

SEABEE COURIER

www.cnic.navy.mil/gulfport

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Naval Construction Battalion Center, Gulfport, Mississippi

October 15, 2015

Seabees invited to area schools to lend Career Day expertise



Gifted students from several Gulfport elementary schools participated in a Career Day at Central Elementary in Gulfport, Oct. 8. Area professionals were on hand to show students what their jobs entail. Lt. James Angerman, attached to Naval Construction Group (NCG) 2, was on hand to explain what the Naval Construction Force does and the career opportunities available for officer and enlisted personnel. (U.S. Navy photos by Senior Chief Mass Communication Specialist Jeffrey J. Pierce/Released)



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 133 and Naval Construction Group (NCG) 2 participate in Career Day at Pass Road Elementary School in Gulfport, Oct. 9. The Seabees gave a short lesson on the purpose of each military vehicle and why Mission Oriented Protective Posture (MOPP) gear is used. (U.S. Navy photo by Builder Constructionman Elizabeth Mills/Released)

Partners in Education

Center Events

CFC Kickoff Breakfast

Oct. 20, 8 - 9 a.m., \$3.45
Colmer Dining Facility
Everyone is invited!

Career Fair

Oct. 20, 10 a.m. - 1 p.m.
Fleet and Family Support Center
All are welcome!

NCBC

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Navy announces Rollout and Wear dates for Uniform changes

From Chief of Naval Personnel Public Affairs

The Navy has been working to meet Secretary of the Navy Ray Mabus' plans to redesign several uniform elements for Sailors that improve uniformity across the force as well as improve the function and fit of their uniforms. Several wear-tests have been conducted, and the Navy has incorporated Sailors' feedback into the final uniform and cover designs announced Oct. 9.

NAVADMIN 236/15 provides detailed information on the upcoming uniform changes and rollout plans, including:

Unisex covers:

~ Effective immediately, the Alternative Combination Cover (ACC) and current male combination cover for officers and CPOs can now be worn by both men and women in service dress uniforms.

~ The enlisted white hat, or Dixie Cup must be worn by E6 and below in service dress whites (Oct. 31, 2016) and service dress blue (Jan. 1, 2020).

Redesigned E-6 & below Service Dress Blue (SDB).

Beginning Oct. 1, 2016, Recruit Training Command (RTC) will begin issuing the redesigned SDBs for E6 and below.

- ~ Jumper style for both men and women.
- ~ The jumper will incorporate a side zipper and the slacks will have a front zipper to help with changing in and out of the uniform.
- ~ Both men's and women's uniform pants will have the traditional 13 buttons, though they will not be functional.

Redesigned E-6 Service Dress White (SDW) with Navy Blue Piping

New SDW for E6 and below with navy blue piping will be issued at RTC beginning Oct 1, 2017.

- ~ Jumper style for both men and women.
- ~ The jumper will incorporate a side zipper and the slacks will have a front zipper to help with changing in and out of the uniform.



~ Beginning Oct. 31, 2016, the enlisted white hat, or Dixie Cup, must be worn by both men and women in the E-6 and below Service Dress Blue uniform.

Choker style women's Officer and Chief Petty Officer (CPO) Service Dress White (SDW) Coat will be worn by both men and women.

- ~ It will be available through Navy Exchange uniform stores and call center beginning Jan. 1, 2017.
- ~ Mandatory wear date is Jan. 1, 2020.
- ~ The ACC or current male combination cover will be worn with the new choker coat.

New Navy Fitness Suit for all Officers and Sailors.

- ~ Navy Fitness Suit has dark blue jacket and pants with gold Navy logos and silver reflective piping. It is 100 percent nylon.
- ~ May be worn off duty and will be issued to recruits at Great Lakes Beginning

Oct. 1, 2016.

~ The fitness suit will be available for purchase in NEX uniform stores and call center beginning January 2017. Mandatory wear date is Jan. 1, 2020.

Expansion of the allowable styles of purses that women may carry in uniform. Highlights include:

- ~ Purses must be between 5 1/2 to 16 inches wide, 5 1/2 to 14 inches high, and 2 to 6 inches deep.
- ~ Must match shoes in black, brown or white in leather or synthetic leather.
- ~ Must match shoes in plain black, brown or white in leather or synthetic leather.
- ~ Rectangular or square with zipper or magnetic closure with or without flap.

For more details on all the uniform changes and requirements see NAVADMIN 236/15 at www.npc.navy.mil and http://www.navy.mil/ah_online/ftStory.asp?id=91438.

Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: www.Safe-Helpline.org; Call: 877-995-5247; Text *55-247 (inside the U.S.); Text *202-470-5546 (outside the U.S.) *Text your location for the nearest support resources.

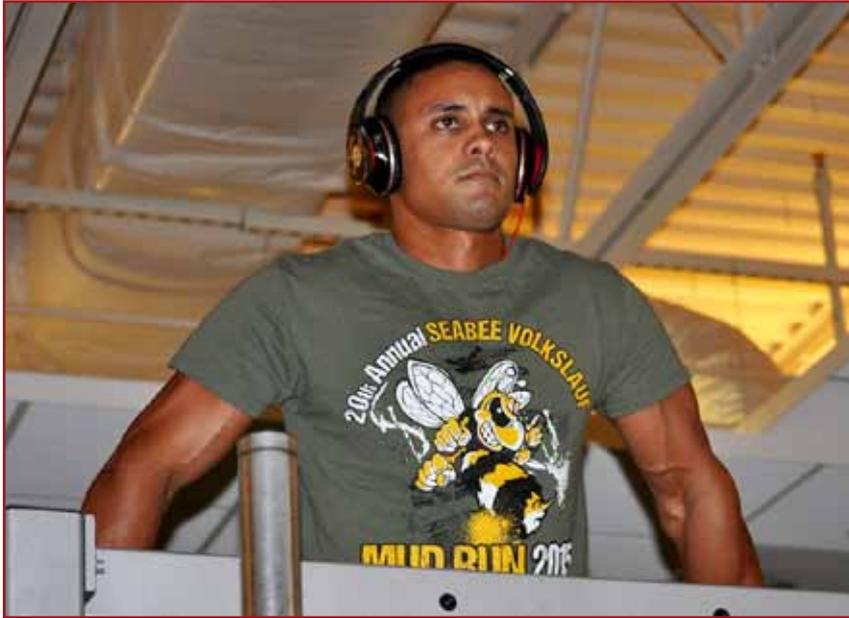
AUDRA
SEXUAL ASSAULT SUPPORT GROUP
AUDRA means "nobility and strength" in French

