

Panorama

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55TH YEAR, NO. 10

Serving the NATO, Naples and Gaeta military communities in Italy

FRIDAY, MARCH 12, 2010

SPEDIZIONE IN A.P. - 45% - ART. 2 COMMA 20/B LEGGE 662/96 - FILIALE DI NAPOLI



**EARTH DAY 2010
SUPPORT SITE**

**MAKE-OVER
CONTEST**

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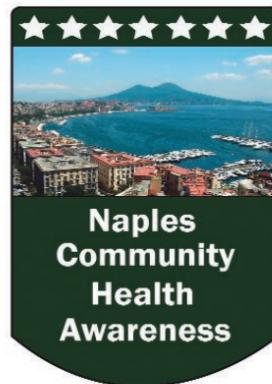
HEALTH UPDATE

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**USNH Naples
Environmental
Health Info Center:
081-811-6321**

Visit

<https://www.cnic.navy.mil/Naples/CommandInformation/HealthAwareness/Index.htm>



NAPLES HIGH SCHOOL ATHLETES OF THE MONTH FOR FEBRUARY

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Lt. Chris Moton, the Naples area coordinator for Navy-Marine Corps Relief Society (NMCRS) active duty fund drive gives a brief March 6 to the local command representatives about this year's fund drive at Naval Support Activity Naples. The Naples fund drive started March 1st and will go on until April 16.

Navy Marine Corps Relief Society Naples Active Duty Fund Drive Kicks Off

By MC3 Kristopher Regan,
Navy Public Affairs Support Element- East Det. Europe

The Navy-Marine Corps Relief Society (NMCRS) active duty fund drive for 2010 kicked off at Naval Support Activity (NSA), Naples March 1.

The purpose of the drive is to collect donations from as many people as possible in order to fund the NMCRS and all of its resources. Since NMCRS is a non-profit charitable organization, it relies on donations to operate. According to the NMCRS website, although sponsored by the Department of the Navy, the Society is a non-profit organization whose programs are totally funded by charitable contributions.

The fund drive will go on until April 16. "Our goal for this year's drive is to meet or exceed the amount of money that we raised last year," said Lt. Christopher Moton, Naples area coordinator for NMCRS drive. "Last year the Naples area collected about \$98,000 so it would be great to raise that much again or even more."

The idea behind this year's drive is to get more people involved and try to get more people to par-

ticipate. "We want to collect more for the cause, but this doesn't mean we want the people who always donate to donate more," said Moton. "Instead of people giving more money we would like more people to be involved and donate."

NMCRS provides numerous resources and aids to Sailors and Marines who are in need of help. All of the money that is made in this area will go right back to those in need.

"The Navy-Marine Corps Relief Society is such a wonderful organization that is truly there for our Sailors and Marines," MCPON (SS/SW) Rick West said in a Navy News Service article. "I want to emphasize the importance of contributing to this year's fund drive. This is truly about Sailors and Marines helping their own."

NMCRS is an organization that helps service members all over the world. Since its founding in 1904, Society volunteers and employees have provided more than \$1.1 billion in interest-free loans and grants to more than four million active duty and retired Sailors, Marines and their families.

For more information about the Naples area drive contact the NMCRS at DSN 626-3913 or contact your command's representative.

More participation from 0-5+, small base populations needed for Living Pattern Survey in Italy

Story by MC2 (SW/AW) Marc Rockwellpate

With installations throughout Italy currently participating in the Cost of Living Allowance (COLA) Living Pattern Survey (LPS), military leadership is urging all personnel who are eligible to take part in this important financial spending review.

According to a report sent by the Defense Travel Management Office (DTMO) on Mar. 9, more input is needed from senior officers at the rank of O5 and above in both Naples and Sigonella.

The report also shows that some locations, including Gaeta, Ghedi and Livorno, need to increase the overall response rates from personnel with dependents. With small personnel populations at those facilities, the LPS responses are vital to ensure an accurate assessment of spending patterns can be made.

"The Living Pattern Survey is one of the 'Building Blocks' of COLA," said Loredana Avino, the LPS point of contact for NSA Naples and NAS Sigonella. "Every 3 years an LPS is conducted and the data reported in this survey will be used to adjust the COLA for Italy."

Participants can take the survey by visiting the following Web site - <https://www.defensetravel.dod.mil/oscola/lps/italy/>.

The LPS samples members with command-sponsored dependents assigned to a certain location regarding which stores they use and the percentage of market basket items they purchase at on-base, off-base facilities as well as internet purchases. This information is then used during the COLA market basket survey, or the Retail Price Schedule (RPS). The RPS collects prices for approximately 120 goods and services (normally 6-9 prices each) at sources identified in the LPS at about 200 locations.

The RPS results are weighed against a market basket survey conducted on similar products in the U.S. This is used to produce an index for each item. Indexes are weighted individually and aggregated and summarized for a final location COLA index.

Basically, if the price of goods and services rise faster in the U.S. than in Italy, COLA typically decreases. If goods and services rise quicker in Italy than the U.S., COLA will typically increase in Italy.

"All service members with dependents assigned to Naples and Sigonella as their permanent duty station for at least 3 months should take the survey," said Avino. "The key to success is good participation and good data. Please encourage everyone to participate."

Those criteria also apply to service members living in Italy serving at other U.S. military installations.

Panorama deadlines

**FOR CONSIDERATION
IN NEXT FRIDAY'S
EDITION**

- **Free Mercato:** Noon Monday call 081-568-5856
 - **Paid Classified:** 4 p.m. Wednesday call 081-568-7884
 - **Job and event announcements; story and photo submissions:** 4 P.M. FRIDAY
- For more info visit E-mail naplespanorama@eu.navy.mil or call 081-568-5907

XO's Corner

By *Cmdr. Stephen Schutt*
NSA Naples Executive Officer



First of all, let me congratulate all the honor roll kids out there. Your hard work and dedication is paying off and you're making us all proud. Keep it up. You have a bright future! Another reminder to all of us with kids in school: Terra Nova testing is this coming week, so let's make sure we make an extra effort to get them there on time, well rested and alert.

Spring is almost here, this past week's weather notwithstanding, which can make it seem easier for all of us to get out of the house and enjoy Naples and the surrounding area. Spring Break is coming up, so buy your tickets early. FFSC, MWR and the USO have a lot of tours lined up, which are a great way to travel without the stress or hassle of arranging it all on your own. They have plenty of local programs to keep us busy and connected here, as well, such as the library story time on Thursday mornings or community gym time. Our Naples community has a lot of ways to get involved and carve out a niche, many of which are listed in the Inside Page of this paper. I encourage all of you, especially if you're new to the area, to take a look at what's available and start making friends and contributing in the community.

Speaking of contributing, the Navy-Marine Corps Relief Society fund drive is up and running. The NMCRS has helped Sailors and Marines in need for many years, and every dollar you give goes right back into our community in the form of loans and other support. It doesn't have to be much, but please give what you can to this worthy cause. First week's report has 407 Active Duty members contacted with over \$12,000 contributed... GREAT Start!

We're in to the final push for the COLA survey. Thanks for all the participation thus far. If you are not one of the many who have taken the survey, please log on and make your voice heard. The link to that survey can be found on the Naples website, Facebook and the front page of this paper. It is available through 31 March 2010.

Finally, it's Women's History Month, so I'd like to take a moment to honor all the women of the Naples community. Whether you're active duty, civilian or a spouse, young or "still young," junior or high-ranking, your contributions to this community are invaluable and impressive. Our society would not provide the freedom for you to stand up and serve alongside men if women like you had not stood up and demanded that right years ago, and our community would not be what it is today without you. Thanks for all you do and keep it up!

Have a safe and happy weekend. See you at the Asian Auction Saturday, 1100L at NHS!

Community Member in the Spotlight

Vice Admiral Harry B. Harris, Jr. Commander, U.S. 6th Fleet; Commander, Striking and Support Forces NATO; Joint Force Maritime Component Commander, Naples; Deputy Commander U.S. Naval Forces Europe; Deputy Commander U.S. Naval Forces Africa presents an award to one of the Naples community top volunteers, Consuelo Nguyen.

Mrs. Nguyen has helped the Naples community in many ways since arriving here in 2002, with projects ranging from fundraising, food drives, building playgrounds for the poor and coordinating volunteers to organize events. She has served in a variety of offices in many organizations, most recently as president of the Naples Overseas Spouses Club (NOSC), Italy Area Representative of the American Womens Activities, Germany (AWAG) and volunteer coordinator for Missionaires of Charity. Other organizations she has volunteered



for include Club Beyond, the Catholic Church and the Naples School PTSA. She is married to Nam Nguyen and they have two grown sons.

Base Notes

From *Panorama* staff reports

Seabee Ball tickets on sale

Celebrate with the Seabees at their 68th Birthday Ball March 27. Enjoy an elegant evening with fine dining, dancing, live music and fireworks. Cocktails start at 6 p.m. and dinner at 7 p.m. The event will be held at Certosa di San Giacomo in Lauro. The guest speaker will be Rear Adm. Mark A. Handley, CEC USN Commander, 1st Naval Construction Division.

Ticket prices:
E-1 to E-3, and (UA 7to UA 5) \$15.00 or 10 Euro
E4 to E6, GS1 to GS7, (UA4 to UA2) \$37.50 or 25 Euro
E7 to O3, GS8 to GS13 and (UA1 +) \$52.50 or 35 Euro
O4/ GS14 and above \$67.50 or 45 Euro

Tickets on sale now! We deliver. POC for ticket sales:
UT1 Rich 629-4830, CM2 Tankersley 626-3920, Lt. Ewing 626-6810

Important DODDS school dates

Mar. 15-19 Terra Nova Testing
Apr. 12-16 Spring Recess: No school

NASCA will be at Forgotten Treasures Thrift Store

NASCA (Naples Area Supply Corps Association) will be supporting a special night of shopping at Forgotten Treasures Thrift

Store on Tuesday, March 23, from 4:30 p.m. to 7 p.m. at the Support Site. If you are looking for great deals, be sure to stop by, many great items will be donated by our membership. If you would like to donate items, just drop them off by the 23rd of March. All profits will go to support a scholarship fund that awards financial assistance to enlisted and officer supply community dependents (www.usnscf.com) and to support the Supply Corps Ball.

Save La Mimosa

What is La Mimosa, you ask? Well, it is much more than a thrift store where one can find excellent bargains. Proceeds from La Mimosa benefit many charities in the greater Naples area. La Mimosa is run and operated by volunteers through the Allied Spouses Club at JFC Naples. La Mimosa donates 100% of its profits to a number of local charities such as San Tarcisio, a soup kitchen, Dormitorio Publico, a hostel for the homeless, and Doposcuola San Giuseppe Calasanzio, an after-school program for children needing assistance with their schoolwork. These are just three of the more than twenty charities La Mimosa and The Allied Spouses Club support. La Mimosa is located in Building L on JFC Naples, and is open for business on Tuesdays and Thursdays from 9:30 a.m. until 2:30 p.m. The store accepts donations on Mondays and Fridays from 10 a.m. until Noon, as well as during their regular business hours on Tuesdays and Thursdays.

