



# THE SKYLINE



Volume 52, Number 22

https://www.cnic.navy.mil/meridian & www.facebook.com/NASMeridian

October 16, 2014

## On Base...

**PFA Cycle 2 for 2014 will be conducted this month**

**Oct. 20-22:** Weigh-ins, bike and elliptical  
**Oct. 23-24:** Run  
**Oct. 27-31:** Make ups

✓ **MWR hosts a Home Run Derby** on Oct. 23 at 5 p.m. at the softball field next door to the fitness center.

✓ **NAS Meridian Navy Exchange hosts its 7th Annual Breast Cancer Awareness Walk** Oct. 28 at noon. Walk starts at the Main NEX store. Wear PINK!

✓ **Halloween Crafts for Kids at Fleet & Family Support Center** Oct. 29 from 3:30-4:30 p.m. All children, ages 3-12, are invited to the FFSC to create spooky Halloween crafts! Registration is required for preparation of materials!

✓ **Trick-or-Treat in Housing** will be conducted Friday, Oct. 31 from 5-7 p.m. Please leave your outside porch light on if you welcome children.

## A Day in Naval History

**October 16 1943:** Navy accepts its first helicopter, a Sikorsky YR-4B (HNS-1) at Bridgeport, Connecticut.

**October 19 1915:** Establishment of Submarine Base at New London, Connecticut.  
**1944:** Secretary of Navy orders African American women accepted into Naval Reserve.

**October 21 1797:** Launching of USS Constitution at the Hartts Boston shipyard, Boston, Massachusetts. The ship is now the oldest commissioned ship in the U.S. Navy.

**October 22 1962:** President John F. Kennedy orders surface blockade (quarantine) of Cuba to prevent Soviet offensive weapons from reaching Cuba during the Cuban Missile Crisis.

**October 23 1983:** A suicide truck bomber attacks the Marine barracks at Beirut airport, Lebanon killing 241 (220 Marines, 18 Sailors, and three soldiers).

-- www.history.navy.mil

"The Skyline" is a Russell Egnor Navy Media Award recipient for Best Metro Newspaper

## Commemoration honors USS Cole shipmates

### Mississippian Lt. j.g. Andrew Triplett among those honored

From Commander, Naval Surface Force Atlantic Public Affairs

NORFOLK (NNS) -- Former and current USS Cole (DDG 67) crew members joined relatives, family members and officials, as they gathered together today at the Cole Memorial on Naval Station Norfolk, to pay tribute to the 17 Sailors killed and 39

wounded in the attack on the guided-missile destroyer 14 years ago.

More than 150 attended the waterfront ceremony under a blustery, sunless sky. Mirroring a similar commemoration held yesterday aboard the deployed ship, the ceremony featured a roll call and bell tolling for the 17 Cole Sailors who perished that day, a 21-gun salute, wreath-laying, and taps.

Recalling the life-changing event, the annual gathering honored the heroes who, like the ship's namesake, paid the ultimate sacri-

ifice for their shipmates, their Navy, and their nation.

"Every year at this time, something in us awakens and reminds us of the sacrifices made like it happened yesterday," said guest speaker and retired Master Chief Petty Officer James Parlier, Cole command master chief when it was attacked.

"It is hard to believe it was 14 years ago. The memories and feelings are vivid; it is pure, raw emotion."

● Cole, page 9

## US Army Field Band performs in Meridian

Special to The Skyline

The internationally acclaimed United States Army Field Band of Washington, DC, will continue its long history of presenting free public performances when it appears at The Temple Theatre on Nov. 2 at 2 p.m. The Field Band's concert is sponsored by The Meridian Star.

As the premier touring musical representative for the United States Army, the Field Band travels thousands of miles each year throughout the nation and abroad, keeping the will of the American people behind the members of the armed forces and supporting diplomatic efforts around the world. Since its formation in 1946, the Field Band has appeared in all 50 states and in more than 30 countries on four continents.

Along with the Soldiers' Chorus, which was founded in 1957, this 65-member Concert Band presents a powerful and diverse program of marches, overtures, popular music, patriotic selections, and instrumental and vocal solos. A music critic for the Boston Globe called a Field Band performance "a cause to stand up and cheer."

Past performance highlights include World War II

● Band, page 9

## Happy 239th Navy Birthday



Photo by MC2 Casey H. Kyhl

**Command Master Chief Hayden Jones, the oldest Sailor present at the 2014 Naval Air Station Meridian Navy Ball, serves a piece of cake to the youngest Sailor present, Aviation Maintenance Administrationman Airman Recruit Rebecca Dobbert Oct. 4. The Navy Ball is held annually to celebrate the creation of the Continental Navy by Congress Oct. 13, 1775. See more photos, page 10.**

## Scott earns national award

Special to The Skyline

James "JJ" Scott was recently awarded the 2014 Peter J. Salmon Award which recognizes employees in National Industries for the Blind associated agencies who have excelled in their positions.

Scott accepted the award during a ceremony in Washington, D.C., Oct. 8.

"It's an honor to be selected for such an award with national status," said Scott who has worked at NAS Meridian about nine years. "I met most of my colleagues who were also nominated at the conference and was humbled to be a part of such great talent. The NIB and NAEPB recognize hard work and prove in many ways that the desire for self-sufficiency and success is well considered. I give special gratitude to South Texas Lighthouse for the Blind, NIB, NAEPB, AbilityOne Commission, NAVSUP FLC Jacksonville, NAVSUP FLCJ Meridian, NAS Meridian, and all the customers and clients of Meridian HAZMIN/CHRIMP."

Scott is the lead sales associ-

ate in the Hazardous Material Department (HAZMAT) at Naval Air Station Meridian. The department is operated by the South Texas Lighthouse for the Blind in Corpus Christi. Recognized by his peers and customers, Scott has become the resident hazardous material expert at NAS Meridian. Expertise in managing the Navy's Enterprise Resource Planning software led to Scott's selection as the installation's hazardous material coordinator.

Instrumental in the successful implementation of the new Navy Third Party Logistics Hazardous Material Operations Support program, Scott's extensive knowledge of the Consolidated Hazardous Material Reutilization and Inventory Management Program has resulted in significant cost savings for Navy customers. And his dedication and hard work in providing quality services to the Navy have been recognized many times by senior base leadership.

Legally blind since birth as a result of albinism and optic nerve hypoplasia, Scott is also a talented artist who sculpts and creates por-



Photo by Penny Randall

**James "JJ" Scott, NAS Meridian HAZMAT coordinator, displays his 2014 Peter J. Salmon Award plaque he received during the National Industries for the Blind Employee of the Year annual conference.**

traits and digital artwork. Scott is active in his community, serving as treasurer for the Meridian Chapter of the National Federation for the Blind, and as a remote camera operator during church services, events and programs.

The award is named in honor of Dr. Peter J. Salmon who was instrumental in the passage of the Wagner-O'Day Act of 1938 and the formation of NIB.

# AutumnFest

October 25, 2014 At Rudders from 11am-3pm

\* No federal endorsement is implied.

## Look Inside



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Learning CPR



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VMX-22 receives first F-35B aircraft





## Photo of Week



Photo by MC2 Christopher Lindahl

Aviation Ordnanceman 2nd Class Amanda Vega, left, from Marysville, Wash., and Aviation Ordnanceman 3rd Class John Murrieta, from Lake Forest, Calif., attach the hoist sling from an ordnance container to an MH 60S Sea Hawk helicopter from the Wildcards of Helicopter Sea Combat Squadron (HSC) 23 aboard the amphibious assault ship USS Makin Island (LHD 8) during an ordnance transfer with the aircraft carrier USS George H.W. Bush.

## A few Q&As about lead testing

From CNIC

Recent events have prompted an examination of current policy on sampling and testing drinking water in priority areas of naval facilities to ensure that the Navy has a uniform, consistent, and effective program. A review of installation-level compliance with Navy policy was completed for all priority areas in FY 13 and a new Navy policy was issued on Feb. 8, to perform sampling and testing for lead in drinking water at priority areas by Dec. 31 (OPNAVINST 5090.1D). This additional testing is Navy policy, and while it follows EPA recommendations it is above and beyond EPA regulatory requirements.

The Feb. 8, Navy policy redirects all Navy installations to implement a program to sample, test and maintain resultant records for all drinking water in the following priority areas to determine the presence of lead: primary and secondary schools, Child Development Centers (CDCs), Navy operated 24/7 Group Homes, and youth centers.

Region commanders are to ensure installations have developed an appropriate risk communication strategy to inform stakeholders of their plan to minimize the exposure to lead in priority areas. Parents and families of child-care centers are key stakeholders. All CNIC civilians, military personnel, and local nationals working within the CNIC enterprise are also identified as key stakeholders for internal messaging.

Water testing will be conducted at our Child Development Center (CDC) and School Age Care (SAC) facility from Nov. 12-14. Testing samples will be drawn from fountains, faucets, and outlets where water is used for drinking or cooking.

Below are a few helpful questions and answer about the upcoming lead testing.

**Question:** Why are you testing for lead in the drinking water?

**Answer:** Navy policy requires testing in all priority areas at Navy installations throughout the world in the best interests of the children, parents, and staff we serve. Navy leadership has adopted the Environmental Protection Agency (EPA) guidelines for sampling and testing for lead in schools and child care facilities as policy. This proactive approach to the identification and elimination of potential sources of lead in facilities that cater to children shows our commitment to the safety and well-being of our Navy families.

**Question:** Where is the testing going to take place?

**Answer:** The Navy requires sampling and testing for lead in priority areas. A priority area is defined as primary and secondary schools, child development centers, Navy operated 24/7 group homes, and youth centers. The Navy is in the process of testing drinking water to ensure our water is above and beyond EPA requirements. Testing does not extend to off base priority areas.

**Question:** When will testing begin and when will it be completed?

**Answer:** Testing has already begun enterprise-wide, and each installation has established their own schedule. The end date for all baseline sampling is to be completed by December 2014.

**Question:** How can someone be exposed to lead?

**Answer:** The greatest exposure to lead is by swallowing or breathing in lead paint chips and dust. Typically, the lead in plumbing pipes, solder and other plumbing

● Testing, page 7

## Area Happenings

### OCTOBER

**17: SEC Pre-Game Party** at Dumont Plaza on 22nd Avenue in downtown Meridian from 5-8 p.m. Get your game face on a day early in historic downtown Meridian! Live outdoor music! Pub crawl! Our partner hotels will do the driving! No matter what happens on Saturday, you'll win the pre-party.

