



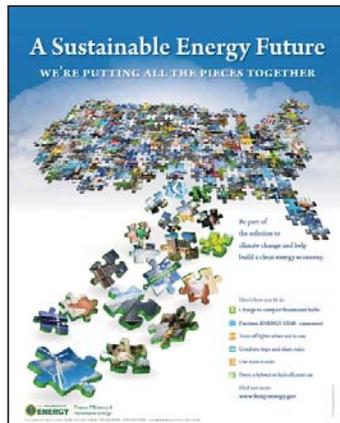
NAS Sigonella celebrates Energy Awareness Week

By Tracie Barnhouse

The Signature Editor

Energy conservation is something that Naval Air Station (NAS) Sigonella has done exceedingly well with over the past year. We have lowered our energy output tremendously and are all more aware of the energy we are expending. However, there is always more that needs to be done.

The Navy has set aside Oct. 19-23 as Energy Conservation Week to coincide with October's Energy Awareness Month. This week allows for bases worldwide to make their personnel more aware of energy conservation efforts. The Department of the Navy has aligned its theme this year with one from the Department of Energy, "A sustainable energy future; we're putting all the pieces together." CE2 Mark Thornsley, NAS Sigonella's Energy Manager says, "This theme encourages the workforce to see how individual energy-conscious decisions fit into the big



picture to help solve DoN energy challenges."

To support the campaign, the Public Works Department (PWD) is

canvassing NAS Sigonella to get the word out that going green is good and launching a lunchtime Kill-A-Watt campaign. As a part of the campaign, PWD is asking all base personnel on both NAS I and NAS II to ensure that when they leave for lunch, that all non-essential equipment is shut down, all lights and computer screens are turned off, coffee pots are unplugged, and, if you have control of your air conditioning unit, to turn it off. Basically, if it's not being used, turn it

off. Public Works will be monitoring

ENERGY, continued on page 12

Flu Vaccine now available

Naval Hospital Sigonella has received a shipment of the seasonal flu vaccine. This is not the H1N1 vaccine that we anticipate receiving in November. Those individuals in one of the categories listed below are at the highest risk for complications from seasonal influenza and are highly encouraged to come to the immunizations clinic at the hospital to receive their vaccine.

care for those at high risk for complications from flu, including:

- Children aged 6 months, up to their 5th birthday
- Pregnant women
- People 65 years of age or older
- People of any age with certain chronic medical conditions such as asthma, emphysema, diabetes, or who otherwise may be immunocompromised.
- People who live with or

-Health care workers
-Household contacts of persons at high risk for complications from the flu

-Household contacts and out of home caregivers of children less than 6 months of age (these children are too young to be vaccinated)

NAS I: Immunization Clinic 624-4643

NH Sigonella: Monday, Tuesday & Thursday: 8 a.m. - 12 p.m.; 1 p.m. - 3:30 p.m.

Wednesday: 8 a.m. - 12 p.m.

Friday: 8 a.m. - 12 p.m.; 1 p.m. - 3 p.m.

Family members welcome, no appointment necessary!

Jaguars cruise to homecoming victory



The Sigonella Jaguars football team marches into the Land Annet to take on the Rota Admirals for their homecoming football game. The Jaguars dominated the game, winning 46-14. During halftime, the Homecoming Court was introduced, departing seniors and their families were recognized and honored, and the Sigonella Middle/High School Flag Line and Cheerleading Squads each performed routines.

JAGS, photos continued on page 9

CFC campaign kicks off

By MC3 Jonathan Idle

The Signature Staff

Leaders and other members of the Sigonella community came together to officially kick off the 2009 Combined Federal Campaign (CFC) Oct. 7 at Ristorante Bella Etna, the dining facility, on NAS II.

The CFC began in 1960 as a way for federal employees to donate to legitimate charities approved by the government.

Capt. Thomas J. Quinn, NAS Sigonella commanding officer, opened the official kickoff ceremony by encouraging everyone to give back to a worthy cause.

"Our goal for the CFC is always the same," Capt. Quinn said. "It's always 100 percent contact, 100 percent opportunity to give. Last year the base in total gave \$145 thousand. This year our goal is \$150 thousand. It's just a chance for us to prove what a great family the Sigonella community is."

Capt. Quinn urged all of the CFC representatives for the base to help fulfill that goal this year.

"Get out there and beat the



Naval Air Station Commanding Officer, Capt. Thomas J. Quinn, along with several officers-in-charge and tenant command commanding officers, sign their CFC pledges for 2009.

bushes for me," said Capt. Quinn.

Following Capt. Quinn's speech he was joined by Master Chief Rosa L. Wilson, NAS Sigonella command master chief, and several CFC representatives for a cake cutting to recognize the beginning of this year's campaign.

Capt. Quinn was then joined by

several officers-in-charge and tenant command commanding officers for a pledge signing.

Chief Navy Counselor John Dooney, the assistant CFC area program officer, expressed the importance of achieving the 100 percent contact and 100 percent opportunity

CFC, continued on page 12

WEATHER UPDATE	October 16	October 17	October 18	October 19	October 20	October 21	October 22
	H:72F L:55F	H:74F L:58F	H:74F L:61F	H:73F L:63F	H:78F L:61F	H:79F L:56F	H:76F L:58F

TOP STORIES	October 16	October 17	October 18	October 19	October 20	October 21	October 22		
	Did you know vaccines have nearly ended small pox, polio and outbreaks of measles, pertussis and other highly contagious illnesses at record lows throughout the United States?	U.S. Air Force Global Hawk personnel have finally arrived at NAS Sigonella. After significant program delays left many locals wondering if "unit stand-up" would ever come to fruition, we proved them wrong and are finally here.	Bring your entire family and have a wonderful time at the annual Otobranta Fall Festival which has recently kicked off in Zafferana! It runs every Sundays in October in the town's historic center. With thousands of people attending every year, this festival is one of the main autumn events in the Etna area.	Sigonella students must have a 3.0 Grade Point Average or higher to leave campus for lunch this year, a new rule that now applies even to seniors.	The second largest city in Sicily is located a mere 20 minutes from base, and it's a treasure trove of history and culture. Catania is big, and can be a labyrinth at times, but knowing a few key places can make for great sightseeing.	Page 2	Page 3	Page 6	Page 7

INSIDE	Direct Line	Navy News	Community Calendar	MWR Corner	Il Mercato
	2	3	4	11	14

TRAFFIC NUMBERS	
Jan. 09- Oct. 09	Jan. 08- Oct. 08
Accidents	179 243
Injuries	23 41
DUIs	2 5
Traffic Deaths	1 2
PLEASE, DON'T BECOME A STATISTIC!	

DIRECT LINE NASSIG COMMANDING OFFICER, CAPT. THOMAS J. QUINN

Sunny Sicily has officially entered the rainy season marked by the recent downpours which caused a mudslide on A-18, flooding in Palermo and Catania and even some mild flooding on NAS I a few weeks ago. The further we get into the fall and winter months traditionally the wetter the weather tends to be. These early storms are just a good reminder to be prepared and to always be alert to changing weather conditions.

