

## Veteran's Day ceremony honors troops' courage, commitment

By Dan Bowen, CFAY Public Affairs

Commander Fleet Activities Yokosuka (CFAY) honored all veterans, both past and present, at a ceremony held in the CFAY headquarters auditorium Nov. 11.

Bernie Kenna, the Veterans of Foreign War (VFW) Post 1904 Yokosuka, Japan branch District Commander served as keynote speaker for the event.

The ceremony also featured presentations by Commander U.S. Naval Forces Japan Rear Adm. James Kelly, CFAY Commanding Officer Capt. Daniel Weed, a bagpipe rendition of "Taps" and a moment of silent reflection.

Kenna, a retired senior chief, spoke in detail on the history behind Veteran's Day and how it has evolved over the years from its beginnings as Armistice Day.

According to Kenna, the holiday began with a proclamation from President Woodrow Wilson which stated, "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations."

The original concept for the celebration was to suspend business for a two minute period of silent reflection.

On June 1, 1954, Armistice Day officially became Veteran's Day with the signing of legislation by President Dwight D. Eisenhower to recognize not only the veterans

of World War I, but of all those who have served the wars that required the commitment, courage and patriotism of the nation's finest.

"Veterans Day brings with it a meaningful significance to every American veteran, it offers a time to reflect and remembers those who wore the uniform and served our country," said Kenna.

Kelly, who has proudly served for more than 34 years, reminded those present at the ceremony of the importance of rededicating oneself to the values, the courage and the commitment that veterans, both past and present, have taken on to fulfill their duties and make a positive impact on their commands, their nation and the world.

"It is important to think about those who came before us and how they served," Kelly said. "If you're an active duty card-carrying person or if you are a retired card-carrying person who is still serving the Navy and the nation, think what we could be doing about the mission in our day-to-day lives with the conflicts that are being put before us."

Weed concluded the ceremony with a heartfelt presentation on what it means to be a veteran.

"They stand before us as icons of hope, of those people who have given testimony to a greater cause than most of us, in fact, all of us rarely understand," said Weed.



Sailors from Commander Fleet Activities Yokosuka (CFAY) prepare to pass the flag during the Veterans Day ceremony held at the CFAY Headquarters Auditorium Nov. 11. Veterans Day is a national holiday observed to honor America's veterans for their patriotism, love of country and willingness to serve and sacrifice for the common good.

U.S. Navy photo by MCSN Charles Oki

## USS Curtis Wilbur Sailors spread goodwill during Fukuoka visit

Story and photo by MC2 (SW/AW) Brock A. Taylor, Fleet Public Affairs Det., Japan

Sailors assigned to the Arleigh Burke class guided-missile destroyer *USS Curtis Wilbur* (DDG 54) paid a visit to children at the Fukuoka Kodomo no Ie children's home Nov. 8, during the ship's goodwill visit to Fukuoka.

The Fukuoka Kodomo no Ie is home to nearly 100 children. Visiting U.S. Navy ships conduct outreach projects there a few times a year. Atsushi Komori, Fukuoka Kodomo no Ie's senior instructor, says he appreciates when American Sailors visit.

"I think it's a very good experience for the children to meet Americans," said Komori "They don't have very many opportunities to meet foreigners being here, and I think the visits by ships help the children learn more about American culture."

During their visit, *Curtis Wilbur* Sailors spent time playing games and sharing cookies from the ship with their new friends. The event coordinator, Operations Specialist 2nd Class (SW) Michael Damon, said everybody had a great time.

"Just by seeing the smiles on their faces and the positive interaction between everyone, I can tell that they appreciated us being here," Damon said. "They're just kids so they can't express their appreciation in words, but I think their smiles explained it all."

Damage Controlman 2nd Class Nazar Xmann, said that sometimes, community relations (COMREL) events are complicated due to language difficulties, but this particular visit, language wasn't a factor, because having fun spoke volumes.

"I've been a part of a lot of COMRELS in Japan and sometimes language acts as a barrier, but with these kids there was no barrier, they just enjoyed playing with us," Xmann said. "I'll never forget them."

*Curtis Wilbur* made a scheduled port visit to Fukuoka and her crew of approximately 300 Sailors will engage in goodwill activities with the community. Other events include playing a friendly game of softball and soccer with airman of the Japan Air Self-Defense



CTRSN Zandria Curran assigned to *USS Curtis Wilbur* (DDG 54) plays with a child at the Fukuoka Kodomo no Ie children's home Nov. 8. *Curtis Wilbur* Sailors paid a visit to the children's home as part of a community relations project during a goodwill port visit to Fukuoka.

Force, Western Air Force and visiting a local Sumo stable. *Curtis Wilbur* Sailors also experienced liberty and learned about Western Japan's culture.

Second Annual

# Grand Illumination

Sat., Dec. 6, noon to 6:30 p.m.



Capt. Daniel L. Weed,  
Commander,  
Fleet Activities  
Yokosuka



CMDCM Wayne E. Smith,  
Command Master  
Chief

**Seahawk Articles/Photos and Community Announcement Submissions** – Deadline for community announcements and article/photo submissions for the Seahawk is the Friday before the next Seahawk edition. E-mail your submissions to [Seahawk-Umitaka@fe.navy.mil](mailto:Seahawk-Umitaka@fe.navy.mil). Please include your telephone contact information in the body of the e-mail. Contact the Seahawk editor at [Seahawk-Umitaka@fe.navy.mil](mailto:Seahawk-Umitaka@fe.navy.mil) or call 243-2567/3003 for specific submission requirements or for more information.

**Channel 12 Slide Scroller Submissions** - All community announcement presentations for airing on local base channel 12 can be created using Microsoft PowerPoint software but must be saved and submitted as a jpg/jpeg type file. E-mail your submissions to [Seahawk-Umitaka@fe.navy.mil](mailto:Seahawk-Umitaka@fe.navy.mil). Contact MCC(SW/AW) Eric Hannah at [eric.hannah@fe.navy.mil](mailto:eric.hannah@fe.navy.mil) for more information.

**Street Smart** – Commander Fleet Activities Yokosuka will host a presentation titled “Street Smart” given

by Stay Alive From Education (SAFE), Dec. 9-11, 8:30-10 a.m., 10:30 a.m.-noon, and 1:30-3 p.m., at the Fleet Theater. SAFE is a non-profit organization dedicated to reducing injuries and fatalities. The “Street Smart” program focuses on the consequences of unsafe driving, driving while under the influence of drugs or alcohol and seatbelt noncompliance. Military, U.S. and Japanese civilian employees and family members (above the age of 14) are highly encouraged to attend. Prizes will be given away and the first 20 people through the door will be given priority for a Narita bus trip from Dec. 15 to Jan. 9 (space available). From one hero to another, meet the men and women who are saving lives at home! Contact Kristin Hamon, CFAY Safety Office at 243-7314 for more information.

**Heating Season Begins** – In support of current Navy and National Energy Policies, Commander Fleet Activities Yokosuka has approved a phased approach to turning on steam heat according to the following schedule:

- Nov. 19-21: Living - Family housing, BOQ/BEQ.
- Nov. 24-26: Common - Retail areas, clubs and schools.
- Nov. 28 - Dec. 02: Office - General office and administration areas.
- Dec. 3-7: Industrial - Warehouses, shops.

Buildings or spaces that utilize electric heating/air conditioning units should turn on their units in accordance with the above schedule. Thermostat

settings should be no higher than 68 F or 20 C.

**BZ:** Thank you very much to the Ikego Housing Office for their excellent service on two recent occasions. We have a newborn and we live in one of the towers which at times can be challenging. First, Chris Churchill went out of his way to find out when the next evacuation drill was to occur so that we could plan according and be ready when the alarm went off to limit the baby’s exposure to the loud alarm sound. Secondly, John Duenas went out of his way to bring a room heater to our unit for the baby so that I did not have to bring the baby outside and carry the heater back myself. Both of these things meant a lot! Kudos and thanks to both of you!

**Q:** I had wanted to keep one of my teens out of the Teen Center near Purdy Gym, but was advised by one of the supervisors that no mechanism existed to do so. I had thought teens were allowed into the center only with parental permission. What are the rules on teens visiting the Teen Center?

**A:** Any teen using the Morale, Welfare and Recreation (MWR) Teen Center must be registered in the program. As part of this registration process, it is required for parents to sign the registration form before a teen will be “allowed” to use the program. The answer you received is correct in that MWR does not have a mechanism in place to administer parental discipline, nor do we wish for our staff to play that

role. If a parent does not want their teen attending the program any longer, they should ask our Teen Center staff to pull his/her registration card permanently which would have the same effect. If this was a temporary measure or a consequence to the teens behavior (i.e., punishment, restriction, etc.), the burden of enforcement should be on the parents of the teen, not our staff. If you have any further concerns in this area, feel free to contact the (acting) Teen Program Coordinator Isaiah Mincks at 241-2950 or the Community Activities Director Mark Richards at 243-1215.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and “Bravo Zulu” comments are appreciated. Address concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don’t get results, send an e-mail to [cfay.pao.watch@fe.navy.mil](mailto:cfay.pao.watch@fe.navy.mil). We welcome your feedback, especially if it is of a general nature and can help others. The next “Commander’s Corner” live call-in show is tentatively scheduled for Dec. 4. This is your opportunity to call in and speak with Commander Fleet Activities Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or send an e-mail to: [Seahawk-Umitaka@fe.navy.mil](mailto:Seahawk-Umitaka@fe.navy.mil).

## At home for a Yokosuka Thanksgiving

By Capt. Daniel Weed

*“There is one day that is ours. Thanksgiving Day is the one day that is purely American” - O. Henry*

Amidst the challenge and inevitable turmoil of everyday life, we are thankful for the opportunity to pause and reflect on the bountiful harvests we enjoy each day. Our forefathers endured a perilous journey across the Atlantic Ocean, towards an uncertain destination and an incalculable end. They struggled through trials and tribulations to forge a future for all of us. These bold spirits set on to define American destiny under simple auspices of religious freedom. Their single, unselfish act started a journey that is far from finished and continues to amaze us as it unfolds before us.

Our first national day of Thanksgiving was declared in 1777, with our Continental Congress proclaiming a holiday for the American victory over the British at Saratoga, New York. Our 16th President, Abraham Lincoln, declared Thanksgiving on July 2, 1863, to celebrate preservation of the Union with a Union Army victory at Gettysburg and one in November to give thanks for the Nation’s blessings. George Washington’s Thanksgiving address in 1789 strikes a chord in many American hearts to reflect upon our American core values and thank our citizens, our government, and our nation for the amazing journey upon which we have embarked. We are thankful for our friends and family, and are thankful that we can share our good fortune with our community. Our thanks are manifested through kinship and unique American cuisine from around our country that makes Thanksgiving as individual and personal as America itself.

However, Thanksgiving meals today, colorful history and platitudes aside, differs markedly from its humble beginnings. The meager fare offered at the first Thanksgiving bears stark contrast to the harvest cornucopia we feast upon today. As was aptly annotated at the turn of the century, the average American on Thanksgiving faces daunting challenges. Faced with the “Battle of the Pies”; pumpkin and mince, each camp

staunchly advocates victory; hopefully, most of us will peacefully resolve this conflict by consuming copious quantities of each dessert. Our next challenge is our waistband’s vehement resistance to turkey and stuffing overconsumption. Forewarned is forearmed; so expect the best prepared to sport attire in deference to the culinary challenge before them. No worries – we will always have the coming year to prepare for next year’s gastronomic onslaught.

Nonetheless, there are more serious challenges than dietary decisions that face us today. Our superlative military forces, scattered around the United States and throughout the world this moment, stand their post to defend our freedom. Individual augmentees, supporting America’s call for freedom may enjoy their turkey and cranberry sauce for a brief while today, but they will be back on watch and ready to respond at a moment’s notice when called. Remember them today in your thoughts and prayers. Stop and give thanks that your family is safe and healthy, especially because, following the tragedies, it is all too real a possibility that it might not have been.

Thanksgiving is a celebration of American spirit, of risk taking and prudent courses; strong reminders that our destiny lie not in our stars, but in ourselves. We ask at Thanksgiving for peace, for our loved ones, friends, and mankind abroad.

Immigrants in a new land struggled to adapt to new customs, a strange language, and unfamiliar ways. At times, many of us in Fleet Activities, Yokosuka can feel the same way. Thankfully, our Japanese community cares for us in many ways that prevent us from feeling isolated. They are strong community supporters, care for us and each other, and seek ways to gain a deeper understanding of our customs and culture. Thanks to their efforts, we can feel we really are “home for the holidays.”

Please share our holidays and culture with our Japanese community this year; and you can be proud that you have started a new American tradition – sharing thanks with our Yokosuka community.