**18: Halloween Silent Movie Madness -- "Phantom of the Opera"** at The Temple Theatre at 7:30 p.m. Back by popular demand, Meridian's own David Benson will return to the console of the Temple's Mighty Morton Pipe Organ. Experience the thrills and chills of this 1925 motion picture classic as it was meant to be viewed, with a live theatre organist providing the musical score. Doors open at 6:30 p.m. All tickets \$5 at the door.

**20-23, 25, 27, 29-31: Haunted Tours of The Temple Theatre** in downtown Meridian, 2320 8th Street, Meridian. 7-11 p.m. \$5 all ages. Go to [www.meridiantempletheater.com](http://www.meridiantempletheater.com) for more info.

**22: Lyle Lovett and his Acoustic Group** at MSU Riley Center at 7:30 p.m. Lovett is one of the most distinctive and original singer/songwriters recording today. His songs combine a talent for incisive, witty lyrical detail with an eclectic taste in music, ranging from country and folk to big-band swing and traditional pop. Tickets are \$59, \$53 and can be purchased online at <http://MSURileyCenter.com>

**23: Meridian Community College Arts & Letters Series presents The MCC Jazz Band** in concert at 7 p.m. in the McCain Theatre on the college campus. This concert is free and open to the public. The instrumental ensemble played at the World's Fair in New Orleans in 1984 and was featured on the 100th anniversary concert series at Carnegie Hall in 1991. The band has been invited five times to play at the "Jazz in the Grove" festival which is a nationally recognized event. For information, call 601-484-8696.

**24: The Mississippi Opera presents "The Merry Widow"** at 7:30 p.m. at the Temple Theatre in downtown Meridian. This light-hearted operetta has enjoyed extraordinary international success since its 1905 premiere in Vienna. This promises to be the perfect introduction to opera for anyone wishing to broaden his/her cultural horizon and to experience something different. Tickets are \$25 VIP seating; \$20 general admission; students (17 and under) \$5. Available at the Temple Box Office during office hours (Tuesday-Friday, 10 a.m.-noon; 2-4 p.m.). For credit card purchases call 601-693-5353. This event is free to Meridian Symphony 2014-2015 season subscription holders.

**28: The 50+ piece Bolivar Symphony Orchestra** from Cartagena, Colombia (South America) is touring Mississippi as orchestral good-will ambassadors for their country and will be performing live on stage at the Temple Theatre at 7:30 p.m. Meridian is one of only three cities (Natchez and Jackson) selected by this world-renown touring orchestra. Tickets are \$25 VIP seating; \$20 general admission; students (17 and under) \$5. Available at the Temple Box Office during office hours (Tuesday-Friday, 10 a.m.-noon; 2-4 p.m.). For credit card purchases call 601-693-5353.

### NOVEMBER

**2: The internationally acclaimed United States Army Field Band** of Washington, DC, will continue its long history of presenting free public performances when it appears at The Temple Theatre in downtown Meridian at 2 p.m. Tickets are free and can be picked up at The Meridian Star newspaper, 801 22nd Avenue, Meridian. For information, call 601-693-1551.

### ONGOING

**Kindermusik registration for the next semester is open.** Music and movement classes are for children newborn to 8 years old. The program's mission is to help your child learn and grow through music. Enroll today! For more information call 601-678-7082 or e-mail [jcarolmathews@gmail.com](mailto:jcarolmathews@gmail.com) or visit [www.MusicWithJulie.com](http://www.MusicWithJulie.com).

**MOPS (Mothers of Preschoolers)** group provides emotional, spiritual and practical support to mothers of preschoolers. Expectant mothers and mothers of preschoolers are invited to the meetings on the second and fourth Thursdays of the month from 9:30-11:30 a.m., at Fifteenth Avenue Baptist Church. This season's theme is "Be You Bravely." Child care provided for ages newborn to five. Visit us on Facebook at Fifteenth Avenue MOPS for meeting details or call 757-574-2557. Fees: Free for first meet-

## Why civilians cannot shop at NEX/Commissary

Authorized Commissary and Exchange patrons, as defined by Department of Defense Instruction (DoDI) 1330.17, Armed Services Commissary Operations, and DoDI 1330.21, Armed Services Exchange Regulations, include active duty, guard and reserve members, military retirees, Medal of Honor recipients, 100 percent disabled veterans, and their authorized family members.

Unfortunately, DoD civilians are not included as authorized patrons at installations within the continental United States. You can refer to these instructions for a complete list of authorized patrons, including organizations and activities, along with qualifica-

tions and any exceptions such as access by DoD civilians to U.S. commissaries and exchanges overseas. The commanding officer of Naval Air Station Meridian unfortunately has no authority to determine whether a person is authorized to shop in the Commissary or Exchange, or to grant a person authority to shop there if they do not fall under the categories established by the Department of Defense.

If you believe you fall within a category of people listed in the instructions as authorized patrons, you should visit the installation ID office for information about military benefits and to obtain an ID card consistent with your entitlements.



Lisa Cary is the NAS Meridian Ombudsman. She can be contacted at [carylac@yahoo.com](mailto:carylac@yahoo.com)



## Basic IT instructions to follow

By James M. Smith  
NAS Meridian Information Assurance Manager

When signing into a new duty station, common practice is for the individual to fill out and submit a new OPNAV 5239/14, commonly known as a "System Authorization Access Request Navy (Saar-N)."

This form, when properly signed and executed, identifies the following basic information:

1. Individual requiring access to Navy Systems
2. Unit or organization individual is assigned
3. His or her Information Assurance Training date
4. Type of access required be it to classified or unclassified systems
5. Supervisors information

Additionally, you as the user of Navy computer

systems, upon signing the document you are entering into a contract attesting to the fact that you understand your responsibilities and will do what you can to ensure your responsibilities are upheld.

Therefore October's training will be a review of those responsibilities.

I understand that to ensure the confidentiality, integrity, availability, and security of Navy Information Technology (IT) resources and information, when using those resources, I shall:

- Safeguard information and information systems from unauthorized or inadvertent modification, disclosure, destruction, or misuse.
- Protect Controlled Unclassified Information (CUI), to include Personally Identifiable Informa-

tion (PII), and classified information to prevent unauthorized access, compromise, tampering, or exploitation of the information.

-Protect authenticators (e.g., Password and Personal Identification Numbers (PIN)) required for logon Authentication at the same classification as the highest classification of the information accessed.

-Protect authentication tokens (e.g., Common Access Card (CAC), Alternate Logon Token (ALT), Personal Identity Verification (PIV), National Security Systems (NSS) tokens, etc.) at all times. Authentication tokens shall not be left unattended at any time unless properly secured.

-Virus-check all information, programs, and other files prior to uploading

● System, page 9



## WHAT'S ON YOUR MIND...

QUESTIONS FROM OUR READERS ARE WELCOMED. THE SENDER WILL REMAIN ANONYMOUS. IF YOU HAVE A QUESTION OR SUGGESTION YOU WANT VOICED SEND IT TO [PENNY.RANDALL@NAVY.MIL](mailto:PENNY.RANDALL@NAVY.MIL) AND WE WILL GET IT ANSWERED BY THE PROPER PERSON.

## The Skyline ~ Naval Air Station Meridian, Miss.

<b>Command Staff</b>	<b>Editorial Staff</b>
Commanding Officer ~ Capt. Scott Bunney Executive Officer ~ Cmdr. Robert Michael II Command Master Chief ~ CMDCM Hayden E. Jones	Public Affairs Officer ~ Susan Junkins Public Affairs Specialist/Editor ~ Penny Randall Staff Writer/Photographer ~ MC2 Casey H. Kyhl

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# Nine aviators earn 'Wings of Gold' in Oct. 9 ceremony

There was a naval aviator designation ceremony Oct. 9, in the Chapel on board NAS Meridian.

Eight U.S. Navy and one U.S. Marine Corps pilot will receive "Wings of Gold" during the ceremony. The naval aviator designation ceremony is not prescribed specifically by U.S. Navy regulations, but has emerged as an honored product of the rich heritage of naval tradition. It marks the culmination of nearly two years of specialized training, which has prepared these officers for the rigorous demands of aerial combat and carrier operations -- earning each the title of "Naval Aviator" and the right to wear the coveted "Wings of Gold."

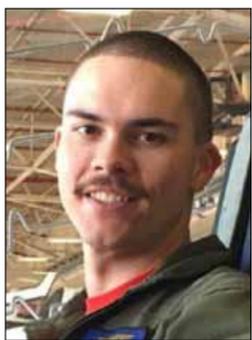
Capt. Brian Goszkowicz, Commander, Training Air Wing One, was the speaker. Those earning "Wings of Gold" include:

First Lt. Daniel Belet, USMC, was selected as VT-9's Student of the Month for May 2014. He earned one Navy "E" for bombing accuracy during Advanced Jet Flight Training and carrier qualified in the T-45C on board the USS Harry S. Truman (CVN-75) Sept. 30. Belet completed Advanced Jet Flight Training with Training Squadron Nine.

Lt. Logan Briery, USN, was designated a Naval Flight Officer on July 31, 2008. After completing the Fleet Readiness Squadron at VAQ-129, he was assigned to the World Famous Black Ravens of VAQ-135 to fly in the EA-6B Prowler. He deployed aboard on the USS Nimitz from November 2009 to March 2010 flying mis-



Belet



Briery



Dupouy



Haupt



King

sions over Afghanistan in support of Operation Enduring Freedom. He transitioned to the EA-18G Growler from October 2010 to August 2011. Then in May 2012 to September 2012, Lt. Briery deployed to Bagram Air Base flying the Growler in support of Operation Enduring Freedom. He was named to the Commodore's List during Primary Flight Training and was VT-9's Student of the Month for February 2014. During Advanced Jet Flight Training, he earned one Navy "E" for bombing accuracy and carrier qualified in the T-45C on board the USS Harry S. Truman (CVN-75) Sept. 30. Briery completed Advanced Jet Flight Training with Training Squadron Nine.

Lt. j.g. Madison Dupouy, USN, earned three Navy "E's" for bombing accuracy during Advanced Jet Flight Training and carrier qualified in the T-45C on board the USS Harry S. Truman (CVN-75) Sept. 30. Dupouy completed Advanced Jet Flight Training with Training Squadron Nine.

