

Asian Pacific Heritage Show

Story By MCSN Palmer

NPASE East Det.

Naval Air Station (NAS) Sigonella capped off the month of May's celebration of Asian Pacific Heritage Month with an Asian Pacific Heritage Celebration held at Knight's Hall at the Stephen Decatur Middle and High School Sunday, June 6.

The celebration, which was sponsored by The Filipino American Association of Sigonella and The NAS Sigonella Heritage Committee, featured Asian Pacific cultural presentations including Polynesian tribal dancing, belly dancing, Kung-Fu, Korean Fan



Photo by MCSN Palmer

Dancing, Japanese Origami making, and skits.

Immediately following the performances was an Asian food tasting featuring dishes from all over the vast region.

In 1978, Congress passed a joint congressional resolution to commemorate Asian American Heritage Week during the first week of May. Observance was spread throughout the month of May in 1990, when Congress voted to expand it from one week to a month-long celebration. Since May 1992, the month of May has been permanently designated as Asian Pacific American Heritage Month.

The Mythical Path to the Track

Photo and Story Courtesy of IT1 William Lee
Naval Computer Telecommunications Station

Sigonella's DoDD kindergarten class arrived to the sound of a chainsaw last Thursday. To their surprise they found Operations Specialist Senior Chief Mike Schurdell, Senior Enlisted Advisor for Naval Computer Telecommunications Station (NCTS) Sicily, cutting a path into what seemed to be a jungle.

What the kindergartners were actually witnessing was a community relations project being performed

by NCTS in order to clear debris from a neglected trail behind the school.

Sponsored and coordinated by NCTS Sicily's First Class Petty Officer Association (FCPOA), the project began at around 7 a.m. as Schurdell and others began cutting away the undergrowth. In all, about 65 personnel from NCTS took time out of their schedule to participate in the cleanup. With rakes, limb cutters, and garbage bags in hand, they then fanned out over the trail to dispose of the mini-jungle.

"NCTS Sicily's First Class Petty Officer Association is happy to come out here and show the school

and the community how much we care," said Yeoman 1st Class Lakesha Rose, President of NCTS's FCPOA "This path was such an eye-sore. We wanted to clean it up and gut it completely, so the children and runners can have a clear path to the track."

"I couldn't be more pleased with the results produced by the NCTS FCPOA," said Thomas Budny, Resource Manager for Sigonella Schools. "From the initial organization to of the project to the removal of the last bit of debris, the spirit of cooperation, professionalism, and camaraderie was evident. One only has to look at the end result to real-

ize that this is a group that takes pride in a job well done. The faculty, staff, and students of the schools are very appreciative of their efforts."

The former pile of debris rose to about three feet high and spread out from the bus stop to well beyond the start of the trail. There were three dump truck loads and eight smaller truck loads. Several pedestrians couldn't believe all the trash and undergrowth that had come from the trail. One pedestrian commented that she had not seen it that clean in over four years and couldn't remember ever being able to see the end of the trail.



IT1 Shaun Stanely pulls weeds as part of the NTCS COMREL to clean up the path leading from the street to the track.



IT1 Vladimir Caraballo picks up trash as part of the NTCS COMREL to clean up the path leading to the track.

Overseas Cost of Living Allowance (COLA) rates across Europe are set to see a decline

Article Courtesy of Commander, Navy Region Europe, Africa, Southwest Asia Public Affairs

NAPLES, Italy – The Defense Department set new Overseas Cost of Living Allowance (COLA) rates May 31 and most service members across Europe are set to see a decline in COLA on their next Leave and Earnings Statement. In recent months, the dollar has gained in strength against the euro and this exchange rate is one of the factors that determine COLA rates. The dollar has been trading at or near four-year highs against the Europe's main currency over the past few weeks. Personnel and their families are reminded that COLA rates can fluctuate

up or down based upon the factors used to compute the allowance, including currency exchange rates. COLA is intended to help service members and their families have an equitable living standard as they would have back in the U.S. "Personnel and their families need to understand that a rising cost of living in the United States relative to Italy will tend to push COLA rates down," said Cmdr. Jack Davis, acting Chief of Staff for Commander, Navy Region Europe, Africa, Southwest Asia. "Conversely, if prices rise faster in Italy than in the United States, COLA rates may increase." These recent changes to COLA rates are not related to the survey of activities in countries like Italy, where active duty service members recently completed the Living Pattern Survey

(LPS), one of the tools used to help compute COLA rates overseas. For example, a married Navy first class petty officer with one child living in Naples, Italy will now receive \$341.25 in COLA for the pay period June 1-15 versus \$446.25 received for the pay period May 1-15. A Navy lieutenant who is married with one child living in Rota, Spain will receive \$365.75 for the pay period June 1-15 versus \$498.75 received for the pay period May 1-15. Overseas COLA is determined using a number of differing inputs, including the LPS, the Retail Price Schedule (RPS), as well as rank, duty station and number of dependents. "The silver lining in this situation is that a strong dollar also means base pay goes farther when spending out

on the economy," Davis said. "Base pay is the bulk of income for most personnel, military or civilian, and doesn't change like other allowances based upon variable factors. A strong dollar makes local goods and services more affordable to everyone." For a full overview of the new COLA rates, visit the Department of Defense Per Diem, Travel and Allowance Committee Web site at www.defense-travel.dod.mil/perdiem/. Commander, Navy Region Europe, Africa, Southwest Asia is responsible for providing efficient and effective shore service support to U.S. and allied forces operating at our installations. For more information about Navy Region Europe, visit <http://www.cnic.navy.mil/europe>.

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Hey, Sigonella... Where's the geep?

TRAFFIC NUMBERS

	Jan. 10- May 10	Jan. 09- May 09
Accidents	135	102
Injuries	17	9
DUIs	2	0
Traffic Deaths	0	0

PLEASE, DON'T BECOME A STATISTIC!

WEATHER UPDATE

June 11
H:83F
L:64F



June 12
H:88F
L:66F



June 13
H:86F
L:65F



June 14
H:84F
L:65F



June 15
H:87F
L:64F



June 16
H:82F
L:64F



June 17
H:83F
L:65F



DIRECT LINE NASSIG COMMANDING OFFICER CAPT. THOMAS J QUINN

The passing of Memorial Day marks the beginning of the most deadly period for accidents and fatalities in the Navy and Marine Corps. This period between Memorial Day weekend and Labor Day is historically the highest risk period of the year resulting in many preventable deaths. These incidents have historically occurred because of a number of factors unique to the summer season; increased travelling due to PCS's and vacations, increased amount of cookouts and parties which typically include alcohol, and increased levels of outdoor recreation in general.

According to the Naval Safety Center, over the past three years an average of 45 Sailors and Marines have died each year of non combat related injuries between Memorial and Labor Day. 75% of the deaths were caused by vehicular accidents and in particular 43.3% of the total was due to motorcy-

cle accidents. The rest of the deaths can be attributed to summer fun gone wrong; boating accidents, private aircraft crashes, drowning, and alcohol consumption related deaths.

High speed and poor choices were directly related to most of the vehicle accidents in the past three summers. Had the Sailors and Marines involved allowed more time to get to their destination, slowed down, and planned rest stops, many of them would have actually arrived.

Motorcycle riders in particular need to be especially cautious and always ride in a safe and controlled manner. The roads in Sicily are not forgiving. Given that a large percentage of motorcycle fatalities from the past three summers were caused by the rider losing control, each and every rider needs respect the road, their bike, and the motorists around them. Remember to always be a defensive driver and watch

out for motorists that aren't looking for motorcycles. Obey the speed limits and operate your motorcycle safely. I am especially frustrated, because this year alone we have had multiple motorcycle accidents that were the direct result of people doing stupid things. Several of these riders are lucky to be alive today because their bikes are literally in pieces and they somehow walked away. No one here wants another motorcycle fatality. If you can't ride responsibly I will take your license and you simply won't ride at all.

I am also frustrated by the Navy and Marine Corps deaths that have occurred due to alcohol related incidents and vehicular accidents. These deaths represent to me the most preventable segment of fatalities because not a single one would have occurred if alcohol was taken out of the picture. There are very simple rules to follow

that will never steer you wrong with alcohol. Know your limits. Always have a plan. If you plan to drink, have a designated driver arranged before you go out. If you do drink, only drink in moderation and do not drive. Also, if you drink, have a plan for the next morning. A disturbing trend this year at NAS Sigonella is the drastic rise in both DUI's and "near misses" where the individual was over .05% but under .1% BAC. Remember that just because you don't go through the gate, does not mean you can drink and drive. A large percent of the DUI's we have had were caught out in town by Italian police because they caused an accident. Italian police forces are actively patrolling for drunk drivers and if they catch you they will confiscate your vehicle and they may NOT turn you over to our security forces. Trust me. A stay in an Italian jail is one you will never forget.