### Commander Fleet Activities Yokosuka Capt. Daniel L. Weed

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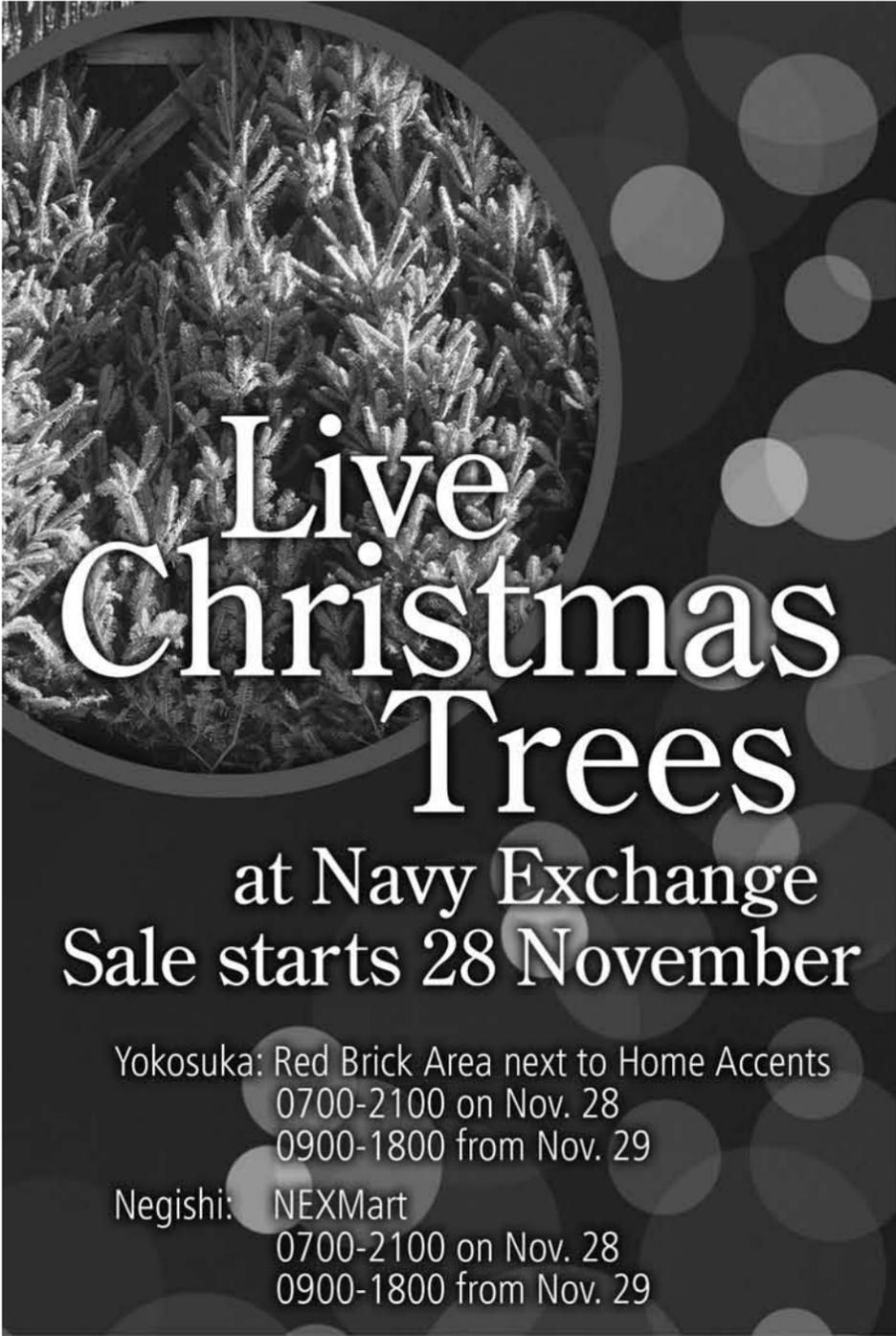
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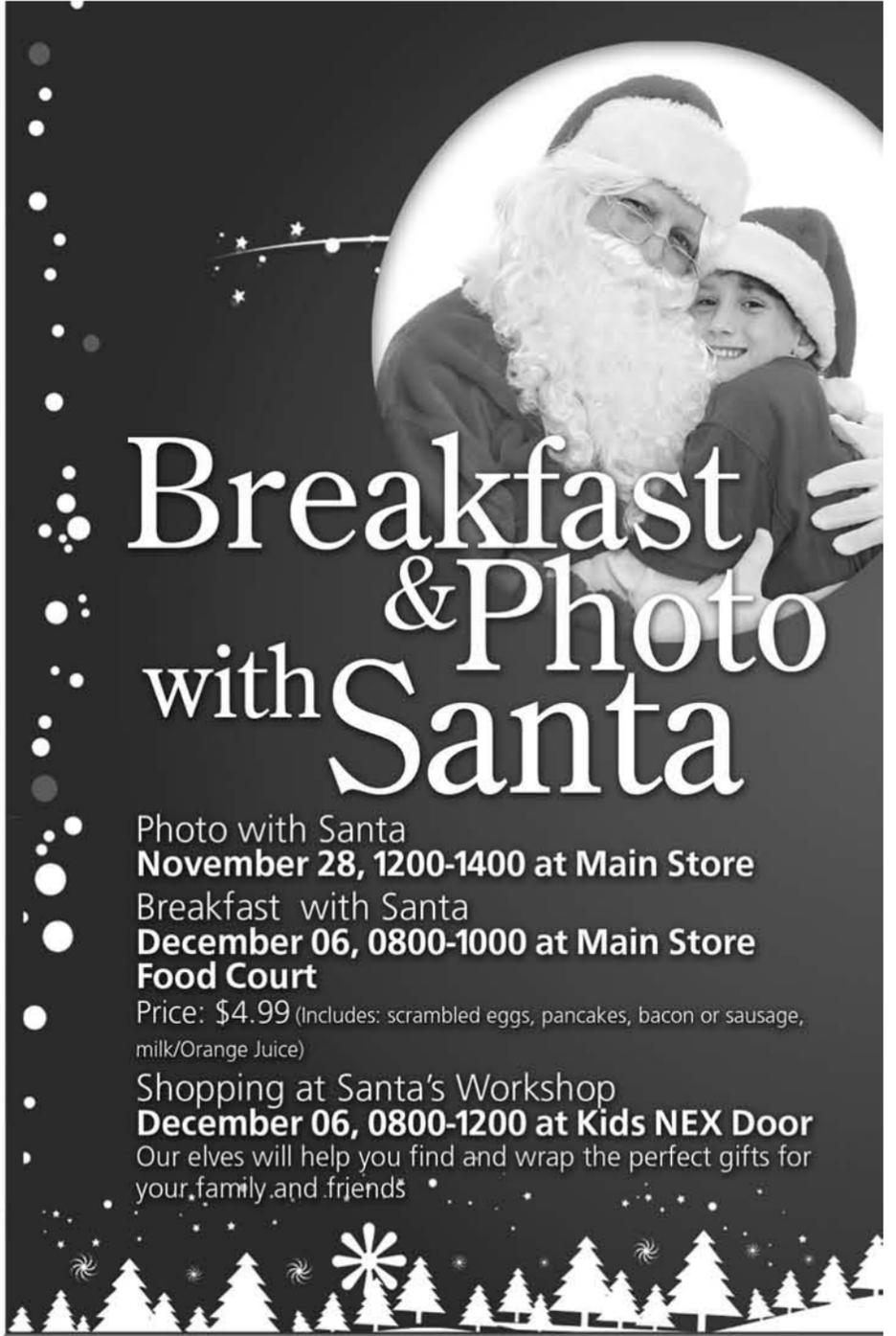
# Live Christmas Trees

## at Navy Exchange

### Sale starts 28 November

Yokosuka: Red Brick Area next to Home Accents  
0700-2100 on Nov. 28  
0900-1800 from Nov. 29

Negishi: NEXMart  
0700-2100 on Nov. 28  
0900-1800 from Nov. 29



# Breakfast & Photo with Santa

Photo with Santa  
**November 28, 1200-1400 at Main Store**

Breakfast with Santa  
**December 06, 0800-1000 at Main Store Food Court**

Price: \$4.99 (Includes: scrambled eggs, pancakes, bacon or sausage, milk/Orange Juice)

Shopping at Santa's Workshop  
**December 06, 0800-1200 at Kids NEX Door**

Our elves will help you find and wrap the perfect gifts for your family and friends

Call for more information :  
Yokosuka 243-4455 • Negishi 242-4155

Call for more information :  
Yokosuka 243-4455



## School Lunch Menu DECEMBER

<b>1</b> Honey Baked Chicken Rice Steamed Crinkled Carrots Fruited Jell-O Milk	<b>2</b> Pepperoni Pizza Garden Side Salad Fruited Jell-O Milk	<b>3</b> Chicken Pasta Alfredo Steamed Broccoli w/ Melted, Cheese Dolphin Crackers Jell-O, Milk	<b>4</b> Ham & Cheese Wrap Lettuce & Tomato Dolphin Crackers Chilled Fruit Cocktail Milk	<b>5</b> Baked Crunchy Fish Sticks Parmesan Noodles Cucumber & Carrot Sticks Fresh Fruit Milk
<b>8</b> Baked Chicken Nuggets Garden Side Salad Garlic Roll Chilled Applesauce Milk	<b>9</b> Cheese Pizza Seasoned Corn Chilled Peaches Milk	<b>10</b> Egg and Cheese Omelet Baked Hash Brown Sliced Apples Milk	<b>11</b> Ham & Cheese on Wheat Bread Side of Chef Salad Fruited Jell-O Milk	<b>12</b> Baked Corn Dog Garden Side Salad Ice Cream Fresh Fruit Milk
<b>15</b> Beef Frank on Wheat Bun Baked Beans w/ Cheese Orange Slices Jell-O Milk	<b>16</b> Turkey & Gravy w/ creamy mashed potato Vegetable Medley Dinner Roll Fresh fruit cup Milk	<b>17</b> Nacho Chips w/ Taco meat and Cheese Cinnamon Toast Chilled Pears Milk	<b>18</b> Spaghetti w/ meat sauce Garlic toast Green Peas Fruited Jell-O Milk	<b>19</b> Popcorn Chicken Pasta Salad Fresh Fruit Milk
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>CHRISTMAS HOLIDAY</b>				
<b>29</b>	<b>30</b>	<b>31</b>		
<p>In the event that an item on the menu is unavailable, an item of equal or greater nutritional value will be provided.</p> <p>School Lunch Tickets are available at all NEX Customer Service Counters.</p> <p style="text-align: right;"><b>SCHOOL RESUMES JANUARY 5, 2009</b></p>				

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Sunday : 0900-2000

NEX Depot  
Mon-Fri: 0900-1700  
Sat & Sun : Closed

Autoport Mini-Mart  
Daily: 0600-2300

**IKEGO**  
Mini-Mart  
Monday: 1000-2100  
Sat-Sun: 0900-2100

**NEGISHI**  
NEX Mart  
Daily: 1000-2000

## Blue Ridge passes light off assessment, demonstrates readiness

By MC3 Josh Cassatt,  
USS Blue Ridge Public Affairs

**U**SS Blue Ridge (LCC 19) completed its light off assessment (LOA) Nov. 6 after successfully demonstrating readiness in lighting off and steaming its boilers following the ship's restricted availability (SRA) period.

During the LOA, Commander, Task Force (CTF) 76 assessment teams came onboard to conduct main space and boiler inspections and evaluate the ship's repair lockers' damage control and fire prevention effectiveness.

The first phase of LOA, displaying an effective main space firefighting capability, proved no problem for the repair lockers as they passed on the first attempt.

"Our main space fire drill was the first milestone that we passed, and to pass it the first time is exceptional," said Senior Chief Damage Controlman (SW) Wesley Leif Lairson, Blue Ridge's damage control training team coordinator. "Everybody involved in that, propulsion, the repair organization and the rest of the crew, all performed very well."

The main space firefighting drill was such a success that the assessment team did not have to do a specific debrief on it during the LOA out brief, said Chief Warrant Officer Willie Williams, Blue Ridge's damage control assistant.

"That is a testament to the people in the repair lockers, their knowledge of damage control and firefighting and their motivation to train," Williams said. "We are so proficient in our main space firefighting that it has become

routine for us. The inspectors are just watching us do the main space drills the way we do them every day."

After the main space fire drill the team moved on to cold checks, in which each division in the engineering department was subjected to equipment checks to ensure the ship's electrical and propulsion systems are operational and up to standards after it has been cold iron. Cold iron is when the ship's boilers are not producing any steam and its engines are not running for more than 120 days.

For the engineering department, the LOA was a smooth process because its Sailors were well-trained and motivated, said Machinist Mate 1st Class (SW) George Saik, Blue Ridge's fire room leading petty officer.

"The fire room as a whole was very well prepared," Saik said. "A lot of measures were taken to ensure we were ready for the LOA. Our Sailors have been working hard throughout the SRA getting their equipment ready, making the spaces presentable, practicing cold checks and making sure the plant was safe to steam."

Engineering was more than ready to show their spaces and capabilities to the assessment team, having practiced and executed countless dry runs and pre-checks prior to the LOA, really paid off, Saik said.

"Everyone did an outstanding job," Saik said. "Motivation was high, plant knowledge was good, and everyone knew how to present their space to the inspectors."

Blue Ridge Executive Officer Cmdr. Timothy "Van" Cooke, expressed his appreciation to the crew for their efforts in getting the ship ready for its light off later this month.



USS Blue Ridge (LCC 19) Commanding Officer Capt. Thom W. Burke performs a maintenance spot check with ETSN Brian Maples on the ship's identification friend or foe (IFF) antenna system.

U.S. Navy photo by MCSN Daniel Viramontes

"You guys are it, you are the 'A' team and you proved it," Cooke said. "You guys are reason why we passed this, You did a wonderful job and I have never been prouder of any group."

## George Washington CMC performs with rock band Smash Mouth

By MCSN Anthony R. Martinez, USS George Washington Public Affairs

While the band Smash Mouth played in the hangar bay of USS George Washington (CVN 73) (GW) Nov. 4, the ship's Command Master Chief (CMC) Jeffrey R. Clark Sr. astonished Sailors by performing on the drums with the band for one song.

Sailors may find it difficult to balance commitment to the Navy while exceeding in extracurricular activities, but Clark is proof that it's possible.

"This was really a humbling experience and a once-in-a-lifetime opportunity to play with some great professionals, and not do too bad," said Clark with a modest smile, "Smash Mouth performed flawlessly, and to play with them will be a hard act to follow."

"It was an honor and privilege," he added, "and I wanted to ensure I performed well in front of all the GW Sailors who were out there."

The average person might have had a little stage fright when performing in front of a packed hangar bay of Sailors who look up to him for leadership, but not Clark. That may be from the fact that it wasn't his first time playing on stage.

Clark said he's played in numerous shows in Washington while being a member in a hip-hop, R&B, and jazz style-band for about four years.

Clark started playing the drums at an early age and still plays regularly.

"My mother bought me a set of drums when I was 12, and I've been playing ever since," said Clark, "Sometimes I play in church, so that's where I kind of keep my skills up."

Clark, who was also on the All-Navy boxing team and coached the All-Navy Basketball team, credits his work ethic in the Navy with his growth of skills in extracurricular activities and personal interests.

"My chief recognized my performance. When I applied to go box or coach the basketball team, I always had the opportunity because of my standards with my chief and my command," said Clark, "The first thing is being a good Sailor because once you're a good Sailor, you'll have opportunities to do other things that you're interested in."

Though being in the Navy may be a little hectic at times, Sailors can balance things



USS George Washington (CVN 73) Command Master Chief Jeffrey R. Clarke plays the drums during a performance with the rock group Smash Mouth in the ship's hangar bay Nov. 4.

U.S. Navy photo by MC2 Clifford L. H. Davis

out and are encouraged to set personal goals -- whether it's education, music or sports.

"You can be successful at anything you do, but it starts off with being a good Sailor first. Once you learn how to be a stellar performer, having that attitude and conduct, I'll tell you 100 percent, that your chiefs are going to support you in anything you want to do, because it's a reward," Clark said.

# MWR

Morale, Welfare & Recreation

# Happenings

Officers' Club

*Presenting*

Saturday, November 22 from 1730 to 2100

## Canterville Ghost Dinner Theater

Written by Oscar Wilde, directed by Paul Stebbings and produced by Grantly Marshall. A great live stage presentation by The American Drama Group from Europe, world class theatre for the whole world. Evening begins with no host cocktails at 1730 followed by a great buffet dinner beginning at 1800 and show starting at 1930. Tickets on sale now at our cash cage. No refunds after Tuesday, November 18. Call 243-5030 for details. \$29.95

Saturday, November 22 from 1800 to 1930  
YOKOSUKA, IKEGO AND NEGISHI TEEN CENTER

## THANKSGIVING DAY PARTY AT THE TEEN CENTER

**Come out and let's jam to cool music and eat great food. There will be a dance contest & a live DJ. And the best part, it's FREE!**  
For more info, please call your local teen center.

Calling All CFAY Commands and Organizations!

## Festival of Trees

Saturday, December 6 from 1000 to 1700  
Sunday, December 7 from 1500 to 1900  
(Night Viewing) C-2 Auditorium

Join us for the community holiday tree viewing complete with Santa Claus, entertainment and holiday treats. Commands and organizations interested in participating should contact Ashley Martinez at 241-2209 for an application, or e-mail at ashley.martinez@fe.navy.mil.

**Cost:** Free! MWR will provide the 7' to 8' noble fir tree and your Command/Organization provides the talent and decorations for the holiday tree extreme makeover!

