd from high above on floats, Soldiers, Sailors and Airmen were proudly representing Naval Construction Battalion Center (NCBC) at the parade. (U.S. Navy photos by Senior Chief Mass Communication Specialist Jeffrey J. Pierce/Released)

Thanksgiving 'Shout Out' Opportunity for All Sailors

From NCBC Public Affairs

For the upcoming Thanksgiving holiday, Navy Office of Community Outreach (NAVCO) is offering the opportunity to create and share short, recorded shout-outs (15-20 seconds) with a Navy key message for ALL Sailors to their families.

The deadline for participation is Nov. 20, 8 a.m., EST.

To participate:

~ Call 1-855-OUR-NAVY (1-855-687-6289)

~ Wait for 3-5 second pause after voice

directions and record message, using the template script below, after beep.

~ Once you hang-up, the audio file will automatically be sent to NAVCO's email where it will be screened before being shared with radio media outlets in the Sailors' hometown.

~ Speak AUDIBLY and CLEARLY. If NAVCO cannot understand your name, hometown or command your shout-out will be unusable.

The script to use is:

"THIS IS U.S. NAVY (RANK) (FULL NAME)

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Skipper's Log

NCBC**Commanding Officer**

Capt. Cheryl Hansen

Public Affairs Officer

Rob Mims

Courier Staff**Editor**

Bonnie L. McGerr

Special Contributors

BUCN Elizabeth Mills

BUCN Samantha Opyoke

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Thankfulness

By Capt. Cheryl Hansen
NCBC Commanding Officer

Each November, many people stop for a moment to remember the people and things for which they are thankful. Many say an extra prayer of thankfulness. I thought I would take a minute to let you know some of the reasons I am thankful.

To start, I am thankful we live in a country where we are free to worship how we see fit. I know in many parts of the world people are persecuted and killed because of what they believe.

I am thankful for my loving family and the ability to provide the things they need to have a happy and prosperous life, where opportunities are endless with hard work, dedication and sacrifice.

I am thankful for having a roof over my head, food on my table, clothes on my back and fresh, clean water to

drink. Many areas where we deploy do not have those same luxuries.

I am thankful for the freedom to move freely around this country and enjoy all of its remarkable beauty.

I am thankful I am a free American; however, if not for our military and all the veterans who have given so much in return for so little, that just would not be the case. I am also thankful for supportive spouses and family members who sacrifice at home during numerous deployments, especially during the holidays.

Unfortunately, many families will be separated during the holidays. I would like to encourage you to 'make a difference' by reaching out to them during the next couple of months; an ounce of support goes a long way when the stress levels are high and the morale is low.

Supporting and caring for each other is very important to me; not just during



the holidays, but every day. That is why I want you all to take care of yourselves and be safe. Operational Risk Management should be used in all situations, whether it's driving long distances, putting up Christmas lights or enduring the craziness of Black Friday sales.

From my husband, Mark and I, have a wonderful Thanksgiving and please take a moment to remember all the things for which you are thankful.

Armed Forces Disciplinary Control Board looks out for welfare of military

From NCBC Security

The Armed Forces Disciplinary Control Board (AFDCB) makes recommendations to commanders on matters concerning eliminating conditions, which adversely affect the health, safety, welfare, morale, and discipline of the Armed Forces.

The AFDCB will study and take appropriate action on all reports of conditions considered detrimental to the good order and discipline, health, morale, welfare, safety, and morals of Armed Forces personnel.

The AFDCB meets quarterly either at Keesler AFB or NCBC Gulfport. During meetings, businesses, storefronts and housing areas can be placed Off Limits.

Once placed Off Limits, Area Letters are sent out to all Tenant Commands and the information is placed on the NCBC web site providing guidance as to areas Armed Forces personnel are to avoid. The Seabee Courier also provides quarterly releases of Off Limits Areas.

Tenant Commands should ensure Off Limits Areas are posted in areas where all personnel can located and identify.

Information regarding any service member who patronizes an establishment on the Off Limits List is subject to punishment for violating Uniform Code of Military Justice Article 92 (violation of a lawful general order).

For questions, please call the Base Legal Office at (228) 871-2627.

OFF LIMITS



The following establishments have been declared "Off Limits" to all Armed Forces personnel by the Armed Forces Disciplinary Control Board as of April 21, 2015.

Biloxi: YaYa's, 2751 Pass Road; Club Veaux, 834 Howard Avenue.

Gulfport: Herbal Alternatives, 1909 East Pass Road; Herbal Alternatives, 11530 Highway 49; Rooney's Irish Pub, 1316 27th Avenue; Ice Daiquiri and Ultra Lounge, 1909 East Pass Road.

Pascagoula: Bunksmall Apartments, 708 South

Pascagoula Street. Service members are ordered not to enter or patronize these off-limit establishments or their locations. This restriction does not apply to Armed Forces police on duty or others on official business. Violations of this order are punishable under Article 92, Uniform Code of Military Justice.

This letter supersedes the previous Off-Limits List of Sept. 30, 2014.

See Something Suspicious, Say Something Immediately!

Report suspicious activity which is defined as any observed behavior that could indicate terrorism or terrorism-related crime. Public safety is everyone's responsibility. If you see suspicious activity, report it to local law enforcement. Call 228-871-2361 or 911.