Lt. j.g. Nicolar Haupt, USN, earned three Navy "E's" for bombing accu-



MacMillan



Mason



Tortorich



Zeberlein

racy during Advanced Jet Flight Training and carrier qualified in the T-45C on board the USS Harry S. Truman (CVN-75) Sept. 30. Haupt completed Advanced Jet Flight Training with Training Squadron Seven.

Lt. j.g. Emily King, USN, earned two Navy "E's" for bombing accuracy during Advanced Jet Flight Training and carrier qualified in the T-45C on board the USS Harry S. Truman (CVN-75) Sept. 30. King completed Advanced Jet Flight Training with Training Squadron Nine.

Lt. j.t. Daniel MacMillan, USN, earned four Navy "E's" for bombing accuracy during Advanced Jet Flight Training and

carrier qualified in the T-45C on board the USS Harry S. Truman (CVN-75) Sept. 30. MacMillan completed Advanced Jet Flight Training with Training Squadron Nine.

Lt. j.g. John Mason, prior enlisted Navy with six years of service, achieving the rank of master-at-arms second class petty officer, was stationed at Kings Bay, Ga., and Yokosuka, Japan. During Advanced Jet Flight Training, he earned five Navy

"E's" for bombing accuracy and carrier qualified in the T-45C on board the USS Harry S. Truman (CVN-75) Sept. 30. Tortorich completed Advanced Jet Flight Training with Training Squadron Nine.

Lt. j.g. Jeffrey Zeberlein, USN, earned one Navy "E" for bombing accuracy during Advanced Jet Flight Training and carrier qualified in the T-45C on board the USS Harry S. Truman (CVN-75) Sept. 29. Zeberlein completed Advanced Jet Flight Training with Training Squadron Seven.

Lt. j.g. John Tortorich, USN, earned two Navy "E's" for bombing accuracy during Advanced Jet Flight Training and carrier qualified in the T-45C on board the USS Harry S. Truman (CVN-75) Sept. 29.

Zeberlein completed Advanced Jet Flight Training with Training Squadron Seven.

**Congratulations 1st Lt. Daniel M. Belet - Golden Stick Award winner. The award is presented to the top aviator of each class and presented by the Mississippi Council of the Navy League.**

## VT-9 presents awards



Submitted Photo

Training Squadron 9 Commanding Officer Cmdr. Charles G. Paquin and Executive Officer Cmdr. Chris Demchak, center, delivered the following civil service awards Sept. 11. Civilian of the Quarter (2nd Qtr 2014) to Staci Harden; Civilian of the Quarter (3rd Qtr 2014) to Pamela Jackson-Lewis; Training Squadron 9 Civil Service 5 year Certificate to Pamela Jackson-Lewis; Civil Service 15 years Certificate to Jeraldine Mixon; Civil Service 20 year Certificate and On-the-Spot Time-Off award to Marilyn Kirksey; and On-the-Spot Time-Off award to Tina Jenkins.

## Retirement



Photo by Penny Randall

Capt. Scott A. Bunnay presents Air Traffic Controller 1st Class Scott D. Brady with a Navy-Marine Corps Commendation Medal during his retirement ceremony Oct. 10. Brady served 20 years in the U.S. Navy reporting to NAS Meridian in September 2011.



## Learning CPR

RP3 Melissa Derr practices cardiopulmonary resuscitation (CPR) during an instructional course at the NAS Branch Health Clinic Oct. 6.

Photo by MC2 Casey Kyhl

## Ready for flu?



Photo by MC2 Casey Kyhl

HM3 Jessica Nemasz administers a flu vaccine to a Sailor Oct. 6. Flu activity most commonly peaks in the U.S. between December and February. However, seasonal flu activity can begin as early as October and continue to occur as late as May. The flu shot will be available to military dependants in early November. Please call the NAS Meridian Branch Health Clinic at 601-679-2232 for more information.

## Donate to CFC Online

NAS Meridian will conduct the CFC campaign through Nov. 6. Donations can be made online at [http://www.greatermcfc.org/\\_root/](http://www.greatermcfc.org/_root/). If you have any questions please contact ABHC Zavala at 679-2702 or your area's CFC key worker:

Air Ops: AC2 Fuerer  
ADMIN: NC1 Flynn  
NBHC: HM3 Carson  
NTTC: LS1 Ramirez/  
SH2 Chavar

MATSS-1: Staff Sgt. Luck  
FSSC: Pam Litton  
TW-1: LT Mizera  
VT-7: LT Shoo

VT-9: LT Action  
Security: MA1 Harris  
MWR: Rhonda Morrow  
NEX: Debbie Elder

The Combined Federal Campaign (CFC) is the world's largest and most successful annual workplace charity campaign, with more than 170 CFC campaigns across the U.S. and internationally that help raise millions of dollars each year. The mission of the CFC is to promote and support philanthropy through a program that is employee-focused, cost-efficient, and effective in providing all Federal employees the opportunity to improve the quality of life for all. By providing and expanding a range of donation options for Federal employees to make meaningful differences in the world, the CFC has helped raise more than \$8 billion since donor contributions began being tracked in 1964.





# Navy realigns 'Specialized and Proven Aircraft' program office

By Paula A. Paige

Naval Air Systems Command Public Affairs

NAVAL AIR SYSTEMS COMMAND, PATUXENT RIVER, Md. (NNS) -- The Navy's Specialized and Proven Aircraft Program Office (PMA-226) has expanded its mission, taking over management of the F-5 N/F and F-16 A/B adversary aircraft as well as the acquisition of Contracted Air Services (CAS), a move that became effective Oct. 1, naval officials said.

The realignment of the two programs, which were previously executed by Naval Air Systems Command's (NAVAIR) Tactical Airlift Program Office (PMA-207), will allow PMA-207 to focus on its mission supporting C/KC-130J and seven other logistics and fleet transport aircraft, officials said.

"Our commitment to excellence, coupled with our history of sustained support for the fleet, will continue as we transition the people and the workload from PMA-207 to PMA-226," said Cmdr. Anthony Jaramillo, who leads PMA-226 from Marine Corps Air Station (MCAS) Cherry Point, North Carolina. "I am confident we will continue to provide this critical support for the warfighter."

CAS provides commercial aircraft to fly missions in support of naval requirements. The CAS program coordinates

airworthiness, or flight safety, assessments of contract aircraft and crew, ensuring safe, timely and efficient support to the Navy and Marine Corps. The support missions range from adversary training to testing and aerial refueling.

The seven CAS contracts managed by NAVAIR provide more than 15,000 flight hours of support to the Navy and Marine Corps for fleet exercise support, training and testing, Jaramillo said.

The F-5 adversary program consists of 44 F-5N/Fs operating from Naval Air Station (NAS) Fallon, Nevada; NAS Key West, Florida; and MCAS Yuma, Arizona. The F-16 program includes 14 F-16 A/Bs attached to Naval Strike and Air Warfare Center, (NSAWC) NAS Fallon.

The adversary mission supports Red Air Carrier Air Wing Training and Graduate Level Air Combat Training support.

The PMA-226 team manages total life cycle support for adversary aircraft, including a maintenance labor contract for the three F-5 squadrons, an F-5 depot maintenance contract and a maintenance contract supporting NSAWC's multiple aircraft platform organization.

"A program office with experience in sustainment can focus on extending the service life of the F-5 and F-16s in support of naval training missions," Jaramillo said. "We also have the experience with nonstandard platform aircraft."

After more than two decades supporting the retiring H-46 "Sea Knight" helicopter, PMA-226 broadened its mission in November 2011, assuming responsibility for several aircraft at the U.S. Naval Test Pilot School (USNTPS), the U.S. Naval Postgraduate School (NPS) and out-of-inventory Foreign Military Sales (FMS).

PMA-226 FMS teams support more than six different fixed and rotary-wing aircraft providing critical capability to allied and coalition armed forces.

The office also manages five types of fixed and rotary-wing aircraft at USNTPS, including T-38 Talons, UH-72 Lakotas, U-6A Beavers, an NU-1-B Otter and X-26 Frigates. Supporting NPS' Center for Interdisciplinary Remotely Piloted Aircraft Studies, PMA-226 also oversees O-2A Pelicans, UV-18A Twin Otters and Sentry Unmanned Aerial Vehicles.

Though headquartered at MCAS Cherry Point, PMA-226 also has teams at NAS Jacksonville, Florida, and NAS Patuxent River.

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## Mind the Gap: Can SAHMs re-enter the workforce?

All my regular tables in the loft of the Starbucks are taken, so I grab the only available seat downstairs -- a barstool right beside the restrooms.

I have work to do, but before I start, I spend the requisite amount of time dawdling.

Staring out the window, cleaning crumpled gum wrappers out of my purse, checking email on my laptop, people-watching. Although I would normally procrastinate in this way for at least a half-hour, I decide that people-watching beside the toilets is decidedly less entertaining than it is from the upstairs loft, and therefore not worth the effort.

I open a blank document, and breathe a great big sigh. You've been a stay-at-home military spouse for a long time. The kids are old enough now. It's time to find a paying job.

"RESUME [return]... Lisa Smith Molinari," I key onto the top center of the page.

I pick up steam, quickly tapping out my address, phone number and email, adding aesthetically pleasing fonts, underlining and bold. After a few thumps on the return key, I type "EDUCATION" and enjoy a trip down memory lane to the ivy-tangled Georgian architecture of Miami of Ohio, and the endless racks of thick casebooks at Thomas Cooley Law School in Michigan.

I add "law review" and "cum laude," feeling a surge of confidence. Ah, that wasn't so bad, I think to myself, onto the next section.

No sooner do I bold and underline the heading "WORK EXPERIENCE", when my hands begin to tremble. It's just the caffeine, I tell myself, and strain to recall the details of my last paying job.

Hmm...let's see now, was it 1995? When I worked for that law firm in California while Francis was assigned to the Naval Postgraduate School? Seriously? I can't put a job from almost two decades ago on my resume! I'll be a laughing stock!

I realize that, since marrying my Navy husband in 1993, I have nothing to put in my resume for "work experience" except a few short-lived legal jobs between military moves. Recognizing that my Vente Skinny Vanilla Latte has nothing to do with my trembling hands, I press on, trying my best to make 20 years as a stay-at-home military mom read like a thriving professional career.

