

# SEABEE COURIER

www.cnic.navy.mil/gulfport

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Naval Construction Battalion Center, Gulfport, Mississippi

September 17, 2015



The Colors are presented during the playing of the National Anthem before the chief petty officer pinning ceremony at the Training Hall on board Naval Construction Battalion Center (NCBC) Gulfport, Sept. 16. The CPO rank was established April 1, 1893. Approximately 4,700 active and reserve

Sailors joined the ranks of chief petty officer this year. (U.S. Navy photo by Mass Communication Specialist 1st Class Michael C. Barton/Released)

*More ceremony photos are available at NMCB 11's Facebook site*

## Center Events



### 20th Annual Seabee Volkslauf Mud Run 2015

Sept. 19, 7 a.m. (Check In 5:30 a.m.)

Big Grinder

Family 1.5 mile mud run, 9 a.m.

DOD I.D. card holders, enter via Pass Road gate

All others enter via the Broad Avenue gate

Preregister at <https://register.chronotrack.com/r/13782>

### Navy Gold Star Mother's and Family Day

Remembrance Event

Sept. 23, 9 a.m.,

Fleet and Family Support Center

(Building 30)

Everyone is invited to attend the event to honor and commemorate the lives and service of fallen Seabees and Sailors from our local area



**NCBC**

**Commanding Officer**

Capt. Cheryl Hansen

**Public Affairs Officer**

Rob Mims

**Courier Staff**

**Editor**

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# Watch the CNO change of office ceremony Sept. 18



**This Friday, Adm. Jonathan W. Greenert will retire and turn over the office of Chief of Naval Operations (CNO) to Adm. John M. Richardson at a change of office ceremony at the U.S. Naval Academy. The event will be live-streamed on Navy.mil at 1 p.m. , Eastern; noon, Central, Sept. 18. Richardson was confirmed by the Senate as the 31st CNO Aug. 5, and will replace Greenert who has been CNO since September 2011.**



July 7 - Oct. 31

## Feds Feed Families Food Drive

Federal employees are working together to collect food nationwide for local food banks. Please bring non-perishable food items to drop off locations on board NCBC Gulfport: NEX, FFSC, Liberty Center, NBHC, Commissary, Chapel, Housing, all quarter-decks.

**Goal:** 10,000 pounds of food.

**Collected to date:** 11,862 pounds of food! NCBC has exceeded the goal! Keep going!



## 240th Navy Birthday Ball

Oct. 3, 6 - 10 p.m.

Oak Crest Mansion Inn

5267 Menge Ave, Pass Christian, MS 39571

Dinner Choices:

Herb Marinated Pork Tenderloin w/ house made gravy

Pecan crusted baked chicken breast filets

Vegetable Parmesan with zucchini, squash and carrots

Attire:

Service Dress White for O-3 and below, (Dinner Dress with mini-medals/optional)

Dinner Dress White for O-4 and above

Appropriate formal attire for civilian

Please contact Ensign Theresa Schultz at Theresa.schultz@navy.mil for an questions regarding ticket prices or Navy Ball info. Also check <https://www.facebook.com/ssenavyball>

Tickets are on sale through Sept. 22

E3 and Below: **\$35**

E4-E6 and GS5 & Below: **\$45**

E7 to O3, GS6 to GS 11, Contractors, and Civilian Non-DoD: **\$55**

O4 & Above, GS 12 & Above: **\$65**

NCBC base rep is YN2 Jacob White at [jacob.e.white@navy.mil](mailto:jacob.e.white@navy.mil).



Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: [www.Safe-Helpline.org](http://www.Safe-Helpline.org); Call: 877-995-5247; Text \*55-247 (inside the U.S.); Text \*202-470-5546 (outside the U.S.) \*Text your location for the nearest support resources.

# Buzz on the Street



By BUCN Elizabeth Mills  
NCBC Public Affairs

***"It is National Preparedness Month ... How have you prepared for hurricane season?"***



"I plan to go with family or friends that are out of the surge area."

**BU3 Taylor Moody**  
NMCB 133  
Hometown: Tampa, Fla.



"I have made a plan to go to the base warehouse for shelter with my emergency kit."

**CECN Devon Harrell**  
NMCB 133  
Hometown: New Madrid, Mo.



"I have made an emergency kit that has batteries, canned food and water."

**CMCN Daniel Yates**  
NMCB 133  
Hometown: Lawrenceburg, Ind.



Naval Construction Battalion Center (NCBC) Gulfport FY2016 Fleet Coast Chief Selectees host a Sept. 11 Flag Retirement and Memorial Ceremony in the training hall on board NCBC Gulfport, Sept. 11. The ceremony was to commemorate the 14th anniversary of the tragic events that took place on Sept. 11, 2001. (U.S. Navy photo by Senior Chief Mass Communication Specialist Jeffrey J. Pierce/Released)



Fleet and Family Support Center (FFSC) were the hosts of a Military Spouse Career Fair on board NCBC Gulfport, Sept. 10. Local employers were on hand to provide information about their organizations and speak with qualified candidates about area employment opportunities. (U.S. Navy photo by Builder Constructionman Alexandria Marek/Released)



Larry "Duck" Shedden, a contractor at the Naval Construction Training Center, digs trenches on the dozer field Sept. 15 in preparation for the Seabee Mud Run Saturday on board NCBC. Construction Mechanic 2nd Class John Pigsley keeps an eye on the water level as the freshly dug course is flooded. To sign up for the muddy fun go to <http://tinyurl.com/mudrun2015>. The fun starts at 7 a.m. with registration opening at 5:30 a.m. Only DOD ID card holders will only be allowed through Pass Road gate, all others need to use Broad Avenue gate. Everyone is subject to search. (U.S. Navy photo by Rob Mims/Released)

# BZ to area Ombudsman for job well done!

**Area Ombudsmen were asked:  
“What is the most rewarding or challenging  
aspect of being an Ombudsman?”**



“What I find most rewarding is being able to help others in a crisis and the most challenging is not being able to help someone in need.”

