

U.S. Military Sailors Compete in World Sailing Championship In Bahrain

By MC1 (AW) Eric Brown
NAVCENT

ZALLAQ, Bahrain — Six U.S. Navy and Coast Guard Sailors comprising the U.S. Armed Forces Sailing Team competed against representatives from 25 countries at the 44th World Military Sailing Championship, from March 13-21, 2010.

The U.S. team is part of Department of Defense (DoD) Armed Forces Sports Program, which promotes goodwill and a positive image of the armed services through sports, encourages physical fitness by promoting a highly competitive sports program and provides the avenue for military athletes to participate in national and international competitions.

“Our main mission here in Bahrain is friendship through sport,” explained Navy Cmdr. Jay Cavalieri, the U.S. team’s captain. “It’s a good way for us to engage in military-to-military ties.”

Held for the first time in Bahrain, the World Military Sailing Championship was hosted by the International Military Sports Council (CISM), which is headquartered in Belgium and boasts 122 military member nations worldwide.

The U.S. team spent five days practicing in J/24 sailboats – the same type of craft used in the competition - in Key West, Fla., prior to the match races at the Bahrain Sailing Club’s Al Jazayir beach.

The team members, who had been selected earlier this year by submitting resumes to DoD Armed Forces Sports Program, had never met before their first practice on March 5.

“We had a coached practice every day,” recalled team member Airman Michael Fleck, stationed aboard USS Constitution in Charlestown, Mass. “We worked on a variety of drills, upwind and downwind, and we did some one-on-one practice competing against another boat in match racing.

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Photo by MC1 (AW) Eric Brown

U.S. Navy and Coast Guard Sailors comprising the U.S. Armed Forces Sailing Team compete in the 44th World Military Sailing Championship March 18, 2010. The American team, part of the Department of Defense (DoD) Armed Forces Sports Program, competed against teams from 25 countries in this annual event that was held in Bahrain for the first time. The DoD Armed Forces Sports Program promotes goodwill and physical fitness through a highly competitive sports program, and creates opportunities for military athletes to participate in national and international competitions.

Navy Seabee 1st Annual Ball



Photo MC2 (AW) Johansen Laurel

Retired, Builder 1st Class Matt Bradey, a civilian contractor on board Naval Support Activity, Bahrain, and Equipment Operator Constructionman Rebekah Horovsky assigned to Public Works Transportation cut the ceremonial cake during the 68th birthday celebration of the United States Seabees and the 143rd birthday of the Navy Civil Engineer at the Elite Hotel and Spa, Mar. 19.

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NSA offers child care services for family members

By MC2(AW) Johansen Laurel
Staff Writer

MANAMA, Bahrain — Naval Support Activity, Bahrain’s Fleet and Family Support Center (FFSC) takes care of service member’s families by providing them with various programs such as the Child Development Center (CDC), School-Age Care (SAC) Program and a Teen Center.



Photo MC2 (AW) Johansen Laurel

Child Development Center employees, Jennifer Scheller (left), Maria Seif (back), and Crystal Cain (right) take children for their daily morning walk along the spine on board Naval Support Activity, Bahrain, Feb. 22.

“CDC offers child care services for children ages 6-weeks to 5-years old, while the SAC program is for 5 to 12-years-old,” said Teen Director, Amanda Thornton. “We have an infant and pre-toddler room at the preschool now available. We expect to have additional rooms as more families arrive.”

In addition to these services for infants and pre-schoolers, the SAC program has partnered with the Boys and Girls Club of America

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THESE STORIES AND MORE...

Family Life at NSA Bahrain

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Photo MC2 (AW) Johansen Laurel

Attendees enjoy dancing during the 1st Annual United States Seabee Ball at the Elite Hotel and Spa, Mar. 19. The celebration marked the 68th birthday of the Seabees and the 143rd birthday of the Navy Civil Engineer Corps.

SPACE A TRAVEL GOUGE

by Lt. Cdr. Steven Cooper

Until recently, unaccompanied command-sponsored dependents wanting to utilize their space-available (Space A) travel privileges were limited to traveling between Bahrain and the United States (CONUS), with no ability to travel to, or stop off at other destinations like Europe or Asia. That limitation has been lifted, and now they can freely travel to other destinations besides the U.S. without their sponsor accompanying them. This change in policy recognizes the challenges forward deployed families face traveling together due to the active duty member's work commitments and allows overseas dependents to utilize space-available travel opportunities more freely.

