# Worship Schedule

## YOKOSUKA: Chapel of Hope
**• 243-6773/ 6774**

### Roman Catholic

| | | |
|---|---|---|
| Sun | Mass, Main Chapel | 0800 |
| Sun | Mass, Main Chapel | 1100 |
| Sun | RCIA Class, Blessed Sacrament | 0930 |
| Sun | CCD, classrooms | 0930 |
| Sun | Youth Group, Old Thew Gym (G-113)* | 1200 |
| Mon | Adult Bible Study, Rooms 2 and 4 | 1730 |
| Wed | Confession | 1600 |
| Wed | Perpetual Help Novena, Main Chapel | 1700 |
| Wed | Mass, Main Chapel | 1730 |
| 2nd Tue | Pre-Baptism Class | 1730 |
| Thu | Choir Practice, Main Chapel | 1700 |
| Thu | Women's Bible Study | 1730 |
| Fri | Choir Practice, Choir Room | 1700 |
| 1st Fri | Mass, Main Chapel | 1700 |
| Sat | Vigil Mass, Main Chapel | 1700 |
| Sat | Baptism, Main Chapel | 1500 |
| Sat | Confession, Blessed Sacrament Chapel (or anytime by request) | 1600 |

**NOTE:** Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

### General Protestant

| | | |
|---|---|---|
| Sun | Worship Service, Main Chapel | 0930 |
| Thu | Choir Practice, Main Chapel | 1830 |

### Protestant Liturgical

| | | |
|---|---|---|
| Sun | Communion Service, Fellowship Hall | 1100 |

### Contemporary Christian

| | | |
|---|---|---|
| Sun | Worship, Main Chapel | 1700 |
| Thu | Praise Team Rehearsal, Choir Room | 1600 |

### Gospel Praise Service

| | | |
|---|---|---|
| Sun | Worship service, Main Chapel | 1230 |
| Tue | Women's Bible Study, Classroom 10 | 1800 |
| Wed | Choir practice, Main Chapel | 1830 |

### Filipino Christian

| | | |
|---|---|---|
| Sun | Worship Service, Kinnick Little Theatre | 1230 |
| Wed | Prayer Meeting, room 3 | 1800 |

### Church of Christ

| | | |
|---|---|---|
| Sun | Worship, Kinnick Little Theatre | 0930 |
| Sun | Sunday School | 1100 |
| Wed | Bible Study, rooms 2, 3 and 5 | 1800 |

### The Church of Jesus Christ of Latter-Day Saints

| | | |
|---|---|---|
| Sun | Sacrament | 0900 |
| Sun | Sunday School | 1020 |
| Sun | Priesthood/Relief Society | 1110 |

**Location:** Across from the City of Yokosuka Post Office (Off base)

### Seventh Day Adventists

| | | |
|---|---|---|
| Sun | Saturday Worship | 0930 |

### Jewish Faith Community

| | | |
|---|---|---|
| Fri | Shabbat and Kiddush, Jewish Chapel (Chapel of Hope) | 1800 |

### Soka Gakkai International (Buddhist)

| | | |
|---|---|---|
| 2nd and 4th Thu | Classroom 10 | 1800 |

## Specialized Ministries

### A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

| | | |
|---|---|---|
| Tue | Fellowship Hall/Classrooms | 1615 |

### Yokosuka Student Ministries (Middle School and High School)*

| | | |
|---|---|---|
| Wed | Middle School – Quest | 1600 |
| | High School – One Way | 1830 |

### Protestant Women of the Chapel*

| | | |
|---|---|---|
| Tue | Bible Study, Classroom 10 | 0900 |
| Tue | Bible Study | 1800 |
| 3rd Mon | Fellowship Program | 1700 |

### Japanese Women's Bible Study*

| | | |
|---|---|---|
| Tue | Main Chapel/Fellowship Hall, Classrooms | 0900 |

### COMPASS Spouse Support Group

| | | |
|---|---|---|
| Wed, Thu, Fri | (Last week of month), Room 5 | 0900 |

### Men's Christian Fellowship

| | | |
|---|---|---|
| Tue | Study Group (Fleet Rec 3rd Deck) | 1130 |
| 3rd Sat | Breakfast (Location varies) | |

***Runs from September to June***

## Negishi: Chapel of the Rising Sun
**• 242-4183**

### Roman Catholic

| | | |
|---|---|---|
| Sun | Mass, Main Chapel | 0800 |
| Sun | Confession | 1700 |
| Sun | Bible Study | 1730 |
| Thu | CCD, classrooms | 0900 |

