

## Chief of Chaplains praises work done by Chapel of Hope team

Story and photo by Ben Avey,  
CFAY Public Affairs

Chief of Navy Chaplains Rear Adm. Robert Burt praised the work done by local chaplains and religious program specialists from the Chapel of Hope during his visit onboard Commander Fleet Activities Yokosuka (CFAY) Nov. 17.

Meeting with the religious ministries team during a breakfast briefing at the chapel, Burt expressed his pleasure with the CFAY command religious program.

"The Chapel of Hope probably has the most robust command religious program in the Navy," said Burt. "I am very, very pleased with the work our chaplains are doing here," said Burt.

Visiting for the first time since becoming chief of chaplains, Burt spent several days onboard CFAY attending religious services, conferring with chaplains and debriefing with local leadership on the needs of area personnel.

At the breakfast, Burt was provided with an extensive briefing by CFAY Chapel of Hope Religious Programs Command Chaplain Cmdr. Derek Ross. The briefing detailed the extent to which local chaplains work to provide spiritual and personal growth for area personnel on shore and while at sea.



(Left) Chief of Navy Chaplains Rear Adm. Robert Burt briefs local chaplains at the Chapel of Hope Nov. 17. Visiting for the first time since becoming chief of chaplains, Burt spent several days attending religious services, conferring with chaplains and debriefing with local leadership on the needs of area personnel.

CFAY command religious programs include 30 worship services, 10 bible studies, youth programs, religious education and community focused service for the estimated 27,000 active duty Sailors, family members, Department of Defense Education Activity (DoDEA) personnel, federal government employees and contract workers from more than 100 tenant commands at CFAY.

In addition, the CFAY command religious program serves all 11 forward-deployed ships home ported in Yokosuka.

While it is no longer one of the forward-deployed ships, Burt shared his personal connection to many enlisted Sailors who once served aboard *USS Kitty Hawk* (CV 63).

In the early 1970s, Burt served on *Kitty Hawk* as a second class petty officer in the data processing rate. He regularly attended the ship's religious services, sang duets with a shipmate for the congregation and befriended the ship's chaplain. It was on *Kitty Hawk* that Burt realized his life's calling and decided to combine his love for the Navy and his religious devotion by serving in the Chaplain Corps.

After completing his enlistment, Burt received his Bachelor of Science in Biblical Studies from Eugene Bible College and his Master of Divinity degree from Western Evangelical Seminary. He re-joined the Navy as a commissioned officer and almost 30 years later, became the 24th chief of Navy chaplains.

Reflecting on the visit, Ross shared the sentiment of the religious ministry team.

"We were really honored that the chief of chaplains was able to take time away from his extraordinarily busy schedule to come out here and spend time with our chaplains and religious personnel," Ross said. "It was an honor!"

## GW, Cowpens, Shiloh return after successful deployment

By MC3 Olivia Giger,  
USS George Washington Public Affairs

The *George Washington* Carrier Strike Group (GW CSG) returned to Japan Nov. 21 after a successful two-month deployment to the Western Pacific Ocean, which included stops in Busan, Republic of Korea and Guam as well as a major exercise with the Japan Maritime and Air Self-Defense Forces.

The GW CSG is commanded by Rear Adm. Richard B. Wren embarked on the flagship *USS George Washington* (CVN 73) and includes Carrier Air Wing (CVW) 5, Destroyer Squadron 15, *USS Shiloh* (CG 67) and *USS Cowpens* (CG 63).

Most of CVW 5 returned to Naval Air Facility Atsugi Nov. 20 with the last aircraft returning as scheduled the next day. Also returning to Yokosuka were *USS Curtis Wilbur* (DDG 54), *USS John S. McCain* (DDG 56), *USS Stethem* (DDG 63), and *USS Mustin* (DDG 89).

"These past two months have been enormously productive and rewarding," said Wren. "*USS George Washington's* immediate participation in several exercises and events is a clear message of the dedication we have to security and stability in this region."

The GW CSG's first stop was Busan, Republic of Korea (ROK) to participate in the ROK armed forces' 60th anniversary. Sailors also enjoyed new cultural experiences and volunteered for community relations projects.

After a couple of weeks of intense air wing and shipboard training, the GW CSG's next stop was Guam, where Sailors enjoyed rest and relaxation.

GW also participated in ANNUALEX 20G with the Japan Maritime and Air Self-Defense Forces, the largest bilateral exercises between the two countries. This was GW's first ANNUALEX after replacing *USS Kitty Hawk* (CV 63) as the Navy's only forward-deployed aircraft carrier.

"ANNUALEX was an amazing opportunity to enhance cooperation and understanding with the Japan Maritime Self-Defense Force for coordinated bilateral operations in the defense of Japan," said Wren. "Throughout these years of training and operating together in an exercise such as this, we have continued to foster our relationship and mutual professional respect for one another."

"We had a tremendously successful at-sea period during the last two months. We [were able] to train with and learn about some of our closest allies in the region," said GW's Commanding Officer Capt. J. R. Haley. "Now we are very much looking forward to experiencing our new home and meeting the wonderful people of Japan after our short stay back in September."

**USS Shiloh (CG 67) leads a formation of U.S. Navy and Japan Maritime Self-Defense Force ships assigned to the George Washington Carrier Strike Group and the Essex Expeditionary Strike Group during the bilateral exercise ANNUALEX Nov. 19.**

U.S. Navy photo by MCC Ty Swartz



Second Annual

# Grand Illumination

Sat., Dec. 6, 9 a.m. to 8 p.m.

# Marines, Sailors get into holiday spirit for good cause

Story and photo by Blake Vives,  
CFAY Public Affairs

During this holiday season, sharply dressed Marines and Sailors volunteer to stand weeknight watches in the exchange to support a cause they believe in, the Toys for Tots program.

"If you come anytime after 6 o'clock in the evening, you will see that young Marine standing there in his dress blues. He worked all day and what he would like more than anything is to have someone give a toy," said Yokosuka Semper Fi Society President Gunnery Sgt. Maurice Williams.

Toys for Tots volunteer Corporal Zachary Johnson of 3rd Fleet Antiterrorism Security Team (FAST), 6th Platoon believes it is important to donate to Toys for Tots.

"There are a lot of people out there who don't have as much money as someone else and why not help somebody else have a merry Christmas," said Johnson.

Johnson also feels it is important to volunteer in support of the Toys for Tots program.

"Participating in this makes me really happy that I can come out and do my part. Every kid deserves to have a merry Christmas and why not do your part," said Johnson.

This year the Yokosuka Semper Fi Society expects to deliver more toys than in previous years. Deserving, needy children in orphanages in the Philippines, Thailand, Afghanistan, Korea, Africa and Japan will receive the toys collected locally.

"We're looking for around 3,000 toys. That's our goal. The reason it's definitely important to reach the 3,000, [is that] we've taken on at least four other countries this

year. Again, the Toys for Tots motto is 'for every needy kid a toy,'" said Williams.

Williams urges the community to help the Yokosuka Semper Fi Society reach their goal by donating a toy.

"It's not the value of the toy, as long as it comes from your heart. We will ensure that toy makes it to a needy kid," said Williams.

Toys for age group five and below are most needed. The last day to donate is Dec. 20. Williams assures Navy Exchange shoppers the donations are appreciated.

"If you could please, as you walk through, greet the Marines and Sailors, because we do have Sailors who stand by the box too, and drop a toy in and we will thank you from the bottom of our hearts," said Williams.

The Toys for Tots program began in Yokosuka three years ago and has expanded each year.

"It started with a Marine standing by a box, one box," said Williams.

Usually coordinated by the Marine Reserves in the United States, the Yokosuka Semper Fi Society took on the responsibility of organizing the Toys for Tots program in Yokosuka.

"We have a unique opportunity here because there is no reserve unit. So, we take the opportunity to get involved and share with the community. It's not just the Semper Fi Society. We host [Toys for Tots] but it is a community event," said Williams.

The Semper Fi Society is a private organization of six Marines working to serve the children of our community.

The mission of Toys for Tots, according to the Web site [www.toysfortots.org](http://www.toysfortots.org), is, "to collect new, unwrapped toys during October, November and December each year, and distribute those toys as Christmas gifts to needy children in the community."



(Right) Toys for Tots volunteer Cpl. Zachary Johnson of 3rd Fleet Antiterrorism Security Team (FAST) 6th Platoon, receives a donation from PCSA Duane Fogle Nov. 24. Deserving, needy children in orphanages in the Philippines, Thailand, Afghanistan, Korea, Africa and Japan will receive the toys collected locally.

## Storekeeper, postal clerk ratings to merge into logistic specialist

By MC3 Devin Thorpe, Navy Personnel Command Public Affairs

Chief of Naval Operations Adm. Gary Roughead has approved the merger of the storekeeper (SK) and postal clerk (PC) ratings to the logistics specialist (LS) rating, according to a Navy message released Nov. 17.

The conversion from SK and PC ratings to LS officially begins Oct. 1, 2009 for all active-duty Sailors and reserve component E-6 and above according to NAVADMIN 326/08. Conversion for reserve component E-1 through E-5 begins April 1, 2010.

The SK rating badge will be used to represent the new LS rating. All PC personnel are required to convert uniform rating badges to the SK rating badge no later than Oct. 1, 2011.

"Over the past several years, the postal clerk rating has been shrinking. We went from having an enlisted authorization of almost 1,000 people, and now we're down to 645. It's at a point now that we're losing billets faster than we lose people, which stifles promotion," said Master Chief Postal Clerk (SW/AW) Ron Guyton, the Navy's technical advisor for the supply ratings.

The rating merger overall will benefit the Sailors more than two separate rates would, said Guyton.

As an element of the Navy's total force strategy, this merger will capitalize on the

knowledge, skills and abilities found in the two ratings and apply them toward a unified mission according to the NAVADMIN.

"With most postal clerks gone from smaller ships, the storekeepers are doing that work already, and it's been successful. So now we're taking a bigger step and training more Sailors to do a wider variety of jobs. There's no way the Navy can lose by having better trained Sailors," Guyton said.



PCSR Anthony Vassar unloads mail from *USS George Washington (CVN 73)* at the FISC Yokosuka Post Office Nov. 25. CNO recently approved the merger of the postal clerk and storekeeper rating into the logistics specialist rating.

Photo by Blake Vives

## Shaping up, shipping out



The FISC Personal Property Office (PPO), building 5013, located before the third tunnel on Howard Street, attends to the permanent change of station (PCS) needs of the always moving Yokosuka community. PPO is responsible for inbound and outbound personal property and the shipping of privately owned vehicles.

Photo by Blake Vives

### HOLIDAY MAILING DEADLINES



To ensure timely delivery of holiday cards and packages by Dec. 25 to and from APO/FPO addresses and to international addresses, we recommend you mail your items by:

- |  |         |
|--|---------|
| • Express Mail Military Service (three days)           | Dec. 20 |
| • First-Class Mail (Letters/Cards less than 13 ounces) | Dec. 11 |
| • Priority Mail (More than 13 ounces)                  | Dec. 11 |
| • Parcel Airlift Mail (PAL)                            | Dec. 4  |
| • Space Available Mail (SAM)                           | Nov. 28 |

# SRF-JRMC's Metrology Division monitors tolerance of test equipment

Story and photos by Keiichi Adachi,  
CFAY Public Affairs

Using equipment, devices and tools, Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) employees regularly conduct repairs, maintenance and modernizations that support many functions of the 7th Fleet.

However, employees usually use equipment without thinking about its accuracy while conducting their operations. Devices and tools used for ship repair operations require proper calibration to achieve technical compliance with the appropriate level of accuracy.

Calibration is the act of measuring known calibration standards and verifying that the results are within the tolerance of the gauge or equipment. User specific

calibration intervals are established based upon frequency of use, handling practices and measuring environment.

The Metrology Division of SRF-JRMC takes care of all calibration systems, oscilloscopes, time domain reflectometers, digital voltmeters and missile simulators. These tools are used on ships in combat systems and engineering spaces in support of operations of the ship.

"I believe our shop is very important for the operation of the ship and combat systems on board," said Naofumi Yamamoto of the Metrology Division. "Gas Turbine systems are calibrated every three years. We go onboard during a two-week evolution and completely certify the accuracy of the propulsion system for gas turbine ships."

The Metrology Division keeps individual standards for testing equipment. "The most important thing for our office is the capability," said Yamamoto. "We need to have

standards. All calibration is built upon a specific procedure. The procedure must be adhered to verbatim, and must use the standard that is four times more accurate than we are calibrating. Without the standard, of course, we cannot calibrate the unit, then we have to ship off the island when that happens. So, we try to maintain capability that we know the ship requires. Our biggest concern is to ensure that we have the standard to support the equipment."

The fleet is the main customer for the Metrology Division, which includes the 17 forward-deployed ships in Yokosuka and Sasebo. Other than the fleet, it supports incoming transit ships, the Military Sealift Command ships, oilers and supply ships.

According to the Metrology Division, they also support the local community such as the post office, fuel farm, Yokosuka galley and activities in Iwakuni.

