



Local Rotary Clubs visits Patron Sigonella

Article by Lt. Ray Gambel
Patron Sigonella

On Sunday, 20 April, Patron Sigonella provided a P-3C Orion Static display to over 70 Rotarians and family members from Niscemi and Vittora, Sicily. The group was hosted by NAS Sigonella and the 41st Stormo. A member of the tour group was actually an American exchange student from North Carolina, who provided translation assistance.

The Patron Sigonella hangar was one of many stops of the daylong tour of Naval Air Station Sigonella. While at the hangar, the enthusiastic group learned about the wide variety of missions that the P-3 crews conduct out of Sigonella, including maritime patrol and anti-submarine war-



fare. Patron Sigonella flies in support of NATO and Comsixth Fleet's Operation Active Endeavor and numerous multi-national and NATO exercises throughout the Sixth Fleet area of responsibility.

The group was welcomed by Cmdr. Pete Garvin, Commanding Officer, and given a capabilities brief and tour of one of the aircraft. Patrol Squadron Eight, which is based in Brunswick, Maine, is currently providing the command element responsible for Patron Sigonella. The "Fighting Tigers" of VP-8 are joined by personnel from the VP-5 "Mad Foxes", VP-10 "Red Lancers", and the VP-45 "Pelicans."

The group departed the hangar and continued their base tour with a better understanding of the importance of the US Navy's Maritime Patrol Aircraft's role in the Mediterranean.

Relief Society Honors Volunteers at Luncheon

Article and photo by MCSA Jonathan Idle
Signature Staff



Roni Nocon, along with Capt. Tomas J. Quinn present the awards to the volunteers of the Navy-Marine Corps Relief Society.

Staff and volunteers from the Sigonella Navy Marine Corps Relief Society gathered to honor volunteers at an "Academy Award" themed luncheon Thursday April 24 at Ristorante Bella Etna here.

More than 40 volunteers were presented with awards by Capt. Thomas J. Quinn and members of the NMCRS in an "Oscar" style award presentation.

The awards show was organized by a hospitality team consisting of paid workers and volunteers as part of National Volunteer Appreciation Week.

The hospitality team gets together every month to think up creative ways to honor the local NMCRS volunteers.

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Sigonella County Fair

Friday, May 9 - Saturday, May 10

MWR Marketing

County Fair Comes Soon

New Theme, New Location, New Fun!

Article and artwork by Jenni James
MWR Marketing

Attention NAS Sigonella, mark your calendars for the second annual Morale, Welfare and Recreation spring fest! This year, the festival has a new theme, new location, and new fun! The community, along with up to six guests sponsored by each U.S. ID cardholder, are invited to the Sigonella County Fair, from 3 p.m. to midnight, May 9 and 10. Parking will be available at the Land Annex and the parking lots to the right as you come in the NAS I main entrance.

This year, the event is in a new location on NAS I, in the Midtown Piazza and CDC parking lots, to enable the expansion of more carnival-type fun! This area will house the main stage, information, craft, and vendor tables; command food and beverage booths, traditional carnival games with county fair type prizes, carnival rides,

Ferrari go-karts, and more.

MWR Fitness will kick off the county fair with the annual America's Kids fun run. Sign-ups begin at 3:30 p.m. in the Midtown Piazza and the run starts at 4 p.m. on May 9. No pre-registration is required and participants will earn 100 FitFactor points as well as a t-shirt while supplies last.

This year, MWR has invited Ferrari Go-Karts to set up a course in the CDC parking lot for children and adults. Ferrari will provide information on their Go-Kart training school available on island. Child & Youth Programs (CYP) will host Skatapalooza at 4 p.m. May 10, at Grinderz Skate Park. The teens have invited adults ages 18 - 29 to show off their skateboard or in-line skate talents. The

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WEATHER UPDATE	May. 2	May. 3	May. 4	May. 5	May. 6	May. 7	May. 8
	H:84F L:62F	H:80F L:57F	H:80F L:58F	H:79F L:59F	H:78F L:54F	H:77F L:59F	H:73F L:58F

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Skin cancer is the most common form of cancer in the United States. The two most common types of skin cancer-basal cell and squamous cell carcinomas-are highly curable. Find out what you can do to help prevent yourself against this disease		Master Chief Petty Officer of the Navy (MCPON) (SW/FMF) Joe R. Campa Jr. has made his expectations of the Navy's first class petty officer community a public priority of his the last six months. Take some time to find out what he is looking for from the first classes.	Preparing for another military move can immediately launch some individuals into "crises management" mode. Proper preparation for relocation can be a less stressful event when you take advantage of the resources that are available for you at your Fleet and Family Support Center.	The DoDDS-Europe System held their annual Honors Music Festival comprised of a one-week seminar followed by a performance in Weisbaden, Germany March 16-21. Each year this festival is held to give DoDDS-Europe students a chance to practice and perform in an honors music program	In one of Catania's main arteries are the Roman theatre ruins. Throughout examination of the materials and the techniques of construction, archeologists determined that the theatre was built between the I and II century B.C. Its purpose was to perform, to teach, and to entertain.

INSIDE	Direct Line	Navy News	Community Calendar	MWR Corner	Il Mercato
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TRAFFIC NUMBERS			
	Jan.- May. '08	Jan.- May. '07	Diff.
Accidents	105	88	+17
Injuries	16	6	+10
DUIs	5	1	+4
Traffic Deaths	2	0	+2

PLEASE,
DON'T BECOME
A STATISTIC!

DIRECT LINE

NASSIG COMMANDING OFFICER CAPT. THOMAS J. QUINN

This year we celebrate a very special anniversary in May 2008 marking the 100 year anniversary of the creation of the female Nurse Corps in the United States Navy.

Additionally, on a National level, next week is recognized as National Nurses Week, with this year's theme being, "Nurses: Making a Difference Every Day."

The National Nurses Week, week-long celebration starts May 6th, known as National Nurses Day, and concludes May 12th in honor of the founder of modern nursing, Florence Nightingale's birthday. This week gives us the opportunity to thank those men and women who

currently serve side by side with Sailors, Marines, and civilian non-government health care providers at home and deployed around the world.

The Navy formally accepted the first twenty female nurses in May 1908. These women became known as "The Sacred Twenty" and became representatives of one of the few professions at that time that were open to their gender. Navy Nurses gradually expanded their number to 160 on the eve of World War I and in addition to normal hospital and clinic duties, were active in training nurses in U.S. overseas bases and the Navy's male enlisted medical personnel.

Since the creation of the Navy

Nurse Corps, there have been numerous accomplishments and distinctions; from the dynamic career of nurse superintendent Lenah Higbee and the heroic POW nurses on Los Banos in World War II, to the first commissioned male Navy nurses in August 1965 and the promotion of Capt. Alene Duerk as the first Admiral of the Navy Nurse Corps in July 1972.

This year recognizes 100 years of honor, courage, and commitment as they carry out the mission of providing force health protection to those who wear the Navy cloth. Please help me in recognizing their hard work and dedication, and thank them for all that they do.



Health WATCH Skin Cancer Awareness Month

Article by Lt. Cmdr. Cardona, Family Physician
 Naval Hospital Sigonella

Skin cancer is the most common form of cancer in the United States. The two most common types of skin cancer-basal cell and squamous cell carcinomas-are highly curable. However, melanoma, the third most common skin cancer, is more dangerous, especially among young people.

May has been designated as Melanoma/Skin Cancer Awareness Month. Melanoma, the most serious form of skin cancer, is characterized by the uncontrolled growth of pigment-producing cells. Melanomas may appear on the skin suddenly without warning, but also can develop on an existing mole.

More than 75 percent of all skin cancer deaths are from melanoma. One American dies from melanoma almost every hour. Melanoma is the most common form of cancer for young adults 25-29 years old and the second most common cancer in adolescents and young adults 15-29 years old. The good news is that

if detected in the early stages, melanoma has a 99 percent five-year survival rate.

Approximately 65%-90% of melanomas are caused by exposure to ultraviolet light or sunlight, but not all melanomas are exclusively sun related; other possible influences include genetic factors and immune system deficiencies.

Melanoma can strike anyone. Caucasians are more likely to be diagnosed with melanoma than other races. However, even among Caucasians, certain individuals are at higher risk than others. For example:

- You have a substantially increased risk of developing melanoma if you have many moles, large moles or atypical (unusual) moles.
- Your risk is increased if a blood relative (e.g., your parents, children, siblings, cousins, aunts, uncles) has had melanoma.
- If you are a Caucasian with fair skin,

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NASSIG WORSHIP SERVICES

DS Chapel in Catania Sunday 1 p.m. Church of Jesus Christ Latter-day Saints	Alcoholics Anonymous Meetings Monday, Wednesday and Fridays 11:30 a.m.
NAS II Chapel Monday 11:30 a.m. Catholic Mass Tuesday 11:30 a.m. Catholic Mass Wednesday 11:30 a.m. Catholic Mass Friday 11:30 a.m. Catholic Mass Sunday 4 p.m. Catholic Mass	NAS I Chapel Sunday 8:45 a.m. Catholic Mass 10:45 a.m. Protestant Worship 5 p.m. Fellowship Meal 6 p.m. Bible Study
	Mineo Community Center Sunday 9 a.m. Protestant Worship 12 p.m. Catholic Mass
	Maranai Community Center 11 a.m. Protestant Traditional Service

Call 095-86-3801 for the Chaplains Office
 Call 095-86-1205 for weekly Jewish services



Let's Go To Church

I was glad when they said to me, "Let us go to the house of the LORD." - Psalm 122:1

Article by Chaplain Hank Wilson

I remember growing up as a kid always going to church. My parents decided to get me involved with church because they knew the importance it would have in my life. As a young child I was often forced to go to church. During those days I felt as if my parents were punishing me and forcing me to do something I did not want to do. However, looking back on it now I see the important role that church has played in my life. When is the last time you have been in church? When is the last time you have taken time to nourish your spirit?