As I fill my work experience gap with various volunteer and freelance jobs I've had through the years, I "tsk" at how unfair the working world can be to military spouses. For most of us, managing our families through multiple moves, hardships, deployments, and constant change is the most challenging "work experience" we've ever had. Despite the bonbons-and-soap-operas stereotype, any SAHM who has successfully managed a three-child-and-one-sloppy-labradoodle household -- and all the deployments, broken hot water heaters, clogged gutters, orthodontist appointments and parent-teacher conferences that come with it -- is most-definitely worthy of gainful employment.

I resist the urge to add the cutesy cliché "Domestic Engineer" in hopes that potential employers will respect me for putting my own career aside to help my husband serve his country. Instead, under the heading "REMARKS" I write, "Despite gaps in my job history, I have always exemplified hard work and dedication, whether as a lawyer, writer, volunteer, mother or military spouse," pounding the period button with a self-righteous poke.

I've been working hard for 20 years at the uniquely challenging job of being a military spouse, and perhaps that's the kind of experience that just can't be described on paper. Finished with my resume and my latte, I close my laptop with a steady hand, and hope that there are employers out there who won't mind the gap.

Currently stationed in Newport, R.I., Lisa Smith Molinari is a 20-year Navy spouse and mother of three teenagers, whose award-winning columns appear in military and civilian newspapers nationwide, and on her blog, www.themeatandpotatoesoflife.com. Follow Lisa@MolinariWrites.

### COLUMN



Lisa Smith Molinari

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Learn more about Mobile Banking at [navyfederal.org/mobile](http://navyfederal.org/mobile).

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## NAVY FEDERAL Credit Union

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DoD

Find out what's in the 'Sale... Or' column, page 7

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**Pvt. Charles L. Harrison**  
MATSS-1 Student  
Hometown: Beacon, N.Y.

# OOORAH!

**Pfc. Juan Rivera**  
MATSS-1 Student  
Hometown: Oxnard, Calif.

Pvt. Charles L. Harrison comes from a long line of men in his family who have served in the military.

"I've got family members in the Marines, Army and Navy," said Harrison who is currently a student in the Aviation Operations Supply Specialist course at Marine Aviation Training Support Squadron One.

Harrison, 24, holds a bachelor's degree in criminal justice.

"I want to travel the world and open doors for myself and family so they will have a better life," said Harrison the son of Tonya Harrison. "My goal is to go to jump school."

The person he most admires is his mother.

"She plays a huge role in my life. I was young when my dad passed away. She did her best to raise me and my sister."



Pfc. Juan Rivera recently graduated from the Aviation Maintenance Administration course at Marine Aviation Training Support Squadron One.

Rivera, 22, will be stationed in Yuma, Ariz.

"I became a Marine to become a better person and stay out of trouble," Rivera said. "I did it for myself and to make my parents proud. I can picture myself as a drill instructor in the future."

Rivera said it's his senior drill instructor at boot camp that he most admires.

"He has accomplished a lot of things as a Marine."

## U.S Marines, Philippines Airmen share tactics

By **Lance Cpl. Tyler Giguere**  
II Marine Expeditionary Force

BASA AIR BASE, LUZON, Philippines -- The importance of sharing knowledge, tactics, and experience between allies has always been vital to ensuring different units, militaries and countries can work together to efficiently accomplish the mission. For that reason, members of the Armed Forces of the Philippines and U.S. Marines shared best practices in several areas, including weapons handling, airbase ground defense, and jungle warfare tactics as part of Amphibious Landing Exercise 2015.

PHIBLEX, currently in its 31st iteration, is an annual bilateral training event planned and executed by the Philippines and U.S. to improve interoperability, share best practices, and strengthen the bond between the two long-standing allies.

"The purpose of this training is to focus on the skills necessary to conduct airbase ground defense," 1st Lt. Cordon J. Miller, the executive officer of Motor Transport Company, Marine Wing Support Squadron 172, Marine Air Group 36, 1st Marine Aircraft Wing. "We demonstrate the tools necessary to conduct and succeed at that goal."

Because each force has experience in different areas, the three-day training course provided an opportunity for all units involved to learn as well

as teach, according to 1st Lt. Randy P. Elardo, the admin and operations officer with the 541st Air Police Squadron, Air Defense Wing, AFP.

"This is a two-way learning process," said Elardo, a Leyte, Philippine native. "We have taught the U.S. Marines how we conduct inspections, how we conduct patrolling in our own way, and how we handle detainees and visitors within our base."

While the weapons familiarization portion of the training served as a review for most of the U.S. Marines who have trained with these weapon systems since graduating bootcamp, it provided new insight to their Filipino counterparts who appreciated the training, according to Elardo.

"The training that the U.S. Marines are giving is very helpful for the Philippine Air Force," said Elardo. "We have gained a lot of knowledge and the training has enhanced our men's skills and capabilities."

The training provided the chance for both forces to come together and demonstrate the unique ways each operates in a tactical environment, as well as gain experience to be used in future training, according to Miller.

"It is a very good experience to see how they operate," said Miller. "They share with us the techniques, tactics and procedures that they use from their training, while we share ours with them. I think it is a good experience for both sides."



Photo by Cpl. Kathy Hunez

**A F-35B Lightning II with Marine Operational and Test Evaluation Squadron 22 sits under a canopy while Marines conduct post flight checks on board Edwards Air Force Base, Calif., Oct. 9. The F-35 Lightning II is scheduled to replace several Marine aircraft in the future.**

## VMX-22 receives first F-35B aircraft

By **Cpl. Kathy Hunez**  
Headquarters Marine Corps

WASHINGTON -- Marine Operational and Evaluation Squadron 22 received its first F-35B aircraft at Edwards Air Force Base, California for operational testing Oct. 9, 2014.

"VMX-22's mission is to conduct operational testing and evaluation of U.S. Marine Corps' fixed, tiltrotor, and rotary-wing aircraft, Unmanned Aerial Systems, and Marine Air Command and Control Systems, support concept development, and assist in the creation of Marine aviation tactics, techniques and procedures through experimentation and support to tactical demonstrations," said Col. Robert L. Rauhenhorst,

commanding officer of Marine Operational and Evaluation Squadron 22.

Previously, VMX-22 only consisted of MV-22 and CH-53 aircraft, but the arrival of the F-35B marks the start of VMX-22 fixed wing flight operations. This is the first of four F-35B aircraft that will arrive over the upcoming months at Edwards Air Force Base.

"The addition of the F-35B at VMX-22 will help to develop increased capabilities and interoperability of the Aviation Combat Elements to support the Marine Air/Ground Task Force of the 21st century," Rauhenhorst said.

The operational testing will determine how effective and suitable the F-35B aircraft will be in its intended

operational environment. The successful completion of the operational testing is required in order for the aircraft to proceed from low-rate initial production into full rate production.

Operational testing will be held at Edwards Air Force Base, Naval Air Warfare Center Weapons Division China Lake, California; Nellis Air Force Base, Nevada; Marine Corps Air Ground Combat Center Twentynine Palms, California; Marine Corps Air Station Yuma, Arizona; and aboard the USS Wasp.

The F-35B operational test is slated to be complete by 2018 at Edwards Air Force Base and will be continued throughout the life of the F-35 program as major block upgrades are completed.



**Philippine airmen and U.S. Marines familiarize themselves with the M240G medium machine gun Oct. 3 at Basa Air Base, Philippines.**

Photo by Lance Cpl. Tyler Giguere

# Safety & Energy Efficiency is Our Duty

## NAS Meridian Energy Action Month

### Commander's Energy Tips

October is Energy Action Month, and this year, the Navy theme is:

**ENERGY ACTION = MISSION SUCCESS**

It is my policy that energy efficiency is a top priority at NAS Meridian, for a number of reasons:

- 1) Last year our electricity and gas bill was \$2.9 million. Every dollar we cut from our utility bill by working efficiently and reducing waste can be used for mission critical operations.
- 2) Fossil fuels are a finite resource and burning fossil fuels creates pollution and greenhouse gases.
- 3) Utility companies provide energy from their cleanest sources first and bring less efficient systems on line to meet additional demand. Our cuts reduce the need for the least efficient energy sources.

Be aware now and throughout the year of the energy you use at NAS Meridian. Here are some simple things that collectively make a big difference:

- Shut off computers and other equipment at the end of the day and when not needed. Shut off lights when you leave a room empty.
- Keep doors and windows closed when the heat or air conditioning is on.
- If it seems like something uses more energy than it should, report it to your Supervisor or Building Manager. There might be a better way that will pay for itself through lower operating cost.

For more tips on saving energy, visit the NAS Meridian Energy Awareness Booth during Energy Awareness Month of October (Locations and Times: TBA) and <https://energy.navy.mil> and <http://www.energysavers.gov>

2014 ENERGY ACTION MONTH



**S.A. Bunnay**  
Captain S. A. Bunnay, USN  
NAS Meridian Commanding Officer



**Working Smoke Alarms Save Lives**

**Test Yours Every Month!**

Fire Prevention Week • October 5-11, 2014

*Remember to change your smoke detector batteries when the time changes.*

**Working Smoke Alarms Save Lives**

**Test Yours Every Month!**

- January
- February
- March
- April
- May
- June
- July
- August
- September
- October
- November
- December

If you have any questions or we can be of any help please contact the NAS Fire Prevention office at (601) 679-3866.





### NAS Meridian, MS • Morale, Welfare and Recreation

On the Web: [www.nasmeridianmwr.com](http://www.nasmeridianmwr.com)

#### Facility Phone Numbers

Fitness Center	679-2379	Library	679-2326	SAC	679-5252
Liberty Center	679-3760	Rudder's	679-2636	SLO	679-2473
ITT	679-3773	Sandtrap Grill	679-2780	P.C. Golf Course	679-2526
McCain Rec Ctr	679-2651	Tutto Bene	679-2345	MWR Admin.	679-2551
The Outpost	679-2609	CDC/CDH	679-2652	MWR Jobs Line	679-2467



## McCain Rec Center

### Bowling Specials

**Sunday- Family Special:**  
11am-close, \$2.00 games including shoes

**Monday- NTTC/MATSS-1 Student Special:**  
5pm-close, \$2.00 games including shoes

**Wednesday- RCTA Visiting Police Special:**  
5pm-close, \$2.50 games including shoes

**Friday- 10/24: 9 Pin No Tap Tournament -** \$15.00 entry fee, sign up at 1800. Participants must be 18 or older.

**Saturday- Cosmic Colored Head Pin Bowling Special:**  
7pm-9:30pm, Regular rates apply. If you have a colored pin as your head pin and get a strike, you get that game for free. Limit 1 per game up to 3 free games. Staff must be aware of shot before bowled.