### Protestant

| | | |
|---|---|---|
| Sun | Worship Service, Main Chapel | 1030 |

## IKEGO: Religious Services
**(Kyoto Tower Party Room, 243-6773/6774)**

### Roman Catholic

| | | |
|---|---|---|
| Sat | Vigil Mass | 1900 |

### Pentecostal

| | | |
|---|---|---|
| Sun | Worship Service | 1000 |

### Adult Bible Study

| | | |
|---|---|---|
| Wed | Nikko Tower Party Room | 1800 |

### A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

| | | |
|---|---|---|
| Wed | Ikego Elementary School | 1630 |

### Yokosuka Student Ministries (Middle School and High School)*

| | | |
|---|---|---|
| Thu | Middle School/High School – Q2 Kyoto Tower Party Room | 1830 |

**Note:** In the event of an emergency, the Chaplain on Duty can be reached by calling CFAY Security at 243-2300.

# Fleet and Family Support Center

## Classes This Week

**Please call us at 243-FFSC (3372) to sign up today!**

### Monday, May 11

**Area Orientation Brief and Intercultural Relations Class** 8:45 a.m. (5 days): **May 11-15, this class will be held at the Benny Decker Theater**. This combined class is offered weekly, and is required for all incoming military personnel, Department of Defense civilians and family members.

**Elements of Successful Parenting** 9 a.m. (2 hrs.): Elements of Successful Parenting (ESP) is a dynamic service designed to elicit and enhance participants' basic understanding of parenting children of all ages. ESP is a four-session, eight-hourworkshop that builds upon the knowledge and experience parents already have while offering key insights to nurture their ongoing parenting success.

**English as a Second Language (ESL)** 10 a.m. (2 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice Basic English skills and learn about American culture.

**Enjoying Japanese Foods** 9 a.m. (4 hrs.): Come learn about Japanese cuisine. Join our bilingual staff on a trip to a local grocery store and traditional restaurant. Learn about basic Japanese ingredients, recipes and food etiquette.

### Tuesday, May 12

**Baby Basics** 11:30 a.m. (2 hrs.): Learn the basic aspect of daily infant care such as bathing, diapering, positioning, swaddling, playing and feeding, and about the Shaken Baby Syndrome.

**Healthy Relationships: For Your Child's Future** 5 p.m. (1.5 hrs.): Parents will learn how aspects of their family's life will influence their children's adult health and relationships. Call 243-7878 for more information and to sign up for the class.

### Wednesday, May 13

**Elements of Successful Parenting** 9 a.m. (2 hrs.)

**Japanese Conversation** 5 p.m. (1.5 hrs.) (10-part series): Are you tired of feeling like a foreigner? Come join us to learn the language of our host nation, and start fitting in! This class will run from May thru July and will help increase your command of the Japanese language. This popular offering frequently has a waiting list, so don't delay, call us and reserve your spot today!

### Thursday, May 14

**Ikego – Ikebana Class** 10 a.m. (2 hrs.): Ikebana Class is a Japanese flower arrangement class. This class uses flowers and other things from nature to make decorative center pieces. This class will be taught by a certified Ikebana Instructor. The Instructor will give a demonstration and then the participants will make their own flower arrangement.

**Ikego – Play Morning** 10 a.m. (2 hrs.): This Play Morning is held at Nikko Tower.

**Welcome to Ikego** 9 a.m. (5.5 hrs.): We invite both old and new residents of Ikego to meet your Ikego Community Leaders and learn what the Ikego community has to offer. Representatives from various Ikego offices will speak about their services. Meet new friends and neighbors, plus learn to take the train from Ikego to Yokosuka. Our guided walking tour of Zushi City will help you to enjoy your new home in Zushi.

### Friday, May 15

**Interview Techniques** 1 p.m. (2 hrs.): This workshop teaches the participants how to be more confident about their next job interview. Topics include positive answers to difficult questions, dressing for success, the importance of body language and positive attitude, interview follow-up and salary negotiations.

**Japanese Conversation** 10 a.m. (1.5 hrs.) (10-part series)

**Play Morning** 9:30 a.m. (1.5 hrs.): This Play Morning is held at Ayame Tower.

*****Please visit our website for more details about our classes.**

## Upcoming Classes

| | |
|---|---|
| **May 18** | Area Orientation Brief and Intercultural Relations Class<br>English as a Second Language (ESL); Managing Your Transition (TAMP) |
| **May 19** | Car Buying Strategies; IA Spouse Support Group<br>Ikego – Employment Overview and Tips |
| **May 20** | Basic Breastfeeding; Getting Started Teaching English<br>Japanese Spouse Group; Teen AOB/ICR; Thrift Savings Plan<br>Welcome to Negishi |
| **May 21** | English Teachers Networking Group; More Bang for Your Buck<br>Premarriage Seminar; Ikego – Play Morning |
| **May 22** | Credit Management; Home Buying Basics<br>Sponsor and Sponsor Coordinator Training; Yokosuka – Play Morning |

**Negishi FFSC 242-4125** | **Fleet and Family Support Center 243-FFSC (3372)** | **Ikego FFSC 246-8052**

**Visit our Web site: www.cnic.navy.mil/Yokosuka/CommunitySupport/FFSC/index.htm**