



26,500 turn out to celebrate Yokosuka's Spring Festival

Story and photo by Tetaun Moffett, CFAY Public Affairs

An absolutely perfect spring day set the stage for last weekend's U.S. - Japan Spring Festival held on board Commander Fleet Activities Yokosuka (CFAY) April 6.

Approximately 26,500 Japanese guests joined Yokosuka base community members to observe the beautiful flowering of cherry blossoms.

In keeping with Japanese tradition of holding cherry blossom festivals or *Sakura Matsuri*, this year's cherry blossoms brought promise to a new season. Each year CFAY opens its gates to invite Japanese neighbors for a day of festivities, strengthening the bonds of friendship with our host nation.

During the festival and the days following, residents admire the decorative and alluring cherry blossoms of Kasano Park. Several organizational booths were set up to served some of the finest American traditional foods such as hamburgers, hotdogs, pizza and myriad of other delicious snacks.

According to Navy Career Counselor 1st Class Tony Turner a command volunteer from *USS McCampbell* (DD 85) this was a great opportunity to continue to foster good community relations between the U.S. Navy and the Japanese community.

"This is my first Spring Festival and I really enjoy the opportunity to come out and partake in this traditional celebration. The Japanese have a wonderful culture and community, and this is an awesome way to share the spring season," said Turner.

Both *McCampbell's* Chief Petty Officer and First Class Petty Officer Mess teamed up for the first time to show their support for the community of Yokosuka by sharing a booth at the festival.

"It will be nearly a year since we arrived in Yokosuka and we have taken this time to come together and show our appreciation for the Japanese culture and giving back to this community is one of our first priorities," said Chief Boatswain Mate (SW/AW) Jay Green.



An estimated 26,500 Japanese guests came out to Commander Fleet Activities Yokosuka to celebrate the 2008 U.S. - Japan Spring Festival April 6. Both Yokosuka base and Japanese communities joined together to enjoy cherry blossoms, food and fellowship.

Representing purity, symbolizing the season of spring, peace and the country of Japan; the 2008 U.S. - Japan Spring Festival continues to bond two communities together celebrating a commitment to friendship.

Yokosuka chief petty officers celebrate 115 years of service

By MC2(AW) Chantel M. Clayton, Fleet Public Affairs Det., Japan

Commander, Fleet Activities Yokosuka (CFAY) chief petty officers (CPO) came together on April 1 to celebrate 115 years of CPO unity and pride.

This occasion was also a time for CPOs to reflect on Master Chief Petty Officer of the Navy (MCPON) (SW/FMF) Joe R. Campa's message to the Chief's Mess, stating that the CPO birthday, "serves as a time of year when chiefs re-commit themselves to the brand of deckplate leadership that defines who we are and what we do."

In celebration of the CPO birthday, events such as a CPO fitness workout, cake cutting ceremony and a unity walk were arranged. In addition, all chief petty officers wore their combination covers while out and about in uniform.

"The CPO combination cover is special," said CFAY Command Master Chief, CMDCM (SW/AW) Wayne Smith. "The cover is one of the first identifiers of the CPO rank. If you watch old war movies, chiefs were still wearing dungaree uniforms, but they were identified by wearing the combination cap. It was an identifier that represented that there's a chief, there's someone that knows what's going on and knows how to get the job done. In years gone by, the cover was only broken out for official ceremonies, in particular, induction, but I think it is a good thing to have it out for the chiefs' birthday."

The unity walk, similar to regularly scheduled Tuesday and Friday walks through the local community, brought the Yokosuka CPO community together to interact with their Japanese neighbors outside the base gates.

"The purpose of the unity walk was to reinforce the fact that chiefs are there and are



(Left) CFAY CMDCM Wayne Smith looks on as CSG7 CMDCM James Shubert and NCTSFE PSC Louis Saldana cut the cake during the CPO birthday ceremony held at the Jewel of the East enlisted galley April 1. Photo by Yuhji Kawabe

engaged," said Smith. "This was to remind the chiefs that we have to remain engaged in the community. We have to go out and interact with the local community, and provide a positive role model or positive demonstration on how Sailors should act on liberty. It's an opportunity to remind those chiefs that this is the community we live

in and not only do we have to take care of our Sailors on base; we also have to support the community that takes care of us off base."

For some local chiefs like Submarine Group Seven Command Master Chief, CMDCM (SS/SW) Jimmy Schubert, the CPO birthday is a time to look back on how things have changed over the years. Schubert is the oldest member of Yokosuka's CPO mess, receiving his anchors in 1990.

"The role of the chief is far more challenging than years ago," said Schubert. "We are the example of how things are done in the Navy, such as how we wear the uniform and how we react to things. This is the most important season of the year, where changes in the Navy take place."

Schubert also commented on the quality of CPOs serving in the Navy today.

"Some of these chiefs came into the Navy after I made chief," said Schubert. "They are a far better group of people than when I made chief."

Even though the CPO birthday is a time for celebration, some feel it's just business as usual.

"Chiefs are chiefs every day of the year," said Smith. "For us it's business as usual. We just keep going, as far as making Sailors accountable

for their actions and completing the mission. We make sure everyone is following procedures and making sure Sailors and their families are taken care of. It should be the same stuff every day."

TOWN HALL MEETING

Ikego
Atsuka Tower
April 24, 6:30 p.m.

Negishi
Negishi Theater
April 29, 6 p.m.

Yokosuka
Benny Decker Theater
April 30, 6 p.m.

MAKE YOUR VOICE HEARD





Capt. Daniel L. Weed,
Commander,
Fleet Activities
Yokosuka



CMDCM Wayne E. Smith,
Command Master
Chief

Education Fair – An Education Fair will be held at the Commissary courtyard (red brick area) April 16 and 17 from 9 a.m. to 3 p.m. Representatives from Central Texas College, Coastline Community College, Thomas Edison State College, Troy University, University of Maryland University College, University of Oklahoma and University of Phoenix will all be there. Be sure to bring your SMART transcript and/or any other college transcripts that you may have, so the representatives can give you an overview of how many credits will apply to a degree plan of your choice from any of the schools in attendance. The college fair is open to all personnel including Active Duty, Reservists, Eligible Family Members and Contractors. Come on out and get started on your educational journey. Contact Jamilah Jones, Navy College office at 243-6978 for more information.

Driver Education Training – The first Commander Fleet Activities Yokosuka (CFAY) Driver's Education Training class will begin April 21. In-person sign-ups for the class will begin at 9 a.m., April 11 at the CFAY Safety office, building B-39-B. This course is for first time drivers who have never been issued a driver's license. Priority seating for the first class will be given to the senior class of Kinnick High School during the first hour of sign-up. The training consists of 45 hours of driver education training to include six hours of behind the wheel training. Applicants must have reached their 16th birthday not later than April 30 to be eligible for the course. Cost for the course is \$300 and includes required textbooks. Successful graduates under the age of 18 will be eligible to receive an "On Base Only" driver's license until they reach their 18th birthday. Only 24 seats are available for this class, applicants are encouraged to sign up promptly. Additional class convening dates will be announced at a later time.

Check your attitude:

*Do the right thing,
even when others are not watching*

By Lucky Hawkins,
CFAY Safety Director

Thursday morning of last week, I noticed a car illegally parked at the corner of bldg. B39-B right next to the Americable office. Not only was the vehicle causing a significant hazard to other motorists, it was also blocking a fire lane and would impede emergency vehicles. Thinking that the driver of the vehicle may be conducting business inside the Americable office, I entered the office and saw a lady conducting business at the counter. She readily admitted that she was the

Contact the CFAY Safety office at 243-7314 or 243-7354 for more information.

Relay for Life – Relay for Life Yokosuka will conduct a kick-off meeting at 3 p.m., April 20 at the Satsuki Heights Party room (located across from the Commissary). Volunteers are needed to fill committee member and team captain positions. Call Holly Varner at 080-5516-7833 for more information.

DBIDS Registration – Don't forget to register in the Defense Biometric Identification Data System (DBIDS)! Due to the updated Non-combatant Evacuation Operation (NEO) plan and increase in force protection and random anti-terrorism measures, all military, civilian employees, Navy contractors and their family members including children 10 years of age and older, Master Labor Contract (MLC) employees and local contractors onboard Yokosuka Base or assigned to afloat units are required to register in DBIDS. Personnel that are currently registered in DBIDS but have had changes to their profile must come in and update their information. The DBIDS registration office is located at the main gate inside building 1495. Customer service hours are Monday through Friday from 7 a.m. to 4 p.m.

Commissary Closure – The Yokosuka Commissary will be closed for inventory April 28-29 but will re-open for business with normal operating hours April 30.

NMCRS Caseworker Training Class – The Navy-Marine Corp Relief Society (NMCRS) is a non-profit organization that depends on volunteer support from the community to service Navy and Marine Corps families. If you are interested in volunteering as a caseworker and attending the Caseworker Training class in May, contact the NMCRS Yokosuka office at 243-7905 or 243-4450. The training is free and you can get reimbursed for child care and commuting expenses.

Need money for college? – The Navy-Marine Corps Relief Society's (NMCRS) Spouse Tuition Aid Program (STAP) Term V will be accepting appointments from now to May 23. Qualified

driver of the illegally parked vehicle, and then went on to tell me that she had parked it illegally because no other parking in the immediate area was available and that it shouldn't be a problem because she would only be a little while. Wow, what an attitude! Remember, integrity is doing the right thing even when others are not watching; and even when it is not convenient. Don't write checks that when cashed can cause dangerous situations or bad impressions to occur. Have the inner discipline to check your attitude, especially when driving here in Japan.

司令官の相談室

candidates could receive up to \$350 for undergraduate studies and up to \$400 for graduate studies, per term. To make an appointment, contact NMCRS Yokosuka at 243-7905 or 243-4450.

JN Dispensary – The Japanese dispensary will be temporarily relocated to a pre-engineered building fabricated behind the current dispensary building. Medical service is available at the PEB through July 31, while the existing dispensary is renovated.

現在、日本人従業員診療所の改装工事が行われております。診療は診療所奥の空き地の仮設プレハブに移動して続けられています。仮設プレハブでの診療は改装工事の終了が予定される7月31日まで続けられる予定です。

BZ: I would like to send a BZ to Petty Officer Anderson at the post office in Yokosuka. I am seven months pregnant and received a really big box. I asked the petty officer to borrow the cart to take the box to my car. However, it was not available. Petty Officer Anderson volunteered to carry the box for me and she did so with a smile and courteous attitude. Thank you for providing such outstanding customer service.

Q: I just returned home from a horrible experience on the Ikego home-to-work bus. In fact, for the past two weeks, I have noticed the loud inappropriate language of youths who ride the bus. Tonight, they were outright disrespectful of the policy. First, six youths loaded the bus at the commissary bus stop. Prior to the bus arriving, two adults had asked them to tone down the loud talking. Upon loading onto the bus, they resumed loud talking and even began to pass around and eat potato chips. When I asked that they abide by the bus rules by refraining from eating on the bus, they mocked me. The driver walked to the back of the bus to address the issue of eating on the bus. After picking up additional youths at the hospital stop, one of the youths began talking about his peers and their sexual relationships. I do not feel I should have to be subjected to hearing a 15-year-old, or anyone else, discuss illicit sexual issues. I kindly informed him that I found the conversation inappropriate and asked him to tone it down. He responded, "I'll talk about anything I want to talk about." For the rest of the ride, I listed to a number of comments mocking me and another gentleman who asked them to kindly tone it down. This issue has got to be addressed. The home-to-work bus is a wonderful resource. My own kids have taken it on occasion. However, after working long hours, people deserve the benefit of riding home with civility. I highly recommend bus monitors be provided for the home-to-work bus. If that is not possible, then I regrettably recommend youths not be allowed to ride the home-to-work bus. I regret the latter recommendation, as many of our well-behaved kids would have to suffer at the hands of a few.

A: There are numerous issues involved in providing a response to this e-mail. Public Works Department (PWD) operates the bus per requirements, funding and policy provided by

Commander, Fleet Activities, Yokosuka. Current policy for students is that they can ride on a space available basis from the last stop at either Yokosuka or Ikego. Also, the bus driver is there to safely operate the bus not interpret policy. PWD cannot monitor bus service, and Security is not manned to provide bus monitors. We would consider individuals that would like to volunteer to be bus monitors, if interested please contact the Officer-in-Charge of Ikego or Negishi.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are appreciated. Please address personal concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to yo-cocorner@fe.navy.mil. We welcome your feedback, especially if it is of a general nature and can help others. The next "Commander's Corner" live call-in show is tentatively scheduled for May 1. This is your opportunity to call in and speak with Commander, Fleet Activities, Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or e-mail: yo-cocorner@fe.navy.mil.

Commander Fleet Activities Yokosuka Capt. Daniel L. Weed

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a Navy Exchange Questionnaire
so that we can better serve you
in the future.



Yokosuka based Sailor gets chance at country music stardom

Story and photo by MCSN John Mike,
Kitty Hawk Public Affairs

Machinist's Mate Fireman Apprentice Tommy Stanley from *USS Kitty Hawk* (CV 63) will compete against other military members for the chance to appear on "Nashville Star," a country-music themed, competitive-singing TV show, April 10 to 14 in Norfolk, Va.

"It's really hitting me now. It's not just four days in the states, it's four days for me to show what I was born to do," Stanley said.

Stanley, a Kirbyville, Texas, native always had a love for music and started singing with his church's choir at 6 years old.

It is a love he has kept for the last 18 years of his life.

"If he's not at work he's either sleeping or working on his music," said Machinist's Mate 2nd Class (SW) Christopher Maddux.

Maddux, who listens to Stanley's music on his portable media player, said Stanley's dedication to his music is unmatched.

Like most aspiring musicians, Stanley is looking for a chance to make it big. The first step for his opportunity presented itself in a singing competition at Commander Fleet Activities Yokosuka Officer's Club.

In a 45 second audition in front of three judges Stanley competed against service members from all military branches stationed in Japan. He sang "Lonely Oklahoma," a song he wrote about the saddest part in the heart, he said.

After his audition, Stanley waited to find out if he was one of the top three who qualified for the next round.

"Stanley was nervous, so I'd just go up and reassured him that it was going to happen," said Machinist's Mate 1st Class (SW/AW) Marvin Cook, who is one of Stanley's supervisors in *Kitty Hawk's* One Main Machinery Room.

Three days later, Stanley got an e-mail saying he

advanced, so he auditioned again for a chance to perform in front of the "Nashville Star" crew in Norfolk. He was recorded on camera performing the full version of "Lonely



MMFA Tommy Stanley, 24, of Kirbyville, Texas will compete in Norfolk, Va., for a chance to appear on the country-music themed, competitive-singing TV show "Nashville Star."