**Maximum Number of Participants:** 45

**Registration Dates:** Monday thru Wednesday, November 3 thru 26

**Registration Priority Categories and Dates:**  
November 3 thru 14: Homeported Ships, Commands and Departments  
November 17 thru 26: Homeported Ships, Commands, Departments, Special Interest Groups, Private and Off-Base Organizations

**Registration Location:** MWR Recreation Office, Room 215 (2nd Floor of Bldg 1559; above Starbucks) or call 241-2209.

Applications are due no later than Wednesday, November 26.

Event is subject to change without notice.

## WANTED

DO YOU LOVE THE OUTDOORS?  
Are you Adventurous?

Full time and flexible positions available at the MWR Outdoor Recreation Center. Enjoy high adventure programming through great outdoor pursuits and get paid for it! Please contact Steve Marksberry at 241-3709 or email at steven.marksberry@fe.navy.mil.

## Drunk Driving... Not Child's Play!!

Call a base taxi or see the duty manager for assistance.

Participate in our designated driver program.

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Cell Phone: 046-816-4444

Off-Base Taxi  
Base Phone: 99-046-825-4444  
Cell Phone: 046-825-4444



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COMING TO A THEATER NEAR YOU. Register to win this custom guitar at armedforcesentertainment.com

WIN a chance to shoot a half court shot to win an iPod Touch!

Sunday, December 7  
Show starts at 1600,  
Purdy Fitness Center  
Doors open at 1500  
Open to All Hands  
Free

For more information, please contact the Entertainment Office at 243-5215.



## Volunteer Opportunity

Help make a kid's Christmas this year by volunteering to fill in for Santa during his busiest time of year! Ikego MWR is looking for a cheerful and welcoming person, age 27 or older, to talk with kids about their wish lists at Ikego's Christmas Tree Lighting Ceremony on December 1 from 1600 to 1700 and Breakfast With Santa on December 6 from 0800 to 1000. If this interests you, please call Tommie Daniels at 246-8071 for details on how you can brighten a child's Christmas.

**Benny Decker**

<b>Friday, November 21</b>			<b>Tuesday, November 25 \$1 Movie Night</b>		
1730	Igor	PG	1730	High School Musical 3	G
2030	Ghost Town	PG13	2030	The Family That Preys	PG13
<b>Saturday, November 22</b>			<b>Wednesday, November 26</b>		
1300	Igor	PG	1730	Madagascar: Escape 2 Africa	PG
1730	Igor	PG	2030	Ghost Town	PG13
2030	The Family That Preys	PG13	<b>Thursday, November 27 – Thanksgiving (Free Matinee)</b>		
<b>Sunday, November 23</b>			1300	High School Musical 3	G
1300	Igor	PG	1730	Madagascar: Escape 2 Africa	PG
1730	High School Musical 3	G	2030	Quantum of Solace	PG13
2030	Quantum of Solace	PG13	<b>Friday, November 28</b>		
<b>Monday, November 24</b>			1730	Bolt	PG
1730	Madagascar: Escape 2 Africa	PG	2030	Nick and Norah's Infinite Play List	PG13
2030	Quantum of Solace	PG13			

**Fleet**

<b>Friday, November 21</b>			<b>Tuesday, November 25 \$1 Movie Night</b>		
1800	Quantum of Solace	PG13	1800	Eagle Eye	PG13
2100	Quantum of Solace	PG13	2100	Bangkok Dangerous*	R
2400	My Best Friend's Girl	R	<b>Wednesday, November 26</b>		
<b>Saturday, November 22</b>			1800	Changeling	R
1800	Quantum of Solace	PG13	2100	My Best Friend's Girl	R
2100	My Best Friend's Girl	R	<b>Thursday, November 27</b>		
2400	Quantum of Solace	PG13	1800	Lakeview Terrace	PG13
<b>Sunday, November 23</b>			2100	Burn After Reading	R
1800	Burn After Reading	R	<b>Friday, November 28</b>		
2100	My Best Friend's Girl	R	1800	Flash of Genius	PG13
<b>Monday, November 24</b>			2100	Lakeview Terrace	PG13
1800	Righteous Kill	R	2400	My Best Friend's Girl	R
2100	Bangkok Dangerous	R			

**Negishi**

<b>Friday, November 21</b>			<b>Sunday, November 23</b>		
1900	Madagascar: Escape 2 Africa	PG	1300	Madagascar: Escape 2 Africa	PG
<b>Saturday, November 22</b>					
1300	High School Musical 3	G			
1900	Lakeview Terrace	PG13			

# MWR Theaters

**Synopsis**

**Bolt**  
**Cast:** John Travolta, Miley Cyrus, Susie Essman, Mark Walton, Malcolm McDowell, Diedrich Bader  
**Synopsis:** For super-dog Bolt, every day is filled with adventure, danger and intrigue - at least until the cameras stop rolling. When the canine star of a hit TV show is accidentally shipped from his Hollywood soundstage to New York City, he begins his biggest adventure yet - a cross-country journey through the real world. Armed only with the delusions that all his amazing feats and powers are real, and with the help of two unlikely traveling companions, Bolt discovers he doesn't need superpowers to be a hero.

**Nick and Norah's Infinite Playlist**  
**Cast:** Michael Cera, Kat Dennings, Aaron Yoo, Rafi Gavron, Ari Graynor, Alexis Dziena  
**Synopsis:** After being dumped by his girlfriend, high school student Nick O'Leary meets college-bound Norah Silverberg and she asks him to be her boyfriend for five minutes.

**Quantum of Solace**  
**Cast:** Daniel Craig, Judi Dench, Giancarlo Giannini, Jesper Christensen, Mathieu Amalric  
**Synopsis:** After being betrayed by Vesper, the woman he loved, 007 fights the urge to make his latest mission personal. Having captured Mr. White, and in pursuing his determination to uncover the truth, Bond and 'M' interrogate Mr. White who reveals the organization which blackmailed Vesper to steal Bond's casino winnings is far more complex and dangerous than anyone had imagined.

**Madagascar: Escape 2 Africa**  
**Cast:** Ben Stiller, Chris Rock, Jada Pinkett-Smith, David Schwimmer, Sacha Baron Cohen  
**Synopsis:** Hoping to return to New York via a penguin-piloted plane, Alex, Melman, Gloria and Marty crash land in the plains of Africa.

**Lakeview Terrace**  
**Cast:** Samuel L. Jackson, Patrick Wilson, Kerry Washington, Ron Glass, Ajay Mehta  
**Synopsis:** A young interracial couple move into their dream home and are increasingly harassed by their next-door neighbor, a tightly wound black LAPD officer. When the couple decides to fight back the feud turns deadly.

**Ghost Town**  
**Cast:** Ricky Gervais, Greg Kinnear, Alan Ruck, Tea Leoni, Jeff Hiller  
**Synopsis:** Bertram Pincus, is a man whose people skills leave much to be desired. When Pincus dies unexpectedly, but is miraculously revived after seven minutes, he wakes up to discover that he now has the annoying ability to see ghosts.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution.

For the most up-to-date movie information call 243-6703.

Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

**ITT Tours**

**ITT Current Tours (December/January)**  
 -Sign up now  
**Wednesday, December 3**  
 Chichibu Parade Float Night Festival \$74A/\$52C/\$25I  
**Saturday, December 6**  
 Mt. Fuji East Area Winter Sightseeing  
 with Kubota Itchiku Dye-art Museum \$70A/\$45C/\$20I  
 Spa Resort "Hawaiians" with Lunch Buffet \$87A/\$66J/\$49C/\$25I  
**Sunday, December 7**  
 Narita-san Shinsho-ji Temple and National Museum of Japanese History \$37A/\$23C/\$20I  
 Nikko Edo Wonderland Ninja Theme Park \$90A/\$58C/\$25I  
**Tuesday, December 9**  
 Ikea Kohoku Shopping \$15A/\$8C  
**Saturday, December 13**  
 Japanese Paper Lamp Shade Making, Begonia/Owl Park and Shiraito Waterfall \$90A/\$68C/\$25I  
 Yunessun Hot Spring with Lunch Buffet \$65A/\$43C/\$15I  
**Sunday, December 14**  
 Hakone Sightseeing with Open-Air Museum \$78A/\$64J/\$49C/\$20I  
 Tokyo Disneyland Amusement Park \$86A/\$73J/\$59C/\$15I  
**Monday, December 15**  
 Setagaya Boroichi Street Fair \$28A/\$20C/\$10I  
**Thursday, December 18**  
 Costco Kanazawa Seaside Shopping \$10A/\$5C  
**Saturday, December 20**  
 Sanrio Puroland Theme Park \$61A/\$53J/\$45C/\$10I  
 Wild Monkey Park at Jigoku-dani Valley and Mastsumoto Castle \$85A/\$58C/\$35I  
**Sunday, December 21**  
 Mt. Fuji East Area Winter Sightseeing  
 with Kubota Itchiku Dye-art Museum \$70A/\$45C/\$20I  
 Heiwajima Antique Fair \$25A/\$18C/\$10I  
**Thursday, December 25**  
 Tokyo DisneySEA Amusement Park \$86A/\$73J/\$59C/\$15I  
 New Sanno Hotel Christmas Brunch and  
 Tokyo Disneyland Amusement Park Evening Visit \$109A/\$95J/\$70C/\$15I  
**Thursday thru Friday, December 25 thru 26**  
 Odawara Castle, Hakone Glass Forest Museum and Yunessun Hot Spring Overnight  
 SGL \$365A TWN or TRL \$295A/\$245C/\$70I  
**Friday, December 26**  
 Fujikyū Highland Amusement Park \$84A/\$73J/\$58C/\$20I  
 Grandberry Mall Shopping with Dinner at Outback Steak House \$59A/\$50C/\$10I  
**Saturday, December 27**  
 Wild Monkey Park at Jigoku-dani Valley and Mastsumoto Castle \$85A/\$58C/\$35I  
 Tokyo Sightseeing \$45A/\$32J/\$28C  
**Friday, January 2**  
 New Year Greeting at Imperial Palace \$23A/\$16C/\$8I  
**Sunday thru Monday, January 18 thru 19**  
 Nagano Sightseeing with Wild Monkey Park Overnight  
 1 person/room \$320A; 2 people/room \$280A/\$230C/\$89I  
 3 people/room \$265A/\$215C/\$89I; 4 people/room \$255A/\$205C/\$89I (\*Japanese style room\*)

## MWR ITT & ORC

For details about any of the ITT events listed, give them a call at 241-5056/5057. Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about Outdoor Recreation services, call them at 243-5732.

**ITT Tours**

**ITT Future Tours (January One Day)**  
 -Sign-up will start on Monday, December 1  
**Saturday, January 10**  
 Tokyo Auto Salon Car Show 2009 at Makuhari Messe \$48A/\$40J/\$23C/\$15I  
 Wild Snow Monkey Park and Matsumoto Castle \$87A/\$59C/\$35I  
**Sunday, January 11**  
 National Sport of Japan "Sumo" Tournament \$72A/\$64C/\$10I  
 "The Kotto Jamboree 2009" Antique Fair at Tokyo Big Sight \$33A/\$18C/\$10I  
 Mt. Fuji East Area Winter Sightseeing  
 with Kubota Itchiku Dye-art Museum \$70A/\$45C/\$20I  
**Tuesday, January 13**  
 Ikea Kohoku Shopping \$15A/\$8C  
 Wild Snow Monkey Park and Matsumoto Castle \$87A/\$59C/\$35I  
**Thursday, January 15**  
 Setagaya Boroichi Street Fair \$28A/\$20C/\$10I  
 Costco Kanazawa Seaside Shopping \$10A/\$5C  
**Saturday, January 17**  
 Spa Resort "Hawaiians" with Lunch Buffet \$87A/\$66J/\$49C/\$25I  
 Hakone Sightseeing with Open-air Museum \$82A/\$68J/\$52C/\$20I  
 Tokyo Highlights Sightseeing \$37A/\$29J/\$23C  
**Sunday, January 18**  
 New Sanno Sunday Brunch, Visit Imperial Palace  
 Outer Garden and Showa Memorial Museum \$55A/\$33C/\$10I  
 Tokyo DisneySEA Amusement Park \$81A/\$69J/\$56C/\$15I  
**Monday, January 19**  
 Tokyo Disneyland Amusement Park \$85A/\$72J/\$58C/\$15I  
 Kakegawa Castle, Strawberry Picking  
 and Kunoza Shrine with Cable Car Ride \$98A/\$70J/\$40C/\$25I  
**Saturday, January 24**  
 Mt. Fuji East Area Winter Sightseeing  
 with Kubota Itchiku Dye-art Museum \$70A/\$45C/\$20I  
 Wild Snow Monkey Park and Matsumoto Castle \$87A/\$59C/\$35I  
**Sunday, January 25**  
 National Sport of Japan "Sumo" Tournament \$72A/\$64C/\$10I  
 The Electronics/Computer/Anime Town "Akihabara" and Hot Fad Town "Harajuku" \$34A/\$24C/\$10I  
 Wild Snow Monkey Park and Matsumoto Castle \$87A/\$59C/\$35I  
**Saturday, January 31**  
 Yunessun Hot Spring with Lunch Buffet \$65A/\$43C/\$15I  
 Wild Snow Monkey Park and Matsumoto Castle \$87A/\$59C/\$35I

**Discount Yunessun Hot Spring Tickets**  
 ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until December 31, 2008.

**ITT Tickets**

**Discount Hakkeijima Sea Paradise Tickets**  
 Discount tickets for Hakeijima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,600 for adults 16 years and older, ¥3,300 for juniors 6 - 15 years old and ¥1,900 for children 4 - 5 years old. Tickets are valid until November 30, 2008.

**Tokyo Disneyland and DisneySea Tickets**  
 Did you know ITT sells tickets to Tokyo Disneyland and Tokyo DisneySea? Get yours today for only ¥5,800 for adults, ¥ 5,000 for juniors and ¥3,900 for children! \*Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

**Matsuyama Ballet Presents The Nutcracker**  
 Get into the spirit of the season with this holiday classic, live at the Yokosuka Art Theater on December 13. ITT will begin selling tickets December 8 for ¥6,500. Tickets are required for all attendees age 3 years old and up.

**Cross Country Mountain Bike Ride at Ikego Duck Pond, Zushi, Kanagawa Prefecture**  
 Come out and enjoy great mountain biking, right in our own backyard on November 22! After some instruction, riders will test their new skills outside the gate at Duck Pond in Zushi, riding along the border that surrounds Ikego Housing. The cost is \$25 for transportation only. Last day to sign up is November 20.

**Outdoor Recreation**

**Beginner Rock Climbing at Yugawara Makiwa, Kanagawa Prefecture**  
 If you've ever wanted to learn to rock climb, now's your chance! Join Outdoor Rec on November 29 as we head to Yugawara. The rocks provide a variety of routes, most being short and beginner friendly. The cost is \$50 per person. The last day to sign up is November 24.

**Intermediate Day Hike at Futagoyama, Hayama, Kanagawa Prefecture**  
 Lace up your hiking boots on December 7 for a getaway close to home! This five nature day hike takes you around Futagoyama, where there are several excellent views from along the ridge. We will hike along the Moritogawa River, up to Futagoyama for a lunch break and then down to the end of the trail. We will walk in streams, so waterproof high ankle hiking boots are required. Expect a wild and tough hike. Not recommended for beginners. The cost is \$20 per person. Last day to sign up is December 2.