CNE-C6F/CNREURAFSWA HOTLINE

It is everyone's responsibility to report fraud, waste, abuse and mismanagement in Navy activities to:

Office of the Inspector General

Phone 081-568-2983 - Fax: 081-568-6354
E-mail ighotline@eu.navy.mil
Web site <http://www.cnic.navy.mil/europe/index.htm>

You can choose to remain anonymous

FYI POSSIBLE STRIKE

March 12 - General strike called by the CGIL (Italian General Confederation of Labour)

March 22 - HANDLING airport personnel will be on strike for 4 hours, from noon to 4 p.m.

March 23 - Meridiana personnel will be on strike for 24 hours.

Panorama

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Local Italian students visit base

Students from a local Italian high school in San Giorgio a Cremano spent an entire day visiting Naples High School students, attending classes with the cultural exchange program. Then they took a tour of the Capodichino base. (Photo by MC1 EXW/AW Terry Vick)

Italian News Briefs

Compiled by Teresa Merola

The city of Alghero, Sardinia, bans smoking in public parks and gardens

The city of Alghero, in Sardinia banned smoking in public parks and gardens, announced Mayor Marco Tedde. He decided to follow the example of New York City because he said smoking in parks is harmful to young children, old people and whoever practice sports have the right to breathe clean air. Smoking in public is also a bad example for your people, adding also that smoking is also a trash problem, since smokers leave their butts on the ground.

Medieval market celebration in Siena

This weekend the Piazza del Campo in Siena hosts a medieval market in celebration of the 700 years from its "Costituto" which set up the Republic of Siena. The 'Costituto' anniversary reunited all the 17 contrade which competed in the Palio for over five centuries and they all opened their headquarters and museums at the same time. The Republic of Siena ended in 1555 when it became part of the Grand Ducato of Tuscany. The anniversary celebration will end in May.

Scientists create supertomato in Naples

Scientists from the Biomolecular Institute in Naples created the 'Maxantia' a supertomato which is the perfect food for preventing prostate

cancer, said the head of the World Foundation of Urology Mauro Dimitri during a press conference to present the Prostate Cancer Week in Italy. This supertomato has a total anti-oxidant activity higher than all other tomato; it has more content of carotene lycopene and vitamin C and the same anti-inflammatory properties of the San Marzano tomato. Scientists pointed out that there were no genetically modified organisms to create the 'supertomato' but a simple blend of two existing varieties of tomatoes: the San Marzano, famed for its taste and anti-inflammatory properties, and the Black Tomato, a purple fruit high in anti-oxidants. Campania regional authorities aim to encourage local pizzeria to use the supertomatos on their pizza for healthier purposes.

The Colosseum in Rome gets face lift

In April 2010 Rome will celebrate its 2,763rd birthday. The city's mayor Gianni Alemanno announced last week the Colosseum, one of the country's most popular tourist attractions where million of local and international tourists visit will undergo restoration. The restoration is part of a wider plan to renew the Roman Forum and the Palatine Hill, which was the administrative and social center of the Roman Empire. The plan has been estimated a 40-million euro to restore Rome's historical sites in view of the bid to host the 2020 Olympic Games. The works should start in a couple of months.

THE INSIDE PAGE...

THIS WEEKEND

- 13 SEMI-ANNUAL ASIAN FURNITURE AUCTION co-sponsored by the Naples High School (NHS) Athletic Booster Club and NHS PTSA at the NHS Gym. Viewing, registration and silent auction at 11 a.m. and live bidding starts at noon. Volunteers are also needed for this event. FMI or to volunteer, contact Tish Campbell at nahauctionvol@gmail.com or 081-811-5595).
- 13 NAPLES FRIENDS OF ANIMALS will be holding our monthly Pet Adoption Day from 11:00AM-4PM in front of the Support Site NEX. For more information, please visit www.naplesfriendsofanimals.org

MARCH

- 15-19 TERRA NOVA TESTING FOR GRADES 3-11. Please be sure students are present at school the entire week for testing.
- 16 EASY ITALIAN I, II, III, 9 a.m. to noon, at the Fleet and Family Support Center (FFSC). FMI, contact the FFSC at 081-811-6372.
- 17 GRICIGNANO MARKET, 8:45-11 a.m., departing from the Support Site. FMI, contact the FFSC at 081-811-6372.
- 17 NAPLES AREA TOP 3 HOLDS GOLF TOURNEY, 11:30 a.m. (tee-off at noon), at Carney Park. The entry fee is \$30 (carts cost extra). FMI or to sign up, contact Master Sgt. Kevin LaBrie at 081-721-5048 or by e-mail to klabrie@afsouth.nato.int.
- 18, 25 BEGINNING QUILTING CLASS, 4-5 p.m., in the food court. This will be a series of four classes each Thursday in March, no experience necessary. FMI, contact qatw.napoli@yahoo.com
- 18 MONTHLY BABY BASICS CLASS offered by Navy-Marine Corps Relief Society (NMCRS) Visiting Nurse, 9 a.m. to noon, at the NMCRS Office, Admin II, G 016. Topics include: newborn care (i.e. bundling, diapering and bathing), feeding, crying & comforting, health & safety, etc. Contact NCMRS for registration and information at 081-568-3913.
- 18 COOKING CLASS, 9:45 a.m. to 2 p.m., departing from the Support Site. FMI, contact the FFSC at 081-811-6372.
- 23 EXPLORING POZZUOLI, 8 a.m. to 2:30 p.m., departing from JFC. FMI, contact the FFSC at 081-811-6372.
- 23-30 SEMPRE LATTE- 10 a.m. in the Health Promotion Classroom at the Naval Hospital.
- 24 WATCH, EAT, BUY FRESH PASTA, 9:45 a.m. to 1:30 p.m., departing from the Support Site. FMI, contact the FFSC at 081-811-6372.
- 25 CERAMICS LESSON, 8 a.m. to noon, departing from the Support Site. FMI, contact the FFSC at 081-811-6372.
- 26 LEARN HOW TO MAKE NEAPOLITAN PIZZA, 8 a.m. to 2:30 p.m., departing from JFC. FMI, contact the FFSC at 081-811-6372.
- 29 TO VOMERO BY THE NEW METRO, 8 a.m. to 3 p.m., departing from the Support Site. FMI, contact the FFSC at 081-811-6372.
- 30 MOZZARELLA (tentative). FMI, contact the FFSC at 081-811-6372.
- 31 DUOMO CHURCH & OLD TOWN, 8 a.m. to 2:30 p.m., departing from JFC. FMI, contact the FFSC at 081-811-6372.
- 31 SAT TEST. FMI or to make an appointment, contact the Navy College Office at Capo, Admin II or call 081-568-6681/6684/6678. Testing starts at 7:45 a.m. and lasts about six hours.

APRIL

- 6-13-20-27 SEMPRE LATTE 10 a.m. in the Health Promotion Classroom at the Naval Hospital.
- EVERY MONDAY SHIPSHAPE- 11 a.m. - noon and 3:30 p.m. to 4:30 in the Health Promotion Classroom at the Naval Hospital.

VOLUNTEERS NEEDED

- NHS CHARITY AUCTION: Volunteers are needed to help with the NHS Asian Furniture Auction, which will be held at 11 a.m. March 13. Help is also needed March 12 to set up. FMI and to volunteer, contact Tish Campbell at nahauctionvol@gmail.com or 081-811-5595.
- NAVY LEAGUE OF THE U.S./NAPLES COUNCIL is seeking board members. Those interested, contact Betty Reese at 081-526-8051 and/or breese@cybernet.it.
- TAX ASSISTANCE VOLUNTEERS NEEDED The U.S. Region Legal Service Office (RLSO) is seeking active duty and civilian volunteers for the Volunteer Income Tax Assistance (VITA) program for tax year 2009. Interested persons can either sign up at the RLISO in the Admin II building at Capodichino on the first floor or call the RLISO at 081-568-4576. If desired, the RLISO will assist active duty members in seeking permission from their chain of command to participate in the VITA program.
- NAPLES AMERICAN RED CROSS (ARC) NEEDS VOLUNTEER INSTRUCTORS. The Fundamentals of Instructor Training (F.I.T.) is a pre-requisite course to the Instructor Training course. FMI or to sign up, contact the office at 081-568-4788.
- NAPLES OFFICIALS ASSOCIATION NEEDS REFEREES. Anyone interested should contact Nigel Alexander at 081-721-5413 or 346-680-3282 or by e-mail to nalexander@afsouth.nato.int.
- TEEN BABYSITTERS CAN EARN MONEY. All American Red Cross Certified babysitters interested in occasional babysitting can post a personal business card at the Fleet and Family Support Center, first floor of the Navy Lodge. FMI, contact the FFSC at 081-811-6551/6552/6555.
- NAPLES COMMUNITY GIRL SCOUTS NEED LEADERS AND CO-LEADERS. FMI or to volunteer, contact Shannon Matthews at 081-811-5599 or by e-mail to naplesgs@yahoo.com.
- USO NAPLES NEEDS VOLUNTEERS at the Support Site Office one or two days a week on Wednesdays and Fridays for tours, programs and projects. To get involved and make a difference in the NSA Naples community, call 081-568-5713 or send an e-mail to sabrina.pullido@uso.it.
- NAPLES FRIENDS OF ANIMALS is currently seeking volunteers for board member positions, fundraiser events, and to foster animals and transport them to and from the off-base vet. FMI, visit <http://www.naplesfriendsofanimals.org> or e-mail Kimmie at nfoa.publicaffairs@gmail.com. They also need a volunteer to update, maintain and occasionally

More "Inside Page" on Page 11



Left: The "Lower fishing Village" in Sorrento Italy.

Below: MWR recreational aid Pete Slater (right) and Air Force MSgt Shiloh Slater enjoy a moment along the rocky coast of Sorrento Italy during an MWR trip Paradisiello - Regina Giovanna trek on 6 March 2010.

NSA Naples Outdoor Center Leads Sorrento Coastal Hiking Adventure

By MC1 (EXW/AW) Terry Vick, Navy Public Affairs Support Element-East Detachment Europe

The Naval Support Activity (NSA) Naples, Navy Outdoor Recreation (NOR) Center, located in the crater of Carney Park, took members of the Naples area military community on an extended "trek" of the Sorrento coast March 6.

"Trail hiking is the best way to experience the Sorrento peninsula," said recreational aid Pete Slater. "There is an abundance of terrific paths and tracks along the coast which offer the most breathtaking visuals you're going to find in Italy."

The March 6 trek, on the "Paradisiello - Regina Giovanna" trail, is one of many offered by the NOR center, and it represents their level of dedication to their mission of providing serious recreational activity for the Naples area military community.

The Merriam-Webster Dictionary defines the term "Trek" as "a long, arduous journey." The word came to the United States and entered the English language from South Africa where Dutch immigrant farmers, the "trekboer" migrated from Cape Town further into the interior of the continent of Africa for better pastures. Today, our modern adventure enthusiast use the term to signify hiking a "long distance trail."

NOR center treks are designed with various levels of skill and experience in mind. "Different hikes and treks can accommodate anyone from a beginner to an intermediate all the full on over night excursion," said Slater.