In Psalm 122 King David writes the words we see in verse 1: "I was glad when they said to me, "Let us go to the house of the Lord." The King was at a point in his life when he looked

forward to being able to grace the doors of the church. He was able to attend the services provided and he was excited and could not wait to get there. He actually looked forward to attending church and being with his fellow believers and share in this common bond of worship.

I too came to this conclusion later in life. As a kid I thought it punishment, but today I look forward to going to church. I know what your thinking: "of course you do you're a chaplain." But it is more than that. I enjoy having my soul nourished. I enjoy going to church and being blessed by God. As I offer praise to Him for His greatness and mercy He in turn blesses me and strengthens my Spirit. How is your spirit

Story continued on page 8

EMERGENCY MANAGEMENT OFFICE

*Be prepared to be on your own for at least three days. Seven is better! The BASIC FIVE:
 Water, Food, Heat, Cash, Radio; Family Communications Plan;
 Phone Numbers & Rally Points; Public Protection Strategies;
 Evacuation and Shelter-in-Place; Web info;
 Ready.gov; Emergency info: AFN 106.0 FM; Questions?
 Call the EM Office at 624-2630, 8265 or 2621.*

WEEKLY TRAFFIC/SAFETY UPDATE

Traffic Court Results
E5 - Negligent Driving. Member was awarded 1 point and DIP.
E2 - Negligent Backing. Member was awarded 1 point.

NAVY News

MCPON Stresses Navy's Expectations To First Class Petty Officers

Article by MCCS (SW/AW) Bill Houlihan
Master Chief Petty Officer of the Navy Public Affairs

Master Chief Petty Officer of the Navy (MCPON) (SW/FMF) Joe R. Campa Jr. has made his expectations of the Navy's first class petty officer community a public priority of his the last six months.

During the annual Petty Officer First Class Leadership Symposium, held in Washington, April 23, he left no doubt in the minds of more than

400 attendees that the Navy expects them to meet the responsibility of being first class petty officers and that Sailors depend on their first line leadership.

His appearance kicked off a week featuring briefs on topics such as the chief petty officer selection board process to mentorship and sailorization. Campa used the oppor-

tunity to remind the first class petty officers what their first priority should be.

"You are in the best position to influence Sailors," said Campa. "Now I want you to look at those expectations (of the first class petty officer) and use them to determine whether you're doing everything to

Story continued on page 12

PHOTO FROM THE FLEET

Check in weekly to find out what our fellow shipmates are doing around the fleet.



U.S. Navy Photo by MC3 (AW) Benjamin Brossard

Ships Serviceman Seaman Tanya Sylvester, originally from Chicago, Ill., stands the starboard lookout as part of the medium frequency active sonar mitigation measures aboard the Arleigh-Burke class guided-missile destroyer USS Howard (DDG 83). Howard and the Ronald Reagan Carrier Strike Group are conducting Joint Task Force Exercise (JTFEX) preparing for a deployment.

NEWS BRIEFS

Athletic Officials Wanted

Are you looking for a fun, P/T job with good pay & flexible hours? The Sigonella Athletic Officials Association has openings for referees, umpires, and scorekeepers. If you are, we'd like to meet with you: The SAOA is holding its 2nd Quarterly Meeting on May 8 at 12 noon at Big Al's on NAS II. All current members please attend. For more info call: Gee Genaro @ 348.274.8397 or 338.273.5683 - saosecretary@yahoo.com

Jaguar Football Announcements

All students who will be in 9th- 12th grade next year and are interested in trying out for the football team, please stop by Mrs. Bunyan's room (building 220 room 240) to sign the roster. There will also be a mandatory equipment fitting: shoulder pads and helmets on Thursday May 15th at 4:30 at the equipment room by the cafeteria in building 216. Also we will have folders, playbooks, and CD's for any of you who did not attend the meeting on April 22.

Also anyone definitely interested in attending the football camp August 12-15th in Ansbach Germany must get camp paperwork filled out along with physical and turn in to Mrs. Bunyan. The flights and the camp will not be covered by DoDDS and must be paid for by each player. Two fundraisers have been planned to help cover the transportation costs on: Saturday May 31st Car wash at CDC parking lot from 9:00 to 3:00 and Saturday June 7 at the commissary on NAS 1 from 10:00 to 4:00. See you there and Go Jaguars

Airport Closure

Catania Fontanarossa Airport will be closed for construction from 6:00 p.m., Monday, May 12th until 4:00 p.m., Thursday, May 15. The closure will cause flights to be canceled or diverted to nearby airports. Make sure you check with transportation providers and reconfirm travel arrangements. For more information, contact your airline directly.

Tuition Assistance

All personnel planning to submit Navy Tuition Assistance Application requests from 25 April 8 to May 20, 2008 may have to wait up to 48 hours to receive the Tuition Assistance Authorization Voucher due to administrative reasons. Please submit the Tuition Application request ahead of time to avoid missing your registration deadline.

Comrel Project

We are looking for volunteers to do some painting and small construction (building cabinets and steps) at the Aurora mission school in Acireale. The scheduled date is Saturday 10 May. We will meet at 0730 in the AFN parking LOT on NAS 1 and drive to the Church. The school will be providing breakfast (coffee and pastries). If you are interested in helping, please contact Dave Kelly at 335-840-0533 or david.kelly@eu.navy.mil <mailto:david.kelly@eu.navy.mil>

Red Cross

American Red Cross has a Temporary/Full-time position for a Field Office Assistant providing administrative support and assists in the delivery of Red Cross services to members of the military and their families assigned to Sigonella, Italy work location. Provide services to customers and clients at a high level of customer service consistent with Services to the Armed Forces and American Red Cross standards. Ideal candidate will have HS diploma/GED, hands-on experience in data entry, strong organizational and administrative skills, ability to work independently, excellent oral and written communication skills, and experience working with volunteers. Applicant must have all of the following attributes to be considered: (1) be a U.S. citizen and (2) dependent of an active-duty service member (3) Employment location will be NAS Sigonella. Employment dates are from 23 June 08 to terminate on 19 December 2008. To apply please visit www.Redcross.org call the American Red Cross Office at 095-86-4900 for further information.

Mond M o n d o Etna
o Animale
Anima

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NAVAL AIR STATION SIGONELLA COMMUNITY CALENDAR					2 Alcoholics Anonymous -7 p.m. -NAS II Chapel	3
4 Over 30 pick-up Basketball - Midtown	5 Alcoholics Anonymous -7 p.m. -NAS II Chapel	6 Renting Strategies FFSC	7 Ricotta Cheese WKSP FFSC Alcoholics Anonymous -7 p.m. -NAS II Chapel	8 Throwback Thursday Midtown Theater	9 Alcoholics Anonymous -7 p.m. -NAS II Chapel	10
11 Over 30 pick-up Basketball - Midtown	12 Alcoholics Anonymous -7 p.m. -NAS II Chapel	13 Anger and Stress Management Class FFSC	14 Alcoholics Anonymous -7 p.m. -NAS II Chapel	15 Throwback Thursday Midtown Theater	16 Alcoholics Anonymous -7 p.m. -NAS II Chapel	17
18 Over 30 pick-up Basketball - Midtown	19 Alcoholics Anonymous -7 p.m. -NAS II Chapel	20 Smooth Move FFSC	21 Motta Market w/ICR Alcoholics Anonymous -7 p.m. -NAS II Chapel	22 Throwback Thursday Midtown Theater	23 Alcoholics Anonymous -7 p.m. -NAS II Chapel	24
25 Over 30 pick-up Basketball - Midtown	26 Alcoholics Anonymous -7 p.m. -NAS II Chapel	27	28 Alcoholics Anonymous -7 p.m. -NAS II Chapel	29 Throwback Thursday Midtown Theater	30 Spring Carnival NAS 1 4-7p.m. Alcoholics Anonymous -7 p.m. -NAS II Chapel	31
1 June Over 30 pick-up Basketball - Midtown	2 Alcoholics Anonymous -7 p.m. -NAS II Chapel	3	4 Alcoholics Anonymous -7 p.m. -NAS II Chapel	5 Throwback Thursday Midtown Theater	6 Alcoholics Anonymous -7 p.m. -NAS II Chapel	7
8 Over 30 pick-up Basketball - Midtown	9 Alcoholics Anonymous -7 p.m. -NAS II Chapel	10	11 Alcoholics Anonymous -7 p.m. -NAS II Chapel	12 Throwback Thursday Midtown Theater	13 Alcoholics Anonymous -7 p.m. -NAS II Chapel	14

Motta

Alphio

Stags

Marchi

Did you know?

