Students from The Sullivans School honored as published authors in Anthology of Poetry

By Steve Parker,
The Sullivans School Public Affairs

Several students from The Sullivans School were recently notified that their poems were chosen for publication in the 2012 Anthology of Poetry by Young Americans® Inc..

The Anthology of Poetry, Inc. dedicates itself to nurturing the beauty, self-expression and fun of poetry. Working with educators in all fifty states, The Anthology of Poetry, Inc. fosters the creativity expressed through writing and honors some of the country's finest young writers by publishing their works.

The Sullivans School students chosen are members of Pamela Ashley's Discovery Workshop, which includes Jordan Woods, Jacob Rigsby, Joshua Ringling, Rachel Armstrong, Ian LaVan, Christian Cardona, Chloe Shupe, Emili Milam, Shawn Leonard and Chris Le.

The Anthology of Poetry by Young Americans® Inc. provides a forum through which selected young authors can see their work and the work of other students published in an actual book. Students in grades K–12, write the poems selected for publication.

Submissions are received from young poets who live throughout the United States. The Anthology of Poetry, Inc.'s editors review each submission.

Works are selected for publication based upon their originality, rhythmic sounds, rhymes and general audience appeal.

For more information about The Anthology of Poetry, Inc. visit its website, www.anthologyofpoetry.com.

The Sullivans School students whose poems were chosen for publication in 2012 Anthology of Poetry pose for a group photo. Back row (left to right) Shawn Leonard, Chris Le, Joshua Ringling, Christian Cardona and Ian LaVan, front row (left to right) Rachel Armstrong, Jacob Rigsby, Emili Milam, Chloe Shupe and Jordan Woods. Photo submitted by Pamela Ashley

TRICARE medical benefits cover vacationing Sailors

By Lt. j.g. Latoya Thompson, TRICARE Operations Deptartment Head

As summer break moves into full swing don't forget that your medical benefits follow you wherever you go. If you'll be visiting family or friends in the states, or vacationing overseas, take your break with TRICARE, it will be right there with you.

When away from your duty station, members are encouraged to use Military Treatment Facilities (MTF) when care is required if able. In the event of an emergency (a threat to life, limb, or eyesight) go directly to the nearest emergency room, military or civilian. In urgent cases, use of the nearest MTF is preferred or the nearest TRICARE network provider.

By using a network provider you will minimize out of pocket expenses and paperwork to file. Routine care should be taken care of before leaving the area or waiting until you return to receive care from your Primary Care Manager. Routine care includes management of chronic health conditions, routine physicals, and requests for prescription refills.

When on the road, you can have prescriptions filled at any MTF pharmacy, a TRICARE network retail pharmacy, using the TRICARE Mail Order Pharmacy (TMOP) or at a non-network retail pharmacy. An MTF can fill your prescription free of charge provided one is available and they stock the medication you require.

The network pharmacy (TRRx) includes more than 53,000 retail pharmacies in the US, Puerto Rico, Guam and the US Virgin Islands. To fill prescriptions using TMOP, administered by Express Scripts (www.express-scripts.com/TRICARE), you need to provide your temporary address so that your order can be mailed to you at that location. Lastly, you can have your prescription filled at a non-network retail pharmacy, but this is the most costly option since you must pay for your medications at the time of purchase and then file a claim with TRICARE for reimbursement.

If vacationing overseas, active-duty service members and their Prime-enrolled family members can utilize International SOS (ISOS) for medical assistance. ISOS is a world-wide medical assistance company that TRICARE has partnered with to provide medical assistance to eligible TRICARE beneficiaries. By simply calling ISOS collect or direct at IDD+65-6338-9277, arrangements can be made to ensure members receive quality care immediately. For toll-free contact numbers, visit www.tricare-overdseas.com.

By calling ISOS, active duty service members and their Prime-enrolled family members will enjoy the convenience of the cashless and claimless feature of this service. Active duty service members can use this feature for urgent/emergent medical/dental needs and Prime-enrolled active duty family members can use this feature for emergent medical needs.

Cashless and claimless means no out-of-pocket upfront costs or claims paperwork to file.

Finally, enjoy your vacation, TRICARE has you covered. Stop by the TRICARE Service Center to pick up your TRICARE Pacific Travel Card or call 243-9528 for more information.