Two key lessons learned from the December 2005 flood and the heavy rains this past January are that pre-planning and communication are vital to our success. As the rains begin again I want everyone to be aware of potential actions the base may take and also be alert to emergency announcements and where they can get emergency information.

Preplanning: Last January NAS Sigonella experienced extremely heavy rains and the beginnings of flood conditions surrounded the base. Even though the base didn't flood and housing was fine, the roads surrounding the base began to flood. As part of the pre-planning, several preemptive measures were put in place such as positioning EOD HumVees and RHIB boats in Marinai, sending alternate route maps via All Hands email and determining key water levels that would

put our plans in action. These measures were all based on lessons learned from 2005 and designed to ensure the safety and security of our personnel in the event of further rain.

Communication: We will use many avenues to communicate with you to increase our odds of reaching as many people as possible. These will include notifying your chain of command, employing AFN Radio and Television (AFN Atlantic or decoder channel 20), All Hands Mass Emails, Command Phone Trees and Command OMBUDSMEN. If you are unsure what is going on or have a question, please actively search for information from one of these sources in addition to checking with your chain of command.

We must always remember that potential flooding on local roads due to rainfall is a fact of life on this island. Sometimes roads may be closed or potential hazards may be a factor. When confronted with these conditions, if you do not need to drive, don't, and once you have arrived at a safe shelter, it is the safest place to stay until the problem has been alleviated. If your children are under the care of DoDDs school or CDC, we will without fail, ensure they are cared for until we can positively place them back into your hands.

Finally, I would like to remind everyone that you

should always stay prepared for any potential hazard. It is recommended that you keep a five day emergency supply of food and water as well as an emergency kit which should include a battery-powered radio, flashlights and other important safety measures available at all times in your homes.

Drive safe, use caution and always be prepared. This is the best advice I can give to safely get through the rainy season and to have a safe and memorable experience while stationed at Sigonella.



Vaccine information

By Lt. Skinner

U.S. Naval Hospital Sigonella
Public Affairs Officer

Good news, vaccines work; but to work you must get them.

The small pinch and any inconvenience to travel to or from your Immunization clinics at NAS I or NAS II are well worth it.

Did you know vaccines have nearly ended small pox, polio and outbreaks of measles, pertussis and other highly contagious illnesses at record lows throughout the United States?

Vaccines have proven to be safe and effective for decades.

Before the U.S. Food and Drug Administration (FDA) can license a vaccine it is extensively researched and tested. The FDA does not stop there; they inspect the plants and manufacturing areas that produce the vaccines as well for safety and quality.

Once a vaccine is licensed for public safety the FDA requires all manufacturers to submit additional safety reports monitoring safety, potency and purity.

If side effects are reported then they are evaluated by Vaccine

Adverse Event Reporting System (VAERS) by scientist who then determine if the vaccine causes a health problem.

Currently we know from the CDC and FDA that the H1N1 vaccine is expected to be launched this fall and be assured your NH Sigonella health care team will keep you informed.

The seasonal flu vaccine comes in two forms the injection and the nasal spray.

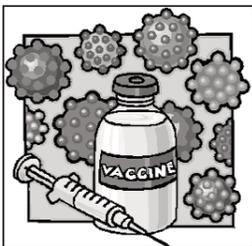
It is important to understand the differences. Nasal spray is a live attenuated (harmless) vaccine while the injection contains an inactivated vaccine containing "killed virus".

Your healthcare provider can help you make the best determination which vaccine is right for you and your family members.

The CDC has guidelines for your review and a section of frequently asked and answered questions. www.cdc.gov or www.flu.gov

As always your best plan of action is good hand washing, being vaccinated and maintaining a healthy lifestyle throughout the flu season.

It is an old saying but rings true today; "An ounce of prevention is worth a pound of cure."



NASSIG WORSHIP SERVICES

Chapel Offices: NAS I 095-56-3975, NAS II 095-86-9049

ROMAN CATHOLIC		PROTESTANT	
Sunday		Sunday	
0830 Catholic Mass (NAS I Chapel)	0900 General Protestant (Mineo Community Center)		
1200 Catholic Mass (Mineo Community Center)	1000 Traditional Protestant (NAS I Chapel)		
1600 Catholic Mass (NAS II Chapel)	1130 Contemporary Protestant (NAS I Chapel)		
Monday - Thursday		CHURCH OF CHRIST LAY SERVICE	
1130 Catholic Mass (NAS II Chapel)	Sunday 1530 NAS I Chapel Rooms 3 & 4 (Call 624-5128 or 335-841-8069)		

JEWISH SERVICES: Please call 095-86-1205

OTHER SERVICES/ACTIVITIES POINTS OF CONTACT

Latter-day Saints: Please email ldssig@gmail.com or call 624-1314 or 349-1977-116

AA Meetings: Monday, Wednesday, Friday - 1900, NAS II Chapel, 346-840-7745

CHAPLAIN CORNER



Chaplain Concha

Build bridges...not fences

Once upon the time two brothers who lived on adjoining farms fell into conflict. It was the first serious rift in 30 years of farming side by side, sharing machinery, and trading labor and goods as needed without a hitch.

Then, the long collaboration fell apart. It began with a small misunderstanding and it grew into a major difference, and finally it exploded into an exchange of bitter words followed by a silence. One morning there was a knock on John's door. He opened to find a man looking for a job. He was a carpenter. "I'm looking for a few days work -he said. Perhaps you would have a few small jobs here and there I could help with? Could I do something for you?"

John, the older brother, said yes. As a matter of fact, I do have a job for you. Look across the creek at that farm. That's my neighbor; in fact, it's my younger brother. Last week there was an ugly disagreement among us and he took his bulldozer to the river levee and now there is a creek between us. Well, he may have done this to despise me, but I'll go him one better. See that pile of lumber by the barn? "I want you to build me a fence -an eight foot fence- so I won't need to see his place or his face anymore".

The carpenter said, "I think I understand this situation. Show the nails and equipment and I'll be able to do a job that pleases you". The older brother got all materials needed and went off that day. The carpenter worked hard all day long.

About sunset when the farmer returned, the carpenter just had finished his job. The farmer's eyes open wide, his jaw dropped there was no fence at all. It was a bridge. A bridge stretching from one side of the creek to the other! It was a fine piece of work! And the neighbor, his younger

brother, was coming across, his hands outstretched.

Remember the Lord won't ask what kind of car you drove, but how many people you drove who didn't have transportation. The Lord won't ask the square footage of your house, but how many people you welcomed into your home. God won't ask you about the clothes on your closet, but how many people you help with clothes. God won't ask you what you did to help yourself, but what did you do to help others. The Almighty won't ask you how many friends you had, but how many people to whom you were a friend.

"Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me". Mt 25:34-36 NAB

Enjoy the Naval Air Station Sigonella. This is in fact a caring community. A community that build bridges, not fences. Reach out to others and make them feel welcome! Grazie.