This summer I really want everyone to have a safe and fun filled season. When travelling remember to give yourself plenty of time to get to your destination, drive safely, and use common sense when enjoying outdoor recreation, cookouts and alcohol. Let's work together to keep Sigonella safe and not apart of 2010's safety statistics.

Do you know what is in your energy drink?

By: LT Skinner

US Naval Hospital Sigonella

Did you know that over 25 energy drinks currently sold in the United States have a higher alcohol content than wine and beer? They do! Worse, these beverages are not clearly marked to indicate they have alcohol in them. The Center for Disease Control reported the two most popular brands have had a 67 fold

increase in sales from when they first hit the market in 2002. Over 22 million gallons of energy drinks were sold in 2008. Young people, ages 12-24, drank a

whopping 65% of them. That's 14.3 million gallons. Those are some alarming statistics. In fact, many believe this is a contributing factor to not only early age drinking, but binge drinking as well. Caffeinated alcoholic beverages are premixed beverages that combine alcohol, caffeine and other stimulants. They can be sold in glass bottles or aluminum cans, often resembling soda or a non alcohol sports drink that boasts about being healthy and promoting energy and alertness. They can be a distilled spirit based drink or malted with an alcohol content between 5 and 12% per serving. Beer typically has 4 to 5% alcohol content per serving. Wow. That's impressive.

Not only does the labeling cause confusion about alcohol content they often do not show the sodium or caffeine levels which can also lead to serious health complications at any age. Other additive ingredients that come in the form of stimulants are not always FDA approved for consumption in large quantities. The concern with mixing alcohol and caffeine is two-fold.

One, the myth that the caffeine will keep you alert and less drunk which leads to increased consumption and two, that the caffeine impairs the absorption of alcohol in the liver or blood

stream. These misconceptions can create a false sense of safety and misuse, especially in the younger generation of consumers who have money to burn and time on their hands. Last year the industry raked in \$3.2 billion in sales. Before you take a product off the shelf, accept one from a friend, or buy in a bar, be smart and read the label carefully. Even different flavors of the same brand will have different levels of alcohol and caffeine.

Caution:

"Tilt" has caffeine, ginseng, guarana, and an alcohol level that varies from 6 to 8%

Energy, continued on page 12

HEALTH WATCH

NASSIG WORSHIP SERVICES

<p>ROMAN CATHOLIC</p> <p style="text-align: center;"><u>Sunday</u></p> <p>0830 Catholic Mass (NAS I Chapel) 1000 1600 Catholic Mass (NAS II Chapel) 1130</p> <p style="text-align: center;"><u>Monday - Thursday</u></p> <p>1130 Catholic Mass (NAS II Chapel)</p>	<p>PROTESTANT</p> <p style="text-align: center;"><u>Sunday</u></p> <p>Traditional Protestant (NAS I Chapel) Contemporary Protestant (NAS I Chapel)</p> <p style="text-align: center;">CHURCH OF CHRIST LAY SERVICE</p> <p style="text-align: center;"><u>Sunday</u></p> <p>1530 NAS I Chapel Rooms 3 & 4 (Call 624-5128 or 335-841-8069)</p>
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JEWISH SERVICES: Please call 095-86-1205

OTHER SERVICES/ACTIVITIES POINTS OF CONTACT

Latter-day Saints: Sunday 1300 Catania Chapel. Please email jarreb@yahoo.com or call 624-1393 or 095-705-6108

AA Meetings: Monday, Wednesday, Friday - 1900, NAS II Chapel, 346-840-7745

EMERGENCY MANAGEMENT OFFICE

Be prepared to be on your own for at least three days. Seven is better! The BASIC FIVE: Water, Food, Heat, Cash, Radio; Family Communications Plan; Phone Numbers & Rally Points; Public Protection Strategies; Evacuation and Shelter-in-Place; Web info: Ready.gov; Emergency info: AFN 106.0 FM; Questions? Call the EM Office at 624-2630, 8265 or 2621.

CHAPLAIN CORNER

Chaplain Concha

Enrich your life

Have you enriched your life lately? There are great opportunities to reach out to others and to enrich your own life. Sigonella community has a lot of events this summer, so you don't want to miss the opportunities to get involved. Simply, enrich your life by helping others. The key word is being a volunteer.

Chapel opportunities include weekly worship services, privilege communication and counseling sessions; Vacation Bible School (9-13 Aug), and many more events. Check our current events. "In this life we cannot do great things. We can only do small things with great love. Be faithful in small things because it is in them that your strength lies". Mother Teresa.

The following story happened many years ago. As Senator John Stennis was returning home from the Capitol Hill one evening, he was robbed at gunpoint. Even though Stennis turned over what little he was carrying that was of value, the robbers shot him twice, hitting him in the stomach and

leg. The surgeons at Walter Reed Medical Center labored for more than six hours to repair the damage and save his life.

Also in his way home that evening was Senator Mark Hatfield, who had often clashed sharply with Stennis. The two were at virtually opposite ends of the political spectrum. However, when Hatfield heard on his car radio what had happened, he immediately drove to the hospital. There, he quickly discerned that the switchboard operator was overwhelmed with the many incoming calls from fellow senators, reporters and friends.

He said to an operator, "I know how to work one of these; let me help you out". He helped answer phones until daylight, when the call finally subsided. Then without fanfare, he quietly introduced himself as he was leaving, "My name is Hatfield. . .happy to help out on behalf of a man I deeply respect".

"Bigness" means being free of pettiness, grudges, vengeance, and prejudice. It means caring unconditionally, helping unassumingly. As we enjoy your tour in Sigonella, you can enhance your life by serving others. Have you enriched your life lately? It is never too late to get involved and support others. It's better to give than to receive. The reward is great! The Holy Scripture tells us: "For the Lord sees not as man sees; for man looks on the outward appearance, but the Lord looks on the heart". 1 Samuel 16:7

New personnel are coming. Old timers are moving away. There is always room to improve and to support. You can make a difference. Help others and enrich your life!

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NAVY NEWS

NAS Sigonella Sailors advance at frocking ceremony

Story By MCSN Palmer

NPASE East Det.

Naval Air Station (NAS) Sigonella individually recognized and advanced Sailors to the next pay-grade in a frocking ceremony held in Hangar 630 Wednesday, June 2.

Each Sailor was presented a certificate and congratulated by Capt. Thomas J. Quinn, NAS Sigonella Commanding Officer, Capt. Joseph W. Beadles, NAS Sigonella Executive Officer and NAS Sigonella Command Master Chief Leland Moore.

Of the 267 Sailors that took the exam throughout the base

and tenant commands, 23 Sailors advanced to the next pay grade. A total of Eight Sailors advanced to E4, Nine advanced to E5, and Six advanced to E6.

Frocking is a term for a military officer or non-commissioned officer (NCO) wearing insignia of a higher grade before promotion. An officer or NCO who has been selected for promotion may be authorized to frock to the next grade, pending exam scores and other qualifying information.

For those that did not advance, bibliographies for the next exam cycle are available at advancement.cnet.navy.mil.



Photo by MCSN Palmer

Don't Ask Don't Tell Update

From Jim Garamone

American Forces Press Service

WASHINGTON (NNS) -- Defense Secretary Robert M. Gates told troops worldwide May 28 that any repeal of the so-called "don't ask don't tell" law will be delayed until the ongoing Defense Department high-level review is completed, and only after he, the president and the chairman of the Joint Chiefs of Staff all can certify that the department is ready to make the change without hurting unit cohesion, military readiness, military effectiveness, and recruiting and retention.

Gates recorded a special message that will be broadcast on the American Forces Radio and Television Service and the Pentagon Channel to speak directly to service members and their families about the moves toward repeal of the law that bars gay men and lesbians from serving openly in the military. To listen to the complete message go to <http://www.navy.mil/navydata/featurePlay.asp?id=91>

"There's been a lot of political posturing and maneuvering on this issue this week, and the secretary wanted to communicate directly to the troops about what this all means to them," Pentagon Press Secretary Geoff Morrell said. "He

wanted to make it clear that the department's review of how to smartly implement a change in the law is more important than ever, and their participation in it is absolutely critical to its success."

The House of Representatives passed an amendment to the National Defense Authorization Bill May 27 that would allow gay men and lesbians to serve openly. The Senate Armed Services Committee passed a similar amendment last night.

