

# SEABEE COURIER

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Naval Construction Battalion Center, Gulfport, Mississippi

October 8, 2015

## NMCB 1 builds goodwill on Kwajalein Atoll

By MC1 Brannon Deugan  
NMCB 1 Public Affairs

Public Works Department (PWD) employees of U.S. Garrison Kwajalein Atoll (USAG-KA) and U.S. Navy Seabees assigned to Naval Mobile Construction Battalion (NMCB) 1 Construction Civic Action Detail (CCAD) Marshall Islands are constructing a pre-engineered building on Kwajalein Atoll, Marshall Islands.

The pre-engineered building will be a steel-framed warehouse for general storage of essential building materials and valuable tools.

The project also strengthens the relationship between Seabees and USAG-KA.

"The warehouse project is important for NMCB 1 because it is enhancing the relationship with the USAG-KA  
See **NMCB 1** page 6



**Builder 3rd Class Justin Weeks, assigned to Naval Mobile Construction Battalion (NMCB) 1, CCAD Marshall Islands places a bolt in support beams for a pre-engineered building project in support of U.S. Army Garrison Kwajalein Atoll Public Works Department on the island of Kwajalein, Sept. 16.** (U.S. Navy photo by Utilitiesman Constructionman Kelsey Kylberg/Released)



**Rear Adm. Katherine Gregory, commander, Naval Facilities Engineering Command and Chief of Civil Engineers, administers the Oath of Office to Ensign Michal Shafer during her commissioning ceremony at the Gulfport Armed Forces Retirement Home, Sept. 25.** (U.S. Navy photo by Mass Communication Specialist 1st Class Cliff Williams/Released)

## NMCB 133 Seabee is Commissioned at AFRH by Rear Adm. Gregory

By MC1(SW) Cliff Williams  
NMCB 133 Public Affairs

Equipment Operator 1st Class Michal Shafer of Naval Mobile Construction Battalion (NMCB) 133 received her commission as an officer in the United States Navy via the Limited Duty Officer (LDO) program from Rear Adm. Katherine Gregory, Commander, Naval Facilities Engineering Command and Chief of Civil Engineers at the Armed Forces Retirement Home in Gulfport, Sept. 25.

LDOs are technically-oriented officers who perform duties of specific occupational fields and have demonstrated strong managerial skills. As technical managers of the line or staff corps, LDOs progressively advance within broad technical fields related to their

former enlisted ratings. They fill leadership and management positions at the Ensign through Captain level that require technical background and skills not attainable through normal development within other officer designators.

Prior to the administering the Oath, Rear Adm. Gregory addressed Shafer, her family, and her friends.

"I would just tell you that it is a privilege to wear this uniform and a privilege to serve our nation, and that privilege comes with responsibility, and the responsibilities that we expect of you are going to quadruple and be much greater," said Gregory. "I'm excited for your future and I'm excited about your responsibilities that I know you will execute well."

See **SHAFER** page 7



## Center Events



### Navy 240th Birthday Special Meal and Cake Cutting Ceremony

Everyone with authorized base access is invited to Colmer Dining Facility Oct. 13, 11 a.m. - 12:30 p.m. to celebrate the U.S. Navy's 240th Birthday. A ceremonial birthday cake cutting will take place at 11:30 a.m. The menu includes:

Broccoli and Cheese Soup, Grilled Steak, Crab Legs, Baked Potatoes, Macaroni and Cheese, Southern Style Green Beans, Butter Corn on the Cob, Assorted Desserts and Birthday Cake. The meal cost is \$5.55.

**United States Navy: Ready Then, Ready Now, Ready Always!**

**NCBC**

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Capt. Cheryl Hansen

**Public Affairs Officer**

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# Taking a stand against violence



Naval Construction Battalion Center (NCBC) Gulfport's Commanding Officer, Capt. Cheryl Hansen and Fleet and Family Support Center Gulfport staff members affirm their stand against domestic violence by signing a formal proclamation, Oct. 1 on board NCBC Gulfport. This year's campaign theme is "Together we are 'One Voice' against domestic violence." Employees on board the Center are encouraged to wear purple on Thursdays throughout October as a sign of solidarity toward increased public awareness against the crime of domestic violence. (U.S. Navy photo courtesy of Fleet and Family Support Center/Released)

October 8, 2015

**Fraud, Waste and Abuse Hotline:**

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To re-

port Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRSE\_HOTLINE@navy.mil

**Safe Helpline**  
 Sexual Assault Support for the DoD Community  
 Live 1-on-1 Help Confidential Worldwide 24/7

Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: www.Safe-Helpline.org; Call: 877-995-5247; Text \*55-247 (inside the U.S.); Text \*202-470-5546 (outside the U.S.) \*Text your location for the nearest support resources.

**AUDRA**  
**SEXUAL ASSAULT SUPPORT GROUP**  
 AUDRA means "nobility and strength" in French

You don't have to walk this path alone

This group offers a safe, open atmosphere for discussion and activities to facilitate the healing process

For Active Duty females who have been sexually assaulted as adults

Call FFSC at (228) 871-3000

Seabee Courier



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 133 pour concrete for a gazebo at Construction Battalion Center Gulfport. Homeport projects such as this provide valuable training that will be used again during future deployments. (U.S. Navy photo/Released)