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EMERGENCY MANAGEMENT OFFICE

Be prepared to be on your own for at least three days. Seven is better! The BASIC FIVE: Water, Food, Heat, Cash, Radio; Family Communications Plan: Phone Numbers & Rally Points; Public Protection Strategies: Evacuation and Shelter-in-Place; Web info: Ready.gov; Emergency info: AFN 106.0 FM; Questions? Call the EM Office at 624-2630, 8265 or 2621.

NAVY NEWS

We have arrived!

By Lt. Col. Scott Coon
Commander, Detachment 4
(Global Hawk)

U.S. Air Force Global Hawk personnel have finally arrived at NAS Sigonella. After significant program delays left many locals wondering if "unit stand-up" would ever come to fruition, we proved them wrong and are finally here. We truly appreciate the hospitality we have received since putting "boots-on-the-ground." This is a wonderful community.

Officially, our unit is called "9th Operations Group/DETACHMENT 4," with our parent Wing located at Beale Air Force Base, CA. However, when asked by Navy personnel, "What Command do you belong to?"...we politely say "Global Hawk"...as we are even tongue-tied by the never-ending letters in our official name. "Global Hawk" is much easier to pronounce and recognize.

We have seven people on our team so far. Four additional unit members will arrive by the end of the calendar year. In January 2010, larger groups will begin to arrive, and we'll top-out at around 100 people by April. Of those, 40 will

be Northrop Grumman Contract Logistics Support (CLS) personnel. Don't worry, because most of them



are former military members with years of experience in aircraft maintenance and understand how to integrate into a military community. Their task will be to perform maintenance on our aircraft and ground shelters. To those who aren't familiar with the RQ-4 Global Hawk, I'll provide a brief description:

The RQ-4 is a high-altitude, long endurance, (HALE) unmanned aerial reconnaissance system designed to provide military field commanders with high resolution, near-real-time imagery of large geographical areas. It was born in 1994 out of the Defense Advanced Research Projects Agency's (DARPA), High-Altitude, Long-Endurance Unmanned Aerial Vehicle Program (HAE UAV).

Since DARPA only participates in "game-changing" technologies, great things were anticipated from the program and it has delivered glowing results so far. The system combines advanced technology sensors with a range that extends more than half way around the world and an ability to remain on station for long periods of time. With no physiological concerns brought about by having a pilot on board, the only limitation for endurance is fuel. Most of our routine missions are around 24 hours long. These features enable the Global Hawk system to provide the war fighter with essential intelligence, surveillance, and reconnaissance (ISR) needed to achieve information dominance throughout the battle space.

When most people think about aviation, they think only of aircraft. However, the RQ-4 is truly a "system of systems" which is made up of the aircraft, a launch and recovery element (LRE), a mission control element (MCE), a variety of high-tech sensors, and the distributed common ground station (DCGS), where imagery exploita-



Photo courtesy Global Hawk

tion takes place. Without all of these pieces, the overall system would not be able to perform the mission. Another thing most people don't realize is how large the aircraft is. The wing-span is 131 feet (40 m)...about the same size as a 737. Its takeoff gross weight is about 32,500 lbs (14,600 kg). It also has a 3,000 lb (1,360 kg) payload capacity. The game-changing affect that it brings to the fight is its advertised 36 hour max endurance at over 60,000 ft (18.3 km).

The rumors are already flying about our operation. In fact, an Italian journalist recently reported that five Global Hawks are already on the ramp and flying at Sigonella.

That is simply not true. Aircraft delivery is scheduled for sometime between late summer and fall of next year. Eventually, we may fly up to 10 long-duration sorties per week...so basically, there will always be a Global Hawk in the sky supporting multiple COCOM taskings.

Global Hawk represents the future of aviation and our mission at is to provide timely and relevant high-altitude ISR to multiple Combatant Commanders. Again, we are proud to be here and look forward to working with team Sigonella in the future.

**Come one,
 come all...**
**To the Naval Hospital Sigonella
 Town Hall Meeting**

When: Oct. 23, 2009 from 1 p.m. - 2 p.m.
 Where: NAS I Base Theater
 Why: To discuss Influenza and H1N1 updates with a Q/A session
 Sponsored by Preventative Medicine

Calvary **Monika**

Protestant
 Women of the
 Chapel



**ALL WOMEN
 WELCOME!**
Women's Ministries
Tuesdays
9:15 a.m. -
11:30 a.m.
NAS I Chapel
Fellowship Hall
Childcare Provided
For more info.
www.pwocsig.com

NEW

ARRIVALS

Natalia Rodriguez
 Girl
 Thalia Ayda-Marie Felix
 Oct. 5, 2009
 Weight: 5 lbs 14 oz
 Length: 19 in

Muscle

				FRIDAY	SATURDAY	SUNDAY
				16 OCTOBER	17	18
				Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745		
COMMUNITY CALENDAR						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY			
19	20	21	22	23	24	25
Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745	Tobacco Cessation Flight Line Clinic 12 p.m. - 1 p.m. x4710 Marriage & Money FFSC 2 p.m. - 4 p.m. x4291	Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745 Motta Castle Tour FFSC 10:30 a.m. - 1 p.m. x4291	Anger Management FFSC 9 a.m. - 11 p.m. x4291	Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745		Fall Back
26	27	28	29	30	31	1 NOVEMBER
Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745	Tobacco Cessation Flight Line Clinic 12 p.m. - 1 p.m. x4710	Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745 Survive & Thrive FFSC 8 a.m. - 3 p.m. x4291	Cooking Class FFSC 9 a.m. - 3:30 p.m. x4291 Daddy Boot Camp FFSC 6 p.m. - 8 p.m. x4291	Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745 Breast Health Awareness Walk NAS I Midtown 2 p.m. x4710	Happy Halloween	

Brasil

Maricrui

Motta

Waxy

Did you know that . . .

Money gobblers eat away at your cash flow week after week? Want a shock? Record what you spend on miscellaneous items for a week, then multiply by 52. A partial listing might include magazines, paperback novels, soft drinks, beer and alcohol, fast food restaurants, video games, movies and DVD rentals, lottery tickets, CDs and music downloads, exercise classes, cell phones and texting, cigarettes, arts and crafts, toys, and pet supplies.

If you'd like additional information on how to develop a spending plan, contact your local NMCRS Office. You'll be glad you did!

NMCRS: Service with a Smile!
www.nmcrs.org

Effe Kappa

Alberto Lunetta
 The Signature Staff



Italian NEWS

Sicilian Culture, Events and Lifestyle

Fall festival continues in Zafferana through the end of October

Bring your entire family and have a wonderful time at the annual Ottobrata Fall Festival which has recently kicked off in Zafferana! It runs every Sundays in October in the town's historic center. With thousands of people attending every year, this festival is one of the main autumn events in the Etna area. Each Sunday has a different theme.

After the success of the first two Sundays, Ottobrata continues this Sunday (Oct. 18) with an exciting experience for anyone who loves "Mele dell'Etna or Cassone," a variety of delicious apples grown in the Etna area. The last Ottobrata Sunday (Oct. 25) will celebrate chestnuts and mushrooms. On both Sundays at 7 p.m., festival goers can sample a Sicilian specialty that will be prepared by Chef Seby Sorbello in piazza Umberto I.