President Barack Obama said he is pleased with the congressional actions. He has long favored repealing the law, in which has been in effect since 1994.

"Key to successful repeal will be the ongoing Defense Department review, and as such, I am grateful that the amendments ... will ensure that the Department of Defense can complete that comprehensive review that will allow our military and their families the opportunity to inform and shape the implementation process," he said in a written statement released by the White House May 27.

Obama said being the commander in chief is his greatest honor. "This legislation will help make our armed forces even stronger and more inclusive by allowing gay and lesbian soldiers to serve honestly and with integrity," he said.

Any change in the law will take time, Gates said in his recorded message. "The legislative process is long and complex," he said. "While it appears likely that Congress will eventually change the 'don't ask, don't tell' law, we do not expect the legislation that would do this to be presented to the president for months – perhaps not until the end of the year."

The amendment is the result of a compromise worked out between the administration and Congress. It allows the military to revoke the "don't ask, don't tell" provisions 60 days after a military study group chaired by Jeh C. Johnson, the Defense Department's general counsel, and Army Gen. Carter F. Ham, commander of U.S. Army Europe, presents its report in December.

The legislation is a deferred repeal, Gates stressed. "It would repeal 'don't ask, don't tell,' but only after - I repeat, after - the ongoing Department of Defense high-level review is completed, and only after the president, the chairman of the Joint Chiefs of Staff and I all can certify that we are ready to make this change without hurting unit cohesion, military readiness, military effectiveness, and recruiting and retention," Gates said.

As the legislative process continues, nothing will change in current

policies and practices, the secretary said. "Current law, policies and regulations remain in place, and we are obligated to abide by them as before," he said.

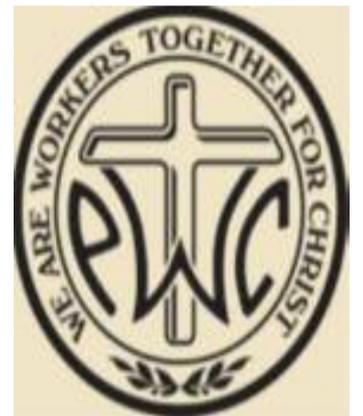
The vote in the House and at the Senate committee makes the results of the Defense Department study even more important, Gates said. The panel will conduct a thorough and fact-based assessment of the impact of the potential law change and will develop "an implementation plan that minimizes any possible disruption to the department's mission and ongoing operations," he added.

Gates urged servicemembers to participate in the review. "We need to hear from you, and your families, so that we can make these judgments in the most informed and effective manner," the secretary said. "So please let us know how to do this right."

He asked all servicemembers to stay informed on this issue, but to not let it distract them from the "critical mission to defend our country and our duty to uphold the values represented by the uniform you wear," he said.

The message will play on AFRTS broadcast outlets overseas and on the Pentagon Channel in the United States.

For more news, visit www.navy.mil.



Protestant Women of the Chapel

Join us for a great time of fun, food, and fellowship.

Tuesday mornings
10:00-11:30
NAS 1 Chapel
Fellowship Hall

Six Week Summer Study
begins June 15
The Frazzled Female by
Cindi Woods

Free Childcare Provided

New Hope

Tattoo

Muscle



Gambino

Chiechio

Waxy

Sheraton



Do you have a passion for writing or are you looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440

SEXUAL ASSAULT PREVENTION AND RESPONSE
SAPR offers a Sexual Assault Hotline staffed with trained advocates who man the SAPR Hotlines 24/7. The number is 335-642-8312 or 335-606-6146.



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4 p.m.
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All about Italian Food

Article Source:
http://EzineArticles.com/?expert=Ana_Maria_Da_Costa

The Italian food culture concerns not only what we see at Italian tables or in a rich Italian restaurant menu. It is something much deeper in Italians' DNA. Italians have some beliefs that go beyond education or tradition.

Concerning pasta

An easy example could be the pasta shapes and their seasonings. Considering that among dry pasta (the ones you usually buy inside paper or plastic bags that last for long) the difference is only the shape of it, nothing else, the shape itself is something very important for Italians.

There's a traditional pasta sauce recipe from Roma region called Pasta all'amatriciana (it's a tasty sauce made with tomatoes and bacon). Usually it's served using the bucatini pasta (kind of huge spaghetti with a hole in its middle).

An Italian woman was disgusted hearing her hairdresser telling her colleague that preferred it with short pasta. She said: "Don't ask me why. It just is as it is. Amatriciana must go with long pasta. How can one imagine of cooking it with short pasta?" The same goes for pasta with oil and garlic (aglio e olio); you probably will never see it served using any other pasta that isn't spaghetti.

Cappuccino

A lot of people around the world drink coffee and milk. In Italy, people use to drink cappuccino - a coffee and milk with addition of milk foam.

All around the world people drink coffee and milk whenever feels like doing it. Italians will never ask for a cappuccino in the evening! Why? It is just as it is. It's not time to have a cappuccino. Cappuccino is for breakfast!

Italians do not accept someone who asks a cappuccino after, or even

worse, together with dinner. They really twist their nose when they see someone doing it.

Drinking

In Italy there are bars everywhere. There are many small cities, having about 1,500 inhabitants that have about 20 bars.

It happens because drinking in Italy is associated with greetings. When an Italian meets a friend, it's natural to "drink something together".

If it happens to serve a drink to someone seat besides you, never turn the jar or the bottle against the natural way of your hand. For example, if you have the jar in your right hand, the glass must be on the left side, never behind, on the right side of your right hand. Otherwise it may not bring good luck.

Meals

In many countries it's common to eat a salad as entrance. Not in Italy. Italians eat salad as a side plate for the second dish. Now you can find

some tourist restaurants in main cities that propose rich salads for the tourists...but Italians never ask for them!

Italians respects lunch time. If you come to visit Italy and want to have lunch, pay attention to restaurants' closing times. Usually after 2:30pm the kitchens are all closed and you'll have to eat a sandwich. If an Italian is traveling outside Italy, he will probably look for a restaurant during lunch time. If he doesn't or cannot find one, and finds one at 3:00pm, he'll probably say that is not hungry anymore, that he uses to eat at that time otherwise he loses his hunger.

Italians trust their food. While most of the tourists look for local food, considering it part of the vacation, it's very common to see Italians looking for Italian restaurants while abroad. They seem to be afraid of new and different food.

They begin to open themselves to new food when go outside Italy more often and learn to appreciate

and trust foreign cuisines.

Other than trusting and loving their own food, Italians hate when people try to mix other food cultures with Italian ones. An example? Never add ketchup to a pasta dish! You cannot imagine how your Italian friend will stare at you if you try to do so.

The interesting in all these is that they don't do it for being presumptuous, but they really believe you're wasting your taste. Italian culture still has a lot of "musts" that go with generations that just follow it without knowing why it is done in this or that way.

Ana Maria da Costa, economist and enogastronomic expert, lives in Italy since 1983 and shows Italian food culture from the inside. For more information on Italian food culture visit All About Italian Food.

Contact your local Fleet and Family Support Center at 624-4291 for further information and referrals if needed.

Marchi

Medusa

Nova Auto

Italian NEWS

Sicilian Culture, Events and Lifestyle



Alberto Lunetta
The Signature Staff



Taormina Film Festival kicks off this weekend

Story by Taormina Film Fest Press Office)

Italy's principal summer film event, the Taormina Film Fest, celebrates its 56th year from June 12 to 18, 2010, against the stunning backdrop of the Teatro Antico of Taormina, one of Sicily's most important and well-preserved monuments. American film critic Deborah Young, who has directed the festival since 2007, has been confirmed as Artistic Director for 2010 and 2011. The festival is happy to announce the arrival of Shane Danielsen, the former director of the Edinburgh and Sydney film festivals, as Senior Programmer this year. He will work with Deborah Young and Luca Di Leonardo in programming the festival. Dieter Kosslick, director of the Berlinale, has been tapped as a member of the international jury. The festival is a major showcase for film premières from Hollywood and around the world. Each year the festival presents a careful selection of just 21 new features, chosen from the most significant recent production. A number of the films first screened in Taormina have been subsequently chosen to represent their countries as Oscar candidates; others have gone on to win Emmys, Golden Globes and other major awards for their directors, producers, actors and actresses. Prizes include the Golden Tauro for best film and the renowned Taormina Arte Awards given to outstanding members of the film community. Taormina's famous Teatro Antico, the location of the breath-taking evening

screenings at the Taormina Film Fest in Sicily, is about to become the first historical monument to host a film screening in 3D. Toy Story 3, produced by Pixar Animation and released worldwide by Walt Disney



