

Panorama

NSA's MISSION STATEMENT: "TO PROVIDE QUALITY SUPPORT TO U.S. AND NATO PERSONNEL, ACTIVITIES, AND AFLOAT UNITS IN OUR GEOGRAPHIC AREA OF RESPONSIBILITY. TO ENSURE RELIABLE COMMAND AND CONTROL OF ALL SUPPORT PROVIDED TO THOSE UNITS."

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56TH YEAR, No. 29

Serving the NATO, Naples and Gaeta military communities in Italy

FRIDAY, JULY 22, 2011

SPEDIZIONE IN A.P. - 45% - ART. 2 COMMA 20/B LEGGE 662/96 - FILIALE DI NAPOLI

NSA Naples supports DOD food drive



RP2 Stoerrle inspects donated food products for the 2011 Feds Feeds Families food drive campaign. NSA Naples sailors are collecting donations to deliver to charities in the Naples area. Donations of non-perishable food items are accepted at both the Capodichino and Support Site chapels.

Story and photo by MCI(EXW/AW) Terry Vick
Navy Public Affairs Support Element-East Detachment Europe

Naval Support Activity (NSA) Naples has joined the Department of Defense (DOD)-wide Feds Feed Families, an initiative to help support the hungry around the world. This food drive program began in 2009 when President Obama signed the Serve America Act into law and reinvigorated federal support for volunteerism across the United States government. This year, U.S. military members, government employees and their families are challenged to collect and deliver 2 million pounds of non-perishable food to families in need.

The campaign is already underway at NSA Naples. Sailors have embraced the spirit of Feds Feed Families and volunteered to collect, weigh and deliver the donated food to various charities in the Naples area, including an orphanage, learning center and homeless shelter for men and women.

"[Sailors] show wonderful commitment and are dedicated to this cause," said Religious Program Specialist 2nd Class (SW) Matthew Stoerrle. "I'm glad to be a part of this great drive."

Community members are encouraged to donate non-perishable food items like 100 percent fruit juice, cereal, canned tuna, pasta, peanut butter, water, etc. Please, no pork products. Sailors will be collecting contributions at the Support Site and Capo chapels between 7:30 a.m. and 4 p.m. Monday through Friday through August.

Food banks are most in need of donations during the summer months, when other donations are traditionally lower. "I don't think people realize how important it can be to continue to volunteer this time of year," said Enginemen 2nd Class (SW) Miguel Huerta. "Military people focus on taking leave and summer fun, but there are still opportunities to help out and do good things."

According to the DOD Feds Feed Families website, food donations have increased by about 100,000 pounds each year. Naples' volunteers hope food donations continue the upward trend. "Food is an access problem rather than a quantity problem," said Stoerrle, "So, the increasing success of this program can definitely have a very important impact."

For more information about the Feds Feed Families campaign, visit http://www.defense.gov/home/features/2011/0611_fedsfeedfamilies/.

NSA Naples Community Weekly Crime Statistics for July 11-18, 2011

- Vehicle Break-in	3	1 on base, 2 off base
- Damage to Personal Property	1	off base
- Theft of Personal Property	1	on base
- Stolen Vehicle.	1	off base
- Carjacking	1	off base
- Attempted Carjacking	1	off base
- DUI	1	off base
- Traffic Accidents	7	off base

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Can you tell me how to get to Sesame Street?

By "Panorama" staff

The world's most popular children's show is back at NSA Naples! Sesame Street Live has teamed up with the USO and MWR to bring the furry, fun and friendly muppets to our military families living in the Naples area.

These beloved colorful characters will take the stage today at the Support Site Youth Center Gym during two imaginative performances of "Talk, Listen, Connect!" The fun begins at 2 p.m. and again at 6 p.m. today! Like the PBS version of the show, Sesame Street Live features timeless lessons and songs for children of all ages.

Doors open one hour before each event. Admission is free and on a first come, first served basis. Note: The venue is not air-conditioned.

You don't have to get to Sesame Street because Sesame Street is coming to NSA Naples! Join your favorite muppets for a fun, musical performance at the Youth Center Gym today at 2 p.m. and again at 6 p.m. (Photo by Susan Boggs)

Skin, aging and ultraviolet (solar) radiation

By John Paul Trafeli, M.D.
Diplomate of the American Board of Dermatology

In the dermatology department we are often asked about aging, wrinkles and sunscreens: Which products work best? How to get rid of this dark spot? Will you look at this mole? Etc.

So I think as we enter the deep days of summer, it's a good time to learn about ultraviolet radiation, known as UVR, and its effects on the skin. This entails a small lesson in physics and biology.

Solar radiation

First off, the radiation that hits the earth's surface from our sun is divided into bands that are given names. The most important for us is the radiation that our eyes use to see with. This is called the visible spectrum. The visible spectrum represents a very small portion of the larger radiation spectrum.

The ultraviolet (UV) spectrum is near the visible spectrum. However, the UV spectrum is not visible. So even on a cloudy day, you may receive a lot of UV radiation...and not be able to see it.

It is typically the UV spectrum that we worry about regarding sun exposure, sunburns and skin cancer.

UVR is further divided into UV-A, UV-B and UV-C bands.

Most UV-B and almost all UV-C are blocked by the ozone high in the atmosphere and don't reach the earth—that's good! The UV-B that reaches the earth causes sunburns. Why is this important? Because if the atmosphere can block UV-B...then the more the light has to travel through the atmosphere (the longer the path traveled), the safer it is for us. However, at noon the sun is directly overhead, and the pathway through the atmosphere is shortest, and this is when most of the UV-B hits the earth...and when we get most sunburns.

UV-B cannot penetrate our skin deeply, but it is able to penetrate through the upper part of the skin, the epidermis. When the UV-B hits the DNA in our skin cells it often breaks the DNA in the nucleus. It also generates free radicals, which are charged particles that damage healthy skin. This is very bad if it happens when the cell is dividing (mitosis). This is how cancers are started. More importantly, most skin cancers arise in the superficial epidermis of the skin...and therefore, are thought to be more related to UV-B penetration.

see SKIN Page 6



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Events around town this weekend

- **Thru 31** – Cool off and quench your thirst with a beer at one of the beer festivals going on near Caserta this weekend. "Festa della birra a Pastorano" takes place through the Sunday in Pastorano, which is not far from the Capua exit off the A1. "Birra in festa" happens this weekend and next in Castel Morrone, just north of Caserta.
- **22-24** – There's no shortage of things to do along the Amalfi Coast. This weekend, Maiori hosts a dance festival that features jazz and hip-hop workshops and per-

formances. Ravello entices with its program of world-renowned performing artists. Opera singers beckon in Vietri sul Mare and Cava de'Tirreni as part of the Amalfi Coast Festival.

- **22-24** – Legendary jazz musicians headline the 19th annual Teano Jazz Festival. Check out <http://www.teanojazz.org/>.

Check out <http://wikinapoli.com/events> for more information.

Naples' weekend forecast



FRIDAY
High 82
Low 64
PARTLY CLOUDY



SATURDAY
High 84
Low 63
PARTLY CLOUDY



SUNDAY
High 82
Low 61
SUNNY

Captain's Corner

By Capt. Scott Gray
NSA Commanding Officer



We're well into the swing of summer here in Naples and I'm seeing a lot of people out and about. It is also clear that there are many people traveling around Europe and taking advantage of our unique proximity to so much art, history and culture.

We're very honored to have Sesame Street Live here for two shows today! Don't miss the shows at the SAC gym at 2 and 6 p.m., especially if you have little ones. I would have liked to host such a big show in our high school gym, but unfortunately due to construction it's unavailable. We'll have extra fans in the SAC gym to help keep everyone cool during the event. It should be a great setting for your kids to get up close and personal with all their favorite Sesame Street characters.

I'm having a great time getting out and about in the community, meeting all of you and hearing your concerns. It's great to get feedback and to hear some of the issues that impact our community. I'm experiencing many of the newcomer's issues as my family and I settle in here, so please continue to voice concerns up the chain of command, through the ICE system, or even on our Facebook page. I have already taken action on numerous items and am reviewing options for many more. I am constantly amazed by the good ideas from the people I meet everyday. Please keep your suggestions coming and I will continue to work to implement common sense solutions for the benefit of all.

I'd like to talk a little bit about motorcycle safety this week. It's a high-stakes game, especially on these roads, and a tiny mistake could cost you your life. Please wear bright colors, keep your lights on at all times, don't make erratic or sudden moves and be aware of other drivers' blind spots. I know we don't let you register your bike without taking our safety course, so you've heard these things before. However, it only takes one wrong move and/or a split-second for a tragedy to occur.

Lastly, we continue to experience numerous incidents of crime in the local area including petty theft, vehicle break-ins, home break-ins and recently a carjacking. In the instance of the carjacking, the service member driving the vehicle was duped into thinking something was wrong with her car by individuals in another vehicle alongside her on the highway. When she pulled over to investigate, one of the assailants from the car jumped into her vehicle and sped off with all her belongings including her IDs, passport, wallet, etc. Be on guard and don't fall for this trick.

Enjoy the summer and be sure to check out ideas for tours or destinations at ITT or the USO. Have a great week and thanks for making Naples a great place to work and live.

CNE-CNA-C6F/CNREURAFSWA IG HOTLINE

Report fraud, waste, abuse and mismanagement in Navy activities to:

Office of the Inspector General, Naples, Italy

Leave a recorded message 24/7:.....081-568-2983

Speak to the IG Investigator:.....081-568-2964

E-mail: ighotline@eu.navy.mil

Website: www.cnic.navy.mil/europe/index.htm

Base Notes

From Panorama staff reports

NAVFAC change of command July 28

Capt. Borowy, NAVFAC EURAFSWA commanding officer, will be relieved by Capt. Cariello at a change of command ceremony at 2 p.m. July 28 in the Support Site Chapel. Uniform is summer whites or service/civilian equivalent. Call 081-568-7774 for more information.

Gaeta community meeting July 26

Mike Lynch from DODDEA headquarters will give a presentation on the Non-DODDS School Program (NDSP) to Gaeta residents in the Gaeta MWR Community Room at 10 a.m. Tuesday, July 26. Capt. Scott Gray, NSA Naples commanding officer, will also be in attendance and is willing to entertain questions after the meeting, even those not related to NDSP.

For more information, contact Pamela.oconner@eu.navy.mil.

Farmers' market July 29-30

Join the fun at the Farmer's Market outside the Commissary July 29 and 30. For more information, inquire inside the Commissary.

Schools open for admin

The DoDDS complex is open for administrative services. Naples High School hours are 8 a.m. to 4 p.m. and Naples Elementary School is open from 8 a.m. to 2 p.m.

Last chance to use Fiscal Year 2011

Tuition Assistance

Fall Term I is the last opportunity sailors will have to use their Tuition Assistance for Fiscal Year 2011. FY11 TA can be used for any class that starts prior to Oct. 1, 2011. Central Texas College, Embry-Riddle Aeronautical University and the University of Maryland University College all have Fall Term I undergraduate schedules available. First step, attend a WEB TA brief and discuss your program with a Navy College Office counselor, visit the Navy College Office at Capo or call 081-568-6684/6683/6678 for more information.

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TV service at Support Site

On-base residents must visit the Residential Services Center at the NEX to sign up for the basic AFN package and receive a decoder. The first decoder and basic AFN package are free and include the 10 AFN channels plus one Italian channel. The expanded TV service, which includes 30 Sky Channels in English, six Italian channels plus Pay per View, is provided under a service agreement through the NEX with a standard fee. Subsequent decoders are available for purchase at the NEX.

For additional information, visit the Residential Services office Monday through Saturday from 9 a.m. to 6 p.m. or call 081-813-5321.

