



NAVAL SUBMARINE BASE KINGS BAY

February 2015

Volume 2, Issue 2



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BLUF:
The Best of
The Month

NAVAL SUBMARINE BASE KINGS BAY

INSIDE THIS ISSUE:

Looking for something to do this February? You're not alone. Fortunately, there is so much to keep you busy in and around Naval Submarine Base Kings Bay. In fact, there is something for nearly everyone.

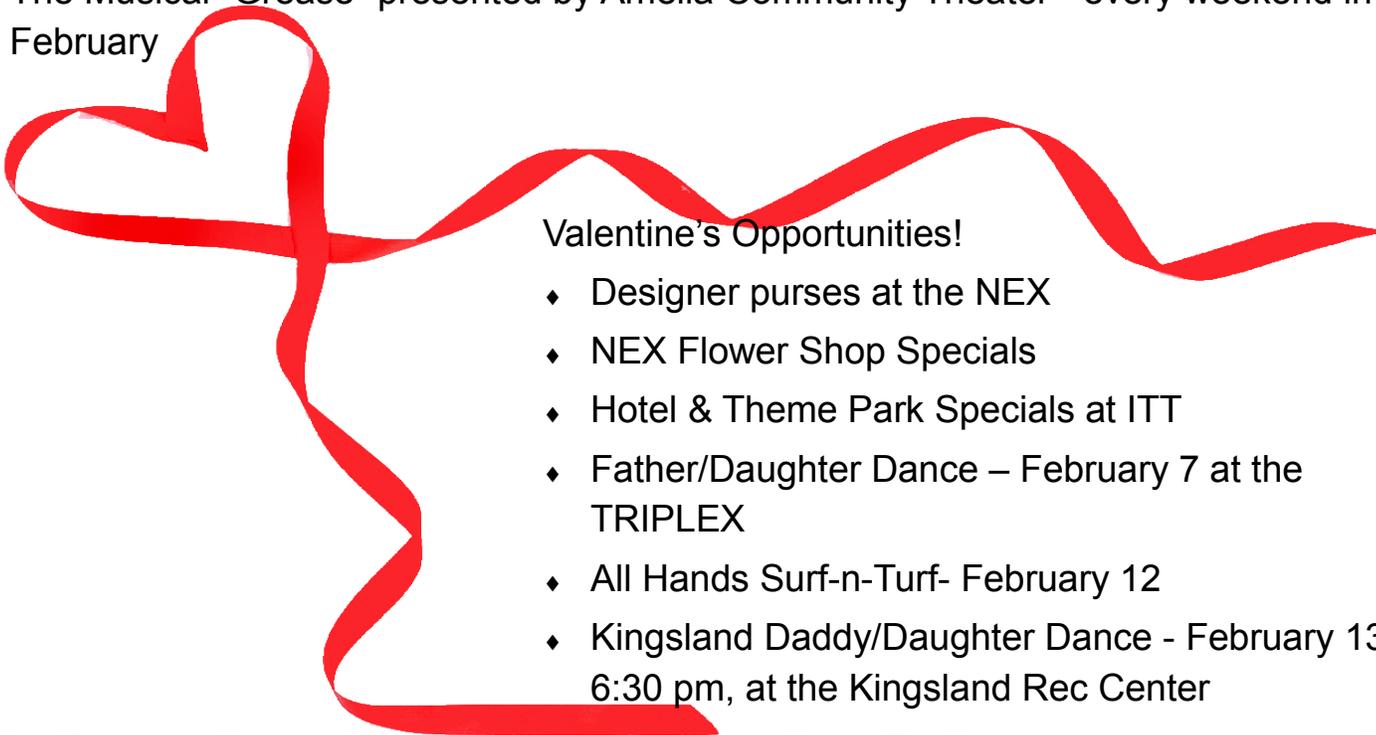
On base you'll find:

- ◇ Super Bowl at the TRIPLEX - February 1
- ◇ Two MWR Gold tournaments - February 4 and February 18 at 8:30 am at Trident Lakes Golf Course
- ◇ Ski trip to Gatlinburg - February 13-16, departing from the TRIPLEX (18 & older)
- ◇ Shrove Tuesday Pancake Supper - February 17 at 6 pm, at Chapel Fellowship Hall (FREE for everyone)
- ◇ Daytona 500 - February 22, tickets available at ITT

And so much more!

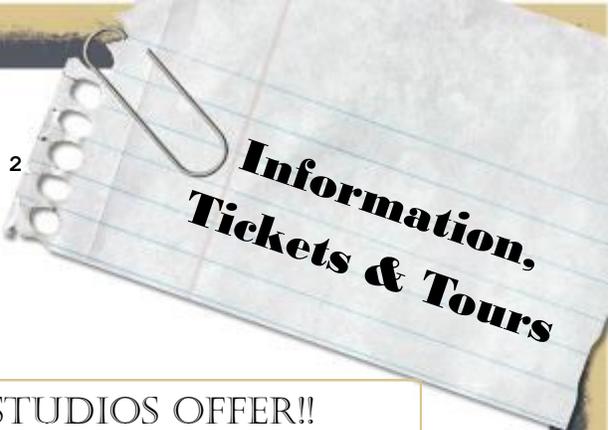
Outside the fence line there's:

- ◇ Jacksonville International Auto show - February 6-8
- ◇ St. Marys Formal Mardi Gras Ball - February 14 at 6:30 pm
- ◇ Jason Mraz - February 19 at 8 pm in Jacksonville
- ◇ St. Marys Little Theatre presents "As the Tree Falls" - February 27 & 28
- ◇ The Musical "Grease" presented by Amelia Community Theater - every weekend in February



Valentine's Opportunities!

- ◆ Designer purses at the NEX
- ◆ NEX Flower Shop Specials
- ◆ Hotel & Theme Park Specials at ITT
- ◆ Father/Daughter Dance – February 7 at the TRIPLEX
- ◆ All Hands Surf-n-Turf- February 12
- ◆ Kingsland Daddy/Daughter Dance - February 13 at 6:30 pm, at the Kingsland Rec Center



VACATION PLANNING, HOTELS AND TICKETS!

Hours of Operation:

Monday - Friday
10 am - 5 pm

Ticket prices are subject to change.

Phone:

912-573-1157

ITT SPECIAL UNIVERSAL STUDIOS OFFER!!

Pick up a special Military ticket exclusively for U.S. military members **only** available through ITT. It is not be available at the gate or online.

- ◇ 1-Day Park-to-Park Ticket with **2 Days Free** - \$136.50
- ◇ Purchase now through June 1, 2015 and completely use by June 20. No blackout dates apply!
- ◇ Open to Active Duty, Retirees, DoD (Foreign Affiliates and Contractors not eligible)
- ◇ Tickets will arrive UNACTIVATED - Tickets will be ACTIVATED at any Universal Pass Sales window with a valid ID.