All festival's Sundays will also feature other local food specialties such as honey, wine as well as entertainment, folklore shows, guided tours of local attractions, arts and crafts booths including original designs in a variety of art such as: textiles, wearable art, Nativity Scenes, hand-crafted ceramics, embroidery products, decorative and functional wood, pottery, jewelry, leather, paintings, drawings, prints, and metal work. Festival booths will be open all day throughout Zafferana's historic center.

Before you leave the festival, don't forget to try the delicious Siciliana, a fried calzone filled with tuma cheese and either anchovies or ham that are prepared by local bars and pizzerias.



Zafferana is an enchanting town, located in the eastern slopes of Etna, whose name derives from the Arabic word Za'faran (yellow) for its proximity to woods rich in yellowish saffron and brooms.

For more information on the festival and detailed schedules visit <http://www.ottobratazafferane.net> or call Proloco Tourist Office at 095-7082825.

Palermo Opera announces 2010 season

Signonella's Opera lovers will be happy to know that the schedule for Teatro Massimo's 2010 opera season has been completed and was recently announced in Palermo. Those performances will give you the chance to enjoy unique interpretations provided by internationally renowned opera soloists and conductors. You'll surely leave the magnificent theater relaxed and inspired by that wonderful music!

The schedule, which is rich and varied, consists of nine operas, and two ballets that will be featuring the best Italian and international musicians, dancers and opera singers.

The season will begin with Biblical opera Nabucco by Giuseppe Verdi on January 22, 2010. The Nabucco opera, which revolves around the story of Fenena, the daughter of Nabucco, the King of Babylon, will be performed on the following days January 22, 23, 24, 26, 29, 30 and 31.

Puccini's beloved opera La Bohème will be shown on February 24, 25, 26, 27 and 28 - March 2, 3, 4, 5 and 6. This famous four-act opera, which debuted in 1896 at the Turin Teatro Regio depicts the life of six young Bohemians living in Paris.

Coppélia will be the first ballet of the year's season. An eclectic mix of pantomime folk dance and classical ballet, it will be performed on March 17, 18, 19, 20, and 21.

Franz Schreker's Die Gezeichneten, a "late-Romantic operatic extravaganza," will be staged on April 14, 15, 16, 18, 20 and 21.

Gaetano Donizetti's Maria Stuarda, which features the tragic story of Mary Stuart, Queen of Scots, will be presented on May 21, 22, 23, 25, 27 and 28. Internationally renowned Greek soprano Dimitra Theodossiou will sing the title role.

Legendary 73-year-old Italian ballerina Carla Fracci will take the title role in Franca Florio, regina di Palermo (Franca Florio, Queen of Palermo), a ballet featuring the story of a Sicilian noblewoman



Photo by Alfredo Tabocchini
Internationally known Greek Soprano Dimitra Theodossiou will sing the title role in Gaetano Donizetti's Maria Stuarda, a highlight of the new 2010 Palermo Opera House's season which includes nine operas and two ballets.

that will kick off the summer semester in June. Ballet dates will be as follows: June 12, 13, 15 and 16.

Giuseppe Verdi's Aida will be staged at the outdoor Teatro di Verdura on July 9, 10, 11 and 13. Set in ancient Egypt, this monumental four-act opera was first performed at the Khedivial Opera House in Cairo in 1871.

Young and talented Italian conductor Michele Mariotti will conduct Gioachino Rossini's legendary two-act "opera buffa" The Barber of Seville that will be offered in the fall on September 18, 19, 21, 22, 23, 24, 25 and 26.

The season will continue in the fall with Jules Massenet's Don Quichotte, the famous tale of Spanish mad-errant knight, which will be presented on October 15, 16, 17, 19, 20 and 21.

Sicilian composer Giovanni D'Aquila's Alice nel paese delle meraviglie (Alice in Wonderland), the final production of the season, will make its world's debut on

November 16.

For more information on tickets and subscription opportunities, call ITT at 624-4777 or visit <http://www.teatromassimo.it>

Oxidiana

Magnolia

Noteworthy Italian News

La Sicilia - RAI News - ANSA
 The death toll from the landslides in Sicily has risen to 28. Rescue workers continue to dig through piles of solidified mud and debris as they are still searching for about 10 missing people. 40 million euros have been set aside for relief efforts in flood-ravaged areas of northeastern Sicily, Civil Protection Chief Guido Bertolaso said.

LA SPEZIA (Reuters Life!) -
 Italy's newest aircraft carrier is a pretty big baby. But the Cavour's captain sees his ship as exactly that: a son growing up before his eyes. The Cavour is docked at La Spezia while it undergoes maintenance following a year of tests, before it goes into full service probably sometime in 2010. "The Cavour can do the work of three

or four different ships," Captain Gianluigi Reversi said. It can carry a maximum of 24 airplanes and helicopters. There's also a state-of-the-art hospital on board, a gym and a library, along with televisions and computers. The ship carries enough fresh provisions to allow it to go 45 days without entering port or cracking open tinned food and to sail for about 7,000 nautical miles at an average speed of 16 knots.

La Sicilia - RAI - Catania - Top
 Catania Mafia boss Santo La Causa and eight other dangerous clan leaders were captured together in a villa outside Belpasso. It was a successful blow to the Mafia that was immediately hailed by Justice, Interior and Defense Ministeres as a major victory for the Italian state over Sicilian

organized crime. La Causa, who had been a fugitive since 2006, is a highly respected Catania Santapaola/Ercoiano clan boss. Investigators said he is a "charismatic and smart leader capable of making Catania tremble with fear." The boss, 44, was presiding over a summit that was interrupted by Carabinieri who fired warning shots to keep everybody calm. When the Carabinieri arrived at the villa, he tried to run away but was then arrested. Investigators said La Causa was in charge of collecting extortion money and giving money to the families of imprisoned turncoats to convince them to give up their cooperation with the police. Another reputed mobster, Carmelo Puglisi, nicknamed 'the mouse' was also arrested.

JAGS, continued from page 1



During half-time of the Sigonella Jaguars football homecoming game, there was a 50-yard dash between the base's mascots. The D.A.R.E. dog easily took first place, but that didn't stop all the furry friends to celebrate on the 50-yard line.



The Jaguar's offense marches down the field during their 46-14 victory over the Rota Admirals

School NEWS

3.0 to go

██████████
Sigonella Middle/High School

Sigonella students must have a 3.0 Grade Point Average or higher to leave campus for lunch this year, a new rule that now applies even to seniors.

In the past, seniors were not included in the 3.0 average. This year they are expected to meet the same standards as other students.

"The 3.0 GPA restriction is a motivator," Dorothy King, Sigonella assistant principal, said. "It challenges students to push themselves. It distinguishes them from the rest."

While some seniors have taken the new regulation in stride, others are frustrated.

"I understand the rule applying to freshmen," ██████████ senior, said.

"But seniors should have privileges." Senior ██████████ thinks seniors should have privileges like last year.

"Last year some teachers would let seniors leave class five minutes early, and seniors could go off campus for lunch regardless if they had a 3.0 GPA," ██████████ said.