**Beginner/Intermediate Rock Climbing at Jogasaki Seaside Cliff**  
 If you have some experience rock climbing and are looking for a bit of a challenge, this trip on December 13 is for you! These incredible cliffs hug the shoreline of Jogasaki and offer not only breathtaking views, but exciting climbing as well. Come and test your skill! The cost is \$60 per person and includes transportation and climbing equipment. The last day to sign up is December 8.

**Mystery One Day Ski Trip**  
 Join Outdoor Recreation for our first ski/snowboard trip of the year on December 13! Enjoy a day on the slopes at the ski resort with the best snow conditions for this time of year. The cost is \$55 for transportation only. ¥4,000 to ¥5,000 lift tickets can be purchased at the resort.

**Ski/Snowboard Service**  
 Do your skis or snowboard need a tune up or waxing? We offer repair and tune up services for your convenience. Hot wax only fee is \$10 and a full tune up is \$20. P-Tex repair is also available. Repair fee is assessed by the size of the damage.

# 日本人従業員空席情報

職種名	等級	広報番号	募集範囲	締め切り
<b>事務系 (MLC)</b>				
会計技術職	4	NCTSFE-002-09	I,II,III,IV	Dec. 1, 2008
管理専門職	5	SRFJRC-184-08(R)	I,II,III,IV	Nov. 26, 2008
雇用専門職	7	CNFJ-N13-02-09(A)	I,II,III	Nov. 25, 2008
技師職 (電気)	7	FEC-CI-001-09	I,II,III,IV	Jan. 12, 2009
技師職 (環境)	7	SRFJRC-161-08(R)	I,II,III,IV	Dec. 1, 2008
技師職 (一般)	7	FEC-CI-006-08(R)	I,II,III,IV	Dec. 8, 2008
技師職 (一般)	7	FEC-CI-003-08(R3)	I,II,III,IV	Jan. 6, 2009
技師職 (機械)	7	SRFJRC-115-08(R)	I,II,III,IV	Dec. 16, 2008
エンジニアリング専門職 (建築)	6	FEC-PRY2-001-09	I,II,III,IV	Jan. 12, 2009
エンジニアリング専門職 (電子)	6	NCTSFE-001-09	I,II,III,IV	Dec. 8, 2008
エンジニアリング専門職 (環境)	7	FEC-PRY41-001-08(R)	I,II,III,IV	Jan. 14, 2009
法律顧問職	7	TSO-02-06(OUF)	I,II,III,IV	毎月1日、15日
安全専門職	5	SRFJRC-016-09	I,II,III,IV	Nov. 25, 2008
監督情報処理技術専門職 (顧客サポート業務)	7	SRFJRC-132-08	I,II	Dec. 3, 2008
翻訳職	6	SRFJRC-014-09	I,II	Dec. 12, 2008
労務要求事務職	4	NCTSFE-004-09	I,II,III,IV	Dec. 9, 2008
<b>事務系 (IHA)</b>				
レクリエーション専門職	3	MWR-04-09	I,II,IV	Nov. 25, 2008
レクリエーション専門職	3	MWR-05-09	I,II,IV	Nov. 25, 2008
サービスワーカー	2	MWR-07-09	I,II,IV	Nov. 25, 2008
<b>技能系 (MLC)</b>				
発電所電気工	7	FEC-PRY32-001-09	I,II,III,IV	Dec. 2, 2008
電話中央局整備工	8	NCTSFE-003-09	I,II,III,IV	Dec. 2, 2008
倉庫係	4	DECA-3-09	I,II,IV	Dec. 4, 2008
<b>技能系 (IHA)</b>				
コック	4	MWR-06-09	I,II,IV	Nov. 25, 2008
エキップメントメンテナンスメカニック	7	MWR-35-08(R)	I,II,III,IV	Dec. 19, 2008
<b>保安系 (MLC)</b>				
緊急活動隊派遣職	4	RDC-02-08(R2)	I,II,IV	Dec. 3, 2008
<b>期間限定従業員 (MLC)</b>				
会計技術職	4	FEC-FM-001-09	I,II,III,IV	Jan. 6, 2009
児童育成プログラム見習/補助職	2/3	CFAY-600-01-09	I,II,III,IV	Nov. 28, 2008
技師職 (建築)	7	FEC-PRY2-011-08	I,II,III,IV	Nov. 25, 2008
オフィスオートメーションクラーク	3	DDYJ-001-09	I,II,III,IV	Nov. 25, 2008
<b>時給制従業員</b>				
ベーカリー	4	NEX-HPT-162-08	I,II,IV	Dec. 1, 2008
ベーカリー	4	NEX-HPT-106-08(R2)	I,II,IV	Dec. 8, 2008
コック	4	MWR-HPT-46-08(R)	I,II,IV	Dec. 3, 2008
コック	4	NEX-HPT-089-08(R2)	I,II,IV	Dec. 1, 2008
コック	4	MWR-HPT-06-09	I,II,IV	Jan. 5, 2009
コック・フォアマンA	5	NEX-HPT-088-08(R2)	I,II,IV	Dec. 1, 2008
カウンターアテンダント	3	NEX-HPT-CAY-B01-08	I,II,IV	Dec. 9, 2008
カウンターアテンダント	3	NEX-HPT-CAY-C01-08	I,II,IV	Dec. 9, 2008
カウンターアテンダント・フォアマンB	5	NE-HPT-120-07(R9)	I,II,IV	Nov. 25, 2008
カウンターアテンダント・フォアマンA	4	NEX-HPT-105-08(R2)	I,II,IV	Nov. 25, 2008
カウンターアテンダント・フォアマンB	5	NE-HPT-82-07(R6)	I,II,IV	Nov. 25, 2008
ハウスキーパー職	3	NEX-HPT-015-08(R5)	I,II,IV	Jan. 6, 2009
ジャンター	3	MWR-HPT-55-08	I,II,IV	Nov. 25, 2008
ジャンター	3	NEX-HPT-703-09	I,II,IV	Jan. 6, 2009
ジャンター	3	MWR-HPT-09-09	I,II,IV	Jan. 14, 2009
労務作業員	3	NEX-HPT-417-08(A)	I,II,IV	Nov. 27, 2008
クォーターズヘルパー	3	CFAY-HPT-QHY-01-09	I,II,IV	Dec. 22, 2008
セールスチェッカー	3	NEX-HPT-SCY-B01-08	I,II,IV	Dec. 9, 2008
セールスチェッカー	3	NEX-HPT-SCY-A01-08	I,II,IV	Dec. 9, 2008
セールスチェッカー	3	MWR-HPT-07-09	I,II,IV	Jan. 5, 2009
サービスワーカー	2	MWR-HPT-SWY2-09	I,II,IV	Dec. 24, 2008
サービスワーカー	2	MWR-HPT-SWY1-09	I,II,IV	Dec. 24, 2008
ショートオーダーコック	4	NEX-HPT-120-08(R2)	I,II,IV	Dec. 22, 2008
貯蔵品管理事務職	3	NEX-HPT-415-08(A)	I,II,IV	Nov. 27, 2008
ストックハンドラー	3	NEX-HPT-136-08(R)	I,II,IV	Nov. 25, 2008
ウェ이터/ウェイトレス	2	MWR-HPT-WWY-09	I,II,IV	Dec. 24, 2008
ウェ이터/ウェイトレス	2	MWR-HPT-04-09	I,II,IV	Dec. 17, 2008
ウェ이터/ウェイトレス	2	MWR-HPT-31-08(R3)	I,II,IV	Jan. 6, 2009
倉庫係	4	NEX-HPT-416-08(A2)	I,II,IV	Nov. 25, 2008
倉庫係	4	NEX-HPT-414-08	I,II,IV	Nov. 27, 2008
倉庫係	4	NEX-HPT-704-09	I,II,IV	Jan. 6, 2009

応募には「募集範囲」に該当することが第一条件です。募集範囲I,II,IIIは現基地従業員、IVは外部応募者を対象としています。

I: 部署/部隊内従業員 - 募集を出している部署または部隊に勤務している方の中から選考する場合があります。範囲は最も狭いものです。

II: 現MLC/IHA従業員 (通勤圏内) - 在日米軍施設の従業員で、募集する地区の通勤圏内の方。具体的には、横須賀を中心に、厚木、座間、ニュー山王東京、横田基地までが該当します。

III: 現MLC/IHA従業員-日本全国の在日米軍に勤務する方です。三沢、岩国、佐世保、沖縄が含まれます。

IV: 外部-在日米軍施設の従業員ではない、完全に外部の求職者の方です。

横須賀基地及び周辺施設では日本人従業員を随時募集しています。事務職、専門職、技能職、消防士、警備員、サービス・飲食関係、常用雇用、期間限定、アルバイト等、様々な空席があります。

詳しくはHROホームページ (<http://hro.cnfj.navy.mil/>)、ジョブ・ホットライン (046) 816-9000 (軍電243-9000)、または横須賀基地正門手前左、HRO日本人雇用課事務所 (1階) 掲示板をご覧ください。

## 横須賀基地診療所、改装を終える

文：開発秀雄、CFAY広報課

10月22日、6ヶ月に渡る駐留軍要員健康保険組合横須賀基地診療所の改装工事が終了。横須賀基地司令官ダニエル・ウィード大佐、公共事業部 (PWD) クリスチャン・バートン少佐、駐留軍要員健康保険組合から永井伸明理事長が新施設の落成を記念するテープカットに参加した。

同診療所は1952年の業務開始以来、MLC及びIHA従業員に心電図検査や健康相談、月に一度のレントゲン検査等様々な医療サービスを提供しており、被保険者は一部負担金500円で利用可能。

改装以前は艦船の発生する電磁波の影響で心電図検査に支障をきたすことがあったが、改装後は電磁波を防ぐ特殊なカーテンを導入し対応している。また、新施設では新しい設備を導入したばかりではなくバリアフリー化も進み、車椅子でも利用できるトイレや通行可能なスロープも設置されている。

現在同診療所には2名の受付と2名の看護師が勤務しており、医師による診察は月・水・木及び金曜日の午前中に行われている。



新装された診療所は新しい設備の導入ばかりではなく、車椅子でも利用できるトイレや通行可能なスロープも設置され、バリアフリー化されている。

写真：佐藤典代、CFAY広報課

## 第33回よこすかシーサイドマラソンの開催に伴う交通規制について

11月23日 (日・祝) のよこすかシーサイドマラソン開催に伴い、次の区間に交通規制がありますのでご協力をお願いいたします。

特に、うみかぜ公園付近の商業施設への道路の横断、通行が困難になりますので、ご承知ください。

小川町交差点～三春町三丁目 (上下4車線) :

8時15分～11時30分

三春町三丁目～馬堀海岸四丁目 (下り2車線) :

8時50分～11時00分

馬堀海岸四丁目先～観音崎レストハウス (下り1車線) :

9時00分～10時45分

観音崎レストハウス～観音崎大橋 (上下2車線) :

9時00分～10時30分

馬堀海岸四丁目～馬堀プール前 (上り1車線) :

9時20分～11時00分

# Commands hone skills during joint mass casualty drill

Story and photo by Fumiyo Sato, CFAY Public Affairs

Six commands from Commander Fleet Activities Yokosuka (CFAY) and the Japan Maritime Self-Defense Force (JMSDF) held a joint mass casualty drill at Thew Gym Nov. 6. More than sixty personnel participated in the drill to prepare for a potential disaster.

The joint mass casualty drill was first conducted in September 2000 to allow U.S. Naval Hospital (USNH) Yokosuka staff to hone their complex disaster response skills and to further familiarize themselves with their roles and responsibilities in a disaster situation, according to USNH Yokosuka Public Affairs Office spokesman Richard McManus.

The drill simulated casualties that could happen in an earthquake. In the scenario, the earthquake hits Yokosuka and destroys Thew Gym, leaving 30 Japanese and American survivors inside the building. Both U.S. Navy and JMSDF participants team up to rescue the survivors. USNH Yokosuka, JMSDF Hospital Yokosuka, JMSDF Medical Service Unit Yokosuka, Commander U.S. Naval Forces Japan (CNFJ), CNFJ Regional Dispatch Center (RDC), CNFJ Regional Fire Department and CFAY Security took part in the joint mass casualty drill.

Participants who performed the role of survivors simulated stressful emergency settings by using props and make up to look as if they were severely injured. The survivors were sprawled on the floor, moaning and begging for help. CNFJ firefighters rushed to rescue the survivors whose medical conditions differed from each other. Participants treated the survivors according to information on cards that were hung

around their necks. The cards were written in both English and Japanese.

Although the information card was helpful, Lt. James Estoesta said the language barrier was the biggest challenge when treating patients. Estoesta triaged and transported patients from the disaster area to USNH Yokosuka. "We actually had a translation sheet that we used and briefly tried to talk to the patients in Japanese," Estoesta said.

"[However], it was difficult to try to assess the patients, especially when we were trying to speak English to them."

JMSDF Medical Service Unit Yokosuka staff Yuya Watahiki encountered the same obstacle. "I don't have opportunities to speak English, so it was not easy for me to communicate with U.S. Navy personnel in the drill," said Watahiki, who carried patients to the ambulance in the drill. It was his first time participating in the joint mass casualty drill with the U.S. Navy.

"A critical part of this drill is that it demonstrates the interoperability that would exist between the JMSDF and the base should the two ever need to respond to a mass casualty incident," said McManus. "This drill ensures that emergency responders undergo crucial training that will allow them to provide the best possible medical response in any emergency situation."

The joint mass casualty drill helped prepare both U.S. Navy and JMSDF participants in what to expect in a disaster situation. "I think that a drill like this prepares us, and I look forward to many more drills in the future," Estoesta said.

"This drill taught us that we need to improve our skills so that we can respond to this kind of casualty more smoothly. I hope we can continue having drills with U.S. Navy personnel so that we can learn from each other," Watahiki said after the drill.



U.S. Naval Hospital (USNH) Yokosuka staff simulate treating a patient during the joint mass casualty drill held at the CFAY Thew Gym Nov. 6. USNH Yokosuka staff teamed up with Japan Maritime Self-Defense Force personnel to train and prepare for a mass casualty that could happen during an earthquake.

## Regional soccer referees receive professional training seminar

By Mark Elrod, CFAY Public Affairs

Local soccer referees received professional soccer officiating training during a recently held seminar at Commander Fleet Activities Yokosuka (CFAY).

Alfred Kleinaitis, the head of the United States Soccer Federation (USSF) Referee Training and Development Program was the instructor for the seminar.

"He has come to Yokosuka to train our referees and bring them up to speed on the latest officiating rules and policies and train and certify instructors as well as candidate referees," said Senior Chief Operations Specialist (SW/AW) Andre' Colomas, a member of the Japan American Sports Official's Association (JASOA). "There is no one more qualified than him in the United States to train soccer referees."

According to Colomas, Kleinaitis is responsible for drafting and publishing all USSF documents related to the interpretation and application of soccer rules, every training material published in paper or posted on the USSF's Web site and supervises the training



(Right) Alfred Kleinaitis speaks during a recent soccer referee instruction course at Commander Fleet Activities Yokosuka. Kleinaitis, head of the USSF Referee Training and Development Program, visited Yokosuka to teach base soccer officials the necessary techniques and skills to effectively referee soccer matches.