ITT SPECIALS FOR HOTELS, CONDOS AND RESORTS

- ◇ Ramada Jacksonville/Baymeadows - 2 miles from Downtown Jacksonville
- ◇ Tampa Holiday Inn Express - 1 mile from Busch Gardens
- ◇ St. Augustine Quality Inn - 1 mile from the Historic District
- ◇ Cocoa Beach Comfort Inn & Suites - 1 block from Cocoa Beach
- ◇ Country Inn Cape Canaveral - 1 mile from Cocoa Beach
- ◇ Inn at Ellis Square - Bay Street in Savannah
- ◇ Best Western Orlando Gateway - 4 miles from Sea World
- ◇ Clarion Suites Maingate - 1.5 miles from Disney
- ◇ Comfort Inns & Suites Universal - 1 mile from Universal Studios

ITT TICKET SPECIALS (Adult / Child)

- ◇ Universal Orlando - 99.50 / 93.25
- ◇ Disney World 1, 3, 4, and 5-day Passes
- ◇ Wonder Works-Orlando - 21.50 / 17.50
- ◇ Legoland Florida - 48.25 / 44.00
- ◇ Sea World Orlando - 75.50
- ◇ Busch Gardens - Tampa - 75.50
- ◇ Florida Eco-Safaris - From 26.00
- ◇ Kennedy Space Center - 44.50 / 33.50
- ◇ Medieval Times Dinner Show - Orlando - 41.50 / 34.75
- ◇ Six Flags - Atlanta - 39.00
- ◇ Wild Adventures - Valdosta - 31.00

- ◇ Harlem Globetrotters **(2/27)** - 21.50
- ◇ Monster Jam **(2/21)** - 22.00 w/ **free** Pit Pass
- ◇ Daytona 500 **(2/22)** - From 62.00
- ◇ Disney Jr Live **(3/07)** - 16.00



DISNEY WORLD MILITARY PROMOTION

- | | |
|------------------------------|----------|
| 4-Day Park Hopper | \$173.25 |
| 4-Day Water Park & More | \$173.25 |
| 4-Day Park Hopper Fun & More | \$203.25 |

TRIPLEX Recreation Center

TRIPLEX LIBERTY AND RECREATION CENTER

Hours of Operation:

Monday -
Thursday
11 am - 11 pm
Friday
11 am -
midnight
Saturday
noon - midnight
Sunday
noon - 11 pm

Holiday Hours:

Noon - 8 pm

Phone:

912-573-4548

The TRIPLEX Liberty and Recreation Center is a consolidated multi-functioning complex open to all active duty military, reservists, DoD Civilians, retirees, family members and guests that are 18 years of age and older.

◇ Shoot a game of pool, watch your favorite movie or get your game on playing our interactive sports and amusements in this

many roomed recreation center.

◇ Centrally located snack bar with "Grab-N-Go."

◇ Billiard tables, a variety of sizes of HD TVs; including a 120" HD Projection system, Foosball, Air Hockey, Ping-Pong, Poker tables and Shuffle Board are offered for friendly competitions.

◇ For the movie buff, a 40-seat Home Theatre style Movie Center is an enjoyable option with over 700 first-run movie selections from Navy Motion Picture Service.

◇ Not to leave out the gamers, the latest in Playstations and X-Box games and systems are available to challenge

you. Individual computers with internet capabilities and printers are offered for your use.



FEBRUARY TRIPS

February 20

Movie & the Mall Trip
Depart TRIPLEX at 5 pm
\$5 for Active Duty

February 7

GTF Paintball
Depart the TRIPLEX at 9 am
\$5 for Active Duty

Don't miss out! February 13-16

Ski Trip to Gatlinburg

For details call 912-573-8972

Reserve your seat Today!





The OAC is home to all your outdoor needs. Whether you're looking for a kayaking trip or some gear to have your own adventure, the OAC's is where you need to go! We can also help you with equipment for that next special event you're hosting with tables, chairs, or inflatables for

birthday parties. We are co-located with Information, Tickets, and Travel (ITT).

Base permits for hunting and fishing are available here.

PICNIC AND PARKS

The OAC manages four picnic, park and camping areas, Etowah Park, Under

the Pines (with playground). Otter's Cove and Lakeview are located on Lake D adjacent to the Eagle Hammock RV Park. Most parks have picnic tables, grills, and three have playground equipment. Pavilions, volleyball courts, horse shoe pits and restroom facilities are also available.

Hours of Operation:
Monday-Friday
10 am - 5 pm

Phone:
912-573-8972

OUTDOOR ADVENTURE PROGRAMS /TRIPS	HUNTING OUTDOOR RENTAL EQUIPMENT	CAMPING GEAR AND PARTY RENTAL ITEMS	CHAIRS AND INFLATABLE FUN
<ul style="list-style-type: none"> ◇ Canoe and Kayak ◇ Snow Skiing ◇ Paintball ◇ Hiking ◇ Fishing 	<ul style="list-style-type: none"> ◇ Campers ◇ Canoes ◇ Boats ◇ Bicycles ◇ Kayaks 	<ul style="list-style-type: none"> ◇ Grills ◇ Canopies ◇ Tables ◇ Coolers 	<ul style="list-style-type: none"> ◇ Bounce Houses ◇ Obstacle Course ◇ Water Slides

February Fun with Morale, Welfare and Recreation

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Feb 9 - Sundae Spectacular (7 pm @ Eagle Hammock)</p> <p>Feb 23 - Sundae Spectacular (7 pm @ Eagle Hammock)</p>	<p>Feb 10 - 9-Ball Tournament (7 pm @TRIPLEX)</p> <p>Feb 24 - 8-Ball Tournament (7 pm @TRIPLEX)</p>	<p>The Gathering Cooking Classes (5 pm @ TRIPLEX)</p>	<p>Gamers Challenge (18 & Older) (11:30 am - 12:30 pm @ TRIPLEX)</p> <p>Feb 19 - Steak Night (Eagle Hammock)</p>	<p>Feb 6 - Wine & Cheese Night (Eagle Hammock)</p> <p>Feb 20 - Movie and the Mall trip (5 pm)</p>	<p>Feb 7 - GTF Paintball trip (9 am)</p> <p>Feb 14 - Outdoor Sweetheart Fire (Eagle Hammock)</p> <p>Feb 28 - Campout at Etowah Park</p>

Trident Lakes Golf Club

Hours of Operation:

Open 7 days a week, weekends and holidays
7 am - 6 pm

Phone:

912-573-8475

Trident Lakes Golf Club is an 18 hole course that will challenge golfers of all skill levels. The terrain is com-

prised of gently rolling fairways, bordered by dense trees for beautiful, shady scenery. Golfers can trav-

erse the course with ease in an electric rental cart, or work in some cardio by utilizing a pull cart.

RESERVATIONS

Tee time reservations are available every day. Tee times are every ten minutes and starter times every 60 minutes. Starter times will not be reserved in advance.

Reservations can be made online at myffr.navyaims.com

Tee time reservations may also be made in person or by calling 912-573-8476.