Roylee Kraninger, left, and Robin Martin, customer service representatives at the Fleet and Family Support Center (FFSC), work the front desk with a smile while helping customers on board the Naval Construction Battalion Center Gulfport, Nov. 6. FFSC offers clinical counseling, family advocacy, new parent support, sexual assault prevention and response, spouse employment, transition assistance and much more. FFSC hours of operation are Monday - Thursday, 7 a.m. to 4:30 p.m., and Friday from 7 a.m. to 3:30 p.m. They are located in building 30 near the commissary. For more information about FFSC call 228-871-3000. (U.S. Navy photo by Builder Constructionman Elizabeth Mills/Released)

Naval Mobile Construction Battalion (NMCB) 11's Coalition of Sailors Against Destructive Decisions (CSADD) team took 1st place in a quarterdeck decorating competition held in October to raise awareness against domestic violence. This year's theme was, "Together We Are One Voice Against Domestic Violence." NMCB 133 and Naval Construction Training Center (NCTC), took 2nd and 3rd place respectively in the competition. CSADD chapters put junior Sailors in a position to stop shipmates from making decisions that will have negative impacts on their life and their Navy career. (U.S. Navy photo/Released)



Francies Taylor finds the item she is looking for while shopping at the Commissary on board NCBC Gulfport, Nov. 5. With Thanksgiving approaching, fresh turkeys will be on sale Nov. 16 – 30, and as quantities are limited, customers may preorder them at the customer service window. Shoppers are reminded that the commissary now has Early Bird Hours and opens Tuesday – Friday at 7:30 a.m., and also has extended hours on Tuesday and Thursday, staying open until 7 p.m. (U.S. Navy photo by Builder Constructionman Elizabeth Mills/Released)

A note from CBC Fire & Emergency Services to Fire Wardens/Facility Managers: Please inspect and ensure all fire extinguishers are signed off. There should only be one white tag per extinguisher that covers three years of inspections, starting in 2015. If there is not a tag, stop by the fire department to obtain one. If you cannot safely reach the emergency lighting, please continue to annotate when you conduct your monthly walk through of your facility, that you cannot conduct monthly inspection due to safety concerns. This information should be in your fire warden folder. If you have extinguishers for vehicles or other power equipment and they are not serviceable, the Command that owns that equipment is responsible for replacing them.

Fraud, Waste and Abuse Hotline:

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email:

Brown and Bainbridge intersection changing

Brown Avenue and Bainbridge Avenue All Way Stop Reconfiguration

Reconfigure Brown Avenue & Bainbridge Avenue as an All Way Intersection



Over the Thanksgiving Holiday, Public Works will begin reconfiguring the intersection at Bainbridge Ave. and Brown Ave. to make the intersection safer for pedestrians and vehicles. Beginning Nov. 25, the intersection will

become a 3-way stop. Flashing stop signs and warning signs will be in place for several weeks to alert motorists to the change. For more information, contact Public Works at 228-871-4270.

Buzz on the Street

BUCN Elizabeth Mills
NCBC Public Affairs

As we are celebrating Veterans of all services this week, we are asking if you have a message for our Veterans?



"Thank you for your service and your families for the sacrifices you have made."

Jean Sammons
FFSC Deployment Support
Hometown: Huntington, W.Va.



"Be sure to educate yourselves on benefits and get the information from a reputable source."

Lynn Elliston
FFSC Transition Manager
Hometown: Centralia, Ill.



"It has been a pleasure working with you."

Gerard Tarrant
FFSC Counselor
Hometown: Biloxi, Miss.

From **NAVFAC** page 1

esprit de corps and pride, and what an incredible privilege it was to have been part of this community."

A 1982 graduate of the U.S. Naval Academy, Gregory retires after serving 33 years in the Navy. She holds graduate degrees from the University of Southern California and George Washington University, and has completed the Senior Executive Program at the London School of Business.

Gregory assumed command of NAVFAC in October 2012. Previously she served as commander, Naval Facilities Engineering Command Pacific and Pacific Fleet civil engineer. Her other facilities assignments included tours in Yokosuka, Japan; Naples, Italy; San Francisco, California; Adak, Alaska; and Pearl Harbor. She also had staff tours in Washington, D.C., serving as the Seabee action officer and overseas bases planning and action officer for CNO.

Her tours with the Naval Construction Force included Amphibious Construction Battalion 1, Naval Mobile Construction Battalion (NMCB) 1, commanding officer of NMCB 133, commander of the 30th Naval Construction Regiment (NCR),

and chief of staff for the First Naval Construction Division.

She is a registered professional engineer in the Commonwealth of Virginia, a qualified military parachutist, and a Seabee combat warfare officer.

Muilenburg comes to NAVFAC headquarters from NAVFAC Pacific, where he served as commander and Pacific Fleet civil engineer from May 2013.

He was commissioned a Civil Engineer Corps (CEC) officer after graduating from the U.S. Naval Academy in 1984. His extensive educational background includes a Bachelor of Science in Mechanical Engineering, Master of Science in Engineering Management from George Washington University, and Master of Science in Environmental Engineering and Science from Stanford University. In addition, Muilenburg completed the Executive Education Advanced Program at Duke University's Fuqua School of Business.

"I am humbled at this opportunity to serve as the commander of NAVFAC and chief of Civil Engineers," Muilenburg said. "The civil service employees and Civil Engineer Corps officers who work at NAVFAC are professionals known globally for their 'can do' spirit. I look forward to working

side-by-side with this incredible group of people and can't wait to get started."

He is a qualified Seabee combat warfare officer. His operational tours of duty include assignments with NMCBs 62, 133 and 7, along with the 30th NCR. He also served as Task Force Forager commander and theater engineer for the International Security Assistance Force (ISAF) Joint Command in Afghanistan.

Muilenburg is a registered professional engineer in the Commonwealth of Virginia, a member of the Defense Acquisition Corps, and a Seabee combat warfare officer.

NAVFAC builds and maintains sustainable facilities, delivers utilities and services, enables energy security and environmental stewardship, and provides humanitarian assistance, contingency engineering response, and expeditionary combat force capabilities. Established in 1842 as the Bureau of Yards and Docks, NAVFAC enables Navy and Marine Corps readiness through 14 commands in the United States, Europe, Southwest Asia and the Far East.

For more news from Naval Facilities Engineering Command, visit <http://www.navy.mil/local/navfachq/>.

Drops & Watts: You Can't Have One without the Other



**From NAVFAC SE
Public Works
Department Gulfport**

We all know about the importance of saving energy and water. But few of us realize the drops to watts connection - that it takes energy to pump, heat, treat, and deliver the water we use every day. We turn on the bathroom lights and the shower without realizing how closely related water and energy are to each other.

On average, the annual energy used to deliver and treat water for only 10 households could power a refrigerator for more than two years. Heating water for showering, bathing, shaving, cooking, and cleaning also requires a considerable amount of energy. Homes with electric water heaters, for example, spend one-fourth of their total electricity bills just to heat water.