You don't have to walk this path alone

This group offers a safe, open atmosphere for discussion and activities to facilitate the healing process

For Active Duty females who have been sexually assaulted as adults

Call FFSC at (228) 871-3000



Builder 2nd Class Bobby Gaskin attached to Naval Construction Group 2 works on his fitness at the gym in preparation for the upcoming PFA on board NCBC Gulfport, Sept. 21. Fitness Center hours are 4:30 a.m. to 9 p.m., Monday – Friday, and 7 a.m. to 7 p.m. Saturday and Sunday. (U.S. Navy photo by Steelworker 2nd Class Ilesha Chong/Released)



Children at the Child Development Center evacuate from the Fire Safety House on board NCBC Gulfport, Oct. 7. The fire safety house, complete with a smoke simulator, teaches children how to stay low to the ground and escape from a burning building. The Fire Department would like to extend an invitation to all departments and commands to contact them for fire extinguisher training and important fire safety information. To schedule a training session, please contact Inspector Billy Ducote at 228-871-3083. (U.S. Navy photo by Builder Constructionman Apprentice Elizabeth Mills/Released)



Naval Construction Battalion Center (NCBC) Executive Officer, Cmdr. Anthony Conley, left, Culinary Specialist Seaman Ambria Norris, Culinary Specialist 3rd Class Shantil Scott, and NCBC Command Master Chief Curtis Cassel, right, cut a cake in celebration of the U.S. Navy's 240th Birthday during a ceremony at the Colmer Dining Facility on board NCBC Gulfport, Oct. 13. The Continental Navy was established Oct. 13, 1775 by the Continental Congress to dispatch two armed vessels to search for munitions ships that supplied the British army in America. Today's Navy is made up of approximately 326,000 Active Duty and 107,115 Reserve Sailors. (U.S. Navy photo by Lt. Zach Gurthrie/Released)

Toys For Tots

Military families can apply for the annual Toys For Tots program at the Fleet and Family Support Center (Building 30) until Oct 30. Stop by 8 a.m. - 4 p.m., Monday - Thursday or 8 a.m. - 3 p.m., on Fridays. Applications will be accepted for E6 and below (all others on a case by case basis). Service members or spouses will be asked to show military ID and complete a brief application. For further information, please call 228-871-3000.



Buzz on the Street



BUCN Elizabeth Mills
NCBC Public Affairs

“Do you have anything that you keep as a good luck charm?”



“I have a coin I got from the command master chief in “A” school. It gives me the incentive I need to work on my rate and pick up rank.”

UTCA Ronald Kimp
NCG2
Hometown: Gary, Ind.



“I have a suicide awareness rock that I’ve had since 2000. I look at it and it reminds me that I have something to look forward to and know that this is not the end.”

EOCN Ashley Szekley
NCBC Gulfport
Hometown: Litchfield, N.H.



“My promise ring from when I was little. I look at it and it always finds a way to make my day better.”

Fyl Joseph
MWR Fitness Center
Hometown: Port Hueneme, Calif.

240th United States Marine Corps Birthday Ball Celebration

The USMC Birthday Ball Celebration is scheduled for Nov. 7 at the Golden Nugget Casino, 151 Beach Boulevard, Biloxi, Miss. Cocktail hour begins at 5 p.m. and tickets are \$100 each. Purchase tickets and RSVP no later than Nov. 1 (the earlier, the better, for discounted hotel rates). Uniform is: Marines: Blue Dress A or B, Army: Army Blue (Bow tie), Navy: Dinner Dress Blue or Dinner Dress Blue Jacket, Air Force: Mess Dress and Civilian: Black Tie. For more information, please contact 1stSgt Chamberlain (I&I Gulfport) at 4901 3rd Street, Building 114, NCBC, 228-871-3104, Office / 901-361-2293, Cell or jeffrey.chamberlain@usmc.mil.

October 15, 2015

NEW EXTENDED HOURS OF OPERATION

GULFPORT COMMISSARY	HOURS OF OPERATION	
	EARLY BIRD*	NORMAL
Sunday		11 a.m. – 6 p.m.
Monday		CLOSED
Tuesday	7:30 a.m.	9 a.m. – 7 p.m.
Wednesday	7:30 a.m.	9 a.m. – 6 p.m.
Thursday	7:30 a.m.	9 a.m. – 7 p.m.
Friday	7:30 a.m.	9 a.m. – 6 p.m.
Saturday		9 a.m. – 6 p.m.

As a REMINDER: Your Commissary is OPEN for extended hours, Tuesdays & Thursdays, until 7 p.m.



We are happy to announce Gulfport Commissary’s **NEW** and **EXTENDED** hours of operation! **Beginning Oct. 20**, the commissary will offer limited services to our early bird patrons!
*Self check out only; transactions of 15 items or fewer.



Calling all Characters!

The Child Development Center (CDC) Halloween Character Parade is scheduled to roll at 9 a.m., Oct. 30 in front of the CDC. “Characters” are needed to attend the parade in costume for some Halloween Fun! Candies will be provided. Please plan on arriving between 8:30 and 8:45 a.m. to pick up your treats. The Trick-or-Treaters will consist of 2-year-old classes through Preschool. If time permits, Characters will be invited to come inside after the parade to visit the 1-year-old classes.

Seabee Courier

October: Energy Action Month

'It's too hot! It's too cold!'

From NCBC Public Affairs

Anyone who has performed energy surveys in work spaces has heard these cries for help. Due to differences in human metabolism, sometimes people who sit right next to each other have the opposite complaint. Another interesting human variable: some people want to turn the heat up to 72 degrees in the winter and turn the air conditioning down to 68 degrees in the summer.

