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Wednesday, June 15, 2011

# Maybee to pass command of VT-6 to Verda

By Jay Cope, NAS Whiting Field Public Affairs

Cmdr. Sean Maybee will turn over command of Training Squadron SIX to Lt. Col. Danny Verda Friday, June 17, at 10 a.m. in the Naval Air Station Whiting Field auditorium. The guest speaker for the ceremony will be Col. James Grace, deputy commander Training Air Wing FIVE.

During his fifteen-month tour as commanding officer, VT-6 flew over 20,000 mishap-free hours, and excelled in every area of Primary Flight Training while simultaneously transitioning to the new T-6B Texan II airframe. VT-6 exceeded both FY-09 and FY-10 pilot



Cmdr. Sean Maybee

production goals and produced a total of 401 Student Military Aviators (SMAs). Under his leadership, the squadron reduced its average student time-to-train to less than 31.5 weeks, producing more quality SMAs in less time than any

primary training squadron, all the while attaining the lowest advanced pipeline attrition rate in Training Air Wing 5.

Maybe also oversaw the squadron's plan to replace the T-34C Turbo Mentor aircraft with the T-6B Texan II. The unit front loaded 2011 T-34C mission accomplishment while instructor



Lt. Col. Danny Verda

pilots were trained in the new aircraft. VT-6's goals were met or exceeded and the squadron successfully began its transition in earnest in April, with its first class of T-6B students.

A University of Michigan graduate, Maybee was commissioned through the Reserve Officer Training Corps. He earned his wings following flight training in Pensacola and Corpus Christi, Tex. Maybee served overseas tours with Fleet Air Reconnaissance Squadron TWO (VQ-2) in Spain, VQ-1 in Bahrain, as well as working on the staff for Commander United States Naval Forces Europe. Stateside, he also

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# NASWF DEFY program graduates 2010 participants



Savannah Duncan receives her DEFY certificate from Capt. Pete Hall, commanding officer Naval Air Station Whiting Field. Duncan was one of sixteen youths who completed the program. U.S. Navy photo by Ensign Tim Mosso.

By Jay Cope, NAS Whiting Field Public Affairs

The Naval Air Station Whiting Field Drug Education for Youth program ended their 2010-11 slate of activities May 21 with their graduation ceremony at Whiting Park. The event served as the culmination of ten months of activities for the youths, which was designed to help teach the kids about the dangers of drug and alcohol use.

The base has hosted a DEFY program for eight years, and this year was one of the most successful yet. The young men and women enjoyed trips to local sights, completed the core curriculum for the program, performed community service, and held the first residential camp away from the base, in the history of the local program.

"We get a lot of positive feedback from the parents," said Senior Chief Air Traffic Controller Trevor Rowe, the coordinator for the local program. "Parents are incredibly

- (Cont. on Page 5)

# Fleet requests prompt ERB program changes

## From Chief of Naval Personnel Public Affairs

WASHINGTON (NNS) -- Responding to requests made to the chief of naval personnel (CNP) during his visit to the operating forces in Fifth Fleet, the Navy announced changes and clarification to the Enlisted Retention Board (ERB), June 9.

NAVADMIN 180/11 extends the deadline for Sailors to request a rating conversion and updates how these requests will be considered. Additionally, the new message provides eligibility clarification for Sailors not scheduled for Perform-to-Serve (PTS) adjudication in fiscal year 2012, and creates an additional exemption for Sailors enrolled in or selected for commissioning programs.

As CNP Vice Adm. Mark Ferguson explained, "Based on feedback from our deployed forces, we have revised the conversion application timeline and process to retain the best Sailors in their rating, and have given our Sailors more time to complete their conversion packages."

One of the most visible changes in the updated guidance surrounds how conversion applications will be handled. Specifically, these requests will not be reviewed until after the ERB has selected Sailors for retention, and only those Sailors who were not selected for retention within their rate will be considered for conversion. In doing so, ratings will be able to keep their most qualified candidates, while still providing Sailors an additional opportunity for continued service in another

rate.

Also, based on the difficulties described by deployed Sailors in meeting previously announced conversion application deadlines, CNP has directed the ERB to accept all submissions received prior to the board's convening date of August 15, 2011. This will allow Sailors to obtain the results of certain tests, such as the ASVAB, to be included in their applications for conversion.

