



Sigonella Participates in a Joint Italian and American Annual Earth Day "Motta Road Clean Up"

By Lt. Matt Knight
The Signature Staff

SIGONELLA, Sicily – The annual Earth Day "Motta Road Clean Up" was conducted by over 175 American and Italian volunteers Saturday, 24 April, on the Strada Policara that connects Motta Sant' Anastasia to the Naval Air Station Sigonella Support site.

The event which consisted of the road cleanup and a barbecue at the NAS Sigonella Support Site land annex was designed to clean up the road as well as further develop relationships with the surrounding



Volunteers from Motta Sant' Anastasia work side by side with NAS Sigonella volunteers in a joint Italian and American planned Earth Day event to clean up Strada Policara.

community while promoting eco friendly habits. "I noticed that there is less trash in the street," said Dr. Angelo Giuffrida, the Mayor of Motta Sant' Anastasia who helped coordinate the Italian children's participation. "So this means that this type of event, which we have been holding for several years, has been actually successful because it means that the awareness of respecting the environment has been growing over the years."

The cleanup was jointly hosted by NAS Sigonella Public Works Environmental Department and the Province of Catania. Wayne Hagwood, one of the lead planners for the event attributed the success of the event to all of the support he and his assistant, Antonella Grillo, received from the entire base as the event was being planned. "The support of the command down, CO, XO, PAO, Chiefs Association, First Class Association, FILAM Association, Travelers Association, all came together to provide donated time, effort and money."

The Province of Catania also played a critical role as cosponsor of the event. The provincial representative Dott. Daniele Capuna ensured that t-shirts were purchased and available for all participants, trash was picked up by municipal services during the cleanup, and awards were available after the cleanup for organizations that were critical to making the clean up possible.

The event was lauded as a success by both American and Italian volunteers. "I think it is wonderful," said Lt. Leslie Councilor, a volunteer at the cleanup. "Anything we can do to build camaraderie between the Italians and the Americans is great. We are out here together working as a community

to clean up Sicily... and I think it is great. I'm getting my family involved so my children can appreciate Earth Day and the responsibility they have to clean up the earth and clean up the area we live in." "We saw an invasion of people with white shirts on the Policara road. Both adults, kids, teenagers, everyone together cooperating," said Giuffrida. "So it has been a great opportunity to share friendship between the communities and do something for our environment."



Naval Air Station (NAS) Sigonella participates in a joint Italian and American planned Earth Day 2010 event to clean up Strada Policara between the town of Motta Sant'Anastasia and the NAS Sigonella Support base. The annual event is designed to promote stronger ties between the base and the local community while developing positive habits to keep the planet clean.

Cub Scouts Race Creations at the Pinewood Derby

By Whitfield M. Palmer
NPASE East Det Sigonella

Cub Scout Pack 53 held the traditional Pinewood Derby, a toy car race with cars handmade by the participating Cub Scouts, at the Midtown Complex on NAS I, Saturday, April 24.

The race, featuring 29 toy cars made from a small piece of pinewood, was conducted in multiple rounds. The cars were raced in groups of three on a specially designed aluminum track. Cubs had six weeks to carve, paint and decorate, weight, and ultimately race in the derby that has been held since 1953.

"I thought it would be cool to race and it took me two days to make my car," said Ethan Santacruz, a

Cub from Pack 53. "I designed it and painted it bronze, and I came in first place 3 times and second place 3 times."

Immediately following the race, the pack held a cake auction to raise funds for the packs various activities.

"Cubs and their dads had to bake the cakes entirely on their own," said assistant Pack Master James Shefchik. "Mom was absolutely not allowed to help. From the opening of the cake mix to the cleanup and everything in between, the Cubs and their fathers had to do it all."

"The Pinewood Derby teaches boys about tools, woodworking, design, dynamics, friction and work," said Shefchik. "Mostly it is just a bunch of fun for everyone."



Cubs from Cub Scout Pack 53 and fans cheer on cars racing during the traditional Pinewood Derby held at the Midtown Complex at Naval Air Station Sigonella Saturday, April 24. The Cubs carved, painted and decorated, weighted and finally raced their creations in the race that has been held by the Cub Scouts since 1953.

NAS Sigonella Presents a Multi Cultural Talent Show in Honor of The Month of the Military Child



By Whitfield M. Palmer
NPASE East Det Sigonella

Children from Naval Air Station (NAS) Sigonella's Child Development Center (CDC) perform the Kukaburra Song during Sigonella's Multi Cultural Talent Show held in observance of Month of the Military Child. The talent show featured an international fashion show and various performances with themes from different countries and cultures from around the world. There was also a dinner served with several different dishes from around the world. The Month of the Military Child is observed in April and serves to show appreciation to the children of service members.

TOP STORIES

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Chaplain's Corner: Visages of Courage

What is courage? I'd like to spend some time in this article talking about courage. We all need courage to deal with the difficult twists and turns we experience in this life.

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Joint Warrior 10-1 Wraps Up, Highlights Multinational Relationships

Exercise Joint Warrior 10-1 concluded April 23, culminating with a visit by Commander, Destroyer Squadron (DESRON) 24 to the Brazilian Navy frigate Independence (F44).

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Ancient Greek Drama Festival begins in Siracusa

American writer and philosopher Ralph Waldo Emerson wrote: "The beautiful fables of the Greeks, being proper creations of the imagination and not of the fancy, are universal verities."

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Sigonella's Broaden Their Horizons Through Art Class

Black chalk blends into the edges of a saxophone. The mouthpiece of the saxophone disappears seamlessly into the silhouette of the jazz musician then into the darkness and shadow he resides in.

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On the Go With MWR

*Midtown Movie Schedule
*Coming Soon @ Connections - Bingo Night!
*MWR ensures a safe arrival
*MWR's Sigonella County Fair is Coming!

TRAFFIC NUMBERS

	Jan. 10- April 10	Jan. 09- April 09
Accidents	86	81
Injuries	9	4
DUIs	1	0
Traffic Deaths	0	0

PLEASE,
DON'T BECOME
A STATISTIC!

WEATHER UPDATE

April 30
H:77F
L:57F



May 1
H:83F
L:59F



May 2
H:82F
L:58F



May 3
H:81F
L:60F



May 4
H:79F
L:58F



May 5
H:69F
L:49F



May 6
H:74F
L:53F



DIRECT LINE NASSIG COMMAND MASTER CHIEF LELAND E. MOORE

Passing the Physical Readiness Test (PRT) administered to Sailors twice a year is one of the responsibilities of being in the Navy. But have you noticed the closer the PRT gets the harder it is to get a machine during your regular physical training sessions (PT)?

The importance of year-round fitness is a hot topic in today's Navy and I'd like to talk about what we as Sailors should be doing in our day to day PT in order to be ready for PRT season. I'm also going to discuss several programs available for Sailors having a hard time meeting their goals and close with the impact of the PRT on evals and promotions.

As the PRT winds down for most of us, I'd like you to think about how you felt about the test prior to taking it. Were you nervous about the pushups or sit-ups? Were you terrified about passing the taping section? Are you tired of always fighting to get prepared 10 weeks prior to the PRT.

The first idea that I want to stress is

year-round fitness. We always seem to focus on getting in shape in the ten week window before the PRT. I dislike that we are selling ourselves short. Trying to get in shape ten weeks before a PRT sets Sailors up for failure and injury. You should at minimum take part in cardiovascular, strength and flexibility workouts three to five times a week for about an hour a day year-round. These exercises get your heart going and will assist you in every aspect of the PRT.

Now, we all know that it is Navy policy that any Sailor who fails three PRT's in a row will be subject to administrative separation from service. Being in shape is a condition of our employment, no if's, and's, or but's about it. If you want to stay employed, stay in shape. Now, it is not our goal to kick out Sailors who we've spent thousands of dollars training, which is why the Navy developed multiple programs to help Sailors attain a good score.

The first one, the Fitness

Enhancement Program (FEP), includes both physical fitness, diet and nutritional awareness. Participants have physical fitness monitored and signed off on by others, and work as a team to lose the weight needed to meet navy standards. Participants also have weekly weigh-ins and go to a mandatory fitness and nutritional education program called ShipShape.

ShipShape is an 8-week weight management program that provides basic information on nutrition, stress management, physical activity, and behavior modification techniques to lower and maintain a healthy body weight. It is specifically designed to assist active duty members in meeting Department of the Navy body composition standards.

Not only will these programs help you raise your PRT scores and maintain a healthier lifestyle, it will keep you eligible for promotion.