Check with your command admin office via your Command Pass Coordinator along with the Air Mobility Command at 439-9591 for further information.

the Bahrain DESERT TIMES

www.cnic.navy.mil/bahrain

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CO signs two proclamations for the children of Naval Support Activity



Photo MC1 (AW) Felix Garza Jr.

Commanding Officer (CO), Naval Support Activity (NSA), Bahrain, Capt. Rick Sadsad, signed two proclamations "Child Abuse Prevention Month" and "Month of the Military Child" witnessed by Fleet and Family Support Centers' Family Advocacy Representative Ann Wilson and Director of Child Development Center Beatrice Broadnax (left and right of CO respectively) along with children and staff members at the Child Development Center on board NSA, Bahrain, Mar. 18. April is National Child Abuse Prevention Month and Month of the Military Child. "I encourage all members of our military family to come together and form a network that supports parents and ensures that our youth are safe and given the opportunity to have happy, healthy childhoods," said Capt. Sadsad.

EASTER EGG HUNT!

April 3, 2010 1100-1300



Ages: 2 - 16

Location: Gazebo near Liberty Center

Open to all eligible NSA patron's children

The Easter Bunny will be available for photos between 11-12:30. Bring your cameras!

FUN ACTIVITIES INCLUDE: Easter Egg decorating, Bunny Hop race, and Jelly Bean guessing (bring a bag to carry the Easter Eggs) **Snacks will be served.**

USS Ardent Visits Bahrain Mobility International Center

By MC2 (AW) Jason T. Poplin
Staff Writer

ISA TOWN, Bahrain — Approximately 17 Sailors assigned to Mine Countermeasures (MCM) Crew Conflict, embarked on board USS Ardent (MCM 12), volunteered to participate in a community relations (COMREL) project at the Bahrain Mobility International Center in Isa Town, Bahrain, Mar. 18. The project is one of many COMREL projects that MCM Crew Conflict will perform during its seven month deployment to the U.S. 5th Fleet area of responsibility (AOR).

“The true benefit of doing this COMREL isn’t limited to camaraderie building between us and the people at the facility,” said Lt. Cdr. Jose Roman, Commanding Officer, USS Ardent, MCM 12. “It reflects a larger endeavor to build, support, and maintain a solid friendship between the U.S. and the Kingdom of Bahrain.”

COMREL page 6



Photos MC2 (AW) Jason T. Poplin

Top: Sailors assigned to Mine Countermeasures (MCM) Crew Conflict, embarked on board USS Ardent (MCM 12), play wheelchair basketball at the Bahrain Mobility International Center in Isa Town, Bahrain, during a community relations project Mar. 18. **Bottom:** Sailors assigned to Mine Countermeasures (MCM) Crew Conflict, embarked on board USS Ardent (MCM 12), clear trash and debris at the Bahrain Mobility International Center in Isa Town, Bahrain, Mar. 18. The Sailors helped clean-up the grounds and played wheelchair basketball with frequent visitors of the facility.

Chaplain’s Corner Easter and Passover

By Chaplain (Cmdr.) Michael Hall
NSA Bahrain Chaplain



We are now in the Easter and Passover seasons. For Christians, Easter is the celebration of the resurrection of Jesus, whom is believed to be the promised Messiah. Through His resurrection Jesus conquered death and reconciled man to God and those who believe on His name will spend eternity in heaven with God. For Christians, Easter is a more significant celebration than Christmas as it is the reason that Christ was born into the world. It is the completion of the Christmas story.

Passover is the Jewish celebration when the death angel passed over the Hebrew homes in ancient Egypt that had the blood of a lamb smeared over the door to keep the first born from being killed. This told the angel that they trusted in God. The killing of the first born of each household was the final plaque that was brought upon Egypt by God because they refused to release the Hebrews from hundreds of years of slavery.

Both Easter and Passover are stories of deliverance. One is the deliverance from the bondage of physical slavery in Egypt, and the second is the deliverance from the spiritual bondage of sin. Both

require a trust in God who is the One who is able to deliver.

We can find ourselves in both stories as we seek deliverance in our own lives. Whether we are in bondage to selfishness, greed, lust, power, gossip, alcohol, sexual addiction, abusive relationships and the list goes on, we can know there is One who has the power to deliver us and set us free. May this season be one of self reflection and reconciliation between the created and the Creator.

Tell me the story of Jesus musical



Photo MC2 (AW) Johansen Laurel

Members of the Easter Musical perform for service members and their families during the “Tell me the Story of Jesus: An Easter Musical” on board Naval Support Activity, Bahrain, Base Chapel, Mar. 27.