Sports physicals

Don't postpone your teenager's sports and scouting physicals until school starts: schedule now! Call 081-811-6000 to schedule an appointment at the Naval Hospital Pediatrics and Family Practice clinics. Stop by the school to pick up the necessary paperwork. Physicals are not required for MWR sports participation.

Résumé training Aug. 4

Ms. Kathryn K. Troutman will present a seminar, "How to Write a Résumé for USA Jobs," Thursday, August 4, from 9 a.m. to noon in the Capo theater. In her seminar, Ms. Troutman will present information on some of the following topics: how the federal job process works, how to research vacancy announcements for jobs and how to analyze vacancy announcements. This is an excellent opportunity for civilian employees who are transitioning and now using USA Jobs, military personnel interested in seeking federal employment, and spouses and students seeking jobs. Admission will be first come, first served. This training is sponsored by CNREURAFSWA Fleet and Family Support Programs. Visit <http://www.resume-place.com/>.

Correction: The restructuring of enlisted advancement exams will begin Sept. 2012, not 2011 as a title on Page 12 of last week's issue misstated. The article from Navy Personnel Command, posted online at http://www.navy.mil/search/display.asp?story_id=61521, has been updated to include the correct year.

FYI POSSIBLE STRIKES

July 22 - Local public transportation personnel will strike until 9 p.m.

July 27 - Note: The gas strike announced last week for July 27 and July 28 has been canceled.

Sept. 17 - Trenitalia personnel will strike for 24 hours from 9 p.m. Sept. 17 to 9 p.m. Sept. 18.

Panorama

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National Night Out returns Aug. 2

By "Panorama" staff

Once again, NSA Naples Security, Italian authorities and community organizations are joining forces to support the 28th annual National Night Out, set for 5:30 to 9 p.m. Tuesday, Aug. 2, at the Support Site.

The free event has something fun and educational to offer every member of our community. A parade from the Support Site Fire Station steps off at 5:30 p.m. and leads the way to the soccer field on the north side of the base. Food hot off the grill and cold drinks will be available, and for the kids, there will be fun games, hands-on activities, and even a chance to win a prize or two. Representatives from a range of community organizations and government agencies will provide demonstrations and information on how to be safe at home and while traveling.

While the one night is certainly not the answer to fighting crime, National Night Out does represent the kind of spirit, energy and determination that helps make neighborhoods safer places throughout the year. Community members are encouraged to attend the event, meet their neighbors and discuss crime awareness—they'll quickly learn that fighting crime isn't just for the authorities.



The Polizia di Stato generously lent their Lamborghini in support of last year's National Night Out. (Photo by MC1(NAO) John Parker)

Italian News Briefs

Compiled by Teresa Merola

Live mannequins cause protest in Milan

A popular department store, Coin, caused a stir last weekend in Milan when live models appeared in its windows advertising a summer sale on bathing suits. The labor unions denounced this way of advertising, which according to them, degraded the models' bodies. The unions' protest caused the models to disappear from the windows, but they returned the next day holding signs stating that "Modeling is also a job."

5,000-year-old skeleton discovered

A 5,000-year-old skeleton of a woman was recently found in Introd, a town in the Aosta Valley with a population of about 600. An archaeological survey made before a planned extension of the local kindergarten allowed scientists to discover the ancient burial. The woman's bones were in perfect condition. The remains will be carefully studied to certify the cause of death. The children of the local kindergarten will choose the official name of the lady who lived there so many centuries ago.

Text to rescue abandoned dogs

In Italy, the Prontofido association, in collaboration with several radio stations, launched a campaign to save abandoned dogs on Italian highways. Called, "I saw it," the initiative will use technology to make it easy to report abandoned dogs. Starting July 23 through Sept. 4, an SMS (text message) can be sent to 334-105-1030 with the GPS coordinates of the location and the race of dog. More than 1,000 volunteers across the country will intervene to recover dogs along the highways. The team of volunteers wears yellow hats and reflective bibs with the logo "L'ho visto." They will patrol the roads from 7 a.m. to 10 a.m. in over a hundred cities using cars and motorcy-

cles to reach abandoned dogs immediately. People who own an iPhone and iPad can download for free "L'ho visto" application, and through the GPS signal, identify the point of reporting. In 2010, 613 dogs were saved thanks to this initiative and 167 of them were returned to their owners thanks to the microchip.

H-Farm opens first digital academy in Italy

H-Farm opened the first digital academy in Italy. The aim of the school, which located in the Treviso province in northern Italy, is to train young digital entrepreneurs. Courses will address issues related to digital entrepreneurship and the creation of start-up companies. Various courses for businesses and initiatives for children, parents and elderly people will also be promoted. The school will offer a master's degree in digital entrepreneurship with two semester courses of 30 students each. There are no requirements to enroll, and registration for will start in August. H-Farm is a multinational company headquartered in the countryside near Treviso.

Nuns target beachgoers

A group of nuns from a convent in Mondragone, in the Caserta province, started to head to the beaches to pray together with the faithful people. Two beach cabins were transformed into a sacristy and an altar was set up under two tents. According to Passionist Father Antonio Rungi, the convent-beach vacationers and the nuns are pleased. He wants to continue this positive experience of faith with the residents and the tourists, who are still numerous in Mondragone, he said. The initiative has taken place in other Italian regions as well. Father Andrea Brugnoli's idea was to raise a 1,500-foot inflatable church on the sands of Bibione, Rimini, Palermo and Cagliari.

THE INSIDE PAGE...

JULY FFSC EVENTS

Call FFSC at 081-811-6372 to reserve your spot for events and classes.

- 26 **EASY ITALIAN** (9 a.m.-12 p.m.) An introduction to basic Italian language and conversation.
- 26 **AL-ANON SUPPORT GROUP** (11 a.m.-12 p.m.)
- 29 **LEGAL ASSISTANCE** (9 a.m.-3 p.m.) Legal assistance will be performed by a NLSO attorney two times per month at the Support Site FFSC. The attorneys are available for the usual legal assistance services—powers of attorney, immigration, consumer law, creditor/debtor issues, divorce, etc. Call 081-568-4576 for more information or to make an appointment.

JULY

- 22 **CONNECT THE TOTS CLUB COFFEE TALK** at 9:30 a.m. at the Support Site Navy Lodge cafe. Prospective members welcome! Find out what Connect the Tots is all about. Bring a ball and/or toys to share, so children can play in the grassy area. For more information on the club and to see more upcoming activities, visit www.meetup.com/Connect-the-Tots-Club/.
- 27 **TRIP TO A LOCAL WATERPARK WITH CONNECT THE TOTS CLUB** Pack your bathing suit for a fun day at Acquadream Water Park in Succivo. Prospective members welcome! RSVP at www.meetup.com/Connect-the-Tots-Club/. Cost is €6 each for those taller than 3 feet, and swim caps are required.

AUGUST

- 5 **BEACH TRIP WITH CONNECT THE TOTS CLUB** Pack your bathing suit and sunscreen for a fun day at the beach in Gaeta. Prospective members welcome! Meet at the ITT parking lot on the side of Support Site Fitness Forum at 8:30 a.m. to carpool. Visit www.meetup.com/Connect-the-Tots-Club/ for information and to RSVP.
- 8 **THRU 12 VACATION BIBLE SCHOOL** Kindergarteners through 6th-graders are invited to Vacation Bible School from 5-8 p.m. at Support Site Chapel. Registration can be done at the chapels or via e-mail to VBS Director Susan Guthrie at naplesvbs@hotmail.com.
- 10-11 **APPLIED SUICIDE INTERVENTION SKILLS TRAINING** Explore your experiences with and your attitudes about suicide. Better understand the needs of a person at risk of suicide and learn how to use suicide first-aid to meet those needs. If you are interested in attending or if you have any questions, contact one of your trainers in the CREDO office at 081-568-5255.
- 15 **POPSICLE AND WATER FUN PLAY DATE** Join members of the Connect the Tots Club at 9:30 a.m. at the pavilion between the thrift store and Support Site Pool. Bring bathing suit and towels. For more information on the club and to see more upcoming activities, visit www.meetup.com/Connect-the-Tots-Club/.
- 17 **CONNECT THE TOTS CLUB COFFEE TALK** at 9:30 a.m. at the Support Site Navy Lodge coffee shop. Prospective members welcome! Find out what Connect the Tots is all about. Bring a ball and/or toys to share, so children can play in the grassy area. For more information on the club and to see more upcoming activities, visit www.meetup.com/Connect-the-Tots-Club/.
- 18 **MONTHLY BABY BASICS CLASS** (9 a.m.-12 p.m.) offered by the Navy-Marine Corps Relief Society visiting nurses. The course is in the NMCRS office at Capo, Admin II, Room G-016. Topics include newborn care (i.e. bundling, diapering & bathing); feeding crying & comforting; health & safety; etc. Contact NMCRS at 081-568-3913 for registration and info.
- 26 **CUPCAKE DECORATING AND DANCE PARTY** Help the Connect the Tots Club celebrate August birthdays! Join the party at 10 a.m. at the Support Site Fellowship Hall. RSVP at www.meetup.com/Connect-the-Tots-Club/ if you plan to attend.

VOLUNTEERS NEEDED

- ATTENTION PHOTOGRAPHERS!** Are you interested in taking photos of Naples Elementary School students during 2011-2012? Contact Dr. Johnson at 081-811-4159 or donita.johnson@eu.dodea.edu.
- THE ALLIED SPOUSES CLUB (ASC) IS LOOKING FOR VOLUNTEERS.** For more information on ASC, e-mail el_karniati@hotmail.com or visit <http://www.alliedspousesclub.50webs.com/>.
- THE PTSA (PARENT TEACHER STUDENT ASSOCIATION) BOARD** is seeking new officers for the 2011-12 school year. Positions open include president, vice president, treasurer, teacher representative, membership, publicity and secretary. Monthly meetings determine activity and funding requests, event sponsorships, event planning, fundraising and other important topics vital to our middle and high school! For more info. or to apply, e-mail nhptsa@gmail.com.
- NAPLES HIGH SCHOOL MUSIC BOOSTERS** needs volunteers for board member positions. If you're looking for a way to make a positive impact in our community, then this is your opportunity. You don't need any special musical talent; just the desire to help! Contact Mike Maschmeier at crashmasch@gmail.com.
- NAPLES AMERICAN RED CROSS (ARC) NEEDS VOLUNTEER INSTRUCTORS.** ARC needs volunteer instructors for various courses. Those interested in becoming instructors can contact the ARC office at 081-568-4788.
- NAVY LEAGUE OF THE U.S./NAPLES COUNCIL** is seeking board members. Those interested, contact Betty Reese at 081-526-8051 or breesec@cybernet.it.
- NAVY-MARINE CORPS RELIEF SOCIETY OPERATION CLIP & SAVE (coupons):** 081-568-3913.
- NAPLES OFFICIALS ASSOCIATION NEEDS REFEREES.** Anyone interested should contact Nigel Alexander at 081-721-5413 or 346-680-3282 or by e-mail to nalexander@afsouth.nato.int.

More "Inside Page" on Page 11



MC1 Dan Mennuto shows a video camera to some of the children at Centro Laila Orphanage. (Photos courtesy of FC2(SW) Ajibola Hassan)



A sailor from NSA Naples plays with a boy at Centro Laila. Sailors and other community members from NSA Naples volunteered to deliver supplies, help maintain the facility and play with the kids.

NSA Naples continues relationship with local orphanage

By FC2(SW) Ajibola Hassan

Naples-area sailors and their dependents were greeted with waves and smiles as they arrived at Centro Laila Orphanage in Mondragone, Campania, July 16.

“We thank God when you come,” said Marselle Luciano, one of the orphanage facilitators.

This was not the base’s first trip to the orphanage. RP2 Matt Stoerrle has organized many community relations projects within the Italian community.

