Capt. David A. Owen, Commander, Fleet Activities Yokosuka

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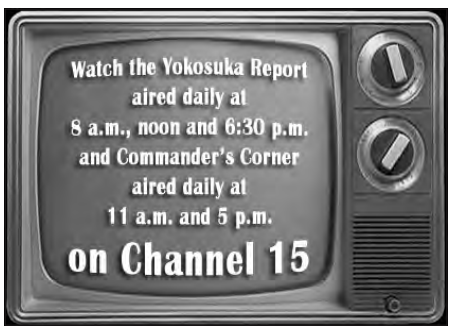

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Heads Up Yokosuka!
Community announcements/Action line

ONE-Net SPAM and Phishing Advisory – Recently, in an attack that took place on one of the Department of Navy associate's network, a number of ONE-Net user e-mail addresses were made public. This potentially poses a risk of increased SPAM and Spear-Phishing in the ONE-Net environment. SPAM and Spear-Phishing activity can lead to attempts to gain access to sensitive Department of Defense and personal information, to distribute malicious content, perpetrate identity theft, or deny use of the network altogether. To maintain the integrity of our network and systems security posture, it is highly recommended that any suspicious e-mails that meet the following criteria are reported immediately to the Enterprise Service Desk:

- Inquiry asking you to confirm your e-mail address.
- Web links directing you to sites to provide login credentials or CAC Pin numbers.
- Web links directing you to provide personal information (date of birth, SSN, etc.).
- Web links directing you to update your virus definitions.

Additionally, it is also recommended to review DISA IA Awareness products for further detail on defending against phishing attacks at: http://iase.disa.mil/eta/. Continue to report any receipt of SPAM and Spear Phishing attempts to the Enterprise Service Desk. Command chief information officers and terminal assistant security officers have been notified of specific account holders that are affected. Temporary Base Communications Office (BCO) closure – The Base Communications Office, Yokosuka (building C-20) will be closed July 29 from noon to 4:45 p.m. due to a command function.

Second Hand Rose Closure – Second Hand Rose will be closed from July 17 through Aug. 15 for summer break. Donations will not be accepted during this closure. Second Hand Rose will reopen and resume its regular schedule Aug. 16 from 9 a.m. to 2 p.m. Your continued donations and support are appreciated. Contact Second Hand Rose General Manager Lindsey King at 243-4090 for more information.

Spice it up – not!

By Capt. David Owen,
Commander Fleet Activities Yokosuka

There is a drug out there that has been showing up more and more as of late among Sailors and family members here on base. It is synthetic cannabis, also commonly known by the names "Spice" and "K2," but also marketed under other brand names.