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“The J-24 is a very tricky boat to sail. It has a fairly short keel, so you have to keep a few factors in mind when racing, such as weight management of the boat and keeping the sails trimmed correctly. To truly sail it well you have to have a lot of practice and have a good feel for the boat.”

The single-masted J/24 boat is 24 feet long, weighs more than 3,000 pounds, and carries three sails.

“For some of us, it was the first time we had sailed this type of boat,” noted Cavalieri, a staff oceanographer at the Naval Mine and Anti-Submarine Warfare Command in San Diego. “The crew was assembled quickly, and we didn’t have a lot of time to practice.”

Although the American sailing team did win some of their races, overall they did not place high against many of their more skilled and experienced competitors.

“It was a rude awakening when we actually got here,” Cavalieri said. “The skill set of other teams is far greater than what I had anticipated. I didn’t really realize how big CISM was in terms of the eyes of the rest of the world - this is their Olympics. The level of talent here is as high as anywhere you will find in the world.”

“The competition is far beyond the scope of what I had imagined,” Fleck agreed. “To compete at this level has been a great opportunity for this team.”

To learn more about opportunities to participate in the U.S. military’s sports program, visit the Web site at www.armedforcesports.com.

Maritime Center of Excellence Hosts Planning Course

By MC1 (AW) Eric Brown
Staff Writer

MANAMA, Bahrain — More than 20 officers from 10 nations in the region are participating in the Commander's Operational Planning Course (COPC), that focuses on maritime security, operational planning and long-term relationship building and networking, from March 21 - April 1.

The Maritime Center of Excellence (MCOE), as part of Commander, Combined Maritime Forces (CMF), is hosting the conference for students in the pay grades of commander and lieutenant commander, with a large part of the curriculum being provided by four instructors visiting from the U.S. Naval War College, Newport, R.I.

"You were handpicked by your leadership to be here," said Commander, Combined Maritime Forces, Vice Adm. Bill Gortney during his opening remarks at the conference. "We want to be able to instill in all of you a framework for operational level planning, and improve the effectiveness of future senior leaders in the region."

Participating nations include Bahrain, Pakistan, United Arab Emirates, Saudi Arabia, Jordan, Kuwait, Iraq, Yemen,

Oman and Egypt. "We are all here for one thing - maritime stability and security in this region," Gortney said.

This is the first time the COPC has been held, and it is intended to become an annual event, said Cmdr. Kevin McGowan, deputy director of the MCOE. This course follows from the success of the Combined Force Maritime Component Commander Flag Course, for regional naval captains and admirals, hosted by the MCOE in November.

"The vision of the COPC is planning at the operational level of war, but rather than being in a classroom taught with books, but without any real context, the course is taught in the regionally relevant context of maritime security, with an emphasis on counter-piracy," McGowan explained. "The commander's vision for this course is multilateral, with officers from different countries bringing their own perspectives, so it is as much about networking and relationship-building as maritime security and operational planning. These students are participating while they are lieutenant commanders and commanders, instead of waiting until they are flag officers."

The 24 nations comprising CMF patrol more than 2.5



Photos MC1 (AW) Eric Brown

Commander, Combined Maritime Forces, Vice Adm. Bill Gortney welcomes Yemini Coast Guard Maj. Majed Mastoor and other international naval officers from the region on the first day of the Commander's Operational Planning Course, March 21, 2010. More than 20 commanders and lieutenant commanders from 10 countries are participating in the conference, hosted by Maritime Center of Excellence, as part of Combined Maritime Forces (CMF), and facilitated by the U.S. Naval War College. The course is designed to improve operational planning, maritime security and relationship building among the 24 nations comprising CMF that patrol 2.5 million square miles of international waters in the region.

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Practice makes perfect



Photo by MC2 (AW) Jason T. Poplin

Emergency Response Fire Brigade/Decontamination Element team members work to remove clothing from a casualty during a simulated chemical and biological incident on board Naval Support Activity, Bahrain, Mar. 16. The simulation was a practical application of skills learned during an intensive, two-week preparatory evolution called "Desert Sailor" which occurred earlier this year. "The drill was a major success," said Lt.j.g. Ricardo Cerna, Training Officer, Naval Support Activity, Bahrain. "It offered us a great opportunity to work with the Ministries of Health and Interior to form and execute a game plan should this type of situation occur." According to Cerna, the simulation offered a great starting point for the development of future drills while strengthening ties with both ministries. Desert Sailor, a program that consisted of daily physical training, classroom instruction and hands-on practical drills, is an exercise designed to prepare an 80-member Emergency Response Team to respond to incidents or natural disasters aboard NSA Bahrain and other Department of Defense installations in Bahrain.