**Now Open!**  
Monday-Friday  
6:30am-4pm  
Weekends  
7am-1pm

**The Sandtrap @ Ponta Creek**

Find MWR on:

### Weekly Events



**Monday**  
Monday Night Football  
\$1 draught during game

**Tuesday**  
Classic Rock Night  
\$1 off premium shots

**Wednesday**  
Country Night  
\$1 off select Miller Bottled Beer

**Thursday**  
Thursday Night Football  
\$1 draught during game

**October 17**  
DJ Leflore

**October 31**  
Halloween Party & Costume Contest

\*Watch College and NFL Football all month long!  
\$1 Draught during games.

**HALLOWEEN PARTY** 10.31.2014  
LIVE MUSIC, COSTUME CONTEST AND MORE!

**AT**

Find MWR on:

## Coming Attractions

To McCain Rec Center



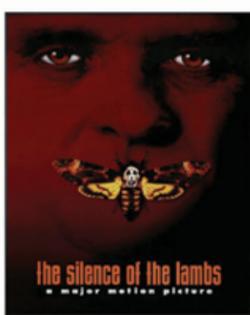
October 16 • 6pm  
Rated R



October 18 • 1pm  
Rated PG13



October 21 • 6pm  
Rated PG13



October 22 • 6pm  
Rated R

“Into The Storm”  
October 23 • 6pm  
Rated PG13

“Planes: Fire & Rescue”  
October 25 • 1pm  
Rated PG

## Cornhole Tournament

November 6  
1700  
At Rudders



Call 679-2379 for info.

Find MWR on:



Liberty bus leaves at 1600 on October 30 and returns after we are scared!

\*The Liberty Program is only for Single/Unaccompanied Active Duty Military Members.



## Get Connected With



Look for MWRMeridian to stay up to date with all the latest MWR Meridian news!



Located in McCain Rec Center  
Open Mon.-Fri. 0900-1100  
For more information call (601) 679-3773.



Eligible Salute Patrons: Active Duty, Retired Military, 100% Disabled Veteran, Reservist, Dependent Spouse (on behalf of eligible patron), and Foreign Ally w/US. CAC card  
Ticket Limit: Up to six tickets during the promotion  
ALL SALES ARE FINAL  
Salute Expiration Date: October 3rd, 2015  
Salute Block-out Dates: December 22nd, 2014-Jan. 2nd, 2015 • March 29th - April 9, 2015

**Walt Disney World**  
2014-2015 Military Salute  
4-Day Military Salute Park Hopper  
Ages 3+ \$173.75

4-Day Military Salute Base w/ Water Park Option  
Ages 3+ \$173.75

4-Day Military Salute Hopper w/ Water Park Option  
Ages 3+ \$203.25



## DJ Leflore Live at Rudders!



Friday, October 17



Have your next party at McCain Rec Center!  
For more info call (601) 679-2651.

## Andrew Triplett Library

Hours of Operation  
Tues.-Fri.: 1000-1800  
Saturday: 1000-1600



- Some Services Offered:**
- Bestsellers
  - Audio Books
  - Magazines
  - Daily Newspapers
  - Navy Reading List
  - TV/Lounge Area
  - Eight Computers with CAC readers - (Free access)
  - Copy/Fax/Scanner Service (Free)
  - Over 500 DVDs
  - Gaming Consoles and Games (Free rental)
  - Conference Room

For more info call (601) 679-2326

## Ponta Creek Golf Course Weekly Special

Play 18 holes with a cart for \$20/person daily. To schedule a tee time call (601) 679-2526.

## The Outpost

601-679-2609  
Monday-Friday: 9:30am-6pm  
Saturday: 10am-3pm  
**Now Open On Wednesday!**  
For more info call (601) 679-2609.

Did you know the Outpost has bikes for rental for riding on the bike trails at NAS Meridian?

# AutumnFest

October 25, 2014



At Rudders  
11am-3pm



# Sports

## HOME Run Derby

**Location: Fitness Center Softball Field**  
**October 23 • Time: 5pm**  
**Description: Show off your batting skills in a classic homerun derby at the Fitness Center Softball Field.**  
**For more info call (601) 679-2379.**

### Kick/Punt/Pass Competition

**Location: Fitness Center Multi-Use Field**  
**Date: 20 November • Time: 5pm**

**Description: Are you the most versatile player on the field? Bring your "A-game" in this all-around football competition.**

**Group Class Schedule**  
 All classes take place in the multi-use room of the fitness center unless noted otherwise.

**Monday**  
 Pilates @ 11:30am, Multi-Use Room, Free  
 Self Defense @ 5pm, Multi-Use Room, Fee Based

**Tuesday**  
 Boot Camp @ 5pm, Various locations- Meet in Lobby, Free

**Wednesday**  
 Cycling @ 11:30am, Multi-Use Room, Free

**Thursday**  
 Cycling @ 5pm, Multi-Use Room, Free

**For more info call (601) 679-2379.**

### 2014 Captain's Cup Standings

	N A S	N T C	M A T S S I	V T 7	V T 9	C T W 1	N B H C
Basketball	98	115	80	0	0	0	0
Bowling	82.5	0	82.5	0	0	0	0
Racquetball	25	0	0	12.5	30	14	0
Softball	110	94	62	104	0	0	70
3v3 Volleyball	37.5	45	0	0	37.5	0	0
Tennis	0	30	0	0	30	0	0
7v7 Soccer	88	120	0	0	0	0	100
3v3 St. Basketball	90	75	0	0	0	0	0
Golf	30	9.5	0	0	0	15.5	4
Flag Football	0	0	0	0	0	0	0
5v5 Volleyball	0	0	0	0	0	0	0
Horseshoes	0	0	0	0	0	0	0
<b>Total</b>	<b>561</b>	<b>488.5</b>	<b>224.5</b>	<b>116.5</b>	<b>97.5</b>	<b>29.5</b>	<b>174</b>

\*Standings as of October 16, 2014.

### National Hispanic Heritage Month Run-n-Ride Duathlon

**Date: 18 October**  
**Start Time: 8am**  
**Start/Finish Location: Fitness Center**  
**Details:** The race course consists of a 5K run beginning and ending at the Fitness Center, followed by a 10K bike ride to the flight line & back.  
**Co-sponsor:** This event is being hosted in conjunction with NAS Meridian's EEO Multicultural Special Emphasis Committee.

### Military Family Month 10 Mile Run

**Date: 1 November • Start Time: 8am**  
**Start/Finish Location: Fitness Center**  
**Details:** 10 mile run. 'Nuff said.  
**Co-sponsor:** This event is being hosted in conjunction with NAS Meridian's Fleet & Family Support Center.

**Testing**  
 materials, such as water coolers and faucets, is the source of lead in drinking water.

**Question:** Because you're testing in our area, does that mean something is wrong?

**Answer:** The health and safety of our Navy family is a top priority of the Navy's uniformed and civilian leadership because children are most susceptible to the effects of lead, it is Navy policy to meet U.S. Environmental Protection Agency (EPA) guidelines.

**Question:** How will we know if there is a problem with our water?

**Answer:** Each installation will provide information before, during, and after sampling and testing has been conducted to ensure the widest dissemination of information. We are committed to sharing test results with parents as soon as possible. Results will be publicized by

the Navy Installation Commanding Officer. All updates and testing results can be found at local website.

**Question:** What steps will be taken if something is found?

**Answer:** The Navy is in the process of testing drinking water to ensure our water is above and beyond EPA requirements. If lead were present, the greatest risk would be posed to children age 6 and under. Pregnant women and nursing mothers should avoid exposure to lead to protect their children. Specific health questions should be directed to local Medical Treatment Facility or your health care provider.

**Question:** Where will I find out information about water in my home/child's school etc.?

**Answer:** Nothing is more important than the health of our children. Specific locations for priority testing can be identified through the Navy installation's local Public Works Department.

**Question:** What is the potential harm to my child who may have used water fountains that are found to be contaminated?

**Answer:** Nothing is more important than the health of our children. Parents should call (800) TRICARE (874-2273) option 1 for answers to specific questions and concerns. As always, if you have concerns about the health of your child, you should contact your health care provider. According to the Center for Disease Control, most studies show that exposure to lead contaminated water alone would not be likely to elevate blood lead levels in most adults, even exposure to water with a lead content close to the EPA's action level for lead. Risk will vary, however, depending on the individual, the circumstances, and the amount of water consumed. Lead poses a health risk to young children because growing children absorb lead more rapidly. The Navy is testing all of its facilities to ensure the health and safety of the Navy's family members.

**Question:** Why is the Navy testing for lead?

**Answer:** With the safety of our children our top concern, we will begin additional testing for lead in drinking water in schools, youth centers and child day care facilities aimed at reducing potential exposure to lead in drinking water. In the United States, EPA recommends, but does not require testing for lead in drinking water in schools and day care centers. Navy policy as of Febru-

ary 2014 does require this testing in all priority areas at Navy installations throughout the world in the best interests of the children, parents, and staff we serve.

**Question:** What is lead?

**Answer:** Lead is a naturally occurring toxic metal that is harmful if inhaled or swallowed. Lead can be found in varying amounts in air, soil, dust, food, and water.

**Question:** What health risks are associated with lead exposure?

**Answer:** Lead poses a health risk to young children because growing children absorb lead more rapidly. Exposure to lead can result in delays in physical and mental development. Lead exposure would have much less effect on an adult. Specific health questions or testing should be directed to preventative medicine or a health care provider. According to the Center for Disease Control, there are no thresholds for adverse health effects in young children that have been demonstrated. All sources of lead exposure for children should be controlled or minimized.

**Question:** What is the potential harm to young children who may have washed their hands in one of the sinks and then put their hands in their mouths?

**Answer:** None. If parents or staff members have concerns, they are encouraged to call the Tricare nurse line at (800) TRICARE (874-2273) option 1 or talk to their health care provider.

**Question:** Why are you testing for lead in the drinking water?

**Answer:** Navy policy as of February 2014 requires testing in all priority areas at Navy installations throughout the world in the best interests of the children, parents, and staff we serve. Recently, Navy leadership decided to adopt the Environmental Protection Agency (EPA) guidelines as policy. This proactive approach to the identification and elimination of potential sources of lead in facilities that cater to children shows our commitment to the safety and well-being of our Navy families.

