



Vol. 68 No. 11

Wednesday, March 14, 2012

Branch Health Clinic changes charge

By Lt. j.g. Tim Mosso, NAS Whiting Field Public Affairs

Lt. Cmdr. Thomas Leach passed responsibility for the Naval Branch Health Clinic, Naval Air Station Whiting Field to Capt. Philip Blaine during a change of charge ceremony on Wednesday, March 7. Capt. Jennifer Vedral-Baron, Commanding Officer of Naval Hospital Pensacola, served as the guest speaker and presiding officer for the proceedings.

Vedral-Baron offered unqualified praise for Leach's performance as Officer in Charge of the Naval Hospital's Milton detachment.

"Without great leadership, even a great team will falter. [Lt. Cmdr. Thomas Leach], this team has succeeded because of your leadership," Vedral-Baron stated.

She added that Leach's ability and enthusiasm have distinguished his work through every step of his service to the public-private clientele of Pensacola's military community. Excepting a seven-month deployment to Guantanamo Bay, Cuba, Leach has been continuously active in service to

- (Cont. on Page 5)



Lt. Cmdr. Thomas Leach arrives amid honors during the change of charge ceremony at the Naval Branch Health Clinic, NAS Whiting Field. He passed responsibility for the detachment to Capt. Philip Blaine on Wednesday, March 7. The outgoing commander headed the clinic as his final assignment on active duty. Leach will celebrate his 23-year career during a retirement ceremony at the National Naval Aviation Museum at NAS Pensacola. U.S. Navy photo by Lt. j.g. Tim Mosso.

NAS Whiting Field employees work for a good cause



Members of the Naval Air Station Whiting Field Staff Association with a few family members stand next to some of the boxes they helped process during a day of volunteering at the Bay Area Food Bank March 8. The team processed more than three tons of food for the non-profit organization. Photo courtesy of the Bay Area Food Bank.

By Jay Cope, NAS Whiting Field Public Affairs

The Naval Air Station Whiting Field Staff Association gathered at the Bay Area Food Bank, Thursday, March 8, to help the organization support less privileged families in the local area.

This is the second year that the association has worked with the Bay Area Food Bank, and it is an event that coordinator Laura Davis hopes will become more frequent.

"I would really like to see various organizations on the base assist every month. It would be great for the base to have a presence there more regularly," she said. "There's a real need in the community. When you speak to the food bank coordinators, when you realize that we have so much and that others may not have enough to feed their children, you feel a need to support their efforts."

Sixteen base employees, both military and civilian, and family members worked to process more than three tons

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Branch Health Clinic opens online scheduling

Naval Branch Health Clinic, NAS Whiting Field, Family Practice Clinic has launched a new way of delivering healthcare, Medical Home Port. Medical Home Port operates in an 'Open Access' scheduling environment characterized by the ability to obtain an appointment to fit the patient's needs. For all beneficiaries enrolled to the Family Practice Clinic, your Medical Home Port team is called Team Jupiter.

Patients will continue to have the ability to schedule appointments beyond a seven-day period if they choose. Soon, appointment booking agents will be located in the clinic to be more involved with your Medical Homeport team to ensure that 'appointing' at the Home Port level is personalized, patient-centered, and minimizes unnecessary appointments when services can be delivered using other venues of care such as 'NHP Online.'

NHP Online, also referred to as Relay Health®, is a secure e-mail system available through our webpage, and patients can now sign up for an account. It allows communicating directly with your Medical Homeport team anytime, anywhere, from any Internet connection, and it's easy. For your non-urgent medical needs, you may even save yourself an office visit. No more waiting on-hold for appointments or medication refills.

Want to get started and connect online to your Medical Home Team? Register at http://www.med.navy.mil/sites/pcola/Medical_Home/Pages/default.aspx.

With NHP On-line, you can: email your doctor, schedule your next appointment, check on your lab results, request a medication refill, access health information to manage your health, create your own personal health record, especially useful for those managing chronic conditions, and seek advice and information from your healthcare team without having to travel to the clinic.

Your Homeport team will let you know when appointments are absolutely necessary to provide requested services. Secure e-mail will also be used to notify you regarding influenza vaccination availabilities, health fairs, school and sports physicals, and other special events of interest to our patients.

Implementation of the Medical Homeport at Naval Branch Health Clinic NAS Whiting Field is a journey we are taking together and we look forward to better serving you.

