



**Reporting Discrepancies: 252-3535**

## **Airport Shuttle Sign-up:**

<https://www.cnic.navy.mil/Fukuoka/index.htm>

## **Construction Information:**

CFAS website <https://www.cnic.navy.mil/Sasebo/index.htm>;  
go to **Construction Update**, then **Click here** on the top of Public Works  
Department (PWD) page

## **Home-Work Bus:**

Departs Hario Housing: 06:00

Departs Main Base Theatre: 17:05

[Note: MWR also has a bus – see their schedule for times]



## **Energy Links**

**Department of the Navy Energy Program**

<http://navyenergy.navfac.navy.mil>

**Department of Energy**

[www.doe.gov](http://www.doe.gov)

## --- WATER CONSERVATION TIPS ---

### \*Toilets:

Flush only when necessary. Don't use your toilet as a garbage disposal or trash can.

### \*Sinks:

Fill bowl with water instead of letting the water run when you wash, brush teeth or shave. Repair leaks, attend to drips promptly.

### \*Tub or Shower:

Take shallow baths and plug drain before you run the water.  
Keep showers short with pressure at a low force.

\*To all above mentioned, install water saving devices such as aerators, low flow types, cut-off valves, or restrictors.

### Laundry:

Always use full loads as oppose to partial loads.

### Dishwasher:

Economize. Do only full loads. Avoid using extra cycles.  
Repair leaks. Inspect all connections to ensure they are tight and dry.

### Hand-Washing Dishes:

Scrape dishes, but don't pre-rinse. Soak pots and pans before washing.  
Instead of running water continuously, fill wash and rinse basins with water.

### Food Preparation:

Thaw your frozen food in the refrigerator, not under running water.

## --- ENERGY CONSERVATION TIPS ---

### Lighting

Turn-off unnecessary lighting in offices when not in use.  
Use task lighting when available.  
Turn-off lighting near windows during day hours to use natural light when available

### Workstations

Turn-off power to monitor, don't just leave it in stand-by mode.

### Copy Machines

Stand-by mode only turns off display, but still consumes same amount of power like idle mode, so completely turn off the machine until time of use.

### Cooling Equipment

Turn off air condition equipment when the outside temperature is cooler than the inside temperature and open windows for natural cooling