



Summer

Safety Resources



2016

It's Not Summer Until You've Had Your Lecture!

The summer season brings the potential for increased risk. Why?

Bad headwork leads to bad decisions all year long. So why this brief and why now?

Because we're creatures of habit, and everyone knows it's not summer until you've had your safety lecture.



Summer 2015 Fatalities

In 2015, Between
Memorial Day and
Labor Day:

14 Sailors and

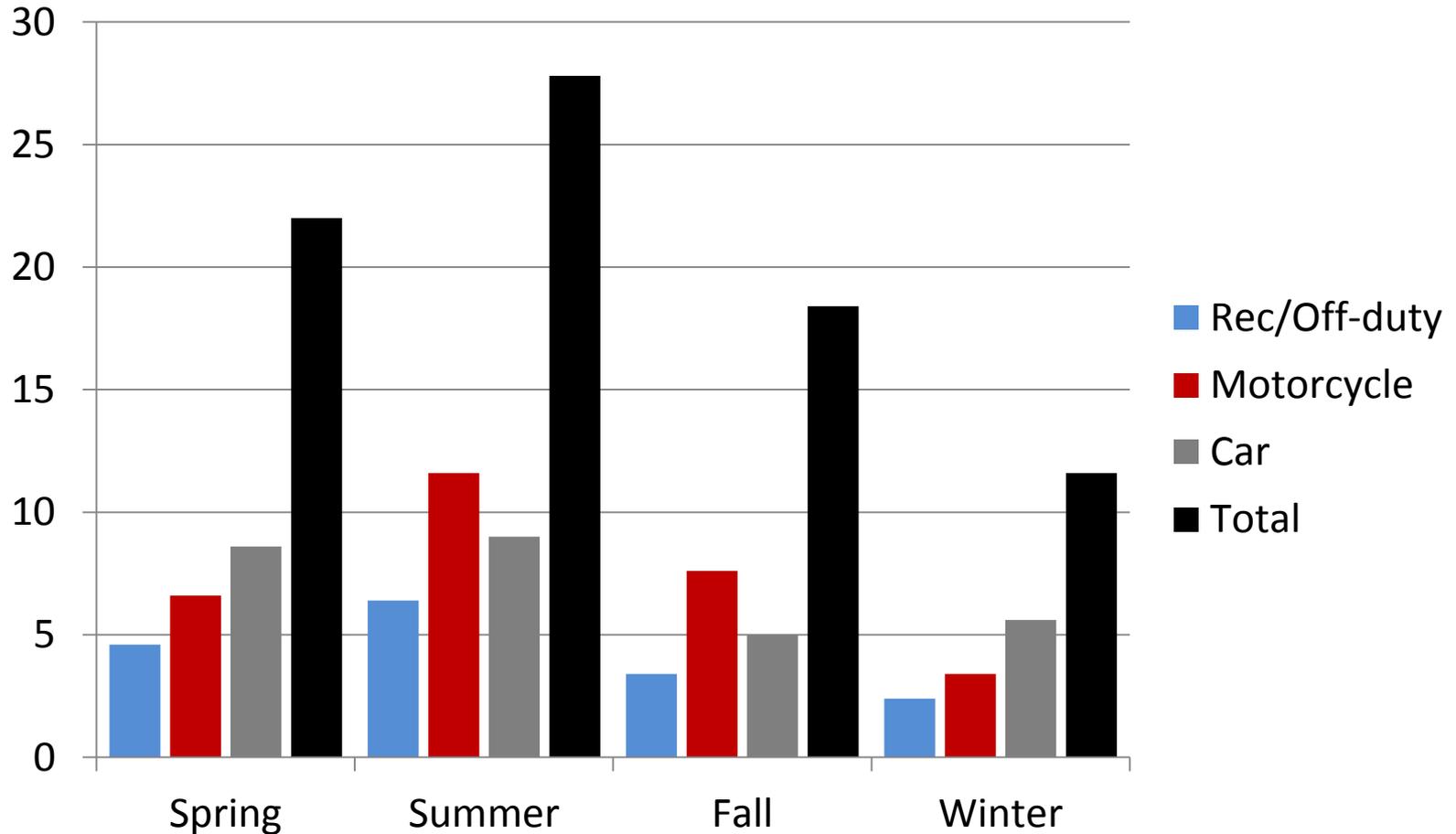
12 Marines lost
their lives



Impact: 26 trained and ready Sailors and Marines
are no longer with us.

