



Sigonella celebrates at Navy Ball



Walk for honor, cure

Article by **Tracie Barnthouse**
Signature Editor
In one way or another, everyone has been affected by cancer. Either they know someone who knows

someone who's been diagnosed, they've had family members or loved ones battle the disease, or they themselves have come face-to-face with it.
WALK, continued on page 12



In typical Navy tradition, the oldest Sailor, Capt. James Bloom, and youngest Sailor, Storekeeper Seaman Recruit Jerol Villena, help the distinguished guest, Vice Adm. Ann E. Rondeau, cut the ceremonial cake during the Navy Ball on Oct. 18 in the Sheraton Hotel in Catania, Sicily.

Article and photos by
MCSN Jonathan Idle
Signature Staff

Members of Naval Air Station Sigonella came together to celebrate the Navy's 233rd birthday at the Navy Birthday Ball Oct. 18 at the Sheraton Hotel in Catania, Sicily.

The Navy Ball is an annual event to celebrate the heritage, the history and more specifically the day that Congress created the Navy on Oct. 13, 1775.

The ball began in traditional fashion with singing of National Anthem by Personnel Specialist Seaman Nicole Scarnato and the parading of the colors by the Sigonella Honor Guard.

Vice Adm. Ann E. Rondeau, Deputy Commander of U.S. Transportation Command, served as the guest speaker as well as the guest of honor for the ceremony.

Vice Adm. Rondeau reminded the Sailors that even though the celebration, **BALL, continued on page 13**

Homecoming Weekend, Jaguar style



The 'blazing of the J' is an annual Homecoming tradition at Sigonella High School. This year's blazing took place on Oct. 10, 2008.

Article and photos by
Signature Intern

Sigonella Jaguar High School students were pumped and ready for Homecoming weekend Oct. 6-11.

The high school students began getting ready for the arrival of the volleyball, cross country, tennis and football teams from Naples on Friday by participating in school spirited activities ranging from crazy hair day to era day.

A pep rally for the high school was held on Friday, Oct. 11 and students were involved in many new activities and traditions from relay races to winning the Jaguar spirit stick.

That night, the high school started a new tradition for homecoming weekend, which was the powder puff games. There was a large amount of student participation from the girls being football players to the guys acting as cheerleaders. After the **HOMECOMING, continued on page 13**

Don't forget to fall back 10/26



Article by **Tracie Barnthouse**
Signature Editor

There's no denying it - the crispness in the air, the leaves on some trees changing colors, and the dusting of snow on top of Mt. Etna could only mean one thing - fall is here.

The turning of the seasons isn't the only change going on this time of the year. It's also time to set your clock back an hour to account for daylight savings time.

Italy officially moves the clock back on Oct. 26, and clocks will stay that way until we "spring forward" on March 29, 2009.

So, don't forget to turn your clock back one hour on Oct. 25, as the time changes at 3 a.m. on Oct. 26. That is, unless you want to make your boss happy and be really early for work.

WEATHER UPDATE	October 24	October 25	October 26	October 27	October 28	October 29	October 30
	H:77F L:63F	H:77F L:61F	H:77F L:63F	H:77F L:59F	H:75F L:54F	H:73F L:61F	H:70F L:48F

TOP STORIES	Page 2	Page 3	Page 5	Page 6	Page 8
<p>Perspective-everyone has one and we all seem to hold on to them dearly for right or wrong, good or bad. Have you ever heard the saying, "One man's trash is another man's treasure."? That's perspective. Look at the bigger picture and see another's perspective. You just might learn something.</p>		<p>Safety is something every motorcycle rider should think about when they take their bike to the streets. The Pacific Fleet Commander address motorcycle safety measures and the various classes one needs to take to be certified to ride their motorcycle on and off base.</p>	<p>Kelvin Boston and Peter Bielagus make a stop at Sigonella to discuss "Moneywise in the Military." The event is designed to help service-members, civilians, and their dependents how to manage their money in a financially sound manner.</p>	<p>Mark your calendar for this one! The annual "Sagra delle Castagne e Festa dei Saporì Madoniti" (Chestnut & Madoniti Flavor Fall Festival) kicks off tomorrow evening in Petralia Sottana, a small picturesque village located in the Palermo province.</p>	<p>Chiaramonte Gulfi is a beautiful hilltop city in southern Sicily that holds the distinction of being the "Balcony of Sicily." In addition to views of Mt. Etna, the Ionian Sea, and surrounding towns, Chiaramonte Gulfi also boasts a number of museums for visitors to discover.</p>

INSIDE	Direct Line	Navy News	Community Calendar	MWR Corner	Il Mercato
	2	3	4	11	14

TRAFFIC NUMBERS			
	Jan.- Oct. '08	Jan.- Oct. '07	Diff.
Accidents	219	222	-3
Injuries	37	32	+5
DUIs	7	7	0
Traffic Deaths	2	0	+2

PLEASE,
DON'T BECOME
A STATISTIC!

DIRECT LINE NASSIG COMMANDING OFFICER CAPT. THOMAS J. QUINN

The proverbial "winds of change" are blowing throughout the Navy and their effects have recently begun to show here at NAS Sigonella. Fiscal Year 2010 is predicted to come with a nearly 20% budget cut across the board and financial planners everywhere are trying to find ways to trim the budget. During the transformation that has occurred in Navy Region Europe in the last four to five years, the housing capacity at the bases has exceeded the requirement. Not renewing the Housing complex in Mineo is a decision that has been made in order to balance the supply/demand and maximize the scarce resources available.

The implications of this plan weigh heavily on the future of the Mineo housing complex because not

renewing the lease which expires March 2011 would save money because NAS Sigonella would no longer be paying for the 11.7 million a year lease.

In order to begin the process of non-lease renewal, I have already stopped the flow of new residents into Mineo. This will quickly cause Marinai to reach maximum capacity and as a result of that, on 1 November, all incoming personnel will be given the choice to live in Marinai if housing is available, or on the economy. This change in policy will only apply to incoming personnel after 1 November and will not be grandfathered to current residents.

So that there is no confusion I want to be abundantly clear on this point. If you are a current resident of

Mineo or Marinai housing, you will not be allowed to move out into the economy. The reason behind this is simple. The Navy has until the end of 2010 to renew the lease, and I can always turn the valve back open and allow people back into Mineo if CNRE decides to renew. However, if I let everyone move out right now instead of slowly PCSing out we will still be paying 11.7 million a year for the complex with no one living in it. This is a difficult balance between needs and wants of the residents and the need to be fiscally responsible and not force the premature closure of the complex.

I want to reassure all of the current residents in Mineo that they are my top priority and I will guarantee that all of them will be taken care

of. I currently have the Housing office running the numbers to figure out when everyone PCS's and what the minimum level of occupancy is and when will we reach that level before we need to relocate everyone. If we reach that "magic number" and CNRE has not decided to renew the lease, then the base will pay to move the remaining families out. Until we hit that point, the recreation center, commissary/NEX, Fire Fighters, Security and all of the other amenities provided to Mineo housing will remain and will not be shut down until the last family moves out.