In the past Sailor's score on the PRT has only been used to break a tie in ranking boards. This is changing, as

of last year, the Chief of Naval Personnel announced in NAVADMIN 073/09 that upon promotion, the candidates PRIMS data would be reviewed to ensure their eligibility, beginning with fiscal year 2010 boards. To date, this process has only applied to officers, but the FY-11 E8/E9 Selection Boards for Navy Reserve personnel, which convened March 1, will be the first enlisted selection boards to undergo the same PRIMS review. Which means eventually it's going to work its way to us. Don't pass your PRT, you don't promote.

That said this also means that Sailors need to check PRIMS to ensure the correct data has been entered. Because while Command Fitness Leaders (CFL) are responsible for inputting PRIMS data after each cycle, Sailors are ultimately respon-



sible for reviewing the information. If a Sailor finds an error in PRIMS, the first step should be to contact their CFL. The command that input the data is responsible for correcting the record. Sailors can review their PRIMS data through BUPERS Online at <https://www.bo1.navy.mil>.

Hat's Off to the Military child!

By Lt. Lynn Skinner
US Naval Hospital Sigonella

Growing up is never easy, but can you imagine adding to the mix moving every two to three years and having one or both parents deployed? No? Well 1.7 million

American children experience this first hand. It is estimated 900,000 military children have had one or both parents deploy multiple times within the past few years.

When I ask the children in my neighborhood about having a parent in the military they typically respond that it is "cool" and say how proud they are. No one likes it when a parent is away but these children are quick to say it is what mom or dad does. There is a sense that this is normal, just like the frequent moves. One child told me it is great moving often because, "I collect more friends". I am also told of the great places they have lived and seen along the way adding, "my cousin does not get to see these places but I share my pictures with her".

Thank goodness for the resilience

of children in general, and the military child seems to have it in surplus. Another thing I have noted is the extended family that exists. Have you ever noticed in a military neighborhood you know your neighbor? Try that in the District of Columbia. The community in

which these children grow up is tight knit, bringing more support and safety. Hey, even I am more relaxed walking in a gated and guarded community and I grew up in the suburbs

of the District of Columbia. Many resources are available within the active duty community for these families to access. Fleet and Family Services as well as Military One Source have many programs to fill in any gap you and your child may be experiencing. They have great tool kits to help the military child adjust to the many changes and challenges they face. Even Sesame Street has books, video and outreach programs with the military child in mind.

It is a great time to be a kid and a military one at that! So, adults, as we busily move through our day

HATS OFF, continued on page 12

HEALTH WATCH

NASSIG WORSHIP SERVICES

ROMAN CATHOLIC

Sunday

0830 Catholic Mass (NAS I Chapel)
1200 Catholic Mass (Mineo Community Center)
1600 Catholic Mass (NAS II Chapel)

Monday - Thursday

1130 Catholic Mass (NAS II Chapel)

PROTESTANT

Sunday

1000 Traditional Protestant (NAS I Chapel)
1130 Contemporary Protestant (NAS I Chapel)

CHURCH OF CHRIST LAY SERVICE

Sunday 1530 NAS I Chapel Rooms 3 & 4 (Call 624-5128 or 335-841-8069)

JEWISH SERVICES: Please call 095-86-1205

OTHER SERVICES/ACTIVITIES POINTS OF CONTACT

Latter-day Saints: Sunday 1300 Catania Chapel, Please email jarreb@yahoo.com or call 624-1393 or 095-705-6108

AA Meetings: Monday, Wednesday, Friday - 1900, NAS II Chapel, 346-840-7745

CHAPLAIN CORNER



Chaplain Kennedy

What is courage? I'd like to spend some time in this article talking about courage. We all need courage to deal with the difficult twists and turns we experience in this life. Think of some

Visages of Courage

other words that are interchangeable with this word: bravery, gallantry, intrepidity, mettle and fortitude.

Webster defines courage as, "mental or moral strength to venture, persevere, and withstand danger, fear or difficulty." Aristotle believed that courage was a virtue, while a lack of courage was cowardice, and an excess



was foolhardiness. In some cases, it is challenging to differentiate between courage and foolhardiness.

There are also two distinct forms of courage. There is physical and moral courage. I like this famous quote from John Paul Jones, "I wish to have no connection with any ship that does not sail fast; for I intend to go in harm's way." He is part of our Navy's rich and

courageous heritage. He didn't lack courage! He serves as a great example from the past. When I think about courage, one image has been indelibly etched into my mind. It is the picture of 1st Sgt Brad Kasal, being carried out of the "Hell House" by Lance Cpl. Marquez and Lance Cpl. Shaffer during Operation PHANTOM FURY, the assault on Fallujah. 1st Sgt. Kasal is in the middle, severely wounded. The Marines, Marquez and Shaffer had to enter the "Hell House" unarmored to rescue Kasal. This picture was taken by photojournalist Lucian Read. Kasal was still holding his Beretta. He wanted to provide protection for the unarmed Marines carrying him out of the house. He is a true warrior. The memories of that terrible day are still lucid. It was a tough day for our battalion, 3/1, the "Thundering Third." This event occurred on November 13, 2004. Kasal nearly lost his right leg due to

COURAGE, continued on page 12

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NAVY NEWS

Joint Warrior 10-1 Wraps Up, Highlights Multinational Relationships

From Destroyer Squadron 24 Public Affairs

USS LABOON, At Sea (NNS) -- Exercise Joint Warrior 10-1 concluded April 23, culminating with a visit by Commander, Destroyer Squadron (DESRON) 24 to the Brazilian Navy frigate Independencia (F44).

The exercise, a United Kingdom-led, semi-annual event that encompasses multiwarfare exercises, presents a unique opportunity for the U.S. Navy to train alongside naval personnel from various countries, with this year's participants including Belgium, Brazil, France, Germany, Italy, Netherlands, New Zealand and the United Kingdom.

"One of the biggest challenges today is our complete integration in a multinational force," said Cmdr. Eduardo A. Wieland, Independencia's commanding officer.

Wieland hosted Capt. Aaron C. Jacobs, DESRON 24 commodore, and Capt. Stephen C. Evans, DESRON 24 deputy commodore, for lunch aboard the ship the final day of the exercise.

The Brazilian Navy participates so it is prepared to work with other navies, as well as to achieve specific training objectives for the crew, such as air defense, anti-submarine warfare and maritime interception operations, said Wieland.

Jacobs and the DESRON 24 staff embarked the guided-missile destroyer USS Laboon (DDG 58) to lead a task group of ships in the exercise, which included the

Brazilian frigate, two British frigates, HMS Cornwall (F99) and HMS Iron Duke (F234), the guided-missile cruiser USS Vella Gulf (CG 72) and the guided-missile frigate USS Kauffman (FFG 59).

During the two-week exercise, DESRON 24 hosted British and Brazilian service members aboard Laboon to improve interoperability and prepare for operations in a joint maritime environment.

"It was our honor to have you with us in our task group and to have your officers on board with us," said Jacobs, of the Brazilian Navy's participation. "Our relationship is a strong one, and we look forward to working with your Navy again."

Laboon and other participating ships are scheduled to arrive in Faslane, Scotland, April 23, before conducting theater security operations and port visits to countries in the Baltic Sea region.

DESRON 24 leads the exercise as the independent deployment certification executive agent for Commander, Strike Force Training Atlantic.

The exercise promotes Commander, U.S. 2nd Fleet's three focus areas, which are conducting safe and effective fleet operations to achieve mission, providing ready maritime forces for global assignment and teaming with allies and partners in execution of the maritime strategy.

For more news from Destroyer Squadron 24, visit www.navy.mil/local/desron24/.



U.S. Navy photo by MC1 Darius Jackson

Boatswain's Mate 1st Class Chuyi Chang directs an SH-60B Sea Hawk helicopter, from Helicopter Anti-submarine Squadron (HS) 46, onto the flight deck of the guided-missile destroyer USS Laboon (DDG 58) during exercise Joint Warrior 10-1. Joint Warrior is a semi-annual event off the coast of Scotland to improve interoperability between allied navies.

SECNAV Announces Name of LPD 26, USS Murtha

By Chinara Lucas, Secretary of the Navy Public Affairs

JOHNSTOWN, Pa. (NNS) -- The secretary of the Navy (SECNAV) honored the legacy of the late U.S. Representative John Murtha by declaring April 23 that the Navy's 10th San Antonio-class amphibious transport dock ship, LPD 26, will bear his name. The announcement was made at John P. Murtha Johnstown-Cambria County airport in Johnstown, Pa., a town Murtha held close to his heart.

SECNAV Ray Mabus was accompanied by Joyce and Donna Murtha, Speaker of the House Nancy Pelosi, U.S. Representative Norm Dicks of Washington and U.S. Representative David Obey of Wisconsin.

