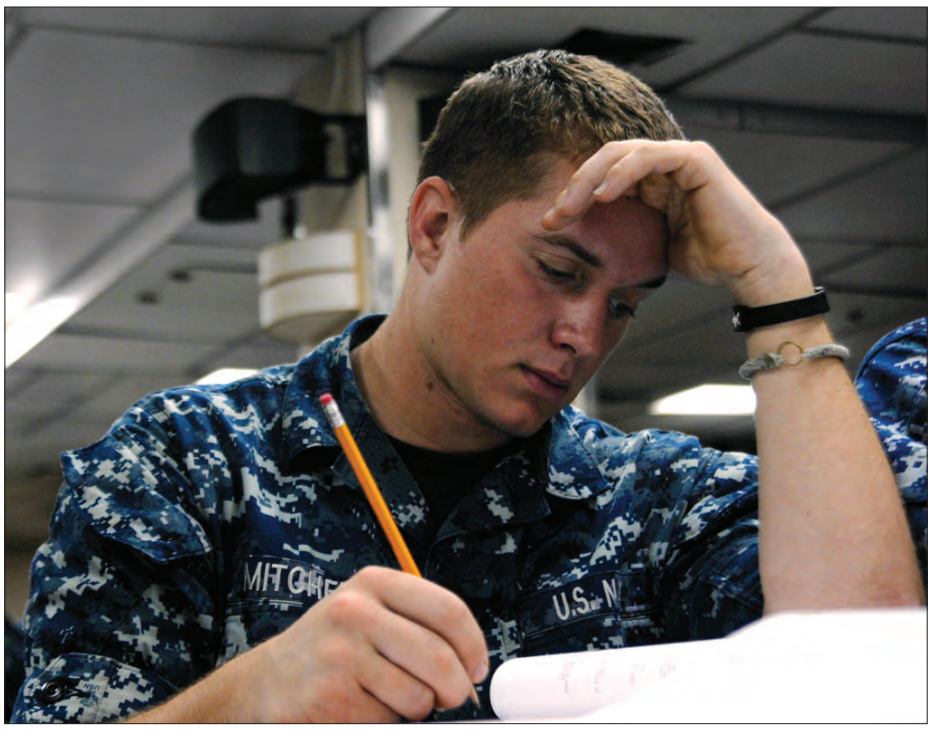

SN Nathan Mitchell takes a Petty Officer 3rd Class advancement exam aboard U.S. 7th Fleet command flagship *USS Blue Ridge* (LCC 19) Sept. 15. Exams are an important component of the Navy advancement process, allowing Sailors to prove their level of knowledge while competing with their peers Navywide.

U.S. Navy photo by MC3 Brian A. Stone

Jardell Peters demonstrates the use of the Mexican tortilla press for Byrd Elementary School multi-aged class second and third-grade students. The students celebrated Mexico's Independence Day and the beginning of Hispanic Heritage Month Sept. 16 by making tortillas from corn meal, cooking them on a hot griddle, then filing and eating them.

Photo by Nancy Turner

Pet of the Week

Meet Precious. She lives up to her name. She does not like shelter life. While she gets along with her fellow cats, also waiting for forever homes, she gets shy when the door opens. When she was visiting a foster home during the March e arthquake she warmed right up to the family and purred for them. To find out more about Precious, or any animal at Pets Are Worth Saving (P.A.W.S.) contact 243-9996, or e-mail usskittytalk.yokosuka@gmail.com, or visit the P.A.W.S. Web site at www.pawsyokosukajapan.com

Konnichiwa

Bravo FAST Company Pacific Lance Cpl. Carlos De La Rosa runs to provide support for machine gunners during a drill at CFAY Berkey Field Sept. 14.

Photo by Yuji Kawabe

Where is your home town?	Los Angeles, Ca.
How long have you been in Japan?	Two months.
What is your favorite food?	In-N-Out Hamburgers.
What is your life goal?	To make my family proud.