For example, the shops and stores use a lot of scales. When they weigh something, they need to know the accuracy of the weight of products they are working with. At a commercial gasoline station, a gallon of gas needs to be an accurate gallon of gas. The customer wants to know that he or she is paying for a correct gallon of gas.

Yamamoto said conducting business with the Metrology Division is simple for internal and external customers.

"We just need to bring their equipment into the calibration lab and employees of the Metrology Division enter the equipment into their computer system, which is called Calibration Recall Inventory System (CRIS)," Yamamoto said.

The lab gives the customers a receipt for what they dropped off and the date they can pick it up. The lab certifies the equipment to the accuracy listed in the National Institution Standard Technology.

"Calibration office workers are very professional. Periodically, we will not have our own test equipment, so our office will borrow the Cal Lab's equipment for testing," said Sadami Imatomi, engineer technician from the SRF-JRMC Combat Systems.

According to the Metrology Division, they try to increase quality with accurate and reliable gauging, calibrate to measurement traceable standards, rely on industry proven test methods, reduce costs, prevent measurement errors, standardize methods and metrology practices and eliminate procedure misinterpretations.



While using a tachometer calibrator, Metrology Division electromechanical and pressure equipment standard calibrator Yutaka Hirokawa carefully inspects a generator tachometer that was brought in from a tugboat that was in dry dock.

タコメーター測定器を使用して、校正部電子機械及び圧力装置基準測定工の広川泰（ゆたか）さんは入渠中のタグボートから送られてきた発電機タコメーターを入念に検査する。

## SRF - JRMC 校正部、試験装置の誤差を最小に保つ

文・写真：安達慶一、CFAY広報課

第7艦隊を支援するため様々な機材、装置、道具を用い艦船修理、整備、近代化を適切かつ安全に行なう従業員の姿を、艦船上や艦船修理廠及び日本地区造修統括本部 (SRF-JRMC) のいたるところで見かける。

業務に励む中、従業員は機材、装置、道具の精度を考へることなくそれらを使っている。業務において機材、装置、道具の精度の確保と維持には質の高い校正が必要だ。

機械機器の校正とは校正基準を設定し、ゲージや機器の数値が持つ計測の誤差が許容範囲内であることを確かめる作業である。各機器の校正の有効期間は使用の頻度、使用内容そして使用環境を基に確立される。

SRF-JRMCにある電子機械機器校正部では、オシロスコープ、時間領域反射測定器、電圧計、ミサイルシュミレーターの使用した、校正業務を行っている。これらの機材は艦船の運行業務、戦闘システム、動力・推進機関などを支援する目的で使用される。

「艦船の運行業務、戦闘システムの維持のため我われの部署は重要な役割を担っています。3年ごとにガスタービン（動力・推進システム機材）の較正が行なわれ、艦船で2週間をかけて、ガスタービンを推進力とする艦船の推進システムの校正と認証を行います」と話すのは、校正部の山本直史さん。

校正部の校正部基準計測器の維持も主要な業務である。校正業務の重要なものに、校正部の地域的重力値の認証が必要となる。高精度な圧力試験装置には地域的重力値が求められている。重りや流体柱を用いての誤差0.1パーセント以内の精度が求められる圧力を測定するには、基準点が必要となる。より正確性を高めるために、校正部の位置する緯度と経度による地域的重力値が算出される。

「校正部の業務にとって重要なことは、必要な能力を備えることと、それを支える個々の基準計測器です。どの校正も詳細な手順に基づき成り立っているのです。ですから、どの手順も必ず記述されている通りに行なうことが求められ、校正する機器よりも4倍以上精度の高い計測器を使用しなければなりません。基準計測器なしには機材装置の校正はできません。艦船が求める校正の能力を維持するよう努めていますが、基準計測器の確保が、校正部の抱える大きな悩みです」と山本さんは話す。

もちろん横須賀、佐世保に配備の17隻の艦船含め第7艦隊が校正部のお得意様だ。他の顧客には、航海の途中寄港する船、海上郵送部隊 (MSC) の艦船や油送船、補給船がある。

校正部によると地域社会にも貢献し、横須賀基地にある、郵便局、ガスステーション、食堂、岩国基地の諸部隊が挙げられる。

例としては、店舗では秤の使用が多い。商品の計量や包装を行なう際、その品物の正確な重さを知る必要がある。ガスステーションでは、正確な1ガロンの燃料が求められるはずであり、清算では確かに1ガロン分の金銭を払うことをお客様は求める。

部隊内外を問わず、校正部への業務依頼はシンプルだと山本さんは言う。機材・装置を校正部に持ち込めばよい。校正部の従業員が校正機器登録システム (CRIS) と呼ばれるコンピュータープログラムに持ち込まれた機材・装置の情報を入力する。そしてお客さまに預り証が渡され、予定される修理・校正完了の日付がその預り証に明記されている。校正部は米国工科標準技術が定める数値を基に正確性を認証する。

「校正部の従業員はとてもプロ意識の高い人たちです。私の職場には計測器がなく、校正部から借りて使用しています」と語るのは戦闘システム部で働く機械技術職の今富定実さん。

校正部では、試験装置の正確性と信頼性の向上、測定追跡基準の校正、産業的に証明済みの試験方法、測定誤差の防止、一定順序と校正実践の標準化、さらに、手順上での誤訳の排除を試みていると言う。



Metrology Division electronics equipment standard calibrator Shin Watanabe explains some of the important elements for repairs on the radar equipment to apprentice trainee Kazunori Ishibashi.

校正部電子装置基準測定工の渡辺慎さんは、同僚の訓練生石橋一憲さんにレーダー機材の修理の重要点を説明する。

## Head's Up Yokosuka! Community Announcements

**USO Yokosuka Cookie Caravan** – USO Yokosuka will be hosting a Cookie Caravan Dec. 8 to 11. USO Yokosuka will provide all the ingredients to make homemade cookies but just needs the bakers to bake them. The homemade cookies will be distributed to single and unaccompanied Sailors on Yokosuka Base. If you would like to volunteer your baking services for this festive event, please call 241-4895. Help the USO bring a touch of home to our Yokosuka Sailors!

**USO Yokosuka and Boeing Holiday Bash** – USO Yokosuka and Boeing are hosting The Boeing Holiday Bash from 11 a.m. to 3 p.m., Dec. 14 at the red brick area in front of the commissary. Enjoy free food, games, prizes and a chance to win two free round trip tickets to Hawaii. The event is open to all Status of Forces Agreement (SOFA) personnel. Contact Juliet Bucayu-Domingo, country director, USO Japan at 241-4893 for more information.

**Navy Family Housing Yokosuka Bulk Trash Collection Service** – Effective Dec. 1, bulk trash collection service for Yokosuka townhouse residents will be provided by calling 243-6558. The items can be left by the garbage containers located in the front enclosure. Please do not place your valuable personal items by garbage containers as they may be mistaken for trash. Contact the Housing Facilities Office at 243-9067 for more information.

**American Red Cross Community Courses and Training** – If you'd like to become a volunteer, register to attend one of our volunteer orientations held the first and third Wednesday of every month at 10 a.m. Call 243-7490 for more information or register by visiting our office located on the 2nd floor of the Community Center.

## Navy children SOAR with online educational tool

By Fleet and Family Readiness Marketing, CNIC Millington Detachment

Navy children now have access to a free Web site that provides students and parents with educational resources.

Navy Child and Youth Programs is bringing SOAR, Student Online Achievement Resources, to Navy families through a grant from the Department of Defense, in partnership with the University of Northern Iowa, The Princeton Review, Houghton Mifflin and the Military Impacted Schools Association.

"SOAR offers tools that can identify academic strengths and weaknesses in math and reading for students in grade 3 through high school," said Chuck Clymer, Navy Child and Youth Programs education manager, Commander Navy Installations Command (CNIC).

"With Navy families being highly mobile, SOAR provides assessments that are aligned with state learning standards and provides immediate feedback to students and parents."

According to Clymer, the Web-based tool can be used to instruct students in math, reading and language arts through interactive tutorials. The lessons are self-guided and have audio components so students can work independently or with their parents.

SOAR also provides parents with educational resources written specifically for them. They can access their child's account to see how their child has performed on the tutorial activities and tests. Links to state Web sites and other educational resources can help parents learn more about a state or district that the family may be moving to in the future.

"The hope is that SOAR will help children improve in their academic endeavors and ease the transition of moving from one military installation to another," Clymer said.

For more information on SOAR, visit [www.soarathome.org](http://www.soarathome.org).

## Supporting loved ones experiencing first holiday season after a loss

By Chaplain Jack L. Carver

In preparing for the holiday season, we often focus only on happy thoughts of love, peace and joy. However, my mind can't wander too far from the experience a couple of my friends will endure this holiday season.

One friend has purchased a special ornament for his Christmas tree. On the ornament, one finds the words, "Baby's First Christmas." Only, there is no baby, due to the unfortunate tragedy of a miscarriage. Still, my friend and his wife proudly hang the ornament as a way of honoring the memory and dreams they once held of watching their infant grow into adulthood.

Another friend of mine reminisces about Christmas dinners with family back home in Iowa. Now living in Japan, she looks forward to returning for another Christmas dinner with her family. However, she reveals that a chair at the table will be empty this Christmas and shares about the night she received the Red Cross message confirming the death of her father. Christmas 2008 will be the first without him.

Only the parent who has lost a child knows who that child was to him or her. Only the son or daughter who loses a parent can describe who the parent was to him or her.

We really don't know what's on the mind of a stranger to whom we wish, "Happy Holidays" or a "Merry Christmas."

For each of my two friends, there was the initial show of support from their community when they first suffered the loss. During the first couple of weeks after their losses, people showed up at the memorial services and funeral homes, in addition to dropping off food. Eventually, though, people returned to their routines of life. Holidays are often lonely times for those who have lost a loved one earlier in the year.

I have found that phases of grief are interwoven throughout life events. Feelings about a loss come and go throughout the seasons of the year. One day, a person may seem to have accepted the loss of a loved one. Upon arriving at a special day, such as a holiday or birthday of a loved one who has died, mourners sometimes harbor feelings of sadness, guilt, or depression over a loss.

Loss is a part of life to which we all relate. This holiday season, we all have a wonderful opportunity to promote the themes of love, peace and joy. Sometimes, we demonstrate these themes with gifts, gatherings or Christmas cards. Perhaps another way to demonstrate love, peace and joy is by approaching a friend who has experienced a loss this past year, just to say you haven't forgotten the loss.

Not all gifts have to cost money or be wrapped in nice packages. With a few seconds of your time and a few words of empathy, you can provide a meaningful gift this holiday season.

TRAFFIC SAFETY

**STOP**

**REVERSE  
the TREND!**

Traffic Accidents  
from  
Jan. 1 to Nov. 26  
is  
**572**

**DRIVE SMART! DRIVE SAFE!**

The Chapel of Hope cordially  
invites you to an evening  
of music and fellowship!

**INTERNATIONAL  
CHRISTMAS  
CELEBRATION**

Sunday, Dec. 14 at 5 p.m.

Contact the Chapel of Hope at  
243-6773 for more information.

## MWR Positions

Come join the MWR team! Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

### Club Operations Division

**Lead Cook** – NL-08, \$13.56/hr. CPO Club (1 RFT).  
**Food Service Supervisor** – NF-03, \$11.47-\$13/hr. Club Takemiya (1 RFT).  
**Night Operations Manager** – NF-03, \$10.54-\$15/hr. Club Alliance (1 RFT).  
**Bartender** – NA-05, \$10.35/hr. Club Alliance (1 RFT/1 Flex).  
**Cook** – NA-05, \$10.35/hr. Club Alliance (1 Flex), CPO Club (1 RFT/2 Flex), Food Court (1 RFT).  
**Material Handler** – NA-05, \$10.35/hr. Food Court (1 Flex).  
**Food Service Worker** – NA-03, \$8.96/hr. Club Alliance (1 Flex), Food Court (5 RFT/1 Flex), Club Takemiya (1 RFT).  
**Waiter/Waitress** – NA-03, \$8.96/hr. O' Club (1 RFT/5 Flex), CPO Club (2 RFT/2 Flex), Club Alliance (1 Flex), Negishi (1 Flex), Club Takemiya (1 Flex).  
**Recreation Assistant (Bingo)** – NF-02, \$8.39/hr. CPO Club (1 RFT).  
**Club Operations Assistant** – NF-02, \$8.39/hr. CPO Club (1 RFT/1 Flex), Club Takemiya (1 Flex), Club Alliance (2 Flex), O' Club (3 Flex).  
**Cashier** – NF-01, \$7.50-\$9.50/hr. CPO Club (1 RFT), O' Club (1 Flex).  
**ID Checker/Security** – NF-01, \$7/hr. Club Alliance (6 Flex).