GREEN FEES WITH CART

	M-F/S&S	M-F/S&S
E5 & Below	\$18/\$20	\$10/\$11
E6 & Above	\$20/\$22	\$11/\$13
DoD	\$21/\$25	\$12/\$14
Civilians	\$22/\$26	\$13/\$15
Juniors	\$18	\$10

WALKING GREEN FEES

	M-F/S&S	M-F/S&S
E5 & Below	\$8/\$10	\$5/\$6
E6 & Above	\$10/\$12	\$6/\$7
DoD	\$12/\$14	\$7/\$8
Civilians	\$13/\$15	\$8/\$10
Juniors	\$6	\$3

DRIVING RANGE BALLS

	Single	Couple
Monthly Plan	\$40	\$50
Small Bucket	\$3	
Large Bucket	\$4	

Children play free every day after 12 pm with a paying parent!



MWR Golf tournaments

February 4 at 8:30 am
February 18 at 8:30 am



Save the date!

Trident Lakes Clinics for February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Men's Association		Women's Clinic (9 am and 4 pm)	<p>Feb 4 - MWR Shotgun (8:30)</p> <p>Feb 18 - MWR Shotgun (8:30)</p>	Men's Clinic (3 pm and 4 pm)		<p>Men's Association</p> <p>Children's Clinic (11 am and 12 pm)</p>

Golf clinics are only \$5 per person, per session



YOUTH SPORTS

Kings Bay Youth Sports program provides family members ages 4-15 a diversified, fun, quality, organized and recreational sports program.

This recreational program is designed to enhance social,

emotional and physical development of participants in a wholesome environment. The emphasis of the program is on sportsmanship and individual/team participation rather than winning and los-

ing, and to provide youth with caring positive role models through a trained volunteer staff.

Open to active duty military, reservists, retirees, DoD Civilians, and their family members.

Outreach

If you are interested in volunteering to become a youth coach, please call 912-573-8202.

FUN FOR THE YOUNG-UNS OUT IN THE NEIGHBORHOOD!



Founded in 1991, the Boomers Swim Club offers a year-round competitive swim program aimed at children and young adults between the ages of five and 18. The

Boomers will teach the value of individual merit, team spirit and provide a wholesome outlet for your energies.

The Boomers Swim Club offers training and practice groups for swimmers of all

ages and ability levels. It is the goal of the Boomers Swim Club to offer age-specific training for all of our athletes geared toward challenging and developing each individual to the best of THEIR abilities.

Opportunities for Children in February 2014

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Feb 17 - Board Game Night (@ Teen Center)</p> <p>Feb 24 - Give Parents a Break (6:30-10:30 @CYP)</p>		<p>Feb 5 - Give Parents a Break (6:30-10:30 @CYP)</p> <p>Feb 19 - Teen Dating Violence Awareness (@ Teen Center)</p>	<p>Feb 13 - Give Parents a Break (6:30-10:30 @CYP)</p> <p>Feb 27 - Teen Center Movie Night (@ Teen Center)</p>	<p>Feb 7 - Father/Daughter Dance (@TRIPLEX)</p> <p>Feb 21 - Give Parents a Break (8-noon @CYP)</p>

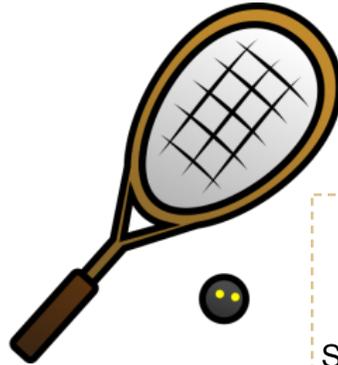
INTRAMURAL SPORTS

Amenities:

- ◇ Bod Pod
- ◇ Private Trainer
- ◇ Free-Weight, Fitness Circuit, and Family Fitness Rooms
- ◇ Cardio Theater and Spin Studio
- ◇ Racquetball & Tennis Courts
- ◇ Sauna
- ◇ Indoor & Outdoor Basketball Courts
- ◇ 25 Meter heated pool for lap and recreation swimming

Racquetball League

Starts: February 3
Registration: Now - January 28
Divisions: Open
Format: Singles
Active Duty Cost: \$10/Person



Golf League

Starts: February 18
Registration: Now - February 11
Mandatory Team Meeting: February 10 at 5 pm or February 11 at 7 pm
Divisions: Open
Format: Doubles
Active Duty Cost: \$10 per person, per night

ACTIVE DUTY SWIM LESSONS



Swim lessons are being offered for military members with limited swimming experience. Students will learn controlled breathing and basic strokes. New 4-week sessions begin each month. If you are interested sign up at the gym.

OUTSIDE THE FENCE



The Camden Cycling Club members participate in cycling, running and swimming and are actively seeking to promote these aerobic sports through the promotion of safe events, dissemination of safe and proven techniques and providing a social climate amongst fellow athletes.

When was the last time you had a great time with people who had the same interests as you do? Whatever your personal goals are, being part of a group that knows the benefits of the sport and can show you the proven way to make the sport fun will encourage you to return and attain your goal.

To find out how to become a member, check out the Camden Cycling Club website at www.camdencyclingclub.com.



TRAIL RUN AT ETOWAH PARK

Join Navy Adventures Unleashed for a challenging run through Etowah Park February 4. The run starts bright and early at 7:30 am!

**Fitness Center
Classes**



CUPID'S COUPLES CHALLENGE

February 12, 11 am - 1 pm & 3 - 6 pm
Partners complete a series of exercise that will challenge your physical and collaborative skills as a couple. The winning couple will receive a gift certificate for a Dinner for Two!

Hours of Operation:

Monday-Friday
5 am - 10 pm
Saturday
9 am - 7 pm
Sunday and
Holidays
noon - 6 pm

Lap Swimming

Monday - Friday
5:30 - 8:30 am &
11 am - 1 pm

Phone:

912-573-3990
912-573-3001
(Pool)

SPINNING TO THE OLDIES

Classes held every last Wednesday (11:30 am - 12:15 pm) and last Thursday (5 - 6 pm).

Bring out the big hair and knee-high socks as you spin into the past. Dress in attire inspired by past decades. A prize is awarded for the best costume in each class.



SUBASE invites all active duty members to participate in their fitness enhancement program! SUBASE FEP conducts two PT sessions each workday, at 5:30 am and at 2:30 pm. This program includes creating exercise goals, nutrition goals and progress monitoring, helping to make each Sailor successful. If you are interested in participating, contact CSC Sanchez at rolando.sanchez1@navy.mil.

