

# TRANSITION GPS WORKSHOP: DAY 1 AGENDA

Time	Topics and Activities	Presenter
	Scan Service member's CAC or spouse's ID card using CNIC-provided Scanners	FFSC Staff
0730 – 0800	<p><b><u>Transition GPS Overview</u></b></p> <ul style="list-style-type: none"> <li>• Welcome and Expectations                             <ul style="list-style-type: none"> <li>• Delivered by Leadership, when available</li> </ul> </li> <li>• Transition GPS Workshop Overview and Housekeeping                             <ul style="list-style-type: none"> <li>• Verify that Service member completed and brought their pre-work to class</li> </ul> </li> <li>• Play <a href="#">Transition GPS Career Track videos</a> (three)</li> </ul> <hr/> <p style="text-align: center;">First Page of Individual Transition Plan (ITP)</p>	FFSC Staff
0800 – 1015  Includes 15 minute break	<p><b><u>Resilient Transitions</u></b></p> <ul style="list-style-type: none"> <li>• Impact of Transition on Veterans and their Families</li> <li>• Stress and Conflict Management Techniques</li> <li>• Resources Available for Veterans and their Families</li> <li>• Benefits of Having a Mentor</li> <li>• Show Yellow Ribbon Reintegration Program Slides</li> <li>• Play Reserve Components Benefit Video</li> </ul> <hr style="border-top: 1px dashed #ccc;"/> <ul style="list-style-type: none"> <li>• Introduction of CNIC-approved Optional Components (time permitting)                             <ul style="list-style-type: none"> <li style="width: 50%;">• Healthcare (Affordable Care Act; Tricare)</li> <li style="width: 50%;">• Life Skills</li> <li style="width: 50%;">• Post-Military Employment Ethics</li> <li style="width: 50%;">• Survivor Benefits</li> <li style="width: 50%;">• Personnel Support Detachment and Pay</li> <li style="width: 50%;">• Relocation/Household Goods</li> </ul> </li> </ul> <hr/> <p style="text-align: center;">ITP Section I, "Personal Assessment"</p>	FFSC Staff
1015 – 1215	<p><b><u>Military Occupation Code (MOC) Crosswalk</u></b></p> <ul style="list-style-type: none"> <li>• Review and Interpret VMET and JST</li> <li>• Identify Civilian Career Goals, Interest, and Employment Opportunities</li> <li>• Identify Education and Technical Training Credential Requirements</li> <li>• Identify Knowledge, Skills, Education/Technical Training Gaps</li> </ul> <hr/> <p style="text-align: center;">ITP Section II, "Evaluate Military and Civilian Experience and Training" Gap Analysis Activity</p>	FFSC Staff
1215 – 1300	<b>Lunch</b>	
1300 – 1600  Includes 15 minute break	<p><b><u>Financial Planning</u></b></p> <ul style="list-style-type: none"> <li>• Develop Your Spending Plan</li> <li>• Analyze Your Credit Report and Scores</li> <li>• Evaluate Salary and Total Compensation</li> <li>• Leveraging Resources for your Financial Future</li> <li>• Evaluate the Cost of Living</li> <li>• Understand How Taxes Change</li> </ul> <hr/> <p style="text-align: center;">ITP Section I, "Getting Financially Ready" 12-month Post Transition Spending Plan</p>	FFSC Staff
1600 – 1630	<p><b><u>Facilitator-led Review of ITP</u></b></p> <p><b><u>Service member or Spouse Completes OSD Transition GPS Participant Assessment</u></b></p>	FFSC Staff