



Cultural Exchange program opens Japan to single female Sailors

Story and photo by MCSN Kari R. Bergman, Fleet Public Affairs Det., Japan

The Single Female Sailor Cultural Exchange program at Commander Fleet Activities Yokosuka (CFAY) provides a way for single female Sailors to get out and enjoy a chaperoned Japanese cultural experience for a day.

According to Midori Purdy, founder of the program and widow of the late George Purdy, founder of the Navy League in Japan, it has given single female Sailors a glimpse of Japanese culture for five years.

"I started this program in 2003 and we now have 12 Japanese ladies who volunteered to help keep the program going," said Purdy. "It's my way of giving back to the U.S. Navy for everything that it has given me."

According to Michael Crockett, liberty plan coordinator for the Single Sailor Spectrum lounge, single female Sailor cultural tours are offered monthly.

"We send out information to various command CMC's [Command Master Chief] for the two tours that we offer each month, looking for any female Sailors who is interested in participating," said Crockett.

"I really enjoyed going on the tour because the tour guide taught me so much about Japanese culture and the history of Japan," said Yeoman 2nd Class (SW/AW) Michele Saloga, a participant in the Single Female Sailor Cultural Exchange Program.

According to Purdy, each tour is intimate, as two single female Sailors are selected to spend the day with the

Japanese volunteers and experiencing the culture with attentive guides.

"We only ask for two ladies because it keeps the group small and more personalized and they get to bring a piece of Japan back with them to have a better understanding of the culture," said Purdy.

According to Crockett, the tours give female Sailors the opportunity to venture into the community, see the sites of Japan without fear of losing their way, which adds to the learning experience.

"A Japanese guide that goes out with you and explains everything – from how to use the train system to the culture and history," Saloga said. "So you get enjoy the day without having to worry about getting lost."

All the tours are different, because each Japanese volunteer plans respective outings, trying to expose Sailors to new and different Japanese experiences.

"The best part of the tour was the walk through "Sightseeing Bay Park", because Ms. Mori, the tour guide, talked to us about the significance of the different areas that we looked at," said Saloga. "Plus the entire day is paid for, so you don't have to worry about having money when you go on these tours."

"I definitely recommend participating in the tours because if you like to get out and see the area where you live, these tours help you do that and it's at no expense to you," said Saloga.

"These young ladies come all the way over here to Japan and I just want to contribute what I can, so they can have a better understanding between our two countries," said Purdy.



Ms. Yasuko Mori, a volunteer for the Single Female Sailor Cultural Exchange program, explains to YN2 Michele Saloga the different types of dishes used in Japanese homes.

NFL players visit CFAY, Kitty Hawk Sailors

By Sean Dath, CFAY Public Affairs

Three National Football League (NFL) players visited Commander Fleet Activities Yokosuka (CFAY) based Sailors and their families during a United Services Organization (USO) and Armed Forces Entertainment sponsored tour March 10.

Quarterback Drew Brees and tight end Billy Miller of the New Orleans Saints, as well as linebacker Donnie Edwards of the Kansas City Chiefs, signed posters and footballs, then posed for photos with hundreds of their fans at Yokosuka's Fleet Gym, USS Kitty Hawk (CV 63) and CFAY headquarters.

At the Fleet Gym, fans of the players stood in line for hours just for a chance to meet the NFL stars.

"It's really good that these guys took their time to come out here to Japan and show Sailors support," said Culinary Specialist 3rd Class Justin Holman of the guided-missile cruiser USS Shiloh (CG 67). "This is something they don't have to do, but they took time out of their busy schedules to come out and show their support."

After a tour of the Kitty Hawk, the players met with the members of Yokosuka Seahawks football team in front of CFAY headquarters. The players said they appreciated the opportunity to make the trip to Japan to meet with the Sailors.

"It's a real honor for us," said Edwards. "It's really nice to come to a different country and see our brave men and women that are defending our country and get up close and personal and just chit-chat with them."

"It's a great opportunity for us to show our appreciation," Miller added. "We came out to see them and say, 'thank you.'"

In 1966, the NFL joined forces with the USO, becoming the first sports organization to send a group of players to Vietnam and other locations in the Far East. The inaugural USO-NFL tour was comprised of future Pro Football Hall of Fame players Willie Davis of the Green Bay Packers, Frank Gifford and Sam Huff of the New York Giants and Johnny Unitas of the Baltimore Colts.



Lt. Cmdr. Tim J. Dewitt, acting chief staff officer at CFAY, Donnie Edwards of the National Football League's (NFL) Kansas City Chiefs, Billy Miller and Drew Brees of the New Orleans Saints pose for a photo with players from the Yokosuka Seahawks base football team March 10.

U.S. Navy photo by MC3 Bryan Reckard

"I think this is a really special thing that the USO and Armed Forces Entertainment does to provide us that opportunity to tell the troops how much we appreciate what they do for us," said Brees. "They're putting their lives on the line. Every time we have the opportunity to shake their hands and they tell us what big fans they are, we turn it right around and tell them we appreciate what they do for us."



司令官の相談室



Capt. Daniel L. Weed,
Commander,
Fleet Activities
Yokosuka



CMDCM Wayne E. Smith,
Command Master
Chief

Commissary Closure – The Yokosuka Commissary will be closed for inventory April 28-29 but will re-open for business with normal operating hours April 30.

Temporary Office Relocation – AIU Insurance, H&R Block, Girls Scouts and Stars and Stripes offices have been relocated to the first floor west wing of building J196 due to building renovation. Contact Lt. j.g. Hawkins at 243-6416 for more information.

Month of the Military Child – Fleet and Family Support Center (FFSC) is sponsoring an essay writing contest open to all school-age children of Commander Fleet Activities Yokosuka, Ikego and Negishi. Submissions can be a poem or a top 10 list on “What I like about being a Military Child.” A committee will select the best 1st, 2nd and 3rd place entries and prizes will be awarded. Entries must be received at FFSC by close of business April 4. Contact Steve Ancheta at 243-9623 or Robyn Wilson at 243-7878 for more information.

Survey says... – The city of Yokosuka is asking for your input to a series of questions on a survey to help better serve the Yokosuka base community. If you would like to participate in this survey, visit the Web site <http://ycci.sukaichi.jp/enquete/>.

YOSC Scholarship Opportunity – The Yokosuka Officer’s Spouse Club (YOSC) is offering scholarship opportunities to Kinnick High School seniors. Applications are available at the Guidance Counselor’s office. Deadline is March 28. Contact your guidance counselor for more information.

JN Dispensary – The Japanese dispensary will be temporarily relocated to a pre-engineered building fabricated behind the current dispensary building. Medical service is available at the PEB through July 31, while the existing dispensary is renovated.

日本人従業員診療所の改装工事が1月23日に始まる予定です。それにともない、診療所を仮設プレハブに移動して診療を続けることになっています。仮設プレハブは診療所の奥の空き地に設置し、1月23日～7月3日までの間プレハブでの診療を予定しています。

BZ: We wish to express our sincere appreciation for the above and beyond assistance given to our family by Sean and Asami Dath. Recently we traveled by bus from Negishi to Hinodecho, and after we exited the bus and it drove off, my wife realized she had left her purse on it. Her whole life was in that purse, credit cards, driver’s license, car keys, money, you name it. We had no idea how to go about getting her purse back

and thought it was probably lost for good. We continued to Yokosuka by train and onboard we met Sean and his wife Asami. After explaining our situation to them, Asami started making calls on her cell phone and soon found out the bus we had been on had not arrived at the terminal yet. She made arrangements for the bus company to check the bus for my wife’s purse and to call her if they found it and then she would call us. When we arrived home that evening there was a message on our phone from Asami saying the bus company was given my wife’s purse by a Japanese woman who didn’t want to leave the purse with the driver. She wanted to give it directly to my wife, Asami explained to her that we didn’t speak Japanese and she gave Asami her phone number to call her back to verify that the purse had been returned to my wife. We contacted her and she not only told us where the purse was, but she even volunteered to go and get it for us rather than risk us getting lost trying to find the place! The next day she picked up the purse and Sean met us and gave it back to my wife. You can’t imagine how relieved we were to get her purse back, especially with nothing missing from it. This couple went way out of their way to help us, using their cell phones and even driving to pick the purse up. We have never experienced this kind of caring and hospitality in a foreign country and it really made our family feel welcome and excited to be stationed here for the next several years. Thank you very much! Bravo Zulu!

BZ: Being a retired warrant officer I want to thank all those gate security personal who take the time to salute a retiree, because it’s not done by all. I and all retired officer’s appreciate their service, courtesy and professionalism. A salute rendered is a salute honored; we honor you as much as you honor us with that salute. BZ!

Q: What are the smoking restrictions

for Yokosuka City?

A: The shaded area on the map below outlines the No Smoking zone. The No Smoking zone extends from Route 16 at the beginning of Yokosuka Chuo Odori, or “Blue Street,” to Yokosuka Chuo station and includes two side streets that run parallel to “Blue Street” where the post office and police station are located. The zone is part a revised city ordinance created to make the area safer for pedestrians and to reduce the litter from cigarette butts.

Q: What phone number do we call if we are off base and need to report an emergency?

A: Ambulance: 119
Fire: 119
Police: 110
Base operator: (046) 816-1110

Q: Are open containers allowed off base?

A: Open containers are not allowed on public streets, sidewalks, parks, trains and vehicles. They are only authorized inside bars, restaurants and food courts that serve alcohol.

Q: Is there a Good Samaritan law in Japan and if so, what is it?

A: Yes, there is a Japanese civil law for emergency support that is equivalent but not exactly the same as U.S. law. Status of Forces Agreement sponsored personnel are encouraged to act whenever any medical assistance is required. In addition, contact the Regional Dispatch Control (RDC) at 243-5000 or 046-816-5000 for any emergency situation.

Q: What are the Blood Alcohol Content regulations for Japan both on and off base?

A: DWDI (Driving While Drinking Indicated) is 0.03 – 0.49 punishable by loss of driving privileges for 60 days. This does not include administrative and Non Judicial Punishment that could follow or Japanese prosecution. DUI (Driving Under the Influence) is

0.05 – 0.79 punishable by loss of driving privileges for one year. A letter of notification will be sent to the Department of Motor Vehicles (DMV) where your stateside license was issued. DWI (Driving While Intoxicated) is an amount greater than 0.08 punishable by loss of driving privileges for two years. A letter of notification will be sent to the DMV where your stateside license was issued.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and “Bravo Zulu” comments are greatly appreciated. Please address personal concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don’t get results, send an e-mail to yococorner@fe.navy.mil. We welcome your feedback, especially if it is of a general nature and can help others. The next “Commander’s Corner” live call-in show is tentatively scheduled for April 3. This is your opportunity to call in and speak with Commander, Fleet Activities, Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or e-mail: yococorner@fe.navy.mil.

**Commander Fleet Activities Yokosuka
Capt. Daniel L. Weed**

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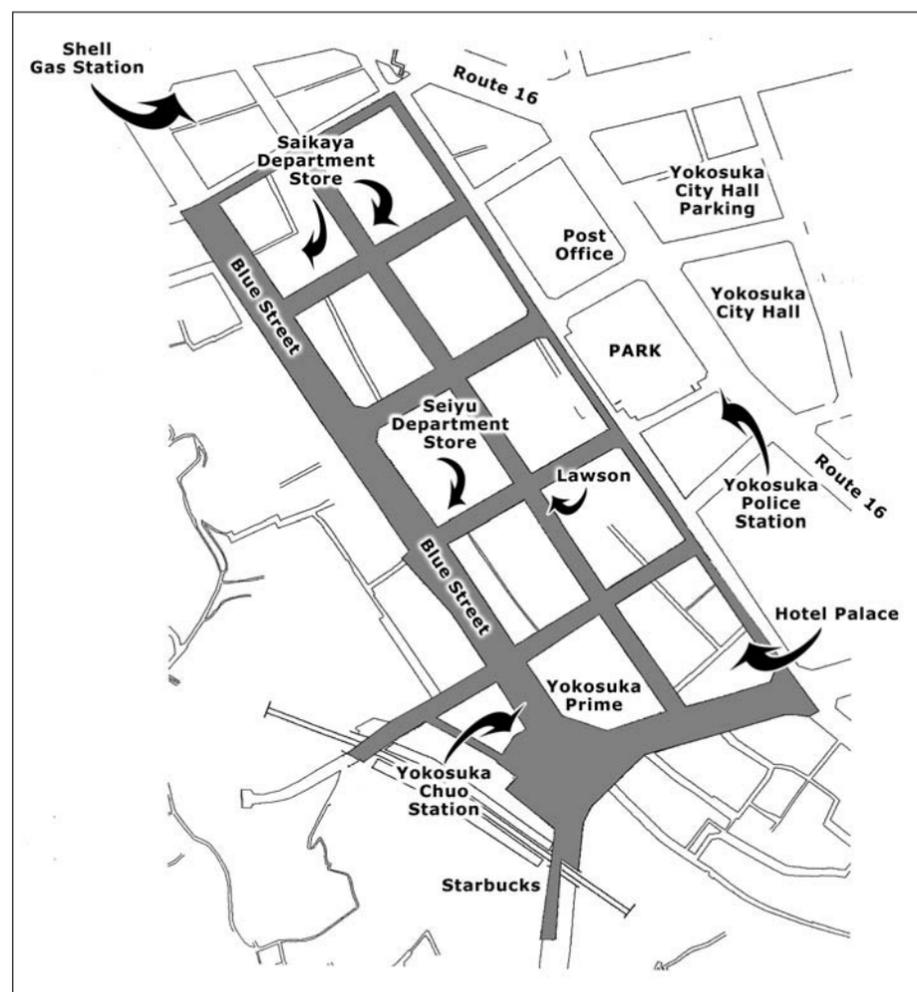
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John S. McCain rescues ROK fishing vessel crew members

By MC2 Byron C. Linder, Fleet Public Affairs Det., Japan

Sailors of Arleigh-Burke class guided missile destroyer *USS John S. McCain* (DDG 56) responded to a rescue and assistance emergency the morning of March 10 while the ship was conducting a combined exercise with the Republic of Korea (ROK).

