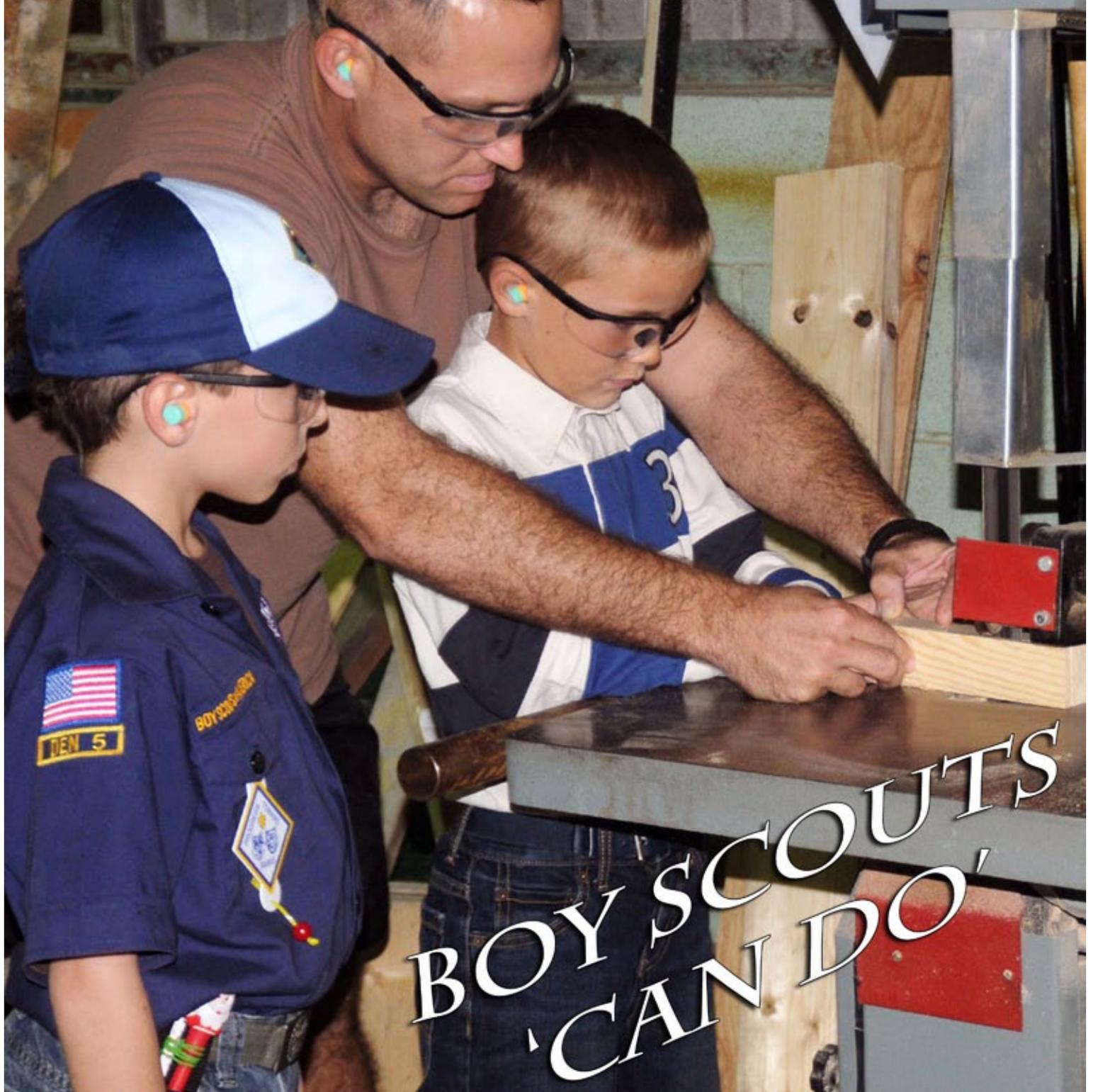


# REGION STANDARD

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NAVY REGION EUROPE, AFRICA, SOUTHWEST ASIA

Issue 2



BOY SCOUTS  
'CAN DO!'