Oklahoma." Afterward, he would wait again as the tape was sent back to the U.S. for judging.

During that time the Engineering Department was behind Stanley and his dream, Cook said.

"Engineering is one of the oldest departments in the Navy and it has its own way of supporting its people," Cook said.

Before *Kitty Hawk* pulled out for routine training, all 400 Propulsion Division Sailors met in the hangar bay, Maddux said. At the end, Lt. Cmdr. Michael Zurich, the ship's main propulsion assistant, called Stanley in front of everyone.

He got a round of applause after Zurich told the group Stanley was going to Norfolk, even before Stanley knew, Cook said.

"It was like [Zurich] had a premonition Stanley was going," Cook said. Stanley said he appreciates the support he gets from his department.

"When I'm down I think about everyone who supports me and it keeps me after my dream of playing in front of thousands of people," Stanley said.

Although being a musician is his ultimate goal, joining the Navy was something Stanley had to do to push his life in a better direction.

"Everybody has their own reason for coming in the Navy. Some are looking for something new, others college, but for me the Navy has helped me find my way in life," he said.

Before the Navy, Stanley said he had a lot of free time to hone his skill, which he took for granted. As a machinist's mate, long hours in the engine room taught him to work harder with his precious free time.

"The time I have to work on [music] is a lot less, so while others go out, I work on my music," he said.

Music is something Stanley has a knack for, but he said it is something he still had to work hard at to perform at a high level.

"Looking back on my old tapes, I was pretty awful, but I kept practicing and pushing myself to get better," he said.

Stanley will get the chance to push his music career one step further in Norfolk, during his one shot; his one opportunity.

New PT uniforms ready to hit Navy Exchange shelves

By Kristine M. Sturkie, Navy Exchange
Service Command Public Affairs

The Navy's new Physical Training or PT uniforms are ready to hit Navy Exchange (NEX) Uniform Center shelves beginning this spring. To ensure there are enough uniforms in stock to meet demand the Navy Exchange Service Command (NEXCOM) is rolling out the uniforms in three waves.

"We want to ensure the rollout of the new PT uniform goes as smoothly as possible," said Cmdr. Mark Frierhood, director, NEXCOM's Uniform Program Management

Office. "Creating these waves allows us to watch our stock levels to ensure that the product meets the demand and that our manufacturers can keep us in stock. We know Sailors are enthusiastic to get the new uniforms, and we assure you, over the next five months everyone will."

The short sleeve gold performance PT shirt sells for \$10.99 while the blue nylon shorts, available in two inseam lengths, six inch and eight inch, are \$13.99. While only the short sleeve PT shirt and shorts are mandatory, there are other optional PT gear that will be available for purchase. Compression shorts are \$9.99 for men's and ladies' regular length, \$11.99 for the men's long length and long sleeved gold performance PT shirts are \$11.99.

The first delivery wave will begin in April when Recruit Training Command, Great Lakes, Ill., will start issuing the gear to new recruits.

In May, Sailors stationed in Virginia; West Virginia; Washington, D.C.; Maryland; Pennsylvania; California; Indiana and Illinois can begin purchasing uniforms from their local NEX.

NEXs in Hawaii; Europe; Japan; Guam; the Northwest and Southwest, which includes Jacksonville, Key West, Orlando and Mayport, Fla.; Georgia; Cuba; and South Carolina will stock the PT uniform beginning in June.

The final wave, which begins in August, will include NEXs in Rhode Island; New York; Connecticut; Maine; New Jersey; Mississippi; Louisiana; Texas; and Pensacola (Whiting Field and Corry Station) and Panama City, Fla.

In August, Sailors will also be able to purchase the PT uniform through the Uniform Support Center's toll-free phone center or its Web site at www.navy-nex.com.



The new Navy physical training uniform consists of a gold T-shirt and blue shorts. The T-shirt will have the word "NAVY" in safety reflective letters on the back and on the front. The shorts will have the Navy seal on the left leg. The Navy Exchange Service Command (NEXCOM) will begin rolling out the new Navy PT uniforms through the Navy Exchange Uniform Centers starting in spring.

U.S. Navy photo



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"How did your shopping go?"

Please take a few moments to fill out a Navy Exchange Questionnaire so that we can better serve you in the future.



Barracks dining in 15 minutes or less

By Maj. Karen E. Fauber,
DeCA dietitian

Life in the barracks is not all that bad; often you have a refrigerator and a microwave in your own room along with some of the other comforts of home. But now do you wish you had paid more attention to how your mom cooked her meals before you left home? Well, it's not too late to learn how to make some simple dishes that can be healthy and add a little variety to your diet.

There are plenty of convenient, packaged and fresh foods available in the commissary at savings of 30 percent or more that can help you do just that. And, if you want some help in dropping a few pounds before that next weigh-in, visit <http://commissaries.com>, go to the Ask the Dietitian Web page and post your questions on the DeCA Dietitian Forum. This may be just the thing to help you make the weight with a little effort.

Keep these foods on hand, and remember, if you think they've been in the dorm refrigerator too long, follow this advice: when it doubt throw it out. Keeping food safe is important to staying healthy.

Refrigerator basics

- Small bags of pre-cooked chicken
- Bag of dark green lettuce salad
- Small bag of frozen vegetables
- Low-fat milk

- Low-fat cheese

In your locker

- Canned or small pouches of cooked chicken, salmon and tuna
- Crackers
- Quick-cooking noodles (to go light on the salt, leave out the seasoning packet)
- Instant brown rice
- High-fiber (5 grams per serving) cereal
- Whole grain, high-fiber (3 grams or more per serving) bread
- Powdered garlic and dried-onion flakes are great for adding flavor to almost any food
- Fresh, canned and dried fruit are good for quick, healthy snacks

Cook it quick

Add a little garlic and onion flakes to the noodles or rice in a bowl, cook as directed on the package. Add the frozen vegetables and chicken and heat for a few minutes.

Now that you have wet your appetite, and are on your way to becoming a barracks chef, you can get more microwave recipes from the BOSS Barracks Cookbook at www.drum.army.mil/mwr.

Remember, for more information about healthy food choices and other nutrition topics, visit Ask the Dietitian at <http://commissaries.com> and post your questions on the DeCA Dietitian Forum and be sure to look for other useful information in The Dietitian's Voice archive.

What's in a name?

By Dan Bowen, CFAY Public Affairs

The Southern Continental Army had suffered more than its fair share of defeats at the hands of the superiorly equipped and more experienced British during the early years of the Revolutionary War. The strongholds of Savannah, Ga., Charleston and Camden, S.C., along with a good portion of the army itself, had been lost in 1779 and 1780. Into these dire straits, General George Washington sent the skilled General Nathanael Greene to reverse the fortunes of the Southern Army.

According to Scott Withrow's article, "The Battle of Cowpens," at www.nps.gov, after just two weeks in command, Greene decided his best option was to split his army; he sent General Dan Morgan to harass the British and raise the spirits of the people in the back country of South Carolina. In response to this unorthodox maneuver, the British commander in the South, General Cornwallis, sent his most ruthless officer, Lt. Col. Banastre Tarleton, to thwart Greene's plans. The stage was set for the battle that would change the tide of the American War of Independence.

Just outside Spartanburg, S.C., on the morning of Jan. 12, 1871, Morgan found himself backed up against a surging Broad River six miles to his rear and facing Tarleton's fearsome dragoons advancing on his front. Morgan decided to make his stand at the "Cowpens," a well-known crossroads and frontier pasturing ground. The soon-to-be battleground was park-like, dotted with trees and devoid of undergrowth. Tarleton and Morgan were both confident that the layout of the battlefield would help their forces achieve victory that morning.

The day started with Tarleton's crack troops forming a line extending across the meadow: artillery in the middle and fifty Dragoons on either side. Morgan had anticipated a frontal assault and strategically positioned his sharpshooters in the front taking cover behind trees. He assembled his militia in two lines to the rear. As the British dragoons advanced, the combination of the accurate fire of the sharpshooters and Morgan's astute management of the militia decimated not only the ranks; but also, the spirit of the charging British. The Americans triumphed after just over an hour of fighting. Dan Morgan's surprising rout was a turning point in the war. Unprepared for the fresh success of the Southern Continental Army or the subsequent surging spirit of colonialists throughout the colonies, the British were left with no option but to surrender in Yorktown later that same year.

Two U.S. Navy ships have carried the name *USS Cowpens* in commemoration of the battle that played such a significant role in setting our nation free. According to www.mycowpens.gov, the *USS Cowpens* (CVL 25), nicknamed "the mighty moo," was an 11,000-ton Independence-class aircraft carrier that served the United States Navy from 1943-1947. The *USS Cowpens* (CG 63) is a Ticonderoga-class guided-missile cruiser, and as reported on its homepage, www.cowpens.navy.mil, is 567 feet in length, has a beam of 55 feet, and displaces 10,000 tons fully loaded. The ship has a normal complement of 405 officers and enlisted personnel. *Cowpens* was commissioned March 9, 1991 and operates out of Yokosuka, Japan as part of the forward deployed naval forces.

New Sanno Hotel donates linens to arriving GW Sailors, families

Story and photo by MC3 Bryan Reckard, Fleet Public Affairs Det., Japan

Sailors assigned to *USS George Washington's* (CVN 73) Family Assistance Support Team (FAST) at Commander Fleet Activities Yokosuka (CFAY) received hundreds of pieces of linen donated by the Navy-owned New Sanno Hotel in Tokyo April 1.

The donations are part of larger effort made by the FAST team to prepare Sailors and families from *George Washington* (GW), to help ease the burden of their transition from the U.S. to Japan.

According to Howard Schaeffer, New Sanno's executive housekeeper, the hotel was looking for someone who was in need of the linen and was pleased to help out new service members arriving in Japan and help lessen the difficulties of their move.

"We called the director of housing at Yokosuka to find a place that somebody could use it [the linen donation] and the director of housing put us in contact with the GW," Schaeffer said. "We are so delighted to be able to help out our friends and family from GW that are coming here. We all know how hard it is to relocate and how hard it is to come to a different country and become a part of a different culture and we want to do everything we can to support them in that mission."

This was the second donation of linen the hotel has given to the FAST team, which



Sailors from *USS George Washington's* (CVN 73) Family Assistance Support Team (FAST) at Commander Fleet Activities Yokosuka receive linen donations from the New Sanno Hotel, an MWR facility in Tokyo. The linen will be provided to Sailors and their families when *George Washington* arrives in Japan.

will be given to families as they arrive in Japan.

Schaeffer says that the New Sanno's goal is to always take care of the men and women who are serving in the military and will do what ever they can to attain the goal.

Gunner's Mate 3rd Class Matthew Spano, a Phoenix native assigned to the FAST team in Yokosuka, says it feels nice being able to assist the Sailors and the families arriving in Yokosuka and give them a sense of direction and welcome.

"It's a good feeling knowing that we are helping the families with their transition because I know if we weren't here, it would probably be a little more difficult for them to find their way around," said Spano.

Spano says the FAST team has been assigned to Yokosuka in hopes of making the transition for Sailors and families to life in Japan as easy as possible. They help distribute donations, meet GW families as they arrive at the airport and arrange temporary housing for new arrivals.

USS George Washington is scheduled to relieve *USS Kitty Hawk* (CV 63) as the world's only forward deployed aircraft carrier.

140年目の邂逅

文・写真：河辺雄二、CFAY広報課

満開の桜と初夏を思わせる陽射しの中、將軍徳川家康から18代目の徳川恒孝・徳川記念財団理事長と幕臣小栗上野介忠順の子孫・小栗又一郎氏はじめその他幕臣の子孫や地元町会、小栗顕彰会、千代田区長ら100人以上の関係者が参加して、御茶ノ水駅前から明治大学アカデミーコモンまで“御成行列”が行われた。

去る4月5日に行われたこの行列は、前日に明治大学博物館で始まった小栗上野介の企画展で、徳川恒孝氏に講演を依頼したのをきっかけに、地元の火消し組から徳川宗家18代目をお迎えするなら行列を、と話が持ち上がって実現したもの。町火消しの「徳川様お立ち」の掛け声を先導に、一行は家康を祭る大田姫稲荷神社に参拝した後、小栗邸のあった駿河台の屋敷跡（現YWCA）に於いての小栗生誕地記念プレートの除幕式を行った。

徳川恒孝氏の両親はともに江戸幕末の歴史に登場する主役の血筋で、父親は“最後の侍”といわれた会津藩主松平容保の孫、母親は15代江戸幕府將軍・徳川慶喜の曾孫に当たり、氏は1963年から徳川宗家の18代目を継いでいる。小栗かずまたの名で活躍中の漫画家小栗又一郎氏は、小栗忠順のただひとりの子孫で、玄孫に当たる。奇しくも今年は、小栗上野介が西軍に対し徹底抗戦を主張し、恭順をきめた徳川慶喜から罷免されて140年目に当たる。世間一般の注目をよそに、当の子孫である二人は歴史を冷静に捉えており、恒孝氏は“小栗は侍の中の侍”と評価する。

小栗顕彰会や区民、小栗ファンなどからは、今回の小栗企画展を機会に、小栗上野介忠順の偉業を多くの人が知ること



地元町会による伝統的な町火消しの纏や木遣りを先導に、御成行列は駿河台を練り歩いた。

The local firefighting volunteer group wears the shogun period style outfit and marches in the Shogun Parade.

になればと期待していた。

尚、小栗邸跡に新設されたプレートには、次のような説明文が書かれている。興味のある方は小栗展（4月4日～27日）とあわせ是非訪れてみてください。

町の記憶 - 1827年（文政十年）小栗上野介ここに生まれる。

ここに生まれ育った小栗上野介（1827-1868）は幕末の外交、財政政策をリードし、横須賀に大造船所建設してわが国の造船業が近代化する道を開いた。

The Shogun Parade

Story and photos by Yuhji Kawabe, CFAY Public Affairs

Under the full blooms of cherry blossoms and the warm sunshine, descendants of the great figures in Japanese history, Tsunenari Tokugawa and Mataichiro Oguri, marched in the Shogun Parade in Tokyo, April 5. More than 100 participants, including the local supporters, Oguri Kenshokai and Chiyoda Ward mayor marched in the parade from Ocha-no-Mizu station to the Meiji University Academy Common.

The idea of the Shogun Parade was first suggested by the local firefighting volunteer group after they learned about Tsunenari Tokugawa making a speech at Meiji University Museum's Oguri Kozukenosuke Exhibition.