On Sunday, June 13, legendary American actor Robert De Niro will be awarded a special tribute at the upcoming Taormina Film Fest running from June 12 to 18

Studios Motion Pictures, is this summer's most important release and will be seen by an audience of more than 3,000 viewers in its European première on June 12, opening night of the 56th Taormina Film Fest, in the 2,300-year-old Teatro Antico, considered one of the most beautiful in the world and in use since Greco-Roman times. The Teatro Antico boasts extraordinary acoustics and a giant screen, overlooking the Mediterranean Sea and the active volcano Mount Etna. This historic screening, which will make use of two projectors and more than 3,000 3D glasses, is sponsored by the Cinemecanica Digital Division of Barco. It will be screened in the original English, with Italian subtitles on

the 3D print. Directed by Lee Unkrich, Toy Story 3 is the third film of the series, following the huge success of Toy Story (1995) and Toy Story 2 (1999). Produced by Pixar Animation Studios, it will be commercially released in the U.S. on June 18, 2010. Robert De Niro will be honored with a special tribute at the upcoming Taormina Film Fest, taking place from June 12 to 18. On June 13, the award-winning actor will hold a Master Class for festival-goers and, later that night, receive the prestigious Taormina Arte Award on the stage of Taormina's 2,300-year-old Teatro Antico. Six times nominated for an Oscar, De Niro won his first Academy Award in 1975 (for Best Supporting Actor) and again in 1981. His rich repertory is replete with roles in which he plays some of the most famous gangsters in modern cinema: young don Vito Corleone in The Godfather - Part II, Noodles in Once Upon a Time in America, Jimmy Conway in Goodfellas and Sam "Ace" Rothstein in Casino. He also played Al Capone in Brian De Palma's The Untouchables. With a distinct inclination for comedy (King of Comedy, Brazil) he varied his dramatic performances with lighter roles toward the end of the 80s, achieving enormous popularity with his roles in Analyze This and Meet the Fockers. A perfectionist renowned for his maniacal preparation on the characters to be interpreted, he has performed some of the most complex

DeNiro continued on
page 12



Swordfish Festival in Acitrezza starts this weekend

Here is another mouthwatering food festival for the entire family! The annual Acitrezza Sagra del Pescespada di San Giovanni (St. John's Swordfish) Festival is a great food event, taking place this weekend (June 11 through 13) at the little port of Alaggio (located under piazza Giovanni Verga, the town main square). Starting at 8 p.m., delicious swordfish will be prepared by local skilled cooks. Fish will be served with a glass of fine local white wine, salad and bread. The festival, which precedes next week's celebrations honoring the town patron saint St. John the Baptist, will be held

under the breathtaking backdrop of the Acitrezza waterfront, the beautiful Lachea Island and the Faraglioni rock-cliffs that according to Homer's legend are those hurled by giant Polyphemus at the escaping Ulysses.

"This year marks the 21st edition of this exciting fish festival, which provides tourists with both an opportunity to enjoy our fresh fish and support the Acitrezza Deanery charity activities," said Davide Bonaccorso, the press officer of Acitrezza St. John the Baptist Deanery.

Sig Inn

Oxidiana

Fishermen strike over EU rules 'ending' clam spaghetti

(Story by ANSA)

Rome - Italian fishermen were up in arms last week over new European Union regulations they say threaten their livelihoods and one of Italy's most popular pasta dishes, spaghetti with clams. Fishermen nationwide went on strike, warning that EU rules aimed at protecting Europe's fish stocks could cut catches by up to 50% and spell an end to the widespread consumption of razor and wedge clams.

Fishermen in 13 of Italy's 15 coastal regions grounded boats and staged demonstrations to protest the implementation of Regulation 1967/2006. The new rules increase the minimum mesh size of drag nets to allow young fish to escape, prohibit fishing within a certain distance of the shoreline and restrict the use of a range of techniques such as drilling and explosives to capture clams. "We'll lose up to 50% of our catch and with all the costs, we won't be able to carry on," warned a statement by Tuscan fishermen, who have said they will continue industrial action for the next 48 hours.

The Impresa Pesca fishers union said the government had a duty to take action.

"While the regulation may have long-term results, in the short and medium term it will unquestionably penalize Italian fishermen who use drag systems," said Impresa Pesca Director Ionino Giardini. "This is why economic measures are needed in sup-

port of Italy's fishing fleet, to compensate the sacrifices that will hit them".

Impresa Pesca said dishes using razor clams and wedge clams, known as 'telline', could disappear entirely from restaurants.

A senator with the devolutionist Northern League, one of the majority coalition parties, said the rules were the latest example of European interference in Italian traditions.

"We can no longer be held hostage to a Europe of bureaucrats who evidently eat only red meat and couldn't care less about our fish specialties," said Piergiorgio Stiffoni.

"The government must be alert at Brussels to avoid decisions on pea quality and cucumber length, or, as in this case, a decision that stops us all enjoying classic dishes such as squid ink spaghetti".

Responding to public outcry in recent days, Agriculture Minister Giancarlo Galan has announced a 'crisis unit' is being set up to address the issue.

He has promised a package of requests will be sent to the EU to request exemptions from some of the rules. The regulation allows derogations from some of the rules if sufficient scientific evidence is presented to justify the request. Last Tuesday, Galan said he would also meet with sector representatives on June 9 to hear their concerns and discuss the best way forward.

The president of the Lega Pesca Union Ettore Iani, welcomed news of the meeting, describing it as "an important opportunity to re-launch

the entire fishing sector".

But MEP Guido Milana, the vice-chair of the European Parliament's Fisheries Committee and a member of the opposition Democratic Party, said Galan had ignored attempts to deal with the issue earlier.

"It is surprising that he has wrongly declared that no steps were taken before now to avoid this happening," said Milana, recalling that he had personally filed a written question on the issue in mid-March.

And AGCI Agrital, an association representing Italian fishing and farming cooperatives, said action could have been taken long before now.

The association's president, Giampaolo Buonfiglio, pointed out the regulation had been pending for seven years, having been the subject of extensive debate for three years before its approval in 2006. France, Buonfiglio recalled, was the only EU country not to vote in favor of it. Buonfiglio described the current media furore as "alarmism", saying there was "zero risk" of clams disappearing from Italian menus. Smaller quantities would probably become more common, he added, but this was no bad thing given that "excessive increases" in recent years had "contributed to the depletion of fish stocks".

He said Galan should instead focus on minimizing the inevitable economic impact on fishermen, which he said AGCI Agrital and other sector associations had been unsuccessfully lobbying him about for years.

Days Inn

Motta

Dott Stella

Tamoil

LEATHER AND METAL ARE THEIR UNIFORMS

By Giovanna De Gennaro

"Drummer looking for other metal musicians to "... jam with Tygers of Pan Tang, Diamond Head and Iron Maiden." The ad placed in 1981 by then-unknown drummer Lars Ulrich was answered by guitarist James Hetfield. Five months later one of the greatest heavy metal bands was officially formed. Metallica. The thrash metal band exploded on the heavy metal rock scene with their first album release Kill 'em All in 1983 and their message to the world was contained in their song Metal Militia from the same album, "Leather and metal are our uniforms!" Band leader and founder Lars Ulrich's passion for rock music began when in 1973 his father Toben Ulrich obtained five passes to a Deep Purple concert, but when one of Toben's friends couldn't go young Lars went along with his father. The nine-year old boy was in awe by the experience and the impact was a source of inspiration for the young man's future in music. The drummer who born in Denmark to an upper-middle class family was a talented tennis player, he moved to the United States at the age of seventeen to pursue his dream- become a tennis pro. He never became a tennis professional but turned to music instead by full-heartedly embracing a fulfilling a career in music.

Metallica was influenced by early hard rock and British heavy metal bands such as Led Zeppelin, Deep Purple, Judas Priest and Iron Maiden. Metallica's aggressive style, fast tempo and denunciatory lyrics are part of the thrash metal subgenre that characterizes the band.

Ulrich's distinctive fast thrash drum beats are featured in Metallica's early works, Metal Militia, Fight Fire with Fire, and Dyer's Eve. He pioneered the double bass drum techniques which have made him and the band influential elements among the heavy metal entourage. Metallica's early years' style is characterized by fast tempos, nine-minute instrumentals and harmonized leads. Many early themes explored by the band include, religion, insanity, monsters, rage, and military leaders. But over the years the band went through a change in style and lyrical themes abandoning its aggressive, fast tempos toward new themes such as anger and loss.