Another service provided for NOR center customers is the "create-a-trek" feature. Create-a-trek is not software, it is an interactive planning session were a customer submits various requirements and coordinates with an experienced NOR center recreational aid to provide the ultimate out door field excursion.

"This is a service were potential customers may order up a customized hiking trail day trip or more," said NOR center lodging coordinator Tara



McDonough "We can customize our hiking and trail experience for families with younger children if that's something the customer feels they would like; and we can provide various destinations, various trip lengths, pick-up locations, trip guides whom are knowledgeable and number of participants."

NOR center create-a-trek adventures are limited to a maximum number of 8 participants and require two weeks advance notice. Treks used by the NOR center are generally well-established paths that are well-marked and designed to maximize the customers' trail experience.

As the weather warms, the number and type of activities provided will continue to increase. "I'm hopeful we can see more younger folks out here for these," said Slater. "I have never had anyone in their first military enlistment participate in a trek or a kayak excursion and at the end of it tell me that they didn't enjoy it. Usually the feedback I get is that they loved it, and they had a great time and cant wait for the next hike, trek or kayak trip."

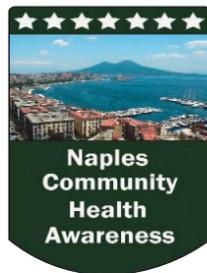
For more info. regarding the NOR center day trips and the "create-a-trek" go online to www.cnic.navy.mil-naples-recreation or call 081-526-1579.



Masquerade Ball

The USO Held its Black and White Masquerade Ball Saturday March 6 at an 18th century villa located in the town of Herculaneum. The guests dressed up, brought their favorite mask, enjoyed a wonderful buffet and then danced the night away. (Photo by MC1 EXW/AW Terry Vick)

Naples Public Health Evaluation



Why NSA Naples Says 'No Illegal Wells'

By CNREURAFSWA Public Affairs

Last week, we looked at bacterial contamination of tap water. When the Naples Public Health Evaluation (PHE) was getting underway in the summer of 2008, it was the discovery of bacteria and tetrachloroethylene (PCE) in many private wells at homes off-base that led Navy leadership to begin to understand that groundwater was potentially contaminated and could pose a risk to human health. This in turn prompted the Navy to take a closer look at how potential groundwater contamination could affect U.S. personnel at the homes they are renting off-base. Navy leadership directed NSA Naples Housing Office to add new clauses to the housing lease to protect U.S. personnel from potential exposure to contaminated tap water, such as allowing only houses on municipal water systems or certified legal wells to remain on its list of approved rental homes.

The reason is simple: many of the private wells sampled were contaminated and unsafe. In some cases, landlords installed not only an illegal private well but also connected the home to the municipal system, creating what's known as "blended water." This cross connection can introduce contaminants to a home's drinking water as well as to adjacent homes.

Municipal water systems, in contrast to illegal wells, are regulated, inspected and, in general, provide safe drinking water at the tap. However, because your neighbor's home may be connected to an illegal well and to the municipal water system, with no method to prevent their water from blending with the same municipal water supply that you are

using, it creates "blended water," which may produce unsafe water at your tap. Occasionally PHE samples turned up evidence of bacteria and volatile organic compounds (e.g. PCE) from houses that were connected to city water, most likely as a result of improperly maintained water holding tanks, illegal connections to the municipal system and backflow prevention issues. That is why the Bottled Water Advisory remains in effect for all U.S. personnel living off-base.

What residents should do

There are a few steps residents can take to mitigate their exposure to potential contamination from tap water.

- Follow the CNREURAFSWA All-Hands Bottled Water Advisory for drinking, cooking, brushing teeth, making ice, and for pets.
- Ensure that your home is connected to the city water system or a certified legal well. The Housing Office must have documentation that the well is legal.
- Ensure that your landlord cleans and disinfects your home's water holding tank at least every six months
- Contact the Naval Support Activity (NSA) Naples Housing Office to renegotiate the housing lease to include the new provisions.
- Continue to stay informed about the Public Health Evaluation through the Naples Community Health Awareness website, Panorama, AFN Radio and Television, All-Hands e-mails, chain of command, and the Environmental Health Information Center.

For info. about the environment and your health, drop by the Environmental Health Information Center at Naval Hospital Naples at the Support Site in Gricignano or give them a call at 081-811-6321. To learn more about the Naples PHE, watch for All Hands e-mail messages, look for this weekly column in Panorama, and visit the Naples Community Health Awareness Web site at

<https://www.cnic.navy.mil/Naples/CommandInformation/HealthAwareness/index.htm>

NSA Naples energy conservation

Provided by UT2 (SCW) Michael Labeau



The weather is changing and it is getting warmer. NAVSUP-PACT NAPLES INST 4101.1C Paragraph 4.2.1 states that "The opening of windows or air-conditioning boundary doors shall not be used to regulate temperatures when in the heating or cooling system is in use. An exception to this condition is allowed only if the HVAC system has failed to properly control the temperature, and then only after a trouble call is made to correct the condition." Only a technician can verify system failure. Leaving windows and doors unsecured unbalances the system and ultimately wastes energy of the building. Please use a portable fan which will essentially produce the same effect of air flow without the waste. For more information please contact UT2(SCW) Michael Labeau NSA Naples, Italy Assistant Energy Manager at 626-5568.

National Nutrition Month

Story by Health Promotions, USNH Naples

March is National Nutrition Month and a great time to make sure you are eating all the right foods. Poor eating habits can cause a person to have an increased risk of heart disease, diabetes, cancer, and obesity. Below are several suggestions that can help you improve your diet and your health.

1. Increase fiber. Fiber is simply the indigestible residue of plants. There are two types of fiber, soluble and insoluble, and it is important to have both kinds in your diet. Soluble fiber helps to lower cholesterol and blood glucose levels and is found in oats and oat bran, legumes, fruits, vegetables, nuts, and barley. Insoluble fiber helps us stay regular, may help reduce the risk of colon cancer. It can be found in whole grains, fruit and vegetable skins, nuts, and seeds. Both types of fiber will help keep you feeling full longer and can help prevent overeating.
 2. Eat more fruits and vegetables. Yes, fruits and vegetables are a great source of fiber, but they are also loaded with vitamins, minerals, and antioxidants that help ward off illness and disease. Make your plate a colorful one to get the most benefit from these two food groups and their phytochemicals, which are cancer-fighting agents. Try a sweet potato and some broccoli for dinner with strawberries for dessert. Make a game out of eating as many colors as you can each day.
 3. Eat less animal protein. Most of us are consuming far too much meat, increasing our risk of various health conditions. Animal proteins contain cholesterol and saturated fat and should be enjoyed in limited quantities. Most of us only need six to nine ounces of animal protein a day, keeping in mind that a three-ounce portion is about the size of a deck of cards. Choose lean meats, skinless poultry, fish, and incorporate meatless meals for a cholesterol-free, low-fat alternative.
 4. Use low-fat or nonfat dairy products. Whole, two percent, one percent, and skim milk all have the same amount of protein and calcium. While skim milk has zero grams of fat in an 8-ounce glass, one percent has three, two percent has five, and whole milk has eight grams of fat! Try non-fat or low-fat yogurt with fresh fruit for a satisfying and healthy snack. Cheese is high in cholesterol and fat and should be used in moderation. Try the low-fat varieties made from skim or two percent milk for a product as tasty as its full fat counterpart.
 5. Decrease fat intake. Some fats are better than others, however, all fats are more than two times the amount of calories as protein and carbohydrates and should be used sparingly. Unsaturated fats, such as polyunsaturated and monounsaturated, are considered the most heart healthy fats. They are found in salmon, trout, herring, avocados, olives, walnuts and liquid vegetable oils such as soybean, corn, safflower, canola, olive and sunflower. Saturated fats are solid at room temperature and are found in beef, beef fat, veal, lamb, pork, lard, poultry fat, butter, cream, milk, cheeses and other dairy products made from whole and 2 percent milk. Saturated fats should be used least often.
- Make March the month you begin to implement the suggestions mentioned above. These guidelines, along with regular exercise, will help you achieve optimal health. Remember, all foods can fit into a healthy lifestyle as long as you're conscientious of the frequency and portion size. It's fine, actually recommended, to have small servings of your favorite "treats" once in awhile. For more information about nutrition and/or weight management please feel free to contact USNH Health Promotions at 629-6311/13.

Earth Day 2010: Support Site recycling program make-over contest

GOAL: Improve recycling rates at Support Site by implementing the winning idea(s). Winners will be announced at Support Site during Earth Day Celebration on April 24, 2010.

CURRENT RECYCLING STATUS AT SUPPORT SITE:

- ~ 70% Non-recycled
- ~ 20% Paper/cardboard
- ~ 1% Plastic
- ~0.4% Aluminum/metal
- ~ 2.6% Compost
- ~ 4% Wood
- ~ 2% Glass

Note: On average about 75% of household waste can be recycled.

CONTEST DESIGN:

Ideas should include the following elements:

- Name/Contact Info
- Improvement Description

- Implementation Plan
- Potential Limitations
- Estimated Improvement
- Cost/Resources Needed

Ideas can be material specific – just paper or plastic for example - and related to buying products that generate less waste, improvements for recycling at the source, design of the storage bins, enforcement or motivation of recycling efforts, etc. No limit to the number of submittals per individual.

Anything from a simple 'stock stackable recycling bins in the NEX' to a point paper on environmental best practices will be considered. Prizes for the winning ideas!

IDEA SUBMITTAL DUE DATE:

April 9, 2010 at 5 PM

Submit all Ideas to Liz Barr – via mail or email PWD Environmental, PCS 817 Box 22, FPO AE 09622, Elizabeth.barr@eu.navy.mil.

MCPON stresses the importance of communication

By Senior Chief Mass Communication Specialist Rhonda Burke

Master Chief Petty Officer of the Navy (SS/SW) Rick D. West visited Naval Station Great Lakes Tuesday, March 2, to talk about the importance of communicating to our Sailors, families, retirees, veterans and the public.

"Communication is the key to everything we do, if you are talking about policies, expectations, taking care of our families and training our Sailors, we have to communicate and plan in order to be successful," West said.

He also encouraged Sailors to embrace technology to communicate effectively, referring to his own Facebook page as a place he often learns about critical issues facing Sailors and their families.

During his visit he got a first-hand look at "A" school training, spoke with chief petty officers about their role as deck plate leaders and visited with Sailors in support positions around the base, including Sailors who support Reservists throughout the 16 states of Navy Region Midwest.

"It is good to hear that the big Navy is looking at the full time support program," said Yeoman 1st Class Amanda Jabczynski of Reserve Component Command, Navy Region Midwest. "It is encouraging to know that plans are being put in place for the FTS 9 (full time support) community."

During an all-chief petty officers call, West talked about the important roles Sailors here play in training our future Navy.

"It is always great to be back here at Great Lakes, because the job you do here is so important to our future, the readiness of our fleet and our Navy," West said. "You prepare our Sailors and get them out the door to their first assignments and you do a great job."

When I hear in the fleet, what are they doing at Great Lakes? I tell them, come here and see the training that is being done, because Great Lakes is doing it right."

The Navy's top enlisted leader has several initiatives on his agenda including the importance of Individual Augmentee (IA) assignments, family readiness, new uniforms and the quality of training Sailors are receiving.