Other seniors do not see the new restriction as a problem.

"It's not too difficult to get a 3.0," ██████████ senior, said. "Most colleges are looking for a 3.0 and above."

"Freshmen should get to go based on their eighth grade GPA," ██████████ freshman, said. "It's unfair that we have to wait."



Photo provided by Sigonella Middle/High School

The reaction also is mixed among younger high school students.

"We should have had some sort of warning about it," ██████████ sophomore, said. "I think upperclassmen should get to go regardless."

Ninth graders are not allowed to leave campus at lunchtime until the second quarter, if their GPA is higher than 3.0.

Regardless of the opinions, students must get out their lunch passes when they approach the Food Court, as a school administrator will be waiting to check them.

Stella

Eno

Alphios Garden

A Stone's Throw

THE HUB OF THE MED IS ALSO THE HUB FOR TRAVEL

Catania at your fingertips

Article and Photos by
Lt j.g. Glen Sanders
The Signature Staff

The second largest city in Sicily is located a mere 20 minutes from base, and it's a treasure trove of history and culture. Catania is big, and can be a labyrinth at times, but knowing a few key places can make for great sightseeing. The best place to start exploring the city is Piazza Duomo. It contains the main cathedral and the famous Elephant Fountain, which is known as the symbol of Catania. Greek and Roman ruins are located throughout the city; some as close as a walk down Via Etnea, the main thoroughfare through Catania. Ursino Castle, which means "Castle of the Gulf" in Latin, is a massive structure that once towered

along the coast but now rests in the middle of the city due to Etna's eruptions during the late 1600's.

Site: 5 stars

Catania rates all five stars due to its rich history and culture. Several tours start in Piazza Duomo. A tourist train departs from the Piazza where Via Vittorio Emanuele meets Via Etnea. The route covers several areas of interest to include the Greek and Roman amphitheaters, Piazza Roma, Piazza Dante and Villa Bellini Gardens, just to name a few. The tour lasts roughly 30 minutes.

The Museo Diocesano offers a nine stop tour, highlighting the churches and locations important to Agatha, patron saint of Catania. The tour begins in the Museo Diocesano, located in the cathedral's seminary.



Piazza Bellini is located off Via Vittorio Emanuele. It houses the theatre named after famed Sicilian Composer Vincenzo Bellini.



Ursino Castle, built in the mid thirteenth century, is one of the only remaining medieval structures in Catania. Today the castle houses the Museo Civico.

The churches on the tour can be visited from 9 a.m. until 12 p.m., and 4 p.m. to 6 p.m., Monday through Friday, and 9 a.m. to 12 p.m. on Saturday. The museum itself is open from 9 a.m. to 8 p.m. Tuesday through Saturday.

Piazza Bellini, named after the famous Sicilian composer, is another location worth visiting. The principal theater of Catania is located here and shares the piazza's namesake. A variety of symphonies and operas are performed at the theater every year. Guided tours are offered Monday, Wednesday, Friday and Saturday 10 a.m. to 11:30 a.m., and 5:30 p.m. to 6:30 p.m. Wednesdays and Fridays. The cost is 5 Euro for adults and 3 Euro for children under 12.

Ursino Castle, built between 1239 and 1250, was one of the only buildings in Catania that survived the devastating earthquake triggered by Etna's eruption in 1693. As such, the structure offers a unique opportunity to see medieval architecture in the city. Ursino Castle has housed the Museo Civico since 1934 and con-

tains exhibits of paintings, sculptures and ceramics from multiple eras. Entrance to the museum is free of charge.

Family Friendly: 4 stars

Catania rates 4 out of 5 stars for this category. One star was detracted because exploring the city can require a good amount of walking and this can prove tedious for younger children.

Accessibility: 4 stars

The city gets 4 out of 5 stars in this category. One star was detracted because driving and parking in Catania requires vigilance and patience in equal parts. Parking by the city's arches, near the port, provides a central location from which to venture. There are several parking lots near the bus station and McDonalds. Offer the attendant two to three Euros after parking as a small fee for watching the lot and your car.

Travel Time: 5 stars

Catania rates 5 out of 5 stars because the travel time is only 20 minutes by car, making it a perfect location for an easy day trip.

REVIEW SUMMARY

Site:



Family Friendly:



Accessibility:



Travel Time:



These ratings are out of five stars, and are the opinion of the Signature staff and in no way constitute a professional travel review. If you have comments or questions on this review contact: thesig@eu.navy.mil



Kartodromo

Medusa

THE SPORTS LINE

PIGSKIN PICKS

	Giants at New Orleans	Chicago at Atlanta	Houston at Cincinnati	Detroit at Green Bay	#8 Cincinnati at #23 S. Florida	#7 USC at Notre Dame	#24 Missouri at #5 Oklahoma State	#12 Iowa at Wisconsin
 <p>Overall Record: 37-16 NFL: 18-4 NCAA: 19-12 SN Kaminski, PSD</p>	Saints	Bears	Texans	Packers	Bearcats	USC	OK State	Iowa
 <p>Overall Record: 35-18 NFL: 15-7 NCAA: 19-12 D Day</p>	Saints	Falcons	Bengals	Packers	Bearcats	USC	Missouri	Iowa
 <p>Overall Record: 35-18 NFL: 15-7 NCAA: 20-11 Joe Cunningham, NCTS</p>	Saints	Bears	Bengals	Packers	Bearcats	Notre Dame	OK State	Iowa
 <p>Overall Record: 34-19 NFL: 14-8 NCAA: 20-11 MC3 Idle, Exec Admin</p>	Giants	Falcons	Bengals	Packers	S Florida	USC	Missouri	Iowa
 <p>Overall Record: 31-22 NFL: 14-8 NCAA: 17-14 Capt. Jaeger, USNH Sigonella</p>	Saints	Bears	Bengals	Packers	S Florida	Notre Dame	OK State	Badgers
 <p>Overall Record: 29-24 NFL: 13-9 NCAA: 15-16 Chief Payne, Weapons</p>	Saints	Falcons	Bengals	Packers	Bearcats	Notre Dame	Missouri	Badgers

Game of the Week: The Red River Shootout #19 Oklahoma vs. #2 Texas

MC3 Idle: Texas
The Red River Rivalry is one of the most entertaining rivalries in college football year in and year out. However, Oklahoma has not lived up to expectations this year due to key injuries to their Heisman winning QB Sam Bradford and their All-American tight end Jermaine Gresham. Gresham's season is done, but Bradford has a good chance of playing. Assuming Bradford plays, I think OU can make a game out of this. Texas is ranked number two in the country, but several of their games have been less than impressive. I think Texas will emerge victorious whether or not Bradford plays, but that is mostly due to the OU offense being out of rhythm with their star QB. Texas wins by 14.

GMC Payne: Oklahoma
Since I am the Rude of all evil, Oklahoma is my pick!!!!!!!!!!!!!!

D-Day: Texas
I'd like to take an upset here, but I just don't see it happening. While I

think Texas is a bit overrated, the Sooners aren't up to snuff either, and this game is at home for the Longhorns. Big home win for Texas.