The Navy has energy efficiency standards that apply to space temperatures: Cool to no lower than 78 degrees, and heat to no higher than 68 degrees or 70 degrees. Since these are average temperature targets, different rooms might have different temperatures, especially in older buildings with large areas and few thermostats.

Navy standards also exist for after hours, to adjust temperature set points to provide less

heat in the winter and less cooling in the summer when the building is unoccupied.

It seems like opening windows or adding portable HVAC units should help if you're too warm, but it wastes energy when the heat or air conditioning is running. Your open window or portable HVAC unit can confuse a thermostat that controls the heat supply to spaces that aren't benefiting from your outside air, and make it difficult to pinpoint the source of their temperature complaints (you).

The best things to do if you are too warm or too cold are:

- ~ Dress in layers and
- ~ Let your supervisor and facility energy monitor know about your issues. The building's climate control system may be in need of some attention, especially when everyone has the same complaint.
- ~ If you tend to be cold, and sit in a colder area of the building, you might ask your super-



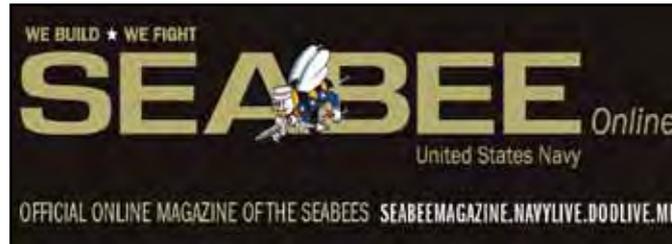
visor if you can move to a location that's a better fit for your metabolism.

If your energy team gives you permission to open windows or add portable HVAC units temporarily while a condition is being resolved, be sure to shut them at night to minimize energy waste.

See Something Suspicious, Say Something Immediately! Report suspicious activity which is defined as any observed behavior that could indicate terrorism or terrorism-related crime. Public safety is everyone's responsibility. If you see suspicious activity, report it to local law enforcement. Call 228-871-2361 or 911.

Trick-or-Treat

NCBC Trick-or-Treat hours are set for 5 - 8 p.m., Oct. 31.



October 15, 2015

Back in Time: Seabee History - Vietnam Era



Aerial view of outlying airfield constructed by Seabee Team 0301 SW of Bon Sar Pa, Vietnam, [1963]. (Photo courtesy of U.S. Navy Seabee Museum)

Oct. 11

1968: Naval Mobile Construction Battalion (NMCB) 121 relieved NMCB 8 at Camp Wilkinson.

Oct. 12

1970: The Chief of Naval Operations (CNO) authorized establishment of "an underwater facility construction capability" within the Naval Construction Force for purposes of engineering, construction and repair of underwater facilities; unofficial names of UCT 1 and UCT 2.

Oct. 15

1965: U.S. Naval Support Activity, Da Nang, was established in the Republic of Vietnam (RVN), under Commander, Service Force, U.S. Pacific Fleet. Employing about 3,500 naval personnel, the organization is designed to provide logistic support for U.S. and allied units in Vietnam.

Oct. 16

1967: A critical need developed in the fall of 1967 for an air and helicopter station in Quang Tri Province, Republic of Vietnam. The station was needed to counteract a threatened monsoon offensive by North Vietnamese soldiers. The Naval Construction Force responded to the threat by forming a construction battalion comprised of Seabee detachments representing nine different NMCBs working in Southeast Asia. Work proceeded on the airstrip despite the hindrance of heavy rains and occasional mortar fire. The field was officially opened Oct. 16.

Oct. 17

1967: Seabee Teams 0512, 0808 and 0911 graduated during ceremonies at the CECOS auditorium, CBC, Port Hueneme, Calif., after 13 weeks of training by the 31st NCR.

Oct. 18

1971: Seabee Teams 7107 and 7108 departed Davisville, R.I., for reassignment to OIC, CBPACDET, RVN, and deployment to My Tho and Go Cong, RVN, respectfully.

Seabee Courier



U.S. Navy Seabees assigned to Naval Mobile Construction Battalion (NMCB) 1 input identification data during an evacuation control center training exercise at Camp Mitchell on Naval Station Rota, Spain, Aug. 29. (U.S. Navy photo by Mass Communication Specialist 1st Class Brannon Deugan/Released)



Senior Chief Information Systems Technician Randy Williamson, left, explains to U.S. Navy Seabees of Naval Mobile Construction Battalion (NMCB) 1 the procedures for conducting a security check during an evacuation control center training exercise at Camp Mitchell on Naval Station Rota, Spain, Aug. 29. U.S. 6th Fleet, headquartered in Naples, Italy, conducts the full spectrum of joint and naval operations, often in concert with allied, joint, and interagency partners, in order to advance U.S. national interests and security and stability in Europe and Africa. (U.S. Navy photo by Mass Communication Specialist 1st Class Brannon Deugan/Released)

NMCB 1 Seabees train to operate an Evacuation Control Center at Camp Mitchell

By MC1 Brannon Deugan
NMCB 1 Public Affairs

U.S. Navy Seabees from Naval Mobile Construction Battalion (NMCB) 1 conducted training on operating an Evacuation Control Center (ECC) at Camp Mitchell on board Naval Station Rota, Spain, Aug. 29.

The training was conducted to prepare Seabees to operate an ECC and assist with the timely and organized departure of U.S. citizens

when Americans and diplomatic personnel are living, working, or traveling abroad in unstable regions of the world.

"This training is conducted in preparation for if a situation arises that requires evacuation from a country," said Chief Intelligence Specialist Torivio Hall, NMCB 1's assistant officer in charge for ECC. "NMCB 1 could be tasked to deploy and manage an evacuation process while maintaining 100 percent accountability and security in a timely

fashion."

The ECC quickly and efficiently processes all personnel for accountability while safeguarding personnel from all threats.