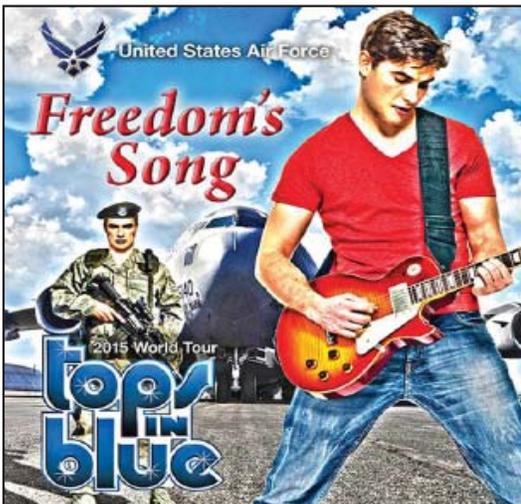


Capt. Cheryl Hansen, commanding officer of NCBC Gulfport, signs a proclamation Oct. 5 at the NCBC Fire Department, kicking off Fire Prevention Week at the base. Hansen is joined by Sparky the Fire Dog, Fire Inspector Demetrius Baldwin, far left, Assistant Fire Chief Darrin Hill and Fire Inspector Jeff Snowden, far right. (U.S. Navy photo by Rob Mims/Released)



More than 50 Sailors from Naval Construction Battalion Center (NCBC) Gulfport volunteered to assist area veterans during the annual Cruisin' The Coast Salute to Our Veterans at MGM Park in Biloxi, Oct. 6. The volunteers helped veterans check out the vintage vehicles that lined the warning track around the field inside MGM Park. (U.S. Navy photos by BUCN Elizabeth Mills/Released)

October 8, 2015



**From the Home Front  
To the Front Line**

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AIR FORCE SERVICES ACTIVITY  
& KEESLER AIR FORCE BASE

**7 p.m. Oct. 17  
Mississippi Coast  
Coliseum, Biloxi**

FREE admission.  
Open to the public.

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An Air Force Entertainment Production



## 240th United States Marine Corps Birthday Ball Celebration

The USMC Birthday Ball Celebration is scheduled for Nov. 7 at the Golden Nugget Casino, 151 Beach Boulevard, Biloxi, Miss. Cocktail hour begins at 5 p.m. and tickets are \$100 each. Purchase tickets and RSVP no later than Nov. 1 (the earlier, the better, for discounted hotel rates). Uniform is: Marines: Blue Dress A or B, Army: Army Blue (Bow tie), Navy: Dinner Dress Blue or Dinner Dress Blue Jacket, Air Force: Mess Dress and Civilian: Black Tie. For more information, please contact 1stSgt Chamberlain (I&I Gulfport) at 4901 3rd Street, Building 114, NCBC, 228-871-3104, Office / 901-361-2293, Cell or jeffrey.chamberlain@usmc.mil.



Seabee Courier

# NMCRS Volunteer Appreciation Awards Luncheon



Navy-Marine Corps Relief Society volunteers were asked:

*“What is the most rewarding aspect of volunteering with NMCRS?”*



Navy Marine Corps Relief Society (NMCRS) celebrated its volunteers with a luncheon at the Seabee Heritage Center, Oct. 1. NMCRS volunteers contributed 5,555 hours of service in 2015. One volunteer, Molly Devonis, received the Presidential Certificate of Merit for exceptional volunteer service. Kaytlyn Dibble received the Presidential Certificate of Commendation and has contributed more than 2,600 volunteer hours. NMCRS Caseworker and Client Service Assistants assisted 682 clients with more than \$401,000 in emergency financial assistance and budget counseling/education. The Thrift Shop volunteers not only supported the Thrift Shop Program, and in doing so generated \$14,820 in sales. More than 3,370 customers benefitted from the low cost items at the Thrift Shop. The Budget for Baby Program, which is managed and presented by NMCRS volunteers, distributed 47 Junior Seabags to workshop attendees. If you would like to volunteer with the NMCRS, please call 228-871-2610. U.S. Navy photo by Builder Constructionman Elizabeth Mills/Released)



“The opportunity to give back to this community that I grew up in as a Seabee wife. It’s rewarding to know that when I am finished with a client that I have helped them.”

**Alice Huffman**  
NMCRS Director  
Hometown: Syracuse, N.Y.



“Working with people from NCBC. Helping military members, retirees and spouses with the financial assistance they need.”

**Amanda Keese**  
Client Service Assistance  
Hometown: Carey, N.C.



“What I find most rewarding is giving back to the Navy Sailors and Marines and their families who are in a financial struggle.”

**Kristin Perry**  
Caseworker  
Hometown: Shreveport, La.



“That I am able to serve our military members who are serving our country.”

**Christine Jorgensen**  
Caseworker apprentice  
Hometown: Moore, Okla.

# October: Energy Action Month

## NCBC leaders raise awareness at gates

From NCBC Public Affairs

The United States first set aside a time to remind everyone about the importance of saving energy in 1981, with American Energy Week. On Sept. 13, 1991, President George Bush proclaimed October as Energy Awareness Month. The Department of the Navy has long been conducting energy awareness campaigns that promote the wise and efficient use of energy.

Our nation can benefit from the wise use of energy at federal facilities. As the single largest domestic user of energy, the federal government spends more than \$9 billion to power its vehicles, operations, and approximately 500,000 facilities throughout the United States. Efficient energy management at federal facilities:

- ~ Saves taxpayer dollars
- ~ Reduces greenhouse gas emissions

**Energy Fair, Oct. 14, 10 a.m. - 1:30 p.m., NEX Mini-Mart Displays, quizzes, giveaways and more!**

~ Protects the environment and natural resources

~ Contributes to our national security

In addition, regulations like the Energy Policy Act of 2005 require federal agencies to meet a number of energy and water management goals.

With so many major global challenges tied to energy use, including air pollution, climate change, volatile fuel supplies and costs, aging energy infrastructure and reliance on fossil fuels, it makes sense to choose energy efficiency as a basic work ethic and lifestyle.

During Energy Awareness Month, and throughout the year, we must all remember that saving energy is an individual priority and focus and that we can safeguard our energy infrastructure and reduce our carbon footprint in all that we do through simple choices and attention to energy efficiency.