Joe Cunningham: Texas
The 2009 version of the Red River Shootout... Oklahoma has lost two games by a combined two points, both also against highly-ranked opponents (BYU and Miami). Texas has been cruising along at Number Two and has a healthy Colt McCoy under center. OU's Sam Bradford has not fully recovered from his opening-game shoulder injury. I don't see any way the Sooners prevail in this match-up and this third loss is going to make for a long fall season in Norman.... The 'Horns hook 'em: Texas wins.

Capt. Jaeger: Texas
Going with the Longhorns! I like the color of their uniforms!

PSSN Kaminski: Oklahoma
Oklahoma over Texas - with Bradford back for one the most exciting games of the year. Two Heisman candidates going head-to-head. I see Bradford having a big game and the Sooners getting revenge from last year's defeat.



Fleet and Family Support Center
Administration Building
319
NAS I

Monday-Friday 0730-1630
DSN 624-4291
Commercial 095-56-4291

The power of positive thinking. . .

Adapted from "Better Self-Esteem" University of Texas Austin Counseling and Mental Health Center, 1999.

Our past experiences, even the things we don't usually think about, are all alive and active in our daily life in the form of an Inner Voice. Although most people do not "hear" this voice in the same way they would a spoken one, in many ways it acts in a similar way, constantly repeating those original messages to

us. It's that voice that says, "Don't put that glass on the edge of that table." If we listen, we put the glass somewhere else, if not, the glass falls off and gets broken. Try it some time. Intentionally do the opposite of what your instincts tell you to do.

Most people have a positive inner voice. Occasionally, we meet individuals whose inner voice is not positive—we can usually identify these people because they tend to be less positive about the world around

them. All of us find ourselves feeling negative sometime during our life. Quick fixes to reversing negative thoughts really work. For example, one of the least time consuming and easy ways to feel more positive is to repeat a positive thought (in our head) at least ten times. Sounds a bit redundant, but the process actually interrupts a negative thought process. The following are some ideas of positive thoughts you can use to redirect your thinking:

- "I am productive"
- "I can achieve my goals/dreams"
- "Today I have done things to the best of my ability"
- "Tomorrow provides new opportunities"

Positive thoughts can be repeated anywhere (e.g. in the car, walking, before falling asleep, or sitting at

home). Research suggests that individuals who are positive thinkers often experience positive outcomes. The theory behind this process is that people tend to attract what they present; so, if someone is presenting a positive perspective on an idea, chances are he/she will experience a positive outcome from his/her efforts. O.k., so here's a little experiment. When you find yourself upset with a situation, put your thoughts aside (temporarily) and focus on a more positive subject. Chances are when you return to your original thought the problem will look less challenging than it did when you first encountered it.

If you or others you know are interested in more tips on positive thinking or the law of attraction, contact the FFSC at 624-4291.

Morobishi

Gas Station



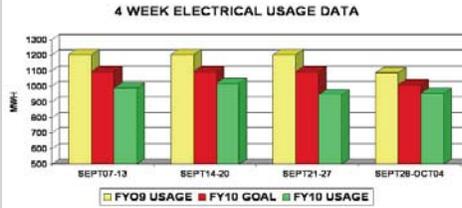
Do you have a passion for writing or are you looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440.

Go Green Sigonella!

Electrical Consumption at NASSIG

The following graph charts the last four weeks of energy consumption on both NAS 1 and NAS 2 in comparison to the same week last year, as well as our target usage for the week.

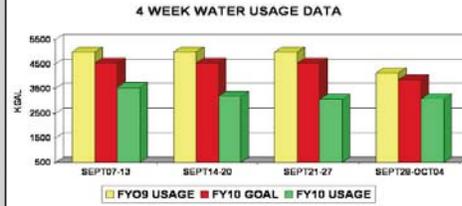
NASSIG WEEKLY ELECTRICAL USAGE FOR NAS 1 & 2 COMBINED



Water Consumption at NASSIG

The following graph charts the last four weeks of water consumption on both NAS 1 and NAS 2 in comparison to the same week last year, as well as our target usage for the week.

NASSIG WEEKLY TREATED WATER USAGE FOR NAS 1 & 2 COMBINED



Agip

Gelso Bianco



- 16** **Lunch:** Cream of Potato Soup, Beef with Broccoli, Baked Fish, Tempura Fish, Penne Ala Norma, Tossed Green Rice, Seasoned Mix Vegetables, Summer Squash, Oatmeal Raisin Cookies, Chocolate Cake, Vanilla Pudding.
Speed Line: Grilled Hamburger/ Cheeseburger, French Fried Potatoes, Baked Beans, RIKPAK.
Dinner: French Onion Soup, Oriental Pepper Steak, Grilled Chicken Breast, Tuna Salad on Wheat Bread, Potato Chips, Steamed Rice, Spinach, Cauliflower Polonaise, Oatmeal Raisin Cookies, Chocolate Cake, Vanilla Pudding, RIKPAK.
- 17** **Breakfast:** Farina, Grilled Ham Slices, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Buttermilk Pancakes, Asstd Doughnuts, Crumb Cake.
Brunch: Breakfast Items, Beef Barley Soup, Swedish Meatballs, Chicken Caesar Roll Up, Buttered Pasta, Brown Gravy, Sprouts Superba, Fried Cabbage w/ Bacon, Snickerdoodle Cookies, Apple Crisp.
Dinner: Pepper Pot Soup, Baked Parmesan Fish, El Rancho Stew, Mediterranean Brown Rice, O'Brien Potatoes, Peas w/ Celery, Okra Melange, Snickerdoodle Cookies, Apple Crisp.
- 18** **Breakfast:** Rolled Oats, Grilled Minute Steak, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast Puff, Asstd Doughnuts, Italian Croissant.
Brunch: Breakfast items, Chicken Gumbo Soup, Beef & Turkey Sandwich, Chili Macaroni, Stir Fry Vegetable, Lima Beans, Peach Cobbler, White Cake w/ Frosting.
Dinner: Manhattan Clam Chowder Soup, Teriyaki Chicken, Ginger Pot Roast, Paprika Buttered Potatoes, Pork Fried Rice, Normandy Carrots, Cream Style Corn, Peach Cobbler, White Cake w/ Frosting.
- 19** **Lunch:** Creole Soup, Turkey Curry, Baked Fish Fillet, Vegetable Lasagna, Steamed Rice, Savory Style Beans, Cauliflower, Crisp Drop Cookies, Cherry Crumble Pie, Strawberry Gelatin.
Speed line: Assorted Pizza, RIKPAK.
Dinner: Tomato Bouillon Soup, Baked Stuffed Pork Chops, Grilled Chicken Breast, Steamed Rice, Brown Gravy, Green Beans Nicoise, Carrot Slices, Crisp Drop Cookies, Cherry Crumble Pie, Strawberry Gelatin, RIKPAK.
- 20** **Lunch:** Spanish Soup, Beef and Fish Tacos, Burritos, Chicken Fajitas, Penne Arrabiata, Mexican Rice, Refried Beans, Calico Corn, Herbed Broccoli, Jalapeno Cornbread, Raspberry Filled Cake, Pecan Pie.
Speed line: Philly Cheese Steak Sandwich, Onion Rings, Macaroni and Cheese, Hotdogs, RIKPAK.
Dinner: Navy Bean Soup, Barbecued Beef Cubes, Roast Turkey, Steamed Rice, Mashed Potatoes, Chicken Gravy, Seasoned Asparagus, Honey Dijon Vegetables, Raspberry Filled Cake, Pecan Pie, RIKPAK.
- 21** **Lunch:** Puce Mongole Soup, Fish Amandine, Country Fried Steak w/ Gravy, Potatoes Au Gratin, Steamed Rice, Collard Greens, Peas w/ Carrots, Strawberry Shortcake, Vanilla Cookies, Tapioca Pudding.
Speed line: Grilled Hamburger/Cheeseburger, French Fries, Baked Beans, RIKPAK.
Dinner: Beef Barley Soup, Shrimp Curry, Sicilian Submarine, Steamed Rice, Savory Squash, Club Spinach, Vanilla Cookies, Strawberry Shortcake, Tapioca Pudding, RIKPAK.
- 22** **Lunch:** Velvet Corn Soup, Shrimp Jambalaya, Braised Beef and Onions, Rigatoni Zuchine and Eggplant, Oriental Rice, Oven Browned Potatoes, Steamed Cabbage, Cauliflower AuGratin, Easy Chocolate Cake, Crisp Drop Cookies.
Speed line: Assorted Pizza, Hotdogs, RIKPAK.
Dinner: Cream of Asparagus Soup, Chicken Trazzini, Baked Italian Sausage, Ratatouille Eggplant, Lyonnaise Rice, Mustard Greens, Easy Chocolate, Crisp Drop Cookies, RIKPAK.