**Essential Comms:** Navy Disturbed, Designer Drug Use on the Rise

**Featured Story:** NMCB 74 Seabees Help Boy Scouts Build for Pinewood Derby

**Big Navy News:** Sailors, Marines Provide Aid for Injured Hiker

**Community Support:** 60 Raffle Winner Experience Indy Car Racing



# E S S E N T I A L C O M M S

## Navy Leadership Disturbed By Rise in Designer Drug Use

Story By MC1 (AW) Tim Comerford, Navy Region Mid-Atlantic Public Affairs

NORFOLK -- Navy leaders are expressing concern that recent statistics suggest use of "Spice" and similar so-called designer drugs rose in the last quarter of 2010.

Spice and similar products are essentially an herbal, synthetic form of marijuana, mimicking the chemical compounds found in the drug. These products are banned for Navy personnel.

"The number of incidents of designer drug usage is rising at an alarming rate in our Navy. In the last four months alone, 79 of our Fleet Forces Sailors and 72 Pacific Fleet Sailors have been accused

of using or possession of the drug. That's 151 Sailors that if found guilty will be administratively separated from our Navy," said Adm. John C. Harvey, Commander, U.S. Fleet Forces Command.

Harvey believes it's everyone's responsibility to deal with what could be a dangerous trend.

"I need each and every one of our Sailors looking out for each other," Harvey explained. "Talk to your shipmates about Spice and make sure they understand the dangers and serious consequences involved with its use."

In response to the rising concerns of the military over Spice and similar products, the Armed Forces Disciplinary Control Board of Southeast-

ern Virginia and Northeastern North Carolina placed 10 businesses in Hampton Roads off-limits to service members in November.

"Our Navy has zero tolerance for drug use. If you are considering using Spice or a similar drug, I strongly urge you to reconsider," Harvey said. "If you are caught using it, even once, you will be separated from the Navy. There is no second chance."

Navy personnel determined to be unlawfully using, possessing, promoting, manufacturing or distributing drugs and/or drug abuse paraphernalia shall be disciplined, as appropriate and processed for administrative separation, according to Navy regulations.

**Front Cover:** Chief Builder Brian Moroski, assigned to Naval Mobile Construction Battalion (NMCB) 74, assists a boy scout from Boy Scout Transatlantic Council Pack 280 cut the design for his pinewood derby car at Camp Mitchell, Spain, Jan. 11.

### The Region Standard

The Region Standard is a Commander Navy Region Europe, Africa, Southwest Asia (CNREURAFSWA) publication disseminating national, regional and local news and information.

With contributions from public affairs offices throughout the AOR, The Region Standard is staffed by:

**Editor:** Lt. Cmdr David Benham

**Asst. Editor:** Lt. Tim Hawkins

**Layout:** IC1 Brian Teneyck, MC2 Marc Rockwell-Pate  
www.facebook.com/cnreurafswa

## Registration Mandatory for Wide Area Alert Network

Story by IC1 Brian Teneyck, CNREURAFSWA Public Affairs

NAPLES, Italy - The world we live in is filled with danger: hurricanes, blizzards, floods, terrorist attacks and civil strife occur every year. Would you know what to do if one of these happened? Commander Naval Installations Command (CNIC) has developed a way for you to be prepared during these situations, the Wide Area Alert Network (WAAN).

"The WAAN's primary purpose is to provide real time emergency alerts and protective guidance to personnel in buildings, areas on board installations, and family members via three systems," said Steven Layne, the emergency operations center manager at Naval Support Activity (NSA) Naples, Italy.

In order to quickly and effectively communicate to installations, the WAAN employs the Computer Desktop Notification System (CDNS), the Automatic Telephone Notification System (ATNS) and the Giant Voice/Indoor Voice (GV/IV).