**Ingre Sampson**  
Ombudsman  
Assembly Chair



“Being able to serve [those] who also serve.”

**Kerrie Syre**  
NMCB 133



Members of the Naval Construction Battalion Center (NCBC) Ombudsman program participated in an appreciation luncheon to recognize the service of each member from the units on board NCBC Gulfport, Sept. 14. An ombudsman’s major role is to be a bridge between the Command, its family members and the resources of the community. Ombudsmen act as a two-way communicator, a referral agent and an interpersonal helper for family members. U.S. Navy photos by Steelworker 2nd Class Ilesha Chong and Builder Constructionman Elizabeth Mills/Released)



“Most rewarding is when Sailors come to me for help. That is the best part of my job, but the most challenging is not being able to help.”

**Katie Morrison**  
NCG2



“Helping families help themselves.”

**Jammie Cook**  
22 NCR



“I love to be able to give back. My daughter served, so now it’s time to give back.”

**Diane Ziemann**  
Naval Branch Health  
Clinic, Gpt



“What I find most rewarding is being able to support my Navy family and my family with the same strength and discipline.”

**Kristin Krepps**  
NMCB 1



“The most rewarding thing is meeting so many people. It has been an amazing journey.”

**Sarah Albright**  
NMCB 11



“I think it’s rewarding to help spouses to overcome military stressors.”

**Peggy Weston**  
NMCB 11

## September is National Preparedness Month

Find out what you should do during emergencies at <http://www.ready.navy.mil>



## Fraud, Waste and Abuse

**Hotline:** Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: [CNRSE\\_HOTLINE@navy.mil](mailto:CNRSE_HOTLINE@navy.mil).

# Focus on Fitness



## Fit Tip:

Using proper form when lifting weights is important to prevent injury.

Constructionman Electrician Sarah Coker attached to Naval Mobile Construction Battalion (NMCB) 133 works on her physical fitness at the gym on board NCBC Gulfport, Sept. 15. Effective Oct. 1, the Fitness Center will be open, 4:30 a.m. to 9 p.m., Monday – Friday, and 7 a.m. to 7 p.m., Saturday and Sunday. (U.S. Navy photo by Steelworker 2nd Class Ie-sha Chong/Released)

Due to the Seabee Mudrun, the Fitness Center will not open until 9 a.m., Sept. 19

# NMCB 1 Fort Belknap, Mont.



Seabees from Naval Mobile Construction Battalion (NMCB) stand in front of their equipment while Edward "Buster" Moore blesses them with a traditional Native American prayer designed to protect them and strengthen them. The Seabees began site preparation at Fort Belknap Indian Reservation to include the clearing, cutting, filling, and compacting of a seven acre area that will be able to support 27 single family homes. Fort Belknap Indian Reservation is located 40 miles south of the Canadian border and 20 miles north of the Missouri River and is homeland to the Gros Ventre (Aaniiih) and the Assiniboine (Nakoda) Tribes. This DoD Innovative Readiness Training (IRT) project partners all branches of the military to support various medical and civil projects. Projects such as this, provide vital services to communities while also affording real-world military training to Seabees to improve operational readiness. (Official U.S. Navy photo/Released)



Stennis Space Center Naval Special Warfare chief petty officer selectees host a ceremony to commemorate the events of 9/11. The nearly 3,000 people killed Sept. 11, 2001, marked the single largest loss of life from a foreign attack on American soil. (U.S. Navy photo by Senior Chief Mass Communication Specialist Gary Ward/Released)



Stennis Space Center Naval Special Warfare Sailors and civilians participate in a 9/11 memorial circuit training session where 2,977 repetitions each of situps, pushups, pullups and deadlifts were cumulatively performed. The number 2,977 represents the those who perished from the terrorist attacks Sept. 11, 2001. (U.S. Navy photo by Senior Chief Mass Communication Specialist Gary Ward/Released)

# Naval Special Warfare chief petty officer selectees host 9/11 Remembrance

By Leah Parkerson Tolbert

Naval Small Craft Instruction and Technical Training School Public Affairs

Stennis Space Center Naval Special Warfare (NSW) Sailors and civilians gathered for a physical training session and memorial ceremony Sept. 11, the 14th anniversary of the 9/11 terrorists attacks, at Special Boat Team (SBT) 22 to honor the 2,977 men, women, and children who lost their lives.

More than 100 Naval Special Warfare personnel participated in the physical training session and completed 2,977 deadlifts, sit-ups, pull-ups, and push-ups to honor the 2,977 people that lost their lives that fateful September day in 2001.

"Every time you slam down a weight and pull your chin over the bar, think about the people that were lost," said Shane

Levenson, SBT-22's human performance manager.

The memorial ceremony that followed remembered those who lost their lives with speakers, bagpipes, and prayers.

Chief Special Boat Operator (select) Giovanni Magallon, assigned to Naval Small Craft Instruction and Technical Training Center (NAVSCIATTS), was honored to be a part of organizing the memorial.

"I may only get one chance in my career to take lead on such an event, and I wanted to ensure the innocent and brave heroes are well remembered," said Magallon.

Magallon was also a speaker at the ceremony, and detailed the horrific events that unfolded that day with a minute by minute account of each of the four United Airlines flights hijacked that morning.

Magallon's words were a vivid reminder of the actions that drove the United

States to declare war on terrorism. His intent was clear: we will never forget.

