

Fleet and Family Support Center September 2012 Events

NSAND
Gaeta



Some scheduled events may vary from this schedule. Go to FACEBOOK: "Gaeta Ffsc" for latest news on events



Call or Stop by to sign-up for our classes: 626-8354/7 – 081 568 8354/7 – Cell: 331-640-6842

The FFSC Gaeta is located in Bldg 752 1st Deck at Fleet Landing

ICR FIELD TRIPS WILL NEED AT LEAST 3 CONFIRMED PARTECIPANTS OR WILL BE CANCELLED – REGISTRATION IS REQUIRED

Monday, 10 at 1000 - 1100

Smooth Move Workshop

Description Learn about your moving allowances, household goods, utility closeouts, customs, and more. You should attend this class 4-5 months before your PCS date.

10,17,24 SEP - TIMES WILL BE 1200-1300 - CTR 1 ON BOARD MTW

Lunchtime Italian Onboard MTW

Basic Italian language classes!! This class covers the Italian you need on daily basis. Real life situations will be simulated and lots of practical examples will be used. Be ready to use your new language skills right away.

17,24 SEP - TIMES WILL BE 1000-1100 – AT THE FFSC

Italian Language and Culture Classes

Thursday, 13 at 0900 - 1400

Visit the Tower of Mola and the Roman Villa in the Gianola Park (2 in One true Italian ICR Experience)

The Tower of Mola (IN FORMIA)

Most of you are aware of the large tower on the waterfront in Formia. This is the thirteenth century Torre di Mola (Mola was one of the small villages which remained after the ninth century destruction of Formia by the Saracens). Additionally we will visit the ruins of the Roman Thermal baths of Formia and the Roman aqueduct.

We will have the privilege to visit for the first time after 20 years of closure to general public the tower. (KIDS ARE NOT ALLOWED TO COME UP THE TOWER)..

ROMAN VILLA OF MAMURRA

Following we will drive to the Park of Gianola and visit the remains of a huge Roman Villa that belonged to MAMURRA a military officer that served with Julius Caesar. Mamurra's military service, and



his patronage by Caesar, made him extremely rich and powerful. He was originally from Formia and here is where he built his "dream house" for retirement... Additionally we will walk along the Park and get to make excellent pictures.. Some walking to do.

We will then identify a local restaurant for lunch. Car pool. Meeting in Formia main parking lot at 0900.

Tuesday, 18 at 0830 - 1430

Wine Harvest Workshop at Porto di Mola & "GRAPES STOMPING"

Certain types of work have a romantic appeal that transcends the extremely difficult labor involved; grape picking and the wine harvest season head the list .



For this reason, this day the attendees who want to immerse themselves in local tradition, working at the wine harvest can't be such a bad thing.

Attendees will have the opportunity to work side by side with the local workers and experience for themselves the hard work... and passion that goes into a glass of wine. Fine wine requires that the grapes be picked at exactly the right time. Days, and sometimes even hours, count. Attendees will have the opportunity to ask questions to the experts and get "on the job training." It is recommended to wear working clothes and working shoes. A walk-through of the vineyard and wine making process will occur as well as Italian traditional lunch at the Porto di Mola establishment. Cost of Food is 10 euro.

We will be departing from Gaeta Fleet

Landing at 0815.. the drive is a little over an hour. Carpooling.

Tuesday, 25 at 1030-1200

Learn how to make Italian Gelato at : "IL Molo"

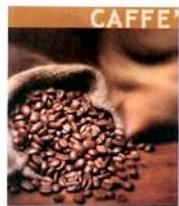
Come and join us in Old Gaeta at the most famous Italian Gelato shop in the area. Paolo will be our instructor and will reveal the secrets of the making of Italian Gelato. Learn the ingredients and the process of how ice-cream is made in bella Italia... but most of all you will get to taste it.



Friday, 28 at 0900-1400

COFFEE ROASTING FACTORY

& VISIT TO A 1000 YEARS OLD CASTLE (2 in One true Italian ICR Experience)



This unique trip and visit to a Coffee Toasting Factory in San Giorgio a Liri on the way to Cassino will show you how the "art" of blending the world's finest coffee beans old and (secret) recipes that have been handed down from father to son (for generations). Get to see... the rotating drum roasting machine that works on a discontinuous cycle and feel the aroma all around. You will get a free coffee or cappuccino and Cornetto at Bar of the Factory. ---

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Following this full immersion into Italian coffee making we will proceed to Castelnuovo Parano and visit town on top of a mountain built within and around a Castle from over a 1000 years ago. We will have lunch at a "trattoria" inside the castle tasting some local specialties.

Be there! – Meeting at Panorama - CARPOOLING IS ENCOURAGED!



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**Enrich ~ Empower ~ Educate**