This Week in Naval History

March. 14

1863 - Rear Adm. Farragut's squadron of seven ships forces way up Mississippi River to support Union troops at Vicksburg and Baton Rouge.

1929 - NAS Pensacola aircraft make 113 flights for flood rescue and relief.

March. 15

1943 - Numbered fleet system established.

1947 - Ensign John W. Lee becomes first African American officer commissioned in regular Navy. He was assigned to USS Kearsage.

1957 - Airship ZPG-2 lands NAS Key West after 11 day non-stop flight across the Atlantic.

1966 - Establishment of River Squadron FIVE in Vietnam.

March. 16

1911 - Hulk of USS Maine sunk at sea in deep water with full military honors.

1945 - Iwo Jima declared secure.

Learn more at <http://www.history.navy.mil/wars/datesmar.htm>

March Madness games free to active duty on LiveT

The 2012 NCAA Division 1 Men's Basketball Tournament is just around the corner - with more ways to follow and watch live games than ever before. In recognition of all those who serve our great country, the NCAA, CBS, and Turner Broadcasting are offering the gift of free access to watch all 67 live games of NCAA March Madness LiveT using your computer, iPhone/iPod Touch, iPad and select Android phones. Here's how it works!

Starting last Thursday, March 8, www.ncaa.com/armed-forces military personnel could enter their .mil email address in the appropriate area. This generated an email that could be used to redeem free access. This could be done anytime leading up to, or during, the tournament.

The received email contains a unique link used to create a free 2012 NCAA March Madness LiveT account. The military email address used for the account - does not need to be used to link within the email to get started. This is a unique link that will be assigned to the military service member for use by one household. The NCAA, CBS, and Turner will not collect any personal information from you with this account.

Once the account is created, a member may login with their computer at www.ncaa.com/marchmadness and login to the NCAA March Madness LiveT apps on iPhone/iPod touch, iPad and select Android mobile phones to watch all 67 games of the tournament. Download the mobile apps from the Apple App Store and Android Market anytime after March 7. For assistance, email mmlivehelp@turner.com or call: 855-566-5483.

News and Notes

ITT Ice Flyer Tickets - The Information Tickets and Travel office has discounted tickets to all remaining home games. Tickets are only \$8.50 instead of the normal \$16 price at the gate. Tickets are limited for each game, so call ITT at 850-623-7032 to reserve your seat. Here is the schedule for the Flyers March home games:

Tuesday March 20 - 7:05 pm vs Mississippi
Friday March 23 - 7:05 pm vs Louisiana
Saturday March 24 - 7:05 pm vs Mississippi

NJROTC Pizza Sale - The Milton High School NJROTC Booster Club will be selling pizza Friday, March 16 beside the NAS Whiting Field Navy Exchange from 10 a.m. to 1 p.m. Cost is \$6 for two slices, chips and a drink.

Embry Riddle Registration - Embry Riddle Aeronautical University is now registering for the Spring 2 term through March 19. Hours on board NAS Pensacola are 8 a.m. to 5 p.m. Monday through Thursday and 8 a.m. to 4 p.m. Fridays in Bldg. 634, Suite 033, 250 Chambers Avenue. Hours on board NAS Whiting Field are Wednesdays 9 a.m. to 4 p.m. in Bldg, 1417, Room 163. Late registration and add/drop a course for a full refund will be held March 19-23. Everyone is encouraged to register early. Classes begin March 19. New Student Orientation will be held Wednesday, March 14 5 to 6 p.m. at NAS Pensacola in Bldg. 634, Suite 033. Embry Riddle Aeronautical University's Pensacola campus offers certificate programs, associate and bachelors degree programs with various specializations in Professional Aeronautics and Technical Management and the Master of Aeronautical Science degree. Email pensacola@erau.edu, visit www.embryriddle.edu/pensacola or call 458-1098 for more information.

Bagdad Park St. Patrick's Day Celebration - The Bagdad Waterfronts Florida Partnership will host the St. Patrick's Day Antiques and Arts Faire in Bagdad on March 17, 2012. The Faire will feature art and antique vendors, especially heritage arts, such as crafts, woodworking, pottery, jewelry making, and paintings, as well as antique dealers from around much of the region. Games, music, bagpipers, face painting, and storytelling, especially for children but fun for young and old, as well as food vendors and drinks. An especially exciting feature will be the St. Patrick's Day Dog Parade, for which owners are invited to outfit their dogs (and even themselves) in St. Patrick's Day attire. However, all dogs are welcome. It will also feature classic cars, and motorcycles show. There will be music all day on the Shamrock Stage. All proceeds will be devoted to the opening of the new Bagdad Mill Site Park. The Faire will begin at 9:00 A. M. and run until 4:00 P.M. The location is at the intersection of Forsyth Street and Old Bagdad Highway (Main St.). Ample parking is available. Free Admission.