"I hope for at least one single moment people feel the fire in their gut and the compassion in their heart that they felt the day we were deliberately attacked," added Magallon. "I want my fellow service members to remember that we were at peace that morning, and our world changed in front of our eyes. It should serve as fuel for our training in order for us to be prepared."

The physical training session and memorial ceremony were also a time to reflect upon what 9/11 meant to those that participated and attended.

Logistics Specialist 1st Class Jonathon Casas, assigned to NAVSCIATTS, participated in the physical training session. He wanted to do his part to remember the fallen.

"I was a senior in high school, and I remember

the communal sadness I felt that day, and today it is a communal remembrance," said Casas. "I couldn't do anything back then, but I can do something now."

The hum of the bagpipes at the ceremony filled Connie Jackson, assistant administrative officer, NAVSCIATTS, with pride.

"We need to remember. If we forget what happened, we get complacent. Time should never lessen the impact of that day," said Jackson.

The ceremony also was significant for Robert Emry, learning standards officer, NAVSCIATTS.

"Everyone in this room remembers where they were and what they were doing when the first tower was hit," said Emry. "We really didn't know what to do – we weren't prepared. We used to think it couldn't happen. The reality is it happened, and it could happen again. We must

remain vigilant."

Lt. Cmdr. Kerry Jackson, executive officer, NAVSCIATTS, expressed his appreciation to the chief petty officer selectees for hosting the ceremony.

"The events were very well put together, and I appreciate the time, effort and professionalism each chief select put into this day to honor the 2,977 men, women, and children who lost their lives on 9/11. It is humbling to know those that paid the ultimate sacrifice will not be forgotten," said Jackson.

The nearly 3,000 people killed Sept. 11, 2001 marked the single largest loss of life from a foreign attack on American soil. That same day, the United States declared "War on Terror", and citizens patriotically volunteered for military service. After more than a decade, men and women all over America still join the armed forces as a result of 9/11.

# Back in Time ... Seabee history Vietnam Era



**Sept. 13**  
1966: Construction Mechanic 3rd Class Marvin Shields was awarded the Medal of Honor posthumously for his acts of heroism at the 1965 Battle of Dong Xoai in the Republic of Vietnam (RVN). The medal was presented to his wife, Joan, and his daughter, Barbara, by President Lyndon Johnson at the White House. This Medal of Honor was the first ever awarded to a Seabee.

**Sept. 14**  
**2007: 25th Naval Construction Regiment (NCR) and Naval Mobile Construction Battalion (NMCB) 11** are recommissioned at Construction Battalion Center (CBC), Gulfport, Miss.

**Sept. 15**  
1950: Seabees of NCB 104, later redesignated as Amphibious Construction Battalion (ACB) 1, participated in amphibious landings with the U.S. Marines at Inchon, Korea. Pontoon causeway construction and the unloading of eight tank landing ships carrying supplies into Inchon posed unheard of problems for the Seabees. Inchon harbor had a fantastic tide, over 30 feet in most places. The tide would run out to the main channel and leave a vast mud flat in front of the city. Small craft, tank landing ships, patrol craft, and other supply vessels were left high and dry on the mud when the tide ran out. In their usual "can do" spirit, Seabees had a pon-

toon causeway built on the second day to allow General Douglas MacArthur to walk ashore dryshod, from the USS Mount McKinley.

**Sept. 16**  
1968: A ceremony was held to officially present NMCB 7 with the Navy Unit Commendation, earned for serving as the supporting battalion of the 30th NCR in the RVN during the period of Sept. 1, 1966 through July 31, 1967.

**Sept. 17**  
1962: NMCB 10 departed Camp Kinser, Okinawa for CBC Port Hueneme, Calif.

**Sept. 18**  
1968: BU2 Gary L. Murphy of New Albany, Ind., of NMCB 121, was traveling as part of a 30-truck unit of Seabees in a U.S. Marine Corps convoy on National Highway One, south of Phu Loc, RVN, when the unit came under sudden and heavy enemy fire. Heavy mortar and automatic weapons fire were directed against the Seabee vehicles from concealed enemy positions. The truck upon which Murphy was riding was disabled in the initial onslaught. From an exposed position on the rear of the truck, he laid down a heavy covering fire allowing other Seabees to reach the safety of the ditch. After they had reached cover, he withdrew to a more secure position. From there he killed two enemy soldiers who were moving toward the disabled truck.

**Construction Battalion Maintenance Unit (CBMU) 301 shown working on a project at Khe Sanh, Republic of Vietnam in 1968.** (Photo courtesy of U.S. Navy Seabee Museum/Released)

As smoke from another burning vehicle partially obscured the enemy, Murphy, without regard for his personal safety, returned to the damaged truck, climbed onto an exposed position on top of it, and retrieved a machine gun and ammunition that had been jammed in place during the initial attack. Murphy passed the gun and ammunition down to other Seabees and returned to the ditch to man the gun. An enemy sapper exposed himself and threw a satchel charge but was promptly shot down by Murphy. He then continued to direct heavy fire against the enemy positions, holding them in place until armed helicopter gunships and a Marine Corps relief force arrived. For his actions during the attack, Petty Officer Murphy was awarded the Silver Star medal on Jan. 23, 1969 during a ceremony at Camp Wilkinson, Gia Le, RVN.