How can we start saving? One of the simplest ways to save both

water and energy is to install water-efficient products. WaterSense labeled products not only save water, but can help reduce your energy bills. Installing WaterSense labeled faucet aerators in your bathrooms, for example, costs just a few dollars but could save you enough electricity to dry your hair every day for a year!

You can choose from thousands of models of WaterSense labeled plumbing products. What's more, you can be sure the products

will not only save resources, but will perform well. All WaterSense labeled products are tested and independently certified to ensure they meet EPA's criteria for both efficiency and performance.

Start saving both water and energy! Look for WaterSense labeled products and Energy Star qualified appliances that use water. For more information, visit epa.gov/watersense.

Source: News from JEA, October 2015



Seabee battalions change leadership

By MCCS(SCW/SW)
Jeffrey J. Pierce
NCG2 Public Affairs Officer

Naval Mobile Construction Battalion (NMCB) 14 and NMCB 27, held change of command ceremonies a day apart on board Naval Construction Battalion Center Gulfport.

Cmdr. David W. Wilhite assumed command of NMCB 14, Nov. 5, during a ceremony held at the Training Hall. Wilhite relieved Cmdr. Marc F. Williams, who transferred to Naval Facilities Engineering Command's (NAVFAC) Navy Reserve Contingency Engineering Unit as a staff officer. Wilhite reported from NAVFAC headquarters based at the Washington Navy Yard, D.C.

Capt. Frederick A. Mucke, Commodore, SEVENTH Naval Construction Regiment (7th NCR) was the guest speaker for the ceremony. The 7th NCR is one of two reserve regiments in the Naval Construction Force (NCF) and is homeported in Gulfport.

During his speech, Williams expressed the emotions he felt as NMCB 14's commanding officer.

"Today is a little bittersweet for me, but as the man I'm about to introduce has told me, Command is a lot like owning a boat. The two best days are the day you get it

and the day you give it up with a whole lot of fun and maintenance in between," Williams said.

Upon receiving the reigns of the NMCB 14, Wilhite expressed gratitude for the opportunity.

"I would like to thank the men and women of all ranks currently serving as members of NMCB 14, for all of their extremely valuable service and for the opportunity to join their team and for the privilege of command," Wilhite said. "I am humbled with this great honor of having been selected to lead this battalion for the next two years. I am very excited about the future of NMCB 14 and the accomplishments that lie ahead for the battalion ... OORAH SEABEES, OORAH NMCB 14!"

The following day, NMCB 27 followed suit with their change of command ceremony.

Cmdr. Lester Ortiz assumed command of NMCB 27 on Nov. 6. The ceremony was held at the Navy Operational Support Center onboard NCBC. Ortiz relieved Cmdr. Gregory C. Schell, who transferred to NAVFAC Headquarters. Ortiz reported from NAVFAC's Reserve Contingency Engineering Unit.

Rear Adm. Mark J. Fung, Deputy for Naval Construction Force, Naval Expeditionary Combat Command was



CMDCM James McKinney, NMCB 14's command master chief, right, begins the transfer of the command colors from Cmdr. Marc F. Williams (upper left) to Cmdr. David Wilhite. This simple display is symbolic of the peaceful transfer of command from one commanding officer to the next. (U.S. Navy photo by Senior Chief Mass Communication Specialist Jeffrey J. Pierce/Released)

the guest speaker for the ceremony.

During his farewell speech, Schell commented on what it was like being the commanding officer for NMCB 14.

"When the rough times hit, that's when these folks really shine. They pull together and help each other, including me, said Schell. "Just the mentorship, the guidance, the leadership that I've got-



Cmdr. Lester Ortiz, left, relieves Cmdr. Gregory Schell as the commanding officer of NMCB 27 during a change of command ceremony held on board Naval Construction Battalion Center Gulfport, Miss., Nov. 6. (U.S. Navy photo by Senior Chief Mass Communication Specialist Jeffrey J. Pierce/Released)

ten from all of my shipmates has been quite uplifting."

During his introductory speech, Ortiz expressed what he hopes to accomplish.

"As NMCB 14's commanding officer, I'm looking forward to having a pivotal role in the continued mentorship and development of the Seabees from this great battalion," Ortiz said.

NMCB 14 and NMCB 27 are two of the five reserve Seabee battalions in the NCF and are homeported in Gulfport.

Seabee battalions specialize in contingency construction, disaster response and humanitarian assistance. NMCB 14 and NMCB 27 have a complement of over 560 officers and enlisted personnel.

Deployed Seabees renovate base housing

By MC1 Brannon Deugan
NMCB 1 Public Affairs

Members from U. S. Garrison on Kwajalein Atoll's Public Works Department and U.S. Navy Seabees, assigned to Naval Mobile Construction Battalion (NMCB) 1, continued renovating base housing on Kwajalein Atoll, Republic of Marshall Islands, Oct. 28.

Over the past three months, five houses interiors have been demolished in preparation for remodeling while one unit has been completely remodeled. There are 14 total houses requiring renovation, and the project has a limited budget of approximately \$9,000 per house.

"Without the help of the Seabee's,

it was basically an impossible task when Public Works labor was factored in," said NMCB 1's Officer in Charge Lt. j.g. Cory Devonis. "This is an overall great win-win project for the Seabees and the base. The Seabees are learning great skill sets while the base will be allowed to utilize the 14 renovated houses on an island with limited space."

This project has allowed Seabees to collectively contribute to the project while learning from each other and from the personnel of the Public Works Department.

"I work mainly with electricity and this project had me doing dry wall, mudding and taping," said Construction Electrician 2nd Class Scott Tallieu. "These are trades that I am

not too familiar with, but now I am well versed and feel that if I ever need to perform these skills again, whether at home or at another site, I'll be more than ready."

Throughout the project, NMCB 1 has impressed their counterparts with hard work and a desire to learn.