"John Patrick Murtha served our country his entire adult life," said Mabus. "Both in uniform as a Marine and in the halls of Congress, he dedicated himself to the United States of America."

Murtha's service began when he joined the Marine Corps in 1952 and served in the Korean War. He also saw service in Vietnam in 1966, a tour that earned him the Bronze Star with Valor device,

two Purple Hearts and the Vietnamese Cross of Gallantry. Murtha retired from military service as a colonel in 1990. He had 37 years of active and Reserve service.

Murtha represented Pennsylvania's 12th Congressional District from 1974 until his death in 2010. In his position as the chairman of the House Appropriations Subcommittee on Defense, he oversaw appropriations for the Department of Defense, which included the Air Force, Army, Marine Corps, Navy and the intelligence community. He was a driving force for the Navy's shipbuilding program, providing necessary funds to grow and maintain the fleet and preserve the industrial base.

"Throughout his time in Congress, Jack Murtha remained a Marine. He always did what he thought best for our country and he championed the interests of service

men and women," said Mabus. The future USS John P. Murtha will transport and land Marines, their equipment and supplies and will support amphibious assault, special operations or expeditionary warfare missions for a projected 30 years.

"She will serve as a visible symbol of the freedoms Chairman Murtha held dear, and his example will live on in the steel of that ship and in all those who will serve aboard her," said Mabus.

For more news from Secretary of the Navy, visit www.navy.mil/local/secnav/.



PHOTO FROM THE FLEET

Check in weekly to find out what our fellow shipmates are doing around the fleet.



U.S. Navy photo by MC1 Elena Pence

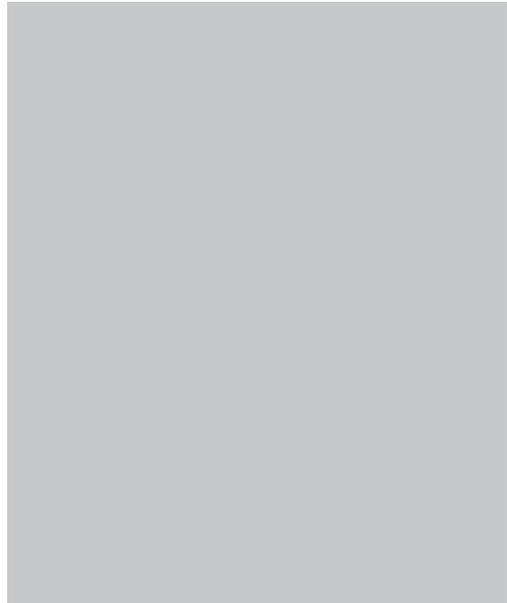
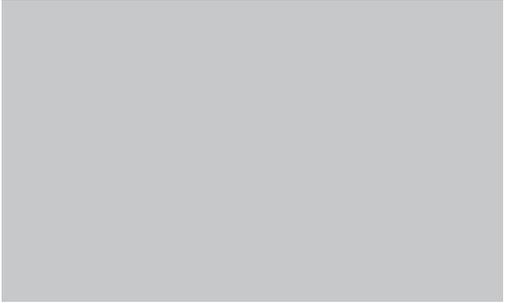
The littoral combat ship USS Freedom (LCS 1) arrives in San Diego Harbor as she completes her maiden deployment. Freedom conducted counter-illicit trafficking operations, successfully integrated with the Carl Vinson Carrier Strike Group, performed exercises with partner navies, made three theater security port visits and conducted joint maneuvers with the guided-missile frigate USS McInerney (FFG 8) and her embarked remotely-operated aerial vehicle, Fire Scout.

Community Calander

MAY



	FRIDAY	SATURDAY	SUNDAY
	APRIL 30		
	Signonella MS/HS School Baseball @ Naples Softball @ Naples Track to Naples	1 LABOR DAY FFSC Infant Massage Marinali Community Center 10am-11:30am Signonella MS/HS School SAT Testing Soccer vs Florence (at home) Track @ Naples Middle School Activity Night 5:30pm-8:30pm	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3 ITALIAN REST DAY	4 FFSC Home Buying Strategies 10am-12pm Infant Massage Marinali Community Center 10am-11:30am	5 FFSC Men's Group 1:30pm-3pm Playgroup 1-4 Years Old 9:30am-11am ICR 8am-3:30pm	6 FFSC Playgroup 0-12 Months 10am-11am CFS Forum 9am-11am Paying for College 1pm-2pm Signonella MS/HS School Broadway Review-Knights Hall 6pm
7 FFSC ICR 12:30pm-3:30pm Signonella MS/HS School Soccer @ Naples Baseball @ Naples Softball @ Naples	8 FFSC Infant Massage Marinali Community Center 10am-11:30am Signonella MS/HS School Soccer @ Naples Baseball @ Naples Softball @ Naples	9	
10 FFSC ICR 8am-3:30pm Successful Single Parenting 2pm-4pm	11 FFSC ICR 8am-3:30pm Infant Massage Marinali Community Center 10am-11:30am Sponser Training 9am-10:30am	12 FFSC ICR 8am-3:30pm Playgroup 1-4 Years Old 9:30am-11am Men's Group 1:30pm-3pm	13 FFSC Ombudsman Assembly 3pm-5pm Survive and Thrive 8am-3pm Credit Management 9am-11am Playgroup 0-12 Months 10am-11am
	14 FFSC Arrivederci 8am-11:30am	15 Signonella MS/HS School Prom	16



The Signature
SIGNONELLA, SICILIA

Do you have a passion for writing or are you looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440

SEXUAL ASSAULT PREVENTION AND RESPONSE

SAPR offers a Sexual Assault Hotline staffed with trained advocates who man the SAPR Hotlines 24/7. The number is 335-642-8312 or 335-606-6146.



Fleet and Family Support Center
Administration Building
Bldg. 319 (NAS I)

Monday–Friday 7:30 a.m.–4 p.m.
DSN 624-4291
Commercial 095-56-4291

Arrivederci Workshop

Article provided by Michael Sorola

You may have seen the workshop advertised in FFSC “All Hands” emails, our calendar, heard the term at work, or with friends and colleagues and wondered what it was about. Whether you’re an old pro at moving or fairly new to the transient lifestyle, processes do change and new policies are implemented more frequently.

If you are overseas, relocation has different requirements than state-side transitions. The Arrivederci Workshop prepares you for these differences and allows you the opportunity to plan well in advance for your move. The workshop is required for active duty service members; however, spouses, DoD civilians, and contractors are highly encouraged to attend. Transitions and “checking out”

from an overseas location can be stressful and frustrating. Arrivederci helps you to have your “ducks in a row” and your “affairs in order” before your move takes place. Throughout the workshop, subject matter experts will provide you with information about your relocation as well as information about the transition process to help ensure that you don’t miss any important details. This workshop progressively takes you through the different phases and essential departments to prepare you for departure. Keep in mind that the workshop is not just for people changing permanent duty stations, but also for those separating and retiring.

After the workshop, you will be able to identify what you need to do within certain timeframes to minimize any unforeseen surprises.

You’ll also take away informational handouts directly from the speakers; and if you are military, your completion certificate will meet the PSD requirement for obtaining departure airplane tickets!

The Arrivederci Workshop is most beneficial if you are within three to six months of relocating. You do not need official orders to attend. Arrivederci is held at the FFSC on NAS I every other Friday from 0800-1130. The remaining dates for this fiscal year are:

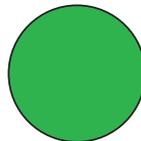
- May 14th and 28th
- June 11th and 25th
- July 9th and 23rd
- August 6th and 20th
- September 3rd and 17th

The workshop does fill up fast, especially during the summer months. Therefore, we encourage you to register well in advance by calling the FFSC at 624-4291.

Signonella’s 5th Annual One-Mile Walk

When: April 30th, 2010 at 1630
Where: Community Plaza
(in front of FFSC)

Hurts one...



Sexual Assault
Awareness Month

...effects all

For more details or information about Sexual Assault Awareness Month or details call FFSC at 624-4291

Signonella Community Scholarship Fund: Deadline May 14, 2010

Provided by YNC Robert Frye

It is springtime; a time of new beginning, a time for the birds to chirp, the time for flowers to blossom and the time for the sun to shine longer. It is also the time for the annual “Signonella Scholarship Fund”. The Signonella Community Scholarship Council (SCSC) invites you to apply for a scholarship to help defray the cost of post-secondary education. The SCSC provides scholarships to Signonella community members from funds donated by commands, organizations, and individuals in the NAS Signonella community. The amount of the awards will be determined by available funds. Awards may be used in payment of tuition, fees, books, etc., and will be sent directly to the educational institution. The Scholarship is open to seniors in high school, family members who desire to continue their education, and active duty personnel. Scholarships will be awarded in the following 5 categories: Academic, Athletics, Leadership, Arts

& Music, and General. You may apply in one or more categories, but you can win in only one category.

