



## Day of Reflection reinvigorates commitment to core values

By Dan Bowen, CFAY Public Affairs

In support of Commander U.S. Forces Japan (USFJ) Lt. Gen. Bruce A Wright's plan for an area-wide Day of Reflection announced Feb. 19, Commander Fleet

Activities Yokosuka (CFAY) observed its own Day of Reflection Feb. 22 at the CFAY Auditorium as part of the USFJ effort to bolster the awareness and readiness of every member serving in the region.

CFAY Command Master Chief, CMDCM (SW) Wayne Smith led the troops in a serious discussion about rededicating themselves to a standard of unwavering professionalism. Smith commended the troops on the exemplary fashion in which they have conducted themselves, but stressed the need for all hands to commit to taking care of their shipmates around them as well, whether on the job or out on liberty.

"This is something where everyone has a moment of leadership," said Smith. "It's a matter of taking care of ourselves, and taking care of each other to make sure we don't disturb the balance we've created here with ourselves and our host nation, Japan."

Smith also discussed the special nature of the trust and respect that has been carefully cultivated between U.S. Navy

personnel and our host nation. Thanks in large part to the consistent military professionalism exhibited by armed forces serving in the region, an exceptional and productive alliance between the U.S. and Japan has enabled U.S. Navy personnel to be accorded special privileges and

status equal to that of police officers, fire-fighters, teachers, elected officials and self-defense forces.

Smith expressed a need to preserve this extraordinary bond by extending the highest level of leadership and mentorship to Sailors without experience in Japan.

"Even if you're the brand new seaman recruit who just reported from boot camp," said Smith. "There's still another seaman recruit that's inbound and you're going to have that level of responsibility or position of authority to train and educate that person coming in."

It is every Sailor's prerogative to assume the role of ambassador: continually establishing and reestablishing a culture of awareness and professionalism. Conduct is a strategic imperative in Japan; serving overseas requires the moral courage and fortitude to represent one's self and one's country with the utmost diligence twenty four hours a day, seven days a week.

"We all depend on each other to complete the mission," Smith said. "We are all part of the same family, the same ship."

At the end of the day, Smith reminded the troops that although the official portion of the Day of Reflection may be over, it didn't end there. He called on all hands to, "carry this message wherever you go."



CFAY Command Master Chief, CMDCM (SW) Wayne Smith addresses the troops at the CFAY auditorium Feb. 22 during the Day of Reflection.

Photo by Kazuyuki Takagi

## Tuskegee Airman visit highlights African-American History Month

By Sean Dath, CFAY Public Affairs

Commander Fleet Activities Yokosuka (CFAY) held an African-American History Month celebration at the Chapel of Hope Feb. 15.

The guest speaker for the event was retired Air Force Lt. Col. Charles Dryden, a Tuskegee Airman, respected author and Congressional Gold Medal recipient.

"We are here today to celebrate African-American History Month, and are humbled by the presence of one of America's flying legends," said Commander Fleet Activities Yokosuka Capt. Daniel Weed. "Lt. Col. Charles Dryden and the Tuskegee Airmen stand out as testimony to the true definition of the word hero."

In 1941, Dryden was selected for Aviation Cadet training at the Tuskegee Army Flying School in Alabama. He was commissioned as a second lieutenant after graduating with two other cadets as only the second class of black pilots in the history of the Army Air Corps. Dryden was then assigned to the famed 99th Pursuit Squadron, which served in North Africa and Italy during World War II.

On June 9, 1943, Dryden, in his P-40 Warhawk nicknamed 'A-Train' after a Duke Ellington jazz tune, led a flight of six pilots engaging enemy fighter aircraft in

aerial combat over Pantelleria, Sicily. The mission marked the first time in aviation history that African-American pilots of the U.S. Army Air Corps engaged aircraft in combat.

Although the Tuskegee Experiment was created by the U.S. Army Air Corps, and the pilots trained at a U.S. Army installation, The Tuskegee Airmen were not viewed as equals to other military pilots based on the color of their skin.

Throughout all the hardships they endured, Dryden and other black military members strived to be the best at whatever duty they were assigned.

"All of us that were from segregated bases, from the highest ranking officer to the lowest ranking Pfc.," said Dryden. "We went forward thinking that no matter where we were assigned, no matter what job we held or what role we played, that we had to be number one."

After performing more than 200 escort missions during World War II in which not one American bomber was lost, the Tuskegee Airmen were split up and sent to various bases around the world as the armed forces were desegregated. Dryden received orders to Selfridge Field, Mich., and then Waterloo, S.C., where he and other black pilots faced even more racism, including being restricted from the Officers Club's, base theaters and dining halls.

The ultimate insult occurred when German prisoners of war were allowed to dine in the "white only" dining hall in which Dryden and other African-American officers could not enter.

"To see that German prisoners were able to eat in the side of the cafeteria that we were restricted from made me furious! We were American citizens who swore to defend our country and some of us had fought Germans overseas and lost comrades to that enemy," Dryden said. "We were insulted and humiliated in our own country."

President Harry S. Truman signed executive order 9981, formally integrating the armed forces, on July 26, 1948. Dryden served 21 years in the U.S. Army Air Corps and later the U.S. Air Force, including tours in Yokota, Japan and Ramstein, Germany before retiring in 1962 with more than 4,000 flight hours logged.



CFAY Security Officer Lt. Paul Bradley shakes hands with Air Force Lt. Col. Charles Dryden (ret.), a former member of the Tuskegee Airmen. Dryden is visiting bases overseas to share his experience of what it was like to be among the first African-American pilots during World War II.

U.S. Navy photo by MC2(SW) Brock A. Taylor

# 司令官の相談室



**Capt. Daniel L. Weed,**  
USN, Commander,  
Fleet Activities  
Yokosuka



**CMDCM Wayne E. Smith,**  
Command Master  
Chief

**Nashville Star Auditions** – The television program “Nashville Star” will host its first ever all military casting call in Norfolk, Va., April 11-12 for the upcoming television season. To assist with providing talent for those auditions, Commander Fleet Activities Yokosuka will be holding local auditions at the Officer’s Club Admiralty Room from 3 to 9 p.m. Feb. 27. Three local winning acts will be submitted for consideration to win a free trip to the Norfolk auditions. Contact the Morale, Welfare and Recreation (MWR) Entertainment office at 243-515 for more information.

**Oriental Bazaar** – Yokosuka Middle School Advancement Via Individual Determination (AVID) is sponsoring an Oriental Bazaar from 9 a.m. to 4 p.m., in the school’s multi-purpose room March 1 and 2. Some of the items available are oriental furniture and rugs, pottery, Koeshi dolls and Vietnamese art. Contact Ed Fielder at 243-3926 or e-mail to edwin.fielder@pac.dodea.edu for more information.

**DD-214’s now available online** – The National Personnel Records Center has provided a Web site for veterans to gain access to their DD-214’s and other documents from their military files. Go to <http://vetrecs.archives.gov> to access the new Web site. E-mail Kenneth.yakle@navy.mil for more information.

**Kannonzaki Beach Clean-up** – Fureai Volunteer group will conduct a beach clean-up community relations event at Kannonzaki Beach from 9:30 a.m. to noon March 9. Red flags will mark the area of clean-up. Parking is very limited, please arrive by train or carpool. Call 046-821-1709 for more information.

**USPS offers mailing discount** – The

U.S. Postal Service (USPS) recently approved a \$2 discount while using the new Priority Mail Large Flat-Rate Box if shipped to an Army Post Office or Fleet Post Office (APO/FPO) address. The new box is 50 percent larger than the current flat-rate box and will be available in post offices beginning March 3. Go to [www.usps.com](http://www.usps.com) for more information.

**NMCRS Spouse Tuition Aid Program** – The Navy-Marine Corps Relief Society’s Spouse Tuition Aid Program (STAP) Term IV will be accepting appointments Jan. 28 to March 14. Qualified candidates could receive up to \$350 for undergraduate studies and up to \$400 for graduate studies, for each term. Contact NMCRS at 243-7905/4450 to make an appointment.

**YOSC Scholarship Opportunity** – The Yokosuka Officer’s Spouse Club (YOSC) is offering scholarship opportunities to Kinnick High School seniors. Applications will be available at the Guidance Counselor’s office starting March 28. Contact your guidance counselor for more information.

**JN Dispensary** – The Japanese dispensary will be temporarily relocated to a pre-engineered building fabricated behind the current dispensary building. Medical service is available at the PEB from Jan. 23 to July 3, while the existing dispensary is renovated.

日本人従業員診療所の改装工事が1月23日に始まる予定です。それとともない、診療所を仮設プレハブに移動して診療を続けることになっています。仮設プレハブは診療所の奥の空き地に設置し、1月23日～7月3日までの間プレハブでの診療を予定しています。

**Voting Assistance Officer (VAO) Workshop** – A VAO workshop will be held in the Fleet Theater from 8:45 a.m. to approximately 11 a.m., March 17. All materials will be provided. The workshop will provide critical information, resources and tools for the successful performance of VAO duties. VAO’s from all commands and all branches of service are invited to attend. Contact CSC(SW) R. L. Clift at 243-3241 for more information.

**Q:** Why does the Information, Tours and Ticketing (ITT) office advertise the Disneyland and Disney Sea tickets they sell as if the local community is getting a good deal? These tickets are the same exact price as if you were to buy them at Disney and without the restrictions. The way these tickets are advertised by ITT is wrong when they are the same exact tickets you get from Disney which can be used without the restrictions that the tickets from ITT has.

**A:** Thank you for your inquiry. With regards to Disney tickets sold at the ITT office, you are exactly right in saying that the ITT price is the same exact price sold at the Disney parks. This is not an ITT price setting policy rather a Disney policy. Disney allows us to have their tickets on a consignment basis provided that we agree to sell them exactly for the same amount they sell their tickets at the gates. Also, you mention restrictions and I can only assume you mean the clause we pass along that our consignment tickets may not be accepted at the gate when the respective parks have met their maximum occupancy load. Again, this is a Disney policy not an ITT policy, and we only pass along this information to ensure our customers aren’t blindsided by the Disney policy. It’s also important to understand in the case of Disney tickets that the Japan Disney Resorts are owned by a separate Japanese company and not by the same company that owns parks in the US. This means that some policies may be different. For example, stateside Disney parks offer discount tickets to military Morale, Welfare and Recreation’s (MWR) for resale, a discount that is passed on to military customers. Though we’ve asked many times, Oriental Land Company, the owners of Tokyo Disney Resorts, will not offer a similar discount to the U.S. military in Japan. We sell the Disney tickets as a convenience to our community without any markup or profit on a single ticket. The advantages of purchasing tickets at the ITT office are that patrons can (1) comfortably communicate with English speaking staff, (2) pickup tickets at their convenience and (3) skip past the very long ticket lines at the Disney parks. Also, the ITT office offers a free “Magic Kingdom Club” card that permits cardholders to receive a ¥300 to ¥400 discount at the Disney

gates, depending on the type of admittance ticket purchased. Of course, in this case the customer will have to stand in the very long ticket lines at the Disney Parks. In summary, the ITT office sells amusement park tickets like Disney as a convenient service to our community and unfortunately in many cases we have to follow the various parks policy. Customers always have the option to purchase tickets directly at the amusement park if they feel that presents a better value to them. If you have any additional questions or concerns, please contact the ITT Manager, Ruriko Peters, at 241-5056/5057.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and “Bravo Zulu” comments are greatly appreciated. Please address personal concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don’t get results, send an e-mail to [yo-cocorner@fe.navy.mil](mailto:yo-cocorner@fe.navy.mil). We welcome your feedback, especially if it is of a general nature and can help others. The next “Commander’s Corner” live call-in show is tentatively scheduled for March 6. This is your opportunity to call in and speak with Commander, Fleet Activities, Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or e-mail: [yo-cocorner@fe.navy.mil](mailto:yo-cocorner@fe.navy.mil).

**Commander Fleet Activities Yokosuka  
Capt. Daniel L. Weed**

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# Marines get rare opportunity aboard *USS Mustin*

Story and photo by MC2 (SW) Derek J. Hurder, Fleet Public Affairs Det. Japan

A group of Marines who embarked the Arleigh Burke-class guided-missile destroyer *USS Mustin* (DDG 89) to observe a naval weaponry live-fire exercise got more than they bargained for Feb. 13.

The Marines were invited to the bridge by Commanding Officer Cmdr. James Jones to learn how to steer the ship.

Cpl. Taylor Stevenson, one of the Marines who manned the helm, said the task was harder than it looked.

"Keeping on course is the most difficult part," Stevenson said. "This is my second time driving, but I didn't do any better this time," he joked.

Seaman Elizabeth Gomez, who trained the Marines at the helm, disagreed.

"They didn't do too bad," she said. "They were a little scared because they're not used to the rocking of the ship, but that's understandable."

"I'm starting to get the hang of it," Stevenson added. "It's getting so I can drive it straight."

Gomez and other bridge watchstanders briefly showed the Marines every facet of the bridge.

"We showed them how to stay on course," Gomez said. "It was a really quick crash course on conning the ship: all

the controls we have onboard, like throttle controllers, our steering units, the helm itself, basically how to try and stay on course."

"I think they were a little shy about moving the helm quickly," said Gomez, who first learned to steer the ship about a year ago. "It takes a little while to get completely comfortable with it."

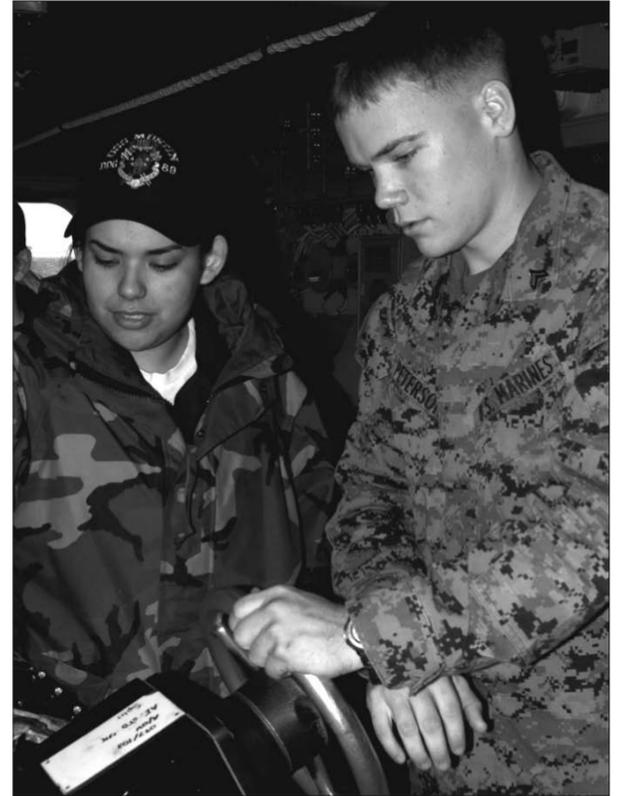
Stevenson said he appreciated the opportunity, but pointed out one particular lesson he learned from the experience.

"I'm going to stay on the ground," he said. "Everyone here is a lot better off without me driving the ship."

"I think everyone should know how to drive a ship," Gomez said. "It's fun. How many people can say they've driven a ship?"

*Mustin*, attached to Destroyer Squadron (DESRON) 15 and permanently forward-deployed to Yokosuka, Japan, is underway on a scheduled deployment.

**(Left) Seaman Elizabeth Gomez shows Marine Cpl. Alexander Peterson how to control the ship's steering from the bridge aboard the Arleigh Burke-class guided-missile destroyer *USS Mustin* (DDG 89). Peterson and other Marine Corps guests were invited to the bridge for a chance to experience the basics of ship handling.**



# Lassen crew excited about Nagasaki port visit, COMREL events

Story and photo by MC2 Chantel M. Clayton, Fleet Public Affairs Det. Japan

The Arleigh Burke-class guided-missile destroyer *USS Lassen* (DDG 82) arrived here Feb. 15 for a scheduled port visit.

While in port, the ship's crew members had a chance to meet local citizens and experience the local customs and traditions of the Japanese people, while participating in goodwill and friendship-building activities.

According to Cmdr. Anthony L. Simmons, commanding officer of the *USS Lassen*, this port visit is a way to continue to build the relationship between the U.S. and the

Japanese people.

"We definitely have to continue to build upon our relationship with our host nation," said Simmons. "We did that with community relations projects (COMRELS) and sporting events, as well as getting around the city and showing our appreciation for the cultural opportunities, such as the city's lantern festival."

