Kinnick student promoted to eagle scout during Court of Honor

Story and photo by MC3 Dominique Pineiro, CNFJ Public Affairs

A sophomore at Nile C. Kinnick High School and member of the Far East Council, Boy Scouts of America (BSA) Japan District, Troop 35 was promoted to the rank of eagle scout during an Eagle Court of Honor ceremony Feb. 18.

Nigal Shah ascended to the rank of eagle scout, the highest rank that can be achieved in the BSA, by earning at least 21 merit badges and demonstrating scout spirit through the Boy Scout oath, service to one's country, leadership and exemplification of the scout law.

"I've worked on this for three and a half years," said Shah. "Throughout those years I've looked at this as the highest peak and I'm so happy I got here, it feels amazing."

Commander U.S. Naval Forces Japan Rear Adm. Richard Wren, himself an eagle scout, served as the event's keynote speaker and stressed the importance of being an eagle scout.

"As an eagle scout you become a guiding light to the scouts you now serve," said Wren. "You become an example to your community and you should remember that people expect more of you. To falter in your duties would not only reflect on you but on your fellow eagle scouts." he warned.

Wren also spoke highly of the work ethic and initiative of Nigal.

"You have shown your fellow scouts what initiative can accomplish, you have set an example for them, you've shown them a goal for which to strive and you've given them direction and leadership," he said.

Nigal's father, Nikhil, said that he was proud of his son's accomplishment.

"It's a great feeling, I never thought we would get to this day because we transfer every three years," said Nikhil. "We were so lucky that everywhere we went there was a nice troop. It's a great moment for me and my family and for Nigal to be an eagle scout today.

Nigal said he will continue to serve as a good leader and wants to serve as a role model for younger scouts.

Commander U.S. Naval Forces Japan Richard Wren, pins the Eagle Scout Medal on newly promoted Eagle Scout Nigal Shah, a sophomore student at Kinnick High School, during an Eagle Court of Honor ceremony Feb. 18.

"I will continue to be active with the scout troop and to help the kids that just joined, he said. " I feel like they will look at me as a role model and say 'I want to be like him.'"

Students from The Sullivans School graduate D.A.R.E. program

Story and photo by Mark Elrod, CFAY Public Affairs

More than 235 students from The Sullivans Elementary School graduated from the Drug Abuse Resistance Education (D.A.R.E.) program, during a ceremony at the Commander Fleet Activities Yokosuka (CFAY) Benny Decker Theater Feb. 19.

Founded in 1983 in Los Angeles, D.A.R.E. is implemented in 75 percent of U.S. school districts and in more than 43 countries around the world, according to the official D.A.R.E. Web site.

The CFAY D.A.R.E. program runs 10 weeks and covers topics that are geared to empower youth with the knowledge, skills and courage to avoid falling into the perils of drug and alcohol abuse.

"This is normally a 10-week program; this particular program was actually 11 weeks; I threw in an extra course to try to give them something extra to work on," said CFAY D.A.R.E. Program Coordinator and Leading Petty Officer Master-at-Arms 2nd Class (SW) David Scott, of CFAY Security. "We covered tobacco safety, alcohol safety, marijuana safety, over-the-counter drugs, peer pressure, friendships and ways to say, 'No.'"

During the ceremony, the three top essay contest finalists recited their essays for all in attendance, reading about the dangers of alcohol and drugs and giving reasons why to avoid them.

"I feel [D.A.R.E. is] important, because… I don't want everybody to end up lying in bed on drugs, or drinking alcohol or smoking; it's just not a healthy lifestyle," said Aleisha Vincent, who was one of the essay contestants and whose sister was also an essay finalist in a previous D.A.R.E. program. "[It] showed not only me, but it will show [others]… instead of just drinking alcohol or something, you could be out there doing something really cool, exploring the world or something, and that's better than just laying in bed [on drugs]."