The application process is pretty easy. A grade point average of 3.0 is the first criteria that you should have achieved. A copy of your high school transcripts with an acceptance letter from an accredited university if you are currently a senior in high school. If you are continuing your education, you will need to have a current college transcript (if you have attended school in the past). Everyone will have to complete an essay which needs to be 250 and 500 words, double-spaced, and typewritten or printed. The topic for the essay is: “What is your most outstanding personal quality? How do you plan to utilize and develop that quality in the future?” and have two letters of recommendation that are part of the package. Signonella Community Scholarship Applications on NAS I can be picked up at the School’s Liaison office located at the Signonella Elementary School, room 102a, at the Signonella Middle/High

School Front Office or the Community Bank. On NAS II, Chief Frye will have applications available for pickup at the Command Building 476 located across the street from the air terminal and with Mr. Michael Boyle at the Community Bank. Please complete the application forms and attach it to the materials you submit. Your completed application package must be submitted no later than May 14, 2010 in a sealed envelope in two areas. The School Liaison Office w/Mrs. Miki Gilbert and on NAS II with YNC(AW) Frye at the Command building 476 in Admin located across the street from the air terminal. Congratulations on applying for the Signonella Community Scholarship. The Signonella Community Scholarship Council wishes you continued success as you continue your education. If you have any questions about the application or selection process, please contact Lieutenant Commander John Montinola, at 624-5975/5711 or john.montinola@eu.navy.mil.

Alberto Lunetta
The Signature Staff



Italian NEWS

Sicilian Culture, Events and Lifestyle



Ancient Greek Drama Festival Begins in Siracusa

American writer and philosopher Ralph Waldo Emerson wrote: "The beautiful fables of the Greeks, being proper creations of the imagination and not of the fancy, are universal verities."

This is actually true. These timeless dramas, which consist of a brilliant mixture of ancient myths, complicated tragic stories, religious rituals, and lyric poetry, are still relevant to modern times.

Imagine sitting down in a beautiful open-air Greek theater and enjoying the passion and drama of a Greek Tragedy. Just like it has been happening for 2000 years, the Greek theater of Siracusa hosts a new spring season of Greek Dramas.

The word tragedy comes from the term "tragedia" or "goat-song," named for the goatskins the chorus wore during the performance. It refers primarily to a play in which a central character, usually a king, queen or hero, suffers some serious ill-fated situation in which man seems to be deprived of all outward help and is forced to rely on himself. The man deals with external superior's forces, which appear to rule his life. Eventually the tragedy stresses the vulnerability of human beings whose suffering is caused by a combination of human and divine actions. According to organizers from the National Institute for Ancient Drama (Istituto Nazionale del Drama Antico or INDA), the 46th Cycle of Classical Greek Plays will begin on May 8 with Sophocles' Ajax, with Maurizio Donadoni in the main role while the debut of Euripides' Phaedra, with Elisabetta Pozzi in the title role is scheduled for May 9. The two tragedies will alternate on the stage day after day through June 20. "The leitmotiv of the 46th Cycle of Classical Plays that will bring on the

stage of Syracuse's Greek Theatre two colossal personalities, Ajax and Phaedra, is the terrifying force of irrational that bursts unleashed into one's life," INDA officials said. Siracusa's Greek Theater is one of the largest ancient theaters in the world. The structure dates from the 3rd century BC, but ancient sources already mention its existence in the 5th century. The Romans altered the theater during their rule to accommodate their circuses.

EURIPIDES' PHAEDRA
(The crowned Hippolytus)
PLOT (by Indafondazione.org)
The play is set in Troezen where Theseus is serving a year's voluntary exile for having murdered the Pallantides. In the opening scene we have Aphrodite telling the story of Hippolytus, son of Theseus and Amazonian queen Hippolyta, who has offended her refusing her love and calling her the worst of all Olympians. Under the vow of chastity that sets him miles away from the world of the goddess of love, he honors Artemis instead spending his time in the woods hunting. Rejected Aphrodite swears vengeance on Hippolytus and makes Phaedra, the wife of Theseus, fall madly in love with her young stepson. At first, the queen doesn't show her feelings consuming herself in the agony of her ill passion. However, she decides to confess her love to the nurse who then, wanting to help her ward, breaks the vow of silence and reveals to Hippolytus Phaedra's affection. After hearing this, the dis-



Photo by Luca Ippolito

The 46th Ancient Greek Drama Festival officially begins Saturday May 8 on breathtaking stage of the Siracusa Greek Theater with the 6:45 p.m. performance of Sophocles' Ajax. The festival runs through June 20. (The photo is last year's performance of Euripides' Medea)

gusted young man runs away from the city promising not to come back until his father returns. Now, when her secret is out, Phaedra believes she is ruined and so, in order to regain the lost honor, she decides to kill herself. However, she will have her revenge on Hippolytus: before taking her life away, Phaedra wrote a letter addressed to Theseus accusing Hippolytus of her death. Completely crushed by the terrible news, the Athenian king doesn't even question the words of his late spouse and, once

DRAMA, continued on Page 7

Choral-Symphonic Concert Tonight at Catania Bellini Opera House

Signonella classic music buffs will be happy to know that American conductor Evan Christ will be on the Bellini Opera House podium tonight to present a Russian classic repertoire's choral-symphonic concert including Mussorgsky and Tchaikovsky. The concert will be held at 5:30 p.m. With Tiziana Carlini directing the Bellini Choir, guest artists will be mezzo soprano Francesca Aparo and bass Mario Sapienza. Evan Christ is the Associate Music Director (Erste Kapellmeister) of the Wuppertaler Bühnen (Wuppertal Opera). Born into a musical family in Los Angeles, he became the Assistant Conductor of the Nevada Symphony Orchestra. In 1993 Christ received his BA with honors in Mathematics and Music from Harvard University. During his studies he founded the Las Vegas Music Festival, which he still returns to conduct as Conductor Laureate. In 1993, Christ came to Europe to study piano and oboe for two years at the Liszt Academy of Music in Budapest and thereafter received his Masters in Orchestral Conducting (Gert Bahner) and Vocal Accompanying from the Leipzig Conservatory in 2000. In 1997 he also founded the Mendelssohn-Kammerorchester Leipzig,

which received numerous excellent reviews for its concert series in the Gewandhaus, European tours, and CDs. In October 2006, Christ was awarded a €10,000 Career Prize as part of the German Conducting Competition after a concert in the Philharmonie with the Deutsches Symphony Orchestra Berlin. As a result he will be music director of the Bad Homburg orchestral concert series for the 2007-2008 seasons. Christ is one of 6 young conductors selected by the German Conductor's League (Dirigentenforum) for its elite Maestros für Morgen Artists Roster. (Info by Connaughtartists.com) For more information and tickets visit <http://www.teatromassimobellini.it>



Tomato Festival this weekend in Sampieri

If you're a tomato lover, make sure you attend the family fun events that are annually celebrated in Sampieri, a fisherman's neighborhood of the Baroque town of Scicli in the Ragusa province. This year's Sagra del Pomodoro or Tomato Festival runs from Apr. 30 through May 2. This mouthwatering festival is aimed at promoting the local tomato by highlighting its nutritional and therapeutic properties. The sagra will feature food booths selling traditional Sicilian specialties, arts and crafts, folklore parades and entertainment.

For more information, directions and detailed festival schedule visit <http://www.sagrapomodoro.com/edizione-2010> or call the festival organizers at 333-8596767.



Gela Veteran Moto Club visits ETD

Members of the Gela Veteran Moto Club, a vintage car enthusiasts and owners' association, visited Signonella on April 19. As for the American side of the base, the group was treated a tour of Executive Transport Detachment (ETD) "Catbird" which opened its gates for the first time to Italian visitors. The Veteran Moto Club Gela group had time to talk with ETD OIC Cdr. Andy Wegman who answered their questions concerning the U.S. Navy and ETD aviation's mission and offered a C-20A Gulfstream III aircraft static display. The group was impressed with the Navy and Italian Air Force level of professionalism and hospitality. "The tour was successful because it



gave us a great opportunity to learn about the US Navy and ITAF activity in Sicily and witness how strong is the military partnership between the two nations," a group official said. "ETD Signonella is proud to have met the members of the Gela Veteran Moto Club. We thoroughly enjoyed discussing their passion for cars and our passion for flying. The visit was a tremendously rewarding experience for all members of ETD, and we hope the car club comes back soon," Cdr. Wegman said. The tour also offered the group a unique glimpse into the mission of the 41st Stormo ITAF base which hosts NASSIG and its Tenant Commands.