*Improve your
PRT score!*

Fitness Center Classes for February 2014

Monday	Tuesday	Wednesday	Thursday	Friday
Mommy and Me (9-9:45)	PiYo (9-9:45)	Mommy and Me (9-9:45)	Yoga Flow (9-9:45)	Open Spin (11-1)
Spin (11:30-12:15)	Core Assault (11:30-12:15)	Spin (11:30-12:15)	Core Assault (11:30-12:15)	Open Spin (4-5)
TRX (11:30-12:15)	Kids in Motion (4:30-5)	NOFFS Regeneration (11:30-12:15)	TRX (3-5)	
Shake and Sweat (5-6)	Spin (5-6)	Shake and Sweat (5-6)	Spin (5-6)	
	Freestyle Kickboxing (7:15-8:15)	Body Sculpt (7:15-8:15)	Insanity (6-6:45)	
			Freestyle Kickboxing (7:15-8:15)	

*Free classes for
AD & families*

KB FINNEGAN'S IRISH PUB

Hours of Operation:

Monday,
Wednesday &
Thursday
3:30 - 10 pm
Tuesday
4:30 - 10 pm
Friday
3:30 - 11 pm
Saturday
4:30 - 11 pm

Phone:

912-573-9429

KB Finnegan's is the first Irish Pub in the Navy. It's Irish authenticity is unique in itself. Stop by for a cold pint of Ireland's fa-

mous Guinness ale or choose from several other varieties on draught!

Also, Super Bowl Sunday is almost

here! Make sure you stop in from TIME so you don't miss a minute of the action!



KB Finnegan's wants you ... for some extreme Karaoke! Come be a star or watch others give it their all February 12 at 6 pm!

O'BRIEN'S BUNKER RESTAURANT

Hours of Operation:

Monday -
Friday
10:30 am -
1:30 pm

Phone:

912-573-0008

O'Brien's Bunker Restaurant has indoor and outdoor seating with scenic views of Trident Lakes Golf Course; serving American cuisine.

O'Brien's Bunker also provides catering services for events, and has a take-out option.

Voted Best New Restaurant!

Ideal location for Chief / Division / Wardroom luncheons!

DOMINO'S PIZZA

Co-located within the Rack-N-Roll Lanes Entertainment Center, Domino's Pizza provides a wide variety of menu items for your enjoyment. **Delivery service is also available and they are open late!**

Hours of Operation:

Monday - Thursday
10 am - midnight
Friday - Saturday
10 am - 1 am
Sunday
10 am - midnight

Phone:

912-510-5400



Rack-n-Roll Lanes

Hours of Operation:

Monday, Tuesday, Thursday
5 - 9 pm
Wednesday
11 am - 9 pm
Friday
5 - 11 pm
Saturday 11 am - 11 pm
Sunday & holidays
1 - 8 pm

Phone:

912-573-9492

Our 14 lane facility transcends the bowling alleys of yesteryear, and uses state-of-the-art technology. An 80-foot video wall and a sound system brings energy

to bowling entertainment.

Our lanes are equipped with the latest in automated scoring systems and optional bumpers.

Amenities:

- ◇ Pro Shop
- ◇ Redemption Game Room
- ◇ Party Room
- ◇ Fast Action Bingo
- ◇ 7 Projector Screens
- ◇ Domino's Pizza
- ◇ K.B. Finnegan's Irish Pub
- ◇ Free WiFi

Events:

- ◇ Themed Events
- ◇ Birthday Parties
- ◇ Group Functions

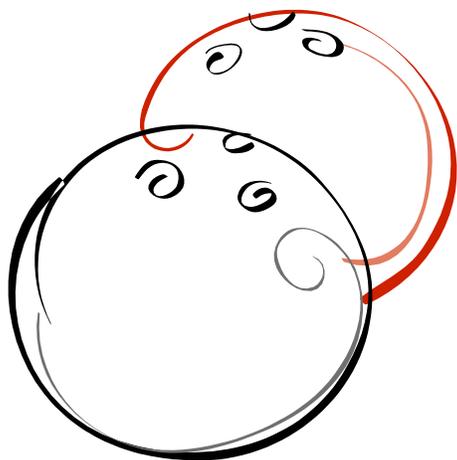
FAMILY NIGHT

Come out for Family Night every Thursday!

For \$30, each family gets:

- ◇ one lane for 1 1/2 hours of unlimited bowling
- ◇ bowling shoes
- ◇ 1 large one-topping pizza
- ◇ 25 tokens for the game room!

Good for up to six people!



Rack-N-Roll Lanes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mixed League (6:30)	Feb 17 - Bowling with Liberty	Free Bowling for Active Duty (11 - 1)	Men's League (6:30)	X-Treme Bowling \$2.75 per game (5-11)	Youth League (9 am)
Feb 16 - Presidents' Day Bowling Special (1-5 pm)		Mixed League (6:30)	Family Night \$30 (5-9:30)	Feb 6 - Bowling & a Movie (5 pm & 7:15 pm)	X-Treme Bowling \$2.75 per game (5-11)
					Feb 14 - Valentine's Scotch Doubles (7 pm)

Fleet & Family Support Center

Hours of Operation:

Monday -
 Wednesday &
 Friday
 8 am - 4:30 pm
 Thursday
 9 am - 4:30 pm

Phone:

912-573-4512

Fleet and Family Support Programs support individual and family readiness through a full array of programs and resources which help Navy families to be resilient, well-informed and adaptable to the Navy environment.

Programs include:

- ◊ Deployment and Ombudsman Support for Sailors and their families
- ◊ Personal and Family Wellness Education and Counseling
- ◊ Emergency Preparedness and Response
- ◊ Crisis Intervention and Response

- ◊ Military and Personal Career Development
- ◊ Financial Education and Counseling
- ◊ Relocation Assistance
- ◊ Transition Assistance
- ◊ Spouse Employment

FFSC Events for February

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Feb 2 - Parenting (9-11:30)</p> <p>Feb 9 - Parenting (9-11:30)</p> <p>Feb 23 - Parenting (9-11:30)</p>	<p>Feb 3 - New Parent Support Grp (10-12)</p> <p>FRG Advanced Training (5-7)</p> <p>Feb 10 - New Parent Support Grp (10-12)</p> <p>Feb 17 - Transition GPS Capstone Event (8-10)</p> <p>New Parent Support Grp (10-12)</p> <p>Feb 24 - New Parent Support Grp (10-12)</p> <p>Building Blocks for Wealth (2-4)</p>	<p>Feb 4 - Technical/Engineering Job Fair (10-2)</p> <p>Pre-Marital Workshop (1-4)</p> <p>Feb 11 - Spouse 101 (9-2)</p> <p>Feb 18 - Smooth Move Workshop (10-12)</p> <p>Resume Workshop (10-12)</p> <p>Feb 25 - Anger Mgmt (8:30-12)</p>	<p>Feb 5 - Ready Navy 101 (2-3)</p> <p>Feb 12 - Expectant Family Workshop (1-4)</p> <p>Feb 19 - Stress Management Class (1-4)</p> <p>Feb 26 - 10 Steps to a Federal Job Class (9:30-12:30)</p>	<p>Feb 13 - Couples Connection Marriage Enrichment Class (8-4)</p>
<p>Feb 2-6 Transition GPS (7:30-4)</p>				
<p>Feb 9-13 Command Financial Specialist Training (8-4)</p>				
<p>Feb 23-27 Initial SAPR Advocate Training (8-4)</p>				



THINKING OF STARTING COLLEGE?

The base and DoD has partnered many schools and programs that can provide on-base classes as well as distance learning schools with hundreds of degree programs available.