Living beyond your means is a prescription for disaster? Does more than 25 percent of your take-home pay go to paying bills? Are you making only minimum payments on bills due? Are you taking out new loans to pay off old ones? Are you missing payments? Are you stalling one creditor to pay another? Are you having frequent family arguments over money? The Navy-Marine Corps Relief Society can help you improve your financial picture. NMCRS Volunteers and employees work hard to help Sailors, Marines and their families pull themselves out of deficit budgets and into savings plans. Call today to schedule an appointment.

NMCRS: Service with a Smile!

Contact your Sigonella NMCRS Office today! Call 624-4212 for more information. Office Hours: Monday - Friday 0900 - 1600.

NMCRS: Seeking New Volunteers!

Navy-Marine Corps Relief Society



Bldg. 319 (NAS 1)
Monday-Friday
7:30 a.m.-4 p.m.
DSN 624-4291
Commercial 095-56-4291

You Have Orders.... Now What!!

Article by Lavoshia McCracken
FFSC Relocation Specialist

Preparing for another military move can immediately launch some individuals into "crisis management" mode. Proper preparation for relocation can be a less stressful event when you take advantage of the resources that are available for you at your Fleet and Family Support Center. The Relocation office at your Fleet and Family Support Center offers workshops, individual services and tools that can make your next move a "Smooth Move."

All moves involve some challenges, but remember to be proactive and plan ahead. While trying to do everything yourself may seem to be a more simple approach, including

your family and working together as a team, may lessen some anxiety and frustration associated with moving. Be sure to share information with family members and allow them to have an active part in the relocation process. If you have children, begin discussing the move as soon as you are sure you are going to relocate. This gives them the opportunity to think about the changes and prepare themselves for the move. Telling them about the move also gives the family a chance to talk about what the changes will mean for everyone.

Gathering information about the new location together as a family can be a wonderful opportunity to

build confidence and enthusiasm about the new destination. Take the time to research local activities, community events, intramural sports, and local schools. Surf the internet together and find out what area attractions exist and plan a visit soon after you've arrived and settled in.

The amount of planning that is necessary can vary from one individual to the next. Whether you are single or with a family, there will be a need to acquire certain information about your new destination at some point. Information about the new installation and the local communities in and around your new destination can be easily found at www.MilitaryHOMEFRONT.com. Not only will you find an installation overview and contact information, but an easy to use, customizable "Plan-My- Move" calendar to assist you with preparing for your relocation. Plan My Move provides you with a three-month calendar to help you take charge of your PCS move. In addition to the calendar, you will find travel and arrival checklists, suggestions on documents to hand-carry and important telephone numbers to print and have available during your relocation.

Develop a relocation-spending plan that includes a way for you to track your travel costs, and consider any start-up expenses that you may have once you arrive at your new destination. Be aware the BAH may increase or decrease depending on the duty station. Consider the impact on the gain or loss of advance pays and allowance changes or the loss or gain of a spouse's income. Visit your PFM specialist or speak with your Command Financial Specialist to assist you with developing a spending plan for your next relocation.

For additional tips and assistance with your next relocation, sign up for the upcoming "Smooth Move" workshop at the Fleet and Family Support Center this June, to learn

Story continued on page 7

Chiechio

Sushi

Pentagon

Cold Noses WARM HEARTS



A reminder to the community that feeding feral or wild animals on the installation is prohibited.

Signonella's Stray Animal Facility (SAWS) has many cats and dogs just looking for a warm home and someone to love. Each week the Signature will feature animals in need of adoption.



(Above and Below) Ashley and Diva are a mother/daughter combo. They are both wonderful dogs who need a home to call their own. If you want to adopt this pair, please visit SAF.

For more information contact the Stray Animal Facility at 624-3936 or Rose Cummings at 334-383-8786.



Alberto Lunetta
Signature Staff



Italian NEWS



Sicilian Culture, Events and Lifestyle

Trecastagni honors its Three Patron Saints

"Viva St. Alfio!" (Long live Saint Alfio!). This is what devotees scream during the annual "Three Martyred Brothers" Alfio, Filadelfo and Cirino (St. Alphius, St. Philadelphus, and St. Cyrinus) Alfio, Filadelfo and Cirino, one of the most interesting and spectacular religious festivals in eastern Sicily. Alfio was the oldest bother and therefore, over the centuries, his figure became prominent among devotees.

"Our Sanctuary is a gift received from God. We invite pilgrims to reflect on the story of the painful journey, which those beloved martyrs undertook on foot from Apulia to Lentini, where they were eventually executed for not giving up their faith," explained father Alfio Torrissi, the Santuario di Trecastagni parish priest.

This year marks the 80th anniversary of the sanctuary's foundation, which occurred in 1928 thanks to an authorization granted by Cardinal Franca Nava.

Every year, Trecastagni townspeople show publicly how deep their faith and gratitude is towards the three patron saints, their helpers and intercessors in heaven, whose prayers can reach God.

Devotees typically undertake long barefoot pilgrimages, which can last several hours, from local towns surrounding to the Sanctuary of St. Alfio just to thank them for being saved or cured during an illness or a disaster.

"Some of them come here at dawn before they get to work," said father Torrissi. Sometimes, the pilgrims'gratitude takes the artistic form of "Ex Voto," small paintings depicting the incident occurred to the devotees which are donated to the sanctuary.

Ex-voto also include artificial limbs which pilgrims donate, after their healing, to the sanctuary. Trecastagni has an impressive collection of hundreds of these small icons, which are authentic works of art mainly made by Aci Sant'Antonio Sicilian carts' craftsmen, which date back to the 19th century.

These art pieces tell about the hopes, joys and sorrows of thousands of people who have been turning to the brother saints for assistance for centuries. Women suffering from difficult pregnancies, young men who survived a car crash or a deadly illness, all people who, for different reasons, found themselves in need for help.

Celebrations, dating back to the 16th century, feature religious processions and dramas as well as spectacular Sicilian carts parade, town bands' shows and the traditional garlic fair, which celebrates springtime. In Trecastagni, Garlic is the symbol of the devotees' participation in the festival and is traditionally believed to keep evil away and grant health and protection from illness.

Feasts of the Three Saints are also held in other parts of Sicily (St. Alfio, St. Fratello and Lentini), Italy (Vaste near Lecce) and the world

(Lawrence, Massachusetts (USA) and Sidney (Australia).

According to tradition, the name of Trecastagni is linked to the three saints. Some believe that the three brothers ate "Castagne" or chestnuts during their visit to the town. There is a legend which tells that three chestnut trees, which are very common in the area, would miraculously sprout from the empty shells dropped by the brothers. Other traditions maintain that Trecastagni comes by the Latin words "Tres Casti Agni" (Three Chaste Lambs), a name which remembers the tragic sacrifice of these three young heroes of Catholicism.

Life of the Three Saints

The first historical sources telling about the three saints could be found in a manuscript by a monk who lived in the 11th century and in a book, dating back to 1691, written by priest Filadelfo Mauro. Both lived in Lentini.

The Three Saints were born in Vaste (Lecce) in the III century. During the persecutions made by the Romans against the Christians, they were arrested and forced to leave Sicily to go to Rome where they were convicted and tortured.

Historic chronicles tell of miracles worked by the saints like for instance the fact that every place they visited became a Catholic community.

Since they belonged to a noble family, Romans feared that they could influence other aristocrats therefore they used them as scapegoats to convince the others to stay away from the Catholic religion.

After being tortured in Pozzuoli and then back in Sicily, they were eventually martyred in Lentini on May 10, 253 AD. Although the festival was meant to celebrate all three saints, the devotion of St. Alfio somehow darkened the memory of the other two saints. This is probably due to the fact that Alfio was the elder brother and consequently was the one who always spoke on behalf of his family.

During the centuries, people tended to ask St. Alfio rather than to his brothers intercession for healing from serious illnesses and injuries. Once the miracle is granted, devotees feel obligated to thank the saint. That is why today the Nudi still perform with spectacular processions carrying heavy wax candles that can weigh up to 220 pounds. Around the candle a red ribbon with a picture of the saints is tied.

Festival Schedule Highlights

On May 4th a religious drama depicting the life of the saints is staged in piazza del Santuario at 9 p.m. Two days later (May 6), the festival starts with the procession of the three candelore, (heavy wooden



Photo by Gunner Gordier

The annual May 10th festival honoring the Three Martyred Brothers (Alfio, Filadelfo and Cirino), the patron saints of Trecastagni, is a genuine display of true devotion. The festival features, religious processions, music, arts and crafts and garlic fairs, and amazing fireworks.

floats, about six meters in height, with a big main wax candle surrounded by sculptures representing the martyrdom of the three saints) leaving from the Saint Alfio's sanctuary. At 5 p.m., these beautiful decorated floats are carried in procession throughout the city historic center. These processions will be repeated daily through May 11.

On the May 7, the Sagra delle Musiche, a music show is performed at 5:30 p.m. by local bands in piazza Saint Alfio.

On May 8 at 8 p.m. the relics of the Saints are brought in procession from the main church to the Saint Alfio sanctuary. The procession lasts until late evening. During the tour of the relics, the city band will be performing in piazza dei Bianchi, throughout the night. On May 9, (the third day of the festival) festival goers can enjoy spectacular fireworks that are performed at 9:15 p.m. in piazza Marconi (the main square).