"I have never worked with military personnel before," said Public Works Department's Project Supervisor Tom Johnson. "I was unsure of how they were going to view me as a civilian, but they really made me feel at ease and they were quick to take tips and not too proud to ask questions, I am most impressed by their ability to learn and get the job done and well."



Construction Electrician 2nd Class Scott Tallieu, assigned to Naval Mobile Construction Battalion (NMCB) 1, drills into place a stabilize protective tarp for the carpet of a base housing renovation project currently being led by NMCB 1 on Kwajalein Atoll, Republic of Marshall Islands, Oct. 28. (U.S. Navy photo by Hospitalman 2nd Class Isaac P. Cajinas/Released)

22 NCR successfully completes NIEX 2016

By MCCS(SCW/SW) Jeffrey J. Pierce
22 NCR Public Affairs Officer

The TWENTY SECOND Naval Construction Regiment (22 NCR) successfully completed their Navy Integrated Exercise (NIEX) 2016 on board Naval Construction Battalion Center Gulfport, Nov. 5.

The Expeditionary Warfare Development Center (EXWDC) from Joint Expeditionary Base Little Creek-Ft. Story, Va., ran and graded the exercise. They designed scenarios to test 22 NCR's ability to effectively command and control multiple expeditionary force units working together as a task force.

To create the most realistic situation possible, 22 NCR integrated their active and reserve personnel to form the Task Force Headquarters. Additionally, Naval Mobile Construction Battalion (NMCB) 133 homeported in Gulfport, NMCB 4 homeported in Port Hueneme, Calif. and Explosive Ordnance Disposal Mobile Unit ONE homeported in San Diego, Calif., were tied directly into the exercise as Combined Task Groups supported by liaison officers (LNO) from NMCB 133, NMCB 4, EODMU ONE, Coastal Riverine Group TWO and Navy Cargo Handling Battalion 13.

The exercise simulated U.S. Navy forces partnering with a host nation facing aggression from a neighboring power and in much need of military to military training and humanitarian assistance.



22 NCR's Commodore, Capt. Lore Aguayo, left, and NCG 2's Commander, Capt. Paul Odenthal, right, receive the battalion perspective on how NIEX 2016 is progressing from NMCB 133's Commanding Officer, Cmdr. Miguel Dieguez. (U.S. Navy photo by Senior Chief Mass Communication Specialist Jeffrey J. Pierce/Released)

Over the course of two weeks, EXWDC created scenarios with ever-increasing tensions and escalating threats toward the host nation of Griffon and U.S. Navy personnel.

According to EXWDC personnel, many of the scenarios used to test 22 NCR's command and control ability came from real-world events U.S.

forces have faced over the past decade.

In the end, 22 NCR was successful in meeting their objectives. According to 22 NCR's Commodore, Capt. Lore Aguayo, the Regiment's success wasn't achieved by accident.

"We were successful because of the training we held leading up to the exercise. This included command operations center training, understanding the tactical standard operation procedures, staff planning and knowing the capabilities and limitations of the other expeditionary forces," said Aguayo. "Our positive attitude and active communication during the exercise, our ability to listen to the feedback from EXWDC, and our ability to adapt to changes and improve every single day contributed to our success as well."

According to 22 NCR's Operations Officer, Cmdr. Charlie Kubic, there were two reasons why he felt the Regiment was successful.

"Our skill in managing construction translates well with managing other units," Kubic said. "The command prepared and worked really hard before NIEX to fine tune our command and control skills."

"I'm very proud of the men and women of 22 NCR to include our reserve augment, Aguayo said. "22 NCR is a mission-ready force. I have full confidence in their ability to carry out our mission and I'm ready to deploy with them whenever called upon."

NMCB 1 continues with mission



Above: NAVAL STATION, Guam - U.S. Navy Builder 2nd Class Spencer Sholette, assigned to Naval Mobile Construction Battalion (NMCB) 1, drills shingles onto the roof of the Gazebo project at the Navy Exchange on Naval Base Guam, Nov. 3. (U.S. Navy photo by Culinary Specialist 2nd Class Vincent Bradley)

Right: YAP ISLAND, Federal State of Micronesia - Equipment Operator 2nd Class Travis Morrison and Builder Constructionman Melvin Taylor, both assigned to Naval Mobile Construction Battalion (NMCB) 1, discuss construction of a window louver on a project at Yap Island, Federal State of Micronesia, Nov. 5, 2015. NMCB 1 is building a restroom facility for a local school. NMCB 1 is deployed in support of the U.S. Maritime Strategy. It offers deployable battalions capable of providing contingency construction, disaster preparation and recovery support, humanitarian assistance and combat operations support. (U.S. Navy photo by Ensign Greg Laney/Released)



'The Meat & Potatoes of Life'

By Lisa Smith Molinari
Special Contributor

Life lessons from the last of the litter

The cranberry farmer reached a calloused hand into the crate and grabbed the loose scruff of one pup's neck. Holding the limp six-week old yellow Labrador retriever at eye level, the farmer grumbled, "You can take this one if you want. The rest are spoken for."

We cradled the squishy bundle of softness and puppy breath, pretending to decide if he was the one. He might be hyperactive. He might chew my leather boots. His tail might clear coffee tables. He might scoot his rear end across the carpet in front of company.

But there was no going back. He was already ours.

The farmer put our deposit check into the pocket of his dingy jeans, then took out a knife. Quite matter-of-factly, he carved a swath of fur from the back of our pup's neck so we could identify him at pick up time. As we drove back down the long country road, we couldn't help feeling like we were meant to rescue our

puppy from the harsh realities of farm life.

As you would expect when an impossibly adorable yellow Lab puppy moves into the neighborhood, our base neighbors fell in love with the dog we named "Moby." The two-year old Golden Retriever next door named Charlie tolerated Moby's boundless energy with the compassion of a saint, playing until they were both damp with slobber.

Summer came, and six-month old Moby burst out the door of our military quarters in search of Charlie every day. Sometimes we would find Charlie waiting for Moby on our front porch, and other times Moby would find the door of Charlie's house wedged open, and race inside to wreak havoc.

But then one day in July, Charlie's house was empty. Like several other military families in our neighborhood, our neighbors had packed up and moved away.