School News

Signonella Girls Soccer

By: Amy Shattuck

The Signonella girl's soccer team is kicking off a great season. They began by defeating AOSR 1-0. This was followed by a victory against the Milan Panthers 2-1. In the Milan game, the goals were scored by striker Elizabeth Frost and midfielder Kendra Coates. Shawn McCarthy, soccer coach, is

pleased with the girls' effort. "We're doing the best we can," McCarthy said. "And right now our best is better than the other two teams we've played." Starting Striker Mackenzie Jacks thinks a key to the Jaguar's success is teamwork. "We work together as a team," Jacks explained. "We're a family of Jaguars and we show that on the field."

It's not just the team and their coaches that are thrilled about the success. The fans are excited that the team is doing so well and playing skillfully. "I think the girls are doing much better than the pre-game expectations," Tony Peppers, sophomore, said. The Jaguars are going to be a tough team to beat this year. Their next game is against Aviano, good luck Jags!

European Drill Competition

By: Bailey Skeet

Nine NJROTC Signonella cadets competed in an All European Drill Competition in Kaiserslautern, Germany in March.

The competition was attended by 215 cadets from more than 12 European schools. The cadets worked hard and strived for perfection. In the end, Signonella returned home with eight trophies and one medal. Cadet Ensign Ricky King was awarded first places for Best Color Guard Commander and Best Armed Drill Team Commander. He also earned eighth place in the Individual Drill Routine, and third place for Armed Duo with Cadet Seaman Roman Duenas.

Cadet Lieutenant Commander Jordan Rettie received first place in the Individual Drill Routine and second place in the Solo Drill Exhibition.

"It was Outstanding!" Rettie said. "For the first time in a long time, we had teams place high against other schools. I was proud to lead the Signonella NJROTC to the Drill



From left to right: Cadet Lieutenant Commander Jordan Rettie, C/SR Tai McGee, C/SA Damero Mingo, C/SN Tristan Morris, C/SA Bailey Skeet, Cadet Petty Officer 3rd Class Mark Takakura, Cadet Petty Officer 1st Class Cyara Meza, C/SN Roman Duenas, Msgr Anel Montero, Cadet Ensign Ricky King

Competition." Rettie said the cadets performed well and were proficient in their performances. The remaining Signonella trophies

were second place for the Color Guard Team, second place for the Armed Drill Exhibition Drill Team, and third place for the Regulation Drill Team.

"I'm proud of the Signonella NJROTC Color Guard for taking second place during the All European Drill Competition, after a five year drought!" Master Sergeant Anel Montero exclaimed.

The nine cadets were: Cadet Lieutenant Commander Jordan Rettie, Cadet Ensign Ricky King, Cadet Petty Officer 1st Class Cyara Meza, Cadet Petty Officer 3rd Class Mark Takakura, Cadet Seaman Roman Duenas, Cadet Seaman Tristan Morris, Cadet Seaman Apprentice Bailey Skeet, Cadet Seaman Apprentice Damero Mingo, and Cadet Seaman Recruit Tai McGee. These cadets were accompanied by NSI Master Sergeant Anel Montero and female chaperone LS2 Dianne Brathwaite.

"It was an interesting time competing in Germany," Cadet Seaman Morris remarked. "We did great in Color Guard and Drill, and I'm proud to have been a part of it."

DRAMA, continued from Page 7

he reads the letter, curses his son calling upon his divine father Poseidon. And so it was: as the young man was leaving the kingdom on the chariot, a bull-like monster rose from the sea, frightening his horses, which dashed the chariot against the rocks drawing Hippolytus along. At length, in the role of deus ex machina, Artemis comes on the stage revealing the truth: the drama turns the full circle and ends where it's started, in the antagonism between two deities - Artemis and Aphrodite. After he realized what he had done, the devastated Theseus begs his dying son for forgiveness. In the closing scene, Hippolytus absolves his father and dies. Upon his death, Artemis introduces the cult of Hippolytus in the city of Troezen. Yet, this mythic-religious solution is of little comfort to the mortals, as the chorus records us in the concluding choral: "And the rivers of tears shall be shed over and over again, for tales of heroes hurt most."

SOPHOCLES' AJAX

PLOT (by Indafondazione.org)

The play begins with the dialog between Athena and Odysseus in front of the Ajax's tent, under the walls of Ilium. Upon his death, the amour of great Achilles has been awarded to Odysseus rather than to Ajax, which provokes in the later such hatred of his companions so to wish their utter ruin. Through an intervention of the goddess Athena who plunges him into madness, Ajax, however, slaughters a flock of sheep believing them to be the Greek warriors. The goddess makes the possessed Ajax come outside his tent so as Odysseus could see him without being seen himself. Yet, the scene of the Ajax's delirium he witnesses doesn't make Odysseus mock his foe; instead of on revenge, Ajax's behavior stirred Odysseus to reflect on human fragility. When finally he comes back to his senses, the awakening brings to Ajax nothing but the desperation and shame: the only way to win back his lost honor and to save the good name of the family is to commit suicide. Once taken, such a decision leaves him deaf for

the pleas of the wife Tecmessa. Not even the love for the son Eurysaces, whom he now wants to leave in the custody of his brother Teucer, won't make him give up his plan. Therefore, in order to get rid of Tecmessa and the chorus of sailors who are trying to persuade him not to take his life away, the hero pretends to have listened to their advice and goes in a wood near the sea saying that he is going out to purify himself and bury the sword. When the messenger realizes Ajax is no longer in the tent, he recalls the words of the prophet Calchas who has warned that if Ajax would leave his house that day, he would die. Everyone is trying to save this man from himself, but nobody succeeds: Ajax commits the suicide throwing himself on the blade of the same sword he'd previously stuck into the ground.

The last part of the play revolves around the ethic-political debate about the fate of the Ajax's body: the highest authorities in the Achaean army, Menelaus and Agamemnon, deny any funeral rite for the body of the late hero, thus punishing him for his treason. On the other side, Ajax's brother Teucer puts in the foreground the common law according to which even enemies deserve respect in death.

It is the Ajax's rival Odysseus that will play the decisive role in this dispute convincing Agamemnon to let Teucer pay the last homage to his brother.

You can purchase your ticket at the following web site: <http://www.hel-loticket.it>

For more information and detailed festival schedule you can also call ITT at 624-4777 or INDA at 0931-487248.

SIGONELLAN'S B THEIR HORIZONS ART CLAS



Story and Photos By:
MC3 Jonathan Idle

Black chalk blends into the edges of a saxophone. The mouthpiece of the saxophone disappears seamlessly into the silhouette of the jazz musician then into the darkness and shadow he resides in. His expression conveys sadness. Like he feels the emotion of every note he plays.

This is the latest creation of Laura Hodges. Hodges is one of several Sigonella community members immersing themselves in local Sicilian culture by studying art at the Associazione Culturale Formazione Artistica Art'e... in Acitrezza, Sicily.

Salvo Coglitori, the owner and head instructor at the school, started the school back in 2002.

"This school was a dream for me to start, because in Sicily there isn't a private school that teaches the different styles and practical workings of art," Coglitori said. "We have art academies and secondary schools that teach art, but they teach art criticism and history. None of them teach how to do the particular styles and the numerous techniques of expressing yourself through art."

Coglitori wants to teach his students, like Hodges, versatility and self-expression.

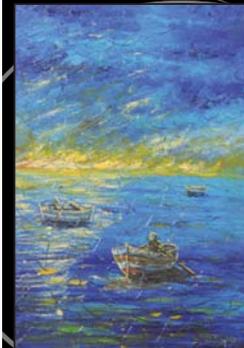
"I started out teaching a few people and over time the school has really grown," said Coglitori. "I hope that the school will continue to grow and that I will always be able to give my students the ability to speak with their brush."

Hodges says she always has enjoyed art, but she has never actually tried to do anything with it professionally.

"I asked my instructor to put me in the first level class, because although I have talent I have never done anything with it," Hodges said. "I've never had any training. So, we started with the very basics like how to draw a circle, how to shade and all the technical stuff."

The school mostly concentrates on different art techniques how to execute different styles of painting and sculpting, said Hodges.

"I've learned quite a lot technique wise," Hodges said. "The skill was already mine, but my instructor has really been working on refining it. The second class I'm taking here is on the human body. The teacher is having us



LLAN'S BROADEN DRIZONS THROUGH ART CLASS

copy other people's work until we get to the point where we understand the form and role of the body." One of the things Hodges is looking forward to the most is receiving an Italian diploma in art after completing the full two-year curriculum. "In America, art really isn't a career," said Hodges. "I've always been an executive with Macy's or some other place, but this is something I love and hopefully I can make a career out of this. It would great to go back home with an Italian degree in art."