U.S. Navy photo by MCSN Charles Oki

of all USSF referees, including those appointed to the Major League Soccer (MLS) in the United States.

Kleinaitis deals on a routine basis with officials at the highest levels of the Federation Internationale de Football Association (FIFA), the world's soccer governing body.

Kleinaitis instructed the classes in order to help improve the level of knowledge and officiating amongst the coaches.

"I realized that there are so many referees that have received their training in the states and, never the less, they became military or civilians who [work for] the [armed] forces who are completely away from our educational system," said Kleinaitis. "We needed them back, retrained, re-certified, and this was a good opportunity for me to learn what their needs are and, by me being here, I really found out what the basic needs are [of these bases]."

According to JASOA Soccer Program Commissioner Dan Hitt-Haws, the training is much needed because there has been a lack of training opportunities.

"We haven't had the ability to train new referees and get them certified on the field with us for quite some time now," said Hitt-Haws.

Due to the difficulties with being overseas and the lack of training opportunities in the past, Kleinaitis hopes to make the referees self-sufficient.

"The main objective is to train them to such a level that they can be independent... so each individual can represent their base as an instructor, assessor and a referee," said Kleinaitis.

According to Colomas, the training they received from Kleinaitis was "top-notch."

"There is no one more qualified than him in the United States to train soccer referees," Colomas said.

## CORE conference for spouses held

By Dan Bowen, CFAY Public Affairs

A Continuum of Resource Education (CORE) conference was held at the Officer's Club Nov. 5 to give spouses of commanding and executive officers onboard Commander Fleet Activities Yokosuka (CFAY) a chance to meet one another, learn about the area and discover ways they can help contribute to the community.

The day-long conference started off with an area orientation brief given by Commander U.S. Seventh Fleet Assistant Special Security Officer Lt. Josie Rodriguez and continued on to cover topics as diverse as legal issues, stress management and base schools. Elizabeth Goodwin, the organizer of the conference, scheduled a number of individuals from around the base to speak to ensure attendees were able to get an overview of activities, services and resources that are available on the base.

"We had a wide variety of speakers, [such as] Fleet and Family Support Center (FFSC) and Morale, Welfare and Recreation (MWR) covering family activities, as well as, activities for single Sailors," said Goodwin. "We also had some local community representatives that presented some information on things that our spouses can not only take advantage of but can also make sure that that information gets out to members of their commands, so that they all enjoy what's here in Japan."

This is the first conference that was held onboard CFAY in more than three years. However, Goodwin hopes that there will be more conferences scheduled throughout the year. "It's our hope that we'll be holding a conference like we had today roughly two or three times a year."

The conference is a continuation of the Command Spouse Leadership School held in Newport, R.I. According to Goodwin, the training is a part of a Chief of Naval Operations (CNO) initiative to have continuing education for the spouses of three key groups: commanding and executive officers; junior officers and command master chiefs.

# Stress: good, bad and how to deal with it

By LIFELines Services Network

**S**tress is an unavoidable consequence of life in the military because of high-pressure events including frequent relocations, foreign assignments, deployments and family separations.

What happens when a person has stressful feelings like fear, worry or is threatened? Adrenaline is released preparing the person to run away or fight. It is theorized that these situations, historically, were short-lived, and the revving up of the body served a useful purpose. Today, however, the increased blood pressure and heart rate is typically not beneficial, and chronic stress may damage a person's health.

**The good:** Motivation and alertness. It is possible to benefit from stress by using the adrenaline rush for better focus and concentration. Under stress, the brain is emotionally and bio-chemically stimulated to intensify its performance. People who work better under pressure often take advantage of this stress response. For example, setting deadlines for projects can serve to set up this kind of situation.

**The bad:** Stress can make you sick. Some people consider stress to be America's number one health problem. Specific signs of stress can include feeling anxious, depressed or irritable; diarrhea, stomach upset, or appetite changes; muscular tension; headaches; mental or physical fatigue and apathy; sleep disturbances; and frequent minor illnesses.

**Deal with it:** Avoid, relax and reach out. While it is unlikely anyone could eliminate stress entirely, it is possible to avoid some causes of stress. Effective time management and organization can minimize stress at home and work. Be flexible; there is more than one solution to a problem. Set realistic goals. Do not take on more than can be handled. Prioritize tasks and delegate as needed.

Relaxation is essential for maintaining optimal health and can help offset the negative effects of stress. While it comes naturally to some, others need to learn relaxation techniques, such as meditating, listening to soothing music,

deep breathing exercises and physical exercise.

It is even possible to relax online with a five-minute tropical vacation or with helpful tips.

Everyone deals with stress in varied ways. Even day-to-day stress can become too much. Military service and family members feeling overwhelmed by life or suffering emotional distress may seek counseling services from their command.

Some family or service members may turn to tobacco or alcohol for comfort-poor choices for managing stress - and the results can be devastating. Carol Allen, patient educator, Naval Health Care New England, said, "If people could do just one thing for wellness and management of stress, it'd be to stop using tobacco. The nicotine in

cigarettes is a stimulant and causes your heart to beat faster and blood pressure to go up. This habit is bad for your physical health and mental well being."

Alcohol is another well-known stumbling block for those dealing with stress. One must realize when the line is crossed between social drinking and dependency. Anyone worried about alcohol use should seek help from a health care provider. All Navy and Marine Corps bases offer tobacco cessation classes and substance abuse programs.

A little goes a long way. A moderate amount of stress is necessary, unavoidable and a part of everyday life but don't let it get the upper hand. Instead of giving in, use it as an reason to succeed.

## Easy school night meals

By Kay Blakley, DeCA Home Economist

The time crunch that sets in when the autumn school bells ring sends even the most organized families through the drive-thru so many nights it's a danger to both your health and your pocket book! Here are three tips to avoid that scene.

Combine shortcut ingredients like frozen vegetables, pre-shredded cheeses, dried pastas, packaged rice mixes and canned beans with fresh whole-food ingredients for a fast but healthy entrée.

Keep side dishes simple - juicy wedges of fresh tomato, baby carrots, radishes and cucumber alongside a simple hot vegetable zapped in the microwave is perfectly healthy.

Stock your recipe box with one-dish entrées that can be on the table in 30 minutes or less. Think you can make fajitas for four in 20 minutes? Frozen stir-fry peppers and a packet of fajita marinade make it a breeze. Ramen noodles are a real kid favorite, but would you have the nerve to serve it at a family meal? Add some

stir-fried chicken breast and frozen vegetables for a tasty 20 minute entrée that weighs in at just over 300 calories and a respectable 400 milligrams of sodium per serving.

Recipes for these week-night wonders, plus family favorites like skillet macaroni and cheese, the best chili macaroni I've ever tasted and a hearty tuscan bean stew are ready and waiting for you in Kay's Kitchen on the Web at <http://www.commissaries.com>.

The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Shoppers save an average of more than 30 percent on their purchases compared to commercial prices - savings worth about \$3,000 annually for a family of four. A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.

## George Washington medical team returns from Cambodia mission

By MC2 James Kimber, USS George Washington Public Affairs

Three USS *George Washington* (CVN 73) (GW) Sailors returned from Sihanoukville, Kingdom of Cambodia Oct. 31 after participating in a medical/dental civil action project (MEDCAP/DENCAP).

Lt. Kittima Boonsirisermsook, a dental officer; Lt. Leslye Green, family medicine; and Hospital Corpsman 2nd Class Christopher Lee from GW's dental office, left the ship prior to its first deployment as part of the forward-deployed naval forces (FDNF). They flew back to the ship after taking part in the three-day project that had helped

more than 2,700 patients who may have never received regular medical or dental care.

The examination and operating rooms were simple, cramped school rooms with lawn chairs. There was no air conditioning to shelter from the thick and hot jungle air. The doctors used their own legs as headrests for the patients.

"It was physically and mentally demanding. We were seeing about 15 patients an hour, most who were trying to speak to me in their language because they thought I was Cambodian," said Boonsirisermsook.

"It was like running sick call for three days straight," said Green, comparing the Sa Kor Ou Chrao Pagoda project to business-as-usual aboard GW.

After hearing of the project in passing a couple of months ago, Green was selected from a large pool of medical volunteers assigned to the 7th Fleet area of operations partly because of her specialty in family medicine - a rather broad expertise that could potentially benefit more patients than someone with a more specific specialty.

"A lot of us [in the medical field] go to school with the standard med student saying, 'I want to help people,'" said Green. "For me, this project really helped remind me of why I went to med school. Being able to get the basic stuff to people who normally don't get help is a very rewarding feeling."

For Boonsirisermsook, this was her second DENCAP since joining the Navy.

"My first one was in Jamaica; it was so rewarding and professionally challenging that I quickly volunteered for this one," said Boonsirisermsook. "There were many of the same challenges like the lack of regular equipment, the number of patients needing dental care, the climate - but it was a great experience for me as a dentist and as a naval officer. I think I benefited more from it than my patients did."

Much of the medical supplies and medications were provided by USNS *Mercy* (T-AH 19) with physicians and dentists coming from around the 7th Fleet, the Kingdom of Cambodia's military, as well as civilian volunteers.

"We had a lot of support," said Green. "It really tested our clinical skills as physicians because we didn't have the equipment and supplies we're used to having."

"The translators obviously made things a lot easier," said Boonsirisermsook. "But it was still difficult to talk to the children who needed extractions. It's always easier if you can convey exactly what will happen to children."

Despite needing to make do with what was available, the mission was an overall success, and the people who were helped were very grateful, Boonsirisermsook continued.

"It's just amazing how much the Navy contributes to other countries and how concerned they are about less fortunate people's welfare," Boonsirisermsook said. "Many of these people have never had the chance to be seen by a dentist and to be able to help them - it's very rewarding and humbling."

"We were able to help a lot of people who don't have what many of us [Americans] consider a necessity," said Green. "I was able to share the sound a baby's heartbeat with her eight-month pregnant mother. It was really cool!"

## Kids don their scariest for commissary contest



(Left) Alicia Clarady with her children Kyle (Yoda) and Jarod (Obi Wan Kenobi) and Christine Walling and her son Tim (Iron Man) pose for a picture during the Yokosuka Commissary's 2008 Halloween Costume Contest for children held at the red brick area Oct. 31.

Photo by Yuji Kawabe

# Navy formalizes support constructs for all IA Sailors, families

By U.S. Fleet Forces Public Affairs

Individual Augmentee (IA) Continuum leaders announced a policy update to identify individual augmentee (IA) Sailor parent commands and to establish Navywide support for all IA Sailors and their families, ensuring the same fervor and vigilance that traditionally deploying Sailors and families receive.

In addition to identifying parent commands, the new policy, in NAVADMIN 293/08 (IA Gram 08-03), identifies specific minimum-levels of support parent commands are required to provide all three types of IA Sailors and their families in preparation for, during and after an IA deployment.

"With approximately 13,000 Sailors on IA orders, one of Navy leadership's top priorities is supporting the mission and communicating every facet of the IA process with families. Site visits where we talk to people who have been there or who are going, give us great feedback to make sure we have a good measure on this IA program," said Adm. Jonathan Greenert, commander, U.S. Fleet Forces Command.

Individual Augmentee Manpower Management Assignment Sailors (IAMM) are Sailors who are traditional IAs completing their tour in a temporarily assigned duty status and who will return to their previous commands at the completion of their IA tours. Commands deploying IAMM Sailors will maintain traditional command responsibilities for IA Sailor and family support.

Sailors serving on a global war on terrorism (GWOT) support assignment (GSA) will also receive traditional family support from their detaching command while on an IA tour; however, Expeditionary Combat Readiness Center (ECRC) will provide all administrative Sailor support. This administrative support will include but is not limited to: exam ordering and exam administration; deployment pay, housing, medical and legal support; personnel accounting of Sailors during a disaster; and continuous reach back support for emergent deployment issues. The U.S. Navy is currently filling approximately 60 percent of the GWOT assignments through this GSA process.

Mobilized Reserve Sailors not mobilized as part of an established commissioned Reserve component unit, will receive command and family support from their assigned Navy Operational Support Centers. They will receive IA administrative support from ECRC.

The IA Sailor and family support set forth in this new policy includes but is not limited to: pre-deployment Sailor screening; family support via ombudsmen or family readiness groups; periodic contact with IA Sailors while deployed; periodic contact with families while IA Sailors are deployed; and the inclusion of families in accounting and evacuation orders during disaster response efforts.

With more than 27,000 Sailors executing one of the types of IA orders in 2008, ensuring clear, consistent support throughout the deployment process is a top priority for Navy leaders.

"Our mission is to ensure a streamlined, standardized oversight of IA support programs Navywide. This challenge includes supporting the organization, training and equipping these

IAs, supporting their families, providing a predictable and consistent accession process and integrating the IA process into the respective career paths of all of our IAs," Greenert added.

The success of this new policy is also heavily dependent on the efforts of the command IA coordinator (CIAC). As mandated in IA Gram 08-02, every active command must designate a CIAC. These CIACs will work closely with command ombudsmen to ensure commands provide the adequate levels of support identified in IA Gram 08-03, as well as to ensure a smooth hand-off of support responsibilities when a family moves from one region to another.

With IA Gram 08-03 identifying who holds parent-command responsibilities for IAs and their families, future IA Grams will clarify what those responsibilities include.

Additional IA Sailor and family support will continue to come from Navy Fleet and Family Support Centers, regional commanders and ECRC. To view IA Gram 08-03 in its entirety, visit <http://www.cffc.navy.mil/augmentees/>.

# Nominations sought for master chief petty officer of the Navy

By Navy Personnel Command Public Affairs

The Navy is seeking nominations for candidates to be considered for selection as Master Chief Petty Officer of the Navy (MCPON), and Sailors from the fleet are sounding off on what they feel is important for the senior enlisted Sailor who represents them.

"I want to move fairly quickly because his departure is based on his EOAS (end of obligated service)," said Chief of Naval Operations Adm. Gary Roughead. "We have gone out and asked commanders around the world to nominate those that they believe would be able to serve as the MCPON. I will look at those; I will interview several of those candidates, and then I will make a decision on who the next MCPON will be."

NAVADMIN 313/08 released Nov. 5, contains the nomination requirements and comes after current MCPON (SW/FMF) Joe R. Campa Jr., the 11th Sailor to serve in that capacity, announced his plans to retire from active duty at the end of his EAOS, April 1, 2009.

"This generation of Sailors is unlike any other. Our men and women serve a war-time Navy, and I have a deep sense of pride in each one of them," said Campa. "Their values, their effort and their contribution to the defense of our nation continue to humble me. Leading them has been the greatest privilege of my career."

As the Navy's senior enlisted leader, MCPON reports directly to and serves as the principal enlisted advisor to the Chief of Naval Operations (CNO). This position's many functions include accompanying the CNO on visits to Navy installations and units; congressional testimony; serving as the Navy's enlisted representative on presidential, Department of Defense, Department of the Navy, military services, executive level working groups and a wide range of enlisted personnel and program matters.

Individual qualities required of nominees for MCPON include a high degree of personal dignity and a keen sense of service etiquette. The candidate must be of unquestionable moral character with a genuine commitment to all Navy goals and standards including military appearance and physical fitness.

According to the NAVADMIN, prior experience as a command master chief is essential for MCPON. Commanders and commanding officers are encouraged to nominate those fleet, force or command master chiefs they consider qualified.

