

# HELPING CHILDREN WITH CHANGE

## [Students at the Center](#)

This website provides guidance to support children's academic success through transitions. It includes resources to support families' needs, choosing a school, and effective advocacy.

## [Military Youth on the Move](#)

A wonderful resource that reaches out to youth with creative ways to cope with issues that arise in the face of a move, such as transitioning to a new school, saying goodbye to friends, and getting involved in a new community.

## [Staying Strong](#)

Staying Strong is designed to support the resilience of military-connected children and families through free on-line educational tools and guidance

## [Military One Source](#)

Military One Source is designed to help you deal with life's issues. Consultants are available 24 hours a day, 7 days a week, 365 days a year.

## [Military Kids Connect](#)

A website provides youth with emotional support coping with separation and transitions through fun and interactive activities. The site has lesson plans for educators to learn the military culture

## [Military Families Near and Far](#)

Resources for military families, created specifically to help parents and caregivers face the challenges of deployment, homecomings, changes and grief.

## [Electric Company](#)

Games, videos and resources for children, parents and educators.

## [Sesame Street](#)

Offers parents and educators strategies and resources to help children through difficult periods of transition and separation that can come with military service.