Experienced Riders Course - Naval Air Station Whiting Field Safety Officer Rick Ballanger announced that there are additional seats available for the March 29 Experienced Riders Course. The class was extended to 12 participants so anyone wishing to register for one of the extra seats should call Ballanger at 850-623-7180 or go to navymotorcyclerider.com and register online.

Run for Their Lives - Lakeview Center is sponsoring their 5th annual 5K Run/Walk to raise awareness of issues pertaining to sexual assault. The 5K is scheduled for Saturday, April 21 beginning at 8 a.m. on Pensacola Beach. Pre-registration is \$18 for all ages with a \$3 discount for active duty military. The cost to participate is \$23 on the day of the race. For more information view the race website at www.runfortheirlives.kintera.org.



Ace for a Day

Lt. Benjamin Permenter, an instructor-pilot with Helicopter Training Squadron EIGHTEEN "flies" with Pilot for a Day Joshua Zajac, 11, in the TH-57 simulator as part of the Pilot for a Day program.

Joshua and his family got the opportunity to experience what life is like aboard Naval Air Station Whiting Field, Tuesday, March 6. Training Squadron THREE and Helicopter Training Squadron EIGHTEEN teamed up to welcome Joshua and set up an exciting day aboard the base. He and his family met with NAS Whiting Field Commanding Officer Capt. Matthew Coughlin, toured South tower, and flew above the Gulf Coast in the simulators. At the end of the day, the fire department showed him the ropes around the fire house and celebrated his day with cake and ice cream.

Joshua suffers from non-Hodgkin's lymphoma. Non-Hodgkin's Lymphoma is a cancer of the lymphoid tissue, which includes the lymph nodes, spleen, and other organs of the immune system. Training Air Wing FIVE's six squadrons rotate to provide opportunities each month for seriously ill children to experience life at the base through the Pilot for a Day program. U.S. Navy photo by Ensign James Hedman.

Official Notices

At a Special Court Martial convened on board NAS Jacksonville, a Second Class Petty Officer (PO2) pled guilty to using anabolic steroids and two specifications of assault. The Military Judge sentenced the PO2 to one year confinement, reduction in rank to E-1, and a Bad Conduct Discharge.

At a General Court Martial convened on board NAS Jacksonville, a Lieutenant (O-3) pled guilty to possessing a controlled substance with intent to distribute and growing marijuana plants with intent to distribute. The Military Judge sentenced the lieutenant to 33 months confinement, forfeiture of all pay and allowances, a fine of \$10,000 (and an additional 2 months of confinement if the fine is not paid), and dismissal from the Naval service. A pretrial agreement limits confinement to 18 months.

At a Special Court Martial convened on board NAS Jacksonville, an Airman Recruit (AR) pled guilty to two specifications of unauthorized absence (UA) and wrongful use of a controlled substance. The Military Judge sentenced the AR to six months confinement, forfeiture of \$978.00 pay per month for six months, and a Bad Conduct Discharge. A pretrial agreement limits confinement to 57 days.

Upcoming Events

March 19-25 - Solid Curtain / Citadel Shield Exercise
Mar. 22, 1100 - Winging Ceremony - Base Auditorium
April 3 - RDML Scorby Visit to NASWF

April 8 - Easter
April 13, 1300 - Winging Ceremony - Base Auditorium
April 27 - VADM William D. French Visit to NASWF

Fleet and Family Support Classes

VA Representative - Friday, March 23, from 8 a.m. to 12 p.m.

Call (850) 623-7177 for appointment.

Challenges of Flight School and Marriage - Thursday, March 15 and 29, from 10 a.m. to 12 p.m.

Being in Flight School is hard! Being married in Flight School is even harder! This class will help you and your spouse avoid the common pitfalls of the unique challenges Flight School has to offer. Class will be held at the FFSC conference room. For more information, contact a work and family life specialist at 850-623-7177.

Financial Planning for Deployment - Wednesday, March 21, from 10 a.m. to 11 a.m.