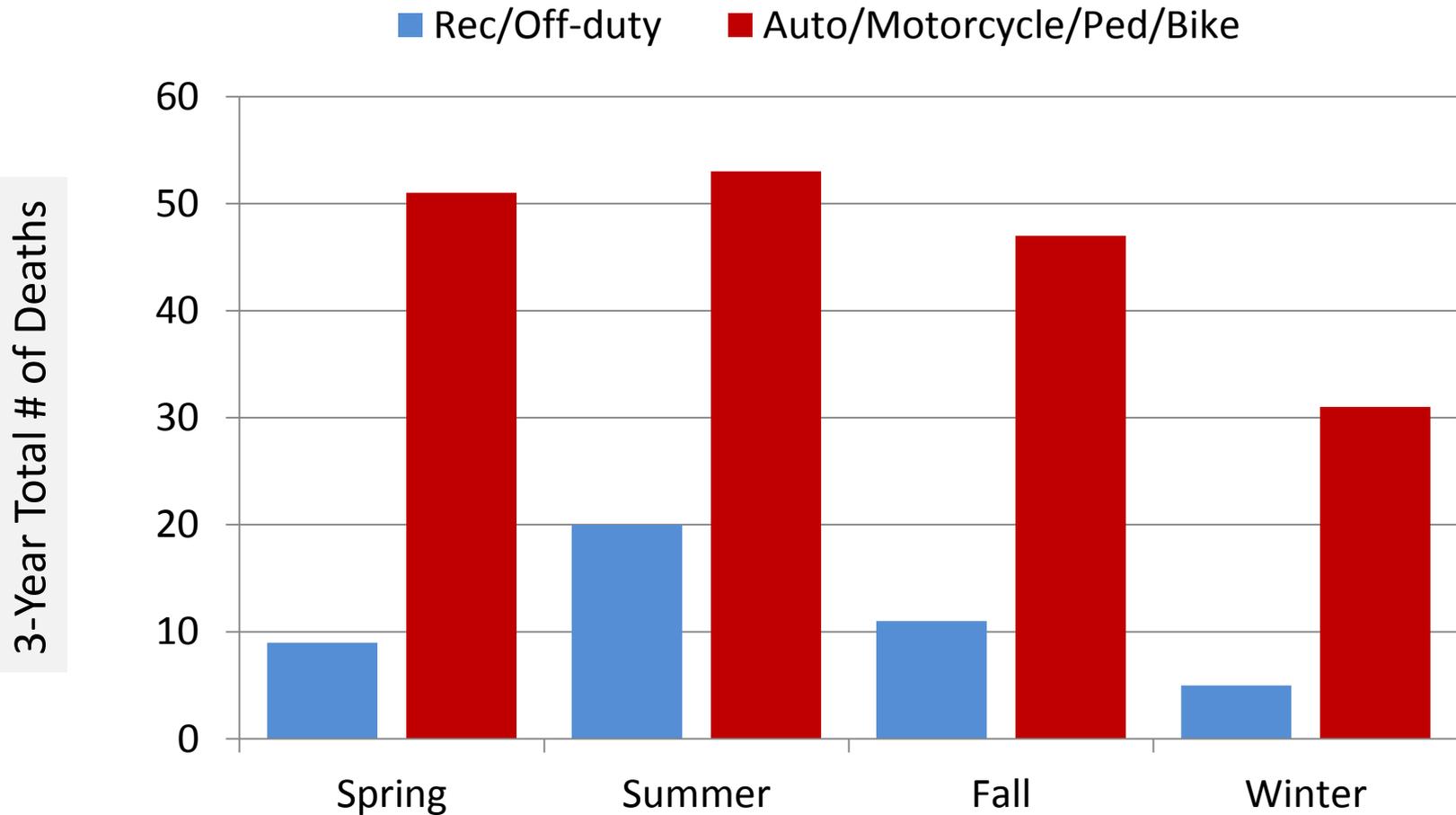
Is Summer More Dangerous?