Initial ERB eligibility guidance excluded Sailors who were subject to PTS adjudication in FY12. This created some uncertainty in the Fleet regarding Sailors who are not subject to PTS, but who are in an ERB-eligible paygrade and rating. NAVADMIN 180/11 clarifies ERB eligibility to include E-4 to E-8 Sailors who are not subject to PTS adjudication, regardless of their End of Active Obligated Service as extended ("soft" EAOS, or SEAOS) date.

Finally, an additional exemption has been authorized for those Sailors currently enrolled in or selected for an enlisted commissioning program.

The ERB will enable the Navy to shape our future manpower requirements in a fair and transparent manner.

To learn more about the Enlisted Retention Board, visit <http://www.public.navy.mil/bupers-npc/boards/enlist-edcontinuation/Pages/default.aspx>.

## This Week in Naval History

### June 15

1944 - Fifth Fleet lands Marines on Saipan, under the cover of naval gunfire, in conquest of Marianas.

1963 - Launching of combat store ship, Mars (AFS 1), first of new class of underway replenishment ships.

1991 - Two battle groups and amphibious ships evacuate dependents and Air Force personnel from Clark Air Force Base after Mount Pinatubo erupts in Philippines.

### June 16

1898 - U.S. squadron bombards Santiago, Cuba.

1965 - Navy Department schedules reactivation of hospital ship *Repose* (AH 16), first hospital ship activated for Vietnam conflict.

### June 17

1833 - USS *Delaware* enters drydock at Gosport Navy Yard in Norfolk, Va., the first warship to enter a public drydock in the United States.

1870 - USS *Mohican* burns Mexican pirate ship *Forward*.

1898 - Navy Hospital Corps established.

1940 - Chief of Naval Operations asks Congress for money to build two-ocean Navy.



### Use Caulking and Weatherstripping

A fan, which costs two to five cents per hour to operate, will make a room feel 4 to 6 degrees cooler. Also, a fan works well in tandem with an air conditioner because the dehumidifying action of the air conditioner provides drier air that the fan can then move around. In frequently used rooms, install a ceiling fan (set it to spin counter-clockwise in summer). You'll save the most money by running the fan only when you're in the room. A motion-detector switch (around \$20), which turns the fan on when you enter a room and off when the room is empty, is a good addition. If nighttime temperatures drop into the 70s where you live, you might want to purchase a whole-house fan, which runs \$300 to \$600 installed. When run at night with the windows open, the fan will pull cool air into the house as it vents hot air out through the attic. Whole-house fans, which draw only as much power as a couple of lightbulbs, are usually outfitted with a variable-speed switch and/or timer. If you install one, be sure to get an insulated box to cover the portal in winter. Cost: Ceiling fans range from \$30 to \$200. Floor fans cost around \$20, and whole-house fans run from \$300 to \$600. Benefit: Ceiling fans can decrease your cooling bill by up to 15 percent, while a whole-house fan can slash it by 50 percent.

See [www.thedailygreen.com](http://www.thedailygreen.com) for more tips.

## News and Notes

**Family Pool Opened** - The Family Pool is now open for summer hours.

**Blueberry Bash** - The ARC Santa Rosa, Inc., 2nd Annual "Blueberry Bash" will be held on Sat, Jun 25, 2011, 0800-1400. They are located at 6225 Dixie Road, Milton. A 5K Fun-Run kicks-off the event at 7 a.m., with check-in at 6 a.m. To register on-line, visit [www.imathlet.com](http://www.imathlet.com). You can also download the registration form at [www.thearesantarosa.org/documents](http://www.thearesantarosa.org/documents). Registration is \$30.00 and includes a "Blueberry Bash" t-shirt. Refreshments will follow the run. This promises to be a family event with many children's activities. A variety of Arts and Crafts and other vendors will be on hand, as well as an array of Fun Food items to enjoy. There will be various local entertainment performing throughout the day. Blueberry plants and fruit will be available for purchase. For additional information, call Mr. Debbie Goss at [dgoss@bellsouth.net](mailto:dgoss@bellsouth.net) or contact The ARC Santa Rosa at 623-9320.