### Support Activities

**A/C Equipment Mechanic** – NA-08, \$12.32/hr. Maintenance (1 RFT).

### Child Development Program

**Program Assistant** – CY-02, \$9.18/hr. Main CDC (1 Flex), Ikego (2 Flex), Hourly (1 Flex), Negishi (1 Flex).

### Community Activities Division

**Teen/Open Rec Coordinator** – NF-04, \$31,500-\$50,000/annum. Community Activities (1 RFT) – Open to current eligible APF/NAF employees worldwide.  
**Supervisory Recreation Specialist** – NF-03, \$22,500-\$32,000/annum. Ikego Youth Center (1 RFT). Worldwide recruitment.  
**Supervisory Recreation Specialist** – NF-03, \$22,000-\$32,000/annum. Community Center (1 RFT).  
**Recreation Assistant** – CY-02, \$9.18/hr. Youth Center – Yokosuka (2 Flex); Negishi (1 Flex), Teen Center (5 Flex).  
**Recreation Assistant** – NF-02, \$8.39/hr. Wood Hobby Shop (1 Flex), Youth Sports – Yokosuka (2 Flex).  
**Cashier** – NF-01, \$6.55/hr. Bowling Center Snack Bar (1 RFT/1 Flex).  
**Recreation Aide** – NF-01, \$7.25/hr. Bowling Center (2 Flex).

### Recreation Division

**Projectionist** – NA-07, \$11.68/hr. Theater (1 Flex).  
**Duty Manager** – NF-02, \$8.39/hr. Theater (2 Flex).  
**Recreation Assistant** – NF-02, \$8.39/hr. Outdoor Recreation – Customer Service (2 Flex).  
**Paintball Attendant** – NF-01, \$7/hr. Ikego Campground (1 Flex).  
**Recreation Aide** – NF-01, \$7/hr. Single Sailor Center (1 Flex).  
**Ticket Seller** – NF-01, \$6.55/hr. Theater (1 Flex).

### Athletic Division

**Field Maintenance Worker** – NA-05, \$10.35/hr. Athletics – Yokosuka (2 RFT/2 Flex).  
**Recreation Assistant** – NF-02, \$8.39/hr. Adult Sports (1 RFT/1 Flex).  
**Duty Manager** – NF-02, \$8.39/hr. Athletics (2 RFT).  
**Clerk Typist** – NF-01, \$7.50/hr. Athletics (1 Flex).  
**Gear Issue Attendant** – NF-01, \$6.55/hr. Athletics (1 RFT/3 Flex).  
**Swim Instructor** – NF-02, \$10/hr. Aquatics (1 RFT/10 Flex).  
**Lead Lifeguard** – NF-02, \$8.39/hr. Aquatics (1 RFT/1 Flex).  
**Lifeguard** – NF-01, \$6.65/hr. Aquatics (6 Flex).

\*Due to publishing timelines, some jobs listed may not be available. For the most up-to-date listing, check out [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr)

## HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at <http://hro.cnfnavy.mil>.

Applicants for worldwide vacancies must follow the procedure in the "Job Opportunities" page of the [www.donhr.navy.mil](http://www.donhr.navy.mil) Internet site. Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cutoff date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop by close of business (4 p.m.) of the closing/cut-off date of the announcement.

Postmark dated, faxed or e-mailed applications will not be accepted.

### New

**Safety and Occupational Health Specialist** – YA-0018-1/2, CFAY-150R-08. Open: 11-25-08, Close: 12-9-08.  
**Supervisory Education and Training Technician** – YC-1702-1, CFAY-164-08. Open: 11-28-08, Close: 12-11-08.

### Continuing

**Child Development Training and Curriculum Specialist** – YA-1701-2, CFAY-146-08. Open: 11-14-08 Close: 12-8-08. \*Japan wide.  
**Human Resources Technician (Staff/Class)** – YB-203-01/02, CNRJ-163-08. Open: 11-21-08, Close: 12-22-08. \*Duty location: Okinawa.  
**Education and Training Technician** – YB-1702-1, CFAY-129-08. Open: 9-8-08 Close: 12-30-08 (Cutoffs may be established as vacancies occur).

## NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to [www.navy-nex.com](http://www.navy-nex.com), click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

**Food Delivery Operator.** NA-2 – Food Services. \$8.28-\$9.66/hr. (1 Flex)  
**Food Service Supervisor.** NS-2 – Food Services. \$10.74-\$12.56/hr. (1 RFT)  
**Food Sales Supervisor.** NF-3 – Food Services. \*\$24,621-\$31,298/annual (1 RFT)  
**Food Service Workers.** NA-2 – Food Services. \$8.28-\$9.66/hr. (12 Flex)  
**Room Attendant (Housekeeping).** NA-2 – Navy Lodge. \$7.95-8.63 (3 Flex)  
**Supervisory Sales Clerk.** NF-2 – Autoport. \*\$8.39-\$11/hr. (1 RFT)  
**Sales Clerk.** NF-1 – Fleet Rec Center. \$6.55-\$8/hr. (1 Flex)  
**Customer Service Clerk.** NF-1 – Main Store. \*\$8.25-\$9/hr. (2 RFT)  
**Sales Clerk.** NF-1 – Main Store. \*\$6.55-\$8/hr. (5 RFT, 2 RPT, 10 Flex)  
**Specialty Sales Clerk.** NF-1 – Main Store. \*\$7-\$9/hr. (3 RFT, 1 RPT, 3 Flex)  
**Supervisory Sales Clerk.** NF-2 – Main Store. \*\$8.39-\$11/hr. (4 RFT)  
**Store Worker Supervisor.** NS-1 – Main Store. \$10.10-\$11.79/hr. (1 RFT)  
**Store Worker.** NA-2 – Main Store. \$8.28-\$9.66/hr. (1 RFT, 2 Flex)  
**ID Checker.** NF-1 – Main Store. \*\$6.55-\$7.50/hr. (1 Flex)  
**Security Guard.** NF-1 – Main Store. \*\$7.50-\$9/hr. (1 RFT)  
**Cashier.** NF-1 – Cash Office. \*\$7.50-\$9/hr. (1 Flex)  
**Personalized Service Clerk.** NF-1 – Fleet Rec. \*\$7.25-\$8/hr. (1 Flex)  
**Equipment Rental Clerk.** NF-1 – Rental Center. \*\$7-\$8/hr. (1 Flex)  
**Hair Stylist.** NA-7 – Beauty Salon. Commission. (1 RFT, 1 Flex)  
**Flower Shop Courier.** NF-1 – Flower Shop. \$6.55-\$8/hr. (1 Flex)  
**Inventory Supply Clerk.** NF-2 – Distribution Center. \*\$8.39-\$11/hr. (2 RFT)  
**Warehouse Worker.** NA-4 – Distribution Center. \$9.66-\$11.27/hr. (1 RFT)  
**Manicurist (Nail Tech).** NA-5 – Ikego. Commission (1 Flex)  
**Supervisory Sales Clerk.** NF-2 – Ikego Mini Mart. \*\$8.39-\$11/hr. (1 RFT)  
**Food Service Worker.** NA-2 – Negishi. School Lunch (1 Flex)  
**Hair Stylist.** NA-7 – Negishi – Commission. (1 Flex)

\*Salary based on experience

# Worship Schedule

**YOKOSUKA: Chapel of Hope**  
• 243-6773/ 6774

**Roman Catholic**

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
WED	Confession	1600
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 <sup>nd</sup> TUE	Pre-Baptism Class	1730
THU	Choir Practice, Main Chapel	1700
THU	Women's Bible Study	1730
FRI	Choir Practice, Choir Room	1700
1 <sup>st</sup> FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1500
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

**NOTE:** Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

**General Protestant**

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

**Protestant Liturgical**

SUN	Communion Service, Fellowship Hall	1100
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**Contemporary Christian**

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

**Gospel Praise Service**

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

**Filipino Christian**

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, room 3	1800

**Church of Christ**

SUN	Worship, Kinnick Little Theatre	0930
SUN	Sunday School	1100
WED	Bible Study, rooms 2, 3 and 5	1800

**The Church of Jesus Christ of Latter-Day Saints**

SUN	Sacrament	1300
SUN	Sunday School	1420
SUN	Priesthood/Relief Society	1510

**Location:** Across from the City of Yokosuka Post Office (Off base)

**Jewish Faith Community**

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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**Soka Gakkai International (Buddhist)**  
2<sup>nd</sup> AND 4<sup>th</sup> THU Classroom 10 1800

**Specialized Ministries**

**A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)\***

TUE	Fellowship Hall/Classrooms	1615
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**Yokosuka Student Ministries (Middle School and High School)\***

WED	Middle School – Quest	1600
	High School – One Way	1830

**Protestant Women of the Chapel\***

TUE	Bible Study, Classroom 10	0900
TUE	Bible Study	1800
3 <sup>rd</sup> MON	Fellowship Program	1700

**Japanese Women's Bible Study\***

TUE	Main Chapel/Fellowship Hall, Classrooms	0900
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**COMPASS Spouse Support Group**

WED, THU, FRI	(Last week of month), Room 5	0900
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**Men's Christian Fellowship**

TUE	Study Group (Fleet Rec 3 <sup>rd</sup> Deck)	1130
3 <sup>rd</sup> SAT	Breakfast (Location varies)	

\*Runs from September to June

**Negishi: Chapel of the Rising Sun**  
• 242-4183

**Roman Catholic**

SUN	Mass, Main Chapel	0800
SUN	Confession	1700
SUN	Bible Study	1730
THU	CCD, classrooms	0900

**Protestant**

SUN	Worship Service, Main Chapel	1030
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**IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)**

**Roman Catholic**

SAT	Vigil Mass	1900
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**Pentecostal**

SUN	Worship Service	1000
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**Adult Bible Study**

WED	Nikko Tower Party Room	1800
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**A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)\***

WED	Ikego Elementary School	1630
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**Yokosuka Student Ministries (Middle School and High School)\***

THU	Middle School/High School – Q2 Kyoto Tower Party Room	1830
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**Note:** In the event of an emergency, the Chaplain on Duty can be reached by calling CFAY Security at 243-2300.

# Fleet and Family Support Center

## Congratulations on the birth of your baby!

Herman Kruppa and Jessica Kruppa are the proud parents of **ELIJAH THEODORE KRUPPA** born, Nov. 17, 2008 at 3:01 p.m., weighing 8 pounds 13 ounces.

Kevin White and Reimi White are the proud parents of **ADELE SAKURA WHITE** born, Nov. 17, 2008 at 5:08 a.m., weighing 6 pounds 15 ounces.

Mark Slonsky and Tabitha Slonsky are the proud parents of **MIYA VALKYRIE SLONSKY** born, Nov. 18, 2008 at 2:05 p.m., weighing 7 pounds 1 ounce.

Juan Gomez and Keri Gomez are the proud parents of **JACY ELISABETH GOMEZ** born, Nov. 20, 2008 at 10:40 a.m., weighing 6 pounds 7 ounces.

Brandon Llopis and Angela Llopis are the proud parents of **NOAH NAHZAIR LLOPIS** born, Nov. 20, 2008 at 3:35 p.m., weighing 7 pounds 4 ounces.

Jeremiah Hughey and Mellissa Hughey are the proud parents of **JOSEPH CURTIS HUGHEY** born, Nov. 23, 2008 at 10:18 p.m., weighing 7 pounds 1 ounce.

Daniel Adams and Stephanie Adams are the proud parents of **TAYLOR BRIANNE ADAMS** born, Nov. 24, 2008 at 7:33 p.m., weighing 6 pounds 9 ounces.

If you'd like to see your baby announcement published in the Fleet and Family Support Center's section of the Seahawk-Umitaka, stop by our New Parent Support office in Bldg. 1558.

## Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

\*\*\* Dec. 10 and 18 – FFSC will close from noon to 4:30 p.m. due to a staff function.

### Monday, Dec. 8

**Area Orientation Brief and Intercultural Relations Class** 8:45 a.m. (5 days): **Dec 8-12, this class will be held at the Benny Decker Theater.** Welcome to the Land of the Rising Sun, kanji, yen and bowing. This combined class is offered weekly, and is required for all incoming military personnel, Department of Defense civilians and family members. Representatives from around the base will talk about the unique policies, procedures and benefits associated with living and driving in Japan. Local experts will discuss cultural issues and adjusting to your new home.

**CASA – Communication, Anger and Stress Management, Assertiveness** 2:30 p.m. (1.5 hrs.) four sessions: Does your life seem out of control? This four-day class meets on the 5th, 7th, 12th and the 14th of this month, and is designed to help you build skills in these four important areas of your life!

**English as a Second Language (ESL)** 10 a.m. (2 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice Basic English skills and learn about American culture. Special attention is given to speaking English in an every-day setting.

### Tuesday, Dec 9

**Baby Basics** 11:30 a.m. (2.5 hrs.): Learn the basic aspect of daily infant care such as bathing, diapering, positioning, swaddling, playing and feeding, and about the Shaken Baby Syndrome.

**Employment Overview** 10 a.m. (1.5 hrs.): If you are interested in the local employment market, please join this class and talk with our full-time Spouse Employment Assistance Manager. Reservations are required for this crash course on employment availability in the Yokosuka/Yokohama area: including government positions, teaching English, modeling and other lucrative opportunities.

