Fleet and Industrial Supply Center Yokosuka Sailors begin the 1.5 mile run during a command Physical Fitness Assessment (PFA) at Commander Fleet Activities Yokosuka Berkey Field May 7. The PFA is a bi-annual, Navywide examination of physical fitness for Sailors that consists of a body composition assessment, curl-ups, push-ups and a 1.5 mile run.

U.S. Navy photo by MC3 Dominique Pineiro

A Kanagawa *Shimbun* employee checks the Seahawk-Umitaka base newspaper as it comes off their printing press May 7. More than 10,000 papers are printed every Thursday evening at their facility in Atsugi and delivered to more than 60 commands in the Kanto area. The Seahawk has been a staple of the CFAY community for more than 50 years.

Photo by Dan Bowen

Konnichiwa

SRF-JRMC Manpower Division employee Administrative Specialist Tomoko Imaizumi creates a SRF-JRMC job vacancy announcement.

Photo by Yuji Kawabe

Where is your hometown?	Yokohama, Japan.
How long have you worked on base?	Seven years, six months.
What is your favorite type of food?	Mexican.
What is your life goal?	To travel around the world.

CNFJ Rear Adm. Richard Wren speaks with USNH Yokosuka Executive Officer Capt. Kevin Knoop and HM3(AW) Shelly Josephsbrooks while touring one of 12 bedrooms inside the hospital's temporary residence facility The Stork's Nest for near term pregnant women and their families.

Photo by Tom Watanabe

Cadet Lt. j.g. Alexa Lazara and Cadet Lt. Cmdr. Patrick Perez pass through the arch of swords during the Yokosuka Navy Junior Reserve Officers Training Corps (NJROTC) change of command ceremony at Commander Fleet Activities Yokosuka Nile C. Kinnick High School May 6. Lazara relieved Perez as the commanding officer.

U.S. Navy photo by MC2 Byron C. Linder

(Left) Yokosuka Middle School Teacher Robert Rose moved his Pre-Biology elective classroom outdoors so his students could examine the properties of flowers on what was a perfect day to be outside. The students appreciated the change of scenery to take advantage of nature's classroom.

Photo by Dale N. Duncan Jr.