With a career that spans almost 30 years, 48 singles, 9 studio albums and 3 live albums, 28 music videos and 11 video albums, and recently an iTunes catalog release in 2009 that sold over 58 million records in the United States and 100 million records worldwide, and a record of being the only artist in history to have five consecutive studio albums debut at number 1 on the Billboard 200, to date Metallica is still at the top of its game. Still, the band has had its share of ups and downs throughout the years. The death of original bassist Cliff Burton in a 1986 bus accident left the grief-stricken members of the band wondering about the future of Metallica, but when they mutually agreed that Burton would have wanted them to move on they recruited another bassist among forty aspiring candidates. In 1984 guitarist Dave Mustane was kicked out of



the group, but the former Metallica bassist went on to form his own band - Megadeth. Metallica went through several bassists, the newest addition being bassist Robert Trujillo who joined them in 2003. Metallica's original members who are still with the band are James Hetfield and Kirk Hammet, and of course, Lars Ulrich.

Metallica surprised many fans when they teamed up with the San Francisco Symphony Orchestra conducted by Michael Kamen for a live, hybrid musical performance concert recorded on 21-22 April, 1999 at the Berkeley Community Theater. The idea of combining heavy metal with classical music was Hetfield's idea in memory of "Cliff Burton who loved classical music." The performance, "creates...sheer awesomeness...the performance succeeds...the monster numbers benefit from supersizing. The effect is one of timelessness." (Rolling Stone Magazine review January 2000).

In 2000 in one of the most controversial copyright violations Lars Ulrich filed a lawsuit against the online file sharing service Napster for copyright infringement and racketeering. Ulrich initially discovered that a demo of the song I Disappear, which had not yet been released, was receiving radio airplay on the peer-to-peer Napster file-sharing network. After a thorough investigation it was discovered that Metallica's entire catalogue was being freely distributed and downloaded on the web. Napster lost the case which was settled out of court and over 300,000 Napster users were banned from using the service. Napster declared itself bankrupt in 2002.

In 2004 Paramount Pictures released Some Kind of Monster, a documentary about Metallica's personal relationships with each other, their struggles and challenges along with footage from concerts and rehearsals for their 2004 album St. Anger. For the most part the movie received a positive reception from fans and critics, it was perceived as a, "Fascinating behind-the-scenes look at how Metallica survives one of their more turbulent periods." Four years before the release of Some Kind of Monster the 2000 version of Mission Impossible featured a song by Metallica in the movie. Metallica and The Big Four thrash metal bands Metallica, Megadeth, Slayer and Anthrax will be "joining together to take on the world with our heavy metal" on a European tour with seven Sonisphere Big Four shows this summer. For those who can't make it the event will be televised worldwide via satellite on 22 June 2010 live from Sofia, Bulgaria. The event will be transmitted live in over 350 theaters across Europe, Canada and Latin America, and over 450 movie theaters in the U.S. In Metallica's own words, "Spreading the message to everyone here, come let yourself go...It's my world now!"



MEDUSA



A Stone's Throw

A weekend in Egypt

Article and photos by
Lt. Matt Knight,
NAS Sigonella
Public Affairs Officer

Egypt is the land of legend filled with mystique and ingrained with thousands of years of history predating nearly all written records.

To visit Egypt is to glimpse back in time at one of the most impressive civilizations that has ever existed. Using some careful planning, and/or a good travel agent, seeing this amazing place is possible over a three-day weekend and is worth every second and cent.

Site: As part of our extended travel locations, Egypt is a solid five stars with things to see that cannot be equaled anywhere else. Any visit to Egypt must include a visit to the pyramids, the Sphinx and the Museum of Egyptian Antiquities in Cairo. The

sheer scale of the Pyramid of Khufu, also known as the "Great Pyramid," is breathtaking and a visit to its interior gives a glimpse at the unparalleled precision that went into its construction. The slightly smaller Pyramid of Khafre, which still has some of its original limestone outer stones near the pinnacle, allows one to imagine what the pyramids must have looked like before thousands of years of desert sands and pilfering stripped them away. Situated directly to the East of the Pyramid of Khafre is the Sphinx, a cat like monument with the face of a pharaoh. It is highly recommended that a tour company is used to visit the different sites because each one is highly regulated by the "Tourism Police" which regulate vehicle access around the Pyramids. At the Pyramid of Khufu you can purchase a pass to see all the pyramids and the Sphinx for around

\$10. If you want to see inside the Pyramid of Khufu you must show up early because only 150 special access passes, at about \$20 apiece, are issued each day on a first come first served basis and are separate from the general access passes. The Museum of Egyptian Antiquities in Cairo contains everything from real mummies to the much publicized funerary items of "King Tut" and could keep an enthusiast busy for days exploring the treasures inside. The only big drawback is that there is no photography allowed inside and only allowed in the outer courtyard. A few guidelines for touring Egypt: The water in Egypt is not potable, do not drink it and either bring or buy bottled water. A general rule is to stay in a four or five star rated hotel for safety and ease of travel. Exchange at least a hundred dollars for Egyptian pounds because many of the tour sites only

accept local currency. However, most local vendors are more than willing to accept dollars on an exchange rate which is in their favor. Euros are not widely accepted. Part of the Egyptian culture is to ask for tips for everything. If someone at the pyramids offers to take your picture they will demand a tip after doing so and use your camera as collateral. Wear closed toe shoes at the Pyramids, especially if you want to go inside because some climbing is involved and the desert sand is everywhere.

Family Friendly: Cairo and Giza are ancient, gritty and wonderful cities, but not completely designed for families, which is why a two star rating is given. Families with small children can make the trip work, but not without some difficulty as many of the sites are not designed for them.

Accessibility: A quick trip to

Egypt is extremely accessible and a five star rating if you arrange your trip through a travel agent like Angie's Travel on NAS I, the trip includes a direct flight on Egyptair from Catania to Cairo and a pre-staged tour with a guide is included. However, even though attempting to see all the sites around Cairo on your own is possible, it significantly increases the difficulty and would make the trip a two or three star rating.

Travel time: The Egyptair direct flight from Catania to Cairo took about three hours and as an extended trip is a midrange giving it a four star rating. The sites surrounding Cairo and Giza can be seen in a day but keep in mind that Cairo and Giza have about 18 million residents and the city is very spread out making some transits 20 to 30 minutes long.



The Mohamed Ali Mosque is a very interesting structure that stands on the highest point inside the courtyard of the Citadel of Saladin, and is also called the Alabaster Mosque. The Mosque was built for Mohamed Ali, the ruler of Egypt from 1805 until 1849.



The Khan el Khalili bazaar is a well-known market that sells everything imaginable from spices and teas, to toys and sporting goods.

Moroboshi

Milici

Verden



The Pyramid of Khufu, also known as the "Great Pyramid" is the only remaining structure of the Seven Wonders of the Ancient World. The pyramid is massive, measuring 230 meters on each side and 146 meters high and is constructed of limestone.



The Sphinx at the Giza Plateau is the largest sphinx figure in the world, with a length of 45 meters and was cut entirely from one piece of stone.



A local vendor gives a demonstration on how ancient Egyptians made papyrus paper for scrolls and art work. The art of papyrus paper making is one that is still practiced in boutique shops throughout Egypt and makes wonderful souvenirs.



The Great Pyramid of Khufu and the Pyramid of Kafre are two of the largest remaining pyramids in the world. Originally, both were covered in white limestone, but over the centuries it has been removed with only the top of the Pyramid of Kafre remaining covered.



Camel rides are available from the scenic outlook outside of the pyramids to the Pyramid of Menkaura, the smallest of the three large pyramids, and are a unique way to get a close view of them.

REVIEW SUMMARY

Site:



Family Friendly:



Accessibility:



Travel Time:



These ratings are out of five stars, and are the opinion of the Signature staff and in no way constitute a professional travel review. If you have comments or questions on this review contact: thesig@eu.sicily.navy.mil



Do you have a passion for writing or are you looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440.

GOT SHOES??

Did you know that last year alone, Americans discarded more than 300 million pairs of shoes?!? Sadly, this is the EXACT number of children worldwide who live each day without any shoes at all. That is nearly 16% of the world's population of children!

Sigonella's Girl Scouts, in collaboration with the charitable organization SOLES4SOULS, are conducting a base-wide shoe drive from May 22nd – June 12th. Since 2005, Soles4Souls has given away over 7 million pairs of new and gently worn shoes! The shoes have been distributed to people in over 125 countries, including Kenya, Thailand, Haiti and the

United States. Currently, Soles4Souls distributes one pair of shoes every 9 seconds! Please support the Girl Scouts and join in our effort as we hope to follow Soles4Souls' motto, "changing the world, one pair at a time." Take this opportunity to do some spring cleaning and empty out your family's closets. We will accept any type of gently worn shoes – children's or adults'. Look for donation receptacles throughout base, or drop off shoes directly at the Matella's House 2302 B Sigona, Marinai. Point of Contact: Kristen Matella 624-1466 OR kristenmatella@yahoo.com.