**Capt. Cheryl Hansen, commanding officer, Naval Construction Battalion Center (NCBC) Gulfport greets drivers and passes out energy awareness cards and magnet thermometers at the Pass Road Gate, Oct. 1. Members of the command triad were stationed at gate entrances to focus attention on the importance of efficient use of energy. The federal government is the single largest domestic user of energy, spending more than \$9 billion to power its vehicles, operations and approximately 500,000 facilities throughout the United States. (U.S. Navy photo/Released)**

October 8, 2015

# The Cyber Threat is real and on the rise

From the Office of the Deputy Chief of Naval Operations for Information Dominance

The cyber threat is real. Cyber attackers have evolved from pranksters, lone wolves and organized gangs to nation-states and hacktivist groups. While the damage used to be limited to simple disruptions in service, today's cyber-attacks are leading to global, political and commercial uncertainty. These increasing attacks have resulted in significant losses of intellectual property, private data and national secrets.

Early attacks of viruses and worms, malware and Trojans have grown in complexity and sophistication to cross over into the physical world as hackers try to infiltrate and control computers within cars, generators, energy grids and other everyday systems.

Personal information is more susceptible than ever to hacking as more personal information is stored digitally. This vulnerability was most dramatically exposed when the Office of Personnel Management suffered a breach compromising millions of government employees' personal information.

The Department of Defense alone experiences 41 million scans, probes and attacks per month.

"The Navy Networking Environment consists of more than 500,000 end user devices; an estimated 75,000 network devices (serv-

ers, domain controllers); and approximately 45,000 applications and systems across three security enclaves," said Vice Adm. Jan Tighe, commander of U.S. Fleet Cyber Command, in a statement provided earlier this year to Congress.

Vice Adm. Tighe explained that the greater the attack surface or vulnerabilities in our systems, then the greater the risk to the mission.

Recent real world events and attacks on Navy systems, such as the 2013 hack into the Navy-Marine Corps Intranet that resulted in a significant Navy-wide effort to close vulnerabilities (Operation Rolling Tide), make clear that the cyber threat is increasing.

The reliance on connected capabilities has significantly increased the potential consequences of a cyber compromise. Once independent or isolated systems now rely on each other to link together our warfighters, ships, submarines, aircraft, land-based command centers and distant satellites.

The threat is personally and operationally real for every member of the Navy. It only takes one act to wreak havoc on the entire network and expose an opening to a cyber attacker.

Attacks are evolving as cyber attackers get smarter and more resourceful. Constant vigilance is the key to protecting the Navy from serious operational impacts as a result of cyber-attacks.

### How to Protect Yourself

- Keep your documents in a safe place at home, and lock your wallet or purse in a safe place at work.
- Limit what you carry with you when you go out. Take only the identification, credit and debit cards you need.
- Opt out of prescreened offers of credit and insurance by mail by calling 1-888-567-8688.
- Make sure you know who is getting your personal or financial information and don't give out personal information by phone, mail or internet unless you've initiated contact.
- Monitor your account statements and immediately report any unusual activity to your financial institution.

www.secnav.navy.mil/OPMBreachDON

Seabee Courier

# Runnin' Roos' put green thumbs to work restoring Pass Christian Estuary

By MC1(SW) Cliff Williams  
NMCB 133 Public Affairs

Twelve Seabees assigned to Naval Mobile Construction Battalion (NMCB) 133 recently volunteered their free time to support the beginning of Restore America's Estuaries Week at Henderson Point in Pass Christian.

The Seabees came out to show off their green thumbs and support the project which helped plant almost 600 trees on more than seven acres.

"We are planting maples, live oaks and cypress trees," explained Judy Steckler, Executive Director for the Land Trust for the Mississippi Coastal Plain.

Steckler went on to explain the importance of trees in the Coast's eco-system and restoring what Katrina destroyed years ago is still very relevant.

"The trees will help in the filtration of the water going into the estuaries which is real important," said Steckler. "It will bring birds back to the neighborhood because they'll have food and safe shelter."

That's why volunteers like Electronics Technician 2nd Class Tia White say they're happy to help.

"The fact that we're planting trees and making things more beautiful is what makes me

feel good about what we are doing," said White.

Seabees were not the only ones who volunteered for the two day event. Local children also came out to assist in the day of service.

"It's kind of different to do something like this because it's something that's going to carry on and move up with the different generations," said Gunner's Mate 2nd Class Gary Shulmire, who brought his son and daughter to teach them a lesson on giving back.

"It just gives them an opportunity to learn," said Shulmire. "I did a lot of volunteering when I was growing up back in Texas. We had the opportunity to do a lot of service projects through church and school, so I thought it would be good to help them learn and understand what it is to be in a community and help out."

Restore America's Estuaries is a national alliance of 11 coastal conservation groups that stretch from Maine to Washington State. Local projects restore coastal wetlands, improve water quality, open fish passages, build living shorelines, re-plant salt marshes and restore



Naval Mobile Construction Battalion (NMCB) 133 Seabees, Steelworker Constructionman Laura Perez, Builder Constructionman Rosauna Aragon, Electronics Technician 2nd Class Tia White, and Steelworker Constructionman Monica Ramirez work together to plant trees to support Restore America's Estuaries Week at Henderson Point in Pass Christian. (U.S. Navy photo by Mass Communication Specialist 1st Class Cliff Williams/Released)

shellfish habitat. The organization provides a united voice for coastal conservation in the nation's capital. It advances the science and practice of protecting and restoring estuaries through on-the ground projects, ground breaking science, high-level meetings, and the power of convening people.



From NMCB 1 page 1

Garrison, locals of Kwajalein Atoll, and it demonstrates the capabilities of the Seabees," said Lt. j.g. Cory Devonis, officer in charge of CCAD Marshall Islands. "The final product will be a storage facility for the USAG-KA, and since the island has limited space and the environment is extremely corrosive, this warehouse will be able to provide shelter for whatever material or equipment the base puts in it."

The pre-engineered building is a large project requiring teamwork, while sharpening professional skills.