Naval Support Activity welcomes Naval Munitions Command



Photo by MC2 (AW) Jason T. Poplin

Navy Munitions Command (NMC), Detachment Bahrain, Command Master Chief, Harold Miller, NMC Officer in Charge, Lt. Jeff McCrady, and Commanding Officer, Naval Support Activity (NSA), Bahrain, Rick Sadsad conducted a ribbon cutting ceremony at building 279 marking the establishment of NMC on board NSA, Bahrain, Mar. 25. NMC functions as the Navy's center for ordnance support operations ashore, worldwide, and provides quality and responsive logistics, as well as technical and material ordnance support to the warfighters. NMC, Detachment Bahrain, is one of 12 detachments under NMC Continental United States East Division.

What event would you like to see on base in the future?

WORD ON THE STREET:



HM1 Genevieve Caoili
MBHC

Since spring is coming and there are a lot of dependents here, we should have some kind of "Spring Fling." That would be a good event for Morale, Welfare and Recreation to sponsor.



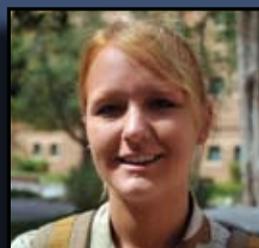
IT2 Andrew Scott MCM Crew
Constant

MWR does a good job sponsoring ce-are a lot of dependents here, we should have some kind of "Spring Fling." That would be a good event for Morale, Welfare and Recreation to sponsor.



MA3 Joshua Hitz Weapons
Department

I would like to hear some jazz and some blues for variety, but overall I think MWR does a good job with the programs they sponsor for us on base.



MASR Savannah
NSF

I just got here but what I would like to see is a rock concert sometime in the near future. That would be really cool.



OS1 Sharon McQueen
NAVCENT

I think we should have an American Idol Bahrain and have one of the original cast come here and judge it.



OS1 Keison Hunt
NAVCENT

I thought the Avatar visit was cool, so I would like to see more movie stars and sports figures visit Bahrain.

Holocaust Remembrance Memorial Walk



**“Stories Of Freedom...
...What You Do Matters”**

The NSA Multi-Cultural Heritage Committee will be hosting a Remembrance/Memorial Walk in recognition of those lost and the survivors of the Holocaust on April 18, 2010 at 1800.

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million square miles of international waters to conduct both integrated and coordinated operations with a common purpose: to increase the security and prosperity of the region by working together for a better future. CMF is working to defeat terrorism, prevent piracy, reduce illegal trafficking of people and drugs, and promote the maritime environment as a safe place for mariners with legitimate business. CMF counters violent extremism and terrorist networks in maritime areas of responsibility; works with regional and other partners to improve overall security and stability; helps strengthen regional nations' maritime capabilities and, when requested, responds to environmental and humanitarian crises.

Chief of Navy Reserve meets with Reservists



Photo by MC1 (AW) Felix Garza Jr.

Chief of Navy Reserve, Vice Adm. Dirk J. Debbink, conducted an all hands meeting with reserve military personnel in the base chapel on board Naval Support Activity, Bahrain, Mar. 18. In addition to answering questions from attendees, Adm. Debbink discussed Active Reserve Integration and the Navy Total Force program which is designed to create a more cohesive, responsive ready force, optimizing the capabilities of the Navy Reserves.

Sexual Assault Proclamation signed by CO



Photo by MC1 (AW) Felix Garza Jr.

Commanding Officer, Naval Support Activity (NSA), Bahrain, Capt. Rick Sadsad, holds a “Sexual Assault Awareness Month” proclamation he signed on board NSA, Bahrain, Mar. 18. Also in the photo are Fleet and Family Support Centers’ Family Advocacy Representative Ann Wilson and Victims Advocate Jeanie Foster, along with NSA volunteer Victim Advocates, Master-at-Arms 3rd Class Samantha Bruner, Religious Petty Officer 3rd Class Russell Trimp, Operations Specialist 1st Class Sharon McQueen and Master-at-Arms 2nd Class Elizabeth Diaz. The month of April has been designated as Sexual Assault Awareness Month, dedicated to raising awareness and educating communities and individuals on how to prevent sexual assault.

Oil Spill Planning, Prevention, and Response Exercise and Conference



Photo by MC2 (AW) Johansen Laurel

Commanding Officer, Naval Support Activity Bahrain, Capt. Rick Sadsad, attended the Commander, Navy Region Europe, Africa, Southwest Asia and Commander, U.S. 5th Fleet, Oil Spill Planning, Prevention and Response Exercise and Conference at the Gulf International Convention Center, Mar. 16.