Health WATCH Speak Up

HM2 Marsia Cassotta
Naval Hospital Sigonella,
Patient Safety Office

Everyone, and I mean everyone, has a role in providing the best and safest care ensuring a positive outcome in any event. Remember, one day you could be a patient too! Unfortunately, medical mistakes are a serious problem in our system so let's see how we can make it better for all of us.

What is the Speak Up system? How is it used, and where is it taking us?

Speak Up if you have questions or concerns, and do not be afraid to ask if there is something you do not understand. Do not be embarrassed, do not be afraid to ask about safety, do not be intimidated to let the doctor know you think that you are getting the wrong medicine, and most importantly do not be afraid to Speak Up.

Pay attention to the care you are getting, make sure you are getting the right medications and the right treat-

ments. Ask for your provider's name, notice if your caregiver has washed their hands, and do not be afraid to remind them to do so. Make sure the doctor or nurse checks your ID, know your medications, and if you do not understand something, Speak Up.

Educate yourself about your illness, look for information, read all medical forms and make sure you understand them before you signing anything. If you do not understand something do not be afraid to Speak Up.

Ask a family member or a friend to be your advocate, ask the person to stay with you even overnight, he or she can speak up on your behalf if you are incapacitated, and make sure they know what kind of care you are looking to receive.

Know what medicine you take, when you take them and what you are

SPEAK, continued on page 13

<p>Commanding Officer Capt. Thomas J. Quinn</p> <p>Public Affairs Officer Lt. j.g. Matt Knight</p> <p>Deputy Public Affairs Officer Dott. Alberto Lunetta</p> <p>Editor Tracie Barnhouse</p> <p>Staff Writers/ Photographers Lt. j.g. Glen Sanders MCSN Jonathan Idle MCSA Whitfield Palmer</p> <p>Interns and Volunteers</p>	<p>Department of Defense (DoD), or the U.S. Navy. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the DoD or Stampa Generale S.r.l., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. A confirmed violation or rejection of this equal opportunity policy by an advertiser will result in the refusal to print advertising from that source until the violation is corrected. The Signature is published weekly by Stampa Generale S.r.l., Sig. Bruno Brandi, Publisher, Naval Support Activity, Capodichino (Naples), Italy - Tel. 081-568-7884, Fax 081-568-7887. E-mail: stampagenerale@tin.it. Editorial submissions are welcomed from all Naval Air Station Sigonella departments, divisions and tenant commands. Editorial submissions should be sent to the Public Affairs Office via thesig@nassig.sigily.navy.mil, guard mail stop #68 or hand-delivered to our office no later than the close of business on the Friday proceeding the expected publication date. All articles submitted by non-staff members will be considered contributing writers. The Signature will not publish any anonymous articles. All advertisements in this publication are the property of Stampa Generale S.r.l. Any reproduction of advertisements in The Signature is unauthorized without the written consent of the publisher.</p>
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The Signature editorial office is located at:
Naval Air Station Sigonella, Sicily
PSC 812 Box 3020
FPO, AE 09627
Telephone: 095-86-5440; DSN 624-5440

This civilian enterprise (CE) newspaper is an authorized publication for members of the military services overseas. Contents of The Signature are not necessarily the official views of, or endorsed by, the U.S. Government, the

NASSIG WORSHIP SERVICES

Chapel Office: 095-86-3975

ROMAN CATHOLIC

Sunday

0845	Catholic Mass (NAS I Chapel)	0900
1200	Catholic Mass (Mineo Community Center)	1045
1600	Catholic Mass (NAS II Chapel)	
Monday - Wednesday, Friday		
1130	Catholic Mass (NAS II Chapel)	1800

PROTESTANT

Sunday

Protestant Worship (Mineo Community Center)
Protestant Worship (NAS I Chapel)

Wednesday

Protestant Fellowship Dinner
Bible Studies for All Ages (NAS I Chapel)

CHURCH OF CHRIST LAY SERVICE

Sunday 1530 NAS I Chapel Rooms 3 & 4 (Call 624-5128 or 335-841-8069)

OTHER SERVICES/ACTIVITIES POINTS OF CONTACT

Latter-day Saints: Please email ldssig@gmail.com or call 624-1671 or 349-197-7119
Jewish Services: Please call 095-86-1205
AA Meetings: Monday, Wednesday, Friday - 1900, NAS II Chapel, 339-344-9332



A matter of perspective

Article courtesy of
Chaplain Paul N. Rumery

Perspective-everyone has one and we all seem to hold on to them dearly for right or wrong, good or bad. I know when I was a chaplain of a Navy Cruiser I had 380 Sailors and that meant I was dealing with 380 perspectives at any given time. Perspective involves the interrelation in which a subject or its parts are mentally viewed. It is in essence our "point of view". That is why we often hear, "One man's trash is another man's treasure." Truly, we cannot understand someone else's perspective or appreciate their situation until we have walked in their shoes for a time, is another tried and oh-so-true

statement.

Have you ever caught yourself with a certain perspective and found that judgment based on limited or erroneous information or even worse, a second-hand pass-along, only to find out you were completely wrong? We each have our own perspective at our level; however our leaders often have the bigger picture and can see things from their position in a much different light. In the Chaplain Corps there are many faith groups represented. I am a Christian Chaplain and of course I view things with a Christian perspective, to which in turn you may agree or disagree. Still

PERSPECTIVE, continued on page 12

EMERGENCY MANAGEMENT OFFICE

Be prepared to be on your own for at least three days. Seven is better! The BASIC FIVE: Water, Food, Heat, Cash, Radio; Family Communications Plan: Phone Numbers & Rally Points; Public Protection Strategies: Evacuation and Shelter-in-Place; Web info: Ready.gov; Emergency info: AFN 106.0 FM; Questions? Call the EM Office at 624-2630, 8265 or 2621.

WEEKLY TRAFFIC/ SAFETY UPDATE

Traffic Court Results

- O3 - Improper turning. Member was awarded three points.
- E6 - Negligent backing. Member was awarded three points.
- E6 - Improper passing. Member was awarded three points.
- E5 - Improper passing. Member was awarded four points.
- E4 - Improper turning. Member was awarded two points and require to attend DIP class.
- E3 - Improper passing. Member was awarded three points.

NAVY News

Pacific Fleet Commander addresses motorcycle safety

Article by MC1 Luke Perry, Commander, U.S. Pacific Fleet Public Affairs

PEARL HARBOR (NNS) -- In his latest edition of the "Rat-Pac Report" podcast and blog, posted Oct. 15, Commander, U.S. Pacific Fleet joined Pacific Fleet Master Chief in discussing motorcycle safety and the responsibilities of those who ride such vehicles.

"The Fleet Master Chief and I had a recent discussion regarding motorcycles and the impact that they're having on our Navy," said Adm. Robert F. Willard. "We recently experienced four Sailor deaths in two weeks due to motorcycle accidents. This has been a particularly bad year for motorcycles and motorcycle safety."

According to Navy Safety Center, personal motor vehicles (PMV) accidents resulted in 111 deaths in FY2008. Of that 111, 58 occurred on motorcycles and 51 were on sport bikes. Sport bikes differ from standard motorcycles in that many weigh less than 450 pounds, come with engines 600cc and higher, are tuned for racing and are highly maneuverable.