“We make a bigger impact if we go more often. We gain their trust,” said Stoerrle.

The family-run orphanage opened its doors over 25 years ago as a place to care for immigrant children. It started primarily with children from Nigeria and Ghana, but it grew to be a home for children and adults from all over Sub-Saharan Africa, Eastern Europe and most recently, Libya.

Workers at the shelter have noticed that the number of immigrants in need has steadily increased over time.

“Every year is worse,” said Giselle Luciana, a facilitator at the orphanage.

Earlier this month, over 90 Libyan refugees stayed in the dorms at Centro Laila until most were gradually moved to another site that is operated by the same group.

Centro Laila has been plagued by economic hardships. The facilitators often have difficulty paying for essentials such as gas and utilities. They depend on donations of goods and assistance from the community.

“We don’t think ‘how,’ we do,” explained Marselle.

The dedicated efforts and outpouring of generosity from the military community make things easier for Centro Laila. Marselle said the Naples-area Seabee community and the Naples Overseas Spouses’ Club have been very helpful. But there is always more work to be done.

Saturday’s volunteers were eager to get to lend a hand wherever the orphanage needed. Upon arrival, they were split into two groups. The first group of volunteers played with the kids and boosted their spirits. The second group helped in the upkeep of the facility, including CE2 Julio Rodriguez who assisted in the repair of a child’s crib.

“It’s good to do these things,” said IT1 Brett Clark.

“I’ve been out of the game for a while, but I’m starting back,” said HM2 Eseosa Osemwota, who believes that it is never too late to start helping those in need.

People interested in volunteering at Centro Laila or providing donations in the form of food, medicine, gasoline or time, should contact RP2 Stoerrle at matthew.stoerrle@eu.navy.mil.



Volunteers haul mattresses in an effort to help the staff and residents with upkeep of the family-run shelter.

NSA Naples Weekly Crime Report for July 11-18, 2011

Damage to Government Property. On July 11 at approximately 4:20 p.m., O-3/USN reported damage to government property that had occurred July 2 in Gaeta, Italy. Damage to the property included scratches to the rear bumper of a government vehicle.

Stolen Vehicle. On July 12 at approximately 6:42 a.m., O-4/USN reported a stolen vehicle in Castel Volturno, Italy. Victim parked his vehicle outside his residence the night prior and the next morning when leaving his residence, noticed it missing.

Theft of Unsecured Personal Property. On July 12 at approximately 10:27 a.m., E-3/USN reported a larceny of unsecured property that had occurred the night before. Victim reported that while in a BEQ room onboard NSA Naples, she placed her iPhone on a nightstand during a party and the following morning, she noticed it was missing.

Vehicle Break-In. On July 12 at approximately 6:45 p.m., E-8/USAF reported a vehicle break-in in Pompeii, Italy. Victim reported that his rear passenger window was broken and several items were stolen.

Vehicle Break-In. On July 14 at approximately 3:27 p.m., E-5/USN reported a vehicle break-in. Victim reported that he parked his vehicle near Hotel Agora. When he returned to his vehicle, he noticed that his rear passenger window was broken and several items were missing.

Driving Under the Influence of Alcohol. On July 15 at approximately 4 p.m., local law enforcement notified NSA Security's I-7 of a DUI and a minor traffic accident in Teverola, Italy. O-4/USN was involved in multiple minor traffic accidents, and local law enforcement observed the individual to have blood-shot eyes, slurred speech and a strong odor of alcohol. Suspect was turned over to NSA Naples Security.

Vehicle Break-In. On July 15 at approximately 6:05 p.m., O-3/USN reported a vehicle break-in in the NSA Naples Capodichino East Parking Garage. Victim reported he left his vehicle unsecured, and when he returned, noticed his iPod missing from his glove box.

Carjacking. On July 18 at approximately 7:45 a.m., O-5/USNR reported being carjacked in Naples, Italy near the A3 exit ramp into

Naples. Victim was driving toward Capodichino when two unknown individuals signaled the victim to pull over. Victim pulled over and exited the vehicle, leaving the keys in the ignition. One of the individuals proceeded to enter the vehicle and drove away.

Attempted Carjacking. On July 18 at approximately 10 a.m., E-8/USN reported an attempted carjacking in front of the Capodichino Air Port Terminal. The victim exited her vehicle and left the door open with the keys in the ignition, the vehicle was not running. While the victim was removing bags and saying farewell to family members, an unknown individual approached and attempted to gain entry to the victim's vehicle. A friend who was helping the victim noticed the individual and blocked the car from being moved. The subject fled the scene.

We would like to remind the Naples community to avoid being a soft target. Be vigilant when driving. Beware of other motorists around you, and make sure to leave enough space with other vehicles. When parking your vehicle, make sure that your vehicle is locked, and it is strongly recommended not to leave any valuable items in plain sight (e.g. GPS devices, NATO gas coupons, MP3 players, etc.). Do not leave any visible evidence that might induce a criminal to take a chance on breaking in to your vehicle, i.e. change in the center console, a mounting bracket for a GPS, etc. When leaving your residence or when sleeping, make sure all doors and shutters are secured and alarm is activated.

Lastly, per Housing instruction and the pet policy, all dogs are required to be on a leash when they are onboard all NSA Naples installations. Currently, the only designated off-leash area is the dog park located at Carney Park. Please be courteous and ensure that your pets are on their leashes and not running around within the Support Site playground areas.

Note: These crime statistics are not necessarily representative of the greater Naples area and reflect only what is reported to NSA Naples Security.

If you are a victim of a crime, contact NSA Naples Emergency Dispatch at 081-568-4911.

Toastmasters teaches Naples the art of public speaking

Story and photo by
MC2(SW/AW) Felicito Rustique
Navy Public Affairs Support
Element-East Detachment Europe

Toastmasters, a worldwide organization that teaches and promotes the art of public speaking through membership in clubs around the world, also has a club established here at Naval Support Activity (NSA) Naples.

Since the club's inception in 1924, its members have claimed their organization is well-known, highly effective and truly global. And with a website that boasts a membership of more than 4 million people worldwide, there must be some truth behind their claims.

"We exist solely for the benefit of our members, offering an inexpensive, proven program in effective communication and leadership," said Leonard Augustine, president of the Naples chapter of Toastmasters. "Our club environment can best be described as a workshop, in which each member learns and develops through constant participation."

Participants have been anxious to learn valuable public speaking skills that will serve them personally and professionally throughout their lives. Augustine also said the Toastmasters here have about 23 members and are expecting their charter and official recognition from Toastmasters headquarters very soon.

Jasadra Brown, a Depart-



Mass Communication Specialist 2nd Class (AW) Anthony Martinez delivers a speech to fellow Toastmasters during a meeting at Naval Support Activity Naples. Toastmasters is a worldwide organization that promotes the art of public speaking.

ment of Defense schoolteacher, public speaker and a member of the Toastmasters, actually helped start the Naples club.

"I have been a member of Toastmasters for eight years," said Brown. "I was transferred to Italy in August last year, and when I got here I realized there wasn't a local Toastmasters club. I knew what I had to do: start a club. I called headquarters in California and the rest as they say is history."

Staci Dietrich, the vice president of public relations for Toastmasters here explained in more detail how Toastmasters helps train its members in the art of public speaking.

"Toastmasters gets you comfortable with speaking both written and impromptu speeches," said Dietrich. "We have a set schedule of speeches that

you give starting with an icebreaker. From there you move on to different kinds of timed speeches, which have shown me how to develop speeches instead of just shooting from the hip."

All community members, no matter their skill-level in public speaking, are invited to join the club. They meet the first and third Tuesday of every month in the Community Center at the Support Site.

"There are no magic tricks when it comes to public speaking," said Augustine. "If you feel like you have to pull a rabbit out of a hat when it's time to speak, visit our club and see what we can do for you."

For more information about the Toastmasters in Naples, call 081-568-4050 or visit <http://www.toastmasters.org/>.

Deadline to realign AFN satellite dishes soon here

By George A. Smith, AFN Europe Public Affairs

Forty thousand people have viewed AFN Europe's online manuals, videos and hints to realign their satellite dish and reconfigure their decoder. Another 1,500 have called AFN's Help Desk. But if you get AFN TV via a direct-to-home household satellite dish and decoder and still haven't switched, you need to now.

"We know this change will inconvenience folks," says AFN Europe Commander Bill Bigelow, "but people need to lock in the new satellite now to July 31 to continue getting AFN TV."

The biggest reported blip has been for viewers who want to get both AFN and host nation TV shows. The AFN Help Desk has been advising viewers in Italy who want to continue to get AFN TV and SKY, a possible solution is to use one of the different types of commercially available clip-on satellite devices which do not require you to physically move your dish. You still need to access the dish and clip a device on it, then reconfigure your decoder.

Some other viewers throughout Europe have reported problems locking in a signal from the new satellite with their older model low-noise-block (LNB), which in some cases needs to be replaced with a newer model, readily available at many Navy Exchanges and host nation electronic stores.

Direct-to-home viewers in Europe must reconfigure their home decoder and lock in a signal from Eurobird 9A (EB9A) at 9 degrees East, instead of the current AFN satellite, Hotbird 6/9 at 13 degrees East.

Since setting up a dish and adjusting a decoder varies according to decoder model and other variables, use the manuals and how-to-videos in English, German and Italian at www.afneurope.net or contact the AFN Help Desk if you still have unresolved issues.

The AFN Help Desk is manned Tuesday through Friday from 1 to 9 p.m. and Saturday from 10 a.m. to 8 p.m. (Central European Time). Viewers from Germany, Italy, Belgium, the UK and most other European countries can call in via a toll free-number, 00800-2362683662 (00800-afnantenna).



Missoula Children's Theater helps young actors' quest to perform

Story and photos by Cathy Knapp

The Missoula Children's Theater, in partnership with the Naples' MWR Child & Youth Programs, offered four wonderful opportunities for our community's youth to participate in the performing arts last week: three workshops, where participants learned about stage make-up and improvisation techniques, and a chance to perform in this year's play, "King Arthur's Quest."

Auditions for "King Arthur's Quest" occurred July 11. After just four days of rehearsals, the 53 selected actors, who ranged in age from 6 to 14 years, were ready to take the stage for a final performance, Friday, July 15.

The audience, made up of two hundred friends, family and community members, crowded into the Naples High School cafeteria to enjoy the spectacular production.



Naval Academy accepting enlisted applications for class of 2016

From U.S. Naval Academy Public Affairs

The Navy announced July 12 the U.S. Naval Academy's admissions cycle for the class of 2016, entering in July 2012, is open to enlisted Sailors.

Top enlisted performers who possess strong leadership potential, have been recognized as Junior Sailors or Bluejackets of the Quarter or who graduated in the top 20 percent in their "A" and "C" schools are encouraged to apply by Jan. 31, 2012.

To be eligible, top quality sailors and marines must meet competitive standards based on academic, military and physical performance. Academically, applicants must possess strong high school grade point averages and SAT scores, and have completed four years of mathematics and English and one year of chemistry.

Applicants must be physically fit with no record of disciplinary action within three years preceding application. They must not have passed their 23rd birthday by July 1, 2012, and cannot be married, pregnant or have incurred obligations of parenthood.

The deadline for initial application to the class of 2016 is Jan. 31. All completed applications and recommendations must be received by March 1 to be considered.

More information on enlisted applications to the Naval Academy can be found in ALNAV 046/11 at www.npc.navy.mil.

For more information about the U.S. Naval Academy enlisted admissions process, visit www.usna.edu/admissions/step.htm.