"Working on this project has allowed me to put my technical know-how to use, since a lot of the work is based on putting pieces together," said Builder 3rd Class Justin Weeks, from Gulfport, Mississippi. "I also enjoy working as a team; many of the pieces are large, so we need to cooperate to get the work done."

NMCB 1 Seabees working alongside the PWD journey-men of the USAG-KA are able to exchange experiences and culture.

"This project provides both a unique opportunity for Seabees to showcase their capabilities and gain critical, career enhancing, hands on experience and to work alongside locals," said Devonis. "Thus, enhancing the skills and quality NMCB 1 while acquiring a unique perspective of culture and work ethic in the Marshall Islands."

## A little free time to play



EBEYE, Marshall Islands - Construction Electrician 2nd Class Scott Tallieu, right, Utilitiesman Constructionman John Cotton and Steelworker 3rd Class Nathan Knittle, assigned to Naval Mobile Construction (NMCB) 1, play Frisbee with children during a community relations event on Ebeye Island, Marshall Islands, Sept. 29. NMCB 1 is providing humanitarian aid to the Republic of Marshall Islands. (U.S. Navy photo by Utilitiesman Constructionman Kelsey Kylberg/Released)

# Back in Time: Seabee History - Vietnam Era



Seabees lay asphalt on the Hai Van Pass in Republic of Vietnam, 1968. The Hai Van Pass was a long tortuous mountain road between DaNang and Hue with a peak of 1,900 feet and narrow hairpin turns. Over the peak the road was passable with one-way traffic and was open to traffic from one direction only. It served as one of the main supply arteries to Hue from NSA DaNang. (Photo courtesy of U.S. Navy Seabee Museum)

- Oct. 4**  
1969: At 11:30 p.m., GMG2 P.W. Larremore was killed in action about five miles southeast of Da Nang, in Binh Ky Hamlet, Republic of Vietnam (RVN).
- Oct. 6**  
1966: A 113-man advance party of NMCB 58 arrived at Red Beach, Da Nang, RVN.
- Oct. 7**  
1970: Construction Battalion Unit (CBU) 201 departed Davisville, RI for assignment to Antarctica.
- Oct. 8**  
1969: NMCB 7 main body consisting of 14 officers and 538 Seabees arrived on board Camp Shields, Chu Lai, RVN.
- Oct. 9**  
1969: Main body of NMCB 58 arrived in Davisville, Rhode Island from Chu Lai, RVN.
- Oct. 10**  
1968: NMCB 8 main body returned to CONUS via commercial and government aircraft from Camp Wilkinson, Phu Bai, RVN.

From SHAFER page 1

Following the oath, the floor was given to Ensign Shafer where she recounted her career's journey to this point. Shafer went on to thank her family, who have stood by her every step of the way and were there for another milestone in Shafer's career.

"I started when I was 28 and before that, I was just going in circles in my life; not knowing what I wanted to do day-to-day," said Shafer. "The military just seemed like an awesome choice. It's been a long road; and it's going to be an even longer road ahead. However, I am super excited to see where the Navy takes me in the future."

Shafer also thanked her mentor and friend, Lt. Cmdr. Mike Mosi, who was vital in her Navy career.

"I knew this guy before I joined. He was a newly appointed Ensign and he's been with me since I started this adventure. I can't believe I'm here ... I can't believe you're here," joked Shafer.

Upon receiving her commission, Shafer received her first salute from Master Chief Damage Controlman Vince Barry and passed her first class collar insignia on to NMCB 133's Construction Mechanic 2nd Class Rachel Albers who she believes will be a great



Master Chief Damage Controlman Vince Barry renders the "First Salute" to Ensign Michal Shafer during her commissioning ceremony at the Armed Forces Retirement Home in Gulfport, Sept. 25. The "First Salute" signifies a deep sense of gratitude of the new officer for the knowledge enlisted Sailors have passed on to her during her career. (U.S. Navy photo by Mass Communication Specialist 1st Class Cliff Williams/Released)

first class petty officer.

The LDO Program provides commissioning opportunities to qualified senior enlisted personnel such as Chief Petty Officers (E-7 through E-9), and E-6 personnel who are selection board-eligible for E-7 as well as Chief Warrant Officers. LDOs are affectionately known as 'Mustangs' because they are considered a creature of mixed and multiple breeds. LDOs serve as, but are not limited to serving as, division officers, department heads, executive officers, and commanding officers, ashore or afloat.

## RACE ENGINES, DIRT BIKES, ATVs, CIGARETTE BOATS, ZODIACS

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- E4 - E6
- No NJP
- No Bankruptcy
- Obtain Secret/TS clearance

Email us at : IDEVGRURecruiting@vb.socom.mil or contact your detailer to request additional information.

**See Something Suspicious, Say Something Immediately!** Report suspicious activity which is defined as any observed behavior that could indicate terrorism or terrorism-related crime. Public safety is everyone's responsibility. If you see suspicious activity, report it to local law enforcement. Call 228-871-2361 or 911.

The NCBC Gulfport Commissary will be closed Oct. 12 – 13, due to the Columbus Day Federal holiday.

# 'The Meat & Potatoes of Life'

By Lisa Smith Molinari  
Special Contributor

## College essays highlight military life

Our middle child, Anna, came home from school crying last night.

This is not unusual for teenage girls. In fact, it happens so frequently, that we sometimes have to feign concern. While we might gasp loudly and blurt with outstretched arms, "Oh, Sugar Dump-ling, what's got you so upset?" my internal monologue is really saying, Good Lord, what is it this time ... probably boy drama, or another project is due, or skinny jeans went out of style ... I'd better record "Survivor" because this might take a while.

But last night, Anna plopped onto the couch looking quite pitiful. With puffy eyes and a wobbling chin, she explained, "It's just ... everything! I have another paper due in English, a Stats test on Friday, the SAT this weekend, and I somehow have to upload my portfolio for my applications to Syracuse and Delaware. And between all that, somehow finish my college essay!" Her face contorted as tears plopped onto her sweatshirt.