**VT-3 Golf Tournament** - Training Squadron THREE will host a golf tournament June 17 to support the Air Force Ball in September. The event will be a four player best ball tournament with a shotgun start. The event will begin at 1 p.m. at the NAS Whiting Field golf course. The cost is \$45 per person with a BBQ buffet included in the price. Prize packages includes: a weekend at Pensacola Beach Holiday Inn, Wings Party at Hooters, Lunch at Hemingways on Pensacola Beach, and more.

**Emergency Preparation Handbook Available** - Santa Rosa County Division of Emergency Management's latest all-hazards disaster guide is now available. This annual 48-page guide provides preparation information not only for hurricanes, but floods, tornados, pandemics, wildfires, and hazardous chemical accidents as well. Residents can pick up a free copy of the guide at county offices and libraries, local chambers of commerce, and local retailers including Walmart, Winn Dixie and Publix, or download an electronic version from the county's website today at [www.santarosa.fl.gov](http://www.santarosa.fl.gov) <<http://www.santarosa.fl.gov/emergency/disasterprep.html>>. Additionally, each seventh grader in the Santa Rosa County School District will receive a copy to take home. Churches, civic groups, and businesses may also request multiple copies for distribution by calling (850) 983-5360.

**Starbase Atlantis Registration** - NASWF Starbase Atlantis is now accepting applications for their Summer Program, Session July 11-14. There are 25 spaces available so signups are on a 'first come, first served basis.' Completed applications can be dropped off at Bldg. 1907 NAS Pensacola, faxed to (850) 452-8288, or emailed to [starbaseatlantis@mchsi.com](mailto:starbaseatlantis@mchsi.com). Cost is FREE! The program is open to any child 9-11 to include visiting grandchild from out of state, home schooled, etc. For additional information, call (850) 452-8287. Please mention Naval Air Station Whiting Field Program during the call.

**ICSOF Class** - The Intercultural Competence for Special Operations Forces Course (previously known as Cross-Cultural Communications) will take place 22-26 August 2011 at the United States Air Force Special Operations School on Hurlburt Field. The course seeks to provide attendees with culture-general knowledge and skills to quickly and accurately comprehend, then appropriately and effectively act, in a culturally complex environment to achieve the desired effect without necessarily having prior expo-



### Retaining Our Best and Brightest

**Air Traffic Controller First Class Evan McGroarty receives a farewell photograph from Air Traffic Control Division Officer Lt. Chris Mitchell. The reenlistment was one of McGroarty's final actions as a member of the NAS Whiting Field team. He will transfer to NAS Pensacola to help teach the next generation of air traffic controllers in the Navy. U.S. Navy photo by Jay Cope.**

sure to a particular group, region, or its language. Students will apply communication and negotiation skills in role-playing scenarios, and will be exposed to a variety of hands-on exercises that will challenge their own cultural norms. To register for this nominative course, call 850-884-1854 (DSN 579) or visit <http://www.afsoc.af.mil/usafsos/>. For information about course content or the schedule, e-mail Capt Annie Kleiman at [usafsos.icsof@hurlburt.af.mil](mailto:usafsos.icsof@hurlburt.af.mil).

**White House Intern Program** - On May 16, 2011, The White House announced that the application period for the prestigious White House Internship Program for Spring 2012 is now open. Applicants have until September 11, 2011, to apply for a Spring 2012 White House Internship. The spring term runs from January 17, 2012 - May 4, 2012. Internships are full-time and unpaid however the experience is second-to-none. Participants will work as part of the Administration's White House staff and gain a wide range of experience in public policy and experience, firsthand, the functions of our Government. Interns must be United States citizens and be at least 18 years of age on or before the first day of the internship. Veterans with high school diplomas who have served within the past two years are eligible to apply. Refer to <http://www.whitehouse.gov/about/internships/apply> for details.