“His honor Tokugawa stands up,” the local group called out and the parade party marched to the Ohtahime Inari Shrine, where the first shogun Tokugawa Iyeyasu is enshrined. After the party worshipped at the shrine, they went to Surugadai, Oguri's birthplace (currently the YWCA), and had an unveiling ceremony of a memorial plate that states the following:

This is the place of birth of Oguri Kozukenosuke (1827-1868), who took the lead of the fiscal policy and Japanese diplomacy in the late days of the Tokugawa shogunate. Through construction of a big shipbuilding yard in Yokosuka city, he inaugurated the way for the modernization of the Japanese shipbuilding industry.

Tsunenari Tokugawa's parents came from famous families in Japanese history. His mother is a great granddaughter of the 15th Tokugawa Shogunate, Tokugawa Yoshinobu.

His father is a great-great grandson of the last lord of Aizu domain, Matsudaira Katamori,

who is known as “the last samurai.”

Mataichiro Oguri is the only descendant of Oguri Kozunosuke Tadamas who is now known as the cartoonist Kazumata Oguri. In 1963, Tsunenari Tokunaga became the 18th Tokugawa heritor.

Although Tokugawa Yoshinobu fired Oguri Kozukenosuke 140 years ago, both descendants, Tokugawa and Oguri, look differently at the history. Tsunenari Tokugawa recognized Oguri and said “[he is] the real samurai among samurai.”

Many people including Oguri Kenshokai, Oguri fans and Chiyoda Ward residents hoped that this Oguri Exhibition will be a great opportunity to inform the public about how much he contributed to Japanese history.

The Oguri Exhibition will be held until April 27 at Meiji University Museum. If you are interested, stop by the museum the next time you visit Tokyo. Meiji University Museum is a three minute walk from the Nishi-guchi exit of JR Ocha-no-Mizu Station.



(Left) Eighteenth Tokugawa heritor Tsunenari Tokugawa, Oguri Kozunosuke's descendant Mataichiro Oguri, Oguri Kenshokai Director Heiji Ichikawa, Chiyoda Ward Mayor Masami Ishikawa were present during an unveiling ceremony of the memorial plate held at Oguri's birthplace April 4.

小栗生誕地に新設された記念プレートの除幕。左から徳川宗家18代目・恒孝氏、小栗上野介子孫・又一郎氏、小栗顕彰会長・市川平治氏、千代田区長・石川雅巳氏（後ろ向き）。



(Left) Tsunenari Tokugawa speaks with Oguri Kenshokai Toudai Temple resident priest Taiken Murakami in front of a picture of the SRF-JRMC Blacksmith shop X-23 at Meiji University Museum.

明治大学・小栗企画展会場の横須賀艦船修理廠旧鍛造工場（X-23）の写真の前で、徳川恒孝氏と横須賀での小栗の事跡を話す小栗顕彰会東善寺住職・村上泰賢氏。

Students, Sailors join local orphanage for Easter COMREL event

Story and photo by Tetaun Moffett, CFAY Public Affairs

First graders from Ikego Elementary School teamed up with Sailors from Commander Destroyer Squadron (COMDESRON) 15 recently for a Easter Community Relations (COMREL) project with the Surfside 7 Chigasaki Farm Orphanage.

Students, parents and volunteers joined Bill Pollock's class at a local park in Zushi City for a traditional Easter hunt. According to Pollock this is Ikego Elementary Schools first ever COMREL with the orphanage.

"This is a first for my class and we want to ensure that the kids get an opportunity to share their culture have fun and enjoy the outdoor weather," said Pollock.

During the Easter egg hunt students had a chance to meet and greet one another, exchange eggs and enjoy an afternoon lunch.

"Building good relations with the surrounding community is always been a good thing, especially when we involve the children," Pollock said.

COMDESRON 15 COMREL volunteer Religious Program Specialist 1st Class Christopher Eddy was on hand to lend his support as a chaperon.

"I really enjoy events such as this, we as Sailors can lead by example by showing the American kids how to interact and get involved with the host nation," said Eddy.

COMDESRON 15 has had a partnership with Ikego Elementary school for four years now and over the years many of their Sailors have taken time off from their schedules to support youth activities.

While out and about enjoying the spring sunshine, students paired up in groups, and played egg tossing games with their newly made Japanese friends.

"Cultural barriers continue to be broken when we make the time to support the community," said COMDESRON 15 Gunners Mate 1st Class Andrew Bowman. "I've had a lot of fun watching the children interact with each other, we've watched them play games, hunt for Easter eggs and establish friendships. This should tell us all that we are never to busy to give back."



Ikego Elementary School students and students from Surf side 7 Chigasaki Farm Orphanage play an egg tossing game during a recent community relations event that included Sailors from Commander Destroyer Squadron 15. The students had a chance to meet and greet one another, exchange eggs and enjoy an afternoon lunch.

Ikego Elementary School and COMDESRON 15 continues to show their community support with various COMREL events throughout the year. In addition, this was a learning opportunity to see kids looking past their differences while enjoying a traditional American Easter experience.

Sullivans School hosts Special Education Exchange

By Fumiyo Sato, CFAY Public Affairs

The Sullivans School at Commander Fleet Activities Yokosuka (CFAY) hosted a Special Education Professional Exchange March 26. The annual event was started two years ago to exchange professional information with Japanese special education teachers. This year, 20 special education teachers from Takeyama Yogo School in Yokosuka and 10 local college students were invited to Sullivans School to learn about the American special education system.

"Mainly we want to learn about the Japanese special education system," said Lindsay Vaughn, special education teacher at Sullivans School. "We're living in Japan and it is our host country. It is nice for Americans to get to know the local community and to get to know our Japanese counterparts, people who do the same job as we do in a very different environment and a different way."

The Japanese teachers and students took a tour to see the Sullivans School and the special education classroom. They enjoyed socializing with the Sullivans teachers during an American style potluck luncheon. A

question and answer session followed the luncheon.

Mina Satake, middle school special education teacher at Takeyama Yogo School, said she was fascinated by how Sullivans teachers implement the special education program. "The (Sullivans) teachers use the classroom very wisely," said Satake. "The classroom displays catch the students' attention by putting up educational materials with cute illustrations."

Takeyama Yogo School in Yokosuka only has special education students. Although Sullivans School does not have special education students with severe needs as Takeyama, Satake said she was impressed to see how special education students are learning with mainstream students. "The (Sullivans) students have nice manners. When they go to other classrooms, all the students walked in line quietly," she said.

The cultural professional exchange did not only influence the Japanese special education teachers who have been in the field for years, but also the aspiring college students in Yokosuka. Tomomi Watanabe studies occupational therapy at Kanagawa University of Human Services in Yokosuka. Entering her sophomore year in April, Watanabe said she is not sure about her plan after

college, but she was curious about how American school system implements the programs for students with special needs.

"Japanese schools don't have occupational therapists or the facilities for physically challenged students," said Watanabe after learning about how the speech language pathologist, occupational therapists and physical therapists work together at the Sullivans. "Now I realize that the Japanese schools have the need to provide such facilities or programs for the students [who need special assistance]. Playing and having fun helps the students learn in the classroom."

American special education differs a lot from Japanese special education, said Vaughn. "[However,] we were not sure what the differences would be [before starting this program]."

Last year the Sullivans teachers were invited to a special education school in the Yokohama area. Although the American special education system tends to lead globally, Vaughn said, she found points of the Japanese program which Sullivans could implement. "It has been a great opportunity for us to learn from each country and implement the best aspect from the program."

Kinnick High organizes three-day Curriculum Fair

Story and photo by Vicki Boehler, KHS Public Affairs

As the school year moves into the fourth quarter, both students and parents always look toward next year and important course selections.

Kinnick High School Principal David Tran wants this process to be relevant and comfortable, so he's organized a three-day Curriculum Fair for families to meet with appropriate teachers.

"Communication is the best measure of our commitment to students and parents and a Curriculum Fair allows us to let everyone know the solid academic programs we offer, Tran said."

The Curriculum Fair starts Tuesday, April 15, when Tran will meet with the public at 4:30 p.m. in the Benny Decker Theater. Following brief remarks, students and parents will move to the high school gym to meet with various academic department chairpersons for a question and answer session about upcoming course offerings.

"Some middle school families come to high school wondering the difference between physics applications and chemistry applications," Tran said. "This is the perfect time to ask what subject is best for that student to take."

During the Curriculum Fair, there will also be Honors Night from 5 to 6 p.m., in the Learning Information Center (library).

"This will be great opportunity to meet the Honors and Advance Placement teachers and know their expectations for next year," Tran said.



Kinnick's three-day Curriculum Fair April 15, is for students and families to meet with various academic department persons about upcoming course offerings.

The following night, on Wednesday, all upcoming ninth grade students with last names beginning with A-L will have an opportunity to select their courses for next school year. This meeting starts at 4:30 p.m. in the school's Little Theater, and then proceeds to the high school gym.

The same pattern is repeated Thursday at 4:30 p.m. in the Little Theater for all upcoming ninth grade students with last names beginning with M-Z.

Contact the Kinnick High School guidance counselors at 243-7392 for more information.

MWR Happenings

Morale, Welfare & Recreation • Yokosuka, Japan • April 11, 2008

Grease
LIGHTNING
THE LIVE TRIBUTE TO GREASE!

Friday, April 11 @ 1900
Benny Decker Theater
Doors Open at 1800

Join the cast of this sock-hoppin' tribute to "Grease" and the hard-jivin' music of the 50's as they present a variety of costumes, props, comedy, and dance routines that will surely have you singin' and dancin' in the aisles.

For more details please call the MWR Entertainment Office at 243-5215

Major League Baseball S.T.A.R. Program



S.T.A.R.
Sportsmanship,
Team Spirit,
Achievement,
Responsibility



WE'RE LOOKING FOR A S.T.A.R.

for a student who loves being involved with sports and fitness to represent CFAY and possibly win a chance to attend the 2008 MLB ALL-STAR GAME...could this be you?

If you think you have what it takes to be a S.T.A.R., come by your local Youth Sports Office to fill out an application by April 18, 2008.

Applications should be accompanied by a reference letter from a coach, teacher, or other adult mentor who is familiar with your fitness level and sports participation. Applicants may be asked to participate in a round of interviews following application deadline.

For more information, contact Tammie Kaman 246-8017 or stop by your local Youth Sports Office.



Saturday, April 19 Dinner at 1800 and Show at 1930

Ja-pun is a zany musical revue that romps through the many wild and amusing experiences Gaijins (foreigners in Japan) go through while adjusting to life in Japan.

Tickets will be on sale on Tuesday, April 1 at the cash cage for \$27.
For details, call 243-5506.

CPO CLUB





Outside the Gate

ITT Tickets

Attention Keikyu Passnet Users

Beginning March 15, all Keikyu train stations will no longer accept Passnet Cards. If you have an active card, please return it to the nearest Keikyu station for a refund on the balance of the card.

Discount Yunessun Hot Spring Tickets

ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until June 30, 2008.

Discount Hakkeijima Sea Paradise Tickets

Discount tickets for Hakeijima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,600 for adults 16 years and older, ¥3,300 for juniors 6 - 15 years old and ¥1,900 for children 4 - 5 years old. Tickets are valid until November 30, 2008.

Tokyo Disneyland and DisneySea Tickets

Did you know ITT sells tickets to Tokyo Disneyland and Tokyo DisneySea*? Get yours today for only ¥5,800 for adults, ¥ 5,000 for juniors and ¥3,900 for children! *Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

For details about any of the ITT events listed above, give them a call at 241-5056/5057.

Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about the Outdoor Recreation trips listed below, call 243-5732.

Outdoor Recreation

Beginner/Intermediate Rock Climbing at Taketori-yama, Kanagawa Prefecture

If you're interested in challenging yourself but don't want the long drive, then join Outdoor Recreation on April 19 as we travel to nearby Taketori-yama – only 30 minutes from Yokosuka! The rock faces are tuff (a pile of volcanic ash), but are fit for beginners to advanced climbers. The cost is \$30 per person.

Beginner Surfing Class at Shonan Area, Kanagawa Prefecture

This trip, on April 19 includes surfboard and wetsuit rental, 4-hour class at sea and 1-hour mandatory briefing 2 days prior to the trip. The cost is \$65 per person.

Whitewater Rafting and Canyoning at Minakami, Gunma Prefecture

Join Outdoor Recreation on April 20 for two great adventures on the same day! Melted snow raises the water level making Spring the best season for rafting in this region. The river provides consistent grade 4 rapids for over 12km of whitewater rafting bliss! Afterwards, enjoy canyoning by navigating your way down steep canyons by abseiling and jumping waterfalls, as well as swimming in crystal clear pools! The cost is \$160 per person and includes whitewater rafting, canyoning and BBQ lunch.

Intermediate Day Hike at Ooyama, Tanzawa Mountains, Kanagawa Prefecture

Come with Outdoor Recreation on April 26 as we travel to the Tanzawa Mountains in Kanagawa Prefecture. Known as the "guardian of the land", Ooyama has been worshipped as a deity since ancient times by the people living at the base of the mountain and the fishermen along the coast of Kanagawa. This 5-hour hike passes through several shrines set amidst the cedar forest. This hike will be a good touchstone if you are thinking of hiking Mt. Fuji this summer. The cost is \$35 per person.

2-Day Ski Trip to Gassan, Yamagata Prefecture

Due to the abundance of snow, Gassan ski resort doesn't open until April, so join Outdoor Recreation from May 10 thru 11 and enjoy world-class skiing when most resorts are closed for the season! The resort is located on a national park that has a huge backcountry terrain. Gassan is a completely different experience with a mountaineering skiing/snowboarding feel. This resort also offers areas for children to go sledding or to build snowmen. A pre-trip briefing is required before registering. The cost is \$150 per adult (12 years and older) and \$130 per child (up to 11 years old). Trip includes transportation, dinner, breakfast and lodging.

Paintball

For a fun day of shooting your friends, Ikego's Paintball Paradise is open for walk-in play every Saturday and Sunday from 1000 to 1600. Open Play is \$20 for one day's field fees, air and basic rental package. The field is also available Monday thru Friday for birthday parties, command functions, team building or just a group of friends. Reservation fees include field fees, air, basic rental package and 200 ball. A 2-hour reservation costs \$20 and a 4-hour reservation costs \$36.

Bicycle Storage

Are you tired from worrying about your bicycle? Do you hate getting the rust off of your gears and chain? Do you want to ensure that your bike stays clean, dry and ready for use? Then store it at Outdoor Recreation Center for only \$15 a month.

MWR Youth & Teen Summer Camp Registration 2008

It's that time of the year again. Summer camp, Outdoor Adventure and Camp Adventure registration day is almost here! Are you ready?