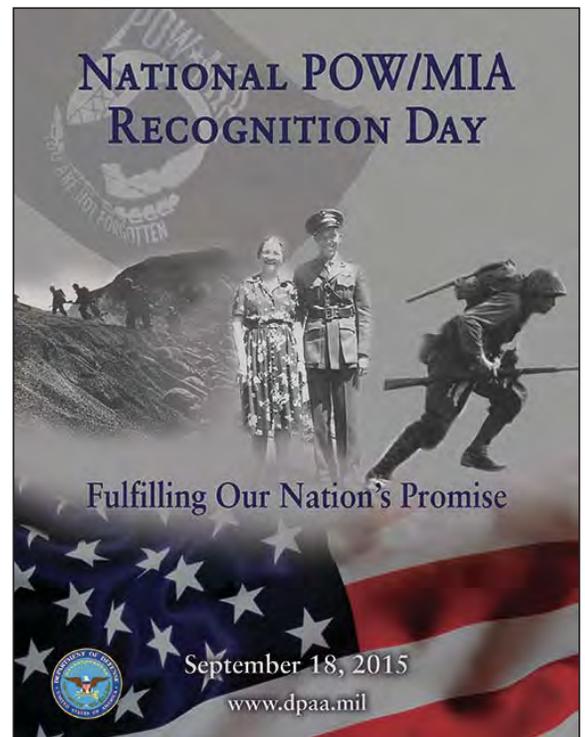
1968: The new Seabee camp built by NMCB 11 at Quang Tri was named Camp Rhodes, in honor of Lt. Rhodes, CEC officer, killed in action.

**Sept. 19**  
1967: Silver spike ceremony held at the Liberty Bridge over Thu Bon River south of Da Nang, RVN. Lt. Gen. Hohang Xuam Lam, Army of the Republic of Vietnam, drove in the ceremonial spike. The 2,040-foot long bridge was built by NMCB 4.

## Vietnam War 50th Anniversary Commemorative Event

Sept. 19, 9 a.m.  
Biloxi National  
Cemetery  
Main Flag Pole

All Vietnam Veterans and the general public is invited to a ceremony to honor Veterans of the Vietnam War as part of the ongoing nationwide commemoration to pay tribute to the more than 3 million servicemen and women who served during the Vietnam War and upheld the highest traditions of the Armed Forces.



September 17, 2015

## Celebrating all Veterans

Sept. 19, noon - 4 p.m.  
Location: VFW Post#5699

Veterans and Family special awards ceremony  
and  
POW/MIA ceremony at 2 p.m.

All are invited to this special event.  
Free hamburgers/hotdogs and refreshments  
Sponsored by: Ocean Springs Veterans of Foreign  
Wars Post 5699 and its Auxiliary  
612 VFW Road, Ocean Springs

Seabee Courier

# 'The Meat & Potatoes of Life'

By Lisa Smith Molinari  
Special Contributor

## Sound Off: Will school changes hurt kids in the long run?

By now, kids are back into the swing of school, reestablishing seats in the cafeteria, slipping prohibited gum paraphernalia into their pockets, and whispering in the hallways about the latest crushes.

But not every kid is skipping off the bus each day.

Military-connected children move three times more often than their civilian peers, so there are thousands of military children in the U.S. and overseas are the "new kids" at school this year.

Although some are excited to be in new schools, many experience stress, fear and sadness. And at one time or another, new kids feel really, really awkward. Trying to find a seat on the bus, getting lost on the way to Science, and wondering who - if anyone - will be your new friend.

Although our daughters have generally benefitted from our moving experiences, our son was quirky. Diagnosed with major developmental delays as a toddler, Hayden was not like his peers. With each move, he was received with mixed reactions. In Germany, he became known as

a funny character that everyone wanted to know. In Florida, he was perceived as odd, a reputation he was unable to shake. He ate lunch alone most days, and made no lasting friendships at school.

By the end of our two year tour, he was showing symptoms of social anxiety, prompting us to seek medical advice.

Mercifully, Hayden became a veritable celebrity at his last school, where students and teachers thought he was hilarious, uniquely talented, and academically inclined. His status as the only military kid in his class only made him more interesting to his peers, who gave him a standing ovation on graduation day.

It doesn't get any better than that.

But, as I found when I put the issue out on social media, every military family has their own story to tell. I read stories from nearly 50 other military families, about frustration over inconsistent IEP accommodations and inability to transfer test scores. About decisions to homeschool or move the active duty parent without the rest of the family to minimize the social and academic



impact on their kids. About tears, trauma, strength and adaptability.

I thought I'd find a general consensus, but instead, I discovered opinions as diverse as the kids themselves.

"Moving was never easy. I spent the first three months of my new base high school in Germany eating lunch alone in the library and holing up in my bedroom AIM-ing my old friends from middle school. I reacted better than a lot of kids I know, whose constant moving around caused them to resort to acting out/trying out drugs and alcohol etc. [However,] I'm super grateful for all of the experiences it gave me and all the amazing families we've been able to meet. I still want to spend a lot of my young adult life traveling, but as soon as I have kids I want to be stationary. I don't

want my kids to have to move around, especially in high school." Emma, Air Force child, 22.

"[Changing schools] ultimately makes [kids] better able to handle changes life will throw at us all whether expected and planned for or not. They think on their feet better, make strong, lifelong friendships quickly and learn about the importance of community..." Ciara, Navy spouse, 40.

"My observation is that younger kids may be more outwardly upset, but adjust very quickly. Older kids seem to take longer to warm up to their new surroundings." Amy, Army Reserves Spouse, 45.

"My husband was a Navy brat and did not enjoy going to school and living with friends that always move, for that reason we never live in military housing and [our kids] attend schools with less military ... It works best for us." Krystal, Navy spouse, 32.

"[A] lot of how kids handle change in new schools is how the parents handle the new experiences.... They mirror our behavior and can pick up on our

stress." Liz, 43, Army spouse.

"[As a Navy kid] I loved moving around the country because if I had a bad experience at one school, I just had to stick it out a couple of years before we'd move on. I feel that it's made me ... able to deal with the stresses of military life. In fact, I'm a little worried when my husband retires and we have to pick a place to live forever!" Karyl, Navy spouse, 39.