According to Simmons, the crew was excited about the visit to Nagasaki.

"This was our first port visit of the New Year, and I can't think of a better place than to be here," said Simmons. "We visited a city that has historical significance, and the crew is very excited to learn and to understand the city's past."

The U.S. 7th Fleet is the largest of the forward-deployed U.S. fleets, with approximately 50 ships, 120 aircraft and 20,000 Sailors and Marines assigned at any given time. For more information, visit the U.S. 7th Fleet Web site at [www.c7f.navy.mil](http://www.c7f.navy.mil).



Cmdr. Anthony L. Simmons, commanding officer of the Arleigh Burke-class guided missile destroyer *USS Lassen* (DDG 82) presents an autographed photo of the ship to residents of the Nozomi No Mori senior citizens home in Nagasaki, Japan Feb. 18. Simmons and members of his crew visited the home during a community relations project, where they spent quality time with the residents.

## I'll bet you didn't know that on...

- March 1:** Ohio was admitted as the 17th state in 1803, Congress passed the Civil Rights Act in 1875 and President Kennedy formed the Peace Corps., in 1961.
- March 2:** Congress banned the import of slaves to America in 1807, Texas declared independence from Mexico in 1836, Abraham Lincoln rejected Robert E. Lee's call for peace talks demanding unconditional surrender as the only way to end the civil War in 1864 and an Act of Congress creates the rank of Admiral of the Navy for George Dewey in 1899.
- March 3:** The "Star Spangled Banner" was adopted as the National anthem in 1931, the office of the Chief of Naval Operations (CNO) was established in 1915 and Alaska was admitted as the 49th state in 1959.
- March 4:** The first U.S. Congress was held in New York in 1789, Vermont was admitted to the union as the 14th state in 1791 and Congress authorizes restoration of *USS Constitution* in 1925.
- March 5:** The name "Seabees" and insignia was officially authorized in 1942.
- March 6:** *USS Enterprise* captures four pirate ships in the Gulf of Mexico in 1822.

## Like a Japanese textbook

The Kanagawa is the prefecture's distinguished daily newspaper. The newspaper contains articles on a wide variety of topics ranging from international news to detailed local city news from Yokohama, Yokosuka and Atsugi. The sports pages also contain many and varied articles about MLB and NBL, as well as children's sporting events and more. Begin to learn Japanese with The Kanagawa, "The paper that even junior high school students can read!"

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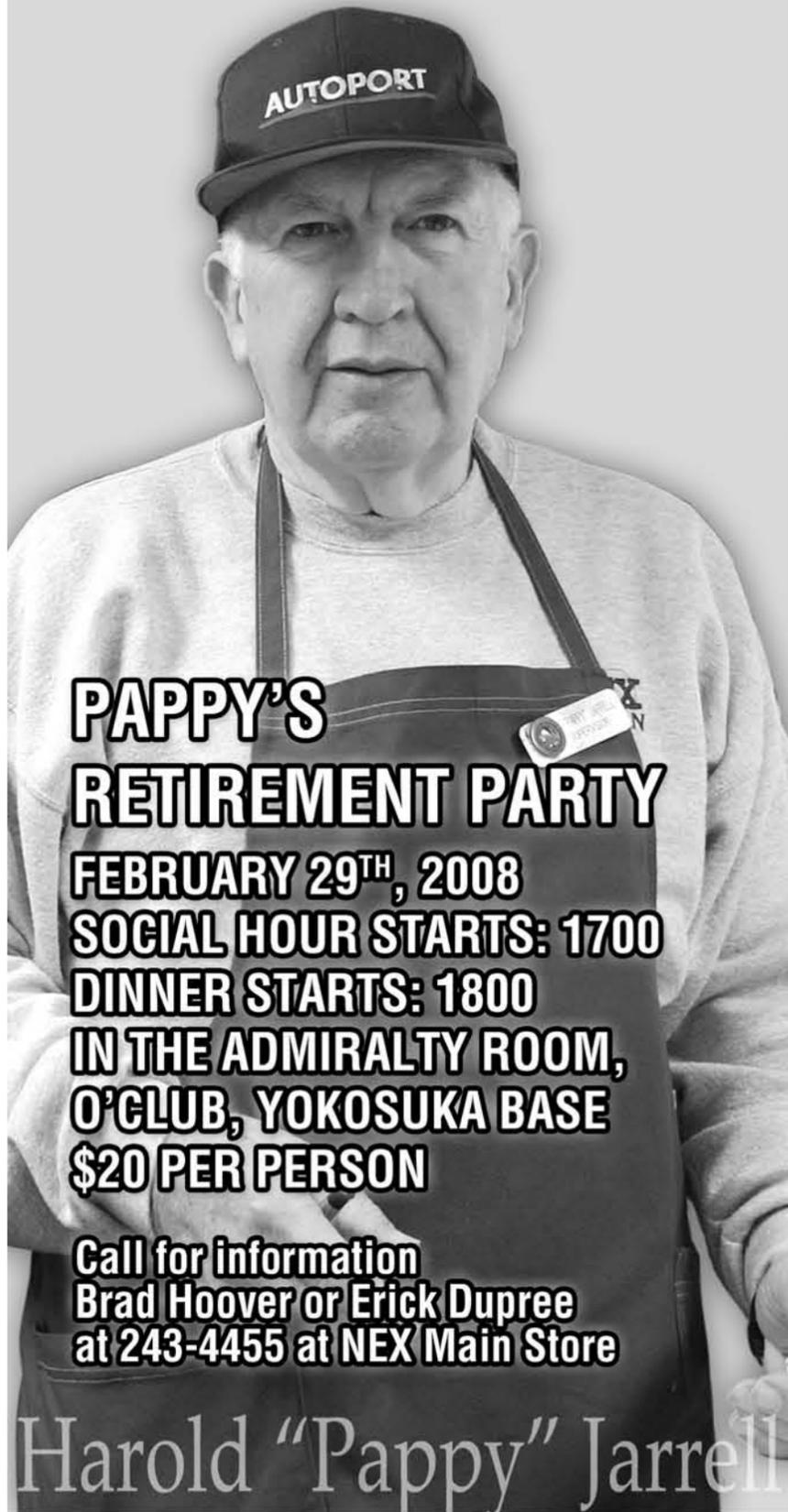
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# USS Mustin Sailors learn sentry techniques at sea

Story and photo by MC2(SW) Derek J. Hurder, Fleet Public Affairs Det. Japan

Crewmembers aboard the Arleigh Burke-class guided-missile destroyer *USS Mustin* (DDG 89) received some valuable training in non-lethal weapons techniques on the ship's forecastle Feb. 19.

The sentry training course prepared participants to properly use handcuffs, expandable batons, and hand-to-hand combat techniques.

Chief Master-at-Arms (SW) Christopher Crane, who taught the course, said the class makes students aware of a whole host of options to using deadly force.

"We covered self-defense strikes like punches, kicks, knees and elbows," Crane said. "We covered use of the expandable batons and also did a little bit on pressure points and takedowns."

The class involved hands-on training as students paired up and practiced the newly-learned techniques in a safe and observed environment.

Crane, a qualified a Non-Lethal Weapons Instructor (Basic), stressed the value of the class.

"A lot of these guys don't get any sentry training before coming to the ship and they're standing sentry watches," he said. "Now, if they get into a situation where they can avoid using their weapon, they know they have an option."

"I think we should do it more often," said Operations Specialist 3rd Class Paul Herrera, one of the participants

in the class. "A lot of people like me don't know self-defense, so it's good training."

"I'm a lot better trained than before I went through the class," Herrera added.

"I learned a lot," said Operations Specialist Seaman Michael Leek, another participant. "I feel a little bit more aware of what I can do as a sentry."

Crane said he noticed improvements as the students went through the course.

"At the beginning, you could see that they weren't really comfortable with the movements," he said. "But they got more comfortable as they practiced. They picked up on how to move their body, and how to use their weight to make it more effective."



(Left) OSSN Michael Leek watches as MAC Christopher Crane demonstrates how to properly handcuff an attacker, played by FC1 Paul Rohlinger, during a sentry training session on the forecastle of the Arleigh Burke-class guided-missile destroyer *USS Mustin* (DDG 89) Feb. 19. Members of *Mustin's* crew learned hand-to-hand combat, restraint techniques, and non-lethal weapons techniques during a sentry training course.

## Navy petty officer advancement not slowed by war on terrorism

From Naval Education and Training Professional Development and Technology Center Public Affairs

The Naval Education and Training Professional Development and Technology Center (NETPDTC) is helping Sailors who may have missed advancement tests while serving overseas.

The policy regarding administration of the Navy-wide advancement examinations for Sailors in Iraq, Afghanistan or the Horn of Africa is outlined in Navy administration message 336/07, which was released Dec. 13.

Based on this policy, both active and reserve personnel who serve in theater, whether in Iraq, Afghanistan or the Horn of Africa, for a consecutive 30 days with boots-on-ground experience are eligible to take advancement examinations before or after the scheduled deployment. The policy applies if the Sailor was deployed, deploying or returning from deployment on the regular test date.

There may be times when they don't have the chance to take a regularly-scheduled advancement exam. The Navy schedules active-duty exams on specific dates in January, March

and September, and during February and August for the reserves.

"The process was set into motion a few years ago," said Jim Hawthorne, the division head for Navy examination administration. "We want to make testing easier, faster and smoother. We're catering to a large number of Sailors and we don't want to penalize those who are at the front line in the war on terrorism."

As a result of the policy change, the Navy Advancement Center, which is part of NETPDTC, has processed more than 410 special exams for Sailors who couldn't take the regularly-scheduled exams. The center obtained authorization to backdate advancement dates for 76 active-duty Sailors and seven naval reservists.

"We have great job satisfaction," said Examination Records Branch Head, Ed West. "At the end of each day, we know that we've helped Sailors who deserve to be recognized. There aren't many jobs in the Navy like that."

Before the Navy changed its policy, a Sailor had to petition the Board for Correction of Naval Records for a backdated advancement date. Because of a lengthy backlog, this could add months or sometimes years to dates for advancement.

## Which one is it?



Seaman Harrison Shelton of the Arleigh Burke-class guided-missile destroyer *USS Fitzgerald* (DDG 62) works on a messenger line from the fleet replenishment oiler *USNS Rappahannock* (T-AO 204) during a refueling at sea (RAS) Feb. 18.

U.S. Navy photo by MC3 Gabriel S. Weber

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# 日本人従業員空席情報

職種名	等級	広報番号	募集範囲	締め切り
<b>事務系</b>				
化学職	6	SRFJRC-036-08	I, II, III, IV	March 7, 2008
化学職	6	SRFJRC-036-08	I, II, III, IV	March 7, 2008
技師職(一般)	7	FEC-OPBDR-002-07(R2)	I, II, III, IV	March 21, 2008
技師職(一般)	7	FEC-PRY2-004-08	I, II, III, IV	March 6, 2008
エンジニアリング専門職(環境)	6	FEC-PRY4-001-08(A)	I, II, III, IV	March 4, 2008
エンジニアリング専門職(環境)	6	FEC-PRY4-001-07(R3)	I, II, III, IV	March 10, 2008
エンジニアリング専門職(一般)	6	FEC-PRY114-003-08	I, II, III, IV	March 13, 2008
エンジニアリング専門職(一般)	6	FEC-PRY113-002-08	I, II, III, IV	March 13, 2008
エンジニアリング専門職(材料)	7	SRFJRC-096-07(R3)	I, II, III, IV	March 18, 2008
エンジニアリング専門職(船舶技師)	6	SRFJRC-92-06(UUF)(A2)	I, II, III, IV	空席広報参照
施設計画専門職	7	FEC-OPBDR-001-08	I, II, III	March 4, 2008
法律顧問職	7	TSO-02-06(UUF)	I, II, III, IV	空席広報参照
エンジニアリング専門職(一般)	7	FEC-PRY2-006-08	I, II	March 3, 2008
食堂支配人(交代勤務監督)	4	NEX-726-08	I, II, III, IV	March 27, 2008
<b>技能系</b>				
クレーン運転手	7	SRFJRC-008-08(R)	I, II, III, IV	Feb. 26, 2008
電気装置修理工	7	FEC-PRY31-005-08(R)	I, II, III, IV	March 12, 2008
フォークリフト運転手	6	NEX-730-08	I, II, IV	March 5, 2008
ウェ이터/ウェイトレス・フォーマンA	3	MIR-06-08(R)	I, II, IV	April 21, 2008
<b>保安系</b>				
緊急活動隊派遣職	4	RDC-02-08	I, II	March 18, 2008
<b>時給制従業員</b>				
カウンターアテンダント・フォーマンA	4	NE-HPT-38-07(R2)(A)	I, II, IV	March 12, 2008
コック	4	MWR-HPT-20-08	I, II, IV	March 5, 2008
コック	4	MWR-HPT-65-07(R3)	I, II, IV	April 14, 2008
コック	4	MWR-HPT-59-07(R2)	I, II, IV	April 3, 2008
カウンターアテンダント	3	NE-HPT-CAY-06(OR)(A)	I, II, IV	空席広報参照
カウンターアテンダント	3	NEX-HPT-018-08(R)(A2)	I, II, IV	March 14, 2008
カウンターアテンダント・フォーマンB	5	NEX-HPT-711-08(R)	I, II, IV	March 17, 2008
カウンターアテンダント・フォーマンA	4	NEX-HPT-712-08(R)(A)	I, II, IV	March 31, 2008
カウンターアテンダント・フォーマンA	4	NE-HPT-111-07(R5)	I, II, IV	March 7, 2008
顧客サービス係	3	NE-HPT-35-07(R3)	I, II, IV	March 7, 2008
ホテル事務職	3	NEX-HPT-330-07(R)	I, II, IV	March 17, 2008
ハウスキーパー職	3	NEX-HPT-015-08(R)	I, II, IV	March 14, 2008
ジャンター	3	MWR-HPT-21-08	I, II, IV	March 5, 2008
ジャンター	3	NE-HPT-328-07(R)	I, II, IV	March 13, 2008
ジャンター	3	MWR-HPT-43-07(R5)	I, II, IV	March 21, 2008
ジャンター	3	NEX-HPT-729-08	I, II, IV	April 7, 2008
ランドリーワーカー	3	NEX-HPT-56-07(R3)	I, II, IV	March 19, 2008
救命職	3	MWR-HPT-19-08	I, II, IV	April 17, 2008
セールスチェッカー	3	NE-HPT-SCY-06(OR)	I, II, IV	空席広報参照
セールスチェッカー	3	MWR-HPT-05-08(R)	I, II, IV	March 25, 2008
セールスチェッカー	3	MWR-HPT-69-07(R)	I, II, IV	April 3, 2008
販売事務員	3	NE-HPT-87-07(R2)(A2)	I, II, IV	April 16, 2008
サービスワーカー	2	MWR-HPT-SWY-06(OR)	I, II, IV	空席広報参照
ストックハンドラー	3	NEX-HPT-055-08	I, II, IV	March 13, 2008
車両運転手	5	NE-HPT-501-07(R2)	I, II, IV	April 3, 2008
ウェ이터/ウェイトレス	2	MWR-HPT-48-07(R3)	I, II, IV	March 21, 2008
ウェ이터/ウェイトレス	2	MWR-HPT-04-08(R)	I, II, IV	March 21, 2008
ウェ이터/ウェイトレス	2	MWR-HPT-64-07(R2)	I, II, IV	April 7, 2008
ウェ이터/ウェイトレス	2	MWR-HPT-WWY-06(OR)	I, II, IV	空席広報参照
倉庫係	4	NEX-HPT-724-08(A)	I, II, IV	March 6, 2008
倉庫係	4	NEX-HPT-727-08(A)	I, II, IV	April 2, 2008

応募には「募集範囲」に該当することが第一条件です。募集範囲 I, II, III は現基地従業員、IV は外部応募者を対象としています。

I: 部署/部隊内従業員 - 募集を出している部署または部隊に勤務している方の中から選考する場合がございます。範囲は最も狭いものです。

II: 現MLC/IHA従業員(通勤圏内) - 在日米軍施設の従業員で、募集する地区の通勤圏内の方。具体的には、横須賀を中心に、厚木、座間、ニュー山王東京、横田基地までが該当します。

III: 現MLC/IHA従業員(全在日米軍) - 日本全国の在日米軍に勤務する方です。三沢、岩国、佐世保、沖縄が含まれます。

IV: 外部 - 在日米軍施設の従業員ではない、完全に外部の求職者の方です。

横須賀基地及び周辺施設では日本人従業員を随時募集しています。事務職、専門職、技能職、消防士、警備員、サービス・飲食関係、常用雇用、期間限定、アルバイト等、様々な空席があります。