We realized that Moby is not a regular



family pet. He is the

pet of a military family, and just like military kids and military spouses, military pets must handle the challenges of a mobile lifestyle.

Our first pet was a cat. "Zuzu" was small, fat, and afraid of her own shadow, but she moved with us four times, including three long airplane flights and one six-month quarantine while we were stationed in England. She gave up the ghost at the ripe old age of 15, and we laid her to rest in a shady spot behind our old house in Virginia Beach.

Our first dog, Dinghy, wasn't easy to transport, seeing as he was 110 pounds and almost three and

a half feet tall. We nearly defaulted on our mortgage to pay for the "giant breed" crate required for flying him overseas. When not in the cargo hold of a jumbo jet, Dinghy moved with us in the back seat of our minivan, fogging up the windows and depositing hairballs on the seats. But just like the rest of our family, Dinghy adapted to each new environment, chasing moles in Virginia, hares in Germany, crabs in Florida, and rabbits in Rhode Island. After four moves, Dinghy went to the great dog park in the sky last Thanksgiving, and there is a grave marker bearing his name in the Maine woods near the cabin we were renting.

Moby is nine months old now. He still sniffs the empty porch next door for Charlie, eventually distracting himself with sticks, rotten apples and ratty old tennis balls.

One day, the movers will come to our house again. Moby will think they came just to play with him, and will

bring them socks and squeaky toys. Then, after a scary plane ride or a long car ride, he will wonder why his bowls and bed are in a strange new kitchen.

Sometimes, I feel sorry for Moby and wonder if he would've been better off on the cranberry farm in Massachusetts.

But then, I see that Moby is serving as our family's role model. Every morning, he steps out into the world to sniff the ever-changing breeze, blissfully ignorant but eternally hopeful that with each rising sun comes the opportunity for new friends, new experiences, and new adventure.

*A 21-year Navy spouse, Lisa and her family are currently stationed in Newport, RI. Her self-syndicated columns appear on her blog, www.themeatandpotatoesoflife.com, and she recently co-authored *Stories Around the Table: Laughter, Wisdom, and Strength in Military Life*. Follow Lisa @ [MolinariWrites](https://twitter.com/MolinariWrites)."*

Energy Savings Tip:

Creative and Reflective Holiday Decorating - Not everything is about strands of lights. Reflective ornaments and tinsel are just as bright at night, so getting creative with your lighting display can multiply your resources for shine. You could even mirror your next door neighbors' frighteningly costly display with a string of silver bells on your railing. Don't forget the ribbons, wreaths, garland, and reflective menorahs, for electricity-free age-old traditions still bring holiday cheer.



Focus on Education

DoD VOLED offering Virtual Education Fair Nov. 19

By Ed Barker

Naval Education and Training Professional Development and Technology Center (NETPDTC) Public Affairs

As part of an effort to expand the reach of military Voluntary Education (VOLED) and help make higher education accessible for all service members, veterans and family members, the Department of Defense Voluntary Education Program will host its first online Virtual Education Fair Nov. 19.

The online fair is designed to enable members' participation from anywhere in the world, helping them get a head-start on the information needed to reach their education goals.

The Military Evaluations Program Manager for the Defense Activity for Non Traditional Education Support (DANTES), Taheesha Quarells said this inaugural online education fair will serve as a pilot for future events and offers several advantages over local education fairs.

"We wanted the virtual education fair to act as a force multiplier, working in conjunction with the services' education centers to offer service members a greater variety of school options," said Quarells. "Each of the 43 schools participating in this fair have both online and face-to-face programs, and are currently members of the Service members Opportunity College (SOC) Degree Network System (DNS). SOC DNS schools have simplified credit transfers and reduced residency requirements making it easier for students to complete degree requirements."

Registration is required to participate, but takes only a few minutes and is anonymous, asking only for a unique username, location, e-mail, major interest, education level and how participants heard about the fair. Advance and day-of registration for the virtual

education fair is available through: <https://dodeducationfair.com/signup.html>

Representatives from participating schools will be available via live chat from 8 a.m. to 6 p.m. EST to accommodate different time zones. The fair is designed to offer an informative, pressure-free experience, where members can learn about:

- ~ Schools having a signed agreement with the Department of Defense to provide a quality education to service members and military spouses
- ~ Financial aid options to help defray the cost of your education
- ~ Degree and certificate program offerings
- ~ Cost of Tuition and Fees
- ~ Post 9/11 GI Bill benefits

During and after the fair, several pre-recorded video information sessions will be available, including: Top high-growth career fields and degrees; Resources for choosing a school; and Bridging education and credentialing. Information from schools participating in the fair will be accessible online after the event as well.

One unique aspect of the virtual education fair is participation of education counselors representing each branch of the armed forces, offering real-time counseling during the fair.

"All of the services have unique rules, requirements and policies regarding Tuition Assistance, education plans and credit transfer options," said Dr. Deborah Harris-Sims, manager of special projects for Navy VOLED. "During the online fair, service counselors will be able to explain and clarify any misconceptions that service members may have about education benefits and get answers that are accurate for their particular service branch."

Quarells added that rarely will service members and their families find so many resources in one place and the virtual education fair is perfect for those who might not have an educational support office nearby.

"Depending on their location, it can be challenging for service members to find answers to their education questions quickly," she said. "During the virtual education fair, not only will they be able to speak with someone from DANTES or a counselor from their service, but they will also be able to chat live and get real-time answers from Federal Student Financial Aid and post-9/11 GI Bill representatives." For additional information about the DoD Voluntary Education Virtual Education Fair, visit: <http://www.dodeducationfair.com>.



EBEYE, Republic of Marshall Islands - Construction Mechanic 2nd Class Kendra Rauch, assigned to Naval Mobile Construction Battalion (NMCB) 1, answers questions from seniors during a weekly Armed Service Vocational Aptitude Battery (ASVAB) tutoring session at Ebeye High School, Republic of Marshall Islands, Nov. 7. NMCB 1 conducts weekly tutoring sessions in math and reading comprehension to senior students on Ebeye Island and NMCB 1 is deployed to provide humanitarian aid to the Republic of Marshall Islands. (U.S. Navy photo by Hospitalman 2nd Class Isaac P. Cajinas/Released)

FFSC Career Fair

Nov. 17, 10 a.m. - 1 p.m.
Fleet and Family Support Center
Building 30

Bring your resume and come prepared to interview.



