SR James McGrath wraps the mooring lines of the forward deployed Ticonderoga-class guided-missile cruiser *USS Cowpens* (CG 63) shortly after mooring pier-side.
U.S. Navy photo by MC3 Paul Kelly

(Left) Tatsuhiro Matsumura prepares to move a recycled washer unit while Minoru Shigihara and Greg Sanders guides at CFAY Public Works Department's Qualified Recycling Program July 23.
U.S. Navy photo by MC2 John S. Smolinski

Konnichiwa

BM2 Andrew Barbitt, assigned to *USS Mustin* (DDG 89), helps pull a mooring line, from *USS Blue Ridge* (LCC 19), over a bollard as the ship pulls in CFAY.
Photo by Yuji Kawabe

Where is your hometown?	Boise, Idaho.
How long have you worked on base?	Seven months.
Favorite food?	Steak.
What is your life goal?	Stay in the Navy as long as possible.

IT3 David Kaufeld evades an opposing player during a rugby match between the U.S. Navy's forward-deployed aircraft carrier *USS George Washington's* (CVN 73) rugby football club and the Potbellied Pigs of Hong Kong.
U.S. Navy photo courtesy of *USS George Washington* Public Affairs

Sailors fire M4 rifles during a live-fire qualification on the flight deck of the Arleigh Burke-class guided-missile destroyer *USS McCampbell* (DDG 85).
U.S. Navy photo by MCSN Declan Barnes

CSSN John Blas and SHSN Jonathan Bryant, both assigned to the Arleigh Burke-class guided-missile destroyer *USS McCampbell* (DDG 85), enter a smoke filled space to attack a simulated fire during a general quarters drill at sea.
U.S. Navy photo by MCSN Declan Barnes