Navy divers prepare to find John Paul Jones' ship

U.S. Navy Diver 1st Class Cory Clifton, attached to Mobile Diving and Salvage Unit (MDSU) 2, attaches a live feed camera to a KM-37 surface supply diving helmet, aboard the Military Sealift Command rescue and salvage ship, USNS Grasp (T-ARS 51). Grasp, MDSU-2 and Navy archeologists, scientists and historians are currently deployed to the North Sea to conduct diving expeditions. While verifying the sites of suspected shipwrecks, they hope to ultimately find the historic flagship commanded by Capt. John Paul Jones, USS Bonhomme Richard. The ship went down in the North Sea following an epic battle with the British during the American Revolution. (U.S. Navy photo by MC1 Ja'lon A. Rhinehart)

Interactive detailing application phase opens

From Navy Personnel Command Public Affairs

The July 2011 Career Management System Interactive Detailing (CMS/ID) application will remain open until 5 a.m. CDT July 28, allowing sailors in their orders-negotiation window to review and apply for duty assignments.

The active duty and full-time support application phase was scheduled to open July 13, but was delayed due to technical difficulties. As a result Navy Personnel Command has extended the July application phase by two days, giving sailors in their orders-negotiation window approximately 10 days to review and apply for advertised jobs and minimizing impact to the fleet.

"We regret having to delay the application phase, but it is important to remember that CMS/ID does not operate on a first come, first served basis," said Capt. Michael White, assistant commander, Navy Personnel Command for Career Management (PERS-4). "Sailors are equally considered for an assignment whether they apply on the first day or last



Image from "Panorama" March 16, 1962

day of the application process."

The application phase allows sailors time to review advertised jobs and consider their career and personnel options before making an application, either on their own or through their career counselor.

CMS/ID has six phases each month: a requisition load phase where available billets are uploaded into the system; a requisition scrub phase where Navy officials validate uploaded billets; an application phase where sailors in their orders-negotiation window can review and apply for advertised assignments; a command comments phase where commands may review, rank and comment on applications to advertised billets at

their command; a detailer selection phase where detailers match applicants to jobs; and a system maintenance phase.

Sailors may log into CMS/ID anytime after the detailer selection phase to see if they have been selected for orders. Some factors a detailer must weigh when matching sailors to jobs include the sailor's desires, qualifications, career progression, and the cost to the Navy.

Sailors can learn more about CMS/ID from their command career counselor or at Navy Personnel Command's CMS/ID website at <http://www.public.navy.mil/bupers-npc/enlisted/cmsid/Pages/default2.aspx>.

Performance evaluation update for lieutenants

From Navy Personnel Command Public Affairs

An interim change to the Navy Performance Evaluation and Counseling System Instruction BUPERSINST 1610.10C, outlined in NAVADMIN 219/11, was released by Navy Personnel Command (NPC), July 19.

"In view of continued force-shaping pressures, NPC proposed stricter limits in the ranking of lieutenants," said Cmdr. Elisabeth Stephens, deputy director, Restricted Line/Staff Detailing and Special Placement Division.

Effective with the Jan. 31, 2012 periodic evaluations, lieutenant force distribution rules will change to the following:

- Early Promote recommendation limit will remain at 20 percent.
- The combined Early Promote and Must Promote recommendations must not exceed 60 percent. The Must Promote recommendation may be increased by one for each Early Promote quota not used.

According to Stephens, the change in policy provides a mechanism for controlling performance inflation and identifies top performers early for selective detailing and selection board purposes.

The interim change will be followed by an official change in the next revision of BUPERSINST 1610.10. An updated release of navfit98a is projected for January 2012 and will incorporate this policy change

For more information read NAVADMIN 219/11 or e-mail at csemailbox@navy.mil.

Skin

Continued from Page 1

Luckily, UV-B is fairly easily blocked by a sunscreen with high SPF and with clothing...so that's why sunscreen, sunglasses and a hat are important; they protect against skin cancer and oxidative/free radical damage.

UV-A penetrates much deeper than UV-B and is thought to be more related to aging and damage of the deeper structures of the skin, like collagen. UV-A is now thought to also be related to melanoma development.



Image from "Panorama" July 19, 1963

So what is a tan?

UV-B exposure causes increase in skin thickness and pigmentation (darkening). It occurs fairly slowly. UV-B induces a response by our bodies to help prevent further sun damage. UV-A, on the other hand, causes an immediate oxidation in the melanin that already exists, so we darken immediately. So to summarize, UV-A (tanning bed tan) oxidizes the pigment you already have, causing an immediate darkening that doesn't last. UV-B induces more pigment production and causes a longer lasting tan. Going outside at midday gives both: high UV-B and high UV-A.

What is aging then?

Well there are many aspects to aging. First of all, our cells are pre-programmed to die. That's why no one really lives past 100 years old. This currently cannot be changed. This includes the skin of our face...sorry.

Second, the bones in our bodies (and faces), along with our muscles, are constantly changing and remodeling as well. This can also not readily be changed dramatically; it is a part of normal aging...sorry again.

Fat is also redistributed. Children have nice round cherubic faces. However, as we age our fat is lost on the cheeks, in the temples and around the mouth and lips...and, unfortunately, often gained elsewhere. This leads to volume loss, the formation of jowls and those wrinkles around the mouth.

Skin has components called elastin and collagen. Collagen gives strength to the skin (it is what "leather" is made of). Elastin gives skin its ability to stretch and then come back. As we age, we lose more elastin and collagen than we make, leading to wrinkles and loss of skin elasticity.

Then there is skin discoloration, called dyschromia. Spots, freckles and lentigos are caused by sun damage. Also, the permanent redness on the upper chest, cheeks and lateral neck are signs of sun damage.

Lastly, there is the ability of our bodies to heal damage. Smoking greatly decreases our repair abilities. That is why smokers have more wrinkles on their faces, larger pores and courser skin. Yet sun-protected areas appear remarkably not too different from non-smokers their own age, because smoking decreases the ability of the body to repair itself.

IMPORTANT: It is the Dyschromia, elastin and collagen damage where skin protection can make a real difference. Sunscreens, hats and clothing all block UV-B and UV-A well. We know that normal aging slows the generation of elastin and collagen. So why worsen this by damaging your skin with too much sun? You can tip the scale back in your favor by protecting the skin you have, and the new skin components your body is making, even as you age.

Additionally, eating a diet with adequate anti-oxidants may also help ameliorate sun damage to a small extent. As a matter of fact certain plant foods, like green tea, actually have a skin protection effect from UV-B damage. That is why a cup of green tea is a good idea before and after a day in the sun. There are more sun protective foods as well, but I'll save that for another day. But as you can now see, this is but a small—if important—part of the big picture.

Lastly, if you look at your own back and compare it to your buttocks (sun-protected skin), you'll see the difference that sun protection makes. Protected skin looks good, the color is homogenous, shows fewer wrinkles and displays more elastic recoil ability.

Bottom line:

1. Aging is inevitable....It's coming sure as tomorrow's sun. But you can help prevent early aging. More importantly, you can help look your best for your age.
2. Use a sunscreen with SPF of 30 or over, especially on your face, neck, upper chest, back of hands and forearms.
3. Remember that UV-B exposure is highest from 10 a.m. to 3 p.m., when the sun is overhead.
4. Choose a sunscreen that blocks UV-A as well. Remember UV-A is not part of the SPF numbering system, so a high SPF doesn't guarantee any UV-A coverage. Read the bottle and look for avobenzene (Parsol), titanium or zinc.
5. Choose a comfortable sunscreen—one that you'll actually wear. Zinc and titanium will give you a whitish ghost appearance, so beware. However, it works great and is especially good for children.
6. Clothing and hats are the best—better than sunscreen—and less goopy.
7. Eat well, don't smoke, and get to the gym regularly.
8. Lastly, check out your skin regularly, monthly. Bad things can happen to good people. If they do, you want to detect them early, and get to your medical provider, so you can get back to living life to the fullest ASAP!

FFSC tip of the week:**Loaner Locker is stocked***From Fleet and Family Support Center*

Are you missing some of the comforts of home while either waiting for your household goods to arrive or preparing to leave the Naples area?

The Fleet and Family Support Center has Loaner Lockers available at no cost as part of the Relocation Assistance Program.

In order to accommodate the increased demands, customers can now prepare a customized kit to better fit the needs of their families. Available items, which can be checked out for up to 60 days, include kitchenware, pots and pans, bedding, ironing boards and more. FFSC can extend the loan beyond 60 days on a case-by-case basis.

A military ID card is required for inbound and outbound customers. At the moment, FFSC is well-stocked, so there is no need to make reservations. The items can be picked up or dropped off Monday through Friday between 7:30 a.m. and 4 p.m.

In case of lost or damaged items, you may replace the items with new ones.

Note: Everything needs to be returned clean.

Please contact FFSC with any questions at DSN: 629-6372/4896 or Commercial: 081-811-6372/4896.

Motorcycling safety*Story by MC2 (SW/AW) Marc Rockwell-Pate*

Although both the military and U.S. Department of Transportation (DOT) have put an increased emphasis on motorcycle safety, military personnel continue to be involved in a large number of motorcycle accidents, particularly between Memorial Day and Labor Day—the 101 Critical Days of Summer.

The driving conditions in Europe create additional hazards for motorcyclists. "Riding a motorcycle in Europe can be even more dangerous than riding in the U.S.," said Jim Dickinson, a Naval Support Activity Naples safety officer who has been riding motorcycles in Europe for 12 years. "It's legal to split lanes here, which is only legal in two states. Local drivers also split lanes with cars and drive on shoulders—when you round corners there may very well be a vehicle coming at you in your lane. Drivers don't stop at the normal stop line either. They come into the intersection in order to see around illegally parked cars."

To help riders negotiate the additional dangers posed in Europe, the NSC and the Motorcycle Safety Foundation (MSF) offer five safety courses on base to ensure motorcycle riders are prepared for all types of potential riding hazards and conditions: basic rider course (BRC), Basic Rider Course 2 (BRC2), Advanced Rider Course (ARC-ST) and Military Sport Bike Rider Course (MSRC). There is an additional course for scooters. Log on to www.navy-motorcyclerider.com for available courses or the NSA Naples Safety webpage.

"The military's motorcycle safety courses are successful because they are mandatory and enforceable. Our volunteer coaches care about ensuring proper training; we could not have the success we do without the volunteer coaches," said Dickinson. "In Naples, your gas coupons can be shut off for not completing the course. Also, most military [personnel] look out for other riders and talk to them about riding habits."

The BRC is mandatory for all military motorcyclists/scooter riders who have never completed a safety course and designed for beginning riders. The course is three days and consists of classroom exercises and extensive riding on the range. For those personnel who do not yet own gear, a loaner motorcycle/scooter, helmet and gloves are provided during the course.

The MSRC, which was developed in 2008, is an advanced course designed for sport bike riders. The classroom portion is geared toward changing riding behavior and attitude, and mixing socially with other roadway users. This is a one-day course of classroom and range exercises.

In addition to completing the safety courses offered by the Navy, service members should wear proper safety gear while riding a motorcycle. "Dress for the crash and to be seen, not the comfort of the weather," said Dickinson. Proper safety gear includes sturdy leather boots or over-the-ankle shoes, heavy pants or jeans, a long-sleeved shirt or jacket, leather motorcycle gloves, a reflective vest and most importantly, a DOT-approved helmet.

According to Dickinson, some recent accidents involving motorcycles could have been more severe had the rider not had on the proper PPE. Navy fatalities involving motorcycles are up this FY. We have had five since Memorial Day and are equal to the number lost for last FY, with two-and-a-half months still left in this FY.

Looking back at the incidents here in our region, speed and/or improper cornering has been common to each accident, Dickinson said. At 30 miles an hour it can take at least 50 feet to stop if you are paying attention and foresee the incident. How many ride at 30 mph and stay at least 50 feet back from the vehicle to the front?