‘ENERGY SMART’ Energy and Planet Saving Tips

By John Kitson

MANAMA, Bahrain — Have you ever thought that some challenges are just too big to tackle? Some may say that saving energy and the planet at the same time is an example of this kind of problem. Fortunately, there are many things, in addition to recycling, that we can do at home, at the office, in the barracks, on base and in our communities to reduce energy costs and help protect our environment.

You might ask, “How can one person possibly have an effect on such a large challenge?” The truth is that an individual can do great things. Start multiplying these dedicated individuals making a difference and you will soon have a good chance at success. Here are a few things you, the individual energy consumer, can do to reduce energy waste, increase awareness about energy conservation, and protect our environment one step at a time.

At home, in the barracks, or visiting friends and family

- Wash your clothing in cold water rather than hot water. This reduces energy consumption use by 90%! Modern detergents work quite well in cold water.
- Purchase non-toxic cleaning products. Use natural fiber sponges and cleaning agents that are biodegradable, phosphate-free, chlorine-free, and unscented.
- Reduce paper use. Use cloth grocery bags and rags instead of paper towels; cloth napkins instead of paper ones. Buy post-consumer recycled paper and recycle it after you’ve used it.
- Refurbish responsibly. Use water-based or vegetable-based paints, stains, and varnishes. Don’t wash paint thinners, household cleaners, oil, or pesticides down the drain or pour them on the ground; use them up, give leftovers to friends or a charity, or dispose at your local waste disposal center.
- Replace disposable goods with renewable ones. Buy rechargeable batteries. Use dishes instead of paper plates.
- Plant for the planet. Strengthen your garden’s resistance to pests by planting resilient plants. Rotate the fruits and vegetables you plant, and attract friendly bugs to prey on the pesky ones. Plant things that are indigenous to the region you live to ensure lower maintenance and appropriate watering requirements.

At the office and on duty

- Start a recycling program if one isn’t already in place. Lead by example!
 - Copy on both sides of the paper. This is especially efficient for internal documents and drafts.
 - Reduce documents to fit two pages onto one. Use for circulating rough drafts or file copies of documents.
 - Use lighter-weight paper. Lighter paper requires less energy and fewer raw materials when it’s manufactured.
 - Use your e-mail and other tech-savvy alternatives whenever possible. Instead of printing out e-mails, organize the folders in your inbox for good record keeping and easy access.
- If you’re unfamiliar with how to organize your e-mail messages into folders, contact your IT support person for assistance.

In your community – on base or off

- Use your bike for shopping, visiting and errands. Add a carrier rack or basket to your bike to make it easier to transport your briefcase or groceries. If your office is close by, consider commuting by bicycle at least part of the time.
- If you must drive, don’t speed. Speeding wastes fuel. Rapid acceleration and hard braking are also inefficient, increase maintenance costs, and lower your mileage.
- Turn your vehicle off. If you are thinking of hitting the drive-through, consider parking and picking up food inside. For short waits, put your car in neutral to avoid burning fuel unnecessarily.
- Keep your vehicle’s tires properly inflated. Under-inflated tires will lead to poor mileage. You can often find the correct pressure for your vehicle’s tires printed on the edge of the driver’s side door. Check inflation twice a week.
- When camping or cooking out, take nothing but pictures; leave nothing but footprints. The main idea to remember is that despite the size of the challenge, the efforts of every individual make a difference.

Do you have an energy-saving idea or suggestion you’d like to share?

Please email us at john.kitson.ctr@eu.navy.mil and we will include it in an upcoming feature of Energy Smart.



INTERESTED IN LDO / CWO?

AVIATION DETAILER VISITS BAHRAIN

2 Apr (NSA Bahrain)

0900-1030: LDO/CWO Community Brief at P-911 Multi-Purpose Room (LDO/CWO/selectees) (there will be a sign-up sheet for appointments)

1030-1200: LDO/CWO Program Applicant Brief at P-911 Multi-Purpose Room

1200-1300: Lunch at Officer’s Club, Building P-911 (LDO/CWO/selectees welcome to join)

1300-1700: One-on-one appointments with CDR Friddle (NAVCENT Visiting Flag Officer Office)

1700-1900: No-host social at Officer’s Club, Building P-911

3 Apr (AV Unit)

0900-1030: LDO/CWO Community Brief at AV Unit Conference Room (LDO/CWO/selectees)

1030-1200: LDO/CWO Applicant Brief at AV Unit Conference Room

1200-1300: Lunch TBD

1300-1700: One-on-one appointments with CDR Friddle (AV Unit)

COMREL from page 3

The Bahrain Mobility International Center is a non-profit organization that provides social rehabilitation and services to the disabled in Bahrain. Volunteers came to the center to provide a general cleaning of the facility grounds with a concentrated effort to remove trash and rubble from the children’s play area.