The GV/IV is an interior and exterior voice loudspeaker notification system while the CDNS will notify personnel

through pop-ups on their desktop. Sailors and civilian contractors are automatically connected to CDNS whenever they are logged into the ONE-NET network.

Originally developed and deployed to installations in 2008, recent crises such as severe winter weather in the continental U.S., evacuations of U.S. personnel from parts of North Africa and the Middle East, and flooding in Millington, Tenn., have reinforced the necessity for rapid communications.

"WAAN registration is therefore imperative and mandated," said Layne, "to ensure personnel are quickly notified of emergencies, including urgent or significant events such as gate closures and re-openings, severe weather warnings, school closures, etc."

GV/IV and CDNS are effective while on base or at work, but what if there is an emergency while personnel are off base, at home or on travel? ATNS is the answer. ATNS is what makes the WAAN truly effective. During a crisis ATNS will send notifications to you via email, voice recording and even text message.

The success and effectiveness of

ATNS is reliant on personnel registering for the service inside of CDNS. The link is already on your desktop and ONE-NET users can register in two easy steps.

First, right-click on the purple globe in the taskbar located in the lower right side of the monitor and click on "access self service." Next, click on the "my info" tab and fill in all the appropriate information. Finally, click on devices and complete the sections. At a minimum, according to Layne, should be work email, work phone and a cell number required to receive alerts via text message.

If personnel would like to register their family's devices, ATNS allows for both home email and phone to be added during the registration process. Currently only 20 percent of personnel attached to CNIC installations are registered for ATNS. CNIC urges Sailors and contracted civilians to register immediately.

"The purpose of mass notification is to protect life by indicating the existence of an emergency situations and instructing people of the necessary and appropriate response and action," said Layne, adding, the lack of registration "affects the effectiveness of it [the WAAN] to a significant extent."

# F E A T U R E D S T O R Y

## SEABEES, BOYS SCOUT TEAM UP FOR PINEWOOD DERBY VICTORY

Story and Photos By CE2 Kelton Mortis and MC1 Ryan Wilber, Naval Mobile Construction Battalion 74 Public Affairs

ROTA, Spain (NNS) -- Seabees of Naval Mobile Construction Battalion (NMCB) 74 assisted boy scouts from Boy Scouts of America, Transatlantic Council Pack 280, construct pinewood derby cars in the Builder Shop at Camp Mitchell, Spain, Jan. 10-11.

For several years the civilian and military scouts affiliated with Naval Station Rota, Spain, have been going to the Seabee camp to build their cars for the annual race.

The boys learn how to safely use shop equipment and the importance of wearing the correct safety gear, while directly participating in the construction of their cars.

"Who better that to get with people that are experts when it comes to using this type of

equipment? I think this is the best facility we've got on the base," said Chief Air Traffic Controller Brian Moroski, event coordinator. "Using your expertise, and your help is the best way to do it."

"The kids had a great time it looked like. They really wanted to get into it, real hands on. A lot of them wanted to work with the saws and everything," said Builder 3rd Class Ryan Penner.



"The cars came out really well, and they all thanked us and were real happy." Before leaving the shop, the boys weighed their cars to ensure they met competition requirements. The derby will be held at David Glasgow Farragut Elementary School in February 2011.

Anticipation and excitement were evident on the boys' faces as they and their parents planned, designed and constructed the cars from simple wood blocks. Seabees did their best to meet a boys design requirements by chiseling out a truck bed or sanding their cars to perfection.

the kids learn everything, everybody stays safe and they get their cars done."

learn everybody they get their cars done."

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**Top:** Chief Builder Brian Moroski shows a Boy Scout how to sand his pinewood derby car.

**Left:** Builder 3rd Class Ryan Penner helps a Boy Scout drill his pinewood derby car.

NMCB 74 assisted more than 20 Scouts from Boy Scout Transatlantic Council Pack 280 construct their cars for their annual pinewood derby to be held at the high school.



