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Wednesday, May 2, 2012

# SAAM in review at NASWF

By Lt. j.g. Tim Mosso, NAS Whiting Field Public Affairs

Naval Air Station Whiting Field observed National Sexual Assault Awareness Month with a multi-faceted drive against sexual violence. The base command, its counterpart Training Air Wing FIVE, and the Fleet and Family Support Center presented an array of initiatives designed to inform Sailors and empower them against sexually aggressive actions.



and individual instruction, social events, group athletics, and high-visibility notices to communicate the essential message that sexual assault in the military hurts victims, communities, and commands.

“The events ran all months and offered something to every audience. I think we helped people to understand the Sexual Assault Prevention and Response Program, which is really important,” Phillips

reflected.

The base launched its awareness effort Wednesday, April 4, when it hosted the interactive improvisation performance “Sex Signals” to entertain and educate Sailors. Personnel of all ranks and rates were able to view the show, which addressed common relationship hazards and dangerous social scenarios. Participation was strongly

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## Whiting Becomes Outdoor Classroom for Earth Day

By Jay Cope, NAS Whiting Field Public Affairs

Nearly 60 second graders from Bagdad Elementary School trekked through trails, sought out wildlife, learned about conservation, and a whole lot more during Naval Air Station Whiting Field’s third annual Wildlife Ecology Field Day, Thursday, April 26. The day-long schedule is designed to foster respect, appreciation, and understanding of the Northwest Florida environment.

The youths gathered at the entrance to NAS Whiting Field’s publicly-accessible Clear Creek Nature Trail, where the children were broken up into groups which rotated through a series of activities and information stations. Presentations included sessions on bees, reptiles, fire prevention, and recycling. The kids were also treated to a hike down the nature trail where they were introduced to the various trees and their uses.

Questions asked down the trail display the chil-

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Second Graders from Bagdad Elementary School cross one of the bridges on the Clear Creek Nature Trail at Naval Air Station Whiting Field, Thursday, April 26. This is the third year the base has sponsored a Wildlife Ecology Day to observe the annual Earth Day celebration. Photo courtesy of Ron Cherry.

# BBB issues identity theft advisory

Pensacola, Fla. (April 30, 2012) – Identity theft and fraud remain growing problems in the United States. Last year, the Consumer Sentinel Network recorded nearly 2 million complaints involving these two issues, quite a jump from 2002's 325,519 reports of ID theft. According to the CSN, the cost of identity theft and fraud was \$1.5 billion in 2011. While the amount of money lost to fraud and identity theft is an improvement from recent years, there's still much work to be done.

The state of Florida continues to be a hotbed for fraud and identity theft. In 2011, Florida received the most complaints of identity theft per capita in the U.S., according to research by the Consumer Sentinel Network. The research also showed that 11 Florida cities ranked in the top 50 metropolitan areas in the country for identity theft complaints. The CSN found that Florida residents lost over \$95 million to frauds, second only to California.

"Unfortunately, the numbers aren't surprising," said Norman Wright, president and CEO of your BBB|Northwest Florida. "Florida has large numbers of both senior citizens and military service members, and both populations are prime targets for identity thieves and scammers."

Fraud along the Gulf Coast remains prevalent. Despite their relatively smaller populations, Pensacola, Panama City, Fort Walton Beach and Tallahassee all ranked in the top 150 metropolitan cities for fraud across the country.

Gulf Coast consumers should particularly be wary of debt collection scams, the most common of all fraud complaints in Florida last year. A debt collection scam typically involves a person posing as a debt collector, demanding money for an outstanding debt that may or may not actually be owed. The scammer hopes that harassment and fear cause the person to pay without checking all the facts.

- Start with [bbb.org](http://bbb.org) to get a BBB Business Review on any business you're considering hiring, especially if they contact you first.
- Take precautions to protect your information online: use secure passwords, keep anti-virus and anti-spyware current, and do not respond to emails asking you to "verify" your personal information.
- Offline, minimize the personal information that's imprinted on your checks, don't carry around more credit cards than are necessary, don't leave sensitive mail sitting in an unlocked mailbox, and shred any sensitive documents you no longer need.
- Monitor your accounts regularly for any unauthorized transactions and report any errors immediately.
- Get a free copy of your credit report from each of the three credit bureaus every year. [www.annualcreditreport.com](http://www.annualcreditreport.com) <<http://www.annualcreditreport.com>> is the only official site to help consumers get a free copy of their credit report.