5-Year Average # of Deaths



Data show average Off-Duty/Recreational Fatalities, FY11-15, for Navy and Marine Corps; total includes pedestrians

Summer Traffic Deaths Dominate



Data show types of Off-Duty/Recreational Fatalities, FY13-15, Navy and Marine Corps

Summer 2015 Overview

Traffic and Off-Duty/Recreation Mishaps

Total Traffic and Off-Duty/Recreation Fatalities

- 6% decrease from overall 5-year average (26 vs. 27.8).
- 24% increase from previous year (26 vs. 21).

Automobile Fatalities

- 56% decrease from 5-year average (4 vs 9).
- No change from previous year (4 vs. 4).

Motorcycle Fatalities

- 14% decrease from 5-year average (10 vs 11.6).
- 11% increase from previous year (10 vs. 9).

Pedestrian Fatalities

- 400% increase in pedestrian fatalities from both 5-year average (4 vs. 0.8)
- An increase of 4 from previous year (4 vs 0).

Off-Duty/Recreation Fatalities

- 25% increase from 5-year average (8 vs 6.4).
- No change from previous year (8 vs. 8).



Summer 2015 Fatalities

Traffic and Off-Duty/Recreation Mishaps

18 fatal traffic mishaps

- 10 were motorcycles

8 died during recreational activities

- 4 drowning's (hiking and swept off trail by wave, boating, swimming)
- 2 falls (balcony, barracks)
- 1 dune buggy wreck (2 fatalities)
- 1 alcohol



Motorcycle Fatality Trends

- 2 of 10 involved speeding
- 6 of 10 riders were at fault
- 6 of 10 lost control and were single-vehicle
- 4 of 10 below 26 years of age
- 8 of 10 during daylight hours



Defensive Riding

- More riders being hit by cars
- Not just visibility – traffic position and awareness are critical
- Riders must protect a clear path of travel
- Drivers must reduce in-vehicle distractions
- Drivers must be more aware of motorcycles, pedestrians and bicycles