Drop by or call the Navy College Office to learn more and how to shop for and find the school to get a high quality degree in the shortest time and for the least amount of money.

College Counseling Class/ Education Indoc

This required course is held every Tuesday, Wednesday and Thursday, from 2-3 pm. Learn about:

- ◇ The process to find, register, fund and start college,

- Vo-Tech, or certification
- ◇ How to identify your career needs (even if you're not sure what those are yet)
- ◇ How to identify what degree(s) will help you most
- ◇ How to shop for schools.

- ◇ Study habits, time management, maximizing military-to-college credit
- ◇ AA vs AS, associate vs bachelor's degrees, regional vs national accreditation
- ◇ How to reduce total classes needed, get extra money, etc.

Hours of Operation:

Monday -
Friday
8 am - 3:30 pm

Phone:

912-573-4527



ARE YOU READY **PO1 Exam: March 5**
 FOR YOUR **PO2 Exam: March 12**
 ADVANCEMENT **PO3 Exam: March 19**
 EXAM?

Save the date!



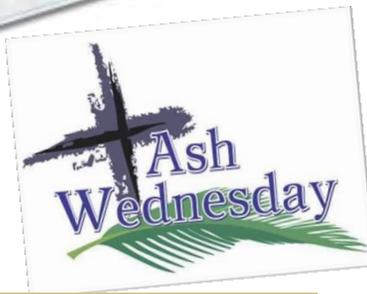
CAMPUS RESOURCE CENTER

In addition to counseling, funding, etc. the Navy College Program in conjunction with the base provides a campus resource center where classes are given and provides evening hours for anyone to use. It is a quiet place to study, bring your own computer to work on homework, prepare for military promotion individually or with your friends as a study group, etc.

It's located between the TRIPLEX and the Chapel and open every night after normal work hours until after night classes are over.

The Navy College offers either the SAT and the ACT for active duty military members once each month. **Tests are held the first Tuesday of each month.** Call or come by the Navy College Office to register!

Religious Ministries



Worship Service Hours

Protestant Worship:
Sunday - 10:30 am

Catholic Mass:
Monday, Wednesday-Friday -
11:15 am

Adoration following Wednesday
Mass until 8 pm

Confession:
Saturday - 4:30 pm
Mass:
Saturday - 5 pm

Confession:
Sunday - 8:30 am
Mass:
Sunday - 9 am

Confessions also by
appointment

Chapel Office Hours:

Monday - Friday
8 am - 4 pm

Phone:
912-573-4501

FEBRUARY LENT SCHEDULE

Feb 17 - Shrove Tuesday Pancake Supper (FREE for everyone) Held at Chapel Fellowship Hall - 6 pm

Feb 18 - Lent begins
Ash Wednesday Catholic Mass - 6 pm
Protestant Imposition of ashes available at Chapel -
8 am - 4 pm

1st Sunday of Lent
Feb 21, Catholic Mass - 5 pm
Feb 22, Catholic Mass - 9 am.
Protestant Worship Service - 10:30 am

2nd Sunday of Lent:
Feb 28, Catholic Mass - 5 pm
Mar 1, Catholic Mass - 9 am.
Protestant Worship Service - 10:30 am

PERSONAL RESILIENCY RETREAT

March 6-8, 2015

Over the course of the retreat attendees gain a greater knowledge of self and understanding of personal values. The weekend will increase the capacity to handle stress effectively while maintaining a sense of direction, personal strength, and inner peace.

To register call the chapel office or email the CREDO facilitator Aaron Jefferson at aaron.jefferson1@navy.mil

MARRIAGE ENRICHMENT RETREAT

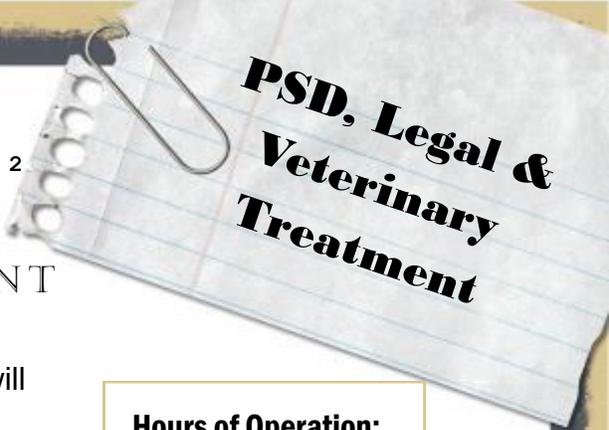
February 20-22, 2015

Join us on St. Simon's Island!

Relax, enjoy good food and discover new ways to communicate!

All expenses are covered except for participant's travel to and from retreat site. To register come by the Base Chapel or call 904-542-3923 for more information.

There is only room for 15 couples, so call today!



PSD, Legal & Veterinary Treatment

PERSONNEL SUPPORT DETACHMENT

DEERS / RAPIDS:

It is important to update your Defense Enrollment Eligibility Reporting System (DEERS) record to show any changes of address, family status such as marriage, divorce, birth or adoption. To update your address in DEERS, visit PSD.

CAC / ID CARDS:

Common Access Card (CAC) / Military Identification (ID) cards are required for access to military installations and facilities to include commissaries, exchanges, medical and dental facilities, etc. ID CAC/ID Cards are issued Monday – Friday, from 7:30 am – 4 pm. **On**

February 21, CAC/ID Cards will be issued on a walk-in service bases from 9 am – 1 pm.

SERVICE MEMBERS' PAGE 2:

The Page 2 should be updated whenever there is a change in family member status, i.e. a new child, change of address, divorce, etc.

Hours of Operation:
Monday-Friday
7:30 am - 4 pm

Phone:
912-573-3988

ID Card Issuing:
912-573-8259



KINGS BAY NAVY LEGAL OFFICE

Hours of Operation:

Monday - Friday
8 am - 4 pm

Phone:

912-573-3935

The Navy Legal Office provides high-quality legal services to commands and authorized personnel including Sailors and their families.

Legal assistance offered can include ad-

vice on topics such as:

- ◇ Family law
- ◇ Foreclosure advice and counseling
- ◇ Immigration
- ◇ Notary services
- ◇ Powers of attorney

- ◇ Landlord/tenant matters
 - ◇ Small claims court matters
 - ◇ Wills/estate planning.
- Pre-deployment services are given priority.

KINGS BAY VETERINARY TREATMENT FACILITY

Then the Army-run veterinary clinic on board SUBASE treats the pets of military members and their families.

COMMON SERVICES

⇒ Annual wellness exams for dogs and cats

⇒ Puppy and kitten wellness series exams

⇒ Health certificates for interstate and international travel

⇒ Sick-call exams (we will see pets same day whenever possible)

⇒ Vaccines

⇒ Additional services available as needed.

Please note that surgical procedures varies with Army regulation and is subject to change. Contact the veterinary clinic for further information.