At approximately 6:10 a.m., *John S. McCain's* bridge watch team observed a fire on a Republic of Korea-flagged ship on the horizon and in response, maneuvered towards the burning vessel.

Lt. j.g. Erik Roberts of Newark, Del., who was standing the officer of the deck watch, reported seeing thick black smoke billowing from the aft end of a ROK merchant vessel and a flashing white light coming from a lifeboat.

"I was watching the horizon, when I started to see a flashing white light. Suddenly, I saw a red flash that looked like an explosion followed by flares. I knew something had to be wrong," said Ensign Edward Valdez, a San Antonio native who was junior officer of the deck at the time.

"The port lookout got on the 'big-eyes' and confirmed there was a boat on fire," added Roberts, referring to a large set of binoculars on the bridge wing.

Upon observing a life raft drifting in the vicinity of the burning ship, *McCain's* rescue and assistance (R&A) detail departed the ship in a rigid hull inflatable boat and retrieved 11 crewmembers from the lifeboat. The crewmembers were then brought aboard *McCain*.

Following the rescue, several ROK vessels arrived on scene to extinguish the fire on the burning fishing vessel. *McCain* also had a firefighting team in place for contingency purposes. Damage Controlman 3rd Class (SW) Steven Galarza of Newark, N.J., said team training came together during the emergency.

"I've been aboard [*McCain*] for about two and a half years, and this was the first actual casualty I've experienced," Galarza said. "All our training really came through. We were in place and ready to help fight the other ship's casualty. Being forward-deployed, things are always happening and I think we train a lot harder."

The rescued ROK crewmembers were given an examination for injuries by Chief Hospital Corpsman (SW) Kevin Varner of Hillsboro, Ore., who was assisted by a Korean speaking member of the crew and a few ROK naval officers embarked.

"Before the patients came aboard, the ROK LNO's (liaison officers) we have aboard for the exercise were talking back and forth and asking about injuries," Varner said. "None of them said they were hurt and they were all moving around okay. We had Seaman Sung Kim of Incheon, Korea on the flight deck to welcome them aboard."

Varner explained teamwork and precise coordination are necessary following a rescue scenario.



Sailors from *USS John S. McCain* (DDG 56) assist sailors from Republic of Korea (ROK) commercial fishing vessel M/V Je 2 Bong Ho into a Rigid Hull Inflatable Boat March 10. The ROK sailors abandoned their vessel after it caught fire. *McCain* Sailors provided the ROK sailors food, beverages and blankets.

U.S. Navy photo by ISC(SW) Thomas Fischer

"On the mess decks, we got cots and blankets to wrap up the patient. They were obviously cold, and hypothermia was a concern," Varner said. "We had Gas Turbine System Technician - Electrical Fireman Jong Shin, a native of Seoul, on the mess decks helping to translate. The culinary specialists provided hot drinks and breakfast to maintain heat and we got them warmed up."

The rescued crewmembers were finally transported via small boat transfer to an ROK coast guard vessel. Cmdr. John S. Banigan, *McCain's* commanding officer, said his crew displayed dedication and professionalism.

"I was proud of how quickly and professionally the crew reacted. All mariners have duty to assist others in distress and as a U.S. Navy warship, we always stand ready to help individuals of any nationality who may be in need at sea," Banigan said. "Saving the lives of eleven fellow sailors was a great way to start the day."

USS Mustin prepares for training assessment certification

Story and photo by MC2 Derek J. Hurder, Fleet Public Affairs Det., Japan

Sailors aboard the Arleigh Burke-class guided-missile destroyer *USS Mustin* (DDG 89) prepared for an upcoming Unit Level Training Assessment-Certification (ULTRA-C) March 4, by spending three hours fighting simulated fires, flooding and personnel casualties during an integrated training team (ITT) scenario.

The scenario, which included simulated missile strikes, injuries and flooding spaces was the latest in a series of drills designed to test the crew's knowledge of damage control methods.

"ULTRA-C is part of our ship's training cycle," said Lt. j.g. Aubrey Young, damage control assistant. "Afloat Training Group (ATG) boards the ship and assesses the ship's training teams, programs, administration, drills and evolutions, to make sure the ship is running properly and everything is in accordance with Navy technical manuals."

Young said ATG assessors will examine various aspects of the ship's ability.

"They're going to look at all our programs and how the Damage Control Training Team runs their drills and how we run our administration as a whole."

ULTRA-C will end with a final ITT scenario similar to the ones the crew has practiced over the past few weeks.

"They are looking to stress all the watchstanders to their limits and see if the ship as a whole can take on a whole mass conflagration situation," Young said. "They want to see, if everything under the sun were to go wrong, would we be able to handle the situation."

The ship, which is currently on a scheduled underway, spent three weeks at sea

preparing for the assessment, Young said.

"We're running constant drills and making sure our administration is set from top to bottom."



GSM2 Phillip Hinds and DC3 Scott Edwards, onboard *USS Mustin* (DDG 89), don firefighting gear to investigate a casualty during an integrated training team scenario Feb. 28. The ship is preparing for an upcoming Unit-Level Training Assessment-Certification (ULTRA-C).

Personnel Specialist Seaman Recruit Cody Bender, who transferred to *Mustin* Feb. 7 with no formal damage control training, said the frequent drills have helped him learn quickly.

"The first few times, it was kind of tough to figure it out and get it all down, but three weeks later, I have it pretty much down pat," Bender said. "Coming to the ship, I really didn't have much knowledge as far as compartments, but being a phone talker, casualties are happening in those areas and you have to know where they are. It really helped me sort of map out the ship."

Young said he's seen many improvements since the training schedule began.

"I've seen improvements from everyone, including myself, the training teams, the watchstanders and the responders," Young said. "The biggest improvement I've seen is in the teamwork between repair lockers. Now that we've done it a few times, we're seeing that teamwork is what gets us through an extended drill like this."

Bender feels the rigorous schedule will pay off once ATG boards the ship.

"Three weeks ago, I wouldn't have been too confident with it," Bender said. "But now I know I can do my job and I know everyone in my repair locker can do their job as well. We should definitely do all right."

"Once ATG gets on board, we'll see how much all that preparation has paid off," Young said. "I think we're going to do just fine. I think *Mustin* is ready for it."

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Warfighter Workout prepares Yokosuka Sailors for IA duty

Story and photo by
MC2 Chantel M. Clayton,
Fleet Public Affairs Det., Japan

The Morale, Welfare and Recreation (MWR) Athletics Department at Commander Fleet Activities Yokosuka (CFAY) implemented a new workout program March 11.

Debbie Deutsch, MWR fitness director said her husband's individual Augmentee (IA) assignment inspired her

to create the "Warfighter Workout."

"My husband is serving an IA billet in Afghanistan and he's a very fit individual," Deutsch said. "When he went to Fort Jackson, he had a very difficult time there. They train for three weeks with a lot of gear on them, marching all day and doing different kinds of exercises- basically having to do the Army workout."

Deutsch created this class to ensure Sailors at Yokosuka are ready in case they are called to serve an IA tour.

"I think with the high number of IAs, it's becoming a regular occurrence for the Navy now," said Deutsch. "It's becoming crucial to get our Navy guys in warrior condition."

Deutsch's 45-minute class is held on Tuesdays and Thursdays and consists of various high-intensity exercises.

"On Tuesdays we will focus on speed work and strength, and then we will follow with endurance work on Thursdays," said Deutsch. "I'm working on getting them stronger, then building their stamina. We are helping to increase the endurance, strength, speed, agility, and reactionary time for all of our active duty members. It's going to incorporate a lot of interval work, circuit work, and endurance work, depending on the day and the size of the group we have."

Deutsch says this class can also be used as an alternative work out session for those who are participating in the fitness enhancement program (FEP).

"This class also gives those on FEP another option to the standard command PT they may be doing," she said.

Deutsch invites everyone on base to join her class, regardless of fitness level.

"This class is open to all active duty military members," she said. "Even if you have no intentions on doing an IA or if you're not in the FEP program, you are invited to join us. If spouses and civilians want to come they are more than welcome to join us, too."

Lt. Aaron Stanford of Afloat Training Group Western Pacific enjoyed the class



Lt. Aaron Stanford performs step-ups with a medicine ball during a "Warfighter Workout" class.

and what it had to offer.

"I had a great work out," said Stanford. "The key to fitness is pushing your body and to do different things to work different muscle groups, as well as work out at a higher intensity."

The Warfighter Workout class is held on Tuesdays and Thursdays, from 7 - 7:45 a.m., at the Purdy Fitness Center.



AGC Javier Saenz performs crunches with a body bar while participating in a "Warfighter Workout" class at Commander Fleet Activities Yokosuka. The class provides Sailors a high-intensity workout, preparing them for Individual Augmentee (IA) duty and the Navy physical fitness assessment.

Blue Ridge to host pre-deployment fair

By MC2(SW) Peter D. Lawlor, USS Blue Ridge Public Affairs

To ensure a successful underway evolution for the families of deployed crew members aboard USS Blue Ridge (LCC 19), the command has planned a pre-deployment fair April 10 to foster family readiness.

"The reason we're calling it a fair is because we are not going to bore people to death with power points," said Blue Ridge Chaplain, Lt. j.g. Steven Benefield who is organizing the event. "We're going to set up tables around the gym with representatives from COMPASS, American Red Cross, Blue Ridge's Family Readiness Group, the Fleet and Family Support Center (FFSC) and other support groups to educate the crew and their families about all the things they need to take care of before the ship's next long deployment."

According to Benefield, 28 support groups in all will be in attendance at the pre-deployment fair discussing topics such as when and where to make payments for Japanese road taxes and re-register their vehicle(s) on base, providing emergency contact numbers, and powers of attorney for special circumstances.

"We just want the spouses to be prepared when we leave," Benefield said. "We want to do all we can so the spouses feel comfortable and competent that when we leave they can take care of things at home."

Benefield said preparing for a long deployment with all of the command and various Yokosuka Naval Base support organizations' support could not be made

easier or more beneficial. "All the essential organizations on base will be in one place," said Benefield who began naming several of the groups that will be in attendance. "...And they are going to be providing information on exactly how they can help you. That is going to save you a lot of time in the long run by figuring out what resources are available to you and how they can benefit you as a spouse. It will also prevent you from wondering who you can call in the event of a crisis."

In addition to the valuable pre-deployment information disseminated at the fair, Sailors and their families will be able to take advantage of the health promotion fair being facilitated with the pre-deployment fair at the Thew Gym.

The event will be held at the Thew Gym at Yokosuka Naval Base during two different time periods. The first event will be from 11 a.m. to 3 p.m. and the second from 5 to 8 p.m. to accommodate both Sailors' and families' schedules. Barbecue style lunch and dinner will be served at each event respectively provided by the ship's Morale, Welfare and Recreation office.

To further encourage complete family participation there will also be play areas for children ages 2 to 5 and 5 and older.

Blue Ridge is commanded by Capt. David A. Lausman and serves under Commander, Expeditionary Strike Group (ESG) 7/Task Force (CTF) 76, the Navy's only forward-deployed amphibious force. Blue Ridge is the flagship for Commander, U.S. 7th Fleet. Task Force 76 is headquartered at White Beach Naval Facility, Okinawa, Japan, with an operating detachment in Sasebo, Japan.

日米親善よこすかスプリングフェスタ

横須賀市の春の風物詩「日米親善横須賀さくら祭り」が、「日米親善よこすかスプリングフェスタ」として装いも新たにリニューアル。普段は入ることができない米海軍横須賀基地が一部開放され、華やかな桜を愛でながら、アメリカンテイストに包まれたカントリーダンス&ミュージックやステージショー、音楽ライブをお楽しみいただけます。約30店舗のアメリカン屋台のボリュームたっぷりの食べ物も見逃せません。三笠公園、本町地区でもお楽しみイベント満載です。

日時：4月6日午前9時～午後5時（最終の入場は午後4時まで）

会場：米海軍横須賀基地、三笠公園、本町周辺

米海軍横須賀基地への入退場は三笠公園内ゲートより

イベント

- * 横須賀市長及び横須賀基地司令官挨拶などの式典（メインステージ）
- * 第七艦隊音楽隊ステージショー
- * 1日丸ごとカントリーダンス（キニック高校体育館）
- * この他にも楽しいイベントがめじろ押し！

注意事項

- * 基地内にはペット、危険物、ビン類の持ち込みはできません。
- * 基地への入場の際には手荷物検査があります。
- * 雨天の場合は中止します。
- * 当日の開催可否は7時以降に横須賀市コールセンター（046）822-2500にお問い合わせください。

北久里浜桜まつり

日時：3月29日～4月6日午前10時から午後5時まで（毎晩9時までちょうちん点灯）

会場：根岸交通公園（京急北久里浜駅から徒歩7分）

4月5日（土）、6日（日）共通：フリーマーケット、模擬店、つきたて餅の販売、甘酒無料サービス、ふあふあ、ビンゴゲーム、風船配付、各種ダンスの発表などがあります。

* 動物や危険物の持ち込み、バーベキューなど火気の使用はできません。ごみはお持ち帰りください。

第56回衣笠さくら祭り

日時：3月28日～4月8日

会場：衣笠公園（京急横須賀中央駅から三崎東岡・長井・大楠芦名口・横須賀市民病院行きバス約20分「衣笠公園」下車徒歩約10分。JR衣笠駅から徒歩約30分）

二千本を数えるさくらの名所として「日本のさくら名所百選」の一つに選ばれています。山頂展望台からは、大楠山越に富士山が、東京湾方面に海ホタル、ランドマークタワー、猿島、房総半島等が一望できます。期間中は舞踊り、吹奏楽演奏、フラダンス、その他行事を盛りだくさん用意。4月20日（日）午後1時から、衣笠商店街通り（衣笠十字路 大明寺）に於いて、三浦一党出陣武者行列も開催。