"The process for going through the ECC starts with the non-combatants being briefed at each station," said Senior Chief Information Systems Technician Randy Williamson, NMCB 1's subject matter expert for ECC. "The stations include a security search, medical screening, and registra-

tion into the Non-combatant Evacuation Operations (NEO) tracking system that places the evacuating individuals on a roster for the next available seat for departure."

The security search and medical screening are to ensure the safety of everyone that is being transported out of the country while the NEO tracking system provides a bar-coded wristband to those that have been screened in order to provide an accurate tracking of everyone transported

to a safe haven.

"We train once a month in order to consistently hit the mark of 100 people per hour," Williamson said. "The training allows us to prepare for any variables that arise once boots are on the ground during an evacuation procedure because we have been working on our fluidity. It is important to train like you fight."

NMCB 1 is a Seabee battalion that specializes in contingency construction, disaster response, and humanitarian assistance.

October 15, 2015

RED WHITE & BLUE
IN JONES PARK
FOOD π MUSIC μ VENDORS
FUN FREE FAMILY FESTIVAL!
Saturday, November 7, 2015 10am - 4pm
 Sponsored by the City of Gulfport and Gulf Coast Veterans Parade, Inc.
 Gulfport
 For More Information Contact Laurie Toups at 228-868-3414

Fraud, Waste and Abuse Hotline: Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRSE_HOTLINE@navy.mil

Energy \$avings Tip:

Sharing is a good thing when it pertains to printers

Printers consume a surprising amount of energy, even when they are not printing. The average printer costs about \$40 per year to

operate, according to the U.S. department of Energy. Sharing printers saves energy, reduces equipment costs and cuts paper use.



Seabee Courier

NMCB 11 conducts Command Post Exercise

By Ensign Viaronic Snow-Hill
NMCB 11 Public Affairs

Recently, Naval Mobile Construction Battalion (NMCB) 11 completed a Command Post Exercise (CPX). The exercise exhibited their communication skills and exemplified the battalion's knowledge gained from training that has taken place this homeport.

As the first exercise since returning from deployment, and for some, the first major exercise ever participated in; CPX 1 was the type of introduction to the homeport training schedule that left an impression of how Seabees do their job. "It's so exciting to see how all the rates of the Seabee come together and turn an empty field into a place where we are able to run exercises" said Utilitiesman Constructionman Raymond Domanski assigned to NMCB 11, Bravo Company.

The exercise provided the

medium that displayed how the battalion works and facilitates dissemination of information. As much as this was an exercise that tested the knowledge and communication skills of old, personnel new to battalion were able to impact the exercise in a ways that will be beneficial in the future.

"This is my first time experiencing a Command Post Exercise, just in the last few days I've already learned so much," said Utilitiesman Constructionman Daniel Chong, assigned to NMCB 11, Bravo Company. "I've even noticed how the Junior troops have been able to teach the more seasoned Seabees with new techniques learned from "A" School."

As they move forward with their homeport training NMCB 11 will increase their readiness. This is the one of multiple Command Post Exercises, each increasing in difficulty and each with

a higher level of expectation. Although the battalion ultimately did well, they plan to use the lessons learned to better prepare for their upcoming evolutions later this homeport.

NMCB 11 provides advance base construction, battle damage repair, contingency engineering, humanitarian assistance and disaster recovery support to our fleet and unified commanders.

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 11 set up camouflage netting to provide shade from the sun and concealment during a command post exercise. The exercise was held to test NMCB 11's staff in real-world decision-making, planning, and communications in order coordinate operations. (U.S. Navy photo by Mass Communication Specialist 1st Class Michael Barton/Released)



Runnin' Roos' return from Colorado

By UTCN Joseph Maddox
NMCB 133 Public Affairs

Eighteen Seabees assigned to Naval Mobile Construction Battalion (NMCB) 133 deployed to Granby, Colorado in support of the Innovative Readiness Training (IRT) program to construct a Yurt Village Bathhouse for the YMCA of the Rockies at Snow Mountain Ranch.

The IRT program is managed by the Department of Defense and provides training and readiness for military personnel while addressing the needs of under-served American communities. Through the program, DET Colorado refined their project management and construction skills while providing high quality construction of an eight room bathhouse for the non-profit YMCA. The bathhouse will provide toilets, bathtubs, and showers for YMCA guests.

"The DET finished the project on time and with zero safety mishaps," said crew member Builder 2nd Class Amoise Matthew. "This provides valuable opportunities for those who want to work in their rate, knowing the probability of seeing this work again."

NMCB 133 was tasked with completing all me-



Naval Mobile Construction Battalion (NMCB) 133 Seabees are pictured in front of the Yurt Village Bathhouse they completed for the YMCA of the Rockies at Snow Mountain Ranch, Colo. (U.S. Navy photo/Released)

chanical, electrical, architectural, and finish work associated with the IRT YMCA Bathhouse Project. Over the course of five weeks, these Seabees produced quality construction while maintaining safe work habits and were highly appreciated by the YMCA community.

The Yurt Village Bathhouse Project spanned 36 days and expended 280 man days for a total of 2,240 man hours.

"The IRT YMCA Yurt Village Bathhouse project was a great opportunity for the Seabees to develop construction and project management skills that they can take into deployment and future projects," said Ensign Lauren Grounds, DET

Colorado Officer in Charge. "The outstanding performance of DET Colorado is due to the crew's excellent team work and dedication."

Det Colorado was involved in many aspects of the bathhouse's finish work, including the installation of insulation, and filling all cavities and joints with fiberglass insulation. The crew also spent time training on proper procedures for installing drywall. The crew worked under the tutelage of Steelworker 3rd Class Moises Vargas, a drywall installer prior to joining the Navy, gaining useful skills for future Seabee projects.

After the drywall was installed, work shifted to the concrete floor of the bathhouse, which was to be finished with an acid stain. Once complete, the crew installed fiberglass reinforced panels. Lastly, Construction Electricians and Utilitiesmen worked to finish all electrical and mechanical tasking. All electrical work was supervised by Construction Electrician 2nd Class Felton Randal with Construction Electricians Constructionmen Brian Terrazas and Mayra Gamez following his lead.