Spouses welcome!

Education Notes

Genealogy for Beginners

Interested in tracing your ancestry? Fleet and Family Support Center (FFSC) Gulfport is hosting Genealogy for Beginners, Nov. 19, 9:30 a.m. - 3 p.m. The course will be taught by Joyce Griffith and Anne Anderson, both genealogy subject matter experts. Everyone with authorized base access is invited. Sign up by calling FFSC, 228-871-3000.

Latchkey Kid Class (Ages 10-11) Babysitting Class (Ages 11 & Up)

Fleet and Family Support Center (FFSC) will host a Latchkey Kid Class, Nov. 23, 8:30 - 10 a.m., and a Babysitting Class Nov. 23, 8:30 a.m. - 2:30 p.m. at FFSC, building 30. Preregistration is required. Call FFSC: 228-871-3000.



NCBC Gulfport School Liaison Officer: Kevin Byrd, MWR, Building 352,
1706 Bainbridge Ave., Phone: 228-871-2117, email: kevin.r.byrd@navy.mil

NCBC Helping Hands

GULFPORT SCHOOL DISTRICT MISSISSIPPI READING FAIR

JUDGE - A volunteer is needed to judge a district-level Reading Fair at Bayou View Elementary School Dec. 2 at 8 a.m. Judges will determine which projects in each category proceed to the next round of competition. To volunteer, contact patricia-cooper@gulfportschools.org.

WREATH LAYING - BILOXI NATIONAL CEMETERY - Crusaders for Veterans needs volunteers to help them place more than 7,000 wreaths at grave sites at the Biloxi National Cemetery Dec. 5 at 11 a.m. If you are able to help, please contact Kevin Cuttill, 217-201-1330.

GULFPORT HARBOR LIGHTS WINTER FESTIVAL - Volunteers are needed to help the city of Gulfport with their winter festival at Barksdale Pavilion in Jones Park Dec. 10, 11, 17, 18 and 19 between 4 and 9 p.m., with a variety of duties including assisting at the Santa station, cookie decorating, kids workshop, photo booths, train, carousel and horse carriage rides. Please contact Katie King kking@gulfport-ms.gov or Brittany Dyess at bdyess@gulfport-ms.gov or 228-868-5881 if you are interested in volunteering.

ST VINCENT DE PAUL SOCIETY - Volunteers are needed to load donated groceries into vehicles at the St Vincent de Paul Society D'Iberville office at 10046 Lemoyne Blvd., on Tuesdays, between 5 and 5:30 p.m. To volunteer, call Sandra Babuchna, 228-392-2113.

GULFPORT SCHOOLS NAVAL SEA CADET CORPS - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required;

all we need are adults who are passionate about mentoring America's youth. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

USS ALABAMA ALWAYS LOOKING FOR HELP - The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

DISABILITY CONNECTION - Disability Connection provides support to individuals with disabilities, including military veterans. Volunteers are needed to build ramps and provide home inspections for needed material lists. Point of contact is Ms. O'Keefe, 228-604-4020 or office@disabilityconnection.org.

COAST SALVATION ARMY - Volunteers are needed for various projects throughout the year. Point of contact is Shawna_Tatge@uss.salvationarmy.org.

HELP SENIORS AND DISABLED CITIZENS - Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handymen/women. Point of contact is Mag Holland, 228-896-0412.

NAVY-MARINE CORPS RELIEF SOCIETY - The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Call 228-871-2610 to volunteer.

USO GULF COAST - Interested in volunteering? We need volunteers every day to assist at our centers throughout the military community. To become a USO volunteer, you'll need to create a volunteer profile through www.usovolunteer.org.

2015 Angel Tree Program

Sign up today for the 2015 Angel Tree Program at the Seabee Memorial Chapel.

E-6 and below are eligible. Active Duty only
Sign up deadline is Nov. 30

Call 228-871-2454 for more information



NCBC Public Affairs
228-871-3664



**Stay in Touch
with NCBC Gulfport**

Inside the Gate:

tinyURL.com/NCBCITG

Seabee Courier:

tinyURL.com/CBCourier

Facebook:

NCBCGulfport

Twitter:

@SeabeeCenter

Seabee Memorial Chapel

What's happening at the chapel?

Protestant

Sunday

9:15 a.m. - Sunday School
10:30 a.m. - Protestant Service
11 a.m. - Children's Church

Wednesday

11:30 a.m. - Praise Break (20 minutes of praise and worship through music)
11:30 a.m. - Men's Bible Study
Noon - 1 p.m. - Protestant Women of the Chapel Bible Study

Catholic

Sunday

9 a.m. - Mass
10 a.m. - CCD Class

Monday, Tuesday & Friday

11:15 a.m. - Mass

Thursday

5 p.m. - Holy Hour
6 p.m. - Mass
6:30 p.m. - Fellowship

Please visit the Seabee Memorial Chapel Facebook page for updates on chapel events at: <https://www.facebook.com/ncbcchapel>. We may be reached by email at gulfportchapel.fct@navy.mil or by phone at 228-871-2454.

NCBC Command Chaplain: Lt. Cmdr. Ammie Davis



NOV 13-19



Regular movie showings Thursday- Sunday of every week!
Showing this weekend: Love The Coopers; Crimson Peak;
Goosebumps 3D; Bridge of Spies; Pan
For more information, call the 24-hour
Movie Hotline at 228-871-3299 for show times.



MWR MICHAEL B. JORDAN SYLVESTER STALLONE

CREED

YOUR LEGACY IS MORE THAN A NAME

SNEAK PREVIEW

Saturday, Nov. 21st
7 pm **FREE**
Seabee Cinema

Pick up tickets at 3 pm
Doors open at 5:30pm

PG-13

Questions? Call 228-871-2358

1 Ticket Per Person Present



Join us for Thanksgiving Dinner on 11/26!