Our daughter isn't the only 17-year-old who

is feeling the weight of the world on her shoulders. Many of the 3.3 million US high school seniors are under pressure from parents, guidance counselors, teachers and themselves to distill their life experience down to one single, flawless 650-word college essay.

But are the tears and missed "Survivor" episodes worth it? Do essays really matter all that much to admissions counselors?

There are varied reports on whether or not essays are seriously considered by colleges. Three former admissions counselors from Dartmouth College, University of Pennsylvania, and University of Chicago stated in a Nov. 14, 2014 article in Time Magazine that they read and seriously considered every essay that came across their desks. However, they all acknowledged that no student with lackluster grades and test scores ever got into their schools based on a great essay.

Mitchell Stevens, a sociologist who studied higher education, spent 18 months in the admissions office of a top-tier liberal



arts school working alongside counselors through two full admissions cycles. In a Nov. 13, 2014 article in The New Republic, Stevens stated that the "hard numbers" - GPA, test scores, class rank, and number of AP and honors courses - reigned supreme in their admissions decisions. The applicants on the low and high ends of the school's standards were decided upon quickly, but even for the middle pool of applicants, essays "rarely got even cursory attention from admissions officers."

Stevens said the factors that mattered more were: "How likely was an applicant to accept our offer of admission? Had we already accepted anyone from his or her remote zip code? Had the applicant received any special endorsement from a college alumnus or a faculty member?

Did someone in the office owe a favor to the applicant's guidance counselor?"

Furthermore, in its 2014 State of College Admissions Report, the National Association of College Admissions Counselors found that the most important factors in admissions decisions were grades in college prep courses (82 percent), strength of curriculum (64 percent), SAT/ACT scores (58 percent), and overall grades (52 percent). While opinions on essays were evenly spread, with only 22 percent reporting essays as having considerable importance, 38 percent moderate importance, 23 percent limited importance, and 17 percent no importance at all.

Regardless of this disheartening research, the fact remains that the essay serves as the one place on the Common Application (the online standard application accepted by approximately 500 US universities) where military children can set themselves apart. If there is a weakness in class rank, GPA, or consistency of curriculum; a personal essay that mentions mov-

ing three times during high school, living overseas, or a parent's lengthy deployment, might not only catch the attention of admissions counselors, but also will spotlight the resiliency, adaptability and strength of military child applicants.

Military children in particular must seize opportunities to mention their uncommon experiences in their applications. Honor, sacrifice, service, hardship, adventure, and worldliness -- these traits don't show up in the "hard numbers" of a student's GPA or test scores.

So dry your tears military high school seniors, and put your pens to paper. It's time to give those college admissions counselors an education in military life.

*A 21-year Navy spouse, Lisa and her family are currently stationed in Newport, RI. Her self-syndicated columns appear on her blog, [www.themeatandpotatoesoflife.com](http://www.themeatandpotatoesoflife.com), and she recently co-authored *Stories Around the Table: Laughter, Wisdom, and Strength in Military Life*. Follow Lisa @MolinarWrites."*



October is  
Domestic Violence  
Awareness Month

### A Note from NCBC Security

The Lautenberg Act was named for the New Jersey Congressman Frank Lautenberg who proposed the amendment as an addition to the 1968 Gun Control Act. This is significant since it makes it unlawful for people who have been convicted of the crime of domestic violence to receive, possess, ship or transport any firearm or ammunition in interstate or foreign commerce. It also makes it a felony to send firearms or ammunition

to anyone that has been convicted of this crime. Military personnel and law enforcement officers are not exempt from the Lautenberg Act, since it also applies to privately owned weapons.

Military personnel with a conviction of domestic violence could be prevented from going on missions or appointed to positions that require use of firearms. In some cases, service personnel may be discharged. Police officers with Domestic Violence Convictions have been dismissed in a similar fashion.



# Focus on Education

## Education Notes

### Command Financial Specialist Training/Refresher course

Fleet and Family Support Center (FFSC) is hosting a Command Financial Specialist (CFS) Training & Refresher Course for E-6 and above in the large classroom at FFSC Oct. 13-16 from 8 a.m. to 4 p.m. Call 228-871-3000 to register.

### Job Fair

Fleet and Family Support Center (FFSC) will sponsor a job fair Oct. 20, 10 a.m. - 1 p.m., at FFSC, building 30. Everyone with authorized access to NCBC Gulfport is invited. Bring a copy of your resume and be prepared to interview. For more information, contact FFSC at 228-871-3000.

### CPR/AED Classes

NCBC Fire and Emergency Services is offering Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) classes to organizations on board the Center. For more information, call 228-871-2414.

### Free Troops to Teachers Seminars

The Southeast Region Troops to Teachers program has scheduled a series of free seminars to be held on the first Tuesday of each month, in the Navy College Office, building 60, room 239 at 10:30 a.m. Seminars will be conducted by Chris Carey, Mississippi State Program Manager.

### New to military family housing?

Did you know that OPNAVINST 11320.23G requires housing residents to attend a Fire Safety brief within 30 days of moving into base housing? Briefs, which last no more than an hour, are held at the NCBC Fire Department on the first and third Wednesday of the month at 3:30 p.m. If you have not attended a brief yet, plan to do so. If you are unable to attend, call the Fire Chief, 228-871-3117 to discuss your situation.

## NCBC School Liaison Officer note about Alternate School Districts

Parents:

If you live on base and want to take advantage of the law that allows your children to go to an adjacent school district you do not need a district transfer. The key is "live on base." If you live off base you will need a district office transfer form signed by the superintendent. Point of contact for further information is Kevin Byrd, 228-871-2117 or kevin.r.byrd@navy.mil.