Days Inn

ON THE GO WITH MWR

Picasso to Pollack: BGCA Fine Arts Exhibit is here!

Child & Youth Programs (CYP) is searching for the next Picasso, DaVinci, or Pollack to take part in the Boys & Girls Clubs of America (BGCA) Fine Arts Exhibit on Saturday, Dec. 12, from 10 a.m. to 6 p.m., at the Fit District Gallery.

CYP-registered members in grades 1 through 12 can submit their artwork by Tuesday, Dec. 1, at any Youth Programs Center. Participants must be registered members since September 2009. Artwork must have been completed within the last year.

Categories include pastel, collage, sculpture, mixed media, print making, watercolor, oil or acrylic, group project, multicolor drawing, or monochromatic drawing (one color).

Winners from the exhibit receive the opportunity to showcase their artistic talents at the European BGCA Fine Arts Exhibit.

For more information, call 624-3712 or 624-3715.



Yamila, a CYP-registered member, works on an acrylic piece for the upcoming Boys & Girls Clubs of America Fine Arts Exhibit.

Pumpkin fun at Take 5 and Connections



Connections Recreation Center on NAS I and Take 5 Recreation Center on NAS II are getting into the Halloween spirit with pumpkin-fun activities.

Monday, Oct. 26, head to Take 5 or Connections for a Pumpkin Scavenger Hunt going on all day. Search for the pumpkin and a chance to win great prizes.

Tuesday, Oct. 27, get ready for another opportunity at great

prizes with Pumpkin Carving at Take 5 and Connections. Pumpkins can be picked Monday, Oct. 26, at either facility and carving tools will be issued temporarily. Judging begins at 6 p.m. at Take 5. Carving will be judged on creativity, detail, and how spooky they look when they glow.

For more information on pumpkin fun, call Connections at 624-4264 or Take 5 at 624-5602.

MIDTOWN MOVIE THEATERS

SCHEDULE & DESCRIPTIONS



500 Days of Summer

Joseph Gordon, Zoey Deschanel, Geoffrey Arend
Tom believes, even in this cynical modern world, in the notion of transforming, cosmically destined, lightning-strikes-once kind of love. Summer doesn't, but that doesn't stop Tom going after her. The fuse is lit on Day 1 when Tom, a would-be architect turned sappy greeting card writer, encounters Summer, his boss's beautiful new secretary. By Day 32, Tom is irreparably smitten, living in a giddy, fantastical world of Summer on his mind. By Day 185, things are in serious limbo, but not without hope. And as the story winds backwards and forwards through Tom and Summer's on-again, off-again, sometimes blissful, often tumultuous alliance - all of which adds up to a kaleidoscopic portrait of why, and how, we still struggle so laughably, cringingly hard to make sense of love and to hopefully make it real. (95 min.)

Fame

Kherington Payne, Anna Marie Tagle, Paul McGill
A reinvention of the original 1980 hit film, Fame follows a talented group of dancers, singers, actors, and artists over four years at the New York City High School of Performing Arts, a diverse, creative powerhouse where students from all walks of life are given a chance to live out their dreams and achieve real and lasting fame... the kind that comes only from talent, dedication, and hard work. In an incredibly competitive atmosphere, plagued by self-doubt, each student's passion will be put to the test. In addition to their artistic goals, they have to deal with everything else that goes along with high school, a time full of schoolwork, deep friendships, budding romances, and self-discovery. (107 min.)

Surrogates

Bruce Willis, Radha Mitchell, Rosamund Pike
People are living their lives remotely from the safety of their own homes via robotic surrogates - sexy, physically and perfect mechanical representations of themselves. It's an ideal world where crime, pain, fear and consequences don't exist. When the first murder in years jolts this utopia, FBI agent Greer discovers a vast conspiracy behind the surrogate phenomenon and must abandon his own surrogate, risking his life to unravel the mystery. (89 min.)

Halloween 2

Tyler Mane, Brad Dourif, Chris Hardwick
Picks up at the exact moment the first movie stopped and follows the aftermath of Michael Myers' murderous rampage through the eyes of heroine Laurie Strode. (105 min.)

Movie dates and times are subject to change.

- Friday, October 16**
3:00pm Transformers Revenge PG-13
FREE
5:00pm The Time Traveler's Wife PG-13
5:30pm 500 Days of Summer PG-13
7:00pm Halloween 2 R
7:30pm The Final Destination R
- Saturday, October 17**
2:00pm Shorts PG
2:30pm Cloudy With a Chance of Meatballs PG
5:00pm 500 Days of Summer PG-13
5:30pm The Final Destination R
7:00pm Halloween 2 R
7:30pm The Goods R
- Sunday, October 18**
2:00pm Cloudy With a Chance of Meatballs PG
2:30pm Fame PG
5:00pm The Final Destination R
5:30pm District 9 R
7:30pm A Perfect Getaway R
- Monday, October 19**
3:00pm Up PG **FREE**
5:00pm Post Grad PG-13
5:30pm 500 Days of Summer PG-13
7:00pm The Final Destination R
7:30pm The Hurt Locker R
- Tuesday, October 20**
5:00pm The Time Traveler's Wife PG-13
5:30pm Surrogates PG-13
7:00pm Halloween 2 R
7:30pm District 9 R
- Wednesday, October 21**
5:00pm Shorts PG
5:30pm Cloudy With a Chance of Meatballs PG
7:00pm The Goods R
7:30pm The Informant R
- Thursday, October 22**
5:00pm GI Joe: Rise of Cobra PG-13
5:30pm Fame PG
7:30pm The Hurt Locker R
8:00pm A Perfect Getaway R