"Family readiness is critical to our success as a Navy," West told the more than 400 chief petty officers assembled for an all-chiefs call. "Decisions about careers are made at the dinner table, that is not just the careers of the Sailors working for us, but those who are considering joining our ranks and their families."

West believes IA assignments have been powerful experiences for Sailors and have added to the capability of the Navy, Sailors and nation.

"The Navy truly is a global force for good and we are showing that each day with the jobs we are accomplishing around the world," West said. "In many cases there are junior Sailors on the front lines, making important contributions to our mission. Our Navy right now is absolutely phenomenal."

West visited the Center for Naval Engineering in the afternoon to see the blend of computer-based and hands-on training Sailors are receiving. He also took the opportunity to sit down at a computer and go through some of the computer-based training (CBT) in the self-paced lab, and had an opportunity to talk directly to students in "A" School training about their future.

"We hear a lot in the fleet about CBT," West said. "It is important to understand that process and to see how that training is being blended in to continuously meet the needs of the fleet."

From Navy Personnel Command Public Affairs

The Navy announced changes to the performance evaluation system and advancement policy March 9 to better reflect service as an individual augmentee (IA)/Global War on Terror support assignment (GSA) and physical fitness assessment results.

The changes apply to all reports ending Aug. 1 or later and come as a result of Sailor feedback, according to NAVADMIN 083/10.

Under the new policy, a new billet subcategory code will be added to performance evaluation and fitness reports to provide a mechanism for reporting seniors to identify Sailors performing an IA/GSA.

"The IA/GSA billet subcategory was added to ensure IA and GSA Sailors are recognized for their service away from their parent command and remain competitive with their counterparts," said Vice Adm. Mark Ferguson, chief of naval personnel. "Our Sailors are doing great work around the world, whether assigned to traditional billets, joint commands or as an IA. We want to ensure all Sailors are properly recognized for superior performance."

Additionally, both concurrent IA/GSA and regular evaluations will be used to determine performance mark averages and time-in-rate waivers to ensure outstanding performance during an IA/GSA

is properly rewarded.

The new policy also requires reporting seniors to document all physical fitness assessments (PFAs) conducted during the regular reporting period using new PFA codes on performance evaluation and fitness reports. The change supports Navy's culture of fitness and is another tool available to leaders to identify and reward top performers, according to the message.

The new policy applies to performance reports ending Aug. 1 or later. Timing of the change minimizes impact to selection board deliberations and the advancement process.

For more information, read NAVADMIN 083/10.

NCIS Promotes Procurement Fraud Awareness

By Special Agent Adam S. Blaurock

The Naval Criminal Investigative Service conducts quarterly crime reduction campaigns to assist the Department of the Navy in maintaining overall mission readiness for sailors and Marines. For the second quarter of fiscal year 2010, the crime reduction focus is Procurement Fraud.

Almost everything the Navy/Marine Corps uses is obtained under a contractual agreement between the government and a contractor. This includes anything from the pencils to the newest concepts in tactical gear used by service members in theater. The DON stands to lose millions if not billions of dollars annually due to fraudulent activity committed by individuals and companies that have their own best interest in mind. NCIS' goal is to minimize those losses while ensuring the safety of service members.

For instance, it is estimated that corporations lose over 7 percent of their yearly budget to fraud. A 7 percent annual loss to DON equates to more than \$4.5 billion dollars. This does not include the impact it has on our mission readiness, the war effort and the overall safety of sailors and Marines. Though not limited to these examples, below are four key categories of fraud and some things that might be a warning sign:

Bribery & Gratuities: Includes offering or accepting something of value in exchange for personal gain or influence.

- What to look for: Unexplained wealth of co-workers and supervisors, lack of documents supporting why a contract was awarded, the same employee writing Justification and Approval and/or awarding Sole Source Contracts.

Cost Mischarging: Improper allocation of costs or the charging of allowable costs to a government contract that results in overcharging for goods and services.

- What to look for: Duplicate billing for labor and/or materials or billing of un-incurred costs, contractors passing commercial business expenses to government cost type contracts and continual cost inflation.

Product Substitution: Intentional submission of goods and/or services that do not conform to the contract specifications or requirements.

- What to look for: Be aware of substandard materials provided/used where the government is billed for premium material and false certifications of inspection and testing. Remember, this can affect the safety of our War Fighters.

Environmental Crimes: This includes the improper or unlawful discharge, storage, transportation and disposal of hazardous waste or toxic pollutants.

- What to look for: Look for fraudulent training certifications, substandard safety equipment or procedures and the hiring of individuals who accept lower wages and are unaware of safety concerns.

NCIS is asking for everyone's help in identifying, reporting and preventing fraud.

In an effort to support the Navy and Marine Corps, NCIS provides Procurement Fraud briefs to area commands and organizations.

Everyone is the first line of defense, and NCIS is here to assist.

If anyone has any information regarding a fraudulent activity or would be interested in a Procurement Fraud brief, contact Special Agent Lisa Huff, NCIS Field Office, Europe and Africa at 081-568-4666. Anonymous reporting of suspicious activities may be made through the NCIS "Tip Line" at 1-800-264-6485 or by email at ncisdiscipline@ncis.navy.mil.

Navy to Update Fitness Reports, Evals

Navy Releases Family Gram, Podcast to Enhance Family Readiness

From Chief of Naval Personnel Public Affairs

The chief of Naval Personnel has released the first monthly Family Gram as part of Navy's commitment to enhance family readiness.

March's Family Gram focuses on medical benefits and provides Sailors and their families information on the range of medical support services available to them.

"Family readiness describes a Navy family who is prepared for mobilizations, deployments and prolonged separations through a network of support systems and communication channels that link the command, family and Navy," said Rear Adm. Dan Holloway, Navy's director of personnel, plans and policies division. "Together we are forming a resilient well-informed family, adaptable to the Navy operating environment and capable of navigating through and utilizing the many support services available.

In the podcast Holloway talks about family readiness. "It is important that as our men and women go forward in their duties realizing that their families back at home supporting them will be taken care of while they are deployed."

The Family Gram provides information on Tricare, the Department of Defense's worldwide health care program for active duty and Reserve Sailors and their families. Specifically, the message outlines Tricare coverage choices, explaining the differences and eligibility requirements among the prime, standard, extra and overseas program-prime options.

Coverage options range from no fee, no deductible and no co-payment care provided at military facilities, to fee-for-service options which allow increased flexibility in choosing a medical provider.

"The physical, mental, emotional, and spiritual health and fitness of our people and their families is critical to maintaining an effective fighting force," said Navy Surgeon General Vice Adm. Adam M. Robinson Jr. "Whether we are treating a relatively minor injury, illness or treating a traumatic injury resulting from war, our patient and family centered philosophy and approach is not only our mission – it is our bottom line."

In addition, the Family Gram highlights the importance of enrolling and maintaining current information in the Defense Enrollment Eligibility Reporting System (DEERS) to remain eligible for a variety of Navy benefits to include medical care. It also provides resources for verifying and updating DEERS information to reflect changes in the sponsor's status on occasions such as marriage or divorce, birth of a child, or relocation.

"We are currently supporting our families with more than 30 family support programs ranging from child care, ombudsmen to physical fitness and youth outreach opportunities. I am excited about the renewed commitment to family readiness from senior leadership to the deckplates – it is a fully supported initiative to strengthen our overall program and provide valuable information to our Navy family," said Holloway.

To read the complete Family Gram, NAVADMIN 072/10, visit www.npc.navy.mil.

Volunteer Coaches

Story by MC2 (SW/AW)
Felicito Rustique
NPASE-E Det. Europe

Throughout the year many community members from Naples Support Activity (NSA), Naples become volunteer coaches for various Morale, Welfare, and Recreation (MWR) Youth Sports Programs (YSP). From the point of signing up to actually coaching kids, volunteers begin a special journey.

According to Aaron Donville, MWR's child youth program assistant responsible for training coaches, about 100 to 150 volunteers sign up to coach seasonal sports like flag football, soccer, basketball, baseball and softball.

"We have about 65 coaches alone just for soccer and flag football," said Donville. "However baseball and softball would have to be our most popular sport."

Donville feels that NSA's volunteer coaches deserve much appreciation because even though they're in a different country trying to adjust, volunteers still find time to coach.

"They're here for the kids, dedicating a lot of their time after work to help out the community, and it's great to know that commands are willing to give volunteers time off their normal schedules to coach," said Donville.

MWR's YSP has been around since NSA's beginnings, but the program and its volunteer coaches have come a long way. Volunteering is not as simple as filling out a piece of paper. Applicants are thoroughly screened and then trained before becoming quality coaches.

"We perform local background checks on each applicant," said



Red Cross director, Jacquie Mack, also a volunteer for MWR's Youth Sports Program, defends one of her players during a basketball practice at the Naples High School gym.

Donville. "We look for any history of a criminal record such as drug abuse and domestic problems.

"If any background check comes back with a hit, the applicant gets another look by a quality review board," explained Donville. "Then, depending on the severity of the hit, the applicant may or may not be approved for volunteer work."

Successfully screened candidates can then receive training on how to actually coach by learning key concepts on how to approach parents and talk with kids. Basic safety procedures such as Cardio-Pulmonary Resuscitation (CPR), first-aid, and sports injuries are also taught.

"Our training requirements come down from the Commander, Naval Installations Command and are used internationally all across the board anywhere you go where there's an MWR volunteer coach program," said Donville.

As a result of the screening and training, volunteer coaches are ready to motivate.

Chief Logistics Specialist, Virgilio B. Gallardo is a prime example of a dedicated, volunteer coach. For the last five years, Gallardo has been coaching children in basketball and football.

"Because we are in a foreign country our military youth have limited opportunities for sports programs," said Gallardo. "I would recommend all our service members who have the shore duty time to volunteer, especially young military members who have just graduated from high school and participated in a sport."

Gallardo says he's found volunteer coaching to be very gratifying.

"The most rewarding thing for coaching to me is the smiles we put on our military kids' faces through the team building phases, especially when they start our program with no knowledge about the sport and they come together as a team," said Gallardo.

The team concept is one of the most valuable ideals both kids and coaches realize. Part of what makes sports fun is competition, but in the YSP, volunteer coaches learn and emphasize that no matter what, all the kids should get to be winners and every individual deserves attention.

"I do not focus my coaching on winning because it's too much pressure on our kids at these young ages," commented Gallardo. "I focus on teamwork, learning fundamentals, staying physically fit and having fun."

Donville explained that whenever there are in-house tournaments like 3-on-3 basketball, in the end every player gets a medal.

"Awards are based on participation," he said. "We want our coaches to focus on building social life skills."

Donville says the YSP plans to start implementing more clinics like "Fit Factor" fitness challenges and themed tournaments like a "Home Run Derby."

More programs mean more opportunities for volunteer coaches to sign up. Anyone interested can visit the MWR's Youth Center at the NSA Support Site or call DSN: 629-4722.