The Nudi barefoot pilgrimage which is performed on the night between May 9 and 10, (during which devotees wearing white shorts and a red band on the chest also walk (some barefoot) from Catania and other Etna towns to the Sanctuary of St. Alfio) is a must-see.

The actual festival's day is May 10. It starts with the unveiling of the Tree Saints' Statues that is performed before a huge crowd and the Catania archbishop of devotees at 9:15 a.m. The ceremony takes place at the Saint Alfio's Sanctuary, located in piazza St. Alfio, where the statues are usually kept. After that, the statues are placed on the "fercolo" or carriage to be ready for the long procession.

Later on, the first solemn procession during which the statues will be carried by sculptures representing the martyrdom of the three saints) leaving from the Saint Alfio's sanctuary. At 5 p.m., these beautiful decorated floats are carried in procession throughout the city historic center. These processions will be repeated daily through May 11.

After the stop at the main church (Chiesa madre di San Nicola) the procession is repeated at 5:30

p.m. and lasts until late night.

The last day of the festival (May 11) features a solemn Holy Mass, held at 6:30 p.m. at the main church. As the schedule might be subject to changes, call the St. Alfio Sanctuary at 095-7806502 for updates.

You can also check the updated schedule by visiting: www.santuariotrecastagni.it

Sabbiadoro

S. Vito

Photo Exhibit at the Catania Opera House



Photo by Catania Bellini Opera House Press Office

"Notes of light" is a fascinating photographic exhibition which is currently on display at the Catania Bellini Opera House through May 30. The exhibit features 77 black and white and color photographs by Catania-based artist Carmelo Bongiorno. An internationally renowned photographer for over 25 years, Bongiorno offers visitors a unique chance to discover through his artistic shots the backstage secrets of operas, concerts and ballets.

Opening hours: Tuesday-Friday - 9:30 a.m.-12:30 p.m. and 5-7 p.m. Admission is free. For more information visit <http://www.teatromassimobellini.it/>

Niscemi and Rotary Club visit Sigonella



Photo by Giuseppe Stimolo

A group of 70 members from the Niscemi and Vittoria Rotary Clubs recently visited the Sigonella PATRON SIG squadron. The group, which was welcomed by CDR. Pete Garvin, the squadron commander, had the chance to see a P-3 Orion aircraft static display. "It was a great opportunity for an up-close look at the U.S. Navy's activity in Sicily!" said Niscemi Rotary Club's President Toto Contrafatto.

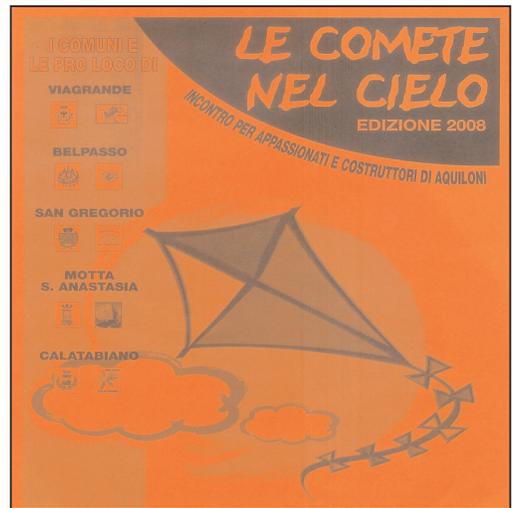
The tour also included stops at the Italian Air Force, 41st Stormo facilities (Radar and Weather Stations and traffic Control Tower). NASSIG PAO Community Relations base tours are typically conducted jointly with the ITAF PAO and are aimed at fostering and establishing good relationships with host nation communities (civic and business leaders, students and local associations' members).

Tomato Festival in Sampieri



"Mare Barocco 2008" and the 22nd edition of the "Sagra del Pomodoro" (Tomato Festival) will run through May 4 in Sampieri, a small fishermen village located in the enchanting Sampieri Gulf near Scicli (along the Ragusa coastline). Festival booths featuring tomato-based specialties will be open all day. Highlights also include folklore music shows, sports activities and martial art demonstrations and fireworks. For more information and detailed schedules call 333- 8596767.

Kite Festivals in the Catania



"Comete nel cielo" (Comets in the sky) returns to Sicily! These amazing kite festivals, hosted by towns in the Catania province, can provide a fun time for the entire family.

Here is this year's May schedule: San Gregorio (May 4 - Soccer stadium - 9 a.m.); Motta S. Anastasia (Soccer Stadium - May 18 - 3:30 p.m.

Admission is free. Kites must be homemade to compete. Prizes will be awarded to the kite with the most colorful design and the kite showing the best technically-skilled construction.

For more information on the Motta event call 095- 308161, as for San Gregorio, contact the town Pro Loco Tourist Office at 095-721-5795.

Magnolia

SPORTS & Fitness

“Triple S” See Me in Three Years

Article by CWO 4 Ronald Herb
Signature Volunteer

Let's talk NFL draft! For those of you that read Triple S's projections for this past weekend's draft, have to be asking yourself what was Triple S thinking? Well, even if we didn't get the draft correct one thing we are certain of, is that it will take three years to really rate a team's draft. With that understood we are going to take a look at what we can go with at this point.

Winners: Miami had the #1 pick overall so it's hard to truly mess that one up. They went safe with Jake Long the mammoth OT from Michigan. That was not a hard pick [actually any of the top four players could have gone there], what made their draft, was taking a DL in the top of the 2nd round and getting Chad Henne at the bottom of the 2nd round making their first day of the draft a great one. Kansas City made 12 overall picks with seven in the first three rounds. This draft could right their ship very soon.

Teams that drafted well to fill a need included the Redskins. In the 2nd round the skins picked up two tall WR's and a TE from pass happy USC, adding to new Head Coach Jim Zorn's West Coast Offense. To com-

plete the need draft Washington picked up Hawaii QB Colt Brennan who ran the West Coast for a pile of passing records, but didn't rate high overall [the old debate about system vs. talent]. It seems clear the direction the Skins want to go.

This draft was a killer for fantasy RB's. With McFadden being taken at #4 as the top RB he joins a crowded Raiders backfield with four other good to use, to be good, RB's. The #2 RB Rashard Mendenhall was went to Pittsburg to take carries away from Fast Willie Parker. For you Fantasy ballers the player to look at is Kevin Smith from USAF. If you have never heard of Mr. Smith, he ran for just over 2500 yards last year (that's Barry Sanders country) and went to the Lions (more Sanders talk) at the top of the 3rd round. This may be the best value pick of the draft.

Other notes include the Packers, Triple S believes putting the Brett Favre comeback talk to an end, while officially telling Aaron Rodgers it's his job to lose but if he loses, his relief will be one of the two QB's drafted this weekend, Brian Brohom or Matt Flynn. Keep an eye on Mario Manningham, WR, Michigan who

fell to the World Champion Giants in the 3rd round. Most pre-draft mocks had him going mid 1st round.

Could be steal.
Locally, the Marinai softball field was host to the Powder Puff softball tournament with four separate ladies teams taking part. The teams consisted of one from Mineo, two from Marinai and incorporated the high school girl's softball team. When the dust settled the Marinai White Sox were left the field undefeated. The players and spectators all reported having a great time watching and playing in the much-anticipated tournament.

More women power showed up over the weekend with the results of the annual Motta Off-Road race. The women participants outnumbered the men in this run/hike event. Ally Noel was the overall winner, beating all of her fellow runners across the finish line.

Summer sporting events are beginning to heat-up Sigonella with the adult softball season beginning and the start of the summers tri-season (run, swim, bike) starting. Be on the look out for events and dates.
Till Next Time.

SKIN CANCER

continued from page 3

your risk is higher than a Caucasian with olive skin.

- Redheads and blondes have a higher risk of developing melanoma. Blue or green eyes also increase your risk of developing melanoma.

- Your chances increase significantly if you've already had a previous melanoma, but also increase if you have had either basal cell carcinoma or squamous cell carcinoma, the more common forms of skin cancer.

Recognition of changes in the skin is the best way to detect early melanoma. When detected in its earliest stages, melanoma is highly curable. The American Academy of Dermatology urges everyone to examine their skin regularly. This means looking over your entire body including your back, your scalp, the soles of your feet, between your toes and the palms of your hands. If you notice a mole on your skin, you should follow the simple ABCD rule which outlines the warning signs of

melanoma:

- Asymmetry - One half does not match the other half.

- Border irregularity - The edges are ragged, notched or blurred.

- Color - The pigmentation is not uniform. Different shades of tan, brown or black are often present. Dashes of red, white, and blue can add to the mottled appearance.

- Diameter - While melanomas are usually greater than 6mm in diameter when diagnosed, they can be smaller. If you notice a mole different from others, or which changes, itches or bleeds even if it is smaller than 6mm, you should see your healthcare provider.

Sun exposure is the most preventable risk factor for all skin cancers, including melanoma. You can have fun in the sun and decrease your risk of skin cancer. Here's how:

- Apply a water-resistant sunscreen with a Sun Protection Factor (SPF) of at least 15 that provides protection from both ultraviolet A (UVA) and ultraviolet B (UVB) rays to all exposed skin. Re-apply every two hours, even on cloudy

days, and after swimming or sweating.