Deployment can be stressful enough without having to worry about your financial status! We can help ease your mind by showing you ways to ensure that your property is safe and your credit stays intact. Discover cost-effective ways to communicate with loved ones and make sure your family will have the support and resources that they need while you are away. For more information, contact a Work and Family Life Specialist at 850-623-7177.

Time Management - Wednesday, March 21, from 1 p.m. to 2 p.m.

At the end of the day, do you ask yourself, "Where did the day go?" and feel like you have accomplished very little on your "to do" list? If you answered, "yes" to these questions, this class is for you. The information provided in this class will equip you with tools that will help you make the most of your busy and demanding days. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 850-623-7177.



109 YEARS OF SERVICE NAS Whiting Field Chief Petty Officer's Association



**Invites you to our 2nd Annual Chief Petty Officer
Birthday Golf Tournament**

at the NAS Whiting Field Golf Course March 30.

Check in begins at 7:30 with a 9 a.m. Tee Time

Four Man Scramble / Shotgun Start

Cost is \$40 per person (includes lunch)

Call 850.665-6121 to reserve a slot.



Clinic

- (Cont. from Page 1)

local military health care since he reported to the Naval Operational Medical Institute in 2005.

Leach's 23-year career in the naval medicine has spanned a broad spectrum of Navy experiences. He has traced a path from the enlisted ranks, where he served as a hospital corpsman, to his final assignments as a leading officer responsible for patients in his care and Sailors in his charge. Vedral-Baron paid tribute to Leach's adroit balancing skills in his dual role as a caregiver to the community and custodian of the clinic's Sailors.

"He grew up in the ranks, he understands Navy medicine, he understands Navy Sailors, and he understands his patients," she declared.

Master Chief Hospital Corpsman Lennis McNutt, the clinic's senior enlisted leader and acting Master of Ceremonies, lauded the outgoing officer as a man of character, will, and infectious energy.

Leach's term of charge encompassed organizational triumphs in two milestone endeavors. First, the clinic staff was challenged to prepare for the rigors of the Navy TJC/IG medical inspections. In the immediate wake of this test, the clinic team faced a transition to operations in mobile units during the renovation of the purpose-built Barry J. Mathis building.

McNutt cited Leach's lead-from-the-front style as the key to maintaining a high standard of care and morale in the face of these daunting challenges. The inspections, which represent the highest degree of scrutiny to which Navy medicine subjects its facilities, yielded an extraordinary outcome: "zero discrepancies."

The move to temporary spaces challenged the clinic to maintain its across-the-board improvements in productivity and care while relocating all operations, personnel, and equipment to a mobile compound.

"He grabbed that trailer hitch and said 'come on,'" McNutt related.

Moved in more ways than one, McNutt and the enlisted strength of the clinic offered a final salute to their departing commander, "[Lt. Cmdr. Thomas Leach], we say 'thank you' for your leadership and your mentorship."

Leach opened his parting address to the clinic and its guests with equal measures of gratitude to his support base and self-deprecating humor. He offered effusive thanks to his wife Tami and his three children before expressing a heartfelt farewell to the Sailors of his charge.

"This is the best staff anyone could ask for. I asked



Lt. Cmdr. Thomas Leach addresses Naval Branch Health Clinic staff and guests during his change of charge ceremony March 7. U.S. Navy photo by Lt. j.g. Tim Mosso.

two things of you; take care of our patients, and take care of each other, and you have proven that no one does it better," he commended.

While expressing thanks for the prior speakers' fulsome endorsement of his personal qualities and professional history, Leach attempted to inject a measure of humility to his billing.

"Many of the staff have heard me joke that I joined the Navy back in the 1980's as an E-1 hospital corpsman... with a \$20,000 tan," Leach remarked.

"Here I stand 20-something years later and 20-something pounds heavier with a lot less hair, but having what I consider the best job that I could ever have asked for," he concluded.

Modest and gracious in equal measure, Leach remained true to form as a leader from the ranks and for the ranks. In his final official act as the professional head of the clinic, Leach leveraged the occasion to honor his staff by presenting Navy service awards to two of his most distinguished Sailors.

Leach will receive formal retirement and End of Tour honors at a retirement celebration to be held in his honor Friday, March 16 at the National Naval Aviation Museum aboard Naval Air Station Pensacola.

Following a formal exchange of authority, Blaine opened his term as OIC with an address to the clinic and its guests.