Riding a motorcycle does not have to be an unsafe summer activity. "Stay hydrated and ride within your individual skill limits, not the group you're riding with. And, most importantly, slow down; stay in your lane through corners and always look out for the other drivers," Dickinson urges.

The NSA Naples Safety Office is also looking for more volunteer rider coaches and mentors to assist new riders. Contact them for more information.

For more facts and tips about safely riding a motorcycle, visit the NSC website at www.public.navy.mil/navsafecen/Pages or www.msf-usa.org.



Looking to escape the buzz of scooters and the hum of Fiats? Head south to the traffic-free, vertical town of Positano. Spend the day lounging on Positano's massive beaches or strolling through the town's colorful buildings. The Church of Santa Maria Assunta sits just off the water and is open every day during the week.

A daytrip to Positano*Story and photos by Lt. Adam Allegro*

A highlight of the Campania Region, the beautiful Amalfi Coast is less than an hour from Naples. One of the most dramatic towns along the coast to visit is Positano. Situated at the base of the Lattari Mountain Range, Positano boasts fantastic beaches and wonderful food, and is considered one of the most colorful and unique towns in all of Italy.

Originally part of the Amalfi Republic, Positano prospered heavily in the 16th and 17th centuries as a busy fishing and commerce port. By the mid-19th century, the town fell on hard times and much of its population left.

In the second half of the 20th century, Positano's economic success and population rose due in large part to the famous author, John Steinbeck. He described the extraordinary town saying, "Positano bites deep. It is a dream place that isn't quite real when you are there and becomes beckoningly real after you have gone."

Even the most hard-to-please visitors will struggle to leave traffic-free Positano after a day spent lounging on its massive beaches or strolling through its colorful, vertically-stacked buildings.

In recent years, Hollywood has even been bitten by the Positano bug. Scenes in "Under the Tuscan



When author John Steinbeck visited Positano in the 1950s, he wrote, "Positano bites deep. It is a dream place that isn't quite real when you are there and becomes beckoningly real after you have gone."

Sun" and the 2009 musical film "Nine" were filmed in the town, which still remains a popular celebrity hangout.

To get to Positano by car, try to leave Naples as early as possible (after 8 a.m. traffic increases in the summer). Take the A1 south and merge on to the A3 toward Salerno. When you reach Pompeii, take the SS145 south. Go through a tunnel that leads to the beginning of the Amalfi Coast. From here, follow signs to Positano. There is plenty of parking available (street or lot) and an abundance of hotels to stay in (make reservations as these tend to fill up quickly in the summer). You can also take a ferry from Naples to Positano.

Lt. Adam Allegro maintains a daily photoblog at <http://catchthejiffy.com>.

Local golfers support annual USO golf tournament*From USO Naples*

The annual USO golf tournament attracted over 50 service members and civilians from four branches of the Armed Forces. Soldiers, sailors, airmen, marines and civilians faced a hot Naples summer day at the Carney Park Golf Course to raise money in support of USO Naples' activities, July 15.

"The proceeds from this year's tournament will go toward offsetting the costs of upcoming USO community events such as free Bingo Nights, Taste of Home programs and Spouse Coffees," said Sabrina Pullido, USO Naples director and a tournament director.

The tournament was a big hit for golfers and the USO alike. "The weather was remarkable and the golf course in immaculate condition from tee to green which contributed to the high spirits of all players," said Neil Higgins, Joint Training



Fifty-one Naples-area soldiers, sailors, airmen, marines and civilians raised money for the USO Naples during an annual golf tournament at Carney Park, July 15. (Photo by Sabrina Pullido, USO Naples director)

Readiness and Exercise division training manager for N35 and a tournament director.

All three tournament directors, including Luisa Mazzella, USO Naples manager, Pullido and Higgins, were extremely pleased with the success of this annual event. "As a result of the outstanding support from the community, we were able to make \$825 in support of Naples' USO," Mazzella said.

For more information on upcoming events, check out www.uso.it (click "Naples") or call the USO office nearest you—Capo: 081-568-5713, Support Site: 081-811-4903.

MORE INSIDE PAGE...

ONGOING/ON THE HORIZON

PWOC SUMMER SESSIONS continue on Tuesdays through August 2 at the SS Fellowship Hall. Free child care provided. No homework. Bring a snack or drink to share. For questions, contact Audrey de Rivera at 345-872-9947.

GAETA/NAPLES AREA GIRL SCOUTS Now accepting registrations for the 2011-12 school year. We are still in need of leaders and co-leaders. Training and support provided. For more information, contact naplesgs@yahoo.com.

SURE START APPLICATIONS for the 2011-12 school year can be picked up at the Naples Elementary School front office. Sure Start is a unique program committed to providing the highest quality of education for command-sponsored children of enlisted personnel (priority to E1-E4) who are 4-years-old by Sept. 1. FMI, call Karen Rodrigues at 081-811-4682 or the school at 081-811-4037.

PROSPECTIVE MEMBERS WELCOME AT ALL CONNECT THE TOTS CLUB ACTIVITIES! The CTT Club hosts events, crafts and outings designed for you and your child (infancy through preschool). For more information on the club, visit www.meetup.com/Connect-the-Tots-Club/.

RELIGIOUS SERVICES AT U.S. NAVAL HOSPITAL NAPLES *Tuesday* Meditation & Prayer (7:15-7:45 a.m.) in the hospital chapel. Traditional hymn and praise and worship music will be provided during this time. *Wednesday* Roman Catholic Mass (11:30 a.m.-12 p.m.) in the hospital chapel. Call 081-811-6451 to confirm that Mass is being held. *Thursday* Men's Fellowship and Bible Study (6-7 a.m.) in the hospital galley.

FILIPINO-AMERICAN ASSOCIATION OF NAPLES, ITALY meets every 1st Sunday of the month at the SS Fellowship Hall at 12 p.m. FMI, contact Christian Rodriguez at christian.rodriguez@eu.navy.mil, Catherine Katimbang at catherine.katimbang@eu.dodea.edu or visit their Facebook page: Fil-Am Naples.

CATHOLIC WOMEN OF THE CHAPEL meets monthly in the Support Site Fellowship Hall for prayer and fellowship. Child care provided. For information, contact Eileen Mayette at cwcnaples@gmail.com.

AMERICAN RED CROSS IS LOOKING FOR INTERNS to fill leadership positions. Opportunities include publicity, volunteer administration, youth volunteer administration, marketing/fundraising, and they will also work with people looking for experience in a specific field. Interns must be at least 18 years old. Apply at their office at Capo, Admin II, Room G028.1 or contact them at 081-568-4788 or lambertg@usa.redcross.org.

CUB SCOUT PACK 007 Want to camp in Nettuno, hike in Cuma, go bowling or participate in swimming and archery? Then Cub Scouts is the place for you! Boys in first through fifth grade meet three times per month to learn skills that they apply on hiking, camping and service outings. FMI, contact naplescubmaster@gmail.com or visit www.cubscoutingnaples.org.

THE FFCS CAPO OFFICE, located on the first floor of Admin II, is open Thursdays and Fridays from 7:30 a.m.-4 p.m. A licensed clinician and an Information & Referral/Intercultural & Relations Specialist are available to service the needs of the Capo community. Please call for further details, questions or to schedule an appointment at 081-568-3761.

THE KNIGHTS OF COLUMBUS, San Gennaro council 14853, meets at 7 p.m. the second and fourth Thursday of each month at the Support Site Fleet and Family Support Center. E-mail Jaime Gonzalez at kofcnaples@gmail.com or visit <http://sites.google.com/site/kofcnaples/home>.

NAPLES CHRISTIAN HOMESCHOOL ASSOCIATION meets regularly to support families on their homeschooling journey. FMI, contact Susan Van Cleave at sdwvanleave@msn.com.

BOY SCOUT TROOP 007 holds troop meetings every Monday from 6:30-8 p.m. in the Support Site Community Center. FMI, contact Scoutmaster Dennis Smith at 081-811-5585 or dennis@sulfurcreek.com.

HARRY S. TRUMAN LODGE No. 649 meets every Friday at 7:30 p.m. FMI, contact Kevin Baker at 338-479-7023 or hst649sec@yahoo.com. Visit <http://www.hst649.org>.

WOMEN, INFANTS, CHILDREN (WIC) OVERSEAS PROGRAM is offered at NSA Naples. Women who are pregnant, breastfeeding, postpartum or have an infant or child under the age of five may qualify for the program. WIC Overseas is a nutrition education program that provides nutritious supplemental foods. For more information, contact the WIC Overseas Office at 081-811-4962.

EDIS SCREENINGS NOW AVAILABLE Room W09, Support Site Village Forum. For eligible children who have not reached their third birthday. If you are concerned about your child's development, contact EDIS at 081-811-4676.

MONTHLY CHILD FIND SCREENINGS AT NES. Ongoing identification of children with special needs as part of Naples Child Find, which identifies children between the ages of three and five who may have developmental delays and may need special education and related services. If you are concerned about your child's motor, cognitive, speech, language and/or social-emotional development, call 081-811-4037 for an appointment.

NAPLES AMERICAN RED CROSS holds orientation the first Wednesday of every month at their Capo office from 8:30-10 a.m. and the first Tuesday of every month at the hospital from 9:30-11 a.m. Call 081-568-4788 for info.

THE WELFARE & RECREATION ASSOCIATION is available to meet associates every Thursday from 11 a.m. to 1 p.m. at their location on the first floor of Building 450 upstairs from Capo Landing. FMI, visit <http://www.wraitalia.it/>.

ATTN MILITARY RETIREES AND SURVIVORS: Connect to the retired community through membership in the U.S. Military Retiree Association of Southern Italy (USMRA-SI). For info. and an application, visit <http://usmra-si.tripod.com> or call 329-208-7315.

SECURITY NOTE All DoD military and civilian personnel hosting an event must complete a Special Event Force Protection Plan (SEFPF) 45 days in advance, regardless of organization, if held off base and involving 50 or more personnel, distinguished visitors, or where military uniforms will be worn. For more information, contact Anti-Terrorism/Force Protection at 081-568-5525 or 081-568-5595, or visit their office in the Capodichino Security Precinct in Bldg. 403.

RECEIVE DAILY REFLECTION an inspirational thought-for-the-day e-mailed throughout the work week. To receive Daily Reflection, e-mail Chaplain Charles Luff at charles.luff@eu.navy.mil.

NSA CHAPEL/USNH NAPLES MEDITATION GROUP, 7 p.m., Mondays (first-timers arrive at 6:30 p.m.) Support Site side chapel (use side door under the clock tower). FMI, send an e-mail to Laura Hitchcock at laura.poodle@gmail.com.

SPOT A STRAY OR LOST PET? Contact Emergency Dispatch Center, 081-568-5638/39.

CARNEY PARK LADIES GOLF ASSN meets at 9 a.m. Mondays. All skill levels welcome. Discounted play with membership. FMI, Carol Borkowski, 081-804-3345, or Carney Park Golf Course at 081-526-4296.

SAIL WITH THE NAPLES NATO YACHT CLUB (NNYC) AMERICAN TEAM. We are looking for Americans interested in participating in dinghy races sailed at the NNYC facilities on the island of Nisida. Experience not required. FMI, contact Kate Royal at kathryn.royal@gmail.com.

LATINOS UNIDOS WELCOMES NEW MEMBERS Meetings are at 2 p.m. the first Sunday of every month at the Support Site park. For more info, contact Michael Cortez, Michael.cortez@eu.navy.mil, 334-6771-0327, or Gabriel Sermeno, Gabriel.sermeno@eu.navy.mil, 081-811-5554.