# A R O U N D T H E R E G I O N

## Annual Housing Allowance Survey Coming to Italy

NAPLES, Italy— The annual Overseas Housing Allowance (OHA) Utility/Recurring Maintenance Allowance survey for personnel stationed in throughout Italy is set to begin Feb. 15 and run through Mar. 14.

The survey is for all military personnel who have been residing in privately leased quarters for at least six months and are receiving an overseas housing allowance. The Defense Travel Management Office (DTMO) has set a goal for at least 70 percent of the affect personnel to participate, stressing the importance of this survey because of the direct effect it will have on servicemembers' paychecks in Italy.

The DTMO will use the data to set OHA allowances in Italy and assist in the formulation of OHA rates for service members worldwide.

In a change to this year's survey, the DTMO will email the survey Web link directly to eligible members via the member's individual email address as shown in the pay system. Participants will have to compute a monthly average for utility and maintenance expenses for the last 12 months.

Items that are reported in the survey include: electricity, heating fuels, water for residence, trash pick-up, sewer charges, maintenance and minor repairs, insurance coverage required by customs or law, condo fees, police protection, guards, and taxes for which the tenant is responsible and must make a separately identifiable payment.

Cable TV, telephone bills, automotive expenses, including fuel, are not included in this survey.

If you have any questions or need more information, please contact the regional coordinators at DSN 314-626-2551.

-CNREURAFSWA Public Affairs

## CNO, MCPON Visit NSA Bahrain

MANAMA, Bahrain (NNS) -- The chief of naval operations (CNO) and master chief petty officer of the Navy (MCPON) visited Sailors and Marines aboard Naval Support Activity (NSA) Bahrain, Jan. 18. CNO Adm. Gary Roughead held an

all-hands call with MCPON Rick West to answer questions about tuition assistance, computer-based training and the physical fitness assessment (PFA).

"PFA and health and fitness is something you have to take on board yourself," West said. "You can't just rely on the program we have embedded in the military. It's about personal and individual results as well."

West, who had already been interacting with Sailors in Bahrain for three days, ran with a group of NSA Bahrain Sailors that morning. Yeoman 1st Class Adrienne Burton, NSA Bahrain Sailor of the Year, said she was honored to meet MCPON and that she was impressed by his use of electronic media to keep in touch with Sailors.

"It's not just another person answering for him, he actually reaches out to his Sailors and he's always providing information on his Facebook page," she said. "No matter where he is, if he's on assignment or reaching out to other Sailors, you always see his constant presence within the enlisted community."

During a press conference with local media, Roughead answered questions about counter-piracy, the situation in Iraq and Afghanistan, and the Navy's relationship with Bahrain.

"We are grateful and we're very honored to be able to have the relationship that we have with Bahrain and be able to have a country that is supportive of our efforts to bring security and stability to this very important part of the world," he said. "I'm very grateful of the way that the regional navies have begun to expand their leadership roles."

"Bahrain has now taken command of a maritime task force, this is the second time, which I think is huge and is indicative of the commitment Bahrain has and the leadership role they play," said Roughead.

CNO said he is looking forward to going back to Iraq and Afghanistan to see the progress made in those countries.

"I'm very proud of the work our militaries do in both countries," he said. "I'm obviously extraordinarily proud of the work that my Navy is doing there, which is somewhat of an unusual role to have thousands of Sailors on the ground. But I think it speaks volumes about the quality and the character of the young men and

women that serve to be able to go into an environment that is very unusual to us and be able to work with the citizens to improve their lives."

Roughead and West left Bahrain and continued on to visit Sailors at forward-deployed units operating in the U.S. Naval Forces Central Command area of responsibility.