**Welcome to Ikego** 9 a.m. (4.5 hrs.): We invite both old and new residents of Ikego to meet your Ikego Community Leaders and learn what the IKEGO community has to offer. Representatives from various Ikego offices will speak about their services. Meet new friends and neighbors, plus learn to take the train from Ikego to Yokosuka. Our guided walking tour of Zushi City will help you to enjoy your new home in Zushi.

**Your Japanese Home** 8 a.m. (4 hrs.): *Tatami* got you down, or mildew taking over? Come learn from our local resident expert how to make your new *uchi* a comfortable home. We'll take you on a field trip to a local store to point out products that can solve your household cleaning problems. We'll also discuss temperature control without thermostats, using your *ofuro*, and taking out the trash Japanese style.

### Wednesday, Dec 10

**CASA – Communication, Anger and Stress Management, Assertiveness** 2:30 p.m. (1.5 hrs.) four sessions  
**Teen AOB/ICR** 3 p.m. (1.5 hrs.): Moving to a new place could be overwhelming. We can provide you a support group to help you transitioning better to your new school, new home and new environment.

### Thursday, Dec 11

**Ikego – Ikebana Class** 10 a.m. (2 hrs.): Ikebana Class is a Japanese flower arrangement class. This class uses flowers and other things from nature to make decorative center pieces. This class will be taught by a certified Ikebana Instructor. The Instructor will give a demonstration and then the participants will make their own flower arrangement.

**Ikego – Play Morning** 9:30 a.m. (1.5 hrs.): This Play Morning is held at Nikko Tower.

**Pre-Marriage Seminar** 9 a.m. (1 1/2 days): Engaged to be married? Planning on tying the knot here in Japan? If so, then you need to attend this seminar. We will cover important areas regarding marriage procedures, command sponsorship, immigration, passport procedures, financial management, successful marriage and family planning. This course is a required prerequisite for marriage in Japan under COMNAVFORJAPAN instructions.

### Friday, Dec 12

**Interview Techniques** 11:30 a.m. (2 hrs.): This workshop teaches the participants how to be more confident about their next job interview. Topics include positive answers to difficult questions, dressing for success, the importance of body language and positive attitude, interview follow-up and salary negotiations.

**Sponsor and Sponsor Coordinator Training** 2 p.m. (2 hrs.): This class provides volunteer or designated command sponsors with background information and useful tips so that they can help new personnel before and after their relocation to Japan. Creative communication and support is discussed as a means to make newcomers feel that they are a valued part of the team as quickly as possible. Adult and teen family members are welcome to attend.

**Play Morning** 9:30 a.m. (1.5 hrs.): This Play Morning is held at Ayame Tower.

## Upcoming Classes

- Dec. 15** Area Orientation Brief and Intercultural Relations Class; English as a Second Language
- Dec. 16** International Spouse Group; Ikego – Employment Overview and Tips; IA Spouse Support Group
- Dec. 17** Basic Breastfeeding; Car Buying Strategies; Getting Started Teaching English; EML/Space "A" Travel Japanese Spouse Group; Youth Enrichment Class (High School); Welcome to Negishi
- Dec. 18** English Teachers Networking Group; FRG Leadership Meeting & Training
- Dec. 19** Home Buying Basics; Play Morning

**Negishi FFSC** 242-4125      **Fleet and Family Support Center** 243-FFSC (3372)      **Ikego FFSC** 246-8052

Visit our Web site: [www.cfay.navy.mil/ffsc/index.htm](http://www.cfay.navy.mil/ffsc/index.htm)

## Automobiles

'03 **Toyota Noah.** JCI/inspection good through November 2010. Available Dec. 12 (negotiable). 36,000 km, one owner. Asking \$8,000. Call Bennett, 090-2640-4142/(045) 776-3988. benett.spence@yahoo.com.

'97 **Toyota Surf.** New tires, new battery, JCI good 'til August 2010. CD changer, navigator, power everything. \$4,500. Contact Mike, 080-5039-7375 or 241-2441.

**Toyota Caldina AWD Turbo.** 37K miles, JCI taxes fees paid to Dec. 12, 2010. Passed inspection Nov. 26, 2008. Loaded ETC toll module, DVD/TV/navi. Excellent, reliable. Available now. 241-3499. \$4,500.

**Angel Motors – Specializing in U.S.A. Spec (LHD) Models!** American owned and operated car business with export and shipping experience. Custom order any Japanese (RHD) model! **Angel Motors December Cars!** 1. Beautiful '97 U.S.A. BMW 528i sedan and 52K miles, silver, leather, "angel eye" headlights, crystal tail lights for \$12,900! 2. Fast, custom 1996 Mazda RX-7 (RHD), 75K KM, MT in red for U.S. \$6,500! (car now at Yokosuka base!) Visit us: www.angelmotorsjapan.com. Visit our web site for photos and details, or call Mike to see. Contact Mike for more details at Tel: 090-8019-6372, e-mail: mike@angelmotorsjapan.com.

**U.S. Spec Cars!!** Available in Yokosuka. You can ship the car to the states. We are located at the Yokosuka entrance #7 on Yoko Yoko. 15 minutes from the base. Come and check our stock. English Spoken. 93-2 Yamanaka, Yokosuka. E-mail: auto@casper.co.jp. Web site: www.casper.co.jp. Call (046) 853-2110.

## Services

**2 BZ 2 Clean?** House cleaning service can be scheduled to meet your routine needs. On or off base. Please leave a message and call-back number. Call 080-3489-7657.

**BW Audio for all your car stereo needs.** Full custom shop, whatever you need we can make it or install it. Call 080-5497-1787.

**Drivers' Education Class.** Next class begins Jan. 19, 2009. Open to SOFA personnel. High school students must be 16 years old. For more information, go to www.yokosukadriversed.com. Cost ¥31,000. Class size limited.

**G's Salon – Waxing (B.B and all kinds), Manicure, Facials.** "Straight from Manhattan" personalized service to bring out the beautiful you! Please call 241-2474 or 080-5677-6532 for appointment.

**Hair salon in Yokohama hair expert for foreign Women and Men.** Worked in London, NYC and Beverly Hills. U.S. certified. Master colorist. Foil Highlights and Low light. Specialize in thermal straightening and hair extensions. We also provide nail services. (045) 311-0139 ask for Yoshiko. info@afrodita.jp, www.afrodita.jp.

**Invest in Your Future Now!** Ask our real estate agents specializing in Hawaii property for you. E-mail: hawaiianagent@yahoo.com. Japan, 090-1837-0762. Hawaii, 1-808-285-5442.

**KRush Photography.** Specializing in babies, milestones, maternity, and family portraits. We're also great for senior portraits, special events, and all of your other photography needs! Visit krushphotography.com, or e-mail: Cindy@krushphotography.com.

**LTO Runs and Junking Services.** Japanese inspection, new registration, transfer registration, deregistration, change of address, road tax, temporary plates, could junk and deregister your car in a day or less, on base or off base OK. Eight years experience. Call Fe at 241-4954 or 090-9317-8259.

**LTO Runs and Free Junking.** New registration, Japanese inspection, transfer registration, deregistration, change of address. Road tax, temporary plates. 日本語もOK. Call Cherry, 080-5046-0689.

**Junking Service in 1 hr. or less.** Also LTO service. One call will do it. Don't worry. Negishi, Ikego no problem. Call Derrick, 090-3592-8809, home 241-4415.

**LTO Runs and Free Junking.** Yokosuka/Ikego/Negishi Registrations, inspections, transfers, I do it all. No problem driving your vehicle to LTO. Call Reiko McCulough, 241-3100/080-5497-2600 or e-mail: reikoltoruns@yahoo.com. 日本語もOKです!

**LTO Run and Free Junking.** New registration, Japanese inspection, transfer registration, deregistration, road tax, temporary plates. Call Jackie, 080-6657-9716 and 080-3394-5445.

**LTO Runs and Free Junking.** New registration, Japanese inspections, temporary plates, transfer registration, minicars, change address, road tax, deregistration, base inspection, JCI renewal. Please call

Theresa, 241-3427 or 080-3392-4384.

**LTO Runs and Free Junking (could junk in a couple of hours).** New registration, Japanese inspection, renewal, change address, transfer title, deregistration, road tax, T-plates. Call Elvie at 090-4585-8329.

**LTO and Junking.** Need to junk it now? Don't wait days. JCI inspection, title transfers, road tax, deregistration, T-plate. 12 years in Japan. Negishi, Ikego, any transmission OK. Call Derrick, 241-4415 or 090-3592-8809.

**MAGICIAN.** Birthday Parties. Book your command's Christmas party now! Complimentary birthday gift. (イベントや、お誕生日会などにマジック・マイクを呼びませんか?) Call "Magic Mike", 090-6199-4993, (046) 827-4639, magicmike4u@ezweb.ne.jp, www.magicmike.wetpaint.com.

**Need makeup artist on your special day?** Experienced makeup and hair artist will work on location. For more detail, call 090-4167-0724 (if no answer, leave message), or e-mail: makeupbytakako@hotmail.com. Artist info: www.makeupbytakako.com.

**Not Enough Hours in the Day to Get It All Done?** Let me help you! I offer weekly or biweekly appointments to clean your house. Call 090-4224-4674 for a free estimate.

**Want to learn Japanese?** A qualified native Japanese teacher teaches Japanese to someone who is interested in learning Japanese. Please contact me at: petitfille10@yahoo.com.

## Positions

**Call-Center Agent (permanent position) sought.**

\*Conversational level of Japanese and English (Speak, write, read). \*Work hours: (17:30 to 8:30 for weekday and 08:30 to 08:30 next day for Saturday and Sunday). \*Possess valid work visa. \*Work place: Akasaka, Tokyo. \*Pay: ¥230,000/month and above. \*Transportation paid up to ¥40,000/month. \*Paid vacation and holiday. \*E-mail Ms. Watanabe for details or your resume to: m-watanabe@s-mt.co.jp. Shin-ei Real Estate Business Co., Ltd. (TEL: 03-5722-4680, FAX 03-5722-6180).

## Wanted

**Drivers wanted for on-base taxi service.** Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472.

Supervisory and Management training positions available. オンバースタクシーの運転手(パート)募集。MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか?月曜～金曜(GWが入港中)4 a.m.-8 a.m.は(2時間でもOK)運転好きな方、チップも入るし結構稼げますよ(普通免許でOK)。243-4511か090-3205-3472まで電話ください。

**Goover English School Looks for Teachers.** ¥3,500/hr. We look for experienced native English teachers who live on military bases. Yokosuka, Ikego, Camp Zama, Sagami Hara Housing, Yokota, Negishi, Sagami Depot, Atsugi. Web site has more information. Apply now! http://www.goover.co.jp/english/ E-mail: teacher@goover.co.jp. (042) 727-8508.

**Teaching Job @ Home.** Getting tired of job hunting? You can work at your on/off-base home teaching language, cooking, craft, etc. Visit: https://yokosukalcen-d2.r-cms.jp/. Contact 090-6505-1647/ yokosukalc@gmail.com

## Lost and Found

**Lost three keys on orange/gold carabiner.** Please call 090-9306-8662.

## Announcements

**Are You Looking for an Apartment or House to Rent?** We cater to military needs. Ocean view! Mountain View! Spacious balcony! American style bathroom! Tatami room! Let us find your dream apartment or house. We have several houses and condominiums for sale. Also start your real estate business in Japan today! Our friendly staff will work hard to get you the best deal possible. Call us, (046) 825-0245 10 a.m.-6 p.m. Contact at: chintai@heiseiyokosuka.co.jp. Address: 1-18 Wakamatsu, Yokosuka Heisei Housing Co., Ltd. Our Company is in front of Coco's curry shop near Yokosuka chuo station.

**DoD Civilians and Contractors – Get out of that small Hotel Room!** House available very close to base. Furnished, internet, Cable, the works! E-mail: yamasmit@jcom.home.ne.jp. Phone: 080-5436-8408.

**House for rent.** Off base. NO key fee, NO deposit, NO guarantor required. An old small house on a hill. \$900/month. Contact house owner: yamadatoshinori@yahoo.co.jp.

**Shinjuku World Friends Christmas International Party, Dec. 6, Saturday, 6:30-8:50 p.m. Shinjuku Tokyo Loose.** The full-scale international party in Shinjuku. Meet 200 people. 20 kinds of free cocktails. Free snacks with sandwiches. Male. ¥3,500. Female, ¥3,000. http://www.world-friend.com. Call 080-2001-0512, party@goover.co.jp.

**Three bedroom apartment available.** Large gas oven microwave, large refrigerator, three AC/heater units, secure entrance and parking. Harbor view. Base contract available. English speaking landlord. E-mail: arebee07@gmail.com. Phone 080-5412-2701.

**TIF Miscellaneous Christmas International Party Shibuya, Dec. 13, Saturday, 6:30-9 p.m. T's Salon.** Held by Japan's biggest international friendship site. Meet 300 people. Beer, cocktails and soft drinks are all you can drink! Snacks are also provided! ¥3,000. http://www.miscellaneousparty.com. Call 080-2001-0512, party@goover.co.jp.