Summer Camp Registration:

The 2008 Summer Camp registration for Camp Adventure, Outdoor Adventure and Youth Sports will take place at Purdy Fitness Center on Saturday, May 3rd from 0800-1200 (doors open at 0800). Please note, registration will only take place at Purdy (there will be no registration in Ikego or Negishi on May 3rd). After May 3rd, registration will be open on a space available basis at all respective youth and teen centers in Ikego, Negishi and Yokosuka.

What is Youth Outdoor Adventure Camp?

The Youth Outdoor Adventure Camp is a non-traditional summer camp program based out of Yokosuka Naval Station in Yokosuka, Japan for youth grades 1st - 6th and teens grades 7th-12th. The camp provides participants with the opportunity to participate in the latest popular outdoor adventure activities such as; surfing, rafting, rock climbing, and hiking. This camp is designed to improve self-confidence and interpersonal skills while building teamwork in a challenging and fun environment. The participants are given the chance to learn new outdoor adventure skills and perfect old ones. Instruction will be given on how to execute each of these activities, as safely as possible, therefore no prior experience is needed to participate.

** If you have any questions please feel free to call the Yokosuka Teen Programs at 243-5542 or 241-2952.

What is Youth Camp Adventure?

The MWR School Age Care program is once again combining efforts with Camp Adventure to bring you another great summer full of fun and excitement. This year the children enrolled in summer camp will be involved in activities including swimming, bowling, field trips off base, high active and low active games, singing songs, arts and crafts, and many, many more.

**For more information on Camp Adventure, please call the School Age Care Coordinator at 241-2948.

What is Youth Sports Camp?

The MWR Youth Sports Summer Camps is a comprehensive camp program offering both traditional and non-traditional sports for ages 7-15. The program runs for eight weeks, with each week being a different sport offering (participants sign up by the week, so you can choose which weeks you want to attend). Camps run Monday through Friday, from 0800-1600. The camps are run by six stateside college summer hires, all which have extensive sports and recreation experience, and enjoy working with youth. The camp counselors teach the campers the basic skills associated with each sport, along with good sportsmanship and sport etiquette. All participants will hone their skills, regardless of their skill level prior to camp. The camps are located in Yokosuka, and transportation is provided to and from Ikego and Negishi. Campers are required to bring a sack lunch, swim suit, and are encouraged to bring a water bottle, sunscreen and ball cap.

**For more information on Youth Sports Camps, please call the Youth Sports Director at 241-2950/2952.



MWR Positions

Come join the MWR team!

Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

Club Operations

Food Service Supervisor: NF-03, \$11.47 - \$13.00/hr. Club Takemiya (1 RFT).

Cook: NA-05, \$10.35/hr. Club Alliance (1 Flex), Club Takemiya (2 RFT), CPO Club (1 RFT).

Bartender: NA-05, \$10.35/hr. Club Alliance (1 Flex).

Food Service Worker: NA-03, \$8.96/hr. Club Alliance (1 Flex), O' Club (2 RFT).

Waiter/Waitress: NA-03, \$8.96/hr. O' Club (1 RFT/8 Flex), CPO Club (1 RFT), Negishi (1 Flex), Club Takemiya (1 Flex) Club Alliance (1 RFT).

Cashier: NF-01, \$7.50 - \$9.50/hr (DOE). CPO Club (2 RFT), O' Club (1 Flex).

Club Operations Assistant: NF-02, \$8.39/hr. CPO Club (1 RFT/1 Flex), O' Club (1 Flex).

ID Checker/Security: NF-01, \$6.70/hr. Club Alliance (1 RPT/7 Flex).

Support Activities

Air Conditioning Equipment Mechanic: NA-08, \$12.32/hr. Maintenance (1 RFT).

Purchasing Agent: NF-03, \$10.54 - \$13.00 (DOE). Procurement (1 RFT). Open to current MWR Yokosuka NAF employees only.

Child Development Programs

Cook: NA-04, \$9.96/hr. Main CDC (1 RFT).

Program Assistant: GSE-02, \$9.50/hr. Ikego (5 Flex), Main (2 Flex), Negishi (1 Flex), Hourly (1 Flex).

Community Activities

Recreation Assistant: NF-02, \$9.50/hr. Youth Center – Yokosuka (1 RFT/3 Flex), Negishi (1 RPT), Ikego (1 RFT), Teen Center – Ikego (2 Flex), Yokosuka (1 Flex).

Food Service Worker: NA-03, \$8.96/hr. Bowling Center (1RFT).

Lead Slot Cashier: NF-02, \$8.39/hr. Bowling Center (1 RFT).

Recreation Assistant: NF-02, \$8.39/hr. Wood Hobby Shop (2 Flex), Youth Sports – Yokosuka (1 Flex), Ikego (1 Flex), Community Center (1 RFT/2 Flex).

Recreation Aide: NF-01, \$7.25/hr. Bowling Center (4 Flex).

Cashier: NF-01, \$6.50/hr. Bowling Center Snack Bar (1 RFT/1 Flex).

Recreation

Food Service Worker: NA-03, \$8.96/hr. Theater (2 Flex).

Recreation Assistant: NF-02, \$8.39/hr. Special Events (1 Flex).

Ticket Seller: NF-01, \$5.85/hr. Theater (5 Flex).

Athletics

Field Maintenance Worker: NA-05, \$10.35/hr. Athletics – Yokosuka (2 RFT)

Duty Manager: NF-02, \$8.39/hr. Athletics (1 RFT).

Recreation Assistant: NF-02, \$8.39/hr. Adult Sports (1 Flex).

Clerk Typist: NF-01, \$7.30/hr. Athletics (1 RPT).

Gear Issue Attendant: NF-01, \$6.50/hr. Athletics (5 Flex).

Swim Instructor: NF-02, \$10.00/hr. Aquatics (10 Flex).

Head Lifeguard: NF-02, \$9.50/hr. Aquatics (2 RFT/1 Flex).

Swim Instructor/Lead Lifeguard: NF-02, \$8.39/hr. Aquatics (1 RFT).

Lifeguard: NF-01, \$6.65/hr. Aquatics (8 Flex).

*Due to publishing timelines, some jobs listed may not be available.

For the most up-to-date listing check out www.cfay.navy.mil/mwr

Benny Decker Theater

Friday, April 11

1900 Grease Lightning – Live musical show

Saturday, April 12

1300 Nim's Island PG13
1730 Nim's Island PG13
2030 Definitely, Maybe PG13

Sunday, April 13

1300 Nim's Island PG13
1730 Definitely, Maybe PG13
2030 Step Up 2: The Streets PG13

Monday, April 14

1730 Nim's Island PG13
2030 Fool's Gold PG13

Tuesday, April 15 \$1 Movie Night

1730 Fool's Gold PG13
2030 Shine A Light PG13

Wednesday, April 16

1730 Nim's Island PG13
2030 Definitely, Maybe PG13

Thursday, April 17

1730 Step Up 2: The Streets PG13
2030 Over Her Dead Body PG13

Friday, April 18

1730 Definitely, Maybe PG13
2030 Witless Protection Program PG13

Fleet Theater

Friday, April 11 – Age restriction does not apply

1800 Jumper PG13
2100 Step Up 2: The Streets PG13
2400 Meet the Spartans PG13

Saturday, April 12

1800 The Eye PG13
2100 Untraceable R
2400 Cloverfield PG13

Sunday, April 13

1800 Meet the Spartans PG13
2100 Over Her Dead Body PG13

Monday, April 14

1800 Step Up 2: The Streets PG13
2100 There Will Be Blood R

Tuesday, April 15 \$1 Movie Night

1800 Untraceable R
2100 Rambo R

Wednesday, April 16

1800 There Will Be Blood R
2130 Jumper PG13

Thursday, April 17

1800 Shine A Light PG13
2100 Untraceable R

Friday, April 18

1800 The Eye PG13
2100 Vantage Point PG13
2400 Step Up 2: The Streets PG13

Negishi Theater

Friday, April 11

1900 There Will Be Blood R

Saturday, April 12

1300 The Spiderwick Chronicles PG
1900 Shine A Light PG13

Sunday, April 13

1300 Welcome Home Roscoe Jenkins PG13



Nim's Island

Cast: Jodie Foster, Abigail Breslin, Gerard Butler, Alphonso McAuley
Synopsis: A young girl inhabits an isolated island with her scientist father and communicates with a reclusive author of the novel she's reading. Based on the book by Wendy Orr and Kerry Millard.



Step Up 2: The Streets

Cast: Briana Evigan, Adam G. Sevani, Mari Koda, Cassie, Telisha Shaw
Synopsis: When rebellious street dancer Andie lands at the elite Maryland School of the Arts, she finds herself fighting to fit in while also trying to hold onto her old life. When she joins forces with the school's hottest dancer to compete in an underground dance battle she ultimately finds a way to live her dream while building a bridge between her two separate worlds.



Definitely, Maybe

Cast: Ryan Reynolds, Abigail Breslin, Derek Luke, Isla Fisher, Elizabeth Banks
Synopsis: A 30-something political consultant tries to explain his impending divorce and past relationships to his 11-year-old daughter.



Welcome Home Roscoe Jenkins

Cast: Martin Lawrence, Louis C.K., Nicole Ari Parker, James Earl Jones
Synopsis: Los Angeles based talk show host RJ Stevens returns to his hometown in the deep South set to prove to his family he is no longer the awkward kid they relentlessly picked on. But when his lovable family calls him on his big-city attitude and challenges him at every turn, RJ is forced to take a hard look at the man he's become. He may be a superstar in L.A., but he's just one of the guys in Dry Springs.



Shine A Light

Cast: Mick Jagger, Keith Richards, Charlie Watts, Ron Wood
Synopsis: In autumn 2006 the Rolling Stones gave two concerts at Beacon Theatre in New York. Here, in the 2,800-seat old Broadway theatre that opened in 1928, we encounter living legends Mick Jagger, Keith Richards, Ron Wood and Charlie Watts. Before an enthusiastic audience that includes Hillary and Bill Clinton, the Stones present their hit songs as well as less known numbers.



Over Her Dead Body

Cast: Paul Rudd, Eva Longoria Parker, Lake Bell, Jason Biggs, Lindsay Sloane
Synopsis: Devastated when his fiancée Kate is killed on their wedding day, Henry reluctantly agrees to consult a psychic at the urging of his sister. Despite his skepticism over her psychic abilities, Henry finds himself falling hard for the clairvoyant, and vice versa. But there is a big snag...she is being haunted by Kate's ghost, who considers it her heavenly duty to break up the fledgling romance.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution.

For the most up-to-date movie information call 243-6703.

Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

CHILD WATCH PROGRAM AT PURDY FITNESS CENTER

Let us watch your children while you work out! We now offer the option on Mondays, Wednesdays & Fridays from 0900 to 1215. The cost is \$3/1.5 hour session. For details please call 243-5398.



WIRELESS INTERNET

- Club Alliance Sports Bar
- CPO Club Bar
- Officers' Club Bar
- Spectrum Liberty Center
- Fleet Rec, 3rd floor
- Yokosuka Library
- Green Beach Pool Deck
- Negishi All Hands' Club
- Negishi Library
- Ikego Pool Deck
- Ikego Club Takemiya
- Yokosuka Bowling Center
- Kosano Park
- Green Bay Marina
- ITT/Starbucks Outdoor Area

Administrative Professionals Day

Wednesday, April 23
 All administrative professionals receive 50% off their lunch meal. Coming in for dinner? Order a set, three course menu with soft drink for \$7. For details call the CPO Club at 243-5506.

PART 47 FROM 1000 TO 1330

SATURDAY, APRIL 26

EARTH DAY

30 BASE VOLUNTEERS AND DIVERS NEEDED TO HELP CLEAN THE GREEN BAY MARINA AREA. THERE IS A LOT OF DEBRIS SUBMERGED IN THE WATER AT THE MARINA. LET'S GET TOGETHER WITH LOCAL VOLUNTEERS TO SHOW THEM HOW MUCH WE CARE ABOUT OUR EARTH. REGISTER BY 1600, MONDAY, APRIL 21.

WELCOME TO NAVY

FitFactor

NAVY CYP GET UP - GET OUT - GET FIT

The Navy Youth and Teen Health & Fitness Program for ages 6-18.

The goal of the FitFactor program is to encourage you to make healthy choices and give you opportunities to participate in a variety of fun activities. By getting involved with the program you can reach fitness goals, increase your self-esteem, and set yourself on a healthy lifestyle path that will be continued throughout your adult years. Use the online incentive program to log points, gain levels, and get prizes!

For more information or to schedule a FitFactor presentation please call 241-2952 and ask for the FitFactor coordinator.

New Participant?
 Visit your local Navy School Age Care Center or Youth Sports Office to get enrolled and join in the FitFactor Fun! Check out the website at www.navygetfit.com

WANTED: SCUBA INSTRUCTOR

We are looking for a certified SCUBA instructor to provide basic and advanced diving classes. Please contact the Marina Manager at 243-4155.

Youth Summer Camps

CAMP REGISTRATION

takes place Saturday, May 3 from 0800 to 1200 at Purdy Fitness Center
 Doors open at 0800.

It's that time of year again; register your children and/or teens for the **Teen Camp Adventure, Youth Sports, and School Age Camp Adventure programs!** Get there early as space is limited. Registration details and forms will be included in upcoming editions of the Seahawk newspaper, MWR Focus magazine, and at www.cfay.navy.mil/mwr

Japanese Professional Basketball League
 Saturday, May 3 and Sunday, May 4
 Ariake Colosseum
 Tickets on sale Saturday, April 12

ECC presents The FINALS

2007-2008 BJ PLAYOFFS

Saturday, May 3	Game One at 1430	Game Two at 1800
	SS Reserved Seat ¥4,700 S Reserved Seat ¥3,300 A Seat ¥2,800 (Child ¥900) B Seat ¥1,900 (Child ¥450)	SS Reserved Seat ¥4,700 S Reserved Seat ¥3,300 A Seat ¥2,800 (Child ¥900) B Seat ¥1,900 (Child ¥450)
Sunday, May 4	Game Three at 1300	Game Four at 1630
	SS Seat ¥4,200 S Seat (Main) ¥3,800 S Seat (Bench) ¥3,800 A Seat ¥3,800 B Seat ¥2,800	SS Seat ¥6,500 S Seat (Main) ¥4,700 S Seat (Bench) ¥4,700 A Seat ¥3,800 B Seat ¥2,800

Ticket for both days to see all four games
 A Seat ¥5,600 / ¥1,400 Child or B Seat ¥3,800 / ¥950 Child

Anger management: learning effective ways to deal with anger

By Lt. j.g. Roman McCoy, USNH Yokosuka

Everyone feels anger at one time or another. Anger is a completely normal, usually healthy, emotion. However, when anger can no longer be managed or expressed appropriately, people can find themselves in over their heads. Uncontrolled anger can cause problems in all aspects of daily living, including home and work. Learning effective ways to deal with anger can help to prevent anger from getting the best of us.