-CENTCOM Public Affairs

## NAS Sigonella Stands Up DUI Task-Force

SIGONELLA, Italy – Since day one of joining the Navy, every Sailor from E-1 to E-9 has heard what driving under the influence (DUI) of alcohol can do to their life and career. Not only does a Sailors decision to drive after consuming alcohol affect them, but it also affects their family, their shipmates, and the families of whom they may injure while driving under the influence.

For Sailors the policy is clear: The Navy has a zero tolerance policy in place for Sailors who are arrested for DUIs. The punishment can be as serious, as an other than honorable discharge (OTH). The majority of cases result in reduction in rate, 45 days of restriction, 45 days of extra duty, and loss of one half months pay for one or two months. For repeat offenders, or if the commanding officer deems appropriate, Sailors can receive an administrative separation carrying a OTH, or a bad conduct discharge (BCD).

"If you receive an BCD or a OTH you can expect to forfeit some or all of your Navy benefits, including your Montgomery G.I. Bill," said Naval Air Station Sigonella (NAS) Regional Legal Service Officer Department Leading Petty Officer Legalman Second Class Rowena Downing.

Since Jan. 1, 2011, NAS Sigonella Sailors have had three DUI incidents, two of them resulting in recommendation for administrative separations. In response to this, NAS Sigonella's Command Master Chief (CMC) Leland Moore has started a NAS Sigonella Command DUI Task-force.

The task force is manned by the CMC, along with selected members of the NAS Sigonella community and tenant commands.

# A R O U N D T H E R E G I O N

"The ultimate goal for the task force is to reduce the total number of DUIs to zero," said Moore. "With the help of the "Task Force" we intend to provide alternatives to drinking and driving."

With only their second meeting completed, the task force has already come up with ideas to start fixing the problem.

"We've identified some areas of focus within programs currently implemented on NAS Sigonella," said Moore. "One being the Free Ride program, which we will increase advertising on in order to get Sailors to take full advantage of it."

-NAS Sigonella Public Affairs

## Naples students send school supplies to Afghanistan students

NAPLES, Italy -- Third grade students at Naples elementary school (NES) recently came together to accomplish an amazing service project for students in need at two elementary schools in Kabul, Afghanistan.

The NES students raised money on their own to help buy school supplies for their friends in the Middle East.

The Afghan Service Project, as it came to be known, was brought to the attention of teachers at NES by a former teacher from Naples high school who is now teaching in Afghanistan.

"The teachers here at NES were notified by a former teacher of Naples High currently teaching in Afghanistan, who was reaching out for help in gathering school supplies for his students," said Suzin Lucas, the Afghan service project leader. "As parents, we came together to figure out how we could involve our children in meeting the needs of this worthwhile cause."

The service project found no shortage of goodwill amongst the 3rd grade students at NES, who earned extra money by taking on additional responsibilities at home and by working together as a unit to help package the supplies that would be mailed off to the students in Kabul.

"In addition to doing extra chores around the house, the kids wrote letters to the students in Afghanistan and helped put the boxes of supplies together that will be sent to over to the schools in need," said Lucas. "The items we bought with the money these kids raised should

carry these students through the school year."

Many traditional school supplies that students use every day were bought and put into plastic supply boxes by the NES students, including pencils, pens, scissors, notebooks, rulers and erasers.

These were then put into colorful bags along with the letters they wrote to be sent to their fellow students in Kabul. In the end, well over 100 boxes of school

supplies had been filled as the fruits of their labor were finally revealed.

"It only took about five minutes to write them a letter, and I hope they write back and we become pen pals," added William Lucas, a fellow 3rd grader at NES.

"Everyone, from the students to their parents and to the teachers here at the school made this project such a remarkable success," Suzin Lucas said.