"We installed electrical hardware throughout the bathhouse including motion sensor switches, ground-fault circuit interrupters, and light fixtures over all sinks and on ceilings, along with six outdoor LED light fixtures," said Randal. "Starting off in the mechanical room, the crew installed all the water heaters. Once all the water heaters were in place, crew members ran the exhaust and vents up into the attic and through the exterior of the building. Once complete, the copper piping

'The Meat & Potatoes of Life'

By Lisa Smith Molinari
Special Contributor

Frankenstein versus Sexy Pizza Rat

When I was a kid, Halloween was simple. All we had to do was be scary, be scared, and get candy.

But then about 20 years ago, society was hit with a tidal wave of global information technology. Although the full impact of Internet on society is yet unknown, the "Sexy Pizza Rat Costume" is clear evidence that Halloween isn't all about jack-o-lanterns, trick or treating, and horror movies anymore.

A few weeks ago, someone in New York City took a 14 second video of a rat dragging a slice of pizza down some dirty subway stairs, and uploaded it. With 7.7 million views on YouTube, the otherwise unremarkable rat has become a viral sensation. Yandy.com, a costume and lingerie company, capitalized on the trend, and have sold out their "Sexy Pizza Rat" Halloween costume for a mere \$90 a pop.

Rodents aren't the only things being made into sexy Halloween costumes these days. Costume companies

are adding miniskirts, bustiers, booty shorts and exposed midriffs to costumes resembling Donald Trump, Minions, Cecil the Lion, sock monkeys, Ronald McDonald, the Cat in the Hat, corn cobs, lobsters and goldfish.

In the 1970s, we didn't have sexy costumes. In fact, most store-bought costumes came in cheap boxed sets, consisting of a 100 percent polyester sheath that tied in the back like a hospital gown that was supposed to resemble cartoon characters like Bugs Bunny, Sleeping Beauty or Fred Flintstone.

Made of eggshell-thin plastic, the masks had two round holes to see through and a tiny slit at the mouth. Presumably meant for breathing, the slit wasn't big enough to allow breath to escape, making Halloween a steamy, uncomfortable affair. The masks would crack with the slightest pressure, and the thin elastic band that went around the head had a working life of about an hour.

As cheap as they



were, I always wanted a store-bought costume, but my first-grade-teacher-mother refused to buy them because they required "no creativity." Instead, we were set adrift with nothing but our resourcefulness and what we could find around the house.

Just like the kids in "It's the Great Pumpkin, Charlie Brown", a nice white sheet with two holes cut in it could do the trick. Many of the neighborhood kids dressed up as sheet ghosts for Halloween, but seeing as all our bed sheets had daisies or model Ts printed on them, my brother and I had to get a little more creative.

For a couple of years, I used a grey wig my grandmother had discarded, along with a crocheted shawl and

some glasses made out of pipe cleaners, to disguise myself as "an old lady." Other years I was a hobo, an Indian squaw, or a clown, all made from things lying around the house.

One year, my brother used income from his paper route and a mail order ad in the back of his Mad Magazine to score a green rubber "Creature from the Black Lagoon" mask. Even though he wore it with jeans and a sweatshirt, it terrified me because I had recently seen the movie.

My parents had decided that I was old enough to stay up after the Carol Burnett Show on Saturday nights to watch "Chiller Theater," a weekly double feature of old horror movies. With my brother propped on the couch, and me in a sleeping bag on the floor in front of our console TV, we gazed bug-eyed at classics such as "King Kong vs. Godzilla", "The Man Who Reclaimed His Head", "The Torture Chamber of Dr. Sadism", and "The Creature from the Black Lagoon".

It's too bad that nowadays, kids gaze bug-eyed at the sexy costumes that now permeate the Internet, costume shops and department stores. Instead of Frankenstein and the Creature from the Black Lagoon, they see Sexy Pizza Rat and Sexy Big Bird.

In the pre-Internet days, it didn't matter whether the costumes were of the store bought or homemade variety, Halloween was less about the costumes and more about being scary, or if you were like me, being scared. And like the Clark Bars, Chiclets and popcorn balls on Halloween night, there were plenty of each to go around.

*A 21-year Navy spouse, Lisa and her family are currently stationed in Newport, RI. Her self-syndicated columns appear on her blog, www.themeatandpotatoesoflife.com, and she recently co-authored *Stories Around the Table: Laughter, Wisdom, and Strength in Military Life*. Follow Lisa @MolinariWrites."*

A Note from NCBC Security

The Lautenberg Act was named for the New Jersey Congressman Frank Lautenberg who proposed the amendment as an addition to the 1968 Gun Control Act. This is significant since it makes it unlawful for people who have been convicted of the crime of domestic violence to receive, possess, ship or transport any firearm or ammunition in interstate or foreign commerce. It also makes it a felony to send firearms or ammunition to anyone that has been convicted of this crime. Military personnel and law enforcement officers

are not exempt from the Lautenberg Act, since it also applies to privately owned weapons.

Military personnel with a conviction of domestic violence could be prevented from going on missions or appointed to positions that require use of firearms. In some cases, service personnel may be discharged. Police officers with Domestic Violence Convictions have been dismissed in a similar fashion.

October is
Domestic
Violence
Awareness
Month



NCBC Public Affairs
228-871-3664



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Focus on Education

Education Notes

Fort Hays State University Early Registration
Fort Hays State University's on-line early registration is taking place through November. Registration is for both new and returning students. For additional information, contact Dr. David Drye at 228-223-4926 or daviddrye@att.net.

Career Fair

Fleet and Family Support Center (FFSC) will sponsor a job fair Oct. 20, 10 a.m. - 1 p.m., at FFSC, building 30. Everyone with authorized access to NCBC Gulfport is invited. Bring a copy of your resume and be prepared to interview. For more information, contact FFSC at 228-871-3000.

Smooth Moves Workshop

Fleet and Family Support Center (FFSC) will host a Smooth Moves Workshop Oct. 29, 9 - 11:30 a.m. at FFSC, Building 30. Guest speakers include representatives from Personnel Support Detachment (PSD), Housing and Personal Property. Call 228-871-3000 for more information.