日本人従業員空席情報

職種名	等級	広報番号	募集範囲	締め切り
事務系				
予算分析職	6	CNFJ-NBRP-003-08	I,II	March 27, 2008
予算専門職	5	CNFJ-NBRP-002-08	I,II	March 27, 2008
技師職(電気)	7	FEC-PRY2-005-08(R)	I,II,III,IV	March 24, 2008
技師職(環境)	7	SRFJRC-098-07(R4)	I,II,III,IV	May 15, 2008
技師職(一般)	7	FEC-OPBDR-002-07(R2)	I,II,III,IV	March 21, 2008
技師職(一般)	7	SRFJRC-146-07(R2)	I,II,III,IV	May 7, 2008
技師職(機械)	7	FEC-PRY2-007-08(R)	I,II,III,IV	March 24, 2008
エンジニアリング専門職(一般)	5	SRFJRC-054-08(R)	I,II,III,IV	March 31, 2008
エンジニアリング専門職(船舶技師)	6	SRFJRC-92-06(UJF)(A2)	I,II,III,IV	空席広報参照
翻訳通訳職	5	NCTSFE-002-08	I,II,III,IV	March 25, 2008
法律顧問職	7	TSO-02-06(UJF)	I,II,III,IV	空席広報参照
儀礼専門職	5	SRFJRC-056-08	I,II,III,IV	March 21, 2008
購買・契約専門職	6	FEC-AQ-001-08(R)	I,II	March 25, 2008
倉庫事務職	4	SRFJRC-002-08(R)	I,II,III,IV	March 31, 2008
監督エンジニアリング専門職	7	FEC-PRY2-006-08(R)	I,II,III,IV	March 28, 2008
児童育成プログラム補助職	3	MIR-16-08	I,II,IV	April 2, 2008
事務職	3	MIR-14-08	I,II,IV	March 28, 2008
食堂支配人(交代勤務監督)	4	NEX-726-08	I,II,III,IV	March 27, 2008
技能系				
コック	5	CFAY-1100-03-08	I,II,IV	March 24, 2008
蒸気配送システム検査及び機械工	7	FEC-PRY32-002-008	I,II,III,IV	March 24, 2008
フォークリフト運転手・フォーマンA	7	NEX-735-08	I,II,III,IV	May 8, 2008
サービスワーカー	2	MIR-09-08(R)	I,II,IV	March 26, 2008
ウェ이터/ウェイトレス フォーマンA	3	MIR-06-08(R)	I,II,IV	April 21, 2008
保安系				
移動監視警備員	2	CFAY-1200-01-08	I,II,IV	March 24, 2008

横須賀基地及び周辺施設では日本人従業員を随時募集しています。事務職、専門職、技能職、消防士、警備員、サービス・飲食関係、常用雇用、期間限定、アルバイト等、様々な空席があります。

詳しくはHR0ホームページ(<http://hro.cnfj.navy.mil/>)、ジョブ・ホットライン (046) 816-9000(軍電243-9000)、または横須賀基地正門手前左、HR0日本人雇用課事務所(1階)掲示板をご覧ください。

Yokoso! AOB/ICR welcomes newcomers to Japan

By Dan Bowen,
CFAY Public Affairs

The Area Orientation Brief/Intercultural Relations (AOB/ICR) orientation welcomes approximately 300 people a month to life as a member of the Command Fleet Activities Yokosuka (CFAY) family every week from Tuesday to Friday at the Benny Decker Theater.

The demands and stresses of serving in the U.S. Navy, or supporting a Sailor as a dependant, are enough to keep anyone's hands full, whether at home or far away. But when that far away station is as dramatically different, diverse and dynamic as Yokosuka, Japan, it can be especially tough for new arrivals to get out, acclimate, and enjoy themselves. "With more than 11,000 U.S. military, 9,000 family members, 5,000 master labor contractors, over 80 tenant commands and ships visiting from countries all over the world, CFAY is truly a multi-national base," said CFAY Chief Staff Officer Cmdr. Jon Lundquist.

AOB introduces new arrivals to the major services available on the base and illuminates the added responsibilities of serving as guests of a host nation. It is vital that personnel here know their limits, and do not exceed them. "Whatever you say or do, it is going to represent Americans

everywhere," said CFAY Command Master Chief CMDCM (SW) Wayne Smith. "Strategies for success include learning Japanese customs and the language, participating in cultural events, and acting respectfully while out in the community." Smith also emphasized the need for individuals to identify mentors and accept the responsibility of engaging those around them in conversations that will help their shipmates and family members work through any issues that may arise. "We are striving for zero incidents," Smith said.

ICR provides newcomers a primer on navigating the culture, the trains and the Japanese language. "The ICR portion was awesome because I didn't know anything about Japan," said Sonar Technician (Surface) 3rd Class William Gillum who checked onboard the *USS Stethem* a month ago. "It is really interesting to be able to explore a new country and [ICR] definitely made it easier. [ICR] is probably the most important thing I've done here so far."

In addition to the area orientation and inter-cultural relations portions of AOB/ICR, a driver indoctrination course and the driver's license written test are offered and required for those who intend to drive in Japan.

New arrivals can register for the course at the Fleet and Family Support Center located on the second floor of the Personnel Support Detachment building. All recently arrived personnel are required to attend the orientation within a month of their arrival. This includes



adult family members as well.

For more information about AOB/ICR or any other programs and services FFSC Yokosuka offers, contact them at 243-6716/3372 or e-mail to ffscinfo@fe.navy.mil.

Plum blossoms in bloom: spring is just around the corner

Story and photo by Kazuyuki Takagi, CFAY Public Affairs

It's getting warmer and warmer these days. Spring is just around the corner. The sign of spring can be seen everywhere throughout Japan. Its sweet fragrance attracts people.

The Japanese people have long seen *Ume* or plum blossoms as an indication of spring. People enjoy viewing *Ume* blossoms from mid-February to mid-March, and then cherry or *Sakura* blossoms in April. Fortunately, there is a great place not far from the base to view *Ume* trees in bloom right now, at the Taura Ume Park.

To get there, go one stop from JR Yokosuka train station and get off at JR Taura train station. The park is a 20 minute walk from the station. You can also go to the Keikyu line's Taura station, which is a 30 minute walk to the park. This is the most extensive garden of *Ume* blossoms on the Miura Peninsula, boasting more than 2,700 *Ume* trees, including such varieties as *aojiku*, *shirokaga* white plum blossoms and *Yoro* red plum blossoms.



Many families and couples take time and enjoy viewing and smell the sweet fragrance of more than 2,700 *Ume* trees in Taura Ume Park, known as one of the best *Ume* viewing sites on the Miura Peninsula.

In 1934, approximately 700 *Ume* trees were planted in the park to commemorate the birth of the present Emperor. In addition to *Ume* trees, the plantings of daffodils, which bloom before the *Ume* blossoms, fill the air with their elegant fragrance.

There is no room for cars at the park; so walking is the only way to get there. But the excellent view that awaits you is worth the exercise.

On top of the mountain, a grass field spreads out in front of you where people spend their time relaxing, viewing the scenery of the sea and *Ume* blossoms, painting landscapes and enjoying time together with family and friends.

The park also features an observation tower. From the tower you can see Tokyo Bay, Yokohama Landmark Tower and Yokosuka base in the distance.

CFAY volunteers participate in Kannonzaki COMREL event



Dozens of volunteers from Commander Fleet Activities Yokosuka (CFAY) and Japanese citizens from the surrounding area participated in a beautification project to clean-up Kannonzaki Beach Mar. 8. The event was sponsored by the Fureai Volunteer Circle and was one of several community relations (COMREL) projects that occur throughout the year. According to Tuneo Kato, a volunteer from the Miura Fujisawa Shinkin Volunteer Circle, the beach clean-ups happen about four times a year at various beaches around the Miura Peninsula, and draws a large number of volunteers from various U.S. Navy commands. HN Jessica Chapin from the U.S. Naval Hospital Yokosuka said it felt good to get outside with the Japanese citizens and clean up the area where she lives. No stranger to community relations projects, this was Chapin's first beach clean-up. To learn more about upcoming volunteer opportunities, contact CFAY community relations specialist at 243-5077.

U.S. Navy photo by MC3 Bryan Reckard

2008 Road tax information

Road tax will be collected at the Fleet Theater, March 21, 24 - 25 from 9 a.m. - noon and 1 - 2:30 p.m. and April 3 - 4 from 9 a.m. - noon and 1 - 2:30 p.m. This service is also intended for Ikego residents. Road tax collection for those vehicles registered in Negishi will be at the MWR classroom, building 19045, in Negishi, April 10 - 11 from 9 - 11:30 a.m. and 12:30 - 2:30 p.m.

The amount of road tax to be paid depends on the type of vehicle, which can be determined by the number shown on the top of the license plate. The respective tax amount is as follows:

- 44Y, 400Y, and 56Y, 57Y, 58Y, 500Y, 529Y plates - 7,500 yen
- 33Y, 300Y, 329Y plates 4.5L and below - 19,000 yen and 22,000 yen for 4.6L and above.
- 11Y, 100Y plates - 32,000 yen

Affix base decals at the top center of the front windshield, next to the Japanese inspection sticker. The current Japanese inspection sticker, base decal and installation sticker should be the only decals affixed to the windshield. Contact the Vehicle Registration office at 243-5011/5896 for more information.

MWR Happenings

Morale, Welfare & Recreation • Yokosuka, Japan • March 21, 2008



Officers' Club BELATED ST. PATRICK'S DAY

Friday, March 21 at 1700 s

Start the luck of the Irish with our own celebration in the Kosano Dining Room. There will be good ol' Irish food and an authentic Irish band, Banshee in the Kitchen, direct from the states. For details call 243-5030 or 5002. Open to all hands!

Yokosuka Bowling Center



Friday-Saturday,
March 21-22
from 2400 (Friday)
to 0800 (Saturday)

Come and enjoy the most exciting month of the year in College sports. For one great price you can spend your early morning watching playoff games on the Big Screen. The admission price will include free coffee and a complimentary breakfast on Saturday morning. This will be a prepaid event only and subject to change depending on sign-ups. For more information, please call 243-5158.

Easter Egg Hunt

**Saturday, March 22 from 0900 to 1000
at Yokosuka Berkeley Field

Area Map



Areas are subject to change. Stay tuned to the Seahawk for possible changes. Please bring a basket for each child. In case of rain, event will be cancelled. For details call 241-2941.

Ages	TIME	LOCATION
0 to 2	0900	Field #3
3 to 4	0910	Main Softball Field
5 to 6	0920	Golf Area
7 to 8	0930	Field #3
9 to 12	0940	Main Softball Field



**The event date printed on the March Focus magazine is incorrect. We apologize for any inconvenience this may have caused.

More MWR Easter Specials

Easter Sunday Brunch @ Negishi All Hands' Club
Sunday, March 23, 0900-1500
Enjoy delicious items such as carved roast ham, omelet station, and more. Adults are \$10.95 and kids are \$5.

Easter BBQ @ Yokosuka Teen Center
Saturday, March 22, 1300-1800
Enjoy great food, music, egg hunt, and prizes. **FREE!**

Easter Brunch @ the CPO Club
Sunday, March 23, 0930-1400
An incredible spread with a live pianist. Giant Easter Bunny giveaway at 1400 (need not be present to win).

Easter Sunday Brunch @ the O'Club
Sunday, March 23, 0900-1330
Featuring a magician, balloon maker Will D. Seaview, animal impersonator, games, and live piano music.

Easter Sunday Bowling @ Yokosuka Bowling Center
Sunday, March 23, 1600-2015
A family of four can play for up to, two hours (shoes included). Kids under 12 receive an egg and a chance to win a prize. Grand prize of four tickets to Fuji Q offered. \$20 Special applies to families only.

Negishi Community Easter Egg Hunt
Sunday, March 23, 1030-1230
Enjoy games and a special visitor. Kids 12 and under can bring a basket and hunt for eggs and participate in our "Guess the Jelly Bean Contest". Winner announced at 1230.

Single Sailors' Easter Egg Hunt / Sunday, March 23 @ 1000 in the Spectrum Center
Remember the Easter egg hunts? It's still just as much fun. Find the eggs and stand a chance to win the grand prize



Outside the Gate



ITT Current Tours (April/May)

- Sign-up Now.

Fit Family Health and Wellness Week 2008 - ITT will offer a \$2 off per family member who sign-up for the tours between April 5 and April 12.



Saturday, April 5

Sankei-en Japanese Garden and
Yokohama Royal Wing Dinner Cruise \$92A/\$50J/\$20C/\$9I
Mt. Minobu Kuonji Temple Cherry Blossom
and Shirayuri Winery \$65A/\$43C/\$26I

Sunday, April 6

Kawasaki Fertility Festival \$21 for Adult only

Sunday thru Monday April 6 thru April 7

Universal Studios Japan Overnight SGL \$260A,
TWN \$230A/\$170C/\$68I or TRL \$220A/\$160C/\$68I

Monday, April 7

Fuji Safari Park \$68A/\$44C/\$25I

Tuesday, April 8

Tokyo Disneyland Amusement Park
\$76A/\$63J/\$52C/\$10I

Ikea Kohoku Shopping \$10A/\$5C

Wednesday, April 9

Tokyo Summerland Amusement Park \$63A/\$47J/\$40C/\$18I
Chiba Mother Farm and Strawberry Picking
\$47A/\$38J/\$24C/\$20I

Thursday, April 10

Tokyo DisneySEA Amusement Park
\$76A/\$63J/\$52C/\$10I

Thursday, April 10 thru Saturday, April 12

Kyoto Sightseeing Overnight
SGL \$535A, TWN \$405A/\$345C/\$100I or
TRL \$365A/\$310C/\$100I

Friday, April 11

Sanrio Puroland Amusement Park \$56A/\$49J/\$40C/\$12I

Saturday, April 12

Taiko Drum Festival at Narita San Temple \$39A/\$28C/\$20I

Sunday, April 13

Spa Resort "Hawaiians" with Lunch Buffet
\$79A/\$65J/\$55C/\$28I

Hakone Sightseeing with Open-Air Museum
\$71A/\$58J/\$44C/\$23I

New Sanno Sunday Brunch, Fukagawa Edo Museum and
Kiyosumi Japanese Garden \$49A/\$29C/\$12I

Thursday, April 17

Costco Kanazawa Seaside Shopping \$8A/\$4C

Saturday, April 19

Mt. Fuji East Area Sightseeing with
Kubota Itchiku Dye-art Museum \$58A/\$37C/\$24I
Joren Waterfall, Nanadaru Open-Air Hot Spring with
Seven Waterfalls \$67A/\$56J/\$45C/\$30I

Sunday, April 20

Hitsujiyama Moss Phlox park, Chichibu Festival Museum
and Nagatoro Riverboat Ride \$73A/\$46C/\$27I
Yunessun Hot Spring with Lunch Buffet \$60A/\$41C/\$17I
Experience of Bullet Train Ride, Gyoza Lunch, Parade Float
Museum and Strawberry Picking \$120A/\$84J/\$75C/\$25I

Saturday, April 26

Tokyo Sightseeing \$46A/\$34J/\$28C

Friday, May 23 thru Monday, May 26

Hiroshima, Kurashiki and Himeji Castle Overnight
SGL \$320A TWN \$300A/\$250C/\$93I
TRL \$285A/\$235C/\$93I

No tours from April 27 through May 6 due to Japanese holidays.