詳しくはHROホームページ( <http://hro.cnf.j.navy.mil/> )、ジョブ・ホットライン (046) 816-9000(軍電243-9000)、または横須賀基地正門手前左、HRO日本人雇用課事務所(1階) 掲示板をご覧ください。

# 花粉症、シーズン前に対策を

文・写真：開発秀雄、CFAY広報課

前回花粉症対策を掲載した翌週辺りから早速荒れ模様の天気となり、春一番まで吹き日光では天然記念物の“杉”の樹が倒されるほどの強風。毎年この時期になると一杯引掛けたかのように目の周りから鼻まで赤くしている同僚のT氏はさぞかし花粉症に苦しんでいることだろうと想像していたのですが、あまり症状が出ておりません。昨年までは日本中の杉の樹を切り倒したいとまで言っていたT氏曰く、「治ってしまった」…。花粉症とは何と不思議なものなのでしょうか。

何とも無しに見ていたテレビ番組によると、花粉症も酷くなると気管支喘息を起こしたり、スズメバチや毒蛇に咬まれた際に起きるアナフィラキシーショックで命にかかわることもあるそうです。たかが花粉症、されど花粉症。気をつけて対策したいものです。

## 対策アイテムあれこれ

入浴剤：鼻やのどを楽にしてくれるアロマオイル入り、メントール配合タイプ、抗炎症性・抗アレルギー性作用のある成分を含んだものなど、花粉症の不快感を軽減してくれるさまざまな種類の入浴剤が市販されています。

花粉症スプレー：爽やかな香りで清涼感を与え、不快感を取り除いてくれます。マスクや洋服、また部屋の中に吹きかけるタイプ、アレルギーを退治してくれる成分を配合したスプレーまで種類は多様です。用途に合わせて活用するとよいでしょう。

アイマスク・鼻シート：ジェル入りのアイマスクは温・冷どちらでもつかえる便利なアイテム。目の部分があいているタイプと、目の部分をクールダウンする細身のタイプがあります。そのほかにも、かみすぎて真っ赤になった鼻を冷却するシートなども出ています。

## お出かけ時間に工夫を

時間帯や天気によって、花粉の飛ぶ量は異なります。花粉が多く飛ぶ時間帯である午前11時頃～午後5時頃を避け早朝か夜、または雨の日が花粉量が少なるので、症状の悪化を防ぐことができます。

## 花粉を家に持ち込まない努力を

外出から戻ったら、玄関先で上着やカバン払いましょう。目には見えない花粉がたくさん付着しています。外で着ていた上着や帽子を払っても、花粉は完全に落ちません。上着や帽子は玄関にかけておく方が良いでしょう。

## 肌や粘膜についた花粉を洗い流す

家の中に入ったら洗顔、洗眼、うがい、手洗いをしましょう。女性の場合はファンデーションに花粉が付着しやすいそうですので、帰宅後には直ぐ化粧を落としましょう。可能であればシャワーを浴びて髪に付いた花粉を洗い流したいものです。

## 換気は早朝に

日中は花粉が多く飛ぶので、換気は早朝にしてなるべく窓を開けないようにしましょう。

## 食生活の改善

前述したように、日本人の食生活が欧米化したことによって動物性たんぱく質や脂質が増え、腸の免疫システムが変化したことも花粉症患者増加の一因と考えられています。ならば和食を取り入れることで腸内の環境を整え、所謂“善玉菌”を増やしてみればいかがでしょうか。魚や野菜、あるいは醤油・味噌・納豆などの発酵食品を上手に取り入れるのです。善玉菌の増加に一役買ってくれるかもしれません。フーテンの寅さんの理想的な朝食ではありませんが、ご飯に納豆、味噌汁の朝食は腸にとって理想的な食事ということです。また日本食ではありませんが、TVでもヨーグルトのCMで善玉菌云々と放送されています。私の知人の中にも昨年から毎日ヨーグルトを食べるように習慣付けたと経る、今年は今のところ花粉症の症状が軽いとのこと。これなど腸内環境が整えられ、免疫システムがきちんと機能している一例かもしれません。



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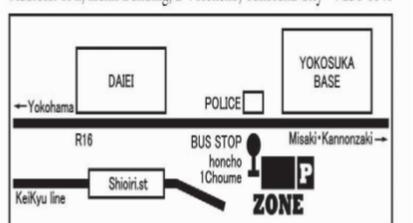
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# Navy twins become U.S. citizens during Naturalization Ceremony

Story and photo by MC2(SW) Brock Taylor,  
Fleet Public Affairs Det. Japan

**T**win sisters stationed aboard the amphibious assault ship *USS Essex* (LHD 2), joined the Navy together, endured boot camp as a team, attended the same "A" school and reported aboard *Essex* at the same time. Machinist's Mate Fireman Apprentices Sonia and Sophia Phillip became U.S. citizens together during a Naturalization Ceremony held at the Chapel of Hope Feb. 15.

It's not uncommon to see family members join the service together. The Navy offers a buddy system when recruiting new Sailors, which allows brothers, sisters and even best friends to start their military careers at the same time.

The Phillip twins have spent their whole life near each other and decided if they were going to join the Navy, they would stay together.

After coming to America from Trinidad, the twins decided to put their college pursuit on hold and joined the Navy. Ten months later they were members of the forward-deployed naval forces in Japan. With almost a year of active service under their belts, Sophia and Sonia decided to take another big step together and pursued U.S. citizenship.

"At first the Navy was hard, but over time we've found it to be a great opportunity so we decided being a citizen

could help us not only in the Navy, but other ambitions," said Sonia.

"I like it because now I can say I'm Sophia Phillip, a member of the U.S. Navy and also a U.S. citizen," said Sophia.

U.S. citizens and non-citizens alike are offered numerous benefits, such as pay and medical and other bonuses. However some special programs, rates and even security clearances aren't available to non-citizens.

"Some rates in the Navy require us to be a U.S. citizen, so now that I am a U.S. citizen and if I decide to stay Navy I can convert to a rate not previously offered," Sophia said.

Cpl. Jonny Penanunez, assigned to Marine Aircraft Group 36 in Okinawa, was naturalized alongside the Phillip twins and says becoming a citizen was something in the works since he was a child.

"I wanted to be a citizen because I have been living in the U.S. since I was five and there's no other home for me than the United States," said Penanunez. "I felt like I was meant to do this. I am proud to be a part of this nation and proud to be a Marine."

For the Phillip twins, becoming U.S. citizens was just one more stepping-stone cleared in their personal and professional paths. As with everything they have accomplished the sisters plan to continue on the same successful course.

"We do everything together," said Sophia. "It was a



**MMFA Sonia Phillip and her twin sister MMFA Sophia Phillip, both assigned to *USS Essex* (LHD 2) smile after meeting Commander U.S. Naval Forces Japan Rear Adm. James Kelly during a naturalization ceremony held at CFAY Feb. 15. The Phillip twins were two of 66 regional Sailors, soldiers and Marines who became U.S. citizens.**

good feeling having the support I needed and it made becoming a citizen a lot easier."

"Hopefully we will make history and both become captains of a ship someday," Sonia said jokingly.

## IRS to send tax rebates starting in May

From Internal Revenue Service

The Internal Revenue Service (IRS) recently advised taxpayers that in most cases they will not have to do anything extra this year to get the economic stimulus payments beginning in May.

"If you are eligible for a payment, all you have to do is file a 2007 tax return and the IRS will do the rest," said Acting IRS Commissioner Linda Stiff.

The IRS will use information on the 2007 tax return filed by the taxpayer to determine eligibility and calculate the amount of the stimulus payments.

The IRS will begin sending taxpayers their payments in early May after the current tax season concludes. Payments to more than 130 million taxpayers will continue over several weeks during the spring and summer. A payment schedule for taxpayers will be announced in the near future.

Stimulus payments will be direct deposited for taxpayers selecting that option when filing their 2007 tax returns. Taxpayers who have already filed with direct deposit won't need to do anything else to receive the stimulus payment. For taxpayers who haven't filed their 2007 returns yet, the IRS reminds them that direct deposit is the fastest way to get both regular refunds and stimulus payments.

Most taxpayers just need to file a 2007 tax return as usual. No other action, extra form or call is necessary. This Web site will be the best information source for all updates and taxpayer questions.

In most cases, the payment will equal the amount of tax liability on the tax return, with a maximum amount of \$600 for individuals (\$1,200 for taxpayers who file a joint return).

The law also allows for payments for select taxpayers who have no tax liability, such as low-income workers or those who receive Social Security benefits or veterans' disability compensation, pension or survivors' benefits received from the Department of Veterans Affairs in 2007. These taxpayers will be eligible to receive a payment of \$300 (\$600 on a joint return) if they had at least \$3,000 of qualifying income.

Qualifying income includes Social Security benefits, certain Railroad Retirement benefits, certain veterans' benefits and earned income, such as income from wages, salaries, tips and self-employment. While these people may not be normally required to file a tax return because they do not meet the filing requirement, the IRS emphasizes they must file a 2007 return in order to receive a payment.

Recipients of Social Security, certain Railroad Retirement and certain veterans' benefits should report their 2007 benefits on Line 14a of Form 1040A or Line 20a of Form 1040. Taxpayers who already have filed but failed to report these benefits can file an amended return by using Form 1040X. The IRS is working with the Social Security Administration and Department of Veterans Affairs to ensure that recipients are aware of this issue.

"Some people receiving Social Security and veterans' benefits may not realize they will need to file a tax return to get the stimulus payment," Stiff said. "To reach these people, the IRS and Treasury will work closely with the Department of Veterans Affairs, the Social Security Administration and key beneficiary groups on outreach efforts."

Eligible taxpayers who qualify for a payment will receive an additional \$300 for each child who qualifies for the child tax credit.

Payments to higher income taxpayers will be reduced by 5 percent of the amount of adjusted gross income above \$75,000 for individuals and \$150,000 for those filing jointly.

Taxpayers must have valid Social Security Numbers (SSN) to qualify for the stimulus payment. If married filing jointly, both taxpayers must have a valid SSN. And, children must have valid SSN's to be eligible as qualifying children.

Taxpayers who file their tax returns using an Individual Taxpayer Identification Number issued by the IRS or any number issued by the IRS are ineligible. Also ineligible are individuals who can be claimed as dependents on someone else's return, or taxpayers who file Form 1040-NR, 1040-PR or 1040-SS.

To accommodate taxpayers who file tax returns later in the year, the IRS will continue sending payments until Dec. 31, 2008. The IRS also cautions taxpayers that if they file their 2007 tax return and then move their residence that they should file a change of address card with the U.S. Postal Service.

The IRS will mail two informational notices to taxpayers advising them of the stimulus payments. However, taxpayers should be alert for tax rebate scams such as telephone calls or e-mails claiming to be from the IRS and asking for sensitive financial information. The IRS will not call or e-mail taxpayers about these payments nor will it ask for financial information.

## Kaigun Warriors 3-0 in IFFL

Story by ATGWP Public Affairs

The Kaigun Warriors (KWC) soccer club continued their assault on the 1st division of the Tokyo International Friendship Football League (IFFL) at the Oi Daiichi grounds Feb. 9 with a workmanlike 2-0 win over Nelson FC. The Warriors employed two new speedy defenders on the wing to counteract anything Nelson would throw at them. This enabled KWC to control the pace of the game and maintain about 60-65 percent of the total possession.

The scoring was opened in the 31st minute with a thunderous shot from 18 yards out by five-time All-Navy and three time All-Military midfielder Juan Juvera from Naval Air Facility Atsugi, Japan. The second goal came in the 75th minute off a wonderful effort by new winger Pierre Bonguen of *USS Campbell*.

Also contributing to the cause was stoppers Emmanuel Magalennas and Brok Thompson, both from *USS Kitty Hawk*, for the way they controlled the forwards from Nelson FC, keeping them off-balance for the entire game.

The Warriors were in action again Feb 16, against San United Tokyo FC (SUT) at the Oi Daiichi ground. The Warriors, while depleted of three starters due to injuries, welcomed back their 2007 All-Navy selectee, John Spraul of U.S. Naval Hospital, Yokosuka and won the game 3-2. Spraul, who had just completed a nine month Individual Augmentee deployment to Afghanistan, scored two goals and Young Choi of *USS Shiloh* contributed the third.

The game pointed out some things the Warriors must work on if they want to win the 1st division. "The entire team is coming together and we have a foundation to keep us going in the right direction over the next six consecutive weekend games," said Warriors Coach Anthony Pangjogie.

KWC is still the only club with no sponsorship. Thus far, they have spent more than ¥105,000 in just registration fees and the team is reaching out for sponsors. Any command or private organization that could sponsor a game (Approximately ¥12,000) or provide transportation would help this team out tremendously.

The following is their confirmed schedule:

- March 2, 12:20 – 1:50 p.m. – KWC vs. FC Onze at Oi Daiichi
- March 9, 3 – 5 p.m. – KWC vs. Tokyo FC at Ikego
- March 15, 9 – 11 a.m. – KWC vs. Scoregazm FC at Oi Daiichi
- March 23, 3 – 5 p.m. – KWC vs. Green G Triplets at Saitama
- April 5, 3 – 5 p.m. – KWC vs. Tokyo Lions at Oi Daiichi

There will be an awards ceremony in Roppongi, Tokyo, March 16, when the team picks up their 2007 3rd Division Championship trophies. The cost to attend will be approximately ¥4,000, with food and refreshments served after the ceremony. If you are interested in attending the ceremony or becoming a member of the team, contact the team's manager, Anthony Pangjogie of Afloat Training Group Western Pacific at [pjnavy1990@aol.com](mailto:pjnavy1990@aol.com) or the team's captain, Eric Bodkin at [eric.bodkin@fe.navy.mil](mailto:eric.bodkin@fe.navy.mil). More information about the IFFL and the team's schedule can be found at <http://home.att.ne.jp/sun/iffil/index.htm>.

# MWR Happenings

Morale, Welfare & Recreation • Yokosuka, Japan • February 29, 2008

## MWR is Closed (or almost!) Monday, March 3

Most MWR facilities will close at 1800 on Monday, March 3 in support of an MWR employee recognition function.

The following facilities **WILL** remain open: **Fleet Theater • Fleet Gym • Single Sailor Liberty Center.**

We sincerely regret any inconvenience and appreciate the understanding and support of our loyal customers!

For additional info please call 243-1215.

### Captain's Cup



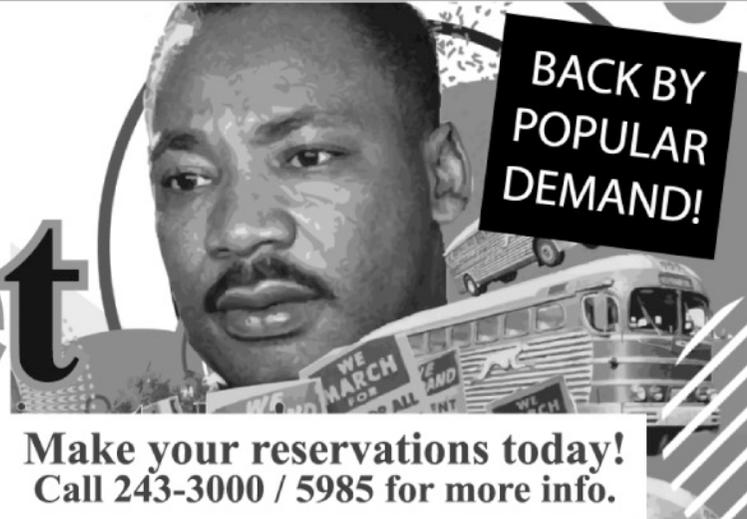
## MARDI GRAS 5K RUN

This will be the first Captain's Cup run of the 2008 series. Compete for age group awards while earning points for your command's bid for the overall championship. A special prize will be awarded to the **Best Mardi Gras Costume!** T-shirts will be given away on a first come, first served basis, so come early. Strollers welcome. For details call 241-4486.

**Friday, February 29 Run starts at 1130 in front of Thew Gym**

# Southern Comfort Buffet

**Friday, February 29 from 1700 to 2100 at Italian Gardens in Club Alliance**



**Make your reservations today! Call 243-3000 / 5985 for more info.**

Officer's Club



### Women's History Month

Thursdays, March 6, 13, 20, and 27

Women will receive a free cake dessert and cup of coffee or hot tea during lunch or dinner. For more information call 243-5030/5002.