- Wear protective clothing, such as a long-sleeved shirt, pants, a wide-brimmed hat and sunglasses, where possible.

- Seek shade when appropriate, remembering that the sun's rays are strongest between 10 a.m. and 4 p.m.

- Protect children from sun exposure by playing in the shade, using protective clothing and applying sunscreen.

- Use extra caution near water, snow and sand as they reflect the damaging rays of the sun, which can increase your chance of sunburn.

- Avoid tanning beds. Ultraviolet light from the sun and tanning beds can cause skin cancer and wrinkling.

- Check your birthday suit on your birthday. If you notice anything changing, growing or bleeding on your skin, see a physician. Skin cancer is very treatable when caught early.

The Naval Hospital appointment line is 624-CARE (2273).

CHURCH

continued from page 2

it today? Are you being nourished as you should?

For many of us we understand the importance of physical nourishment. In the Navy we even understand the importance of mental nourishment. We strive to excel in these areas. Most of us do a great job at taking care of ourselves physically and mentally.

However, we often seriously neglect our spirit. We cannot deny that we have one. It is what makes us unique.

It is what makes us different

from all of the rest of creation. This aspect of our life must also be nourished and taken care of. What are you doing today to tend to your soul? How about going to church? We all need spiritual nourishment and church is a great place to receive this blessing.

Take time this next week to find the time and make going to church a priority.

It will do your soul good. May we all be as excited as King David was in hearing the words: "Let us go to the house of the Lord."

Ceramiche

Chakra

Kartodromo

MWR

School NEWS

Honors Music Festival 2008

Article by [REDACTED]
DoDDS Student Writer

The DoDDS-Europe System held their annual Honors Music Festival comprised of a one-week seminar followed by a performance in Weisbaden, Germany March 16-21.

Each year this festival is held to give DoDDS-Europe students a chance to practice and perform in an honors music program similar to honors/state music programs in the United States. There are three music groups students can audition for: Concert Band, Chorus, and a double String Quartet. Every year guest conductor from the U.S directs each group. For the chorus it was a Dr. Russell Robinson from the University of Florida. For the band it was Dr. Robert W. Smith, and for the String ensemble Harpist Valery Webber.

Selection for the festival began

in January with digital auditions that had to be submitted for review by a committee. Out of the more than 300 students that auditioned Europe wide, about 150 were selected. After the selections, music and rehearsal notes were given to the participants to be practiced daily. The weeks before the seminar proved to be very busy for all musicians. The program included six strings pieces, six band pieces, and nine choral pieces, and a combined finale.

[REDACTED] a senior at Sigonella was selected for the chorus as a Tenor One. [REDACTED] travelled alone via Rome to Frankfurt Airport, then bused to Oberwesel Youth hostel, the site of the seminar. The next four days followed a very strict rehearsal schedule, eight to ten hours a day. Practices were hard and conductors were very demanding in their

expectations. Friendships were formed and strengthened. Each evening presented a new activity for the students; the first was a performance by the Air Force Brass Quintet, the next evening was a Talent Show. The final two evenings held dances and a Banquet. The four days of rehearsal, though tough, passed by before the students could blink.

The spectacular seminar culminated in one grand performance in the 18th century Kurhaus concert hall at Wiesbaden, Germany. The students bused from the youth hostel that morning and had a dress rehearsal that afternoon. After a fantastic German dinner in Wiesbaden the musicians took their places for the concert. The chorus was first, singing each of their pieces with vigor and feeling. The selections included Handel, Mozart, Gospel, African

Praise music, and American Folk songs. Next came the strings with their colorful melodies and lilting rhythms. Their repertoire included both classical and modern compositions.

The band came next with a program fully composed by Robert W. Smith. Foremost among these was *The Inferno*, a musical representation of Dante's *Inferno*, the Renaissance literary work. After the band performed, awards and recognitions were given to teachers, students, and conductors. Among these were the Outstanding Band Member, awarded to Lee Hillman (Heidelberg), Outstanding Strings Member, awarded to Vanessa Smith, and Outstanding Chorus Member, awarded to Brigham Geurts (Sigonella). The finale was the premiere choral string, and band performance of "O Music, Speak!" Conducted by composer Russell Robinson.

After the performance the exhilarated students returned to the hostel. Every student agreed wholeheartedly that the performance was a major success. The final evening was an emotional time, each student spent there final few hours together differently. Some slept after a long days work, some talked, some played.

Everybody knew that shortly they were going to say goodbye and return home. The next morning was full of both tearful and joyous good-byes; friends hugged friends and said good-bye. No student was able to put into words the bond they now felt in their hearts. They could not deny that this brief week of music had changed them for the better. In this small group of military and contractor dependents, where change is the only constant in a young persons life; each student knew that something very special now bonded each of them together...music.



Protestant Women of the Chapel

Bible study every Tuesday: 9:15 a.m. at NAS 1 Chapel
(With free child care and Home school study/gym class)
6 p.m. at NAS 2 Chapel, and 7 p.m. at the Mineo Community
Center - Find us at www.pwocsig.com or pwocsig@yahoo.com

Navy Federal



Sigonella Theater

Presents...

MEREDITH WILLSON'S

THE MUSIC MAN

Friday May 9th
1800 and
Saturday May 10th
1400 or 1800

Knight's Hall

Casablanca

MWR CORNER

Community Events

2nd Annual Sigonella Motor Rally:

May 2 at the Land Annex on NAS I 5:30 p.m. - 1 a.m.

Slow race, food, bike contests, rides!

Navy Entertainment Features Edwin McCain at 9 p.m.

Sigonella County Fair:

May 9 & 10 from 3 p.m. - Midnight

Live bands, carnival rides, inflatables, Skatapalooza and much more! Midtown Piazza Parking Lots!

Midtown 2 Theaters

Beverage Day:

May 6

Free soda or water with each ticket purchase

Military Spouse's Day:

May 9

Reduced admission for all spouses. Must have ID.

SpareTime Bowling Center

Mixed Doubles League

Registration has commenced for Sigonella's Mixed Doubles League. Teams consisting of one man and one woman are invited to participate.

Take 5

Happy B-Day May Babies:

May 5

Xbox Tournament:

May 6

Galley on the Go:

May 8

Liberty

Japanese Dinner: May 2

Colorama Bowling:

May 3

Murgo Winery Tour & Lunch:

May 4

Thrill Rides in the UK:

May 23 - 30

ITT Gear-n-Go

Mt. Jato & Corleone Wine Tasting

May 3: Depart: NAS II 6:30 a.m., NAS I 7 a.m., Return: 8 p.m. - \$64, includes lunch and wine tasting + bring euro for fees

Shopping Trip in Piazza Armerina

May 3: Depart: NAS I 8 a.m., NAS II 8:30 a.m., Return: 3 p.m. - \$15 transportation + bring euro for shopping and lunch

Chiaromonte Gulfi & Olive Oil Shopping

May 4: Depart: NAS II 8:30 a.m., NAS I 9 a.m., Mineo 9:45 a.m., Return: 6 p.m.

\$40, includes lunch + bring euro for olive oil purchases

Roman Villas "Tellaro" and Marzamemi

May 7: Depart: NAS II 7 a.m., NAS I 7:30 a.m., Return: 5:30 p.m. - \$35 + euro for food and fees (€25)

Patti Shopping (Caleca Pottery Factory)

May 8: Depart: NAS II 7 a.m., NAS I 7:30 a.m., Return: 3 p.m. - \$18, or 2 for \$30 + bring euro for food and shopping

Taormina by Night & Limoncello Factory

May 9: Depart: NAS II 3 p.m., NAS I 3:30 p.m., Return: Midnight - \$26 + euro for food and fees

Scuba

Advanced Class:

May 9 at 5 p.m.

Bubblemaker! (For kids 8 years old and above): May 9 at 5:30 p.m.

Fitness

Intro to Strength Training

May 7: 1 p.m. at both fitness centers

America's Kids Run

May 9: Sign-ups begin at 3:30 p.m., Run starts at 4 p.m.

Sports

Pick-Up Basketball

Sundays: 2 p.m. at Fit District

Golf Tournament

4-Person Scramble
May 3: Il Picciolo Golf Course at 7:30 a.m.

\$43, includes entry fee, lunch, awards and greens fee \$5, transportation

Youth Sports

Youth T-ball and Baseball

Registration fee \$35.

Teen Center

Mother's Day Card Making:

May 9 at 5 p.m.

Youth Center

National Teacher Appreciation Week:

May 5 - 9

Mother's Day:

May 9 at 4 p.m.

Mineo Recreation Center

Cinco de Mayo Party:

May 3 at 5 p.m.

National Butterscotch Brownie Day: May 9



APRIL 25 - MAY 1

MIDTOWN MOVIE THEATER

MOVIE HOTLINE: 624-4248

SCHEDULE

MOVIE DESCRIPTIONS

Friday, May 2

12:00pm Jumper PG-13 90 min.
3:00pm College Road Trip G 83 min.
5:00pm Penelope PG 89 min.
5:30pm Step Up 2: The Streets PG-13 97 min.
7:30pm The Bank Job R-110 min.
8:00pm 10,000 B. C. PG-13 109 min.
9:30pm Witless Protection PG-13 97 min.