Future ITT Tours (May/June)

- Sign-up Will Start On Tuesday, April 1.

Saturday, May 10

Nikko Sightseeing \$78A/\$59J/\$50C/\$43I
Spa Resort "Hawaiians" with Lunch Buffet
\$79A/\$65J/\$55C/\$28I

Sunday, May 11

New Sanno Hotel Mother's Day Brunch and Odaiba
Entertainment and Shopping District \$52A/\$31C/\$20I
National Sport of Japan "Sumo" Tournament
\$68A/\$60C/\$19I

Tuesday, May 13

Ikea Kohoku Shopping \$10A/\$5C

Thursday, May 15

Costco Kanazawa Seaside Shopping \$8A/\$4C

Saturday, May 17

The 69th Annual Shimoda Black Ship Festival
\$56A/\$40C/\$28I

"Ukai" Japanese Ancient Cormorant Fishing and
Inuyama Castle \$100A/\$70C/\$44C

Sunday, May 18

Nikko Toshogu Shrine, Samurai Costume Parade Spring
Festival and Kinugawa Riverboat Ride \$76A/\$48C/\$39I
Tokyo Special Import Car Show 2008 \$45A/\$19C/\$12I

Saturday, May 24

Mt. Fuji East Area Spring/Summer Sightseeing with
Kubota Itchiku Dye-art Museum \$60A/\$39C/\$25I

Sunday, May 25

National Sport of Japan "Sumo" Tournament
\$68A/\$60C/\$19I
Tokyo Sightseeing \$46A/\$34J/\$28C

Monday, May 26

Tokyo Disneyland Amusement Park \$76A/\$63J/\$52C/\$10I
Tokyo DisneySEA Amusement Park \$76A/\$63J/\$52C/\$10I
Yunessun Hot Spring with Lunch Buffet \$60A/\$41C/\$17I

Saturday, May 31

Hakone Sightseeing with Open-air Museum
\$71A/\$58J/\$44C/\$23I
Noritake Square, China Pete's and Camp Zama Shopping
\$27A/\$19C/\$14I
Bullet Train Ride, Cable Car Ride and Kunozan Toshogu
Shrine with Japanese Lunch Buffet \$135A/\$78C/\$34I

Saturday, June 21 and Sunday, June 22

Takayama, Hida-no Sato Folklore Village and Inuyama
Castle Overnight Tour SGL \$305A,
TWN \$250A/\$205C/\$65I, TRL \$220A/\$175C/\$65I

Upcoming Events And Tickets Prices Will Be
Subject To Changes*

ITT Tickets

Attention Keikyu Passnet Users

Beginning March 15, all Keikyu train stations will no longer accept Passnet Cards. If you have an active card, please return it to the nearest Keikyu station for a refund on the balance of the card.

Discount Yunessun Hot Spring Tickets

ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until June 30, 2008.

Discount Hakkeijima Sea Paradise Tickets

Discount tickets for Hakkeijima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,600 for adults 16 years and older, ¥3,300 for juniors 6 - 15 years old and ¥1,900 for children 4 - 5 years old. Tickets are valid until March 31, 2008. *All rides in the park will be closed from January 15 - 25 for general maintenance.

Tokyo Disneyland and DisneySea Tickets

Did you know ITT sells tickets to Tokyo Disneyland and Tokyo DisneySea? Get yours today for only ¥5,800 for adults, ¥5,000 for juniors and ¥3,900 for children! *Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

Wiener Sangerknaben

Don't miss the Wiener Sangerknaben Boy's Choir of Vienna, Austria performing live at the Yokosuka Art Theater on April 27. ITT is now selling tickets for ¥5,200 (reserved seats). Children 6 years of age and younger cannot attend this concert.

Sumo Yokosuka Basho

Japan's national sport is coming to our own backyard for a one day tournament at Yokosuka Sogo Taikukaikan on April 6 and MWR can get you there! ITT is now selling tickets for ¥10,000 (S seats), ¥7,000 (A seats) and ¥3,500 (B seats). Gift sets can be purchased for an additional ¥3,500.

For details about any of the ITT events listed above, give them a call at 241-5056/5057.

Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about the Outdoor Recreation trips listed below, call 243-5732.

Outdoor Recreation

Intermediate Sea Kayaking in Yokohama, Kanagawa Prefecture

View the sakura (cherry blossoms) from the water with Outdoor Recreation on April 5! This trip will go in and around great sakura viewing sites, and is geared toward those with some kayaking experience who want to try something different. The cost is \$50 per person. There is a briefing for this trip on April 3 at 1700 in the Outdoor Recreation Center.

Beginner Rock Climbing at Kotakuji, Atsugi, Kanagawa Prefecture

Join Outdoor Recreation on April 5 as we head for the east side of Ooyama Quasi-national Park to enjoy the colors of spring as we climb this 40-meter high, beginner friendly big rock. The cost is \$40 per person.

Takamine MTB World at Takamine, Ibaragi Prefecture

Attention mountain bikers! Join us on April 6 as we enjoy an action packed day at Takamine MTB World. The cost is \$40 per person for transportation only. It will cost an additional ¥500 for a van ride to the summit of Mt. Takamine, and ¥2,000 for entrance into MTB world.

Beginner Day Hike at Kinubariyama in Zushi-Kamakura

On April 12, Outdoor Recreation is going hiking in nearby Kinubariyama. We will begin our hike near Nagoe Kiridoshi, which used to be one of the important entrances to the ancient capital. Kinubariyama has a spectacular view of Kamakura city, Sagami Bay and Mt. Fuji. After lunch, we will hike down for a visit at Houkokuji (Bamboo Temple). The walk will take approximately 3 to 4 hours. The cost is \$20 per person and includes admission to the temple.

Paintball

For a fun day of shooting your friends, Ikego's Paintball Paradise is open for walk-in play every Saturday and Sunday from 1000 to 1600. Open Play is \$20 for 1 day's field fees, air and basic rental package. The field is also available Monday thru Friday for birthday parties, command functions, team building or just a group of friends. Reservation fees include field fees, air, basic rental package and 200 ball. A 2-hour reservation is \$20 and a 4-hour reservation is \$36.

MWR Positions

Come join the MWR team!

Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

Club Operations

Lead Cook: NL-08, \$13.56/hr. CPO Club (1 RFT).
Food Service Supervisor: NF-03, \$11.47 - \$13.00/hr. Club Takemiya (1 RFT).
Night Operations Manager: NF-03, \$10.54/hr. Club Alliance (1 RFT).
Material Handler: NA-05, \$10.35/hr. O' Club (1 RFT).
Cook: NA-05, \$10.35/hr. Club Alliance (1 Flex), Food Court (1 RFT), Club Takemiya (2 RFT), CPO Club (1 RFT).
Food Service Worker: NA-03, \$8.96/hr. Food Court (5 RFT), Club Alliance (1 Flex), O' Club (2 RFT).
Waiter/Waitress: NA-03, \$8.96/hr. O' Club (1 RFT/8 Flex), CPO Club (1 RFT), Negishi (1 Flex), Club Takemiya (1 Flex).
Cashier: NF-01, \$7.50 - \$9.50/hr (DOE). CPO Club (2 RFT), O' Club (1 Flex).
Club Operations Assistant: NF-02, \$8.39/hr. CPO Club (3 Flex), O' Club (1 Flex).
ID Checker/Security: NF-01, \$6.70/hr. Club Alliance (7 Flex).

Support Activities

Air Conditioning Equipment Mechanic: NA-08, \$12.32/hr. Maintenance (1 RFT).
Electrician: NA-08, \$12.32/hr. Maintenance (1 RFT).
Accounting Technician: NF-02, \$8.39/hr. Finance (2 RFT).

Child Development Programs

Cook: NA-04, \$9.96/hr. Main CDC (1 RFT).
Program Assistant: GSE-02, \$9.50/hr. Ikego (5 Flex), Main (5 Flex), Negishi (2 Flex), Hourly (1 Flex).

Community Activities

Supervisory Rec Specialist: NF-03, \$22,000 - \$25,000/annum. Community Center (1 RFT).
Recreation Assistant: NF-02, \$9.50/hr. Youth Center - Yokosuka (3 Flex), Ikego Teen Center (1 Flex).
Food Service Worker: NA-03, \$8.96/hr. Bowling Center (1 RFT).
Recreation Assistant: NF-02, \$8.39/hr. Wood Hobby Shop (1 RFT/2 Flex), Youth Sports (1 Flex), Community Center (1 RFT/2 Flex).
Recreation Aide: NF-01, \$7.25/hr. Bowling Center (5 Flex).
Cashier: NF-01, \$6.50/hr. Bowling Center Snack Bar (1 RFT/1 Flex).

Recreation

Food Service Worker: NA-03, \$8.96/hr. Theater (2 Flex).
Recreation Assistant: NF-02, \$8.39/hr. Rentals - Customer Service (1 RFT/2 Flex), Special Events (1 Flex).
Duty Manager: NF-02, \$8.39/hr. Theater (2 Flex).
Ticket Seller: NF-01, \$5.85/hr. Theater (1 Flex).

Athletics

Recreation Assistant: NF-02, \$8.39/hr. Adult Sports (1 Flex).
Duty Manager: NF-02, \$8.39/hr. Athletics (1 RFT/1 Flex).
Clerk Typist: NF-01, \$7.30/hr. Athletics (1 RPT).
Gear Issue Attendant: NF-01, \$6.50/hr. Athletics (2 Flex).
Swim Instructor: NF-02, \$10.00/hr. Aquatics (10 Flex).
Head Lifeguard: NF-02, \$9.50/hr. Aquatics (1 RFT/1 Flex).
Swim Instructor/Lead Lifeguard: NF-02, \$8.39/hr. Aquatics (1 RFT).
Lifeguard: NF-01, \$6.65/hr. Aquatics (8 Flex).

*Due to publishing timelines, some jobs listed may not be available. For the most up-to-date listing check out www.cfay.navy.mil/mwr

Benny Decker Theater

Friday, March 21
 1730 Meet the Spartans PG13
 2030 Meet the Spartans PG13
Saturday, March 22
 1300 The Pirates Who Don't Do Anything G
 1730 Meet the Spartans PG13
 2030 Cloverfield PG13
Sunday, March 23
 1300 The Pirates Who Don't Do Anything G
 1730 27 Dresses PG13
 2030 Meet the Spartans PG13
Monday, March 24
 1730 10,000 B.C. PG13
 2030 Meet the Spartans PG13

Tuesday, March 25 \$1 Movie Night
 1730 The Pirates Who Don't Do Anything G
 2030 27 Dresses PG13
Wednesday, March 26
 1730 10,000 B.C. PG13
 2030 Juno PG13
Thursday, March 27
 1730 Meet the Spartans PG13
 2030 Mad Money PG13
Friday, March 28
 1730 The Eye PG13
 2030 Meet the Spartans PG13

Fleet Theater

Friday, March 21
 1800 Rambo R
 2100 There Will Be Blood R
 0030 Rambo R
Saturday, March 22
 1800 There Will Be Blood R
 2130 Rambo R
 0030 Mad Money PG13
Sunday, March 23
 1800 Rambo R
 2100 There Will Be Blood R
Monday, March 24
 1800 Semi-Pro R
 2100 Rambo R

Tuesday, March 25 \$1 Movie Night
 1800 Semi-Pro R
 2100 Vantage Point PG13
Wednesday, March 26
 1800 There Will Be Blood R
 2130 Rambo R
Thursday, March 27
 1800 10,000 B.C. PG13
 2100 Semi-Pro R
Friday, March 28
 1800 Untraceable R
 2100 Rambo R
 2400 Untraceable R

Negishi Theater

Friday, March 21
 1900 Semi-Pro R
Saturday, March 22
 1300 10,000 B.C. PG13
 1900 Juno PG13

Sunday, March 23
 1300 10,000 B.C. PG13



The Eye
Cast: Jessica Alba, Alessandro Nivola, Parker Posey, Cloe Grace Moretz
Synopsis: Sydney Wells is an accomplished concert violinist who has been blind since a childhood tragedy. Sydney undergoes a double corneal transplant, and her sight is restored. Happiness is short-lived as unexplainable shadowy and frightening images haunt her. Are they a passing aftermath of her surgery, Sydney's mind adjusting to sight, or something horrifyingly real? As her family and friends begin to doubt her sanity, Sydney is soon convinced that her anonymous eye donor has somehow opened the door to a terrifying world only she can now see.