A wheelchair basketball match followed, giving Sailors an opportunity to navigate the court and test their wheelchair basketball shooting ability with other adults and children who frequent the center. The volunteers ended the day with pizza, drinks, and a few more free throws.

“I think this event touched everyone in a big way,” said Mineman Seaman Kyle Henry. “At work, there can be a lot of stress that usually comes with deployment. To be able to get away from work, to do something that was bigger than all of us, did a lot for everyone and we had a different outlook coming back to the boat.”

Ardent is currently deployed in support of various operational commands and conducts coalition building port visits with various nations in the U.S. 5th Fleet AOR.

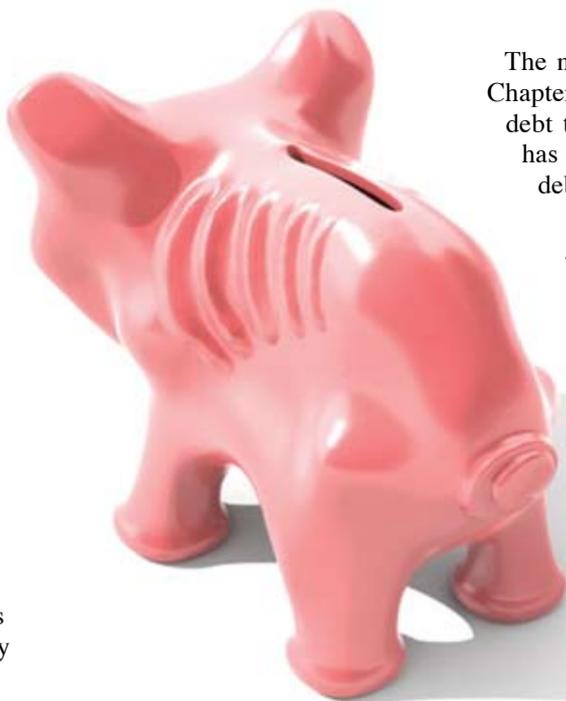
Debtors Face Paying Off Debt With Changes To Bankruptcy Code

By Jon Ridgel

MANAMA, Bahrain — Recent amendments in Chapter 7 and Chapter 13 of the federal bankruptcy code have brought about changes to how things will be interpreted for debtors filing for bankruptcy.

Previously, the law supported the debtor, which would result in the creditor losing financially, if a bankruptcy case was not proven a fraud.

The current negative economic climate in the U.S. has led to a revision of the bankruptcy code. Previously, people filing for bankruptcy were able to keep their assets, despite not having paid a single cent to their creditors. The current wave of economic entrenchment raised concerns for the safety of financial institutions as people suffered losses due to recession and quickly resorted to filing for insolvency. By doing so, the financial burden was completely shifted to the banks, while debtors simply walked away.



The new changes in the code clearly state if one files for bankruptcy under Chapters 7, 11, or 13, he or she will be liable to pay at least some part of the debt to the creditors with few outstanding exceptions. The amendment also has a clause requiring one declaring bankruptcy to pay the entire amount of debt even after all assets are liquidated.

As a result of these changes, a massive debt settlement market has grown. People realizing the high costs of receiving a poor credit score when filing for insolvency while still having to pay the debt are discovering the convenience of settlement. By working with creditors, debtors can reach a settlement that agrees with their financial situation, and can lead to huge reductions in their accumulated credit card bills and possibly shield their credit score from major damage. This step is also favorable for the banks as the processing time for a settlement is shorter when compared to a lengthy bankruptcy case.

With awareness and better information, people can turn towards debt settlements to earn financial freedom.

JOINT EMPLOYMENT JOB FAIR

**April 6 from 0900-1400 @ the
Multi-Purpose Room**

The Fleet and Family Support Center in partnership with Naval Support Activity, Bahrain Human Resource Office and Morale, Welfare and Recreation are hosting the first (and hopefully annual) Joint Employment Job Fair.

For more information please contact the Fleet and Family Support Center at 439-4046 or stop by their office in building 267

YOUNG DEPENDENTS from page 1

to provide a before and after school program for children from 5 (kindergarten) to 12 years of age. During the school year, the FFSC has its own creative curriculum for each room and the lesson plans are implemented by the teachers. When school is not in session during holidays and summer vacations, camps are also provided.

