(Left) Ship Repair Facility and Japan Regional Maintenance Center machinery shop leader foreman-B Masahiro Gushiken explains his workers' assignments during a morning staff meeting.

Photo by Yuji Kawabe

(Left) Ens. Elizabeth Downing, electrician officer assigned to the Arleigh Burke-class guided-missile destroyer *USS McCampbell* (DDG 85), helps Midshipman Margaret Mckee-Huey plot secured spaces during a general quarters drill.

U.S. Navy photo by MC2 Matthew R. Cole

Konnichiwa

Ship Repair Facility and Japan Regional Maintenance center Japanese Master Labor Contract employee Ship Machinist Yuhei Ishii uses a whetstone to sharpen a scraper that is used to shape or repair equipment used on local ships.

Photo by Yuji Kawabe

Where is your hometown? Hayama city.

How long have you worked on base? Two and half years.

Favorite food? Pasta, especially *aglio olio e peperoncino*.

What is your life goal? To speak English well enough to visit foreign countries around the world.

(Left) GM2 Christopher Steerman coaches as IT2 Keith Covington fires a M4 rife during a live-fire qualification on the flight deck of the Arleigh Burke-class guided-missile destroyer *USS McCampbell* (DDG 85).

U.S. Navy photo by MCSN Declan Barnes

An SH-60B Seahawk helicopter from the "Warlords" of Helicopter Anti-Submarine Squadron (HSL) 51 sits chocked and chained on the flight deck of the Ticonderoga-class guided-missile cruiser *USS Cowpens* (CG-63) at dusk.

U.S. Navy photo by MC3 Paul Kelly

Participants depart the starting line of the Commander Fleet Activities Yokosuka, Morale, Welfare and Recreation Navy Fitness four mile 'Fire Cracker 4-on-the-4th Fun Run.' More than 200 Sailors, Marines and family members participated in the run.

U.S. Navy photo by MCSA Jordan T. Buttolph