Blaine, who reported to the clinic following assignments at Naval Hospital Pensacola and a deployment to Afghanistan, expressed his confidence in the strength of the organizational ethic cultivated by Leach.

"Thanks to Commander Leach and the entire Branch Health Clinic staff... I couldn't have asked for or received a better turnover. We have the right people at the right time," he said.

Moreover, Blaine declared that the future of the clinic will involve new frontiers of service, leadership among area care providers, and a proactive approach to setting standards for others to emulate.

He announced that the ultimate objective for Branch Health Clinic Whiting Field is to lead among all local care providers – public and private alike – and to become "our customers' first choice for quality health care."

In closing, Blaine proposed an additional goal – in the form of a final tribute to his precursor.

"[Lt. Cmdr. Thomas Leach], best of luck to you... and we look forward to the opportunity to serve you and your family."

Volunteering

- (Cont. from Page 1)

of food. Split into three groups, one team worked in the reclamation area opening boxes, checked dates and condition of packaging, cleaned, weighed and stocked eight pallets of donated items.

The second group weighed, loaded on pallets, and wrapped for the mobile pantry 600 pounds of eggs, 500 pounds of produce, 2,000 pounds of pastry, 800 pounds of bread, 1,125 pounds of frozen foods, and about 2,000 pounds of assorted food items. These products will be taken to mobile pantries, a one-day event where the food bank takes enough food to a specific area that can feed more than 100 families.

The third group filled shelving units with food that will be available for satellite food pantries to select from.

Volunteers included: Lori Howell, Lori Aprilliano, Ron McCurdy, Julia McCurdy, Annamarie McCurdy, Isabelle McCurdy, Krystal Kelly, Bill Brock, Laura Davis, Randy Roy, Randy Smith, Rudy Mendiola, Mike Flournoy Steve Volturo, Chris Mitchell and Nichole Mitchell. Overall, nearly 60 man-hours of labor were contributed in one morning.

The team arrived at 8 a.m. and the work was finished around noon. Not everyone could stay the entire time, but everyone contributed at least a couple of hours to the effort. The food bank distributes necessary food items across a seven county swath of the panhandle, and every little bit helps, according to Bay Area Food Bank External Relations Manager Tammy Ward.

“We distribute more than four million pounds of food each year, and every piece of food that comes in has to be checked for safety purposes. With only three employees who can work in the warehouse, we could not do what we do without the community,” she said. “We truly appreciate everyone who comes out to help.”

NASWF to participate in Navy-wide security exercise

NAS Whiting Field will participate in Solid Curtain-Citadel Shield '12; an anti-terrorism/force protection exercises that will be conducted on all continental United States naval installations March 19 - 25.

These annual exercises, coordinated by Commander, U.S. Fleet Forces, and Commander, Navy Installations Command, are designed to enhance the training and readiness of Navy security forces to respond to threats to installations and units. The two exercises, each with a distinct focus, occur simultaneously and will stress different areas of the Navy's anti-terrorism program to enhance the training and readiness of Naval Security Force personnel to respond to real-world threats.

Measures have been taken to minimize disruptions to normal base and station operations, but there may be times when the exercises cause increased traffic around the base, delays in base access, and facility closures.

Military personnel, civilian employees, retirees, family members and visitors should factor in additional time for getting through gates to conduct business aboard the base. Vehicle drivers and passengers should carry proper identification with them at all times.

Personnel are advised to be prepared for facility closings across the base Friday and Saturday, March 23 and 24. Refer to the Solid Curtain/Citadel Shield posters placed strategically throughout the base.

Weekly Spotlight - Billy Heiden

Branch of service: Civilian

Hometown: Pensacola, Fla.

Job titles: IT Program Director

Command: Naval Air Station Whiting Field

Years employed with the Federal Government: 35 (20 with the USMC and 15 as DoD civilian)

What is the best part of working with the Navy?

The location and the personal relationship developed between all the Military and Civilian personnel. Knowing that what you do matters and is making a difference in the world.

What do you see yourself doing in five years?

Retirement!



Congrats to TRAWING-5 Wingers and Scholars



Back Row: Cmdr. Paul D. Bowdich, USN; Ensign Garrett M. Alfstad, USN; Lt. j.g. Matthew R. Vanderslice, USCG; Lt. Scott T. Verhage, USCG; Lt. j.g. Alex C. S. Stone, USN; 1st Lt. Chad D. Kuhlmann, USMC; 1st Lt. Andrew J. Wallace, USMC; and 1st Lt. Christopher S. Combellick, USMC.