Anger is defined as "an emotional state that varies from mild irritation to intense fury and rage," depending on the situation. It also varies from person to person, as no two people will react the same way to a negative situation.

Anger is also one possible natural response to threatening situations, which inspires fierce feelings and reactions that can help us to survive these threatening situations. It can also serve as an inspiration for change, as one reacts with anger toward an injustice. Therefore, anger can help us survive and serve as an impetus for change; however, awareness regarding responses to these feelings, as well as channeling them appropriately, allows for respecting the rights of others and ourselves.

Some people are expressive with their anger, meaning

they make their concerns clear to those around them. Being assertive, not pushy or demanding, can be the healthiest manner of expressing anger, as long as one does not become overbearing or harm others. It is important to be respectful of others, even when angry.

Others suppress, or hold their anger inside. If not expressed, suppressed anger can lead to any number of stress-related physical symptoms, such as high blood pressure and depression. A healthier manner of suppressing anger is to convert it into constructive behavior, focusing anger energy towards something positive like exercise.

Lastly, another option is to "calm down inside." This means controlling both outward behavior and own internal responses such as heart rate and respirations, and then letting the feelings subside until the situation can be dealt with more effectively.

There are many tools that can help with expressing and dealing with anger. One of the first steps in learning to deal with anger is to identify anger triggers: those things that cause anger or loss of temper. Tools for dealing with anger include relaxation exercises, such as deep breathing, soothing imagery and non-vigorous exercise will help in dealing with the physical manifestations of anger. Take a "time out" to decide on an appropriate response. Use

humor, not sarcasm, to release tension. These and many other tools can help deal with anger. Practicing using these tools is important to ensure they can be used when they are needed in the heat of the situation.

Lastly, if anger is causing difficulties in daily life, please seek assistance from an anger management professional who can help explain determine where the anger is coming from and provide better tools for dealing with anger.

USNH Yokosuka

Public Information interviews

USNH Yokosuka will be undergoing its triennial Joint Commission and Navy Medical Inspector General survey April 22-25. Patients and staff members may contact a Joint Commission surveyor and request a public information interview. Those wishing to speak with a member of the Joint Commission may arrange for an interview by calling Lt. Cmdr. Felix Alfonso at 243-8511. Concerns may also be brought to the attention of the Medical Inspector General by calling their hotline at 1-800-637-6175, DSN 295-9019 or by e-mail to navymedighotline@med.navy.mil.

Attention to colors!



HM3 Cynthia Lane, a native of Rosamond, Calif., and HN Travis Tucker, a native of Springville, Ala., prepare to raise the national ensigns of the United States and Japan during morning colors at U.S. Naval Hospital Yokosuka March 28.

U.S. Navy photo by MCSN Kari R. Bergman

Medical In-service Procurement Program deadline approaching

By MCSN Ken Ingram, NPC Public Affairs

The Navy announced requirements for the Medical Service Corps (MSC) In-service Procurement Program (IPP) in a NAVADMIN 078/08 released March 26.

The MSC IPP provides a path for qualified and career motivated active duty enlisted personnel to obtain a commission as a MSC officer in health care administration, environmental health, industrial hygiene, pharmacy, physician assistant, or radiation health, according to the message.

Applications for the program are due no later than Aug. 20. Submission criteria can be found in OPNAVINST 1420.1A (chapters 1, 2, and 6).

IPP is open to active duty enlisted Sailors, Marines and Navy full-time support in pay grades E-5 through E-9. Applicants must be under the age of 42 by the time of initial commissioning. No age waivers will be granted, according to the message.

College entrance exam scores are required for all applicants requesting to complete a bachelor's degree using military funding. The minimum acceptable SAT score is 1,000 and the minimum ACT score is 42. For applicants applying to the physician assistant program, only SAT scores will be accepted.

U.S. Naval Hospital Yokosuka graduates Japanese interns

By MC2(SW) Brock A. Taylor, Fleet Public Affairs Det., Japan

U.S. Naval Hospital (USNH) Yokosuka graduated five Japanese interns in a graduation ceremony held at the hospital March 24.

USNH Yokosuka has hosted the internship program since 1952, providing Japanese medical students and graduates an opportunity to work hands-on in a Western approach to medical practices.

Lt. Cmdr. Joel Ahlgrim, the hospital's intern director, says this program gives Japanese medical professionals added curriculum that a lot of American doctors don't get.

"This is actually very different from most internship and residency programs in the United States," Ahlgrim said. "In the U.S., people graduate from medical school and go on to do further training directly, and it's primarily just along their career track for their own future benefit."

However, most of the Japanese interns have already completed and graduated in their field of study and are in fact licensed doctors. Ahlgrim says a lot of these students have a desire to practice overseas and since USNH Yokosuka works with American patients around the clock, it's a perfect learning environment for the interns.

Dr. Mai Takematsu, one of the recent graduates, had only experienced delivering a baby once during her



USNH Yokosuka graduated five Japanese interns during a graduation ceremony held March 24, signaling the successful completion of the 56th year of the hospital's internship program.

Photo by Tom Watanabe

Japanese residency.

"Here, a lot of babies are delivered, it's unbelievable," Takematsu said.

But, it wasn't just delivering babies that kept Takematsu busy; it was the hands-on experience.

"In medical school it's basically studying with books. We have fewer chances to spend time with real patients," said Takematsu. "I'm glad to have spent my first year after graduating from medical school at USNH Yokosuka. I learned the most important fundamental basics in practicing medicine," she added.

For 56 years this program has been a success for hundreds of Japanese doctors. It also has its benefits for the base hospital as well.

"They are essentially liaisons between our hospital and the outside community and they help us take care of our patients better," said Ahlgrim.

USNH Yokosuka is the largest naval hospital in mainland Japan and its staff can support most basic healthcare needs. However, Ahlgrim says that sometimes, certain emergent care is referred to local hospitals and having a Japanese intern at the hospital is beneficial in the communication process.

"In exchange we try to teach them something valuable as well ... and that's an American approach to medicine," said Ahlgrim.

JAL Academy aids FISC MLCs cross-cultural communications

Story and photos by Tim Shannon,
CFAY Public Affairs

Select Master Labor Contractors (MLCs) new to U.S. Fleet and Industrial Supply Center (FISC) Yokosuka participated in a one-day cross-cultural communications seminar March 28.

The class was facilitated by Mayuzumi "Mayu" Harutoshi, a business consultant for Japan Airlines (JAL), as part of the JAL Academy, which offers several courses in international business communications.

FISC Executive Director Greg Porter welcomed the participants of the class and spoke to them about the importance of their collective contributions to the overall success of FISC.

"I believe that the combination of different cultures, with our Japanese culture, our American culture, and I'd even thrown in our military culture, makes us [FISC] stronger," he said. "We really have a unique opportunity here, where we take the best of all of our cultures, bring it together to make a strong workforce that enjoys working together and provides great service to our customers."

Porter added that FISC's diversity provides him with opportunities, daily, to add to his leadership toolbox and

challenged the class to do the same.

"Every day that I come to work here at FISC Yokosuka – more here than anywhere else I've been, I learn something new and I hope you do too, because I think that makes us stronger and helps us to work better as a team," he said.

After Porter finished, Harutoshi divided the class into groups, had everyone introduce themselves within the group and asked them to compare their work experiences in cross-cultural communications. The group was also asked to list their goals in aiding communications within their various work centers at FISC.

He then talked to them about the significance of non-verbal communications in western cultures, which was relatively new to some of the participants.

"The most interesting part [of the class] for me was learning how important facial expressions are," said FISC MLC Mariko Nishizaki. "Also, I learned that the tone of someone's voice is sometimes more important than what they are saying. Words are not the only way to express your feelings."

Other topics that Harutoshi touched upon included, looking passed stereotypes and developing skills to better express ideas in a way that they can be understood by people of different cultures.

Harutoshi also explained that his desire is to create working environments where the combined efforts of employees, using cross-cultural communications, is greater than the sum of their individual efforts.

"The goal of this class is to help the Japanese participants to

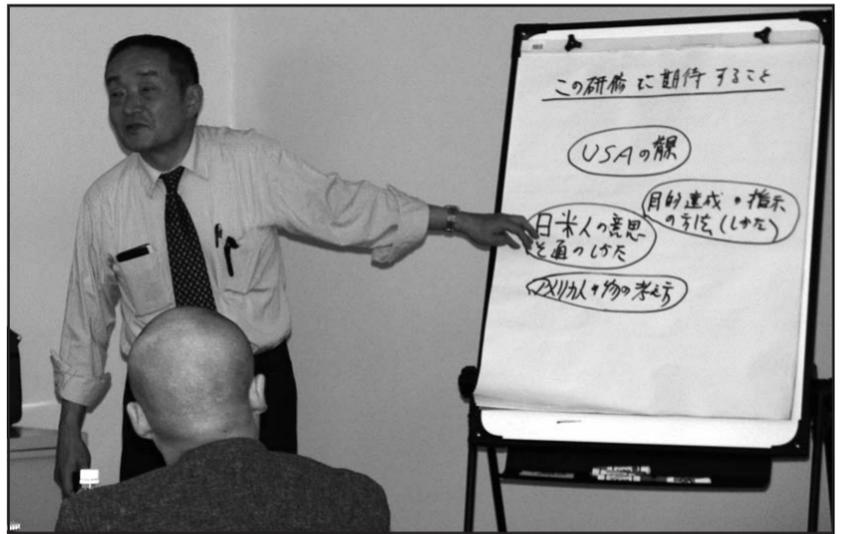
become more aware of different cultures so that they can participate in enhancing the effectiveness of the organization by creating cross-cultural synergy. Once people have a better understanding of the different cultures they are working with, they can do new things, they can explore new initiatives and they can take an organization to the next level of success."

As a business consultant for JAL, Harutoshi is a firm believer that without effective communications, no business can realize its full potential in today's global market.

"How important is understanding other cultures in the 21st century? It's 120 percent important," he said emphatically. "It's the most important element in business communications. Without it, no business can survive in the 21st century."

This class was the second JAL Academy held at FISC Yokosuka this year. The first class was geared toward teaching leaders from western cultures how to effectively manage a workforce made up of U.S. military, civilians, and Japanese personnel.

The JAL Academy was established in 1991 as a joint venture between JAL, the British Broadcasting Corporation (BBC) and the American Graduate School for International Management and has more than 100 clients, including FISC Yokosuka.



Mayuzumi Harutoshi of JAL Academy teaches a class in cross-cultural communications to Japanese Master Labor Contractors at FISC Yokosuka March 28.



(Center) Hiromitsu Suzuki reads the results of his group's experiences in multi-cultural communications while working at FISC Yokosuka as Mayuzumi Yoshimoto looks on and offers encouragement.

JALアカデミー、FISCのMLCに異文化コミュニケーションを指南

文・写真：ティム・シャノン、CFAY広報課

FISCのMLCの中から選ばれた経歴の浅い従業員が、3月28日に行われた異文化コミュニケーションセミナーに参加した。

講師を務めたのは日本航空(JAL)ビジネスコンサルタントの黛治利氏で、JALアカデミーはこの他にも国際的なビジネスコミュニケーションに関するコースを提供している。

FISCエグゼクティブディレクターのグレッグ・ポーター氏は参加者にする挨拶の中で、全体的な成功を収めるには総力を結集することが重要だと語った。

「それぞれ異なった日本とアメリカの文化、更に言えば軍隊の文化が連携すれば、我々FISCはもっと強くなるのです」とポーター氏。「それぞれの文化の長所を生かし組み合わせ、共に働くことを喜びと出来る結束のある従業員集団となり、素晴らしいサービスを提供できる、実にユニークな文化に恵まれています。」

ポーター氏は、FISCの多様性は日々リーダーとしての財産を得る機会を与えてくれる、と語り、参加者にも同様の姿勢を持って欲しいと求めた。

「毎朝仕事に来るたび、ここFISC横須賀では他のどこにも増して、何か新しい発見があります。皆さんも同様であればいいと思っています。より強くなることができ、更に良いチームとして働くことが出来るからです。」

参加者はグループに分かれて自己紹介をし、異文化コミュニケーションの観点から様々な職場での経験が話し合われた。

黛氏は西欧文化では言葉を使わないコミュニケーションが重要だと語り、それを始めて耳にする参加者もいたようだ。

「このコースで一番面白かったのは、顔の表情がとても大切だということです」と話すのはMLCの西崎真理子さん。「もう一つ学んだことは、声の調子が実際の言葉以上に多くを伝えられるということです。言葉だけが

気持ちを伝える手段ではないんですね。」

黛氏はステレオタイプに惑わされないことや、異なる文化背景を持つ人にも理解できるような表現の磨き方などのトピックにも言及した。

異文化コミュニケーション技術を生かした従業員総体としての力が、単なる個々の力の合計を上回るような職場環境を作り上げることが望みだと、黛氏は説明した。

「日本人の参加者が異文化をより深く知り、交錯する異文化の相乗効果で組織の効率を更に高める一翼を担う力を育てるのが、このコースの目標です。自分が接している異文化を良く理解できるようになれば、新しいことに取り組んだり、新しい可能性を探ったり、組織を一つ上の成功に導くこともできます。」

JALのビジネスコンサルタントとして、黛氏はスムーズなコミュニケーション無くしては、どんなビジネスも今日の世界マーケットにおいて真価を発揮する事はできないという信念を持っている。

「21世紀には他の文化を理解することはどれくらい重要だと思いますか。重要度は120%です」と彼は強調した。その理

解がなければ、21世紀を生き抜けるビジネスはありません。」

FISC横須賀で開かれたJALアカデミーは今年2回目である。初回のコースは米国側の管理職を対象に、米国軍人と政府職員そして日本人で構成される従業員グループの効果的な管理の仕方についてのものだった。

JALアカデミーは1991年、JALと英国放送協会(BBC)、国際経営アメリカン・グラジュエート・スクールの合併事業で、FISC横須賀を含め100以上の顧客を持つ。



(Left) FISC Master Labor Contract (MLC) Misae Nakada introduces FISC Executive Director Greg Porter to a class of MLCs at the beginning of the JAL Academy Cross-cultural Communications class March 28.

SRF-JRMC receives 2007 CNO Safety Ashore Award

Story and photo by Keiichi Adachi,
CFAY Public Affairs

Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) Yokosuka's commitment to safety was highlighted recently as the command was selected by the Chief of Naval Operations (CNO) to receive the Fiscal Year 2007 Achievement in Safety Ashore Award for Outside the Continental United States Industrial.

This award recognizes Navy activities that have demonstrated the best occupational safety and health programs within each of their respective categories. Each and every member of the SRF-JRMC's team should take pride in this accomplishment, especially since everyone worked extremely hard to imbue a safety culture that makes working safely a genuine priority.