Untraceable
Cast: Diane Lane, Billy Burke, Colin Hanks, Joseph Cross, Mary Beth Hurt
Synopsis: Within the FBI, there exists a division dedicated to investigating and prosecuting criminals on the internet. A tech-savvy internet predator is displaying his graphic murders on his own website—and the fate of each of his tormented captives is left in the hands of the public: the more hits his site gets, the faster his victims die. The game of cat and mouse becomes personal, as Marsh and her team race against the clock to track down this technical mastermind who is virtually untraceable.



Rambo
Cast: Sylvester Stallone, Julie Benz, Paul Schulze, Matthew Marsden
Synopsis: John Rambo has retreated to northern Thailand, living a solitary and peaceful life in the mountains and jungles. A group of human rights missionaries search him out and ask him to guide them into Burma to deliver medical supplies. When the aid workers are captured by the Burmese army, Rambo decides to venture alone into the war zone to rescue them.



There Will Be Blood
Cast: Daniel Day-Lewis, Mary Elizabeth Mastrantonio, Paul Dano, Dillon Frasier
Synopsis: Daniel Plainview is a charismatic and ruthless oil prospector, driven to succeed by his intense hatred of others and psychological need to see any and all competitors fail. When he learns of oil-rich land in California that can be bought cheaply, he moves his operation there and begins manipulating and exploiting the local landowners into selling him their property.



27 Dresses
Cast: Katherine Heigl, James Marsden, Edward Burns, Malin Akerman
Synopsis: Jane is idealistic, romantic and completely selfless—a perennial bridesmaid whose own happy ending is nowhere in sight. But when younger sister Tess captures the heart of Jane's boss—with whom she is secretly in love—Jane begins to reexamine her "always-a-bridesmaid..." lifestyle.



10,000 B.C.
Cast: Steven Strait, Camilla Belle, Giff Curtis, Omar Sharif
Synopsis: A young hunter is forced to lead a small group of hunters to pursue a band of mysterious warlords to the end of the world to save the girl he loves.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theater privileges of violators will be terminated. Violators may be subject to criminal prosecution. For the most up-to-date movie information call 243-6703. Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.04E, ENCL. 33, PARA 3E(3).

CPO Club

Open to all hands
Every Thursday!

BINGO

Our last month to try our FREE red white and blue triple sevens game and win free money! Why not try our colored boxes.....More fun than ever at our CPO Bingo!!
Bingo starts at 1900 • Cards go on sale at 1700.
Bingo package cost is \$15
Over \$4,800 in prizes nightly guaranteed, with a chance to win \$5,000 and \$10,000 EVERY night! Over \$21,000 available to go out each session! For more information call the CPO Club at 243-5506.

Sumo Challenge

Tuesday, March 25
at 1900 in the
Spectrum Center

Take the challenge and see what it's like to be one of the big guys on the block! Prizes for 1st and 2nd place.
For more information, please call 243-7346.



Club alliance
Daily in March
Fries and Toppings for only 25¢

Order any small pizza at Italian Gardens and each additional topping is only a quarter! In C-Street Grille, purchase any burger, sandwich or wrap, and get a side of fries for only a quarter! Call 241-3785/243-5985.

OFFICERS' CLUB RENOVATIONS



Monday, March 31 to Mid-July (Tentative)

Kurofune Lounge, the Game Room, and Main Cashier Cage will be open. Administration and Catering Offices will be open for inquiries and booking future reservations or parties. We apologize for any inconvenience. For details, please call 243-5030/5002.

CHILD WATCH PROGRAM AT PURDY FITNESS CENTER

Let us watch your children while you work out! We now offer the option on Mondays, Wednesdays & Fridays from 0900 to 1215. The cost is \$3/1.5 hour session. For details please call 243-5398.

Negishi Friendship Day Festival 2008 根岸米軍基地 基地開放日

Saturday, April 19 2008 from 1300 to 2000
Negishi Navy Base (Community Support Complex Parking Lot)

4月19日2008年(土曜日)午後1時-午後8時
雨天:4月20日 同時刻開催

**Open
Base**

For details call MWR Program
Office at 242-4120

Rain Plan: Sunday, April 20 from 1300 to 2000



Knowledge about diabetes: an important aspect of your healthcare

By Lt. j.g. Tawne O'Connor,
USNH Yokosuka

Although the term "diabetes mellitus" may be new to some, more than seven percent of the adult population has been diagnosed with the disease. There is a real chance that someone you know or love has been diagnosed with diabetes. Education is a vital aspect of individual health, and expanding your knowledge about diabetes can be an important aspect of your healthcare.

There are two classifications of diabetes, Type I and Type II; but, what are they and what do they mean?

A discussion about insulin would be a good place to start. Insulin is a hormone made by the pancreas that helps the body transport sugar from the blood stream to the individual cells to break down food for energy. Type I diabetes is usually found in children or young adults, and results in the body's inability to produce insulin. Type I is often controlled by insulin injections.

Type II diabetes is found more often in older adults. It occurs when the body's tissue becomes resistant to insulin, or when the pancreas produces insufficient amounts of insulin. Type II often can be controlled by oral medications that increase the body's sensitivity to insulin. A patient is at higher risk for developing diabetes if other factors are present: high blood pressure, high cholesterol, overweight or family members with diabetes.

People who develop diabetes may have the following symptoms: the frequent need to go to the bathroom, excessive thirst, blurred vision, tiredness and weight loss; however, most people with type II diabetes do not have any symptoms and feel well. A

Primary Care Manager (PCM) can order a few simple tests to determine if pre-diabetes or diabetes exists.

A fasting blood glucose test measures the amount of sugar in the blood after fasting for eight to 12 hours. This is the preferred method of testing for diabetes. After the diagnosis of diabetes is made, long-term sugar control is monitored with a test called Hemoglobin A1C (HgbA1c). HgbA1c measures the average amount of sugar in the blood over the past two months, but is generally reserved for patients previously diagnosed with diabetes.

Management of diabetes is best done by using a combination of methods. Modifications to daily diet, exercise and insulin management give a patient the power to control diabetes. U.S. Naval Hospital (USNH) Yokosuka has a professional diabetic teacher to educate and help individuals meet their diabetic needs. A nutritionist is also available to assist with making diet changes. Working with these specialists and a PCM can make diabetes a manageable disease.

In addition to diet and exercise, it is also important to work with a PCM to monitor diabetes. Yearly eye exams, foot exams and lab tests are important to monitor diabetes control and for complications. Uncontrolled diabetes can lead to heart disease, eye, kidney and nerve complications.

Make an appointment to see your PCM if you think you may have diabetes, as early diagnosis is key to reducing complications down the road. More information on diabetes can also be found at the American Diabetes Association Web site at www.diabetes.org.

Navy College office Frequently Asked Questions

Dear Navy College,

I came to the Navy College Office last week to sign up for an ACT exam. It's vital for me to take it soon, or the scores will not arrive in time to include in my Seaman to Admiral 21 package. I was told by the NCO staff that all DANTES testing has been suspended until further notice. This directly impacts my ability to apply for this competitive program. What other options do I have?

Dear Sailor,

You are correct, DANTES (Defense Activity for Non-traditional Education) has suspended all paper based DANTES exams at U.S. Navy commands. This suspension was due to a loss of control of paper-based exams by Navy administrators aboard several Navy ships/installations. The suspension will remain in effect until the completion of an investigation, which includes a Navy-wide inventory of all DANTES-sponsored academic tests. During the period of the suspension, we will not be able to provide paper based testing services, ashore or afloat. Suspended DANTES paper-based tests include: General Education Development (GED), American College Test (ACT) placement exam, SAT reasoning test, DANTES subject standardized test (DSST), College Level Examination Program (CLEP), Excelsior College Examination (ECE), Law School Admission Test (LSAT), PRAXIS Pre-Professional Skills tests, and Graduate Record Subject Exam (GRE). Please note that although the local Navy College Office (NCO) cannot currently test you, University of Maryland University College (UMUC) provides computer based CLEP and Dantes Standard Subject Tests, (DSST). To schedule with UMUC, please call 243-4613.

As always, please feel free to forward your education related inquiries to: jones.jamilah@cfay.navy.mil or contact the Navy College Office at 243-8131.

NAVSUP commander, chief of supply corps visits FISC

by Sam Samuelson,
FISC Marketing and Communications Director

U.S. Fleet and Industrial Supply Center (FISC), Yokosuka, hosted commander, Naval Supply Systems Command (NAVSUP) and Chief of Supply Corps Rear Adm. Alan Thompson, for a tour of FISC Yokosuka and other area logistics based locations.

The visit coincided with this year's Kanto Plain area Supply Corps Ball, at which Thompson was the highlighted guest speaker.

Headquartered at NAVSUP in Mechanicsburg, Pa.,

Thompson's visit to Japan was the first in his capacity as NAVSUP commander, and timed to permit him the opportunity to personally see the recently aligned, "operationalized" FISC, with a greater area of responsibility now spanning the western Pacific.

In addition, FISC Yokosuka arranged area tours that included an opportunity for Thompson to meet with key Japan Maritime Self-Defense Force (JMSDF) counterparts in Tokyo, including the Commander, Maritime Materiel Command, Vice Admiral Yoshinori Kawano; and the Director General of Logistics Department, Rear Admiral Hiroji Miyaura with the Maritime Staff Office (MSO).

Area tours also included logistics visits to both the *USS Kitty Hawk* (CV 63) and Defense Distribution Center Yokosuka, Japan (DDYJ).

During presentations at FISC Yokosuka, Commanding Officer Captain Andy Benson and more than 25 key command leaders presented a strategic-level presentation of the new FISC Yokosuka enterprise.

"We believe we've truly adapted to our new role – changing from a Japan-centric FISC to a full, regional western Pacific FISC enterprise," said Benson.



(Left) Chief of the Supply Corps, Rear Adm. Alan Thompson speaks with U.S. Fleet and Industrial Supply Center (FISC) Yokosuka Commanding Officer Capt. Andy Benson during a briefing of the new functionally aligned FISC.

Photo by Tim Shannon

Thompson said during the presentation that he saw both opportunities and valuable lessons to be gained in both efficiencies and effectiveness with an "operationalized" structure.

"I see a clear strategy," he said.

Later, Thompson completed his visit touring local FISC Yokosuka facilities, and then visited all the offices throughout the headquarters building to meet and greet employees.

Thompson expressed his appreciation for all FISC Yokosuka's employees throughout the enterprise as, "a really great, very capable team."

Benson agreed.

"Well, I have to say, I'm proud and humbled to work with such a great team. It's a great privilege," he said."



(Left) Commander, Naval Supply Systems Command Rear Adm. Alan Thompson is briefed on the organizational layout of the FISC Contracting Office by Cmdr. Steph Armstrong.

Photo by Yohsuke Onda

FISC/JMSDF cooperative relationship strengthened through logistics training

By Tim Shannon, CFAY Public Affairs

Six Japan Maritime Self-Defense Force (JMSDF) personnel completed a week-long training course in logistics at U.S. Fleet and Industrial Supply Center (FISC) Yokosuka, March 7.

The training course consisted of tours to various FISC sites within the local area, and departmental briefs, given in Japanese, by FISC master labor contractors (MLC).

The purpose of the course was to provide further training for the JMSDF officers on logistics and to build upon the cooperative relationship shared between the JMSDF and FISC.

"It is important to have continuous communication through information exchange to keep and improve our friendship and our support of our joint mission," said FISC Industrial Support Department Deputy Director Nobuya Shimura.

The four JMSDF officers and two civilians also learned about facets of FISC that they don't have in the JMSDF.

"The way household goods are shipped between the U.S. Navy and the JMSDF is totally different for a permanent change of station (PCS) move," said FISC Personal Property Shipping Office counselor, Akira Yamamoto. "They [JMSDF personnel and their families] have to arrange their PCS move from their current duty station to the next by themselves. But, we support all shipments for our [DoD sponsored] customers and determine the shipping company at the origin and destination of the move, the date of the pack-out and delivery, and occasionally, the shipping of a vehicle, all at the government's expense. I think they were surprised about that."

The JMSDF group also toured FISC's Hakozaiki Fuel Terminal, where Masami Minami provided a departmental brief on the Area of Responsibility (AOR) and mission of FISC's fuel department and described how fuel is managed under the Defense Logistics Agency (DLA) and Defense Energy Support Center (DESC). They were also given a tour and briefing of the Hazardous Material Minimization Center (HAZMINCEN) by Thevepharkhorn "Ed" Malyvong.

"I had the opportunity to visit your HAZMINCEN today and really enjoyed it," said JMSDF Lt.j.g. Takahiro Saito. "I learned through this class that the United States Navy has many functions that the JMSDF does not have and that there are quite a few differences between the U.S. Navy and the JMSDF. I am also very amazed that FISC covers such a vast AOR."



Japan Maritime Self-Defense Force Lt. Cmdr. Makoto Yamashita takes notes as Misami Minami gives a presentation on the scope and mission of U.S. Fleet and Industrial Supply Center's fuel department.

Photo by Yohsuke Onda

NAVSUP



FISC Yokosuka's SK2(AW/SW) Juliver Kintz - A.K.A Petty Officer 'Did you know?' - assists a customer at FISC's SMARTWEBMOVE work center.

FISC's Petty Officer 'Did You Know?' asks...

Did you know....

...that the Personal Property Shipping office is temporarily extending their hours of operation?

The extension is intended to aid *USS Kitty Hawk's* (CV-63) single Sailors who may not have the opportunity to schedule their pack-out or talk to a PPSO representative during normal working hours. On the following Saturdays, the Personal Property Shipping Office will be open for business from 8 a.m. to 4 p.m.:

April 5
April 12

May 17
May 24

For more information regarding personal property and household goods, please call one of the following numbers:

Inbound Personal Property:	243-5426
Outbound Personal Property:	243-7062
Quality Control:	243-6324

SRF-JRMC introduces environmental management system

Story and photos by Keiichi Adachi,
CFAY Public Affairs

Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) met an important Strategic Plan 2008 Tactical Goal (TG) deliverable recently by providing training for the implementation of its Environmental Management System (EMS).