**Unable to locate jobs on military bases?** Here is an excellent opportunity for spouses as distributors! Our products are for men and women! Our products are PROVEN to reduce wrinkles, sagging skin, bags under the eyes, lines on the forehead, unwanted flab, hair rejuvenation and increased antioxidant absorption. And our products are scientifically based and one-of-a-kind! Scientifically Proven Anti-Aging Treatment with Galvanic Spa – Look 10 years younger in just 10 minutes. Taking vitamins? Try LifePak Nano – Best on the market and results confirmed. Call Rick at (042) 542-2977/080-3394-4647, or via e-mail at: anderson@nsedreams.com, or visit my Web site at: http://anderson.nsedreams.com. **Yokosuka Baptist Church.** Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. www.ybcjapan.org.

## Adoption

**Thinking about adopting a child?** Yes – It can be done while living overseas! We can make it happen! Contact: www.Adopt-Abroad.com.

**Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213, on Command Hill. Please stop by the office to place your advertisements!**

**Classified ads of 30 words or less can be purchased for either \$5 per issue, in cash, at Asahi Advertising, Inc. The fee is \$1 for every 10 additional words. These rates are for Department of Defense servicemembers, family members or civilian personnel only. Prices for all other ads must be separately negotiated with Asahi Advertising, Inc.**

**The deadline for classified ads is 4 p.m., Friday prior to publication date (one week in advance). Submitted classified ads will be published after payment has been confirmed.**

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**For more information, please call Asahi Advertising, Inc. at 243-3100/(046)816-3100, or contact them at:**

**seahawkkyokosuka@ys020407.americablejapan.com**

**The point of contact is Keiko or Tomomi, account executives. Regular business hours are Monday-Friday from 10 a.m. to 4 p.m.**

**Asahi Advertising, Inc.**



Sparky the Fire Dog and CNFJ Regional Fire Department Fire Chief Frank Montone present the Fire Safety Month Poster contest Gold award to Byrd School second-grader Camrin Gonder Nov. 19. In addition to having her poster framed, Camrin also received a \$100 savings bond.

Photo by Nancy Turner



USS Fitzgerald (DDG 62) Sailors follow along while receiving training from Center for Surface Combat Systems (CSCS) Dahlgren instructors at CSCS Yokosuka Nov. 17. The training is part of a pilot program to integrate comprehensive LINK Systems training between rates.

Photo courtesy of USS Fitzgerald Public Affairs



Sailors, Marines and family members start the Toys for Tots 5k run at CFAY Nov. 14. Runners donated new toys as the race entry fee which goes to supporting the Marine Corp's Semper Fi Society Toys for Tots program.

Photo by Fumiyo Sato

# Konnichiwa!



Master Labor Contract employee Training Technician Hiroko Okamoto checks the class roster for the Leadership Career Development Program training course.

Photo by Yuji Kawabe

Where do you work? SRF-JRMC.

How long have you worked on base? 24 years.

What is your favorite food? Sushi and tempura.

What is your life goal? Do leisure and volunteer work after retirement.



The Sullivans School Kindergarten Teacher Marci Garcia and her students Mark Stewart and Brian Belmonte enjoy a Thanksgiving feast with fellow classmates at The Sullivans School Nov. 25. Garcia got into the spirit of Thanksgiving by dressing as a Native American while her students wore handmade pilgrim hats or headbands.

Photo by Megan Weathers Cullen



Capt. Daniel L. Weed,  
Commander,  
Fleet Activities  
Yokosuka



CMDCM Wayne E. Smith,  
Command Master  
Chief

## 司令官の相談室

grandparents and younger siblings who are at a higher risk for complications. For more information on the influenza vaccine, go to [www.cdc.gov/flu](http://www.cdc.gov/flu), visit USNH Yokosuka's Web site at [www.nhyoko.med.navy.mil](http://www.nhyoko.med.navy.mil) or call the Preventive Medicine Department at 243-2610 or 243-2608.

**Street Smart** – Commander Fleet Activities Yokosuka will host a presentation titled "Street Smart" given by Stay Alive From Education (SAFE), Dec. 9-11, 8:30-10 a.m., 10:30 a.m.-noon, and 1:30-3 p.m., at the Fleet Theater. SAFE is a non-profit organization dedicated to reducing injuries and fatalities. The "Street Smart" program focuses on the consequences of unsafe driving, driving while under the influence of drugs or alcohol and seatbelt noncompliance. Military, U.S. and Japanese civilian employees and family members (above the age of 14) are highly encouraged to attend. Prizes will be given away and the first 20 people through the door will be given priority for a Narita bus trip from Dec. 15 to Jan. 9. From one hero to another, meet the men and women who are saving lives at home! Contact Kristin Hamon at 243-7314 for more information.

**Seahawk Articles/Photos and Community Announcement Submissions** – Deadline for community announcements and article/photo submissions for the Seahawk is the Friday before the next Seahawk edition. E-mail your submissions to [Seahawk-Umitaka@fe.navy.mil](mailto:Seahawk-Umitaka@fe.navy.mil). Please include your telephone contact information in the body of the e-mail. Contact the Seahawk editor at [Seahawk-Umitaka@fe.navy.mil](mailto:Seahawk-Umitaka@fe.navy.mil) or call 243-2567/3003 for specific submission requirements or for more information.

**Q:** I am well aware that the centrally controlled temperature affects the entire base. The temperature is set at least 10 degrees too high, and this is managed all over the base by keeping the windows open. When that cannot happen, as in the Navy Exchange, it is unbearably hot. I have been told that the heat is set to either full on or completely off and cannot be adjusted centrally. How much money is being wasted annually by this action? Multiply this by 20 years. How much would it cost to add a control device to the system, \$100,000.00 maybe? That money would be recouped in one year and everyone would be more comfortable. The wasted money represents opportunity lost. Please lower the temperature. In the few buildings that may not get enough heat, space heaters could be used.

**A:** The heat at the Navy Exchange has not been turned on yet. If the temperature gets above comfort level, it is most often due to other heat sources, such as lighting, TVs or the other various electronic appliances located throughout the building.

**Q:** I am the general manager for the Care of Supplies in Storage contract at Yokohama North Dock. I have a staff of 15 personnel, mostly retired officers and senior enlisted, working in this contract. Five of my staff currently reside in the Negishi housing complex. I am requesting an exception to policy to allow the remaining personnel who are married but are not co-located with their spouses to occupy housing in the Negishi complex. There are currently 75 vacant units in the Negishi complex. As contractors we are paying between \$2,000 and \$2,500 a month depending on square footage. We are a government contractor. In allowing my staff to occupy these vacant quarters it would bring that revenue back to the

government. We are aware that if the need arose we would have to vacate. Thank you for your consideration.

**A:** Unfortunately, we can not support your request, as per our instructions, contractor personnel may be eligible for Military Family Housing if accompanied with bona fide family members and only when surplus units are available. Bona fide family members are those who will reside with the sponsor for nine consecutive months or more each year during the sponsor's tour and are command sponsored.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are appreciated. Address concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to [cfay.pao.watch@fe.navy.mil](mailto:cfay.pao.watch@fe.navy.mil). We welcome your feedback, especially if it is of a general nature and can help others. The next "Commander's Corner" live call-in show is tentatively scheduled for Jan. 8. This is your opportunity to call in and speak with Commander Fleet Activities Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or send an e-mail to: [Seahawk-Umitaka@fe.navy.mil](mailto:Seahawk-Umitaka@fe.navy.mil).

**American Red Cross Care Package Party** – The Holidays are upon us and it's time for us to truly give back. The American Red Cross is sponsoring a Care Package event Dec. 6 at the Ayame Heights party room, from 8 a.m. to 2 p.m. Come help us pack and send care packages to our Individual Augmentees (IA) stationed in Afghanistan and Iraq. Hope to see you there. Contact Alphonso Oliver at 243-7490, or e-mail to [alphonsa.oliver@fe.navy.mil](mailto:alphonsa.oliver@fe.navy.mil) for more information.

**USNH Yokosuka Flu Immunizations** – Another mass flu immunizations event will take place Dec. 11 from noon to 6 p.m. at the Kinnick High School Cafeteria. Two types of influenza vaccines are available; FluMist® and the flu shot. Both vaccines are equally effective. Primarily, the FluMist® vaccine will be utilized in immunizing the population of the Yokosuka Naval Base. Only those personnel who do not meet the age or health requirements for the FluMist® vaccine will receive the flu shot. Please note that vaccine types for all age groups over six months of age are now available and there is no longer a shortage of vaccine. It is also strongly recommended that all school children receive a vaccine as soon as it becomes available. Many influenza outbreaks originate with children, who infect other children. In turn, school children carrying the virus home infect other family members including elderly

### Commander Fleet Activities Yokosuka Capt. Daniel L. Weed

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# CFAY Holiday Greetings!

## Come share your holiday cheer on channel 12!

**What: TV Holiday Greetings on Channel 12.**

**Who: All hands, SOFA Family Members, MLC employees.**

**Where: CFAY production studio, Bldg. C-5 room 217.**

**When: By appointment, Nov. 24 – Dec. 15.**

**Dress: Working/Service Dress Blues or business casual.**

Contact Tony Hill at 243-5109 or [ronald.hill@fe.navy.mil](mailto:ronald.hill@fe.navy.mil) for more information.

# Early Bird Sale

## HOT ELECTRONIC DEALS!

### SATURDAY 8-NOON

DECEMBER 06 8 A.M. NOON



**TOSHIBA**

**19<sup>99</sup>** reg. 49.99

**save 60%**

**Toshiba DVD Player SD590KA**

DivX® version 6  
JPEG Viewer  
MP3  
1080p Upscaling



**CASIO**

**99<sup>99</sup>** reg. 219.99

**save 30%**

**Casio Keyboard CTK700**

The CTK-700 includes 61 Full-Size keys, 100 Tones, 100 Rhythms, 100 songs, LCD Display, Dual Speakers, MIDI, Microphone Input and Volume for Sing Along.



**save 50%**

**Speed Camcorder HD8Z**

5.0 Mega Pixel Sensor  
Max. 8.0 Mega Pixel (Interpolation)  
3.0" TFT LCD  
20X Zoom(5X Optical,4X Digital)  
Movie Resolution D1, HD 720P(60fps)  
HD 1080P(30fps)  
Component Video Output  
SD / SDHC Card Can support up to 8GB  
EIS (Electronics Image Stabilizer)



**save over 40%**

**99<sup>99</sup>** reg. 169.99

**Toshiba Portable DVD Player SDP71SKR**

DivX® version 6  
MP3 Playback  
Battery life: 3 Hours  
Includes Carrycase



**save 40%**

**29<sup>99</sup>** reg. 49.99

**Apple iPod Shuffle 1GB MB231LLA**

USB 2.0  
12 hours playback  
Holds 240 songs  
Earphones and Dock Adapter included



**79<sup>99</sup>** reg. 129.99

**save over 35%**

**Apple iPod Nano 4GB MB669LLA**

USB 2.0  
Up to 24 hours music playback  
Up to 4 hours video playback  
Earphones and Dock Adapter included



**49<sup>99</sup>** reg. 89.99

**save over 40%**

**BOSE Headphones IE44437**

Proprietary Bose headphone technologies deliver clear, well-balanced sound, including deep low notes. Headphones rest gently in the bowls of your ears, not the ear canals. Soft silicone tips in three sizes for a personal, comfortable fit. Angled plug fits most MP3 players, including iPod® and iPhone™, as well as laptops and CD/DVD players

To Yokosuka customers, The only entrance to the Electronics Department for sale event items will be beside the Mini-Mart ID stand. Get there early!

### Breakfast with Santa



Breakfast with Santa  
December 06, 0800-1000 at Main Store Food Court  
Price: \$4.99 (Includes: scrambled eggs, pancakes, bacon or sausage, milk/Orange Juice)

Shopping at Santa's Workshop  
December 06, 0800-1200 at Kids NEX Door  
Our elves will help you find and wrap the perfect gifts for your family and friends

Call for more information : Yokosuka 243-4455

### KIDS NEX DOOR SPECIAL

# 25% off

## EVERYTHING

IN KIDS NEX DOOR

### 2000-2100 • DEC 05 2008



Only at my **NEX**

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Main Store & Mini-Mart Mon-Sat : 0900-2100 Sunday : 0900-2000	Autoport Mini-Mart Daily: 0600-2300	NEX Mart Daily: 1000-2000
NEX Depot Mon-Fri: 0900-1700 Sat & Sun : Closed	Mini-Mart Monday: 1000-2100 Sat-Sun: 0900-2100	

YOUR NAVY EXCHANGE PROFITS SUPPORT MWR PROGRAMS & SERVICES

# GW Sailors move into new surroundings with HPA program

Story and photo by Mark Elrod, CFAY Public Affairs

Sailors from *USS George Washington* (CVN 73) (GW) received a "home away from home" when they moved into Commander Fleet Activities Yokosuka (CFAY) bachelor enlisted housing (BEH) rooms as part of the Navy Home Port Ashore (HPA) program Nov. 22.

"Home port ashore is a chief of naval operations initiative to improve quality of life for E-4 and below single Sailors by offering barracks rooms instead of living on the ship," said BEH Leading Chief Petty Officer Chief Culinary Specialist (SW) Randy Clift.