NCBC Gulfport School Liaison Officer Kevin Byrd, MWR, Building 352, 1706 Bainbridge Ave., Phone: 228-871-2117, email: kevin.r.byrd@navy.mil

## CE 'A' school student takes Oath of Citizenship at CSFE Det Sheppard AFB

By CE1 Marshall Boos  
CSFE Detachment  
Sheppard AFB Texas  
Public Affairs

Construction Electrician Constructionman Recruit John Ross Alexis, a Navy student attending Construction Electrician (CE) 'A' School at the Center for Seabees and Facilities Engineering Detachment Sheppard Air Force Base (CSFE Det. SAFB), Texas, took an Oath of Citizenship from Immigration Field Officer Robin Carpenter, Wichita Falls, Texas, Sept. 2.

"I always admired the opportunities that America has to offer. I only wanted the chance to pursue my ambitions, and become whatever I wanted," Alexis said. "It felt really good when I swore my oath to the United States. I knew so many things were going to be different for me."

"It's truly exciting to see young men and woman humble themselves and serve in the U.S. Armed Forces," said Lt. j.g. Leonardo Calderon, officer in charge, CSFE Det. Sheppard, "Witness[ing] Sailors making a difference in their careers brings great credit upon themselves and shows the caliber of Sailors we have today.

"I want to congratulate CECR Alexis for being persistent and continuously challenging himself



**Construction Electrician Recruit John Ross Alexis proudly displays his U.S. Citizenship certificate after taking the oath administered at CSFE Det. SAFB, Wichita Falls, Texas, Sept. 2.** (U.S. Navy photo by Construction Electrician 1st Class Marshall Boos/Released)

through obstacles and completing his citizenship," said Calderon.

Alexis was born in San Fernando, Trinidad, but grew up in Granada where he worked on a dive boat. "I always liked being on the water, and knew that I wanted a job where I could be around the ocean," he said.

"I grew up seeing the United States on TV and in the movies," Alexis said. "Many people where I am from, including me, dreamed of moving to the United States and starting a career."

Alexis moved to Brooklyn, N.Y., when he was 21 after he received his permanent residency card and worked for an electrical company doing installation and maintenance. "I really liked the

career field I was working in, and I wanted to stay in it," he said.

"Since my days working on the dive boats, I knew that I wanted to join the U.S. Navy," Alexis continued. "I started doing research on what rates I would be interested in, and that's when I found out about the Seabees. I was excited that I could join the Navy, and still stay in the same career field. The knowledge and work experience that I could gain with the Navy would make it easier to get a job when I get out."

After Alexis completed basic training in Great Lakes, Ill., he traveled to CSFE Det. SAFB to begin training to become a CE. During command indoctrination, he found out about the citizenship program. Utilitiesman 1st Class (SCW) Daniel O'Fallon, program coordinator, encouraged Alexis to submit his package to apply for citizenship. "I really enjoy helping students get on the path to citizenship," said O'Fallon. "It's great to help them achieve the dream becoming an American."

So far, this fiscal year, CSFE Det. SAFB has assisted nine students in completing their citizenship packages with direct support from the Dallas Immigration Office.

### NCBC Gate Hours



**Pass Road:**  
24 hours, 7 days a week

**Broad Avenue:**  
Monday-Friday,  
6 to 8:30 a.m. only  
Closed Saturday/Sunday  
and Holidays

**28th Street:**  
Monday-Friday,  
6 a.m. to 3 p.m., In-bound and 6 a.m. to 6 p.m., Outbound  
Closed Saturday/Sunday  
and Holidays

# NCBC Helping Hands

**ST JAMES CHURCH AND SCHOOL FESTIVAL** - St. James parish is asking for 10 to 12 volunteers to help at their annual church and school festival Oct. 10, 9 a.m. - 9 p.m. and Oct. 11, 9 a.m. - 6 p.m. Volunteers will be provided with refreshments and food. For more information, please contact Todd Ladner, 228-380-2637.

**SAUCIER VOLUNTEER FIRE DEPARTMENT HAUNTED TRAIL/HAYRIDE** - Volunteers are needed to help with setting up, parking, concession duties and haunting at "Haunted Hollow" haunted trail and hayride in Saucier at 7 p.m. Oct. 10, 16, 17, 23, 24 and 30. A portion of the proceeds support the Saucier Food pantry and Wounded Warrior Project. If you can help, please email: saucierfiredept@gmail.com.

**VETERAN'S SPOUSE** - The spouse of a military veteran needs assistance with roof repairs to her Gulfport home. Point of contact is Susan Smith, 228-871-3640.

**CASA** - Volunteers are needed to help Court Appointed Special Advocates for Children (CASA) at CASA's Annual Superhero Run, Oct. 24 at 8 a.m., at Tradition which is located at 12500 Village Avenue East in Biloxi. Point of contact is Rhonda Collins, 228-865-7078 or Signey@casaharrisoncounty.org.

**NATIVITY SCHOOL BILOXI** - Volunteers are needed to assist Nativity School in preparing and holding their school carnival Oct. 16-18. Duties include: setup, working booths, serving food, moving equipment, after event tear down. Point of contact is Christina Lapasinski, 228-872-3484.

**GULFPORT SCHOOLS NAVAL SEA CADET CORPS** - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who

are passionate about mentoring America's youth. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

**USS ALABAMA ALWAYS LOOKING FOR HELP** - The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

**DISABILITY CONNECTION** - Disability Connection provides support to individuals with disabilities, including military veterans. Volunteers are needed to build ramps and provide home inspections for needed material lists. Point of contact is Ms. O'Keefe, 228-604-4020 or office@disabilityconnection.org.

**BUILD HANDICAP RAMPS** - Volunteers are needed to build handicap ramps for the disabled. If you would like to help, please contact Susan Smith at Fleet and Family Support Center, 228-871-3000.

**COAST SALVATION ARMY** - Volunteers are needed for various projects throughout the year. Point of contact is Shawna\_Tatge@uss.salvationarmy.org.