Do you have a passion for writing or are you looking for a little experience in journalism? Do you ever read the stories here and think you'd like to add to our growing archive of travel articles? Does your command have something special going on that you think deserves to be in the paper? If so, The Signature is looking for you! We are seeking volunteers to help cover base-wide events as well as feature stories. If this sounds like an opportunity you would be interested in please call the Public Affairs Office at 624-5440.

<i>Ristorante Bella Etna</i>	
11	<p>*Breakfast: Rolled Oats, Grilled Sausage Patties, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Cinnamon Rolls.</p> <p>*Lunch: Chicken Corn Chowder, Tempura Fish, Beef & Broccoli, Paprika Buttered Potatoes, Glazed Carrots, Fried Okra, Spiced Cake w/ Frosting, Crisp Drop Cookies.</p> <p>Speed line: Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes, RIKPAK.</p> <p>*Dinner: Chicken Noodle Soup, Baked Fish, Grilled Steaks, Tossed Green Rice, Corn O'Brien, Lima Beans, Spiced Cake w/ Frosting, Crisp Drop Cookies, RIKPAK.</p>
12	<p>*Breakfast: Farina, Grilled Ham Slices, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Buttermilk Pancakes, Asstd Doughnuts, Crumb Cake.</p> <p>*Brunch: Breakfast Items, Creole Soup, Teriyaki Chicken, Fried Rice, Steamed Broccoli, Calico Corn, Cherry Pie, Abracadabra Bars.</p> <p>*Dinner: Vegetable Soup, Baked Lasagna, Jaegerschnitzel, Steamed Rice, Seasoned Asparagus, Steamed Cauliflower, Garlic Bread, Cherry Pie, and Abracadabra Bars.</p>
13	<p>*Breakfast: Rolled Oats, Grilled Minute Steak, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast Puff, Asstd Doughnuts, Italian Croissant.</p> <p>*Brunch: Breakfast Items, Puree Mongole Soup, Cheddar Chicken Broccoli, Fishwich Sandwich, Onion Rings, Eggplant Rataouille, Southwestern Rice, Club Spinach, Almond Cake, Crisp Toffee Bars.</p> <p>*Dinner: Chicken Vegetable Soup, Sauerbraten, Mustard Dill Baked Fish, Spring Garden Rice, Mashed Potatoes, Natural Pan Gravy, Steamed Cut Green Beans, Seasoned Carrots, Almond Cake, Crisp Toffee Bars.</p>
14	<p>*Breakfast: Hot Hominy Grits, Minced Beef on Toast, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Streusel Coffee Cake.</p> <p>*Lunch: Creamed of Broccoli Soup, Roast Beef, Lemon Baked Catfish, Steamed Rice, Mixed Vegetables, Eggplant Parmesan, Yellow Cake w/ Icing, Fruit Ambrosia.</p> <p>*Speed line: Assorted Pizza, RIKPAK</p> <p>*Dinner: Mulligatawny Soup, Cajun Meatloaf, Grilled Chicken Breast, Rice Pilaf, Brown Gravy, Peas & Onions, Corn on the Cob, Yellow Cake w/ Icing, Fruit Ambrosia, RIKPAK.</p>
15	<p>*Breakfast: Hot Farina, Oven Fried Bacon, Sausage Patties, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Biscuits and Gravy, Asstd Doughnuts, Streusel Coffee Cake.</p> <p>*Lunch: Chicken Vegetable Soup, Roast Turkey, Braised Beef Cubes, Steamed Rice, Mashed Potatoes, Turkey Gravy, Carrots and Orange Amandine, Club Spinach, Fruit Cocktail Upside Down Cake, Chocolate Chip Cookies.</p> <p>*Speed Line: Assorted Pizza, RIKPAK.</p> <p>Dinner: Zesty Bean Soup, Baked Stuffed Fish, Baked Lasagna, Orange Rice, Southern Greens, Seasoned Mixed Vegetables, Fruit Cocktail Upside Down Cake, Oatmeal Cookies, RIKPAK.</p>
16	<p>*Breakfast: Rolled Oats, Creamed Ground Beef, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Blueberry Pancakes, Asstd Doughnuts, Bear Claws.</p> <p>*Lunch: Beef Rice Soup, Baked Fish w/ Cherry Tomato Sauce, Honey Ginger Chicken, Garlic Cheese Potatoes, Rice Pilaf, Eggplant Parmesan, Brussels Sprouts Polonaise, Cheese Cake, Chocolate Pudding.</p> <p>*Speed Line: Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes, RIKPAK.</p> <p>*Dinner: Cream of Chicken Soup, St. Louis BBQ Pork Ribs, Tortellini, Steamed Rice, Greens Beans Nicoise, Steamed Peas, Cheese Cake, Chocolate Pudding, RIKPAK.</p>
17	<p>*Breakfast: Hominy Grits, Corned Beef Hash, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Raisin Muffins.</p> <p>*Lunch: Corn Chowder Soup, Roast Pork, Chinese Five Spice Chicken, Mashed Potatoes, Brown Gravy, Steamed Rice, Seasoned Carrots, Asparagus, Peanut Butter Cookies, Cherry Pie.</p> <p>*Speed Line: Assorted Pizza, RIKPAK.</p> <p>*Dinner: Minestrone Soup, Salisbury Steak, Baked Fish, Ginger Rice, Mexican Corn, Steamed Broccoli, Cherry Pie, Peanut Butter Cookies, RIKPAK.</p>
18	<p>*Breakfast: Hot Oatmeal, Grilled Sausage Links, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Cinnamon Rolls.</p> <p>*Lunch: Cream of Potato Soup, Beef with Broccoli, Baked Fish, Tempura Fish, Tossed Green Rice, Seasoned Mix Vegetables, Summer Squash, Oatmeal Raisin Cookies, Chocolate Cake, Vanilla Pudding.</p> <p>Speed Line: Grilled Hamburger/ Cheeseburger, French Fried Potatoes, Baked Beans, RIKPAK.</p> <p>*Dinner: French Onion Soup, Oriental Pepper Steak, Grilled Chicken Breast, Steamed Rice, Spinach, Cauliflower Polonaise, Oatmeal Raisin Cookies, Chocolate Cake, Vanilla Pudding, RIKPAK.</p>

Navy Federal

ON THE GO WITH MWR



Hey, Sigonella... Where's the geep?

Find it and win a great prize!

Clever scavengers and detectives of all ages should be on the lookout from Tuesday, June 15 to Wednesday, June 30, as Morale, Welfare, and Recreation (MWR) puts your skills to the test! Use our daily clues to find the missing geep and win a great prize. Clues will be posted in MWR facilities, updated on MWR Sigonella's Facebook page, and announced on AFN "The Eagle" on weekday mornings. Contest details and inquiries can be obtained at MWR facilities or by contacting the MWR Community Activities Office at 624-4941.

BINGO Fun at Connections

Come in and enjoy some Bingo at Connections on NAS I on Monday, June 14. Sign-ups start at 4:30 p.m. for play at 5:30 p.m. Cost is \$10 per seat and extra cards and dobbers available for purchase. Play for prizes. For more info call 624-4264.

MIDTOWN MOVIE THEATERS

SCHEDULE & DESCRIPTIONS



Friday, June 11

5:00pm The Last Song PG
5:30pm The Back Up Plan PG-13
PREMIERE
7:00pm Kick-Ass R
7:30pm Death at a Funeral R

Saturday, June 12

2:00pm Shrek Forever After PG
2:30pm Prince of Persia: Sands of
Time PG-13
4:30pm The Losers PG-13 PRE-
MIERE
5:00pm Date Night PG-13
6:30pm Hot Tub Time Machine R

Sunday, June 13

2:00pm The Back Up Plan PG-13
2:30pm The Losers PG-13
4:00pm The Ghost Writer PG-13
4:30pm Why Did I Get Married Too
PG-13
6:30pm Death at a Funeral R

Tuesday, June 15

5:00pm The Back Up Plan PG-13
5:30pm The Losers PG-13
7:00pm Date Night PG-13
7:30pm Kick-Ass R

Wednesday, June 16

5:00pm Robin Hood PG-13
5:30pm Clash of the Titans PG-13
7:30pm Death at a Funeral R
8:00pm Hot Tub Time Machine R
LAST SHOWING

Thursday, June 17

12:00pm Alice in Wonderland PG
FREE
12:30pm Percy Jackson: Lightning
Thief PG FREE
3:00pm Prince of Persia: Sands of
Time PG-13
5:00pm Shrek Forever After PG
5:30pm The Ghost Writer PG-13
LAST SHOWING
7:00pm Death at a Funeral R

Friday, June 18

5:00pm The Back Up Plan PG-13
5:30pm Date Night PG-13
PREMIERE PARTY! 6:00 - 8:00
8:00pm Sex and the City 2 R PRE-
MIERE

WHY DID I GET MARRIED TOO- Tyler Perry, Sharon Leal, Janet Jackson, Malik Yoba, Jill Scott

Gathered together in the Bahamas for their annual one-week reunion, four close couples eagerly reconnect, sharing news about their lives and relationships. (121 min.)