"We are still not doing our part as Sailors in ensuring we are adhering to the rules and regulations governing this extremely important safety matter," said Fleet Master Chief Tom Howard. "If you own a motorcycle of any sort, it is your responsibility to have the proper personal equipment (PPE) and the proper training to operate that bike. Whether you ride the

bike on base or off, PPE and training are required."

Riders are required to take a Motorcycle Safety Foundation safety course in order to ride on or off base. Additionally, the Navy and Marine Corps have teamed with the foundation and developed a course tailored specifically for sport bikes. The goal is to reduce the risk of injury and death.

"This is something that we must contain, and you have to help one another do it," said Willard. "I need every Sailor that operates a motorcycle and every Sailor that knows a Sailor that operates a motorcycle, to support one another to ensure that we're adhering to all of the training."

The Basic Rider Course (BRC) is a three day course required for all

military service members riding a motorcycle on or off base. Military Sport-bike Rider Course (MSRC) is a one-day course designed specifically for all sport bike riders.

For more information on these courses contact your local safety office or visit <http://www.safetycen-ter.navy.mil>.

The latest podcast and blog are available for download on the Pacific Fleet Web site, www.cpf.navy.mil.

A new "Rat-Pac Report" is scheduled to appear on the site

weekly.

A former resident of Yokosuka Naval Base posted his thoughts on Willard's blog.

"Let me encourage all young Sailors, Airmen and Marines - if you must buy a motorcycle, begin with a starter motorcycle. They usually have a 250 cc engine and are easy handling and forgiving when you make the mistakes that are typical of new and inexperienced riders."

For more news from Pacific Fleet, visit www.navy.mil/local/cpf/.

PHOTO FROM THE FLEET

Check in weekly to find out what our fellow shipmates are doing around the fleet.



U.S. Navy photo by MC3 Shane Arrington

A Sailor assigned to the amphibious assault ship USS Nassau (LHA 4) mans the rails for Nassau's arrival into New York City. Nassau is in New York as part of the celebration for the 100th anniversary of the Great White Fleet.



U.S. Navy photo by MC1 James Foehl

Air Force Master Sgt. Dishon Gregory, assigned to Hickam Air Force Base, Hawaii, participates in a cornering exercise during a Military Sport Bike Rider Course (MSRC) for Commander, Navy Region Hawaii Safety Department at Ford Island. The one-day MSRC provides specialized training tailored to military sport bike riders and focuses on the critical skill sets and decision making incumbent with riding high-powered sport motorcycles.

NEW Arrivals



New Medusa
Hop

Volcano

				FRIDAY	SATURDAY	SUNDAY
				24 OCTOBER	25	26 Disaster Action Team Meeting Red Cross NAS I 11:30 a.m. - 12:30 p.m. x4900
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27 Moneywise in the Military Midtown Theater 8:30 a.m. - 11:30 a.m. -or- 12:15 p.m. - 3 p.m. x4291	28	29 Survive & Thrive FFSC 8 a.m. - 2:30 p.m. x4291 Men's Group FFSC 1:30 p.m. - 3 p.m. x4291	30 Cooking Class FFSC 9:30 a.m. - 3 p.m. x4291 Budgeting for the Holidays FFSC 1 p.m. - 2 p.m. x4291 PWOC Carol Simpson, Comedian NAS I Fellowship Hall 7 p.m.	31	1 NOVEMBER Italian Holiday All Saints Day	2
3 Thrift Saving Plan FFSC 10 a.m. - 11:30 a.m. x4291	4 Budget for Baby NMCRS Mineo x4212	5 Motta Castle Tour FFSC 10 a.m. - 11:30 a.m. x4291 Men's Group FFSC 1:30 p.m. - 3 p.m. x4291	6 Ricotta Cheese Workshop FFSC 9 a.m. - 2 p.m. x4291 Money Management for Life FFSC 2 p.m. - 3:30 p.m. x4291 Volunteer Orientation Red Cross 10 a.m. - 11:30 a.m.	7 x4900	8 CPR Class Red Cross 8 a.m. - 5 p.m. x4900 Shelter Training Course Red Cross 8 a.m. - 5 p.m. x4900	9

Motta

Tamoil

Stags

Taberna

Did you know that . . .
 Society Volunteers can learn all about military income through the Society's Volunteer caseworker training program? Not only will you learn about a Leave and Earnings Statement, military pay, allowances, and deductions, but you also learn how to help others find lasting solutions to their financial problems. Many Volunteers gain skills that make them more marketable for future employment. Make your volunteer experience count. The training is free, and you can get reimbursed for child care and commuting expenses. Check out the opportunities at your local NMCRS Office today!
 NMCRS: Seeking New Volunteers!
www.nmcrcs.org



FREE CHILD CARE at the CDC for those attending either seminar! Sign up by Wed., Oct. 22.

*available on a first-come, first-served basis. For families not registered with the CDC, pick up a registration packet and bring no-fee passport and updated shots record to sign up at the CDC.

Moneywise visits Sigonella

Introducing Kelvin Boston: Financial Journalist, Author, and Entrepreneur

Adapted from <http://www.moneywise.tv/host.html> and <http://www.peterbspeaks.com>

Kelvin Boston, a sought after public speaker, distinguished financial journalist and best-selling author, will be appearing at Naval Air Station (NAS) Sigonella's Support Base during the Moneywise in the Military event. The event is sponsored by Commander Navy Installations Command (CNIC) and hosted by NAS Sigonella Fleet & Family Support Center and community partners, and will be held on Oct 27 at Midtown Theater during two sessions - the first at 8:30 a.m. and the second at 12:15 p.m.

Amaidda

Boston believes that financial education is the key that unlocks the door to financial success. He is the executive producer and host of the "Moneywise with Kelvin Boston" public television series. Boston is also the author of the best-selling book, *Smart Money Moves for African Americans*. The New York Times referred to him as an "outspoken voice for economic empowerment."

Boston grew up in the public housing projects of South Wilmington, Del. After graduating from Lincoln University, Pa., he returned home to organize a housing counseling service to assist low-income families in becoming homeowners. Today, the South Wilmington Housing Counseling Service is one of the leading community housing development organizations in Delaware.

In 1980, Boston moved to Toledo, Ohio and began his career as a financial planner with one of the nation's leading financial planning companies, American Express Financial Advisors. During his tenure at American Express Financial Advisors, he became the Mid-West Regional Manager for Financial Planning.

In 1990, he moved to Detroit, Mich. to produce the nation's first weekly financial television series for people of color - "Financial Insight." After airing on the Barden Cable Channel for one year, the "Financial Insight" series was renamed the "Color of Money" and added to the programming schedule of WTVS - Detroit's public television station. By 1992, the "Color of Money featuring Kelvin Boston" was airing on more than 200 public television stations

MONEYWISE, continued on page 12

Orange

Pentagon

Cold Noses



WARM HEARTS

A reminder to the community that feeding feral or wild animals on the installation is prohibited.

Sigonella's Stray Animal Facility (SAWS) has many cats and dogs looking for a warm home and someone to love. Each week, the Signature will feature animals in need of adoption.

General (Right) our newest dog. He is one and a half years old and he is quite the mellow character. He likes to be outdoors socializing with dogs and people. General is also the quintessential lap dog.