Despite the many challenges of changing schools, the good news is that military families are determined to find their own strategy to cope with them. As Army mom, Liz, put it, "Just be there for your kids ... even if it's just to listen and give a positive word of encouragement."

*A 21-year Navy spouse, Lisa and her family are currently stationed in Newport, RI. Her self-syndicated columns appear on her blog, [www.themeatandpotatoesoflife.com](http://www.themeatandpotatoesoflife.com), and she recently co-authored *Stories Around the Table: Laughter, Wisdom, and Strength in Military Life*. Follow Lisa @MolinariWrites."*

# Focus on Education

## Education Notes

### Command Financial Specialist (CFS)

A CFS training and refresher course for E-6 and above is scheduled for Oct. 13 - 16, 8 a.m. to 4 p.m. at Fleet and Family Support Center (FFSC) Gulfport. Contact the FFSC at 228-871-3000 to register.

### safeTALK

safeTALK training will

take place Sept. 23, at 8 a.m., in the Seabee Memorial Chapel Fellowship Hall.

safeTALK training prepares individuals to identify persons with thoughts of suicide and connect them to suicide first aid resources. Most people with thoughts of suicide invite help to stay safe. Alert helpers

know how to use these opportunities to support that desire for safety. safeTALK is a MUST for all Resident Advisors. The training is approximately three hours in duration. For more information, please contact CREDO Facilitator James Kirkendall at 228-871-2454 or email, james.kirkendall.ctr@navy.mil.

### Adoption/Guardianship Workshop

There is a free Adoption/Guardianship workshop at 9 a.m., Sept. 18 in the Fleet and Family Support Center (FFSC), Building 30. This workshop will provide legal guidance in completing the forms necessary for filing with the Chancery Court. Family Law attorneys will be available to address any issues. To pre-register, sign in at RLSO SE before the workshop. If you have any questions to be addressed, please write them down and submit during pre-registration. Registration may also be done the day of the workshop in the classroom. For more information, call LNC (SW/AW) Mitchell, RLSO SE, 228-871-2620. This workshop is open to all with authorized access to NCBC Gulfport.

## Prepare Your Relationship to Weather Storms

Sept 28 11 A.M.

Info: (228) 822.5736

F-O-C-U-S

NCBC Gulfport School Liaison Officer Kevin Byrd  
MWR, Building 352, 1706 Bainbridge Ave.  
Phone: 228-871-2117, email: kevin.r.byrd@navy.mil



This year, Navy Suicide Prevention Month launched a new message within the Every Sailor, Every Day campaign, "1 Small ACT." This message encourages simple yet meaningful interactions between peers, leaders and family members to support one another, promote early use of resources and prevent suicide.

### Earn Your Master's degree on-line at Fort Hays State University

Fort Hays State University, a Navy Partnership Institution, in Hays, Kansas, offers the Masters Degree in Liberal Studies (MLS) on line for Navy Personnel, Dependents and Civilian Employees. There are 15 different emphases that a person can choose from: Art, Educational Leadership and Management, Global Professional English, Global Studies, Global Management, Gerontology, Health Sciences, Instructional Technology, Literary Arts, Management Information Systems, Political Leadership and Public Service, Political Science, Public Administration, Social Networking Management and E-Learning Professional. The (MLS) is an interdisciplinary program available through the College of Arts and Sciences. The 31 semester hour (SH) program consists of a 10 SH core of classes to introduce the student to liberal education, an 18 SH concentration within the emphasis selected, a 3 SH class, called a Culminating Experience and a Comprehensive Final Exam. One interesting feature is that FHSU does not require the GRE or other entrance exams. Graduation with a Bachelor Degree from a regionally accredited institution is an entrance requirement, however.

For additional information, please contact Dr. David R. Drye in the Navy College Office, or at 228-223-4926 or daviddrye@att.net.



### SEXUAL ASSAULT PREVENTION & RESPONSE

Live Our Values: Step Up to Stop Sexual Assault!" Reducing the threat of sexual violence from within our ranks continues to be an All Hands effort - focused on our collective effort to provide safe environments for our Sailors at all levels. The Navy is committed to responding to and providing compassionate support for victims, reinforcing the importance of prevention and bystander intervention, and creating an environment of true dignity and respect for all our shipmates.

## National Fire Prevention Week

### From NCBC Fire and Emergency Services

On Oct. 8, 1871, an estimated 300 people lost their lives and over 100,000 people were left homeless due to the infamous "Great Chicago Fire." The first National Fire Prevention Week

(FPW) was in 1925, and has become a valuable tradition to educate the public for fire prevention practices. The FPW 2015 Theme is "Hear the Beep, Where You Sleep ... Every Bedroom Needs A Working Smoke Alarm."

Fire Prevention Week

on base is Oct. 5-9. There will be training events during this week and throughout the month. Please keep an eye out for schedule of events which will be finalized by Sept. 18.

Everyone is invited to stop by the locations when they are posted



and take advantage of some great training and information!

If your organization wishes to schedule training, please contact the

Fire Prevention Office at 228-871-3083.

For more information, visit: <http://www.nfpa.org/safety-information/fire-prevention-week>.

# NCBC Helping Hands

**FATHERLESS AND WIDOWS ORGANIZATION** – The Fatherless and Widow organization needs three volunteers to help with loading, unloading and set up for a cookout at West-side Community Pier, just East of Broad Ave. in Gulfport, Sept. 20. For more information, please contact Julie Feliciano at 1-561-318-3077.

**BILOXI VA** – Volunteers are needed to help our Oct. 6 for the Cruisin' The Coast Salute to Our Veterans at MGM Park in Biloxi from 10 a.m. – 2 p.m. Volunteers will meet at MGM at 9:30 to escort patients around to view cars. Point of contact is Susan Smith, 228-871-3640.