The Environmental office introduced EMS to all employees as the result of Presidential Executive Order 13148, "Greening the Government through Leadership in Environmental Management." This order mandates each federal agency including the Department of Defense to implement an EMS. In addition, the Department of the Navy Implementation Policy and Self-Declaration Protocol of March 8, 2005, requires that Navy installations to have a fully functioning EMS by the end of fiscal year 2009.

According to Christine Ricafrente, an Environmental Engineering Technician who leads parts of the EMS training – an EMS is the part of an organization's overall management system that integrates environmental concerns and issues in the organization's management processes. An EMS addresses organizational structure, planning activities, responsibilities, practices, procedures, processes and resources for developing, implementing, achieving, reviewing and maintaining environmental policy.

Ricafrente also stated that an EMS enables an organization of any size or type to control the impact of its activities, products or services on the natural environment, allowing it to not only achieve and maintain compliance with current environmental requirements, but to recognize and proactively manage future issues that might impact mission sustainability.

According to the monthly newsletter issued by the Environmental office, their goal is to implement an EMS program to ensure continuous improvement in Environmental Compliance and Pollution Prevention. As part of EMS implementation, members develop and

implement bilingual EMS awareness training for all production and production support personnel; identify and document SRF-JRMC significant practices, aspects and impacts to the environment; develop objectives and targets for reducing environmental impacts and supporting mission priorities; develop an EMS manual to ensure the most accurate data is displayed; conduct workforce training to ensure individual competence and responsibility to assure attainment of targets and goals; develop a management review procedures; and conduct one internal assessment and management review this year.

The Environmental Office provided computer-based EMS awareness training in English and Japanese to all SRF-JRMC Yokosuka and Sasebo personnel. They also provided classroom EMS awareness training to all Japanese workers without computer access.

"In-depth training on how to plan and implement EMS Implementation training was given to the SRF-JRMC EMS Implementation Team, the TG-1 Technical Compliance EMS Process Action Team, the TG-1 sponsors, the group masters, and all shop and code hazardous waste coordinators. All of these groups make up the SRF-JRMC team who will play the largest role in implementing an effective and dynamic EMS program at SRF-JRMC," said Ricafrente.

The EMS awareness training is designed to allow individuals to build the foundation for SRF-JRMC EMS program in accordance with the Navy Standard. It will also help employees identify and eliminate waste through continuous improvements or "Lean" events.

One recent Lean event was held by the Marine Internal Combustion Engine Shop. They wanted to improve and/or eliminate an environmental issue with freon gas-related work processes. The shop used to clean centrifugal refrigeration systems on board naval ships using a freon gas called R-113, which is a banned item in Japan due to air pollution and its adverse effects on humans. According to Naval Ships' Technical Manual Chapter 516, "the U.S. Navy discourages



Hazardous waste coordinators from various SRF-JRMC codes and shops attend the Japanese Environmental Management System (EMS) awareness training. SRF-JRMCの様々な部署の危険廃棄物調整者が日本語のEMS意識向上トレーニングを受講している。

the use of R-113 because of lost time and high safety costs associated with its use." As a result of the Lean event, the shop eliminated 35 freon gas drums by returning the drums, using the proper procedures, to the U.S. Fleet and Industrial Supply Center Yokosuka, a supply chain of the U.S. Navy. The shop will no longer clean centrifugal refrigeration systems with the banned freon gas. Disposing of the 35 drums also aided in the recovery of an additional 588 square feet of space.

The Environmental Office explained that an EMS is not another environmental program – but a whole new approach to environmental management. It is a management tool that provides a roadmap for improving existing environmental programs and for controlling the environmental impact of its activities, products and services, to continually improving its environmental performance, and to committing to sustainable development as a strategic objective. "One of the most critical steps in the planning process is gaining top management's commitment to support EMS development and implementation," said Ricafrente.

SRF-JRMC、環境管理システム(EMS)を導入

文・写真:安達慶一、CFAY広報課

環境管理システム(EMS)の構築に向けたトレーニングの提供により、このほど艦船修理廠及び日本地区造修統括本部(SRF-JRMC)は、2008年度戦略計画の重要な実務ゴール達成課題の一つを達成した。

大統領命令13148号「環境管理のリーダーシップによる環境保護政策の実施」を受けて、環境室はEMSを導入した。この命令書は国防総省(DOD)を含む各連邦政府機関がEMSを遂行することを義務づけている。更に2005年3月8日付の海軍実施方針と自己宣言議定書では、海軍施設において、基準を十分満たすEMSの実施を2009年会計年度末までに完了するように定めている。

EMSトレーニングを主導する環境技術士のクリスティーン・リカフランテさんによると、EMSとは組織の管理プロセスにおいて環境的関心事や問題の一体化を図る組織の総合的な管理システムの一部である。又、EMSは組織の構造、計画活動、義務、実践、手順、プロセス、発展する



Participants of the Environment Management System (EMS) English awareness training ask questions about electrical gilding systems in the SRF-JRMC Electrical shop, while Christine Ricafrente, environmental engineering technician, jots down the instructor's advice during the on-site training.

実地トレーニングで環境技術士のクリスティーン・リカフランテさんは、インストラクターのアドバイスをメモするなか、英語によるEMS意識向上トレーニングの参加者が電気工場でメッキ業務について質問する。

ための資料、実行、達成、見直しと環境方針の維持などに取り組むことに及んでいる。

EMSはあらゆる規模、形態の組織が、自然環境において活動、製品もしくはサービスに対する影響を抑制し、現在の環境的必要条件における遵守事項の達成や維持だけでなく、組織の使命の持続可能性に影響を及ぼしかねない将来の問題点を認識し積極的な管理を促すとも、リカフランテさんは語った。

環境室が発行する月会報には環境室の目標として、EMSプログラムを実施し環境保護における規則の遵守及び公害防止の継続的な向上に尽力すること。EMSの実施の一環として、1. 造修及び造修支援従業員すべてを対象に、英語・日本語の各EMS意識向上トレーニングの準備と実施、2. SRF-JRMCにおける、環境保護に対する重要な実務、側面、及び影響の特定ならびに文書化、3. 環境への影響の軽減ならびに優先任務への支援についての目標の確立、4. 最新かつ正確なデータが示されたEMS手引書の作成、5. 目標達成を実現するために、従業員の技能ならびに責任能力向上を目的としたトレーニングを実施、6. 管理見直し手順の確立、7. 内部査定及び管理見直しの年内実施が記されている。

環境室はインターネットを介して英語と日本語のEMS意識向上トレーニングを佐世保分所を含め全てのSRF-JRMCの従業員に提供し、更にコンピューターへのアクセスがない全ての日本人従業員にEMS意識向上トレーニングの講習会を提供している。

「SRF-JRMCのEMS達成チーム、実務ゴール1、技術規定の遵守を目標とするEMSプロセスアクションチーム、実務ゴール1の担当指導者、工場グループマスターと全部署の危険廃棄物調整者はEMS達成トレーニングをどの様に計画し達成すべきか、綿密なトレーニングを受けています。これら全てのグループがSRF-JRMCで効果的で絶えず発展するEMSプログラムの達成に、大きな役割を担うチームを作り上げるのです」とリカフランテさんは語った。

米海軍基準に従ってSRF-JRMCのEMSプログラムに対する個人の基礎知識の確立を目的にEMS意識向上トレーニングはデザインされている。さらに継続的改善や「リーン」活動を通じて、従業員が仕事上のムダを明らかにし無くすことにも寄与するだろう。

最近のリーン活動の一つに内燃機関工場によるものがあった。工場の従業員たちはフロンガス関連の業務プロセスに関わる環境問題を改善もしくは取り除きたかつ



The SRF-JRMC Marine Internal Combustion Engine shop properly disposed of 35 drums of freon gas, allowing the recovery of 588 square feet of previous storage space. The shop will no longer clean centrifugal refrigeration systems with the banned freon gas.

内燃機関工場は35本のフロンガスドラム缶を適切に廃棄し、588平方フィートの前保管場所は新たな作業場所になる。工場では禁止のフロンガスを用いた冷凍システムの洗浄業務はなくなった。

た。工場でR113と呼ばれるフロンガスの使用による艦船の冷凍システムの洗浄業務を行っていたが、R113は大気汚染と人体に悪影響を及ぼす理由から日本では使用が禁止されており、「使用に当たっては業務的な時間のロスと安全予防措置に掛かる経費の観点からR113の使用は、もはや推奨できない」と海軍艦船技術手引書の516章に記されている。リーン活動の結論として、海軍の補給系統である米海軍横須賀補給センターに適切な手順を踏んでドラム缶を返却したことにより、35本あったドラム缶はゼロとなった。工場では禁止のフロンガスを用いた冷凍システムの洗浄業務はなくなった。返却した35本のドラム缶の保管場所だった地域は、新たに588平方フィートの作業場として利用可能となった。

環境室によると、EMSは単なる環境プログラムではなく、環境管理に対する全く新しい取り組みだと言う。既存の環境プログラムの改善や、組織の活動、製品、サービスから生じる環境的影響の制御、継続的な環境業績の改善、そして戦略的目標として持続可能な発展に対する(行動)計画をもたらす管理手法である。「計画段階で重要な要素の一つはEMSの発展と達成を支援して下さる指導者たちの確信を得る事です」とリカフランテさんは言葉を締めくくった。

Head's Up Yokosuka! Community Announcements

Compass Program March Night Class – The next available class will be held March 25 through 27 from 5:30 to 9:30 p.m., in the Fleet and Family Support Center Annex, Take room. Compass, a three-day, 12 hour course is a peer-to-peer mentorship program designed to help Navy spouses adapt to military life. Contact Shelle Napier at 241-3282, for more information or to make a reservation.

White House Internship – Every spring, summer and fall the White House chooses 100 interns to experience the challenge of working side-by-side our nation's top policy makers on a variety of tasks and projects. In addition to normal office duties, interns attend weekly lectures, volunteer at special events and contribute to community service projects in the Washington, D.C. area.

If you are up for the challenge, the White House invites you to apply. Applicants must be:

- At least 18 years of age on or before the first day of the internship.
- Enrolled in an undergraduate or graduate program at a college or university, or graduated the previous semester.
- A United States citizen.

The intern application can be found at www.whitehouse.gov/intern. Interns will be selected based on their application and demonstrated interest in public service.

Camp Zama Half Marathon – The Camp Zama Half Marathon will be held at Sagami Depot from 9 a.m. to 4 p.m., April 20. This event is free to SOFA status personnel and their families. There are three running categories: 5k, 10k and the half marathon, both men and women divisions. There is also a Child/Parent 2k run for youths in grades one to four; one parent must participate with their child. Registration date cutoff is March 31. Please call 263-7980 for more information.

IA Welcome Home Ceremony – Please join USNH Yokosuka for the Individual Augmentee (IA) Welcome Home Ceremony, 11 a.m., April 4 at the USNH loading dock to recognize their service and to say thank you for a job well done. Contact Jill Ward at 243-7194 for more information.

Yokosuka Commissary upcoming events – The following is a brief list of upcoming events at the Yokosuka Commissary:

- **Third annual DeCA Baby Race** - 10 a.m., March 22. Two age groups; 6 - 8-month olds and 9 - 12-month olds. Infants that walk will not be eligible to compete. Prizes awarded to 1st, 2nd and 3rd place winners.
- **Easter Egg Hunt** - 1 p.m., March 23 on the Commissary side lawn. Two age groups: infant to 3-year olds and 4 - 7-year olds. Approximately 2000 candy-filled plastic eggs will be hidden with 12 randomly placed eggs containing \$25 Commissary gift certificates.
- **Cooking Class** - DeCA's own Culinary Specialist will offer up great, quick and healthy meal ideas at four cooking classes offered at the commissary March 18, 20, 25 and 27 beginning at 4 p.m. Call the Yokosuka Commissary at 243-7562 For more information on these events.

FFSC PCS Workshop – If you will be PCS'ing during the upcoming summer months, this would be a good time to attend the PCS Workshop. The next class will be held April 4 from 8 a.m. to noon in the Take room at the Fleet and Family Support Center Annex. Learn about your financial responsibilities, entitlements, pack-out procedures and more. Call 243-3372 for more information.

Pet of the Week



This week's Pet of the Week is Akina. She is a one year old white and dark gray tabby who is litter box trained, microchipped and all her shots updated. Akina is an independent, shy cat that would be better in a home without children. Please come to P.A.W.S. and learn more about Akina. If you are interested in adopting Akina or any animal at P.A.W.S., contact them at 243-9996, or visit the P.A.W.S. Web site at www.pawsyokosuka.org.

Photo by Vicki Boehler

New beginnings

By Chaplain Robert E. Bradshaw

Celebrating Easter from a Christian perspective is all about new beginnings. During this time of year we reflect on and celebrate all that transpired during that fateful yet grateful week. The Christian tradition of "Holy Week," which leads up to and includes Easter, is comprised of most every significant concept of our faith. It was during this week that the mission of Jesus was fulfilled. He was betrayed. He was falsely accused. He was brutally beaten. He was crucified. He died. He was buried. Yet he rose again. Thus we too have a chance for a new beginning.

As I try to even imagine what can motivate a person to face all of that for someone else, there is struggle to find a comparison. There is an aspect of life that provides a shadow of an example of human suffering and survival. Books written by survivors of the Holocaust give us some of the best insight to suffering and surviving. Recently a colleague lent me a book written by Viktor E. Frankl. It is called "*Man's Search for Meaning*." I am utterly amazed at his insight to a most basic freedom we have that no one can ever steal. We can give it away but no one can steal it. This basic freedom is; "You cannot always control what happens to you in life, but you can always control what you will feel and do about what happens to you." It is our ability to choose and feel. The book is full of such wisdom on why some do not make it through suffering. They give up. They lack the inner drive to reclaim or reunite with a future that may or may not happen. They lose something deep inside that takes away their will to live. Frankl quotes Nietzsche in giving us another great insight into survival; "He who has a "why" to live for can bear almost any 'how'."