For children older than 12 years of age, the Teen Center is a facility they can utilize. "The Teen Center is for 7th -12th graders and features a multimedia room, game room, arts and crafts, music room, computer lab, and snack area," said Thornton. "The Teen Center also provides programs such as community service, sports and fitness, and work force preparation."

The FFSC's staff consists of four local nationals and 11 family members. Each member is highly trained and qualified in child development care to provide the best services to the children. Testament to the staff's professionalism, the National Association for the Education of Young Children accredited the FFSC as a program which provides exemplary developmental care for young children.

Successful programs at the FFSC are not solely based on the staff and lesson plans, but are also supported through family interaction. "We have a very involved parent participation plan and we like to see them here," said Thornton. "It's not just serving the children but also incorporating the whole family. We have plenty of opportunities for the community to get involved."

The CDC, SAC and Teen Center are located in Building 267 and are open during the week, but closed on weekends and Federal Holidays. Eligible members include Active Duty Military, DoD Contractors, and DoD Civilians.

For more information regarding the Child and Youth Program, call 439-9092.

Leather Hogs



Photo by MC2 (SW/NAO) Lenny Francioni

Naval Support Activity (NSA), Bahrain-Base Chaplain, Cmdr. Michael Hall met with Bahrain H.O.G. (Harley Owners Group) and blessed the riders and their hogs on board NSA, Bahrain, Mar. 21. The group rides every Friday morning and helps with local charities all over Bahrain.

NSA DUTY SAFETY OFFICE

Available 24 / 7 to assist all concerns and needs

NSA Safety Office

0630 - 1600 Phone: 1785-4601 / 8226 / 3527 / 3455

Fax: 1785-3526

NSA Safety Officer

1600-0630 Phone: 3940-0734

NSA Safety Director

Phone: 1785-3528 Fax: 1785-3526

Explosive Safety Officer

Phone: 1785-3528 Fax: 1785-8911

All mishaps must be reported to the Safety Office to ensure a "Lessons Learned" training is conducted to assist the prevention of future occurrences.

HR Classified Ads

CONUS POSITIONS:

Announcement Number: SE0-0856-12-N5577931-OS-IN
Position: ELECTRONICS TECHNICIAN, GS-0856 -12 Open
Date: 03/22/2010 -
Closing Date: 04/05/2010

LOCAL POSITIONS:

Who May Apply: Appointable Candidates in the Commuting Area
Announcement: NSA-10-024R
Position: Office Automation Assistant, YB-0326-01
Department: NAVCENT FPO
Opening Date: 21 Mar 2010 Closing Date: 03 Apr 2010

BG POSITIONS:

Announcement: NSA-10-031
Position: Recreation Aid, BG-0189-04

Department: MWR

Opening Date: 09 Mar 2010 Closing Date: 07 Apr 2010
Cut-off: 22 Mar
2010 Who May Apply: Bahraini Citizens (1st Priority consideration), Non-US Citizen Spouses (2nd Priority Consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees.

Announcement: NSA-10-032

Position: Recreation Assistant, BG-0189-06
Department: MWR
Opening Date: 09 Mar 2010 Closing Date: 07 Apr 2010
Cut-off: 22 Mar
2010 Who May Apply: Bahraini Citizens (1st Priority consideration), Non-US Citizen Spouses (2nd Priority Consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees.

2010 Sandstorm Photography Workshop



Photo by MC2 (AW) Johansen Laurel

Logistic Specialist Seaman Amina Mutesi assigned to Naval Forces Central Command poses for participants of the 2010 Sandstorm Photography Workshop held on board Naval Support Activity (NSA), Bahrain, Mar. 26. The workshop is designed for aspiring and professional photographers to collaborate their ideas and skills in various photographic techniques.

