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Lobo Named CNATT Det Milton Instructor of the Year

By Lt. Joe Thompson, CNATT

United States Marine Corps' Chief Warrant Officer Four Carlos Lobo was honored as Commander Naval Aviation Technical Training (CNATT) Officer Instructor of the Year for 2009. Lobo is an Instructor for Aviation Ordinance Officer Career Progression at CNATT, Detachment Milton, and was presented with the award Mar. 2 by Lt. Cmdr. Jeff Chown, the officer-in-charge.

"CWO4 Lobo not only provided in-depth technical and supervisory training, but reinforced our core values of honor, courage, and commitment on a daily basis," Lt. Joe Thompson, Assistant Director of AOOCP said.

More than 145 officers and senior enlisted personnel were instructed by Lobo at one time or another. He is also the Course Curriculum Model Manager (C2M2) for AOOCP. As the C2M2, Lobo reviews course work and materials being used in training process and ensures they are current and well presented. Lobo holds billets of Master Training Specialist, Council of Education Liaison, and American Council of Education accreditation liaison.

"For the past year Lobo has been known as the heart and brains of AOOCP by his peers," Thompson states. "His



Chief Warrant Officer Four Carlos Lobo instructs a couple of students at the Commander Naval Aviation Technical Training (CNATT) Det. Milton classroom. Photo courtesy of CNATT.

work ethic is above reproach and his efforts will long resonate the CNATT DET Milton and AOOCP. His leadership and commitment to excellence were the reason he was selected as CNATT Officer Instructor of the Year for 2009."

SRC Sheriff Brings "Street Smarts" to Whiting Field

By Lt. j.g. Michael Daharsh, NAS Whiting Field Public Affairs

For more than 20 years Caliber Press has been making the streets safer by training officers of the law in more effective ways to keep themselves safe. Santa Rosa County Sheriff's Office paid for Caliber Press to bring their training program, "Street Smarts", to Naval Air Station Whiting Field and train nine local departments in street safety and tactics, March 4-5.

Street Smarts is a two day program that takes psychology, body language, and the past mistakes of fallen officers and combines them to help reinforce training and tactics to prevent harm from coming to officers working in our police and sheriff's offices all around the nation.

"It really a conglomerate effort to save lives," Jimmy Walker, Police Captain of the Naval Air Station Whiting

- (Cont. on Page 6)



Police and Sheriff's vehicles line up outside the Naval Air Station Whiting Field Wings Club Mar. 4-5 for "Street Smarts." The Santa Rosa County Sheriff's Department hired the national training seminar to train and reinforce the local departments in tactics and survival. Members of the base security department were able to attend the 2-day training. U.S. Navy photo by Lt. j.g. Michael Daharsh.

MCPON's CPO Birthday Message: HOOYAH Navy Chiefs!

From Master Chief Petty Officer of the Navy (SS/SW) Rick D. West

WASHINGTON (NNS) -- On the occasion of the chief petty officers' 117th birthday, Master Chief Petty Officer of the Navy (MCPON) (SS/SW) Rick D. West sent the following birthday message April 1.

Remember those who have gone before us and those who have paid the ultimate sacrifice in service to our great nation.

- MCPON Rick West

"On 1 April, our entire Mess will pause to celebrate 117 years of the United States Chief Petty Officer, our honored Mess traditions and heritage, and look to our future.

Our Navy is the best it has ever been; we have advanced equipment and technology, but we are only as good as our people. Since 1893, Chiefs have been charged with the duties and responsibilities of ensuring our Sailors are the best trained, ready to carry out our Navy's missions. The strong legacy

of deckplate leadership that our Mess was founded on is more relevant today in order to continually meet the demands of our expanded Navy environment and increased mission requirements. Thank You Chiefs!

Through your leadership of our Sailors, you continue to keep our heritage alive and our Navy strong. Continue to make a positive impact on your command, your Sailors, yourself and our Mess. Remember those who have gone before us and those who have paid the ultimate sacrifice in service to our great nation.

Happy birthday Shipmates! I truly appreciate your leadership and the hard work you do every day.

Anchor Up and HOOYAH Navy Chiefs!