**OAP Camping Trip** - Join the Outdoor Adventures Program for a overnight camping trip in St. Joseph's Peninsula State Park. The Park offers a variety of outdoor, beach based activities from kayaking to swimming to hiking. With miles of white sugar sand, this park has one of the top rated beaches in the United States. The cost of the trip will include your gear, transportation and food. For more information or to register, stop by the Outdoor Adventure Program in Bldg 2958 Room 8157/8158

**Don't forget to check out the Naval Air Station Whiting Field's Facebook fan page at <http://www.facebook.com/#!/naswhiting-field> and MWR's Facebook fan page at <http://www.facebook.com/#!/WFMWR>.**

## Upcoming Events

June 17, 1000 - VT-6 Change of Command - Atrium

June 17, 1300 - Winging Ceremony - Base Auditorium

June 24, 1000 - HT-18 Change of Command - Auditorium

July 1, 1300 - Winging Ceremony - Base Auditorium

July 4 - Independence Day Holiday

July 15, 1300 - Winging Ceremony - Base Auditorium

# Fleet and Family Support Center Classes

## Applying for Federal Jobs (CPOs) - Tuesday July 12 & Aug. 1 - 1130-1300

Is it worth your while to invest your time and effort in searching and applying for a federal job? If your answer is yes, then you need to attend this class in order to learn how to prepare the best application possible. You will learn how to read an announcement, analyze core competencies for language, analyze vacancy listings for keywords, and how to apply for jobs. Class will be held at the FFSC conference room. For more information, contact a work and family life specialist at 623-7177.

## Resume Writing - Monday July 18 & 25 - 1000-1200

This class will assist you in efficiently creating an effective resume. Learn how to handle sticky resume situations like military-to-civilian transition, age, employment gaps, layoffs, and career change. Learn to use your resume as a marketing tool. Class will be held at the FFSC conference room. For more information, contact a work and family life specialist at 623-7177.

# Navy has suicide resources available

*- Lifeline chat link staffed by Veterans Affairs can help*

## From Navy Personnel Command Public Affairs

**MILLINGTON, Tenn. (NNS)** -- The Navy released NAVADMIN 178/11 June 9, reminding Sailors about the importance of suicide prevention and the resources available for commands as well as Sailors and their families.

Suicide prevention resources are more readily available than ever, according to Lt. Cmdr. Bonnie Chavez, Navy Behavioral Health Program director.

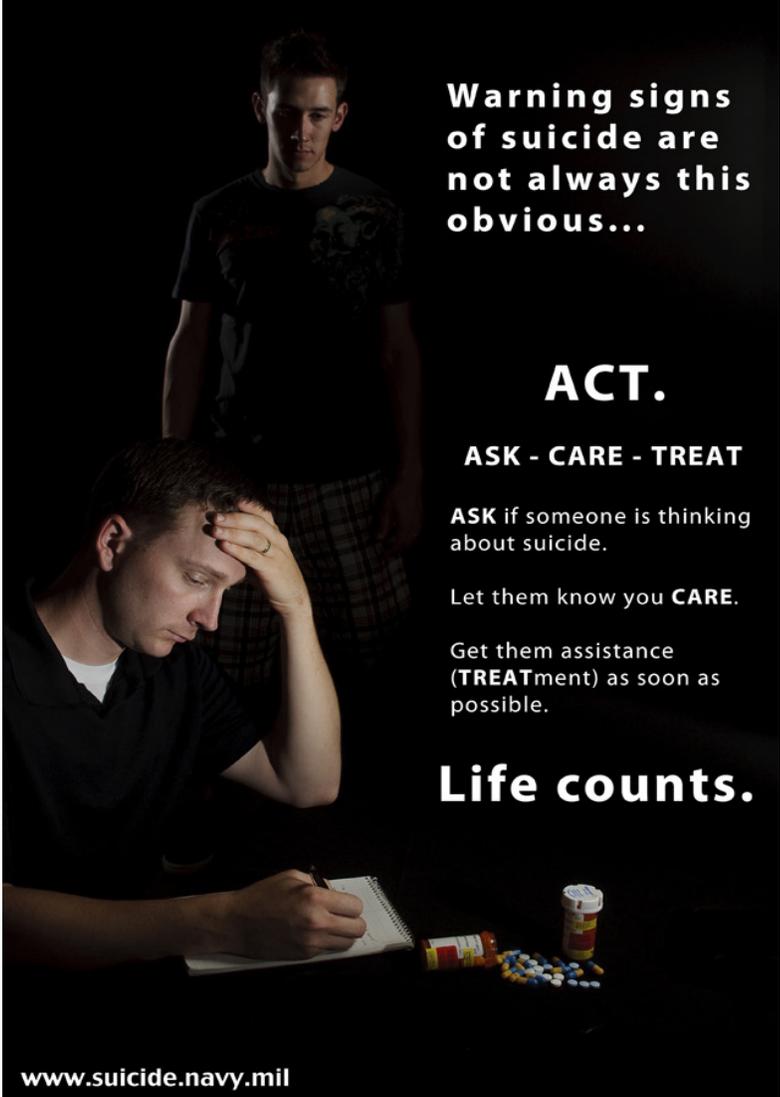
Every Navy homepage now has a direct Lifeline link to a live chat staffed by Veterans Affairs professionals. The national suicide prevention Lifeline number is 1-800-273-TALK (1-800-273-8255) and Sailors are urged to add this number to their phones and their family members' phones for quick access.