Hours of Operation:
Monday - Friday
9 am - 4 pm

Phone:
912-573-0755

**Pirate's Cove
Galley
All Hands Meal**

VALENTINE'S DAY MEAL
FEBRUARY 12

Meal Hours:

February 12
11 am -
12:45 pm

Price:

\$5.55

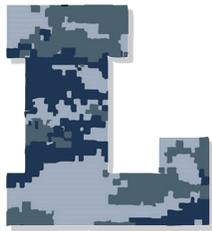
Phone:

912-573-9639

Main Menu

Walkabout Soup
Cheesy Biscuits
Grilled Steak
Stuffed Lobster Tail
Baked Potatoes
Rice Pilaf
Glazed Baby Carrots
Green Bean Almandine

**All Active
Duty,
Retired,
Reserve,
Family
Members
and Civilians
are invited
to attend
this meal.**



Speed Line Menu

Monte Christo
Crab Cake Sandwich
French Fries

Dessert Menu

Red Velvet Cake
Cheese Cake
Heart-Shaped Cookies

If you're not eating at the Pirate's Cove Galley throughout the month, you're missing out! Each and every month you'll find:

- ◇ An endless salad bar with assorted toppings and dressings
- ◇ A deli bar with assorted meats and toppings, and even a "Sandwich Artist" who will stop by to make your sandwich just how you like it
- ◇ On Sundays, enjoy a baked potato bar with all the fixin's
- ◇ For those who are careful about what they eat and drink, there is Vitamin Water as a healthy alternative to sugary drinks





KINGS BAY NAVY EXCHANGE

The Navy Exchange provides its customer in the US Navy, Navy Reserve, family members, retirees, and more, many quality goods and services.

◇ FLOWER SHOP VALENTINE'S DAY SPECIALS

- ⇒ FTD Grab & Go Roses: \$17.99
- ⇒ Sweetheart Arrangement: \$44.99
- ⇒ Candy Hearts Arrangement: \$34.99
- ⇒ One Kiss Arrangement: \$49.99
- ⇒ Dozen Roses: \$69.99



◇ NEW VAN GUARD KIOSK

The NEX Uniform Shop has installed a Van Guard Kiosk. This kiosk allows patrons to easily order ribbons and/or metals. Patrons may pay for their ribbons and/or metals directly at the kiosk. Also, they have the ability to ship the items directly to their residence. The kiosk is near the check-out counter at the Uniform Shop.

◇ MINI MART GAS STATION

The "Fuel Call" services were installed at the Mini Mart Gas Station. This service helps assist customers by allowing them to press a button while fueling to let a Navy Exchange associate know they are in need of assistance.

Hours of Operation:

Monday - Friday
9 am - 6 pm
Saturday -
Sunday
9 am - 5 pm

Fuel Call Hours:

Monday - Friday
9 am - 6 pm
Saturday - Sunday
10 am - 4 pm

Phone:

912-882-6098

KINGS BAY COMMISSARY

The Kings Bay Commissary provides groceries to military personnel, retirees and their families in a safe and secure shopping environment. A core military family support element, and a valued part of military pay and benefits, com-

missaries contribute to family readiness, enhance the quality of life for America's military and their families, as well as help recruit and retain the best and brightest men and women to serve their country.

STORE SERVICES

- ◇ Bakery
- ◇ Custom Photo Cakes
- ◇ Deli
- ◇ Fresh Sandwiches to go
- ◇ Plants
- ◇ Rotisserie Chicken

Hours of Operation:

Sun: 10 am - 5 pm
Mon: CLOSED
Tue: 9 am - 6 pm
Wed: 9 am - 6 pm
Thu: 9 am - 7 pm
Fri: 9 am - 6 pm
Sat: 9 am - 5 pm

Phone:

912-573-3313

Navy-Marine Corps Relief & Dolphin Store

NAVY-MARINE CORPS RELIEF SOCIETY

The Navy-Marine Corps Relief Society provides financial assistance and education, as well as other programs and services, to members of the Navy and Marine Corps, their eligible family members, widows, and survivors.

Our main goal is to help each person who comes to us get support for their immediate needs. Our long-term mission is to help Sailors and Marines become financially self-sufficient by learning how to better manage their personal finances and

prepare for un-planned expenses.

UNIFORM LOCKER

The Uniform Locker is a great place to get temporary or permanent items if you've just moved, or if you're replacing items lost in a fire or natural disaster.

Hours of Operation:

Monday - Friday
9 am - 3 pm

Uniform Locker Hours of Operation:

Monday - Friday
8:15 am - 4:15 pm

Phone:

912-573-3928

Services:

- ◇ Financial Assistance and Counseling
- ◇ Quick Assist Loan
- ◇ Budget for Baby
- ◇ Emergency Travel
- ◇ Disaster Relief



THE DOLPHIN STORE

Outreach

The Dolphin Store Kings Bay is a Non-Profit store and 100% of the proceeds are donated to The Dolphin Scholarship Foundation (DSF). We are located at the campus resource center.

The Dolphin Store offers gift and souvenir items that can be hard to find elsewhere. The Store's merchandise includes: Navy and submarine-related items, clothing, jewelry, home decor, household items, gift ware, baby items, toys, and so much more. Most items have submarine or

Navy insignias, and some of the items can be personalized and/or custom designed.

The Dolphin Store is managed and staffed by volunteers. We are always looking for volunteers to work in the store, at special events and just donate their talents!

The store is available for FRG meetings, Meet & Greets, and other special functions. We ask that groups give us a minimum of two weeks' notice so we can find volunteers and accommodate the request.

Hours of Operation:

Monday,
Tuesday,
Thursday &
Friday
11 am - 1 pm

Wednesday
noon - 2 pm

Phone:

912-573-6102

Around the Neighborhood



ST. MARYS

Marine Mammals Talk and Activities Event February 4

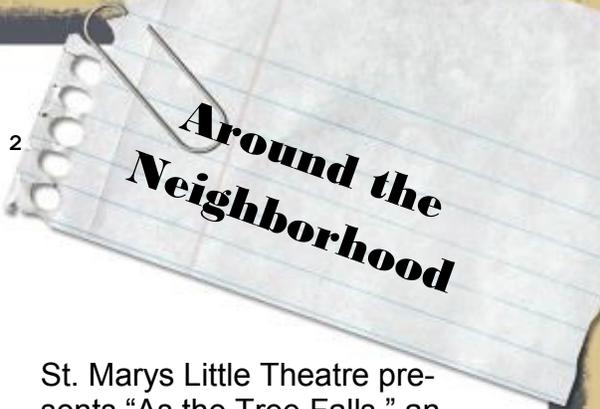
Join us on the first Wednesday of the month. Each month we will focus, discover, and enjoy a different nature related topic with hands on activities. Pre-registration required. This month topic is the wondrous world of Marine Mammals. For more information call 912-882-5256.