"I never met him, but I heard great things about him," said Damage Controlman 1st



Master Chief Petty Officer of the Navy (MCPON) Joe R. Campa Jr. congratulates Sailors aboard the guided-missile destroyer USS Fitzgerald (DDG 62) after earning their Enlisted Surface Warfare Specialist (ESWS) pins. The Navy is seeking nominations for candidates to be considered for selection as the next MCPON.

U.S. Navy photo by MC1 Jennifer A. Villalovos

Class (SW/AW) Mohamed Kabba, a New York City native serving on board the Navy's only permanently forward-deployed aircraft carrier, USS George Washington (CVN 73).

The office of MCPON was established in 1967 and serves to represent the Navy's enlisted force.

Preliminary screening of nominees will be conducted by a selection board of leaders convened by the Chief of Naval Personnel followed by a final interview process by the CNO, organized by the director of Navy Staff.



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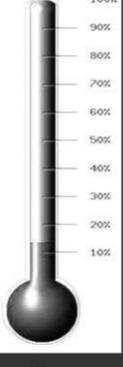
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# Chief of Naval Operations releases 2009 guidance

By MC2(SW) Rebekah Blowers,  
CNO Public Affairs

The Chief of Naval Operations (CNO), Adm. Gary Roughead, released his Guidance for 2009 Nov. 5.

CNO's Guidance (CNOG) reaffirms his vision, mission, guiding principles and focus areas - refining the scope of his intentions and how they will be measured in 2009 - and reviews the accomplishments of the Navy over the past year.

"Over the past year, we have implemented our Maritime Strategy around the world. This year's guidance will highlight those accomplishments as well as expand on the progress we need to continue to make to remain a dominant force," Roughead said.

CNO said that one of last year's accomplishments was developing a Navy Ethos, a tangible statement of values integral to the Navy's mission accomplishment.

"It distinguishes those of us who serve in the Navy, active and reserve Sailors and Navy civilians, regardless of unit, command or community," Roughead said.

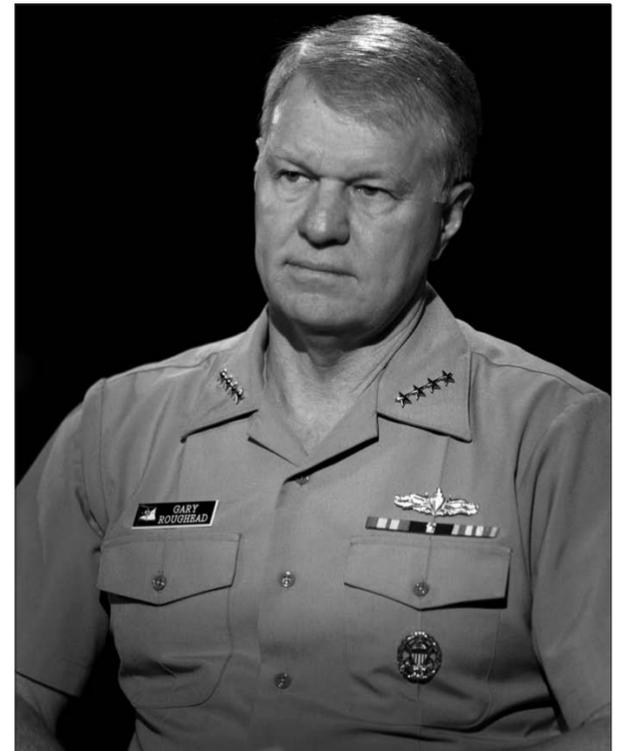
The CNOG reinstates CNO's three focus areas of building the future force, maintaining warfighting readiness, and developing and supporting Sailors, Navy civilians and their families. He said over the past year the

Navy has made significant progress in those areas, setting the stage for continued achievements in 2009.

Some of those achievements include: Deploying of the first guided missile submarines, *USS Ohio* (SSGN 726) and *USS Florida* (SSGN 728), in less than six years from the start of their conversion from strategic service; Embarking nongovernmental organizations and international partners aboard Navy hospital and amphibious ships to provide humanitarian assistance to local populations, treating more than 320,000 patients in Southeast Asia, South America and Africa; and transitioning many short-notice, midtour, temporary-duty individual augmentation assignments to permanent change of station global war on terror (GWOT) Support Assignments (GSA) negotiated in a Sailor's normal detailing window, thereby improving Sailors' ability to plan and develop their careers while balancing family needs and quality of life.

The 2009 Guidance explains Roughead's 18 intentions, refining the initiatives and measures set forth in the 2007-2008 Guidance.

The 18 intentions include global maritime partnerships, leveraging science and technology initiatives to ensure warfighting benefits accrue to future Sailors, and competent and dedicated Sailors and Navy civilians, supported by strong families, being the heart of the Navy as the preeminent global maritime power.



Chief of Naval Operations Adm. Gary Roughead.  
U.S. Navy file photo

# MCPON Campa announces intent to retire from active duty

By MCCS(SW/AW) Bill Houlihan,  
MCPON Public Affairs

Master Chief Petty Officer of the Navy (MCPON)(SW/FMF) Joe R. Campa Jr., the 11th Sailor to serve in that capacity, has announced his plans to retire from active duty at the end of his enlisted active obligated service (EAOS), April 1, 2009.

His last day in office will be Dec. 13.

Campa, who assumed the duties July 10, 2006, said he feels an immense sense of pride at the opportunities he's been provided to lead the Navy's enlisted force.

"This generation of Sailors is unlike any other. Our men and women serve a war-time Navy, and I have a deep sense of pride in each one of them," said Campa. "Their values, their effort and their contribution to the defense of our nation continue to humble me. Leading them has been the greatest privilege of my career."

Within three months of taking office, Campa had released a document that would

set the tone and course for his tenure as MCPON. The "Mission, Vision and Guiding Principles for Chief Petty Officers" has been ingrained in the fleet, described by many as a return to deckplate leadership.

Campa systematically emphasized the Guiding Principles as he had them inserted into chief, senior chief and master chief selection board precepts, the Command Master Chief Instruction and, finally, the new evaluation (CHIEFEVAL) for the Navy's senior enlisted force.

"The CHIEFEVAL was always the end state I'd hope we'd reach. But we had to be deliberate," said Campa. "I'm very satisfied that the Guiding Principles will endure because our chiefs and commanding officers can now see them as expectations in black and white."

Campa served two chiefs of naval operations, current Chairman of the Joint Chiefs Adm. Mike Mullen and CNO Adm. Gary Roughead. Roughead, in a message to Navy leadership, said that Campa's legacy will be felt for years to come and that the Navy owes him a debt of gratitude for what he has accomplished on behalf of Sailors around the world.

"Early in his tour, it was very clear that his intent was to reset the chief's mess and return its members to the role of deckplate leaders. Watching that happen aboard our ships and shore stations has made our Navy stronger and inspired our Sailors," said Roughead. "MCPON Campa's energy and passionate commitment to our Sailors and their families is infectious, and it has swept across our entire Navy. He is a Sailor's MCPON, a MCPON who changed the Navy based on his love of leading Sailors."



Master Chief Petty Officer of the Navy (MCPON)(SW/FMF) Joe R. Campa Jr.  
U.S. Navy file photo

## New law allows veterans, out of uniform active duty military to salute during national anthem

By Department of Veterans Affairs

Veterans and active-duty military not in uniform can now render the military-style hand salute during the playing of the national anthem, thanks to changes in federal law that took effect this past month.

"The military salute is a unique gesture of respect that marks those who have served in our nation's armed forces," said Secretary of Veterans Affairs Dr. James B. Peake. "This provision allows the application of that honor in all events involving our nation's flag."

The new provision improves upon a little known change in federal law last year that authorized veterans to render the military-style hand salute during the raising, lowering or passing of the flag, but it did not address salutes during the national anthem. Last year's provision also applied to members of the armed forces while not in uniform.

Traditionally, members of the nation's veterans service organizations have rendered the hand-salute during the national anthem and at events involving the national flag while wearing their organization's official head-gear.

The most recent change, authorizing hand-salutes during the national anthem by veterans and out-of-uniform military personnel, was sponsored by Sen. Jim Inhofe of Oklahoma, an Army veteran. It was included in the Defense Authorization Act of 2009, which President Bush signed Oct. 14.

The earlier provision authorizing hand-salutes for veterans and out-of-uniform military personnel during the raising, lowering or passing of the flag, was contained in the National Defense Authorization Act of 2008, which took effect Jan. 28, 2008.

## Marine Forces Pacific Commander visits



Commander Marine Forces Pacific Lt. Gen. Keith J. Stalder talks briefly with Marines from 1st Fleet Antiterrorism Security Team (FAST), 3rd Platoon prior to a his visit to *USS Blue Ridge* (LCC 19) Nov. 4.

Photo by Mark Elrod

## Head's Up Yokosuka! Community Announcements

**Fire Hydrant Flow Testing** – Commander U.S. Naval Forces Japan Regional Fire Department will be conducting fire hydrant flow testing from now through Nov. 25. Hydrant testing can cause harmless household water discoloration. If you experience discoloration, run the tap a few minutes and it should clear up. Contact the CNFJ Regional Fire Department at 243-4637 for more information.

**Military Family Housing Satisfaction Survey** – A Military Family Housing (MFH) Resident Satisfaction Survey will be hand delivered to your residence soon. Each survey will include a web link located at the top giving you the option of completing the survey online. Participation from all MFH residents is critical. Your cooperation and candid responses allows the MFH Office to continue to improve services to all residents. The survey only takes approximately 10 minutes to complete. Your thoughts and opinions really matter. If you lose or misplace your survey, send an e-mail and provide your mailing address to donfhsurvey@celassociates.com. You will receive a survey code which will allow you to complete the survey online.

**Donations for Local Orphanage** – Commander U.S. Naval Forces Japan First Class Petty Officer Association is sponsoring the Shunko Gakuen Orphanage in Yokosuka. The association is asking for generous contributions of toys, clothes and/or school supplies for the orphanage. Drop-off boxes are located at the Navy Exchange and Commissary entrances from now through Nov. 24. The contributions will be presented to the orphanage children Nov. 27. Your participation in this effort to support our local community is greatly appreciated. Contact QM1 Mihaylovski or QM1 Randle at 243-7650 for more information.

**American Red Cross Community Courses and Training** – If you'd like to become a volunteer, register to attend one of our volunteer orientations held the first and third Wednesday of every month at 10 a.m. Call 243-7490 for more information or register by visiting our office located on the 2nd floor of the Community Center.

**Command Roster Photos** – Command roster photos are taken by appointment every Tuesday afternoon starting at 1:30 p.m. at CFAY Public Affairs office, Bldg. 3154, Room 213. Stop by our office or call 243-5607 to make an appointment. For service record photos (full length), please contact Fleet Public Affairs Center Detachment, Japan at 243-7378.

**Yokosuka Commissary Closure** – The Yokosuka commissary will be closed Thurs., Nov. 27 for Thanksgiving Day. The commissary will reopen Fri., Nov. 28 for normal business hours. The Yokosuka commissary staff wishes everyone a Happy Thanksgiving.

## How much land does a man need?

By Chaplain Donald Moss

Have you ever seen a hearse pulling a U-Haul? We don't see people hiring Mayflower to transport the deceased and all his belongings to the cemetery. We all tend to accumulate a lot. To a certain extent, it is perfectly fine to accumulate what we need.

It is a matter of justice that we be paid a just wage, that we are able to save for the future and that we try to leave something to our children. The richer we become, however, the more responsibility we have to share with others.

I read a story about a man who made a pact with the devil. The author was Leo Tolstoy. The story was titled, "How much land does a man need?" Here is a short version of the story:

*The devil made a pact that he would give as much land as a man could walk in a day. They would meet on a hill at sunrise and the man could claim all the land he could walk. The only requirement was that he must return to the same spot before sunset. So the man began to walk and rejoice in the beautiful land he would possess. He crossed a beautiful valley and climbed the hill on the other side. The sun was high in the sky. It must have been close to noon. If he would start back, he could have easily made it back in time. But, as he looked to the other side of the hill, he saw even more beautiful, productive land. So, he decided to walk to claim that land too. He could still make it back, if he hurried.*

*So, he went on to claim more and more land and his greed got the best of him. Finally, he turned back. He ran as fast as he could, but he could see he was not going to make it. He pushed himself harder and harder. Finally, he made it back just as the sun set. All that land could have been his, but he didn't claim it. He had pushed himself so hard that he dropped dead from a heart attack. They buried him in a grave six feet deep, six feet long and three feet wide. And that is how much a man needs, just enough to bury him.*

This is an extreme story, of course. But it does make me ask how much stuff I need and how much I need to share for the benefit of others. I can't take it with me, but I can look forward to a much better life without stuff.

There is a story about an old lady who asked that a fork be placed in her coffin. When asked why she wanted the fork, she replied, "All my life, whenever I go to church dinners, they always say, 'keep your fork.'"

That would mean there was still something very good coming." In this life, we only need so much stuff. In the next life we won't need even that.

There will still be more good things coming.

# CFAY Holiday Greetings!

**Come share your  
holiday cheer  
on channel 12!**

**What: TV Holiday Greetings on Channel 12.**

**Who: All hands, SOFA Family Members, MLC employees.**

**Where: CFAY production studio, Bldg. C-5 room 217.**

**When: By appointment, Nov. 24 – Dec. 15.**

**Dress: Working/Service Dress Blues or business casual.**

**Contact Tony Hill at 243-5109 or [ronald.hill@fe.navy.mil](mailto:ronald.hill@fe.navy.mil) for more information.**

## MWR Positions

Come join the MWR team! Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

### Club Operations Division

**Lead Cook.** NL-08, \$13.56/hr. CPO Club (1 RFT).  
**Night Operations Manager.** NF-03, \$10.54-\$15/hr. Club Alliance (1 RFT).  
**Bartender.** NA-05, \$10.35/hr. Club Alliance (1 RFT/1 Flex).  
**Cook.** NA-05, \$10.35/hr. Club Alliance (1 Flex), Club Takemiya (1 RFT), CPO Club (2 RFT), Food Court (1 RFT).  
**Material Handler.** NA-05, \$10.35/hr. Food Court (1 Flex).  
**Food Service Worker.** NA-03, \$8.96/hr. Club Alliance (1 Flex), Food Court (4 RFT/1 Flex), Club Takemiya (1 RFT).  
**Waiter/Waitress.** NA-03, \$8.96/hr. O' Club (1 RFT/5 Flex), CPO Club (2 RFT/2 Flex), Club Alliance (1 Flex).  
**Recreation Assistant (Bingo).** NF-02, \$8.39/hr. CPO Club (1 RFT).  
**Club Operations Assistant.** NF-02, \$8.39/hr. CPO Club (1 RFT/1 Flex), Club Takemiya (1 Flex), Club Alliance (2 Flex).  
**Cashier.** NF-01, \$7.50-\$9.50/hr. CPO Club (1 RFT), O' Club (1 Flex).  
**ID Checker/Security.** NF-01, \$7/hr. Club Alliance (6 Flex).

### Child Development Program

**Program Assistant.** CY-02, \$9.18/hr. Main CDC (1 RFT/2 Flex), Ikego (3 Flex), Hourly (3 Flex), Negishi (1 RFT/1 Flex).