## Captain's Cup Co-Rec Dodgeball Tournament

**Saturday, March 8 at 0900 at Fleet Gym Court A**

Teams must register by 1700 on Wednesday, March 5 at the Adult Sports Office. Coaches/Captain's meeting at 1100 or 1700 on Thursday, March 6 at the Adult Sports Office on the third floor of the Fleet Recreation Center. Tournament will run one day.



**DIP  
DUCK  
DIVE &  
DODGE!**



# Outside the Gate

## ITT Tickets

### Attention Keikyu Passnet Users

Beginning March 15, all Keikyu train stations will no longer accept Passnet Cards. If you have an active card, please return it to the nearest Keikyu station for a refund on the balance of the card.

### Discount Yunessun Hot Spring Tickets

ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until June 30, 2008.

### Discount Hakeijima Sea Paradise Tickets

Discount tickets for Hakeijima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,600 for adults 16 years and older, ¥3,300 for juniors 6 - 15 years old and ¥1,900 for children 4 - 5 years old. Tickets are valid until March 31, 2008. \*All rides in the park will be closed from January 15 - 25 for general maintenance.

### Tokyo Disneyland and DisneySea Tickets

Did you know ITT sells tickets\* to Tokyo Disneyland and Tokyo DisneySea? Get yours today for only ¥5,800 for adults, ¥5,000 for juniors and ¥3,900 for children! \*Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

### Wiener Sangerknaben

Don't miss the Wiener Sangerknaben Boy's Choir of Vienna, Austria performing live at the Yokosuka Art Theater on April 27. ITT is now selling tickets for ¥5,200 (reserved seats). Children 6 years of age and younger cannot attend this concert.

### Sumo Yokosuka Basho

Japan's national sport is coming to our own backyard for a one day tournament at Yokosuka Sogo Taikukaikan on April 6 and MWR can get you there! ITT is now selling tickets for ¥10,000 (S seats), ¥7,000 (A seats) and ¥3,500 (B seats). Gift sets can be purchased for an additional ¥3,500.

*For details about any of the ITT events listed above, give them a call at 241-5056/5057. Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about the Outdoor Recreation trips listed below, call 243-5732.*

## Outdoor Recreation

### Beginner Day Hike at Miura Fuji & Takeyama, Yokosuka, Kanagawa Prefecture

This hike on March 9 will go from Tsukui to Miura Fuji and traverse the ridge to Takeyama. After lunch, hike down the trail to Hodaiyama. Before returning to Miura Fuji, take the opportunity to view several of the mounts used to support the large guns that protected Tokyo during WWII. Upon returning to Miura Fuji, continue the trek to Nagasawa. The cost is \$15 per person.

### Overnight Snow Hike and Ice Climbing at Yatsugatake, Nagano Prefecture

Hike through the snow to the west side of Yatasugake, surrounded by alpine scenery and a breathtaking view on March 16 & 17. Experience ice-climbing at the man made 40ft ice-pillar. The trip includes transportation and lodging in a mountain hut with 2 light meals (call for pricing). Participants must attend the briefing at 1700 on March 13.

### 3-Day Ski Trip to Gassan, Yamagata Prefecture

Due to the abundance of snow, Gassan ski resort doesn't open until April, so join Outdoor Recreation from April 11 thru 13 and enjoy world-class skiing while most resorts are closing for the season! The resort is located on a national park that has a huge backcountry terrain. Gassan is a completely different experience with a mountaineering skiing/snowboarding feel. This resort also offers areas for children to go sledding or to build snowmen. A pre-trip briefing is required before registering. The cost is \$220 per adult (12 years and older) and \$200 per child (up to 11 years old). Trip includes transportation, two dinners, two breakfast and lodging (from 2 - 5 people per Japanese or western-style room without bathroom).

### Ski/Snowboard Service

Do your skis or snowboard need a tune-up or waxing? We offer repair and tune up services for your convenience:

**Hot Wax only: \$10**

**Full Tune-up: \$20**

P-Text Repair is also available - charges vary depending on the amount of repair needed. Free estimates.

# March With the Your MWR Community Centers

The Yokosuka Community Center offers a wide variety of classes to suit anyone's needs. For a complete listing of classes in Yokosuka, Ikego and Negishi, log on to [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr) and download our complete schedule.

## Yokosuka

### Arts, Crafts, Skills and Development

**A Shirt to Dye For (Ages 12 & up):** Saturdays 8 & 22 from 1400~1600. Fee: \$15 per class. Please provide 2 shirts to dye.

**Chigiri-E (Torn paper picture):** Wednesdays 5, 12, 19 & 26 from 0910~1110. Fee: \$15 per class + \$15 for materials.

**Cooking with Chef Clement (Ages 18 & up):** Oven Roast with fresh Rosemary & Creamy Mashed Potatoes - Wednesday 12 from 1100~1300. Fee: \$15 + \$5 for materials.

Mexican Chili con Coronad, Spanish Rice & Refried Beans -Wednesday 26 from 1100~1300. Fee: \$15 + \$5 for materials.

### Music and Dance

**Classical Guitar (Ages 9 & up):** Monday, Wednesday or Fridays. Fee: \$50 per month for 4 lessons. Please contact the Community Center for open slots.

**Japanese Dance (Adults):** Fridays 7, 14, 21 & 28 from 1300~1400. Fee: \$10 per class.

**Koto / Shamisen:** Wednesdays. Fee: \$50 per month for 4 lessons. Please contact the Community Center for open slots.

### Language

**Beginning Japanese (Katayanagi):** Wednesdays 5, 12, 19 & 26 from 1630~1715. Fee: \$7 per class (Conversational).

**Pre-Intermediate Japanese (Katayanagi):** Wednesdays 5, 12, 19 & 26 from 1715~1800. Fee: \$7 per class (Conversational).

**Intermediate Japanese (Katayanagi):** Wednesdays 5, 12, 19 & 26 from 1800~1845. Fee: \$7 per class (Conversational).

### Children's Classes

**A Shirt to Dye For (Ages 12 & up):** Saturdays 8 & 22 from 1400~1600. Fee: \$15 per class. Please provide 2 shirts to dye.

**Acting 101 (Grades 2 & up):** Mondays 3, 10, 17, 24 & 31 from 1600~1700. Fee: \$10 per class.

**Drawing:** Fridays 7, 14, 21 & 28 from 1500~1600 or 1600~1700. Fee: \$10 per class.

## Ikego

### Adult Classes

**Japanese Language:** Tuesdays from 1200~1300 or 1300~1400. Fee: \$7 per class.

**Kimono Dressing:** Tuesdays from 1300~1430. Fee: \$15 per class + \$8 for maintenance. Please supply your own camera for photo taking.

**Tea Box Covering:** Wednesday from 1000. Fee: \$15 for each tea box used. Please bring your own supplies.

### Childrens' Classes

**Taekwon-Do (Ages 6~9):** Wednesdays from 1715~1815. Fee: \$35 per month.

**Taekwon-Do (Ages 10 & up):** Wednesdays from 1835~1945. Fee: \$35 per month.

**Japanese Language:** Fridays from 1540~1630 or 1650~1740. Fee: \$7 per class.

## Negishi

### Adult Classes

**Ballroom Dance (Ages above 18 years old):** Wednesday 1830~ 2030. Fee: \$20 per 2-hour class.

**Ikebana:** Fridays from 1430~1600. Fee: \$50 per month for 4 classes + ¥1,000 flower fee for each class.

**Origami:** Tuesdays from 1500~1600. Fee: \$3 for each class + material fee (varies by project).

### Children's Classes

**Hip Hop (6~12 years old):** Fridays from 1500~1550

**Japanese Language:** Tuesday from 1600~1630. Fee: \$30 per month 4 lesson.

**Jujutsu (Awouters / Ages above 5 years old):** Fridays from 1730~1830. Fee: \$50 per month for 4 classes.

**Harp & Voice Training:** Fridays Fee: \$50 per month for 4 lessons. Please contact the Community Center for open slots.

# MWR Positions

## Come join the MWR team!

Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

### Club Operations

**Lead Cook:** NL-08, \$13.56/hr. CPO Club (1 RFT).  
**Food Service Supervisor:** NF-03, \$11.47 - \$13.00/hr. Club Takemiya (1 RFT).  
**Night Operations Manager:** NF-03, \$10.54/hr. Club Alliance (1 RFT).  
**Cook:** NA-05, \$10.35/hr. Club Alliance (1 Flex), Food Court (1 RFT), Club Takemiya (2 RFT), CPO Club (1 RFT).  
**Food Service Worker:** NA-03, \$8.96/hr. Food Court (5 RFT), Club Alliance (1 Flex), O' Club (2 RFT).  
**Waiter/Waitress:** NA-03, \$8.96/hr. O' Club (1 RFT/8 Flex), CPO Club (1 RFT), Club Alliance (1 Flex), Negishi (1 Flex).  
**Cashier:** NF-01, \$7.50 - \$9.50/hr (DOE). CPO Club (1 RFT), O' Club (1 Flex).  
**Club Operations Assistant:** NF-02, \$8.39/hr. CPO Club (1 RFT/1 Flex), Club Alliance (1 Flex), Club Takemiya (1 Flex).  
**ID Checker/Security:** NF-01, \$6.70/hr. Club Alliance (1 RPT/7 Flex).

### Support Activities

**Air Conditioning Equipment Mechanic:** NA-08, \$12.32/hr. Maintenance (1 RFT).  
**Electrician:** NA-08, \$12.32/hr. Maintenance (1 RFT).  
**Facilities Maintenance Worker:** NA-05, \$10.35/hr. Maintenance (1 RFT).  
**Accounting Technician:** NF-02, \$8.39/hr. Finance (2 RFT).

### Child Development Programs

**Program Assistant:** GSE-02, \$9.50/hr. Ikego (6 Flex), Main (1 Flex), Negishi (2 Flex).

### Community Activities

**Recreation Assistant:** NF-02, \$9.50/hr. Youth Center – Yokosuka (3 Flex).  
**Recreation Assistant:** NF-02, \$8.39/hr. Wood Hobby Shop (1 RFT/1 Flex), Youth Sports (1 Flex).  
**Recreation Aide:** NF-01, \$7.25/hr. Bowling Center (4 Flex).  
**Cashier:** NF-01, \$6.50/hr. Bowling Center Snack Bar (1 RFT/1 Flex).

### Recreation

**Recreation Assistant:** NF-02, \$8.39/hr. Rentals – Customer Service (2 Flex), Special Events (1 RFT/1 Flex).  
**Duty Manager:** NF-02, \$8.39/hr. Theater (2 Flex).  
**Paintball Attendant:** NF-01, \$7.00/hr. Ikego Campground (1 Flex).

### Athletics

**Field Maintenance Worker:** NA-05, \$10.35/hr. Athletics – Yokosuka (4 RFT).  
**Duty Manager:** NF-02, \$8.39/hr. Athletics (2 Flex).  
**Clerk Typist:** NF-01, \$7.30/hr. Athletics (1 RFT/1 Flex).  
**Recreation Assistant:** NF-02, \$8.39/hr. Adult Sports (1 Flex).  
**Gear Issue Attendant:** NF-01, \$6.50/hr. Athletics (1 RFT/6 Flex).  
**Swim Instructor:** NF-02, \$10.00/hr. Aquatics (10 Flex).  
**Head Lifeguard:** NF-02, \$9.50/hr. Aquatics (1 RFT/1 Flex).  
**Swim Instructor/Lead Lifeguard:** NF-02, \$8.39/hr. Aquatics (1 RFT).  
**Lifeguard:** NF-01, \$6.65/hr. Aquatics (8 Flex).

\*Due to publishing timelines, some jobs listed may not be available. For the most up-to-date listing check out [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr)

## Benny Decker Theater

**Friday, February 29**  
 1730 The Water Horse: Legend of the Deep PG  
 2030 Juno PG13  
**Saturday, March 1**  
 1300 The Water Horse: Legend of the Deep PG  
 1730 Jumper PG13  
 2030 Juno PG13  
**Sunday, March 2**  
 1300 The Water Horse: Legend of the Deep PG  
 1730 Juno PG13  
 2030 Jumper PG13  
**Monday, March 3**  
 No Movies Due To Official MWR Function

**Tuesday, March 4 \$1 Movie Night**  
 1730 Jumper PG13  
 2030 Juno PG13  
**Wednesday, March 5**  
 1730 The Spiderwick Chronicles PG  
 2030 One Missed Call PG13  
**Thursday, March 6**  
 1730 The Spiderwick Chronicles PG  
 2030 Juno PG13  
**Friday, March 7**  
 1730 The Pirates Who Don't Do Anything G  
 2030 First Sunday PG13

## Fleet Theater

**Friday, February 29**  
 1800 Sweeney Todd R  
 2100 Jumper PG13  
 2400 Sweeney Todd R  
**Saturday, March 1**  
 1800 Sweeney Todd R  
 2100 One Missed Call PG13  
 2400 Vantage Point PG13  
**Sunday, March 2**  
 1800 Vantage Point PG13  
 2100 Sweeney Todd R  
**Monday, March 3**  
 1800 The Spiderwick Chronicles PG  
 2100 Jumper PG13

**Tuesday, March 4 \$1 Movie Night**  
 1800 Walk Hard: The Dewey Cox Story R  
 2100 One Missed Call PG13  
**Wednesday, March 5**  
 1800 Sweeney Todd R  
 2100 Juno PG13  
**Thursday, March 6**  
 1800 Vantage Point PG13  
 2100 Juno PG13  
**Friday, March 7**  
 1800 Vantage Point PG13  
 2100 Juno PG13  
 2400 Semi-Pro R

## Negishi Theater

**Friday, February 29**  
 1900 Alien vs. Predator: Requiem R  
**Saturday, March 1**  
 1300 The Spiderwick Chronicles PG  
 1900 Walk Hard: The Dewey Cox Story R  
**Sunday, March 2**  
 1300 The Spiderwick Chronicles PG



**The Pirates Who Don't Do Anything**  
**Cast:** Phil Vischer, Mike Nawrocki, Cam Clarke, Yuri Lowenthal  
**Synopsis:** Three lazy misfits - Elliot, Sedgewick and George - dream of putting on a show about pirates. Faced with not having their dream come true, they soon find themselves traveling back in time into the 17th century and beginning a quest to rescue a royal family from an evil tyrant, and learn about being pirates.



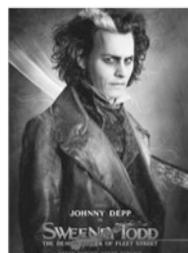
**Semi-Pro**  
**Cast:** Will Ferrell, Woddy Harrelson, Andre Benjamin, Jay Phillips, Will Arnett  
**Synopsis:** Jackie Moon is one-hit wonder who used the profits from the success of his chart-topping song "Love Me Sexy" to buy a basketball team. But Moon's franchise, the Flint Michigan Tropics, is the worst team in the league and in danger of folding when the ABA announces its plans to merge with the NBA. If they want to survive, Jackie and the Tropics must now do the seemingly impossible -- win.



**Vantage Point**  
**Cast:** Dennis Quaid, Matthew Fox, Forest Whitaker, Sigourney Weaver  
**Synopsis:** Eight strangers with eight different points of view try to unlock the one truth behind an assassination attempt on the president of the United States.



**First Sunday**  
**Cast:** Ice Cube, Regina Hall, Tracy Morgan, Katt Williams, Malinda Williams  
**Synopsis:** Durell and LeeJohn are best friends and bumbling petty criminals. When told they have one week to pay a \$17,000 debt or Durell will lose his son, they come up with a desperate scheme to rob their neighborhood church. Instead, they end up spending the night in the presence of the Lord and are forced to deal with much more than they bargained for.



**Sweeney Todd**  
**The Demon Barber of Fleet Street**  
**Cast:** Johnny Depp, Helena Bonham Carter, Sacha Baron Cohen  
**Synopsis:** Unjustly imprisoned by a lecherous judge, Benjamin Barker returns as Sweeney Todd and exacts revenge.