**Question:** What is the EPA recommended acceptable level?

**Answer:** The Environmental Protection Agency's (EPA's) recommended guidance for priority areas advises the level to be no more than 20 parts per billion (ppb). To put that into perspective, one part per billion is equivalent to one drop of water in an Olympic sized swimming pool.

**Military spouses can train for a new career for FREE with MyCAA funding. Train online in healthcare, technology, or administration and prepare to earn \$30,000-\$50,000/yr. Visit CareerStep.com/spouse today!**

The Personal Procured Move (PPM) claim office can be contacted at: 1-888-742-4467 or by e-mail: pptas.fiscn@navy.mil. For the members convenience, claim packages can also be e-mailed to the above address.



## Sale... Or

### BOATS/CAMPERS/TRAILERS

**1996 Ragin Cajun Bass Boat**, 200hp Mariner, Lorange depth finder and a GPS/depth finder duel livewells mortar guide trolling motor. Runs great and fast. \$4,500. Seats are in good condition. Call Clint at 601-479-7043.

**2006 Fleetwood Discovery 39 ft. 3 slide, Cat Diesel, motor home.** New tires & A/C, "Fully equipped", original owners, non-smokers. Serious Inquiries Only Please. Will e-mail pictures, full information or set appointment to see RV upon request. Call 601-479-6145.

### HOUSEHOLD ITEMS

**Samsung 42" TV**, great condition, \$350 OBO. Call 601-481-5712.

**Tan microfiber Ashley sectional sofa**, \$450 OBO; **Modern black oval coffee table** (very unique), \$150; **Black side table**, \$25. Call Kim Benson at 785-643-1367 or email: benson.kimberly@gmail.com.

**Brown wood grain couch**, \$100. **Beige wingback chairs**. Set of two, \$80; **Large Zildjian scimitar 20" Ride CYMBAL**, (hardly used), \$50. Call 601-

696-7067, leave message.

### MOTORCYCLES/GEAR/ATV

**2002 Harley Davidson Sportster 883cc**, blue/chrome. Asking \$3,000 w/ 2 helmets & 2 jackets. Call 985-705-7179.

**2005 Harley Davidson Road King Custom FLHRS**, Twin Cam 88 CI engine, 70+ Horsepower, 1450cc, Stage 1 Kit, Screaming Eagle Tail Pipes, battery charger, bike stand. BEAUTIFUL machine with ONLY 15,096 miles! VERY well maintained and priced for quick sale at \$13,500. Call 601-737-8175.

**2005 Harley Davidson Softail Deluxe .88 ci.** Mileage 5500. Original owner. Bike stored indoors. Cobalt blue and white. Comes with all HD accessories; windshield, highway bars with pegs, hard leather saddle bags. Custom Corbin seat with back rest (original seat included). Exceptional condition. Photos available upon request. Asking \$10,000. Call 334-341-1670 or email: rduke46@yahoo.com

### AUTOMOBILES, ETC.

**Very nice blacked out G35**

**Coupe** with 102k miles. Painted black tail light (still can see lights and brake lights) 19" black staggered rims with fairly new tires, wide 275 tires in rear, full Ark brand exhaust from the headers back. 5 percent tint, 6-month old paint job with partially painted front headlights, cold-air intake and stage-2 clutch. Lowered 1.7" in front and 1.4" in rear. Good size in-dash screen with tweeter and new door speakers. Remaining speakers are Bose. Sunroof, cruise control, screen has navigation, Bluetooth and iPod hook up, custom front grill. Has one year on driver seat but can be easily redone. Asking \$14,000. Not interested in trades. Serious inquires only! Call/text Mike at 850-797-9462.

**2008 Volkswagen Jetta SE**, immaculate condition and runs perfectly, never any issues. 109,000 miles, non-smoking vehicle. Asking \$9,500 OBO. Call/Text (631) 205-8877.

**2009 Chevy Traverse LS**, very good condition, 117,000 miles, 4 years/70K miles remaining on extended warranty. Asking \$9950. Call 601-616-0947.

**2012 GMC Acadia SLT-1**

**FWD**, summit white with tan leather interior. 31k miles - Satellite radio - Onstar Navigation - BOSE Premium Sound package - 3rd row seating. Asking \$29,500 OBO. Call (601) 692-3730 evenings.

**2009 Ford Flex V6**, 87K miles, Maroon color, Great condition. Asking \$13,500. Call 601-604-9180/9549.

### HOMES/APARTMENTS

**NEW ITEM! For Rent:** Home located on Dalewood Main Lake, 8275 Simmons Circle, Lauderdale; 3 BD/2-1/2 BA (boat dock and pier) \$1400/month plus deposit, dues, and garbage fees. Call 601-632-4101 and 601-527-0654.

**FOR SALE:** 3 BD/1 BA (1540 square feet) on Poplar Springs Drive in North Hills area of Meridian. Lots of natural light. Big fenced backyard. Great neighbors. Call Jennifer at 601-934-6431.

**For Rent:** 3 BD/2 BA house, central heat & air, W/D hookup, dining room and family room. \$980 Rent. \$600 Deposit. Located at: 4319 King Rd, Meridian. Call (601) 282-0463.

**For Rent:** Beautiful brick 3 BD/2 BA home, 1800 sq. ft., large kitchen, laundry/mud room, W/D, fireplace, skylights, large covered back patio, double car garage, large storage building in back of property, 3 acres close to Okatibbee Lake. House sits at the end of cul-de-sac, great for children in well maintained neighborhood. Location: 8380 Oak Ridge Estates, Meridian. \$1400 per month plus utilities. Call Jack or Cathy at (228) 872-4916.

**For Sale:** 2 BR/1 BA brick home near Meridian Community College. Large deck, storage, sm. shop. Decent neighborhood, convenient to 19N. Asking \$52,500. Call 601-696-7067, leave message.

**For Rent:** Lovely 3 BR/ 2.5 BA house on lake at Dalewood. Two living rooms, large kitchen and decks. Two office/studies. 15 mins from base. \$1500 per month. Call 601-678-3458 for appt.

### MISCELLANEOUS

**10 gallon aquarium** with filter pump and top \$100. Call Teresa at 601-679-3474 between 7 am and 3:30 pm (gone for lunch from 11:30 to 12).

**Yugoslavian M24/47 8mm Mauser**, \$300. Call Christopher at 620-960-1250.

**Matching pair of Red/White/Black 2008 Seadoo jet skis**, bought new in 2009. Just serviced, in great condition, less than 70 hours on the engines! Run strong at 60mph! Tandem trailer included, asking \$10,000 OBO. \$300/yr to insure in MS. Okatibbee awaits! Call 951-265-0204 or see brochure at the chapel.

### WANTED

**Motorcycles** any size any condition, will pay above salvage price. Also have a large selection of good used parts for sale. Call 601-938-4295 any time.

To submit an item to the "Sale...Or" column, e-mail penny.randall@navy.mil. Deadline is the Thursday prior to publication.





## 5 things Sailors need to know about social media, phishing, security

FORT MEADE, Md. (NNS) -- As the U.S. Navy remains ever vigilant, taking the fight to the enemy, recent media reports have highlighted potential risk from information carelessly or inadvertently shared on social media.

There has also been a steady stream of reporting on criminal and other malevolent cyber actors who seek information using hoax emails, also known as phishing, to gain access to finances or other sensitive information.

Safety and security are always the highest priority for the Navy and therefore the recent reports on social media risks and new or recycled phishing scams do not necessarily mean there is an increased threat. The Navy, however, can never let its guard down.

Private, personal, and sensitive information could become available to adversaries or criminals via social media or phishing if service members and their families do not practice operations security (OPSEC).

To avoid disclosing private, banking, and other sensitive information publicly via social media, Sailors should keep in mind the following five things:

1. Never share anything online you would not tell directly to the enemy.
2. Never post private or personal information.
3. Assume any information you share electronically will be made public.
4. Phishing scams tend to have common characteristics that make them easy to identify:
  - \* Spelling and punctuation errors.
  - \* Scare tactics to entice a target to provide personal information or follow links.
  - \* Sensational subject lines to entice tar-

gets to click on attached links or provide personal information.

\* Include a redirect to malicious URLs which require you input usernames and passwords to access.

\* Try to appear genuine by using legitimate operational terms, key words and accurate personal information.

\* Fake or unknown sender.

5. When in doubt about a suspicious email from a supposed bank, call your financial institutions or check with your command Information Assurance (IA) lead. Your command IA can also assist with other types of suspicious email.

The Naval OPSEC Support Team, part of Navy Information Operations Command Norfolk, highlights "Knowledge is power - for both you and the adversary," and advises:

\* Understand the value of your information.

\* Be suspicious of unsolicited phone calls, online requests, or emails.

\* Be suspicious when information about you and your family is requested.

\* Always ask yourself, do they have the "need to know."

Ensure OPSEC is a way of life, 24/7/365. Navy leaders should remind Sailors and their families to assess how they use social media with OPSEC in mind -- and the need to best protect themselves, their loved ones, and all with whom they serve.

It is everyone's responsibility help keep Sailors, civilians, and families safe by not sharing personal or sensitive military information in email or in any online environment.

From U.S. Fleet Cyber Command/U.S. 10th Fleet Public Affairs

## Navy accepting applications for FY16 MCPO, SCPO, CPO selection board members

MILLINGTON, Tenn. (NNS) -- The Navy is seeking senior enlisted Sailors to serve on Fiscal Year 2016 active-duty and Reserve master chief, senior chief, and chief petty officer selection boards, according to a message released Oct. 9.

According to NAVADMIN 235/14, active and Reserve component master chiefs are encouraged to apply to serve on a board. Frocked master chiefs may also participate in the selection board process. There are no restrictions on active-duty serving on reserve boards or reserve/full-time support serving on active boards.

Senior chief petty officers may also serve on the active or reserve E-7 boards as either members or recorders. They may only serve as recorders on the E-9 or E-8 boards. Chief petty officers may serve as recorders on E-9, E-8 and E-7 selection boards. Applicants

should not discuss their application with any members from their command, other than those required to review their application.

Deadline for member and recorder applications are: Reserve E-8/E-8, Dec. 5; active-duty E-9, Dec. 19; active-duty E-8, Jan. 29; Reserve E-7, Feb. 20, 2015; and active-duty E-7, March 27, 2015. Board dates, application procedures and additional guidance are available in the message.