Nix (Left) is a great girl. She needs a patient family who can show her love, affection and how to belong. She would love a warm bed to snuggle in each night.

For more information, contact the Stray Animal Facility at 624-3936 or a SAWS representative at 345-502-2266.

SEXUAL ASSAULT / VICTIMS INTERVENTION

SAVI offers a Sexual Assault Hotline

staffed with trained advocates who man the SAVI Hotlines 24/7. The number is 335-642-8312 or 335-606-6146.

Alberto Lunetta
Signature Staff



Italian NEWS

Sicilian Culture, Events and Lifestyle



Chestnut festival in Petralia



Fall festival in Petralia Sottana

Mark your calendar for this one! The annual "Sagra delle Castagne e Festa dei Sapori Madoniti" (Chestnut & Madoniti Flavor Fall Festival) kicks off tomorrow evening (Saturday, Oct. 25) in Petralia Sottana, a small picturesque village located in the Palermo province. This exciting autumn festival running through Sunday, Oct. 26, celebrates the rural heritage of a beautiful town nestled among the Madonie Mountains. The festival originated in the 1960s as a freshman's party and featured traditional food and allegoric carnival-like floats on parade. Freshmen were nicknamed "castagnusi" (biting) as they were criticizing and ridiculing the local politicians of the time through public satire and mockery. Today the festival is mainly focused on celebrating the local produce of the season (chestnuts, caciotta cheese, "Badda" beans, jams, marmalades and other preserves, ricotta cheese, almond and amaretto cookies, sausages and salumi or cured meats). However, allegoric floats depicting the town's architectural

features still parade throughout the historic center (Oct. 26- 11 a.m.), as a proof that the old tradition is still somehow alive. Food vendors' booths, which will be set up along corso Paolo Agliata and in piazza Duomo, will be open all day long on Sunday, Oct. 26, starting at 10 a.m. The sagra will also feature trips to the local forests, arts and crafts and live entertainment. Before you leave the festival, don't forget to visit the local churches and monuments, as well as the small archeological and geological museum. Reaching Petralia Sottana is fairly easy (about one and a half hour drive from Sigonella). Exit Tremonzelli on the highway A-19 (Catania-Palermo) and then follow directions towards Petralia Sottana. For more information call the local tourist office at 0921-641811.

Italian Air Force retirees visit Patrol Squadron Detachment Sigonella

Patrol Squadron Detachment Sigonella (PATRON SIG) has recently hosted a group of retired Italian Air Force (ITAF) members from the "Associazione Arma Aeronautica di Ravenna" who toured the base to learn more about the missions and assets of both the Italian and the American sides.

Among them was the oldest pilot of the ITAF, retired Master Sergeant Alessio Pasini, who fought in WWII.

The group, which was escorted by Naval Air Station Sigonella and 41st Stormo Public Affairs Office (PAO) personnel, was welcomed by the Squadron PAO, Lt. j.g. Kevin Harrington, who gave a brief on the squadron's mission. Following the brief, the group got a chance to take a first-hand look at the P-3 aircraft interior.

"The Navy Squadron tour was very interesting. I was impressed with the high-tech organization of the Navy Squadron as well as with



the crews and maintenance personnel's professionalism," said Dr. Alberto Fussi, the president of the association.

"PATRON SIG is very proud of our relationship with the local community and this morning was another great opportunity to foster

this friendship. We greatly appreciate the hospitality of our Italian hosts and look forward to visits like this to share with them a little of what we do here in the P-3 community," said VP-16 Officer in Charge, LCDR David McMullen at the end of the visit.

Catania Opera House new music season

The Catania Open House has announced its new exciting symphonic season lineup, which will feature nine concerts and seven recitals.

The first show is a combined concert of orchestra and choir conducted by world-class French music director Marc Soustrot. Performing will be the Bellini Opera House Orchestra and Choir, directed by Tiziana Carlini. The concerts' dates are Oct. 24 at 9 p.m. and Oct. 25 at 5:30 p.m.

For more information and tickets, visit www.teatromassimobellini.it



Strike

Magnolia

Kartodromo



Do you have a passion for writing or are you looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440.

Stampa

A Stone's Throw

THE HUB OF THE MED IS ALSO THE HUB FOR TRAVEL

Chiaramonte Gulfi, the "Balcony of Sicily"

Article and photos by
 Lt. j.g. Matt Knight
 Signature Public Affairs Officer

Chiaramonte Gulfi is a beautiful hilltop city in southern Sicily that holds the distinction of being the "Balcony of Sicily."

At 2,200 feet elevation, this beautiful and historic town is home to breathtaking views of Sicily and a wide variety of historic buildings and museums.

The town can trace its roots back to sixth century Greek-Syracusans who founded the town of Avrillai, which was later destroyed by the Arabs. The survivors took refuge on the Arcibessi Mount, re-building a new town, Gulfi, which was destroyed by the French Anjou's army in 1299. The current name Chiaramonte was named after the founder of the town that stands today, Manfredi I Chiaramonte, the count of Modica in the 14th century. The addition of the name Gulfi, by a royal decree on Aug. 8, 1881, was meant to celebrate the glorious past of the town.

The town and a nearby olive oil farm are offered as a trip through ITT which has the added bonus of a tour guide and no hassle transportation.

Site: Five Stars

Chiaramonte Gulfi is an excellent day trip for anyone who enjoys beauty and history in the same location. At 2,200 feet above sea level, the views of Gela, Mt. Etna, the Ippari Valley and its cities, the Erei slopes up to Caltagirone, the African Sea and the Iblean mountains can be seen

from all over the town. The town's baroque style and classic buildings compliment the scenic backdrops. Chiaramonte Gulfi is surrounded by olive oil farms and has seven museums including a military, olive oil, bird and others covering the history of the region.

The fee for the museums are only one Euro for one museum or four Euro for all of them, and are open Wednesday and Friday 9:00 a.m. - 1 p.m., Saturday and Sunday 9:00 a.m. - 1 p.m. and 3:30 p.m. - 7:30 p.m. For more information call 0932 711239 - 0932 928219.

Family Friendly: Three Stars

While the "Balcony of Sicily" reputation is responsible for the five stars site rating, it is also partly responsible for the two star loss for family friendliness. The town is vehicle accessible, but much of the central part is only accessible by foot and can be tiring due to the hilly nature of the town. Another detractor is the fact that nearly all of the museums are in basements or upstairs rooms which make them difficult for small children or strollers to get in and out of. However, throughout the town there are plenty of cafés and restaurants for food, drink and restrooms, and during the week there are small shops open for business.

Accessibility: Five Stars

Chiaramonte Gulfi rates five stars because it is offered as a trip through ITT making it an easy and convenient travel opportunity. However, if visiting there on your own the trip rates three stars for complexity of directions and some alpine curves near the town. To reach it from NAS II or Marinai head towards NAS I and take SS192 to the A19 Autostrada towards Catania, then take the Siracusa/Ragusa/SS194 exit. Merge on to E45 until it becomes



(Above) Upon arriving in the city of Chiaramonte Gulfi, "Balcony of Sicily," you will see views of Mt. Etna, Gela, the Ippari Valley, and the Erei slopes, which can be viewed from many parts of the town. (Right) Ornamental crowns are part of the many historical artifacts that can be found in the art museum near the town center.