Living in compartments with a large groups of people, hearing the hissing of steam, the creaking of metal and announcements over the ship's public address circuit (IMC) are all realities of daily life for shipboard Sailors.

Having a barracks room to go to offers them a change of scenery and helps them unwind and relieve stress.

"It is important; it increases their quality of life, morale and gives them a place to relax," said Clift. "Statistics show since inception of Home Port Ashore, crimes committed by single Sailors has dropped significantly with members who reside in HPA rooms."

"This is a big thing for them," said BEH Building 1530 Manager Culinary Specialist 2nd Class (SW) Gerardo Cava. "Of course, it is nice living in the barracks, rather than on the ship. And it gives them more time to relax after a long day's work."

In addition to offering ways to relax, the barracks offer Sailors some of the comforts of living at home.

"Here we have a lounge, a kitchenette where they can do their own cooking if they don't want to do it in their own rooms," said Cava. "Also, we've got a washer and dryer on each floor. On the fourth floor we have a study center, or study room. They've got a lounge, also up on the fourth floor, with a massage chair and a big TV where they can relax and get a massage while they are watching TV."

Not all Sailors are eligible to live in the barracks rooms, according to Clift.



*USS George Washington* (CVN 73) Sailors who qualified for the Navy Home Port Ashore program fill out registration paperwork for CFAY bachelor enlisted housing rooms prior to moving in Nov. 22.

Only exceptional Sailors or Sailors with blue liberty cards, who have proven themselves with good behavior and completion of qualifications, are eligible.

"Basically the best E4 and below Sailors a command has to offer," said Clift.

After signing the registration papers, and an issue of room keys the Sailors were eligible to move in to their new surroundings.

"I'm looking forward to finally getting off the ship and coming here and enjoying it," said Aviation Support Equipment Technician Airman Lloid Fairro.

## USS John S. McCain emphasizes holiday safety during underway stand-down

Story and photo by MC2 Byron C. Linder, Fleet Public Affairs Det., Yokosuka

Sailors aboard guided-missile destroyer *USS John S. McCain* (DDG 56) conducted a safety stand-down Nov. 20, prior to the ship's return to its forward-deployed base of operations in Yokosuka, Japan for the holiday season.

Due to inclement weather, the crew conducted the stand-down within the skin of the ship. The crew lined the mess decks, as other spaces like the general workshop and forward pallet staging area served as makeshift classrooms. The underlying theme by each of the subject matter experts was risk management and smart decisions.

Among the topics discussed were suicide awareness and prevention, recreational safety, drug and alcohol abuse, electrical safety and fire safety.

Chief Operations Specialist (SW) Chana Young, talked to the crew about drugs and alcohol and emphasized the importance of his training, particularly in the forward-deployed naval forces (FDNF).

"Here in the FDNF, we are underway a lot, and when we get back in port, our alcohol tolerance maybe isn't as high as it was a few months ago," Young said. "Alcohol abuse can be compounded by elevated stress levels during the holiday season coupled with the added stress of the FDNF."

With a great number of Sailors flying back to the U.S.



(Left) *USS John S. McCain* (DDG 56) Executive Officer Lt. Cmdr. Robert Ogden and Lt. Daisuke Mihara, gun officer aboard the JMSDF destroyer *Murasame* (DD 101), observe an underway replenishment with MSC fleet replenishment oiler *USNS John Ericsson* (T-AO 194) during the bilateral exercise ANNUALEX Nov. 17.

for the holidays, Young added the extra emphasis on proper planning.

"We want our folks to think about their behavior before they go out, and think of a plan before going out," Young said. "People are used to a different pace in Japan and it's not going to be the same back in the states. So we as leaders emphasize safe behavior heavily before we do holiday stand-down," Young said.

## Navy paternity leave policy announced

By Lt. Karen E. Eifert, Task Force Life Work

The Navy announced the implementation of a paternity leave policy authorized Oct. 14 which is part of the Fiscal Year 2009 National Defense Authorization Act.

The paternity leave policy provides Sailors another tool designed to help balance work and family. It grants 10 days of non-chargeable leave to married fathers who are currently serving on active duty following the birth of a child.

The Navy, which is committed to becoming one of the top 50 employers in the nation and attracting the best talent possible, designed the progressive paternity leave policy after considering the changing perspectives of work and family needs in the Navy.

"We're pleased to be able to offer this highly-valued benefit," said Capt. Ken Barrett, head of Task Force Life Work, which helped spearhead the paternity leave policy. "The ability for new dads to bond with a new baby or help mom at home is important to building healthy families and is a big priority for our Navy."

The popularity of the new paternity leave policy benefit among fathers demonstrates the priority both male and female Sailors place on striking a healthy balance between work and family.

# MWR Happenings

Morale, Welfare & Recreation

Open Base Event

## Grand Illumination II

0900 Gate Open to Visitors • 1900 Gate Closed for Inbound Visitors

**Saturday, December 6 from 0900 to 2000**

The Grand Illumination is a great opportunity to enhance our relationship with our host nation and local community by showing our appreciation for their support. Join us for a day of fun and fellowship. We will have USS George Washington (CVN-73) ship visit, food booths, game booths, entertainment and more.

## Festival of Trees

**Saturday, December 6 from 0900 to 2000**

**Sunday, December 7 from 1500 to 1900**

\*Sunday, December 7 is not open base event!

Join us in the C-2 Auditorium for the community holiday tree viewing complete with Santa Claus, entertainment and holiday treats.

Events subject to change without notice.

For more information, please call 243-4731 or visit [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr)



CFAY

## Morning Farmers Market

**Saturday, December 6 from 0900 to 1200**  
at the Commissary Brick Yard

Yokosuka and Hayama Agricultural Association will sell a fresh variety of vegetables just picked from the farm! For details, please call 243-4731.



**FREE!** Surely you can do better than this guy!

## Holiday Lighting Contest



**Saturday, December 6 at Yokosuka Community**  
**Tuesday, December 9 at Ikego Housing Community**  
**Wednesday, December 10 at Negishi Housing Community**

This event provides an opportunity to get the community into the holiday spirit. Judges will be on-site to determine winners for each category. There are no registration requirements. Lights must be turned on by 1730. All winners will be notified by phone and will receive a plaque and gift certificates.

Subject to change without notice. For details call 241-2209 or visit [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr).

NAVY ENTERTAINMENT AND ARMED FORCES ENTERTAINMENT PRESENT

harlemglobetrotters



2009 "SPINNING THE GLOBE" WORLD TOUR

Once you hear the whistling of "Sweet Georgia Brown," you know you're in for high-flying dunks, mind-blowing trick shots and blazing ball-handling skills. The Harlem Globetrotters wow crowds with basketball prowess and hilarious comedy that's fun for all ages.



COMING TO A THEATER NEAR YOU.



**Sunday, December 7**  
**Show starts at 1600,**  
**Purdy Fitness Center**  
**Doors open at 1500**  
**Open to All Hands**  
**Free**

## Drunk Driving... Not Child's Play!!

Call a base taxi or see the duty manager for assistance.

Participate in our designated driver program.

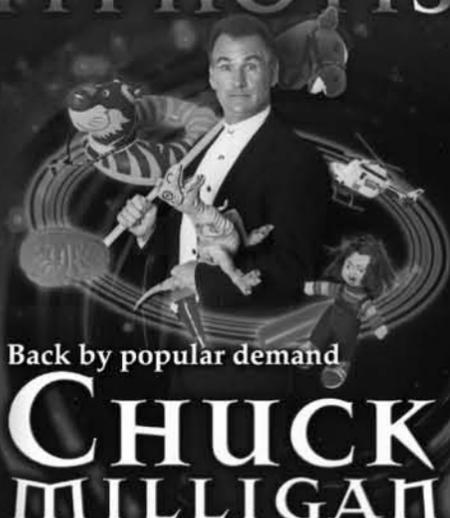
On-Base Taxi  
Base Phone: 243-4444  
Cell Phone: 046-816-4444

Off-Base Taxi  
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Entertainment presents...

## HYPIOTIST



Back by popular demand

## CHUCK MILLIGAN

YOU CAN PLAY WITH CHUCKS TOYS...  
...YOU JUST HAVE TO PLAY BY CHUCKS RULES!

For more details, please call the MWR Entertainment Office at 243-5215.

**Monday, December 8**  
Single Sailor Lounge at 1900  
Show open to authorized patrons.  
**(Adults Only)**

**Tuesday, December 9**  
Sharky's Brewery Club Alliance at 2000  
Open to All Hands.  
**(Adults Only)**

**Wednesday, December 10**  
Benny Decker Movie Theater at 1800  
**(All Ages)**

**Thursday, December 11**  
Sharky's Brewery Club Alliance at 2000  
Show Open to All Hands  
**(Adults Only)**

## Kernel Popcorn



Wednesday thru  
Wednesday,  
December 17 thru 31

Everyone's favorite Children's Magic show is back by popular demand. Kernel Popcorn will be performing at Ikego's, Negishi's and Yokosuka's CDCs, SACs and clubs during the holiday season.

For show details and/or updated schedule call 243-5215.

**Benny Decker**

<b>Friday, December 5</b>	1730 Igor PG	2030 Madagascar: Escape 2 Africa PG	<b>Tuesday, December 9 \$1 Movie Night</b>	1730 Madagascar: Escape 2 Africa PG	2030 Lakeview Terrace PG13
<b>Saturday, December 6</b>	1300 Madagascar: Escape 2 Africa PG	1730 Igor PG	<b>Wednesday, December 10</b>	1800 The Amazing Chuck Milligan – Hypnotist	
	2030 Quantum of Solace PG13		<b>Thursday, December 11</b>	1730 Igor* PG	2030 Four Christmases PG13
<b>Sunday, December 7</b>	1300 Madagascar: Escape 2 Africa PG	2030 Quantum of Solace PG13	<b>Friday, December 12</b>	1730 Four Christmases PG13	2030 Four Christmases PG13
<b>Monday, December 8</b>	1730 Madagascar: Escape 2 Africa PG	2030 Quantum of Solace PG13			*Final Showing

**Fleet**

<b>Friday, December 5</b>	1800 Quarantine R	2100 Body of Lies R	2400 My Best Friend's Girl R	<b>Tuesday, December 9 \$1 Movie Night</b>	2100 Quantum of Solace PG13
<b>Saturday, December 6</b>	0900 – 2000 Grand Illumination Open Base Event	2100 Body of Lies R	2400 Quarantine R	<b>Wednesday, December 10</b>	1800 Nick & Norah's Infinite Playlist PG13
					2100 Australia PG13
<b>Sunday, December 7</b>	1800 Quarantine R	2100 Body of Lies R	<b>Thursday, December 11</b>	1800 My Best Friend's Girl R	2100 Quarantine R
<b>Monday, December 8</b>	1800 Lakeview Terrace PG13	2100 Body of Lies R	<b>Friday, December 12</b>	1800 Max Payne PG13	2100 Quarantine R
				2400 Max Payne PG13	

**Negishi**

<b>Friday, December 5</b>	1900 Bolt PG	<b>Sunday, December 7</b>	1300 Bolt PG
<b>Saturday, December 6</b>	1300 Bolt PG		
	1900 Nick & Norah's Infinite Playlist PG13		

**ITT Tickets**

**Discount Yunessun Hot Spring Tickets**  
ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until December 31, 2008.

**Discount Hakkeijima Sea Paradise Tickets**  
Discount tickets for Hakeijima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,200 for adults 16 years and older, ¥3,200 for juniors 6 - 15 years old and ¥1,800 for children 4 - 5 years old. Tickets are valid until March 31, 2009.

**Tokyo Disneyland and DisneySea Tickets**  
Did you know ITT sells tickets to Tokyo Disneyland and Tokyo DisneySea? Get yours today for only ¥5,800 for adults, ¥ 5,000 for juniors and ¥3,900 for children! \*Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

**Matsuyama Ballet Presents The Nutcracker**  
Get into the spirit of the season with this holiday classic, live at the Yokosuka Art Theater on December 13. ITT will begin selling tickets December 8 for ¥6,500. Tickets are required for all attendees age 3 years old and up.

**Beginner/Intermediate Rock Climbing at Jogasaki Seaside Cliff**  
If you have some experience rock climbing and are looking for a bit of a challenge, this trip on December 13 is for you! These incredible cliffs hug the shoreline of Jogasaki and offer not only breathtaking views, but exciting climbing as well. Come and test your skill! The cost is \$60 per person and includes transportation and climbing equipment. The last day to sign up is December 8.

**MWRITT & ORC**

For details about any of the ITT events listed, give them a call at 241-5056/5057. Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about Outdoor Recreation services, call them at 243-5732.

**Outdoor Recreation**

**Mystery One Day Ski Trip**  
Join Outdoor Recreation for our first ski/snowboard trip of the year on December 13! Enjoy a day on the slopes at the ski resort with the best snow conditions for this time of year. The cost is \$55 for transportation only. ¥4,000 to ¥5,000 lift tickets can be purchased at the resort.