For several years, SRF-JRMC has made significant strides in reducing mishaps throughout the organization and has been busy educating and energizing employees to look out for both themselves and their co-workers.

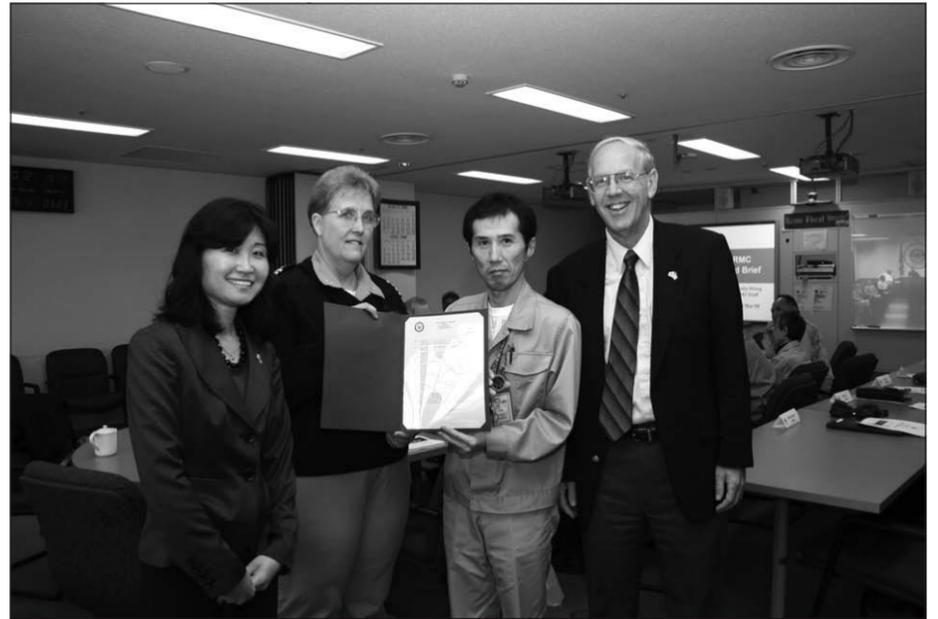
"Selection by the CNO is a tremendous honor and validates the outstanding efforts and commitment of the entire SRF-JRMC," said Hitoshi Kato, Safety Manager at SRF-JRMC. He continued, "The strategy of our safety team has been innovative, engaging and responsive to the needs of the workforce. This is a great incentive for all SRF-JRMC personnel to improve our safety and health program and develop a solid safety culture."

According to Kato, the key elements to receiving the award was the 58 percent mishap reduction in fiscal year 07, the deep involvement in the safety and health program by supervisors, Lean activities, and safety achievements in each program.

Some of the many actions taken by the command that resulted in this selection include: placing strong emphasis on leadership, ownership, and accountability, which increased chain-of-command involvement in the safety program, providing special training and education on operational risk management (ORM) for all employees, both industrial and administrative, enabling them to anticipate and mitigate hazards through the use of ORM's process, and heightening ergonomics safety awareness of all employees.

On behalf of Williams Ryzewic, Deputy Chief of Staff for Fleet Maintenance, U.S. Pacific Fleet, Kelly Wong, Commander, U.S. Pacific Fleet Ship Repair Facility Program Manager for Fleet Maintenance, presented a letter of appreciation to Hitoshi Kato, Director of Safety Manager at SRF-JRMC during the SRF-JRMC command brief.

The letter stated, "This is truly a well deserved award as the Navy's fifth and newest shipyard; providing complex, high risk, heavy industrial repairs, while under challenges of high operational tempo and preparing for a forward deployed aircraft carrier. I would



(Left) Deputy Chief of Staff for Fleet Maintenance, U.S. Pacific Fleet Kelly Wong, Commanding Officer SRF-JRMC Capt. Stephanie Douglas, SRF-JRMC Director of Safety Manager Hitoshi Kato and U.S. Pacific Fleet SRF Program Manager for Fleet Maintenance Clifford Sanden display the Letter of Appreciation awarded to Kato for his contribution to SRF-JRMC earning the 2007 CNO Safety Ashore Award.

SRF-JRMCの部隊概要説明会の中で、米海軍太平洋艦隊メンテナンス副参謀長ウィリアム・リズウィック氏の名代として、太平洋艦隊艦船修理施設プログラムマネージャーのケリー・ウォンさんが、加藤等さんに感謝状を贈呈後、SRF-JRMC司令官ステファニー・ダグラス大佐と太平洋艦隊艦船修理施設プログラムマネージャーのクリフォード・サンドンさんが記念撮影に加わった。

like especially to recognize, Mr. Hitoshi Kato, and his staff of Japanese personnel, most notably for their contributions, specifically in communicating U.S. standards into concepts understood in both Japanese and U.S. cultures. Their efforts in this unique bilingual environment can not be understated."

According to Kato, his office will be conducting more effective safety training and inspection and also performing Job Safety Analysis and Hazard Recognition training to improve individual hazard recognition abilities to achieve a "zero" mishap workplace.

CNO shore activity winners will be forwarded as the Navy's nominees for the Secretary of the Navy (SECNAV) Award for Achievement in Safety Ashore, with the announcement of winners expected in April.

SRF-JRMC、2007年CNO安全賞を受ける

文・写真:安達慶一、CFAY広報課

「CNOに選ばれたことは光栄な事であり、SRF-JRMCが一丸となり安全に対して努力してきた成果です」とSRF-JRMC安全室室長の加藤等さんは話した。「安全チームの戦略は、従業員のニーズに対して刷新的、積極的に関わり、迅速に対応することでした。SRF-JRMC全従業員による安全衛生プログラムの改善、安全意識の構築への尽力が、受賞という偉業に結びついたのです。」

2007会計年度では前年度比の58パーセントの事故数を減少させ、監督者、リーン活動による安全衛生プログラムへの多大な協力と個々のプログラムにおける安全達成度が受賞へのカギだったと加藤さんは分析する。

表彰に至った部隊の活動の幾つかには、安全プログラ

ムにおいて指揮系統の関与による、安全に対する指導力、当事者、責任感の増大。管理・工業的な観点から業務上の危険管理(ORM)に関する特別なトレーニングや教育の提供。ORM手順の使用を通じて従業員に危険の予測と影響や経費の軽減を可能にする。従業員の人間工学安全に対する意識の向上が挙げられる。

SRF-JRMCの部隊概要説明会の中で、米海軍太平洋艦隊メンテナンス副参謀長ウィリアム・リズウィック氏の名代として、太平洋艦隊艦船修理施設プログラムマネージャーのケリー・ウォンさんが、加藤等さんに感謝状を贈呈した。

感謝状には、「今回の受賞は、海軍で5番目の新しい造修所として本当にふさわしいものでした。複雑で危険度の高い造修作業を行いながら、尚且つテンポの早い作戦

行動に対する対応が求められている状況下、新空母の受け入れ準備も行なって来ました。特に安全室の加藤等さん、そして彼のスタッフである日本人従業員の皆さんの素晴らしい貢献を称えたいと思います。特筆すべき事にアメリカの安全基準を、日米両方の文化で浸透させる事に貢献して下さいました。この特殊な2ヶ国語の環境における彼らの努力を、軽視する事は出来ません」と書かれている。

加藤さんによると、安全室ではより効果的な安全トレーニングを行い、職場での事故数ゼロを達成する為に、個人の危険認識力を改善する業務安全分析や危険物予測トレーニングも行なうと言う。

4月の発表を以って、CNO陸上部隊安全受賞者は米海軍の候補者として、海軍長官賞へノミネートされる。

SRF-JRMC offers coins for Sailors contribution on board USS McCambell

Story and photo by Keiichi Adachi, CFAY Public Affairs

Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) Environmental Team recently conducted a pier side environmental surveillance on USS Campbell (DDG 85) and rewarded several Sailors for their environmental efforts by presenting them with a newly designed Environmental Command Coin.

Sailors on board the ship were conducting grinding operations on the outer hull utilizing a paint float. The Sailors had designed a secondary containment using a tarp that totally enclosed the back of the float. In addition, they placed the tarp around the sides and on the front of the float to prevent debris from the grinding operations from falling into the waters of Japan. The innovation used for the tarp design and the environmental awareness demonstrated by the crew of McCambell to protect Japan's environmental resources when conducting outer hull grinding operations is to be commended.

The SRF-JRMC Environmental Office developed a command coin to be presented to personnel who display continuous improvement in Environmental protection, pollution, prevention and compliance. They hope that this new coin will help promote environmental awareness and stewardship among workers onboard ships, in the shops, and those located at the many industrial worksites of SRF-JRMC. Recently the environmentally themed coins were presented as an incentive reward and special recognition to workers who have developed innovative means of pollution prevention in an effort to perform their work operations in accordance with environmental regulations.



BM2 (SW/AW) Preston Rodgers, BM3(SW) Brian Theall, BM3 Brett Butler, and CT2 Ronnie Miller, proudly display the coins they received from the SRF-JRMC Environmental Office in the wardroom onboard USS McCambell (DDG 85).

USS McCambell is an outstanding example of compliance with the Japan Environmental Governing Standards and is a model for other ships to follow on the waterfront in conducting outer hull preservation.

FFSC offers mid-career workshop CONCEP to CFAY Sailors

By MCSN Kari R. Bergman, Fleet Public Affairs Det., Japan

The Fleet and Family Support Center (FFSC) at Commander, Fleet Activities Yokosuka (CFAY) introduced different techniques of parallel career development to 13 active-duty service members during the Career Options and Navy Skills Evaluation Program (CONCEP) mid-career workshop held March 24-28.

The CONCEP mid-career workshop is a four-day college accredited course that covers personal planning, financial management and Navy career options for active-duty service members with 6 to 12 years active duty and 18-24 months remaining on their current enlistment.

"The information I found most useful in the class is the financial material, because it shows you how to budget your money, decrease debt, and increase your finances so that you have a stable welfare for your family," said Postal Clerk 1st Class (SW) De'Andre Allen, a native of Jacksonville, Fla., and a participant in the course.

"This program is great for service members, because it provides them with a lot of good information and knowledge," said Windsor "Steve" Ancheta, a Family Life and Education Specialist at the FFSC. "No matter what they decide to do, like stay in the military or if they decide to get out, service members need to have some kind of a plan no matter what they decided to do and this program helps them with developing that plan."

Sailors who attended the training said the experience was a positive one and echoed the benefits of a plan for or after the Navy.

"I have been in the Navy for seven years and this course definitely provides Sailors with the tools that they need to make a good plan whether they decided to stay in the Navy or get out," said Information Systems Technician 2nd class (SW) Charmaine Lee Bacon, a native of San Jose, Calif.

According to Ancheta, the course doesn't try to influence Sailors to reenlist or become part of the civilian workforce. It is a beneficial tool used to guide them should they choose either career option.

"This class doesn't pressure you into staying in or to get out of the Navy," said Allen. "It assists you in making the right choice for yourself and your family. I am at my 12 year mark and I wanted to make sure I was well informed of my options when it comes time for me to make my decision of getting out."

For those leaning toward transitioning from active duty to the civilian workforce, the class offers invaluable insight and resources.

"This class shows you resume writing if you decided to get out and it also shows you the traits that you obtained while being in the military," said Construction Electrician 2nd Class (SCW), a native of El Paso, Texas, and a participant in the class.

For Sailors who don't fall into the six to 12 years of service category, FFSC provides an accelerated CONCEP for those who are serving their first enlistment.

Head's Up Yokosuka! Community Announcements

Victim Advocate initial training – The Fleet and Family Support Center (FFSC) is offering the Victim Advocate initial training course April 22-25 from 8 a.m. to 4 p.m. (application required) at the Fleet Recreation Center, 3rd floor, room 353. Contact FC2 Angela Kipping at 243-7148 for more information.

An Evening with an IA Family – Meet an Individual Augmentee (IA) family and share their unique challenges related to an IA deployment. This is a forum provided for all IA families to gather, share ideas and ask questions. Join us April 15 from 5:30 - 6:30 p.m. at the Fleet and Family Support Center Annex building 1558, Take Room. Call 243-7935 for more information.

Healthy Relationships: for your child's future – Learn how family interactions will influence your child well into adulthood. The class is offered by Fleet and Family Support Center every second Tuesday of the month from 5 - 6:30 p.m., in the Take room, FFSC Annex. Call 243-7878 for more information or to sign up.

FFSC Renovation – The Fleet and Family Support Center (FFSC) will be undergoing renovations from now to May 23. Call 243-3372 or 243-7878 for assistance or more information

FFSC Compass Program Class – The next available class will be held May 28 through 30 in the Fleet and Family Support Center Annex, Take room. Compass, a three-day, 12 hour course is a peer-to-peer mentorship program designed to help Navy spouses adapt to military life. Contact Shelle Napier at 241-3282, for more information or to make a reservation.

Learn to speak Japanese – The Community Center is offering two Japanese Language classes; one with textbook and one without. This is a wonderful opportunity to learn the language of our host country. Contact the Community Center at 243-6713 for more information or to sign up.

Individual Augmentee (IA) Spouse Support Group Meetings – Share your challenges and success strategies with others. Meet other IA spouses going through similar challenges. Take time out for yourself. For more information and dates on meetings, call the Fleet Family Support Center (FFSC) at 243-3372 or e-mail to lalanie.jamison@fe.navy.mil.

Pet of the Week



This week's Pet of the Week is Sissy. She is a six year old tabby mix who is litter box trained, microchipped and all her shots updated. Sissy is playful, affectionate, gets along well with children and would be a great addition to your home. To find out more about Sissy or any animal at P.A.W.S., contact them at 243-9996, or visit the P.A.W.S. Web site at www.paw yokosuka.org.

Photo by Vicki Boehler

American and Japanese Boy Scouts Friendship Camping – A three day joint camping event will be held at Commander, Fleet Activities, Yokosuka's Ikego Campground April 18-20. More than 300 youths from the Scouting Association of Japan's Kanagawa Prefecture will camp alongside 150 American Boy Scouts from the Greater Tokyo Area, hosted by local Troop 35 of Yokosuka Naval Base. The event will feature a wide range of outdoor events: compass course, first aid, wall climbing, archery and a cooking contest. A campfire ceremony will highlight the event. A ceremonial friendship tree-planting is also planned. The goal of the event is to establish closer ties to the host county's Scouting Association, and give local Scouts from both Japan and the U.S. exposure to the international aspect of world scouting, without the need of distant travel. Contact Capt. Michael Brenyo at 243-3504/5484, 090-9789-3088 or e-mail to michael.brenyo@med.navy.mil for more information.