KICK-ASS- Aaron Johnson, Christopher Plasse, Mark Strong, Chloe Moretz, Nicolas Cage

Dave Lizewski, a comic-book fanboy, decides to take his obsession as inspiration to become a real-life superhero. As any good superhero would, he chooses a new name -- Kick-Ass -- assembles a suit and mask to wear, and gets to work fighting crime. There's only one problem standing in his way: Kick-Ass has absolutely no superpowers. His life is forever changed as he inspires a sub-culture of copy cats, is hunted by assorted violent and unpleasant characters, and meets up with a pair of crazed vigilantes, including an 11-year-old sword-wielding dynamo, Hit Girl and her father, Big Daddy. (117 min.)

SEX AND THE CITY 2- Sarah Jessica Parker, Kim Cattrall, Kirsten Davis, Cynthia Nixon, Chris North

The fun, the fashion, the friendship: "Sex and the City 2" brings it all back and more as Carrie, Samantha, Charlotte and Miranda take another bite out of The Big Apple--and beyond--carrying on with their busy lives and loves. What happens after you say "I do"? Life is everything the ladies ever wished it to be, but it wouldn't be "Sex and the City" if life didn't hold a few more surprises--this time in the form of a glamorous, sun-drenched adventure that whisks the women away from New York to one of the most luxurious, exotic and vivid places on earth, where the party never ends and there's something mysterious around every corner. It's an escape that comes exactly at the right moment for the four friends, who are finding themselves in--and fighting against--the traditional roles of marriage, motherhood and more. After all, sometimes you just have to get away with the girls. (147 min.)

HOT TUB TIME MACHINE- John Cusack, Rob Corddy, Craig Robinson, Clark Duke, Chevy Chase

A group of best friends have become bored with their adult lives: Adam has been dumped by his girlfriend; Lou is a party guy who can't find the party; Nick's wife controls his every move; and video game-obsessed Jacob won't leave his basement. After a crazy night of drinking in a ski resort hot tub, the men wake up, heads pounding, in the year 1986. This is their chance to kick some past and change their futures - one will find a new love life, one will learn to stand up for himself with the ladies, one will find his mojo, and one will make sure he still exists! (99 min.)

ROBIN HOOD- Russell Crowe, Cate Blanchett, William Hurt, Mark Strong, Mark Addy

In 13th century England, Robin and his band of marauders confront corruption in a local village and lead an uprising against the crown that will forever alter the balance of world power. (148 min.)

CLASH OF THE TITANS- Sam Worthington, Gemma Arterton, Mads Mikkelsen, Alexa Davalos, Jason Flemyng

Born of a god but raised as a man, Perseus volunteers to lead a dangerous mission to defeat Hades before he can seize power from Zeus and unleash hell on earth. (110 min.) DATE NIGHT- Steve Carell, Tina Fey, Mark Wahlberg, Taraji p Henson, Jimmi Simpson
Phil and Claire are a loving couple with two kids and a house in New Jersey. They have their weekly date night an attempt at re-experiencing the spice of yesteryear, involving the same weekly night out at the local Teaneck Tavern. Forced on the run before they've even finished their risotto, Phil and Claire soon realize that their play-date-for-parents has gone awry, as they embark on a wild and dangerous series of crazy adventures to save their lives--and their marriage. (88 min.)

SCHEDULE IS SUBJECT TO CHANGE,
PLEASE CALL TO CONFIRM MOVIE
SHOWINGS.
MOVIE HOTLINE:
624-4248

For more information on MWR's
programs and services, call 624-3968.

For more information on MWR's programs
and services, call 624-3968.

Orange Grove Fun Run

End the week outdoors



Runners enjoying themselves on the first, MWR organized Orange Grove Fun Run.

Take your running outdoors and on the dirt with the Orange Grove 5k Fun Run on Friday, June 18. Registration is open until Wednesday, June 16 at Fit District or Flight Line Fitness Center. Check in is at 6:45 a.m. at the NAS I Post Office/Youth Center Parking Lot; look for the pop-up tent. Run starts at 7:30 a.m. Sorry, no strollers or baby joggers permitted. For more information call 624-4483.

Midtown 2 Theaters presents a "BIG" night!



The "BIG" night is only days away so break out your fabulous New York cosmopolitan and make your entrance a memorable one at the Ladies Night Sex and the City 2 Premiere Party on Friday, June 18 from 6:30 to 8 p.m. in the Midtown Atrium. The all access pass is \$5 and includes premiere party and movie showing at 8 p.m. Tickets available for purchase on Tuesday, June 15 at Noon at Midtown 2 Theaters and Take 5 Recreation Center. Limit 4 tickets per person for purchase. For more information call 624-4216.

Carwash opens this week!

Come by on Wednesday, June 16 at 9 a.m. for the official ribbon cutting and grand opening of the Carwash located at MWR's Auto Skills Center on NAS II. The winner of Name that Carwash Contest will be

announced. The carwash will be open 24 hours/7 days a week. The carwash takes US Quarters and \$1/\$5 bills only. For more information call 624-5244.



Energy continued from page 2

depending on the flavor. "Tilt" is advertised as a premium malt beverage and an energy drink. "Joose", also a malt beverage advertised as above, contains caffeine, taurine, ginseng and 9 to 10% alcohol in a 23 ounce

can. "Sparks" has the same ingredients as above with 6 to 7% alcohol depending on the serving size. Their low calorie choice may seem like a smart choice, but think again. "3 Sum", "Four", "Rockstar", "Twenty-one", "24/Seven", "Liquid Charge" and "Torque"

also have similar ingredients and alcohol as above and should be consumed with care and recognition for what it truly is, not what it is advertised to be. So buyers beware Sigonella. Be safe and make informed choices that bring you home alive and well.

DeNiro continued on page 12

characters ever brought to the big screen: the disturbing Travis in Taxi Driver, the self-destructive boxer Jake LaMotta in Raging Bull, psychopathic Max Cady in Cape Fear, the ruthless and melancholy criminal Neil in Heat. Even his Frankenstein, in Kenneth Branagh's 1994 film, stands out for his humanity and compassion, like Satana in Angel Heart, a showcase for his natural charm and acting skill. A new foundation joins the Taormina Film Fest in 2010, underlying the role of the city of Taormina as crucial cultural crossroads of Mediterranean culture. The Fondazione Roma Mediterraneo, chaired by Avv. Prof. Emmanuele F.M. Emanuele, presents the Fondazione Roma Mediterraneo Award for Dialogue Between Cultures presented in association with The Hollywood Reporter. Recipient of this year's award on June 18, the festival's closing night, will be Emir Kusturica, a major international director whose films underscore the complexity of the confrontation between different cultures. Emir Kusturica will be present for the entire duration of the festival and will hold a Master Class, preceded by the screening of two rare early films, The Brides Are Coming and Titanic. Tickets can be bought at the following venues: Taormina Arte Ticket's Office at the Congress Palace; the TicketOne's Resellers in Italy (call the number +39 892.110 or visit the website www.ticketone.it, link resellers); the Box Offices' Resellers in Sicily (info: +39 095 7225340); Online www.ticketone.it and www.boxoffice.it Prices screenings at the Ancient Theatre are as follows: Numbered Stalls Seats € 12.00. The entrance of the screening on June 16 is free. Circle Seats € 7.00. Prices are inclusive of booking fee. For more information visit <http://www.taorminafilmfest.it/home.asp?lang=1&an=10>

U.S. bases in Italy enjoy support of locals, says high court

(Story by ANSA)
 Rome - Two American military bases in Italy have been authorized by the government and enjoy the support of the local Italians, the country's Supreme Court said on Friday, upholding a sentence against 'no global' activists who contested a facility near the northern city of Vicenza. The Court of Cassation - the last rung in Italy's three-tiered judicial system - said the Vicenza base and another at Camp Darby near Pisa were "certainly not seen by the majority of locals with hostility or aversion, in keeping with the traditional friendship and shared feelings between the United States and Italy". Confirming a guilty verdict by two other courts, it said that no global activists who in 2003 occupied train tracks to block armaments being sent to the Vicenza base had disrupted a public service and possibly endangered passengers' lives.