EN2(SW) Sylbert Daniel, a volunteer coach for MWR's Youth Sports Program instructs his players on basketball fundamentals during practice at the Naples High School gym. (Photo by Mass Communication Specialist 2nd Class Felicito Rustique)

New health system site makes information accessible

American Forces Press Service

The Military Health System has launched a new Health.mil Web site that provides a single point of entry to military health news, information and resources.

The site is part of the Defense Department's continued commitment to make health information available and easy to find, officials said. Content is categorized by topic or audience, including service-members, retirees and families; health care providers; educators and researchers; Military Health System staff; Defense Department leaders; and the media.

"We've listened to the feedback from our users and redesigned the site to make it better-easier to navigate and easier to find information," said Dr. Michael Kilpatrick, director of strategic communications for the Military Health System. "The new Health.mil is better organized, better looking, and more seamlessly integrated with our social media efforts."

The new design better serves the system's health care beneficiaries by providing links to Tricare and eBenefits up front. An easy-to-navigate layout provides multiple paths to the information, including an exposed site map and a topic index on every page. The new site includes improved Section 508 compliance for the disabled and is easier to use with mobile devices. A robust search function pulls in results from across multiple organizational Web sites within the Military Health System.

America's Military Health System is a unique partnership of medical educators, medical researchers and health-care providers and their support personnel worldwide. This Defense Department enterprise consists of the office of the assistant secretary of defense for health affairs; the medical departments of the Army, Navy, Marine Corps, Air Force, Coast Guard and Joint Chiefs of Staff; the combatant command surgeons; and Tricare providers, including private-sector health-care providers, hospitals and pharmacies.

APS Sailors, Ship – riders Conduct COMREL in Seychelles

By MC3 (SW) Tracey L. Whitley, Africa Partnership Station East Public Affairs

A group of sailors, seven from the U.S. Navy and four from the Kenyan Navy, took part in a community relations project (COMREL) at the Foyer De Nazareth Children's Orphanage here, March 2.

The sailors, attached to the guided-missile frigate USS Nicholas (FFG 47), participated in the project during a four-day port visit here in support of Africa Partnership Station (APS) East.

"These types of projects are so important for us to be involved in," said Sonar Technician 1st Class (SW) Darryl McNamara, the COMREL coordinator. "APS is about building relationships and true friendships with the people of Africa and COMRELS help us achieve that goal."

The group spent the afternoon giving the orphanage a new look by painting the entire exterior of the main building facility, therefore providing the 12 boys who live there with a brighter-looking home.

In addition to painting, the sailors got to meet with a few of the caretakers who work at the orphanage. According to caretaker Veronique Lenclume, the day was a great success and it couldn't have been accomplished without the hard work from the servicemembers.

"We are very happy that you volunteered your time to visit and help

us today," said Lenclume. "We have wanted to repaint the building for a long time, but never seem to have enough hands around to get the job done, so thank you very much for what you've done."

APS East is an international cooperative initiative in support of Naval Forces Africa which aims to unite international partners to enhance maritime safety and security throughout the African continent.

APS East has been conducting missions along the east coast of Africa since 2008; however, APS East 2010 marks the first year that the mission includes an international staff of partnering-nations. A small group of staff officers from Kenya, Mozambique, Mauritius, Tanzania, Brazil and the U.S., work together to plan and execute the APS East mission.

The high speed vessel Swift (HSV-2) and its 2010 APS East sister platform, the USS Nicholas (FFG 47), have visited ports in Djibouti, Kenya, Tanzania, Mozambique, Mauritius, and Seychelles. The ships bring teams of maritime experts from the U.S. Navy and U.S. Marine Corps to provide training and participate in exercises with their African counterparts. Combat lifesaving; damage control; law of war; visit, board, search and seizure; small boat operations/maintenance and physical security are just a few of the capabilities during in-port training.



Sailors from Africa Partnership Station (APS) East platform USS Nicholas (FFG 47) put a fresh coat of paint on the main building of the Foyer De Nazareth, a children's orphanage here, during a community relations project March 2. APS is an international cooperative initiative aimed at strengthening global maritime partnerships through training and other collaborative activities in order to improve maritime safety and security in Africa, and is being conducted in cooperation with Commander, U.S. Naval Forces Africa and U.S. Africa Command (AFRICOM). (U.S. Navy photo by MC3 (SW) Tracey L. Whitley).

In addition to the APS port visits, the Nicholas has conducted at-sea instruction with approximately 60 east African ship riders. The trainees spend their time not only learning basic watch-standing principles, leadership skills, damage control and engineering, but also building relationships with sailors from around the globe.

Swift and Nicholas are on regular scheduled deployments within the U.S. 6th Fleet area of responsibility. APS East is being conducted in cooperation with Commander, U.S. Naval Forces



2nd Lt. Gavin Kasyoka, a Kenya navy ship rider from Africa Partnership Station (APS) East platform USS Nicholas (FFG 47), places a fresh coat of paint on the main building of the Foyer De Nazareth, a children's orphanage here, during a community relations project March 2. APS is an international cooperative initiative aimed at strengthening global maritime partnerships through training and other collaborative activities in order to improve maritime safety and security in Africa, and is being conducted in cooperation with Commander, U.S. Naval Forces Africa and U.S. Africa Command (AFRICOM).

TIPSY TAXI AVAILABLE

From Panorama staff reports

If you have had too much to drink or your driving ability is otherwise impaired, wherever you are in the Naples area, don't get behind the wheel, call:

- NSA CDO335-640-6597
- NSA QUARTERDECK.....081-568-5547
- RADIO TAXI NAPOLI.....081-570-7070

MORE INSIDE PAGE...

VOLUNTEERS NEEDED continued

NAVY-MARINE CORPS RELIEF SOC. OPERATION CLIP & SAVE (COUPONS): 081-568-3913.
NAPLES OVERSEAS SPOUSES CLUB (NOSC). Volunteer opportunities with mileage and child care reimbursement. NOSC needs volunteers to work at their Forgotten Treasures Thrift Store during the summer, weekends, nights, and on a daily basis. FMI, e-mail noscshop@gmail.com or call 081-811-4200.

ONGOING/ON THE HORIZON

CHRISTIAN DRAMA CLUB MEETS. 2:45-4 p.m., every Thursday at the Support Site Chapel. Students in K-8th grade are invited to join. Ages 4-5 are also welcomed to attend along with a parent. FMI, please call 081-811-4617.

SECURITY NOTE: All DoD military or civilian personnel hosting an event must complete a Special Event Force Protection Plan (SEFPP) 45 days in advance, regardless of organization, if held off base and involving 50 or more personnel or a gathering where distinguished visitors are involved. FMI, contact the AT/FP Division at 081-568-6300, or visit their office in Bldg. 447, behind BEQ II, at Capodichino.

THE WELFARE & RECREATION ASSOCIATION is available to meet associates every Thursday from 11 a.m. to 1 p.m. at their location on the first floor of Building 450 upstairs from Capo Landing. FMI, visit their Web site at <http://www.wraitalia.it/>.

NAPLES OVERSEAS SPOUSES CLUB OFFERS SCHOLARSHIPS to high school seniors, undergraduate and graduate students. For more information and to apply, visit their Web site at <http://www.noscitaly.com>.

THE KNIGHTS OF COLUMBUS, San Gennaro council 14853, meets at 6 p.m. the fourth Wednesday of every month at the Capodichino Chapel Fellowship Hall. E-mail Jaime Gonzalez at kofcnaples@gmail.com or visit <http://sites.google.com/site/kofcnaples/home> for schedule of events and more information.

NAPLES AMERICAN RED CROSS holds orientation from 8:30-10 a.m. the first Wednesday of every month. Contact the American Red Cross Office for more info at 081-568-4788.

AMERICAN SOCCER CLUB (ASC) NAPOLI ONGOING PRACTICES WEEKLY. Soccer Training for players ages 8-13 is taking place from 4:30-6:00 p.m. each Wed. at the South (lighted) Support Site fields. FMI, visit <http://www.ascnapoli.com> or email ASCPrez4@yahoo.com.

ULTIMATE FRISBEE CLUB HOLDS PICK-UP GAMES, 2 p.m., every Sunday at the Support Site Central Park (field by the pool) and 6 p.m. Thursdays at the Support Site South Park (softball field behind the school). FMI, contact Edward.Butzirus@dla.mil.

PROTESTANT WOMEN OF THE CHAPEL (PWOC) holds a Bible Study every Tuesday at 9 a.m. (childcare provided) or 6 p.m. (no childcare) at the Support Site Fellowship Hall. FMI, contact Sheryl Sandros at 333-648-9503.

MORALE, WELFARE & RECREATION IN SEARCH OF A DJ. MWR invites proposals for their DJ entertainment schedule of events. FMI, contact Mariella D'Amico CNREURAFSWA NAF Business Office at 081-568-4836 or by e-mail to Mariella.Damico.it@eu.navy.mil. Deadline for submissions is noon Dec. 1.

TOUCH OF HEALING PRAYER WORSHIP, noon to 12:30 p.m., every Thursday in the U.S. Naval Hospital Naples Chapel. This is a "Healing/Anointing Prayer" worship service for patients, staff and family members; provided by Chaplain Phillip Clark.

'NEW BEGINNINGS BIBLE STUDY,' noon to 12:30 p.m., every Tuesday at the USNH Naples Chapel. Those hungering for spiritual food are invited to bring a bag lunch, sodas will be provided.

HARRY S. TRUMAN LODGE NO. 649 MEETS, every Friday at 7:30 p.m. FMI, contact Francis Villareal at 334-645-9978 or Francis.villareal@eu.navy.mil. Visit <http://www.hst649.org>.

NAPLES HIGH SCHOOL ADVISORY COMMITTEE (SAC) meets at 4:30 p.m. the first Tuesday of every month in the high school's Media Center. The meetings are open to the public. E-mail issues, questions or comments, to be addressed by the committee, to napleshssac@yahoo.com.

NEW PARENT SUPPORT OFFERS WEEKLY STROLLER WALK. Meet every Tuesday at 8 a.m. in front of Naples Elementary or Wednesday at 10 a.m. at the Village Forum circular drive (next to Navy Lodge/across from library). For more info., call FFSC at 081-811-6372.

NAVY COLLEGE LEARNING CENTER offers self-paced computer courseware for the ASVAB, SAT, ACT, CLEP or GED exams. FMI, contact NCLC at CAPO, Admin II, Monday-Thursday from 8 a.m. to 5 p.m. and Friday from 8 a.m. to noon, or call 081-568-4006.

MEN'S BIBLE STUDY 'THE EDGE' from 12:30-1:30 p.m., every Wednesday at JFC Naples, in the NCCC, room 223. FMI, contact Ben Shevchuk, 347-971-8416.

RECEIVE DAILY REFLECTION - an inspirational thought-for-the-day sent out by e-mail throughout the work week. To receive Daily Reflection, e-mail a request to Chaplain Charles Luff at charles.luff@eu.navy.mil.

PRAYER LUNCH HELD, noon to 12:30 p.m., Monday and Tuesday at the U.S. Naval Hospital Chapel. FMI, contact Chaplain Phillip Clark at 081-811-6451 or by e-mail to phillip.clark@med.navy.mil.

TEENS INTERESTED IN BABYSITTING bring Red Cross Certified Babysitting Course card along with a personal business card to the Fleet and Family Support Center (FFSC). FMI, call FFSC at 629081-811-6372.