- 11/14 – 10 a.m., Diesel Thunder @ Gulfport Drag Strip, \$13
 - 11/15 – All Day, NFL Sunday Tailgate Party, Free Chili
 - 11/17 – 6 p.m., Tournament Tuesday: Basketball Trivia, 1st Place Prize
 - 11/18 – 6 p.m., Sailor Adventure Quest: Reel Therapy, Free
 - 11/19 - 6 p.m, Auto Skills 101: Basic Maintenance, Free
- For more information, call Liberty @ 228-871-4684

MWR Program Telephone Numbers

Facility Name	Phone	Facility Name	Phone
Anchors and Eagles	871-4607	MWR Admin	871-2538
Auto Skills Center	871-2804	Outdoor Recreation	871-2127
Beehive	871-4009	School Liaison	871-2117
Fitness Center	871-2668	Shields RV Park	871-5435
Aquatics	871-2668	The Grill	871-2494
Child Development	871-2323	Youth Activities	871-2251
Seabee Cinema	871-3299	Liberty Center	871-4684
ITT	871-2231		



NEW FITNESS HOURS

M-F 4:30 a.m. - 9 a.m. • SAT & SUN 7 a.m. - 7 p.m.
All Month – Yoga, PIYO, Functional Fitness, Zumba and NOFFS workouts available
11/16-20 – Preseason Basketball Tournament
11/20 – Turkey Trot 5K 6:45 a.m.
Call the Fitness Center at 228-871-2668 for more information.

Win a Turkey (1st Place Male & Female)

Win a Gift Card for Best Dressed Turkey!

Turkey Trot 5K

Friday, November 20th

Begin at 6:45a behind the Fitness Center

FREE for All Hands!

Call 228-871-2668 for more information

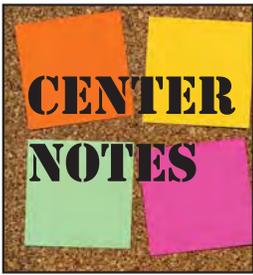
November Lunch Special at The Grill

The GOBBLER



Comes with your choice of fries or side salad
\$5.75/ half
OR
\$8.75/ whole

Available for a limited time
Have yours delivered from 11-11!
228-871-2494



SUPPORT
NMCB 1 Family Readiness Group (FRG) invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activities Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and baby

sitting is provided during deployment.

NMCB 11 FRG invites friends and family members to attend FRG meetings the last Monday of every month at 6 p.m. The meetings are held at the Youth Activities Center on board NCBC Gulfport. Children are always welcomed and child care is provided at no cost. Please join us for fun, food, and to meet and socialize with other NMCB 11 families and friends. For more information, please contact us at nmcb11frg@gmail.com or like us on our Facebook page, NMCB 11 FRG.

NMCB 133 FRG invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Activities Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information, contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

FOCUS - Families Overcoming Under Stress provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email Gulfport@focusproject.org

Gulfport Officer's Spouse Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@gmail.com or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see YOU soon!

Navy Wives Clubs of America, Inc., is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the

Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit www.navywivesclubsof-america.org for more information on NWCA.

NMCRS - The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000.

TRAINING

Naval Sea Cadets

The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nationwide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

SOCIAL

Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held weekly on Wednesdays at noon at the ECS, building 122 in the second floor conference room. Contact MCDC President, PS2 Handley at natashia.handley@navy.mil or Vice President, BUCN Miller at tarigah.miller@navy.mil.

VFW Post 3937 Long Beach - Open Monday - Thursday, noon - 8 p.m., Friday, noon to 10 p.m., Saturday, 7 a.m. - 10 p.m. and Sunday, noon to 7 p.m. Steak Night is every Friday, 5 - 8 p.m., and breakfast is available every Saturday, 7 - 10 a.m. VFW meetings are held the second Wednesday of the month at

7 p.m. New members are always welcome. For more information, contact Post 3937 at 228-863-8602.

Ladies Auxiliary to the VFW 3937 Long Beach now VFW Auxiliary - Ladies Auxiliary to Veterans of Foreign Wars 3937 Long Beach, Miss., now invites men to join. The Auxiliary is now the **VFW Auxiliary**. Our organization supports veterans, their families and current service members. We help in VA Hospitals, have voices in Legislation, help promote patriotism in our youth, offer scholarships to youth, teachers, and members. Members must be directly related to a veteran who has served in a foreign war. Meetings are held on the second Monday of each month at 7:00 p.m. at 213 Klondyke Road, Long Beach, MS Contact Carol Feters, President at 228-832-4893 or email cfeters@cableone.net for more information.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for info.

NMCB 62 Alumni Group

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member or for links to historical sites, visit: <http://nmcb62alumni.org>.

D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more information.

Navy Seabee Veterans of America (NSVA)

Island X-1, Gulfport is always happy to welcome new members. You do not have to be retired to be a member. If interested, contact Eugene Cowhick at eugene.cowhick@navy.mil or 228-871-3877. Please join us on the second Thursday of each month at 6 p.m. at the Disabled American Veterans (DAV) Chapter 5 building, 2600 23rd Ave., Gulfport, for the monthly Island X-1 business meeting and see what we're all about. For more information, visit www.nsva.org.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact them at www.seabeesmuseumstore.org or call the gift store at 228-871-4779.

Prize For The Winner!



What's my name??
Help me, please!

Name the Feeling Fox
at the Commissary or the
FOCUS Office thru 30NOV

Help FOCUS (Families Overcoming Under Stress) celebrate the month of the Military Family by entering the Name the FOCUS "Feeling Fox" Contest! Enter at NCBC Commissary or the FOCUS office until Nov. 30, when a winner will be announced.

NCBC Holiday Party
Dec. 3, 6 - 11 p.m.
Lookout Steakhouse

Door Prizes!

Music!
Dancing!

Great Food!