**One Day Ski Trip to Kagura Mitsumata**  
Dust off your skis or snowboard and join Outdoor Rec as we head to Kagura Mitsumata on December 20. This large popular resort has 1225m of vertical drop and is almost guaranteed excellent snow conditions. There is a great selection of 20 courses, supported by a good lift system. Snowboarding is allowed on all slopes. The main Mitsumata slopes and the early Tashiro slopes (with mini half pipe and one make) are very popular courses with snowboarders. The cost is \$55 per person for transportation only. ¥4,000 lift ticket can be purchased at the resort.

**One Day Ski Trip to Hakuba Goryu and Hakuba 47**  
Have fun at two resorts for the price of one on December 27. Hakuba Goryu offers 926m of vertical drop with 16 courses serviced by 13 lifts. Hakuba 47 offers 800m of vertical drop with seven courses serviced by six lifts. Each has a snowboard park with half pipe, quarter pipe, tabletop and wave. The cost is \$60 per person for transportation only. ¥4,500 lift tickets can be purchased at the resort.

**Outdoor Recreation**

**Overnight Ski Trip to Naeba**  
Spend Christmas at a world class ski facility this year! Outdoor Rec is heading for the great snow and long runs of Naeba on December 24 & 25. Try Tashiro's powder snow using Dra-Gondola (5.5km). Walk out of the Prince Hotel and ski, with lifts and gondolas right outside the hotel! Night skiing is available, as well as a large and delicious variety of restaurants for dinner. A perfect skiing holiday! The cost is \$250 for adults, and \$225 for children under 12. Price includes transportation, two day lift ticket, dinner, breakfast and lodging (2 or 3 people per western style room with bathroom).

**4-Day Ski Trip to Niseko, Hokkaido**  
Challenge yourself to the ultimate premium powder experience from February 27 thru March 2! Niseko is considered the "best of the best" with its real powder snow conditions covering three major resorts: Annupuri, Higashiyama and Hirafu...all accessible with one lift ticket. Local mountain Yoteizan is almost identical to Mt. Fuji and dominates the view from all slopes. The cost is \$650 per person for a 2 person room, \$635 per person for a 3 person room, \$615 per person for a 4 person room and \$595 per person for a 5 person room. Cost includes all transportation (bus and air), lodging and three breakfasts. Accommodation is for three days, four nights at Pension Alice, located three minutes from Hiseko Hirafu ski resort by free shuttle bus.

**Ski/Snowboard Service**  
Do your skis or snowboard need a tune up or waxing? We offer repair and tune up services for your convenience. Hot wax only fee is \$10 and a full tune up is \$20. P-Tex repair is also available. Repair fee is assessed by the size of the damage.

**Resource Information Center**  
Outdoor Rec rents a wide variety of extreme outdoor videos, DVD's and how-to books all for only \$2 per week.

**MWR Community CNTR**

**So That's What That Class Is About?**

Every month in this column, we publish a list of upcoming classes at the Yokosuka, Ikegami and Negishi Community Centers, but what are those classes really about? Below is a list of some of our more popular classes. For more information about when these classes are, and how to sign up, please stop by your respective community center.

**Hip-Hop Dance:** This class will help develop the skills and talents in the world of hip hop! Break dancing, gliding, jazz, krumping & popping will all be covered.

**Chigiri-E:** Fine pictures done completely with Washi paper. Chigiri-E is a Japanese art form in creating a picture from washi paper torn to various sizes and shapes. This class will teach you the techniques on how to create a detailed picture using washi paper and glue.

**Math Club & Japanese Club:** External learning establishment for students to further enhance fundamentals taught at school as well as information not taught in regular classes. In other words, Group Tutoring.

**Ikebana:** Ikebana is a 3-dimensional artistic expression composed of flowers. In Japan, it is thought that a good flower arrangement brings balance and harmony to a room. Ikebana Kofu is the Japanese form of flower arrangement. In this class you will create attractive pieces using the flowers purchased at this class. Ikebana Sogetsu is similar to Kofu but on a larger scale using other elements from nature.

**Japanese Calligraphy (Sho-Do):** Sho-do is an ancient way of writing letters and also creating wall decor. Using a brush and sumi (black ink) you will learn to write Japanese characters with an artistic appeal. Again, elegance and simplicity is what makes Sho-Do such a popular art form.

**Japanese Tea Ceremony:** The tea ceremony is a traditional Japanese art form. As well as serving tea to entertain the guests, the tea ceremony trains the mind and helps us to understand the essence of human relationships.

**Kimekomi Dolls:** Kimekomi or "insert into wood groove" is one of Japan's many styles of constructing a traditional doll, dating back to the 18th century. Originally, the body and face of the doll were made of wood. Grooves were then carved for inserting the thin fabric for the dress and other elements. Though wood is not commonly used today, we will show you how to construct a doll using similar material with the same methods.

**Kimono Dressing:** Kimono is, perhaps, one of Japan's most beautiful treasures. This class will show you the proper methods of wearing a kimono. We will also show and explain the beauty of the fabric and its pattern, other types of Japanese clothing, culture and history of this Japanese treasure.

**Kumon:** The Kumon method is one of the largest math and language tutoring systems in the world. Kumon was founded by Toru Kumon. Mr Kumon personally taught his son mathematics until he mastered it. It was learned that repeating the same equations and questions in an allotted time limit helped students achieve a perfect score and this became the Kumon method.

**Obi Art:** Obi is the sash belts used with Japanese kimono. Part of such a beautiful treasure, the patterns and fabric of the Obi alone is an art itself. This class will teach you to make beautiful decorations using the Obi sash belt.

**Origami:** Origami, which translates to "folding paper", is an ancient Japanese art of folding paper into various shapes and forms. This class will teach you how to be creative with great detail in this Japanese art form.

**Oshi-E:** Oshi-E is another traditional Japanese art form. After a design is decided and drawn out, pieces of fabric are cut to sizes and shapes to create particular body parts, clothing, and accessories. Finally, using tools and techniques, these elements are glued and connected to create a wonderful piece of Oshi-E.

**Oshibana:** Oshibana is a very popular art form that requires patience and artistic mind. Flowers and leaves are pressed and dried for a given time. Once pressed, the elements are used to create attractive art pieces.

**Pottery:** Pottery is produced all over the world, in innumerable shapes and through a fascinating range of methods, which have developed through the variety of cultures and customs, and geographical conditions in the world.

**Sumi-E:** Sumi-E means 'Black Ink Painting'. Black ink on white paper with simplicity, elegance and serenity, with simplicity being the most outstanding characteristic of Sumi-E. You will learn the proper brush strokes and techniques of this fine art.

**Tea Box Covering:** The history of the Tea Box goes back 100's of years. Originally created for tea storage, the simple wooden tea box is now commonly used for storing other personal items. This class will show you how to decorate the tea box, which can then be used as decor for the interior of your home.

**Washi Eggs, Washi Obi & Washi Magnet:** Washi and Chiyogami are both types of Japanese paper used to decorate various types of handicrafts. This class will teach you how to decorate eggs, magnets and create delightful and useful items to give as gifts.

**Salsa Dance:** This form of Latin dance is performed with a partner to upbeat and energetic Salsa music. Known for its flashy moves and quick turns, Salsa is an enjoyable style of dance and great exercise as well.

**MWR Theaters**

**Synopsis**

**Four Christmases**  
Cast: Vince Vaughn, Reese Witherspoon, Zak Boggan, Noah Munck, Haley Hallack  
Synopsis: A couple struggle to visit all four of their divorced parents on Christmas Day.

**Max Payne**  
Cast: Mark Wahlberg, Mila Kunis, Beau Bridges  
Synopsis: Coming together to solve a series of murders in New York City are a DEA agent whose family was slain as part of a conspiracy and an assassin out to avenge her sister's death. The duo will be hunted by the police, the mob, and a ruthless corporation.

**Australia**  
Cast: Nicole Kidman, Hugh Jackman, David Wenham, Joel Edgerton, Bryan Brown  
Synopsis: Set in northern Australia before World War II, an English aristocrat who inherits a sprawling ranch reluctantly pacts with a stock-man in order to protect her new property from a takeover plot. As the pair drive 2,000 head of cattle over unforgiving landscape, they experience the bombing of Darwin, Australia, by Japanese forces firsthand.

**Nick and Norah's Infinite Playlist**  
Cast: Michael Cera, Kat Dennings, Aaron Yoo, Rafi Gavron, Ari Graynor, Alexis Dziena  
Synopsis: After being dumped by his girlfriend, high school student Nick O'Leary meets college-bound Norah Silverberg and she asks him to be her boyfriend for five minutes.

**Quantum of Solace**  
Cast: Daniel Craig, Judi Dench, Giancarlo Giannini, Jesper Christiansen, Mathieu Amalric  
Synopsis: After being betrayed by Vesper, the woman he loved, 007 fights the urge to make his latest mission personal. Having captured Mr. White, and in pursuing his determination to uncover the truth, Bond and 'M' interrogate Mr. White who reveals the organization which blackmailed Vesper to steal Bond's casino winnings is far more complex and dangerous than anyone had imagined.

**Madagascar: Escape 2 Africa**  
Cast: Ben Stiller, Chris Rock, Jada Pinkett-Smith, David Schwimmer, Sacha Baron Cohen  
Synopsis: Hoping to return to New York via a penguin-piloted plane, Alex, Melman, Gloria and Marty crash land in the plains of Africa.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution.

For the most up-to-date movie information call 243-6703.

Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

## 横須賀基地グランドイルミネーション

今年もクリスマスのイルミネーションに彩られた米海軍横須賀基地が開放されます。当日はクリスマスツリーの展示、ゲーム、フード屋台、バンド演奏のほか、今回の艦船見学には空母ジョージ・ワシントン（変更の可能性あり）が予定されています。

開門時間： 12月6日(土) 9時～20時（入場は19時まで）

入門ゲート： 正面ゲート 艦船見学の時間は10時～17時（受付は16時15分まで）

### 注意事項

\* 入場時に身分証明書の提示を求められる場合がありますので、免許証、パスポート、住民基本台帳カードなどの顔写真入りの身分確認できるものをお持ちください。

\* 艦船見学には、動きやすい服装・靴でご来場ください。安全のためベビーカーや車いすの持ち込みはご遠慮願います。

\* 小雨決行ですが、荒天の場合は屋外でのイベントは中止になることがあります。



昨年のグランドイルミネーションより

(写真：CFAY広報課)

## 日本人従業員空席情報

職種名	等級	広報番号	募集範囲	締め切り
<b>事務系 (MLC)</b>				
技師職 (電気)	7	FEC-C1-001-09	I, II, III, IV	Jan. 12, 2009
技師職 (一般)	7	FEC-C1-006-08(R)	I, II, III, IV	Dec. 8, 2008
技師職 (一般)	7	FEC-C1-003-08(R3)	I, II, III, IV	Jan. 6, 2009
技師職 (機械)	7	SRFJPMC-115-08(R)	I, II, III, IV	Dec. 16, 2008
技師職 (船舶技師)	7	SRFJPMC-024-09	I, II, III, IV	Jan. 26, 2009
エンジニアリング専門職 (建築)	6	FEC-PRY2-002-09	I, II, III	Jan. 29, 2009
エンジニアリング専門職 (建築)	6	FEC-PRY2-001-09(A)	I, II, III, IV	Jan. 12, 2009
エンジニアリング専門職 (電子)	6	NCTSFE-001-09	I, II, III, IV	Dec. 8, 2008
エンジニアリング専門職 (環境)	7	FEC-PRY41-001-08(R)	I, II, III, IV	Jan. 14, 2009
通訳翻訳職	5	SRFJPMC-029-09	I, II, III, IV	Dec. 9, 2008
法律顧問職	7	TSO-02-06(OUF)	I, II, III, IV	月1日及び5日
生産管理専門職	7	FEC-PRY112-001-09	I, II, III	Dec. 9, 2008
品質管理代行者 (一般)	6	SRFJPMC-033-09	I, II, III, IV	Jan. 26, 2009
翻訳職	6	SRFJPMC-014-09	I, II	Dec. 12, 2008
労務要求事務職	4	NCTSFE-004-09	I, II, III, IV	Dec. 9, 2008
<b>事務系 (IHA)</b>				
バウチャー検査職	4	NEX-705-09(A)	I, II, IV	Dec. 10, 2008
<b>技能系 (MLC)</b>				
船舶電気工	7	SRFJPMC-025-09	I, II, III, IV	Dec. 8, 2008
フォークリフト運転手	6	SRFJPMC-015-09	I, II, III, IV	Dec. 15, 2008
フォークリフト運転手	6	DDYJ-003-09(R)	I, II	Dec. 11, 2008
フォークリフト運転手	6	DDYJ-008-09	I, II	Dec. 11, 2008
フォークリフト運転手	6	DDYJ-009-09	I, II	Dec. 11, 2008
重車両運転手	6	FEC-PRY33-001-09	I, II, III, IV	Dec. 9, 2008
船舶整備工・フォーマンA	7	SRFJPMC-072-08(R5)	I, II, III, IV	Jan. 26, 2009
塗装工	6	SRFJPMC-030-09	I, II, III, IV	Dec. 9, 2008
<b>技能系 (IHA)</b>				
自動車車体及びフェンダー修理工	6	NEX-409-09	I, II, IV	Dec. 15, 2008
エキップメントメンテナンスメカニック	7	MNR-35-08(R)	I, II, III, IV	Dec. 19, 2008
ワイター/ウェイトレス・フォーマンB	4	MNR-32-08(R2)(A)	I, II, IV	Jan. 27, 2009

応募には「募集範囲」に該当することが第一条件です。募集範囲I, II, IIIは現基地従業員、IVは外部応募者を対象としています。

I： 部署/部隊内従業員 - 募集を出している部署または部隊に勤務している方の中から選考する場合は、範囲は最も狭いものです。

II： 現MLC/IHA従業員 (通勤圏内) - 在日米軍施設の従業員で、募集する地区の通勤圏内の方。具体的には、横須賀を中心に、厚木、座間、ニュー山王東京、横田基地までが該当します。

III： 現MLC/IHA従業員 - 日本全国の在日米軍に勤務する方です。三沢、岩国、佐世保、沖縄が含まれます。

IV： 外部-在日米軍施設の従業員ではない、完全に外部の求職者の方です。

詳しくはHROホームページ (<http://hro.cnfj.navy.mil/>)、ジョブ・ホットライン (046) 816-9000 (軍電243-9000)、または横須賀基地正門前左、HRO日本人雇用課事務所 (1階) 掲示板をご覧ください。

## Buddhist monks visit CFAY to pray, meditate at historic site

Story and photo by Ben Avey, CFAY Public Affairs

**B**uddhist monks from Kamakura were welcomed onboard Commander Fleet Activities Yokosuka (CFAY) Nov. 20 to pay homage to a fellow Buddhist who made the area his home and his temple almost 700 years ago.

