

CYCLE DAY 15 **7-Nov-16 (MON)**

BREAKFAST

PANCAKES
HOT OATMEAL
EGGS COOKED TO ORDER
OVEN FRIED BACON
CREAMED GROUND BEEF
COTTAGE FRIED POTATOES

LUNCH

MAINLINE

SOUTHWESTERN RICE
CHALUPA
CAJUN BAKED FISH
POTATOES AU GRATIN
CAULIFLOWER WITH CHEESE
STEAMED GREEN BEANS
POTATO & ROASTED PEPPER SOUP

SPEEDLINE

BARBECUE PULLED PORK SANDWICH
CHICKEN TENDERS
SWEET POTATO FRIES
PASTA BAR

DINNER

STEAMED BROWN RICE
BRAISED BEEF CUBES
HERBED BAKED CHICKEN
PARSLEY BUTTERED POTATOES
STEAMED BROCCOLI
STEAMED SUCCOTASH
BROCCOLI CHEESE SOUP

CYCLE DAY 16 **8-Nov-16 (TUE)**

BREAKFAST

WAFFLES
HOT FARINA
EGGS COOKED TO ORDER
BREAKFAST HAM STEAKS
GRILLED TURKEY LINKS
CHEESY DICED POTATOES

LUNCH

MAINLINE

RICE PILAF
BAKED POTATOES
CANTONESE SPARERIBS
LEMON PEPPER FISH

SPEEDLINE

REFRIED BEANS
BEEF TACOS
BEEF & BEAN BURRITO
TOTILLA CHIPS

STEAMED CORN
STEAMED ASPARAGUS
VEGETABLE RICE SOUP

DINNER

TOASTED GARLIC
TURKEY DIVAN
VEGETABLE LASAGNA
MASHED POTATOES & GRAVY
GREEN BEANS PARISIENNE
STEAMED MIXED VEGETABLES
PEPPER POT SOUP

CYCLE DAY 17 **9-Nov-16 (WED)**

BREAKFAST

PANCAKES
HOMINY GRITS
EGGS COOKED TO ORDER
GRILLED SAUSAGE PATTIES
OVEN FRIED TURKEY BACON
GRILLED POTATO PATTIES

LUNCH

MAINLINE

TOASTED GARLIC BREAD
SPAGHETTI WITH MEATSAUCE
FRIED CHICKEN
MASHED POTATOES & GRAVY
STEAMED BROCCOLI
PEAS & CARROTS
FRENCH ONION SOUP

SPEEDLINE

PASTA BAR
GRILLED CHEESEBURGER
CHILI DOG
FRENCH FRIES

DINNER

STEAMED RICE
SHRIMP SCAMPI
BAKED ITALIAN SAUSAGE ON A BUN
SPROUTS SUPERBA
STEAMED CARROTS SLICES
KINICKERBOCKER SOUP

CYCLE DAY 18 **10-Nov-16 (THU)**

BREAKFAST

FRENCH TOAST STICKS
HOMINY GRITS
EGGS COOKED TO ORDER
GRILLED SAUSAGE LINKS
BREAKFAST BURRITO
HACIENDA POTATOES

LUNCH

MAINLINE

MEAT LASAGNA
ROAST TURKEY
CANDIED SWEET POTATOES
CREAM STYLE CORN
CLUB SPINACH
NATURAL PAN GRAVY
VEGETABLE RICE SOUP

SPEEDLINE

PIZZA BAR
HOT & SPICY WINGS
ONION RINGS
BAKED POTATO BAR

DINNER

RICE PILAF
BAKED STUFFED FISH
ROTISSERIE CHICKEN
BROCCOLI COMBO
GREEN BEANS NICOISE
RED SKINNED MASHED POTATOES & GRAVY
TOMATO SOUP

CYCLE DAY 19 **11-Nov-16 (FRI)**

BREAKFAST

WAFFLES
HOT OATMEAL
EGGS COOKED TO ORDER
GRILLED CANADIA BACON
TEXAS HASH
HASH BROWN POTATOES

LUNCH

MAINLINE

STEAMED RICE
BARBECUED CHICKEN
BEEF SHORTRIBS
POTATOES AU GRATIN
STEAMED PEAS
STEAMED CARROTS SLICES
CHICKEN SAUSAGE GUMBO SOUP

SPEEDLINE

CANNONBALL SANDWICH
FISHWICH
FRENCH FRIES
PASTA BAR

DINNER

RICE WITH PARMESAN CHEESE
APPLE GLAZED CORNED BEEF
TAMALE PIE
STEAMED WAX BEANS
STEAMED CABBAGE
MINISTRONE SOUP

CYCLE DAY 20 12-Nov-16 (SAT)
HOLIDAY ROUTINE

BREAKFAST

FRENCH TOAST
HOT FARINA
EGGS COOKED TO ORDER
OVEN FRIED BACON
GRILLED TURKEY LINKS
HOMEFRIED POTATOES

BRUNCH

MAINLINE

FRENCH TOAST
GRILLED TURKEY LINKS
EGGS TO ORDER
SOUTHWESTERN SHRIMP PASTA
BRUSSELS SPROUTS POLONAISE
STEAMED CARROTS SLICES
NEW ENGLAND CLAM CHOWDER

SPEED LINE

NOT OPEN

DINNER

RICE PILAF
CHICKEN FAJITAS
BLACKENED CATFISH
SAVORY BAKED BEANS
CALICO CORN
STEAMED PEAS
BEEF RICE SOUP

CYCLE DAY 21 13-Nov-16 (SUN)
HOLIDAY ROUTINE

BREAKFAST

PANCAKES

HOMINY GRITS
EGGS COOKED TO ORDER
CORNED BEEF HASH
OVEN FRIED TURKEY BACON
LYONNAISE POTATOES

BRUNCH

MAINLINE

PANCAKES
SPICY BROWN PILAF
EGGS TO ORDER
CHICKEN PARMESAN
CORNED BEEF HASH
ITALIAN VEGETABLE MEDLEY
STEAMED ASPARAGUS
MASHED POTATOES & GRAVY
CHICKEN NOODLE SOUP

DINNER

STEAMED JASMINE RICE
ORIENTAL PEPPER STEAK
FRENCH FRIED SHRIMP
ORIENTAL STIR FRY CABBAGE
ZUCCHINI WITH BASIL
POTATOES AU GRATIN
NEW ENGLAND CLAM CHOWDER

SPEED LINE

NOT OPEN