"Just like fire extinguishers and floatation devices, these phone and internet chat links can be life-saving tools if they are readily available when expert help may not be physically or emotionally within reach, or you need expert support to better help a shipmate in need," said Chavez.

A new Commander's Toolkit for Suicide Prevention is available for download at [www.suicide.navy.mil](http://www.suicide.navy.mil). It contains a collection of guidance, checklists, and templates to assist commands in assessing and directing unit efforts to save lives and support those affected by a tragedy.

"So far this year, nearly 700 troubled Sailors

*- (Cont. on Page 7)*



**Warning signs of suicide are not always this obvious...**

**ACT.**

**ASK - CARE - TREAT**

**ASK** if someone is thinking about suicide.

Let them know you **CARE**.

Get them assistance (**TREATment**) as soon as possible.

**Life counts.**

[www.suicide.navy.mil](http://www.suicide.navy.mil)

# DEFY

- (Cont. from Page 1)

pleased with the program. They really can't believe it is free to them."

The DEFY Program is geared for the 9-12 year old target population, a group described as "at risk" to become involved in substance abuse, gangs, and crime. The NAS Whiting Field program is specifically designed for children of military service members or DoD civilians working on the base. The program attempts to limit risk factors; including poor grades and attendance at school, poor social skills, and a lack of a supportive and caring environment at home. DEFY is based on best practices determined by the Center for Substance Abuse Prevention and is designed to strengthen factors that make youth more resilient to negative influences.

Savanna Duncan, Sierra Patterson, Elizabeth Coy, Mary Smith, Emily Shively, Carlie Shively, Claire Armstrong, Spencer Rowe, C.J. Weber, Destiny Carrion, Sadai Johnson, Crae Andrew, Chase Andrew, Christopher Boettcher, Natoria Ridley, Eric Ridley, and Ashley Bennefeld were each called up in turn to receive their certificates from Capt. Pete Hall, NAS Whiting Field commanding officer. The seventeen youths enjoyed the recognition as well as annual picnic and sporting activities associated with the capstone event for the DEFY program.

"This is the one opportunity to bring the parents into the fold and celebrate the kids' accomplishments with them. It is the culmination of 10 months of activities and hard work. All of that helps give the kids a real sense of accomplishment," Rowe said.

That sense of accomplishment is a key element to the program, as DEFY works to develop a strong sense of self worth in each of the children. A strong self esteem is vital to helping meet the program's goal "to empower military youth to build positive, healthy lifestyles as drug-free, successful citizens."

According to Rowe, that can't happen without a strong support staff, and his 13 adult and youth counselors and mentors are the strength of the local program. Overall, they donated



**Capt. Pete Hall and Air Traffic Controller Second Class Brittany Brooks smile for the camera as they cut the cake for the DEFY graduation. U.S. Navy photo by Ensign Tim Mosso.**

more than 1,600 volunteer hours to DEFY

"The program is based on having good mentors. DEFY is so successful here because of the great people we have in the program," Rowe emphasized.

The volunteers try to make the program fun and interesting with recreational activities, athletic endeavors, and entertainment, but it is all interspersed with core teaching elements. The group taught 33 lessons and conducted activities in drug and gang resistance, self-esteem, team-building, leadership, fitness and more.

The 2011/12 program year is gearing up, and the program has slots available for both participants and counselors. If you would like to get involved in the program as a mentor or have children that would be interested in this program, please go to <http://www.public.navy.mil/bupers-npc/support/nadap/Pages/DEFY.aspx> and find the applications which can be dropped off at bldg 1471, room 123; faxed to 850-623-7748; or scanned and e-mailed to [trevor.rowe@navy.mil](mailto:trevor.rowe@navy.mil)

Rowe can be contacted at 850-623-7372 or 850-449-3671 to answer any questions about the DEFY program.