The experience at the school has also served as a good introduction to Sicilian culture for Hodges. "It's been great," Hodges said. "They're very friendly and very helpful as long as you make an effort not to be an 'ugly American.'" Hodges feels the school has really helped ease her into Sicilian culture and helped her get over the language barrier. "Initially I had no expectations coming in, because I spoke Italian so poorly," said Hodges. "Salvo has always been very good about coaching me with my Italian, and he speaks English which

makes it easier." Learning about Italian art and architecture has deepened Hodges's appreciation of Sicily and its history. "The whole school did a tour of churches in Acireale, and (Salvo) did a private class for some friends who came here from America and talked about architecture in a couple areas and what it meant to art in general and specifically to Italian art," Hodges said.

On top of expanding her artistic skills and opening herself up to local culture the experience has a deeper meaning for Hodges, whose family is originally from Palermo. "It makes me appreciate the way they lived a lot more," said Hodges. "My first couple months here were really hard. It's been a learning experience, and this has made it a positive learning experience."

It's a learning experience that Hodges hopes will continue to influence her work as her skill and appreciation of art blends together with her appreciation for Sicily. Much like the jazz musician and his saxophone blend into the shadows and canvas of her latest work.



Go Green Sigonella!



Are You Doing Your Part? 10 Easy Tips To Go Green

- 1. Don't get bottled water.** - Instead of bottled water get a reusable container to carry water. Also you can get a filter to make your home tap taste more like bottled water. It is definitely more cost efficient.
- 2. Hang Outside to Dry** - Get a cloths line or rack to dry your cloths. Your cloths will last longer and you will save money.
- 3. Use Both Sides of Paper** - If you have a printer with a double sided print option use it. You will save half of the amount of paper you would have normally used.
- 4. Turn the water off when you brush** - Your parents have said this before, now I say it. You will save 4 gallons of water doing this alone.
- 5. Turn off your lights** - An easy one. Turn off your lights when you are not using them. The benefits are obvious.
- 6. Buy Rechargeable Batteries** - Even though it will take a good investment to buy these you will find yourself gaining it back in no time.
- 7. Get a reusable bag** - You can't recycle plastic bags, instead get yourself a reusable bag so that you won't have to worry about carrying your necessities.
- 8. Do Errands in Bulk** - Make a list of the things you have to do, and see if you can fit a couple of those things together in one ride.
- 9. Wrap Presents Creatively** - Without going out to get wrapping paper you can use newspaper, an old map, or anything else. It would look a whole lot more creative.
- 10. Maintain your automobile(s)** - Check your tire pressure and keep pressure at the manufacturer's recommended level. Low tire pressure uses more fuel. Maintain a clean air filter. Clean air filters use less fuel. Remove unnecessary items from your truck. Heavier vehicles use more fuel.

Ristorante Bella Etna

30	<p>*Breakfast: Rolled Oats, Grilled Sausage Links, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Cinnamon Rolls.</p> <p>*Lunch: Cream of Mushroom Soup, Beef Stir Fry, Tempura Fish, Baked Fish, Steamed Rice, Calico Cabbage, Herbed Broccoli, Strawberry Cake, Lemon Meringue Pie, Fruit Gelatin.</p> <p>Speed line: Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes, RIKPAK.</p> <p>*Dinner: Egg Drop Soup, Chicken Cacciatore, Roast Beef, Rice Pilaf, Southern Green Beans, Savory Squash, Strawberry Cake, Lemon Meringue Pie, Fruit Gelatin, RIKPAK.</p>
1	<p>*Breakfast: Farina, Grilled Ham Slices, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Buttermilk Pancakes, Asstd Doughnuts, Crumb Cake.</p> <p>*Brunch: Breakfast Items, Chicken Gumbo Soup, Roast Pork, Cottage Fried Potatoes, Tossed Green Rice, Peas w/ Carrots, Cauliflower Au Gratin, Brown Gravy, Velvet Pound Cake, Vanilla Cream Pie.</p> <p>*Dinner: Zesty Bean Soup, Baked Italian Sausage, Veal Steak, Steamed Rice, Home Fried Potatoes, Glazed Carrots, Savory Style Beans, Chicken Gravy, Velvet Pound Cake, Vanilla Cream Pie.</p>
2	<p>*Breakfast: Rolled Oats, Grilled Minute Steak, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast Puff, Asstd Doughnuts, Italian Croissant.</p> <p>*Brunch: Breakfast Items, Knickerbockers Soup, Chili Macaroni, Islander Rice, Corn O'Brien, Green Beans, Marble Cake, Sugar Cookies.</p> <p>*Dinner: Nutty Split Pea Soup, Roast Beef, Baked Fish, Mashed Potatoes, Steamed Rice, Mixed Vegetables, Steamed Asparagus, Natural Pan Gravy, Marble Cake, Sugar Cookies.</p>
3	<p>*Breakfast: Rolled Oats, Grilled Sausage Links, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Cinnamon Rolls.</p> <p>*Lunch: Chicken Gumbo Soup, Beef Yakisoba, Veal Parmesan, Steamed Rice, Oven Browned Potatoes, Green Peas, Seasoned Summer Squash, Spice Cake w/ Frosting, Vanilla Cookies, Fruit Gelatin..</p> <p>*Speed line: Assorted Pizza, RIKPAK.</p> <p>*Dinner: Minestrone Soup, Cantonese Spareribs, Cranberry Glazed Chicken, Pork Fried Rice, Lima Beans, Broccoli Parmesan, Spice Sake w/ Frosting, Vanilla Cookies, Fruit Gelatin, RIKPAK.</p>
4	<p>*Breakfast: Farina, Oven Fried Bacon, Baked Sausage Patties, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Biscuits and Gravy, Asstd Doughnuts, Blueberry Muffins.</p> <p>*Lunch: Egg Drop Soup, Sweet & Sour Pork, Chicken Chopsuey, Egg Foo Young, Chinese Fried Rice, Chow Mein Noodles, Oriental Fried Cabbage, Corn Kernel, Fruit Cocktail Upside Down Cake, Blueberry Pie.</p> <p>*Speed line: Philly Cheese Steak Sandwich, Onion Rings, Macaroni & Cheese, RIKPAK.</p> <p>Dinner: Cream of Broccoli Soup, Braised Beef Cubes, Shrimp Scampi, Seasoned Boiled Pasta, Spanish Style Beans, Carrots Slices, Fruit Cocktail Upside Down Cake, Blueberry Pie, RIKPAK.</p>
5	<p>*Breakfast: Rolled Oats, Creamed Ground Beef, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Blueberry Pancakes, Biscuits, Asstd Doughnuts, Bear Claw.</p> <p>*Lunch: Beef Noodle Soup, Pepper Steak, Fish w/ Cherry Tomato Sauce, Bruschetta, Steamed Rice, Franconia Potatoes, Cream Style Corn, Eggplant Parmesan, Almond Cookies, Carrot Cake, Chocolate Pudding.</p> <p>*Speed line: Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes, RIKPAK.</p> <p>*Dinner: French Onion Soup, Corned Beef & Cabbage, Chicken Cordon Bleu, Steamed Rice, Potatoes Au Gratin, Club Spinach, Steamed Peas & Carrots, Almond Cookies, Carrot Cake, Chocolate Pudding, RIKPAK.</p>
6	<p>*Breakfast: Hominy Grits, Corned Beef Hash, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Raisin Muffin.</p> <p>*Lunch: Vegetable Supreme Soup, Roast Porkloin, Honey Glazed Chicken, Steamed Rice, Roasted Garlic Potatoes, Seasoned Mix Vegetables, Club Spinach, Oatmeal Raisin Cookies, Cherry Cobbler.</p> <p>Speedline: Assorted Pizza, RIKPAK.</p> <p>*Dinner: Tomato Bouillon Soup, Roast Turkey, Swedish Meatballs, Red Beans w/ Rice, Mashed Potatoes, Natural Pan Gravy, Creole Green Beans, Corn Kernel, Oatmeal Raisin Cookies, Cherry Cobbler, RIKPAK.</p>
7	<p>*Breakfast: Rolled Oats, Grilled Sausage Patties, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Cinnamon Rolls.</p> <p>*Lunch: Chicken Corn Chowder, Tempura Fish, Beef & Broccoli, Paprika Buttered Potatoes, Glazed Carrots, Fried Okra, Spice Cake w/ Frosting, Crisp Drop Cookies.</p> <p>Speed line: Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes, RIKPAK.</p> <p>*Dinner: Chicken Noodle Soup, Baked Fish, Grilled Steaks, Tossed Green Rice, Corn O'Brien, Lima Beans, Spiced Cake w/ Frosting, Crisp Drop Cookies, RIKPAK.</p>

ON THE GO WITH MWR

COMING SOON @ CONNECTIONS

TEXAS HOLD'EM POKER - EVERY THURSDAY @ 5:30 PM

Come join Connection's 10 week Texas Hold'em Tournament. Show up by game time to reserve your spot. First and second places are advanced to the final table and can receive prizes. For more info call Connections @ 624-4264.