## This Week in Naval History

### May 02

1975 - U.S. Navy departs Vietnamese waters at end of evacuation.

### May 03

1861 - USS Surprise captures Confederate privateer Savannah.

1898 - Marines land at Cavite, Philippines, and raise U.S. flag.

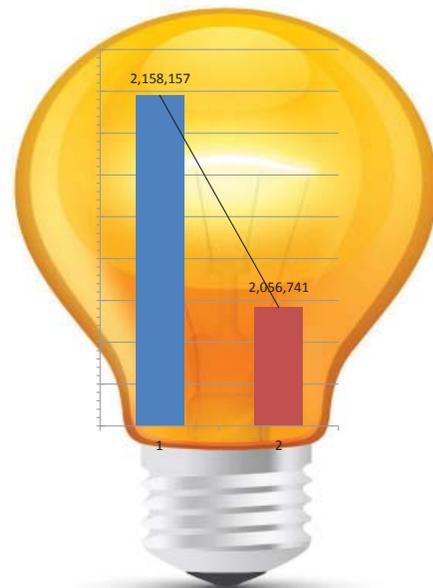
1949 - First Navy firing of a high altitude Viking rocket at White Sands, N.M.

### May 04

1917 - First Navy ships, Destroyer Division 8, arrive at Queenstown, Ireland, to provide convoy escorts against German U-boats

1942 - Battle of Coral Sea, first carrier vs. carrier battle, begins

1945 - Japanese attempt to land on Okinawa repulsed; kamikaze attacks damage 6 U.S. Navy ships



## Power Outage

Conserving energy continues to be one of the Navy's prime objectives, so each week we will display the energy usage comparisons for Naval Air Station Whiting Field between 2011 and 2012. As you can see, in March, the base used more than 110,000 kilowatt hours less than in the previous year.

# News and Notes

**From the CAC Card Office** - Effective immediately: Any military member who loses their CAC card MUST get a special request chit from their chain of command in order to receive a new CAC card. All others (contractors, civil service, etc.) will continue to need a police report in order to replace their lost CAC.

**Disney on Ice** - The Pensacola Civic Center Saturday and Sunday May 13 and 14. The discounted ticket price is \$21.75. There are only a limited number of tickets available. Call Cyndi Myers at 850-665-6250 for details.

**Bonfire Jam** - Pensacola Beach will be rockin' Saturday, May 12 with the sounds of Ronnie Dunn, Craig Morgan Sunny Sweeney and Brett Eldredge during the 2012 Bonfire Jam. Tickets are on sale now at [www.bonfirejam.com](http://www.bonfirejam.com).

**Test Preparation Programs for Military** - Military personnel can obtain SAT and ACT PowerPrep programs at cost (\$13.84 to \$72.00). The retail value of these programs is \$199.99 to \$599.00. The SAT and ACT PowerPrep programs are available as a DVD-ROM set and/or books. This program is available to all service members, including members of the Reserves, Active Duty, and their families this offer is made possible because of donations from NFL/MLB players. This program has been extended to military families and veterans for a sixth consecutive year through the eKnowledge Sponsorship Alliance, NFL and MLB players, and over fifty other organizations. Please contact the provider directly at [support@eknowledge.com](mailto:support@eknowledge.com) or call 1-951-256-4076 for questions or assistance.

**Run for Their Lives** - Lakeview Center is sponsoring their 5th annual 5K Run/Walk to raise awareness of issues pertaining to sexual assault. The 5K is scheduled for Saturday, April 21 beginning at 8 a.m. on Pensacola Beach. Pre-registration is \$18 for all ages with a \$3 discount for active duty military. The cost to participate is \$23 on the day of the race. For more information view the race website at [www.runfortheirives.kintera.org](http://www.runfortheirives.kintera.org).

## Boys & Girls Clubs of the Emerald Coast 5K

Boys & Girls Clubs of the Emerald Coast will sponsor the Inaugural Red Brick Road - Thomas Cameron Memorial 5K at 9:00 a.m.,



### Retaining Our Best

ABHCS Keith Hendrickson congratulates ABH2 Darrell Zofcin during his reenlistment ceremony on Friday, April 6. Zofcin U.S. Navy photo by Jay Cope.