For more news from Master Chief Petty Officer of the Navy, visit www.navy.mil/local/mcpon/.



Master Chief Petty Officer of the Navy (MCPON) Rick West issued his annual Chief Petty Officer birthday message April 1. U.S. Navy photo by Mass Communication Specialist 1st Class Jennifer A. Villalovos.

Uniform Changes Include CPO Cutlass, Ball Caps

From the Chief of Naval Personnel Public Affairs

WASHINGTON (NNS) -- The chief of naval operations approved a number of uniform changes as announced in NAVADMIN 118/10 March 31.

Included in the announcement is the approval of a Chief Petty Officer (CPO) ceremonial cutlass for optional wear by E-6 through E-9s. Chief petty officers are authorized to wear the cutlass in full dress uniforms when acting as a member of an official party during a ceremony. However to ensure uniformity, all members of the official party must wear either the cutlass or the sword. Because this is an optional uniform article, Sailors are responsible for the cost of the item.

Additional details on the final design and manner of wear of the cutlass will be released in a future Navy message.

Also announced in the NAVADMIN, are changes to the occasion of wear of the Navy and command ball caps. The ball caps are authorized for wear with the following uniforms: wash khaki, utilities, physical training uniform, coveralls, and flight suit. Commanding officers can authorize the wear of the ball cap at sea with the Navy Working Uniform and Camouflage Utility Uniform (CUU) by bridge watch teams and command training teams.

Ashore, commanding officers may authorize the wear of ball caps with the NWU and CUU by command

training teams during field exercises held in restricted areas to help provide immediate visual identification of supervisors, controllers and safety observers. Ball caps are not authorized for wear in transit to or from exercise events.

Beginning Jan. 1, 2011 the Navy blue coveralls are only authorized for wear when underway. However, commanding officers can allow the wear of the Navy blue coveralls ashore in environments that place an excessive amount of wear on the working uniforms. The NAVADMIN also reminds commands they are responsible to purchase coveralls for work in areas that are likely to permanently soil or prematurely destroy the uniform.

Also beginning Jan. 1, the blue 100 percent cotton t-shirt worn with the NWU will be the only authorized T-shirt for wear with the Navy blue coveralls, replacing the white T-shirt formerly worn with the uniform.

Sailors can now wear black or navy blue backpacks on either the left shoulder or on both shoulders while wearing the service uniform or NWU. When wearing the NWU, a matching NWU pattern (blue, grey and black) backpack may be worn on either the left shoulder or both shoulders. Sailors are reminded no personal ornamentation can be attached or worn on the backpack.

For complete uniform changes see NAVADMIN 118/10. More information on Navy uniforms can be found on the Uniform Matters web page at www.npc.navy.mil.

News and Notes

TPC Tickets for Military - All active duty, Reserves, retired military members and their dependents are invited to be guests of THE PLAYERS Championship (TPC) and see the best professional golfers in the world compete at TPC Sawgrass May 3-9. Military members and their families can receive complimentary tickets by going online to www.ticketmaster.com/promo/t0p06r and downloading their free tickets. A valid CAC card must be shown when entering the golf course at the appropriate gate. The complimentary tickets will be valid Monday through Sunday. Parking passes are also available. For the second year, military members and their dependents attending TPC are also invited to enjoy a private hospitality venue called the Patriot's Outpost, which is located on the hill between #16 and #18 fairways. A valid CAC card must be presented to gain admission into the area. A free lunch will be provided. For more information, call 623-7032.

Give a Day, Get a Day - Visit Walt Disney World Resort, for free? For one day of volunteer work you can receive a 1-day, 1-theme park ticket to the Disneyland Resort or Walt Disney World Resort, free. There's no better time to make a dream come true for others and let Disney make a few come true for you! For more details, visit: <http://disney Parks.disney.go.com>.

Disney on Ice - ITT has tickets available for Disney on Ice at the Pensacola Civic Center. Shows are April 22-25, 2010. Tickets are \$21.50. For further information contact: ITT 623-7032.