MAINSTAGE ENTERTAINMENT FOR THE PERFORMING ARTS. For more information, visit <http://www.naplesmainstage.org> or call 331-570-2879.

QUILTERS AROUND THE WORLD MEETS the second Thursday of every month to share ideas and inspire one another. Quilters of all levels are welcome. FMI, e-mail qatw.napoli@yahoo.com or call 348-430-934.

NAPLES-AREA GIRL SCOUTS: naplesgs@yahoo.com.

RED CROSS DISASTER ACTION TEAM: 081-568-4788.
NSA CHAPEL/USNH NAPLES MEDITATION GROUP, 7 p.m., Mondays (first-timers, arrive at 6:30 p.m.) Support Site side chapel (use side door under the clock tower). FMI, send an e-mail to bbzaragoza@yahoo.com.

COMPASS NAPLES NAVY SPOUSE TEAM MENTORING PROGRAM: for information call 081-811-4606 (leave a message) or e-mail COMPASSNaples@nsfamilyline.org.

WOMEN, INFANTS, CHILDREN (WIC) OVERSEAS PROGRAM OFFERED at NSA Naples. Women who are pregnant, postpartum or have an infant or child under the age of five may qualify for the WIC Overseas program - a nutritional education program that provides supplemental foods. For more info., contact the WIC Overseas office at 081-811-4962/60.

FILIPINO-AMERICAN ASSOCIATION OF NAPLES, ITALY, meets every 1st Wednesday of the month at Fellowship Hall, at 6pm. FMI, contact John Tanedo at 346-866-9679, DSN 626-6794 or john.tanedo@eu.navy.mil; Phil Laroya at DSN 629-6086 or philip.laroya@med.navy.mil.

MONTHLY CHILD FIND SCREENINGS AT NES. Ongoing identification of children with special needs as part of Naples Child Find, which identifies children between the ages of three and five who may have developmental delays and may need special education and related services. If you are concerned about your child's motor, cognitive, speech, language and/or social-emotional development, call 081-811-4044 for an appointment.

ATTN MILITARY RETIREES AND SURVIVORS: Connect to the retired community through membership in the U.S. Military Retiree Association of Southern Italy (USMRA-SI). For info and an application, visit <http://usmra-si.tripod.com> or call 329-208-7315.

SPOT A STRAY OR LOST PET? Contact Emergency Dispatch Center, 081-568-5638/39.
NAPLES CHRISTIAN HOMESCHOOL ASSOCIATION provides support and activities throughout the school year. FMI, contact Mindy Doyle at mindydoyle@yahoo.com.

NAPLES-AREA USAF RETIREES, get information or an invitation to upcoming events and social activities by contacting Wylie Miller, USAF Retiree Affairs representative, 329-208-7315 or wkmillert@tin.it.

SAIL WITH THE NAPLES NATO YACHT CLUB (NNYC) AMERICAN TEAM. We are looking for Americans interested in participating in dinghy races sailed at the NNYC facilities on the island of Nisida. Experience not required. FMI, contact Bill Carty at www.carty@yahoo.com.

CARNEY PARK LADIES GOLF ASSN meets 9 a.m. Mondays. All skill levels welcome. Discounted play with membership. FMI, Carol Borkowski, 081-804-3345, or Carney Park Golf Course at 081-526-4296.

TOBACCO CESSATION, USNH Health Promotions Classroom and Capodichino. A four-week Freedom from Smoking class. To register, call 081-811-6313/6311.

EDIS SCREENINGS NOW AVAILABLE, Room W09, Support Site Village Forum. For eligible children who have not reached their third birthday. If you are concerned about your child's development, contact EDIS at 081-811-4676.

Reel 2 Times cinema

Friday, March 12
SCHOOL'S OUT MATINEES
Noon Alice in Wonderland, PG, *Premiere Showing*
3 p.m. Leap Year, PG
4 p.m. The Spy Next Door, PG, *Premiere Showing*
6 p.m. Alice in Wonderland, PG
8 p.m. Precious, R
9 p.m. Legion, R, 2100 PlusMovie & *Premiere Showing*

Saturday, March 13
Noon The Spy Next Door, PG
1:30 p.m. Alice in Wonderland, PG
3 p.m. The Spy Next Door, PG
5:15 p.m. The Lovely Bones, PG-13
6 p.m. Alice in Wonderland, PG
8:15 p.m. Youth in Revolt, R
8:45 p.m. The Wolfman, R

Sunday, March 14
Noon Alice in Wonderland, PG
1:30 p.m. Nine, PG-13
3 p.m. The Lovely Bones, PG-13
5 p.m. The Book of Eli, R
6 p.m. Alice in Wonderland, PG
8:15 p.m. Daybreakers, R
8:45 p.m. Legion, R

Monday, March 15
4 p.m. Leap Year, PG
6 p.m. Percy Jackson & the Olympians: Lightning Thief, PG
7:30 p.m. The Lovely Bones, PG-13
8:45 p.m. Daybreakers, R

Tuesday, March 16
4 p.m. Alice in Wonderland, PG
5:30 p.m. The Spy Next Door, PG
7:30 p.m. Nine, PG-13, *Last Showing*
8:45 p.m. Legion, R

Wednesday, March 17
Noon The Spy Next Door, PG
2:45 p.m. Percy Jackson & the Olympians: Lightning Thief, PG, *Last Showing*
4:30 p.m. Sherlock Holmes, PG-13, *Last Showing*
5:30 p.m. The Lovely Bones, PG-13
7:30 p.m. The Wolfman, R, *Last Showing*
8:45 p.m. Youth in Revolt, R

Thursday, March 18
Noon Alice in Wonderland, PG
2:45 p.m. The Spy Next Door, PG
5 p.m. Leap Year, PG
6 p.m. The Spy Next Door, PG
8:15 p.m. Precious, R, *Last Showing*
8:45 p.m. Legion, R

Friday, March 19
4 p.m. The Lovely Bones, PG-13
6:45 p.m. The Spy Next Door, PG
7 p.m. THE JUNGLE BOOK, *Live Show*
9 p.m. Edge of Darkness, R, 2100 PlusMovie & *Premiere Showing*

Movie descriptions

No Children Under 10
Admitted to R-Rated Movies

ALICE IN WONDERLAND, PG, Science Fiction/Fantasy and Adaptation 109 min. Cast: Mia Wasikowska, Johnny Depp, Helena Bonham Carter, Anne Hathaway. First Run Over Seas in Theaters (FROST). 19-year-old Alice returns to the whimsical world she first encountered as a young girl, reuniting with her childhood friends: the White Rabbit, Tweedledee and Tweedledum, the Dormouse, the Caterpillar, the Cheshire Cat, and of course, the Mad Hatter. Alice embarks on a fantastical journey to find her true destiny and end the Red Queen's reign of terror.

EDGE OF DARKNESS, R, For strong bloody violence and language, Drama, Thriller, Adaptation and Politics/Religion 117 min. Cast: Mel Gibson, Ray Winstone, Danny Huston, Bojana Novakovic, Shawn Roberts. Thomas Craven is a veteran homicide detective for the Boston Police Department and a single father. When his only child, 24-year-old Emma, is murdered on the steps of his home, everyone assumes that he was the target. But he soon suspects otherwise, and embarks on a mission to find out about his daughter's secret life and her killing. His investigation leads him into a dangerous looking-glass world of corporate cover-ups, government collusion and murder -- and to shadowy government operative Darius Jedburgh who has been sent in to clean up the evidence. Craven's solitary search for answers about his daughter's death transforms into an odyssey of emotional discovery and redemption.

WHEN IN ROME, PG13, Cast: Kristen Bell, Jon Heder, Dax Shepard, Josh Duhamel, Anjelica Huston Comedy and Romance 91 min. After stealing coins from an Italian fountain, a young American woman receives visits from numerous strangers who, having previously thrown coins into the fountain, are now in love with her.

TOOTH FAIRY, PG, For mild language, some rude humor and sports action, Comedy and Kids/Family 102 min. Cast: Dwayne Johnson, Ashley Judd, Stephen Merchant, Ryan Shekler, Seth MacFarlane. "The Tooth Fairy," also known as Derek Thompson, is a hard-charging hockey player whose nickname comes from his habit of separating opposing players from their bicuspid. When Derek discourages a youngster's dreams, he's sentenced to one week's hard labor as a real tooth fairy, complete with the requisite tutu, wings and magic wand. At first, Derek "can't handle the tooth" - bumbling and stumbling as he tries to furtively wing his way through strangers' homes doing what tooth fairies do. But as Derek slowly adapts to his new position, he begins to rediscover his own forgotten dreams.

LEGION, R, For strong bloody violence, and language, Action/Adventure, Science Fiction/Fantasy, Suspense/Horror and Thriller 100 min. Cast: Paul Bettany, Lucas Black, Tyrese Gibson, Adrienne Palicki, Charles S. Dutton. An out-of-the-way diner becomes the unlikely battleground for the survival of the human race. When God loses faith in Mankind, he sends his legion of angels to bring on the Apocalypse. Humanity's only hope lies in a group of strangers trapped in a desert diner and the Archangel Michael.

THE SPY NEXT DOOR, PG, For sequences of action violence and some mild rude humor, Cast: Jackie Chan, Madeline Carroll, Alina Foley, George Lopez, Billy Ray Cyrus. Action/Adventure, Comedy, Kids/Family and Thriller 92 min. Bob Ho is an undercover CIA superspy who decides to give up his career in espionage to settle down with his next-door neighbor and girlfriend, Gillian. But Bob has one more mission to complete before Gillian agrees to marry him: winning over her three opinionated kids. When Gillian suddenly has to leave town, Bob volunteers to babysit the children so he can earn their approval. But when one of the kids mistakenly downloads a top-secret formula from his computer, Bob's arch-enemy, a Russian terrorist, moves in for the attack, forcing Bob to juggle the roles of spy and prospective stepfather in the most challenging mission of his career!

THE BOOK OF ELI, R, For some brutal violence and language Action/Adventure, Science Fiction/Fantasy and Western 118 min. Cast: Denzel Washington, Gary Oldman, Mila Kunis, Ray Stevenson, Jennifer Beals. A lone hero must fight his way across the wasteland of post-apocalyptic America to protect a sacred book that holds the key to saving the future of humanity. In a post-apocalyptic America where the once-picturesque countryside has become a desolate and violent wasteland, one man (Denzel Washington) fights to protect that sacred tome that could hold the key to the survival of the human race in this futuristic thriller from filmmaking duo Albert and Allen Hughes (From Hell and Dead Presidents). Gary Oldman, Mila Kunis, and Ray Stevenson co-star

THE LOVELY BONES, PG-13, For mature thematic material involving disturbing violent content and images, and some language. Cast: Rachel Weisz, Mark Wahlberg, Susan Sarandon, Stanley Tucci, Michael Imperioli. Drama, Kids/Family, Science

Fiction/Fantasy, Thriller and Adaptation, 135 min. Susie Salmon, a young girl who has been murdered, watches over her family -- and her killer -- from heaven. She must weigh her desire for vengeance against her desire for her family to heal.