-NSA Naples Public Affairs

## Question & Answer

Rear Adm. Anthony Gaiani

### **Q: What is CRA and what causes it?**

**A:** A continuing resolution, or CRA, is used by the United States Congress to fund government agencies at the previous fiscal year's current or reduced levels until a formal appropriations bill has been signed into law. In the case of this year, it would lead to a \$5.7 billion shortfall for the Navy, below what the president asked for in his budget request, if it continues through the end of the fiscal year. Given that spending is frozen at or below last year's levels, it means the command is obligated to reduce its spending accordingly. Impact includes travel being curtailed and approved only if specifically designated "mission essential" by leadership.

### **Q: What is being done to speed the process for Local National employees obtaining Alt Tokens for computer network access?**

**A:** There is currently a 2-3 week turn wait in receiving an Alt Token from the States. If an employee's Alt Token has expired while on an extended absence, contact N6 prior to returning to work. N6 can then request the Alt Token in advance of the return to work so the arrivals coincide. As long as it has not expired, it is still valid for use.

*If you have any questions that you would like to ask Rear Adm. Gaiani, this is your chance. All you have to do is e-mail the question to the CNREURAFSWA Public Affairs office at the following address:*

**[DLCNREURAFSWAPO@EU.NAVY.MIL](mailto:DLCNREURAFSWAPO@EU.NAVY.MIL)**

*Good Job! Excellent! Perfect! Great Work*  
**Bravo Zulu**  
*YOU ARE AWESOME*  
*HEY...GREAT EFFORT. 'Well Done'*

**Region Safety Office:** CNIC N35 Safety has recognized the EURAFSWA Traffic Safety Program as the "most cost effective Traffic Safety Program in CNIC." Well done to Wayne Siu and Steve Kalnasy.

**N3 Anti-Terrorism:** Well done to Lt. Fowler and Lt. Brothers in the AT shop for revitalizing the AT executive committee process and management of the special events FP plan process through the Holiday period.

# B I G N A V Y N E W S

## SAILORS & MARINES PROVIDE EMERGENCY AID TO HIKER ON VOLCANO

Story by MC1 Jeffery Tilghman Williams, HSV 2 Public Affairs

SAN JUAN, Guatemala (NNS) -- Sailors and Marines supporting Southern Partnership Station (2011) in South America provided emergency medical assistance to a hiker on Pacaya Volcano, near San Juan, Jan. 30.

Naval Mobile Construction Battalion (NMCB) 28 Sailors and 8th Marine Engineering Support Battalion Marines were participating in a hiking tour when they encountered a Swiss tourist who displayed extreme symptoms of heat exhaustion and dehydration, and eventually collapsed.

"It was just an opportunity to help, so

we didn't think twice, we just reacted," said Hospital Corpsman 2nd Class Pablo Mercado, who was the first responder.

Mercado performed a level of consciousness assessment, checked his pulse, provided water and Gatorade, and administered electrolyte tablets while the other Sailors and Marines constructed a make-shift stretcher from their walking sticks, shoestrings and parachute cord from bracelets they were wearing.

"It was just an amazing display of teamwork and creativity by these men," said Lt. Rama Mutyala, NMCB 28 SPS 2011 Detachment officer in charge. "We just happened to be in the right place at the right time with the right group of trained personnel who were able to provide life-saving assistance to someone in need."

After building the make-shift stretcher, the Sailors and Marines alternated six-man teams to carry the tourist more than 200 meters down the volcano to a waiting vehicle.

"The road was inaccessible to vehicles, so we had to navigate some pretty tough terrain to carry him down safely," said

Mutyala.

The hiker was conscious and responsive when he entered the waiting vehicle to head to the nearest hospital and even offered his thanks to the men who potentially saved his life.

**"It was just an amazing display of teamwork and creativity by these men."**

-Lt. Rama Mutyala

"We just did what anyone in that situation would have done, and did the best we could with what was available," said Mercado. "Hopefully the man will make a full recovery, and we wish him nothing

but the best."

SPS 11 is an annual deployment of U.S. ships to the U.S. Southern Command area of responsibility in the Caribbean and Latin America. The mission's primary goal is information-sharing with navies, coast guards and civilian services throughout the region.