Read to Children - The Early Learning Coalition of Santa Rosa County is sponsoring an event to bring local service men and women, county workers, and county officers into local childcare centers to read a book to the children. It's taking place during Children's Week 2010 on Monday, April 12th, Tuesday, April 13th, and Wednesday April 14th at 3 different childcare centers in the Milton area. There is also a center participating in the Gulf Breeze area on April 16th. The volunteer would come to the childcare center and read a book provided to the children. It would only take a little bit of your time and it would mean the world to the children. If you would like any more information or please contact Delana Traweek at 983-5335 or email at trump@elcsantarosa.org.

Allied Forces Soccer - The area military soccer program has reformed to provide service members on Whiting Field, NAS Pensacola, Corry Station, and Naval Hospital the opportunity to play competitive and recreational soccer. Competitive, recreational and coed teams are available. The teams play local clubs and other area military base teams typically on Sunday afternoons as well as participating in regional tournaments.

All Active-Duty members from any service or international military program as well as dependents, contractors and government employees 18 and over are welcome to participate. Training and games are Thursdays, 5-7 p.m. at the Barrancas Field on NAS Pensacola. For more information, contact LCDR David Toellner at (850) 382-5494 or kiwi_soccer@yahoo.com

Big Band Music - Milton High School will host the Drum Corps International Drum and Bugle Corps show, Thurs. July 29. The show is titled Sounds of the South. There will be seven drum and bugle corps at this event and the DCI corps are the elite of the elite when it comes to marching bands. For more information go to one of the following two links: <http://www.mhsbandboosters.info/index.php?menu=event4> or <http://www.tealsound.org/drum-buglecorps/events/soundsofthesouth/>. Tickets are \$20 for the Su-



Bingo!

Austin Plowman shows off his check from playing Electronic Bingo at the Bowling Center. He won more than \$2,000 March 2. Photo courtesy of NAS Whiting Field Bowling Center.

per Section and \$15 for General Admission. There is also a \$5 Military discount with ID at the gates. For additional information, please call 207-8206.

Voluntary Leave Program Donations - Mrs. Yolanda R. Cardenas (Rocky) of CNRSE, Code N1, HR Kings Bay Satellite Office, NAVSUBASE, Kings Bay, has been approved for the Voluntary Leave Transfer Program. Cardenas has suffered an unexpected medical emergency and is required to be out of work for an undetermined length of time. Due to her caregiving to a terminally ill parent, she has exhausted all of her leave. Cardenas is in great need for donated leave for her unexpected medical emergency, and currently is in a Leave Without Pay (LWOP) status. Anyone wishing to donate annual leave under this program may complete the applicable Leave Donor Form. The point of contact is Diane Stukes at CNRSE (Code N1), (904) 542-2283 or DSN 942-2283.

Military Health System Open Forum - The Health Services Consumer Council is seeking a few people from each command in the area to attend the quarterly, open forum meeting at Corry Stations Cross Winds Conference Center, Apr. 29 from 2:30 to 3:30 p.m. This event provides updates on the Military Health System, TRICARE, and our health care delivery with issues and what's going on. The forum also gives an opportunity to share views and concerns so that the program may be responsive to members' needs and improve health care entitlements. Please direct any questions to Ms. Tara Rettig at (505-6048).

FREE American Red Cross Classes - Red Cross classes are being offered to active duty, military retirees, and family members at NAS Pensacola. Classes will be held at NASC, Building 633, Room 121. Options include: Babysitting class (geared for ages 11-15), Apr. 3 from 9 a.m. to 3 p.m. (must provide for own snack, lunch and drinks) and Adult, Child, and Infant CPR and First Aid Course (for ages 13 and up), Apr. 10 from 8 a.m. to 4 p.m. (may bring lunch or leave facility during lunch). To register or for further information, please call 1-800-773-7620, ext. 0. In addition, please fax a copy of your military ID card (blacken out SSN) to (850) 423-1246 along with a contact name and phone number or you may drop off a copy to the Red Cross Office located aboard NAS Pensacola, Building 1852, 280 Skyhawk Drive.

