Capt. David A. Owen, Commander, Fleet Activities Yokosuka

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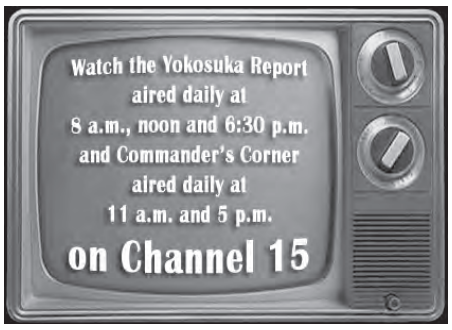
Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are appreciated. Address concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an email to CFAYactionline@gmail.com. We welcome your feedback, especially if it is of a general nature and can help others. To contact the Seahawk office, call CFAY Public Affairs at 243-3003 or send an email to: CFAYactionline@gmail.com.



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Heads Up Yokosuka!
Community announcements/Action line

Base Communications Office (BCO) Yokosuka closure – BCO Yokosuka (building C-20) will be closed at 3 p.m. today due to a command function.

Applied Suicide Intervention Skills Training (ASIST) Workshop – ASIST Workshop will be held Aug.9-10, Community Readiness Center 2nd Deck Auditorium, from 8 a.m. to 4:30 p.m. Both days civilian attire authorized and suggested for all military members. Open to all active duty, spouses, adult children (16 and above – those 16-18 need parent's permission), contractors, civilian and Master Labor Contract employees. Learn to be a more willing, capable and confident care giver to those having thoughts of suicide. For a variety of reasons, people often find themselves having thoughts of suicide. These people are in the "river of suicide." We need lifeguards trained in suicide first-aid who can help get them out of the river and linked to the appropriate resources. ASIST teaches suicide first-aid intervention skills. Over the course of the two day workshop (15 training hours), you will learn specific skills that help you identify those at risk and how to better listen to and care for those having thoughts of suicide. The workshop is open to all military, civilian, contractors, ombudsmen, and adult family members. To pre-register, email asist.lifeguard@yahoo.com or john.swanson@fe.navy.mil. You can also call the Navy Region Japan Chaplain's Office at 243-6931.

Second Hand Rose closure – Second Hand Rose will be closed for the summer from July 15 until Aug. 13. The store will reopen for business on Tuesday, Aug. 14. No donations will be accepted during the store closure.

Drug Education For Youth (DEFY) Day Summer Camp 2012 – DEFY Day Summer Camp will be held at the Satsuki Tower Aug. 14-23. The program develops youths through drug education, leadership and character development, positive role model mentoring and community outreach to enhance the quality of life of military personnel and their families. Applications can be picked up from the U.S. Naval Hospital Yokosuka quarterdeck. For more information, please call HM3 German Rossete, 243-5868/5971; HM3 (FMF) Oscar Castillo, 243-8808; HMC (FMF) Robert Mack, 243-8293.

CFAY summer energy campaign kickoff – It's time to kickoff the CFAY summer energy campaign and we need your help in making it a success. The Government of Japan has not issued mandates on energy reduction, like they did last year. However, Tokyo Electric Power Company still has a reduced electricity generating capacity as a result of many power plants still being off line. Therefore, we want to do our part as good neighbors to our Japanese hosts, and save where we can. CFAY will be implementing some base wide measures this summer, but none will adversely impact the community or our missions. Some of the initiatives that the base will be implementing include: securing approximately one-third of all street lights on base, securing fountains, securing outdoor display signs, and working with large tenant commands to help them identify areas where they can reduce energy consumption. We are also asking that you continue to do your part by promoting energy conservation and being energy conscious. Doing small things like turning off lights or A/C, in rooms that you are not using, and keeping the thermostat set at 26 degrees Celsius will make a big difference over the course of the summer. We will be sending out energy saving tips throughout the summer, so please keep an eye out for them. Thanks in advance for your support.