SS194 and then exit at Chiaramonte Gulfi.

Travel Time: Two Stars

The trip to Chiaramonte Gulfi takes over an hour and a half from NAS II which is why it only rates two out of five stars.

**NAS Sigonella
 Ombudsman
 Program**

Our Mission:

- Primary liaison between families and the command
- To be an advocate for families and single sailors
- To disseminate information regarding command policies, services available, deployments, and Individual Augmentee (IA) support
- To be the primary POC for families and single sailors and to refer them to the appropriate agency for questions, concerns, help, or intervention

Our Commitment:

- We are committed to representing and supporting the command as well as the families and single sailors
- We are committed to presenting accurate and up-to-date information for referrals
- We are committed to COMPASSIONATE and CONFIDENTIAL advocacy within the guidelines of OPNAVINST 1750.1F
- We are committed to being available 24/7. Please keep calls between 0900-2000 unless you are experiencing an emergency.

Call us at 624-4291 or 24/7 at 335-580-1269 for more information.

Rigattiere

C e n t r o
 Mobili

Oxidiana



(Above) A memorial in the town square near the military and art museum that is dedicated to all of the soldiers from Chiaramonte Gulfi who lost their lives in World War I. (Below) An anti-aircraft gun from World War II stands in the military history museum and is on display along with other artifacts from the past century.



(Above) The patron saint of Chiaramonte Gulfi, Saint Vito, a Sicilian Catholic martyr who is celebrated on June 15 is known as the patron saint of dancers and actors. (Below) Oil press stones sit outside a olive oil farm near the town of Chiaramonte Gulfi. The stones were used many years ago to press olives for olive oil.

REVIEW SUMMARY

Site:



Family Friendly:



Accessibility:



Travel Time:



These ratings are out of five stars, and are the opinion of the Signature staff and in no way constitute a professional travel review. If you have comments or questions on this review contact:

thesig@nassig.sicily.navy.mil



Stampa Sol

Days Inn



Attention all good standing Catholic gentlemen! Come join the ranks of Sigonella's newest Knights of Columbus Chapter! We meet the first Thursday of every month at 1930 p.m. above Applebee's. You may also contact a fellow Knight after the Sunday Mass service in the NAS I Fellowship Hall, or Mineo community Building. (Pizza and soft drinks provided at the meetings!) For more information visit - www.kofc.org/

Ristorante Bella Etna

<p>Friday 24</p> <p>Lunch: Beef Barley Soup, Herbed Baked Fish, Chicken Pasta Primavera, Roasted Pepper Potatoes, Waxed Beans, Simmered Okra, Spiced Cake w/ Frosting, Lemon Cookies.</p> <p>Speed line: Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes.</p> <p>Dinner: Old Fashioned Bean Soup, BBQ/Braised Spareribs, Tossed Green Rice, Cajun Oven fries, Corn on the Cob, Stewed Tomatoes, Spiced Cake w/ Frosting, Lemon Cookies.</p> <p>Made to Order: Vegetarian Burger, Turkey Wrap, French Fries</p>	<p>Saturday 25</p> <p>Breakfast: Hominy Grits, Baked Sausage Patties, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Hashed Brown Potatoes, French Toast, Asstd Doughnuts, Kolaches.</p> <p>Lunch: Creole Soup, Beef Stir Fry, Kielbasa w/ Sauerkraut & Apples, Filipino Fried Rice, Steamed Broccoli, Summer Squash, Apple Sauce, Cherry Pie, Abracadabra Bars.</p> <p>Dinner: Vegetable Soup, Spinach Lasagna, Spaghetti w/ Meat Sauce, Marinara Sauce, Seasoned Asparagus, Steamed Cauliflower, Garlic Bread, Cherry Pie, and Abracadabra Bars</p>	<p>Sunday 26</p> <p>Breakfast: Rolled Oats, Corn Beef Hash, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Hashed Brown Potatoes, Waffles, Asstd Doughnuts, Cinnamon Sweet Rolls.</p> <p>Brunch: Breakfast Items, Egg Drop Soup, Cheddar Chicken Broccoli, Fried Onion Rings, Eggplant Ratatouille, Club Spinach, Cream Puff, Hermits.</p> <p>Dinner: Chicken Vegetable Soup, Sauerbraten, Mustard Dill Baked Fish, Steamed Rice, Mashed Potatoes, Natural Pan Gravy, Steamed Cut Green Beans, Seasoned Carrots, Creamed Puff, Hermits</p>	<p>Monday 27</p> <p>Lunch: Creamed of Broccoli Soup, Beef Pie w/ Biscuit Topping, Lemon Pepper Catfish, Steamed Rice, Buttered Noodles, Mix Vegetables, Parmesan Eggplant, Yellow Cake w/ Icing, Brownies.</p> <p>Speed line: Sub Sandwich, Pasta Primavera, Cartoccia.</p> <p>Dinner: Mulligatawny Soup, Savory Baked Chicken, Wild Rice, O'Brien Potatoes, Chicken Gravy, Peas & Onions, Harvard Beets, Yellow Cake w/ Icing, Brownies.</p> <p>Made to Order: Grilled Chicken Sandwich, Tuna Salad on Wheat Bread, Potato Chips</p>
<p>Tuesday 28</p> <p>Lunch: Egg Drop Soup, Sweet & Sour Pork, Chicken Chop Suey, Egg Foo Young, Chinese Fried Rice, Chow Mein Noodles, Oriental Fried Cabbage, Simmered Corn, Dinner rolls, Pineapple Upside Down Cake, Blueberry Pie.</p> <p>Speed Line: Chicken Patties Sandwich, Onion Rings, Pasta Primavera.</p> <p>Dinner: Chicken Gumbo Soup, Roast Beef, Mashed Potatoes, Orange Rice, Mushroom Gravy, Southern Greens, Seasoned Mix Vegetables, Chocolate Cookies, Apple Pie.</p> <p>Made to Order: Vegetarian Burger, Turkey Wrap, French Fries</p>	<p>Wednesday 29</p> <p>Lunch: Beef Rice Soup, Blackened Fish, Beef Cordon Bleu, Garlic Cheese Potatoes, Rice Pilaf, Green Beans, Stewed Tomatoes, Brown Gravy, Spice Cake w/ Frosting, Chocolate Pudding, Jello.</p> <p>Speed Line: Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes.</p> <p>Dinner: Chicken Vegetable Soup, St. Louis BBQ Pork Ribs, Italian Roasted Potatoes, Vegetable Stir Fry, Steamed Green Beans, Spice Cake w/ Frosting, Chocolate Pudding.</p> <p>Made to Order: Sicilian Submarine, Grilled Cheese, Onion Rings</p>	<p>Thursday 30</p> <p>Lunch: Corn Chowder Soup, Roast Pork, Scalloped Ham & Noodles, Steamed Rice, Seasoned Carrots, Asparagus, Brown Gravy, Peanut Butter Cookies, Cherry Pie.</p> <p>Speed Line: Baked Potatoes, Bacon Bits, Sautéed Mushroom, Sour Cream, Shredder Cheese, Assorted Pizza.</p> <p>Dinner: Minestrone Soup, Stuffed Cabbage Rolls, Ginger Rice, Rosemary Roasted Potatoes, Corn, Steamed Broccoli, Cherry Pie Peanut Butter Cookies.</p> <p>Made to Order: Grilled Chicken Sandwich, Tuna Salad on Wheat Bread, Nachos</p>	

The Signella Galley is open from 5:30 a.m. to 8:00 a.m. for breakfast, 11:00 a.m. to 1:00 p.m. for lunch and 4:30 p.m. to 6:30 p.m. for dinner. The galley is located on NAS II. This menu is subject to change without notice.