Upcoming Events

Apr. 9, 1300 - Winging Ceremony - Base Auditorium

Apr. 10, 0900 - NMCRS Fun Run - Sports Complex

Apr. 23, 0900 - Earth Day Event Bagdad Elem - Nature Trail

Apr. 23, 1300 - Winging Ceremony - Base Auditorium

Apr. 23, 1300 - NASWF Safety Stand Down - Sikes Hall

Apr. 29, 1000 - HT-18 Change of Command - Auditorium

Fleet and Family Support Center Classes

VA Representative (Call for Appointment) - Friday, 9 April, 0800–1200

How to Apply for a Federal Job - Monday, 12 April, 0800-1000

“Is it worth your while to invest your time and effort in searching and applying for a Federal Job?” If your answer is “yes”, then you need to attend this class in order to learn how to prepare the best application possible. You will learn how to read an announcement, analyze core competencies for language, analyze vacancy listings for keywords, and how to apply for jobs. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 623-7177.

Anger Management - Wednesday, 14 April, 1300-1400

Is anger affecting your health, your relationships or your work performance? Learn to understand the causes and effects of unhealthy anger and how to express and release that anger in a healthy way! Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 623-7177.

Deployment Support Group for Children - Monday, 19 April, 1800-1930

Kids and youth ages 5-18 who are children of deployed service members are invited to meet for fun and fellowship! Creative activities engage the mind and promote conversation. Share experiences and feelings with others who are also dealing with the absence of a parent due to deployment. For more information, please contact the FFSC at 850-623-7177. Hope to see you there!

Car Buying - Wednesday, 21 April, 1400-1500

Many people begin the car buying process by visiting a dealership, which should be one of the last things you do. Come find out how to research and compare for the best prices, when and how to negotiate your trade-in, how insurance fits in, and your best option for financing. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 623-7177.

VA Representative (Call for Appointment) - Friday, 23 April, 0800–1200

Resume Writing - Monday, 26 April, 0800-1000

This class will assist you in efficiently creating an effective resume. Learn how to handle sticky resume situations like military-to-civilian transition, age, employment gaps, layoffs, and career change. Learn to use your resume as a marketing tool. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 623-7177.

A Quilt Challenge and Traveling Display Will Celebrate 100 Years of Naval Aviation

The Naval Aviation Museum Foundation at the National Naval Aviation Museum in Pensacola, Florida is sponsoring a nation-wide quilt challenge to honor and commemorate the Centennial of Naval Aviation in 2011. Special events are being planned nationwide to commemorate this milestone, including air shows, Fleet Weeks, Navy Weeks, and other displays honoring naval flight.

Quilts have an important place in American history. They have been made to comfort or honor individuals, celebrate special events, provide warmth, or be used as art.

Kelly Gallagher-Abbott, a quilt maker and past curator for the Hoffman Challenge, the first and currently largest international quilt challenge, will curate the navy quilt challenge. Quilters will be invited to make a 40” square quilt to commemorate 100 years of Naval Aviation. Submissions are due on October 1st, 2010, and will undergo a jury and judging process. Selected and award winning quilts will be unveiled at the Blue Angel Homecoming Event and Air Show at the National Naval Aviation Museum in Pensacola, Florida, November 11th and 12th, 2010. In January, 2011, the quilt displays



will begin traveling to nearly 100 events, including air shows, museum exhibitions, Fleet Weeks, military and aircraft conventions, and quilt shows.

Quilt makers can choose to donate their entries. At the end of 2011, donated quilts will be auctioned with proceeds supporting a special education project of the Naval Aviation Museum Foundation: The National Flight Academy. The National Flight Academy is poised to become the premiere aviation-inspired learning adventure for our Nation's youth, delivering a world-class experience that ignites students' passion for Science, Technology, Engineering and

Math (STEM). The curriculum will be based on these STEM principles designed to help prepare 7th-12th graders to compete in the challenging technological future. Attendees will spend 5 1/2 days in an immersive, aviation-based learning environment reaching beyond the traditional academic experience. Scholarships will be available for qualifying students.

For more information, please contact the curator, Kelly Gallagher-Abbott at (970)224-9975, or visit www.navyquilts.com.

WANS Provides Vital Info to NASWF During Emergencies

The Columbine High School shootings, Hurricane Katrina, the Anthrax mailings are just a few examples of what could be considered work place emergencies. Notifying personnel so that they may take the appropriate actions is the responsibility of Emergency Management. This is where the Emergency Communication Dispatchers come into play.