Saturday, May 3

2:00pm Nim's Island PG 96 min.
2:30pm Vantage Point PG-13 84 min.
4:30pm Penelope PG 89 min.
5:00pm The Bank Job R110 min.
7:30pm Step Up 2: The Streets PG-13 97 min.
8:00pm Definitely, Maybe PG-13 112 min.
9:30pm Semi-Pro R 91 min.

Sunday, May 4

2:00pm College Road Trip G 83 min.
2:30pm Jumper PG-13 90 min.
4:30pm Penelope PG 89 min.
5:00pm 10,000 B. C. PG-13 109 min.
7:00pm The Bank Job R110 min.

Monday, May 5

12:00pm Semi-Pro R 91 min.
3:00pm Nim's Island PG 96 min.
5:00pm Definitely, Maybe PG-13 112 min.
5:30pm 10,000 B.C. PG-13 109 min.
7:30pm Step Up 2: The Streets PG-13 97 min.
8:00pm Jumper PG-13 90 min.

Tuesday, May 6

5:00pm College Road Trip G 83 min.
5:30pm Vantage Point PG-13 84 min.
7:30pm Witless Protection PG-13 97 min.
8:00pm The Bank Job R110 min.

Wednesday, May 7

12:00pm Definitely, Maybe PG-13 112 min.
3:00pm Penelope PG 89 min.
5:00pm Step Up 2: The Streets PG-13 97 min.
5:30pm Nim's Island PG 96 min.
7:30pm Semi-Pro R 91 min.
8:00pm 10,000 B.C. PG-13 109 min.

Thursday, May 8

3:00pm College Road Trip G 83 min.
5:00pm Never Back Down PG-13 114 min.
5:30pm Witless Protection PG-13 97 min.
7:30pm FREE ADMISSION
THROWBACK THURSDAY
Syriana R 128 min.
8:00pm The Bank Job R110 min.

10,000 B.C. (PG-13)

In a remote mountain tribe, the young hunter, D'Leh, has found his heart's passion - the beautiful Evolet. When a band of mysterious warlords raid his village and kidnap Evolet, D'Leh is forced to lead a small group of hunters to pursue the warlords to the end of the world to save her. Driven by destiny, the unlikely band of warriors must battle saber-tooth tigers and prehistoric predators and, at their heroic journey's end, they uncover a Lost Civilization. Their ultimate fate lies in an empire beyond imagination, where great pyramids reach into the skies. Here they will take their stand against a powerful god who has brutally enslaved their people.

The Bank Job (R)

A car dealer with a dodgy past and new family, Terry has always avoided major-league scams. But when Martine, a beautiful model from his old neighborhood, offers him a lead on a foolproof bank hit on London's Baker Street, Terry recognizes the opportunity of a lifetime. Martine targets a roomful of safe deposit boxes worth millions in cash and jewelry. But Terry and his crew don't realize the boxes also contain a treasure trove of dirty secrets - secrets that will thrust them into a deadly web of corruption and illicit scandal that spans London's criminal underworld, the highest echelons of the British government, and the Royal Family itself...the true story of a heist gone wrong... in all the right ways.

College Road Trip (G)

Melanie is eagerly looking forward to taking her first big step towards independence when she plans a 'girls only' road trip to check out prospective universities. However, when her imposing police-chief dad insists on escorting her instead, she soon finds her dream trip turning into a nightmare full of misfortune and turmoil. Dad wants to assure total security and safety for his precious daughter, while Melanie has a 17-year-old's need to become a grown woman and have her own sense of independence. Now, even as dad and daughter bicker, banter and careen from one disaster to the next on their journey, they are about to discover that, sometimes, going that extra mile to be together can forge a family bond so strong it can withstand anything—even wild curves ahead.

Semi-Pro (R)

Jackie Moon is one-hit wonder who used the profits from the success of his chart-topping song "Love Me Sexy" to achieve his dream of owning a basketball team. But Moon's franchise, the Flint Michigan Tropics, is the worst team in the league and in danger of folding when the ABA announces its plans to merge with the NBA. If they want to survive, Jackie and the Tropics must now

do the seemingly impossible -- win.

Jumper (PG-13)

A genetic anomaly allows a young man to teleport himself anywhere. He discovers this gift has existed for centuries and finds himself in a war that has been raging for thousands of years between "Jumpers" and those who have sworn to kill them.

Nim's Island (PG)

Anything can happen on Nim's Island, a magical place ruled by a young girl's imagination. It is an existence that mirrors that of her favorite literary character, Alex Rover - the world's greatest adventurer. But Alexandra, the author of the Rover books, leads a reclusive life in the big city. When Nim's father goes missing from their island, a twist of fate brings her together with Alexandra. Now they must draw courage from their fictional hero, Alex Rover, and find strength in one another to conquer Nim's Island.

Penelope (PG)

A modern day romantic tale about a young girl's inspiring journey, a mysterious family secret and the power of love. With all odds against her, in order for Penelope to break the family curse, she must find true love with "one of her own kind." The warm and funny adventure leads her to realize the most important life lesson, "I like myself the way I am." Penelope Wilhern, born to wealthy socialites, is afflicted by the Wilhern spell that can only be broken when she finds love. Hidden away in her family's estate, the lonely girl meets a string of suitors in her parent's futile attempt to break the curse. Each eligible bachelor is enamored with Penelope and her sizable dowry...until her curse is revealed. Lemon, a mischievous and tabloid reporter wants a photograph of the mysterious Penelope and hires Max to pose as a prospective suitor to get the shot. The handsome down-on-his luck gambler finds he falling for Penelope, but not wanting to disappoint her or to expose his surreptitious ways, he decides to disappear. Fed up by his latest betrayal and determined to live life on her own terms, Penelope breaks free from her family and ventures into the world alone. She finds adventure and Annie, her first friend and becomes the person she was meant to be.

PREMIERS FRIDAY MAY 2

Iron Man, Doomsday
Never Back Down, Dr. Seuss: Horton Hears a Who!!!

COMING SOON

Shutter, Speed Racer, Drillbit Taylor
Tyler Perry's Meet the Browns

EXPECTATIONS

continued from page 3
meet your individual responsibilities and your responsibilities as a first class mess."

Campa said that since the document was released in February, he's seen results around the Fleet.

He also said he agrees with feedback he's received that the points discussed in the Expectations of the First Class Petty Officer are not new concepts.

"These expectations aren't anything new and some have asked why we have to put these out. My response to that is that it is a chief's responsibility to define expectations for those they lead. I was inspired by what I'd seen across the fleet and that led to their development. I believe the great majority of you understand

them and have taken them on board."

The expectations, said Campa, are not a request.

They are what the Navy needs enlisted leaders to do to ensure Sailors are professionally and personally successful.

He added that within the Navy's first class mess there is an abundance of talent and experience.

He said that more is being expected of the Navy, which has placed a greater strain on the Sailor and their families.

"We have come to a point where we don't have any leaders to spare," said Campa. "We have to make the best possible use of your experience and put those skills to work on the deckplate. If you're doing those things, it will better prepare you to be a chief petty officer, but first and

foremost you will be one outstanding first class."

Following opening remarks, he opened the floor for questions then spent almost 90 minutes answering and addressing the audience's concerns. Crew manning and the effect individual augmentation has had on it was brought up and Campa said these types of issues are ones that are consistently being evaluated and have the attention of our Navy's leadership.

"We assumed risk when we took on [individual augmentee] responsibilities, and it was asking our ships and commands to cope with the loss of their personnel to non-traditional missions," said Campa. "We were able to assume that risk because we had full confidence in the abilities of our people."

NMCRS

continued from page 1

According to Roni Nocon, the NMCRS Director here, their volunteers consist of a diverse group from the Sigonella community.

"We have active duty, we have civilians, we have active duty spouses, youth volunteers," Nocon said. "So it's really a piece of all the different parts that make up our community here."

Nocon believes it is important to hold events like the luncheon to show their appreciation for the work the volunteers do for the NMCRS.

"NMCRS is a volunteer based organization. We have a very, very small staff of paid employees so everyone else that you see working in

our office and our thrift store are volunteers. We cannot pay our volunteers with money. So we try to do as much as we can to show them that we really appreciate what they do for us."

While the NMCRS is best known for helping sailors in financial need they offer much more to for sailors in the Sigonella community, Nocon said.

"Our main mission is to provide financial assistance to sailors and families in need, but we also offer what is called a full service office," Nocon explained.

The local NMCRS offers programs such as a visiting nurse and college tuition assistance program.

As well as operating the Nearly New Thrift Store which is 100 percent volunteer run.

The luncheon is only one way the NMCRS shows its appreciation for its volunteers.

"Although we had this one event to honor our volunteers we truly appreciate what they do every day, and without their support we couldn't be doing everything that we are."

NMCRS is scheduled to hold a late "Cinco de Mayo" themed potluck on May 8 for several volunteers who have served the community for years and are moving on to new duty stations.

ORDERS

continued on page 5

how to prepare and customize your next move. The workshop will help participants develop a plan of action through proven tips and techniques used for military relocation. We will explore websites from tracking your POV to easy ways to set up your utilities online.