Prior to submitting an application, applicants should review BUPERSINST 1401.5B, the supplemental guidance for U.S. Navy selection boards.

For more information, read NAVADMIN 235/14 available on the NPC website at [www.npc.navy.mil](http://www.npc.navy.mil).

From Navy Personnel Command Public Affairs

## Navy News Briefs

### George H.W. Bush departs Manama

MANAMA, Bahrain (NNS) (NNS) -- USS George H.W. Bush (CVN 77) departed Manama, Bahrain, Oct. 9.

Sailors experienced the local culture through tours sponsored by the ship's Morale, Welfare and Recreation (MWR) division. They took part in golfing at the area's golf courses, visiting the local shopping areas, and attending sports tournaments at Naval Support Activity Bahrain. Sailors also participated in a community relations project at the Bahrain Mobility Institute, where they helped clean and perform maintenance around the facilities.

"This port visit was a chance for our Sailors to relax and enjoy the hospitality of the people of Bahrain as we enter the final phases of our deployment," said Capt. Andrew Loiselle, commanding officer of George H.W. Bush. "This visit also allowed us to help strengthen our relationship with Bahrain."

GHWB CSG deployed Feb. 15, 2014, and is operating in the 5th Fleet area of responsibility conducting maritime security operations and theater security cooperation efforts.

By MC3 Chase Martin, USS George H.W. Bush Public Affairs

### USS America's flag makes final stop of All-State Tour at USS Arizona Memorial

PEARL HARBOR (NNS) -- A native of Skowhegan, Maine and retired school-teacher, Larry Ross, was given an opportunity to travel to each state across the nation to make sure the American flag he carried with him would fly in each state.

On Oct. 6, the flag made its last stop in Hawaii, the 50th state, where it was flown over the USS Arizona Memorial in Pearl Harbor. The memorial is the final resting place for Sailors and Marines who lost their lives during the 1941 Japanese attacks on Pearl Harbor and their shipmates who requested to be buried at the memorial to joint their fallen brothers-in-arms.

"I am bringing a flag to every state in the union on behalf of the USS America and the sponsor of the ship Mrs. Lynne Pace," said Ross. "I presented to her an idea of taking a flag to every state of the union speaking to as many young people as I possibly can across the country."

One may wonder how he managed to visit every state across America. It was a long but fulfilling journey according to Ross.

By Mc2 Tiarra Fulgham, Navy Public Affairs Support Element West Detachment Hawaii

### SEALs, Marines use USS George Washington as Forward Staging Base

USS GEORGE WASHINGTON, At Sea (NNS) -- SEALs and Marine Special Operations (MARSOC) forces from Special Operations Command Pacific conducted maritime interoperability training aboard Nimitz-class aircraft carrier USS George Washington (CVN 73), Sept. 22-29.

Using the carrier as an afloat forward staging base, the task force demonstrated increased flexibility and a range of options to conduct operations when and where needed most.

Maritime SOF assigned to Naval Special Warfare Unit 1, including members from a Marine Special Operations Company, a west coast-based Naval Special Warfare (NSW) unit, explosive ordnance disposal element, and a helicopter sea combat squadron staged aboard the aircraft carrier in order to conduct training.

The training exercised the entire spectrum of foundational crisis response skills, including embarkation, command and control, logistics, planning and execution. The participants executed a full range of operations, from special reconnaissance to direct action utilizing rotary wing insertions. The exercise also demonstrated interoperability between SOF and capabilities from multiple other units, including George Washington, the Carrier Air Wing, and strike group ships.

From Commander, Task Force 70 Public Affairs

### Navy study confirms vaccine effectiveness in recruits

SAN DIEGO (NNS) -- A recent study led by the Naval Health Research Center (NHRC) in San Diego confirmed the effectiveness of the adenovirus vaccine after observing a 100-fold decline in respiratory illnesses in U.S. military recruits.

The study, published in Clinical Infectious Diseases (CID) this summer, examined the impact on Navy, Marine Corps, Air Force, Coast Guard, and Army recruits after the sole manufacturer ceased production for a 12-year period starting in 1996. Since the resumption of the vaccine in 2011, the study highlights the vaccine prevented an estimated three deaths and up to 8,100 hospitalizations within the military population.

Accounting for the cost of the vaccines, according to Hawksworth, NHRC estimates an annual savings of \$20 million since vaccine resumption.

For a recruit, basic training or "boot camp" is a vigorous six- to 12- week training program. It teaches the fundamentals of military service and trainees undergo rigorous physical fitness programs. Adenovirus is the most prevalent and most widely spread virus in military training environments - with estimates of up to 80 percent of recruits infected - without adenovirus vaccines.

By Anna Hancock, Naval Health Research Center Public Affairs Officer

## Seabee base kicks off pilot program to combat sexual assault

By Rob Mims

Naval Construction Battalion Center Gulfport Public Affairs

GULFPORT, Miss. (NNS) -- Officials at the Naval Construction Battalion Center (NCBC) Gulfport kicked off a pilot program in September to help in the fight against sexual assault.

The program provides bystander intervention training to employees of bars and restaurants in the local area in exchange for advertising opportunities aboard NCBC.

"We needed a way to get our community involved in preventing sexual assaults from occurring and I think this pilot program is a step in the right direction," said Capt. Paul Odenthal, NCBC commanding officer. "Sexual assault statistics indicate that a good percentage of incidents involve the use of alcohol, so the partnership with local bars and restaurants makes sense and is a "win-win" opportunity."

In August 2013, Odenthal challenged a team of his people to come up with a viable and marketable way to get servers and managers of alcohol serving establishments off base involved in preventing sexual assault.

When they began, the team did not know what the final product would look like or if it would even succeed; however, they stepped out on faith and pushed forward tweaking ideas to help encourage businesses to step up.

The program requires businesses to send 25 percent or more of their employees to bystander intervention training given by Michael Jordy, NCBC Gulfport's Sexual Assault Response Coordinator, in order to have the opportunity to advertise with the installation's Morale, Welfare and Recreation (MWR) program.

"I am happy to go out to these businesses and give

them training," Jordy said. "I developed the training to be geared toward servers. The standard bystander intervention training is set up to watch out for your friends and fellow Sailors, but I wanted the servers to look at situations and interactions from their perspective. If this training stops just one sexual assault, then it is well worth it."

While there was some initial hesitation from local establishments, the continued efforts of NCBC staff paid off recently when two local businesses came forward to ask for the training. The first, Los Tres Amigos Mexican Restaurant, trained 25 percent of their employees. The second business, Tony's Brick Oven Pizzeria, received the free training Oct. 2, for more than half of its staff. Afterward, the owner indicated he wanted the remainder of his other staff trained as well.

"This is great training for my staff," said Tony Swigris, owner of Tony's Brick Oven Pizza. "It will not only help our military customers stay out of trouble, but our civilian customers as well."

The hour long training, which includes videos depicting potentially real situations, gives the employees the basic tools to recognize when someone has had too much to drink or is being forced into a dangerous situation. It offers suggestions to use to step in and prevent that person from getting into dangerous situations.

"One in four women will experience some type of sexual assault in their lifetime," Jordy said to a room of mostly female employees at Tony's. After the training he said, "I think that message struck a nerve with them. I am not sure they had ever heard that statistic."

While this program is still relatively new, the

NCBC team believes it would be a great program to implement Navy wide.

"We know our people go outside our fence line to bars and restaurants and many of our issues start with alcohol consumption at those locations," Odenthal said.



## Honoring Outstanding Teachers and Educators in East Mississippi and West Alabama

Do you have a teacher who has made an impact on your life or on your child's life?

Do you have a teaching colleague whose style you admire?

Nominate them for the Golden Apple Award! Then, encourage others to do the same! Nominations may be submitted by students, parents, faculty, or community members.

Nominees must be someone employed full-time in the K-12 education field (public or private) within the following counties:

Lauderdale, Neshoba, Kemper, Clarke, Newton, Choctaw & Sumter



LOG ON TO: [wgbctv.com](http://wgbctv.com) or [meridianstar.com](http://meridianstar.com)

# TO NOMINATE A TEACHER



# IT'S YOUR TURN...

The newly renovated Sandtrap restaurant at Ponta Creek Golf Course opened this week. We asked these NAS Meridian personnel, "What new food item would you like to see on the menu?"  
By MC2 Casey H. Kyhl



**Monique Beard**  
Navy Federal Employee

"I would like to make my own ice cream sundaes."



**Pamela Gowdy**  
NEX Sales Associate

"Loaded baked potatoes."



**Debbie Elder**  
NEX General Manager

"I would like fresh salads with low-fat dressings."



**Kayla Bowe**  
NEX Sales Associate

"Chicken or beef quesadillas."



**Annette Bone**  
NEX Retail Operations Clerk

"Chef or Caesar salads."

## Fleet & Family Support Center

### A closer look at domestic violence

Domestic violence is widespread, estimated to be about 4 million people yearly who are physically abused by their former or current spouses or intimate partners. Of this number, approximately 95 percent are women. In 1996, among all female murder victims in the US, 30 percent were killed by their husbands or boyfriends. Six percent of male homicide victims were killed by their wives or girlfriends.

Domestic violence is the leading cause of injury to women between the ages of 15 and 44 in the US — more than car accidents, muggings and rapes combined. Each year, 1,000 women (that's about four per day) are killed by their husbands or partners. Domestic is, indeed, a serious national problem that affects not only individual victims, but the entire community as well.

Here are some statistics about the impact of domestic violence on the community: Family violence costs the nation from \$5 to \$10 billion annually in medical expenses, police and court costs, shelters and foster care, sick leave, absenteeism and non-productivity. Husbands and boyfriends commit 13,000 acts of violence against women in the workplace every year. Statistically, a woman with children who leaves the home has a 50 percent chance that her standard of living will drop below the poverty level.

Some of the most tragic, and often most ignored,

victims of domestic violence are the children living in these homes. There is increasing evidence that violence may pass from generation to generation. A child's exposure to the father abusing the mother is the strongest risk factor for transmitting violent behavior from one generation to the next. Child abuse occurs in 30-60 percent of family violence cases.

Children from violent homes have higher risks of alcohol/drug abuse, running away and juvenile delinquency.