From inside Emergency Communication Center, two dispatchers are constantly monitoring phone calls and are ready to send out alert messages at a moment's notice. There are two ways that the dispatchers can communicate directly with the general Whiting Field population: installation Public Announcement System siren and the Wide Area Alert Notification System. When the dispatchers activate Giant Voice, the alarm can be heard throughout the base if one is outside. Inside though, another tool was needed. This is where AtHoc® WANS comes into play.

There are a myriad of alerts composed in the computer. All the dispatcher needs to do is log in, select the scenario, make a brief edit, and press send. The entire process should take less than 3 minutes until you are receiving notification on your phone that something is amiss on Naval Air Station Whiting Field.

All WANS messages start out with the recorded phrase, "This is a message from Navy Spotter API", which is followed by a message about the test, drill or actual base wide emergency. The type of emergency or drill determines the content of messages and which groups get notified. A typical drill message example would be: "Exercise, exercise, exercise. You are being notified of an emergent public health issue, no response is required at this time. Please follow the prompts at the end of this message. Exercise, exercise, exercise. In an actual alert, only the message will be heard. The exercise phrase will be left out.

Access to these notifications are for all NASWF personnel. However, each individual must register to be able to receive the alerts. Registration is easy and all information is protected. Simply contact Jim Walsh, at 623-7324 or via email at james.f.walsh@navy.mil.

What is the Wide Area Notification System?

The Wide Area Notification System (WANS) is a 24/7 rapid emergency notification system capable of notifying specific groups of emergent issues onboard NAS Whiting Field. The system is primarily a computer based autodialing and voice messaging system. The software can contact a large number of individuals by telephone in a relative short period of time via several modes including via email, cell phone, fax and pager.

What is the WANS used for?

There are multiple uses for the WANS. It is used to notify key personnel to respond to a drill or an actual emergency. It is also used to warn the general public of severe weather, security concerns or other information that needs to be disseminated quickly to protect our personnel.

How are individuals contacted?

Individuals are contacted by telephone as the primary mode but email messages, fax messages and pager messages are also sent. Normally the program will try two times to contact the person. There is a 1-2 minute interval between tries. Once a call has been answered and a response provided, AtHoc® will cease calling.

What type of response is required?

During emergencies or drills the messages will provide instructions for a recipient's response. The instructions can include: locations to report to, phone numbers of places to call, websites to get information, or a simple acknowledgement of message received.

TRICARE Notes

NEW TRICARE CONTACT LOCAL INFORMATION

TRICARE uses several different contractors to administer health care, pharmacy and dental benefits around the world – and their contact information can be found on one page at www.tricare.mil/contactus.

By going to the website, beneficiaries will find toll-free numbers to the TRICARE regional offices in the U.S. and the overseas TRICARE area offices as well as regional managed care support contractors, dental contractors, the TRICARE mail order and retail pharmacy contractor, international SOS alarm centers, and much more. The contact page provides links to locate the nearest military treatment facilities and beneficiary counseling.



VT -3 Red Knights 50th Anniversary

Main Events

- 29 April – Alumni Tour and Ribbon Cutting
- 30 April – Golf Tournament
- 30 April – 50th Anniversary Formal Ball

Ball Ticket prices - \$30 (Black Tie Event)

RSVP with VT-3 Call: 850-623-7321 or
E-mail: sue.anelil@navy.mil

President Remarks on Navy's Biofuel Program



President Barack Obama, with the Navy's F/A-18 Green Hornet, announces additional measures to boost domestic energy production for the Nation to include strategic efforts by Department of Defense to enhance energy security. U.S. Navy photo by Mass Communication Specialist 2nd Class Kevin S. O'Brien

By Lt. Paul Macapagal, Navy Office of Information

WASHINGTON (NNS) -- President Barack Obama announced March 31 his administration's future plans on energy security to include the Department of Navy's (DoN) biofuel program inside Hangar 3 at Joint Base Andrews, Md.

These plans include strategic efforts by the Department of Defense to enhance energy production and promote clean energy innovation. As part of the Navy's Energy Strategy, the Navy is developing the critical protocols needed to certify alternative fuels for use in Naval Tactical systems.