UP IN THE AIR, R, For language and some sexual content, Cast: George Clooney, Vera Farmiga, Anna Kendrick, Jason Bateman, Danny McBride. Comedy, Drama and Adaptation 109 min. Ryan Bingham, is a corporate downsizing expert whose cherished life on the road is threatened just as he is on the cusp of reaching ten million frequent flyer miles and just after he's met the frequent-traveler woman of his dreams.

DAYBREAKERS, R, For strong bloody violence, language and brief nudity. Cast: Ethan Hawke, Willem Dafoe, Isabel Lucas, Claudia Karvan, Michael Dorman. Drama, Science Fiction, Suspense/Horror and Thriller 98 min. Fresh off the success of their inventive take on the zombie genre, Undead masterminds Michael and Peter Spierig direct Ethan Hawke in an ambitious tale of a futuristic Earth populated entirely by vampires, and the efforts made by the creatures to ensure that their food supply doesn't run out as humankind is faced with extinction. The year is 2017, and a vampire plague has turned most of the planet's human population into bloodsucking ghouls. As the population of mortals fast begins to dwindle, a vampiric corporation sets out to capture and farm every remaining human while simultaneously researching a consumable blood substitute, headed by undead hematologist Edward Dalton (Ethan Hawke). His work is interrupted after stumbling onto a pocket of human survivors lead by Elvis (Willem Dafoe), a former vampire, whose past reveals a cure that could reverse the tide and save the human race. With time running out, Dalton's only hope lies in outsmarting the security forces of his boss (Sam Neill), whose goal isn't just to find a substitute, but to repopulate humanity in order to sell its blood to the highest bidder.

LEAP YEAR, PG, For sensuality and language, Comedy and Romance 100 min. Cast: Amy Adams, Matthew Goode, Adam Scott, John Lithgow, Noel O'Donovan. A woman (Amy Adams) heads to Ireland in order to force her boyfriend (Adam Scott) to accept her wedding proposal by scheduling it on leap day, the only time when he couldn't refuse due to the country's tradition in this Spyglass Entertainment romantic comedy. Shoppgirl's Anand Tucker directs from a script by Harry Elfont and Deborah Kaplan. Matthew Goode co-stars as a handsome innkeeper who throws a wrench into the woman's plans.

YOUTH IN REVOLT, R, For sexual content, language and drug use, Cast: Michael Cera, Portia Doubleday, Jean Smart, Zach Galifianakis, Erik Knudsen. Comedy, Drama, Adaptation and Teen 90 min. The journal of Nick Twisp, an 18-year old high school student, who goes on a quest to lose his virginity after his parent's breakup.

PERCY JACKSON & THE OLYMPIANS: THE LIGHTNING THIEF, PG, For action violence and peril, some scary images and suggestive material, and mild language, Action/Adventure, Science Fiction / Fantasy and Adaptation 120 min. First Run Over Seas in Theaters (FROST). Cast: Logan Lerman, Brandon T. Jackson, Alexandra Daddario, Uma Thurman, Pierce Brosnan. It's the 21st century, but the gods of Mount Olympus and assorted monsters have walked out of the pages of high school student Percy Jackson's Greek mythology texts and into his life. And they're not happy: Zeus' lightning bolt has been stolen, and Percy is the prime suspect. Even more troubling is the sudden disappearance of Percy's mother. As Percy adapts to his newly discovered status as a demi-god (his father is Poseidon), he finds himself caught between the battling titans of Mt. Olympus. He and his friends embark on a cross-country adventure to catch the true lightning thief, save Percy's mom, and unravel a mystery more powerful than the gods themselves.

NINE, PG-13, For sexual content and smokin. Cast: Daniel Day-Lewis, Penelope Cruz, Marion Cotillard, Nicole Kidman, Rick Tognazzi, Sofia Loren. Drama and Musical 110 min. From the creative team behind the Oscar-winning adaptation of Chicago comes a lavish feature take on the Tony award-winning musical inspired by Federico Fellini's whimsical classic 8 1/2. Directed by Rob Marshall, Nine details the effort made by world-class filmmaker Guido Contini (Daniel Day-Lewis) in realizing his latest cinematic vision while simultaneously balancing his relationships with the many passionate and influential women in his life, including his mistress, Carla (Penelope Cruz), and wife, Luisa (Marion Cotillard). Original lyricist and composer Maury Yeston serves as co-executive producer for the filmed version of his own 1982 Broadway hit. Kate Hudson, Nicole Kidman, Sophia Loren, Fergie, and Judi Dench co-star.



Friday, March 12
7 p.m.: Up In The Air, R
Sunday, March 14
2:30 p.m.: Percy Jackson & the Olympians: Lightning Thief, PG



Until Every One Comes Home.

<http://www.uso.it>
Capodichino 081-568-5713
Support Site Office (M-W-F) 629-4903

USO DAILY TOURS

12 March Friday Night Sushi €35
13 March Wine Tasting in Torre Gaia €45
14 March Imperial Rome City Tour €52
19 March Tony and Tina's Wedding (Dinner and Dance) €20
20 March Family Day at the Zoo .. €24

WEEKEND TOURS

March 26-27 Super Italian Motors. . €272
April 3-4 Easter in Florence and Pisa €165
April 12-15 Spring Break in Barcelona €452
May 27-30 Paris and the Castles of Loire €692

NHS Sports

Submitted by the NHS Booster Club, <http://www.napleshsboosterclub.org>

Naples High School Athletes of the Month for February



John Koffel, a freshman, has been selected as the cheerleading team's Athlete of the Month for February. Koffel, the son of Jeff and Janine Koffel, displays a tremendous amount of effort, drive and determination, all while filling his new role on the varsity cheerleading team. Koffel really stepped up to the challenge and made the team better this last month. He is a constant bundle of energy and brings more spirit to the others. Koffel has mastered his front tuck for the routine and serves as a base and back spot for several tosses, partner stunts, group stunts and pyramids. When not participating with the Wildcat cheerleaders, Koffel boasts a 3.2 GPA and is part of the cross country team.



Megan Bayles, a freshman, has been selected as cheerleading's Athlete of the Month for February. Bayles, the daughter of Jaye and Karrie Bayles, is an all-around cheerleader and competitor. She can do it all, from tumbling across the length of the basketball court to flying through the air while performing skills. Earlier in the month, Bayles broke her hand and was not permitted to tumble anymore. But this did not stop her! She kept stunting, jumping, and cheering her way to an All-Tournament honor at the 2010 European Basketball and Cheerleading Championships held in Mannheim, Germany. Only ten individuals from Division II earn this recognition and Megan was one of them! Outside of the cheerleading team, Bayles takes part in gymnastics.



Terrence Bartley, a senior, has been selected as the basketball Wildcats' Athlete of the Month for February. Bartley, the son of Sheila Bartley, has become a major part of the starting lineup on the team. He maintained a focus that drove him to excel. The coaches and the team appreciated all his hard work through the very last game. Bartley only wanted the best for his team and himself. Bartley is a great person who deserves to be recognized for all the hard work and effort he put into the Wildcats Boys Basketball team in 2009-2010.



Amanda Lewellyn, a freshmen, has been selected as the Wildcats' swimming team Athlete of the Month for February. Lewellyn, the daughter of Dave and Mary Lewellyn is a disciplined athlete who has put forth a great deal of effort and hard work in to her swimming over the past 6 months. She is adept in all strokes, with the back stroke being her main focus and event. Lewellyn qualified and swam 3 individual events and 2 relays at the February European Forces Swim League Championships. Turning in her fastest split for her 50 Back, the lead leg on the Medley relay, Lewellyn set her team up for a solid fifth place finish and their best performance of the season. She continued to drop time throughout the 2 day meet, setting personal bests in all three of her individual events, including swimming away with a Bronze medal in the 100 meter Back stroke. When not in the pool, Lewellyn is a 4.0 Honor Roll student and plays the French horn in the high school band. She has also been selected for Duke Talent Identification Program (TIP) and will be traveling this summer to Duke University to take a college-level course in Archeology and Anthropology.



Jacquan "Jaquizzle" Welch, a senior, has been selected the Wildcats' wrestling team Athlete of the Month for February. Welch, the son of Robert and Kifornee Welch, is a standout on the wrestling team. He finished his senior year 23-4. Welch has been a member of the wrestling team for the past two years and this is the first year that he qualified for Europeans. As a Junior, he was learning how to wrestle. This year he utilized the skills he developed last year to turn around a 6-12 record from last year. Welch took third place in the tournament and stunned his opponent from Kaiserslautern. He was losing 5-0 and quickly pinned him to upset him in the 3rd-4th place match. The only wrestlers he lost to placed above him in the tournament. Welch deserves this award and will be missed next year. When not on the wrestling mat, Welch plays football and baseball. He is a member of the Future Business Leaders of America and the NJ-ROTC where he serves as a cadet chief petty officer and administration officer. Welch plans on attending University of Southern California on an ROTC scholarship.



Lizeth Bruce, a senior, has been selected as the basketball Lady Wildcats' Athlete of the Month for February. Bruce, daughter of Gary and Gabriela Bruce, has been an excellent leader on the court and off the court for the Lady Wildcats. As a Captain of the team, she has often worked toward maintaining team harmony through player-only meetings and counseling with the coaches in formulating the direction of the team. On the court, Bruce is a feared rebounder who fights for every loose ball and has improved her play exponentially throughout the course of the season. Coming into the sport with little experience, Bruce's work ethic, determination and willingness to learn have made her a starter and cornerstone of the team. When not on the hard court, Bruce takes AP classes and is a member of the Honor Roll.



JFC celebrates Women's History Month

MSgt Shiloh Slater, USAF, gives a token of Appreciation to Col Ramona Dolson guest speaker of the Women History event at Bagnoli, Italy. (Photo by Staff Sgt. Karla Bustamante, US Air Force)



Ambassador of France to Italy visits JFC Naples

His Excellency Mr. Jean-Marc De la Sabliere, Ambassador of France to Italy and San Marino, met with the Adm. Mark Fitzgerald, Joint Force Command Naples commander Feb. 25. His visit included a briefing on national business at the headquarters in Bagnoli, Naples. (Photo by CPO Chris Emes GBR, JFC Naples Public Affairs Office)

General Sir John McColl Visits JFC Naples

General Sir John McColl, Deputy Supreme Allied Command Europe, met with Adm. Mark Fitzgerald, Joint Forces Command Naples commander, in Naples, Italy, Mar. 4. General McColl assumed the Deputy Supreme Allied Commander Europe (DSACEUR) position in October 2007. Additionally, General McColl is the Colonel Commander of The Queen's Division and Colonel of the Royal Anglian Regiment.

(Photo by SSgt Karla Bustamante, USAF, JFC Public Affairs Office)



Jobs

HUMAN RESOURCES OFFICE (HRO)

NEW LINK: <https://www.cnic.navy.mil/Naples/Programs/Departments/HumanResourcesOffice/Jobs/index.htm>

The Human Resources Office is located at Capo Admin I, first floor. The customer service hours are: **Monday through Friday, from 0800 to 1530.**

Applications are accepted at the Security Pass and ID Office at Capodichino and Gricignano, OR at the HRO, located in Admin 1, Capodichino, OR by mailing to: HRO, PSC 817 Box 29, FPO AE 09622, OR at Fleet and Family Service Center (FFSC) located on the TLA first floor, at Support Site. HRO must receive mailed applications by closing date of the vacancy announcement.