**SAUCIER VOLUNTEER FIRE DEPARTMENT HAUNTED TRAIL/HAYRIDE** – Volunteers are need to help with setting up, parking, concession duties and haunting at "Haunted Hollow" haunted trail and hayride in Saucier at 7 p.m. Oct. 10, 16, 17, 23, 24 and 30. A portion of the proceeds support the Saucier Food pantry and Wounded Warrior Project. If you can help, please email: saucierfiredept@gmail.com.

**VETERAN'S SPOUSE** – The spouse of a military veteran needs assistance with roof repairs to her Gulfport home. Point of contact is Susan Smith, 228-871-3640.

**CASA** – Volunteers are needed to help Court Appointed Special Advocates for Children (CASA) at CASA's Annual Superhero Run, Oct. 24 at 8 a.m., at Tradition which is located at 12500 Village Avenue East in Biloxi. Point of contact is Rhonda Collins, 228-865-7078 or Signey@casaharrison-county.org.

**CRUISIN' THE COAST** - Be a part of "America's Largest Block Party" Oct. 5-11 when thousands of classic, antique and hot rod

vehicles arrive in South Mississippi for Cruisin' The Coast. Dozens of volunteers are needed in Gulfport at Centennial Plaza to assist Host Car Club volunteers with directing traffic, parking vehicles, hospitality and being an ambassador of good will, fun and South Mississippi. Cruisin' The Coast will provide reserved parking for volunteers, a "Staff" t-shirt, lunch for the first shift and all the fun and fabulous vehicles you can handle. This is a unique opportunity to be a part of one of the largest collector car events in the nation. For more information, contact Craig at 228-385-3847. Cruisin' The Coast is a non-profit organization.

**NATIVITY SCHOOL BILOXI** - Volunteers are needed to assist Nativity School in preparing and holding their school carnival Oct. 16-18. Duties include: setup, working booths, serving food, moving equipment, after event tear down. Point of contact is Christina Lapasinski, 228-872-3484.

**GULFPORT SCHOOLS NAVAL SEA CADET CORPS** - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America's youth. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

**USS ALABAMA ALWAYS LOOKING FOR HELP** - The Navy is looking for volunteers with construction expertise for a rewarding experi-

ence. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

**DISABILITY CONNECTION** - Disability Connection provides support to individuals with disabilities, including military veterans. Volunteers are needed to build ramps and provide home inspections for needed material lists. Point of contact is Ms. O'Keefe, 228-604-4020 or office@disabilityconnection.org.

**BUILD HANDICAP RAMPS** - Volunteers are needed to build handicap ramps for the disabled. If you would like to help, please contact Susan Smith at Fleet and Family Support Center, 228-871-3000.

**COAST SALVATION ARMY** - Volunteers are needed for various projects throughout the year. Point of contact is Shawna\_Tatge@uss.salvation-army.org.

**HELP SENIORS AND DISABLED CITIZENS** - Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handymen/women. Point of contact is Mag Holland, 228-896-0412.

**NAVY-MARINE CORPS RELIEF SOCIETY** - The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Call 228-871-2610 to volunteer.

**USO GULF COAST** - Interested in volunteering? We need volunteers every day to assist at our centers throughout the military community. To become a USO volunteer, you'll need to create a volunteer profile through [www.usovolunteer.org](http://www.usovolunteer.org).

September 17, 2015

## Women's Bible Study ... Wednesdays, Noon - 1 p.m. - Seabee Memorial Chapel

Please bring yourself and a friend and join us at the Chapel of Choice for food, fellowship and learning from THE WORD!

# Seabee Memorial Chapel

## What's happening at the chapel?

### Protestant

#### Sunday

9:15 a.m. - Sunday School (Ages 5-12 years)

10:30 a.m. - Services

#### Weekdays

Wednesday 11:30 a.m. - Praise Break (20 minutes of praise and worship through music)

Noon - 1 p.m. - Protestant Women of the Chapel Bible Study

### Catholic

#### Sunday

8:30 - Rosary/Confession

9 a.m. - Mass

#### Weekdays

Monday, Tuesday & Friday – 11:15 a.m. - Mass

#### Thursday

5 p.m. - Holy Hour

6 p.m. - Mass

6:30 p.m. - Fellowship

7 p.m. - Bible Study

Please visit the Seabee Memorial Chapel Facebook page for updates: <https://www.facebook.com/ncbc-chapel>, email us at [gulfportchapel.fct@navy.mil](mailto:gulfportchapel.fct@navy.mil), or call us at 228-871-2454.

**NCBC Center Chaplain: Lt. Cmdr. Ammie Davis**

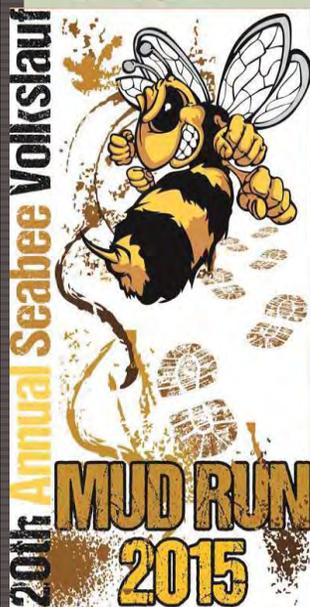
Seabee Courier

# MWR Program Telephone Numbers

Facility Name	Phone	Facility Name	Phone
Anchors and Eagles	871-4607	MWR Admin Ofc	871-2538
Auto Skills Center	871-2804	Outdoor Recreation	871-2127
Beehive	871-4009	School Liason Officer	871-2117
Fitness Center	871-2668	Shields RV Park	871-5435
Aquatics	822-5103	The Grill	871-2494
Child Development	871-2323	Youth Activities	871-2251
Seabee Cinema	871-3299	Liberty Center	871-4684
ITT	871-2231		