Middle Row: Cmdr. Christopher L. Pesile, USN; 1st Lt. Chester J. Stefanowicz III, USMC; 1st Lt. Anthony W. Bradbury, USMC; 1st Lt. Peter J. Reintjes, USMC; Lt. j.g. Devon A. Cartwright, USN; Lt. j.g. Ian R. Costello, USN; Ensign Ruben M. Tapia, USN; Ensign Brian M. Eason, USN; and Col. James D. Grace, USMC.

Front Row: Cmdr. Jeffrey D. Debrine, USN; Ensign Robert A. Blackwell, USN; Lt. j.g. Linh B. Vinh, USCG; 1st Lt. Howard S. Ferrell, USMC; Ensign J.T. Blake, USN; Ensign Rachel E. Winters, USN; Lt. j.g. Katerina M. Krause, USN; Ensign Angela M. Roush, USN; and Vice Adm. John T. Blake, USN.



Left Photo: Lt. Jesse West, USN; Ensign Daniel T. Aucoin, USN; Ensign Patrick D. Flynn, USN display their certificates for the academic achievement awards presented to them Friday, March 9 at the Training Air Wing FIVE headquarters building.



Right Photo: 1st Lt. Michael C. Murdock, USMC; Ensign Brian J. Walters, USN; and 1st Lt. Mark Infante, USMC; receive their academic awards March 2.

Volunteers for Habitat for Humanity still being sought

By Ensign James Hedman, NAS Whiting Field Public Affairs

For those looking to get involved in the community, Habitat for Humanity offers a great way to volunteer to help people who need a hand up.

Naval Air Station Whiting Field Command Volunteer Coordinator Aviation Boatswain's Mate 1st Class Ryan Parrish is seeking volunteers to work for Habitat. Parrish has assembled 51 Sailors, Marines, Airmen, Coastguardsmen, and civilian volunteers from the air station and its tenant commands, but he is looking to double or even triple that number in the coming weeks.

Since revamping the recruiting process for the base community in late January of 2012, Parrish and his teams have completed basic framework, roofing and landscaping for three houses with a fourth house scheduled to be finished in the coming week.

Habitat for Humanity program in Milton offers its homes on unique terms. An individual or family fortunate enough to receive a house from Habitat must volunteer their own labor in at least four local construction projects. Parrish says, "It's actually a really cool system... As a matter-of-fact,



This is one of the houses the volunteers were working on. The house, near King Middle School, is complete for the habitat volunteers, and will be finished by experienced contractors. Photo courtesy of ABH1 Ryan Parrish..

the two main site supervisors in Milton have had houses built for them, and now they stay on and keep helping."

To be eligible to work with Habitat, all a person needs is to be able to lift a hammer. Tools and prior building experience are not required. Part of the experience is learning to build, and not only houses, either. New relationships and acquaintances are not uncommon, and are, in fact, among the premier selling points for Parrish himself.

"The people that you're helping are the same people that are there working with you, hand-in-hand. They're really humble and nice people helping the community."

Upcoming opportunities for volunteers include Habitat's staging of its annual "Build-a-Thon" event which will benefit the Escambia and Santa Rosa counties. About 150 visiting volunteers from out-of-state will board at the University of West Florida during the campaign.

In addition to its aim of "eliminating poverty housing," another goal of Habitat is to "improve the neighborhood that they're building in," according to Parrish; all it takes is your own lunch and the time to work from 8 a.m. to 3 p.m. Interested personnel are encouraged to check the Plan of the Week or contact Parrish at 850-623-7012 or ryan.s.parrish1@navy.mil.

**Fort Pickens
Kayaking Day Trip
April 14, 2012
\$15.00**

Spend the day enjoying the best of Northwest Florida from the water. Grab your water bottle, lunch, your sunscreen and come out with us for a day of kayaking along the Florida National Seashore. We will be leaving from the base and heading out to Pensacola Beach with the kayaks. Depending on the water conditions we will either kayak on the Gulf side or in the sound. Then once we have had our fill of paddling we will load up the trailer and head back to the base.

For more information or to sign up please contact the Outdoor Adventure Program on board NAS Whiting Field at 850-623-7670 or email us at Outdooradventure.wf@gmail.com