CPR/AED Classes

NCBC Fire and Emergency Services is offering Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) classes to organizations on board the Center. For more information, call 228-871-2414.

New to military family housing?

Did you know that OPNAVINST 11320.23G requires housing residents to attend a Fire Safety brief within 30 days of moving into base housing? Briefs, which last no more than an hour, are held at the NCBC Fire Department on the first and third Wednesday of the month at 3:30 p.m. If you have not attended a brief yet, plan to do so. If you are unable to attend, call the Fire Chief, 228-871-3117 to discuss your situation.

Duties of NCBC School Liaison Officer

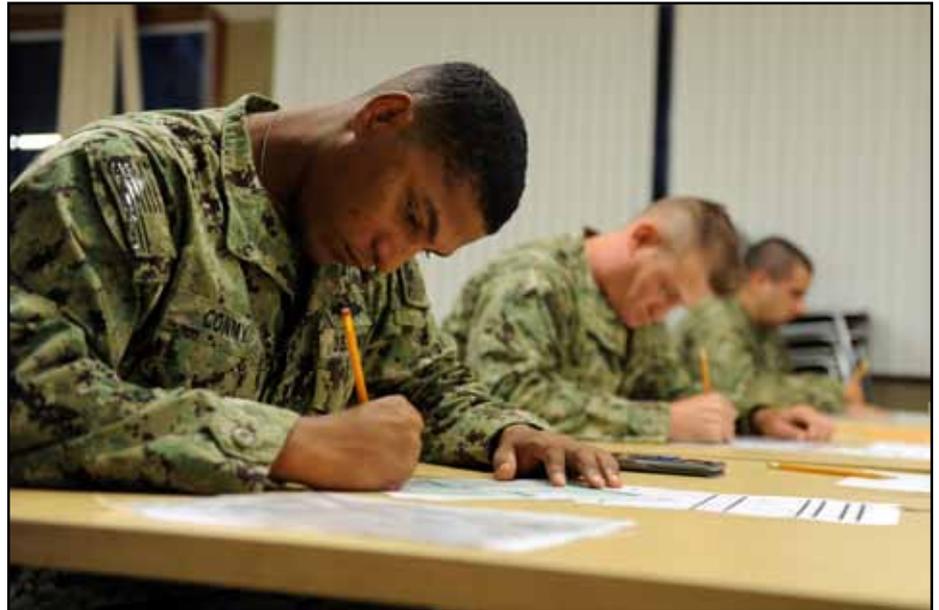
Naval Construction Battalion Center School Liaison Officer (SLO) Kevin Byrd, serves as a link between parents, educators and the command so military-connected children make a smooth school transition.

There are seven core components of the SLO program:

1. School Transition Support
2. Deployment Support
3. Special Education System Navigation
4. Communications: Command, Educator, Community, Parents
5. Partnerships In Education (PIE)
6. Home School Support
7. Post-Secondary Preparation

Kevin Byrd is located in MWR building #352, 1706 Bainbridge Ave. He may be contacted by email at kevin.r.byrd@navy.mil or by phone at 228-871-2117.

'First and the Finest' of NMCB 1 take Navywide Advancement Exams



U.S. Navy Seabees assigned to Naval Mobile Construction Battalion (NMCB) 1 participate in the Navywide advancement examination at Camp Mitchell in Naval Station Rota, Spain, Sept. 3. U.S. 6th Fleet, headquartered in Naples, Italy, conducts the full spectrum of joint and naval operations, often in concert with allied, joint, and inter-agency partners, in order to advance U.S. national interests and security and stability in Europe and Africa. (U.S. Navy photo by Mass Communication Specialist 1st Class Brannon Deugan/Released)

NCBC Gulfport Military and Family Life Consultant (MFLC) contact numbers by district/schools

Biloxi District

Popps Ferry Elementary and North Bay Elementary: 228-355-8115; Jeff Davis Elementary: 228-239-7393; Biloxi High School and Biloxi Junior High: 228-229-4126

Gulfport District

Anniston Elementary School, Bayou View Middle School, 28th Street Elementary School: 228-229-4234

Hancock County

Hancock Elementary, Hancock High School and Hancock Middle School: 228-229-4240

Harrison County

D'Iberville Elementary School, D'Iberville High School: 228-355-8488; West Wortham Elementary/Middle School, Harrison Elementary School, Three Rivers Road Elementary School and Lyman Elementary School: 228-355-8414

Jackson County Schools

St. Martin North Elementary, St. Martin East Elementary, St. Martin Upper Elementary, St. Martin Middle School and St. Martin High School: 228-239-7493

Long Beach District

Reeves Elementary, Quarles Elementary and Harper McCaughan: 228-229-4207; Long Beach Middle School and Long Beach High School: 228-229-4210

Ocean Springs

Ocean Springs Upper Elementary and Ocean Springs High School: 228-229-4151; Ocean Springs Middle School: 228-239-7404; Oak Park Elementary, Magnolia Park Elementary and Pecan Park Elementary: 228-355-8569

Pascagoula Schools

Trent Lott Elementary: 228-229-4151; Gautier Middle School, Gautier High School and Pascagoula High School: 228-239-7404

NCBC Helping Hands

SAUCIER VOLUNTEER FIRE DEPARTMENT HAUNTED TRAIL/HAYRIDE – Volunteers are needed to help with setting up, parking, concession duties and haunting at “Haunted Hollow” haunted trail and hayride in Saucier at 7 p.m. Oct. 16, 17, 23, 24 and 30. A portion of the proceeds support the Saucier Food pantry and Wounded Warrior Project. If you can help, please email: saucierfiredept@gmail.com.

CASA – Volunteers are needed to help Court Appointed Special Advocates for Children (CASA) at CASA’s Annual Superhero Run, Oct. 24 at 8 a.m., at Tradition which is located at 12500 Village Avenue East in Biloxi. Point of contact is Rhonda Collins, 228-865-7078 or Signey@casaharrisoncounty.org.