BINGO Night

Monday, May 3 @ 5:30 pm

The Famous Game We All Love To Play Is Back

Register at Connections to reserve your spot. For more information and prices call x-4264

NASSIG Designated Driver Entry Form

Thank you for being a designated driver.



MWR ensures a safe arrival

The Designated Driver (DD) Program is a reward system set up to encourage military and family members to have a friend always with them who is the acting designated driver. All patrons have to do is identify themselves as a designated driver entitling them to free non-alcoholic beverages all night at MWR facilities such as Connections Recreation Center, Jox Pub, and SpareTime Bowling Center. Plus, the DD is entered in a monthly drawing for a free \$20 NEX phone card. For more information on the designated driver program, call 624-4263. On top of the Designated Driver Program, MWR has contracted a taxi service. Rates are available for locations on the economy as well. Taxi information fliers are available at all MWR facilities or on Facebook at www.facebook.com/mwrsigonella. For more information, stop by any MWR Facility.

MIDTOWN MOVIE THEATERS

SCHEDULE & DESCRIPTIONS



OUR FAMILY WEDDING- Forest Whitaker, America Ferrera, Carlos Mencia, Regina King, Diana Maria Riva

"Our marriage, their wedding." It's lesson number one for any newly engaged couple, and Lucia and Marcus are no exception. They learn the hard way that the path to saying "I do" can be rife with familial strife. When they return from college and too suddenly announce their marriage plans, they soon discover that their fathers - two highly competitive over-the-top egos - can wreak a major amount of havoc on their special day. With insults flying and tempers running high, it's anyone's guess if the alpha dads will survive to make it down the aisle in one piece. Lucia's mother is busy planning the wedding of "her" dreams and the only levelheaded one in the bunch is Angela, the groom's father's best friend and lawyer, who manages to keep her cool when the madness reaches a crescendo. With only weeks to plan their wedding, Lucia and Marcus soon discover the true meaning of love and find there is truth to the saying - that when you marry someone, you marry their entire family. (103 min.)

GREEN ZONE- Matt Damon, Amy Ryan, Greg Kinnear, Antoni Corone, Nicoye Banks

During the U.S.-led occupation of Baghdad in 2003, Chief Warrant Officer Roy Miller and his team of Army inspectors were dispatched to find weapons of mass destruction believed to be stockpiled in the Iraqi desert. Rocketing from one bobby-trapped and treacherous site to the next, the men search for deadly chemical agents but stumble instead upon an elaborate cover-up that inverts the purpose of their mission. Spun by operatives with intersection agendas, Miller must hunt through covert and faulty intelligence hidden on foreign soil for answers that will either clear a rogue regime or escalate a war in an unstable region. And at this blistering time and in this combustible place, he will find the most elusive weapon of all is the truth. (115 min.)

REMEMBER ME- Robert Pattinson, Emilie de Ravin, Chris Cooper, Lena Olin, Tate Ellington

Tyler, a rebellious young man in New York City, has a strained relationship with his father ever since tragedy separated their family. Tyler didn't think anyone could possibly understand what he was going through until the day he met Ally through an unusual twist of fate. Love was the last thing on his mind, but as her spirit unexpectedly heals and inspires him, he begins to fall for her. Through their love, he begins to find happiness and meaning in his life. But soon, hidden secrets are revealed, and the circumstances that brought them together slowly threaten to tear them apart. Remember Me is an unforgettable story about the power of love, the strength of family, and the importance of living passionately and treasuring every day of one's life. (112 min.)

SHE'S OUT OF MY LEAGUE- Jay Baruchel, Alice Eve, TJ Miller, Mike Vogel, Nate Torrence

Kirk, an average Joe, can't believe his luck. Though he's stuck in a seemingly dead-end job as an airport security agent, against all odds, Molly, a successful and outrageously gorgeous babe, has fallen for him. Not only is Kirk stunned, but his friends, family and his ex-girlfriend, too. Now he has to figure out how to make the relationship work, even though he'd be the first to admit she's totally out of his league. (105 min.)

DATE NIGHT- Steve Carell, Tina Fey, Mark Wahlberg, Taraji Henson, Jimmi Simpson

Phil and Claire Foster are a sensible, loving couple with two kids and a house in suburban New Jersey. The Fosters have their weekly date night an attempt at re-experiencing the spice of the dates of yesteryear, involving the same weekly night out at the local Teaneck Tavern. Their conversations quickly drift from barely-date talk to the same chore-chat they have at the dinner table at home. Exhausted from their jobs and kids, their dates rarely end in fore- or any other kind of play, let alone romance. After seeing two of their best friends, another married couple with kids in suburban New Jersey, split apart from living the same life they themselves lead, Phil and Claire begin to fear what may lie ahead: a state of bland indifference and eventual separation. In an attempt to take date night off auto-pilot, and hopefully inject a little spice into their lives, Phil decides a change of plans is in order, take Claire into Manhattan to the city's hottest new restaurant. The Fosters, however, don't have reservations. Hoping to be seated sometime before the clock strikes twelve, they steal a no-show couple's reservations. What could it hurt? Phil and Claire are now the Triplehorns. The real Triplehorns, however, it turns out, are a thieving couple who are being hunted down by a pair of corrupt cops for having stolen property from some very dangerous people. Forced on the run before they've even finished their risotto, Phil and Claire soon realize that their play-date-for-parents has gone awry, as they embark on a wild and dangerous series of crazy adventures to save their lives--and their marriage. (88 min.)

SCHEDULE IS SUBJECT TO CHANGE, PLEASE CALL TO CONFIRM MOVIE SHOWINGS.

MOVIE HOTLINE: 624-4248

For more information on MWR's programs and services, call 624-3968.

- Friday, April 30**
- 5:00pm Date Night PG-13
 - 5:30pm **Our Family Wedding PG-13**
PREMIERE
 - 7:30pm **Green Zone R**
PREMIERE
 - 8:30pm Crazy Heart R

- Saturday, May 1**
- 2:00pm Alice in Wonderland PG
 - 2:30pm The Last Song PG
 - 4:30pm **Our Family Wedding PG-13**
 - 5:00pm Date Night PG-13
 - 7:00pm Green Zone R
 - 7:30pm Brooklyn's Finest R

- Sunday, May 2**
- 2:00pm Clash of the Titans PG-13
 - 2:30pm Alice in Wonderland PG
 - 4:30pm **Our Family Wedding PG-13**
 - 5:00pm Crazy Heart R
 - 7:00pm Shutter Island R

- Tuesday, May 4**
- 5:00pm The Last Song PG
 - 5:30pm **Our Family Wedding PG-13**
 - 7:30pm Shutter Island R
 - 8:00pm Green Zone R

- Wednesday, May 5**
- 5:00pm The Last Song PG
 - 5:30pm Date Night PG-13
 - 7:30pm Green Zone R
 - 8:00pm Cop Out R

- Thursday, May 6**
- 5:00pm Clash of the Titans PG-13
 - 5:30pm **Percy Jackson & The Olympians PG**
LAST SHOWING
 - 7:30pm **The Craziest R**
LAST SHOWING
 - 8:00pm Brooklyn's Finest R

- Friday, May 7**
- 5:00pm Date Night PG-13
 - 5:30pm **Remember Me PG-13**
PREMIERE
 - 7:30pm **She's Out of My League R**
PREMIERE
 - 8:30pm Crazy Heart R

CYP Programs offer Camp Adventure and more!

Sigonella's youth can sign up for an exciting summer with Camp Adventure! This program is designed to provide a fun learning environment all summer long for school-aged children. Counselors provide youth and teens with activities and field trips that they could get nowhere else.

Details of all camp options and the 2010 Summer Program will be available at 5 p.m. on Monday, May 17 at Midtown 2 Theaters. For information please call 624-3712.



Lifeguarding Course

Earn \$\$\$ this summer!
Pre-Test Friday, April 30 at Splashers Pool at 3 pm
Monday - Thursday,
May 3 - 6 from 4-8 pm Monday - Thursday, May 10 - 13 from
4-8 pm Sign up at American Red Cross on NAS 1.
For more info call Christie at 624-4334.



MWR's Sigonella County Fair is Coming!