Want to find the right way to health?

Healthy & Fit!

"Healthy & Fit" is a 4-week program to assist you with nutrition & weight management.

The one-hour class is accompanied with sessions about :

- ✓ commissary shopping
- ✓ relaxation techniques
- ✓ physical activity
- ✓ cooking

Wednesday's
 June 23 - July 14
 10:30 to 12:00
 Midtown Classroom

Contact Health Promotion and reserve your seat today!
 Call 624-4710 or email paola.klein@med.navy.mil

Eno

ENO

Mangolia

Mammuth

New Place

Master Sport

BRAIN TEASERS

Sudoku Rules

Rows

Every row must contain the numbers 1-9. There may not be any duplicate numbers in any row.

Columns

Every column must also contain the numbers 1- 9. Again, there may not be any duplicate numbers in any column. Each column will be unique as a result.

Regions

A region is a 3x3. There are 9 regions in a traditional Sudoku puzzle.

Every region must also contain the numbers 1-9. Duplicate numbers are not permitted in any region. Each region will differ from the other regions.

2	1					6		8
8							1	
6			8	9		4		
				3	8			
	5				2	7		
3	6		7				9	2
			3	7			5	
						1	6	9
		4		2	6			

Oxidana

			4	9		8		3
7								
8		5			1	9	6	
2	6		8			4		1
	4		2				5	
		1	3		9			
1	7				2			9
				7	4	1		2
		9		6		5	3	

Stampa

Alphio

Il Mercato

All classified ads are free to the community. Their intent is for advertising personal property for sale, trade or giveaway. No commercial ads will be accepted. Ads run for two weeks. Classified ads are due no later than 5 p.m. of the Friday before the week of publication. For more information, call 624-5440 or 095-86-5440. Requests for commercial classifieds must be made to Stampa Generale at 081-568-7884. Send Il Mercato advertisements to thesig@eu.navy.mil

AUTOMOBILES

2006 Chrysler Pacifica Touring 3.5V6 Silver, perfect condition, 3rd row, no smoking, one owner, 67k miles, new tires, new brakes. Asking \$15,000. Call Julie at 3923335803 or 3923308898

For sale 2004 Fiat Stilo SW MultiJet JTD 1900 cc 16 v/6 speed full optional. Asking \$ 5800 or Best Offer. Contact 328 6580072 ask for Francesco.

2007 Chrysler Pacifica, automatic. Worth \$12k plus in fair condition, but needs approx \$5k work. \$3,000. If interested, call 624-0212 after 1800 or 346 687 2082 during the day for more info.

1995 Fiat Brava, four door, hatch back, manual. Blue, a/c, good condition. \$2,800. Call 624-0212 after 1800 or 346 687 2082 during the day.

Alfa Romeo, 1994 in good shape, Great tires, Reliable, Just tuned up, \$1800 or best offer. Also have two American propane

tanks for BBQ to give away, free. Call: 624-5582/1248, Cell: 335-840-7370, ask for Chuck

1999 Renault Megane - PCS SOON-NEED TO SALE NOW! 4 door sedan, all new tires replaced May 2010, power door locks, power front windows, cold A/C, air bags, alarm, CD player, new battery in 2009, great gas mileage. \$3200 OBO. To view, call Andrew at 624-1222-Leave message.

1991 Mercedes 200CE: Manual, A/C, Very clean, Very reliable, Good condition with normal wear, All maintenance records available, 124,000 Kilometers (77K miles). Yours for \$3,500.00 Call Mike @ 340-942-8834.

1986 Volkswagen Golf GL Convertible! Must sell! Runs great! \$2500 or best offer. Blue books around \$3500. Great island car, especially during the summer when you can just leave the top down all the time. Any reasonable offer won't be

refused. Can even take it back to the states if so desired with no conversion costs. call 345 377 5951.

2001 Toyota 4-Runner SR-5. Perfect SUV to explore Sicily. Dependable. Only 88,000 miles. Automatic transmission, 2 wheel drive, Alpine sound system with subwoofer, power sunroof, tow package. Available now. Selling at Blue Book for \$9,635. Call Chris at: 335-763-0811.

1997 FIAT cinquecento - 5 speed manual, new tires, power door locks, power front windows, cold A/C, great mileage. \$ 2400 O.B.O. To view call Francesco 3382624357.

Black 1997 BMW 318i - 4 door, 5 speed, 123,650 km. New windshield, radiator, water pump, climate control unit and FSU. Ice Cold A/C, CD/Radio, Power windows (front) and power locks. \$5,500. Available 25 June 10. Contact Jack at 1391(H) / 6490(W).

2001 bmw 318i, 4 dr, 4 cyl, great on gas, 127,000 KMs, new rotors, front brakes, O2 sensor, cam position sensor, internal combustion valve and spark plugs. Power windows, power locks, air conditioning, CD changer, safety inspection complete. Asking \$9500.00 OBO. Contact John weekdays at 624-5441 evenings and weekends 624-1375

2007 OPEL ZAFIRA People mover- 7 seats. Diesel power- 6 speed, manual transmission. 40,000 km. Great mileage- about 45 mpg highway and averages 28 mpg. Available mid June. Taxes paid through October. \$14,000. Roof bars and large roof box included. Call Rob at 095 791 6196.

FOR SALE

Pro-Form 650v Treadmill. 220v only. 350 euro. For more information call 335-193-8846

SOCCER JERSEY COLLECTION OVER 40 TO CHOOSE FROM TOO MANY TO LIST

\$15.00 EACH. BUY 6 GET 1 FREE CONTACT KELVIN @346-574-6528 For Sale - Cell phone, red, w/TIM sim card. Paid \$200, will sell for \$75. Available only until June 8. Email lloydandjo@gmail.com or call 331-408-1029.

Trek 2200 Road Bike: Like New. Kept in storage, barely ridden. Carbon forks and seat post. Shimano and Bontrager components. 25 in frame. Incredibly Lightweight and Competitive. Bought for \$1750. Yours for \$750. Call Mike @ 340-942-8834

Utility/motorcycle trailer \$650.00. Mig welder \$300.00 220 VAC works great. Work bench drill press and grinder \$50.00 both work great 22 VAC. Living room fire place/heater, 220 VAC \$50.00. Set of four BMW 16 wheels, two in good condition two in fair condition \$50.00. Contact Mitch at 345-857-4078 or 624-0236.

Vodafone Internet Key: Includes original packaging and SIM chip. Easily setup up by Vodafone reps at the NEX. Price New: \$85. Yours for \$50. Call Mike @ 340-942-8834

BEDROOM SET. Includes dresser with

Anyone interested in sending ads via email should leave a phone number and point of contact name at thesig@eu.navy.mil. Ads run for two weeks on a space available basis and must be sponsored by active duty military members, family members or Italian/American base employees. Ad must be 40 words or less and typed in regular upper case, lower case format. *The Signature* does not accept ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. AFRTS/AFN decoders must be sold only to another authorized individual: active duty or retired U.S. military, DoD direct-hire employees, and their spouse. If someone would like these types of services in *The Signature*, call Stampa Generale @ 081-568-7884.

Sophy

Volcano

Carlitos

Calvary

Nero di Cenere

Volcano

attached mirror, 2 night stands and a queen size bed frame/head board, matching comfortable mattress and box spring. asking \$900.00 for complete set only, call Chris @ 348-298-9452 or 624-5970.

P E T S

FREE Hamster to Go Home: Have to give away due to moving back to the States. Comes with cage, bedding, dish, play wheel and food. Contact: Adie Moore at 624-4370.

Free, playful, one-month old male kitten is looking for a home. He is black with white spots. A real people-kitten. Please call only if you're a real animal lover and plan to take your pet with you when you PCS. Call 624-3163 or cell 340-926 4550

Moving, can't take with us, Free Chocolate Lab chipped/neutered with shots. Comes with everything you would need, including the crate. Fully house trained and crate trined. Good w/ kids, we have a three year old and have never had a problem will pay \$100 re-homing fee call 3458596906

Pantellaro

Casablanca

Sophy

Joes

H&R

Class

JFC