SHOWING FRIDAY, OCTOBER 23

- 3:00pm Ice Age: Dawn of the Dinosaurs PG **FREE**
5:00pm Where the Wild Things Are PG
5:30pm Julie & Julia PG-13
7:30pm Inglorious Basterds R
8:00pm Gamer R

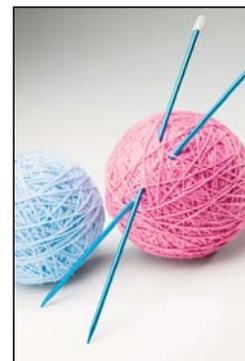
COMING SOON

Sorority Row, I Can Do Bad All By Myself

MOVIE HOTLINE:
624-4248

Handmade for the holidays

Calling all of Sigonella's crafters, scrapbookers, bakers, and holiday enthusiasts: Be a part of the MWR Community Craft Fair, Saturday, November 7 from 10 a.m. to 2 p.m. in the Midtown Atrium on NAS I. MWR is looking for crafts of all sorts: knitting, sewing, quilting, pottery, baked goods and



more. Sign up by Thursday, Nov. 5 at the Fit District front desk. There is a \$10 rental fee for tables and space is limited. Table fee must be paid at time of registration.

Call Token Barnhouse for more information at 624-4941.

Increase your business knowledge with MWR!

MWR Library has a great opportunity for anyone looking to improve their business knowledge easily and effectively with the digital business library, getAbstract®.

getAbstract® is the world's largest digital library of business knowledge. There are more than 5000 titles condensed into easy-to-read and easy-to-understand sum-

maries, with topics ranging from leadership and small business management. Summaries are available as PDFs or can be sent to e-readers, such as the Kindle™.

MWR Library now offers getAbstract® on all of their desktop computers. For more information, call 624-3875.



When you're off duty, MWR is on the job with more than 30 programs and services. MWR is your access point for fun, fitness and travel. For more about MWR's programs and services, hot jobs, and special events, call 624-3968.

CFC, continued from page 1

to give goals.
 Dooney urged each member of the community to make an effort to talk to a CFC representative from their command and get all of the information.
 "Each department and each tenant command has CFC reps with pamphlets and books of the charities to give to federal employees and military members so that they have the opportunity to browse," Dooney said.
 Dooney believes that each one of the goals for this year's campaign is achievable.
 "I think we can meet our goal this year for CFC, \$150 thousand, even though we're downsizing," said Dooney. "We've got a lot of generous people in the area."
 The CFC currently has over 2,200 charities ranging from cancer to animal rights that individuals may chose to donate their money to.
 For more information on the CFC and how to give contact your command's CFC coordinator.

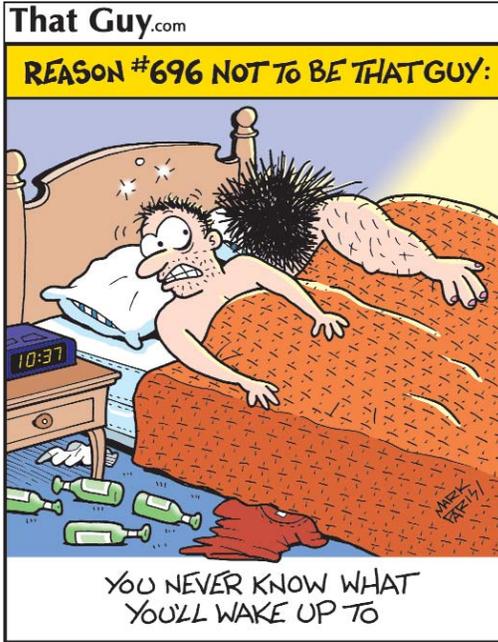
ENERGY, continued from page 1

energy usage every day from 11 a.m. until 11:30 a.m. to see if lunch time energy usage can be lessened. During this week, daily emails will be sent out to keep the base informed of the progress.
 Thornsley says that energy conservation is important, and not just during one month of the year. "We have proven this last year that with everybody working there, we can see great reductions in energy usage," he said. "We are not where we need to be yet though, only with everybody on NASSIG taking personal responsibility for their energy usage, and doing everything in their power to conserve, can we reach our mandated reduction goals. We all have a responsibility to the American taxpayer to be good stewards of the resources we are given. Energy conservation is a huge part of this."



KNIGHTS OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.

Attention all good standing Catholic gentlemen! Come join the ranks of Sigonella's newest Knights of Columbus Chapter! We meet the first Sunday of every month at 1000 a.m. (after Catholic Mass) at the NAS I Chapel. You may also contact a fellow Knight after the Sunday Mass service in the NAS I Fellowship Hall, or Mineo community Building. (Pizza and soft drinks provided at the meetings!) For more information visit - www.kofc.org/



The "That Guy" campaign is sponsored by the Department of Defense and is a DAPA initiative. If you would like posters and other materials for your command, contact PO1 Roland Wright at roland.wright@eu.navy.mil

Cold Noses

WARM HEARTS



A reminder to the community that feeding feral or wild animals on the installation is prohibited.

Sigonella's Stray Animal Facility (SAWS) has many cats and dogs looking for a warm home and someone to love. Each week, *The Signature* will feature animals in need of adoption.



Bo would make a great companion to a more active family. He is a lively dog and enjoys a good time. Just look at that smile.

Don't let the name fool you; Wolf is a kind, loving dog. He is well-mannered and would be a great addition to any home.



For more information, contact the Stray Animal Facility at 624-3936 or a SAWS representative at 345-502-2266.

Franzone

Stampa

Marchi

Agip

Marina
 Palace

Exchange New Sales

Il Mercato

All classified ads are free to the community. Their intent is for advertising personal property for sale, trade or giveaway. No commercial ads will be accepted. Ads run for two weeks. Classified ads are due no later than 5 p.m. of the Friday before the week of publication. For more information, call 624-5440, 624-2798 or 095-86-5440/2798. Requests for commercial classifieds must be made to Stampa Generale at 081-568-7884.

Send Il Mercato advertisements to thesig@eu.navy.mil

Anyone interested in sending ads via email should leave a phone number and point of contact name at thesig@eu.navy.mil. Ads run for two weeks on a space available basis and must be sponsored by active duty military members, family members or Italian/American base employees. Ad must be 40 words or less and typed in regular upper case, lower case format. *The Signature* does not accept ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. AFRTS/AFN decoders must be sold only to another authorized individual: active duty or retired U.S. military, DoD direct-hire employees, and their spouse. If someone would like these types of services in *The Signature*, call Stampa Generale @ 081-568-7884.

N e w Casablanca Stampa
Hope

Delivery Volcano Volcano

Armed

Geico

MWR