### Community Activities Division

**Regional Child and Youth School Liaison.** NF-04, \$40,000-\$65,000/annum. CNFJ Yokosuka (1 RFT).  
**Teen/Open Rec Coordinator.** NF-04, \$31,500-\$50,000/annum. Community Activities (1 RFT) – Open to current eligible APF/NAF employees worldwide.  
**Youth Development Specialist.** NF-04, \$33,000-\$45,000/annum. Community Activities (1 RFT).  
**Supervisory Recreation Specialist.** NF-03, \$22,500-\$32,000/annum. Ikego Youth Center (1 RFT).  
**Supervisory Recreation Specialist.** NF-03, \$22,000-\$32,000/annum. Community Center (1 RFT).  
**Projectionist.** NA-07, \$11.68/hr. Theater (1 Flex).  
**Recreation Assistant.** NF-02, \$8.39/hr. Outdoor Recreation – Customer Service (2 Flex).  
**Paintball Attendant.** NF-01, \$7/hr. Ikego Campground (1 Flex).  
**Recreation Aide.** NF-01, \$7/hr. Single Sailor Center (1 RFT/1 Flex).

### Recreation Division

**Projectionist.** NA-07, \$11.68/hr. Theater (1 Flex).  
**Recreation Assistant.** NF-02, \$8.39/hr. Outdoor Recreation – Customer Service (2 Flex).  
**Paintball Attendant.** NF-01, \$7/hr. Ikego Campground (1 Flex).  
**Recreation Aide.** NF-01, \$7/hr. Single Sailor Center (1 RFT/1 Flex).

### Athletic Division

**Field Maintenance Worker.** NA-05, \$10.35/hr. Athletics – Yokosuka (2 RFT/1 Flex).  
**Clerk Typist.** NF-01, \$7.50/hr. Athletics (1 Flex).  
**Swim Instructor.** NF-02, \$10/hr. Aquatics (1 RFT/10 Flex).  
**Duty Manager.** NF-02, \$8.39/hr. Athletics (2 RFT).  
**Lead Lifeguard.** NF-02, \$8.39/hr. Aquatics (1 RFT/1 Flex).  
**Lifeguard.** NF-01, \$6.65/hr. Aquatics (5 Flex).  
**Gear Issue Attendant.** NF-01, \$6.55/hr. Athletics (1 RFT).

\*Due to publishing timelines, some jobs listed may not be available. For the most up-to-date listing, check out [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr)

## HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at <http://hro.cnfj.navy.mil>.

Applicants for worldwide vacancies must follow the procedure in the "Job Opportunities" page of the [www.donhr.navy.mil](http://www.donhr.navy.mil) Internet site. Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cutoff date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop by close of business (4 p.m.) of the closing/cut-off date of the announcement.

Postmark dated, faxed or e-mailed applications will not be accepted.

### New

**Child Development Operations Clerk (OA)** – YB-0303-1, CFAY-153-08. Open: 11-14-08, Close: 11-25-08.  
**Child Development Training and Curriculum Specialist** – YA-1701-2, CFAY-146-08. Open: 11-14-08, Close: 12-8-08. \*Japan wide.  
**Housing Services Clerk (OA)** – YB-303-1, CFAY-154-08. Open: 11-18-08, Close: 11-25-08.

### Continuing

**Safety and Occupational Health Specialist** – YA-0018-1/2, CFAY-150-08. Open: 11-14-08, Close: 12-01-08.  
**Human Resources Technician (Recruit/Class)** – YB-203-1/2, CNFJ-151-08. Open: 11-10-08, Close: 11-24-08. \*Not to exceed six months.  
**Education and Training Technician** – YB-1702-1, CFAY-129-08. Open: 9-8-08, Close: 12-30-08 (Cutoffs may be established as vacancies occur).

## NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to [www.navy-nex.com](http://www.navy-nex.com), click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

**Food Delivery Operator.** NA-2 – Food Services. \$8.28-\$9.66/hr. (1 Flex)  
**Food Service Supervisor.** NS-2 – Food Services. \$10.74-\$12.56/hr. (1 RFT)  
**Food Sales Supervisor.** NF-3 – Food Services. \*\$24,621-\$31,298/annual (1 RFT)  
**Food Service Workers.** NA-2 – Food Services. \$8.28-\$9.66/hr. (16 Flex)  
**Room Attendant (Housekeeping).** NA-2 – Navy Lodge. \$7.95-8.63/hr. (4 Flex)  
**Sales Clerk.** NF-1 - Fleet Rec Center. \$6.55-\$8/hr. (1 RPT)  
**Supervisory Sales Clerk.** NF-2 – Uniform Fleet Center. \*\$8.39-\$11/hr. (1 RFT)  
**Department Manager.** NF-3 - Uniform Fleet Center. \*\$31,620-\$48,844/annual (1 RFT)  
**Department Manager.** NF-3 – Main Store. \*\$31,620-\$48,844/annual (1 RFT)  
**Customer Service Clerk.** NF-1 – Main Store. \*\$8.25-\$9/hr. (1 RFT)  
**Security Guard.** NF-1 – Main Store. \*\$7.50-\$9/hr. (1 Flex)  
**Retail Operations Clerk.** NF 2 –Main Store -\$9-\$11/hr. (1 RFT)  
**Sales Clerk.** NF-1 – Main Store. \*\$6.55-\$8/hr. (4 RFT, 1 RPT, 8 Flex)  
**Specialty Sales Clerk.** NF-1 – Main Store. \*\$7-\$9/hr. (2 RFT, 1 RPT, 3 Flex)  
**Supervisory Sales Clerk.** NF-2 – Main Store. \*\$8.39-\$11/hr. (4 RFT)  
**Store Worker Supervisor.** NS-1 – Main Store. \$10.10-\$11.79/hr. (1 RFT)  
**Retail Operations Clerk.** NF-0303-02 – Main Store. \$9-\$11/hr. (1 RFT)  
**Store Worker.** NA-2 – Main Store. \$8.28-\$9.66/hr. (3 Flex)  
**Store Worker.** NA-2 – General Warehouse. \$8.28-\$9.66/hr. (1 Flex)  
**ID Checker.** NF-1 – Main Store. \$6.55-\$7.50/hr. (1 Flex)  
**Personalized Service Clerk.** NF-1 – Pers. Serv. Pack and Wrap. \*\$7.25-\$8/hr. (1 Flex)  
**Personalized Service Clerk.** NF-1 – Fleet Rec. \*\$7.25-\$8/hr. (1 Flex)  
**Equipment Rental Clerk.** NF-1 – Rental Center. \*\$7-\$8/hr. (1 Flex)  
**Hair Stylist.** NA-7 – Beauty Salon. Commission. (2 RFT, 1 Flex)  
**Inventory Supply Clerk.** NF-2 – Distribution Center. \*\$8.39-\$11/hr. (2 RFT)  
**Warehouse Worker.** NA-4 – Distribution Center. \$9.66-\$11.27/hr. (2 RFT)  
**Security Guard.** NF-1 – Loss Prevention. \*\$7.50-\$9/hr. (1 RFT)  
**Manicurist (Nail Tech).** NA-5 – Ikego. Commission. (1 Flex)  
**Supervisory Sales Clerk.** NF-2 – Ikego Mini Mart. \*\$8.39-\$11/hr. (1 RFT)  
**Food Service Worker.** NA-2 – Negishi. School Lunch. (1 Flex)  
**Hair Stylist.** NA-7 – Negishi – Commission. (1 Flex)

\*Salary based on experience

## Miscellaneous

**Note:** Length of employment for all positions is from date of hire to Sept. 30, 2009. If interested, please pick up solicitation package from Ms. Kobayashi at FISC Contracting Office, 3<sup>rd</sup> floor Bldg. F-157. For more information, call Chapel of Hope at 243-6773/6774.

• **Youth Program Director for the Yokosuka Chapel of Hope Roman Catholic faith group.** Closing date: Nov. 28, 2008.

Position: Must be a fluent English speaker and be able to work a flexible schedule dependent upon religious education needs. Must be familiar with the Roman Catholic doctrine and resources for choosing instructional material.

# Worship Schedule

**YOKOSUKA: Chapel of Hope**  
• 243-6773/ 6774

**Roman Catholic**

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
WED	Confession	1600
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 <sup>nd</sup> TUE	Pre-Baptism Class	1730
THU	Choir Practice, Main Chapel	1700
THU	Women's Bible Study	1730
FRI	Choir Practice, Choir Room	1700
1 <sup>st</sup> FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1500
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

**NOTE:** Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

**General Protestant**

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

**Protestant Liturgical**

SUN	Communion Service, Fellowship Hall	1100
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**Contemporary Christian**

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

**Gospel Praise Service**

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

**Filipino Christian**

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, room 3	1800

**Church of Christ**

SUN	Worship, Kinnick Little Theatre	0930
SUN	Sunday School	1100
WED	Bible Study, rooms 2, 3 and 5	1800

**The Church of Jesus Christ of Latter-Day Saints**

SUN	Sacrament	1300
SUN	Sunday School	1420
SUN	Priesthood/Relief Society	1510

**Location:** Across from the City of Yokosuka Post Office (Off base)

**Jewish Faith Community**

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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**Soka Gakkai International (Buddhist)**

2<sup>nd</sup> AND 4<sup>th</sup> THU Classroom 10 1800

**Specialized Ministries**

**A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)\***

TUE Fellowship Hall/Classrooms 1615

**Yokosuka Student Ministries (Middle School and High School)\***

WED Middle School – Quest 1600  
High School – One Way 1830

**Protestant Women of the Chapel\***

TUE Bible Study, Classroom 10 0900  
TUE Bible Study 1800  
3<sup>rd</sup> MON Fellowship Program 1700

**Japanese Women's Bible Study\***

TUE Main Chapel/Fellowship Hall, Classrooms 0900

**COMPASS Spouse Support Group**

WED, THU, FRI (Last week of month), Room 5 0900

**Men's Christian Fellowship**

TUE Study Group (Fleet Rec 3<sup>rd</sup> Deck) 1130  
3<sup>rd</sup> SAT Breakfast (Location varies)  
*\*Runs from September to June*

**Negishi: Chapel of the Rising Sun • 242-4183**

**Roman Catholic**

SUN	Mass, Main Chapel	0800
SUN	Confession	1700
SUN	Bible Study	1730
THU	CCD, classrooms	0900

**Protestant**

SUN Worship Service, Main Chapel 1030

**IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)**

**Roman Catholic**

SAT Vigil Mass 1900

**Pentecostal**

SUN Worship Service 1000

**Adult Bible Study**

WED Nikko Tower Party Room 1800

**A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)\***

WED Ikego Elementary School 1630

**Yokosuka Student Ministries (Middle School and High School)\***

THU Middle School/High School – Q2 Kyoto Tower Party Room 1830

**Note:** In the event of an emergency, the Chaplain on Duty can be reached by calling CFAY Security at 243-2300.

# Fleet and Family Support Center

## Congratulations on the birth of your baby!

Elmny Sison and Ma Sison are the proud parents of **MARINELLE RAMIREZ SISON** born, Oct. 24, 2008 at 8:21 a.m., weighing 5 pounds 10 ounces.

Luke Wray and Julie Wray are the proud parents of **JOHNNY DUFF WRAY** born, Nov. 5, 2008 at 12:38 a.m., weighing 7 pounds 11 ounces.

Jeffrey Legaspi and Maria Legaspi are the proud parents of **EUBERT ROY LEPASPI** born, Nov. 5, 2008 at 8:12 p.m.

Juan Trevino and Kathy Trevino are the proud parents of **ELIJAH MICHAEL TREVINO** born, Nov. 6, 2008 at 1:52 p.m., weighing 8 pounds 3 ounces.

Antoine Higgins and Eiko Higgins are the proud parents of **GENOVA KAZUYA HIGGINS** born, Nov. 7, 2008 at 12:29 p.m., weighing 7 pounds 9 ounces.

Robert Marsh and Elsie Marshall are the proud parents of **JACOBS ALEXANDER MARSHALL** born, Nov. 8, 2008 at 3:23 a.m., weighing 9 pounds.

If you'd like to see your baby announcement published in the Fleet and Family Support Center's section of the Seahawk-Umitaka, stop by our New Parent Support office in Bldg. 1558.

## Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

### Monday, Nov. 24

**English as a Second Language (ESL)** 10 a.m. (2 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice basic English skills and learn about American culture. Special attention is given to speaking English in an everyday setting.

**Holiday Spending** 10 a.m. (1 hr.): Surviving the Holidays Financially – Offered for a Limited Time – Start the Holiday Season with a gift to yourself. Learn to develop a financial plan for holiday spending. Shop smart and spend your money wisely. Give yourself the gift of "no extra debts" in January, and avoid a "Holiday (financial) hangover" by attending this class.

**Separating or Retiring in Japan** 2 p.m. (3 hrs.): Participants will learn to the procedure for separation from military/government service in Japan from a topic expert. The class will cover various entitlements and restrictions and how they affect SOFA. Attendance is recommended for those considering separation from service with the intent to stay in Japan.

### Tuesday, Nov. 25

**Ikego – Kid's Craft** 10 a.m. (1 hr.): The Kid's Craft Class is a fantastic opportunity to interact with other parents and children, while the kids do fun seasonal crafts. All ages are welcome and must be accompanied by an adult.

**Your Japanese Home (Rescheduled to Dec. 9)** 8:30 a.m. (4 hrs.): *Tatami* got you down, or mildew taking over? Come learn from our local resident expert how to make your new *uchi* a comfortable home. We'll take you on a field trip to a local store to point out products that can solve your household cleaning problems. We'll also discuss temperature control without thermostats, using your *ofuro*, and taking out the trash Japanese style.

### Wednesday, Nov. 26

**Youth Enrichment Class – Decision Making (High School Students)** 3 p.m. (1 hr.): Decision, decisions, decisions – seems like you always have to make them. We can teach you effective ways of solving everyday problems as well as making appropriate decisions. The training is for ages 15-18 (18 or over if student is still in high school). Must meet four times for 1-hour session to obtain a certificate of completion.

### Thursday, Nov. 27

No Classes

### Friday, Nov. 28

**Play Morning** 9:30 a.m. (1.5 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Ayame Tower.

## Upcoming Classes

- Dec. 1** AOB/ICR  
Accelerated Transition Assistance (ATAP)  
Communication, Anger and Stress Management, Assertiveness (CASA)  
Developing Your Spending Plan  
Holiday Spending  
English as a Second Language  
Labor and You
- Dec. 2** Craft Class for Adults  
Boot Camp for New Dads  
Saving and Investing
- Dec. 3** Communication, Anger and Stress Management, Assertiveness (CASA)  
Credit Management  
Holiday Spending  
Japanese Spouse Group  
Negishi – The Basics of Retirement  
Negishi – Employment Overview  
Negishi – Sponsorship Training  
Negishi – Getting Started Teaching English  
Youth Enrichment Class (Middle School)
- Dec. 4** EML/Space "A" Travel  
NMCRS Budget 4 Baby  
Thrift Savings Plan  
Ikego – Play Morning
- Dec. 5** Effective Resume Writing  
Ikego – Ukulele Lessons  
Negishi – Kid's Craft Class  
The Basics of Retirement Planning  
Yokosuka – Play Morning

**Negishi FFSC**  
242-4125

**Fleet and Family Support Center**  
243-FFSC (3372)

**Ikego FFSC**  
246-8052

Visit our Web site: [www.cfay.navy.mil/ffsc/index.htm](http://www.cfay.navy.mil/ffsc/index.htm)

## Automobiles

**'00 Chrysler Grand Voyager Millennium Edition.**

Heated leather seats, CD changer, power everything, snow tires. Many extras. \$6,500. Contact Phil, 246-8433, lawaiya@hotmail.com.