**HELP SENIORS AND DISABLED CITIZENS** - Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handymen/women. Point of contact is Mag Holland, 228-896-0412.

**NAVY-MARINE CORPS RELIEF SOCIETY** - The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Call 228-871-2610 to volunteer.

**USO GULF COAST** - Interested in volunteering? We need volunteers every day to assist at our centers throughout the military community. To become a USO volunteer, you'll need to create a volunteer profile through [www.usovolunteer.org](http://www.usovolunteer.org).

October 8, 2015



## GULF COAST USO

901 CBC 3rd Street, Building 114  
228-575-5224

Office hours:  
Monday - Friday,  
8 a.m. - 4 p.m.

Free services:

FAX, Send and Receive: 228-575-5225,  
Copies, United Through Reading program,  
Computers with web cams, Internet/email access, X-Box

# Seabee Memorial Chapel

## What's happening at the chapel?

### Protestant

#### Sunday

9:15 a.m. - Sunday School (Ages 5-12 years)  
10:30 a.m. - Service and Children's Church

#### Weekdays

Wednesday 11:30 a.m. - Praise Break (20 minutes of praise and worship through music)  
Noon - 1 p.m. - Protestant Women of the Chapel Bible Study

### Catholic

#### Sunday

9 a.m. - Mass  
10 a.m. - CCD Class

#### Weekdays

Monday, Tuesday & Friday - 11:15 a.m. - Mass

#### Thursday

5 p.m. - Holy Hour  
6 p.m. - Mass  
6:30 p.m. - Fellowship

Please visit the Seabee Memorial Chapel Facebook page for updates on chapel events at: <https://www.facebook.com/ncbcchapel>. We may

be reached by email at [gulfportchapel.fct@navy.mil](mailto:gulfportchapel.fct@navy.mil) or by phone at 228-871-2454.

**NCBC Center Chaplain: Lt. Cmdr. Ammie Davis**

Seabee Courier



# OCTOBER 9-15

10/9 – 6p, Mon-Fri Guess the Candies in the Jar to Win!  
 10/10 – 10a, Cruisin' the Coast, \$3 Lunch Provided  
 10/11 – All Day, NFL Sunday Tailgate Party, Free Gumbo  
 10/12 – 7 p, Monday Night Football: Steelers vs. Chargers, Free Pizza  
 10/13- All Day, Navy 240<sup>th</sup> Birthday, Free Cake  
 10/13 – 7p, Tournament Tuesday – Horse Shoes, Prize to 1<sup>st</sup> Place!  
 10/15- 6p, Sailor Adventure Quest: Reel Time, Free  
 For more information, call Liberty @ 228-871-4684.



**OCTOBER SPECIAL**  
**FRENCH DIP**  
 With Cheese and Dressing  
 FOR ONLY \$5.75

**THE GRILL**  
 871-2494  
 Serving Breakfast & Lunch  
 Monday-Friday  
 7:00 AM- 1:30 PM  
 We deliver on base for lunch 11:00 AM-1:00 PM

**MORTUARY**  
 HAUNTED HOUSE  
 \$38  
 Friday, October, 16th  
 5:00pm @ ITT / Liberty  
 Purchase tickets at ITT

Auto Skills Center – Free  
 automotive maintenance classes  
 every Thursday in October – By  
 appointment only. We will now  
 be open more days!  
**New Hours as of October 1:**  
 W-F 2-8 p.m.  
 Sat & Sun. 10 a.m.-4 p.m.  
 Sell your vehicle, boat, or trailer  
 at the MWR Resale Lot – great  
 rates and high exposures.  
 Call for details 228-871-2834.

**ZOMBIE RUN 5K**  
 OCTOBER 14  
 6 PM  
 FREE & OPEN TO ALL HANDS!  
 CAN YOU MAKE IT THROUGH & KEEP YOUR BIE?  
 1<sup>st</sup> PLACE WILL WIN 2 TICKETS TO THE MORTUARY TRIP W/ ITT  
 SIGN UP AT FITNESS CENTER OCT. 1-12 CALL 228-871-2668 FOR INFO  
 BEGIN BEHIND THE FITNESS CENTER



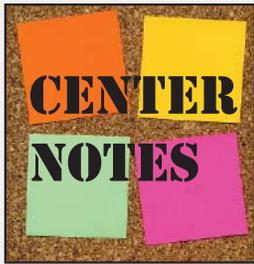
**NEW FITNESS HOURS, EFFECTIVE OCT. 1, M-F 0430-2100, SAT&SUN 0700-1900.** All Month – Yoga, PIYO, Water Aerobics (ends Oct. 15), Functional Fitness, Zumba and NOFFS workouts available. Check out the MWR Facebook page for details – [www.facebook.com/ncbcmwr](http://www.facebook.com/ncbcmwr) Register 10/1-11/21 @ Fitness for Turkey Shoot-Out Racquetball Tournament on 11/21 Don't forget about the 21 Basketball Challenge on 10/16! Call the Fitness Center at 228-871-2668 for more information.



Regular movie showings Thursday- Sunday of every week!  
 Showing this weekend: Hitman: Agent 47; The Visit; The Perfect Guy; Monster University (FREE SHOWING); American Ultra; A Walk in the Woods; War Room (\$1 SUNDAY SHOWING)  
 For more information, call the 24-hour Movie Hotline at 228-871-3299 for show times.

## MWR Program Telephone Numbers

Facility Name	Phone	Facility Name	Phone
Anchors and Eagles	871-4607	MWR Admin Ofc	871-2538
Auto Skills Center	871-2804	Outdoor Recreation	871-2127
Beehive	871-4009	School Liaison Officer	871-2117
Fitness Center	871-2668	Shields RV Park	871-5435
Aquatics	822-5103	The Grill	871-2494
Child Development	871-2323	Youth Activities	871-2251
Seabee Cinema	871-3299	Liberty Center	871-4684
ITT	871-2231		



**SUPPORT**  
**NMCB 1 Family Readiness Group (FRG)** invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activities Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and baby

sitting is provided during deployment.