### CNIC Views

NAS Whiting Field Commanding Officer Capt. Matthew Coughlin guides Commander Naval Installations Command Vice Adm. William French on a tour of the air station Tuesday, April 24. French visited multiple base activities, enjoyed a social lunch with members of the air station community, and surveyed the surrounding area from the seat of a Training Air Wing FIVE TH-57 helicopter. U.S. Navy photo by Lt. j.g. Tim Mosso.

Saturday, June 2nd, in East Milton. This run is being held in memory of LTJG Thomas Cameron, USCG. The 5K will be on the historic State Road 1 Red Brick Road, a part of the Old Spanish Trail that once connected Milton and Crestview. It will begin on Airport Road near Peter Prince Airport and end at the new Boys & Girls Club near the intersection of U.S. Highway 90 & State Road 87. Registration cost thru May 25th: \$25.00 May 26th thru race day: \$30.00 You can register on line or download a registration form by going to [www.redbrickroad5k.org](http://www.redbrickroad5k.org).

**America's Kids Run** - May 19th, 2012 at 0900 at the NASWF Sports Complex. It is designed to introduce running as a fun and healthy activity for children. There will be three different lengths to match different age groups: Ages 9-13- 2 miles; Ages 7-8- 1 mile; Ages 5-6- 1/2 mile There will be prizes for the top 3 finishers in each age group:

1st Place- a free boat rental from Whiting Park

2nd Place- a free game of Golf at the Bowling Center

3rd Place- a free pass to a movie at a local theater

To register, simply go to [www.americaskidsrun.org](http://www.americaskidsrun.org). Select Register and the select NASWF.

### Veterinary Microchip Clinic

The veterinary clinic on Corry Station will be doing a microchip clinic only on Saturday, May 5th for pets of active duty and retirees. We will open at 1000 -1400. No appointment is required. Cost will be \$27.00, and giveaways will be provided for the pets.

## Official Notices

At a contested Special Court-Martial convened on board NS Mayport, a Petty Officer Second Class was found guilty of assault by threat with an unloaded firearm. The members of the court-martial sentenced the Accused to 30 days hard labor without confinement and reduction in rank to E-4.

## Upcoming Events

May TBD, 0800-1600 - NASWF Staff Association Blackwater River Cleanup - Whiting Park

May 18, 1500-1900 - Military Appreciation Picnic - Base Sports Complex

May 11, 1300 - Winging Ceremony - Base Auditorium

May 24, 1300 - Winging Ceremony - Base Auditorium

# Fleet and Family Support Classes

## VA Representative - Friday, May 4 and 18 from 8 to 12 p.m.

Call (850) 623-7177 for appointment and details of required documentation

## Dating Series #1 - Monday, May 7 from 1 to 2 p.m.

This class will help you engage in a more secure and enjoyable dating process. Topics include: warning signs of a difficult partner, skills essential for a healthy relationship, five key areas you need to explore during the dating process, and how to “follow your heart without losing your mind.” For more information, contact a Work and Family Life Specialist at 850-623-7177.