20th Annual Seabee Volkslauf

9/18-9/24



**SATURDAY  
SEPT 19<sup>TH</sup>  
@ 7 am**  
Family Fun Run @ 9 am  
**AT NAVAL  
CONSTRUCTION  
BATTALION CENTER  
GULFPORT, MS**  
**OPEN TO THE  
PUBLIC**  
Gates open at  
5:30am

MEDALS  
T-SHIRTS

**REGISTER &  
INFO ON**  
<https://register.chronotrack.com/r/13782>  
228-871-2669

NAVY  
FEDERAL  
Credit Union

USAA



Paid sponsors. No Navy or federal endorsement implied.

SEPTEMBER SPECIAL  
**SUNRISE BURGER**

PRESENTED BY THE GRILL  
SUMPTUOUS ALL BEEF BURGER



TOPPED WITH  
HASH BROWNS, CHEESE, BACON AND EGGS

**UTTER PERFECTION**

AVAILABLE TO ALL HOURS



Serving Breakfast & Lunch

Monday-Friday

7:00 AM - 1:30 PM

We deliver on base for

lunch 11:00 AM - 1:00 PM



**NEW FITNESS HOURS, EFFECTIVE OCT. 1,  
M-F 0430-2100, SAT&SUN 0700-1900.**

All Month - Yoga, PIYO, Water Aerobics,  
Functional Fitness, Zumba and NOFFS  
workouts available. Check out the MWR

Facebook page for details -

[www.facebook.com/ncbcmwr](http://www.facebook.com/ncbcmwr)

9/21 thru 9/25 - KING of the COURT

Volleyball Tourney,

Register 9/1-9/18 @ Fitness

9/23 @ 5:30p - Closest to the PIN/  
Longest Drive Competition!

9/26 @ 8a - Stand UP Paddle Board Class  
All Month - Private Swim Lessons, (FREE FOR  
ACTIVE DUTY) - \$45 for 4x30 min sessions.

Call the Fitness Center at 228-871-2668  
for more information.



9/18 - All Day, Air Force Birthday!, FREE CAKE!  
9/19 - SEABEE VOLKSLAUF MUD RUN - GOT MUD?!  
9/20 - New Orleans Saints vs. Tampa Bay Bucs, \$40  
9/21 - Events By Request: Open Chess Matches  
9/22 - Tournament Tuesday - Giant Jenga, Prize to 1st Place!  
9/24 - FREE MOVIE THURSDAY AT SEABEE CINEMA, Pick Up Ticket  
@ Liberty

For more information, call Liberty @ 228-871-4684.



**SEABEE CLASSIC GOLF TOURNAMENT**

IN CELEBRATION OF THE NAVY BIRTHDAY

**MWR**

**4-Person Team Scramble Format**  
**FRIDAY, OCTOBER 9<sup>th</sup> 2015**  
Bay Breeze Golf Course  
Keesler AFB

\$50 PER PERSON UNTIL SEPT 18<sup>TH</sup>  
\$55 PER PERSON AFTER SEPT 18<sup>TH</sup>

SIGNUPS END ON OCTOBER 2nd

7:00 AM - REGISTRATION  
8:00 AM - SHOTGUN START

INCLUDES: 18 HOLES OF GOLF, CART, PRIZES,  
RANGE BALLS, AND LUNCH

SIGN UP AT ITT OR FITNESS CENTER!  
CUES MAY BE CHECKED THROUGH THE BAY BREEZE PRO SHOP  
DRESS CODE - NO DENIM, NO METAL SPURS, SHIRTS MUST HAVE COLLARS AND SLEEVES  
CONTACT JOSE WATSON FOR MORE INFORMATION: JOSE.WATSON@NAVY.MIL

Hole in one:  
**\$30,000**  
(Only applies to specific hole)

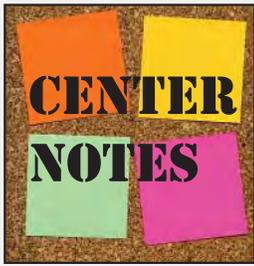
Prizes for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>,  
Longest Drive & Closest to Pin



Regular movie showings  
Thursday-Sunday of every  
week!

Showing this weekend:  
Hitman: Agent 47, Sinister 2,  
Shaun the Sheep, The Man  
from U.N.C.L.E., Ricki and  
Flash, Mission Impossible-  
Rogue Nation (\$1 SUNDAY  
SHOW). Coming next week:  
Fantastic Four, War Room,  
American Ultra, Tomorrowland,  
War Room, Straight Outta  
Compton. For more  
information, call the 24-hour  
Movie Hotline at 228-871-  
3299 for show times.