Friday, July 22
4:30 p.m. Kung Fu Panda 2, PG
5:30 p.m. Harry Potter and the Deathly Hallows Part 2 PG-13, *Premiere Showing*
8:30 p.m. Harry Potter and the Deathly Hallows Part 2 PG-13
9 p.m. Bridesmaids, R
21 Plus Movie

Saturday, July 23
Noon Zookeeper, PG
2:45 p.m. Cars 2, G
4:30 p.m. Harry Potter and the Deathly Hallows Part 2 PG-13
6 p.m. Something Borrowed, PG-13
8:30 p.m. Harry Potter and the Deathly Hallows Part 2 PG-13

Sunday, July 24
Noon Cars 2, G
2:45 p.m. Harry Potter and the Deathly Hallows Part 2 PG-13
5 p.m. Jumping the Broom, PG-13
6 p.m. Harry Potter and the Deathly Hallows Part 2 PG-13
8:30 p.m. The Hangover 2, R

Monday, July 25
4:30 p.m. Zookeeper, PG
5:30 p.m. Prom, PG

7 p.m. Something Borrowed, PG-13
8:30 p.m. Pirates of the Caribbean: On Strange Tides, PG-13

Tuesday, July 26
4:30 p.m. Prom, PG
5:30 p.m. Jumping the Broom, PG-13
7 p.m. Priest, PG-13
8:30 p.m. Harry Potter and the Deathly Hallows Part 2 PG-13

Wednesday, July 27
Noon Prom, PG, *Last Showing*
2:45 p.m. Zookeeper, PG
5 p.m. Priest, PG-13
6 p.m. Something Borrowed PG-13, *Last Showing*
8:30 p.m. Horrible Bosses, R

Thursday, July 28
4:30 p.m. Cars 2, G, *Last Showing*
5 p.m. Jumping the Broom, PG-13
6:30 p.m. Transformers: Dark of the Moon, PG-13
8:30 p.m. Bridesmaids, R

Friday, July 29
4:30 p.m. Judy Moody, PG
Premiere Showing
5:30 p.m. Pirates of the Caribbean: On Strange Tides, PG-13
8:30 p.m. Transformers: Dark of the Moon, PG-13
9 p.m. Priest, PG-13
21 Plus Movie

Movie descriptions

No Children Under 10
Admitted to R-Rated Movies

HARRY POTTER AND THE DEATHLY HALLOWS PART 2, PG-13. Action/Adventure, Science Fiction/Fantasy, Adaptation and Sequel, 118 min. Cast: Daniel Radcliffe, Emma Watson, Rupert Grint, Ralph Fiennes, Helena Carter. In the epic finale, the battle between the good and evil forces of the wizarding world escalates into an all-out war. The stakes have never been higher, and no one is safe. But it is Harry Potter who may be called upon to make the ultimate sacrifice as he draws closer to the climactic showdown with Lord Voldemort. It all ends here.

PRIEST, PG-13 for intense sequences of violence and action, disturbing images and brief strong violence. Suspense/Horror, Thriller, Western and Adaptation, 87 min. Cast: Paul Bettany, Karl Urban, Cam Gigandet, Maggie Q, Lily Collins. A legendary warrior priest from the last Vampire War now lives in obscurity among the other downtrodden human inhabitants in walled-in dystopian cities ruled by the Church. When his niece is abducted by a murderous pack of vampires, Priest breaks his sacred vows to venture out on an obsessive quest to find her before they turn her into one of them. He is joined on his crusade by his niece's boyfriend, a trigger-fingered young wasteland sheriff and a former warrior priestess who possesses otherworldly fighting skills.

ZOOKEEPER, PG for some rude and suggestive humor, and language. Comedy, Kids/Family, 104 min. Cast: Kevin James, Rosario Dawson, Leslie Bibb, Donnie Wahlberg, Ken Jeong. The animals at the Franklin Park Zoo love their kindhearted caretaker, Griffin Keyes. Finding himself more comfortable with a lion than a lady, Griffin decides the only way to get a girl in his life is to leave the zoo and find a more glamorous job. The animals, in a panic, decide to break their time-honored code of silence and reveal their biggest secret: they can talk! To keep Griffin from leaving, they decide to teach him the rules of courtship—animal style.

HORRIBLE BOSSES, R for crude and sexual content, pervasive language and some drug material. Comedy, 93 min. Cast: Jennifer Aniston, Jason Bateman, Charlie Day, Jason Sudeikis, Colin Farrell. For Nick, Kurt and Dale, the only thing that would make the daily grind more tolerable would be to grind their intolerable bosses into dust. Quitting is not an option, so with the benefit of a few-too-many drinks and some dubious advice from a hustling ex-con, the three friends devise a convoluted and seemingly foolproof plan to rid themselves of their respective employers...permanently. There's only one problem: even the best laid plans are only as foolproof as the brains behind them.

PIRATES OF THE CARIBBEAN: ON STRANGER TIDES, PG-13. Action/Adventure, Comedy and Sequel, 137 min. Cast: Johnny Depp, Penelope Cruz, Ian McShane, Geoffrey Rush, Stephen Graham. When Captain Jack Sparrow crosses paths with the enigmatic Angelica, he's not sure if it's love—or if she's a ruthless con artist who's using him to find the fabled Fountain of Youth. When she forces him aboard Queen Anne's Revenge, the ship of the legendary pirate Blackbeard, Jack finds himself on an unexpected adventure in which he doesn't know whom to fear more: Blackbeard or Angelica, with whom he shares a mysterious past.

TRANSFORMERS: DARK OF THE MOON, PG-13 for intense, prolonged sequences of sci-fi action violence, mayhem and destruction, and for language and some sexuality. Action/Adventure, Science Fiction/Fantasy and Sequel, 154 min. Cast: Shia LaBeouf, John Turturro, Tyrese Gibson, Josh Duhamel, Frances McDormand. The interstellar war between the Autobots and Decepticons shifts into overdrive following the discovery of Sentinel Prime (voice of Leonard Nimoy) in this sequel from director Michael Bay. Only a

precious handful of officials in the government and military realize that the 1969 moon mission was the result of an event that threatened profound repercussions for the entire human race. When Apollo 11 astronauts discover the wrecked remains of Sentinel Prime on the surface of our natural satellite, they bring him back to Earth. But Sentinel Prime wasn't the only alien object on the moon, and when a malevolent new enemy makes its presence known, only the Autobots can save humankind from certain destruction.

BRIDESMAIDS, R for strong sexuality and language throughout. Comedy, 125 min. Cast: Kristen Wiig, Rose Byrne, Chris O'Dowd, Maya Rudolph, Ellie Kemper. Annie's life is a mess. But when she finds out her lifetime best friend is engaged, she simply must serve as Lillian's maid of honor. Though lovelorn and broke, Annie bluffs her way through the expensive and bizarre rituals. With one chance to get it perfect, she'll show Lillian and her bridesmaids just how far you'll go for someone you love.

JUDY MOODY AND THE NOT BUMMER SUMMER, PG for mild rude humor and language. Comedy, Kids/Family and Adaptation, 91 min. Cast: Heather Graham, Jordan Beatty, Paris Mosteller, Preston Bailey, Jaleel White. This summer, Judy Moody is planning the most super-duper, double-rare summer vacation ever with best friends Rocky and Amy. Except that it turns out Rocky is going to circus camp to learn to tame lions, Amy is headed off to Borneo with her mom to save a lost tribe and Judy is stuck home with her pesky little brother Stink and second-best friend Frank Pearl. Just when she thinks things are as rotten as they can be, her parents announce that they will be going to California, and Judy will have to stay behind with her Aunt Opal, who she's never even met! It looks like Judy's best summer ever has just become her way worst summer ever. But feisty, fearless Judy Moody never gives up. With help from some unexpected sources, she's headed for a summer full of surprises.

CARS 2, G. Kids/Family, Animation and Sequel, 112 min. Voice cast: Owen Wilson, Larry the Cable Guy, Tony Shalhoub, Cheech Marin, Michael Cain. Star racecar Lightning McQueen and the incomparable tow truck Mater take their friendship to exciting new places when they head overseas to compete in the first-ever World Grand Prix to determine the world's fastest car. But the road to the championship is filled with plenty of potholes, detours and hilarious surprises when Mater gets caught up in an intriguing adventure of his own: international espionage. Torn between assisting Lightning McQueen in the high-profile race and towing the line in a top-secret spy mission, Mater's action-packed journey leads him on an explosive chase through the streets of Japan and Europe, trailed by his friends and watched by the whole world. Adding to the fast-paced fun is a colorful new all-car cast that includes secret agents, menacing villains and international racing competitors.

JUMPING THE BROOM, PG-13 for some sexual content and language. Comedy, 103 min. Cast: Angela Bassett, Paula Patton, Laz Alonso, Loretta Devine, Megan Good. A collision of worlds when two African-American families from divergent socioeconomic backgrounds get together one weekend at Martha's Vineyard for a wedding. Taylor is caught in a six-month whirlwind romance that includes nights at the opera, long-stem roses and live performances from R&B crooner El DeBarge and proposes to Watson at the beginning of the film. Watson, who has to move to China for business, happily accepts. But doubts about their impending marriage begin to seep in when they confront difficult future in-laws, pressure from friends and revelations of dirty secrets.



Until Every One Comes Home.

<http://www.uso.it>
Capodichino 081-568-5713
Support Site 081-811-4903

USO DAILY TOURS

July 23 Mini cruise of Amalfi Coast.....€60
July 24 Naples Underground & pizza lunch€34
July 29 Mid summer night wine tasting.....€25
July 29 Rainbow Magicland Amusement Park.....€45
July 30 Mini cruise of Amalfi Coast.....€60
July 31 Angel Caves of Pertosa....€45

WEEKEND TOURS

Aug. 20-21
Dolce vita Roman weekend €203
Sept. 1-5
Labor Day at the Cinque Terre . . . €429
Sept. 21-26
Oktoberfest 2011 €385
Oct. 15-16
Perugia Euro Chocolate Festival . . €187
Nov. 24-27
Thanksgiving in Prague €509

If you have been sexually assaulted or need to speak with a S.A.P.R. victim advocate, call 335-640-6621 24/7 for information and support.

DLA anticipates needs in Naples

Story and photo by MCI(SW)
Edward Vasquez, Navy Public Affairs
Support Element-East Detachment Europe

Defense Logistics Agency (DLA) Disposition Services, formerly known as the Defense Reutilization and Marketing Service, aims to anticipate the needs of and deliver great performance to their customers through the reuse, transfer, donation or disposal of excess property.

"We are in the business of providing war fighter support" said Cynthia Hineline, site leader and property disposal specialist.

DLA, a world-wide organization, has aisles filled with new or used items—including computers, TVs, tools, aircraft parts and medical supplies—in excellent condition. They also have used furniture, and can help find used cars in good condition.

"If we get enough advanced notice, we can save the Navy a lot of money, maybe not here, but maybe it will be turned in here and reutilized back in the States," said Hineline.

Hineline also said she would like to see the organization's image shift from the place commands go to get rid of their excess items, to the first place commands go when they need new items.



Seaman Josephine Morrison catalogs computer equipment for Defense Logistics Agency Disposition Services, formerly known as the Defense Reutilization and Marketing Service, at their office aboard Naval Support Activity Naples. Disposition Services' mission is to anticipate needs and deliver great performance to their customers through the reuse, transfer, donation or disposal of excess property.

"Our goal here is to try to provide the best possible service to the customer," said Massimo Marongiu, property disposal specialist. "If we have something someone needs, all they have to do is log on to our website and requisition it, and then we will ship it for free to any Department of Defense activity."

Items checked into inventory are free to DOD activities for 42 days, explained Marongiu. If they can't be given away during

that time, they are offered for sale to the public as surplus.

"This is saving the Navy money and will prevent us from wasting equipment," said Information Systems Technician 1st Cass (IDW/SW/AW) Nathanael Rayborn, a sailor attached to Naval Computer and Telecommunications Station Naples who recently used DLA to turn in vacuum cleaners, televisions and a shredder.

