



Communication, Anger, Stress & Assertiveness Workshop (CASA)

- *Build on your communication skills
- *Add additional techniques to your interpersonal toolbox
 - *Opportunity for new insights
 - *No powerpoints!
- *All are welcomed; Civilian attire

Upcoming workshops: May 7th, 9th, 14th, 16th

Time: 2:00 pm-4:00 pm (1400-1600)

For more information: 243-6716 or 243-7664