Commander, U.S. Naval Forces Southern Command (COMUSNAVSO) is the naval component command for U.S. Southern Command and is responsible for all naval personnel and assets in the area of responsibility. COMUSNAVSO conducts a variety of missions in support of the U.S. maritime strategy, including theater security cooperation, relationship building, and humanitarian assistance.

## Navy Announcements

### Navy Announces New Uniform Components and Rules

WASHINGTON -- The chief of naval operations approved Navy Uniform Board recommendations Jan. 25. The recommendations include a new cutlass for chiefs, an overblouse for female officers and chiefs, updated rules for portable communication devices and clarification on the manner of wear for flight suits.

### Involuntary Separation Pay Not Authorized for PFT Failures

WASHINGTON (NNS) -- To comply with DOD-wide policy, members separated from the Navy after Jan. 1 solely for failing the physical fitness test (PFT) portion of the physical fitness assessment (PFA) will not be authorized involuntary separation pay, according to a NAVADMIN released Dec. 29.

NAVADMIN 031/11 - FY-11 GRADUATE EDUCATION VOUCHER PROGRAM

NAVADMIN 020/11 - ENLISTED APPLICATIONS FOR ASSIGNMENT TO USS CONSTITUTION

NAVADMIN 010/11 - OBSERVANCE OF AFRICAN AMERICAN/BLACK HISTORY MONTH 2011



**Above:** Clockwise from left, Equipment Operator 2nd Class Joe Smittle, Lance Cpl. Brandon Ganser, Chief Builder Steve Garcia, Builder 2nd Class Andras Toth, a local tour guide, Lance Cpl. Robert Wroblewski and another local tour guide evacuate a Swiss tourist who collapsed on a volcanic mountain trail near San Juan.

# C O M M U N I T Y S U P P O R T

## Indy Racing Experience Comes to Bahrain

Story and Photos by MC2 Jason Poplin

MANAMA, Bahrain – Sailors and families assigned to Naval Support Activity Bahrain received the opportunity to experience the rush of Indy car racing at Bahrain's International Circuit, Jan. 16.

More than 60 rides were given to lucky raffle winners in a specially modified "second seat" Indy car provided by Indy 500's Indy Racing Experience.

Hosted by Morale Entertainment Foundation in partnership with Armed Forces Entertainment, Morale Entertainment Foundation Public Relations Director Nissen Davis said the event sought to

offer attendees a little taste of home.

"Morale Entertainment is a group of American patriots who are concerned about our troops overseas and today's event, like all the events that we do, is to improve troop morale downrange," he said. "It means a lot to all of us to have this opportunity to thank our troops and to show them that we remember them back home."

Indy 500 is currently undergoing a year-long celebration in honor of its 100th anniversary. As part of the celebration, Morale Entertainment is bringing the Indy 500 Centennial Tour to American service members stationed in Europe and Southwest Asia.

The tour is expected to reach more than 10,000 service men and women.

Logistics Specialist 2nd Class Scott Lawrence, assigned to Patrol Coastal Squadron Detachment Bahrain, said the crew handed out a range of gifts including shirts and coins, but the thing he enjoyed the most was the sheer speed of the Indy car.

"It was phenomenal! Fastest two and a half minutes of my life," he said. "I've jumped out of airplanes before but this was much better. The speed was incredible."

**Bottom Right:** Master Chief Cryptologic Technician-Interpretive Ron Stevenson, assigned to Naval Information Operations Command Bahrain, undergoes final preparations to be driven around the Bahrain International Circuit as part of Indy 500's Centennial Tour hosted by Morale Entertainment Foundation in partnership with Armed Forces Entertainment.

**Left:** Indy Racing Experience Co-Owner Jeff Sinden drives service and family members around the Bahrain International Circuit.

Passengers rode in a specially modified "second seat" Indy car that provided the thrills of Indy racing including reaching speeds in excess of 200 mph.