D.A.R.E. Program Coordinator MA2 (SW) David Scott holds the microphone for essay contest finalist Hope MacDonald, as she recites her essay during the D.A.R.E graduation ceremony at the Benny Decker Theater Feb. 19.

Scott facilitates the programs every semester. The first semester of the school-year, the programs take place at The Sullivans Elementary School and Richard E. Byrd Elementary School. The second semester programs are held at Yokosuka Middle School and Ikego Elementary School.

"I would encourage everyone to go to a D.A.R.E. program at least once when they are in elementary school," Scott said.

According to the D.A.R.E. Web site, the program is a police officer-led series of classroom lessons that teaches children from kindergarten through 12th-grade how to resist peer pressure and live productive drug and violence-free lives.

"Were trying to, actually, give them the ability to make the right choices when the time actually comes, because none of us are going to be around to tell them not to do these things. So, it's going to be up to them," said Scott. "Hopefully, none of these kids ever use tobacco products, alcohol products, marijuana, drugs… that's the ultimate goal."

Visit the D.A.R.E. Web site www.dare.com or call Scott at 243-5351 for more information..

Every drop counts!

By CFAY PWD Environmental Division

Everywhere you look, you'll find that oil is a common product used throughout Commander Fleet Activities Yokosuka (CFAY) and outlying areas. If not managed properly, oil can become a highly visible form of pollution. Even a small quantity could cause a lot of harm to the environment by eventually making its way into Japan harbors.

Visible oil in the water is plenty cause to be alarmed. Consider the future of our ocean waters, whether for recreational use or as a food source. The next generation deserves a clean environment just as much as we do.

Ensure that all used oil is properly collected, containerized and turned into the CFAY Qualified Recycling Program in building 1810. Call 243-3817 for more information.

The rule of thumb to ensure proper disposal of used oil is to write "USED OIL" on the container along with the name of the shop or department and the date the container became full.

During storage of oil, keep in mind that oil containers must be free of rust, dents, holes and other defects. All oil containers must be positioned to prevent spilled oil from reaching the waters of Japan.

You can find out more information regarding spill prevention in the Spill Prevention and Response Planning; the Japan Environmental Governing Standards; the Spill Prevention Control and Countermeasures (SPCC) Plan; and the Integrated Oil and Hazardous Substance Pollution Response Plan.

Contact the CFAY Public Works Department Environmental Division at 243-3814 for more information or assistance.

少量でもだめ!

文: CFAY 環境課

私たちの職場には様々な油類があふれています。これらの油類はたとえ少量でも、こぼれてしまうと環境汚染につながります。また、油類は正しい保管をしないと、雨などにより簡単に海等の水域へ流れ出てしまうことも考えられます。

海等に流出した油は虹色のオイルシーンとなり、漏れたことがすぐに分かります。レクリエーションや漁業の場にもなる海は、次の世代のためにも将来に渡ってきれいにしておきたいものです。

QRPリサイクリングヤード（コードPRY47）では廃油の回収をしています。詳しくは、横須賀基地環境課リサイクリングヤード（243-3817）までお問い合わせ下さい。

廃油の廃棄の際には、容器に"USED OIL"「廃油」と明示し、ショップ、デパートメント、容器が廃油で一杯になった日付を表示してください。

油類を保管する際には、容器にサビがないか、また穴やその他のダメージが無いかを確認してください。55ガロンドラムやタンクなどの置き場所にも気を使う必要があります。万が一漏れた際にすぐに海等へ流出するような場所は避けるべきです。

油で汚染された海では泳いだり潜ったりしたくないですよね？ 皆さん一人一人の心がけしだいで周辺の海や陸地を油類による汚染から守ることができます。

有害な液体がこぼれてしまった際、海や周囲の環境を汚染から守るために、スピル受けを準備しているとすると良いでしょう。日本環境管理基準（JEGS）やスピル防止対策計画（SPCC）、また油類及び有害物汚染防止計画などにこうした漏れへの対策方法等が記述されています。

環境課（PRY4）の連絡先：243-3814