**Juno**  
**Cast:** Ellen Page, Michael Cera, Jennifer Garner, Justin Bateman  
**Synopsis:** Juno is a whip-smart teen confronting an unplanned pregnancy by her classmate Bleeker. With the help of her best friend Leah, Juno finds her unborn child a "perfect" set of parents: an affluent suburban couple, Mark and Vanessa, longing to adopt. Luckily, Juno has the total support of her parents as she faces some tough decisions, flirts with adulthood and ultimately figures out where she belongs.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution. For the most up-to-date movie information call 243-6703. Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

# SUPER

Sunday, March 9  
Thew Gym, Yokosuka



# BINGO

Doors open at 1000.  
Early Bird Special from 1200 to 1245.  
\$5 to play and worth \$3,000 in prizes.

**\$60,000** In 56 numbers or less.  
**\$40,000** guaranteed consolation prize.



Tickets are \$90 in advance (good for one bingo package) and \$120 at the door. Additional packages are \$55. Participants must purchase one package for entry. Advanced tickets available at Yokosuka clubs, Ikego Club Takemiya, Negishi All Hands' Club, Camp Zama Community Club, Atsugi Club Trilogy, and Yokosuka ITT office. Advance tickets are for paper bingo packages and can not be exchanged for electronic handsets. Tickets on sale until close of business on Saturday, March 8. SOFA-sponsored personnel and their guests may play; however, only SOFA-sponsored personnel may sign for prizes. Children, non-players and immediate family members of the staff are prohibited. Outside food and beverages prohibited. Food and beverages available for sale at 1000. For more information call 243-3000.

WELCOME TO NAVY  
**FitFactor**  
NAVY CYP GET UP - GET OUT - GET FIT

ENDURANCE

FLEET & FAMILY READINESS  
**FFR**

The Navy Youth and Teen Health & Fitness Program for ages 6-18.

The goal of the FitFactor program is to encourage you to make healthy choices and give you opportunities to participate in a variety of fun activities. By getting involved with the program you can reach fitness goals, increase your self-esteem, and set yourself on a healthy lifestyle path that will be continued throughout your adult years. Use the online incentive program to log points, gain levels, and get prizes!

**New Participant?**  
Visit your local Navy School Age Care Center or Youth Sports Office to get enrolled and join in the FitFactor Fun! Check out the website at [www.navygetfit.com](http://www.navygetfit.com)

For more information or to schedule a FitFactor presentation please call 241-2952 and ask for the FitFactor coordinator.

SATURDAY, MARCH 15 FROM 1000 TO 1430

# EARTH DAY

PART 46

## 35 BASE VOLUNTEERS NEEDED

NEGISHI BASE

TO HELP US CLEAN THE NEGISHI HOUSING COMMUNITY. TRANSPORTATION WILL BE PROVIDED BETWEEN YOKOSUKA AND NEGISHI. INTERNATIONAL BBQ AND DRINKS WILL BE PROVIDED FOR ALL PARTICIPATING VOLUNTEERS.

PLEASE REGISTER BY 1600, MONDAY, MARCH 10  
FOR MORE INFO PLEASE VISIT THE INTERNATIONAL PROGRAM SECTION IN THE ITT OFFICE, CALL 243-4731 OR VISIT THE MWR WEBSITE AT [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr)

## Yokosuka's Easter Egg Hunt

Sunday, March 23 from 0900 to 1000\*

Ages	TIME	LOCATION	Ages	TIME	LOCATION
0 to 2	0900	Field #3	7 to 8	0930	Field #3
3 to 4	0910	Main Softball Field	9 to 12	0940	Main Softball Field
5 to 6	0920	Golf Area			



Areas subject to change. Please bring a basket for each child. For details call 241-2941.

\*In case of rain, event will be cancelled.

# USNH Yokosuka doctors: board certified, ready

By Kimberly Thomas, CFAY Public Affairs

To sit down with Lt. Cmdr. James Palma was like sitting down to interview a family friend. When talking to him, his passion and love for helping people sincerely comes across in his voice.

Palma successfully fulfilled the certification requirements of the American Board of Emergency Medicine (ABEM) and is now declared a diplomate of this board.

"Board certification requires hard work; there are both written and oral board exams that one must pass. Countless hours of intense study and review are required. Additionally, after obtaining initial certification, there is a continuous medical education process. Every year you have to complete a certain number of credits. Every 10 years, one must repeat the exam. If you make a critical mistake, then you don't pass," Palma said.

The American Board of Emergency (ABEM) is one of 24 medical specialty boards of the American Board of Medical Specialties (ABMS). Founded in 1976, ABEM develops and administers the Emergency Medicine Certification Examination for physicians who have met the ABEM credentialing requirements. "The doctors at Yokosuka base are board certified physicians. We not only have Navy credentials, but we also have credentials from our respective medical specialties," Palma said. Navy physicians are also required to maintain competency in other critical care certifications, such as Advanced Cardiac Life Support (ALCS), Pediatric Advanced Life Support (PALS), and Advanced Trauma Life Support (ATLS).

Palma works in the U.S. Naval Hospital (USNH) Yokosuka emergency department.



U.S. Naval Hospital Yokosuka Emergency department physician Lt. Cmdr. James Palma talks with a patient during a doctor-patient consultation.

"We are a full-service community hospital. I like emergency medicine because I get to treat everyone, no matter who it is or what the problem is. I find emergency medicine to be challenging and rewarding because I get to see everything -- that is what drew me to this specialty. I see emergencies and address the problem right then. We strive

to provide not only excellent medical care, but also compassion and empathy. Our mission is to be the 'first to care' for all aspects of a patient's illness. The most rewarding things about my job are helping people, managing life-threatening emergencies, and making an intervention which directly and immediately prevents a bad outcome," he said.

When asked why he chose the medical field, he replied, "My mother exposed me to the medical profession as a neonatal intensive care unit nurse. I wanted to make an immediate positive influence in society and in individual people's lives."

Palma and his family have been in Yokosuka since September 2006. "I like the Japanese people because they are so friendly and polite, and I love Japanese food, especially sushi. I also enjoy traveling and sightseeing around Japan," he said.

Palma would like the Yokosuka community to know the emergency department also has a nursing help line that any patient can call with urgent medical questions, 243-8596. The nurse can give advice over the phone, offer home remedies, and advise if the symptoms sound like they require immediate attention.

The next time you visit your local USNH Yokosuka emergency department or other areas of the hospital, know that the physicians are board certified and concerned about you.

## Navy Family Emergency Preparedness handbook available

From Naval Services Family Line

Naval service family members may now obtain a handbook to prepare for a variety of natural or man-made disasters. This handbook, entitled "Are You Ready? Guidelines for Navy Family Emergency Preparedness" is being published and distributed by Naval Services Family Line.

"In this day and age it's important for families to be prepared for a variety of emergency situations," said Josi Hunt, chairman of Naval Services Family Line. "It is the service member's duty to be informed, to have a disaster plan and have resources available to them, and this book covers those things."

This handbook was compiled to offer family members an enhanced, printed version of the Operation Prepare program material that was initiated last April by Commander, Navy Installations Command. Vital information is included to ensure families are prepared as their own first responders. The key elements of this self-preparedness include creating a family emergency plan, completing emergency contact cards and compiling an emergency supplies kit.

"Each different disaster is covered, and what types of things you need to do. It's a guideline. It's steps for the family members," said Hunt.

The handbook also includes critical information on actions to take immediately following a disaster. Resource

charts with Web sites and telephone numbers offer guidance to family members during the difficult aftermath of a disaster.

To get a copy of the handbook for your family or family members within your command, visit [www.lifelines.navy.mil/FamilyLine](http://www.lifelines.navy.mil/FamilyLine), or e-mail Family Line at [nsfamline@aol.com](mailto:nsfamline@aol.com).

Naval Services FamilyLine is a volunteer, non-profit organization of Naval service spouses who are dedicated to providing educational material and other resources to families of our active duty men and women. Each year, FamilyLine edits, publishes and ships their guideline series of publications to families, commands, ombudsmen and FFSC's around the world.

## Playing the "choking game" can kill you

By Lt. Cmdr. Norak Chhieng, USNH Yokosuka

The Center for Disease Control and Prevention (CDC) issued a warning Feb. 14 to the public, educators and health care providers about the dangers of a game played by children, notably used to obtain a euphoric rush. Often known as the "choking game," the intentional act of choking oneself or someone else occurs in order to temporarily block the flow of blood, and therefore oxygen, to the brain.

The choking game is done using dog leashes, bungee cords, belts or simply with the hands creating a noose effect. The idea is to "cheat death" to obtain a high. The feeling is often described as being in a dreamlike, floating in space feeling, which comes when blood flow returns after the strangulation is released. Unfortunately, if too slow to act, death is the consequence.

In fact, in its Morbidity and Mortality Weekly Report, the CDC said that "at least 82 youths, ages 6 to 19, have died from the choking game from 1995 through 2007." The first reported death from this occurred in 1995. Less than three deaths were reported annually until 2005 when there were 22 deaths, leading up to 35 in 2006 and nine in 2007. Some studies have estimated up to one-in-five children and teenagers play this game, and the CDC reports that "all the deaths were youths who played alone."

The average age of those who died was 13 years, and 87 percent were boys. Most of these parents were not aware of the game before their child died.

Possible warning signs include the following:

- Talks of the game which also go by other names such as pass out game, space monkey, airplaning, space cowboy or flat liner.
- Marks on the neck which may be hidden by turtlenecks or scarves.
- Blood shot eyes.
- Severe headaches, dizziness, or weakness without good cause, especially after having been alone or out of sight.
- Any suspicious articles on door knobs, poles, or tied to furniture, such as bungee cords, leashes, scarves and ropes.
- Any suspicious noises, such as thuds against a wall.

If any doubt exists, children should be asked about the behavior and educated on the risks of such activities. Professional help should also be sought as the possibility of other conditions such as depression needs to be sorted out and to rule out attempts at suicide or autoerotic behavior.

This phenomenon is not new, and some of us probably heard of this same thing when we were younger. It can happen close to home, so if you have any questions or concerns, contact your primary doctor or the emergency department at 243-5137.

## CPR class held



Cmdr. Rich Kondo of Submarine Group 7 does the required chest compressions during a cardiopulmonary resuscitation (CPR) class held at the Fleet Activities Yokosuka community center Feb. 16. The American Red Cross first aid, CPR and AED (Automated External Defibrillator) courses are designed to give individuals confidence and know-how to respond in an emergency situation.

U.S. Navy photo by MC2 Nardelito Gervacio

# Regional conference helps standardize postal practices

By Tim Shannon, CFAY Public Affairs

U.S. Fleet and Industrial Supply Center (FISC) Yokosuka hosted a postal conference recently for representatives from FISC's post offices throughout the FISC Yokosuka area of responsibility (AOR).

The purpose of the five-day conference was for postal workers from several of FISC's detachments to familiarize themselves with the FISC postal standard operating procedures (SOP). But, according to Master Chief Postal Clerk (SW) Otilio Santos, they accomplished far more.

"The conference allowed [FISC Postal Manager] Dale Pinchart an avenue to emphasize the importance of SOPs for the entire FISC Yokosuka postal enterprise as well as explain what is on the horizon," said Santos. "He talked about the FMC [Fleet Mail Center] renovation, which is already 50 percent complete; the Yokosuka Post Office enlargement, the consolidation of official mail in the AOR, processing Camp Zama's mail and the arrival of the [USS] *George Washington*. So, yeah, we had a lot of quality stuff to put out."

In addition to the numerous topics of discussion FISC also provided some important administrative training for the Sailors in attendance, some of whom work almost exclusively with civilians.

"We had our military admin (administration) officer, Senior Chief McCloud come in and provide training on fitreps (officer, E-7 and above fitness reports), evals

(enlisted evaluations) and how to do write-ups for awards," said Pinchart. "It was good training for them to get, especially for those who work at an embassy or in an office that isn't associated with a military base."

Along with the training, the conference participants were also given several tours of the FISC postal facilities. They toured the FISC post offices onboard Commander Fleet Activities Yokosuka (CFAY), Ikego and Negishi, as well as spending a significant amount of time at the Fleet Mail Center (FMC) in Yokohama, as it is the hub for all mail service in the Western Pacific. They also toured the post office at Yokota Air Base and saw how the mail enters and leaves Japan by touring



(Center) PCCM(SW) Otilio Santos gives a tour of the Fleet Mail Center (FMC) during the recent Fleet Industrial Supply Center Far East Region postal conference.

Photo by Yohsuke Onda



(Right) YNC(SW/AW) Windell McCloud provides training on the proper administrative procedures to be used for enlisted evaluations and officer fitness reports during the recent postal conference.

Photo by Yohsuke Onda

Haneda and Narita airports.

FISC's postal chief at Commander Fleet Activities Sasebo (CFAS), Chief Postal Clerk Myles Williams was one of the people who came away from the tours and the conference with a greater appreciation of how they do business at FISC Yokosuka.

"It's incredible how such a large operation runs as efficiently as it does," said Williams. "If you look at what they're accomplishing on a daily basis, you really come away with an appreciation for what's happening up here."

FISC's postal representative from the U.S. Embassy in Jakarta, Indonesia agreed.

"I was impressed with the ability of the FMC and Yokosuka post office moving such large volumes of mail in such a timely matter while continuing to provide great customer service," said Postal Clerk 1st Class Mark Bettencourt.

Bettencourt explained that another benefit gained from the conference was the opportunity to develop professional relationships and to take home some new ideas on how to better run his own operations.

"Meeting the other [postal] representatives added a lot of value to the conference for me," he said. "Many good ideas were exchanged."

Williams also thought that the postal conference was beneficial to his office and to his customers in Sasebo.

"I think this region has got it right and that's because of the postal leadership," he said. "The idea of the conference was to look at what everyone was doing, take the best ideas and use them to make all locations and services even better."

## Lassen CO awards NAM to FISC Sailor

By Ray Denny, FISC Yokosuka

USS *Lassen* (DDG 82) Commanding Officer Cmdr. Anthony Simmons, presented the Navy and Marine Corps Achievement Medal (NAM) to U.S. Fleet and Industrial Supply Center (FISC) Yokosuka's Storekeeper 2nd Class(SW/AW) Jeffrey Nelson for his professional achievement as *Lassen's* Logistics Support Representative (LSR) from December 2006 through November 2007.

Nelson's citation read in part, "His unsurpassed initiative significantly contributed to *Lassen's* high state of combat readiness while operating in the Western Pacific Ocean. He expertly coordinated 15 high-priority counter-to-counter shipments totaling \$40,000, arranged the delivery of 1,200 kilos of parcels and coordinated more than 20 Other Supply Officer (OSO) transfers, and processed 25 mission essential FedEx shipments valued at \$85,000." Nelson was surprised and honored that his efforts to maintain *Lassen's* operational readiness were rewarded with a medal.

"This isn't my first NAM, but since it came from a command other than my parent command, it's special," said Nelson. "To me, it shows that the *Lassen* sincerely

appreciates the service that FISC provides to them."

After the award ceremony, *Lassen's* Supply Officer Lt. Ronald Rodriguez thanked the entire FISC Yokosuka Logistics Support Center (LSC) for their continued support and customer service noting that their efforts helped *Lassen* to win the "Blue E," an award given for superior efficiency within the Supply Department.



USS *Lassen* (DDG 82) Commanding Officer Cmdr. Anthony Simmons pins a Navy and Marine Corps Achievement Medal (NAM) on Fleet Industrial Supply Center logistics support representative SK2(SW/AW) Jeffrey Nelson during a recent awards ceremony onboard *Lassen*.

U.S. Navy photo by SK2 Esteban Marterosario

### NAVSUP



FISC Yokosuka's SK2(AW/SW) Juliver Kintz - A.K.A Petty Officer 'Did you know?' - assists a customer at FISC's SMARTWEBMOVE work center.

FISC's Petty Officer 'Did You Know?' asks...

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...If you are retiring, you are entitled to place your household goods in non-temporary storage for up to one year from your effective date of retirement. If property is shipped to your home of record or home of selection, those materials must be received within 90 days.

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Quality Control: 243-6324

# Forum educates managers on strategic intent

Story and photos by Keiichi Adachi,  
CFAY Public Affairs

Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) recently completed the command's Middle Managers Forum (MMF), which ran from Jan. 23 to 28 at SRF-JRMC Sasebo detachment and in Yokosuka. The MMF consisted of both Japanese and English sessions, with more than 100 personnel attending in Sasebo and more than 300 attending in Yokosuka.

The MMF was held in addition to the Strategic Plan All Hands Event which presented the Strategic Plan to the entire workforce. The main purpose of the MMF was to provide a more detailed explanation of the Deliverables required to meet each of the Tactical Goals.

Middle managers are the supervisory employees who are between the Executive Steering Committee (ESC) and the general workers. They are the people who directly interact with the general employees on a day-to-day basis.