El Abuelo Viejo "The Old Grandfather"

By Chaplain Donald Moss

I have a favorite story that comes from the American Southwest. It is a story about a family that lived on a small ranch in the center of New Mexico. This family had a mother, a father and many children. There was also was an old grandfather.

The grandfather was often hungry, cold and lonely. When it was time for meals, the family forgot to take food to the grandfather. When it was cold, the family forgot to cover him with a blanket. But, mostly, they forgot to spend time with the grandfather. This is why he was lonely. We all know it is not any fun being lonely.

One day, one of the children in the family asked his father, "Papa, may I borrow half of the blanket you keep in the barn?"

The father asked his son, "Why do you want the blanket?"

The boy said, "I want to cover Grandfather. He is cold."

The father asked, "But why do you want half of the blanket?"

The boy said, "Papa, I want to save the other half for you when you get old."

It was at that point the father realized his neglect of his own father. From that day forward, he made sure his father was not hungry. He made sure that he was not cold. But most of all, he made sure his father was not lonely. Everyone in the family spent time with their grandfather. From that time on, people began to visit this family on a regular basis. That is because everyone likes to be in places where there is love. And, where there is love, there is mercy.

Have you ever noticed that we live in a society that likes to criticize? I think we are all tempted to look for and point out the faults of others. I also think this critical attitude makes us "hard hearted" and less likely to show mercy when it is needed.

Perhaps this Southwestern family has a lot to teach us about mercy and how we could look after one another.

2008 Summer Employment Opportunities for Students

The Summer Youth Employment Program allows youths (ages 14-21) to earn while they learn. This program provides job opportunities during summer vacation (June 23-Aug. 5, 2008), for family member dependents of U.S. Military personnel and DOD Civilian employees. Dependents of contracting personnel are not eligible for the program.

The rate of pay for Summer Youth Employment has not been set, it is likely that the rate will equal or exceed last year's rate of \$5/hr. Applicants are required to be at least 14 years of age and not over 21. All applicants are required to have their own Social Security Number at the time of hire. Non-resident Alien applicants will be assigned a pseudo number for employment purposes only by HRO.

Applications must be submitted to HRO, Bldg. 1472, from April 2 through May 2 from 8 a.m. to 3:30 p.m. Parents or guardians may submit applications for their dependent children. Interested students must submit an application and a parental consent form with HRO. These forms may be obtained at Kinnick High School or Human Resources Office, Bldg. 1472. Application will be considered on a first come, first served basis.

For additional information, call Ms. Lisa Marsh at 243-3413.

Working Aide – AD-3502-01, SH-08. Open: 4-2-08, Close: 5-2-08.

HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at <http://hro.cnfj.navy.mil>.

Applicants for worldwide vacancies must follow the procedure in the "Job Opportunities" page of the www.donhr.navy.mil Internet site. Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cutoff date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop box by 8 a.m. the following workday to be accepted as having been received the previous workday.

Postmark dated, faxed or e-mailed applications will not be accepted.

New

Secretary (OA) – YB-318-1, NH-61-08. Open: 4-11-08, Close: 5-9-08 (1st C/O: 4-25-08).

Continuing

Child Development Operations Clerk (OA) – YB-303-1, CFAY-58-08. Open: 4-4-08, Close: 5-2-08 (1st C/O: 4-18-08). *Location: Negishi.

Child Development Operations Clerk (OA) – YB-303-1, CFAY-59-08. Open: 4-4-08, Close: 5-2-08 (1st C/O: 4-18-08). *Location: Ikego.

ESL Instructor – YA-1701-2, SRF-55-08. Open: 4-4-08, Close: 4-18-08.

Health System Specialist – YA-671-2, NH-57-08. Open: 4-4-08, Close: 5-2-08 (1st C/O: 4-18-08).

Information and Technology Specialist – YA-2210-2, NH-56-08. Open: 4-4-08, Close: 5-2-08 (1st C/O: 4-18-08).

Nurse – YH-610-1, NH-53-08. Open: 3-28-08, Close: 4-25-08 (1st C/O: 4-11-08)

Supervisory Education and Training Technician – YC-1702-1, CFAY-60-08. Open: 4-4-08, Close: 5-2-08 (1st C/O: 4-18-08).

Claims Assistant – YB-998-1, NH-45-08. Open: 3-21-08, Close: 4-18-08.

Education and Training Technician – YB-1702-1, CFAY-30-08. Open: 2-22-08, Close: 8-22-08. *Six months open register.

Human Resources Technician (Rect/Class) – YB-203-2, CNFJ-51-08. Open: 3-28-08, Close: 4-25-08 (1st C/O: 4-11-08). *Location: Atsugi.

Practical Nurse – YI-620-1, NH-48-08. Open: 3-28-08, Close: 4-25-08 (1st C/O: 4-11-08).

Practical Nurse – YI-620-1, NH-49-08. Open: 3-28-08, Close: 4-25-08 (1st C/O: 4-11-08). *Part time, 30 hrs./week.

Practical Nurse – YI-620-1, NH-50-08. Open: 3-28-08, Close: 4-25-08 (1st C/O: 4-11-08). *Part time, 24 hrs./week.

Secretary – YB-318-1, NH-47-08. Open: 3-28-08, Close: 4-25-08 (1st C/O: 4-11-08).

NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to www.navy-nex.com, click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

Food Service Worker – Yokosuka Food Services. \$8.28/hr.

Food Delivery Operator – Yokosuka. \$8.28/hr.

Food Service Supervisor – Food Services. \$10.74/hr.

Cook – Food Services. \$10.35/hr.

Sales Clerk (Specialty) – Retail. \$7-\$9/hr.

Sales Clerk – Retail. \$6.50-\$8/hr.

Customer Service Clerk – Main Store. \$7-\$9/hr.

Supervisory Sales Clerk – Retail. \$8.39-\$11/hr.

Store Worker – Main Store. \$8.28/hr.

Hair Stylist – Beauty Salon (Yokosuka, Negishi). Commission.

Receptionist – Beauty Salon. \$7-\$7.50/hr.

Personalized Services Clerk – Personalized Services. \$7.25-\$8/hr.

Labor (Visual Merchandiser) – Visual Merchandising. \$8.28/hr.

Security Guard – Main Store, Distribution Center. \$7.50-\$9/hr.

Automotive Mechanic – Autoport. \$13.63/hr.

Desk Clerk – Navy Lodge. \$7-\$8/hr.

General Clerk – Inventory Control. \$7-\$9/hr.

Inventory Technician – Inventory Control. \$8.50-\$10/hr.

Warehouse Worker – Distribution Center. \$9.66/hr.

Forklift Operator Supervisor – Distribution Center. \$12.12/hr.

Passover

Please join us at the Chapel of Hope

Sunday, April 20 at 4:30 p.m.

in the Fellowship Hall for a Seder.

Everyone is welcome to attend.

RSVP required by April 15.

Please contact the Chapel of Hope
at 243-6773



Worship Schedule

YOKOSUKA: Chapel of Hope
• 243-6773/ 6774

Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 nd TUE	Pre-Baptism Class	1830
THU	Choir Practice, Main Chapel	1700
FRI	Choir Practice, Choir Room	1700
1 st FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1530
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

NOTE: Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

General Protestant

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

Protestant Liturgical

SUN	Communion Service, Fellowship Hall	1100
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Contemporary Christian

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

Gospel Praise Service

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

Filipino Christian

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, Classroom 3	1800

Church of Christ

SUN	Worship, Kinnick Little Theatre	0930
SUN	Sunday School	1100
WED	Bible Study, Classroom 1, 2 and 4	1800

The Church of Jesus Christ of Latter-Day Saints

SUN	Sacrament	1300
SUN	Sunday School	1420
SUN	Priesthood/Relief Society	1510

Location: Across from the City of Yokosuka Post Office (Off base)

Yokosuka Christian Fellowship

SUN	Fellowship Service (Ichiban Tower)	1230
WED	Youth Meeting (Chapel of Hope)	1800

Jewish Faith Community

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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Soka Gakkai International (Buddhist)
2nd AND 4th THU Classroom 4 1830

Specialized Ministries

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*
TUE Fellowship Hall/Classrooms 1615

Yokosuka Student Ministries (Middle School and High School)*

WED	Middle School – Quest	1600
	High School – One Way	1830

Protestant Women of the Chapel*

TUE	Bible Study, Classroom 10	1830
THU	PRECEPTS, Fellowship Hall	0930
THU	Bible Study, Classroom 7	1600

Japanese Women's Bible Study*

TUE	Main Chapel/Fellowship Hall, Classrooms	0900
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"Mom's Time"

Last WED of the month	0930
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COMPASS Spouse Support Group

WED, THU, FRI (Last week of month), Room 1	0900
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Men's Christian Fellowship

TUE	Study Group (Fleet Rec. Center, 3 rd Deck)	1130
3 rd SAT	Breakfast (Location varies)	

**Runs from September to June*

NEGISHI: Chapel of the Rising Sun
• 242-4183

Roman Catholic

THU	CCD, classrooms	0900
SUN	Mass, Main Chapel	0800

Protestant

SUN	Worship Service, Main Chapel	1030
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IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)

Roman Catholic
SAT Vigil Mass 1900

Pentecostal

SUN	Worship Service	1000
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A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*
WED Ikego Elementary School 1630

Yokosuka Student Ministries (Middle School and High School)*
THU Middle School/High School – Q2 Kyoto Tower Party Room 1830

Note: In the event of an emergency (after 1630 and before 0730 the next day), the Chaplain on Duty can be reached by calling Commander, Fleet Activities, Yokosuka Security at 243-2300.

Fleet and Family Support Center

Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

Monday, April 14

CASA – Communication, Anger and Stress Management, Assertiveness 2:30 p.m. (1.5 hrs.) four sessions: Does your life seem out of control? This workshop is designed to help you build skills in these four important areas of your life!

English as a Second Language 10 a.m. (2 hrs): ESL is designed for anyone whose first language is not English. In this class, students practice basic, English skills and learn about American culture. Special attention is given to speaking English in an everyday setting.

Tuesday, April 15

Area Orientation Brief and Intercultural Relations Class 7:45 a.m. (4 days): **April 15-April 18, this class will be held at the Benny Decker Theater.** Welcome to the Land of the Rising Sun, kanji, yen and bowing. This combined class is offered weekly, and is required for all incoming military personnel, Department of Defense civilians and family members. Representatives from around the base will talk about the unique policies, procedures and benefits associated with living and driving in Japan. Local experts will discuss cultural issues and adjusting to your new home.

Individual Augmentee Spouse Support Group Meeting 5:30 p.m. (1 hr.): FFSC offers a variety of services in support of individual augmentees (IAs) and their families. An IA Spouse Support Group is for spouses of current, former and soon-to-be IAs to get together and share their ideas and concerns; a counselor will be available for questions. Children are welcome!

Ikego – Employment Overview and Tips 10 a.m. (2 hrs.): If you are interested in the local employment market, please join this class and talk with our full-time spouse employment assistance manager. Reservations are required for this crash course on employment availability in the Yokosuka/Ikego/Yokohama area: including government positions, teaching English, modeling and other lucrative opportunities.

Wednesday, April 16

CASA – Communication, Anger and Stress Management, Assertiveness 2:30 p.m. (1.5 hrs.) four sessions: Does your life seem out of control? This workshop is designed to help you build skills in these four important areas of your life!

Getting Started Teaching English 10 a.m. (2 hrs.): Learn how to get started teaching English in Japan. We will discuss types of teaching positions, legalities, marketing yourself, average prices to charge, topics for lesson plans and much more.

Japanese Spouse Group 10 a.m. (2 hrs.): This class is focused on the special concerns of Japanese spouses that are new to the Navy and Yokosuka, Negishi, or Ikego Bases. Our bilingual instructors have valuable first-hand knowledge to share and will help you feel more comfortable with your new role as a Navy Spouse! The network portion of the class will give you the chance to make friends with other Japanese spouses and share your experiences as a military spouse. This class is conducted in Japanese.

Thursday, April 17

English Teachers Networking Group 10 a.m. (2 hrs.): New and experienced English teachers are invited to learn from, network with and support each other in this monthly session. Topics discussed will include developing age-appropriate lessons, sharing resources and off-base employment opportunities for teachers.

Family Readiness Leadership Meeting 11:30 p.m. (2 hrs.): This is an opportunity for Family Leadership Readiness Group Leaders to discuss the opportunities and challenges facing family readiness groups here in Yokosuka as well as to share ideas and ask questions of other groups. All FRG leaders, Command Leadership, and Command Leadership Spouses are encouraged to attend.

Ikego – Play Morning 9:30 a.m. (1.5 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Nikko Tower.

Pre-Marriage Seminar 9 a.m. (1 1/2 days): Engaged to be married? Planning on tying the knot here in Japan? If so, then you need to attend this seminar. We will cover important areas regarding marriage procedures, command sponsorship, immigration, passport procedures, financial management, successful marriage and family planning. This course is a required prerequisite for marriage in Japan under COMNAVFORJAPAN instructions.

Saving and Investing 11 a.m. (1.5 hrs.): In this class, we'll teach you the difference between a stock and a bond. You'll learn about your risk tolerance, your time horizon, and what investment vehicles match your investor style. You'll learn about mutual funds, expense ratios, money markets. You'll even learn about dividend reinvestment plans and how you can buy stock directly from certain companies.

Space A Travel/EML Brief 1 p.m. (2 hrs.): Representatives from Yokota's AMC Terminal and a U.S. Navy specialist on EML Travel will conduct this one and a half-hour brief. Travel tips and procedures will be explained in detail along with current flight schedules and destinations for Space A travel.

Friday, April 18

Home Buying Basics 11 a.m. (1.5 hrs.): Only the biggest financial decision you'll ever make. Come to this class to arm yourself with as much information as you can about the process of buying a house. Realtors won't teach you this information, they want to sell you a house. Creditors won't teach you this information, they want to close the loan. But we'll teach you this information. We'll talk hot markets, cold markets, and the real estate "bubble."

Play Morning 9:30 a.m. (1.5 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Ayame Tower.

Sponsor and Sponsor Coordinator Training 2 p.m. (2 hrs.): This class provides volunteer or designated command sponsors with background information and useful tips so that they can help new personnel before and after their relocation to Japan. Creative communication and support is discussed as a means to make newcomers feel that they are a valued part of the team as quickly as possible. Adult and teen family members are welcome to attend. Basic instruction in the management of an effective Command Sponsor Program in accordance with OPNAVINST 1740.3 will also be covered.