## Challenges of Flight School and Marriage - Thursday, May 10 from 9 to 11 a.m.

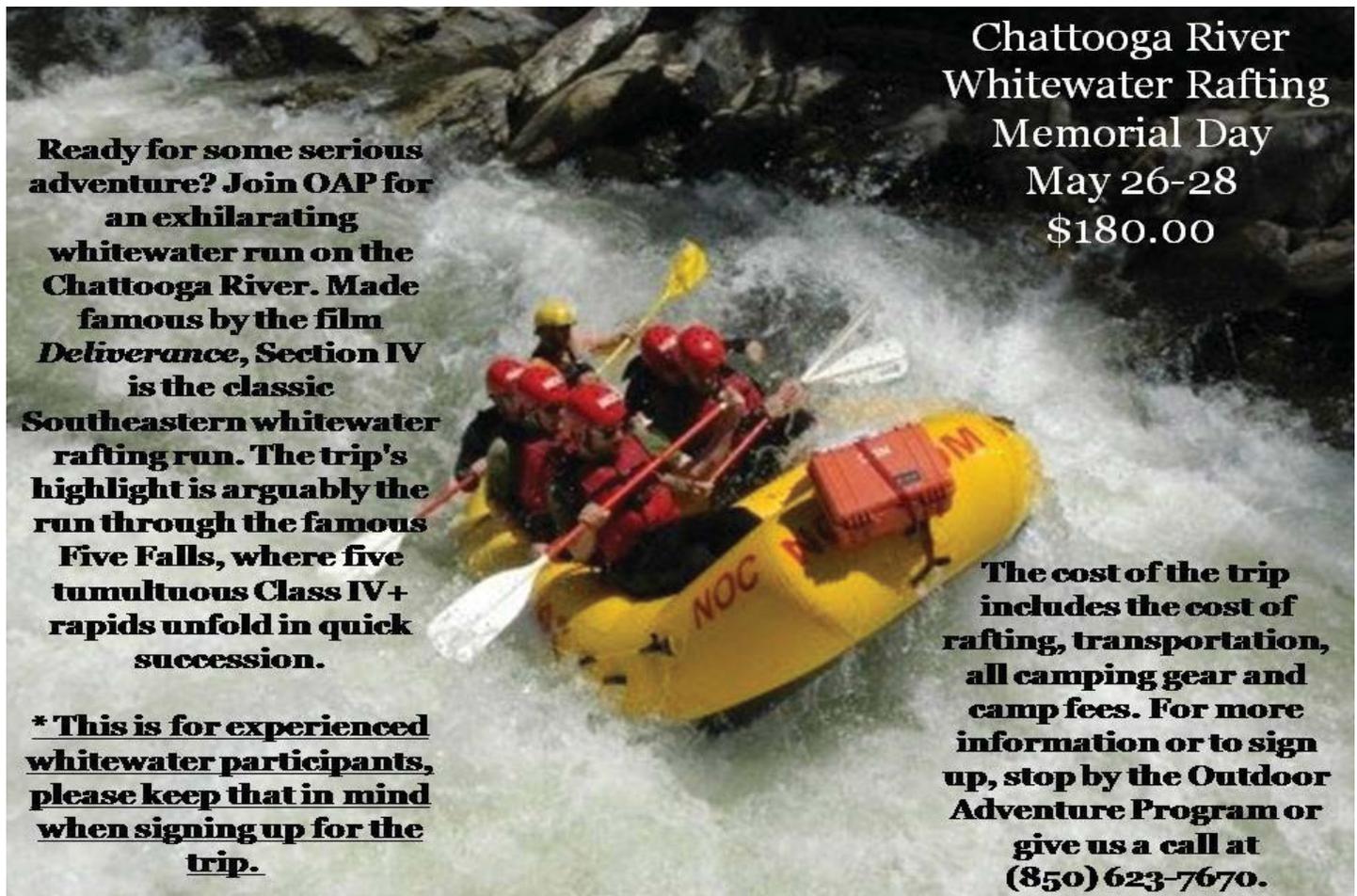
Being in flight school is hard! Being married in flight school is even harder! This class will help you and your spouse avoid the common pitfalls of the unique challenges flight school has to offer. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 850-623-7177.

## Home Buying - Thursday, May 10 from 1 to 3 p.m.

Are you in the market for a new home? We can help! From finding the best agent, to negotiating price, types of mortgage loans, and how to get the best interest rates, we can help! Find out how to buy a home and maintain your lifestyle! For more information, contact a Work and Family Life Specialist at 850-623-7177.

## Job Search Strategies - Monday, May 14 from 9 to 11 a.m.

Are you new to the area and having a hard time finding employment in this tough economy? In this informative class, we will give you several techniques and resources that will help you with your job. Bring a copy of your resume if you would like our Work and Family Life Staff to review it after the class. For more information, contact a Work and Family Life Specialist at 850-623-7177.



**Ready for some serious adventure? Join OAP for an exhilarating whitewater run on the Chattooga River. Made famous by the film *Deliverance*, Section IV is the classic Southeastern whitewater rafting run. The trip's highlight is arguably the run through the famous Five Falls, where five tumultuous Class IV+ rapids unfold in quick succession.**

**\* This is for experienced whitewater participants, please keep that in mind when signing up for the trip.**

**Chattooga River  
Whitewater Rafting  
Memorial Day  
May 26-28  
\$180.00**

**The cost of the trip includes the cost of rafting, transportation, all camping gear and camp fees. For more information or to sign up, stop by the Outdoor Adventure Program or give us a call at (850) 623-7670.**

# SAAM

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encouraged by the actors, and the audience engaged the subject matter with enthusiasm.