During the president's announcement, an F/A-18 'Green' Hornet and a Marine Corps Light Armored Vehicle (LAV) which are a part of the DoN's biofuel program were in the background displaying demonstrating progress toward the current administration's energy goals.

"Our military leaders recognize the security imperative of increasing the use of alternative fuels, decreasing energy use, reducing our reliance on imported oil, making ourselves more energy-efficient," said Obama. "That's why the Navy, led by Secretary of the Navy Ray] Mabus, who's here today, has set a goal of using 50-percent alternative fuels in all planes, vehicles, and ships in the next 10 years."

Using alternative fuels and being energy efficient is primary piece of Mabus' energy reform targets for the DoN.

"One of the reasons we are trying to become energy independent, to the maximum extent possible, is to make us better warfighters," said Mabus.

As an environmental and energy concept, the 'Green' Hornet encompasses efforts ranging from operational and policy through technology research and development. The Navy will demonstrate an F/A-18 Super Hornet powered by a 50/50 biofuel blend on Earth Day, April 22, at Naval Air Station Patuxent River, Md. as part of its biofuel certifications.

Street Smarts

- (Cont. from Page 1)

Field Security Force said. "When officers hear Caliber Press and "Street Smarts", they are rushing to try and sign up."

"Street Smarts" has presented 48 seminars this year, and number 49 was here at the Wing's Club at Whiting field. The Santa Rosa County Sheriff's Office paid \$16,000 to have Street Smarts come to Milton, FL., however they did not have any appropriate facilities to host the event. That is when NAS Whiting Field offered to provide the facilities in exchange for allowing 12 of their security officers to participate in the training for free. Normally it cost \$400 per person.

"The Training has come a long way over the past 20 years," Walker said. "I remember going to this seminar back in 1988. It was all slide shows, 8mm, etc. Now it's a two day class with case studies, videos, and various multimedia."

NAS Whiting Field Security and The Santa Rosa Sheriff's Office were not the only departments to benefit from this class. The two day event offered life saving information to 89 officers from a total of eight agencies, including: Milton Police Department, Okaloosa County Sheriff's Department, Pensacola Police Department, Fort Walton Police Department, the Florida Fishing and Wildlife Force, and Department of Navy Security Force.

"The true concept is not to just teach tactics," Walker said. "It also reinforces training to save an officer's life throughout his career."

Eco-nomics

Letting your water facet run for five minutes equates to the same amount of energy used to power a 60 watt light bulb for 14 hrs according to the EPA. Leave your faucet on only to rinse your toothbrush instead the entire time you brush you teeth. You would be surprised how much energy you save.

- Save energy and wear and tear on your hardware by shutting down your computer at night. You'll save an average of \$90 of electricity a year. The DoE recommends shutting off your monitor if you aren't going to use it for more than 20 minutes, and the whole system if not in use for more than two hours.

- It definitely pays to give a thought to your thermostat, since most households shell out 50 to 70% of their energy budgets on heating and cooling. For every degree you lower the thermostat, you'll save between 1 and 3% of your heating bill. Do the same thing in reverse with air conditioning.

Congrats to TRAWING-5's Wingers and Scholars



First Row: Cmdr. Matthew Frost, USN; Ensign Jennifer Dean, USN; Ensign Ryan Camasso, USN; 1st Lt. Warren Crittenden, USMC; 1st Lt. Michael Brown, USMC; and 1st Lt. Adam Fuzi, USMC. Second Row: Cmdr. Mark Murray, USN; Ensign Matthew Paul, USN; Lt. j. g. Jesse Steele, USN; Lt. j. g. Marco Zitelli, ITNAV; Lt. j. g. Paul Johansen, USCG; Ensign Jessica Rosa, USN; and Capt. James Vandiver, USN. Third Row: Cmdr. Michael Fisher, USN; Ensign Alexander Merrill, USN; 1st Lt. Daniel Houser, USMC; Lt. j. g. Mark Kummer, USN; Lt. j. g. Fabio Laporta, ITNAV; and Rear Adm. John Roberti, USN.