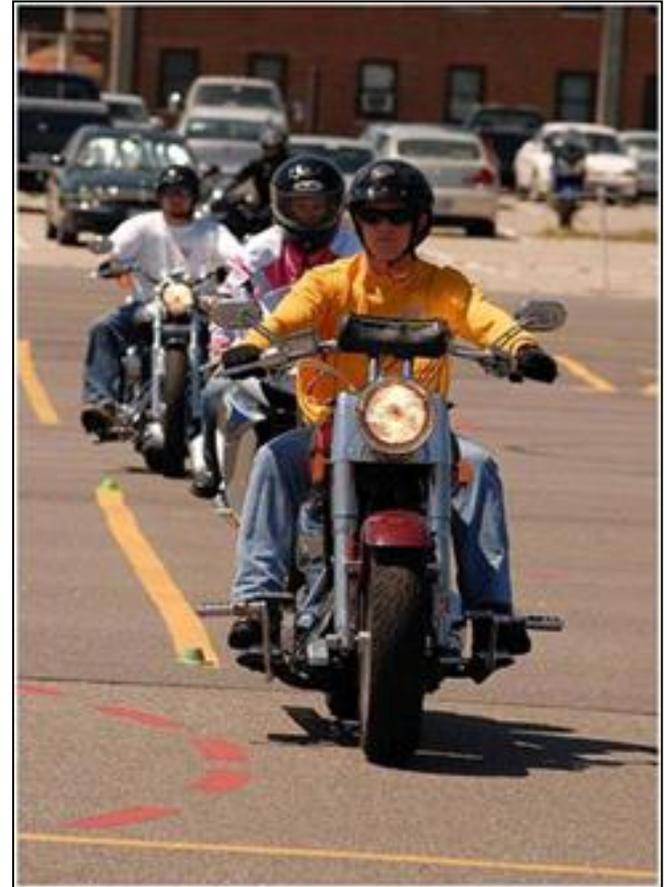
New Year, Same Rules



- All Sailors and Marines who ride must take the Basic Rider Course.
- All sportbike riders must take the Military Sportbike Rider Course 60 days after completing the BRC.

It Still Applies To You...

- All cruiser riders must take the Experienced Rider Course.
- Refresher training is required every three years.
- See your command Motorcycle Safety Representative to sign up for classes



Take a Few Moments...

- How has fatigue affected you on the road?
- How does taking short breaks fight fatigue?
- What is the craziest thing you've seen other drivers or motorcycle riders do? What did or could have gone wrong?



Fighting Fatigue

- ✓ Start every trip well-rested.
- ✓ Drive during daylight hours.
- ✓ Schedule breaks every two hours.
- ✓ Never drink and drive.
- ✓ Pull over if you get tired.



How Sailors and Marines Got Hurt

Top Five Injury-Producing Activities, Summer 2015



1. Basketball

2. Soccer



3. Baseball/Softball

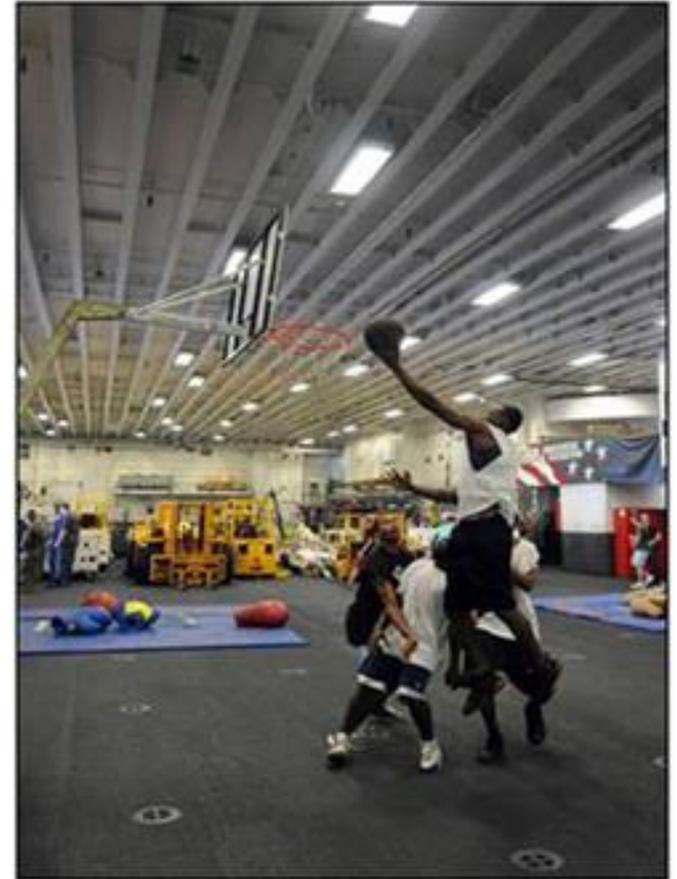
4. Weight Lifting

5. Bicycling



Summer Sports Safety

- ✓ Stretch prior to activity
- ✓ Stay hydrated
- ✓ Know your limits
- ✓ Wear proper gear and footwear



Message From an “Expert”



Manage those risks, and you'll have a fun
and safe summer!

Questions?



www.public.navy.mil/navsafecen