Upcoming Classes

April 21	English as a Second Language Managing Your Transition (TAMP)
April 22	Area Orientation Brief and Intercultural Relations Class Ikego – Kid's Craft Class
April 23	Basic Breastfeeding
April 24	Ikego – Play Morning
April 25	Play Morning

Negishi FFSC
242-4125

Fleet and Family Support Center
243-FFSC (3372)

Ikego FFSC
246-8052

Visit Our Web site

Go to: www.cfay.navy.mil. Click the "FFSC" Tab

Automobiles

'94 Toyota Curren. 69,100 km. Good condition, silver, 2-dr, A/C, power windows, AM/FM, 12 disc CD player, new front brakes. Available in April. \$1,400. For more information, contact kgraewert@hotmail.com.

Awesome '94 Honda Legend. \$1,995 obo. 62,000 miles, JCI good 'til 11/27/09. V6 engine gives it a fast and smooth ride! CD player too – it's clean and looks great! Also – plenty of legroom. Great deal! Call 080-5646-3307, or e-mail: patrick68250@yahoo.com.

Angel Motors – Specializing in U.S.A. Spec (LHD) Models! American owned and operated car business with export and shipping experience.

Custom order any Japanese (RHD) model! **Angel Motors Angel Motors April Car Specials!** 1. Gorgeous '97 U.S.A. BMW M3 coupe 3.2 liter with 52K miles, 5MT in silver, "angel eye" headlights, crystal tail lights for \$13,900! 2. Low mileage (31,000 miles!) one owner '95 U.S.A. BMW 525i sedan (AT) full specs with premium and winter packages for \$8,900! 3. Fast '95 Skyline 2.5 turbo coupe with 5MT in silver loaded with many options for \$6,500! Visit our web site for photos and details, or call Mike to see. Contact Mike for more details at Tel: 090-8019-6372, e-mail: mike@angelmotorsjapan.com. Web site: www.angelmotorsjapan.com.

Dodge Grand Caravans, Nitro, Patriots, Wrangles and Jeep Grand Cherokees. American specifications. Drive them in Japan then take them back to the states with you. Warranty work available while you are here in Japan. For more information, contact Don Houdek at NEX New Car Sales at 080-3243-4689, or e-mail: dhoudek@militarycars.com.

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U.S. SPEC CARS!! Available in Yokosuka. You can ship the car to the states. We are located at the Yokosuka entrance #7 on Yoko Yoko. 15 minutes from the base. Come and check our stock. English Spoken. 93-2 Yamanaka, Yokosuka. E-mail: auto@casper.co.jp. Web site: www.casper.co.jp. Call (046) 853-2110.

Motorcycles

'99 Harley-Davidson Electric Glide Classic. 28,000 km. Excellent condition. Must see and drive to appreciate. \$9,500 obo or yen equivalent. (046) 876-3513 or 080-5412-5627, e-mail: dgaroutte@hotmail.com for photos.

Services

A Computer/Electronic technician is here to assist you with your computer, electronics and entertainment needs. @ Home service includes home networking setup, entertainment installation and computer repairs. Knowledgeable service with fair prices, call Edwin. 080-6797-2531 (Serving Yokosuka and Ikego areas).

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Don't have time to CLEAN your house? Don't stress out. Let me do the work. Call now 090-6048-5146. Limited Custmer.

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Face Painting! PartyPaints face painting is perfect for birthday parties, school and office events. Availability is filling up fast, so call us today! Call PartyPaints 241-2907, e-mail: Artist@partypaints.com, www.partypaints.com.

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LTO Junking Service. JCI inspection, registration, title transfer, address change, t-plate. Manual/Automatic OK. Ikego/Negishi OK. You can depend on me rain or shine. Derrick, 241-4415, 090-3592-8809.

Junking your car. PCSing don't have the time or don't want the hassle. Call me first. I will do it for you. Call Derrick, 090-3592-8809, 241-4415 anytime night or day.

LTO runs and junking service. Car or paperwork. Japanese inspection, new registration, transfer registration, deregistration, change of address, road tax, temporary plates. Eight years experience. Call Fe, 241-4954 or 090-9317-8259.

LTO Runs and Admin Services. Yokosuka/Ikego/Negishi Registrations, inspections, transfers, I do it all. No problem driving your vehicle to LTO. Call Reiko, 241-3100/080-5497-2600 or e-mail: reikoruslto@yahoo.com. 日本語もOKです!

LTO runs and junking services. Runs from Yokosuka and Ikego. New registration, deregistration, Japanese inspection, transfer. Also do mini-car registration. Please call Roselle at 090-4222-7435, e-mail: always_roselle@hotmail.com.

LTO runs and junking service. Will drive your car/minicar to LTO for Japanese inspection, new registration, renewal, transfer registration, deregistration, change address, road tax, temporary plate. Six years experience. Please call Gemma, 241-2709 or 080-5022-8399.

LTO Runs And Car Services. New registrations, Japanese inspections, registration renewals, title transfers, transfer address, and deregistration services. Call Cherry, 080-5046-0689, or e-mail: Harn_Che@yahoo.com.

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MAGICIAN. Children's Birthday Parties. Magic, Music, Comedy, and More! Complimentary Birthday Gift. (イベントや、お誕生日会などにマジック・マイクを呼びませんか?) Call "Magic Mike" DSN 243-4801 (after 2 p.m.) or 090-6199-4993 (24/7), magicmike4u@ezweb.ne.jp, www.magicmike.wetpaint.com.

Need makeup artist on your special day? Experienced makeup and hair artist will work on location. For more detail, call 090-4167-0724 (if no answer, leave message), or e-mail: makeupbytakako@hotmail.com. Artist info: www.makeupbytakako.com.

PARTY PALS! The fun starts here! Invite a life-sized character, princess, or even a fairy to your next birthday party or company event. Book early to ensure availability – call today! 241-2907. View our characters on line: www.birthdaypartypals.com.

PCS-ing? Moving to Washington State? (Bangor, Silverdale, Bremerton, Everett) I could help you find your dreamhome and investment. Please call Mae Dizon-Prudential, NW Real Estate. Mobile: 360-535-3721, home: 360-692-7586, e-mail: mae@pnwre.com. Web site: maed.pnwre.net.

PCS'ing and thinking about purchasing a home in today's Buyers Market? I educate home buyers about the "Home Buying Process" and will refer you to an experienced Realtor specializing in the area where you will be relocating. Save thousands of dollars on your new home purchase working with a realtor!

FREE Service! Call Kim Ramos with Keller Williams Realty. Direct: 090-6503-9567, kramossells@kw.com, web site: www.2hdb.com/kramossells.

PIANO TUNING SERVICE – Spring Campaign 2008 (April-May). Upright Pianos ¥11,000 10,000; Grand Pianos ¥14,000 12,000. *The price may depend on the condition or type of piano. Please contact Edward Fukushima (Member of Japan Piano Technicians Association). (042) 473-4604 (Tel./Fax), 080-5441-1802, efukushima2@hotmail.com, efplano442@ezweb.ne.jp.

Princess House Consultant. Interested in ordering Princess House products or hosting a show and earning free and discounted products? Call me today at 241-4177! Or visit: www.princesshouse.com/MMeginnis.

Princess House Party. Come and be entertained using our "Princess House Products." Every Saturday one o'clock. Call Helen, 241-4811, helenglen@yahoo.com. "SOFA sponsored personnel only." Best quality, elegant products. Catalogues available.

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Yard Sales

Multifamily Yard Sale at Nikko Tower Party Room in Ikego. From 8 a.m.-12 p.m. on Saturday, April 12.

Positions

Yokosuka Co-Op Preschool Now Hiring SY 2008-2009 qualified, compassionate and energetic Teacher, Teacher Aide and Substitutes needed to continue the schools quality early childhood educational programs for military children ages three to five years. Please call 243-4436, visit us at www.yokoco-op.com, or e-mail us at: apply@yokoco-op.com for more information. Applications must be submitted by April 25, 2008.

Wanted

Drivers wanted for on-base taxi service. Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472. Supervisory and Management training positions available.

オンバースタクシーの運転手(パート)募集。MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか?月曜～金曜(Kitty Hawkが入港中)4 a.m.-8 a.m.は(2時間でもOK)運転好きな方、チップも入る結構稼げますよ(普通免許でOK)。243-4511か090-3205-3472まで電話ください。

English Teacher for Children. Part/Full-time positions are available in Yokosuka, Zushi and Yokohama area. Training is provided. For more information, please call (046) 865-8717, Mon.-Fri., 10 a.m.-6 p.m.

Looking for part-time English instructors teaching at home. Private lesson ¥2,500 and group lesson ¥1,500 each student per hour. Please e-mail your resume at: support@lily-ec.jp and get more information.

PINOKIO English School in Tokyo is looking for English teachers. Flexible working day schedule. One day, two days or three days a week. *Monthly wages: One day a week is ¥36,000/month. *Two days a week is ¥75,600/month. *Three days a week is ¥113,600/month. Spring, winter and Japanese holidays paid, plus transportation fee. Located: 35 min's from Yokohama. Please call: Ms.Dena or Ms.Chiko. Tel. (03) 3752-0361. Fax. (03) 3752-0335.

Witty English Tutors wanted. Collegiate level desired but not essential. Call 856-5048 (between 6 and 7 p.m. at night). E-mail: wittytutors@gmail.com.

Personals

WHY YOU NEED "STRAIGHT SCOOP ONLIFE OUTSIDE THE GATE"!!! Asking "the boys at the bar" about LIVING, WORKING & RETIRING IN JAPAN will only get you as many answers as there are bar stools. My 62 page "STRAIGHT SCOOP" is based on 27 years of FACTUAL RESEARCH on what the STRAIGHT SCOOP REALLY IS that covers the eight most important categories and updated annually. Send U.S. \$20 via cash, N.F.C.U. check or I.P.M.O. to J. V. Woodman USN/RET, 2-34 Shioiri-cho, Yokosuka 238-0042, Kanagawa-ken.

Announcements

Did you know there is a CHRISTIAN SCHOOL in Yokosuka? Christian Achievement Academy – where excellence is the standard! Offers the A Beka curriculum and small classes. Registration for 2008-2009 school year has begun for Pre-K - 6th grade. Positions available: Qualified Administrative Staff, Full-time/Substitute Teachers for all grades, and Monitors needed. Call (046) 825-5521 and/or send resume to: humanresource@caajapan.org.

Indian Ethnic Food in Yokosuka. Our dishes amount are good. Quality as perfect as Indian Hotel's Restaurant standard. We are 300 yards from Chuo Station. We pay ¥710 taxi money every 3/4 people coming to our restaurant. Please get receipt from taxi driver and enjoy real Indian ethnic dishes. Bayleaf Indian Restaurant. Tel. (046) 821-1922 and 090-3015-1749. Monday closed. Dinner starts from 6 p.m.

Mother's Day Spa – package Gift Certificate Sales. Facial, Waxing, Manicure Licensed from New York. G's Salon. Please call 241-2474 or 080-5677-6532.

Room for rent. Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$350/month plus utilities. Non-smoker please. Contact: yamadatoshinori@yahoo.co.jp.

TIF Miscellaneous International Party Shibuya, April 12, Sat., 6:30-9 p.m., T's Salon. Held by Japan's biggest international friendship site. Meet 300 people. Beer, cocktails and soft drinks are all you can drink! Snacks are also provided! ¥3,000. http://www.miscellaneousparty.com. Call 080-2001-0512, party@goover.co.jp.

World Friends International Party Yokohama, April 19, Sat., 6:30-9 p.m., Bar Why Not. Biggest international party in Yokohama. Meet 150 people. 20 kinds of free cocktails. Free snacks. ¥3,000. http://www.worldfriends-party.com. Call 080-2001-0512, party@goover.co.jp.

YOKOSUKA BAPTIST CHURCH. Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. www.ybcjapan.org.

Adoption

Thinking about adopting a child? Yes – It can be done while living overseas! We can make it happen! Contact: www.Adopt-Abroad.com.

Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213, on Command Hill. Please stop by the office to place your advertisements!

Classified ads of 30 words or less can be purchased for either \$5 per issue, in cash, at Asahi Advertising, Inc. The fee is \$1 for every 10 additional words. These rates are for Department of Defense servicemembers, family members or civilian personnel only. Prices for all other ads must be separately negotiated with Asahi Advertising, Inc.

The deadline for classified ads is 4 p.m., Friday prior to publication date (one week in advance). Submitted classified ads will be published after payment has been confirmed.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

For more information, please call Asahi Advertising, Inc. at 243-3100/(046)816-3100, or contact them at:

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The point of contact is Keiko or Tomomi, account executive. Regular business hours are Monday-Friday from 10 a.m. to 4 p.m.

Asahi Advertising, Inc.



U.S. Navy chief petty officers walk through the Honch in Yokosuka Japan, as part of a chief petty officer (CPO) sponsored event April 1. The event gave members of the Japanese community an opportunity to meet and talk to their Yokosuka base CPO community neighbors. The event was one of many celebrating the 115th birthday of the CPO organization.

Photo by Kazuyuki Takagi



MC1 Donald Rule of Naval Media Center Yokosuka, Japan, interviews Boston Red Sox pitcher Tim Wakefield prior to Major League Baseball's Opening Day game between Boston and the Oakland Athletics March 25. The game, held at the Tokyo Dome, was won by the Red Sox 6-5 in 10 innings.

U.S. Navy photo by MC2(SW) Adam Vernon



Commanding Officer Afloat Training Group Western Pacific Capt. Carl Carpenter poses with Yokosuka Middle School Principal Mary Leinard and Assistant Principal Willette Horne-Barnes after ATGWP donated a pair of new microwave ovens to the school's cafeteria March 28. Students use the microwaves every day to heat food brought from home.

Photo by Dale N. Duncan Jr.



(Right) CFAY Public Works Department (PWD) Yokosuka Environmental Department instructor Hideomi Kakimoto, spills water to enact a Lube Oil spill drill for Master Labor Contract (MLC) employees while Naval Facilities Engineering Command (NAVFAC) Pacific Environmental engineer Thomas Mau looks on. Mau provided the training for U.S. Civil Service employees and military personnel three times during the month of February.

Photo by Yoshiaki Kanazawa

Konnichiwa!



SRF-JRMC Training Technician Toshihisa Douda provides instruction to apprentices prior to their graduation.

Photo by Yuji Kawabe

- How long have you worked on base? Eight years.
- Where do you work? SRF-JRMC.
- Favorite sport? Wind Surfing.
- Life goal? To live in a resort area after retirement.



Dressed in black ties with combination cover to mark the 115th birthday of the rank of chief petty officer, OSCS Harold Vickers, along with *USS Lassen's* (DDG 82) Chief's Mess, tells the crew of *Lassen* what it means to him to be a chief petty officer. The rank of CPO was created in 1893 and is a major milestone in a Sailors naval career.

U.S. Navy photo by MC3 Matthew R. White