# Maybee

- (Cont. from Page 1)



**Cmdr. Donald Jamiola**

performed tours in Hawaii, Whidbey Island, Wash., and was an Executive Liaison Agent for the Secretary of Defense and Chairman of the Joint Chiefs of Staff.

His final tour before transferring to Training Squadron SIX was as the Deputy, Military Pay and Compensation Policy Branch for Deputy Chief of Naval Operations.

As the executive officer, Verda helped to oversee the transition of the squadron from the venerable T-34C to the T-6B training aircraft. As the commanding officer, Verda will continue the transition process. He came to TRAWING-5 from the 22nd Marine Expeditionary Unit where he was the executive officer of the II Marine Expeditionary Force. Verda has supported Operation Iraqi Freedom, Operation Unified Response (humanitarian assistance to Haiti), and been forward deployed in the European Command and Central Command areas of operation. He is a CH-46E helicopter pilot with more than 3,000 flight hours. A former instructor pilot in the T-34C from 1997 to 2000 with VT-6, he returned to the squadron in May 2010.

Cmdr. Donald Jamiola will take over for Verda as the executive officer for the squadron.

# Old Firehouse to be Transformed Into Recycling Station

The Milton City Council has approved plans submitted by the Santa Rosa Clean Community System to turn the old City Fire House into a recycling station. The City water well will occupy the middle part of the property, located on the corner of Bruner Street and Berryhill Road, and the building will be fenced. Recycling Centers, managed by the Recycle Santa Rosa Program, will be located at the south-end of the property and a recycling innovation station will be where the small park is on the north-end. (plan attached)

The recycling innovation station will have recycled plastic benches, as well as examples of the recycled glass end-product. Kiosks will be placed at the station giving information about recycling in Santa Rosa. The purchase of the benches and kiosks will be funded by a grant given through Keep America Beautiful and funded by UPS. In addition, the grant provides funds to purchase a new collection center to separate glass by color.

“Both the innovation station and the center to separate glass by color are an extension of our 2009 Impact 100 grant to implement a glass recycling program”, said John Tonkin, Director of the Clean Community System. “People really want the colors separated and it was outlined in our 5 year plan to Impact. The innovation station was also in the plan and will allow us to educate and have the public participate in recycling initiatives.” The area will be named Fireman’s Recycling Station, and the history of the fire station will be highlighted on a kiosk near the old water pump and the original marker for the fire house. It is anticipated that the project should be complete by winter.

## SRMC aims to educate local community

### Schedule of Events June 2011

Santa Rosa Medical Center has scheduled a number of meetings in June to assist members of the community in reaching their health related goals.

**Dinner with the Doc: Presenter and topic TBD**  
Monday, June 20. 6 pm – 7:30 pm. - Santa Rosa Medical Center: In the education building located directly behind the hospital. Free to attend. Dinner will be provided. To register please call 850.626.5133.

**Lunch & Learn: Hypertension and Vision.** Presented by Jenny West, ARNP and Emily Whitman, OD - Thursday, June 23. 11:30 am – 1 pm. - Santa Rosa Medical Center: In the education building located directly behind the hospital. Free to attend. Lunch will be provided. To register please call 850.626.5113.

**Navarre Beach Area Chamber of Commerce: Commerce and Coffee - Friday, June 24. 7am – 8:30am.** - Navarre Conference Center located at 8700 Navarre Pkwy. Navarre, FL 32566. Santa Rosa Medical Center is the presenting sponsor.

## TRARON THREE OPEN NAS WHITING FIELD GOLF COURSE ARRIVE 1230 – SHOTGUN START 1300

You could win the grand prize; a Two Night stay at the Holiday Inn on Pensacola Beach and a \$50 Dollar Gift Certificate just for entering the tournament!! Additional Prizes include a Wing Party at Hooters and Free Lunch at Hemingway’s located on the Pensacola Beach Boardwalk!

**\$45 Per Person**

BBQ Lunch provided, Beer Cart and Dollar Drafts available throughout the course

To Register – Mail Checks No Later than 13 June to:  
2LT Mike Andrea  
7150 USS Hornet Street  
Milton, FL 32570

Cash and Checks Accepted. Please make checks out to VT-3.