Escorted by CFAY Commanding Officer Capt. Daniel Weed, the monks visited a memorial plaque dedicated to Muso Kokushi and his temple nestled into the hillside near the new Japanese Dispensary. The plaque was dedicated in 1970 and is said to be one of the most easily overlooked cultural gems onboard CFAY.

"Each year we have a group of Buddhist monks come to commemorate and pay honor and pray at the site of the original temple," said Weed.

According to the memorial plaque, the site is the area which was once home to a famous Zen Buddhist priest by the name of Muso Kokushi who lived from 1275-1351. Kokushi travelled to Yokosuka from Kamakura in 1319 and built a small hermitage named Hakusen-an which he occupied until 1323. Near the hermitage, Muso Kokushi also built a three-story pagoda tower named Kailn-Foto. Together, the buildings were considered to be a Zen Buddhist Temple Complex.

With the establishment of the Yokosuka Iron Works in 1865, the site of the hermitage and tower were leveled and almost forgotten. In the mid 1960s, scholars, religious leaders, Japanese officials and the U. S. Navy embarked on a joint project to survey the site and search for the archeological remains of Hakusen-an.

While no remains of Hakusen-an were found, the bi-national team was able to determine the approximate location of the hermitage and tower and dedicated a memorial to its memory.

It is at that memorial that the Buddhist monks from Kamakura have come to show their respect for Muso Kokushi, Hakusen-an and Kailn-Foto. The ceremony included offering symbolic gifts of flowers, water, incense and fruits at the base of the memorial, reciting Buddhist incantations and chants, and bowing before the memorial. Each of which is a physical act of reverence that is accompanied by prayer and meditation.

Ceremonies such as this have become more frequent in recent years onboard CFAY.



**Buddhist monks from Kamakura were welcomed onboard CFAY Nov. 20 to pay homage to a fellow monk who made the area his home and his temple almost 700 years ago. The monks visited a memorial plaque dedicated to Muso Kokushi and his temple nestled into the hillside near the new Japanese Dispensary.**

Significant efforts have been made by Navy leadership to strengthen the bonds between the citizens of Japan and the United States.

"The temple is an important part of our history together," said Weed, "we take all efforts to encourage Japanese citizens to be part of the base and enjoy the joint cultural history between the United States and Japan."

## Navajo code talker headlines Yokosuka's Indian Heritage celebration

Story and photo by Ben Avey, CFAY Public Affairs

Sailors, Marines and civilians celebrated National American Indian Heritage Month at an event featuring World War II Navajo code talker Samuel Smith Sr., Commander Fleet Activities Yokosuka (CFAY) Sailor and Navajo tribal member Yeoman 2nd Class Priscilla Nelson and Navajo tribal member Arlene Wise at the Chapel of Hope Nov. 13.



**(Right) Arlene Wise, YN2(AW) Priscilla Nelson, CFAY Commanding Officer Capt. Daniel Weed and Chaplain Scott Shafer look on as World War II Marine Corps Veteran and Navajo code talker Samuel Smith Sr. speaks at the Chapel of Hope's National American Indian Heritage Month celebration Nov. 13.**

National American Indian Heritage Month is an opportunity for Americans to learn more about the history and heritage of its native people. Opportunities such as these are welcomed by Nelson who is a member of the Navajo tribe.

Raised on a Navajo reservation in Arizona, Nelson was pleased the Navy was taking time to recognize different cultures by observing various ethnic heritage and history months.

"It recognizes each individual race by celebrating their heritage each month, November is ours," said Nelson. "Be proud of who you are, where you're coming from, embrace your heritage."

She volunteered to speak at the event and to model her pow-wow fancy shawl dancer outfit to help teach her shipmates about her native culture. In addition to offering insights into her life, Nelson helped to introduce the featured speaker, a fellow Navajo and World War II Marine Corps code talker, Samuel Smith Sr.

"I was told the guest speaker was going to be a Navajo code talker. That meant the world to me because I have grandfathers, uncles, my clan, who served in World War II as code talkers and to meet one in person, to speak to a group of Sailors and Marines is a very big event for me," Nelson said.

Smith was greeted with a rousing ovation and gave a detailed description of his life in the service of his country. Eager to become part of the war effort in the summer of 1943, Smith lied about his age in order to join the United States Marine Corps. In short order, he was sent to Oceanside, Calif., where he began training at Camp Pendleton Marine Corps Base to become a member of the legendary code talkers.

Serving two years and nine months in the Pacific with the 4th Marine Division and seeing combat in the Marshall Islands, Saipan, Tinian and Iwo Jima, it was an emotional moment when he returned. "I'm thankful, I'm honored, to be here talking with you," said Smith.

Along with 40 other Marines in attendance, Marine Corps Gunnery Sergeant Alexander A. Carlson spent his lunch hour at the event to hear Smith speak.

"It's such a great opportunity, just to hear the story, to thank an old Marine. It's an opportunity of a lifetime," Carlson said.

*It's beginning to  
look a lot like...*

(Left) Navy Exchange (NEX) Visual Merchandiser Maranda Givens and Visual Merchandising Specialist Sherrill Wines get the CFAY Public Affairs Channel 12 studio ready for the holiday season Nov. 24. The NEX team has been hard at work decorating NEX establishments in Yokosuka, Ikego and Negishi helping to put forward-deployed personnel and their families in the holiday spirit.

Come share your holiday cheer this year with a recorded holiday greeting on CFAY Channel 12. Open to all base personnel from now through Dec. 15. Contact Tony Hill at 243-5109 or e-mail to [ronald.hill@fe.navy.mil](mailto:ronald.hill@fe.navy.mil) to make an appointment or for more information.

Photo by Dan Bowen



# Part one: Straight talk on alcohol abuse and alcoholism

By Health Link, Medical College of Wisconsin

*Editors note: This is part one of a four part series.*

According to the Brown University Center for Alcohol and Addiction Studies, more than half of all adults have a family history of alcoholism or problem drinking, and more than nine million children live with a parent dependent on alcohol and/or illicit drugs.

Alcoholism affects a wide circle of people close to the alcoholic – relatives, friends, neighbors, employers, co-workers, classmates, teachers, doctors, community workers – and is closely linked to many of America's most difficult social problems, including crime, homelessness, teen pregnancy and domestic violence. Yet 82 percent of doctors admit that medical doctors avoid addressing alcoholism in their patients.

The National Council on Alcoholism and Drug Dependence says it's important that people see alcoholism not as an issue of morality or "willpower," but as a public health issue. What's the truth about alcohol, and how do you know if you've got a problem? Here are some straight answers from the National Institute on Alcohol Abuse and Alcoholism.

What is alcoholism? Alcoholism, also known as alcohol dependence, is a disease that includes the following four symptoms:

- Craving: A strong need, or urge, to drink regardless of the time of day.
- Loss of control: Not being able to stop drinking once drinking has begun.
- Physical dependence: Withdrawal symptoms such as nausea, sweating, shakiness

and anxiety after stopping drinking.

- Tolerance: The need to drink greater amounts of alcohol to get "high."

Is alcoholism a disease? Yes. The craving that an alcoholic feels for alcohol can be as strong as the need for food or water. An alcoholic will continue to drink despite serious family, health or legal problems. Like many other diseases, alcoholism lasts a person's lifetime; it usually follows a predictable course; and it has symptoms. The risk for developing alcoholism is influenced both by a person's genes and by his or her lifestyle.

Is alcoholism inherited? Research shows that the risk for developing alcoholism runs in families. The genes a person inherits partially explain this pattern, but lifestyle is also a factor. Your friends, the amount of stress in your life, and how readily available alcohol is also are factors that may increase your risk for alcoholism.

But remember: Risk is not destiny. Just because alcoholism tends to run in families doesn't mean that a child of an alcoholic parent will automatically become an alcoholic too. Some people develop alcoholism even though no one in their family has a drinking problem. By the same token, not all children of alcoholic families get into trouble with alcohol. Knowing you are at risk is important, though, because then you can take steps to protect yourself from developing problems with alcohol.

Can alcoholism be cured? No. Even if an alcoholic hasn't been drinking for a long time, he or she can still suffer a relapse. To guard against a relapse, an alcoholic must continue to avoid all alcoholic beverages.



**According to the Brown University Center for Alcohol and Addiction Studies, more than half of all adults have a family history of alcoholism or problem drinking, and more than nine million children live with a parent dependent on alcohol and/or illicit drugs.**

## TRICARE travel benefit extended to Prime family members

By Lora Sanders-VanNoy,  
TRICARE Pacific Marketing Representative

As service members plan Thanksgiving or Christmas vacations to see the Great Wall of China, the Angkor Wat ruins in Cambodia, the temples in Bangkok, the Sapporo Ice Festival in Japan or the ski resorts in Korea, many probably haven't considered what to do if there is a medical emergency. TRICARE, a health care program serving active duty service members and their families, recently added a new benefit to cover emergency care for its beneficiaries traveling overseas.

Under the TRICARE Global Remote Overseas (TGRO) program, TRICARE has teamed with International SOS (ISOS), a worldwide medical assistance company, to deliver the Prime benefit in remote overseas locations. Through its call center in Singapore, ISOS is able to assist travelers with medical advice, healthcare finder services and referrals to quality providers when beneficiaries are traveling in overseas locations. ISOS is also able to place payment guarantees at foreign facilities, enabling Prime beneficiaries to avoid upfront payments and enjoy a "cashless, claimless" benefit.

Traveling active duty service members already

enjoy the services of ISOS when they require urgent and emergent medical and dental care during deployment, temporary duty or leave. Now, TRICARE is extending access to ISOS services to traveling Prime-enrolled active duty family members who require emergent medical care to include emergency medical evacuation. TGRO will assist all Prime-enrolled active duty family members; however, those with other health insurance must coordinate with their primary insurer to ensure payment for medical services.

ISOS is not authorized to guarantee payments for urgent or routine care, but may assist Prime family members with locating recommended providers in remote locations. Active duty family members that are not enrolled in Prime, and uniformed services retirees and their family members, regardless of their enrollment status, are not eligible for this new benefit.

For the purposes of this program, emergency conditions are those that threaten one's life, limb or eyesight. TRICARE defines an emergency as a medical, maternity or psychiatric condition that would lead a "prudent layperson" (someone with average knowledge of health and medicine) to believe that a serious medical condition exists or that the absence of medical attention would result in a threat to his or her life, limb or sight.

The emergency condition must require immediate

medical treatment or be associated with painful symptoms requiring immediate attention to relieve suffering. Conditions that require emergency care include loss of consciousness, shortness of breath, chest pain, uncontrolled bleeding, sudden or unexpected weakness or paralysis, poisoning, suicide attempts, drug overdose, acute psychosis and major depression. Pregnancy-related medical emergencies involve a sudden and unexpected medical complication that puts the mother, the baby or both, at risk.

ISOS will assist travelers 24 hours a day, seven days a week. To contact ISOS, dial the International Direct Dial (IDD) prefix for the country you are calling from plus the following number: 65-6-338-9277. You can even reverse the charges and call ISOS collect. A great way to keep this information with you at all times is to stop by your local TRICARE Service Center to pick up a TRICARE Pacific Travel Card. It fits conveniently in your wallet or pocket book and also provides numbers for assistance if you are traveling in the U.S.

For more information on ISOS, contact the local TRICARE Service Center at any military treatment facility or e-mail the TRICARE Area Office-Pacific at TPAO.CSC@med.navy.mil.