Holiday Party

For tickets contact:
**NC1 Pringle and
 YN1 Burke in Building
 1; CS1 Moody at Colmer
 Dining Facility and
 CS1 Darby at Unaccompanied Housing**

Ticket prices:
**E4 & below: \$5
 E5: \$10
 E6 & above/Civilians: \$15**

Mailing packages? Need a box? Visit the **Recycling Center**, located in buildings 275/276, behind building 200 off of McKinney Ave between the hours of 6:30 a.m. and 2:30 p.m. and get all the FREE boxes you need!

From SHOUT page 1

FROM (HOMETOWN), (HOMESTATE) AND CURRENTLY SERVING AT (COMMAND) OR ABOARD (SHIP), OPERATING OUT OF (DUTY STATION) OR FORWARD IN THE (AOR)."

"I WANT TO WISH MY (WIFE, FAMILY, MOM AND DAD) AND EVERYONE IN MY HOMETOWN OF (HOMETOWN) A VERY HAPPY THANKSGIVING AND A JOYOUS HOLIDAY SEASON. I HOPE TO SEE YOU ALL VERY SOON. GO NAVY!"

Example:
 "HI, I'M NAVY PETTY OFFICER JOHN DOE FROM MILLINGTON, TENNESSEE, CURRENTLY SERVING ABOARD THE AIRCRAFT CARRIER USS RONALD REAGAN DEPLOYED TO THE WESTERN PACIFIC. I WANT TO WISH MY WIFE JENNIFER, MY DAUGHTER ABBY AND MY MOM AND DAD AND EVERYONE BACK IN MILLINGTON A VERY HAPPY THANKSGIVING AND A JOYOUS HOLIDAY SEASON. I HOPE TO SEE YOU ALL VERY SOON. GO NAVY!"

Please contact the NCBC Public Affairs Office at 228-871-2699 if you are planning to participate in the Shout Out program or if we can be of any assistance.

Back in Time: Seabee History - Vietnam Era

Nov. 8

1942: Seabees encountered their first combat in the European theater of operations when they landed with the assault forces on the beaches of North Africa. The Seabees built facilities at Oran, Casablanca, Safi, and Fedala. Later, as the American Army moved across Africa toward Tunisia and the final showdown with the Germans, the Seabees built staging and training areas along the coast as far as Arzeu. On the west coast of Africa, the Seabees built a huge Naval Air Station in Port Lyautey, Morocco and supplementary air and supply bases at Agadir and Casablanca. Through these later ports poured materials, men, and equipment needed for the coming invasion of Sicily and the Italian mainland.

Nov. 9

1970: NMCB 3 main body flights consisting of three passenger flights and two cargo flights departed Port Hueneme, Calif. and arrived at Camp Haskins South, Republic of Vietnam (RVN).

Nov. 10

1945: 137th NCB inactivated on Okinawa. 16th Special NCB inactivated on Guam.

Nov. 11

1962: During Typhoon Karen which struck Guam, winds reached 142 miles per hour



Aircraft Revetment Assembly - Phu Bai, RVN - Seabees with Naval Mobile Construction Battalion (NMCB) 133 assemble revetments on the aircraft parking apron at Phu Bai for Marine Air Group 36 (MAG-36). (Photo courtesy of U.S. Navy Seabee Museum)

with gusts of up to 200 miles per hour. The typhoon injured hundred of people and left nine dead. Damage to U.S. defense facilities reached \$200 million. NMCB 5, stationed on Guam at the time of the typhoon, aided in restoring the wrecked island. The shops and much of the equipment of the Seabees had been destroyed, but with what they still had, they worked hard and fast. They erected plywood housing and canvas tents to shelter

the homeless, cleared debris from roads and streets, and rebuilt bridges. Seabee electricians raised 1,000 new powerline poles and restored light, power, and communications to the island. NMCB 11 arrived in December and a massive reconstruction program was started. By early 1963, Guam's naval facilities began to look normal again.

Nov. 12

1967: NMCB 5 advance party arrived at Camp Barnes, RVN.

1969: Underwater Construction Team (UCT) 1 was established in the 21st NCR as a unit to conduct training and to perform construction, as required, to support Navy underwater projects.

Nov. 13

1970: Seabee Team 4004 returned from Xuan Loc, RVN for reassignment to NMCB 40.

Nov. 14

1967: The first increment of NMCB 58's advance party arrived at Da Nang, RVN. The commanding officer of NMCB 10 moved from Gia Le to the Quang Tri Forward Combat Base, RVN, and established the battalion headquarters there.

1968: Railroad Bridge No. 1, first of three being rebuilt by NMCB 1's detail Foxtrot around Lap An Bay, RVN, is completed.

November is Warrior Care Month

Warrior Care Month was established eight years ago, when former Secretary of Defense Robert F. Gates declared it would be a "Department of Defense effort aimed at increasing awareness of programs and resources available to wounded, ill and injured service members, their families, and those who care

for them." Navy Wounded Warrior - Safe Harbor seeks to alleviate the incredible burdens of illness and injury. The program assists more than 3,800 wounded warriors and their families or caregivers - addressing non-medical issues that arise so they can focus on healing. For more information on Navy Wounded Warrior -

Safe Harbor visit Safeharbor.navylive.dodlive.mil.



GULF COAST USO

901 CBC 3rd Street Building 114
228-575-5224



Free services: FAX, Send and Receive: 228-575-5225, Copies, United Through Reading program, Computers with web cams, Internet/email access, X-Box
Office hours: Monday - Friday, 8 a.m. - 4 p.m.



Safe Helpline

Sexual Assault Support for the DoD Community

Live 1-on-1 Help Confidential Worldwide 24/7

Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: www.Safe-Helpline.org; Call: 877-995-5247; Text *55-247 (inside the U.S.); Text *202-470-5546 (outside the U.S.) *Text your location for the nearest support resources.

Extended Hours at Commissary

The NCBC Commissary is open for business at 7:30 a.m., Tuesday - Friday. Patrons can also shop extended hours at the commissary Tuesdays and Thursdays until 7 p.m. The early opening will offer limited services: self-checkout only and a maximum of 15 items or fewer. Stop by for something quick and easy to eat and drink!