**NMCB 11 FRG** invites friends and family members to attend FRG meetings the last Monday of every month at 6 p.m. The meetings are held at the Youth Activities Center on board NCBC Gulfport. Children are always welcomed and child care is provided at no cost.

Please join us for fun, food, and to meet and socialize with other NMCB 11 families and friends. For more information, please contact us at nmcb11frg@gmail.com or like us on our Facebook page, NMCB 11 FRG.

**NMCB 133 FRG** invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Activities Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information, contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

**FOCUS - Families Overcoming Under Stress** provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email [Gulfport@gofocusproject.org](mailto:Gulfport@gofocusproject.org)

**Gulfport Officer's Spouse Club** is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email [goscgulfport@gmail.com](mailto:goscgulfport@gmail.com) or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see YOU soon!

**Navy Wives Clubs of America, Inc.**, is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes

the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit [www.navywivesclubsof-america.org](http://www.navywivesclubsof-america.org) for more information on NWCA.

**NMCRS** - The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

**Gamblers Anonymous** The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000.

### TRAINING

#### Naval Sea Cadets

The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nationwide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at [Region63@juno.com](mailto:Region63@juno.com) or 850-890-6792.

### SOCIAL

**Miss. Gulf Coast First Class Association** is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

**NCBC Multi-Cultural Diversity Committee** is seeking members. Meetings are held weekly on Wednesdays at 9:30 a.m., at the Seabee Memorial Chapel. Contact MCDC President, HM3 Aterberry, 228-341-1412 or Vice President, BUCN Miller at 228-343-7545 for info.

**VFW Post 3937 Long Beach** - Open Monday - Thursday, noon - 8 p.m., Friday, noon to 10 p.m., Saturday, 7 a.m. - 10 p.m. and Sunday, noon to 7 p.m. Steak Night is every Friday, 5 - 8 p.m., and breakfast

is available every Saturday, 7 - 10 a.m. VFW meetings are held the second Wednesday of the month at 7 p.m. New members are always welcome. For more information, contact Post 3937 at 228-863-8602.

**Ladies Auxiliary to the VFW 3937 Long Beach** Are you eligible? The Ladies Auxiliary to the Veterans of Foreign Wars 3937 would like to invite you to become a member. Our organization supports veterans, their families and current service members. In order to join, you must be the spouse, mother, daughter, granddaughter or sister of a service member who has served in a foreign war. Meetings are the second Monday of each month at 7 p.m. at VFW Post 3937, 213 Klondyke Road, Long Beach. Contact Carol Fetters, president, at 228-832-4893 for more info.

**VFW Post 4526 Orange Grove** is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for info.

#### NMCB 62 Alumni Group

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member or for links to historical sites, visit: <http://nmcb62alumni.org>.

**D.A.V. - Disabled American Veterans, Chapter 5** invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more information.

#### Navy Seabee Veterans of America (NSVA)

**Island X-1**, Gulfport is always happy to welcome new members. You do not have to be retired to be a member. If interested, contact Eugene Cowhick at [eugene.cowhick@navy.mil](mailto:eugene.cowhick@navy.mil) or 228-871-3877. Please join us on the second Thursday of each month at 6 p.m. at the Disabled American Veterans (DAV) Chapter 5 building, 2600 23rd Ave., Gulfport, for the monthly Island X-1 business meeting and see what we're all about. For more information, visit [www.nsva.org](http://www.nsva.org).

### HERITAGE

**The Seabee Gift Store** is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact them at [www.seabee-museum-store.org](http://www.seabee-museum-store.org) or call the gift store at 228-871-4779.

## 15th Annual Gulf Coast Veterans Day Parade

Honoring the Mississippi National Guard

**SATURDAY**  
**November 7, 2015**  
**Gulfport, MS**  
**Parade at 11am**  
**FESTIVAL 10am-4pm**

**COME JOIN US!**  
 Antique Military Vehicles, Floats, Military Marching Units, Marching Bands, JROTC Groups and all the pomp and circumstance!

This event is FREE to the public. Our Veterans have already paid the price!  
 For more information:  
 Website: [www.ms-veterans-parade.com](http://www.ms-veterans-parade.com)  
 FB: [www.facebook.com/veteransdayparade](https://www.facebook.com/veteransdayparade)  
 Phone: (228) 669-4997

For the latest NCBC info, follow Naval Construction Battalion Center Gulfport on Facebook and Twitter; subscribe to Inside the Gate by sending an email to [bonnie.lindley@gerr@navy.mil](mailto:bonnie.lindley@gerr@navy.mil). Check out the website at: [http://www.cnbc.navy.mil/regions/cnrse/installations/ncbc\\_gulfport.html](http://www.cnbc.navy.mil/regions/cnrse/installations/ncbc_gulfport.html). Anyone with Cable One can also view the Commanders Access Channel on Channel 100.

## RED WHITE & BLUE

### IN JONES PARK

**FOOD π MUSIC VENDORS**

**FUN FREE FAMILY FESTIVAL!**

**Saturday, November 7, 2015 10am - 4pm**

Sponsored by the City of Gulfport and Gulf Coast Veterans Parade, Inc.

For More Information Contact Laurie Toups at 228-868-3414



# THE NEVER-ENDING ENERGY DRAIN

# EXIT

Exit lighting operates continuously, and light-emitting diode (LED) lamps are rapidly becoming the standard in exit lighting because of their high energy efficiency and long life—20 to 50 years. While LEDs have a higher initial cost, they more than pay for themselves in reduced energy use and lower maintenance.

Go ahead. Leave. But it will be waiting for you  
when you return tomorrow...

**and every tomorrow after!**