For more information on DLA, visit <http://www.dla.mil>.

Energy conservation

Have you tried daylight?

From 2011 Energy Manager Toolkit CD



That may seem like an odd question; but a few years back, a naval shipyard adopted a lunchtime lights-out policy in the production shops. Naval shipyards were all constructed over a hundred years ago, and many of the shops are in tall brick buildings with a lot of windows and natural light. The lights-out policy was intended more to increase energy

awareness in the production shops than to save energy over lunchtime.

However, the amount of energy saved surprised many people. Some of the shops even found that on nice days, they didn't need to turn the lights back on in the afternoon.

Another characteristic of shipyard production shops is that they typically aren't air-conditioned. Leaving off heat-generating lights on hot afternoons can also improve comfort. That makes two good reasons to shut off the lights in the afternoon when you have a source of daylight!

A few task lights here and there might be all you need to work safely, productively and energy efficiently. In some types of buildings, it might make more sense to close blinds to keep out the heat, especially on the south and west sides of the building.

For more information, e-mail EURAFSWAEnergyConservation@eu.navy.mil or call 081-568-5568.

Consider Japan when looking for orders

From Navy Personnel Command Public Affairs

Career Management System/Interactive Detailing (CMS/ID) opened a new application phase July 18, and Navy leadership is reminding sailors to consider duty in Japan.

"Some of the feedback we're getting from folks who have orders to Japan is they feel that it's unsafe to go there right now," said Command Master Chief (SW) Gregory Vidaurri, command master chief, Commander Fleet Activity Yokosuka (CFAY), who visited Navy Personnel Command with his command career counselor while traveling to the Navy Counselor Association Symposium. "We want to tell everybody that it is safe and we do want people to come back to Japan."

A temporary stop-movement order was issued for Navy personnel and their families scheduled to make permanent change of station (PCS) moves to Japan right after the earthquake and tsunami March 11. The stop-movement was cancelled in April and families can PCS as normal.

For sailors interested in seeing the world, Japan would be a good start. "You're in the military; you have the opportunity to travel that you'll probably never have," said Chief Navy Counselor (SW/AW) Tasha Wright, command career counselor, CFAY. "You'll get the opportunity to see places, go places and do things that you've never done."

CMS/ID is currently advertising 779 sea billets and 271 shore billets in Japan giving sailors inside of their orders negotiation window plenty of options.

On-base housing is available in Japan, but living in the local community is an option. Sailors may be entitled to temporary living, overseas housing, move-in and cost-of-living allowances.

According to Wright there are many benefits to a tour in Japan including diversifying a sailor's career, good Department of Defense schools, and support services for the service member and their families.

Sailors can view the listing through a secure website located at www.cmsid.navy.mil or talk with their command career counselor.

For more information about Japan, visit the CFAY webpage at <http://www.cnic.navy.mil/yokosuka/>.

Obtaining your Sojourner Permit

Italian law requires all foreign personnel working or living within Italy, other than an active-duty member under military orders, to obtain a Sojourner Permit within eight days of arrival in Italy. This is different from a visa, which is merely an approval for entry into the country.

All applicants over 14 years of age must apply in person, as each person's signature is required at the time of application.

NATIONALS OF ANY STATE OF THE EUROPEAN COMMUNITY COMING TO ITALY DO NOT REQUIRE ANY VISA OR SOJOURNER PERMIT.

As part of the Area Orientation process, the U.S. Region Legal Service Office (RLSO EURAFSWA) assists in the preparation and oversees the acquisition of the Sojourner Permit for all personnel attached to U.S. Navy commands in the Naples area. Army and Air Force personnel stationed at JFC must apply through the Carabinieri at the JFC Provost Marshall's Office, Building L.

Contact Connie Henderson, RLSO EURAFSWA liaison advisor, at 081-568-4639 for more information.

Gusti di gelato / Ice cream flavors

Practice your vocabulary. Find the Italian words.

A V Y S O F L A G L P L T P E
L X X T C M B I Q B A Y I N I
O W E R O I L Z M L F S P F F
I Z Y A H C X E O O T M C G Y
C R M C C L C G P A N G V A X
C C C C N A A O C M Y E E Q T
O Z Z I N R A C C R O I C L C
N Z X A F T H G P G B P C N M
M U N T N I A L R O D N A M E
N A U E O A M A R E N A C R L
S Q M L Y F X P L X C M Q H O
W M Q L A N A N A B R E Y Z N
I C C A E A S T F F N R C T E
X O W Z T P H P T M F C F Z U
R C T G N A X O C I G H Z C A

AMARENA / Black Cherry
ANANAS / Pineapple
BANANA / Banana
COCCO / Coconut
CREMA / Cream
FRAGOLA / Strawberry
LIMONE / Lemon
MANDORLA / Almond

MELONE / Melon
MENTA / Mint
NOCCIOLA / Hazelnut
PISTACCHIO / Pistachio
POMPELMO / Grapefruit
STRACCIATELLA / Chocolate Flakes

Capitals of northern Europe. Answer to last week's puzzle

- | | |
|------------------------|----------------|
| 1. e Ankara | a. Austria |
| 2. p Athens | b. Croatia |
| 3. d Bern | c. Slovakia |
| 4. c Bratislava | d. Switzerland |
| 5. j Brussels | e. Turkey |
| 6. h Bucharest | f. Spain |
| 7. m Budapest | g. Cyprus |
| 8. n Kiev | h. Romania |
| 9. o Lisbon | i. Italy |
| 10. f Madrid | j. Belgium |
| 11. g Nicosia | k. Montenegro |
| 12. q Paris | l. Malta |
| 13. k Podgorica | m. Hungary |
| 14. i Rome | n. Ukraine |
| 15. l Valletta | o. Portugal |
| 16. a Vienna | p. Greece |
| 17. b Zagreb | q. France |

If you are the victim of a crime, report the incident to Security Dispatch at 081-568-5638.



Paddleboating is one of the many popular water sport activities available at the beach resorts on the Gargano Peninsula.



Left: Enjoy the view on the beach at Portonuovo, near the end of the Gargano Peninsula.

Right: This rocky section of Adriatic Sea coastline is typical of Puglia's Gargano Peninsula, the sparsely populated, mountainous and wooded spur of Italy's boot.



A weekend tour of the Gargano Peninsula

Story and photos by Gary Rice

As we all know, Italy is in the shape of a high boot. It has a heel, sole, toe and spur; and it is kicking a deformed football (Sicily). I recently visited the spur, better known as the Gargano Peninsula in Puglia, a scenic and mostly mountainous place with nice sandy beaches that juts out into the Adriatic Sea. This is a good place for anyone looking for nice beaches and an interesting weekend getaway.

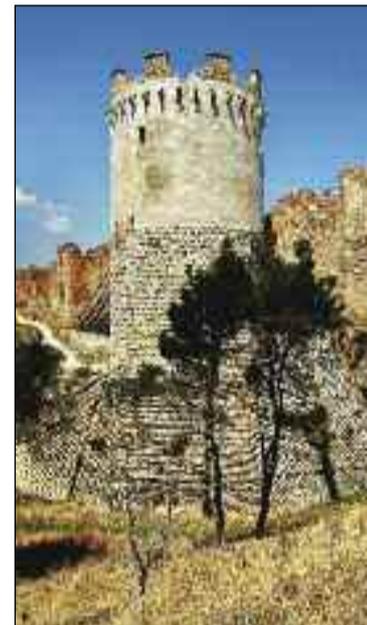
My first stop on the peninsula was at the town of San Giovanni Rotondo, a very popular pilgrimage destination. The main reason for the town's popularity is that it was home to the late Padre Pio (1887-1968), who was said to work miracles and who bore the stigmata, the five wounds of the crucified Christ. During his lifetime, he was a controversial figure who was both praised and condemned by the Catholic Church. Among

other things, he was accused of financial fraud, sexual impropriety in the confessional, and faking his stigmata. One Vatican official called him psychotic; but despite the controversy, he is revered by the people and was canonized in 2002 by Pope John Paul II. Padre Pio's tomb is in the crypt beneath the Church of Santa Maria delle Grazie. I paid my respects at the tomb and also walked along the Via Crucis (Way of the Cross) on a pretty wooded hillside next to the church.

From San Giovanni Rotondo, I went on to my hotel in the village of Portonuovo, at the end of the peninsula. The hotel was right next to a wide stretch of sandy beach, where I enjoyed a refreshing dip in the Adriatic Sea. There are many nice beaches on the eastern side of the peninsula with clean white sand and clear blue water. The hotels and resorts in the area offer an array of water sports and activities catering to families who want to have fun in the sun.

The circular drive around the peninsula mostly follows a coastal road, but there are opportunities to drive through the mountains, which afford many scenic views. My final stop of the trip was at the town of Lucera near the beginning of the peninsula, where I visited the picturesque and immense ruins of Lucera Castle, a medieval marvel built in 1233 by the Holy Roman Emperor Frederick II. For those interested in medieval castle ruins, this is one of the most impressive I've seen in Italy.

So if you're looking for an easy weekend getaway in a place that is a bit off the beaten path, check out the Gargano Peninsula. It's a great combination of mountains, sand and sea.



The extensive curtain wall of Lucera Castle is about 3,000 feet around and is interspersed with 24 towers, including the massive white tower.



The preserved body of Padre Pio is on display in the crypt of Santa Maria delle Grazie in San Giovanni Rotondo.



Above: The Chiesa di Santa Maria delle Grazie, a popular pilgrimage destination, is the main attraction in the town of San Giovanni Rotondo.

Page 1: Beach resorts like this one on the east coast of the Gargano Peninsula are popular family fun-in-the-sun destinations.

Jobs

HUMAN RESOURCES OFFICE (HRO)

NEW LINK: <http://cnic.navy.mil/Europe/About/Jobs/index.htm>.

The Human Resources Office is located at Capo Admin I, first floor. Customer service hours are **Monday through Friday from 8 a.m. to 3:30 p.m.**

Applications are accepted at the Security Pass and ID Office at Capodichino and Gricignano, or at HRO, located in Admin 1, Capodichino, or by mailing to HRO, PSC 817 Box 29, FPO, AE 09622, or at the Fleet and Family Support Center (FFSC) located on the TLA first floor at Support Site. HRO must receive mailed applications by the closing date of the vacancy announcement.

U.S. POSITIONS

For a current list of U.S. vacancies and application process information, visit <http://cnic.navy.mil/Europe/About/Jobs/index.htm>.

CLOSING JULY 28

Secretary, GS-0318-07 KPP 08 or GS-0318-08, ANN#EUR11-094567-AV, Full-time permanent

CBA Coordinator, GS-0301-07 KPP 09, ANN#EUR11-083474-EG, Full-time permanent

Financial Management Analyst, GS-0501-07 KPP 09, ANN#EUR11-068237-EG, Full-time permanent

IT Specialist (INET), GS-2210-12, ANN#EUR11-056436-EG, Full-time permanent

IT Specialist (INFOSEC/NETWORK), GS-2210-11, ANN#EUR11-043930-JC, Full-time permanent

Contract Specialist, GS-1102-12, ANN#EUR11-059167-JC, Full-time permanent

CLOSING AUG. 04

Supervisory Environmental Engineer, GS-0819-14, ANN#EUR11-069569-AV, Full-time permanent

Supervisory Interdisciplinary Engineer/Architect, GS-08XX-14, ANN#EUR11-028090, Full-time permanent

Mail Clerk, GS-0305-05, ANN#EUR11-096220-AV, Full-time permanent

Editor, GS-1082-09, ANN#EUR11-091630-AG, Full-time permanent

Accountant, GS-0510-12, ANN#EUR11-083473-EG, Full-time permanent

OPEN CONTINUOUS ANNOUNCEMENT

Educational Aid (CDC/CYP), GS-1702-02 KPP 03 KPP 04, ANN#EUR11-920861-AG, (multiple positions), Full-time permanent. Next cut-off date is Aug. 4.