Base Commanding Officer Capt. Matthew Coughlin used the occasion to issue a Proclamation of National Sexual Assault Awareness Month. Coughlin stressed the uniquely comprehensive damage that sexual assault deals to military communities and the inevitable reduction in mission readiness that follows. His guidance illustrated one of the central tenets of this year's Navy-wide awareness message; what hurts one, hurts all.

FFSC contributed its voice to the University of West Florida's local chapter of "Take Back the Night," an inter-collegiate statement against sexual aggression. The base SAPR team hosted a booth in order to raise the profile of armed forces solidarity with the cause. The evening event, which followed the base's presentation of "Sex Signals," offered an awareness march, teach-ins, testimony of victims, and resources for targets of sexual assault.

Base SAPR personnel took their message to the beach Saturday, April 21. Phillips and FFSC Education Services Facilitator Laura McLaughlin promoted military sexual assault awareness efforts at the fifth annual "Lakeview Rape Crisis/Trauma Recovery Program Run for Their Lives 5k" at Pensacola Beach.

"We had a banner that Laura and I brought out, and the two of us ran the race for Whiting. We had a good military turnout with about 75 members from the area bases that we contacted," Phillips recalled.

The air station's SAAM outreaches also encompassed small-scale, individual instruction. The FFSC team offered in-depth training to personnel who will act as conduits to SAPR resources. In this capacity, the base team assumed a leadership role by disseminating SAPR methodology to the greater Pensacola military community.

"We did Point-Of-Contact and Data Collection Coordinator training on April 24. Whiting took the lead in the sexual assault prevention and response training of Naval Air Station Pensacola SARC's Maria Caceres and Lillie Johnson," Phillips explained.

Additionally, the air station's SAPR team shared its expertise during small-scale sessions with flight instructors, civilian department heads, and senior leaders throughout the tenant commands. The exchange of prevention and response knowledge will help to provide broad-based deterrence of sexual assault at all levels of the base community.

Phillips cited resource-awareness as the greatest achievement of the base's SAAM 2012 campaign.

"We were able to make people aware of their options, whether we were training instructors at the squadrons, educating members of the NAS Whiting Field community so they could educate their families, or bringing groups together for general training sessions like 'Sex Signals.'

"We really wanted to give people a place to turn for information- our resources at FFSC, the tools to work toward eliminating sexual assault."

## Weekly Spotlight - Rudy Mendiola

**Branch of service:** U.S. Navy, Retired

**Hometown:** Barrigada, Guam

**Job title:** N7 Training and Readiness Coordinator

**Command:** NAS Whiting Field

**Years with the Federal Government:** 31 years

### What is the best part of working with the Navy?

Working with an incredible group of selfless individuals. Whiting Field is more like a community than a command... people working together towards a common goal is what it's about! What do you like best about your job?

### What do you see yourself doing in five years?

I hope to continue being a part of this incredible staff and command. I feel very blessed to be counted amongst very extraordinary people.



# Classroom

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dren's appreciation for the environment said Ron Cherry, NAS Whiting Field's nature resource manager.

"We ask questions throughout the trail walk, and the kids shout out the answers," he said. But they also had a lot of stories to tell about their grandfather taking them fishing or their parents taking them camping. The kids always have a lot of enthusiasm and interest throughout the day."

For the 42nd year, Earth Day highlighted the need to protect and preserve the Earth's natural resources and sustain natural habitats. The world-wide program emphasizes the need to raise awareness of our historical problems associated with the lack of conservation efforts in the past.

The Wildlife Ecology Field Day has become an annual tradition for the Naval base's environmental department. It serves as a way to celebrate Earth Day and is a good way to reach out and connect with the children, according to Cherry.

"We have a new crop of second graders each year, and we need to impart to them a respect for the environment," he said. "We try to teach them the importance of the environment to their future."

## Starbase Atlantis opens enrollment for summer program

Starbase Atlantis is gearing up for its 18th year of helping local youths grasp the concepts of science, technology, engineering, and math. Using real-world applications and interaction with Navy personnel, the program not only helps area fourth and fifth graders grasp STEM concepts, but works to teach life skills - such as goal setting, self esteem, and drug demand reduction - to help the children grow up to be productive citizens.