How does this all relate to Easter celebrations for Christians? It is quite simple. Jesus, in the Christian tradition, knew both the "why" and the "how." He embraced the "how" because the "why" was His mission. Why else would someone so embrace such a horrible week? No pretender with a self proclaimed message that was made up would go through such horrific circumstances. The "why" – that being the chance to reconcile mankind once again to God was the great motivation to face the "how" – a brutal death on a cross.

There is more to the Christian story that relates to Frankl's ideas. Frankl also said that having something to survive for can motivate a person to endure great hardship. For Frankl that hope was framed by the love for his wife and the desire to complete his work. He lost both in one day but the hope of again experiencing them enabled him to survive great human suffering. Jesus likewise had that motivation. His mission in reconciling mankind back to God included horrific suffering, even to death. The hope of resurrection and a work of salvation was what carried him through.

Frankl was condemned by his captors for who he was ethnically. He survived and helped mankind understand suffering and survival. Through his work many great stories of people finding respite from the things that haunt them are told. This helps very much in life.

Jesus was condemned by his captors for who he claimed to be. He survived and sets people free every day. He does not condemn the world but stands ready to save the world. He offers a true new beginning. This helps very much not only in present life but for all eternity.

New beginnings: Something we all wish for from time to time. Something each of us has access to all the time. Something that is available to all of us for eternity.

Happy Easter!

Holy Week Schedule

Roman Catholic Services

Yokosuka Chapel of Hope

March 21 (Good Friday): 5:30 p.m.
 March 22 (Easter Vigil Mass): 6 p.m.
 March 23 (Easter Sunday): 9 a.m. and 11 a.m.

Negishi Chapel of the Rising Sun

March 21 (Easter Vigil Mass): 5:30 p.m.
 March 23 (Easter Sunday): 8 a.m.

Protestant Services

Yokosuka

March 21 (Good Friday Liturgical Services)
 USNH Chapel: 10 a.m.
 Chapel of Hope: 12 p.m.
 Chapel of Hope (Fellowship Hall): 6 p.m.

March 23

Easter Sunrise Service (Gazebo No. 1): 6 a.m.
 Combined Protestant Service (Benny Decker Theater): 10 a.m.

Negishi Chapel of the Rising Sun

March 23
 Easter Service: 9 a.m.

For more information, call 243-6773

HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at <http://hro.cnfj.navy.mil>.

Applicants for worldwide vacancies must follow the procedure in the "Job Opportunities" page of the www.donhr.navy.mil Internet site. Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cutoff date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop box by 8 a.m. the following workday to be accepted as having been received the previous workday.

Postmark dated, faxed or e-mailed applications will not be accepted.

New

Communications Clerk (OA) – YB-303-01, NCTS-43-08. Open: 3-14-08, Close: 3-28-08. *Two positions.

Education and Training Technician – YB-1702-01, ATG-40-08. Open: 3-14-08, Close: 4-11-08 (1st C/O: 3-28-08).

Office Automation Technician – YB-0326-1, CFAY-42-08. Open: 3-14-08, Close: 4-4-08 (1st C/O: 3-21-08).

Continuing

Education and Training Technician – YB-1702-1, CFAY-30-08. Open: 2-22-08, Close: 8-22-08. *Six months open register.

Education and Training Technician – YB-1702-01, CFAY-176-07. Open: 12-27-07. Close: 3-28-08 (Cutoffs are every two weeks). *Location: Negishi CDC

Education and Training Technician – YB-1702-1, CFAY-37-08. Open: 3-7-08, Close: 4-4-08 (1st C/O: 3-21-08). *Location: Yokosuka CDC.

Mail Tech – YB-305-01, FISC-38-08. Open: 3-7-08, Close: 3-21-08. *Location: Negishi Post Office.

Mail Tech – YB-305-01, FISC-39-08. Open: 3-7-08, Close: 3-21-08. *Two positions (Yokosuka/Ikego).

Medical Data Technician (OA) – GS-640-04/05, NH-32-08. Open: 2-29-08, Close: 3-28-08.

Medical Support Assistant – GS-0679-04, NH-35-08. Open: 2-29-08, Close: 3-28-08.

Nurse Specialist – GS-610-11, NH-28-08. Open: 2-22-08, Close: 3-21-08.

Office Automation Technician – YB-0326-1, CFAY-22-08. Open: 2-22-08, Close: 3-21-08.

Pharmacy Technician – GS-0661-05, NH-29-08. Open: 2-22-08, Close: 3-21-08.

Sales Store Technician – YB-2091-01, COM-21-08. Open: 2-15-08, Close: 4-15-08. *Part time, 64 hrs./biweekly. *Six positions.

Secretary – GS-318-5, NH-36-08. Open: 2-29-08, Close: 3-28-08.

Store Worker – WG-6914-04, COM-33-08. Open: 2-29-08, Close: 3-28-08. *Two positions. *Rotating shift work: 7 a.m.-4 p.m./4 p.m.-1 a.m.. *Area of consideration: DeCA Yokosuka permanent employees.

Family Child Care Director – YA-1701-2, CFAY-31-08. Open: 2-29-08, Close: 3-28-08. *Japan wide.

Information Technology Specialist (Network Services) – YA-2210-2, CFAY-41-08. Open: 3-7-08, Close: 4-4-08 (1st C/O: 3-21-08). *Location: Yokosuka CDC. *Japan wide.

NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to www.navy-nex.com, click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

Food Service Worker – Yokosuka Food Services. \$8.28/hr.

Food Delivery Operator – Yokosuka. \$8.28/hr.

Food Service Supervisor – Food Services. \$10.74/hr.

Food Sales Supervisor – Food Services. \$24,377-\$30,988/yr.

Sales Clerk (Specialty) – Retail. \$7-\$9/hr.

Sales Clerk – Retail. \$6.50-\$8/hr.

Customer Service Clerk – Main Store. \$7-\$9/hr.

Store Worker – Main Store. \$8.28/hr.

Hair Stylist – Beauty Salon (Yokosuka, Negishi). Commission.

Receptionist – Beauty Salon. \$7-\$7.50/hr.

Personalized Services Clerk – Personalized Services. \$7.25-\$8/hr.

Cashier – Cash Office. \$7.79/hr.

Labor (Visual Merchandiser) – Visual Merchandising. \$8.28/hr.

Visual Merchandiser – Visual Merchandising. \$8.39-\$9.50/hr.

ID Checker – Loss Prevention. \$6.50/hr.

Security Guard – Main Store, Distribution Center. \$7.50-\$9/hr.

Automotive Mechanic – Autoport. \$13.63/hr.

Desk Clerk – Navy Lodge. \$7-\$8/hr.



VOLUNTEER OPPORTUNITY

CHAPEL OF HOPE

is seeking volunteers to sponsor families of
USS George Washington (CVN 73) aircraft carrier

FREE TRAINING FOR VOLUNTEERS WILL BE PROVIDED !

SIGN UP NOW!

Contact Cora Bulseco at 243-7321
 or e-mail to Maria.Bulseco.rp.ctr@fe.navy.mil for more information



Worship Schedule

YOKOSUKA: Chapel of Hope

• 243-6773/ 6774

Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 nd TUE	Pre-Baptism Class	1830
THU	Choir Practice, Main Chapel	1700
FRI	Choir Practice, Choir Room	1700
1 st FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1530
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

NOTE: Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

General Protestant

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

Protestant Liturgical

SUN	Communion Service, Fellowship Hall	1100
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Contemporary Christian

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

Gospel Praise Service

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

Filipino Christian

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, Classroom 3	1800

Church of Christ

SUN	Worship, Kinnick Little Theatre	0930
SUN	Sunday School	1100
WED	Bible Study, Classroom 1, 2 and 4	1800

The Church of Jesus Christ of Latter-Day Saints

SUN	Sacrament	1300
SUN	Sunday School	1420
SUN	Priesthood/Relief Society	1510

Location: Across from the City of Yokosuka Post Office (Off base)

Yokosuka Christian Fellowship

SUN	Fellowship Service (Ichiban Tower)	1230
WED	Youth Meeting (Chapel of Hope)	1800

Jewish Faith Community

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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Soka Gakkai International (Buddhist)

2nd AND 4th THU Classroom 4 1830

Specialized Ministries

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

TUE Fellowship Hall/Classrooms 1615

Yokosuka Student Ministries (Middle School and High School)*

WED Middle School – Quest 1600
High School – One Way 1830

Protestant Women of the Chapel*

TUE Bible Study, Classroom 10 1830
THU PRECEPTS, Fellowship Hall 0930
THU Bible Study, Classroom 7 1600

Japanese Women's Bible Study*

TUE Main Chapel/Fellowship Hall, Classrooms 0900

"Mom's Time"

Last WED of the month 0930

COMPASS Spouse Support Group

WED, THU, FRI (Last week of month), Room 1 0900

Men's Christian Fellowship

TUE Study Group (Fleet Rec. Center, 3rd Deck) 1130
3rd SAT Breakfast (Location varies)

**Runs from September to June*

NEGISHI: Chapel of the Rising Sun

• 242-4183

Roman Catholic

THU CCD, classrooms 0900
SUN Mass, Main Chapel 0800

Protestant

SUN Worship Service, Main Chapel 1030

IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)

SAT Vigil Mass 1900

Pentecostal

SUN Worship Service 1000

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

WED Ikego Elementary School 1630

Yokosuka Student Ministries (Middle School and High School)*

THU Middle School/High School – Q2 Kyoto Tower Party Room 1830

Note: In the event of an emergency (after 1630 and before 0730 the next day), the Chaplain on Duty can be reached by calling Commander, Fleet Activities, Yokosuka Security at 243-2300.

Fleet and Family Support Center

Month of Military Child Contest

Contest for School Children: Write an essay, poem or top ten lists on "What do I like about being a Military Child". Gift certificates for 1st, 2nd, and 3rd place winners! Submit entries at Yokosuka FFSC no later than April 4. Call 243-9623 for more information.

Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

Monday, March 24

English as a Second Language (ESL) 10 a.m. (1.5 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice basic English skills and learn about American culture. Special attention is given to speaking English in an everyday setting.
Career Options and Navy Skills Evaluation Program (CONSEP) 7:30 a.m.-4 p.m. (4 days): CONSEP is a four-day seminar for mid-career sailors with 8-12 years of service. The seminar will focus on excellence, personal and professional development, career planning, and financial management. CONSEP assists participants in individual skills assessment identification, developing a detailed individualized career plan, identifying resources to achieve future goals, emphasizing individual excellence, and ultimately increasing their individual marketability.

Tuesday, March 25

Area Orientation Brief and Intercultural Relations Class 7:45 a.m. (4 days): **March 25-28, this class will be held at the Benny Decker Theater.** Welcome to the Land of the Rising Sun, kanji, yen and bowing. This combined class is offered weekly, and is required for all incoming military personnel, Department of Defense civilians and family members. Representatives from around the base will talk about the unique policies, procedures and benefits associated with living and driving in Japan. Local experts will discuss cultural issues and adjusting to your new home.
Elements of Successful Parenting 9 a.m. (2 hrs.): Elements of Successful Parenting (ESP) is a dynamic service designed to elicit and enhance participants' basic understanding of parenting children of all ages. ESP is a 4-session, 8-hour workshop that builds upon the knowledge and experience parents already have while offering key insights to nurture their ongoing parenting success.
Interview Techniques 11 a.m. (2 hrs.): This workshop teaches the participants how to be more confident about their next job interview. Topics include positive answers to difficult questions, dressing for success, the importance of body language and positive attitude, interview follow-up and salary negotiations.
Ikego – Kid's Craft 10 a.m. (1 hr.): The Kid's Craft Class is a fantastic opportunity to interact with other parents and children, while the kids do fun seasonal crafts. All ages are welcome and must be accompanied by an adult.
Your Japanese Home 8:30 a.m. (4 hrs.): *Tatami* got you down, or mildew taking over? Come learn from our local resident expert how to make your new *uchi* a comfortable home. We'll take you on a field trip to a local store to point out products that can solve your household cleaning problems. We'll also discuss temperature control without thermostats, using your *ofuro*, and taking out the trash Japanese style.

Wednesday, March 26

No classes scheduled

Thursday, March 27

Elements of Successful Parenting 9 a.m. (2 hrs.): Elements of Successful Parenting (ESP) is a dynamic service designed to elicit and enhance participants' basic understanding of parenting children of all ages. ESP is a 4-session, 8-hour workshop that builds upon the knowledge and experience parents already have while offering key insights to nurture their ongoing parenting success.
Ikego – Play Morning 9:30 a.m. (2 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Nikko Tower.

Friday, March 28

Play Morning 9:30 a.m. (1.5 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Ayame Tower.

Upcoming Classes

March 31	No Classes Scheduled
April 1	Area Orientation Brief and Intercultural Relations Class Boot Camp for New Dads
April 2	Ikego – Kamakura Tour Japanese Spouse Group
April 3	Employment Overview – Yokosuka Area Ikego – Play Morning NMCRS' Budget 4 Baby
April 4	Interview Techniques Negishi Kid's Craft PCS Workshop Yokosuka – Play Morning

Negishi FFSC
242-4125

Fleet and Family Support Center
243-FFSC (3372)

Ikego FFSC
246-8052

Visit Our Web site

Go to: www.cfay.navy.mil. Click the "FFSC" Tab

Automobiles

'94 Toyota Curren. 69,100 km. Good condition, silver, 2-dr, A/C, power windows, AM/FM, 12 disc CD player, new front brakes. Available end of April. \$1,850. For more information, contact kgraewert@hotmail.com.

'92 Mazda RX-7. 13B Twin Turbo, 5-speed, nice interior, brand new HKS coil over suspension, new rats nest for turbos, new iridium spark plugs, new brakes, Mazda Speed intercooler, new HKS turbo filters, new RSR exhaust system, new shifter, 12" speaker/touch screen CD, new panel speakers, turbo timer, Infinity amp. Car just had oil change and filter change. Engine has 70,000 miles. Asking \$4,000 obo. Contact Logan Land at 080-5465-3825, or e-mail at: landl@cv63.navy.mil.