Left Photo: 2nd Lt. Michael W. Robertson, USAF; Ensign Nicholas C. Rezendez, USN; 2nd Lt. Daniel S. Green, USMC; 1st Lt. Brian V. Fredo, USMC; Ensign Reed R. Smith Jr., USN; Ensign Jeffrey M. Porwoll, USN; and Ensign Omar C. Sanusi, USN receive their Academic Achievement Awards March 26 at the Training Air Wing FIVE headquarters.

Awardees from April 2 are: CWO2 Michael J. Kumm, USN; 2nd Lt. Mitchell J. Vanderkodde, USMC; Ensign Kenneth S. Snell, USN; 1st Lt. Theodore K. Seher, USAF; Ensign Stephen C. Mattingly, USN; Lt. j.g. Nathan A. Shakespeare, USCG; Ensign Matthew F. Sumner, USN; Ensign Tristan L. Brandenburg, USN; and Ensign Gabriel D. Haley, USN.

- Sports -

Medical Pulls Off Captain's Cup Championship 40-39

By: Michael M. Daharsh, NAS Whiting Field Public Affairs

Naval Air Station Whiting Field's medical basketball team won the Captain's Cup Basketball Championship with a score of 40-39 on Tues., Mar. 30, 2010. The nine man team took to the court and battled with Training Squadron TWO. For 40 minutes the two teams struggled to put points on the board with the lead changing hands throughout the game.

A total of five teams entered the double elimination tournament. HT-28, Crash, VT-3, VT-2, and Medical all played against each other through the past several weeks trying to knock the other teams out of the competition. Going into Tuesday's game Medical was favored to win being the number one seed against VT-2, the number two seed. The victory did not come easy though. Over the course of the game, neither team was able to get a more than three point spread.

The game did not go without incident however. In the second half a player from VT-2 was accidentally struck in face with a flailing elbow. Luckily for the player, medical was already there. After a quick examination, the player was fine, and the game continued.

In the final moments of the game Medical was up by three points, but a VT-2 player was fouled. Two free throws were made, bringing the score to 40-39. VT-2 gained possession one more time with a chance to take the lead. Medical scrambled to arrange a good defense. Seconds ticked quickly off the clock, and in a final push VT-2 made an attempt at the net, but the shot was blocked just before the buzzer sounded. Medical was then able to celebrate their victory.

The Medical team earned the Captain's Cup plaque and t-shirts for all the players.



Sean Morris, Charles McKinney, Michael Jones, Deante Pelton, Justin Hyman, Elijah Massey, Lorenzo Wattes, Robert Reuer stand with the Captains Cup's plaque after winning the Basketball championship 40-39 over VT-2. U.S. Navy photo by Lt. j.g. Michael Daharsh.

Burger/Hot dog cookout immediately following. Bring the kids! Air Jumpers will be set up for the families!

5-10K

Walk/Run

Proceeds will benefit
NAVY-MARINE CORPS
RELIEF SOCIETY

Date: 4/10/10

Time: 9:00 AM

Location:
NAS WHITING FIELD

Prizes

Trophies for 1st place,
Medals for 2nd and 3rd
place, from each age
group. Age groups:

- 14 -under
- 15-19
- 20-29
- 30-39
- 40-49
- 50-59
- 60+

** T-shirts will be given
to the first 200 paid
registrants.*

Entry fees:
\$20.00
 \$25.00 day of race
Pre-Register NLT:
4/7/10

*Check-in will begin 07:30 -08:30 at
Pavilion Parking lot
*OPEN TO ALL MILITARY DEPENDENTS
AND CIVILIANS (strollers welcome)

**For more information or to register
call:**
**Debra: (830) 512-6633 or find us
on facebook: NMCRS Benefit
Run**

Sponsored by:

Donations are used to provide
interest-free loans or grants to
service members*, both active
and retired, and their families
that are in financial need and
emergency situations.

* (regardless of Rank/Rate/Service)

Burger/Hot dog cookout immediately following. Bring the kids! Air Jumpers will be set up for the families!

MWR Notes

**Swim Lesson registrations are open!
For information call Kelsey Holmes at
623-7096.**

**Interested in a golf league? Please con-
tact Todd Mooneyham at 850-665-6102
or via email at todd.mooneyham@navy.
mil.**