SANDSTORM INTERNATIONAL PHOTOGRAPHERS WORKSHOP III

In collaboration with



BASIC STUDIO LIGHTING - March 26th
 Multi-purpose room, @ NSA from 1100 - 1600

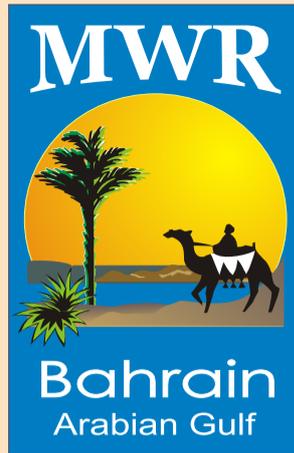
LANDSCAPE PHOTOGRAPHY - April 2nd
 @ Bahrain Fort from 1200 - 1800

BASIC PHOTO EDITING - April 9th
 Multi-purpose room, @ NSA from 1100 - 1600



FOR MORE INFO CONTACT:
 Giuseppe Chiariz: giuseppechiariz@hotmail.com / 3625-1954
 Felix Gerz: felix.gerz@navy.mil / 3613-8233
 Johansen Laurel: jlaurel@npsa.com / 3681-8812
 Quincy Williams: msquincy@npsa.com / 3675-3084
 Jonathan Tolan: 36547404

This ad is paid by the Navy Exchange



Movie Schedule

Friday, April 2

Theater A

- 10 a.m. - Princess & the Frog (G)
- 12 p.m. - Fourth kind (PG13)
- 2 p.m. - Everybodys Fine (PG13)
- 4 p.m. - Did you hear about the Morgans (PG13)
- 7 p.m. - Up In The Air (R)
- 9 p.m. - It's Complicated (R)

Theater B

- 11 a.m. - Planet 51 (PG)
- 1 p.m. - Old Dogs (PG)
- 3 p.m. - Transporter (PG13)
- 5 p.m. - Daredevil (PG13)
- 7 p.m. - Brothers (R)
- 9 p.m. - Precious (R)

Saturday, April 3

Theater A

- 10 a.m. - Tooth Fairy (PG)
- 12 p.m. - Old Dogs (PG)
- 2 p.m. - Armored (PG13)
- 4 p.m. - Leap Year (PG)
- 7 p.m. - Brothers (R)
- 9 p.m. - Pirate Radio (R)

Theater B

- 11 a.m. - Did You Hear About The Morgans (PG13)
- 1 p.m. - Couples Retreat (PG13)
- 3 p.m. - Planet 51 (PG)
- 5 p.m. - Fourth Kind (PG13)
- 7 p.m. - Ninja Assassin (R)
- 9 p.m. - It ' S Complicated (R)

Comments & Suggestions

All are welcome to send comments or suggestions to MWR Bahrain. Please e-mail them to: MWRsuggestionBox@me.navy.mil

If you would like to receive MWR Bahrain's e-mail announcements, just send your official e-mail address to the above e-mail address.

ITT

Belly Dancing Dinner Show

- Thursday, April 1**
- Time: 8:00 p.m.
 - Min 8 people, Mar 30 cut-off
 - Gate price: \$37: ITT Price \$30

PLEASURE CRUISE @ ALBANDER RESORT

- Friday, April 2**
- Time: TBA
 - Min 6 people, Max 12 people
 - Mar 30 cut-off
 - ITT Price: \$59.00 per person

SCUBA DIVE

- Saturday, April 3**
- Time: 8:00 am
 - Min 8 people, Mar 30 cut-off
 - Gate Price: \$88.00, ITT Price: \$82.00

GO-KART RACING

- Thursday, April 8**
- Time: 1630 - 2000
 - Min 8 people, Apr 5 cut-off
 - ITT Price: \$23

GROUP FISHING TRIP

- Friday, April 9**
- Time: 0530 - 1300
 - April 6 cut-off day
 - Cost: \$352
 - Max of 8 people

****Please arrive 15 minutes prior****
All dates and times are subject to change

Sun - Thur 6 a.m. to 9 a.m.

Sadi Vee Da Wolf

THE HEAT *Johnny Bravo* THE HEAT

106.3 Phone: 439 - 4036 106.3



- \$17.50.
- Departs 1200.

Thursday, April 8
Volunteer at the local animal shelter

- Departs 0830.
- Hard Rock Café**
- Free transport: 1700

Friday, April 9

Pearl Snorkling Adventure

- 1800
- E6 & Below \$25, Others \$27.50.

Saturday, April 10

Tree of Life, Pottery & Saudi Causeway tour

- Includes picnic lunch: 0930
- Departs at 1200
- E6 & Below: \$3, E7 & Above \$5

- Thursday, April 1**
City Centre Mall:
- Free Transport.
 - Departs 1800

Friday, April 2

Bahrain Museum & Arab Lunch

- E6 & below \$5, E7 & above \$7.50
- Departs 0900.

"Let it be Jewelry" Exhibition Gold city & Arabic dinner

- E6 & Below: \$3, E7 & Above \$5.
- 1700

Saturday, April 3

Wahoo Water Park:

- E6 & Below: \$15 E7 & Above

For more information call the Liberty Center at 439-3192