Nurse

Cristaldai

Feudo

ON THE GO WITH MWR

Get ready for Autumn Fest fun!

Pumpkins, apple cider and the crispness in the air could only mean one thing - fall is here, signaling the end of the summer and the beginning of the colder months. It also brings forth Autumn Fest, Sigonella's annual fall season celebration that focuses on providing the military community a host of fun activities, food, and craft and entertainment booths to enlighten and entertain.

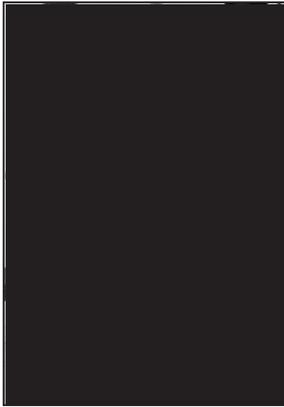
Autumn Fest is Friday, Oct. 31 and Saturday, Nov. 1 and will offer food, games and carnival rides from 3 p.m. - 11 p.m., along with added extra's such as live music on both nights, a Chili Cook Off, Teen Fun Factor and Adult Fright Factor, a Children's Halloween Parade, Pumpkin Carving Contest and Adults Only Costumed Cosmic Bowling Party, and much more, such as:

Howl-oween **Bowling**
Daylight Special - on Oct. 31 from 11 a.m. - 3 p.m. One adult pays and up to four others can bowl for free at SpareTime Bowling Center on NAS I!

Children's Halloween Parade - the starting point of the two-day festivities is also one of the highlights of Autumn Fest, as the kids of Sigonella parade in their finest costumes. A fun and exciting parade your kids will enjoy being a part of, so show up early to secure them a spot in the long line of witches and goblins. The parade leads them into the surprises of Trick or Treat at Candy Lane and starts at 4:15 p.m.

The winner's from the **Kid's pumpkin carving contest** will be announced on the evening of Oct. 31. Kids can pick up their pumpkins, while supplies last, on Tuesday, Oct. 28 from 2 p.m.-6 p.m. at the Cave in Midtown. There is a \$1 entry fee, but unlimited opportunity for the creative juices to flow!

Fun Factor - the teens get the challenge ball rolling on Oct. 31 at 6 p.m. with this challenge- filled event that will take it to the limit of energy and excitement. For more informa-



tion and to sign up, contact the Youth Center at x3711

Adults Only Costumed Cosmic Bowling Party - this event on Oct. 31 invites you to put on your freakiest or funniest costume and head out for an evening of bowling

fun, while sipping on Daiquiris and Pina Coladas. Strictly adults only. The fun begins at 11 p.m. and ends at 1 a.m., when the moon is at its eerie- est. Dress up and leave the old you at home, just for the night!

Arts, Crafts, Games presented by the Child Development Center - a booth just for Sigonella's littlest trick or treaters. Arts, crafts and games to keep the kids entertained all afternoon include a coloring competition and loads of other activities to keep the kids happy!

The **Chili Cook-Off** is back and the winner will be announced on the evening of Nov. 1. Pre-registration needs to be completed by Oct. 29 and entrants are required to fill out a form and drop it off at either Take 5 on NAS II or MWR Administration Office on NAS 1. The public will judge the chili entries and the winner will get \$300 in prizes and their recipe featured in *The Signature*. For more information, contact [redacted]

Fright Factor - the adults' only challenge that poses the question -

'Do you have the guts to compete?' Not for the faint-hearted, this challenge is on Nov. 1 at 5 p.m. Sign up at NAS I Fit District with an incentive for those who register early. There are individual and team-based events, with a limit of 25 teams allowed. The challenges will push you to the limit and test your stomach. The grand prize is a MWR Platinum Card, which will allow the winner to enjoy a free one-year locker rental at both Fitness Centers, selected free trips with ITT and much more. If you have the guts, bring it to Fright Factor!

Transportation is available between NAS I and NAS II, and the barracks bus will run every 30 minutes from 7:30 p.m. until 1 a.m. Pick-up and drop-off will take place at the bowling alley on NAS I and at Take 5 on NAS II.

MWR encourages the community to come out, get dressed in your ghoulish finest and celebrate the fun of Halloween and more importantly, the spirit of Autumn. Hope to see you there!