"They are the key personnel who ensure participation of the general employees in accomplishing our goals in the strategic plan. Therefore, it is very important for them to have a good understanding of the plan so that they are capable of engaging and guiding their employees in the right direction," said Alicia Akashi, director of Strategic Plan division here.

In order for employees to better understand the Strategic Plan, a "line of sight" is needed to be established, providing the middle managers with information, guidance and direction so that the information becomes part of their daily business processes. The first step in the "line of sight" was the Strategic Plan All Hands Briefing. The primary purpose of the event was to increase employee awareness of where their organization is heading and having a common shared vision. The next "line of sight" step was the MMF. To complete the work required by SRF-JRMC's mission requirements, the middle managers are the key to educating and motivating the workforce.

David Lewis, an attendee for the MMF said, "The better informed middle-level managers are, the more effective the communication up and down the chain of command. If we can't effectively explain the strategic plan to the employees, they're likely to think it's just another passing management fad."

MMF originated in 1999. The purpose of MMF at that time was to provide means of direct communications

between the Japanese middle managers and the commanding officer for discussion and resolution of problems of general interest. Participation in this group is open to all managers.

According to Akashi, SRF-JRMC shifted the purpose of MMF in 2007 to be more specific to the roll-out of the Strategic Plan, sharing information in an interactive way to more deeply understand how they can support and translate what must be done in each area to execute the plan.

MMF benefits the middle managers and the people who work for them and directly contributes to the success of the Strategic Plan. During the forum, the middle managers are provided with the right tools to deliver the required information to the people who work for them. As the middle managers roll out to the next lower level, it gives the employees awareness of their role in accomplishing their goals. It connects each and every member to their Strategic Plan and gives them a sense of ownership.

"When the middle managers understand the roles in their respective areas to meet our goals, they instill trust and improve their credibility with their own people," said Akashi.

Lewis said, "MMF helps us to better understand linkages between the Strategic Plan and how our work units contribute to meeting that plan."

MMF is about sharing information in an interactive way to help the middle managers to more clearly understand how they can support and translate what must be done in each of their areas to execute the Strategic Plan. By better understanding the details of the plan, they can better help their subordinates understand what specific role their group has in meeting each TG.

Cmdr. Stephen Williamson, Sasebo detachment



Japanese Tactical Goal (TG) leader Takenobu Sekiguchi, briefs Japanese middle managers at SRF-JRMC Sasebo detachment on TG2, "Shaping Our Workforce" during the Middle Managers Forum in Sasebo.

佐世保での中間監督者フォーラムでSRF-JRMC佐世保分所の中間監督者に日本人実務ゴール指導者の一人、関口文信さんは実務ゴール2の「将来に備える人材育成」について語る。

officer in charge said "The Middle Managers Forum amplifies the briefing on a much more detailed level allowing the middle managers to do a thorough briefing to their employees."

"I think that MMF is a must since I am in a position to tell my people about the Strategic Plan. The All Hands Briefing presented the big picture. The MMF explained it in more detail so that I gained a better understanding and am able to explain it correctly to my people," said Kazuya Hayashi, director of Safety Office at SRF-JRMC Sasebo detachment.

This year, the middle managers are required to provide their progress report in person to the ESC and explain what they are doing to support the plan. It has to be specific and actionable and not just statements of "I support the plan," according to Akashi. "Capt. Stephanie Douglas, commanding officer and all the ESC members want to know what the middle managers and their work units are doing to make the Strategic Plan a reality. We view this as an opportunity to ensure alignment and identify any barriers in meeting our goals," Akashi added.



Capt. Stephanie Douglas, commanding officer of SRF-JRMC, explains the newly established "Line of Sight" plan providing information, guidance, and command direction to the middle managers, during her opening remarks at the Middle Managers Forum in Yokosuka.

横須賀での中間監督者フォーラムの開会の挨拶の中で、SRF-JRMCのステファニー・ダグラス大佐司令官は中間監督者に情報、指導、方向性を提供する新たに設立した「ラインオブサイト」プランを説明する。

文・写真:安達慶一、CFAY広報課

先頃、艦船修理廠及び日本地区造修統括本部 (SRF-JRMC) は佐世保分所では1月23日に行なわれ、横須賀では1月28日から始まった中間監督者フォーラム (MMF) を終えた。このMMFは日本語によるものと英語でのセッションに分けられ、佐世保分所では101名、横須賀では304名の中間監督者が参加した。

MMFはSRF-JRMCの全従業員を対象に行なわれた経営戦略計画全体説明会の後に行なわれた。MMFの主な目的は、個々の実務ゴールが求める達成課題に関するより詳細な説明を提供することだ。

中間監督者とは上級監督者委員会 (ESC) との間で監督の責

## MMF、監督者に経営戦略を啓発する

務を担う従業員と捉える。彼らが従業員と日々直接に業務行なうからだ。

「中間監督者は経営戦略実務ゴールの達成のための従業員の参画を確実にするカギとなる人々です。ですから従業員を計画に関わらせたり導いたりできるように中間監督者には戦略計画の十分な理解を得てもらうことがとても重要です」と語るのにはSRF-JRMC経営戦略部部長のアリシア明石さん。

SRF-JRMCの従業員に戦略計画のより十分な理解を求める為、中間監督者に情報、指導、方向性を提供し、それが日々の業務プロセスの一部と関連づけていることを示す「ラインオブサイト」の構築が必要となった。「ラインオブサイト」の第一ステップは経営戦略計画全体説明会であった。その目的は、SRF-JRMCが向かう方向、共通なビジョンを持つことへの従業員意識の向上であった。「ラインオブサイト」の第二ステップはMMFであった。SRF-JRMCの使命により求められた業務を完遂するには、従業員を啓発しやる気を起こさせるカギとなるのが中間監督者だ。

MMFに出席したデビッド・ルイスさんはこう話す。「中間監督者が十分に情報を持つことは、指揮系統間の意思疎通により効果的です。従業員に戦略計画が効果的に説明出来なければ、従業員はただの業務管理上の一過性のモノと考えがちになります。」

MMFは1999年に始められた。当時のMMFの目的は、一般な関心事の討議と解決を計るために中間監督者と司令官とが直に意思疎通を図ることが出来る場を提供することであった。この

MMFへの参加は全てのSRFの監督者に門戸が開放されている。

明石さんによるとSRF-JRMCは2007にMMFの目的を変え、戦略計画展開を主眼に置いた。すなわち、計画の推進や実行を進める個々の分野に於いて、中間監督者がどの様に、何を行なうべきかを支援しより深い解釈をうながす双方向式の情報の提供の場とした。

MMFは中間監督者と彼らの下で働く従業員に利益をもたらす、戦略計画の成功に直に貢献する。中間監督者には情報を伝えるのに必要な正確な資料が提供されている。その資料が従業員の実務ゴール達成に於ける役割の認識をもたらす、個々の従業員を戦略計画に結びつけ、彼らに役割責任を与える。

「それぞれの分野における役割を中間監督者が理解すると、従業員を信頼し、信用が向上します」と明石さんは語った。

ルイスさんはこう話した。「戦略計画に対していかに従業員が貢献しているかの繋がりを十分に理解する為にMMFが助けになっている。」

戦略計画の詳細を十分に理解することによって、ゴール達成の役割を従業員に十分理解させることができる。

佐世保分所所長のステファン・ウィリアムソン中佐はこう話した。「中間監督者の下で働く従業員への綿密な説明を行なえるよう、MMFはより詳細な内容を提供しています。」

「私は戦略計画を自分の部下に伝える立場にあるので、MMFは絶対に必要です。全体説明会は全体像が示され、MMFではより詳しくだったので、より良い理解が持て、部下に対して正確に説明できます」と佐世保分所安全室室長の林一也さんは語気を強めて語った。

今回、中間監督者はESCに彼らの進捗状況の報告書を提出し、戦略計画を支援するために何を行なっているかを説明することが求められている。その報告書は、「私は戦略計画を支援します」というような単なる声明でなく詳細で実行可能なものでなくてはならないと明石さん。そしてこう続けた。「司令官ステファニー・ダグラス大佐と全てのESCのメンバーは、中間監督者と彼らの部下が戦略計画を実現させるのにどの様に関わっているかを知りたい。報告書と説明は我われが達成するゴールに対する方向性を同一にする調整を行い、どんな壁があるのかを洗い出しをする一つの機会だと捉えています。」

## Head's Up Yokosuka! Community Announcements

**African American Heritage Ball** – The 2008 African American Heritage committee will hold their African American Heritage Ball at the Officer's Club, from 6 p.m. to midnight March 1. Dress is semi-formal. Cost is \$30. Contact by phone or e-mail to Cassandra.Shannon@fe.navy.mil or 243-6774 for more information.

**Base Communications office closure** – The Base Communications office (building C-20 located behind building C-1 on command hill) will be closed from 11 a.m. to 2 p.m., March 7 for a command function.

**New class offered at FFSC** – The Fleet and Family Support Center (FFSC) is offering a new class, "Healthy Relationships: For Your Child's Future," from 5 to 6:30 p.m., March 10, in the Take room of the FFSC Annex. Parents will learn how aspects of their family's life will influence their children well into adulthood. Contact FFSC Education Services Facilitator Jane Boch at 243-7825 for more information.

**Obi Art** – Do you need a new decoration for your home? Would you like something unique and beautiful to remember your time here in Japan? The Community Center is offering classes on Obi Art, where you can design your obi as an excellent decoration piece for your home. Visit or call the Community Center at 243-6713 for more information.

**Learn to speak Japanese** – The Community Center is offering two Japanese Language classes; one with textbook and one without. This is a wonderful opportunity to learn the language of our host country. If you are interested in attending these classes, visit or call the Community Center at 243-6713 for more information or to sign up.

**Individual Augmentee (IA) Spouse Support Group Meetings** – Share your challenges and success strategies with others. Meet other IA spouses going through similar challenges. Take time out for yourself. For more information and dates on meetings, call the Fleet Family Support Center (FFSC) at 243-3372 or e-mail to lalanie.jamison@fe.navy.mil.

**Yokosuka Housing Welcome Center** – Effective March 1, The Yokosuka Housing Welcome Center, located next to the Navy Lodge, will start their new office hours. The new hours will be 8 a.m. to 4:30 p.m. Monday through Friday and 11 a.m. to 4:30 p.m. the first Wednesday of each month. Call the Yokosuka Welcome Center at 243-9067 for more information.

**Pay USNH Yokosuka Medical bills online** – Payment of USNH Yokosuka medical bills can now be paid using the [www.pay.gov](http://www.pay.gov) Web site. Patients should select the "Search Public Forms" field and then "USNH Yokosuka MSA." Contact Lt. Cmdr. Kevin Haug at 243-8574 or e-mail [kevin.haug@med.navy.mil](mailto:kevin.haug@med.navy.mil) for more information or assistance.

## Pet of the Week



This week's Pet of the Week is Soda. He is a one year old Lab mix who is house broken, microchipped and has all his shots updated. Soda is very playful and likes children. He is very active and needs a family that is willing to spend time playing with him. Soda would be a great addition to your home. Please come to P.A.W.S. and learn more about Soda. If you are interested in adopting Soda or any animal at P.A.W.S., contact them at 243-9996, or visit their Web site at [www.paw yokosuka.org](http://www.paw yokosuka.org).

U.S. Navy photo by Eric Boehler

## It must be springtime

By Russ Tate, CFAY Traffic Safety

One of the greatest things (in my book) about being stationed in Japan is the opportunity to see things in a country with natural beauty almost everywhere. I get a real kick out of jumping into the family car and getting out on the highways, especially the national freeways, to just go cruising.

With spring rapidly approaching, the next four months are primetime to witness the exquisite Japanese scenery, the Sakura blossoms poised to pop open and the entire world starting to turn green as the days get longer and warmer. It's tempting (even to me) to roll down the car windows and just stare outside at everything that is blooming and blossoming. Why not...hey, it's springtime!

Unfortunately, the plants aren't the only thing that's growing; the number of traffic accidents resulting from "distracted driving" is growing as well. The Traffic Safety office is seeing an increase in the number of rear-end collisions, the type in which the offender "fails to observe the other car stopped in traffic" and crashes into its rear. Rear end collisions are a type of traffic accident closely associated with distracted driving, because in order to cause this type of traffic accident, a driver literally cannot be looking at what's happening right before their eyes (even if just for a few seconds).

If it sounds like I think this type of accident should never occur, you're right; obviously rear end collisions are completely avoidable. However, believe it or not, they account for over 25 percent of the total traffic accidents Commander Fleet Activities Yokosuka experiences each year.

Why such a high incidence rate? For American drivers, my theory is it's because we are all used to driving in the states where there are a lot fewer cars on the road per mile, the streets are roomier, and importantly, far fewer situations occur that require cars to stop suddenly. New drivers from the U.S. are simply not used to maintaining a sufficient level of attention necessary to drive safely here.

After driving in Japan a while I came to two conclusions: first, when I'm driving, if I take my attention away from what's in front of me on the road for more than 3 seconds, I should expect to crash into the car ahead. So I can't allow myself to adjust the radio/CD, reach for snacks or a soda or even roll down the windows. Any actions that would require me to take my eyes off the road I must ask others to do. Second, I should maintain double my normal following distance behind the vehicle ahead. This is an extra precaution, just in case paying close attention still isn't enough.

So get out there on the highways and enjoy driving in Japan, it's really gorgeous. But if you're the driver make sure that you stay focused on just one thing: getting where you are going without crashing into that car right in front of you. Have a great adventure!

**STOP**

**REVERSE the TREND!**

Traffic Accidents from Jan. 1 to Feb. 26 is **81**

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## HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at [hro.cnfj.navy.mil](http://hro.cnfj.navy.mil).

Applicants for worldwide vacancies must follow the procedure in the "Job Opportunities" page of the [www.donhr.navy.mil](http://www.donhr.navy.mil) Internet site. Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cutoff date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop box by 8 a.m. the following workday to be accepted as having been received the previous workday.

Postmark dated, faxed or e-mailed applications will not be accepted.

### New

**Education and Training Technician** – YB-1702-1, CFAY-30-08. Open: 2-22-08, Close: 8-22-08 (1<sup>st</sup> C/O: 3-7-08). \*Six months open register.

**Family Child Care Director** – YA-1701-2, CFAY-31-08. Open: 2-29-08, Close: 3-28-08 (1<sup>st</sup> C/O: 3-14-08). \*Japan-wide.

**Nurse Specialist** – GS-610-11, NH-28-08. Open: 02-22-08, Close: 03-21-08 (1<sup>st</sup> C/O: 03-7-08).

**Pharmacy Technician** – GS-661-5, NH-29-08. Open: 02-22-08, Close: 03-21-08 (1<sup>st</sup> C/O: 03-7-08).

### Continuing

**Education and Training Technician** – YB-1702-1, CFAY-176-07. Open: 12-27-07, Close: 03-28-08. \*Location: Negishi.

**Financial Technician** – YB-503-2, NLSO-14-08. Open: 2-5-08 Close: 03-04-08.

**Human Resources Specialist (Staffing/Classification)** – YB-201-2, CNFJ-18-08. Open: 2-8-08 Close: 03-07-08. \*Temporary, not to exceed one year. \*Japan-wide.

**Human Resources Technician (Staffing/Classification)** – YB-203-2, CNFJ-27-08. Open: 02-15-08, Close: 03-14-08 (1<sup>st</sup> C/O: 02-29-08). \*Temporary, not to exceed six months. \*Location: Atsugi.

**Human Resources Technician (Staffing/Classification)** – YB-203-2, CNFJ-16-08. Open: 2-8-08 Close: 03-07-08. \*Temporary, not to exceed one year. \*Japan-wide.

**Mail Assistant** – GS-305-4/5, NH-25-08. Open: 02-15-08, Close: 03-14-08 (1<sup>st</sup> C/O: 02-29-08).

**Medical Support Assistant** – GS-679-4, NH-24-08. Open: 02-15-08, Close: 03-14-08 (1<sup>st</sup> C/O: 02-29-08). \*Not to exceed 13 months.