Questions can be directed to  
2LT Mike Andrea, 860-338-0911  
michaelandrea@gmail.com



**FRIDAY  
17 June**

A Special Thanks to our Donors...



Win a 2011  
**KIA SOUL**  
Donate twice between  
June 1 and December 31  
And be entered to win



**KIA KIA MOTORS**  
The Power to Surprise™



“Give from the HEART get into a SOUL”

## Whiting Field BLOOD DRIVE Friday, June 17 10:00 AM - 3:00 PM

Donate blood or platelets twice between May 1, 2011 and August 31 2011 and you could sail away on a CRUISE FOR TWO TO THE BAHAMAS, Donated by AAA Auto Club South

IT'S FAST! IT'S EASY! [www.nfbsdonor.org](http://www.nfbsdonor.org) to make an appointment for your next donation. Use Sponsor Code WSW01

1-800-68-BLOOD (25663)



Online at [www.nfcblood.org](http://www.nfcblood.org)

A Division of Florida Blood Services

Photo ID required • Age 16 with parental consent • Must be a minimum of 110 lbs • Must be in good health

# Santa Rosa County 4-H accepting camp applications

Enjoying nature and the great outdoors: campfires, s'mores, swimming, archery, kayaking, canoeing, bug collecting, birding, marine science, games, friends and lots of fun. Where can a kid do all that? At 4-H Camp Timpooshee.

Santa Rosa County Extension 4-H is accepting registrations for 4-H Camp Timpooshee for the week of July 18-22, 2011. Youth between the ages of 8 and 13 years as of September 1, 2010 are eligible to attend. While 4-H Club and After-school 4-H members are given preference, a child does not have to be a 4-H member to attend 4-H Camp.

The overnight five day camp costs \$220, with a \$34 discount for children whose family qualifies for the free or reduced lunch program. The camp fee covers all costs for camp including lodging, food, daily canteen, a camp T-shirt and bus transportation from the Santa Rosa County Extension Office in Milton to Camp Timpooshee in Niceville, Florida.

4-H Camp Timpooshee is one of four Florida 4-H residential Camps. Camp Timpooshee is located on the beautiful Choctawhatchee Bay. Camp Timpooshee has a beach, swimming area and outdoor nature area where kids can relax, learn and have lots of fun. Camp Timpooshee facilities include air-conditioned log cabins for campers lodging, an auditorium, pavilion, marine science lab, nature lab, dining hall and lots of outdoor space for kids to play.

Space is limited to 110 campers and registrations are accepted on a first come basis as completed registration forms and a deposit or full camp fee is paid. Deadline for camp registration is Friday, June 24, 2011.

For registration materials and additional information contact the Santa Rosa County Extension 4-H Office at 850 623-3868 between the hours of 8:00 am and 4:30 pm weekdays. Hearing impaired individuals may call Santa Rosa County Emergency Management Service at 983-5373 (TDD).

All programs and related activities sponsored for, or assisted by, the Institute of Food and Agricultural Sciences are open to all persons with non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, marital status, national origin, political opinions, or affiliations. For persons with disabilities requiring special accommodations, please contact the Santa Rosa County Extension Service at least five (5) working days prior to the program so that proper consideration may be given to the request.

## Suicide

- (Cont. from Page 4)

were reached by a shipmate, family member or leader who remembered to ACT," Chavez said.

ACT is an acronym used in suicide prevention to help people remember to: A – Ask the question, C – Care and help the person find T – Treatment.

While many have received help this year, 24 Sailors have been lost to suicide in the first four months of 2011.

"Our collective sympathy goes out to those who are personally grieving the loss of a friend and colleague to suicide," Chavez said.

For more information, go to [www.suicide.navy.mil](http://www.suicide.navy.mil) or [www.navy.navstress.com](http://www.navy.navstress.com).

**BLOCK PARTY**

**In the Liberty courtyard**  
\*beside the mini mart\*

**June 23**  
**1800-2300**

**Come join Liberty for a block party!**  
Liberty eligible patrons (18+, active duty, single sailors and geographical bachelors)

**Enjoy a cookout, movie on the giant inflatable screen, fun and games!**

**Ride the Segways, play Live Angry Birds, jump on the velcro sticky wall, and much more!**

**LIBERTY**  
Navy Morale, Welfare and Recreation