21st Annual St. Marys Mardi Gras Festival February 14

The Mardi Gras Festival will follow a "Love Stories" theme that will enhance the parade floats and costumes which are the highlight of the day. The festival features all family friendly activities and includes the parade and over one hundred vendors offering arts, crafts, food and activities. The center stage will be active with

Camden County Events for February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Feb 15 - Wild West Steam Express Train Ride Feb 22 - Wild West Steam Express Train Ride	Feb 16 - Forest Fantasy Nature Camp		Feb 4 - Marine Mammals Talk and Activities Event	Feb 26 - An Evening of One Act Plays	Feb 27 - "As the Tree Falls" An Evening of One Act Plays	Feb 14 - 21st Annual St. Marys Mardi Gras Festival St. Marys Formal Mardi Gras Ball Wild West Steam Express Train Ride Feb 21 - Wild West Steam Express Train Ride Feb 28 - "As the Tree Falls"



Around the Neighborhood

entertainment throughout the afternoon and the St. Marys Waterfront Park will host the Great Camden County Chili Cook-Off benefit and the costumed pet-parade benefit.

St. Marys Formal Mardi Gras Ball February 14

Mardi Gras would not be complete without a formal ball and the traditional announcement of the new 2015 King and Queen. This Monarch of Meriment and Queen of the Carnival will hold court by representing the St. Marys Mardi Gras Festival at various area events and functions over the coming year. The privilege of being selected as royalty occurs by being the person who finds the trinkets in their desert. The ball will be held at Chaser's at J's British Pub and prizes will be awarded for various costume categories.

Wild West Steam Express Train Ride

February 14, 15, 21 & 22

During the Mardi Gras celebration you can also ride the rails on the "Wild West Steam Express." This frontier experience will feature an authentic steam locomotive that will pull you into an unforgettable Wild West adventure complete with a shoot-out showdown. The train will depart from the Theatre, by the Trax, at noon, 2 pm and 4 pm. Tickets must be

purchased in advance.

Georgia Radio Museum Special Exhibit on "Tedi" Thurman

7 days per week

Come learn about the amazing career of Dorothy Ruth Thurman! Born in Midville, Georgia, she ultimately changed the face ... or voice ... of broadcasting when she began providing weather forecasts for cities in a way that they'd never been given before -- in an alluring voice with lush music playing in the background. Tedi is a 2014 Legacy Inductee in The Georgia Radio Hall of Fame and is featured in the Special Exhibit at the Georgia Radio Museum .

Forest Fantasy Nature Camp

February 16

School's out and parents are invited to send their 1st - 8th graders to half-day nature camp. Children will discover the myths and legends of magic in the forest. Let their imagination soar as we build fairy houses, play magical games, and create mystical crafts. Bring snacks and drinks. Limited space, pre-register required. For more information call 912-882-5256.

"As the Tree Falls" February 27 & 28

St. Marys Little Theatre presents "As the Tree Falls," an original musical written by St. Marys resident Gaila Brandon. The musical depicts the role of slaves during the War of 1812 and the British occupation of Cumberland Island. For more information call: 912-552-5559.

KINGSLAND

An Evening of One Act Plays

February 26 & 27

The Camden County High School's Advance Drama Class brings you pieces from popular and classic works chosen and led by student directors. For more information and ticket prices call 912-729-7463.

WOODBINE

The Woodbine Opry Every Friday & Saturday in February

The Woodbine Opry is the home of bluegrass, gospel, and classic country music provided on a weekly basis. This is where the Grand Old Opry meets Hee Haw! Friday evenings are filled with old-timey bluegrass and gospel songs while Saturday's program is amplified country. No matter which you prefer, an evening of fun and entertainment can be found at The Woodbine Opry.

Around the Neighborhood

JACKSONVILLE

The Book of Mormon

February 3-8

From the creators of *South Park*, it's the Tony Award winning musical, *The Book of Mormon*. For more information, or to get tickets, visit www.BookofMormonTheMusical.com

Jacksonville International Auto Show

February 6-8

It's the perfect place to browse hundreds of the year's new vehicles. Located at the



Prime F. Osborn III Convention Center, it's the premier showcase of the newest model year import and domestic vehicles. Come sit in the cars, pop the hoods, inspect the trunks, kick the tires. The Jacksonville International Auto Show is great entertainment for serious shoppers, auto buffs and the entire family! Tickets are available at www.jaxautoshow.com

Road to Wrestlemania

February 7
See all of your favorite WWE SUPERSTARS when WWE Live returns to the Jacksonville Veterans Memorial Arena! VIP Meet & Greet packages are available for purchase.

These include ringside seats and exclusive WWE merchandise. Get tickets at Ticketmaster.com.

Jerry Seinfeld

February 13
America's premier comedian, Jerry Seinfeld, will be performing his signature stand-up routine at the Times-Union Center Moran Theater. He has been hailed for his uncanny ability to joke about the little things in life that relate to audiences everywhere. Get tickets at Ticketmaster.com.

Harry Connick Jr.

February 15
Harry Connick Jr. exemplifies excellence in every aspect of

Jacksonville/Fernandina Events for February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Feb 8 - The Book of Mormon		Feb 3 - The Book of Mormon	Feb 4 - The Book of Mormon	Feb 5 - The Book of Mormon	Feb 6 - The Book of Mormon	Feb 7 - The Book of Mormon
Jacksonville International Auto Show				Feb 12 - Grease	Jacksonville International Auto Show	Jacksonville International Auto Show
Feb 15 - Harry Connick Jr.				Feb 19 - Jason Mraz	Feb 13 - Jerry Seinfeld	Road to Wrestlemania
					Grease	Feb 14 - Grease
					Feb 27 - Harlem Globetrotters	Big band Bash Benefit Gala
						Feb 21 - Monster Jam



Around the Neighborhood

the entertainment world. To date, he has released 29 albums, won three Grammy Awards and two Emmy Awards, and serves as a judge on American Idol. Get tickets at Ticketmaster.com.

Jason Mraz February 19

Come see Atlantic recording artist Jason Mraz, the multi-Grammy award-winning singer/songwriter celebrate his fifth studio album. Get tickets at Ticketmaster.com

Monster Jam February 21

Approximately 12 feet tall and about 12 feet wide, Monster Jam monster trucks are custom-designed machines that are built for short, high-powered bursts of speed... up to 100 miles per hour. Come check out these trucks as they fly up to 125 to 130 feet, and up to 35 feet in the air. For more information visit monsterjam.com ... but get your tickets at ITT!!

Harlem Globetrotters February 27

The iconic Harlem Globetrotters are coming to town with their unrivaled family show, featuring some of the greatest athletes on the planet. With incredible ball handling wizardry, amazing rim-rattling dunks and trick shots, side-splitting comedy and unequalled on-court fan interaction, this must-see event is

guaranteed to entertain the whole family! Get your tickets at ITT.

ON THE HORIZON:

Disney Live! Mickey's Magic Show March 7

Mickey, Minnie and a host of Disney friends come together with world-class magicians to perform magic from legendary Disney films right before your eyes. See the Fairy Godmother transform Cinderella's rags into a beautiful ball gown in a split second; the spectacular levitation of Aladdin's Princess Jasmine; and the enchanted dancing brooms of Fantasia. Join Donald and Goofy, and many more for a one-of-a-kind stage show you'll never forget. Get your tickets at ITT.