OCTOBER 24 - OCTOBER 31		MIDTOWN MOVIE THEATER		MOVIE HOTLINE: 624-4248
SCHEDULE		MOVIE DESCRIPTIONS		
Friday, October 24		Mirrors (R)		
3:00pm	Traitor PG-13	It's been a year since Ben Carson was suspended for NYPD for shooting another undercover officer. His alcoholism and anger cost him his wife and kids, landing him on his sisters couch. Desperate to pull his life together, he becomes a night watchman at a department store and realizes an otherworldly force is terrorizing Ben and his family. 112 min.		
5:00pm	The Longshots PG-13			
5:30pm	Babylon A.D. PG-13			
7:30pm	Eagle Eye PG-13			
8:00pm	Disaster Movie PG-13			
9:30pm	Death Race R Free to E-4 and below			
Saturday, October 25		Disaster Movie (PG-13)		
2:00pm	Babylon A.D. PG-13	Come along as we follow the comic misadventures of a group as they try to solve a series of mysteries to end the natural disasters and catastrophic events in their path. From the filmmakers of "Scary Movie" and "Date Movie" 90 min.		
2:30pm	The Longshots PG-13			
4:30pm	Disaster Movie PG-13			
5:00pm	Eagle Eye PG-13			
7:30pm	Tropic Thunder R			
8:00pm	Death Race R			
9:30pm	Mirrors R Free to E-4 and below			
Sunday, October 26		Eagle Eye (PG-13)		
2:00pm	Traitor PG-13	Two strangers become the pawns of a mysterious woman they have never met, but who seems to know their every move. Realizing they are being used to further her diabolical plot, they must work together to outwit the woman before she has them killed. 118 min.		
2:30pm	Eagle Eye PG-13			
4:30pm	Babylon A.D. PG-13			
5:00pm	Disaster Movie PG-13			
7:00pm	Death Race R			
Monday, October 27		Bangkok Dangerous (R)		
3:00pm	Star Wars: Clone Wars PG	The life of Joe, an anonymous assassin, takes an unexpected turn when he travels to Thailand to complete a series of contract killings. Joe, a remorseless hitman, is in Bangkok to execute four enemies of a ruthless crime boss named Surat. He hires Kong, a street punk and pickpocket, to run errands for him with the intention of covering his tracks by killing him in the end of the assignment. Strangely, Joe, the ultimate lone wolf, finds himself mentoring the young man instead whilst simultaneously being drawn into a tentative romance with a local shop girl. As he falls further under the sway of Bangkok's intoxicating beauty, Joe begins to question his isolated existence and let down his guard - just as Surat decides it's time to clean house. 100 min.		
5:00pm	The Longshots PG-13			
5:30pm	The House Bunny PG-13			
7:30pm	Disaster Movie PG-13			
8:00pm	Death Race R			
Tuesday, October 28		Death Race (R)		
5:00pm	Traitor PG-13	Terminal Island, New York: 2020. Former Nascar champion now convict Jensen Ames is forced to battle for his life just six weeks from his scheduled release. Ames must now kill or be killed to win the most treacherous spectator sport on Earth: 'Death Race.' 105 min.		
5:30pm	Babylon A.D. PG-13			
7:30pm	Disaster Movie PG-13			
8:00pm	Mirrors R			
Wednesday, October 29		Traitor (PG-13)		
3:00pm	The Longshots PG-13	When FBI agent Roy Clayton heads up the investigation into a dangerous international conspiracy, all clues lead to a former U.S. Special Operations officer, Samir Horn. Obsessed with discovering the truth, Clayton tracks Horn across the globe into a world of shadows and intrigue. 114 min.		
5:00pm	Disaster Movie PG-13			
5:30pm	Traitor PG-13			
7:30pm	Death Race R			
8:00pm	Tropic Thunder R			
Thursday, October 30		Miracle of St. Anna (R)		
3:00pm	Star Wars: Clone Wars PG	Four soldiers from the army's Negro 92nd Division find themselves separated from their unit and behind enemy lines. Risking their lives for a country in which they are treated with less respect than the enemy they are fighting, they discover humanity in the small Tuscan village of St. Anna di Stazzema. 160 min.		
5:00pm	The Women PG-13			
5:30pm	Bangkok Dangerous R			
7:30pm	Miracle of St. Anna R			
8:00pm	THROWBACK THURSDAY FREE ADMISSION Flags of our Fathers			
		The House Bunny (PG-13)		
		Shelley Darlington has lived in the Playboy mansion for nine years. She has been Hef's favorite and a den mother to the other girls. On her birthday she is evicted from the house for being too old. After wandering around LA, she finds herself being the housemother at an unpopular sorority on campus. 97 min.		
		SHOWING FRIDAY, OCTOBER 31		
		11:00am Monster House PG Free 12:00pm Halloween R Free		
		COMING SOON		
		Righteous Kill Burn After Reading		



NEWS BRIEFS

Nurses Unite!

Naval Hospital Sigonella Nurses Association is hosting a luncheon to promote full and part-time RN positions at the Hospital.

When: 29 October 2008

Where: Conference room located above Applebee's
Time: 1300-1600

Guest speaker presentation
Refreshments will be served
Come and enjoy time with your military and civilian peers, and see what the Sigonella Nurses Association has to offer!

For more information about the event, please contact the Hospital PAO at 624-3849.

Immediate Job Openings

U.S. Naval Hospital Sigonella is seeking applicants for three full-time and part-time Nurses. Nurse Clinical (Emergency Room Nurse): Full or part time - 16-32 hours per week, Nurse Consultant (Patient Safety Manager): Full time, Nurse Clinical (Multi-Service Ward Nurse): Full or part time - 16-32 hours per week. U.S. Naval Hospital Sigonella is also seeking applicants to fill a full-time secretarial position for the Commanding Officer and Executive Officer at the Hospital. Application close date is 15 Oct., 2008. For inquiries concerning job applications, call the Human Resources Office at (095) 56-4165/or DSN 624-4165 or visit: <http://www.sicily.navy.mil/> and click on local job vacancies.

WALK, continued from page 1

According to the American Cancer Society, an estimated 178,480 new cases of invasive breast cancer were diagnosed among women, and only lung cancer accounts for more cancer deaths in women.

To raise awareness and remember those who fought the fight with this killer, Naval Hospital Sigonella's Patient Centered Breast Care Team, along with Health Promotions and Morale, Welfare and Recreation (MWR), encourage the public to lace up their tennis shoes and come out to the community track on Naval Air Station Sigonella's Support Base on Oct. 25 for a 5K (3.2-mile) walk/run.

Registration for this event is free and will take place on site at 2 p.m. The first 200 women and 40 men who register will get a t-shirt from MWR. The walk/run will begin at 3 p.m.

Paola Klein, Health Promotions Coordinator, says, "It's never too early to think about these issues and early detection and prevention are key."

Zina Herb, MWR Fitness Director, says that the event is a great way to get some exercise while supporting the cause. "It's an important cause; it's a killer among women," she said. "This is a community event and we want to encourage all of Sigonella, not just the women, to come out for it." Herb also calls on the community to wear pink, the color of the ribbon associated with Breast Cancer Awareness Month, for the event. "Be pretty in pink," she said.

Klein is encouraging walkers to park at the Fleet & Family parking lot for easy access for those with strollers. "We really want this to be a family thing," she said. "Bring the stroller and enjoy the day."

MONEYWISE, continued from page 5

The "Color of Money" series premiered on Black Entertainment Television (BET) in 1994, becoming the first weekly financial series to air on BET. In 1996, the "Color of Money" made its debut on the Knowledge TV cable network and reached more than 22 million homes. That same year the series was renamed "Moneywise with Kelvin Boston."

In 2000, "Moneywise with Kelvin Boston" became an official PBS series and began airing on public television stations nationwide. Today, "Moneywise with Kelvin Boston" is considered public television's (PBS) premiere multi-cultural financial affairs television series. In 2003, Moneywise was distributed to more than 83 million households nationwide. Today, in addition to airing on public television stations, Moneywise also airs on the Armed Forces Network (AFN) where it reaches 800,000 military households in 177 countries around the world.

In 2002, the "Moneywise Minute with Kelvin Boston" premiered on the ABC Urban Radio Network, an informative 60-second financial vignette reflecting the financial aspirations of middle-income urban Americans. The "Moneywise Minute ABC Radio Program" reached 1.3 million urban listeners a week. Moneywise Minute is currently being reformatted for radio syndication.

On March 14, 2003 Kelvin Boston was awarded the National Community Reinvestment Coalition's (NCRC) annual award for promoting economic justice. Boston's won the "Color of Money" award for producing the Moneywise PBS series. The "Color of Money" award recognizes the nation's best news, editorial or documentary coverage of economic justice issues.

In 2004 Boston Media, LLC and New River Media, Inc. produced the first Moneywise television special entitled "Who's Afraid To Be A Millionaire?" This special (taped before a live audience) features host Kelvin Boston and his trademark use of jargon-free language, humor and positive thinking to motivate viewers to take control of their personal finances. The "Who's Afraid To Be A Millionaire?" 60-minute special aired on public television stations nationwide in 2005.

Peter Bielas, America's top expert on young people and their money is coming to NAS Sigonella to jumpstart financial lives as part of the Moneywise in the Military event on Oct. 27, 2008.

Speaker, author and licensed financial advisor, Bielas, (affectionately known as "The Go To Guy For Young People and Their Money") is coming to Sigonella for one day only to present a series of financial presentations to the base.