We will also address some of the issues associated with family relocation. The workshop will include a session for "Kids and Teens

COUNTY FAIR

continued from page 1

event will also be accompanied by live African drum music performed by those within the community.

Along with live drums comes a host of local, live bands heating up the Main Stage throughout the fair.

"This year, the fair will showcase local talent and use bands made up of active duty military and DOD civilians from the Sigonella community," said Erin Tacey, MWR Entertainment Coordinator.

On May 9 and 10, the local band "It Doesn't Matter" performs live in the early evening followed by "Dazed and Confused" toward the end of the night. On May 10, the closing band will be our local country music favorite, "Appaloosa Victor", accompanied by line dancers.

Another exciting event is the Guitar Hero contest. This easy medium tournament will be a two-day commitment and all ages are welcome! \$50 will go to the best rock outfit and best performance. The contest will also have a \$250 NEX gift certificate for first place, a \$175 NEX gift certificate for second place, and a \$75 NEX gift certificate for third place. Sign-ups are being taken at the MWR Administration Office on NAS I or Take 5 on NAS II. Space is limited,

on the Move" where they can discuss and learn about their new location and discover creative ways to keep in touch with friends and family once they relocate.

If you are interested in help with Relocation or would like to sign up for Smooth Move, please contact the FFSC @ 624-4291.

Other material taken from: Plan My Move, Relocation Assistance Program Curriculum Guide, Military Homefront at <http://www.military-homefront.dod.mil/>.

so sign up now. Sign-ups close at 5 p.m. on May 9 or when registration is full. A county fair cannot be complete without eating contests and a chili cook-off. The Watermelon Eating Contest is 5:30 p.m. on May 9 and the Pie Eating Contest is 6:30 p.m. on May 10. \$400 in prizes will be awarded to the winners.

The Chili Cook-off is on May 10 and chili must be prepared ahead of time and submitted by 4 p.m. to the Main Stage. All ingredients must be listed and no canned chili is allowed. Participants are asked to prepare 30, 4-ounce servings in a pot (no electric pots). Judging will be by the public and the categories are: Color, Substance, Taste, and Aftertaste. Winners will be announced at 6:30 p.m. and there will be \$300 in prizes awarded.

Guitar Hero, Chili Cook-off, and eating contests are open to U.S. ID cardholders only. Pre-registration is highly encouraged for all contests as each of the contests have limited capacity. Forms are available and can also be turned in to either the MWR Administration Office on NAS I or Take 5 on NAS II. For more information on the Sigonella County Fair contests contact Erin Tacey, MWR Entertainment Coordinator, at 624-4940.

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Catania's Old Roman Theatre

The Art and Entertainment of Ancient Sicily

Article and photo by [REDACTED]
Signature Volunteer

Between the first and second century B.C. the Romans reached the land of Sicily. The main reasons that attracted this civilization to this site were political, strategic, and economical. Politically, it was the era of the First Punic War; Rome engaged in a battle with Carthage, a city in North Africa, Sicily revealed to be just a great location to establish the legions head quarter. Strategically, sitting in the middle of the Mediterranean Sea, the island granted a wonderful view of the surrounding great empires of the era. Economically, the fertility of the land supplied the necessary provisions for the troops and for the city of Rome. Sicily was the "wheat storage of the Empire" and the very first Roman province. Historians agree that a place became part of the Empire once buildings such as the theatre, the amphitheatre, the baths, and the forum were erected. Catania has all these sites. In one of the city's main arteries are the Roman theatre ruins. Throughout examination of the materials and the techniques of construction, archeologists determined

that the theatre was built between the first and second century B.C. Its purpose was to perform, to teach, and to entertain. The performances that took place here were dramas, comedies, and tragedies. The stage, now access to the theatre, was divided in two parts, one part occupied by the actors and the other occupied by the orchestra. The constant presence of water in this area brought archeologist to further investigate its source; the conclusion was amazing. To include in the show special effects using water, the Romans redirected the course of the Amenano River (that runs underneath the city's ground) to enter the structure. Facing the stage is the Cavea, Latin word that means audience. The first four rows of the Cavea were covered by marble removed in the XI century by Count Ruggero of Altavilla for building S. Agata's Cathedral. The theatrical art did not excel in this era, so, to capture the audience interest the plays text had to be reduced to just a few lines. The actors used skills such as dancing, chanting, and miming. The patricians



This view of Catania's Roman Theatre can be seen from the street above.

Moda Italia

(nobles) and the women were forbidden to act; hence the actors were free slaves and used masks to play different roles. The theatrical art was also a teaching tool. The plays focused on underlining behavior to follow or to avoid according to Roman laws. Since not all the spectators were educated it was necessary for the actors to simplify their performance while keeping it intriguing. For instance, in the tragedies if the story was about someone's death, an actual prisoner, sentenced to death, played himself and he was truly killed on stage. Maybe there was the need to have crude shows such as those of the amphitheatre to entertain people back then. Entertainment was vital for the Romans. Although the population favored violent shows such as the gladiator combats in the amphitheatre, because it was complex to

arrange these shows, the theatre which was smaller and manageable was the surrogate form of amusement. It could fit about 7000 spectators; in the front four rows seat the patricians, in the rows that followed seat the plebeians (middle class), and lastly on the very top of the stairs stood the women and the slaves. During the rainy season the shows went on anyway. Right behind the theatre is the Odeon a smaller version of the theatre that had the characteristic to have a cover. Catania's streets lay in a manner that allowed the theatre to keep its original entrance. To get to this location it is not difficult. In Elephant Square, get face to face with the elephant and take the street to your right that conveys into the square (via Vittorio Emanuele) walk up this road a couple of blocks and the theatre is on the right hand side.

Stampa

IL Mercato

All classified ads are free to the community. Their intent is for advertising personal property for sale trade or giveaway. No commercial ads will be accepted. Ads run for two weeks. Classified ads are due no later than 2 p.m. of the Friday of the week before publication. For more information call 624-5440 or 624-2798 or 095-86-last four digits. Requests for commercial classifieds must be made to Stampa Generale at 081-568-7884.

SEND IL MERCATO ADVERTISEMENTS TO thesig@nassig.sicily.navy.mil

AUTOMOTIVE

Renault 19 16 valve 1.4 L, A/C 4 doors perfect condition Power windows 1400 Euro . Call Mr testra 3409237375 or dental clinic x4205

Porsche Boxster 3200 S blue, year 2000 like a brand new car, 30000 miles, manual, regularly maintained, satellite antitheft, 300 HP convertible xenon lights, seats electrically heated, great hi-fi system with cd player. asking 36000\$. OBO. Call Frank at 392 5078776

2006 Toyota Corolla S, American spec, 12000 miles, fully loaded including sunroof and Sports Pkg. . Blue book value is 17,500, I will take 15,000 OBO, this car is a must see and great on gas, draws 300 liters Call Mac at 3394194857 or 0957275032

2005 Vespa 150 PX: This is the Classic 4 Speed Vespa. All Steel, No Plastic like the other scooters! Outstanding Condition, Garage kept. White w/ black seat. Comes w/ alarm & 2 remote controls, windshield, and spare tire. It has only been adult ridden. Great on gas! Uses 10 liters a week from Masalucia to Nas I. It has 7,300 KLM on the odometer and is Italian registered. It can be easily changed to AFI plates in about two weeks. Asking 1,800 Euro OBO. Call Mike @ 349-145-2509 or 335-830-4961.

2000 Ducati ST4 916cc. Outstanding Condition. Garage kept. You must see this bike! Blue and Silver. This is "The Gentleman's Sportbike". Very comfortable and fast. Comes with performance exhaust system, racing computer chip, racing air filter, and hard color matched Ducati saddlebags. Only adult ridden with 14,500Kms on the odometer. Asking 5,300 Euro or best offer. Call Mike @ 349-145-2509 or 335-830-4961.

2003 Ford Focus ZX5, perfect island car. Reliable, looks good, great mileage, well maintained. Gray 4dr, automatic only 38,000 miles. 4cyl 2.0 liter, AC, CD, power locks, power windows, airbags. KBB value 6,600, asking 6,500. Call Tim at 624-5128 or 624-1214.

1990 Fiat Tempra: 5 gear, 4 door, a/c, electric panels, runs good, good tires, new battery, avbl in June. Asking \$950.00 dollars O.B.O. contact po2 Collins at 095-86-1535 or leonard_collins@yahoo.com.

1997 VW silver Golf station wagon, Euro Specs, 5spd Manual, new front tires, recent tune up, Great running car! AC, Heat works great! Kept super clean in & out! Well maintained! Family car. Car available Early June. Ask 4 pics! pstaten04@yahoo.com

se?To=pstaten04@yahoo.com> H:1644, C:334-158-5176

2000 BMW 523i Euro spec, silver 4 door sedan auto w/ ac, power window and locks Gets great gas mileage asking \$11000 call Wes 624-1356

1963 vespa, completely restored. Looks and runs brand new! allitabraga@yahoo.it for pics. Must see! Phone:x-1299.