**Medical Support Assistant** – GS-679-4, NH-26-08. Open: 02-15-08, Close: 03-14-08 (1<sup>st</sup> C/O: 02-29-08).

**New Parent Support Specialist** – YA-0101-2, CFAY-14-08. Open: 2-8-08 Close: 3-7-08.

**Office Automation Clerk** – GS-326-4, NH-23-08. Open: 02-15-08, Close: 03-14-08 (1<sup>st</sup> C/O: 02-29-08).

**Office Automation Technician** – YB-326-1, CFAY-22-08. Open: 02-22-08, Close: 03-21-08 (1<sup>st</sup> C/O: 03-7-08).

**Supervisory Child Development Center Director** – YA-1701-2, CFAY-17-08. Open: 2-8-08 Close: 03-07-08. \*Japan-wide.

## HRO JN Positions

Vacancy information for Japanese National Employment is available at: <http://hro.cnfj.navy.mil>, Job Hotline 243-9000 or (046) 816-9000, or at HRO Gate Office bulletin board (1<sup>st</sup> floor of Club Alliance building next to ISO). Urgently seeking applicants for part-time jobs (Hourly Pay Employees, HPTs in IHA) for various positions at MWR Clubs, Navy Exchange, and BEQ/BOQ. Office work, professional occupations, craft work, fire fighters, security guards, etc. job opportunities are also available.

Eligibility for Master Labor Contract (MLC) Employment (for appropriate fund activities jobs): Japanese citizens or non-Japanese citizens with permanent resident visa; who are 18 years and older. SOFA members and their dependents are not eligible for MLC employment.

Eligibility for Indirect Hire Agreement (IHA) Employment (for MWR, NEX, BEQ/BOQ jobs): Japanese citizens or non-Japanese citizens with permanent resident, spouse/family member of Japanese citizens or permanent resident, or long term resident visa, or SOFA dependents; who are 18 years and older and not a U.S. citizen.

## NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to [www.navy-nex.com](http://www.navy-nex.com), click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

**Food Service Worker** – Yokosuka Food Services, Negishi School Lunch. \$8.28/hr.

**Food Delivery Operator** – Ikego/Yokosuka. \$8.28/hr.

**Food Service Supervisor** – Food Services. \$10.74/hr.

**Food Sales Supervisor** – Food Services. \$24,377-\$30,988/yr.

**Sales Clerk (Specialty)** – Retail. \$7-\$9/hr.

**Sales Clerk** – Retail. \$6.50-\$8/hr.

**Customer Service Clerk** – Main Store. \$7-\$9/hr.

**Store Worker** – Main Store. \$8.28/hr.

**Hair Stylist** – Beauty Salon (Yokosuka, Negishi). Commission.

**Receptionist** – Beauty Salon. \$7-\$7.50/hr.

**Personalized Services Clerk** – Personalized Services. \$7.25-\$8/hr.

**Cashier** – Cash Office. \$7.79/hr.

**Warehouse Worker** – Receiving. \$9.66/hr.

**Receiving Clerk** – Distribution Center. \$9-\$10/hr.

**Labor (Visual Merchandiser)** – Visual Merchandising. \$8.28/hr.

**Visual Merchandiser** – Visual Merchandising. \$8.39-\$9.50/hr.

**ID Checker** – Loss Prevention. \$6.50/hr.

**Security Guard** – Main Store, Distribution Center. \$7.50-\$9/hr.

**Automotive Mechanic** – Autoport. \$13.63/hr.

## Unanswered prayer is there such a thing?

By Chaplain Robert E. Bradshaw

In 1990 country music artist Garth Brooks released a song that hit the charts and became very popular. The song's title was "Unanswered Prayers." While the song itself is not responsible for the thought of prayers going unanswered, it certainly is a popular idea that it perpetuated. The popularity of using the theme of prayers was certainly not initiated by this singer. In 1987 Bon Jovi had a hit titled "Livin' on a Prayer." In a more recent release (Novocaine, 2005) Bon Jovi used the title for a line saying that living on a prayer has changed meanings. The idea of praying is common in our society. Of course it is a very important part for people of faith. It is, however, not limited to those of faith. When tragedy hits, whether globally or locally, world leaders usually use the phrase "our thoughts and prayers are with you."

In regards to the idea of "unanswered prayers," religious circles have books and studies written on the reasons prayers go unanswered. The Holy Scriptures do not support such an idea. There are, however, hindrances to our prayers being heard (not forgiving – Mark 11:25; mistreatment of a spouse – 1 Peter 3:7; unbelief – James 1:6; and wrong motives James 4:3). Hindrances do not necessarily mean unanswered. It is better to see them as "seems to go unanswered." The fact is our prayers usually fall into three categories – yes, no, wait. But changing the title of a hit country song to "Seems to Go Unanswered Prayers" would have been problematic on promotion and song flow.

Hollywood does a good job sometimes of giving us a better view of prayers. Jim Carrey's character in *Bruce Almighty* struggles with hearing all the prayers at once by saying yes to all prayer requests. I cannot imagine hearing, understanding, and being attentive to all the prayers that are offered 24 hours a day. Only God could do that. In one scene on Morgan Freeman (playing God) talks with Bruce about why he answered yes to all the prayer requests:

"Bruce: There were so many. I just gave them all what they want.

God: Yeah. But since when does anyone have a clue about what they want?"

I am glad that there is a higher power that knows what we need. It is always great when we receive a yes to our prayers. It may be character building to have to wait for an answer, but always worth it. But when it comes to "unanswered prayers," I am thankful for the "no" answers that come our way also, because God knows best. Knowing that makes it always worth it.

My prayers are with you. Don't fear though, God knows best.

## Director, NMCRS Yokosuka Japan

You can make a difference! Be an NMCRS team leader! Become part of a worldwide team consisting of 3k volunteers and a cadre of paid staff. Apply today for the fulltime (40 hrs/wk) manager position vacancy at our Yokosuka Japan office. Candidates must be a U.S. citizen, command-sponsored dependent of an active duty service member. Prior association with NMCRS, as an employee or volunteer, will be a significant factor in evaluating a candidate's qualifications for this position. Candidates must have a minimum of an earned AA degree from an accredited college or equivalent college level coursework, experience in recruiting, retaining, motivating, and working with volunteers in an organization similar to NMCRS; and two or more years supervisory experience; superior leadership, interpersonal and communication skills. Desirable qualities: in-depth knowledge of military command structure, pay and allowance systems, and experience providing financial management counseling to others. Starting salary is low 40's (may be negotiable based on experience and qualifications) + OCOLA and excellent benefits. All candidates must submit a completed, signed employment application accompanied by SOFA documentation to be considered for an interview. Interested parties may obtain an application from our Yokosuka office or from the Society's HR Office (Phone: 703-696-4904). Mail applications to: NMCRS; 875 North Randolph Street, Suite 225; Arlington, VA 22203 or Fax to 703-696-0144 by COB, March 13, 2008. Although we will acknowledge receipt of all applications, only those selected for interviews will receive additional notification. EOE.

## VOLUNTEER OPPORTUNITY



### CHAPEL OF HOPE

is seeking volunteers to sponsor families of  
**USS George Washington (CVN 73) aircraft carrier**

FREE TRAINING FOR VOLUNTEERS WILL BE PROVIDED !

**SIGN UP NOW!**

Contact Cora Bulseco at 243-7321  
or e-mail to [Maria.Bulseco.rp.ctr@fe.navy.mil](mailto:Maria.Bulseco.rp.ctr@fe.navy.mil) for more information



# Worship Schedule

## YOKOSUKA: Chapel of Hope

• 243-6773/ 6774

### Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 <sup>nd</sup> TUE	Pre-Baptism Class	1830
THU	Choir Practice, Main Chapel	1700
FRI	Choir Practice, Choir Room	1700
1 <sup>st</sup> FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1530
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

**NOTE:** Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

### General Protestant

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

### Protestant Liturgical

SUN	Communion Service, Fellowship Hall	1100
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### Contemporary Christian

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

### Gospel Praise Service

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

### Filipino Christian

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, Classroom 3	1800

### Church of Christ

SUN	Worship, Kinnick Little Theatre	0930
SUN	Sunday School	1100
WED	Bible Study, Classroom 1, 2 and 4	1800

### The Church of Jesus Christ of Latter-Day Saints

SUN	Sacrament	1300
SUN	Sunday School	1420
SUN	Priesthood/Relief Society	1510

**Location:** Across from the City of Yokosuka Post Office (Off base)

### Yokosuka Christian Fellowship

SUN	Fellowship Service (Ichiban Tower)	1230
WED	Youth Meeting (Chapel of Hope)	1800

### Jewish Faith Community

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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## Soka Gakkai International (Buddhist)

2<sup>nd</sup> AND 4<sup>th</sup> THU Classroom 4 1830

### Specialized Ministries

#### A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)\*

TUE Fellowship Hall/Classrooms 1615

#### Yokosuka Student Ministries (Middle School and High School)\*

WED Middle School – Quest 1600  
High School – One Way 1830

#### Protestant Women of the Chapel\*

TUE Bible Study, Classroom 10 1830  
THU PRECEPTS, Fellowship Hall 0930  
THU Bible Study, Classroom 7 1600

#### Japanese Women's Bible Study\*

TUE Main Chapel/Fellowship Hall, Classrooms 0900

#### "Mom's Time"

Last WED of the month 0930

#### COMPASS Spouse Support Group

WED, THU, FRI (Last week of month), Room 1 0900

#### Men's Christian Fellowship

TUE Study Group (Fleet Rec. Center, 3<sup>rd</sup> Deck) 1130  
3<sup>rd</sup> SAT Breakfast (Location varies)

*\*Runs from September to June*

## NEGISHI: Chapel of the Rising Sun

• 242-4183

### Roman Catholic

THU CCD, classrooms 0900  
SUN Mass, Main Chapel 0800

### Protestant

SUN Worship Service, Main Chapel 1030

### IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)

SAT Vigil Mass 1900

### Pentecostal

SUN Worship Service 1000

#### A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)\*

WED Ikego Elementary School 1630

#### Yokosuka Student Ministries (Middle School and High School)\*

THU Middle School/High School – Q2 Kyoto Tower Party Room 1830

**Note:** In the event of an emergency (after 1630 and before 0730 the next day), the Chaplain on Duty can be reached by calling Commander, Fleet Activities, Yokosuka Security at 243-2300.

# Fleet and Family Support Center

## Congratulations on the birth of your baby!

Michael Loop and Yumiko Loop are the proud parents of AKI CRYSTAL LOOP born Feb. 8, 2008 at 9:35 a.m., weighing 8 pounds, 14 ounces.

If you'd like to see your baby announcement published in the Fleet and Family Support Center's section of the Seahawk-Umitaka, stop by our New Parent Support office in Bldg. 1558.

## Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

### Monday, March 3

**English as a Second Language (ESL)** 10 a.m. (2 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice basic, English skills and learn about American culture. Special attention given to speaking English in an everyday setting.

**Labor and You** 1 p.m. (5 hrs.): Bundles of joy take lots of preparation and planning. No need to "go it" alone! We have helped hundreds of families prepare for their new arrival with the knowledge needed to make informed choices during and after pregnancy.

### Tuesday, March 4

**Area Orientation Brief and Intercultural Relations Class** 7:45 a.m. (4 days): March 4-7, this class will be held at the Benny Decker Theater. Welcome to the Land of the Rising Sun, *kanji*, yen and bowing. This combined class is offered weekly, and is required for all incoming military personnel, Department of Defense civilians and family members. Representatives from around the base will talk about the unique policies, procedures and benefits associated with living and driving in Japan. Local experts will discuss cultural issues and adjusting to your new home.

**Boot Camp for New Dads** 1 p.m. (3 hrs.): Yikes! What will it be like to have a new baby in the house? Boot Camp for New Dads is a unique program that brings "rookie" fathers-to-be together with "veteran" dads with newborns. The veteran dads will share their babies with the rookies for hands-on training, and demonstrate how to hold, comfort, diaper, swaddle, relieve gas/colic, and play with an infant.

**Developing Your Spending Plan** 12 p.m. (1 hr.): Too much month at the end of the paycheck? In this interactive class, you'll learn the importance of a written spending plan. You'll learn about the Financial Pyramid, the Financial Planning Worksheet, and creative ways to find extra cash on even the tightest budget. We don't tell you how to spend it, we teach you how to keep more of it.

### Wednesday, March 5

**Japanese Spouse Group** 10 a.m. (2 hrs.): This class is focused on the special concerns of Japanese spouses that are new to the Navy and Yokosuka, Negishi, or Ikego Bases. Our bi-lingual instructors have valuable first-hand knowledge to share and will help you feel more comfortable with your new role as a Navy Spouse! The network portion of the class will give you the chance to make friends with other Japanese spouses and share your experiences as a military spouse. This class is conducted in Japanese.

### Thursday, March 6

**Employment Overview** 11:30 a.m. (1 hr.): If you are interested in the local employment market, please join this class and talk with our full-time Spouse Employment Assistance Manager. Reservations are required for this crash course on employment availability in the Yokosuka/Yokohama area: including government positions, teaching English, modeling and other lucrative opportunities.

**Ikego – Play Morning** 9:30 a.m. (2 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Nikko Tower.

**NMCRS' Budget 4 Baby** 5 p.m. (2 hrs.): Bundles of joy take lots of preparation and planning. No need to "go it" alone! We have helped hundreds of families prepare for their new arrival with the knowledge needed to make informed choices during and after pregnancy. This class raises awareness about the impact a baby will have on the young parents' budget. Helpful information is provided which participants can use to reduce the financial impact of the birth of a child.

**Saving and Investing** 12 p.m. (1.5 hrs.): In this class, we'll teach you the difference between a stock and a bond. You'll learn about your risk tolerance, your time horizon, and what investment vehicles match your investor style. You'll learn about mutual funds, expense ratios, money markets. You'll even learn about dividend reinvestment plans and how you can buy stock directly from certain companies.

### Friday, March 7

**Negishi – Kid's Craft Class** 10:30 a.m. (1.5 hrs.): The Kid's Craft Class is a fantastic opportunity to interact with other parents and children while the kids do fun seasonal crafts. All ages are welcome and must be accompanied by an adult.

**Yokosuka – Play Morning** 9:30 a.m. (1.5 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Ayame Tower.

## Upcoming Classes

March 10	Enjoying Japanese Food English as Second Language Healthy Relationships: For Your Child's Future
March 11	Area Orientation Brief and Intercultural Relations Class Credit Management Job Fair Preparation Welcome to Ikego
March 12	Negishi – Credit Management Ombudsman Assembly Ombudsman Advanced Training Welcome to Negishi
March 13	Government Employment Tips Ikego – Play morning Pre-Marriage Seminar
March 14	Ikego – Ukulele Lessons Yokosuka – Play Morning

**Negishi FFSC**  
242-4125

**Fleet and Family Support Center**  
243-FFSC (3372)

**Ikego FFSC**  
246-8052

Visit Our Web site

Go to: [www.cfay.navy.mil](http://www.cfay.navy.mil). Click the "FFSC" Tab

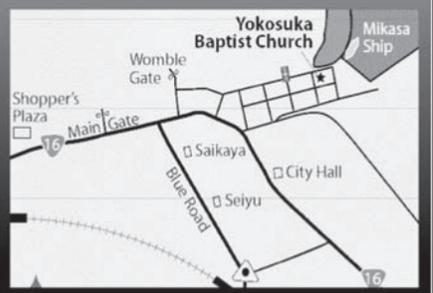
# YOKOSUKA BAPTIST CHURCH

## Service Schedule:

Sundays: 1000.....Sunday school  
1100.....AM Service  
1800.....Evening Service  
Wednesdays: 1900.....Midweek Service  
1900.....Patch the Pirate Club

Call Pastor Mark Sage at (0803) 179-9516 or the church at (046) 823-4654. We are just outside the Womble gate, take an immediate left, go 400 meters through one traffic light and then a right. We are on the left hand side.

[www.ybcjapan.org](http://www.ybcjapan.org)



## Imagination

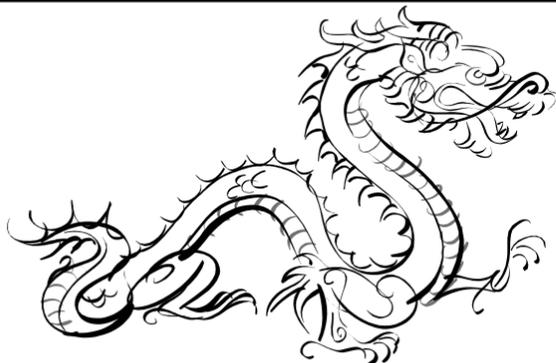


has no limits

For inquiries concerning advertisements rates & graphic designs in the Yokota Fuji Flyer, contact Ayumi Kadokura or Eros Rivers at 042-551-8142 or send email to [fujifyer@eight-jp.net](mailto:fujifyer@eight-jp.net)



designed by Eros D. Rivers



# YMS AVID ORIENTAL BAZAAR

MARCH 1 and 2

9am to 4pm

## Automobiles

'02 Mitsubishi Lancer Cedia for Sale. Only 36K km in excellent driving condition. A very reliable vehicle. Price is \$3,500 obo. For further information, please contact Ana at: pekam@ddg62.navy.mil.