Bielas, a twenty-something who was \$5,000 in credit card debt his freshman year of college, began touring the country three years ago trying to prevent college students from making the same mistakes with the finances as he did. "When I arrived on campus, I signed up for every credit card they threw in front of me. No one ever told me this hurts my credit score. No one ever told me I even had a credit score." Bielas chronicled his journey out of the debt dungeon by writing *Getting Loaded: A Complete Personal Finance Guide for Students and Young Professionals*.

As one of the few professional speakers committed exclusively to this niche, Bielas travels to colleges and universities nationwide,

introducing college students to their financial lives. "Most Americans - let alone most college students - don't know what their credit score is," says Bielas. "This number literally determines how expensive your life will be and will affect your ability to get a job. I try to tell students the financial information they need to know before they need to know it."

Bielas provides an upbeat and outspoken interview that teaches audiences how to jumpstart their financial lives.

Free child care at the Child Development Center (CDC) for those attending either seminar. Sign up by

Oct. 22. Available on a first-come, first-served basis. For families not registered with the CDC, pick up a registration packet and bring no-fee passport and updated shots record.

PERSPECTIVE, continued from page 2

the hallmark of a good Navy Chaplain is that he/she will assist all people regardless of race, gender, or religion, despite or actually because of our certain faith's perspective. As a man of faith, I often relate to a favorite verse of mine that speaks to and reminds my heart and mind of God's perspective. It is found in the Book of Isaiah 55:8 which reads,

Villa Angelo Fusco

Stampa

"For My thoughts are not your thoughts, neither are your ways My ways," declares the Lord. Now that keeps me in all places and reminds me that I am not always right!

I suppose I could go on and on about this subject but I'd rather close with a great story from one of my favorite story tellers, Mark Twain. The story beautifully illustrates, and with a comic method, two individuals who see things from diametrically opposite perspectives. So in closing here is the story entitled, "The Wounded Soldier."

In the course of a certain battle, a soldier whose leg had been shot off appealed to another soldier who was hurrying by to carry him to the rear, informing him that at the same time of the loss which he had sustained; whereupon the generous son of Mars, shouldering the unfortunate, proceeded to carry out his desire. The bullets and cannon-balls were flying in all directions, and presently one of the latter took the wounded man's head off-without, however, his deliverer being aware of it. In no long time he was hailed by an officer, who said:

"Where are you going with that carcass?"

"To the rear, sir-he's lost his leg!"

"His leg, forsooth?" responded the astonished officer: "you mean his head, you booby."

Whereupon the soldier dispossessed himself of his burden, and stood looking down upon it in great perplexity. At length he said:

"It is true, sir, just as you said."

Then after a pause he added, "But he told me IT WAS HIS LEG!!!!!!!"

HOMECOMING, continued from page 1

powder puff games was the lighting of the J, which drew in a large number of students. The tradition of setting a large J on fire was started last year and will hopefully continue for years to come.

Saturday, Oct. 12 at 9 a.m. started off the cross country, tennis, and volleyball matches. Parents and students all came out to support their fellow Jaguars in cheering them on against the Naples Wildcats.

At 1 p.m. the homecoming football game started. Throughout the game, the crowd grew in numbers as students came out to show their spirit and support.

All sports did an excellent job and homecoming was a great success due to everyone's participation and volunteering.

High School Athletic Director Amy Driscoll said, "I'm really excited with the success of our homecoming weekend. We started a few new traditions this year with Powder Puff football and the presentation of the Jaguar spirit stick to the class showing the most school spirit. It was really great to see the number of students, both high school and middle school, as well as families and community members who turned out for all our Homecoming events. The weekend was all about the kids and they really had a good time."



Signonella Jaguars football players show their strong defense while make a play during the 2008 Homecoming football game, held on Oct. 11 at NAS Signonella. The football game culminated a number of athletic competitions during the day. Volleyball, cross country and tennis players showed their skills earlier in the day.

Students show their spirit during Homecoming Week theme days



NFCU



Vice Adm. Ann E. Rondeau addresses servicemembers and their families at the 233rd Navy Birthday Ball, held on Oct. 18 at the Sheraton Hotel in Catania, Sicily.

BALL, continued from page 1

bration was honoring the Navy it's important to always remember the other servicemembers around the world.

"This is a time of gratitude, and so first we must say thank you," she said. "Thank you to our fellow Marines, Airmen, Soldiers and Coast Guardsmen. To those in the other services who volunteered and said 'Yes, I will serve,' we need to express our gratitude to them."

Vice Adm. Rondeau also took the time to acknowledge the family members of Sailors who serve in their own way.

"It is true that the long legacy of our service, of the husbands and wives, the sons and daughters of our Sailors is what keeps us together as a fabric," Vice Adm. Rondeau said. "We may have fabrics that go one way, but you can not keep it together if it doesn't go the other way."

Following Vice Adm. Rondeau's remarks there was a moment of remembrance for all those who have given their lives in service to the Navy and the country.

She ceremonially closed with the official toast and the ceremonial cake cutting.

SPEAK, continued from page 2

taking them for. Let the Doctor or

Nurse know if you are allergic to any medicine, if you are taking more than one medication make sure to ask if there are contraindications or interactions, and ask for a printed copy of your prescriptions.

Participate in all decisions about your treatment; YOU are the center of the health care team. Make sure that you and the doctor are on the same page, keep copies of your record, and ask for a second opinion if you are unsatisfied. The bottom line of this story, and the most important thing we can do for ourselves and our patients is to SPEAK UP without being afraid that we look uneducated or unprepared.

Remember, one day you could be a patient who needs care.

Protestant Women of the Chapel



Silent Auction at Fall Fest
 Friday, Oct. 31 and Saturday, Nov. 1
 A variety of items will be available for your bidding.
 Different items will be available each day, so stop by and see them all!
 Shop early for Christmas!
 Thank you for supporting PWOC!

Stampa

IL Mercato

All classified ads are free to the community. Their intent is for advertising personal property for sale trade or giveaway.

No commercial ads will be accepted. Ads run for two weeks. Classified ads are due no later than 2 p.m. of the Friday of the week before publication. For more information call 624-5440 or 624-2798 or 095-86-last four digits.

Requests for commercial classifieds must be made to Stampa Generale at 081-568-7884 .

SEND IL MERCATO ADVERTISEMENTS TO [THESIG@NASSIG.SICILY.NAVY.MIL](mailto:thesig@nassig.sicily.navy.mil)



Anyone interested in sending ads via email should leave a phone number and point of contact name at thesig@nassig.sicily.navy.mil.

Ads run for two weeks on a space available basis and must be sponsored by active duty military members, family members or Italian National/ American base employees. Ads must be 40 words or less and typed in regular upper case, lower case format.

The Signature no longer accepts ads that bring profit to a business or individual , such as maid, babysitting services or home rentals.

AFRTS/AFN decoders must be sold only to another authorized individual: active duty or retired U.S. military, DoD direct-hire employees, and their spouse. If someone would like these types of services in The Signature they can call Stampa Generale @ 081-568-7884.

Centro
traslochi

Joes

V e n t o
Dell'est



Deliver Volcano
y

NFCU

Monika

V e c c h i a
Cascina

Armed Forces

Tattoo

M o n d o
Animale

MWR