Angel Motors – Specializing in U.S.A. Spec (LHD) Models! American owned and operated car business with export and shipping experience. Custom order any Japanese (RHD) model! **Angel Motors ANGEL MOTORS MARCH "U.S.A. SPEC" CARS!** *Gorgeous '97 U.S.A. BMW M3 coupe 3.2 liter with 52K miles, 5MT in silver with black leather, "angel eye" headlights, crystal tail lights for \$13,900! *Low mileage (31,000 miles!) one owner '95 U.S.A. BMW 525i sedan (AT) full specs with premium and winter packages for \$8,900! *Visit our Web site for photos and all details! Contact Mike for more details at Tel: 090-8019-6372, e-mail: mike@angelmotorsjapan.com. Web site: www.angelmotorsjapan.com.

Dodge Grand Caravans, Nitro, Patriots, Wrangles and Jeep Grand Cherokees. American specifications. Drive them in Japan then take them back to the states with you. Warranty work available while you are here in Japan. For more information, contact Don Houdek at NEX New Car Sales at 080-3243-4689, or e-mail: dhoudek@militarycars.com.

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U.S. SPEC CARS! Available in Yokosuka. You can ship the car to the states. We are located at the Yokosuka entrance #7 on Yoko Yoko. 15 minutes from the base. Come and check our stock. English Spoken. 93-2 Yamanaka, Yokosuka. E-mail: auto@casper.co.jp. Web site: www.casper.co.jp. Call (046) 853-2110.

Miscellaneous

Holistic therapy designed for you. Japanese pressure point and other massage techniques. Aura soma color therapy. Diet plans. References. English speaking, close to base. Special Introductory offer \$25. Call (046) 854-4985, blessed@colorsofangel.com. Next to Horinouchi Train Station. Treat yourself with kindness!

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Services

Computer & Networking Services offer low cost computer repair and networking services. TCGBH can setup networks, install software, hardware and recover data. For technical assistance, contact CJ, 080-6603-2336. E-mail: tcbhservices@gmail.com. Remember "We will Come To You."

Face Painting! PartyPaints face painting is perfect for birthday parties, school and office events. Availability is filling up fast, so call us today! Call PartyPaints 241-2907, e-mail: Artist@partypaints.com, www.partypaints.com.

Friendly female Japanese instructor offers authentic Japanese lesson and calligraphy at your house or Oppama class. Private lesson, ¥2,000. Group, ¥1,500/person. Call 080-5646-2952. Web camera lesson available. rosydreams@hotmail.co.jp.

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HEROKY'S Swedish Outcalls. Graduated from a massage school in the states. 1 hr.: ¥6,000, 1.5 hrs.: ¥8,000. At your home! 070-6656-2626, herokee@gmail.com or www.heroky.com.

Is your computer under a virus attack? Is it running in a loop? Then you need to call Edwin, an expert in both Apple and PC computers. Reasonable rates with knowledgeable service; e-mail me at: tcs.mytech@gmail.com, or call (DSN) 246-7628, (cell) 080-6797-2531.

LTO Runs And Car Services. New registrations, Japanese inspections, registration renewals, title transfers, transfer address, and deregistration services. Call Cherry, 080-5046-0689, or e-mail: Harn_Che@yahoo.com.

LTO Run and Junking Services. New registration, Japanese inspection, renewal, transfer address, deregistration, road tax and title transfers. Call Elvie at 090-4585-8329.

LTO Run. Car registrations, JCI inspections, registration renewals, title transfers, road tax, deregistration, new in Japan, need someone to help, call Derrick at 241-4415 or 090-3592-8809.

LTO runs and junking service. Car or paperwork. Japanese inspection, new registration, transfer registration, deregistration, change of address, road tax, temporary plates. Eight years experience. Call Fe, 241-4954 or 090-9317-8259.

LTO Runs and Admin Services. Yokosuka/Ikego/Negishi Registrations, inspections, transfers, I do it all. No problem driving your vehicle to LTO. Call Reiko, 241-3100/080-5497-2600 or e-mail: reikorunsto@yahoo.com. 日本語もOKです!

LTO runs and junking services. Runs from Yokosuka and Ikego. New registration, deregistration, Japanese inspection, transfer. Also do mini-car registration. Please call Roselle at 090-4222-7435, e-mail: always_roselle@hotmail.com.

LTO runs and junking service. Will drive your car/minicar to LTO for Japanese inspection, new registration, renewal, transfer registration, deregistration, change address, road tax, temporary plate. Six years experience. Please call Gemma, 241-2709 or 080-5022-8399.

LTO Runs and Junking Services. New registration, JCI, inspections, road tax, temporary plates, title transfers and other services. Please call Theresa, 241-3427, 080-3392-4384.

MAGICIAN. Children's Birthday Parties. Magic, Music, Comedy, and More! Complimentary Birthday Gift. (イベントや、お誕生日会などにマジック・マイクを呼びませんか?) Call "Magic Mike" DSN 243-4801 (after 2 p.m.) or 090-6199-4993 (24/7), magicmike4u@ezweb.ne.jp, www.magicmike.wetpaint.com.

Need makeup artist on your special day? Experienced makeup and hair artist will work on location. For more detail, call 090-4167-0724 (if no answer, leave message), or e-mail: makeupbytakako@hotmail.com. Artist info: www.makeupbytakako.com.

PARTY PALS! The fun starts here! "Spring Special Adult size Bunny Rabbit." Reservations are going fast!!! Invite a life-sized character, princess, or even a fairy to your next birthday party or company event. Book early to ensure availability – call today! 241-2907. View our characters on line: www.birthdaypartypals.com.

PCS-ing? Moving to Washington State? (Bangor, Silverdale, Bremerton, Everett) I could help you find your dreamhome and investment. Please call Mae Dizon-Prudential, NW Real Estate. Mobile: 360-535-3721, home: 360-692-7586, e-mail: mae@pnwre.com. Web site: maed.pnwre.net.

PCS'ing and thinking about purchasing a home in today's Buyers Market? I educate home buyers about the "Home Buying Process" and will refer you to an experienced Realtor specializing in the area where you will be relocating. Save thousands of dollars on your new home purchase working with a realtor! FREE Service! Call Kim Ramos with Keller Williams Realty. Direct: 090-6503-9567, kramossells@kw.com, web site: www.2hdb.com/kramossells.

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Want to learn Japanese? A qualified native Japanese teacher teaches Japanese to someone who is interested in learning Japanese. Please contact me at: petitefille10@yahoo.com.

Positions

University of Phoenix Yokosuka is seeking qualified part-time practitioner faculty in the MBA program. Candidate must have MBA or related degree. Please contact Jim, jimparkins@email.phoenix.edu, or stop by our office.

Urgent! Assistant Language Teachers wanted by W5SS. Full time at public schools in Yokosuka city. April 2008 to March 2009, Mon. to Fri., 8:30 a.m.-5 p.m. ¥250,000/month plus transportation fee. Need BA/BS, teaching experience, minimum Japanese conversation skill. Send CV and job number. Job#506 to: w5tokyo_recruit@w5ss.com. (03) 3780-1830.

Lost and Found

Lost Wedding Ring. If found, please call 241-4246. A reward will be given.

Wanted

Drivers wanted for on-base taxi service. Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472. Supervisory and Management training positions available.

オンベースタクシーの運転手(パート)募集。MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか? 月曜～金曜 (Kitty Hawk が入港中) 4 a.m.-8 a.m.は(2時間でもOK) 運転好きな方、チップも入るし結構稼げますよ (普通免許でOK)。243-4511が090-3205-3472まで電話ください。

English Teacher for Children. Part/Full-time positions are available in Yokosuka, Zushi and Yokohama area. Training is provided. For more information, please call (046) 865-8717, Mon.-Fri., 10 a.m.-6 p.m.

Looking for part-time English instructors teaching at home. Private lesson ¥2,500 and group lesson ¥1,500 each student per hour. Please e-mail your resume at: support@lily-ec.jp and get more information.

Personals

WHY YOU NEED "STRAIGHT SCOOP ONLIFE OUTSIDE THE GATE"!!! Asking "the boys at the bar" about LIVING, WORKING & RETIRING IN JAPAN will only get you as many answers as there are bar stools. My 62 page "STRAIGHT SCOOP" is based on 27 years of FACTUAL RESEARCH on what the STRAIGHT SCOOP REALLY IS that covers the eight most important categories and updated annually. Send U.S. \$20 via cash, N.F.C.U. check or I.P.M.O. to J. V. Woodman USN/RET, 2-34 Shioiri-cho, Yokosuka 238-0042, Kanagawa-ken.

Announcements

Did you know there is a CHRISTIAN SCHOOL in Yokosuka? Christian Achievement Academy – where excellence is the standard! Offers the A Beka curriculum and small classes. Registration for 2008-2009 school year has begun for Pre-K - 6th grade. Positions available: Qualified Administrative Staff, Full-time/Substitute Teachers for all grades, and Monitors needed. Call (046) 825-5521 and/or send resume to: humanresource@caajapan.org.

Home for Sale by Owner. PCS'ing to Norfolk, Va. We have the perfect home for you. An immaculately kept 2 story. 4 bedroom/2.5 bath. Located in the beautiful neighborhood of Burbage Grant in Suffolk. Formal living room and dining room, with eat in kitchen, large family room, master suite with sitting room, garden tub, dual sink, and large walk-in closet. Two car garage with custom cabinets and work area. 20 minutes from the base, and minutes away from shopping, restaurants and school. Neighborhood includes pool, tennis courts clubhouse and a park. Asking price of 336K, motivated to sale. Contact Perry or Angelia Wilson at (DSN) 241-3228, (vontage) 770-573-9474 or Wenscas 011-81-46816-3228.

Indian Ethnic Food in Yokosuka. Our dishes amount are good. Quality as perfect as Hotel's restaurant standard. We are 300 yards from Chuo Station. We pay ¥710 one taxi money every three people once. Please come and get receipt from taxi driver and enjoy real Indian ethnic dishes. Bayleaf Indian Restaurant. Tel. (046) 821-1922, 090-3015-1749. Monday closed. Dinner starts from 6 p.m.

Room for rent. Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$350/month plus utilities. Non-smoker please. Contact: yamadatoshinori@yahoo.co.jp.

TIF Special International Party Shibuya, March 29, Sat., 6:30-9 p.m., T's Salon 2F. Held by Japan's biggest international friendship site. Meet 300 people. Beer, cocktails and soft drinks are all you can drink! Snacks are also provided! ¥3,000. http://www.tokyo-party.com. Call 080-2001-0512, party@goover.co.jp.

UMUC Registration is going on now until April 11. Register online at: www.asia.umuc.edu. Visit the UMUC office located in room 331 Fleet Recreation Center, or call 243-4613.

Waxing, Manicures, Facials 20% OFF!!, Grand Opening. G's Salon "strait from Manhattan" personalized service to bring out the beautiful you! Please call 241-2474 or 080-5677-6532 for appointment.

YOKOSUKA BAPTIST CHURCH. Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. www.ybcjapan.org.

Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213, on Command Hill. Please stop by the office to place your advertisements!

Classified ads of 30 words or less can be purchased for either \$5 per issue, in cash, at Asahi Advertising, Inc. The fee is \$1 for every 10 additional words. These rates are for Department of Defense servicemembers, family members or civilian personnel only. Prices for all other ads must be separately negotiated with Asahi Advertising, Inc.

The deadline for classified ads is 4 p.m., Friday prior to publication date (one week in advance). Submitted classified ads will be published after payment has been confirmed.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

For more information, please call Asahi Advertising, Inc. at 243-3100/(046)816-3100, or contact them at:

seahawk yokosuka@ys020407.americablejapan.com

The point of contact is Keiko or Tomomi, account executive. Regular business hours are Monday-Friday from 10 a.m. to 4 p.m.

Asahi Advertising, Inc.



Can a common manila file folder be used to create a cylinder that can support 133 pounds? Yokosuka Middle School Students proved that it could! They participated in Mr. Wichart's technology class and took first place.

Photo by Dale N. Duncan Jr.



Children graduating from Seika Kindergarten March 16 in Sakamoto, Yokosuka thank one of the guests of honor, CFAY Commanding Officer Capt. Daniel Weed, for the 60 years of support CFAY has provided the school since its inception in 1948 as the other guest of honor, Kanagawa Prefecture Assemblyman Isao Makishima, looks on.

Photo by Dan Bowen



(Center) Lt. Susan Tillmon led a group of 10 professors and faculty members from the Kanagawa University of Human Services, School of Nursing on a tour at USNH Yokosuka March 10. The guests had the opportunity to meet with corpsmen working at the family practice desk to learn about staffing, caseload and services provided.

Photo by Yuuji Watanabe



(Center) CFAY Commanding Officer Capt. Daniel Weed with Navy Exchange (NEX) Store Manager Lisa Ballejo, NEX Uniform Manager Judy Delmendo, General Nutrition Center(GNC) Representative Shiho Kato and NEX Merchandise Manager Rusti Rausch, cut the ribbon at the GNC Grand Re-opening ceremony March 14.

Photo by Fumiyo Sato



(Left) Commander U.S. Naval Forces Japan (CNFJ) Fire Protection Inspector Yukihiro Taketomi, CNFJ Kanto Plain Training Chief Brett Johnson, Japanese TV personality George Tokoro and CNFJ Fire Prevention Inspector Yuuko Hasegawa pose in front of the CNFJ Fire Department information booth in Tokyo, during the Azabu, Tokyo Fire Department's Disaster Preparation Challenge Day event March 2.

Photo courtesy of CNFJ Fire Department



Field Carrier Landing Practice at Iwo To

AT3 Karl Roller from Maysville, Mo., inspects the cockpit of a F/A-18E Super Hornet assigned to the "Royal Maces" of Strike Fighter Squadron 27 (VFA 27), prior to field carrier landing practice (FCLP) at Iwo To (Iwo Jima), Japan, March 14. FCLP drills are used to simulate landing jets on aircraft carriers while at sea. VFA 27 is forward deployed to Naval Air Facility Atsugi, Japan as part of Carrier Air Wing 5.

U.S. Navy photo by MC3 Matthew R. White