'96 Honda Odyssey. \$2,300 obo. Runs great! 104,400 km (64,871 miles). Dark green with tan interior. JCI good until Summer 2010. Call Jenny, 246-8818.

'96 Mercedes-Benz C240. 65,000 km. Shaken until 10/08. One non-smoking owner. Dealer maintained and very clean. Navigator system included. Please call Tom at 090-3452-6645. \$5,000.

**Angel Motors – Specializing in U.S.A. Spec (LHD) Models!** American owned and operated car business with export and shipping experience. Custom order any Japanese (RHD) model! **Angel Motors February Car Specials!** \*Beautiful '97 U.S.A. BMW 528i with 59K miles, automatic transmission, in Alpine white, gray leather, with "angel eye" headlights, crystal tail lights for \$13,900. \*Gorgeous '97 U.S.A. BMW M3 3.2 liter with 52K miles, 5MT in silver with black leather, "angel eye" headlights, crystal tail lights for \$13,900! Visit our Web site for photos and all details! Contact Mike for more details at Tel: 090-8019-6372, e-mail: mike@angelmotorsjapan.com. Web site: www.angelmotorsjapan.com.

**Dodge Grand Caravans, Nitro, Patriots, Wrangles and Jeep Grand Cherokees.** American specifications. Drive them in Japan then take them back to the states with you. Warranty work available while you are here in Japan. For more information, contact Don Houdek at NEX New Car Sales at 080-3243-4689, or e-mail: dhoudek@militarycars.com.

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## Miscellaneous

**BOWLING BALLS.** High performance, both NEW and used in excellent condition. Great prices! PCSing. Must sell. Contact Robert at: 246-5726 or sportsfusion@gmail.com. See ads online at: http://www.westernpacificusbc.com/classifieds/index.php?a=5&b=411.

**Holistic therapy designed for you.** Japanese pressure point and other massage techniques. Aura soma color therapy. Diet plans. References. English speaking, close to base. Special Introductory offer \$25. Call (046) 854-4985, blessed@colorsofangel.com. Next to Horinouchi Train Station. Treat yourself with kindness!

## Services

**Are you ready to party!** Do you need to attract attention to your next party or event? JDL's Mobile DJ service is your source for an All Occasion DJ. I can provide the entertainment you need with a wide variety of music and an awesome light show. For booking and rates, contact DJ JDL (Joseph Lindsey) at 241-3903/080-6748-7465, or send an e-mail to: djddl@live.com, http://myspace.com/djddl1.

**Computer & Networking Services** offer low cost computer repair and networking services. TCGBH can setup networks, install software, hardware and recover data. For technical assistance, contact CJ, 080-6603-2336. E-mail: tcbghservices@gmail.com. Remember "We will Come To You."

**Face Painting!** PartyPaints face painting is perfect for birthday parties, school and office events. Availability is filling up fast, so call us today! Call PartyPaints 241-2907, e-mail: Artist@partypaints.com, www.partypaints.com.

**Hair salon in YOKOHAMA hair expert for foreign Men and Women.** Worked in London, NYC and Beverly Hills. U.S. certified. Master colorist. Foil Highlights and Low light. Specialize in thermal straightening and hair extensions. We also provide nail services. (045) 311-0139 ask for Yoshiko. info@afrodita.jp, www.afrodita.jp.

**HEROKY'S Swedish Outcalls.** Graduated from a massage school in the states. 1 hr.: ¥6,000, 1.5 hrs.: ¥8,000. At your home! 070-6656-2626, herokee@gmail.com or www.heroky.com.

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**Is your computer under a virus attack?** Is it running in a loop? Then you need to call Edwin, an expert in both Apple and PC computers. Reasonable rates with knowledgeable service; e-mail me at: tcs.mytech@gmail.com, or call (DSN) 246-7628, (cell) 080-6797-2531.

**Let Cleaner Uppers! Clean your house!** Weekly, biweekly and monthly service available. We also do PCS cleaning. Contact Minako, 090-1103-6303, mnkemp-noni@ezweb.ne.jp.

**LTO runs and junking service.** Will drive your car/minicar to LTO for Japanese inspection, new registration, renewal, transfer registration,

deregistration, change address, road tax, temporary plate. Six years experience. Please call Gemma, 241-2709 or 080-5022-8399.

**LTO Runs And Car Services.** New registrations, Japanese inspections, registration renewals, title transfers, transfer address, and deregistration services. Call Cherry, 080-5046-0689, or e-mail: Harn\_Che@yahoo.com.

**LTO Run and Junking Services.** New registration, Japanese inspection, renewal, transfer address, deregistration, road tax and title transfers. Call Elvie at 090-4585-8329.

**LTO Run.** Car registrations, JCI inspections, registration renewals, title transfers, road tax, deregistration, new in Japan, need someone to help, call Derrick at 241-4415 or 090-3592-8809.

**LTO runs and junking service.** Car or paperwork. Japanese inspection, new registration, transfer registration, deregistration, change of address, road tax, temporary plates. Seven years experience. Call Fe, 241-4954 or 090-9317-8259.

**LTO Runs and Admin Services.** Yokosuka/Ikego/Negishi Registrations, inspections, transfers, I do it all. No problem driving your vehicle to LTO. Call Reiko, 241-3100/080-5497-2600 or e-mail: reikorunsto@yahoo.com. 日本語もOKです!

**LTO runs and junking services.** Runs from Yokosuka and Ikego. New registration, deregistration, Japanese inspection, transfer. Also do mini-car registration. Please call Roselle at 090-4222-7435, e-mail: always\_roselle@hotmail.com.

**MAGICIAN.** Children's Birthday Parties. Magic, Music, Comedy, and More! Complimentary Birthday Gift. (イベントや、お誕生日会などにマジック・マイクを呼びませんか?) Call "Magic Mike" DSN 243-4801 (after 2 p.m.) or 090-6199-4993 (24/7), magicmike4u@ezweb.ne.jp, www.magicmike.wetpaint.com.

**PARTY PALS!** The fun starts here! Invite a life-sized character, princess, or even a fairy to your next birthday party or company event. Book early to ensure availability – call today! 241-2907. View our characters on line: www.birthdaypartypals.com.

**PCS-ing?** Moving to Washington State? (Bangor, Silverdale, Bremerton, Everett) I could help you find your dreamhome and investment. Please call Mae Dizon-Prudential, NW Real Estate. Mobile: 360-535-3721, home: 360-692-7586, e-mail: mae@pnwre.com. Web site: maed.pnwre.net.

**PCS'ing and thinking about purchasing a home in today's Buyers Market?** I educate home buyers about the "Home Buying Process" and will refer you to an experienced Realtor specializing in the area where you will be relocating. Save thousands of dollars on your new home purchase working with a realtor! FREE Service! Call Kim Ramos with Keller Williams Realty. Direct: 090-6503-9567, kramossells@kw.com, web site: www.2hdb.com/kramossells.

## Positions

**Facility Project Manager and engineer Sought!** 1. Have educational background on electricity and understand electrical theory. 2. Have technical skill on actual electrical wiring work and cable conduit work experience more than 5 years. 3. Speak, write and read Japanese and English (business level). 4. Must reside in Japan. 5. Proper valid work visa. Workplace: Tokyo Metropolitan area or near Narita Airport. Pay: ¥260,000-¥440,000/month. Transportation cost paid (Max. ¥40,000/month). Paid vacation and holidays. Retirement age: 65. Contact Masae Watanabe at: m-watanabe@s-mt.co.jp, or fax: (03) 5722-6180.

**Receptionist Sought!** 1. Computer literacy. 2. College graduate. 3. Valid work visa. 4. Speak, write and read Japanese and English (business level). Sat., Sun. and holidays are off. Pay: ¥230,000/month. Transportation paid (Max. ¥40,000/month). Uniforms are provided. Paid vacation and holidays. Workplace: Tokyo Metropolitan area or near Narita Airport. Contact Masae Watanabe at: m-watanabe@s-mt.co.jp, or fax: (03) 5722-6180. Shin-ei Real Estate Business Co., Ltd.

**University of Phoenix Yokosuka is seeking qualified part-time practitioner faculty in the MBA program.** Candidate must have MBA or related degree. Please contact Jim, jimparkins@email.phoenix.edu, or stop by our office.

**Urgent! Assistant Language Teachers wanted by W5SS.** Full time at public schools in Yokosuka city. April 2008 to March 2009, Mon. to Fri., 8:30 a.m.-5 p.m. ¥250,000/month plus transportation fee. Need BA/BS, teaching experience, minimum Japanese conversation skill. Send CV and job number. Job#506 to: w5tokyo\_recruit@w5ss.com. (03) 3780-1830. パート募集。米軍内で工事を行っている会社で通訳/翻訳兼エスコーターのできる人を探しています。詳しい業務内容・就業時間等のお問い合わせは090-2673-5518中嶋まで。

## Wanted

**Drivers wanted for on-base taxi service.** Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472. Supervisory and Management training positions available. オンベースタクシーの運転手(パート)募集。MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか?月曜-金曜(Kitty Hankが入港中)4 a.m.-8 a.m.は(2時間でもOK)運転好きな方、チップも入るし結構稼げますよ(普通免許でOK)。243-4511か090-3205-3472まで電話ください。**Looking for part-time English instructors teaching at home.** Private lesson ¥2,500 and group lesson ¥1,500 each student per hour. Please e-mail your resume at: support@lily-ec.jp and get more information.

## Lost and Found

**Lost necklace white gold with plain pendant.** If found, please contact 080-3278-1112. Reward will be given.

## Announcements

**Did you know there is a CHRISTIAN SCHOOL in Yokosuka? Christian Achievement Academy** – where excellence is the standard! Offers the A Beka curriculum and small classes. Registration for 2008-2009 school year has begun for Pre-K - 6th grade. Positions available: Qualified Administrative Staff, Full-time/Substitute Teachers for all grades, and Monitors needed. Call (046) 825-5521 and/or send resume to: caakingskids@yahoo.com.

**Ethnic Indian Restaurant in Yokosuka City.** Yes we are making authentic Indian ethnic dishes. On the first and last Friday of each month we have a cooking class from 2:30 to 4 p.m. Fee is ¥850. Closed Monday. If you come in a group by taxi, we will refund you up to ¥710 (with receipt). Bayleaf Indian Restaurant. Tel (046) 821-1922 and 090-3015-1749.

**Free Adoption Seminar.** March 4, Yokosuka, Sakura Party Room, 5-7 p.m. Dr. Carol Albers will be presenting on U.S. Foster Care Adoptions while Living Overseas and Financing Your Adoption. Other base locations, see: www.adopt-abroad.com.

**Grand Opening 20% Off.** Facial waxing and manicure. Appointment, 241-2474. 73 Ume Heights G's Salon.

**Room for rent.** Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$250/month plus utilities. Non-smoker please. Contact: yamadatoshinori@yahoo.co.jp.

**TIF Miscellaneous International St. Patrick's Day Shibuya, March 8, Sat., 6:30-9 p.m., T's Salon.** Held by Japan's biggest International Friendship site. Meet 300 people. Beer, cocktails and soft drinks are all you can drink! Snacks are also provided! ¥3,000. http://www.miscellaneousparty.com. Call 080-2001-0512, party@goover.co.jp.

**Waxing, Manicures, Facials 20% OFF!! Grand Opening.** G's Salon "strait from Manhattan" personalized service to bring out the beautiful you! Please call 241-2474 or 080-5677-6532 for appointment.

**World Friends International Party Shinjuku, March 1, Sat., 6:30-8:50 p.m., Shinjuku Tokyo Loose.** The full-scale International Party in Shinjuku. Meet 200 people. 20 kinds of free cocktails. Free snacks with sandwiches. Male, ¥3,500. Female, ¥3,000. http://www.world-friend.com. Call 080-2001-0512, party@goover.co.jp

**YOKOSUKA BAPTIST CHURCH.** Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. www.ybcjapan.org.

## Adoption

**Adoption home studies and adoption services.** Local licensed social workers can help. Call U.S. 001-888-687-3644. www.adopt-abroad.com.

Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213, on Command Hill. Please stop by the office to place your advertisements!

Classified ads of 30 words or less can be purchased for either \$5 per issue, in cash, at Asahi Advertising, Inc. The fee is \$1 for every 10 additional words. These rates are for Department of Defense servicemembers, family members or civilian personnel only. Prices for all other ads must be separately negotiated with Asahi Advertising, Inc.

The deadline for classified ads is 4 p.m., Friday prior to publication date (one week in advance). Submitted classified ads will be published after payment has been confirmed.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

For more information, please call Asahi Advertising, Inc. at 243-3100/(046)816-3100, or contact them at:

seahawk yokosuka@ys020407.americablejapan.com

The point of contact is Keiko or Tomomi, account executive. Regular business hours are Monday-Friday from 10 a.m. to 4 p.m.

Asahi Advertising, Inc.

# Easter Sunday Brunch

Sunday 23, March

Serving from 10:00 -15:00

Adults: \$22.95 / Children: \$10.95(4-12)



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(Left) Commander U.S. Naval Forces Japan, Rear Adm. James Kelly and Kanagawa Prefecture Governor, Shigefumi Matsuzawa, sign a Memorandum of Understanding on coordination for disaster preparedness and disaster countermeasures operations between Kanagawa Prefectural Government and U.S. Naval Forces, Japan, Feb. 8.

Photo by Sean Dath



Volunteers pick up trash in Yokosuka City and onboard CFAY in support of Earth Day Feb. 10. Eighty four Americans and 27 Japanese volunteers from the Yokosuka community and Yokosuka base participated in the event sponsored by the Morale, Welfare and Recreation department.

Photo by Fumiyo Sato



(Left) Ikego Officer in Charge Lt. Cmdr. Helen Murphy, Commander Fleet Activities Yokosuka (CFAY) Capt. Daniel Weed, Kanagawa Prefecture Assembly member Daisuke Kondo, Zushi City Mayor Ryuichi Hirai, CFAY Chief Staff Officer Cmdr. Jon Lundquist, Zushi Hayama JC President Yusuke Kiyota and Zushi Youth League of the Society of Commerce and Industry President Yuji Amasaka pose together for photos during the annual Ikego Mochi Pounding party Feb. 9.

Photo by Michiko Kamioka



USNH Yokosuka Optometry department, BM3 Anthony Dillon, "blocks" a lens blank to specifications, one step in making eyeglasses from scratch. This step occurs before the lens is edged down, fit into new frames and a final inspection is performed before given to the patient.

U.S. Navy photo by HM1 Michael Gideon



(Left) USS Blue Ridge (LCC 19) Commanding Officer Capt. David A. Lausman presents a check for \$25,000 to SH1(SW/AW) Derrek Robinson and SHSN Brent Ross Feb. 15, to be used toward the ship's Morale, Welfare, and Recreation (MWR) program. The funding for the check was provided by the ship's store operations and vending machine operations for the first quarter in fiscal year 2008.

U.S. Navy photo by MC2(SW) Peter D. Lawlor



Teachers discuss assessments during a recent inservice day at Yokosuka Middle School. The assessments will be used to determine if the school is meeting its new continuous school improvement goals. YMS new goals are for students to increase their performance in mathematics and language arts across the curriculum.

Photo by Dale N. Duncan Jr.

## Shunsetsu Festival



In Yokohama, Chinatown, the holiday spirit is in full swing with the Chinese New Year's celebration also known as the *Shunsetsu* Festival. The date of *Shunsetsu* varies from late January to early February, and is based on the lunar calendar. This year, *Shunsetsu* is celebrated Feb. 7 – 21. To celebrate, a Lion dance is performed and a countdown to the New Year is held from 11:30 p.m. to 12:30 a.m. on the Yokohama Chinese School playground. During the festival, tourists can enjoy the beautiful Chinese New Year decorations displayed throughout Chinatown and the sound of firecrackers going off in the streets. Visitors can watch the local Chinese dance team performing dances with a 40 meter long dragon along with the sounds of Chinese gongs and drums playing in the parade. Participants can be seen walking down the streets wearing colorful, ancient costumes that give the appearance of Chinese historical figures.

Photo by Kazuyuki Takagi