Hospital bills: Your responsibility – Pay patients seen at military treatment facilities, have bills generated and sent to the patient's insurance carrier. Often, after payments are made by the patient's insurance carrier, there is a remaining co-payment that is the responsibility of the patients. These co-payments if unpaid leave a negative balance on the patient's account generating late notices 30 days after payment is due. If payment isn't made within an additional 30 days, a second notice is sent. A third and final notice will be sent at the 90-day mark if the bill remains unpaid. If, at the 90-day mark, the bill has not been paid or arrangements have not been made to pay the bill, patients with an outstanding balance will not be able to schedule routine appointments, or obtain non-urgent care. If you suspect you may have unpaid medical bills or have any questions on the billing process, please call the U.S. Naval Hospital Yokosuka Billing Office at 243-8574.

Bicycle Helmets – All bicycle riders must wear an approved bicycle helmet in usable condition when entering the gates on Yokosuka base. No hard hats will be allowed for use on bicycles from the base entry point to the work centers nor from the work centers to the base exit points. Hard hats are only allowed for use by personnel after they report to the work place and their work requires use of a hard hat to perform their duties. Bicycle helmets that are found unsafe must be replaced before being allowed to ride a bicycle on base. This is in accordance with CFAY instruction 5800.2G. Contact CFAY Traffic Safety at 243-7354 for more information.

自転車用ヘルメットに関するお知らせ – 横須賀基地及び関連施設に入出門する際、正規の自転車用ヘルメットを着用してください。通退勤時におけるゲートから職場までの区間、作業用保安帽を自転車用として代用することはできませんが、勤務中に職場及び業務上作業保安帽の着用が義務付けられている区域、またはその区域を自転車で通過する場合のみ、代用可能です。自転車用ヘルメットが安全な使用状態に無い場合、適切な物と交換されるまで基地内での自転車の運転は認められません。上記違反者は横須賀基地指令書第5800.2G号により取り締まりを受けます。詳しくは243-7354、CFAY交通安全課までお問い合わせください。

指紋認識データシステム – 横須賀基地に関わる軍人、軍属、契約従業員及び10歳以上のご家族、MLC従業員、契約業者の方は指紋認識データシステム（DBIDS）に登録する必要があります。既に登録済みで、データに変更がある方は、1495ビル登録事務所でデータを更新してください。受付は月～金曜の午前7時から午後4時まで。

Deadline for Seahawk submissions – Deadline for submissions to the Seahawk is the Thursday before the next Seahawk edition. Email your submissions to Seahawk-Umitaka@fe.navy.mil. Contact the Seahawk editor by email at Seahawk-Umitaka@fe.navy.mil or call 243-2567/3003 for specific submission requirements or for more information.

Bystanders – The unnamed conspirators

By Capt. David A. Owen,
Commander Fleet Activities, Yokosuka

The statistics are absolutely staggering. On average, three U.S. Navy/U.S. Marine Corps personnel become victims every day, and those are just the cases that get reported. It is estimated that the actual number is seven to eight times higher than what is reported. This is not about alcohol abuse, even though it is known to be the leading contributing factor, but rather sexual assault. The increasing number of Blue-on-Blue cases is even more alarming.

There is a system in place to support sexual assault victims. However, we need to focus on reporting and preventing sexual assault. Too many sexual assaults could have been prevented if those in the vicinity had cared enough to take action and intervene. A common scenario has become all too familiar – A party or bar scene where an individual victim is selected and singled out by a cunning and hungry predator, much like a young zebra that falls prey to a few hungry lions after being singled-out of the much larger heard on the Sahara. In the majority of the cases, the "herd" was well aware of the developing situation and could have intervened, but decided not to get involved. Standing by idly when you could have prevented a sexual assault is the same as being an unnamed conspirator to the crime.

My challenge to you is to be proactive. Get involved and take action to defuse a deteriorating situation. Run tight when you run as a "herd" and step in when one of your own appears to have become "easy prey" due to intoxication. Block the predators before they can move in for the kill. There are many ways to be proactive, such as distracting the potential assailant and removing the potential victim from the dangerous situation.

Good shipmates don't stand by and let shipmates do drugs. Good shipmates don't stand by and let shipmates drink and drive. Good shipmates don't stand by and let shipmates get sexually assaulted, and good shipmates absolutely do not sexually assault other shipmates.