NATIVITY SCHOOL BILOXI - Volunteers are needed to assist Nativity School in preparing and holding their school carnival Oct. 16-18. Duties include: setup, working booths, serving food, moving equipment, after event tear down. Point of contact is Christina Lapasinski, 228-872-3484.

BATTING CAGE REPAIR - Volunteers are needed to assist the Pass Christian High School Lady Pirate Softball team with repairing their current batting cage. The workday will be Oct. 17 from 8 a.m. to noon. The workday will consist of placing poles and rehanging net. For more information, contact Leah Ladner, 228-326-5643.

GULFPORT SCHOOLS NAVAL SEA CADET CORPS - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area’s youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America’s youth. Point of contact is Lt. Cmdr. Thomas O.

Klomps, NSCC, at Region63@juno.com or 850-890-6792.

USS ALABAMA ALWAYS LOOKING FOR HELP - The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

DISABILITY CONNECTION - Disability Connection provides support to individuals with disabilities, including military veterans. Volunteers are needed to build ramps and provide home inspections for needed material lists. Point of contact is Ms. O’Keefe, 228-604-4020 or office@disabilityconnection.org.

BUILD HANDICAP RAMPS - Volunteers are needed to build handicap ramps for the disabled. If you would like to help, please contact Susan Smith at Fleet and Family Support Center, 228-871-3000.

COAST SALVATION ARMY - Volunteers are needed for various projects throughout the year. Point of contact is Shawna_Tatge@uss.salvationarmy.org.

HELP SENIORS AND DISABLED CITIZENS - Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handymen/women. Point of contact is Mag Holland, 228-896-0412.

NAVY-MARINE CORPS RELIEF SOCIETY - The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Call 228-871-2610 to volunteer.

USO GULF COAST - Interested in volunteering? We need volunteers every day to assist at our centers throughout the military community. To become a USO volunteer, you’ll need to create a volunteer profile through www.usovolunteer.org.

October 15, 2015



GULF COAST USO

901 CBC 3rd Street, Building 114
228-575-5224

Office hours:
Monday - Friday,
8 a.m. - 4 p.m.

Free services:

FAX, Send and Receive: 228-575-5225,
Copies, United Through Reading program,
Computers with web cams, Internet/email access, X-Box

Seabee Memorial Chapel

What’s happening at the chapel?

Protestant

Sunday

10:30 a.m. - Protestant Service
11 a.m. - Children’s Church

Wednesday

11:30 a.m. - Praise Break (20 minutes of praise and worship through music)
11:30 a.m. - Men’s Bible Study
Noon - 1 p.m. - Protestant Women of the Chapel Bible Study

Catholic

Sunday

9 a.m. - Mass
10 a.m. - CCD Class

Monday, Tuesday & Friday

11:15 a.m. - Mass

Thursday

5 p.m. - Holy Hour
6 p.m. - Mass
6:30 p.m. - Fellowship

Please visit the Seabee Memorial Chapel Facebook page for updates on chapel events at: <https://www.facebook.com/ncbcchapel>. We may

be reached by email at gulfportchapel.fct@navy.mil or by phone at 228-871-2454.

NCBC Center Chaplain: Lt. Cmdr. Ammie Davis

Seabee Courier



OCTOBER 16-22



**NEW FITNESS HOURS, EFFECTIVE OCT. 1,
M-F 0430-2100, SAT&SUN 0700-1900.**

All Month – Yoga, PIYO, Functional Fitness,
Zumba and NOFFS workouts available.

Register 10/1-11/21 @ Fitness for Turkey
Shoot-Out Racquetball Tournament on 11/21

10/17 – Think Pink Aerobathon 9-11a
10/20 – Aquatics Break the Record Challenge
Males 11:30a

10/22 – Aquatics Break the Record Challenge
Females 11:30a

10/23 – Freaky Friday: Functional Training
Workout 11:15a

Call the Fitness Center at 228-871-2668 for
more information.

OCTOBER SPECIAL
FRENCH DIP
Side Cheese and Drink
FOR ONLY \$5.75




THE GRILL
871-2494
Serving Breakfast & Lunch
Monday-Friday
7:00 AM- 1:30 PM
We deliver on base for
lunch 11:00 AM-1:00 PM

ANNUAL FRIGHT NIGHT
Friday, October 30, 2015
From 6:00-8:30pm
at LADD Circle
Bring the family for a night of FREE Halloween fun!
Parking on the Grinder



Automotive Maintenance Class
Don't let car maintenance SCARE you!
UNDERSTAND YOUR VEHICLE WITH A PERSONALIZED CLASS TO LEARN ABOUT BASIC MAINTENANCE AND UPKEEP

CALL TO SCHEDULE

OCT 2	2-7 PM
9	1 Hour Classes
16	Auto Skills Center
23	Bldg. 3977
	Across from the Softball fields

All Hands 228-871-2804

Call today to set up your appointment or for more information
Auto Skills Hours: Wed-Fri 2-8 PM, Sat & Sun 10 AM - 5 PM



10/16 – All Day, Candy Count, Win the Candy!
10/17 – 7a, MS Coastal Cleanup, Volunteer Opportunity!
10/17 – 12p, Fear Fete Horror Film Festival & Zombie Laser Tag, \$18
10/18 – All Day, NFL Sunday Tailgate Party
10/18 – 2p, Hot Wing Eating Contest, Prize to 1st Place!
10/19 – 6p, Guitar Lessons, Free!
10/20 – 7p, Tournament Tuesday: Pumpkin Bowling, Prize to 1st Place!
10/21 – 6p, Pumpkin Carving & Painting, Free!
For more information, call Liberty @ 228-871-4684.