Starbase Atlantis is holding its annual open enrollment to prepare for the summer sessions at Naval Air Station Whiting Field. As many as 25 students may attend each class and the sessions vary according to the school: Russell Elementary - June 11-14 or June 25-28; Berryhill Elementary - July 9-12; Pea Ridge Elementary - July 16-19; SS Dixon Int. - July 23-26; Oriole Beach Elementary - July 30-Aug. 2; and Holley-Navarre Int. - Aug. 6-9.

Applicants from Berryhill, Pea Ridge, SS Dixon, Oriole Beach and Holley-Navarre must have attended fourth grade during the 2011-1012 school year. Russell students



must have been enrolled in the fifth grade. Department of Defense dependents who have completed either fourth or fifth grade during that time frame are also eligible to apply.

The summer programs at NAS Whiting Field are Navy sponsored educational opportunities that correspond to national and state math and science requirements that have been developed for all activities. Whiting Field is one of only three Naval bases in Florida that host such a program. Nation-wide, approximately 10,000 students attend Starbase Atlantis programs each year.

Classes will begin at 8:30 a.m. each day, and finish at 3 p.m., and will be conducted primarily at Bldg. 1417, Room 143 on the base. Other base locations will be used as needed, but children may be reached by calling 850-623-7516 or 7702.

Applications may be dropped off at Bldg. 1907 at NAS Pensacola, faxed to 850-452-8288, or emailed to starbaseatlantis@mchsi.com. Only students with completed applications may be considered for entry.

## SECURITY CHECKPOINT



**Question:** *How many points can one get before their driving privileges revoked?*

**Answer:** *NASWFINST 5560.5 - Individuals acquiring 12 traffic points within 12 consecutive months or 18 points within 24 consecutive months will have their installation driving privileges revoked. The period of revocation may vary, but in no instance will it be for less than six months. In either event, the individual will be required to attend Remedial Driver Training before reinstatement. This Remedial Driver Training will be attended in the local community during off-duty hours and at the individual's own expense. Proof of completion will be required within 60 days.*

*i) All personnel, including civilian employees, who accumulate six or more points within a one year period will be required to attend remedial or Safe Driving Course at his/her expense provided by West Florida Safety Council.*

# Fleet and Family graduate five new Ombudsmen

*- Volunteers work to serve needs of service members' families*

Fleet and Family Support Center completed a 16.5 hour course of intensive Ombudsman Basic Training (OBT) April 12, for new ombudsman and Command Support Team members. The Navy Family Ombudsman Program promotes healthy, self-reliant families by providing a direct link between families and Commanding Officers.

The new graduates are: Elaine Galpo, Helicopter Training Squadron EIGHT; Angela Johnson, Training Air Wing FIVE; Daisy Johnson, Naval Air Station Whiting Field; Stephanie Ball, Training Squadron TWO; and Jen McDonald, Helicopter Training Squadron EIGHTEEN.

The Ombudsman is a volunteer, appointed by the commanding officer, to serve as an information link between command leadership and Navy families. Ombudsmen are trained to disseminate information both up and down the



The newly graduated Ombudsmen are: Elaine Galpo, Angela Johnson, Daisy Johnson, Stepania Ball and Jen McDonald. The five women graduated the Ombudsman training course April 12. Photo courtesy of FFSC.

chain of command, including official Department of the Navy and command information, command climate issues, local quality of life (QOL) improvement opportunities, and “good deals” around the community.

They also provide resource referrals when needed. They are instrumental in resolving family issues before the issues require extensive command attention and provide empathic support during and after crises. The command ombudsman program is shaped largely by the commanding officer’s perceived needs of his/her command. The command ombuds-

man is appointed by and works under the guidance of the commanding officer who determines the priorities of the program, the roles and relationships of those involved in it, and the type and level of support it will receive.

## MILITARY Appreciation DAY

### EVERYTHING IS FREE!

Activities for all include: door prizes and give-aways, vendor displays, hamburgers, hotdogs, drinks, popcorn, sno-cones, family/friend photos with a commemorative frame, static aircraft displays and games.

Active duty military will be eligible to win 5 GRAND PRIZE packages that include all expense paid weekend with lodging, gas card, food and extra spending money.

Concluding the evening there will be a family friendly 80's tribute concert.

### KIDS ZONE ACTIVITIES

Inflatable challenge course	Tattos	Inflatable giant slide
Carnival games	Inflatable playhouse	Zoo animals
Hands on activities		Puppet show







Sports Complex Pavilion

MAY 18TH 3:00 - 7:00