Many of these children learn to use violence as a way to solve their problems. They are inadequate at labeling and expressing their feelings, so they express them by being aggressive or withdrawing. A large number of violent criminals were raised in abusive homes. And whether parents believe it or not, 90 percent of children are aware of the violence directed at their mother.

The tolerance of family violence as a way of life in one generation encourages family violence in the next.

That makes it difficult to prevent. Prevention must start with people changing their attitudes toward violence and women, a zero tolerance for the use of violence to resolve conflict and express anger in an intimate relationship. No one deserves to be beaten or physically threatened, no matter what the excuse.



From NAS Meridian FFSC Staff

## FFSC Briefs

To register for any of the following workshops, please call (601) 679-2360. The class will not be presented if no one registers, so please sign up if interested. If you can't attend at the scheduled time, call anyway -- the workshop facilitator may be able to meet with you one-on-one, give you materials, or let you know when the class will be scheduled again. All active duty, reserve, retired military and their families are eligible for programs and services provided by the FFSC. Civil service employees can utilize the services on a space available basis.

### Using Credit Wisely: Oct. 22 from 10-11:30 a.m.

Americans have a love/hate relationship with credit and debt. The average American household currently owes over \$7,000 in credit card debt alone. And over 1 million Americans filed personal bankruptcies in 2012. If you want to learn how to establish and maintain good credit and avoid excessive debt, attend this workshop to increase your credit IQ.

### Controlling Anger: Oct. 28 from 3-4 p.m.

Everyone gets angry every now and then from normal frustrating life events, but some people handle angry feelings better than others. Your upbringing, personality, and other factors affect how you display anger and how you argue with others. However, you aren't a slave to those patterns, and you CAN learn better ways to express angry feelings and argue constructively. If you frequently "blow up" or if the way you currently handle anger is threatening your relationships and/or work, come to this workshop to learn better anger management techniques.

### System

onto any Navy IT resource.

-Report all security incidents including PII breaches immediately in accordance with applicable procedures.

-Access only that data, control information, software, hardware, and firmware for which I am authorized access by the cognizant Department of the Navy (DON) Commanding Officer, and have a need-to-know, have the appropriate security clearance. Assume only those roles and privileges for which I am authorized.

-Observe all policies and procedures governing the secure operation and authorized use of a Navy information system.

-Digitally sign and encrypt e-mail in accordance with current policies.

-Employ sound operations security measures in accordance with DOD, DON, service and command directives. I further understand that, when using Navy IT resources, I shall not:

-Auto-forward any e-mail from a Navy account to commercial e-mail account (e.g., .com).

-Bypass, stress, or test IA or Computer Network Defense (CND) mechanisms (e.g., Firewalls, Content Filters, Proxy Servers, Anti-Virus Programs).

-Introduce or use unauthorized software, firmware, or hardware on any Navy IT resource.

-Relocate or change equipment or the network connectivity of equipment without authorization from the Local IA Authority (i.e., person responsible for the overall implementation of IA at the command level).

-Use personally owned hardware, software, shareware, or public domain software without written authorization from the Local IA Authority.

-Upload/download executable files (e.g., .exe, .com, .vbs, or .bat) onto Navy IT resources without the written approval of the Local IA Authority.

-Participate in or contribute to any activity resulting in a disruption or denial of service.

-Write, code, compile, store, transmit, transfer, or introduce malicious software, programs, or code.

-Use Navy IT resources in a way that would reflect adversely on the Navy. Such uses include pornography, chain letters, unofficial advertising, soliciting or selling except on authorized bulletin boards established for such use, violation of statute or regulation, inappropriately handled classified information and PII, and other uses that are incompatible with public service.

-Place data onto Navy IT resources possessing insufficient security controls to protect that data at the required classification (e.g., Secret onto Unclassified).

### Band

50th anniversary commemorations in the United States and Europe, Presidential Inaugural Parades, the rededication of the Statue of Liberty, nationally televised broadcasts on Memorial Day and the Fourth of July, and the 2002 Winter Olympics in Salt Lake City. Joint concerts with many of the nation's leading orchestras, including the Boston Pops, Detroit Symphony Orchestra, and Cincinnati Pops, have received rave reviews.

The Field Band's members, selected by highly competitive audition, represent some of the finest musical talent in America. More than five decades as the military's most traveled musicians have earned them the title, "The Musical Ambassadors of the Army." For additional information about the Field Band's performance call 601-693-1551 or 601-693-5353.

## Commander, Navy Region Southeast signs Domestic Violence Awareness Proclamation

By MC2 Stacy D. Laseter  
Navy Region Southeast Public Affairs

JACKSONVILLE, Fla. — Rear Adm. Mary Jackson, Commander, Navy Region Southeast, signed a proclamation Oct. 9 declaring October as Domestic Violence Awareness Month.

The proclamation underscores the Navy's role in the community and calls upon Sailors and family members in the region to increase their efforts to prevent domestic violence.

According to Hector L. Sepulveda, Navy Region Southeast fleet and family support regional program manager, this year's theme, "Relationships should be safe, respectful and positive" echoes the Navy's position on developing healthy relationship skills and raises awareness of the harm that domestic violence can cause.

"It affects everybody. It affects the military readiness," Sepulveda said. "If an individual is wrapped up in domestic violence, then they are also tied up in the legal system and that is taking away from readiness and the mission."

The Navy's Family Advocacy Program has been available since 1992 providing aid in prevention and case management. It helps both the perpetrators of domestic violence and the victims.

"Victims of domestic violence are suffering. A lot of victims don't want to report because they fear their partner may lose their military career or it will affect their career, but there are systems and processes that will actually help



Photo by MC2 Stacy D. Laseter

**Rear Adm. Mary Jackson, Commander, Navy Region Southeast, signs a Domestic Violence Month proclamation in front of members of the Navy Region Southeast Fleet and Family Readiness Program on board Naval Air Station Jacksonville. The proclamation declared October as Domestic Violence Awareness Month and calls upon service members, leadership and family members throughout the region to increase their efforts to prevent domestic violence.**

people," Sepulveda said.

It's important for people to understand the Navy provides a wide array of services for victims, offenders, and children who witness violence.

The shortest route of reporting domestic violence is through the Navy's Family Advocacy Program (FAP), which offers victim protection and treatment for those affected by domestic violence. FAP representatives are located at Fleet and Family Support Cen-

ters (FFSC). The FAP investigates each report and performs actions to safeguard victims and provide supportive services. There is an option to make a restricted report through the Domestic Assault Victim Advocate (DAVA), in which they receive services but is not a formal FAP.

Anyone who suspects domestic violence may file a report by contacting their installation's FFSC. Supplementary support is also available through the Domestic Abuse Hotline at (800)-799-SAFE.

not happen. We were not defeated. Cole is not a museum. It is still a proud American warship."

Side by side, present and past Cole families and crewmembers took solace in the camaraderie, posed for photos, promised to "always remember their shipmates," as they lingered at the ship's waterfront monument.

The Cole Memorial includes 17 low-level markers which stand for the youthfulness of the Sailors, whose lives were lost. Three tall, granite monoliths, each bearing

brass plaques, stand for the three colors of the American flag. A set of brown markers encircling the memorial symbolizes the darkness and despair that overcame the ship on Oct. 12, 2000. Additionally, 28 black pine trees were planted to represent the 17 Sailors and the 11 children they left behind.

Homeported at Naval Station Norfolk, Cole is currently conducting operations in the U.S. 6th Fleet area of operations in support of U.S. national security interests in the region.

### Cole

On Thursday, Oct. 12, 2000, Cole was refueling at the Yemeni port of Aden when al-Qaida suicide bombers pulled alongside the Arleigh Burke class guided-missile destroyer in a small boat full of explosives. At 11:18 a.m., Bahrain time, the attackers detonated the bombs and ripped a 40-by-40-foot hole in the hull of the ship.

"The odds we faced that day were tremendous," said Parlier. "They wanted to defeat us. They wanted to sink Cole. But it did



## 2014 NAS Meridian Navy Ball in pictures



Photos by MC2 Casey Kyhl and Lamar Moore of La'Moore Photography

# Navy lays wreath, celebrates 239 Years

By MC2 Jonathan Pankau  
Defense Media Activity

WASHINGTON (NNS) -- The Navy celebrated its 239th birthday with a wreath laying ceremony at the U.S. Navy Memorial Oct. 9.

Vice Adm. Scott H. Swift, director, Navy Staff, was the guest speaker and addressed a crowd circled around the "Granite Sea", a map of the world that serves as the Navy memorial centerpiece.

Swift spoke of historic achievements that led to the Navy's formation and growth. He mentioned his father's service aboard the heavy cruiser USS New Orleans (CA-32) and his participation in the Battle of Leyte Gulf, the largest Naval combat engagement in history.

"His service in the Pacific during the second World War, while individually his, was also collectively reflected of the competence, heroism and bravery the United States Navy exemplified these in many other battles

and amphibious landing operations throughout the Atlantic, the Pacific and the Mediterranean theatres," said Swift.

Swift joined Rear Adm. Mark K. Rich, the 88th Commandant of Naval District Washington, who placed the wreath by the Lone Sailor statue in remembrance of the Sailors who gave their lives for their country and silently remain on watch.

"The times may have changed," Swift said. "The threats may have evolved and the complex nature of 21st century life may make the demand for such a presence (i.e. World War II) less obvious. But now more than ever, the Navy is something to be aware of, something to be thankful for, something to be proud of, whether you wear the cloth of our nation in the form of a Sailors uniform or admire the service of those that do."

Guests were invited to the Naval Heritage Center for cake and refreshments after the ceremony.

The U.S. Navy traces its origins to the Continental

Navy, which was established on Oct. 13, 1775 when Continental Congress authorized the dispatch of two armed ships to search for munitions ships supplying the British Army in America. Following the Revolution, the ratification of the Constitution of the United States in 1787 empowered Congress "to provide and maintain a Navy."

The United States Navy Memorial provides a living tribute to Navy people and a place for them to gather and celebrate their service. The outdoor plaza features a "Granite Sea" map of the world, towering masts with signal flags, fountain pools and waterfalls and The Lone Sailor statue. Adjacent to the plaza is the Naval Heritage Center, where visitors can find educational displays about the contributions of the men and women of the Sea Services. The Navy Log, the online place for Navy people to stay connected with each other, celebrate their service and preserve the memories of their service is also a place where Navy veterans can build a record of their service online.

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**Happy Halloween**

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