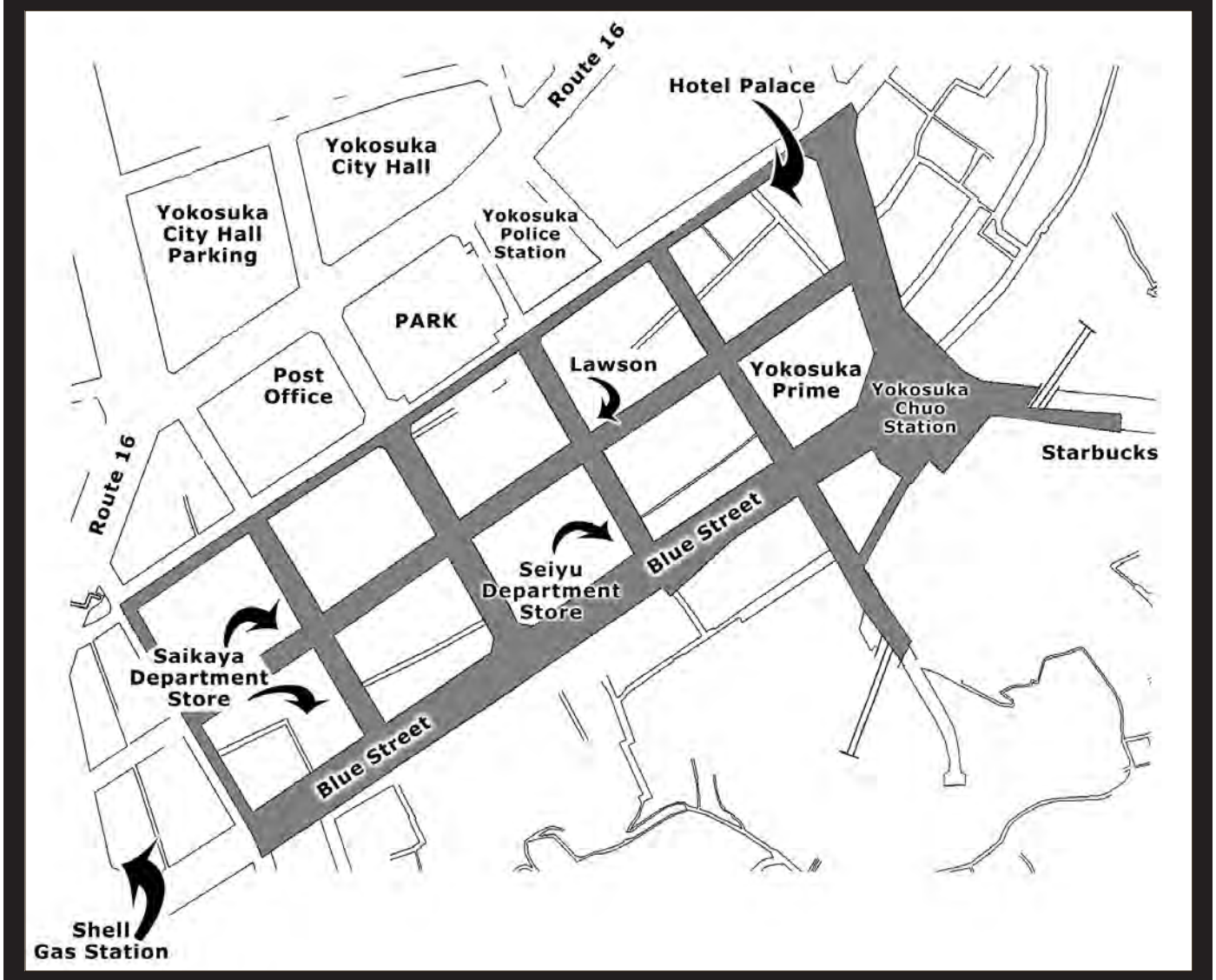
When these products were released several years ago, they were marketed as "legal" herbs that would trigger marijuana-like effects when they are consumed, commonly through smoking. Laboratory analysis revealed that the "high" is not a result of legal herbs, but a variety of synthetic cannabinoids more potent than the THC (Tetrahydrocannabinol) found and tested for in marijuana.

Smoking spice can result in a level of impairment, both mentally and physically, greater than many other drugs. Because of its potency, spice and similar designer drugs can have severe health effects and unexpected long-term consequences.

When it comes to spice, the Navy's zero-tolerance drug policy applies. It will not be tolerated on this installation. I have unfortunately already performed several Non-Judicial Punishment cases due to the possession and use of spice. Careers have been ruined and personnel have been separated from the Navy, losing their military benefits. Family members have been debarred and thus denied access not only to Yokosuka but every military base in Japan.

There is no excuse for it and no reason for bringing it onto this base under any circumstances. Spice use – not on CFAY and not in my Navy!

Yokosuka City "No Smoking Zone" reminder



The shaded area on the map (above) outlines the No Smoking Zone for the city of Yokosuka. The no smoking zone extends from Route 16 at the beginning of Yokosuka Chuo Odori or "Blue Street," to Yokosuka Chuo train station and includes two side streets, which run parallel to Blue Street where the post office and police station are located. The zone is part of a city ordinance to make the area safer for pedestrians and to reduce the litter from cigarette butts.

Image by CFAY Public Affairs