1994 Honda Accord Dx Sedan American spec, very reliable Great island car. \$2100 Please call 348-606-0426 or 624-1699.

1990 Green Lancia Thema 2.0 I 16 valves Turbo Air Conditioning, Good Conditions 75,000 Miles 2500 \$,Call 347-3232890

1996 Opel Tigra, silver, 2 door, 4 cyl, a/c, power windows and doors, new tires, recent tune up, wife owned, sporty look and fun to drive, excellent gas mileage, very reliable, european spec, \$3000 obo. contact Bruce at 335-827-9209

2001 Ford KA, white, excellent condition, 5 speed transmission, dual airbag, air condition, new safety inspection, new tune-up, power lock doors and windows, AM/FM CD player, great gas mileage. Sale on date 15 May. Asking \$4200.00. Call 624-1464 or 335-763-0809.

WANTED

Used Elliptical in good condition. Please call Marge @ 624-0520 or 3898001726

FOR SALE

Ashley Cottage Retreat Girls Bunk Beds with door chest and five drawer chest 2 1/2 yrs old Great condition-Complete set for \$ 900.00. Two Twin mattress sets 2 1/2 yrs old. Great condition, no bed wetters \$400.00. 1 metal IKEA computer desk \$200.00

2001HP Desk top PC tower and keyboard \$150.00 Black metal full size futon with mattress \$100.00 21"Hitachi Multisystem T.V. 2 yrs old \$85.00 call 624-1699 or 348-606-0426

Ikea glass and light wood cabinets for sale. Great for all your storage needs or displaying glasses and plates. Keep your favorite things free from dust but still in full view. Asking \$100 for both or \$50 for one. Call Rebekah at 624-1205

For sale Klipsch KSW-12IN Home Subwoofer Brand new condition, bought for \$400 asking \$250 OBO. Call Mac at 3394194857 or 0957275032

For Sale (5) 20in wheels and tires (Zinik Z9 Sabini black w/ chrome lip) Dimensions are Offset 15mm, Bolt

Pattern 6-139 tire size is 265/50/20, \$2,500 it will fit any 6 lug truck. Call Mac at 3394194857 or 0957275032

(4) almost new Goodyear tires less than 1k size 215/55/16 asking \$350 or best offer. call Chris at 3383753167

Cheers DVD- Seasons 2, 4, and 5. New in package, \$20 each season or \$50 for all 3 seasons. Call Michelle at 624-7963.

Private - collectors Item for sale, Sporty "FIAT X1-9" metallic black coupe with detach. roof, 71 500Km on the clock, vehicle is in excellent condition, used very rarely and kept in mint condition. All original parts are still inside the car, radio and leather seats. (Photos are available)Asking: Price: € 6500.00 (O.B.O) Call Alfio for more info. @ 624-6894.

ICON Mil-Spec motorcycle safety vest. Orange, excellent condition (barely worn). Don't ride looking like a fool in a road guard vest, buy this one and look cool instead. \$35. Call x0361

34in Sony WEGA Multisystem TV, 110/240 V. Still have original box and styrofoam. Only used for 9months. Retail over \$1300 asking \$600. HP Photosmart 7350 printer, can use to print pictures without computer \$40 OBO. Email gina.dantonio@ctf67.sicily.navy.mil or call 340-324-6875.

Desktop Computer, older model but still very useful. Very clean an in excellent condition! \$80. Also have a Microsoft Office 97 Pro original disk with install code. \$20. Call 624-0313.

Bunk Bed, single top/double bottom, white wood headboard/footboard frame, double mattress included, \$225. Wood coffee table and 2 end tables, light wood stain, mission style with storage under each, \$75 for all 3. Kitchen island table, light wood and white tile, \$15. Ikea storage cabinet, 92" tall, 39" wide, 24" deep, includes 2 roll out tray shelves and 2 standard shelves, \$275. Dresser set, cream color drawers and wood color frame, silver handles and legs, one is wide with 3 drawers, one is tall with 7 drawers, \$100 for both. Small wood student desk with 2 side drawers, and chair, \$15. Sizzix die cutter, various dies including an alphabet set, \$50 for all. Call 624-0387.

Glass-top coffee table \$150; Pier One pine desk, 2-drawer file cabinet, wheeled chair, folding shelves, and extra table \$500; men's medium Cressi Lontra 3 5mm wet-suit and separate hood, never worn \$300. Pictures and contact information at <http://sicily4me.blogspot.com>

Various Plants in pots, 4 large Exlnt rugs,

2 of all: Garden statues, bookshelves, table ends, 3 new USA car tires, 3 computer desks, TV system stand w drawers, 1 coffe table, LG Green Coleman Grill w tank Excit cond!, Patio set: 6chairs, umbrella, & tble, white love seat turns to bed-Great!dresser, portable crib, high-chair, and more!! Please call leave message or email. Ask 4 pics! pstaten04@yahoo.com <mailto:pstaten04@yahoo.com> H:1644, C:334-158-5176

AFN decoder \$200.00 Call 338-138-0313

Ashley Glass dining table with 4 chairs Great condition just bought 18 months ago \$350.00 OBO Please call 338-138-0313

Black Wrought Iron Patio Set Round table and 4 rocking chairs \$300, 220V Deep Freezer, approx. 21/2 ft. deep and 2ft wide \$80, 27" JVC T.V. 6 yrs. old \$40, Please call 348-606-0426 or 624-1699

Kids brand new (still in package) 5 piece drum set \$100 (NEX sales for \$130) Call Karrie at 624-1723 or email leinaar@gmail.com

Polaroid Portable DVD player-\$100 Call Karrie at 624-1723 or email leinaar@gmail.com

Coby (New in Package) Digital Photo Keychain-\$15 Call Karrie at 624-1723 or email leinaar@gmail.com

I am selling 4 used 18" Chrome Rims for \$300 or OBO. They are universal and can fit on any five(5) lug vehicle. For more information, please call 624-1326 or 3334277357.

PCS Sale: IKEA white corner computer station with bookshelves, many 220 small appliances, electric radiant space heaters, 110 heaters, boom box 5 cd player, super light racing bike. call 624-1378

3 piece matching Aquarium set,

swing/gym/bathtub with hammock-\$75 will sell separate.Bouncy with overhead activity light set \$10JJ Cole baby sling \$25.Blue Bumbo baby seat \$20.Avent bottle sterilizer (fits all bottles)\$25. Maternity clothes/0 to 12mo boy clothes in perfect shape. Call Stacey at 624-0629

MISC.

AA meetings will be held Monday, Wednesday and Friday, each week, at 7 p.m. in the NAS II Chapel. For further information call the AA hot line at 346-693-6935.

Lost/Found

My 3 year old son lost his white bunny at NAS I. The bunny is very special to him. If found, please call Molly at 624-0262.

PETS

Free to a good home, 2 year old male Alaskan Malamute Mixed 16 months old female German Shepherd Mixed Both are friendly, sweet and playful, especially with kids Up to date with shots and healthy dogs. Please call Daniel 624-1319

Free to a good home. 2 year old male Alaskan Malamute Mixed 16 months old female German Shepherd Mixed Both are friendly, sweet and playful, especially with kids Up to date with shots and healthy dogs. Please Call Daniel 624-1319

YARD SALE

103 Hillis Drive, NAS I, Next to elementary school, 3 May 2008 0900-1300, Furniture, clothes, games, toys

JOBS

"The US Naval Hospital Sigonella, Italy is soliciting for the following contracted services: 5 full-time or part-time Registered Nurses and 6 Certified Medical Assistants. Sources must possess U.S. citizenship and be eligible to work overseas. The minimum requirements are specified in the solicitation package. If you are interested please contact Mr. Aldo LaColla at 095-86-5727 or Ms. Agostina Randazzo at 095-56-3792."

hi tech

Anyone interested in sending ads via email should leave a phone number and point of contact name at thesig@nassig.sicily.navy.mil. Ads run for two weeks on a space available basis and must be sponsored by active duty military members, family members or Italian National/ American base employees. Ads must be 40 words or less and typed in regular upper case, lower case format. The Signature no longer accepts ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. AFRTS/AFN decoders must be sold only to another authorized individual: active duty or retired U.S. military, DoD direct-hire employees, and their spouse. If someone would like these types of services in The Signature they can call Stampa Generale @ 081-568-7884.

Centro
traslochi

Joes

Assomondo
animale

Dog sitter needed for my black lab, Dugan, from June 12-August 12. Dugan is totally house trained, and he loves to cuddle! He needs to be walked and fed twice a day. Please call if interested: 331-613-1762 or 095-30-6981

American Red Cross has a Temporary/Full-time position for a Field Office Assistant providing administrative support and assists in the delivery of Red Cross services to members of the military and their families assigned to Sigonella, Italy work location. Provide services to customers and clients at a high level of customer service consistent with Services to the Armed Forces and American Red Cross standards. Ideal candidate will have HS diploma/GED, hands-on experience in data entry, strong organizational and administrative skills, ability to work independently, excellent oral and written communication skills, and experience working with volunteers. Applicant must have all of the following attributes to be considered: (1) be a U.S. citizen and (2) dependent of an active-duty service member (3) Employment location will be NAS Sigonella. Employment dates are from 23 June 08 to terminate on 19 December 2008. To apply please visit www.Redcross.org call the American Red Cross Office at 095-86-4900 for further information. Advertisement dates: 25 April - 05 May 2008

Mammuth

Vento Dell'st

Grande Cina

Vulcano

Camelot

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