COURTESY U.S. VACANCY ANNOUNCEMENTS

The **USO Naples** is currently seeking for an Information Specialist for its Capodichino Center. The Information Specialist will deliver customer service and support to sailors and passengers at the USO Capodichino Air Terminal Center as well as provide assistance with USO Naples programs, services and fleet support. For more info and to apply, please log on to <http://www.uso.org/careers/>.

Percussion instructor(s) needed for marching band percussion line. Experience in marching a plus. If interested contact Gary Marvel, director of Naples High School's bands, at 340-681-3432 or gary.marvel@eu.dodea.edu.

Embry-Riddle Aeronautical University seeks an Assistant Director of Academic Support at Capodichino. Position is open immediately. Associate Degree required, Bachelor Degree preferred. For more information, contact Silvia Hughes at DSN: 314-727-2984.

Projected opening for an Education Technician, GS-05-1702, at the Capodichino Navy College Office. In order to apply, you must have a résumé in the Navy Chart system at <https://www.chart.donhr.navy.mil>. Questions? Call or visit the Navy College Office at 081-568-6678 or 081-568-6681.

Marketing Plus is seeking an independent contractor to call on the NEX. They are looking for a person to mer-

chandise as well as demonstrate lines (SHARP LED and LCD panels, CONAIR, CUISINART, HASBRO and more) carried in the Exchange. Weekends are mandatory. Pay: \$14/hour, 15 hours/week. Contact Peter Grasser at pgrasser@marketingplus.cc.

LOCAL NATIONAL (LN) POSITIONS

For a current list of LN vacancies and application process information, visit <http://cnic.navy.mil/Europe/About/Jobs/index.htm>.

No vacancies

If you have any questions/comments with regard to HRO Naples' services, contact the director's office at 081-568-5770. You can also contact the HRO Naples Help Desk: <http://cnic.navy.mil/Europe/About/Jobs/AboutWorkingHere/index.htm>. You will be contacted within 24 hours, so be sure to provide your contact information. Thank you and we appreciate your input, whether negative or positive, so that we can find ways to improve the HRO services, or continue to provide excellent service. As a reminder, an HRO Representative is available for the bi-weekly "Meet & Greet" at the NSA Support Site, Navy Exchange food court area 8 to 9 a.m. Please feel free to come by, pick up a copy of a vacancy announcement that you may be interested in applying for or ask questions. If the HRO representative is unable to provide you a response, he/she will bring the question back to the HRO office and you will be provided an answer or a call back the same day. The next "Meet & Greet" is Aug. 1.

NON-APPROPRIATED FUND (NAF) POSITIONS

Fleet & Family Readiness NAF Local Naples job announcements within CNREURAFSWA may be viewed at https://www.cnic.navy.mil/Naples/Recreation/CNICD_A059280.

The necessary application forms are also available online. For any questions, call 081-568-5612/4164.

NSA NAPLES POSITIONS, MWR OPEN CONTINUOUS POSITIONS

Child Program Assistant, CY-1702-I/II, ANN#11-024, (multiple positions) flexible, Child Development Centers, School Age Care, Capodichino/Support Site. Job Summary: Performs routine, day-to-day care of infants and children ranging from 6 weeks to 5 years old.

Youth Program Assistant, CY-1702-I/II, ANN#10-069, (multiple positions) flexible/regular, Youth Programs, Support Site and Carney Park. Job Summary: Assembles materials and equipment necessary to execute School Age Care for children ranging from 6 to 9 years old; School Age Care Pre-Teen for children ranging from 10 to 12 years old; Teen Center Program for children ranging from 13 to 18 years old. Receives and releases children to/from authorized parents and guardians.

Recreation Aid, NF-0189-01, ANN#10-022, flexible, NOR Center, Carney Park. Job Summary: Provides and maintains recreation and athletic equipment issue.

Recreation Aid, NF-0189-01, ANN#10-064, flexible part-time, Bowling Center, Support Site. Job Summary: Provides oversight of activities and necessary services to authorized patrons.

Recreation Aid, NF-0189-01, ANN#10-065, flexible part-time, Liberty Division, Capodichino. Job Summary: Helps customers in the recreation center with recreational events.

Recreation Aid, NF-0189-01, ANN#10-091, flexible, Auto/Wood Skills Center, Support Site. Job Summary: Provides information concerning facility operations and regulations. Ensures adherence to regulations and safety procedures.

Recreation Aid, NF-0189-01, ANN#10-113, flexible, Community Services, Capodichino. Job Summary: Provides information concerning facility operations and regulations.

Recreation Aid, NF-0189-01, ANN#10-119, flexible, Golf Course, Carney Park. Job Summary: Collects green fees (monthly and daily), locker fees and fees for electric cart rentals. Employee will act as starter when needed on weekdays and assist when needed as cashier.

Recreation Aid, NF-0189-01, ANN#10-127, flexible, Fitness Forum, Support Site. Job Summary: Assists in the oper-

ations of the fitness program.

Motion Picture Projectionist, NA-3910-07, ANN#10-084, flexible part-time, Reel Times II Theater, Support Site. Job Summary: Operates permanently installed 35 mm motion picture projectors, ensuring a standard quality of sound and picture projection.

Recreation Aid, NF-0189-01, ANN#11-048, flexible part-time, Aquatics, Support Site/Carney Park (seasonal employment). Job Summary: Oversees activities and necessary services to authorized patrons, including general information on the use of equipment. Open until filled.

Recreation Aid (Lifeguard), NF-0189-01, ANN#11-040, flexible part-time, Aquatics, Support Site/Carney Park (seasonal employment). Job Summary: Safeguards and supervises swimmers and bathers in pool areas and enforces swimming and bathing regulations. Continuously observes patrons, warns swimmers of unsafe conditions and actions, rescues those in trouble and administers emergency first aid if necessary. Open until filled.

Recreation Aid, NF-0189-01, ANN#11-082, flexible, Reel Times II Theater, Support Site. Job Summary: This position transacts the sale of refreshments at the theater snack bar. Open until filled.

Recreation Aid, NF-0189-01, ANN#11-086, flexible, Fit Zone, Capodichino. Job Summary: Performs maintenance on various types of recreation and athletic equipment to ensure that all equipment is in good condition and safe for patron use. Open until filled.

Food Service Worker, NA-7408-04, ANN#11-091, flexible, Bowling Center, Support Site. Job Summary: Performs a variety of tasks such as grilling or frying pancakes, hamburgers, hot dogs, bacon, eggs, sausage, by watching while the items are cooking, turning as required; regulating temperature and removing when done. Open until filled.

Central Cashier, NF-0530-02, ANN#11-107, regular full-time, Administrative division, Capodichino. Job Summary: Performs a full range of cash management duties to include receipt, disbursement, examination, deposit and safeguarding of cash and checks, and cash and cash equivalent items such as gift certificates, promotional vouchers and fuel coupons. First cut-off date is 07/22/11. Open until filled.

CNREURAFSWA NRBO NAF U.S. POSITION

Accounting Technician, NF-525-03, ANN#11-094, flexible full-time, NRBO, Capodichino. Job Summary: Maintains and reconciles budget and accounting records by implementing principles of accounting and double entry bookkeeping. Open until filled.

CNREURAFSWA NRBO LOCAL NATIONAL POSITION

Financial Technician, Ua-0503-04, ANN#11-109, temporary full-time, NRBO, Capodichino. Area of Consideration: Italian citizens and citizens of other European Union (EU) countries. First cut-off date is Aug. 5. Open until filled.

NEX EMPLOYMENT OPPORTUNITIES

Gricignano, Building 2091-B
Call 081-813-5252/5253/5254
Monday through Friday
8 a.m. to 3:30 p.m.

NEX job opportunities are posted on the Web at <http://www.navy-nex.com>.

Submit completed applications to NEX Human Resources Office located above the main Exchange. If you have questions, please call the above numbers.

U.S. NAF POSITIONS AVAILABLE

CURRENT U.S. FLEXIBLE POSITIONS MAY BE NON-COMPETITIVELY CHANGED TO REGULAR POSITIONS

GRICIGNANO MAIN STORE

Ann#054-11 Supervisory Sales Clerk/SL Ladies/NF-02/RFT- Closes: 07/22/11. Pay Rate: \$10-12. Supervises associates engaged in selling, stocking, and merchandising a variety of retail and/or service items.

Ann#023-11 Lead Cashier Checker/CC/NF-01/RFT- Closes: 07/22/11. Pay Rate: \$8-11. Responsible for leading a minimum of three associates engaged in the operation of cash registers to record sales in retail check-out areas.

Ann#055-11 Sales Clerk/CL/NF-01/RFT- Closes: 07/29/11. Pay Rate: \$8-11. Responsible for displaying and selling general merchandise to customers while exercising professional selling techniques.

Ann#006-11 Sales Clerk/A6A/NF-01/Flex- Closes: 07/22/11. Pay Rate: \$8-10. Sells general merchandise to customers exercising professional selling techniques. Works as part of a sales team to provide service which anticipates and exceeds customer expectations.

Ann#002-11 Sales Clerk/SL-Watches/Sunglasses/NF-01/Flex- Closes: 07/22/11. Pay Rate: \$8-10. Sells general merchandise to customers exercising professional selling techniques. Works as part of a sales team to provide service which anticipates and exceeds customer expectations.

Ann#034-11 Sales Clerk/SL-Children's/NF-01/Flex- Closes: 07/22/11. Pay Rate: \$8-10. Sells general merchandise to customers exercising professional selling techniques. Works as part of a sales team to provide service which anticipates and exceeds customer expectations.

Ann#051-11 Security Guard/52/NF-01/Flex- Closes: 07/15/11. Pay Rate: \$8-10. Performs assignments on a patrol basis or at a fixed post with responsibility for enforcing security measures.

GRICIGNANO MINI MART

Ann#011-11 Sales Clerk/MM/NF-01/Flex- Closes: 07/22/11. Pay Rate: \$8-10. Sells general merchandise to customers exercising professional selling techniques. Works as part of a sales team to provide service which anticipates and exceeds customer expectations.

DIST. CTR. GRICIGNANO

Ann#028-11 Warehouse Worker/72/NA-05/Flex- Closes: 07/22/11. Pay Rate: \$12.75. Responsible for one or more functions (receiving, storing, issuing and shipping, etc.) within a warehouse area. May be assisted by several lower grade associates.

CAPODICHINO NEX MART

Ann#016-11 Customer Service Clerk/MM/NF-01/Flex- Closes: 07/22/11. Pay Rate: \$8-11. Performs a variety of duties in connection with NEX internal and external customer services operations. Works as part of a sales team to provide service which anticipates and exceeds customer expectations.

Ann#050-11 Lead Cashier Checker/CC/NF-01/RFT- Closes: 07/29/11. Pay Rate: \$8-11. Responsible for leading a minimum of three associates engaged in the operation of cash registers to record sales in retail check-out areas.

Ann#014-11 Sales Clerk/MM/NF-01/Flex- Closes: 07/22/11. Pay Rate: \$8-10. Sells general merchandise to customers exercising professional selling techniques. Works as part of a sales team to provide service which anticipates and exceeds customer expectations.

JFC-NATO MINI MART

Ann#018-11 Sales Clerk/MM/NF-01/Flex- Closes: 07/22/11. Pay Rate: \$8-10. Sells general merchandise to customers exercising professional selling techniques. Works as part of a sales team to provide service which anticipates and exceeds customer expectations.

LOCAL NATIONAL POSITIONS

No Vacancies