MWR Program Telephone Numbers

Facility Name	Phone	Facility Name	Phone
Anchors and Eagles	871-4607	MWR Admin Ofc	871-2538
Auto Skills Center	871-2804	Outdoor Recreation	871-2127
Beehive	871-4009	School Liaison	871-2117
Fitness Center	871-2668	Shields RV Park	871-5435
Aquatics	822-5103	The Grill	871-2494
Child Development	871-2323	Youth Activities	871-2251
Seabee Cinema	871-3299	Liberty Center	871-4684
ITT	871-2231		

SEABEE CINEMA

Regular movie showings Thursday-Sunday of every week!
Showing this weekend: American Ultra; Maze Runner: Scorch Trials; Black Mass; Monster House (Free Showing); No Escape
Coming next weekend: The Intern; Everest; Hotel Transylvania 2
For more information, call the 24-hour Movie Hotline at 228-871-3299 for show times.

October 15, 2015

Seabee Courier

CENTER NOTES

SUPPORT
NMCB 1 Family Readiness Group (FRG) invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activities Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and baby

sitting is provided during deployment.

NMCB 11 FRG invites friends and family members to attend FRG meetings the last Monday of every month at 6 p.m. The meetings are held at the Youth Activities Center on board NCBC Gulfport. Children are always welcomed and child care is provided at no cost.

Please join us for fun, food, and to meet and socialize with other NMCB 11 families and friends. For more information, please contact us at nmcb11frg@gmail.com or like us on our Facebook page, NMCB 11 FRG. **NMCB 133 FRG** invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Activities Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information, contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

FOCUS - Families Overcoming Under Stress provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email Gulfport@focusproject.org

Gulfport Officer's Spouse Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@gmail.com or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see YOU soon!

Navy Wives Clubs of America, Inc., is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the

Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit www.navywivesclubsof-america.org for more information on NWCA.

NMCRS - The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000.

TRAINING

Naval Sea Cadets

The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nationwide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

SOCIAL

Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held weekly on Wednesdays at 9:30 a.m., at the Seabee Memorial Chapel. Contact MCDC President, HM3 Aterberry, 228-341-1412 or Vice President, BUCN Miller at 228-343-7545 for info.

VFW Post 3937 Long Beach - Open Monday - Thursday, noon - 8 p.m., Friday, noon to 10 p.m., Saturday, 7 a.m. - 10 p.m. and Sunday, noon to 7 p.m. Steak Night is every Friday, 5 - 8 p.m., and breakfast is available every Saturday, 7 - 10 a.m. VFW meetings are held the second Wednesday of the month at

7 p.m. New members are always welcome. For more information, contact Post 3937 at 228-863-8602.

Ladies Auxiliary to the VFW 3937 Long Beach now VFW Auxiliary - Ladies Auxiliary to Veterans of Foreign Wars 3937 Long Beach, Miss., now invites men to join. The Auxiliary is now the **VFW Auxiliary**. Our organization supports veterans, their families and current service members. We help in VA Hospitals, have voices in Legislation, help promote patriotism in our youth, offer scholarships to youth, teachers, and members. Members must be directly related to a veteran who has served in a foreign war. Meetings are held on the second Monday of each month at 7:00 p.m. at 213 Klondyke Road, Long Beach, MS Contact Carol Fetters, President at 228-832-4893 or email cfetters@cablone.net for more information.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for info.

NMCB 62 Alumni Group

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member or for links to historical sites, visit: <http://nmcb62alumni.org>.

D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more information.

Navy Seabee Veterans of America (NSVA)

Island X-1, Gulfport is always happy to welcome new members. You do not have to be retired to be a member. If interested, contact Eugene Cowhick at eugene.cowhick@navy.mil or 228-871-3877. Please join us on the second Thursday of each month at 6 p.m. at the Disabled American Veterans (DAV) Chapter 5 building, 2600 23rd Ave., Gulfport, for the monthly Island X-1 business meeting and see what we're all about. For more information, visit www.nsva.org.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact them at www.seabeeuseumstore.org or call the gift store at 228-871-4779.

15th Annual Gulf Coast Veterans Day Parade

Honoring the Mississippi National Guard

SATURDAY
November 7, 2015
Gulfport, MS
Parade at 11am
FESTIVAL 10am-4pm

RED WHITE & BLUE in JONES PARK
 ENTERTAINMENT FOOD ARTS & CRAFT VENDORS

COME JOIN US!
 Antique Military Vehicles, Floats, Military Marching Units, Marching Bands, JROTC Groups and all the pomp and circumstance!

This event is FREE to the public. Our Veterans have already paid the price!
 For more information:
 Website: www.msVeteransParade.com
 FB: www.facebook.com/veteransdayparade
 Phone: (228) 649-4997



ACB 1 Exercise Brilliant Zenith

SAN DIEGO - Seabees attached to Amphibious Construction Battalion (ACB) 1, Alfa Company, use bulldozers to build a sand ramp during Exercise Brilliant Zenith 2015 (BZ15), Sept. 25. BZ15 is an assault follow-on echelon exercise designed to conduct ship-to-shore transportation of Navy cargo with the improved Navy lighterage system

Floating Causeway embarked aboard the Military Sealift Command heavy lift ship SS Cape Mohican (T-AKR 5065) and improve interoperability with Naval Beach Group 1, ACB 2, Expeditionary Warfare Training Group, Pacific and Navy Cargo Handling Battalion 1. (U.S. Navy photo by Mass Communication Specialist 3rd Class Eric Chan/Released)

From **BATHHOUSE** page 7

installation began with the pressure vacuum breaker. Copper piping was then run at a slope towards the entrance of the mechanical room. While installing the copper piping, the crew ensured sufficient bracing and

proper slope. After dry fitting, copper joints were hit with solder and then water tested." The Seabees strived for excellence and raised the bar for all deployable battalions. NMCB 133's dedication and commitment will forever be appreciated at the YMCA of the Rockies.

*OLD PRINTERS, FAX MACHINES and
OTHER ENERGY-SUCKING OFFICE EQUIPMENT
present*



The PHANTOM of the STANDBY LOAD

plug device into
ADVANCED POWER STRIPS
*WHICH AUTOMATICALLY SHUT OFF POWER
WHEN NOT IN USE.*

Many electronic devices at use power 24-hours a day, even when they are not in use. Plug devices into advanced power strips, which automatically shut off power when they're not in use.