PBR BlueDEF Velocity Tour March 7

For one night only, the best up and coming bull riders in the world will face foes nearly 10 times their weight during the most thrilling 8 seconds in sports. Each rider will face one bull in Round 1 and then the Top 10 scoring riders of the night will come back for one more ride in the championship round, each competing to be crowned the champion. Get tickets at Ticketmaster.com

NCAA March Madness March 19 & 21

Jacksonville Veterans Memorial Arena hosts the second and third-rounds of the 2015 NCAA Division I Men's Basketball Championships.

FERNANDINA

Grease

February 12-14, 19-20

This Tony Award-winning musical about students at Rydell High in the '50s was made into an equally popular movie. You're guaranteed to leave the theatre singing!

Big Band Bash Benefit Gala February 14

Fall in Love all over again at the 4th annual Big Band Bash Benefit Gala – Dinner/Dance on Valentine's Day. **Featuring** the Les DeMerle 17-piece Band with Bonnie Eisele. For tickets got to www.ameliainlandjazzfestival.com.

Cumberland Island Tour 7 days per week

Cruise by Fernandina's shrimp boats, historic Old Towne and Ft. Clinch to the wild horses of Cumberland Island, ruins of the Carnegie Dungeoness Mansion and the Greyfield Inn. Historians share the colorful stories that define the character of this unique part of the world. Reservations are recommended. Call 904-261-9972 for information.





NAVY LODGE

The Navy Lodge is conveniently located in the housing area, and room rates on the average are 45% less than civilian hotels.

The Navy Lodge offers:

- ◊ Full kitchen
- ◊ Wi-Fi
- ◊ Pet friendly rooms
- ◊ Can accommodate up to 5 people

Reservations:

Make reservations online at www.navy-lodge.com or call 1-800-628-9466

Phone:

912-882-6868

NAVY GATEWAY INNS & SUITES

Our conveniently located facility located on upper base near the Navy Exchange, Commissary, and recreational facilities. All rooms have free Wi-Fi and kitchenettes. All active duty personnel, retired military members

and their family and friends, as well as DoD eligible employees are entitled to stay. NGIS is the preferred lodging choice for all DoD employees and military members traveling on official TDY/TAD travel orders.

Reservations:

Make reservations online at www.dodlodging.net or call Central Reservations 1-877-NAVYBED

Phone:

912-573-4971

A HELPING HAND

◊ **Suicide Prevention:** Are you or someone else struggling to cope with a personal crisis? Call 912-573-4512 or call the National Suicide Prevention Lifeline phone number 1-800-273-8255.

◊ **Chaplain:** Chaplains assist military personnel and family members in dealing with concerns such as faith issues, stress, redeployment or reunion issues, and ethical values. Call 912-573-4501.

◊ **Family Counseling:** Stress can be caused by family hardships, marital conflicts, parent/child issues, money concerns, frequent moves, and other difficulties. Call 912-573-4512.

◊ **Parenting Assistance:** The New Parent Support Program is a team of professionals providing supportive and caring services to military families with new babies. Call 912-573-4512.

◊ **Navy Marine Corps Relief:** NMCRS provides emergency financial assistance, interest-free loans, scholarships and other support to Navy and Marine families. Call 912-573-3928.

◊ **Ombudsman:** Your Ombudsman appointed by your Commanding Officer to serve as a link between your command and its command families. If you don't know your Ombudsman's number, call the SUBASE Ombudsman at 912-464-9377.

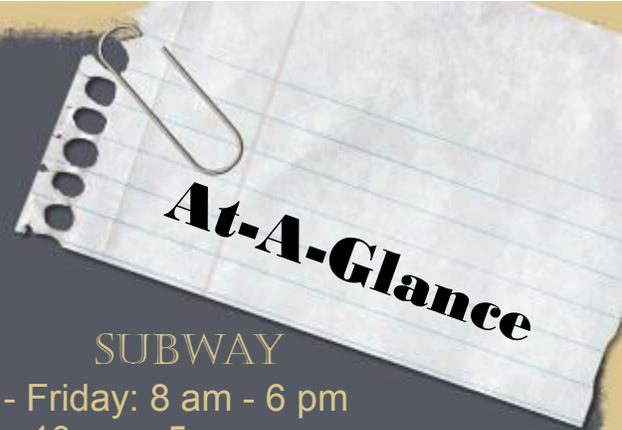
◊ **Red Cross:** Red Cross workers send emergency communication messages to service members wherever in the world they happen to be. Call 912-651-5382.

◊ **Sexual Assault:** If you have been, or think you may have been sexually assaulted, call the DoD Safe Helpline 877-995-5247 of the SUBASE SAPR at 912-573-0992.

◊ **SUBASE CDO:** The command duty officer is the direct representative of the commanding officer. In an emergency, when other base services and Ombudsmen are not able to be reached, contact the CDO at 912-674-5033.

IMPORTANT NUMBERS:

- ◇ Autoport
912-573-9629
- ◇ Barbershop
912-882-6228
- ◇ Beauty Shop
912-882-6152
- ◇ Chapel
912-573-4501
- ◇ Child Development Center
912-573-9918
- ◇ Fitness Center
912-573-2485 / 912-573-3990
- ◇ Fleet & Family Support Center
912-573-4512
- ◇ Galley
912-573-9639 / 912-573-9638
- ◇ Information, Tickets & Tours (ITT)
912-573-8888
- ◇ Jacksonville USO
904-778-2821 / 904-778-7928
- ◇ Kings Bay Commissary
912-573-3313
- ◇ Morale, Welfare and Recreation
912-573-2538
- ◇ Navy Gateway Inns and Suites
912-573-4871 / 912-573-4971
- ◇ Navy Marine Corps Relief Society
912-573-3928
- ◇ NBHC Kings Bay Appointment Line
912-573-6450
- ◇ Post Office
912-573-9633
- ◇ Security
912-573-2271
- ◇ Veterinary Clinic
912-573-0755



SUBWAY

Monday - Friday: 8 am - 6 pm
Saturday: 10 am - 5 pm
Sunday: 10 am - 4 pm

MCDONALDS

Monday - Saturday: 5 am - 11 pm
Sunday: 6 am - 11 pm

DOMINO'S PIZZA

Sunday - Thursday: 10 am - midnight
Friday - Saturday: 10 am - 1 am

Phone:
912-510-5400

KB FINNEGAN'S IRISH PUB

Monday, Wednesday & Thursday:
3:30 - 10 pm
Tuesday: 4:30 - 10 pm
Friday: 3:30 - 11 pm
Saturday: 4:30 - 11 pm

Phone:
912-573-9429

O'BRIEN'S BUNKER RESTAURANT

Monday - Friday: 10:30 am - 1:30 pm

Phone:
912-573-0008

PIRATES COVE GALLEY

Monday - Friday
Breakfast: 6 - 7:30 am
Lunch: 11 am - 12:45 pm
Dinner: 4:30 - 5:30 pm

Weekends and Holidays
Brunch: 10 am - noon