**Angel Motors – Specializing in U.S.A. Spec (LHD)**

**Models!** American owned and operated car business with export and shipping experience. Custom order any Japanese (RHD) model! **Angel Motors November Cars!** 1. Beautiful '97 U.S.A. BMW 528i sedan and 52K miles, silver, leather, "angel eye" headlights, crystal tail lights for \$12,900! 2. Fast, custom 1996 Mazda RX-7 (RHD), 75K KM, MT in red for U.S. \$6,500! (car now at Yokosuka base!) Visit us: www.angelmotorsjapan.com. Visit our web site for photos and details, or call Mike to see. Contact Mike for more details at Tel: 090-8019-6372, e-mail: mike@angelmotorsjapan.com.

**Bargain cars, low mileage.** Need a car fast? Give us a call! Tokyo Motors is here for your auto needs. Ph: 080-6517-8253, e-mail: info@tmotors.net. Web: www.tmotors.net.

**BMW Military Sales – Factory discount pricing.** Pre-purchase plan available for future purchase. Also available quality used European and Japanese cars. Int'l. Auto Emporium Office: (045)787-4335. Mobile: (090) 8485-4701. E-mail: LTM@viola.ocn.ne.jp.

**U.S. Spec Cars!!** Available in Yokosuka. You can ship the car to the states. We are located at the Yokosuka entrance #7 on Yoko Yoko. 15 minutes from the base. Come and check our stock. English Spoken. 93-2 Yamanaka, Yokosuka. E-mail: auto@casper.co.jp. Web site: www.casper.co.jp. Call (046) 853-2110.

## Motorcycles

**'99 Aprilia RS-50/75 in mint condition!!** Have installed several upgrades to the 50 cc engine using quality parts. Bike cover and wheel lock included. One original owner. Asking \$2,500. Call 080-6661-6801.

## Services

**2 BZ 2 Clean?** House cleaning service can be scheduled to meet your routine needs. On or off base. Please leave a message and call-back number. Call 080-3489-7657.

**BW Audio for all your car stereo needs.** Full custom shop, whatever you need we can make it or install it. Call 080-5497-1787.

**Computer and Networking Services.** We offer low cost computer repair and home/business networking services. We can set up "Secure" wireless and LAN networks. We also, install software, install hardware, contain viruses, and recover "precious" data. Vonage set up and trouble shootings available. We will respond within 24 hours. Please contact: CJ, 080-6603-2336/chaunceylharris@ezweb.ne.jp. Travis, 080-6616-5634.

**Dog Lovers Attention.** Looking for dog hotel while you're away? Offering dog camp for solving behavioral problems training by bilingual professional. Send your tail-wagging-friend over to beautiful Hokkaido and we'll fly back and drop him/her off at your area. Visit <http://one-to-hounds.com>.

**Education Administrator.** Do you work outside the home or just desire a quality home school education for your child? Then I have a solution to meet your needs. I can administer an accredited homeschool program, School of Tomorrow (A.C.E.) for your child. Grades 1-12 accepted. Open enrollment. Please contact me for more information at 241-3116 or 080-3526-0172.

**Friendly Japanese instructor teaching authentic Japanese language classes for survival Japanese and JLPT preparation.** Please contact me today at: Mayumi@japanese-sensei.com, or visit my Web site at <http://www.japanese-sensei.com>.

**G's Salon – Waxing (B.B and all kinds), Manicure, Facials.** "Straight from Manhattan" personalized service to bring out the beautiful you! Please call 241-2474 or 080-5677-6532 for appointment.

**Hair salon in Yokohama hair expert for foreign Women and Men.** Worked in London, NYC and Beverly Hills. U.S. certified. Master colorist. Foil Highlights and Low light. Specialize in thermal straightening and hair extensions. We also provide nail services. (045) 311-0139 ask for Yoshiko. info@afrodita.jp, www.afrodita.jp.

**KRush Photography.** Specializing in babies, milestones, maternity, and family portraits. We're also great for senior portraits, special events, and all of your other photography needs! Visit [krushphotography.com](http://krushphotography.com), or e-mail: Cindy@krushphotography.com.

**LTO and Free Junking.** Need to junk it now? Don't wait days. JCI inspection, title transfers, road tax, deregistration, T-plate. 12 years in Japan. Negishi, Ikego,

any transmission OK. Call Derrick, 241-4415 or 090-3592-8809.

**LTO Runs and Junking Services.** Japanese inspection, new registration, transfer registration, deregistration, change of address, road tax, temporary plates, could junk and deregister your car in a day or less, on base or off base OK. Eight years experience. Call Fe at 241-4954 or 090-9317-8259.

**LTO Runs and Free Junking.** New registration, Japanese inspection, transfer registration, deregistration, change of address. Road tax, temporary plates. 日本語もOK. Call Cherry, 080-5046-0689.

**Junking Service in 1 hr. or less.** Also LTO service. One call will do it. Don't worry. Negishi, Ikego no problem. Call Derrick, 090-3592-8809, home 241-4415.

**LTO Runs and Free Junking.** Yokosuka/Ikego/Negishi Registrations, inspections, transfers, I do it all. No problem driving your vehicle to LTO. Call Reiko McCulough, 241-3100/080-5497-2600 or e-mail: reikoltoruns@yahoo.com. 日本語もOKです!

**LTO Run and Free Junking.** New registration, Japanese inspection, transfer registration, deregistration, road tax, temporary plates. Call Jackie, 080-6657-9716 and 080-3394-5445.

**LTO Runs and Free Junking.** New registration, Japanese inspections, temporary plates, transfer registration, minicars, change address, road tax, deregistration, base inspection, JCI renewal. Please call Theresa, 241-3427 or 080-3392-4384.

**LTO Runs and Free Junking (could junk in a couple of hours).** New registration, Japanese inspection, renewal, change address, transfer title, deregistration, road tax, T-plates. Call Elvie at 090-4585-8329.

**MAGICIAN.** Birthday Parties. Book your command's Christmas party now! Complimentary birthday gift. (イベントや、お誕生日会などにマジック・マイクを呼びませんか?) Call "Magic Mike", 090-6199-4993, (046) 827-4639, magicmike4u@ezweb.ne.jp, www.magicmike.wetpaint.com.

**MorsePhotoStudio.com.** Due to my pregnancy I can only take a few holiday photo sessions. The last day to take photographs is Dec. 5 until I can reopen my business again. Thank you all for your kindness and understanding. Sherry Morse, 080-6736-4961.

**Need makeup artist on your special day?**

Experienced makeup and hair artist will work on location. For more detail, call 090-4167-0724 (if no answer, leave message), or e-mail: [makeupbytakako@hotmail.com](mailto:makeupbytakako@hotmail.com). Artist info: [www.makeupbytakako.com](http://www.makeupbytakako.com).

## Positions

**Building Maintenance Engineer.** \*Over three-year on-the-job experience for building maintenance. \*Business level English and Japanese (speak, read and write). \*Proper valid work visa. \*Workplace: Tokyo area. \*Pay: up to ¥330,000/month for engineer, ¥400,000/month and above for manager level. \*Transportation cost paid (Max. ¥40,000). \*Paid vacation and holiday. \*Retirement age: 65 years old. E-mail your resume to: [m-watanabe@s-mt.co.jp](mailto:m-watanabe@s-mt.co.jp). Shin-ei Real Estate Co., Ltd. (03-5722-4680).

**ENCS is looking for a self-motivated Office**

**Manager.** Salaried position with SOFA available. Training is provided. Skills required are basic accounting, computer and typing. Ability to speak Japanese on a business level and native English. Superior organizational skills a must! Customer service experience preferred. Please e-mail: [szimber@militarycars.com](mailto:szimber@militarycars.com), or call 090-3120-1875.

**PIRE seeks facilitators for PREVENT course in life-style choices, self-awareness and goal-setting.**

Training provided. PT up to \$17.01/hr. If you have excellent communication, organizational skills and able to work independently, e-mail your resume to: [hr@pire.org](mailto:hr@pire.org) by Nov. 22. PIRE is an EEO/AA employer. Contact: [prevent@med.navy.mil](mailto:prevent@med.navy.mil), or 243-5363.

## Wanted

**Drivers wanted for on-base taxi service.** Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472. Supervisory and Management training positions available.

オンベースタクシーの運転手(パート)募集。MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか?月曜～金曜(GWが入港中)4 a.m.-8 a.m.(は2時間でOK)運転好きなら、チップも入るし結構稼げますよ(普通免許でOK)。243-4511か090-3205-3472まで電話ください。

**English Teacher for Children.** Part/Full-time positions are available in Yokosuka, Zushi and Yokohama area.

Training is provided. For more information, please call (046) 865-8717, Monday-Friday, 10 a.m.-6 p.m.

**Teaching Job @ Home.** Getting tired of job hunting? You can work at your on/off-base home teaching language, cooking, craft, etc. Visit: <https://yokosukalcen-d2.r-cms.jp/>. Contact 090-6505-1647/yokosukalc@gmail.com

## Announcements

**Are You Looking for an Apartment or House to Rent?**

We cater to military needs. Ocean view! Mountain View! Spacious balcony! American style bathroom! *Tatami* room! Let us find your dream apartment or house. We have several houses and condominiums for sale. Also start your real estate business in Japan today! Our friendly staff will work hard to get you the best deal possible. Call us, (046) 825-0245 10 a.m.-6 p.m. Contact at: [chintai@heiseiyokosuka.co.jp](mailto:chintai@heiseiyokosuka.co.jp). Address: 1-18 Wakamatsu, Yokosuka Heisei Housing Co., Ltd. Our Company is in front of Coco's curry shop near Yokosuka chuo station.

**DoD Civilians and Contractors – Get out of that small Hotel Room!** House available very close to base.

Furnished, internet, Cable, the works! E-mail: [yamasmit@jcom.home.ne.jp](mailto:yamasmit@jcom.home.ne.jp). Phone: 080-5436-8408.

**Room for rent.** Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$300/month plus utilities. Non-smoker please. Contact: [yamadatoshinori@yahoo.co.jp](mailto:yamadatoshinori@yahoo.co.jp).

**The Symbol of Purity and Aristocracy.** Only Bayleaf presents ethnic and authentic Indian cuisine in Yokosuka. For reservation, call 080-3015-1749. We use best ingredient in the dishes. Visit the Web site. <http://www.yokosukaindian.com/> and <http://www.indiancurry-bayleaf.jp/> Parking, party, take out, reservation OK.

Monday closed. Tel. (046) 821-1922.

**Three bedroom apartment available.** Large gas oven microwave, large refrigerator, three AC/heater units, secure entrance and parking. Harbor view. Base contract available. English speaking landlord. E-mail: [arebee07@gmail.com](mailto:arebee07@gmail.com). Phone 080-5412-2701.

**TIF Special International Party Shibuya, Nov. 29, Saturday, 6:30-9 p.m., T's Salon 2F.** Held by Japan's biggest international friendship site. Meet 300 people. Beer, cocktails and soft drinks are all you can drink! Snacks are also provided! ¥3,000. <http://www.tokyo-party.com>. Call 080-2001-0512, party@goover.co.jp.

**Unable to locate jobs on military bases?** Here is an excellent opportunity for spouses as distributors! Our products are for men and women! Our products are PROVEN to reduce wrinkles, sagging skin, bags under the eyes, lines on the forehead, unwanted flab, hair rejuvenation and increased antioxidant absorption. And our products are scientifically based and one-of-a-kind! Scientifically Proven Anti-Aging Treatment with Galvanic Spa – Look 10 years younger in just 10 minutes. Taking vitamins? Try LifePak Nano – Best on the market and results confirmed. Call Rick at (042) 542-2977/080-3394-4647, or via e-mail at: [anderson@nsedreams.com](mailto:anderson@nsedreams.com), or visit my Web site at: <http://anderson.nsedreams.com>.

**Yokosuka Baptist Church.** Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. [www.ybcjapan.org](http://www.ybcjapan.org).

## Adoption

**Thinking about adopting a child?** Yes – It can be done while living overseas! We can make it happen! Contact: [www.Adopt-Abroad.com](http://www.Adopt-Abroad.com).

Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213, on Command Hill. Please stop by the office to place your advertisements!

Classified ads of 30 words or less can be purchased for either \$5 per issue, in cash, at Asahi Advertising, Inc. The fee is \$1 for every 10 additional words. These rates are for Department of Defense servicemembers, family members or civilian personnel only. Prices for all other ads must be separately negotiated with Asahi Advertising, Inc.

The deadline for classified ads is 4 p.m., Friday prior to publication date (one week in advance). Submitted classified ads will be published after payment has been confirmed.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

For more information, please call Asahi Advertising, Inc. at 243-3100/(046)816-3100, or contact them at:

[seahawk yokosuka@ys020407.americablejapan.com](mailto:seahawk yokosuka@ys020407.americablejapan.com)

The point of contact is Keiko or Tomomi, account executives. Regular business hours are Monday-Friday from 10 a.m. to 4 p.m.

Asahi Advertising, Inc.



(Left) Camp Fuji Commanding Officer Col. Robert G. Golden III and Lance Cpl. Terry Mahle from 3rd Fleet Anti-terrorist Security Team, 6th Platoon look on as Gunnery Sgt. Maurice Williams from Fleet Industrial Supply Center (FISC) Yokosuka performs the ceremonial cake cutting to celebrate the U.S. Marine Corps 233rd birthday at FISC Yokosuka Nov. 6.

Photo by Yuji Kawabe



Yokosuka Base Sailor STG1 Anthony Demangone dressed as Gulliver was the main attraction for children of the Kenkou Kindergarten at the Kannonzaki Festa (festival) at Prefectural Kannonaki Park Nov. 3. Approximately 30,000 visitors attended the event which featured live music, food stalls and historical and cultural attractions about Kannonzaki.

Photo by Nobuo Ishiguri



Members of the 7th Fleet Band perform for citizens of Yokohama during the recent 33rd Annual Hello Yokohama Festival held at Negishi Shinrin Park. CFAY Yokohama Detachment participated in the event, distributing CVN 73 Manga to the visitors.

Photo by Rieko Fujita



Residents of Negishi Housing Complex gather on the steps of the Negishi Racetrack Grandstand in Yokohama following a tour of the 79 year-old landmark Nov. 11. Designed in 1929 by American architect, J.H. Morgan, the grandstand could hold up to 20,000 spectators. In 1942 the grandstand was commandeered by the Japanese Imperial Navy and used as a printing facility. After World War II, the U.S. Army and Navy used the facility as its Yokohama Headquarters until the structure was returned to the government of Japan in 1983.

Photo by Sean Dath



Commander Submarine Group 7 First Class Petty Officers Mess collected more than 217 books for their annual command book drive Nov. 5. All of the children's books collected will be donated to the Yokosuka Pre-School Co-Op with the remainder of the books going to the Yokosuka Library.

Photo by ETC(SW) Kevin Penland