MWR Happenings

Morale, Welfare & Recreation

Leave your worries behind and sail off into the Yokosuka sunset aboard a spacious Hunter 240 or a Catalina 22. We will cruise the waters of Yokosuka around Monkey Island with a warm ocean breeze and a magnificent sunset as a backdrop.
For details and fees call 243-4155.

• Sign-up one week in advance to guarantee a spot. • Under seven days depends on boat and staff availability. • Approximate length of cruise: two hours • Departure time may vary (determined by time of sunset). • Boarding begins 30 minutes prior to departure.

National Bowling Week
August 29 thru September 5

The Bowl will be hosting a week of unique competitions, finished by an event supporting a World Record attempt for the most games bowled in one day. If you have interest in any of these events, please contact the staff at The Bowl or check the Bowling Center page on the MWR website. Also, check out our new programs that will be available this season. For more information please call 243-5158.

Labor Day Super Bingo

$60,000 in 55 NUMBERS OR LESS

WITH $40,000 GUARANTEED CONSOLATION PRIZE

SUNDAY, SEPTEMBER 6

AT JAMES D. KELLY FLEET RECREATION GYM

Join us for Super Bingo for a chance to win some cold cash.
Open to All Hands 18 years old and up.

Tickets are $90 in advance (good for one bingo package) and $120 at the door. Additional packages are $55. Participants must purchase one package for entry. Advance tickets available at Yokosuka clubs, Ikego Club Takemiya, Negishi All Hands' Club, Camp Zama Community Club, Atsugi Club Trilogy and Yokosuka ITT office.

Advance tickets are for bingo packages and can not be exchanged for electronic handsets. Tickets on sale until close of business on Saturday, September 5.

SOFA-sponsored personnel and their guests may play; however, only SOFA-sponsored personnel may sign for prizes. Children, non-players and immediate family members of the staff are prohibited. Outside food and beverages are prohibited. Food and beverages available for sale inside the gym at 1000.

Saturday, September 5 from 1200 to 1600
at Ikego Community Support Complex and Swimming Pool
There is nothing more memorable than a fun holiday party. Join MWR Ikego for a holiday weekend celebration that will feature fun games, swimming, balloon magic, music and an end of summer barbeque.
For more info call 246-8071.

A Touch of Blue

Saturday, September 12 at 1800

Yokosuka Officers' Club Pool Side (weather permitting)
Alternate site: Kosano Dining Room **OPEN TO ALL HANDS**
An evening of Great Southern Style food and great entertainment direct from the States.
Tickets are on sale at the Officers' Club cash cage.

The Rusty Wright Blues Band

$25 per person ADULTS ONLY

For more information please call 243-5030 or 243-5002.

WIRELESS INTERNET

- Club Alliance Sports Bar
- CPO Club Bar
- Officers' Club Bar
- Spectrum Liberty Center
- Fleet Rec 3rd Floor
- Yokosuka Library
- Green Beach Pool Deck
- Negishi All Hands' Club
- Negishi Library
- Ikego Pool Deck
- Ikego's Club Takemiya
- Yokosuka Bowling Center
- Kosano Park
- Green Bay Marina
- ITT/Starbucks Outdoor Area

Check Us Out!

Like to get all your information online? Be sure to check us out on **Twitter** and **Facebook** to get the latest updates from Youth Sports, Fitness & Wellness and Entertainment! For more information call MWR Entertainment at 243-5215, Youth Sports at 241-2952 or Fitness & Wellness at 241-4486.

facebook twitter

Wellness and Fitness

2009 YOKOSUKA BODYBUILDING & FIGURE CHAMPIONSHIPS

Featuring guest poser

Sunday, October 4
at Fleet Theater

Open to all SOFA and Japanese Nationals.
Event admission fee $10/¥1,000
Prejudging begins at 0900
Finals begin at 1500
For competitor registration or event admission information, please email Rumiko Shimizu or call 241-4486.
brent.grubb@fe.navy.mil
046-896-2941.

Leo Ingram
IFBB Professional Bodybuilder and former Navy Chief Petty Officer!

NAVY Fitness