



## Parent or Caregiver Risk Factors

Below is a list of factors frequently associated with parents or child caretakers who are more prone to become perpetrators of child abuse and neglect. Research shows that parents or caregivers that possess two or more risk factors are at higher risk.

Social Isolation	Substance Abuse
Lack of Family Cohesion	Young Maternal Age
Unemployment or low socioeconomic status	Depression
Lack of Problem Solving Skills	Single Parent (full-time or periodically)
Domestic Violence	Grew up in an Unstable Home Environment
Lack of basic parenting skills	Lack of Knowledge of Child Development
Low Maternal/Paternal Attachment	
Uses harsh physical discipline with the child	
Has a history of abuse as a child.	

To learn more about child abuse and neglect go to: <https://www.childwelfare.gov/topics/can/>.

To learn about healthy parenting visit your local New Parent Support Home Visitation Program or go to:

[http://www.cnic.navy.mil/ffr/family\\_readiness/fleet\\_and\\_family\\_support\\_program/new\\_parent\\_support/resources.html](http://www.cnic.navy.mil/ffr/family_readiness/fleet_and_family_support_program/new_parent_support/resources.html)