**Auto Skills Center - Free Tire Rotation & Balancing every Thursday for  
the Month of September - By appointment only. Take advantage of  
the longer days with our new Summer Hours: W-F 12-8 p.m. & Sat 9  
a.m.-5 p.m. Sell your vehicle, boat, or trailer at the MWR Resale Lot -  
great rates and high exposure! Call for details 228-871-2804.**



**SUPPORT**

**Family Readiness Groups**  
**NMCB 1 FRG** invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activities Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and baby sitting is provided during deployment.  
**NMCB 11 FRG** invites friends and family members to attend FRG meetings the last Monday of every month at 6 p.m. The meetings are held at the Youth Activities Center on board NCBC Gulfport. Children are always welcomed and child care is provided at no cost. Please join us for fun, food, and to meet and socialize with other NMCB 11 families and friends. For more information, please contact us at nmcb11frg@gmail.com or like us on our Facebook page, NMCB 11 FRG.  
**NMCB 133 FRG** invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Activities Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information, contact FRG Presi-

dent Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.  
**FOCUS - Families Overcoming Under Stress** provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email [Gulfport@focusproject.org](mailto:Gulfport@focusproject.org)  
**Gulfport Officer's Spouse Club** is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email [goscgulfport@gmail.com](mailto:goscgulfport@gmail.com) or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see YOU soon!  
**Navy Wives Clubs of America, Inc.**, is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit [www.navywivesclubsof-america.org](http://www.navywivesclubsof-america.org) for more information on NWCA.  
**NMCRS** - The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift

Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!  
**Gamblers Anonymous** The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.  
**TRAINING**  
**Naval Sea Cadets**  
The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at [Region63@juno.com](mailto:Region63@juno.com) or 850-890-6792.  
**SOCIAL**  
**Miss. Gulf Coast First Class Association** is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

**NCBC Multi-Cultural Diversity Committee** is seeking members. Meetings are held weekly on Wednesdays at 9:30 a.m., at the Seabee Memorial Chapel. Contact MCDC President, HM3 Aterberry, 228-341-1412 or Vice President, BUCN Miller at 228-343-7545 for info.  
**VFW Post 3937 Long Beach** - Open Monday - Thursday, noon - 8 p.m., Friday, noon to 10 p.m., Saturday, 7 a.m. - 10 p.m. and Sunday, noon to 7 p.m. Steak Night is every Friday, 5 - 8 p.m., and breakfast is available every Saturday, 7 - 10 a.m. VFW meetings are held the second Wednesday of the month at 7 p.m. New members are always welcome. For more information, contact Post 3937 at 228-863-8602.  
**Ladies Auxiliary to the VFW 3937 Long Beach** Are you eligible? The Ladies Auxiliary to the Veterans of Foreign Wars 3937 would like to invite you to become a member. Our organization supports veterans, their families and current service members. In order to join, you must be the spouse, mother, daughter, granddaughter or sister of a service member who has served in a foreign war. Meetings are the second Monday of each month at 7 p.m. at VFW Post 3937, 213 Klondyke Road, Long Beach. Contact Carol Fetters, president, at 228-832-4893 for more information.  
**VFW Post 4526 Orange Grove** is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at

7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for info.  
**NMCB 62 Alumni Group**  
Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member or for links to historical sites, visit: <http://nmcb62alumni.org>.  
**D.A.V. - Disabled American Veterans, Chapter 5** invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more information.  
**Navy Seabee Veterans of America (NSVA) Island X-1**, Gulfport is always happy to welcome new members. You do not have to be retired to be a member. If interested, contact Eugene Cowhick at [eugene.cowhick@navy.mil](mailto:eugene.cowhick@navy.mil) or 228-871-3877. Please join us on the second Thursday of each month at 6 p.m. at the Disabled American Veterans (DAV) Chapter 5 building, 2600 23rd Ave., Gulfport, for the monthly Island X-1 business meeting and see what we're all about. For more information, visit [www.nsva.org](http://www.nsva.org).  
**HERITAGE**  
**The Seabee Gift Store** is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at [www.seabee-museumstore.org](http://www.seabee-museumstore.org) or call the gift store at 228-871-4779.

**Security Note on NCBC Violations**

Traffic Violations are stickily enforced aboard NCBC. Listed below are traffic violation trends Security has observed over the past 30 Days

- ~ Vehicle operators are expected to come to a complete stop at all Stop signs
- ~ Unless otherwise posted, the speed limit on base is 25 mph.
- ~ Speed limits in parking lots are 10 mph
- ~ Speed limits around marching and jogging formations are 10 mph
- ~ Use of cellphone is prohibited. The prohibition does not include hands free cellular phone devices. Hands free devices include console/dash mounted or otherwise secured cellular phones with integrated features such as voice activation, speed dial, speaker phone, or similar technology for sending and receiving calls.
- ~ Texting is prohibited while operating vehicles onboard NCBC

**240th United States Marine Corps Birthday Ball Celebration**

The USMC Birthday Ball Celebration is scheduled for Nov. 7 at the Golden Nugget Casino, 151 Beach Boulevard, Biloxi, MS 39530. Cocktail hour begins at 5 p.m. and tickets are \$100 each. Purchase tickets and RSVP no later than Nov. 1 (the earlier, the better, for discounted hotel rates). Uniform is: Marines: Blue Dress A or B, Army: Army Blue (Bow tie), Navy: Dinner Dress Blue or Dinner Dress Blue Jacket, Air Force: Mess Dress and Civilian: Black Tie. For more information, please contact 1stSgt Chamberlain (I&I Gulfport) at 4901 3rd Street, Building 114, NCBC, 228-871-3104 Office / 901-361-2293 cell or [jeffrey.chamberlain@usmc.mil](mailto:jeffrey.chamberlain@usmc.mil).



For the latest NCBC info, follow Naval Construction Battalion Center Gulfport on Facebook and Twitter; subscribe to Inside the Gate by sending an email to [bonnie.lindleymcgerr@navy.mil](mailto:bonnie.lindleymcgerr@navy.mil). Check out the website at: [http://www.cnbc.navy.mil/regions/cnrse/installations/nbc\\_gulfport.html](http://www.cnbc.navy.mil/regions/cnrse/installations/nbc_gulfport.html). Anyone with Cable One can also view the Commanders Access Channel on Channel 100.



**GULF COAST USO**  
901 CBC 3rd Street, Building 114  
228-575-5224

Free services:  
FAX, Send and Receive: 228-575-5225, Copies, United Through Reading program, Computers with web cams, Internet/email access, X-Box