U.S. POSITIONS

For a current list of U.S. vacancies and application process information visit our NEW website at: <https://www.cnic.navy.mil/Naples/Departments/HumanResourcesOffice/Jobs/index.htm>

CLOSING 18 MAR 10

Financial Technician, YB-0503-01, ANN# EUR10-617045-EG, Full Time Permanent
Security Guard, GS-0085-05, ANN# EUR10-T60488-SC, Full Time Permanent

OPEN UNTIL FILLED

Supv Child Development Center Director, YA-1701-02, ANN#EUR10-590126-SC-A, Full Time Permanent

CANCELLED

Interdisciplinary (Community Health Nurse), YH-0610-02, ANN# EUR10-586899-SC

COURTESY US VACANCY ANNOUNCEMENT

"Field Academic Advisor for the University of Maryland University College" (UMUC). -9Contact UMUC Naples or call DSN 626-6673/6675 (Commercial 081-568-6673/6675) or visit UMUC at CAPO, ADMIN II, for information on how to apply for the position.

Community Bank, Banking Center Service Supervisor, Capodichino U.S. Navy Base, Naples, Italy. To apply online, please use the "Careers" link at: www.dodcommunitybank.com, or submit your resume at HR

Europe: pia.krucker@dodcommunitybank.com

Member Service Representative, Navy Federal Credit Union, Naples Italy. Apply online at www.navyfederal.org

The U.S. Naval Hospital, Naples is seeking a part-time Contract Family Practice Physician for the Family Practice Department. If you are interested in the position, please contact Ms. Paola Gargiulo at DSN: 629-6117, E-MAIL: Paola.gargiulo@med.navy.mil. The position will remain open from 05 March 2010 thru 19 March 2010 (inclusive).

LOCAL NATIONALS (LN) POSITIONS

For a current list of LN vacancies and application process information visit our NEW website at: <https://www.cnic.navy.mil/Naples/Programs/Departments/HumanResourcesOffice/Jobs/index.htm>

LN POSITIONS CANCELLED

Management and Program Analyst, Ua-0343-03 KPP 02/01, or Ua-02, Or Ua-01, ANN# 33191-621231-AV, Full Time Permanent, AOC: CURRENT NAVFAC, PWD NAPLES EMPLOYEES ONLY

"If you have any questions/comments with regard to HRO Naples' services, please contact the Director's Office at 626-5770 or 081-568-5770. You can also submit your questions/comments to the HRO website at www.CNIC.navy.mil/Naples/index.htm; click on "CNREURAFSWA Human Resources Office; and under the HRO (N13) page, click "Contact Us", a form will appear. Please complete the short form and submit. You will be contacted within 24 hours, so please be sure to provide your contact information. Thank you and we appreciate your input, whether negative or positive so that we can find ways to improve the HRO services, or continue to provide excellent service. As a reminder, an HRO Representative is available for the bi-weekly "Meet & Greet" at the NSA, Support Site Base, Navy Exchange Food Court area from 0800 to 0900. Please feel free to come by, pick up a copy of a vacancy announcement that you may be interested in applying for, or ask questions. If the HRO representative is unable to provide you a response, he/she will bring the question back to the HRO office and you will be provided an answer or a call back the same day. The next "Meet & Greet" is 15 March 2010."

NON-APPROPRIATED FUND (NAF) POSITIONS

Fleet & Family Readiness NAF Local Naples job announcements within CNREURAFSWA may be viewed at https://www.cnic.navy.mil/Naples/Recreation/CNICD_A059280

The necessary application forms are also available on line. For any questions you have you may reach us at 081-568-5612/4164

NSA NAPLES POSITIONS, MWR OPEN

CONTINUOUS POSITIONS

Recreation Aid, NF-0189-01, ANN# 10-021, flexible, Fitness Forum, Support Site. Job Summary: Assist in the operations of the fitness program.

Recreation Aid, NF-0189-01, ANN# 08-164, flexible, Community Services, Capodichino. Job Summary: Provides information concerning facility, operation and regulations.

Recreation Aid (Intramural Sports), NF-0189-01, ANN# 09-091, flexible full time, Fitness Forum, Support Site. Job Summary: Assists the Sport Coordinator to plan the fitness activities

Recreation Aid, NF-0189-01, ANN# 09-129R, flexible, Reel Time Theater II, Support Site. Job Summary: This position transacts the sale of refreshments at the theater snack bar.

Recreation Aid, NF-0189-01, ANN# 10-022, flexible, NOR Center, Carney Park. Job Summary: Provides and maintain recreation and athletic equipment issue.

Recreation Assistant, NF-0189-02, ANN# 10-020, flexible, Fitness Forum, Support site. Job Summary: Provides instructions to patrons in a variety of physical fitness classes.

Child & Youth Program Assistant, CY-1702-I/II, ANN# 10-007, (Multiple Positions) flexible, Child Development Centers, School Age Care, Youth Programs, Capodichino/SS/Carney Park. Job Summary: Care and instruction for children and youth from 6 wks to 18 yrs.

NEX EMPLOYMENT OPPORTUNITIES

Gricignano, Building 2091-B
Call 081-813-5252/5253/5254
DSN: 629-4774

Mon. - Fri. 8 a.m. - 3:30 p.m.
NEX Job opportunities are now posted on the Web at <http://www.navy-nex.com> Submit completed applications to NEX Human Resources Office located above the Main Exchange. If you have questions please call the above numbers.

U.S. NAF POSITIONS AVAILABLE

CURRENT U.S. FLEXIBLE POSITIONS MAY BE NON-COMPETITIVELY CHANGED TO REGULAR POSITIONS

GRICIGNANO MAIN STORE

Ann# 032-10 Customer Service/FE Supervisor/Customer Ser./NF-2091-03/RFT-Closes: 03/26/10 Salary Range: \$29,032-\$40,891

Ann# 001-10 Cashier Checker/Frontlines/NF-2091-01/FLEX - Closes: 03/19/10

Ann# 040-09 Lead Sales Clerk/Consumables/NF-2091-01/RFT-Closes: 03/19/10

GRICIGNANO MINI MART

No Vacancies

DISTRIBUTION CENTER, GRICIGNANO

No Vacancies

CAPODICHINO NEX MART
Ann# 014-10 Sales Clerk/NF-2091-01/FLEX - Closes: 03/19/10
Ann# 016-10 Customer Service Clerk/NF-2091-01/RFT-Closes: 03/19/10

EUROPE DISTRICT OFFICE

(Gricignano Main Store)
No Vacancies

GRICIGNANO NAVY LODGE

No Vacancies

FC-NATO MINI MART

No Vacancies

LOCAL POSITION

No Vacancies



Capt. James Tranoris, Commander of Africa Partnership Station (APS) East, and Maj. Vikraj Mangroo, Deputy Assistant Superintendent of Mauritius Police, congratulate members of the Mauritian National Coast Guard Police Force during a graduation ceremony held aboard High Speed Vessel Swift (HSV 2). APS East is an international cooperative initiative aimed at strengthening global maritime partnerships through training and other collaborative activities in order to improve maritime safety and security in Africa, and is being conducted in cooperation with Commander, U.S. Naval Forces Africa and U.S. Africa Command (AFRICOM).

(Photos by MC3 (SW) Tracey L. Whitley)

Swift, Nicholas Wrap up APS East In-Port Training

By MC3 (SW) Tracey L. Whitley,
Africa Partnership Station East Public Affairs

Africa Partnership Station (APS) East 2010 celebrated its last week of official in-port training and maritime engagements with partnering African nations by hosting a graduation ceremony for Seychellois maritime professionals aboard APS platform high speed vessel Swift (HSV 2), March 3.

Swift arrived in Port Victoria on Saturday; USS Nicholas (FFG 47), Swift's APS East 2010 sister platform, arrived Monday. Once both ships were in port, the instructors began an intense training schedule with maritime and civil service professionals here from the Seychelles Coast Guard, Seychelles Special Forces Unit, Airport Firefighting Brigade, and local Fire Brigade. The students were broken up into three courses with focus areas which included damage control and firefighting, train the trainer, and visit, board, search and seizure (VBSS) procedures.

"Even though all of the courses are important, I think the most vital course is damage control and firefighting," said Damage Controlman 3rd Class Adam Bequette, an APS instructor. "If you are stationed on any kind of vessel, knowing how to save the ship during times of emergency can mean the difference between life and death."

The graduation ceremony highlighted this point when Maj. George Adeline, Acting Commander of the Seychelles Coast Guard, gave his remarks to the graduates.

"Throughout attending these courses, I hope you got a lot out of the practical application exercises," said Adeline. "By far, the damage control and firefighting skills you learned this week are the most important because we must know how to save our ship as well as the lives of those around us."

However, training wasn't the only thing these students did during their time aboard; they were also able to engage with the sailors and get to know them on a personal level, creating working relationships between the forces.

"Working together, each of you have experienced cultural exchanges that have built long lasting relationships, which in turn will have a long-term effect as maritime partners in the future," said Capt. James E. Tranoris, APS East Commander.

While in-port training for the 2010 APS mission has concluded, international shipriders will continue at-sea training

aboard the Nicholas. Shipriders from Djibouti, Kenya, Tanzania, Mozambique, and Mauritius deploy for extended periods of time and spend their day not only learning basic watch-standing principles, leadership skills, damage control and engineering, but also building relationships with sailors from around the globe.

Swift and Nicholas have visited ports in Djibouti, Kenya, Tanzania, Mozambique, Mauritius, and Seychelles. The ships bring teams of maritime experts from the U.S. Navy and U.S. Marine Corps to provide training and participate in exercises with their African counterparts. Combat life-saving; damage control; law of war; VBSS, small boat operations/maintenance, train the trainer, combat life-saver and physical security are just a few of the capabilities during in-port training.

APS East is an international cooperative initiative in support of Naval Forces Africa which aims to unite international partners to enhance maritime safety and security throughout the African continent.

Swift and Nicholas are on regular scheduled deployments within the U.S. 6th Fleet area of responsibility. APS East is being conducted in cooperation with Commander, U.S. Naval Forces Africa and U.S. Africa Command (AFRICOM).



Students admire their course completion certificates for in-port training during a graduation ceremony held aboard Africa Partnership Station (APS) East platform high speed vessel Swift (HSV-2). APS East is an international cooperative initiative aimed at strengthening global maritime partnerships through training and other collaborative activities in order to improve maritime safety and security in Africa, and is being conducted in cooperation with Commander, U.S. Naval Forces Africa and U.S. Africa Command (AFRICOM).



Members of U.S. Naval Forces Europe Band, "Top Brass," perform traditional American Jazz music during a public concert held in Company Gardens here in support of Africa Partnership Station (APS) East. APS East is an international cooperative initiative aimed at strengthening global maritime partnerships through training and other collaborative activities in order to improve maritime safety and security in Africa, and is being conducted in cooperation with Commander, U.S. Naval Forces Africa and U.S. Africa Command (AFRICOM).