MWR's Sigonella County Fair is Friday, May 21 & Saturday, May 22, from 3 pm to Midnight on both days. This fair offers a great opportunity for commands and private organizations to be a party of an energetic and fun community-wide event. We will feature fun contests for all ages, local craft vendors, carnival rides and much more!
MWR will host its next command and private organization meeting on Wednesday, April 21. This is the second command & private org. info session for food booths, volunteering and games at 10 a.m. in Midtown 2

Theaters. Game booths will be selected during this meeting. For any additional information please contact MWR Community Activities Director, Token Bamthorse, at 624-4941.



COURAGE, continued from page 2

seven shots from an AK-47 fired from an elevated position. He also absorbed over 40 pieces of grenade fragmentation while shielding other wounded Marines with his bloodied body. I didn't recognize him when the Marines brought him to our casualty collection point. I was stunned by the sight of his wounded leg. I helped place a second tourniquet on his leg. This was tough. 1st Sgt. Kasal was one of my regular coffee buddies in Iraq. His knowledge of weaponry and tactics was astonishing. I remember his words, "Chaps don't worry about me...take care of my Marines." Followed by, "Get me off of this table, I'm going back to fight." Amazingly, he was able to keep his leg. For his acts of courage he was awarded the Navy Cross, our nation's second highest award for valor (he was also promoted to Sergeant Major). A portion of his Navy Cross citation is instructive at this juncture: "When First Sergeant Kasal learned that Marines

were pinned down inside the house by an unknown number of enemy personnel, he joined a squad making entry to clear the structure and rescue the Marines inside. He made entry into the first room, immediately encountering and eliminating an enemy insurgent, as he spotted a wounded Marine in the next room. While moving towards the wounded Marine, First Sergeant Kasal and another Marine came under heavy rifle fire from an elevated enemy firing position and were both severely wounded in the legs, immobilizing them. When insurgents threw grenades in an attempt to eliminate the wounded Marines, he rolled on top of his fellow Marine and absorbed the shrapnel with his own body. When First Sergeant Kasal was offered medical attention and extraction, he refused until the other Marines were given medical attention. Although severely wounded himself, he shouted encouragement to his fellow Marines as they continued to clear the structure." I like this quote taken

from the USMC's publication on Warfighting, "Courage is not the absence of fear; it is the ability to overcome fear." Later that night the story started to circulate throughout the battalion. His courageous acts inspired us all. His bravery encouraged us all to keep in the fight. I truly hope this story inspired you as well. I wholeheartedly believe courage is a virtue. Most of us will never face the kind of situation that Sgt. Maj. Kasal faced that day in Fallujah. His is a great example of modern courage. Remember, to be courageous doesn't mean we're fearless. It merely means when our mettle is challenged, we pass the test successfully. When you need a healthy dose of physical or moral courage, think about John Paul Jones and Sgt. Maj. Brad Kasal. I'm going to end this article with his Old Testament passage, "Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go" (Joshua 1:9).

NEWS BRIEFS

Provided by FISC

Mrs. Sari Ristimaki, a Fleet and Industrial Supply Center (FISC) Sigonella employee, passed away 30 March 2010. She is survived by her husband; Giuseppe Valenti and her two daughters, Sonia and Veronica. She began working at NAS Sigonella 19 June 1983 as a Supply Clerk in Stock Control Division of the Supply Department. A stellar and meticulous performer, she was consistently promoted; first to the position of Accounting Technician, then moving to Aircraft Intermediate Maintenance Department (AIMD) as a Supply Technician; and finally becoming an Inventory Management Specialist. She received a Letter of Commendation for exceptional efforts managing 6,500 assets, valued in excess of \$80,000, in support of Commander Naval Air Forces (CNAF), North Atlantic Treaty Organization Forces

(NATO), the U.S. Air Force, and U.S. Navy ships operating in the Mediterranean and European areas of responsibility. On 1 March 2007, she accepted a position at FISC Sigonella as a Supervisory Supply Technician. There she served as the Catania Customs Service Supervisor, overseeing three Local National Customs Representatives and one FISC Sigonella employee. She will be sorely missed by all who knew her.



HATS OFF, continued from page 2

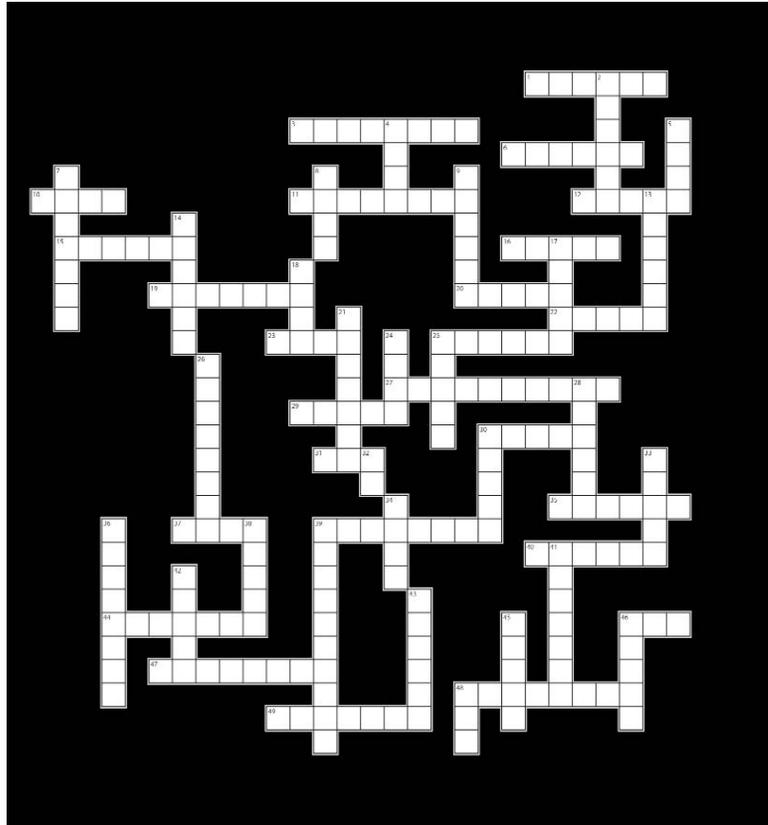
thinking of our "to do list" take a moment and reflect on these special children as they play and grow up around us. Honor their spirits by taking time to share from their perspective their challenges and triumphs being a military dependant.

Fleet and Family Center can be reached at 624-4291. Check out First Lady and Dr. Jill Biden special address on the military child by going to www.militaryonesource.com. For Sesame Street resources see www.SesameStreetFamilyConnections.org

BRAIN TEASERS

Learning The Language

Translate the following words and phrases from English to Italian or Italian to English



Across

- 1. Theater
- 3. Fifteen
- 6. Thank You
- 10. Contanti
- 11. nonsense
- 12. Night
- 15. Lemon
- 16. Purple
- 19. Tuesday
- 20. Olive
- 22. Lion
- 23. Pink
- 25. Poco
- 27. Attention
- 29. Kiss
- 30. Borsa
- 31. Capello
- 35. Right
- 37. Dad
- 39. Left
- 40. Orphan
- 44. English
- 46. Macchina
- 47. Neutral
- 48. ATM
- 49. Market

Down

- 2. Timid
- 4. Where is?
- 5. Va Bene
- 7. To Dance
- 8. Luna
- 9. Pomodoro
- 3. Typhoon
- 4. Ice Cream
- 17. Opal
- 18. Wine
- 21. Shirt
- 24. Hello/Good-bye
- 25. Loto
- 26. Promise
- 28. Nothing
- 30. Poet
- 32. Tea
- 33. Pork
- 34. Stormo
- 36. Artichoke
- 38. Mela
- 39. Fragola
- 41. Boy
- 42. One Thousand
- 43. How Much?
- 45. Slowly
- 46. One Hundred
- 48. Blue

Il Mercato

All classified ads are free to the community. Their intent is for advertising personal property for sale, trade or giveaway. No commercial ads will be accepted. Ads run for two weeks. Classified ads are due no later than 5 p.m. of the Friday before the week of publication. For more information, call 624-5440 or 095-86-5440. Requests for commercial classifieds must be made to Stampa Generale at 081-568-7884. Send Il Mercato advertisements to thesig@eu.navy.mil

Anyone interested in sending ads via email should leave a phone number and point of contact name at thesig@eu.navy.mil. Ads run for two weeks on a space available basis and must be sponsored by active duty military members, family members or Italian/American base employees. Ad must be 40 words or less and typed in regular upper case, lower case format. *The Signature* does not accept ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. AFRTS/AFN decoders must be sold only to another authorized individual: active duty or retired U.S. military, DoD direct-hire employees, and their spouse. If someone would like these types of services in *The Signature*, call Stampa Generale @ 081-568-7884.

